

# CMC NEWSLINE

Vol.No.55 No.27 FOR PRIVATE CIRCULATION ONLY JANUARY 01, 2018

Therefore, if anyone is in Christ, he is a new creation; the old has gone, the new has come.  
2 Corinthians 5:17



## New Year Message from the Director's Desk

Dear friends,  
Every New Year brings with it new ideas, new challenges and new promises. This coming year 2018, is special as we remember God's faithfulness as we celebrate the centenary year in medical education. From the humble beginnings of "The Missionary Medical School" for women in 1918, God has blessed and enlarged the medical mission work in the country.



As we stand at the threshold of a new year and a new phase in the life of the institution, it is appropriate for us to *look back* and give thanks to our God. "This is what the Lord says; 'Stand at the crossroads and look; ask for the ancient paths, ask where the good way is, and walk in it, and you will find rest for your souls'" (Jeremiah 6:16). It would be good to join together to "Give thanks to the Lord, for he is good! His faithful love endures forever" (Psalm 136:1).

This time also provides us with an opportunity to *look inwards*. The psalmist cried out, "Search me, God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting"(Psalm 139: 23,24). As we look inwards and introspect we would be enabled to be moulded as vessels of honour.

Finally, it is a time to *look forward*. In these times of uncertainty and difficulty, we can be encouraged by the quote from Minnie Haskin's poem, "The Gate of the Year" read by King George VI on a New Year eve, "I said to the man who stood at the Gate of the Year, 'Give me a light that I may tread safely into the unknown.' And he replied, 'Go out into the darkness, and put your hand into the Hand of God. That shall be better than light, and safer than a known way.'" The Lord who has led us thus far will continue to do so in the coming year. "For I know the plans I have for you, declares the LORD, plans to prosper you and not to harm you, plans to give you hope and a future" (Jeremiah 29:11). What words of assurance! Can we have a better promise to begin this year!

I wish to conclude with the Aaronic blessing, "The Lord bless you and keep you; the Lord make his face shine on you and be gracious to you; the Lord turn his face toward you and give you peace" (Numbers 6: 24-26).

Dr. J.V.Peter  
Director

★ Happy  
New Year 2018 ★

Special Prayers: December 31, 2017 -  
January 06, 2018

**Psychiatry:** Dr. Mary Anju Kuruvilla and staff  
Dr. Deepa Ramaswamy and staff  
Dr. Suja Kurian and staff  
Dr. Paul Russell and staff

**Vellore Good Samaritan Canteen:**  
Mrs. Kalyani and staff

**Men's Intern Quarters**  
**Warden:** Dr. Rajiv Michael and staff

**Ladies' Intern Quarters**  
**Warden:** Dr. Selvamani and staff

**ELS Book Shop:** Mr. K. Jose and staff

**Central Bank of India**

**Post Office (College and Hospital)**

**Karpagam Co-operative Store**

**Sunday Services : January 07, 2018**

6.00 pm : **Scudder Auditorium**  
Dr. Kamel S. Kamel

6.30 pm : **Hospital Chapel**  
Rev. Jim M.R. Paul

5.00 pm : **Friendship Chapel, KPTR Campus**  
Rev. Dr. T. Arul Dhas

**Obituary:**

**Mr. R. Balasubramaniam**, father of Mr. Devendran, Clerk-Typist, Principal's Office (Research), father-in-Law of Mrs. Saranya, MCTT, OPD Services on 26<sup>th</sup> December, 2017.

Let us uphold all the bereaved members of the family in our prayers.

## Educational Initiatives

### Workshop on “HIV/AIDS: Nursing Perspectives”

The Department of Medical Nursing and CNE & Research (College of Nursing) in collaboration with the Department of Infectious Disease conducted a workshop titled “HIV/AIDS: Nursing perspective” on 11<sup>th</sup> December 2017. During the Inaugural session Dr. Selva Titus Chacko, Dean, College of Nursing, Dr. Premila Lee, Nursing Superintendent, Dr. Divya Doodhore Assistant Professor, Department of Infectious Diseases and Dr. Shirley David, HOD, Department of Medical Nursing gave their felicitations. The sessions included discussion on topics such as ‘Disease Burden, Pathophysiology & Diagnosis, Antiretroviral therapy, PEP, counseling, Nursing care and infection control. Four skill stations namely antiretroviral therapy, usage of PPE, management of exposure to eye and mucous membrane and mangament of Needle stick injury were organized. The Tamil Nadu Nurses and Midwives Council awarded 7 credit hours for this workshop.



### Professor Benjamin M. Pulimood Oration

The “10<sup>th</sup> Professor Benjamin M Pulimood” Oration was conducted by the Departments of Infectious Diseases and Internal Medicine on 01<sup>st</sup> December 2017. Dr. Thambu David, Professor & Head of Medicine Unit-II delivered the welcome address followed by a speech on the life of Dr. Benjamin M. Pulimood and the history of BMP oration by Dr. O.C. Abraham, Professor & Head of Medicine Unit-IV. Felicitations were offered by the Medical Superintendent Dr. Prasad Mathews and Principal Dr. Anna Pulimood. The 10<sup>th</sup> BMP oration was delivered by Professor Christopher Parry,



Honorary Senior Lecturer, Institute of Infection and Global Health, Consultant Microbiologist, Liverpool Clinical Laboratories and Royal Liverpool University Hospital on the topic “Typhoid Fever - Adapting Bench to Bedside”. Professor Parry is credited with unlocking the genome of typhoid bacillus and has been involved in various trials for development of a rapid diagnostic test for typhoid. He has also been instrumental in putting together a consortium from low and middle income countries for appropriate treatment of typhoid.

### International Short Course in Clinical Tropical Medicine



The Department of Infectious Diseases in collaboration with the Departments of Wellcome Microbiology and Clinical Microbiology hosted the “Eleventh International Short Course in Clinical Tropical Medicine” from 20<sup>th</sup> November to 02<sup>nd</sup> December 2017 at IDTRC; a two week long course with lectures, clinical bedside session and laboratory practicals in bacteriology, virology, parasitology and mycology. International faculty from the University of Liver pool UK,

McGill University Canada, Haukeland University and Center of Geographic Medicine & Tropical Diseases Norway, Ludwig-Maximillians University Munich Germany, Mount Auburn Hospital Cambridge, Massachusetts Harvard Medical School, Albert Einstein college of Medicine New York and faculty of CMC from the Departments of Wellcome Microbiology, Clinical Microbiology, Virology, Child Health III, Neurology, Neurosurgery, Dermatology, SLRTC Karigiri, CHAD and Infectious Diseases contributed actively to the learning process. A travel medicine workshop was also organised on 1<sup>st</sup> December, 2017. With travel emerging as an essential trend and people being more adventurous, this equips the traveler against risk. Relevant data can be accessed from travel networks like geo-sentinel and others.



## World Blood Donor Day observed

The Department of Transfusion Medicine and Immunohaematology conducted the valedictory ceremony of the World Blood Donor Day and the National Voluntary Blood Donation Day on 17<sup>th</sup> November, 2017. The event was inaugurated by Dr. Joy Mammen, Professor and Head. Dr. Dolly Daniel, Professor welcomed the gathering and Dr. Sukesh Nair, Professor introduced the concept of the Voluntary Blood Donor, followed by a felicitation by Dr. Ebor Jacob, Deputy Medical Superintendent and vote of thanks by Dr. Nitty S Mathews, Assistant Professor. The guests of honour were Mr. Joshua and Mr. Jayakaran frequent donors and donor motivators.



The celebrations began on 14<sup>th</sup> July, 2017, at a voluntary blood donation camp organized in Venkateshwara Polytechnic College, Adukkamparai, Vellore followed by a Tree planting ceremony in CMC medical college campus, Bagayam. Various competitions on the topic "Improving Repeat Voluntary Blood Donation" were held to create awareness about "Non- remunerated Voluntary Blood Donation" and "repeat voluntary donations". The prize winners of the competitions are given below:



**Poster competition:** Ms.V. Kalaivani (11<sup>th</sup> Std) Shrishti Vidyasharam and Mr. Murali Manohar (12<sup>th</sup> Std) Krishnaswamy Mudaliyar Hr. Sec. School won the first prize. **Essay competition:** Ms. Sushmitha, B.Sc. Biochemistry, Auxilium College, and Ms. Ashwini, B.Sc. Chemistry, DKM College, won the first prize. **Slogan Competition:** Ms. Christa Joycelin, Staff Nurse Neuro ICU and Ms. K Revathi, Staff Nurse Paediatric Casualty won the First prize. **Skit competition:** College of Nursing Group B won the first prize, Reproductive Medicine Unit, the second prize and, OT Anaesthesia won the third prize.

## Retirement



**Mr. R. Samuel Sargunar**, Senior Sel. Gr.II Technician, Department of Biostatistics retired on 8<sup>th</sup> November, 2017 after 34 years of dedicated service to the institution. His wife Mrs. P. Susheela, is the Principal of College Hill Nursery School. They are blessed with two children, Mr. S.Alan John and Ms. S.Kerenhappuch Susan.

CMC community is thankful for his years of dedicated service and wishes him a blessed retirement.

## M.Ch. Neurosurgery (6 year) Course Admissions – 2018

**M.Ch. Neurosurgery (6 year) Course Admissions – 2018:** Application form can be accessed only online (along with Medical Postgraduate Degree & Diploma / Fellowship application) through the College website <http://admissions.cmcvellore.ac.in/> till 7<sup>th</sup> February 2018. Please refer to Admission Bulletin (available at the College website) for Course details, eligibility criteria etc. All courses and admissions to the College are subject to applicable regulations by University / Government / Medical Council of India / Court.

REGISTRAR

[registrar@cmcvellore.ac.in](mailto:registrar@cmcvellore.ac.in)

## Institutional Sponsorship for Postgraduate Selections 2018

Applications are invited from candidates interested in applying for Institutional Sponsorship\* for the specialities indicated.

**Department:**Neurosurgery **Postgraduate Courses:** M.Ch. Neurosurgery (6 Years).

**\*Sponsorship does not guarantee selection into a course nor does it guarantee a teaching cadre. If selected, on completion of the course, sponsored candidates will be appointed to serve in any area considered appropriate by the Christian Medical College, Vellore. This could be either in the sponsoring department, other related departments or appointments in hospitals of supporting bodies and Churches of the Christian Medical College Vellore Council.**

Application forms for sponsorship are available from Vice Principal's Office PG Section or from the concerned departments. Kindly apply in duplicate to the Head of Department and Vice Principal's Office (PG Section) by **30.12.2017**. The decision of the CMC Sponsorship Committee will be communicated to the candidates latest by **15.01.2018**. If you do not receive the same by the said date, please contact Vice Principal's Office, PG Section.

## Institutional Sponsorship for Postgraduate Selections 2018

Applications are invited from candidates interested in applying for Institutional Sponsorship\* for the specialities indicated below:

• **Anaesthesia** - MD. (Anaesthesia) & DA; **Biochemistry** - MD. (Biochemistry); **Community Medicine** - DCH & MD. Paediatrics, DGO & MS. OG, MD. Family Medicine, MD. Community Medicine; **Dermatology**- MD. DVL & DDVL; **Family Medicine** - MD. Family Medicine; **Geriatric Medicine** - MD. (Geriatric Medicine); **General Medicine**- MD. (General Medicine); **General Surgery** - MS. (General Surgery); **Obstetrics & Gynaecology** - MS. (OG) & D.G.O.; **Nuclear Medicine** - MD. (Nuclear Medicine); **Ophthalmology** - MS. Ophthalmology / D.O; **Orthopaedics** -MS. Orthopaedics; **Paediatrics (Unit I & II), Paediatric Emergency, Paediatric Endocrinology, Paediatric Gastro & Hepatology,**

Continued on Page 4

**Paediatric Haematology / Oncology, Paediatric Nephrology, Paediatric Rheumatology, PICU, Developmental Paediatrics** - MD. Paediatrics & DCH; **Pathology** - MD. Pathology; **Physical Medicine & Rehabilitation** - MD. PMR; **Psychiatry** - MD. (Psychiatry); **Radiodiagnosis** - MD. (Radiodiagnosis); **Radiotherapy** - MD. (Radiotherapy); **Respiratory Medicine** - MD. (Respiratory Medicine).

• **Chittoor Campus** - MD. General Medicine, MD. Paediatrics & DCHMS, Obstetrics & DGO, MS. General Surgery, MD. Anaesthesia & DA, MD DVL & DDVL, MS. Orthopaedics & D.Ortho, MD. PMR, MS. Ophthalmology & DO, MS. ENT & DLO, MD. Psychiatry & DPM, MD. Radiodiagnosis & DMRD, MD. Geriatrics, MD. Anatomy, MD. Physiology, MD. Biochemistry, MD. Microbiology, MD. Transfusion Medicine & DCP, MD. Community Medicine, MD. Pharmacology, MD. Family Medicine.

• **Nephrology** - MD. General Medicine / Paediatrics; **Cardio Thoracic Surgery** - MS. General Surgery; **Accident & Emergency Medicine** - MD. General Medicine, MD. Anaesthesia, MS. Ortho, MD. Respiratory Medicine, MS. General Surgery; **Critical Care** - MD. Gen. Medicine, MD. Respiratory Medicine, MD. Anaesthesia & DA; **Palliative Care** - MD. Radiotherapy & DMRT, MD. Family Medicine, MD. Geriatrics, MD. General Medicine, MD. PMR; **RUHSA** - MD. Community Medicine, MD. General Medicine, MS. General Surgery, DCH & MD. Paediatrics, DGO & MS. OG.

• **Neurosurgery** - M.Ch. Neurosurgery (6 Years).

\***Sponsorship does not guarantee selection into a course nor does it guarantee a teaching cadre. If selected, on completion of the course, sponsored candidates will be appointed to serve in any area considered appropriate by the Christian Medical College, Vellore. This could be either in the sponsoring department, other related departments or appointments in hospitals of supporting bodies and Churches of the Christian Medical College Vellore Council.**

Application forms for sponsorship are available from Vice Principal's Office PG Section or from the concerned departments. Kindly apply in duplicate to the Head of Department and Vice Principal's Office (PG Section) by **04.01.2018**. The decision of the CMC Sponsorship Committee will be communicated to the candidates latest by **20.01.2018**. If you do not receive the same by the said date, please contact Vice Principal's Office, PG Section.

## Situations Vacant

**1. Assistant Professor with M.Ch. (Vascular Surgery) for the Department of Vascular Surgery**

Salary scale : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

**2. Senior Resident with M.D. (Emergency Medicine) / M.D. (Pulmonary Medicine) for the Department of Emergency Medicine**

Salary scale : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

**3(a) Senior Resident Gr.III with MD / DNB Paediatrics for the Paediatric Emergency Service**

Salary : Rs.44,940/- (Consolidated).

**3(b) Registrar (Non PG) with MBBS for the Paediatric Emergency Service**

Salary : Rs.19,250/-.

Accommodation provided (Partly Furnished, Depending on availability).

**4. Tutor Gr.IV with BPT Graduate IAP recognized College / University for the Department of Physical Medical and Rehabilitation (PMR)** Should have completed 6 months of compulsory internship on or before 30.12.2017.

