

# **Christian Medical College Vellore** NEWSLINE JULY 31, 2023



The Lord is good to all; he has compassion on all he has made. Psalm 145:9

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Mrs. Margaret Manoharan, Professor, College of Nursing superannuated on 13th July 2023 after 38 years and 5 months of dedicated service in the Institution. She started her nursing training in College of Nursing, Christian Medical College Vellore as a student of Diploma in General Nursing and Midwifery in 1981. She moved on to obtain her degree in nursing under the Tamil Nadu Dr. MGR Medical University, Chennai in 1991. She started as a staff nurse in private wards and became the Ward In-charge for her assigned paediatric wards in the year 1991. She later obtained a Master's in nursing with specialisation in Paediatric Nursing from the Tamil Nadu Dr. MGR University in Neuro ICU has conducted Comprehensive the year 1999. She moved up the professional ladder from Junior Lecturer to Professor/ Nurse Manager and further pursued Post Graduate Diploma in Medical Law & Ethics from National Law School of India University, Bangalore in the year 2020. Mrs. Manoharan has taught both undergraduate and postgraduate students and has been referred to as excellent in her interpersonal relationship with students and in the way, she cared for them. As a Senior Advisor for Student Nurses' Association, she contributed richly to the overall development of the students. She has guided undergraduate students for their research projects and postgraduate students for their dissertation. She held the post as Additional Deputy Dean in the College of Nursing for a period of four years from 2018 to 2022.

#### **Mrs. Margaret Manoharan Retires**

Mrs. Manoharan is a passionate paediatric nurse and was good at clinical supervision of the staff under her care. She had undergone an advanced training in developmental paediatric nursing at Women's and Children Hospital, Adelaide, Australia and was involved in developing protocols for the care of children in the Development Paediatrics. During her work experience in Al Wasl hospital, UAE, she had also significantly contributed to the Computerised Tracking System of children in the paediatric emergency services of the institution. She was the recipient of ABCD [Above and Beyond the Service] award instituted by the institution for effective management during the time of Dengue Epidemic in Vellore. She has been member of several professional bodies and has served as office bearer at the local level. She has been an examiner and question paper setter for multiple universities and has contributed immensely to the nursing profession.

Mrs. Margaret Manoharan's husband Er. Arul Manohara, works as an Assistant Engineer in TANGED. Her son Er. Cyril Antony and daughter-in-law, Mrs. Nisha Cyril, work as an Engineer and Clinical Research Associate in Scotland, UK. Her daughter Mrs. Pauline has completed Bachelor in Engineering and son-in-law Er. Andre Simon works for APC Associates, Krishnagiri. Mrs. Margaret is blessed with two grandchildren Aiden Jeremiel and Theo Jaiden.

The CMC family wishes Mrs. Margaret Manoharan a very happy and healthy retirement life.



## 1<sup>st</sup> National Conference of Anaesthesia Technicians

NTC 2023 (1st National Conference of Anaesthesia Technicians) themed "Safety is a team effort" was a realisation of a long awaited dream for the department of Anaesthesia at CMC Vellore. This conference had more than 300 delegates from multiple cities within the state, and across the country, in addition to 150 of our own students and staff technicians. The conference was held between 14th and 15th July 2023 at the New Examination Hall in the College Campus. Prof. Dr. Rebecca Jacob was the patron for the NTC 2023. Dr. Rebecca was the driving force behind upgrading the technician's training programme to a diploma course in our Institute. On the 1<sup>st</sup> day of the conference there was a hands-on-workshop where the delegates were taught multiple aspects in Anaesthesia including BLS. The workshop was followed by a power packed evening of culturals by our home-grown talent. On the 2<sup>nd</sup> day of the conference we had the traditional inaugural ceremony in the presence of our chief guests, Dr. Solomon Sathish Kumar, Principal and Dr. Joy Sarojini Michael, Vice Principal (AHS). Then they addressed the gathering, reminding us of the importance of working as a team as well as always putting the safety of the patient first. Prof. Dr. Ekta Rai, the Head of Anaesthesia, welcomed the gathering followed by an introductory speech and a vote of thanks by Mr. James Devakumar and Mr. Bharath Kumar, (Supervisors for Anaesthesia technicians), respectively. The rest of the schedule had sessions on a variety of topics by Anaesthesia Professors as well by the technicians. The conference came to a close with a valedictory function where prizes were distributed for the poster and podium presentations, done by Anaesthesia technicians, earlier that day.

