

Christian Medical College Vellore

NEWSLINE



SEPTEMBER 18, 2023

A generous man will prosper; he who refreshes others will himself be refreshed.

Proverbs 11:25

Dr. Vinoo Mathew Cherian retires



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Dr. Vinoo Mathew Cherian, fondly known as Prof VMC, first joined the department of Hand Surgery and became a part of the CMC family, after having finished his diploma in Orthopaedics, in Govt. Medical College, Kottayam, Kerala. His days as a registrar in the department of Hand Surgery exemplifies his very personality as an extremely hard-working young surgeon, putting in his blood and sweat to learn and help his patients. This aspect of him stayed with him throughout his 31 years of service at CMC till he superannuated on 31st July, 2023.

After a short stint in Hand Surgery, Dr. Vinoo worked in the department of Anatomy for a year, before continuing his education in Orthopaedics – as a Non PG registrar prior to starting his MS in Orthopaedics. He has been an invaluable part of the department since then. In his early days, he has worked with the stalwarts of Orthopaedics at CMC – and became the man to rely on for all of them – a Man Friday of sorts. He went on study Leave (2004 September – Decembers 2005) to Northampton in the UK, furthering his knowledge and experience in the subject.

Dr. Vinoo Mathew Cherian retires

He became Professor in 2009 and was head of Orthopaedics Unit-I from May 2015 till he went on sabbatical leave to Bangladesh (June 2017 to December 2018) and upon return continued as head of the unit, and additionally became Head of the department from May 2019 till he retired in September 2020. He was also the Convenor of the Grievance Redressal Committee from February 2016 to June 2017.

As a young surgeon, Dr. Vinoo was adept at all kinds of surgeries, and never said no to a challenge – a fact demonstrated by his plethora of contributions to the department and the field of orthopaedics. His numerous publications span a vast array of subjects, delving into what are all now considered sub-specialisations in orthopaedics proving that he is an exception to the "jack of all trades, master of none" philosophy. He had an in-depth knowledge of all the specialisations and was always ready to lend a helping hand. His meticulous pre-operative planning, attention to detail and unparalleled skill in the operating room was a joy to witness. Enormous amounts of stamina and patience were attributes that made long surgeries less tedious. He had an extremely calming presence in the operating room (or just operating block too) which was reassuring to all his juniors and students, and the anaesthesia team as well. Anyone who was stuck with a dilemma during surgery need only call upon Dr. Vinoo, and he would be there, with his calming and reassuring presence to help with the tricky situation.

Dr. Vinoo was a gentleman Orthopaedician – one who seldom showed his anger and somehow even had a smile on his face through the trials of a stressful working day. His exemplary persona as someone you can always approach, was visible at every OPD. The first person to start and the last person to leave, a typical VMC trademark was true even upto his last OPD day in July 2023, and he would be calm and collected till seeing his very last patient off. Even the patients knew they would always be welcome in his room. He went out of his way to help patients even with nonorthopaedic problems. Patients came to him to get better - with his surgical skill or even just reassuring words and a gentle smile. Patients would rather wait and see him after 4 hours, than leave without seeing him. Despite his long list of OPD patients, students and all the surgeons of his team leaned on him for support, and he would provide it with a smile and plenty of encouragement. His compassion was beyond measure through the rigmarole of every workday. No patient was turned away, no student was asked to come back later, and everyone left his presence feeling like all is well.

Dr. Vinoo coached and taught so many young surgeons and postgraduates along the way, held their hand and always had their back. He has also navigated many students through their dissertations and theses, always an encouraging mentor to all his students. A teacher par excellence, he would teach his students through every OPD and every ward round. Dr. Vinoo has also been instrumental in getting MBBS students interested in the subject of Orthopaedics, even with the little exposure they had to the subject – a fact that is mirrored by the fact that he has been a recipient of the best teacher award in 2013.

They say that a good leader knows how to lead, delegates tasks well and is always there for his team. Dr. Vinoo was beyond a good leader - he was a great leader. Along with all the aspects of a good leader, he helmed the unit and department in a way that he empowered his team to go on without him at the helm, unlocking their potential to be better and do better. He helped shape the next generation of Orthopaedic surgeons at CMC and instilled in them the qualities and the confidence that they needed, which was evident in the fact that the operation theatre lists ran unhindered even if he were away, as they would usually run with him being around.