Age limit : Below 30 Years. Salary scale : Approximately Gross Salary: Rs.20,963/-.

Accommodation not provided.

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID. & full address to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 or by e-mail [princi@cmcvellore.ac.in](mailto:princi@cmcvellore.ac.in) on or before **January 06, 2018** for items 1, 2 and **January 13, 2018** for items 3(a), 3(b) and **January 15, 2018** for item 4.

**5. Coordinator (Project Mode) for the Department of Pulmonary Medicine to work in "Diploma in Allergy, "asthma distance education course"**

Qualification : Master's Degree + 1year experience in Office Records Management / B.Tech. / BE / M.Sc. / MA, preferably with MBA. Good written and oral communication skills in English and Computer skills are essential. Experience in co-ordination of Educational Programmes and working experience with international projects preferred.

Salary: As per institutional rules.

Age limit : 30 years & below.

Applications to be done only through online application system. Please log in to <http://www.cmch-vellore.edu>

Link: "Vacancies". *Note : Only online applications will be accepted; Hard copies will not be accepted.*

Applications will close on **January 06, 2018** for Item 5.

The **CMC Employee Co-operative Society's 66<sup>th</sup>** general body meeting will be held at 4.40 pm on January 5, 2018 (Friday), at the Kuttumbiah Hall, ASHA Building.



# CMC NEWSLINE

Vol.No.55 No.28 FOR PRIVATE CIRCULATION ONLY JANUARY 08, 2018

For in the same way as you judge others, you will be judged, and with the measure you use, it will be measured to you.

Matthew 7:2



## Christian Medical College, Vellore Celebrating a Centenary of Medical Education 1918-2018

It was on August 12, 1918, that the first batch of Licentiate Medical Students was admitted to CMC. Imagine for a moment what Ida Scudder might have felt- pride, gratitude, nervousness.....A hundred years have passed since then, and we step into 2018, Christian Medical College Vellore looks back with gratitude and looks ahead with hope and expectation. Countless students have trained in the portals of the Institution, carrying with them more than mere knowledge of Anatomy or Pathology, Surgery or Medicine. Countless teachers have imbibed them with a sense of medicine as a calling. And so many of them, teachers and students alike, have responded, in their own ways, to the 'three knocks' on the doors of their lives.

To commemorate this landmark occasion, the Institution is organising a series of meaningful events. We begin with a **Service of Thanksgiving** scheduled for Sunday, January 14, 2018 in the Scudder Auditorium at 6.00 p.m. Dr. Kuruvilla Varkey, former Chairman of the CMC Council will be the Speaker at this Service. On January 19, 2018, the Centenary Celebrations will be officially inaugurated during the Council meetings. This programme will be held in Scudder Auditorium. A Coffee Table book on CMC, titled '*Healing for the Nations*' will be released on the occasion. A **Centenary Run** between the CMC Hospital Campus and the CMC Bagayam Campus is scheduled for January 26, 2018. This is being organised by the Department of Radiology. Further details regarding the event will be circulated separately.

Throughout the year, the Institution will be inviting eminent personalities from different walks of life under the **Luminary Lecture Series**. The aim of this series of lectures is to listen and learn from people, who by their work and life, have empowered and transformed societies, have contributed to our national life or are role models for the youth. Some invited personalities include Shri Bezwada Wilson (Ramon Magsaysay Awardee 2016), Dr. Gopalkrishna Gandhi (Former Governor of West Bengal and the grandson of both Mahatma Gandhi and Shri C. Rajagoplahari), Mr. Romulus Whitaker (Founder of the Madras Crocodile Bank), Ustad Amjad Ali Khan (Sarod virtuoso), Mr. Rahul Dravid(Cricket), Dr. Tessa Thomas (Scientist) etc. The first Lecture will be delivered by Shri Bezwada Wilson on February 28, 2018 at 6 PM in Scudder Auditorium.

The Institution will also be hosting two National Conferences with Medical Education as their theme- the **Conference on aligning the National Health Policy with Medical Education** is scheduled for June 2018 as part of the Centenary Year celebrations, while the **Conference on Leadership in Medical Education** will take place in October 2018.

Apart from these events, we hope to hold small health camps throughout the year in collaboration with the Rotary Club of Vellore. '*Living our Legacy*', a column by Mrs. Usha Jesudasan will feature twice a month in the CMC Newsline. This thought provoking series will focus on the experiences and challenges that our Founder and other stalwarts faced, and draw meaning and encouragement for us in the present. The Alumni Association will also be organising special events, including a Photographic Exhibition, around the Alumni Reunion scheduled for August 9 – 11, 2018. The Association is also compiling a series of write-ups on various features of campus life and significant contributions of CMC.

Details of all Events will be communicated to the Community. A dedicated website for the Centenary Year will be launched by January 15, 2018. We invite you to participate in these programmes as well as to uphold the planning and organisation of the Centenary Year in your prayers. Let this be a time of remembrance for all that has been; a time to remember the many teachers-pioneers and stalwarts- who have shaped the lives of generations of students, and a time to thank God for the wondrous way in which He has led and continues to lead our beloved institution. **Email: [centenary@cmcvellore.ac.in](mailto:centenary@cmcvellore.ac.in)**

**Special Prayers: January 07 - 13, 2018**

**Directorate:** Dr. J.V. Peter and Staff

**Promotion and PTP Office:**

Dr. Rita Isaac and Staff

**Hospitality and International Relations:**

Dr. J.V. Peter and Staff

Dr. Gigi Chandy and Staff

Mrs. Molly Rajaiah and Staff

**Info Reception and Main Enquiry:**

Dr. Prasad Mathews and Staff

**CMC Association:** Dr. M.C. Mathew and Staff

**Quality Management Cell:**

Dr. Suceena Alexander and Staff

**Development Office:** Mr. Hugh Skeil and Staff

**Missions Department:**

Dr. Sukriya Nayak and Staff

**Chittoor Campus:** Dr. Nihal Thomas and Staff

Dr. Premila Lee and Staff

**Kannigapuram Campus:**

Dr. Anil Kuruvilla and Staff

**CSI Trichy - Tanjore Diocese**

Council Members:

Rt. Rev. Dr. G. Paul Vasanthakumar

Dr. M.P. Kalaiselvan

Hospital: CSI Hospital, Trichy and others

**Sunday Services : January 14, 2018**

6.00 pm : **Scudder Auditorium**

Dr. Kuruvilla Varkey  
(Centenary Thanksgiving Service)

6.30 pm : **Hospital Chapel**

Rev. Ron Coughlin,  
Biblical Storytellers, Canada

5.00 pm : **Friendship Chapel, KPTR Campus**

Mrs. Linnea Good (Canada) &  
Heart and Voice Team

**We welcome :**

**Dr. Karen Ruby Lionel**, Associate Professor,  
Department of Anaesthesia on her return from  
study leave.

## Another milestone to the institution from the Department of Cardiology



The Department of Cardiology added yet another milestone on 1<sup>st</sup> December 2017 when a Transcatheter Aortic Valve Implantation (TAVI) procedure using a balloon expandable valve was done for the first time at Christian Medical College hospital, Vellore by a team of doctors led by Dr. John Jose E. (Professor, Cardiology Unit II). TAVI- was first performed in CMC in January 2017 by Drs. John Jose, Sujith Chacko and Subhranshu Dey, when a self-expanding valve was deployed in a patient with severe aortic stenosis.

The present procedure was performed by a team that included Dr. John Jose E. (primary operator), Dr. Subhrangshu Dey (first assistant; Associate Professor, Cardiology-II), Dr. Sharath Babu (second assistant; Assistant Professor) and Dr. Paul V. George (Professor & Head, Cardiology unit II). The core implantation team was supported by Dr. Sirish, Dr. John Roshan (Cardiac Electrophysiology), Dr. Sudhakar P. and Dr. Gopal Ghosh (Assistant Professors, Cardiology). Anaesthesia was provided by Dr. Rahul Pillai, Dr. Kirubakaran and Dr. Raj Sahajanandan and the Cardiothoracic Surgery Unit (Dr. Vinayak Shukla, Dr. Roy Thankachan, Dr. Korah) provided back up support. The patient was discharged with a much better cardiac status within a weeks' time after the procedure. The heart team is thankful to Dr. Sunil Chandy, Dr. Oommen George (Head, Cardiology), and other senior faculty for their support and encouragement. Special thanks is extended to the Department of Radiology (Dr. Aparna and Dr. Elizabeth), Department of Neurology (Dr. Ajith Sivasadan) and Department of Vascular surgery (Dr. Prabhu, Dr. Edwin .S) for their inter-departmental assistance and co-operation.

## 'EXCEL' – A programme to develop efficient leaders

The Department of Hospital Management Studies and Staff Training & Development along with the Missions Department and CME Department conducted the “1<sup>st</sup> Excel – Empowered to Excel as Efficient Leaders” a programme for medical doctors, nurses and health professionals from CMC and other mission hospitals on 16<sup>th</sup> & 17<sup>th</sup> October 2017. This programme was designed with a hope to empower young medical professionals to excel as efficient team members by enhancing their leadership and managerial skills, required to run hospitals as per current statutory norms in the country. The programme began with prayer and message by Rev. Lalbiaksanga Pachuau, followed by an inauguration by Dr. J.V. Peter, Director. Felicitations were shared by Dr. Anna Pulimood, Principal, Dr. Prasad Mathews, the Medical Superintendent, Dr. Sukria Nayak, Associate Director Missions, Dr. Sam David, Missions Network Consultant and Mr. Devendra Chowdhury, the Resource Person. The sessions during the programme was effectively handled by trained and qualified resource persons on a variety of topics which were highly informative.

Dr. J.V. Peter, Director, led a power packed session on “leading people and managing problems”. Mr. Devendra Chowdhury, Training Consultant, Bangalore took an encouraging session on “Communication”. Mr. Pinto, Deputy Treasurer, and Mr. Hugh Skeil, Manager Development Office jointly handled the session on “Financial Management”. Dr. Lallu Joseph, Quality Manager, took an energetic session on “Quality in the area of healthcare delivery, standards and accreditation - Raising the bar”. Dr. Anbu Suresh, Medical Superintendent, SMH Ranipet took a motivating session on “Strategic Human Resource – Operational Efficiency – A case study”. Dr. B.J. Prashantham, Director, Christian Counselling Centre took an impactful session on “Effective Interpersonal Relationships”. Mr. Samuel Abraham, Sr. Law Consultant, took an interactive information filled session on “Legal requirements to deal with patients in Hospitals – Few points to prevent patients litigations”. Mr. Joseph Selvaraj, Manager and In-Charge, Stores took a detailed session on “Materials Management”. Dr. Samuel N.J. David, Sr. Manager & Head, department of Hospital Management Studies and Staff Training & Development handled two thought provoking session sessions on “Strategic overview of the major changes in the healthcare environment nationally and internationally – A need to change” and “Leadership – Styles & Grids” and was assisted by Ms. Sonia Valas X, Officer (Admin.). The programme was well appreciated and awarded with 20 CME credit points from the Tamil Nadu Dr. MGR Medical University.

## Report on Adolescent Health Week

Departments of Paediatrics and Paediatric Nursing celebrated Adolescent Health Week from 27<sup>th</sup> November, to 2<sup>nd</sup> December, 2017, under the auspices of Indian Academy of Paediatrics. As part of the celebrations health education programmes were organised in the wards and in government and government aided schools. Interactive sessions were held on topics such as adolescent nutrition, sleep, exercise, pubertal changes, adolescent brain, substance abuse, road safety, cybersafety, sexual health and sexual abuse. On 2<sup>nd</sup> December 2017, a meeting was organized in the Hope House, by Mr. Ruby Nakka where Ms. Esther Kanth conducted a health education programme for the children and adolescents residing in Hope House. A talk was also delivered by Dr. Mona Basker on common adolescent health problems, followed by a discussion with lay leaders from the community working in Jawadhi Hills and urban slums of Vellore.



## First Off-site Blood Collection Facility Inaugurated



CMC's first Off-site blood collection facility at the CMC Hospital Annexe, RTO Office road, Sathuvachari was dedicated on 21<sup>st</sup> December 2017. Dr. Rohit Amrithanand, Deputy Medical Superintendent, inaugurated the facility. The facility will be open on week days (Monday to Saturday) between 7.00 am to 11.00 am for registered CMC patients to submit routine blood and other samples that have been ordered by their doctor and paid for during their visit to the hospital. Samples will be transported in insulated containers to CMC for testing by the respective departments. The patients can

visit the hospital after giving samples to see the doctor.

## CSE on "Recent Advances, complications and challenges in Renal Replacement Therapy & Non Reconstructible Infra-inguinal Peripheral Arterial Disease"

The Department of Vascular Surgery successfully conducted a Continuing Surgical Education (CSE) titled "*Recent Advances, complications and challenges in Renal Replacement Therapy & Non Reconstructible Infra-inguinal Peripheral Arterial Disease*" from 17<sup>th</sup> to 18<sup>th</sup> November 2017 at C.K. Job Hall, Paul Brand Building. Professor Shervanthi Homer-Vanniasinkam from Leeds General Infirmary-UK delivered a lecture which stressed that treatment should be - Affordable, Accessible and Appropriate, for patients. The CSE received 10 credit points from the Tamil Nadu Dr.MGR Medical University and was attended by over 100 delegates.



## Congratulations!

- **Dr. Vikram Mathews**, Professor & Head of Haematology and Associate Director (Admin) has been recommended to be elected as a Fellow of the Indian Academy of Sciences.
- **Dr. Sudipta Dhar Chowdhury**, Professor, Department of Gastroenterology received the First Prize for Endoscopic Video presentation paper entitled "EUS Guided Gastrojejunostomy for Afferent Loop Syndrome" at SGEI (Society of Gastrointestinal Endoscopy of India) session during Indian Society of Gastroenterology Conference 2017 held at Bhubaneshwar on 17<sup>th</sup> December, 2017.
- The following participants' received prizes at the 44<sup>th</sup> National Conference of Association of Clinical Biochemistry held at King George Medical University, Lucknow on December 2017.  
**Mr. Joseph Dian Bondu**, Lecturer was awarded the "ACBI -IFCC Task Force Young Scientist Award" for paper presentation.  
**Mrs. Janani Iswarya**, Lecturer received the Best Poster Award titled "HbA1C Measurement in Sodium Fluoride EDTA tube (A single tube for measuring HbA1C and Glucose)".
- **Dr. Deekshith R.M.**, second year Fellow in Implant Otology, Department of ENT unit IV, received the first runner up prize for video presentation titled 'Subtotal Petrossectomy with blind sac closure in left congenital cholesteatoma of petrous apex extension' at AOI midterm national conference (AOIMIDCON 2017) held at Mangaluru on the 1<sup>st</sup> to 3<sup>rd</sup> December 2017".

## Memoranda

- **Dr. Suceena Alexander**, Deputy Director (Quality Management) will be incharge of Quality Management on her return from study leave.
- **Dr. Suganthy J.**, Deputy Registrar - Medical College is appointed Registrar (Pro-Tem) for Medical Postgraduate Admission process 2018 with effect from 3<sup>rd</sup> January, 2018.

