



Christian Medical College Vellore

NEWSLINE

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Nursing Graduation Ceremony 2023

“To God be the Glory, Great things He has done”

He who began a good work in you will bring it to completion at the day of Jesus Christ – Philippians 1:16



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The Nursing Graduation Ceremony 2023 was held on the 25th April, 2023 at the Scudder Auditorium. Dr. Deepika Cecil Khakha, Nursing Advisor to Government of India, Directorate General of Health Services, Ministry of Health & Family Welfare, Government of India, New Delhi graced the occasion as Chief Guest. The ceremony started with the procession of the proud and accomplished graduates walking past the jasmine chain and the traditional graduation music playing at the background filling the air. Dr. Joy John Mammen, Associate Director, CMC, Vellore presided over the function. In her encouraging address to the graduates, Dr. Deepika appreciated the humble beginning of the founder and the success of the institution that is evident in its vision and mission of caring for the patients. She acknowledged and applauded the unique feature of College of Nursing in having an integration model of nursing service and education. She motivated the graduates to follow the four P's essential for excellence in the profession: Being Passionate, Persistent, Perseverant and Patient. In her charge to the graduates, Dr. Vathsala Sadan, Dean, College of Nursing, emphasized that education and service are deeply integrated.

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Nursing Graduation Ceremony 2023

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She encouraged the graduates to emulate the model of caring with compassion demonstrating the spirit of Christ and enable patients to live their lives to the fullest.. She also reminded them to utilize every available opportunity to equip themselves to meet the challenges in the ever changing society.

189 Undergraduate and 19 Post Basic Diploma in Nursing students were presented with the certificates by the Dean while Mrs. Alice Sony, the Nursing Superintendent presented the College pins to them. Dr. Solomon Sathish Kumar, Principal, CMC, Vellore distributed the special prizes and Dr. Deepika Cecil Khakha gave away the special awards.

Ms. Alphonse J. was awarded the Gold medal for the best outgoing student in the Diploma Nursing Programme, Ms. Praise Susan Abraham was awarded the gold medal for the best outgoing student and Best Academic Student in B.Sc. Nursing Programme. Ms. Ancy Johnson was awarded the Best All-Round Student in the B.Sc. Nursing Programme.

Dr. Mary Anbarasi Johnson, Professor and Head of Pediatric Nursing, College of Nursing, CMC were awarded the Ph.D Award for the year 2023.

Mrs. Lalitha Varghese, Former Secretary of Board of Nursing Education (BNESIB), South India was awarded the Alumni Award for the year- 2022 for her selfless and notable contribution in the field of patient care, nursing education and nursing administration. Rev. Dr. Arul Dhas offered the prayer of dedication to bless the graduates and gave benediction at the end of the ceremony.

The Graduation Ceremony was preceded by Baccalaureate Service on 23rd April, 2023 in the Scudder Auditorium. Dr. Benjamin Ross, Associate Professor, Neonatology Department, CMC encouraged the graduates to be fully committed, spend time with God and increase in level of Thanksgiving to find favour in God's sight. The Graduation Ceremony on the whole was a time of celebration of the Lord's goodness towards the success of the students. It was a splendid opportunity for faculty and graduates to witness God's faithfulness in their lives. Three cheers for the Silver and Blue!



Alumni Award for Mrs. Lalitha Varghese



The Best All Round Student in B.Sc. Nursing for Ms. Ancy Johnson



Ph.D Award for Dr. Mary Anbarasi Johnson

Occupational Health Week 2023-“Addiction:Prevention is better than cure”



On behalf of Occupational Health, Directorate, CMC Vellore, **Occupational Health Week** was celebrated in commemoration of “**World Day for Safety and Health at Work**” from 24th to 29th April, 2023. This year the Department of Psychiatry organised the 1-week programme. The theme for this year was ‘Addiction in Workplace – Prevention is better than cure’.

