



Christian Medical College Vellore

NEWSLINE

MARCH 27, 2023



Great are the works of the Lord; they are pondered by all who delight in them. Psalm 111:2

Mrs. Meenakshi Sekhar Retires



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Situations Vacant

Mrs. Meenakshi Sekhar, Professor and Head of Emergency and OPD superannuated on 5th March 2023 after 37 years of dedicated service in the Institution. She had completed her Diploma in General Nursing and Midwifery at Christian Mission Hospital, Madurai and entered the portals of CMC Vellore in 1986 by joining as a Staff Nurse. She worked in the old M wards (Leukemia unit, Renal transplant unit and CCU). After completing her Post Basic BSc Nursing, she worked as a Charge Nurse in CCU and MTS-I for a period of 5 years. She loved bedside nursing as it was rewarding and made her feel contented. She motivated and encouraged staff nurses in her unit to render compassionate and quality care to her patients.

Later she joined as a faculty after completing M.Sc. in Medical Surgical Nursing to serve in Schell Eye hospital and LCECU. She continued to extend her services in other areas like OPD services and Medical wards. Her contribution during the COVID pandemic towards its management was commendable. She was the first Nurse to serve on the Hospital Infection Control Committee of the institution and also the first Youth Red Cross Advisor for the nursing students.

Mrs. Meenakshi Sekhar Retires

She had organized and has been a resource person for several workshops. She was an approachable and friendly teacher to her students. She was passionate towards accompanying students for Secondary Hospital Experience to various mission hospitals located all over India.

Mrs. Meenakshi's husband Mr. Sekhar works as an Administrator at a Private School in Vellore. She is blessed with two children, daughter Ms. Vinothini Sekhar is a MSc Nursing faculty at College of Nursing, CMC and son Mr. Siranjivi works as an Administrative Intern in the General Superintendent's Office of our institution. The CMC family is thankful to Mrs. Meenakshi Sekhar for her dedicated service in the institution and wishes her a happy, healthy and productive retirement life.

The Department of Neonatology hosted NeoCORE 2023

The Department of Neonatology hosted NeoCORE 2023 (Neonatal Conference on Research and Expert Talks) from 9th to 11th March, 2023. This conference is uniquely organised by three reputed institutions, viz. CMC Vellore, JIPMER Puducherry, and SRMC Chennai.

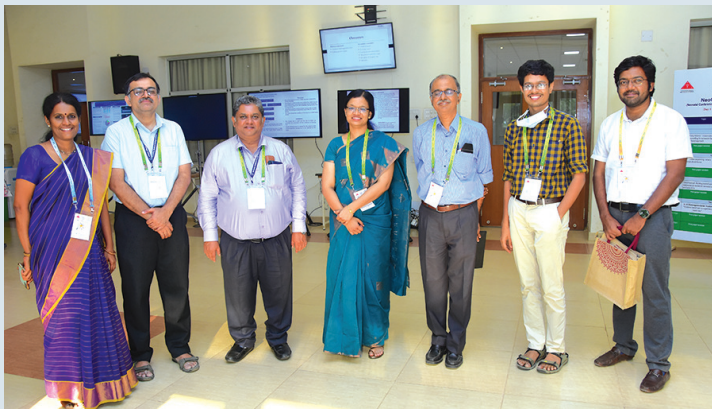
Three workshops were held on 9th March 2023 conducted by intramural and extramural faculty on: (a) "Therapeutic Hypothermia in newborn" - organized by Dr. Manish Kumar (b) "Neonatal sepsis: the present and the future" jointly organized by Neonatology and Microbiology departments, with Dr. Sridhar S, Dr. Balaji V. and their teams (c) "Introduction to Cochrane systematic reviews" organized by Cochrane CMC Vellore Affiliate, Dr. Thambu David and team.

The Main conference commenced on March 10 with prayer by Rev Jim MR Paul, and a prayer song "Beauty for Brokenness" that reminded us that in the midst of medical and technological advancements, we are to not lose compassion towards the vulnerable and weak. Dr. Anil Kuruvilla welcomed the gathering, Principal, Dr Solomon Sathishkumar, and Vice-Principal (Research), Dr. Suceena Alexander encouraged delegates and faculty to engage in hard work, diligence and good research. A souvenir was released by Dr. Vishnu Bhat (former Ag. Director and Dean-Research, JIPMER).