## Retirement



**Mr. G. Shanmugam**, Sr. Hospital Attendant, Microbiology retired on 1<sup>st</sup> January, 2018 after 36 years of dedicated service to the institution. He has two sons Mr. Udayakumar, Mr. Vignesh and a daughter Ms. Lakshmi.

CMC community is thankful for his years of dedicated service and wishes him a blessed retirement.



## Situations Vacant

**1. Senior Resident with MS (Ophthal)** with interest in Retinal Diseases with standard Institution criteria as per new MCI rules for the **Department of Ophthalmology**

Age limit : <40 years. Salary : As per institutional rules.  
Accommodation provided (Partly furnished, depending on availability).

**2. Lecturer Gr. III (AHS) with Master in Prosthetics and Orthotics (MPO – Regular Degree)** from Rehabilitation Council of India (RCI) recognized institution for the **Department of Physical Medicine & Rehabilitation (Prosthetic & Orthotic Services)**. Salary scale: As per institutional rules. Accommodation not provided.

**3. Senior Demonstrator (NM) with M.Sc. in Clinical Nutrition & Dietetics / Food Science & Nutrition / Food Service Management & Dietetics with B.Sc. degree in Nutrition Dietetics / Food and Nutrition or Home Science** for the **Department of Dietetics**

Salary scale : Rs.10,910-23,905/-. Accommodation not provided.

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and full address to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 or by e-mail [princi@cmcvellore.ac.in](mailto:princi@cmcvellore.ac.in) on or before **January 20, 2018** for items 1, 2 and 3.

**4. Senior Research Fellow** for the **Bioengineering Department**

**Job Code: 1225**

Qualification: ME / M.Tech in Bioengineering / Biomedical / Computer Science / Electrical / Electronics / Mechanical Engineering and Additional Training / Research Experience in Bioengineering / Biomedical Engineering is desirable.

Skills: PC and Microcontroller programming. Circuit Design and Assembly, Mechanical fabrication. Mode of appointment: Project mode. Consolidated salary : Rs.28,000/- per month with 20% HRA. Accommodation not provided.

Download application from this link: <http://www.cmch-vellore.edu/> → General → Vacancies → Application Form for Project Staff. The print out of the application with certificates and testimonial copies should be sent to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 on or before **January 31, 2018** for Item 4.

*Note: Please mention the job Code in the application form. The application without Job code will not be accepted.*

**5. Staff III Optometrist** for the **Department of Ophthalmology**

Qualifications: H.Sc. with two years CMAI Diploma in Optometry Course (Preferably in CMC) / B.Sc. Optometry Course (Preferably in CMC) and preference will be given to candidates with good inter-personal skills.

Salary: As per institutional rules. Age limit : 35 years.

**6. Staff III Optometrist (Project)** for the **Department of Ophthalmology**

Qualifications: Candidates who have completed Diploma Optometry / B.Sc. Optometry Course (Preferably in CMC) and preference will be given to candidates who have trained in contact lens specialty with good inter-personal skills.

Salary scale : As per institutional rules. Accommodation not provided. Age limit : 45 years.

Job description: Person will be required specialization in contact lens applications including advanced treatment for Keratoconus and Scleral lenses for dry eye.

**7. Social Worker Gr. V** for the **Paediatric Intensive Care Unit (PICU)**

Qualifications : MSW / MA (Social Work / Sociology) / M.Sc. (Medical Sociology) – Only female candidates need to apply.

Salary scale : As per institutional rules. Accommodation not provided. Age limit : 35 years.

Job description: Counselling the patients / Assisting the clinician in taking history to assess the socio-economic status / Data Entry.

**8. Staff III Dietitian** for the **Dietary Department**

Qualifications : PG Diploma in Dietetics / Clinical Nutrition & Dietetics / Food Science & Nutrition / Food Service Management & Dietetics. (OR) M.Sc. in Clinical Nutrition & Dietetics / Food Science & Nutrition / Food Service Management & Dietetic. The candidates should have Dietetics / Food Science and Nutrition or Home Science degree at undergraduate level.

Salary scale : As per institutional rules. Age limit : 35 years. Job description : To provide Nutritional care for patients.

Applications to be done only through online application system. Please log in to <http://www.cmch-vellore.edu>

Link: "Vacancies". *Note : Only online applications will be accepted; Hard copies will not be accepted.*

Applications will close on **January 22, 2018** for Items 5, 6, 7 and 8.

**9. Artisan (Non-ITI)** for the **Biomedical Engineering Department**

Qualifications : VIII Std. (Pass) + 4 years' experience. Salary : As per institutional rules. Age limit : 35 years & below. Preference will be given to candidates who have work experience in Pneumatic tube system and in Electronics.

Applications to be done only through online application system. Please log in to <http://www.cmch-vellore.edu>

Link: "Vacancies". *Note : Only online applications will be accepted; Hard copies will not be accepted.*

Applications will close on **January 20, 2018** for Item 9.

# CMC NEWSLINE

Vol.No.55 No.29

FOR PRIVATE CIRCULATION ONLY

JANUARY 15, 2018



## Special Issue

### *Living Our Legacy* **God Has Been So Good To Me**



**T**his year, 2018, we celebrate the Centenary of the Christian Medical College, Vellore. For those who live and work in CMC Hospital and College, life is a busy routine of activities - whether one is a doctor, nurse, allied health worker or one of the many clerical and service staff. There is very little time for deep soul - searching moments. Even less time for discussion. Whoever you are, it is good to stop and think for a moment. This is the place where you spend the most number of hours during a day. How do you spend those hours? Do they rush by leaving you tired and worn out, or do you see or do something every day to refresh and inspire you?

Dr. Ida Scudder, the founder of the hospital and college could not have imagined that the little hospital she once started, along with a training programme for nurses, and a medical college for women would, in a hundred years, have grown into this magnificent citadel of medical education and care.

Towards the end of Dr. Scudder's life, the writer Dorothy Clarke - Wilson came to India to spend some time with her to record her conversations and memories. This later became a valuable biography of Ida Scudder, and of her vision and service. Looking at the imposing buildings, the bustle of activity in the hospital contrasting with the peaceful expanse of landscaped gardens in the college, and hearing about the new rural programmes, the mental health centre and the leprosy hospital in Karigiri, Dorothy Clarke - Wilson asked Dr Scudder, "Don't you feel great satisfaction when you look around you at all this and remember how it all started?"

One would imagine that Dr. Scudder would have felt great pride, and an immense sense of fulfillment at what she had achieved over the years. But instead she looked at her friend and said, "*God has been very good to me.*" Dorothy was both surprised and very moved by this response. She had expected some expression of pride, or at least excitement, that all this had been achieved despite early hurdles and disappointments. But no! Dr. Scudder looked around...and again she said, "*God has been very good to me.*"

*Continued on next page*

## **Living Our Legacy - God Has Been So Good To Me**

This phrase, and Dr. Scudder's attitude to the value of service is something we need to be reminded of as we begin a new year, and especially as we celebrate a hundred years of service - oriented training. We could so easily become self-obsessed with our own achievements..... the patients we heal, the papers we publish, the research we do, and the recognition and awards that sometimes come our way. We may start thinking, "I did this!", forgetting those who toiled and sacrificed behind the scenes to make our dream become a reality.

Let us learn to look at our work and our lives through Dr Scudder's eyes and feel through her heart. To remember that every achievement of ours is a sign of *God's gracious goodness to us*. When we look at our successes and accomplishments this way we become both immensely grateful and humbled.

*Usha Jesudasan*  
*ushajesudasan@gmail.com*

*Living our Legacy, by Mrs. Usha Jesudasan, is a thought provoking series that introspects our history and legacy through the experiences and challenges that our founder, Ida Scudder and other stalwarts of CMC faced, and draws meaning and encouragement for us in the present.*

*Usha Jesudasan is a writer who lives in Vellore and has had a close relationship with CMC for over 4 decades. For many years she wrote the weekly meditation 'Let's Think Together' for CMC. She is the author of several books. Her two bestselling books are 'I Will Lie Down In Peace' (the story of her young family's confrontation with illness and death) and 'Two Journeys' (the journeys two women have to take when cancer enters their lives). She is also the co - author of 'Living In Harmony', a graded series of Peace and Value Education books for children from Class 1-10.*





# CMC NEWSLINE

Vol.No.55 No.29 FOR PRIVATE CIRCULATION ONLY JANUARY 15, 2018



If I speak in the tongues of men and of angels, but have not love,  
I am only a resounding gong or a clanging cymbal. *1 Corinthians 13:1*

## 3<sup>rd</sup> Annual Renal Symposium and 13<sup>th</sup> Renal Clinical Conference



The 3<sup>rd</sup> Annual Renal Symposium and the 13<sup>th</sup> Renal Clinical Conference were held on 5<sup>th</sup> and 6<sup>th</sup> of January 2018 on the topic “Fluid, Electrolytes, Acid-Base Disturbances and Acute Kidney Injury”. The objective of the symposium was to provide a comprehensive, yet practical approach to evaluation and management of these disorders through an emphasis on a strong conceptual background, liberally illustrated with case vignettes. The Renal Clinical conference aimed at providing training for the nephrology trainees by allowing them to present cases and interact in active discussion with the faculty and delegates.

The event started with prayer at 8.30 am and felicitations by Dr. Biju George, Dr. Anna Pulimood, Dr. Joy Mammen, Professor Chakko Korula Jacob and Professor V. Tamilarasi. The event witnessed over 180 delegates from various parts of India, including adult and paediatric nephrologists, medical and paediatric consultants and trainees, intensivists, physiologists, clinical pharmacists and interns.

The international faculty were Professor Kamel S. Kamel from St. Michael’s Hospital, University of Toronto and Professor George T. John from Brisbane. The national faculty included former Heads of the department Professor. Chakko Korula Jacob and Professor V. Tamilarasi, Professor Vimala Ammal and Professor Susan Uthup from Trivandrum, Professor N. Gopalakrishnan and Professor Edwin Fernando from Chennai, Professor Mohan Rajapurkar from Nadiad, Professor Abhijit Taraphder from Kolkata, Amit Gupta from Lucknow, Dr. Rajasekara Chakravarthy from Hyderabad, Dr. Suman Lata from Delhi. The intramural faculty were Professor Nihal Thomas from the Department of Endocrinology, Diabetes and Metabolic disorders; Professor Kishore Pichamuthu from MICU and Dr. Smita Mary Matthai from the Central Electron Microscopy Unit.

**Special Prayers: January 14 - 20, 2018**

### Anaesthesia :

Dr. Sajan Philip George and Staff  
Dr. Tony Thomson Chandy and Staff  
Dr. Ramamani M. and Staff  
Dr. Raj Sahajanandan and Staff  
Dr. Ekta Rai and Staff

### Operation Theatre:

Dr. Gahukamble Abhay Deodas and Staff  
Mrs. Florence Segaran and Staff

**SICU & HDU :** Dr. Subramani K. and Staff  
Dr. Premila Lee and Staff

### Christian Assemblies in India

Council Members: Dr. P.C. Cherian  
Adv. Raju M. Koshy

Hospital: Tiruvalla Medical Mission,  
Sankeshwar Mission Hospital,  
Women's Hospital, Ambajipeta,  
Narsapur Christian Hospital and others

### Sunday Services : January 21, 2018

6.00 pm : **Scudder Auditorium**  
Mr. Durai Jasper  
(AHS Baccalaureate Service)

6.30 pm : **Hospital Chapel**  
Prof. Isaac Prashanth

5.00 pm : **Friendship Chapel, KPTR Campus**  
Mr. Paul Ravikumar

There was a special session for the nephrology trainees and the post graduates led by Professor Kamel. He took a series of informative lectures and trained the post graduates on varying aspects of “electrolyte and acid-base physiology” followed by combined sessions by Dr. Mandeep and Dr. Neelaveni from General Pathology and Dr. Smita Mary Matthai.

The event was awarded 20 CME credit points from the Tamil Nadu Dr. MGR Medical University.



## Workshop on "Peritoneal Dialysis - Trends and Updates"

The Departments of Medical Surgical Specialty Nursing III and Continuing Nursing Education & Research of College of Nursing conducted a workshop on 'Peritoneal Dialysis – Trends and Updates' on 7<sup>th</sup> December 2017.

The workshop began with prayer and devotion by Rev. Rainard Pearson followed by felicitations by Dr. Selva Titus, Dean, College of Nursing, and Dr. Santosh Varughese, Acting Head, Department of Nephrology and Dr. Premila Lee, Nursing Superintendent. Mrs. Anbu.S.Kumar, Head of Medical Surgical Nursing Specialty III welcomed the gathering.



Mrs. Reena George, the organizing Secretary gave an overview of the programme and Dr. Vinita Ravindran, Professor and head of CNE Department offered the vote of thanks. The workshop was organized in honour of Mrs. Anbu S.Kumar who is superannuating after 13 years of contribution and leadership as Head of the Department of Medical Surgical Specialty Nursing III.

The CNE was organized to create awareness regarding the prevalence and increase of Chronic Kidney Disease nationally and worldwide owing to the growing percentage of population suffering from Diabetes and Hypertension.

20-30% of patients with ESRD in India are not initiated on any form of Renal Replacement Therapy (RRT) due to inaccessibility to health care facility or financial constraints. Popularity for Peritoneal Dialysis (PD) is gaining momentum in India since it does not require vascular access or a health care facility and can be performed by patients or their family member in their own homes.

The sessions that followed were intended to improve the clinical knowledge and competence of nurses in performing Peritoneal Dialysis and in training patients and family members for the same. Mrs. Usha Jacob and Mrs. Shirley Angeline Christy, PD Nurse Educators demonstrated PD exchange and the related procedures.

## Upcoming Event

The **Departments of Pathology, Transfusion Medicine and Immunoematology and Cytogenetics** will be conducting the CMC Annual Symposium 2018 - 'Changing Paradigms in the Practice of Pathology' from 1<sup>st</sup> to 3<sup>rd</sup> February, 2018 at Scudder Auditorium, Bagayam, Vellore. Please visit the website <http://www.cmcannualsymposium.com> for further details.

Registration forms for staff and students are available on the CMC intranet.

The symposium secretariat may be contacted at [cmcsymposium2018@cmcvellore.ac.in](mailto:cmcsymposium2018@cmcvellore.ac.in)

## Retirement



**Mr. A. Baktha Jayasingh**, Accounts Officer, Accounts Department retired on 30<sup>th</sup> December, 2017 after 32 years of dedicated service to the institution. His wife Mrs. Mercy Jeyasingh is a Charge Nurse at Ida Scudder Ward and they are blessed with a son Mr. Immanuel Jebasingh.

CMC community is thankful for his years of dedicated service and wishes him a blessed retirement.