Apart from his love for work and surgery, Dr. Vinoos's love for his furry and feathered friends is well known. He loved his cats, and numerous videos of them playing with him and his family showed another side of him, that was not surprising at all. He is also an avid reader, with knowledge in subjects far outside the medical world.

Despite the busy work schedule at CMC, Dr. Vinoo has always given his family top priority, and the family has been an integral part of his journey – his wife, Dr. Suja, an accomplished Professor of Psychiatry at CMC has been a rock at his side. Dr. Vinoo M. Cherian and Dr. Suja Kurian have been blessed with two daughters Divya and Aleena, who have been the lights of his life. Dr. Vinoo has been a champion of the women students in both MBBS and in Orthopaedics with encouraging words and support.

As Dr. Vinoo starts a new journey, living close to his elderly parents – he leaves behind an unforgettable legacy. The department remembers with gratitude his innumerable and invaluable contributions to Orthopaedic Surgery, to CMC as an institute, his larger-than-life persona and his unwavering support to his department and hospital. As he takes his journey in a new direction, he will always be respectfully and lovingly remembered not just as Prof VMC, but as a mentor, teacher, guide, surgeon par excellence and a man beyond measure. We extend our love, deep gratitude to Sir, and wish him well for his future.

Risk Management in Laboratories

Quality Management Cell conducted a training programme on "Risk Management in Laboratories" in Co-ordination with CAHO (Consortium of Accredited Health Organization) on the 7th of September 2023 at Ranipet Campus, A Block, 7th floor, 60-Seater Hall. The programme was organised in view of the current version of ISO 15189:2022 for labs that stress on risk management and mitigation for medical testing labs. 35 participants from all laboratories in CMC Vellore attended in the programme.

The programme commenced with a prayer. Dr. Binila Chacko, Deputy Director (Quality) welcomed the participants and speakers. She emphasized on the importance of risk management and mitigation strategies for labs and include them as part of institutional risk register. Dr. Anila Mathan, Head, Hematology and Transfusion Medicine, Apollo Speciality Hospitals, Dr. CN Srinivas, Head of Lab Medicine, Fortis Hospitals, Dr. J. Jayalakshmi, Professor, Department of Microbiology, KMCH, Coimbatore took the sessions.

The speakers conducted group exercises stressing on methodologies to identify lab risks, evaluate them and strategies to mitigate the risks. The programme concluded with a vote of thanks by Mr. B. Rabindranath.











Training Programme on "Structured Methodology for Conducting **Quality Improvement Projects in Clinical Care**"

The Quality Management Cell organized a training programme on "Structured Methodology for Conducting Quality Improvement Projects in Clinical Care" on 7th and 8th September 2023 in the Conference room, New Examination Hall, Bagayam Campus. The training program was attended by Department Quality Managers (DQMs) from Clinical, Nursing, and Support Services with 36 participants on 7th September and 53 participants on 8th September, 2023.

The programme started with a prayer. Dr. Lallu Joseph, Institutional Quality Manager & Associate General Superintendent welcomed the gathering and emphasized the significance of conducting Quality Improvement projects in clinical areas. Dr. Ravi Kannan. R, Padma Shri Awardee, Chairperson NCG India QI Board, Surgical Oncologist, Director, Cachar Cancer Hospital & Research Centre, Assam. Dr. Nandini Vallath, Director NCG India QI Hub, Professor and Head, Department of Pain and Palliative Medicine, St Johns National Academy of Health Sciences, Bengaluru and Dr. Jenifer Jeba, S, Professor and Head, Palliative Care, CMC Vellore led the sessions with their expertise in Quality Improvement Projects through the A3 framework methodology.

This training is designed to aid the participants in establishing and performing similar Quality Improvement Projects in their respective departments. The programme concluded with a vote of thanks by Dr. Jenifer Jeba.