This conference has a focus on research being done by neonatology trainees and faculty and included over 100 participants from various medical colleges and centres providing advanced neonatal training. Topics ranged from antenatal diagnosis, genomics, artificial intelligence, neonatal neurology and development, community neonatology, and legal issues. The conference hosted the 5th Dr. R. Shanmugasundaram Oration delivered by Dr. Arvind Sheno, an eminent neonatologist from Bengaluru. There were oral presentations by over 35 speakers and more than 15 poster presentations. The conference introduced a protocol review session for PGs, towards encouraging meticulous planning prior to initiating research. Awards were conferred for the five best oral presentations and the best poster. The conference was appreciated for its organization and being educative, enriching and enjoyable by all attendees.



The Department of Neonatology hosted NeoCORE 2023



The Department of Anaesthesia conducted the AHA ACLS Course

The Department of Anaesthesia conducted the 9th American Heart Association - Advanced Cardiac Life Support (AHA ACLS) course on 3rd and 4th of March 2023, at the New examination hall, Bagayam. This two day course was attended by 34 participants from different departments like Anaesthesia, General medicine and Emergency Medicine.



The Department of CHAD dedicated the Obstetric Ward

The dedication of the Obstetric ward took place on the 20th March 2023, beginning with an opening prayer by Dr. Anne George Cherian. Dr. Venkata Raghava, Professor and Head of the Community Health Department welcomed the gathering. Dr. Vinod Joseph Abraham, Professor and former Head of the Department who had seen the project through from its initiation to completion, gave an overview of the need for bringing down the earlier wards and thanked the administration and the entire team from Engineering Department, College Maintenance and Community Health Department who were involved in the completion of the ward. The earlier 4 wards had 36 beds while the new wards have 34 beds with a nursing station, treatment room and counselling room.



The programme was graced by Dr. Vikram Mathews, Director, Dr. I. Rajesh, Medical Superintendent, Mr. Reni Charles, General Superintendent, Dr. Vathsala Sadan, Dean – College of Nursing, Dr. Vinay Oommen, Council Secretary, former staff who had retired from the department, senior faculty from College of Nursing, staff from the Engineering department and College Maintenance in addition to staff from the Community Health Department.

Rev. Deepak gave a short dedication message and Rev. Dr. Arul Dhas offered a prayer of dedication. Dr. Vikram Mathews, Director, CMC offered his felicitations. Dr. Jasmin Helan introduced the guests of honour – Dr. Sulochana Abraham and Dr. Daisy Singh and Dr. Anuradha Bose, who then shared some of their experiences following which they formally opened the ward.



60-Day Fundraising Challenge

Dear **CMC Champion**,

Thanks to your stupendous efforts, we have raised Rs.48 lakhs for our poor patients - 96% of our goal! We have **4 days left to raise Rs.2 lakhs**. Achieving our target of Rs.50 lakhs gives us Rs.10 lakhs bonus rewards to help over 600+ patients at CMC Vellore.

Donate today and spread the word <https://give.do/fundraisers/cmc-vellore-ntp2023>



**Thank you our
CMC Champions!**



We are in the **TOP 7!**
YOU can help us cross the
finish line - 4 days left.
Donate & Share!



Christian Medical
College Vellore ...

₹48,04,838
donated by
831 supporters

PERSON-TO-PERSON

Starting strong is good. Finishing strong is epic!

March 26 - April 01, 2023

Special Prayers This Week

College of Nursing

College of Nursing Library

Community Health Nursing &

Student Nurses Hostel : Dr. Vathsala Sadan and Staff

CNI Uttar Pradesh Regional Board of Health Services

Council Member : Dr. Neena Lyall

Hospital : Christian Hospital, Kasganj, Memorial Hospital, Farrukhabad and others.