## Obituaries

- **Dr. Felix Kelly Prakasam** (Batch of 1965) on 26<sup>th</sup> December, 2017.
- **Dr. Gertrude Eunice Joshua** (Batch of 1947) on 3<sup>rd</sup> January, 2018.
- **Mrs. Baby Saroja**, mother of Mr. P. Manohar, Accounts Officer, CHAD, mother-in-law of Mrs. Vani Manohar, CHTC Canteen and sister of Mr. B.V. Venkatesan (Retd. Manager, Admin.) on 5<sup>th</sup> January, 2018.
- **Mr. K. George**, father of Dr. Rachel George Chandy, Professor, Gyn. Oncology, father-in-law of Dr. George Chandy, former Director, grandfather of Dr. Gina Chandy, (Batch of 2004) Asst. Prof. Accident & Emergency Medicine and Dr. Ashish Chandy (Batch of 2009) on 9<sup>th</sup> January, 2018.

Our thoughts and prayers are with the bereaved members of the families at this time of grief and loss.

## Situations Vacant

### 1(a) Senior Resident Gr.III with MD / DNB (Medicine / Paediatrics) for the Department of Haematology

Salary : As per institutional rules. Age limit : < 35 years.

Accommodation provided (Partly furnished, depending on availability).

### 1(b) Assistant Professor Gr.I with DM / DNB (Haematology) for the Department of Haematology

Salary : As per institutional rules. Age limit : < 35 years.

Accommodation provided (Partly furnished, depending on availability).

### 2. Senior Resident Gr.III with MD / DNB (Obst. & Gynae.) for the Reproductive Medicine Unit

Age limit : <40 years. Salary : As per institutional rules.

Accommodation provided (Partly furnished, depending on availability).

### 3. Senior Resident Gr.III with MD / DNB (General Medicine) for the Department of General Medicine-III

Age limit : <40 years. Salary : As per institutional rules. Accommodation provided (Subject to availability).

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and full address to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 or by e-mail [princi@cmcvellore.ac.in](mailto:princi@cmcvellore.ac.in) on or before **January 25, 2018** for items 1(a), 1(b) and **January 27, 2018** for items 2 and 3.

### 4. Junior Research Fellow for the Department of Haematology

**Job Code: 1226**

Qualification: M.Sc. / M.Tech in Life Sciences with CSIR / UGC / DBT / ICMR NET qualification.

Mode of appointment: Project mode. Salary : As per fellowship guidelines. Accommodation not provided.

Candidates should download their application from this website : ([www.cmchaematology.org/careers.php](http://www.cmchaematology.org/careers.php)) and send the completed applications by soft copy (Email to: [haemedu@cmcvellore.ac.in](mailto:haemedu@cmcvellore.ac.in)) or by hard copy address to the Principal, Christian Medical College, Bagayam, Vellore-632 002, Tamil Nadu on or before **February 05, 2018** for Item 4.

**Note: Please mention the job Code in the application form. The application without Job code will not be accepted.**

### 5. Technician Trainee for the Department of Clinical Microbiology. (Male Candidates will be given preference).

Qualifications : Higher Secondary with Science subjects. Stipend : As per institutional rules.

Age limit : 30 years. Job description : To work in the Microbiology Laboratory as Trainee for one year.

### 6. Staff III Prosthetist and Orthotist (Project) for CMC Vellore Chittoor Campus

(Only female candidates need to apply).

Qualifications: H.Sc. (+2) with 2 years Diploma in Prosthetics & Orthotics from Rehabilitation Council of India (RCI) recognized institution.

Salary scale : As per institutional rules. Age limit : 35 years. Accommodation not provided.

Job description : To work in CMC Vellore Chittoor Campus on project mode.

### 7. Staff III Medical Lab. Technician (Project) for the Department of Clinical Microbiology

Qualifications: H.Sc. (+2) with two years Diploma in Medical Lab. Technician (CMAI) with minimum of 6 months of Laboratory experience.

Salary scale : As per institutional rules. Age limit : 30 years. Accommodation not provided.

Job description : To work in project in the Department of Clinical Microbiology.

Applications to be done only through online application system. Please log in to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **January 22, 2018** for Item 5 and **January 29, 2018** for Items 6 and 7.



# CMC NEWSLINE

Vol.No.55 No.30 FOR PRIVATE CIRCULATION ONLY JANUARY 22, 2018



For I am the Lord, your God, who takes hold of your right hand and says to you, Do not fear; I will help you. *Isaiah 41:13*

## 1<sup>st</sup> National Joint Meeting of Patients and Healthcare providers in Rheumatology



The Department of Clinical Immunology & Rheumatology organized the 1<sup>st</sup> National Joint Meeting of Patients and Healthcare providers in Rheumatology, on 15<sup>th</sup> and 16<sup>th</sup> of December, 2017 with the aim to raise awareness among patients.

Since Rheumatic diseases have become more prevalent, covert in presentation, often undiagnosed and misunderstood by patients and society, this meeting was a step to bring together patients, care givers and healthcare providers to educate and enlighten the patients on various issues pertaining to their illness.

The meeting was inaugurated by Thiru. S.A. Raman, the District Collector and Dr. J.V. Peter, Director, CMC. More than 200 patients, relatives and 50 rheumatologists from across the nation participated in the meeting.

The first day of the meeting witnessed a variety of lectures and discussions by specialists. The meeting facilitated the discussion of 10 common rheumatic diseases and the patients were given time to clear their doubts and queries.

The talks highlighted the causation, nature, treatment options, side effects of drugs, diet, monitoring & follow

*Special Prayers: January 21 - 27, 2018*

*Accounts :* Mr. Robby Pria Sundersingh and Staff

*Internal Audit :* Mr. Francis A. and Staff

*Andhra Evangelical Lutheran Church*

Council Members:

Most Rev. Dr. K.F. Paradesi Babu  
Dr. Lalitha F. Chikkala

Hospital: Baer Christian Hospital, Chirala, Ruth Sigmon Memorial Lutheran Health Centre, Guntur and others and others

*Arcot Lutheran Church*

Council Member: Mr. P. Franklin Joseph

Hospital: Danish Mission Hospital, Tirukoiloor and others

*All India Association for Christian Higher Education*

Council Member: Dr. D. Daniel Ezhilarasu

*Australian Board of Vellore CMC*

Council Member: Dr. Stephen Aseervatham

*Sunday Services : January 28, 2018*

6.00 pm : **Scudder Auditorium**  
Dr. Gordon Rangad

6.30 pm : **Hospital Chapel**  
Dr. Anna Valson

5.00 pm : **Friendship Chapel, KPTR Campus**  
Ms. Saramma Kuruvilla

up measures and also ethical, legal, economic and other social issues related to rheumatic diseases.

The eminent rheumatologists from the leading institutions including AIIMS-New Delhi, PGIMER-Chandigarh, SGPGIMS-Lucknow, KGMU-Lucknow, MMC-Chennai, IPGMER - Kolkata, NIMS

*Continued on page 2*

Hyderabad, JIPMER-Pondicherry and St. John's-Bangalore led the lectures and discussions on various rheumatic diseases. A 'Disease Based Group workshop' with patients and specialists from Rheumatology, Orthopedics, Dermatology, Physical Medicine and Rehabilitation (PMR), Physiotherapy and Occupational therapy was organised.

Dr. Anna Pulimood, Principal was the Chief Guest at the Valedictory function. As the two day meeting concluded successfully, it was decided and announced that a "Society for Patients with Rheumatic Disorders" will be set up under the mentor-ship of Christian Medical College for taking a 'patient pro' agenda forward and thus empowering the patients. These initiatives will further assist in formulation of national governmental policies and funding of new research.



## Founder's Day Celebration 2017



The 147<sup>th</sup> birth anniversary of Dr. Ida S. Scudder, our beloved founder, was celebrated on December 9, 2017. It was a day to reflect on the courage, faith and vision of Dr. Scudder and a time of rededication to the service that she so ably began.

The commemoration began with a Thanksgiving Service in the Hospital Chapel. An inspiring message which drew on the exemplary life and legacy of Dr. Ida was

delivered by Dr. Daisy Singh, former Physician, Community Health Department.

The Founder's Day programme honouring all those staff who retired during the year was held at the New Examination Hall. The chief guest for the occasion was Dr. R. Selvakumar, Former General Superintendent, who in his address highlighted the uniqueness of CMC and shared his own insights to live a simple and peaceful retired life. Ninety two staff who retired during the year and 7 staff who died in service were honoured for carrying on the vision of Dr. Ida and for their dedicated service to the institution. Mr. James Albert, former staff, Department of Psychiatry responded on behalf of the retired staff. The Exemplary Service Award was given to 51 Staff for their integrity, courage and service beyond the call of duty.

The following are the recipients of the special awards:

Dr. Thomas Koshi Award - Mr. John Vishranth L., (Radiology)

Dr. K.M. Eapen award - Mrs. Josephine Sukumaran (Rehab. Institute)



Best Hospital Attendant Award - Mr. Rup Selvakumar (Biostatistics)

Best Hospital Housekeeping Attendant Award - Mrs. O. Karuna (LCECU)

Dr. Ida B. Scudder Essay Competition Award - Dr. Reena George (Palliative Care)

## South Zone Intercollegiate Nursing Quiz competition- ZENITH- 2017

The annual event for Nursing Students, ZENITH- 2017 was conducted by PSG College of Nursing, Coimbatore on 6<sup>th</sup> December, 2017. A total of 35 teams from 19 colleges of South Zone participated in the event. Two teams from College of Nursing, CMC participated and won the first prize for the third consecutive year. The focus of the quiz this year was General Knowledge, Community Health Nursing and Obstetrics & Gynaecology Nursing.



Congratulations to the following students for their hard work and success :

- Ms. Alphonsa Maria Joseph - IV year B.Sc Nursing
- Ms. Anju Sunny - IV year B.Sc Nursing
- Ms. Pavithra. R - GNM Inter

## The 15<sup>th</sup> Annual PG refresher course organised by the Department of Radiology



The fifteenth annual Post-Graduate Refresher Course organised by the Department of Radiology, was held on the 5<sup>th</sup> and 6<sup>th</sup> of January 2018. A total of 160 post-graduate residents in radiology from various institutions across the country attended this 2-day workshop.

The highlights of this workshop included exam oriented lectures, rapid fire sessions on PACS work station and practical mock exams.

Also the workshop facilitated spotters, quiz, viva, case based discussions and practical tips on how to prepare and perform for a successful viva voce. The workshop was made possible through the efforts of the entire Department and through the informative lectures presented by the delegates.



## Events from the MCI Nodal centre

The MCI Nodal centre for National Faculty Development, the 11<sup>th</sup> MCI Revised Basic Course workshop from 9<sup>th</sup> – 11<sup>th</sup> January 2018 followed by 8<sup>th</sup> One Day Sensitization Programme for Attitude and Communication



Module (AT-COM) on 12<sup>th</sup> January 2018. The objective of the programme was to sensitize the participants for the successful implementation of the ATCOM modules as the forerunner of the transition to competency based medical education programmes per the MCI Directives.



This programme is credited with 6 CME Credit hours from Tamil Nadu Medical Council.

## **Congratulations!**

- **Dr. Avadhesh Joshi**, Senior P.G. Registrar, Department of Neonatology won the II prize for the poster titled "Does umbilical cord pH help in predicting adverse neonatal outcome (HIE or death) in babies born to mother with category II CTG?" at the 37<sup>th</sup> Annual convention of NNF at Gurgaon between 8<sup>th</sup> - 10<sup>th</sup> December 2017.

## **Obituaries**

- **Mrs. Thangamma Joseph**, wife of Mr. NP Joseph, mother of Dr. Philip Joseph (Department of HPB Surgery), mother in law of Dr. Binu Susan Mathew (Department. of Pharmacology and Clinical Pharmacology) and grandmother of Dr. Adarsh Joseph Philip (MBBS Batch of 2012) on 16<sup>th</sup> January 2018.
- **Mr. V. Mani**, father of Mr. Jegannathan, Radiographer, Department of Radiology on 15<sup>th</sup> January, 2018.
- **Mr. Neelakrishnan**, father of Ms. Amsavalli D, Radiographer, Department of Radiology on 14<sup>th</sup> January, 2018.
- **Mrs. Chinnathayee**, mother of Mr. P. Jeyaraman, Sel.Gr. Rural Community Officer, Gr.I, RUHSA Department on 16<sup>th</sup> January, 2018.

Our thoughts and prayers are with the bereaved members of the families at this time of grief and loss.

# Special Issue

Vol.No.55 No.31

FOR PRIVATE CIRCULATION ONLY

JANUARY 29, 2018



## *Living Our Legacy*

### **How do we recognise a calling?**



**I**t was a tragic night, just before the turn of the 20th century, when three young women whose names we do not know, died. Young Ida Scudder had come from America to be with her missionary parents for a while before going to college. She did not want to be a missionary like her parents. She disliked the poverty, dust and sickness that pervaded India's villages. Her desire was to return to America and live the good life of an educated lady.

But during that holiday with her parents, something happened to change her life forever. One night, when her father was away tending to another very sick patient, three young husbands knocked on her door, one after another. They needed help for their wives who were struggling through childbirth. The men wanted a lady doctor only, and Ida not knowing what to do, sent the men away. The next morning, she heard that all three women had died.

This tragedy changed the course of Ida's life. Throughout the next day, she experienced that nagging feeling deep in her heart. The frivolous life was not for her. She knew she had to go back to America to study medicine and train as a doctor so that she could come back to care for India's much neglected poor, sick women.

When Dr Scudder returned to India, she did not come with a vision to start a health care centre or a medical college. She just saw the great need – to care for sick women and children - and then just offered herself wholly to meeting that need. Then she saw another need - one for trained women doctors - and she set out to meet that need. In doing so, she set an example, for those who followed in her footsteps – whether it was in caring for the sick, teaching and training future health care specialists, or striving for new knowledge.

Often, through a tragic event in our lives, we are called to minister to others. Like Dr Scudder, we may not want to, but are pushed into doing so. And years later, when we look back and reflect, we see the Hand of God leading us and connecting us with others who either need our help, or will journey with us. For some, inspiration or 'calling' comes from looking at someone else's life. Many doctors and nurses have come to train at CMC hearing not only about Dr Scudder, but of the many who came later, who dedicated themselves into living a CMC life – one of personal sacrifice, other centeredness and hard work.

In today's high - tech, fast paced world, is it still possible to be 'called' to be of service to others? To do the kind of work that no one else will? To be the kind of person who still practices values that have endured and sustained several generations?

Can you still feel 'called' if your job is to sit behind a desk for most of the day? Or to do the same tests every day? How can you keep from doing your job like a robot, and be of service to others? That is something to think about!

Dr. Scudder's life shows us that a calling is not a goal to be achieved, but a gift to be received. Receiving the gift graciously and with humility will tell us what to do with our lives. Once we identify what it is, if we work with passion and joy, even though our work may be boring and routine, 'our lives will speak.' Just as Dr. Ida's does a hundred years later.

Usha Jesudasan  
[ushajesudasan@gmail.com](mailto:ushajesudasan@gmail.com)

# CMC NEWSLINE

Vol.No.55 No.31 FOR PRIVATE CIRCULATION ONLY JANUARY 29, 2018



If I have the gift of prophecy and can fathom all mysteries and all knowledge, and if I have a faith that can move mountains, but have not love, I am nothing. *1 Corinthians 13:2*

## Meeting of 'Global Initiative for children's surgery' (GICS) organised



The 3<sup>rd</sup> meeting of the Global Initiative for children's surgery (GICS) was conducted at the Centre of Stem Cell Research, on 12<sup>th</sup> and 13<sup>th</sup> January 2018 under the guidance of Professor Vrisha Madhuri, Head of Pediatric Orthopaedics, and Professor Kokila Lakhoo, Chair elect, GICS.