Training Programme on "Structured Methodology for Conducting **Quality Improvement Projects in Clinical Care**"







College of Nursing CMC Vellore, Chittoor Campus conducted the NSS Special Camp 2023

The NSS Unit of the College of Nursing CMC Vellore, Chittoor Campus conducted the NSS Special Camp for the NSS Volunteers in Thummindapalayam Village, Chittoor Mandal, Chittoor District from 28th August, 2023 to 2nd September, 2023. The camp Coordinators were Mrs. Yoneko Magdalene, M.Sc. Nursing Tutor, Mrs. Thamarai Selvi, Lecturer in Sociology and Mr. John Wesley, M. Sc. Nursing Tutor and was attended by B.Sc. Nursing II year students.

The camp was formally inaugurated on 26th August, 2023 at College of Nursing CMC Vellore, Chittoor Campus. Dr. Venkata Raghava Mohan, Professor and Head, CHAD delivered the Chief Guest address and encouraged the Camp Organizers and NSS Volunteers to perform the Social Service Activities heartfully.

The following activities were carried out by the NSS volunteers.

- 1. Village Health Survey: A health survey was done by the volunteers to know the health problems, the nutritional status of the children, the number of antenatal and postnatal and the productive group in the village.
- 2. Health Education: Throughout the week, sessions were conducted on Dengue prevention, Environmental Sanitation, Management of Snake bite, Self-breast Examination and Prevention of Cervical Cancer, Personal hygiene and Worm Infestation, Hand washing technique, Prevention and Management of Hypertension and Diabetes 4 Mellitus through mime, action song, folk songs and role play. Continued on Page 5

College of Nursing CMC Vellore, Chittoor Campus conducted the NSS Special Camp 2023

- **3. Shramadan and Tree plantation:** The NSS Volunteers cleaned the premises of Zilla Parishad High School, Thummindapalayam village and planted tree saplings in the premises. Mr. Hemadri, the Head Master of the school encouraged and appreciated the NSS Volunteers for their involvement in social service.
- **4. Social games:** Social games were organised for the NSS volunteers by Mr. Charles and Mr. Sam, Training Officers from RUHSA Department, CMC Vellore. Building home and understanding the community were the themes of the games. The volunteers actively participated and were able to learn interpersonal skills, leadership and team work.
- **5. Rally:** An awareness rally on 'Suicide Prevention' was conducted in the village. Mr. Hemadri, the Head Master flagged off the Rally. NSS Volunteers went around the village, carrying the placards with slogans insisting on the prevention of suicide.
- **6. Health Camps:** A general health camp, dental camp and a special camp for women to screen for gynaecological problems were organized in the village. Dr. Vibisha, Consultant, Community Medicine, Dr. Rachel, Junior Medical Officer, Dr. Anu Jose, Associate Surgeon, Dental Unit and Dr. Annie Prashanthi, Associate Professor, OBG Unit from CMC Vellore Chittoor Campus offered Consultation and Referral services to the village residents. Free medicines for diabetes and hypertension and vitamin supplements were distributed to the patients of CMC Vellore, Chittoor Campus.
- **7. School Health Programme:** There were 129 school children screened and common health problems like malnutrition, anaemia, impaired vision, dental caries, headache and common cold were identified. Healthy lifestyle practices were discussed and suggested to take the Iron supplementation provided by the Village Health Nurses.

On 2nd September, 2023 NSS Camp Valedictory programme was organised in the village of Thummindapalayam at 10.30 am. The chief guest Dr. Reginald Alex, Professor and Head, Department of Medicine, CMC Vellore, Chittoor Campus felicitated the NSS Volunteers and coordinators. Mr. Babu Naidu, President, Zilla Parishad Territorial Constituency (ZPTC), Mrs. Ranjini, President, Mandal Parishad Territorial Constituency (MPTC) and Mr. Suresh, Sarpanch who witnessed the activities of the students over a week attended the programme, encouraged them to continue their social services in the village and assured support in future.







College of Nursing CMC Vellore, Chittoor Campus conducted the NSS Special Camp 2023















Christian Institute for Health Sciences and Research (CIHSR)

A faculty development programme in medical education technology was held by the Medical Education Department, CMC Vellore, for the faculty of the **Christian Institute for Health Sciences and Research (CIHSR),** Dimapur, Nagaland, from 5th to 7th September, 2023. This programme included a 6-week distance learning module followed by the three-day contact programme. The programme was very well received by the participants. The Medical Education Department will continue to engage with CIHSR faculty for curriculum development over the next six months.