A series of teaching sessions were organised to increase the awareness among staff and students regarding the core aspects of addiction and the need for prevention. Through the week, each session addressed issues specific to different staff groups in CMC; and the topics included ‘Understanding addiction, treatment and recovery’, ‘Impact of substance use disorder on family and children’, ‘Addiction in the Medical Profession’, and ‘Addiction in Youth’, Substance use and related problems.

The valedictory programme was held on the 28th April, 2023 Dr. Sowmya Sathyendra, Associate Director (HR) presided the function who stressed on the importance of increasing awareness regarding addictions as they can significantly affect the employees and hence the workplace. Mr. Reni Charles, General Superintendent, Mrs. Alice Sony, Nursing Superintendent, Dr. Myla Jacob, Deputy Medical Superintendent and Dr Suja Kurian, Head, Department of Psychiatry, offered their felicitations.

During this function, the “Handbook on Occupational Health in Healthcare “was released by the Occupational Health team and the first copy was received by Mr. Reni Charles. Dr. Reginald Alex, coordinator, Occupational Health thanked all the authors and others who contributed and spent their valuable time in the making of the handbook.

The Occupational Health Week celebration ended with the Quality Circle on 29th April, 2023 with an update on ‘Alcoholic Rehabilitation Initiative and Support for Employees (ARISE) clinic’.

Special word of appreciation to the members of the Occupational Health team especially Dr. Thangadurai and team, Dr. Samuel N.J. David, Associate General Superintendent and staff of Department of Hospital Management Studies and Staff Training for working together to make this year Occupational Health Week a grand success.

Cochrane Systematic Review Protocol Development Workshop

The Clinical Epidemiology Unit (CEU), Cochrane India CMC Vellore affiliate and the Department of Biostatistics conducted a **three day workshop on “Cochrane systematic review protocol development workshop”** between 26th and 28th April, 2023 at CEU. This workshop was a primer for those interested in doing a systematic review. The faculty included Prof. Prathap Tharyan, Prof. Mohan Kamath, Dr. Prasanna Samuel, Dr. Azariah Jebakumar and Prof. Thambu David. Dr. Vignesh Kumar organised the workshop. Seventeen enthusiastic participants from various departments of the institution attended the workshop and the feedback was positive. The CEU will follow-up this workshop with a practical demonstration and review completion workshop in the next few months.

State Level Workshop on 'Health Promoting Lifestyle'

The Departments of Medical Nursing, and CNE & Research, College of Nursing conducted a state level workshop on **'Health Promoting Lifestyle'** on 24th April, 2023. The programme started with prayer and inauguration. A total of 37 delegates attended the workshop. The objective of the workshop was to review the concepts of health promotion and trends in lifestyle, discuss the dimensions of applying lifestyle practices in context to individual, social and organisational. Apply or modify lifestyle practices in every day practice for both self and patients.

Faculty from the Departments of Medicine and Medical Nursing conducted sessions on health promotion, lifestyle disease & prevention, circadian rhythm and sleep, healthy eating, social professional interactions, emotional well being, exercise & health and influence of environmental health. Later the delegates were divided into groups for hands on skill sessions on exercise, nutrition prescription, sleep inventory, health promotion index and health screening. The participants expressed that both the theory and hands on sessions were very useful and they actively involved in performing exercise and other activities. The Tamil Nadu Nurses and Midwives Council awarded 7 credit points for the workshop.



Inauguration of Drug Resistant Tuberculosis Center, Pulmonary Medicine

Inauguration of **Drug Resistant Tuberculosis Center, Pulmonary Medicine, CMC Vellore, Ranipet Campus** held on 26th April, 2023. Drug Resistant Tuberculosis center under the Department of Pulmonary Medicine was inaugurated by the Honorable District Collector of Ranipet District Thirumathi S. Valarmathi at CMC Vellore, Ranipet Campus. Rev Finney Alexander, Chaplain dedicated the facility to the glory of God and benefit of patients. Dr. D.J. Christopher, Professor of Pulmonary Medicine, welcomed the gathering. Dr. Vikram Mathews, Director and Dr. Rajesh I, Medical Superintendent offered felicitation. Dr. Lakshminarayana Jasti, Assistant Professor of Pulmonary Medicine, Medical Officer, DOTS Clinic gave a brief overview of the facilities and services being offered in the center. Dr. Balamugesh T, Professor and Head of Pulmonary Medicine, Dr. Delphina, WHO consultant, Dr. Jayashree, District TB Officer, Mrs. Shanti Gladson, Deputy Nursing Superintendent and Dr. Lallu Joseph, Associate General Superintendent also graced the occasion. Dr. Deepak Selvaraj, Associate Director offered the vote of thanks.