The meeting focussed on surgically avertable deaths and disability among children, especially in low and middle income countries through early intervention, local empowerment, training, research, networking, and advocacy for national surgical policies.

Paediatric surgical professionals and agencies, actively involved in various aspects of children's surgery from all

over the world came together to discuss the current status of global paediatric surgery and develop an 'Optimal Resource document for Children's Surgery' (OReCS) and create global consensus on essential surgical care for children for all levels of healthcare in low resource settings.

Children's surgeons, anaesthetists, allied health professionals and international organisations such as WHO (World Health Organization), ICRC (International Committee of the Red Cross), MSF (Médecins Sans Frontières), SIOP, WFSA (World Federation of Society of anaesthesiologists), COSECSA (College of Surgeons of East, Central and Southern Africa) and ASA (Alliance of Surgeons and Anaesthetists presence), WFPI (World Federation of Paediatric

*Special Prayers: January 28 - February 03, 2018*

**Ida Scudder School:**

Dr. G. Daniel and Staff

**Balavihar School:**

Mrs. Manju Christopher and Staff

**Campus Kids Corner :**

Mrs. Ann Arul Dhas and Staff

**College Hill Nursery School:**

Mrs. Susheela and Staff

**CSI Karnataka Diocese Interdiocesan Medical Board**

Council Members: Rt. Rev. Mohan Manoraj  
Dr. Sushil Jathanna

Hospital: CSI Hospital, Bangalore, CSI Bethel Mission Hospital, Gadag.

CSI Holdsworth Memorial Hospital, Mysore and others

**CSI Krishna - Godavari Diocese**

Council Members:

Rev. Dr. Mrs. T. Ramani Ramya Krupa  
Mr. Govada Samuel Sudhir

Hospital: CSI Vathsalya Hospital,  
Vijayawada and others

**Friends of Vellore, Sweden**

Council Member : Dr. Sven Andreasson

**Sunday Services : February 04, 2018**

6.00 pm : **Scudder Auditorium**

Rev. P. Rainard Pearson

6.30 pm : **Hospital Chapel**

Rev. Dr. T. Arul Dhas

5.00 pm : **Friendship Chapel, KPTR Campus**

Rev. Lalbiaksanga Pachua

**We welcome:**

**Dr. Aruna Kekre**, Professor, OG Unit-II, on her return from sabbatical leave on 25<sup>th</sup> January, 2018.

Imaging) as well as several funding and infrastructure development agencies such as KidsOR, Medical Aid International, Intersurgeon, Smile Train, Lifebox, International Quality Improvement Collaborative for Congenital Heart Disease, Children's Heartlink and CDH International among others came

*Continued on page 2*



## Meeting of 'Global Initiative for children's surgery' (GICS) organised *Continued from Page 1*

together to network and form working partnerships aimed at improving access to safe, affordable children's surgery in low resource settings.

GICS III meeting laid down a road map for implementation of the Optimal Resources for Children's Surgery, recommendations for National Surgical Plans incorporating children's surgery, geospatial mapping of access to children's surgery, global research collaborations for neonatal and children's surgery. Workshops conducted focused on establishing bellwether procedures for neonatal and children's surgery, research and children's surgical specialities.

## CME on Regional Anaesthesia & Cadaveric Workshop organised

The Department of Anaesthesia conducted a one day CME on Regional Anaesthesia & Cadaveric workshop on 20<sup>th</sup> January, 2018 at CHTC Auditorium and Anatomy Dissection Hall.

The focus of the CME and the workshop was to highlight the importance of safety and scientific practice of regional anaesthesia across all categories of practitioners.

The Chairperson for the event was Dr. Sajan

Philip George, who briefed the participants on the workshop. Dr. Anita Shirley Joselyn, was the organising secretary and Dr. Serina Ruth Salins was part of the scientific committee.

The participants benefitted from the series of lectures, discussions and activities which were a vital part of the workshop. The scientific session which took place in the morning was packed with informative lectures by internal and external faculty.

This was followed by a Cadaveric Workshop where the gross anatomy pertaining to regional anaesthesia blocks were demonstrated by the anatomists. Volunteers from the department took a session on Ultrasonographic correlation of the anatomy. The workshop proved to be highly informative and was well appreciated by all.



## Congratulations!

**Dr. Nihal Thomas**, Professor, Department of Endocrinology, Diabetes and Metabolism has been recommended to be awarded the 2018 World India Diabetes Foundation Outstanding Investigator Award at the International Symposium on Diabetes at Mumbai on 13<sup>th</sup> to 14<sup>th</sup> January, 2018 by the International Committee (Dr. Robert Rizza-Mayo, Edward Horton-Harvard and John Wahren-Karolinska Institute). This award is in honor of Mr. Raman Kapur (Chair, WIDF Board).

## Memoranda

- **Bishop Dr. D.K. Sahu**, Vice-chairman is appointed as Acting Chairman, CMC Vellore Association and Council from 19<sup>th</sup> January, 2018.
- **Dr. Chandrasingh J**, Professor of Urology is appointed as Associate Director (Finance) with effect from 22<sup>nd</sup> January 2018 for a 4 - year term.
- **Dr. David Chase**, Professor of Cardiology, is appointed as Deputy Director (Housing) with effect from 15<sup>th</sup> February, 2018 for a four year term.
- **Mr. S. Robby Pria Sundersingh**, Sr. Manager (Finance & Accounts) will continue his term as Treasurer from 24<sup>th</sup> June, 2018 to the close of 3<sup>rd</sup> September, 2019 to complete his 5 - year term as Treasurer.

## Obituary



**Mrs. Amudha Janet Hemalatha**, Sel.Gr.II Pharmacist (Main Pharmacy), went to be with the Lord on January 21, 2018. Mrs Amudha finished her Diploma in Pharmacy in 1991 and joined CMC as Pharmacist in the year 1998. She was a silent, committed and God fearing staff who will be dearly missed. Her husband, Mr. V.Milton David lives in Katpadi along with her two daughters, Ms. M.Febi Delphena, pursuing B.Sc. Critical Care Therapy, in CMC and Ms. Sherine Vinetha who is studying 9<sup>th</sup> Standard.

CMC family upholds the bereaved members of the family in prayers at this time of grief and loss.

## Upcoming Event - National Conference on Simulation Based Learning, 3<sup>rd</sup> March, (SIMEDUCON -2018)

Pre-Conference Workshops : **1 & 2<sup>nd</sup> March, 2018**, Theme: "Simulation - Shifting the paradigm of Education and Safety in Healthcare". Venue : New Examination Hall, Bagayam.

**Highlights:** Training of Trainers (TOT) for Simulation Based Learning - Strictly up to 40 registration (1<sup>st</sup> & 2<sup>nd</sup> March, 2018) and Essential Skills Workshop (2<sup>nd</sup> March, 2018).

Conference (3<sup>rd</sup> March, 2018) – Didactic sessions, Debate, Panel discussions and Poster /Oral Presentations on Simulation in Healthcare (Best oral /Poster Awards).

**Skill Stations using task trainers:** For Medical Undergraduate & Nursing students, Interns (Maximum 70 students). **Simulation based Skill stations :** Post MBBS, Post-graduates / trainees from all disciplines (Maximum 40 participants).

**International Faculty :** **Dr. Vinay Nadkarni**, Endowed Chair, Professor, Department of Anesthesia and Critical Care Medicine, Medical Director, CHOP Center for Simulation. Associate Director, University of Pennsylvania, Center for Resuscitation Science; **Dr. Mike Shepherd**, Director of Starship Child Health, New Zealand; **Dr. David Grant**, Associate Dean, Simulation, Health Education England, South West Chair, Bristol Medical SIM Centre, UK, President, SESAM (European SIM Society); **Ms. Ella Scott**, Stimulation Operation Manager, Sidra Medical and Research Centre, Doha, Qatar; **Dr. Guissepe Marraro**, Professor Emeritus, University of Milano, Italy, **Dr. Ashokka Balakrishnan**, Simulation faculty – National University Hospital Singapore, Consultant, Anaesthesia, NUHS Singapore. **Many more National & CMC, Vellore Faculty.**

**For registration and Abstract Submissions contact : Dr. J.Ebor Jacob, [picu@cmcvellore.ac.in](mailto:picu@cmcvellore.ac.in) (Phone: 3366).**

## Situations Vacant

**1. Tutor Gr.IV (Physiotherapy) for the CMC Vellore Chittoor Campus** **Job Code: 1227**

Qualification: BPT Graduate from IAP recognized College / University should have completed 6 months compulsory rotatory internship on or before 22<sup>nd</sup> January 2018.

Age limit: Below 30 years.

Mode of appointment : Project mode (1 year).

Salary : As per institutional rules. Accommodation not provided.

**2. Project Coordinator for the Neurological Sciences** **Job Code: 1228**

Qualification: B.Sc. Nursing. Nature of job : Screening, Assessment and Recruitment of the suitable patient regular following up of patients with periodic intervals, coordinating the CRF form, Maintaining Data Coordinating with the Research team.

Age limit: < 30 years. Only male candidates need to apply.

Mode of appointment : Project mode. Salary : As per institutional rules. Accommodation not provided.

**3. Laboratory Technician (3 Posts) for the Department of Clinical Microbiology** **Job Code: 1229**

Qualification: M.Sc. Life Sciences. Age limit: 30 years.

Mode of appointment: Project mode.

Salary: External salary.

Accommodation not provided.

**4. Research Officer for the Department of Clinical Microbiology** **Job Code: 1230**

Qualification: MBBS.

Age limit: 35 years.

Mode of appointment: Project mode.

Salary: External salary.

Accommodation not provided.

Continued on page 4

Download application from this link: <http://www.cmch-vellore.edu/> → General → Vacancies → Application Form for Project Staff. The print out of the application with certificates and testimonial copies should be sent to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 on or before **February 05, 2018** for Items 1,2, 3 and 4. *Note: Please mention the Job Code in the application form. The application without Job code will not be accepted.*

#### 5. Medical Faculty for CMC Vellore Chittoor Campus

- **Department of Obstetrics and Gynecology: Senior Resident / Asst. Surgeon / Asst. Professor / Associate Surgeon / Associate Professor / Surgeon with MS/MD/DNB/DGO.**
- **Department of General Medicine: Senior Resident / Assistant Physician / Associate Physician / Associate Professor / Physician with MD / DNB in General Medicine.**
- **Department of Paediatrics: Senior Resident / Assistant Physician / Associate Physician / Associate Professor / Physician with D.Ch / MD / DNB (Paediatrics).**
- **Department of General Surgery: Senior Resident / Asst. Surgeon / Asst. Professor / Associate Surgeon / Associate Professor / Surgeon with MS / DNB (Gen. Surgery).**

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu> Link: "Vacancies" or email to [dir.chittoor@cmcvellore.ac.in](mailto:dir.chittoor@cmcvellore.ac.in) with all testimonials and certificates.

Hard copies will not be accepted. Applications will close on **February 05, 2018** for Item 5.

#### 6. Chief Security Officer for one year on term appointment basis as detailed below:

Eligibility: Graduate / Ex-Army / Ex-Police / other security services.

Experience: Minimum 5 years in Security Services. Age limit: 60 years. Accommodation provided.

Salary: Commensurate with qualifications and experience.

Apply with bio-data, certificates and testimonial copies, contact phone number, email ID and address with pincode to the Director, Christian Medical College, Vellore - 632 004 email: [director@cmcvellore.ac.in](mailto:director@cmcvellore.ac.in) on or before **March 15, 2018** for Item 6.

#### 7. Staff III Medical Lab. Technician for the Wellcome Research Laboratory

Qualifications : H.Sc. with two year CMAI Diploma in Medical Lab. Technician Course. Preference will be given for those who have experience in Rotavirus Genotyping. Only male candidates need to apply.

Job description: Rotavirus Genotyping. Age limit : 35 years. Salary : As per institutional rules.

#### 8. Graduate Technician Trainee (MCTT) in OPD Services

Qualifications: Graduates with computer knowledge and have ability to communicate in English, Hindi and Tamil fluently. Age limit: 30 years. Stipend: Rs.5,395/-. Accommodation not provided.

Job description : To work in MCTT Counters in CMC and peripheral units.

Duty will be in shift on rotation basis including night shift.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **February 12, 2018** for Items 7 and 8.

#### 9. Electrician Gr.IV for Electrical Engineering Department

Qualifications: SSLC + 2 years Govt. ITI Certificate in Electrician + Electrical B License.

Salary: As per institutional rules. Age limit: 35 years & below.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **February 10, 2018** for Item 9.



# Let's Think Together

No.1

February 05, 2018



## A Gift From Above

### **Suggested reading. I Kings 3:7-11**

To begin a New Year, or a new month is both exciting and frightening. Exciting, because we can erase the mistakes of the past and make new promises to ourselves. It is also frightening because we really have no control over our lives, however well we plan them. All of a sudden we are sent off to get a scan and discover a deadly disease. Illness, death, the loss of a job, the breakdown of marriage and other changes in our lives may or may not strike us; we just don't know. We cannot live well or happily if we keep thinking about the disasters that may befall us in the future.

Our reading today takes us back in history to 970 to 931 BCE, to the time of King Solomon of the lands of Israel and Judah. Before he made his royal sacrifices, God appeared to him in a dream and said, "Ask for whatever you want me to give you." There was no hesitation. Solomon asked God for wisdom!

Perhaps we too can ask God for wisdom at the beginning of the year, or month or week. Why wisdom, you may ask? Why not good health or prosperity or success?

Those who lived long before us, who meditated long and hard about the issues of life, exhorted us to get wisdom. It was a prized quality. For from wisdom, comes understanding. And understanding is a core need when we live and work with other people. Whether it is at home or in the office, we often hear, "She doesn't understand me." Or "I wish he would understand me." Where there is no understanding, relationships fail. When relationships fail, we make ourselves and those close to us miserable.

Wisdom and faith go hand in hand, or perhaps the other way round. Faith gives us the wisdom to take a leap. To trust. To love. To understand. To forgive. To start again. Faith connects us to a place where God is, and where God is, there is wisdom.

Wisdom is also knowing how to apply all the knowledge we have acquired over the years - whether it be through education or experience - when faced with a crisis. Wisdom has two little sisters - discernment and discretion. Discernment is knowing what something really is and not imagining what it is. Discretion is keeping things to yourself and not sharing it inappropriately - not gossiping. Both very necessary for good relationships.

Wisdom has to be both spiritual and practical. On the spiritual level, the reading of the Bible, following them and being close to God gives us wisdom. On a practical level, our journey through life teaches us many things. If we accept the lessons from our failures and heartbreaks, it brings wisdom we can share with others. A wise person who knows what to say and do in a times of difficulty is a treasure. Be that treasure!

## **THINK ABOUT THIS!**

If God were to appear to you in a dream and ask you, "Ask for whatever you want me to give you." What would you ask for?