Basic Workshop on Artifical Intelligence

The Clinical Epidemiology Unit and Cochrane India CMC Vellore affiliate conducted a half a day workshop on "Artificial intelligence for the Health Care worker" on 1st September 2023 at CEU, ASHA building. The workshop was attended by 25 CMC staff from various departments. The workshop covered a very basic introduction to artificial intelligence, simple teaching examples in medicine, machine learning algorithms, potentials and pitfalls, opportunities and challenges. The resource faculty consisted of Dr.Mahesh Iyer, Scientist and Clinical trial expert, Pfizer, Hyderabad, Dr. Deepak Yeole, Associate Director, Statistical programming, Novartis, Hyderabad and Prof. L. Jeyaseelan, Adjunct



professor of CEU and Professor of Biostatistics in Mohammed Bin Rashid University, Dubai. Prof. Thambu David, Director of Cochrane India CMC Vellore affiliate and CEU was the course coordinator. The workshop was well received and appreciated by the participants.

CME on Acute Kidney Injury

The **Departments of Nephrology and Continuing Medical Education** organized a **CME on Acute Kidney Injury** on 9th September, 2023.

In the first talk, Dr. Nisha Jose discussed the challenges in defining acute kidney injury and the role of biomarkers. Dr. Chilakha Rajesh stressed the importance of appropriate nutrition, drug dosage, fluid-electrolyte management, and correction of reversible factors, which may reduce the need for dialysis. Dr. Selvin Sundarraj presented evidence to show that in most cases there is no benefit in very early initiation of dialysis. Dr. Vinoi David discussed the advantages, disadvantages, intermittent, continuous and hybrid methods of hemodialysis and concluded that SLED has many advantages especially in the low-resource setting. Dr. Edwin Fernando from Stanley Medical College Hospital presented data to show the scope for peritoneal dialysis as a simple cost-effective option in India. Dr. Jeethu Jose spoke on special considerations in patients with cardiac failure and hepatorenal syndrome. Dr. Utkarash Mishra concluded the CME with an overview of the mortality and prognosis after Acute Kidney Injury.

CME Department thanks the speakers, Dr. Vinoi David, the organizing chairperson, and Mrs. Hasna Rajesh from the Telemedicine Department.



Distance Education Unit conducts Virtual Valedictory Ceremony for State Mentors

The Valedictory ceremony for the first two batches of **State Mentors in the Community Health Officers** (**CHO**) **Mentorship programme**, which is a nation-wide mentorship programme run by the Distance Education Unit with the Government to support Health & Wellness centres across the country, was held on the 9th September 2023. The programme was held virtually to felicitate the 191 State Mentors who had fulfilled the certification criteria. Dr Vinitha Ravindran, Dean, College of Nursing graced the occasion as the Chief Guest.

The Community Health Officers Mentoring Programme aims at equipping 36,000 Community Health Officers (CHOs) to be able to run the Health and Wellness Centres in a comprehensive manner with adequate clinical, public health and managerial skills. This massive virtual mentoring program, the first of its kind in the country, harnesses multiple technology enabled systems and is designed through a cascade of academic teams of medical and nursing faculty, who serve as Master Trainers, National Mentors and State Mentors from all States and they train Community Health Officers across the country. This programme is a tripartite partnership between the Distance Education Unit and Christian Medical College Vellore (DEDU, CMC) the Bill and Melinda Gates Foundation (BMGF), and the

National Health Systems Resource Centre (NHSRC, MoHFW). The certified State Mentors are linked to 36 CHOs each and are currently mentoring more than 4000 CHOs.

Chief Guest Dr. Vinitha Rayindran lauded the State Mentors on their achievement and motivated them to continue make a difference. to Dr. Joy Mammen, Associate Director and Dr. Solomon Sathishkumar, Principal also felicitated the State Mentors. The State Mentors pledged solemnly to live by the college motto 'not to be served but to serve' as they continue to mentor their CHO mentees.