Department of Microbiology conducted Hands on Training Workshop



The Diphtheria and Pertussis WHO SEARO Reference Lab (Department of Clinical Microbiology) led by Dr. V. Balaji conducted **hands on training workshop** from 24th to 29th April, 2023. The workshop agenda was strengthening of diagnostic capability including isolation of the pathogens for genomic characterisation. Totally 20 laboratories across India who are part of the WHO India Diphtheria Pertussis Surveillance Network participated in this workshop. The photograph shows Dr. V. Balaji (at the podium) giving an overview of the workshop. Seated on the dais (L to R) are

Dr. John A.J. Prakash (Head, Clinical Microbiology), Dr. Arun Kumar (WHO India), Dr. Lucky Singhal (WHO SEARO), Dr. Gagandeep Kang (presently at BMGF, Seattle), Dr. Solomon Sathishkumar, Principal, CMC, Vellore and Rev. Pearson, Department of Chaplaincy.

Departments of Nuclear Medicine & CME conducted CME on 'Introduction to PET Scans'

The Departments of Nuclear Medicine and Continuing Medical Education organized a **CME on 'Introduction to PET Scans'**, held on 29th April, 2023. The first speaker, Dr. Junita John introduced the physical principles and tracers used in PET. Dr. Saumya Sunny explained how PCT can improve detection, evaluation, decision-making, prognostication, and outcomes in several cases. Using case illustrations, Dr. Julie Hephzibah, Professor and Head of Nuclear Medicine illustrated the role of PET beyond oncology in infectious diseases, and neurological and cardiac conditions. PET CT provides in vivo non-invasive quantitative assessment of biological processes, providing 3D-anato-physiological imaging. Dr. Chandana Nagaraj, Professor, St. John's Medical College, Bengaluru discussed new techniques including PET-guided interventions and PET MRIs. We thank the Department of Telemedicine for their support in hosting the programme.



May 14 - 20, 2023

Special Prayers This Week



Nursing Superintendent's Office :
Mrs. Alice Sony and Staff

CMC Ludhiana, Punjab
Council Member: Dr. William Bhatti

CSSD : Mrs. Florence Ponnice and Staff

CNI Nagpur Diocese
Council Members: Mr. Vilas Shende

Staff Nurses Hostel :
Ms. Amirtha Renjitham and Staff

Rt. Rev. Paul Dupare

Hospital : Mure Memorial Hospital, Nagpur.

Laurels and Recognitions

• **Dr. Biswajit Paul**, Professor and Head, RUHSA Department has been awarded Doctor of Philosophy (Ph.D) from The University of Edinburgh, Scotland, United Kingdom on 9th May, 2023. His research topic was on '*Development and pilot testing of health worker delivered theory of planned behaviour based educational intervention for behaviour change in chronic respiratory disease patients: A feasibility study in southern Indian rural community*'. He is grateful to his supervisors, Professor David Weller and Professor Liz Grant from the University of Edinburgh and Professor Rita Isaac from Christian Medical College, Vellore.

His Ph.D adds a hat to quality health care service in rural marginalised communities through implementation research in most neglected and often poorly diagnosed chronic respiratory diseases (CRDs) in low resource settings by improving opportunity for patients to start early diagnosis and initiation of treatment and navigate pathways for better health. His Ph.D research work has been published in PLOS One and BMC Journals.

• **Mrs. Devakirubai Mohan**, Charge Nurse, was awarded first prize for the oral presentation on her study titled "Experience of being a Haematopoietic Stem Cell Donor for a sick Sibling" in the 4th Annual Nurse Meet of ISMBT 2023, Bangalore.