USHA JESUDASAN

ushajesudasan@gmail.com

# CMC NEWSLINE

Vol.No.55 No.32 FOR PRIVATE CIRCULATION ONLY FEBRUARY 05, 2018



*Now faith is the substance of things hoped for, the evidence of things not seen.*

*Hebrews 11:1*

## Allied Health Sciences Graduation Ceremony 2018



The Allied Health Sciences Graduation Ceremony began on 22<sup>nd</sup> January 2018 with the Baccalaureate Service. The solemn service was attended by the graduates, parents, staff and students. During the service, an inspiring message was delivered by Mr. Durai Jasper, Public Relations Officer, which was an encouragement to the young graduates to seek the Lord's ways in their professional lives.

The AHS Graduation Ceremony 2017-2018 was held at Scudder Auditorium on 23<sup>rd</sup> January 2017 at 4.30 p.m. The chief guest for the occasion was Mr. George Abraham, a Social Entrepreneur, Inspirational Speaker and

Communicator from New Delhi. In his address to the 213 graduates from 37 different courses, he challenged them to have a 'dream' and to work towards it with dedication, determination and discipline. He urged the new graduates to aspire to make a difference in this world and not just focus on making a living.

Dr. J.V. Peter, Director chaired the ceremony and Dr. Anna B. Pulimood the Principal awarded the degrees and diplomas. The prize winners received their awards from the Chief Guest. Mr. Moses Deva Anand, (Student President, OPTSA), felicitated the graduates and Mr. Sanjay and Ms. Nimmi Thomas responded on behalf of the graduating students.

*Special Prayers: February 04 - 10, 2018*

**Chaplaincy:**

Rev. Ananthi Arputha Mary and Staff

**CNI Synod - The Synodical Board of Health Services**

Council Members: Dr. Sudhir Joseph  
Mr. Alwan Masih

Hospital: St. Stephen's Hospital, New Delhi,  
Lady Willingdon Hospital, Manali.  
Kristiya Seva Sansthan Sarenga, West Bengal  
and others

**Christian Service Society of Bengal, Orissa  
and Bihar**

**Christian Mission Service, Germany**

Council Member : Dr. S.R. Banerjee Jesudason

**Christian Medical Association of India (CMAI)**

Council Member : Dr. Bimal Charles

**Sunday Services : February 11, 2018**

6.00 pm : **Scudder Auditorium**  
Dr. Arun Anketel

6.30 pm : **Hospital Chapel**  
Dr. B.J. Prasantham

5.00 pm : **Friendship Chapel, KPTR Campus**  
Dr. Aaron Chapla

**Memoranda:**

**Mrs. Ilavarasi Jesudoss**, Professor of Nursing is appointed as Deputy Nursing Superintendent (Peripherals) for a period of four years with effect from 3<sup>rd</sup> February 2018.

**Mrs. Nirmala Margaret P.**, Professor of Nursing is appointed as Additional Deputy Nursing Superintendent (Quality Management) for a period of four years with effect from 3<sup>rd</sup> February 2018.

**Mrs. Dorothy Devakirubai**, Professor of Nursing is appointed as Additional Deputy Nursing Superintendent (Material Management) for a period of four years with effect from 3<sup>rd</sup> February 2018.



## Meeting of 'Paediatric Orthopaedic Society of India' (POSICON) organised

The 24<sup>th</sup> Annual meeting of Paediatric Orthopaedic Society of India (POSICON 2018) and the 7<sup>th</sup> Joint Paediatric Orthopaedic Society of India - Paediatric Orthopaedic Society of North America (POSI-POSNA) workshop organised by the Paediatric Orthopaedic unit was held from 17<sup>th</sup> to 20<sup>th</sup> January 2018 at the New Examination hall, Bagayam. The theme for this year was 'Research and Training'.



The inaugural ceremony began with a word of prayer by Rev. Finny Alexander. The chief guest for the occasion was Dr. Ravi Jacob Korula, former head of the Department of Orthopaedics who spoke about the various achievements of the Department in establishing cutting edge research and training facilities. Following this, the participants and delegates were welcomed by Dr. Sukria Nayak, Associate Director, Dr. Prasad Mathews, Medical Superintendent, Dr. Simon Pavamani, Vice Principal and Dr. Sakuntala Karat.

300 Paediatric orthopedic surgeons from across the country participated in specialised workshops on complex trauma, limb reconstruction and cerebral palsy. The Skill based workshop that followed provided training for common tendon transfers in paediatric orthopaedics, ultrasound screening for DDH, techniques of application of hip spica and Ponsetti clubfoot casts, fixation of common paediatric fractures and deformities, arthroscopic procedures for hip and knee and cadaveric workshop for adolescent hip reconstruction.

Current concepts, emerging ideas and key strategies in managing children's orthopaedics were discussed with international experts. Newer diagnosis, management and research were discussed in addition to a recap of current management practices. As the focus of the meeting was on research and training, this provided a good opportunity for teachers and researchers in the field to come and share their experiences.

A post conference workshop on nuances of diagnosis and management of the entire spectrum of Developmental Dysplasia of Hip (DDH) was conducted with input and guidance from pioneers including Dr. John Wedge, Dr. Michael Millis, Dr Makoto Kamegaya and Dr. Ashok Johari. The conference witnessed active interactive sessions and academic debates on several emerging and contentious issues that often pose a clinical decision making problem with special emphasis on outreach and expanding paediatric orthopaedic care to resource limited areas of our nation.

This theme was also the highlight of the prestigious POSI oration titled "THULABHARAM: the balance sheet and the accounting equation" given by Dr Benjamin Joseph, a CMC alumnus and previous head of paediatric orthopaedic services at Kasturba Medical College, Manipal.

The preconference workshop was accredited 15 CME points and the conference was accredited 20 CME points, respectively, by the Tamil Nadu Dr. MGR Medical University. POSICON 2018 organizing secretary, Dr. Thomas Palocaren and Joint Organizing secretary, Dr. Abhay Gahukamble concluded the programme by thanking the participants and the delegates.



## CMC signs MOU with Medical College of Wisconsin, USA

Dr. Susan Taylor, MD MPH, representing Medical College of Wisconsin (MCW), and Dr. Anna Pulimood, Principal CMC Vellore, signed a memorandum of understanding between the two institutions, formalizing their collaboration in education, research and patient care.



During a week long stay, Dr. Taylor met with multiple faculty members to explore specific areas for joint effort. This MOU hopes to promote exchanges for medical students, residents and faculty.

## Obituaries



• **Late. Mr. D. Anandan**, Hospital Attendant Gr.IV, Medical Ward, has departed to be with Lord on 9<sup>th</sup> January, 2018. He joined CMC in 2009. He is survived by his wife Mrs. Sumithra and three children.

• **Late. Mr. S. Elumalai**, Hospital Attendant Gr.III, PMO (R.P), has departed to be with Lord on 22<sup>nd</sup> January, 2018. He joined CMC in 2003. He is survived by his wife Mrs. Vani and two sons, Mr. Yuvanesh and Mr. Ragul.



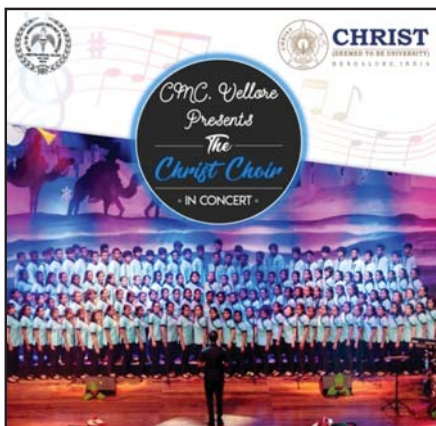
• **Mr. Lindsay Aaron**, father of Dr. Sanjith Aaron, Professor, Department of Neurology and father-in-law of Dr. Anupriya Arthur, Associate Surgeon, Department of Ophthalmology, on 27<sup>th</sup> January, 2018.

• **Mrs. Padhipoornam**, mother of Mr. Mathew Rajan, Sr. Physiotherapy Technician, HLRS on 28<sup>th</sup> January, 2018.

• **Mr. Munirathnam**, father of Mrs. Baggialakshmi, Nursing Auxiliary, M2 ward on 28<sup>th</sup> January, 2018.

Our thoughts and prayers are with the bereaved members of the families at this time of grief and loss.

## Upcoming Event



The 'CHRIST UNIVERSITY CHORUS' in CONCERT is performing at the Scudder Auditorium on Saturday 10<sup>th</sup> February 2018 at 6pm. All are welcome to this two hours feast of music ranging from gospel to pop, 1960's to contemporary, music and Acapella. All are welcome to watch this 80 member amateur singers perform for the community and for the various projects of CMC.

Donations are welcome and will be taken for worthy cause.

For further details contact : Sneha Chandy - 9786990260, Blessing - 9789162591, Prasanth - 9946984608.

## Admission Notice

Applications forms and prospectus for admission to Balavihar Kids Corner (Junior) and Playgroups (Balavihar & Sunset) for the year 2018-19 will be available at Balavihar on payment of Rs.150/- from **12<sup>th</sup> - 23<sup>rd</sup> February, 2018 between 1.00 pm and 4.00 pm.**

**Balavihar Kids Corner:** Children of CMCH staff, who have completed 2½ years by 31<sup>st</sup> May, 2018 and not more than 3 years by 1<sup>st</sup> June, 2018 are eligible to apply. Priority will be given to children residing in the Hospital campus. Parents residing in the Hospital campus, whose child will complete 2½ years by 30<sup>th</sup> November, 2018 and would like to admit their child, also must apply now. Parents will be intimated if and when a vacancy arises after their child completes 2½ years.

Continued on page 4

**Play Group (Balavihar & Sunset):** Children of CMCH staff, who have completed 1½ years by 31<sup>st</sup> May, 2018 are eligible to apply. Priority will be given to children residing in the Hospital/College campus. Parents residing in the Hospital/College Campus, whose child will complete 1½ years by 30<sup>th</sup> November, 2018 and would like to admit their child, also must apply now. Parents will be intimated if and when a vacancy arises after their child completes 1½ years.

**Note: The last date for submission of completed application forms along with a photocopy of the child's birth certificate is 23<sup>rd</sup> February, 2018 by 4.00 pm.**

**Situations Vacant**

**1(a) Anaesthesia : Senior Resident /Asst. Physician /Assoc. Physician/ Associate Professor / Physician with DA / MD / DNB (Anaesthesia) for the CMC Vellore, Chittoor Campus**

**1(b) ENT : Senior Resident /Asst. Surgeon /Asst. Professor/ Associate Surgeon / Associate Professor / Surgeon with D.LO/MS (ENT) for the CMC Vellore, Chittoor Campus**

Salary : As per institutional rules.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu> Link: "Vacancies" or email to [dir.chittoor@cmcvellore.ac.in](mailto:dir.chittoor@cmcvellore.ac.in) with all testimonials and certificates.

Hard copies will not be accepted.

Applications will close on **February 19, 2018** for Items 1(a) 1(b).

**2. Junior Clinical Asst. Gr.II for Staff Students Health Services**

Qualifications: MBBS with Tamil Nadu Medical Council Number.

Consolidated pay : Rs.23,420/-.

Accommodation provided. Age limit : 35 years.

Job description : To work as a duty doctor in Staff Students Health Services.

**3. Staff II Cardio Technician (Project) for the CMC Vellore, Chittoor Campus**

Qualifications : B.Sc., (Science Subject) with PG Diploma in Cardiac Technology

Salary : As per institutional rules.

Age limit : 35 years.

Job Description: To work at the ECHO-cardiography room in the CMC Vellore, Chittoor Campus

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies".

**Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **February 19, 2018** for Items 2 and 3.

# Special Issue

Vol.No.55 No.33

FOR PRIVATE CIRCULATION ONLY

FEBRUARY 12, 2018



## *Living Our Legacy* **The Sacrifice of Love**



**T**he idea of a hospital for women in Vellore came from Dr Louisa Hart, a Canadian missionary working in Ranipet alongside Dr. John Scudder. When Dr Ida Scudder heard this news, she had just qualified as a doctor from Cornell University and was looking forward to joining her father in India. The hard task of raising the money needed for the hospital - 8000 US dollars – fell on her young shoulders. A gift of 10,000 dollars in memory of his loving wife was given by Mr. Taber Schell, and the hospital was ready to start.

There was a great deal of excitement, planning and shopping for medical supplies before the trip back to India. Dr Ida was at the centre of all these happy activities, but there was a corner of her heart that throbbed with deep anguish that no one was aware of. During the period of her studies, she met a young man who had fallen deeply in love with her, and she too felt her young heart stir. But knowing the harsh life she had committed herself to as a missionary doctor, Ida felt that it would not be right to reciprocate her feelings, and with much sadness turned down his proposal. She longed to love and be loved and have a happy marriage like her parents, and children who adored their mother like she did. Her calling, however, demanded this sacrifice from her.

This is a good time to remember that the CMC Hospital and College were built on the personal sacrifices of not only Dr. Scudder, but of many others. Some who donated funds from faraway places; others like Annie Hancock, Delia Houghton, and Drs Jessie and Elizabeth Findlay who joined Dr Scudder in the early days. As the college grew, staff and faculty at every level willingly gave up opportunities to earn a higher salary in other places; to send their children to good schools; to be near family, to have luxuries - just to be able to work at CMC. The CMC way of life - as it became known- involved personal sacrifice of some kind.

Self - sacrifice is a very old fashioned virtue today. The self, seems to be the most important part of one's life. "How will this affect me? What do I stand to gain? What do I stand to lose? Why should I do it just so that someone else can benefit? , are questions that flip through our minds as we are faced with choices that sometimes call for personal sacrifice. Self - sacrifice doesn't ask that we give of our excesses, or that which we no longer want – it asks that we give what is most precious to us to someone who needs it more than we do. It asks that we give up something for the greater good of others. Time, our presence, our financial help, our knowledge and skills. What helps us make these choices? I believe that it is love. The kind of love that enabled Mary to pour the expensive jar of perfume over Jesus' feet.

As we celebrate the glories of the past hundred years, can we ask ourselves this question? Can a Christian community like CMC today, thrive without personal sacrifices from its members? Knowing the amazing sacrifices made by those in whose path you walk, what are you prepared to sacrifice so that CMC can look forward to another hundred years?

Usha Jesudasan

[ushajesudasan@gmail.com](mailto:ushajesudasan@gmail.com)



# CMC NEWSLINE

Vol.No.55 No.33 FOR PRIVATE CIRCULATION ONLY FEBRUARY 12, 2018

*Let your conversation be always full of grace, seasoned with salt, so that you may know how to answer everyone.*

*Colossians 4:6*

## Centenary Run - Marking the beginning of the Centenary Celebrations



The year-long celebrations for the Centenary of Medical Education at CMC got off to an energetic start with the Centenary Run held on 26<sup>th</sup> January 2018 from the Hospital campus to the Oval Grounds, Bagayam Campus.