September 17 - 23, 2023

Special Prayers This Week

Pharmacy Service:

Dr. Selvamani B. and Staff

Pharmacology & Clinical Pharmacology:

Dr. Margaret Shanthi and Staff

Reynolds Memorial Hospital, Washim

Samavesam of Telugu Baptist Churches

Council Members: Dr. Devaraj Voola

Mrs. G. Jammuna Rani

Reformed Church in America

Evangelical Lutheran Church in America

Council Member: Mr. Y. Franklin Ishida

Welcome

- Dr. Ronald Albert Benton Carey, Professor, Medicine Unit-IV, on his return from study leave.
- Dr. Meghna Jiwanmall, Associate Professor, Department of Anaesthesia, on her return from study leave.

Laurels and Recognitions

• **Dr. Alen Antony Joy,** Research Officer, Department of Endocrinology has been awarded the 3rd prize. The RAJ ESICON 2023 meeting conducted in Jaipur for the topic entitled Profile of Thyroid Associated Ophthalmology in patients with Graves disease - collaborative venture between Endocrinology, Ophthalmology and Radiology.

Retirement

Mrs. Poonguzhali, Sr. Health Centre Auxiliary, CHAD, superannuated on 4th May, 2023 after 38 years of service. She is an active and hardworking staff and has contributed effectively to the growth of the department. Her passion to render quality care to patients was much appreciated in the department.

Her husband Mr.Subramani is a retired driver from PATC. Her eldest daughter Dr. Manvizhi, an Alumnus of CMC (MBBS -Batch of 1998, MD Pharmacology-Batch of 2009) is currently working in Thiruvannamalai Medical College as Ag. HOD of Pharmacology Department.



Her son, Mr. Ezhilvizhian completed M.A., B.L., and is practicing as a private lawyer in Vellore Court. Her youngest daughter Mrs. Meenvizhi, completed M.A., B.Ed and working as a Teacher at Arcot Global Matriculation School. Mrs. Poonguzhali is blessed with seven grandchildren (4 granddaughters & 3 grandsons). CMC wishes her a blessed retired life.

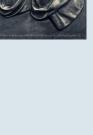
Obituaries

• Mr. Jayapal S, staff in VGS Canteen, CMC, father of Mr. Deva Kirubakaran J, Technician in ENT Department, Mr. Subash Kanna J, Electrician in Electrical Dept., and father-in-law of Mrs. Saroni. R, Staff Nurse, Q1E, passed away on 14th September, 2023.

Let us uphold his wife, Mrs. Kanagamani J and all the bereaved members of the family in our prayers.

• Mrs. Senthamarai, mother of Mr. James I, Technician, Neuro Operation Theatre, passed away on 17th September, 2023.

Let us uphold her daughter-in-law, Mrs. G. Rajeshwari, Endoscopy Department, grandchildren, Ms. Sharon J, Staff Nurse, I ward, Mr. Sajan, B.Sc. MLT student, CMC, Mr. Yobu, Anesthesia Technician and all the bereaved members of the family in our prayers.



Situations Vacant

1(a) Assistant Professor with **M.Ch** (**Cardiothoracic Surgery**) for the **Department of Cardiothoracic Surgery** Salary: As per institutional rules.

Accommodation provided (Partly Furnished, Depending on availability).

1(b) Assistant Professor with MD (Anaesthesia / fellowship in cardiac Anaesthesia)

Experience: Should have at least one year teaching exp as (Asst.Professor) in any NMC recognised teaching institution.

Salary: As per institutional rules.

Accommodation Provided (Subject to Availability).

2. Registrar (Non PG) with MBBS for the Department of Palliative Care Medicine

Salary: As per institutional rules.

Accommodation Provided (Subject to Availability).

Applications are to be done only through the online application system.

Please log on to https://www.cmch-vellore.edu/JobVacancy.aspx?jtype=ALL Link: "Vacancies".

Hard Copies and emails will not be accepted.

Applications will close by **September 30, 2023** for Items 1(a), 1(b) and 2.