MCTT Staff donated to PTP Fund

On the occasion of International Women's Day Celebration in CMC, the MCTT staff donated Rs.5,000/- to PTP fund through voluntary contributions. They handed over the cheque to the Development Office on 10th March, 2023. This is motivated for staff to the donation of Person to Person Fund.



Laurels and Recognitions

- **Dr. Ekta Rai**, Professor and Head, Department of Anaesthesia won first prize at GARC National Conference 2023 Quiz. GANGA Anaesthesia National Conference 2023, GARC2023 was organised by Department of Anaesthesia, Ganga Hospital, Coimbatore from 16th to 19th March, 2023. She has been awarded "GARCSTER 2023" title and cash prize of Rs.15,000/-.
- **Dr. D.J. Christopher**, Professor, Department of Pulmonary Medicine, was awarded the following oration 'Lupin-TAI Oration Award' at 76th National Conference on Tuberculosis and Chest Diseases (NATCON-2022), held at Ambala, Haryana, by the Tuberculosis Association of India.
- **Dr. J. Ahikam Devadason**, second year Medicine Registrar was awarded the Gold Medal for Clinical Excellence at the 18th Annual Conference of the Association of Physician of India, Tamil Nadu State Chapter conducted by API Trichy branch on 25th to 27th November, 2022 at Trichy, Tamil Nadu.
- **Dr. Brightlin J**, second year Medicine Registrar was awarded the 5th SVIMS University Dr. Neela Prasad Gold Medal for Annual Nephrology Essay Competition on the topic of "Metabolic Acidosis" conducted on 26th February, 2023 by the Department of Nephrology, SVIMS, Tirupati, Andhra Pradesh.

Retirements

• **Mrs. Kanaga**, Hospital Attendant, OPD, retired on 19th January, 2023. She has been an integral part of our institution for the last 22 years and her contributions as hospital Attendant in OPD will always be valued and remembered. Her work commitment and dedication are worthy of admiration. Mrs. Kanaga's Elder Daughter, Mrs. Kavitha Sarathy works as a Staff Nurse in Govt. Hospital, Poigai. Second Daughter Mrs. Sasikala Mahathuva Inbaraj Works as a Teacher at Thimiri Govt School. Her Younger son is a Research scholar in VIT, Vellore and her grandson Mr. Parveen Sagar pursuing 1st year Medicine in Thiruvannamalai Govt Medical College.



• **Mrs. Premavathi Murali**, Secretary, Department of Nephrology, retired on 9th February, 2023. She has been working in the Department of Nephrology since 2012 onwards. She joined our institute on 1990. Before coming to Nephrology she was working in various clinical units. Her husband runs his own business. she has two sons both married. The elder one is Mr. Srikanth married and settled at Bangalore. The younger one is Mr. srivatsan settled at Abu Dhabi. She is blessed with two Grandson and one grand daughter.

Mr.A. Joel Milton Prasad, Data Entry Operator, Department of Biostatistics, retired on 27th February, 2023. He served 40 years of service in our institution. He joined Biostatistics Department in 1983 as Data Entry Operator under the Headship of Dr. P.S.S. Sunder Rao and was later transferred to the Department of PMR in 1986. Mr. Joel Milton was handling IP/OP Physiotherapy appointments and was also responsible in monitoring and co- Coordinating Physiotherapy Equipments and Its smooth functioning. He has worked closely with several heads of the department for over three decades.



His wife, Mrs. Kutty Eileen, also worked in our Institution. His daughter Dr. Jennifer Rebacca is currently pursuing her MD Microbiology at CMC, Vellore. He was the GSB representative of PMR department for two terms. He is a very good singer and is greatly interested in music.

The CMC community is thankful for their years of dedication and commitment to the institution and wishes them God's blessings on their retired life.

Sports News

• Dr. Venkata Raghava, Professor and Head, Community Medicine Department was the chief guest and distributed the prize to the winners of **Badminton staff tournament for the year 2022-2023** on 28th February, 2023.