Retirements

• **Mr. Stalin S**, Hospital Attendant, Nursing Service (Medical Ward) took Voluntary Retirement on 1st January, 2023 after 20 years of dedicated service to this Institution. He was very obliging for all duty changes.



He is married to Mrs. Suganthi. They have two daughters. Elder daughter, Ms. Divya, Hospital Attendant works in our institution and her younger daughter, Ms. Deepika is doing her B.Sc MLT in SMH.



• **Mr. Palani**, Hospital Attendant, PM Office (Relief Pool) took Voluntary Retirement on 1st February, 2023 after 36 years service to this institution.

He has two sons and one daughter. The elder son, Mr. Subash, Hospital Attendant works in our institution and younger son, Mr. Dinesh has completed his 12th standard. His daughter Ms. Devaki is in her 10th standard.

• **Mr. Mohan Raj**, Housekeeping Attendant, Department of Medical Records, took Voluntary Retirement on 1st February, 2023 after 27 years of dedicated service to this institution.

He is married to Mrs. Shyamala, Housekeeping Attendant in OPD. Their son, Mr. Balaji is a Housekeeping Attendant in MICU. Daughter, Mrs. Vijiyalakshmi, is a Staff Nurse in our institution. They are blessed with six grand children.



Retirements

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• **Mrs. Sarala P**, Sr. Housekeeping Attendant, worked in the Medical Ward, retired on 19th February, 2023. After 34 years of service to this institution. She is a God fearing, humble, compassionate and hardworking staff. She always accepts assignments cheerfully and completes it. She works with full co-operation and has been adjustable for duty changes and readily accepts any correction. She was awarded the Best Hospital Housekeeping Attendant in the year 2021 in CMC.



She is married to Mr. Gunasekaran. They have one daughter and two sons. Daughter Mrs. Greens Mary is a Housekeeping Attendant in A Block. Elder son, Mr. John Paul is a Supervisor in Darling Hotel. Younger son, Mr. John Britto is a Medical Representative in a Private company.



• **Mr. N. Subramani**, Sr. Housekeeping Attendant joined in M and U wards in the year 1980. Later he was transferred to the newly formed Environmental Engineering Department. He has served 42 years in this institution and retired on 9th March, 2023. He is a hardworking and committed worker and discharged his duties diligently. He was awarded the Best Hospital Housekeeping Attendant in the year 2019 in CMC.

His wife, Mrs. Janammal is working as Office Facilitator in our institution. Elder son, Mr. Nicholas is working as Associate Professor at SCPM College of Nursing, U.P. Younger son, Mr. Raja is working as Nuclear Medicine Technician in our institution.

The CMC community is thankful for their years of dedication and commitment to the institution and wishes them God's blessings on their retired life.

Sports News

Badminton Coaching for Staff Children :

The Badminton Club, CMC, Vellore, organized and conducted the 2nd Annual Summer Badminton Coaching Camp for staff children from 4th to 29th April, 2023. The children were divided into juniors (6 to 10 years) and seniors (11 to 15 years) to facilitate effective, age-appropriate coaching. In total 15 children participated this year. The feedback from all participants (children and their parents) was excellent. The Managing Committee of the Badminton Club would like to thank the coach, Mr. Vijay, for his excellent work.

This year the Club is looking into the possibility of starting regular year-round coaching for staff children. Staff members who are interested in sending children for this, please fill in the Google Form (link below) as an expression of interest.

<https://forms.gle/SLoJ5L5EB1idym1K9>



Obituary

Mrs. Chandra Samuel, passed away on 12th May, 2023 at Vellore. Let us uphold her daughter, Mrs. Helen Sujatha Charles, retired. Professor, College of Nursing, son-in-law, Mr. N. Charles John, retired Headmaster, Voorhees Higher Secondary School, Vellore, grandson, Mr. Anand Mathew Charles, Tutor, OT (Department of Child Psychiatry, CMC) and Mrs. Karunya, B.Sc. Staff Nurse, Operation Room, CMC, granddaughter, Mrs. Lovely Sona Charles, Alumni, College of Nursing (Australia) and all the bereaved members of the family in our prayers.