The Run was preceded by a press conference which was addressed by the Director, Dr. J.V.Peter and the Principal, Dr. Anna B. Pulimood. For the Centenary Run, the participants had the option of running or walking either 7.5kms (from the Hospital campus) or 5km (from Voorhees College). The Run was flagged off by the Chief Guest, Mr. G.V. Selvam, Vice President of VIT University, along with the Director, Dr. JV Peter and the Principal, Dr. Anna B. Pulimood.

Water, lime and glucose were made available along the way at strategic locations. For the next hour, one could see enthusiastic runners and walkers

all along the familiar Route #1. There were serious runners too- the first person at the finish line in the Oval Grounds, Bagayam, completed 7.5kms in approximately 25 minutes. The oldest participant was 85 years (!) – an inspiration to all of us.

The Oval Grounds had a festive appearance, with a large, enthusiastic crowd. Events for children took place at the Oval grounds. The Security Guards were lined up for the Republic Day, and the Flag Hoisting ceremony added to the celebratory mood. The Flag Hoisting was conducted by the Students Association, and the Chief Guest, Dr. D.J.Christopher, Professor and Head of Pulmonary Medicine, hoisted the flag and addressed the gathering.

Mr. Karthikeyan, former Mayor and sitting MLA of Vellore, and Mr. Nandakumar, sitting MLA of Anaicut, gave away the medals to the winners. This was followed by a sumptuous breakfast.



**Special Prayers: February 11 - 17, 2018**

**Clinical Biochemistry:**

Dr. Geethanjali F.S and Staff

**Biochemistry:**

Dr. Molly Jacob and Staff

**CSI Dornakal Diocese**

Council Members:

Rt.Rev..Dr.V. Prasada Rao

Rev.Mrs.V.Sunanda Prasada Rao

Hospital: St. Mary's CSI Hospital, Khammam and St.Mary's Rehab Centre, Khammam.

**Catholic Health Association of India**

Council Member:

Rev. Dr. Mathew Abraham

**Sunday Services : February 18, 2018**

6.00 pm : **Scudder Auditorium**

ASHA Thanksgiving Service

6.30 pm : **Hospital Chapel**

Dr.Chandra Singh

5.00 pm : **Friendship Chapel, KPTR Campus**

Dr.Gladwin K.Dinakar

**Welcome:**

**Dr.Niranjan Thomas**, Professor, Department of Neonatology on his return from sabbatical leave.

**Dr.Benny Paul Wilson**, Associate Physician/ Assistant Professor, Department of Geriatrics Medicine on his return from study leave.

**Memorandum :**

**Dr.Henry Prakash.M**, Professor of Physical Medicine & Rehabilitation is appointed as Deputy Medical Superintendent (Peripherals and Quality Circle) with effect from February 08, 2018 for a four year term.



*Continued on page 2*

Grateful thanks are due to several individuals and Departments. The Department of Radiology, under the leadership of Dr. Sridhar Gibikote, took up the responsibility of organizing the Centenary Run at a very short notice. Their hard work and meticulous planning ensured that the Run, with over 800 participants, was conducted smoothly. We also thank the Physical Director, Dr. R. Balaganesan and his team for their immense help at every stage of the planning of this event. Mr. Thomas Veddakan (Event Management) and Mr. Anbarasu (Transport Department) deserve a special word of praise. The Institution is also grateful to the Superintendent of Police, Thiru P. Pakalavan, as well as the Inspectors of Vellore North, South and Bagayam Police Stations and the Traffic Police for granting us permission and protection during the Run through Vellore City. We also thank the local organisations- Lion's Club, GRT Residency, Darling Residency, Harish Food Zone and Jayanthi Bakery- for sponsoring the water stops along the route. Thanks also to the large number of volunteers- staff and students- who ensured the smooth conduct of the race.

The press coverage of the event can be found at the following links :

<http://www.thehindu.com/news/national/tamil-nadu/centenary-run-on-jan26/article22501697.ece>

<https://timesofindia.indiatimes.com/city/puducherry/cmc-to-celebrate-100-years-of-medical-education/articleshow/62641574.cms>

<http://epaper.patrika.com//c/25651147>

<http://www.thehindu.com/news/national/tamil-nadu/cmc-organises-centenary-run/article22531389.ece>

## **Centenary Thanksgiving Service**

The Centenary Year of Medical Education in Christian Medical College Vellore began with the Centenary Thanksgiving Service held on January 14, 2018 in Scudder Auditorium. It was a time to thank God for the wonderful ways He has enabled and guided our institution for the past hundred years, and to seek the wisdom of His leading for the years ahead.

With a liturgy of thanksgiving, gratitude, confession and praise, the prayers and readings at the Service were led by members of the CMC community and beyond- retired faculty, staff, current faculty, students and children. There was a special time of remembrance, during which candles were lit in gratitude and thankfulness for former and present teachers, alumni and students. The spark lit in the heart of our Founder, has been shared by countless others and it is ours to carry and pass on this torch of education, healing and service.

'*Home of Transformation*', a special song composed and set to music by Dr. Solomon Sathishkumar and Mrs. Asha Solomon, was beautifully rendered by Dr. Shreya Rosa Stephen. Its evocative chorus captures the essence of our calling:

*Seeking to be a witness for Christ,  
Nurturing young lives for the past hundred years,  
Making a difference to our nation and more,  
Bringing healing and wholeness to the unreached and poor,  
To all who would enter, you're a home,  
A home of transformation.*

The speaker for this Service was Dr. Kuruvilla Varkey, former Chairman of the CMC Council. Using the imagery of a mirror, window and a mountain, Dr. Varkey said the Centenary Year should be a time for looking inward, looking outward and looking upward. As we reflect on the past hundred years, there must be a renewal of our collective mandate and a widening of our horizons. What is unique about CMC's health care service is the very definition of healing and the delivery and practice of health care- a wholistic restoration, the emphasis on reaching out to the marginalised, and a focus on the spiritual dimension, with healing coming from God. Dr. Varkey exhorted the community and Institution to continue to be 'salt' and 'light' for the world, a 'city on a hill', telling a different narrative and speaking a new language. Isaiah 58:11 and 12 holds the promise of encouragement to all of us, as people who will rebuild, raise up, renew, repair and restore.

The Service concluded with a fellowship gathering in Scudder Hall.



## CMC Observes Republic Day



The national flag was hoisted at the various campuses in observance of the Republic Day. At the college campus the flag hoisting was organized by the Students Association, and the Chief Guest, Dr. D.J.Christopher, Professor and Head of Pulmonary Medicine, hoisted the flag and addressed the gathering. At the hospital campus the flag was hoisted by Dr. Vikram

Mathews, Associate Director (Admin) and at the CMC Chittoor Campus the flag was hoisted by Dr.Santhosh Varughese, Professor and acting head of Nephrology and Deputy Director (HR). The republic day parade by the security personnel was indeed a sight to behold.



## Celebration of Nursing Excellence Certification



The celebration of the Nursing excellence certification from the National Accreditation Board for Hospitals and Healthcare Providers took place on 16th of January 2018 at the Scudder auditorium, Bagayam.

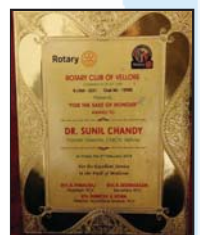
The programme began with invocation by nursing staff and devotion led by Chaplain, Rev. Aruldas. Dr.Succeena Alexander delivered the welcome address and Mrs. Sheela Durai, the Additional Deputy Nursing Superintendent briefed the audience about the process and procedures involved in the journey towards Nursing excellence certification.

Dr.Premila Lee, the Nursing Superintendent, introduced the Chief Guest, Dr. Girdhar J. Gyani, the Director General, Association of Healthcare Providers of India, and former Secretary General, Quality Council of India also known as the 'Quality man of India'. Dr.Girdhar congratulated nurses for being the backbone and the heart of the health system and urged them to showcase their contributions and enter the mainstream of healthcare management.

Dr. Paul M J, Dr. Deepak Abraham and Dr.Selva Titus Chacko offered felicitations. The Nursing Excellence certificate was received by the Nursing Superintendent and her team. The 12 Nursing departments and the Quality Management Cell (QMC) were honoured for their contributions. There were about 30 retired nursing faculty who were honoured at this time in recognition of their service.

## Congratulations!

• **Dr. Sunil Chandy**, Professor, Department of Cardiology Unit III was awarded the "For the sake of Honour Award" by the Rotary Club of Vellore on 2<sup>nd</sup> February 2018, for demonstrating excellence in the area of administration and management in CMC and for improving services for the people of Vellore.



• **Dr. Lallu Joseph**, Quality Manager, Department of Quality Management Cell has been nominated as the Technical Advisor of the committee for NABH Accreditation, NIMHANS, Bangalore.



- **Dr. Selvin Theodore Jayanth**, Assistant Surgeon, Department of Urology won the “Brij Kishore Patna Prize Best Paper Session” for the paper titled "Renal Transplantation in Abnormal Lower Urinary Tract-Impact on Graft outcomes, Patient Survival and Complications" at the USICON 2018 held at Jaipur from 18<sup>th</sup> to 21<sup>st</sup> January 2018.
- **Dr. Zubair Khan**, Fellow in Asthma, Allergy and Immunology, Department of Pulmonary Medicine, won the first prize for Oral presentation on the topic "Fungal Sensitization in Asthma" in Dr.Sheldon Spector Memorial CME held on Allergic Diseases at CMC Vellore on 10<sup>th</sup> January 2018.
- **Dr. Ranjan S.S**, Final year PG student in PMR was awarded the “Dr. Hanumantha Rao” gold medal for the second prize in PGT paper presentation at the 46<sup>th</sup> National conference of Indian Association of Physical Medicine and Rehabilitation (IAPMR) held at New Delhi from 19<sup>th</sup> to 21<sup>st</sup> January, 2018.
- **Dr. Ananth P Abraham**, Postgraduate resident in Neurosurgery won the first prize for his paper titled "Risk of developing shunt dependent hydrocephalus in children following surgery for posterior fossa tumours" at the 29<sup>th</sup> Annual Conference of Indian Society for Paediatric Neurosurgery held at Hyderabad from 1st to 3rd February 2018.
- **Dr. Narmada Ashok** won the second prize for oral presentation of the following project: "Potency comparison of Indian manufactured vs. FDA-approved allergens". Authors: Dr. D.J. Christopher<sup>1</sup>, Dr. Narmada Ashok<sup>2</sup>, Sr. Aruna Ravi Verma<sup>3</sup>, Ms. Deepa Shankar<sup>4</sup>, Mr. Erik Peterson<sup>5</sup>, Ms. Phuong T. Dinh<sup>6</sup>, Dr. P.K. Vedanthan<sup>7</sup>.

**Retirement**

**Mr. S. Panchatcharam**, Hospital Attendant Gr.I, O.P.D. retired on 1<sup>st</sup> February, 2018 after 32 years of dedicated service to the institution. His daughter Dr. Beulah Subashini is an Assistant Professor in Microbiology and son Mr. Yesudoss Sudhakar is a Lecturer in Clinical Biochemistry.

CMC community is thankful for his years of dedicated service and wishes him a blessed retirement.

**Upcoming Event**

**National Conference on Simulation Based Learning (SIMEDUCON)**  
**Theme: “Simulation-Shifting the paradigm of Education & Safety in Healthcare”.**  
**1<sup>st</sup> to 3<sup>rd</sup> MARCH**

**Pre –Conference workshop:**

- Training of Trainers (TOT) in Simulation based learning (1<sup>st</sup> & 2<sup>nd</sup> March)  
Do you wish to become a Simulation trainer? - An Excellent opportunity for all Medical, Nursing and Allied health faculty/Instructors who wish to become trainer in Simulation based teaching.
- Basic Skills Workshop (2<sup>nd</sup> March)  
Hands on training in CPR, Defibrillation, Airway, Vascular access, Birthing/PPH, Basic Trauma Care, Surgical procedure, Neonatal Resuscitation.  
**Limited seats available for Medical, Nursing students, and Interns (Maximum 40 participants only)**
- Advanced Skills Workshop (2<sup>nd</sup> March)  
Hands on training in Airway, Difficult airway, Vascular Access, Intercostal Chest Drainage, Emergency Ultrasonogram, ACLS case scenario.  
**Limited seats available for Post Graduates trainees, Nurses and Doctors(Maximum 30 Participants only)**

**Highlights of the conference (3<sup>rd</sup> march)**

- Interesting topics on Simulation as an Educational and Quality tool in healthcare-Didactic Lectures, Debates and Panel discussion
- Experts from ISRO and Nuclear Plant (IGCAR) to share their model of Crisis Resource Management.
- A great opportunity to meet and interact with International and National simulation experts.
- Attractive Prize and awards for poster/Oral presentations – Call for Abstracts on all Simulation, Skills training, Medical Education related works and research.

For Registration, Abstracts submission and enquiry Please contact – Dr. J.Ebor Jacob, Paediatric ICU, CMC, Vellore. Email: picu@cmcvellore.ac.in, simeeducon2018@gmail.com; Contact No: 0416-22833666, Mobile no: 870333409.

**Situations Vacant****1. Assistant Professor with MD (Community Medicine) for the Department of RUHSA**

Experience : Should have at least one year teaching experience as Assistant Professor in any MCI recognized teaching institution

Salary : As per institutional rules

Accommodation provided: (Partly furnished, depending on availability).

**2. Senior Resident Gr.III with MD/DNB (Obst. & Gynae.) for the Reproductive Medicine Unit**

Salary : As per institutional rules.

Accommodation provided (Partly furnished, depending on availability).

**3(a). Assistant Professor for the Department of Dermatology Unit I**

Qualification : MD (Dermatology)

Experience : Should have at least one year teaching experience as (Assistant Professor) in any MCI recognized teaching institution

**3(b). Registrar (Non PG with MBBS)**

Salary : As per institutional rules

Accommodation provided: (Partly Furnished, Depending on availability).

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and full address to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 or by e-mail [princi@cmcvellore.ac.in](mailto:princi@cmcvellore.ac.in) on or before **February 24, 2018** for items 1, 2, 3(a) and 3 (b).

**4. Centre for Stem Cell Research (a unit of inStem, Bengaluru) & Christian Medical College, Vellore.**

**Job Code: 1231**

The Centre for Stem Cell Research (CSCR), a unit of inStem Bengaluru, which was established in collaboration with the Department of Biotechnology (Government of India) and the Christian Medical College (CMC) Vellore, invites applications for the position of Scientist, in the Project entitled 'Novel Approaches to Haematological Disorders (NAHD).

**Scientist for Centre for Stem Cell Research**

Qualification : Ph.D. in life sciences with 3-5 years post-doctoral research experience with strong background in the techniques for in vitro cell culture of primary cells and stem cells. Work experience in cell banking and induced pluripotent stem cells is desirable.

Responsibilities : The selected scientist will be responsible for management of a stem cell bank that generates induced pluripotent stem cells for various applications.

Mode of appointment : Project mode. Salary : As per institutional rules. Accommodation not provided.

For more details of this position and the application form, visit (<http://www.cscr.in/research-opportunities.php>). Please send the duly filled application mentioning the Job code either by soft copy (Email to : [cscredu@cmcvellore.ac.in](mailto:cscredu@cmcvellore.ac.in)) or by hard copy address to: The Principal, Christian Medical College, Bagayam, Vellore-632 002, Tamil Nadu on or before **March 15, 2018** for item 4.