Results :

Badminton

Singles :

Winner : Mr. P. Ravi, Engineering & Planning
Runners-up : Mr. G. Gopinath, Transfusion Medicine

Doubles :

Winners : Mr. G. Gopinath and Mr. Kiran Kumar, 'O' Block.
Runners-up : Mr. P. Ravi, Civil Engineering
Mr. Sam Aruldoss, Transfusion Medicine

Veterans Singles :

Winner : Mr. L.S. Suresh, Medical Records
Runners-up : Mr. Ebenezer, Radiotherapy

Veterans Doubles:

Winners : Dr. Vinay Rao, Thoracic Surgery
Dr. Bijesh, Neurosurgery
Runners-up : Mr. Balaji and Mr. L.S. Suresh, Medical Records.

Winners of Badminton staff tournament for the year 2022-2023



• Dr. K.P.P. Abhilash, Professor and Head, Accident and Emergency Department was the chief guest and distributed the prizes to the winners of **Staff Football tournament for the year 2023** held on 1st March, 2023.

Results :

Winners : Pharmacy Department. **Runners-up :** Nursing Service.



Obituaries

• **Dr. Rebecca Alexander (nee Jacob)** (MBBS Batch of 1964) passed away on 20th March, 2023 in Kuzhikala, Kerala. Dr. Rebecca was born on 30th September 1944 at Thazhathangady, Kottayam. She hailed from the Thazhathu family and was the older of two girls born to Mr. Thazhathu Chacko Jacob and Mrs. Achamma Jacob. She studied in Baker Memorial School, Kottayam and graduated from CMC College, Kottayam, where she did B.Sc. Physics. She joined the MBBS batch of 1964 in CMC Vellore as a sponsored candidate of the Marthoma church.



She served in the Fellowship Hospital Kumbanad before her marriage in 1971. She married Dr. Alexander Thomas (Batch of 1961, CMC Vellore) on 24th August, 1972. Soon after that she served in the medical department at Schieffelin Leprosy Research and Training Centre Karigiri for four years where she was appreciated by staff and patients. She also co-authored several articles in her stint there.

While working in Karigiri she had been diagnosed with thyroid cancer for which she underwent both surgery followed by Radiotherapy in 1975. Soon after that she joined her husband in The Leprosy Mission (TLM) Hospital at Vadathorasalur, Tamil Nadu. In 1978 they both were transferred to Philadelphia Leprosy Hospital at Salur, Andhra Pradesh. Salur was then the biggest training centre for Leprosy training and reconstructive surgery under the Leprosy Mission International.

She continued working alongside her husband at various Leprosy Mission Hospitals in Tamil Nadu (Manamadurai), Kerala (Manjeri) and Bangladesh (Chittagong) over 30 years. After retiring from The Leprosy Mission in June 2002, she worked at the Christian Fellowship Hospital, Oddanchataram for 12 years. She also worked briefly in Rev George Mathen Mission Hospital, Mallappally and TMM Medical Mission Hospital, Mannamaruthy (Kerala).

She will be remembered as a kind and gentle soul who did good without fanfare. She had a passion for gardening which won prizes in the flower shows. She pioneered the Vacation Bible School in TLM Manamadurai. Dr. Rebecca was the recipient of the Paul Harrison award along with Dr. Alexander Thomas in 2021 for her dedicated service and upholding the College motto “not to be ministered but to minister”.

Over the last few years she had failing health and remained mostly house bound. She passed away suddenly at her home after recovering from a bout of chest infection. Dr. Rebecca leaves behind her husband Dr. Alexander Thomas and three children Sunitha, Sushil & Sneha. She will be deeply missed but will remain in our heart’s forever.

She is survived by her loving husband Dr. Alexander Thomas (MBBS batch of 1961), elder daughter Mrs. Sunitha Alexander and her husband Mr. Parthiban Theodore children Rohan & Nihal.

Dr. Sushil Alexander (MBBS batch of 1994) wife Dr. Anjana Joseph (PG alumnus; Dermatology) and children Nathania & Johanna.

Mrs. Sneha Thomas and her husband Mr. Arun Thomas and children Shreya & Sanjana.

Those who would like to send condolence messages or contact the family, can message +91 90377 72312 or mail at sushilalex94@yahoo.co.in

Our thoughts and prayers are with the bereaved members of the family at this time.