3. Applications are invited for Summer Internship position under DST – SERB Project

Project Title: Investigation of the 'in vitro' and 'in vivo' protective effect of SPI – 1005 (Ebselen). A peroxynitrite scavenging, clinically safe investigational new drug in methotrexate induced small intestinal injury; investigation of its effect on peroxynitrite induced cell death signal transduction pathways. Funded by DST – SERB, Government of India, INDIA.

Student Assistantship (Internship) for the **Department of College Biochemistry**Job Code: 1493

Qualification: Pursuing M.Sc. Life Science.

Stipend: Rs.5000/- per month.

Project Duration: 2 Months.

Mode of Appointment: Project Mode.

Accommodation not Provided.

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link: "Vacancies". Hard Copies and emails will not be accepted.

Applications will close by **September 30, 2023** for Item 3.

4. Staff III Medical Lab. Technician for the Department of Dermatology

Qualifications: H.Sc., with Diploma in Medical Lab. Technician recognized by the CMAI and those who have completed 4 years of experience as Medical Lab Technician (Term Appointment) preferably in Dermatology Lab. or equivalent only need to apply.

Salary Scale: Rs.12762 - 510 - 25512 + DA & HRA as per rules.

Age Limit: 35 Years.

Note: Only Regular mode will be accepted, Private or correspondence will be not accepted.

5. Staff III Graduate Technician for the CHIPS (Computerized Hospital Information Processing Services)

Qualifications: Any bachelor's degree with Diploma in Computer Application (1 Year Course) and typewriting with 4 years of experience as Asst. Graduate Technician (Term Appointment) or equivalent with experience in Biometric Registration and data management, ID Card Processing and familiar with HR Processes in a hospital environment.

Note: Only Regular mode will be accepted, Private or correspondence will be not accepted.

Salary: 12762 - 510 – 25512 + DA & HRA as per rules.

Age Limit: 35 Years.

Situations Vacant

6. Technical Assistant (Project) for the Department of Community Health

Preference will be given those who have laboratory experience in handling environmental surveillance samples, DNA and RNA extraction and real time PCR.

Only male candidates need to apply.

Qualifications: B.Sc., MLT from Recognized University.

Consolidated Pay: Rs.26,540/-. Age Limit: 35 Years.

Note: Only Regular mode will be accepted, Private or correspondence will be not accepted.

Applications to be done only through online application system. Please log on to **http://www.cmch-vellore.edu** Link: General - "Vacancies".

Note: Only online applications will be accepted; Hard copies will not be accepted.

Applications will close on **September 25, 2023** for Items 4, 5 and 6.

7. AHS Medical Lab Technician (Term Appointment) for the Department of Clinical Virology (CMC Vellore, Ranipet Campus)

Qualifications: B.Sc., MLT from Recognized University / Regular mode will be accepted, Private or correspondence will be not accepted. Consolidated Pay: Rs.26,540/-.

Age Limit: 35 Years. Job Description: Lab Work.

8. Jr. Critical Care (Term Appointment) for the Medical ICU / MHDU (CMC Vellore, Ranipet Campus)

Qualification: B.Sc., Critical Care Technology from any recognized University OR Diploma in Critical Care Therapy obtained from CMC Hospital (H.Sc., with Two Year Diploma with one year internship).

Consolidated Pay: Rs.22,130/- Age Limit: 35 Years.

Note: Only Regular mode will be accepted, Private or correspondence will be not accepted. Job Description: To look after ICU Equipment and to assist with the care of critically ill patients.

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link: General -"Vacancies".

Note: Only online applications will be accepted; Hard copies will not be accepted. Applications will close on October 02, 2023 for Items 7 and 8.

9. Applications are invited in College Hill Kindergarten, Bagayam for the post of Principal

Qualification: M.Ed with B.Ed/ Montessori / TTC / Any Degree.

Work Experience: Minimum 10 Years with administrative experience

Preference will be given to the female candidates:

- 1. Fluent in English with good computer knowledge.
- 2. Hands on experience in handling kindergarten children.
- 3. Minimum 10 years of teaching experience.

Age: Above 40 years. **Salary:** Negotiable.

Interested candidates may apply to College Hill Kindergarten, Bagayam, Vellore. Phone: 63022 34966. Email: chkg.secretary@gmail.com on or before September 27, 2023 for Item 9.