#### 1<sup>st</sup> National Conference of Anaesthesia Technicians



# Department of Anaesthesia organised the thanks giving memorial for former head Dr. Valerie Major

**Dr. Valerie Major was a doyen of the Department of Anaesthesia,** a true founding pillar. Till she was called to her heavenly abode, she had given her best to contribute to the growth and establishment of the department, and our great institution. A few years ago, in fond remembrance and respect for her remarkable period in the department, it was decided to institute an Anaesthesia Skills Lab in her name. It was only apt that the department chose this solemn juncture to remember Dr. Major's everlasting presence by dedicating the Skills Lab and pay homage to a human being par excellence.

The Memorial Programme was conducted on the 24<sup>th</sup> of June 2023. The day began in Hospital Chapel, in a special service conducted in her memory. It was an honour and a proud moment of nostalgia to hear the homage paid to Dr. Valerie Major by Dr. P. Zachariah, a prominent alumnus, and a great friend and colleague of Dr. Major. The service was attended by staff and patients alike, with several prominent alumni gracing the occasion. The department choir's special songs made the service delightful, fitting Dr. Major's vibrant personality. Dr. Joy Mammen, Associate Director, delivered a commemorative talk on behalf of the directorate, and Rev. Samson Varghese shared God's Word with a beautiful sermon, reliving the spiritual life and the dedication of Dr. Major.

#### Department of Anaesthesia organised the thanks giving memorial for former head Dr. Valerie Major

This austere memorial service was followed by the dedication of the Dr. Valerie Major Skills Lab. The Skills lab is a state-of-the-art simulation centre setup by the department of Anaesthesia, which incorporates several training facilities like airway mannequins - both for simple airway procedures to advanced airway management techniques, ultrasound simulators and needling blocks, and advanced CPR mannequins. The fully equipped skills lab is now situated adjacent to the Department of Anaesthesia office located on the 7<sup>th</sup> floor of the Paul Brand Block, currently sharing space with the Dr. Gwenda Lewis Lecture Hall (Anaesthesia Classroom). The Chief Guest for the dedication was our director, Dr. Vikram Mathews, Director, Dr. Rajesh I, Medical Superintendent, Dr. Mark Ranjan Jesudasan, Associate Director and several prominent members of the Anaesthesia Alumni were present at the dedication. The formal inauguration was done by Dr Rebecca Jacob and Dr. Grace Korula, former HODs of Anaesthesia. The skills lab was displayed in it's full capability, and the showcase of resources was well appreciated by all the senior administrators and alumni alike, remarking that Dr. Valerie Major would have been delighted to see this lab, and to see her vision of training 'patientsafe' anesthetists taken to newer heights.

The most awaited session of the day took place after the dedication, in CHTC Auditorium in Bagayam Campus. Titled "Ability to think beyond - A celebration of the life and times of Dr. Valerie Major", it was an avenue for the current department to hear from it's meritorious and distinguished alumni about Dr. Major and her tenure here of almost three decades. The staff, students and technicians of the department were delighted to listen to anecdotes from the likes of Dr.Grace Korula, Dr. Elsa Varghese, Dr. Gita Nath, Dr. Bannerjee Jesudasan and several other alumni who had been students or junior colleagues of Dr. Major. It was really an inspiring session, to listen to the passionate life of Dr. Major in the department, and her outstanding contribution towards it's development into what it is now, and also to know how her spirit and vision still lives on almost half a century after she established her ideals in this place. Dr. Ekta Rai, Head, Department of Anaesthesia, connected the department's current accomplishments to its alumni, present students, and staff. The day ended with a department lunch in CHTC Lawns, where students, technicians and staff interacted with the alumni on a personal basis.