• **Ms. Esther Rani**, Multipurpose Health Worker, A7 ward passed away on 23rd March, 2023. Let us uphold all the bereaved members of the family in our prayers.

Upcoming Events

American Heart Association – International Training Centre (CMC, Vellore)

American Heart Association – Basic Life Support Course (AHA-BLS)

Provider level course : American Heart Association -Basic Life Support (AHA-BLS) provider level course will be held on the **11th April 2023 at the Jacob Chandy Hall, Paul brand building, CMC, Vellore.** This one day course is designed for healthcare providers (Doctors, Nurses and Paramedics) and the curriculum consists of video based, interactive lectures and skills training in Cardio Pulmonary Resuscitation (CPR), use of Automated External Defibrillator and relieve choking in a safe, timely and effective manner to **all ages – Adult, Pediatric and Infants.** The number of participants is strictly restricted to 18 per course as per AHA guidelines. **The registration fee is Rs.3000/-** (cost of study materials included) and the last date for registration is **5th April 2023. For registrations, Please contact** Ms. Nitha Cathuan or Mr. Ganesh, **Paediatric ICU (Phone No.0416-228-3366).**

Notice

College Tennis Club, Bagayam invites applications for the Summer Tennis Coaching Programme for Children, April 2023

It will be a 3 or 6 days a week programme. Monday to Saturday every week.

The batch timings will be :

4.30 to 5.30 pm	- Red / Orange ball
5.30 to 6.30 pm.	- Green dot ball
6.30 to 7.30 pm.	- Regular ball 1st batch
7.30 to 8.30 pm	- Regular ball 2nd batch
Camp start date	- 1st April (Saturday)
Camp Finish date	- 29th April (Saturday)

There will be a tournament conducted in the last week. No fees for the enrollment of the tournament.

Fees for the camp :

6 days a week Rs.3,200 + GST 18% (576) = Rs.3,776

3 days a week Rs.1,600 + GST 18% (288) = Rs.1,888

For the new joiners of the camp, tennis racquets will be provided and they need not buy the racquet to play in the summer camp.

Please contact for further details :

Dr. Athul Thomas, Associate Professor, Department of Nephrology - 97870 20341

Dr. Sajin Tito, Asst. Professor, Department of Psychiatry - 98479 07488 / sajinarattukulam@gmail.com

Situations Vacant

1. Senior Resident with MD (Psychiatry) for the Department of Department of Psychiatry Unit – III

Salary : As per institutional rules. Accommodation Provided (Partly furnished, depending on availability).

2. Lecturer Gr.III (AHS) for the Department of PMR (Physiotherapist)

Qualification : MPT Graduate with Orthopaedics or Neurology from IAP recognized College / University.

Experience : Not more than 6 years. Age Limit : Below 35 years. Salary : As per institutional rules.

Accommodation not provided.

Applications are to be done only through the online application system.

Please log on to <https://www.cmch-vellore.edu/JobVacancy.aspx?jtype=ALL> Link : “Vacancies”.

Hard Copies and emails will not be accepted. Applications will close by **April 01, 2023** for Item 1 and **April 09, 2023** for Item 2.

3. Scientist C (Non-Medical) for the Department of Reproductive Medicine & Surgery

Job Code : 1469

Qualification : Minimum Qualification : Candidate should possess 1st class Master Degree in relevant subject from a recognized university with 4 years' experience (or) 2nd class M.Sc. + Ph.D degree in relevant subjects from a recognized university with 4 years' experience (or) BDS / B.V.Sc & AH degree recognized by DCI / VCI with five years' experience in relevant subject after BDS / B.V.Sc degree (or) B. Tech in relevant engineering subject with six years' experience in relevant subject after B. Tech degree. Experience in clinical research is preferable.

Nature of Job : To be involved in conduct (screening, recruiting, review etc) of RCT on lifestyle intervention in PCOS women.

Salary : As per institutional rules. Age (Any preferred Age) : Below 40 years.

Gender (if any preferred) : Female. Mode of Appointment : Project Mode. Accommodation not provided.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link : General - “Vacancies”. **Hard Copies and emails will not be accepted.**

Applications will close by **April 03, 2023** for Item 3.