Situations Vacant

1. Senior Resident / Assistant Professor with MS (General Surgery) for the Department of General Surgery
Experience : Should have at least one year teaching experience as (Asst. Professor) in any NMC recognized teaching institution to apply Assistant Professor job.

Salary : As per institutional rules.

Accommodation Provided (Partly Furnished, Depending on availability).

Applications are to be done only through the online application system.

Please log on to <https://www.cmch-vellore.edu/JobVacancy.aspx?jtype=ALL> Link : "Vacancies".

Hard Copies and emails will not be accepted. Applications will close by **May 27, 2023** for Item 1.

2. Physiotherapist (Term Post) with BPT Graduate from IAP recognized College / University for the Department of P.M.R (Physiotherapy)

Should have completed 6 months of compulsory rotatory internships on or before **31st May, 2023.**

Age Limit : Below 30 Years.

Consolidated Salary : As per institutional rules.

Accommodation not Provided.

Applications are to be done only through the online application system.

Please log on to <https://www.cmch-vellore.edu/JobVacancy.aspx?jtype=ALL> Link : "Vacancies".

Hard Copies and emails will not be accepted. Applications will close by **May 28, 2023** for Item 2.

3. Senior Resident / Assistant Professor with MD (Radiation Therapy) for the Department of Radiation Oncology Unit-II

Salary : As per institutional rules.

Experience : Should have at least one year teaching experience as (Asst. Professor) in any NMC recognized teaching institution for applying Assistant Professor post.

Accommodation provided (Partly Furnished, Depending on availability).

Applications are to be done only through the online application system.

Please log on to <https://www.cmch-vellore.edu/JobVacancy.aspx?jtype=ALL> Link : "Vacancies".

Hard Copies and emails will not be accepted. Applications will close by **June 03, 2023** for Item 3.

4. Jr. HLPT Technician (Term Appointment) for the CMC Vellore, Chittoor Campus

Qualifications : H.Sc., with CMAI Diploma in Hand and Leprosy Physiotherapy Technician Training (HLPT) Course.

Note : Only Regular mode will be accepted, Private or correspondence will be not accepted .

Salary Scale : As per institutional rules.

Age Limit : 35 Years.

Job Description : Plaster Technician.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **May 29, 2023** for Item 4.

Situations Vacant

5. Health Educator (Term Appointment) for the Department of Community Health

Qualification : M.A. with D.H.E.

Preference will be given to the candidates with minimum of one year experience in Health Education.

Job Description : To work in Community Health Department.

Consolidated Pay : As per institutional rules. Age Limit : 35 Years.

Note : Only Regular mode will be accepted, Private or correspondence will be not accepted .

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". *Note : Only online applications will be accepted; Hard copies will not be accepted.*

Applications will close on **May 29, 2023** for Item 5.

6. Junior Health Centre Auxiliary under term appointment to work in CHAD Hospital

Only female candidates need to apply.

Qualification : 12th Std. with Diploma in Health Assistance. Preferably married.

Salary : Consolidated salary provided as per the norms of the organization.

Applications should be submitted online through the link : <https://www.cmch-vellore.edu/News.aspx> (under "vacancies"). *Only online applications will be accepted, Hard copies will not be accepted.*

On or before **June 03, 2023** for Item 6.

Incase of difficulties in applying online please contact us through email : deancon@cmcvellore.ac.in

7. Schieffelin Institute of Health Research and Leprosy Centre, Karigiri – 632 106 invites applications for the following post of Physiotherapist

Qualification : BPT with 4 years / MPT with 2 years of experience.

Candidate can apply using Job Application available at <https://leprosyhealth.org>, career section and send along with scan copies of all your testimonials in PDF Format to personnel@karigiri.org or director@karigiri.org

Last date for receipt of applications is **May 20, 2023** for Item 7.