The day was special because it was a day of celebration, commemoration, and adoration for a true giant of the field of Anaesthesia, whose role in the department is everlasting and unforgettable, and whose spirit, vision and mission still lives on, to this day, in the activities and work done by the Department. It is not often that people make a mark so lasting and prominent, that lasts for decades after they leave. Such is the greatness of Dr. Valerie Major.



## Neuro ICU has conducted Comprehensive Neurocritical Care CME

Neurocritical care conducted 2 days long comprehensive Neurocritical care course under the flagship of Society of Neurocritical Care India on 21<sup>st</sup> and 22<sup>nd</sup> July 2023 at the Ranipet Campus. The CME saw an overwhelming response from across the country with more than 60 delegates participating from varied backgrounds of Emergency Medicine, Critical Care, Anaesthesia, Neurology and Neurosurgery. It was awarded 20 credit points by the Tamil Nadu Dr. MGR Medical University, Chennai.



The CME was inaugurated by Dr. Ravish Sangi, Deputy MS Ranipet Campus along with Dr. Joy Sarojini representing the Principal's Office. Chief guests, Dr. Vedantam Rajshekhar, seniormost faculty of Department of Neurological Science and Dr. Sanjith Aaron, Head of the department reminisced the growth of Neurocritical care from its inception to the current stage. Dr. Mathew Joseph proposed the vote of thanks. External faculty included. Dr. Hemanshu Prabhakar and Dr. Charu Mahajan, Professors of Neuroanaesthesia from AIIMS, Delhi, Dr. Ankur Luthra, Professor of Neuro Anesthesia, PGI Chandigarh and Dr. Vasudha Singhal, Professor, Neuroanaesthesia, Medanta Gurgaon.



The course covered various important topics in Neuro critical care with recent updates of guidelines and problem based discussions. Quiz at the end of both days saw enthusiastic participation. Workshops on both days provided hands on experience of management of intracranial pressure monitoring by various techniques and transcranial doppler and optic nerve sheath diameter measurements.

The programme concluded on a positive feedback promising for many more to come in the future.



#### July 30 - August 05, 2023

#### **Special Prayers This Week**

Clinical Microbiology : Dr. John Antony Jude Prakash and Staff

*Clinical Virology* : Dr. Shoba Mammen and Staff

**CSI Vellore Diocese** 

Council Members : Rt. Rev. H.Sharma Nithiyanandham Rev. I. Jared Arul Jebareuben

Hospital: Scudder Memorial Hospital, Ranipet and CSI Hospital, Vandavasi.

#### Council for World Mission

Council Members : Most Rev. A. Dharmaraj Rasalam Adv. C. Fernandez Rathina Raj

#### Memoranda

• Dr. Lilly Varghese, Professor will continue as Head of Obstetrics & Gynaecology Unit – II & Urogynaecology with effect from 8<sup>th</sup> July 2023 until further notice.

• Dr. Viji Samuel Thomson, Professor is appointed as Head of Cardiology Unit – I with effect from 26<sup>th</sup> July 2023 for a four-year term.

• Dr. Meera Rajan Peter K, Professor is appointed as Head of the Department of General Pathology with effect from 26<sup>th</sup> July 2023 for a four-year term.

• **Dr. Regi Thomas,** Professor is appointed as Head of ENT Unit – I from 1<sup>st</sup> August 2023 to 1<sup>st</sup> December 2025 on his return from sabbatical leave.

• Ms. Saramma Kuruvilla, Sr. Chaplain will be in-charge of Chaplaincy Department from 27<sup>th</sup> July 2023 to 31<sup>st</sup> August 2023.

## **Upcoming Event**

The Alumni Reunion will be held on **August 10<sup>th</sup> to 12<sup>th</sup>, 2023.** This year, the special batches are 1943, '48, '53, '58, '63, '68, '73, '78, '83, '88, '93, '95, '98. The schedule for the reunion is as follows:

#### Alumni Reunion 2023 – Programme

Day	Time	Venue	Programme
10 <sup>th</sup> August 2023 Thursday	Entire day for special batches to have their own programme		
11 <sup>th</sup> August 2023 Friday	1.45 pm 3.30 pm 4.00 - 5.30 pm	Scudder Auditorium '' ''	Meet the Students Tea CME
12 <sup>th</sup> August 2023 Saturday	8.00 am 9.00 - 9.45 am 9.45 - 10.15 am 10.15 - 11.15 am 11.15 am - 12.45 pm 1.00 pm 5.30 pm 7.00 pm 8.00 pm onwards	Scudder Auditorium '' '' '' Men's & Women's Hostels Scudder Auditorium Scudder Hall Scudder Auditorium	Tree Planting & Registration Open Meeting Refreshments General Body Meeting Introduction & Photographs Lunch for all visiting alumni and special reunion batches Thanksgiving and Dedication Service Alumni Dinner for all alumni College Motto Award & Entertainment by Special Batches



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#### Notice

#### American Heart Association – International Training Centre (CMC, Vellore) American Heart Association – Basic Life Support Course (AHA-BLS) Provider Level Course

American Heart Association -Basic Life Support (AHA- BLS) provider level course will be held on the 17<sup>th</sup> August 2023 **at the CK Job Hall, Paul brand building, CMC, Vellore.** This one day course is designed for healthcare providers (Doctors, Nurses and Paramedics) and the curriculum consists of video based, interactive lectures and skills training in Cardio Pulmonary Resuscitation (CPR), use of Automated External Defibrillator and relieve choking in a safe, timely and effective manner to **all ages – Adult, Pediatric and Infants.** The number of participants is strictly restricted to 18 per course as per AHA guidelines. **The registration fee is Rs.3,500/-** (cost of study materials included) and the last date for registration is 11<sup>th</sup> August 2023. For registrations, Please contact Mrs. Nitha Cathuan or Mr. Ganesh, **Paediatric ICU (Phone No.0416-228-3366).** 

#### **Situations Vacant**

<b>1. Senior Resident</b> with <b>MD</b> ( <b>Psychiatry</b> ) for the <b>Department of Psychiatry B</b> Salary <b>:</b> As per institutional rules. Accommodation Provided (Partly Furnished, Depending on availability).	U <b>nit – II</b>
Applications are to be done only through the online application system. lease log on to https://www.cmch-vellore.edu/JobVacancy.aspx?jtype=ALL La Hard Copies and emails will not be accepted. Applications will close by August	
2. Medical Officer for the Department of Community Health	Job Code : 1485
Qualification : M.B.B.S. Salary : As per institutional rules.	
Mode of Appointment : Project Mode. Accommodation not provided.	
<b>3. Research Fellow (4 posts)</b> for the <b>Department of Microbiology</b> Qualification : M.Sc. Life Sciences. Salary : As per institutional rules. Mode of Appointment : Project Mode. Accommodation not provided.	<i>Job Code</i> : 1486

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link : "Vacancies". *Hard Copies and emails will not be accepted*. Applications will close by August 12, 2023 for Items 2 and 3.

# **4. Lab Technician (External Designation – Project)** for the **Department of Clinical Haematology** (CMC Vellore, Ranipet Campus)

Qualifications: B.Sc., MLT / Any Graduate / Life Sciences / Any graduate with PG Diploma in MLT.
Consolidated Pay: Rs.20,000/-. Age Limit: 35 Years.
Job Description: To work in Project.
Note: Only Regular mode will be accepted, Private or correspondence will be not accepted.

Applications are to be done only through the online application system.

lease log on to https://www.cmch-vellore.edu/JobVacancy.aspx?jtype=ALL Link : "Vacancies". Hard Copies and emails will not be accepted. Applications will close by August 14, 2023 for Item 4.