**5. Sr. Programmer Gr.V for the Medical Superintendent's Office**

Qualifications : B.Tech./ B.E (Computer Science) / MCA/ MCS/ MS Computer Science/ M.Sc (Computer Science) and proficient in MYSQL, Java programming and DCM4CHE application management.

Experience : Candidate must have atleast 4 years experience with Digital Imaging System in Hospital Environment, and should be able to independently manage PACS system, develop interface for imaging devices and provide hardware.

Salary : As per institutional rules. Accommodation not provided.

**6. Social Worker Gr.V (Project) for the Department of Clinical Haematology**

Qualifications : M.Sc., Medical Sociology/ M.S.W or M.A Sociology

Salary : As per institutional rules. Age limit : 35 years.

Job description : Counseling patients and relatives and doing socio economic assessment.

**7. Staff II Cardiac Technician for the Department of Cardiology**

Qualifications : B.Sc., (Science Subject) with PG Diploma in Cardiac Technology (only female candidates who have 2 years experience in echocardiography need to apply).

Salary : As per institutional rules. Age limit : 35 years.

Job description : To assist in Cath Lab, Echo Cardiology, ECG, Treadmill and Holter.

**8. Staff III Speech Technician for the Department of E.N.T**

Qualifications : H.Sc., with one year Diploma in Speech, Language and Hearing

Salary : As per institutional rules.

Age limit : 35 years.

Job description : To carryout routine audiovestibular tests and duties in the lab.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies".

**Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **February 19, 2018** for item 5 and **February 26, 2018** for items 6, 7 and 8.

**9. Night Supervisor for Nursing Service**

Qualifications: B.Sc. Nursing with Five year work experience. Age : Below 35 years.

Salary : As per the institutional rules. Accommodation not provided.

Job description: Supervisory coverage of the Nursing Department and patient care areas during night shifts.

Apply with bio-data, certificates and testimonial copies, contact phone number, email ID & address with pincode to the Nursing Superintendent, Christian Medical College, Bagayam, Vellore-632 004.

email: [nso@cmcvellore.ac.in](mailto:nso@cmcvellore.ac.in) on or before **February 28, 2018** for Item 9.

**10. Schieffelin Institute of Health - Research & Leprosy Centre, Karigiri** invites applications for the following posts:

- a) **Dermatologist (M.D / DD or DNB)**
- b) **Paediatrician (MD / DCH (Paediatrics))**
- c) **Orthopaedic Surgeon, (M.S (Ortho.) or D.Ortho)**
- d) **Medical Officer (MBBS)**

Apply with bio-data along with photocopies of certificates and a demand draft for Rs.50/- in favour of "SIH-R&LC., Karigiri" addressed to the Director, SIH-R&LC., Karigiri, Pin - 632106. Email: [director@karigiri.org](mailto:director@karigiri.org)

website : [www.karigiri.org](http://www.karigiri.org) Last date for receipt of applications: **February 24, 2018.**



# Let's Think Together

No.2

FEBRUARY 19, 2018



## **Being a Blessing**

**Suggested reading: 2 Corinthians 9: 8-11**

At a reunion of friends, I heard many people say, “I’ve been so blessed,” and “I’m so blessed to have....”. I realized that yes, they were blessed indeed in the worldly sense. Their jobs were secure, beautiful homes and cars, children married well, holidays abroad and so on. In our materially obsessed world, we are so used to thinking of blessings as *things* that are given to us.

What does being blessed really mean? That we got the job / promotion / award that we wanted? Or that we have the house / family / lifestyle we have? Or that our children / spouses / parents give us no problems? If we don’t have these things, but have instead illness, a difficult marriage, wayward children or an uncertain future, does it mean that we are not blessed?

The Bible tells us that the most blessed person who ever lived was Jesus. Not because he was given His heart’s desires, but because he clung to the promise that he was God’s Son, who was much beloved and in whom God was well pleased, even before he began his work. This assurance was given to Jesus before he began His ministry of healing and teaching. It was this deeply held faith and affirmation that allowed Jesus to be a blessing to the blind man at the pool side, to the woman at the well, to 5000 hungry people who came to listen to him, and to many more who came his way. Being a blessing to others was Jesus’ lifestyle – no matter how tired he was, his hands and heart reached out to those who needed him. He could spot the needy person in the crowd and be the blessing that person needed him to be. What did Jesus get out of ‘being the blessing’? Nothing but joy that that he was doing God’s will!

To go from thinking of ourselves as ‘being blessed’, to ‘being the blessing’ is a big shift in our values and way of life. To move from being selfish and insular, to being completely unselfish and looking out for those who need something from us is a conscious change in thought and behavior. But before we can do this, we too, like Jesus, need to hear God’s voice and feel His love deep in our heart before we can venture out to be a blessing. We need that loving security and assurance that we don’t need anything more than this for ourselves.

How do we hear God’s voice and feel this affirmation? By spending time in prayer, quietness and stillness. Hearing and feeling this affirmation daily will help us to not listen to the selfish material world. It will help us to truly be a blessing for someone every day.

### **Think about this!**

If you were to hear this affirmation and make this conscious choice to be a blessing to someone else, how do you think your life will change?

### **Think about this!**

Why should we be a blessing to others in today’s world when relationships are so casual and fraught with tension?

USHA JESUDASAN  
ushajesudasan@gmail.com

# CMC NEWSLINE

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Our help is in the name of the Lord, the Maker of heaven and earth. *Psalm 124:8*

## Graduation ceremony of Diploma in Allergy & Asthma (12<sup>th</sup> Batch) on 10<sup>th</sup> January, 2018 with a Dr. Sheldon Spector memorial CME



**D**iploma in Allergy & Asthma (DAA), is a yearlong distance education course offered to physicians specialized in internal medicine, paediatrics, ENT and pulmonary medicine. This course is offered to doctors in India as well as those who are from several other countries including Sri Lanka, Nepal, Kenya, Uganda, Rwanda, Indonesia, USA, Canada, UAE, Saudi Arabia and the Caribbean. DAA is endorsed by the 'American Academy of Allergy, Asthma and Immunology' (AAAAI), which is the World's largest and the most respected professional association of allergy and asthma specialists and the 'Center for Global Health' (CGH), University of Colorado, USA.

The prevalence of allergic and other airways disorders have increased at a fast pace. To address this important issue, the Department of Pulmonary Medicine in association

with International Asthma Services (IAS), USA led by Dr. P.K. Vedanthan an American board-certified allergy and asthma specialist developed this course.

The graduation ceremony was held at the New Examination Hall, Bagayam campus. The ceremony began with prayer at 7 pm followed by introduction of the chief guest, Dr. Hugo Van Bever, by Dr. Vinay Mehta. Dr. P.K. Vedanthan and Dr. D.J. Christopher presented the graduates to the chief guest. A total of 31 candidates met the minimum standards to qualify for the award of DAA. Dr. Hugo Van Bever, in his address to the graduates, reiterated the need for further research in the field of allergy especially in India. Dr. Arun M was awarded the Dr. Henry Claman gold medal award for overall proficiency and Dr. Mongressa V. Monteiro was awarded the Dr. Harold Nelson silver medal.

*Special Prayers: February 18 - 24, 2018*

*Accident and Emergency Medicine :*  
Dr. K.P.P. Abhilash and Staff  
Mrs. Jeyalinda Christopher and Staff

*Catholic Health Association of India*  
Council Member: Rev. Dr. Mathew Abraham

Hospital: St. John's Medical College and Hospital, Bangalore and others

*Sunday Services : February 25, 2018*

6.00 pm : **Scudder Auditorium**  
Dr. Elwyn Elias

6.30 pm : **Hospital Chapel**  
Dr. David Chase

5.00 pm : **Friendship Chapel, KPTR Campus**  
Mrs. Linnea Good

*Welcome :*

**Dr. Shalini Anandan**, Professor, Department of Microbiology, on her return from sabbatical leave.

**Dr. Ann Mary Augustine**, Associate Surgeon, ENT Unit-IV, on her return from study leave.

**Dr. Thomas Matthai**, Associate Professor, Orthopaedics Unit-III, on his return from study leave.

*Obituary :*

**Mrs. Nalini Swamidasan**, mother-in-law of Dr. Suresh Devasahayam, Professor and Head of Bio Engineering Department and mother of Ms. Isobel Swamidasan, Teacher in Ida Scudder School on 14<sup>th</sup> February, 2018.

Our thoughts and prayers are with the bereaved members of the family at this time of grief and loss.

On this occasion, a CME dedicated to Late Dr. Sheldon Spector, a renowned Physician, researcher, and lecturer in the field of Asthma, Allergy and Clinical Immunology was organized. Dr. Vinay Mehta, Allergist from Nebraska, USA was the organizing chairman of the CME. Contemporary topics in allergy were covered by Dr. Hugo Van Bever,

*Continued on page 2*

## Graduation ceremony of Diploma in Allergy & Asthma (12<sup>th</sup> Batch) on 10<sup>th</sup> January, 2018 with a Dr. Sheldon Spector memorial CME

Continued from Page 1

Senior Professor in Paediatrics and Allergist, National University, Singapore, Dr. Vinay Mehta and Dr. D.J. Christopher, Professor in Pulmonary Medicine & Co-director of DAA. In addition, there were oral and poster presentations. The oral presentation award was won by Dr. Zubair Khan, Fellow in Asthma, Allergy and Immunology, CMC, Vellore.



The best poster award was won by Dr. Aratrika Das, School of Tropical Medicine, Kolkata.

## The Department of Anatomy organizes Workshop on Special Stains



A one day “Workshop on Special Stains” was organized by the Department of Anatomy on 25<sup>th</sup> January, 2018. The workshop began with a prayer by Rev. Raja. The chief guest Dr. Anna Pulimood, Principal highlighted the importance of special stains in clinical practice drawing from her experience as a Pathologist. The workshop was attended by 36 delegates from across the country who were benefitted by the sessions on performing Alcian Blue,

Luxol fast blue, Verhoeff’s Van Geison and Massons trichrome staining techniques. As part of the workshop; ‘Handbook of histological techniques’ - a book based on the techniques and methods used in the department was released. The workshop was well appreciated and special thanks is extended to the Departments of Pharmacology and Biostatistics for providing space for the workshop.

## Ms. Ann Bothamley - Counting 50 years and more in exemplary service



Travelling to the subcontinent of India to the scorching town of Vellore, Ms. Ann began her journey of service in obedience to the Lords calling. At 27, already an expert in general nursing and midwifery at the famous St. Thomas’ Hospital (UK), she was determined to pursue this vision.

On her arrival in 1968, majority of her professional work was centred around resuscitating the ‘dying’ M- Ward. As a ward sister and later on as a department sister she paved the way for its expansion from a single unit to that of a multispecialty ward complete with coronary care unit, renal transplant unit and bone marrow transplant unit. Displaying versatile skills clinical and architectural – planning the layout with the well known Mr. M. Sengodan, the walls and interior of M -ward took form. Every three years she would go back to England, gather more knowledge, come back to CMC and contribute in administration, teaching, intensive care nursing and various other areas.

Her work at the clinical side was an inspiration, and this inspiration still continues. It was during these days that she came across Dr. Kuruvilla Varkey and the dilemma faced by the missionaries who work in remote places. The children of the missionaries had no access to good education and care. It was at this instance that the concept of the present 'Balanilayam' took shape. At her flat in Anandagiri (Hospital campus) she and her colleague Ms. Thompson began this mission of providing care for these children. As days went by, funds began to flow in and they had enough money to buy a land at Sanjeevipuram where they began the construction of Balanilayam. The children who have grown up with her are blessed and her service to their families is indeed the work of the Lord.

50 years of service to the institution has left us indebted to her. Even after her retirement in 1998 her will to serve did not diminish. Aunty Ann, as she is lovingly called is still energetic and still giving her all in service to others. At present she is working with the Department of Haematology, counselling the children who undergo treatment. A true embodiment of love and perseverance, she stands so true to the verse which led her into this field: “Go then, to all peoples everywhere and make them my disciples: baptize them in the name of the Father, the Son, and the Holy Spirit, and teach them to obey everything I have commanded you. And I will be with you always, to the end of the age.” *Matthew 28:19 -20*



## Notification : Kotagiri Medical Fellowship Hospital (KMF) Kotagiri, Nilgiris

KMF Hospital in Kotagiri is a 50 bedded hospital catering to a population of almost one million of which about 60% are from a tribal background. This hospital was started in 1941 by Dr. Pauline Jeffrey (Biographer of Dr Ida Scudder) and few other missionaries with encouragement and support from Aunt Ida and CMC Hospital. In 2017, this hospital has come under the management of CMC and is in the process of renewing the medical work. It has well maintained infrastructure and a dedicated eye unit apart from general services, Operation theatre and HDU. Plans are in way to improve the laboratory and community work, and support from those interested is well appreciated. There is a high incidence of myocardial infarction with almost three to four cases in a week and the nearest reliable hospital facility is about three hours away. At present, there is a need for:

1. Physician
2. Ophthalmologist
3. Orthopaedician
4. Paediatrician

Those interested in being part of this revival work at KMF in any way, may write to the Missions Department, Directorate, CMC, email id: [missionsoffice@cmcvellore.ac.in](mailto:missionsoffice@cmcvellore.ac.in) or visit the Missions Department in Directorate Extension, Ist Floor, Main Block. Those interested to visit the place are welcome. Clinical Units are invited to be involved through camps and can convey their interest and this can be taken forward.

## Congratulations!

• **Dr. Neeraj Kulkarni**, Assistant Professor, Department of Obstetrics & Gynaecology won the FOGSI Karan Gupta Memorial Award for his poster titled: “Peripartum hysterectomy: Lessons learnt over a decade in a tertiary care centre in South India” at the 61<sup>st</sup> All India Congress of Obstetrics and Gynaecology held at Bhuvaneshwar from 17<sup>th</sup> to 21<sup>st</sup> January 2018.

• **Dr. Shweta Nair** won the 1<sup>st</sup> prize for the poster titled “CBCL as a predictor of relationship between ASD and associated comorbidities” at the 55<sup>th</sup> National Conference of Indian Academy of Paediatrics (PEDICON 2018) held from 5<sup>th</sup> to 7<sup>th</sup> January, 2018 at Nagpur.

• **Dr. Joyson Soundrarajan**, Senior Librarian & Head, Department of Library Services has been awarded the 'Best Librarian of the Year 2017-18' (Shri S.L. Vij Orientation Award) in the Health Information Field at the 1<sup>st</sup> National Convention on Open Access to Health Information: Trends, Models and Strategies for Medical Libraries held at Jaipur during 9<sup>th</sup> and 10<sup>th</sup> of February 2018, organized by the Rajasthan Medical Library Association and Jaypee Brothers Medical Publisher and Distributors, New Delhi.

• **Ms. Dharini S.**, Staff Perfusionist in the Department of Cardio Thoracic Surgery was awarded the “Upcoming Young Perfusionist Award” for the best paper presented at the 18<sup>th</sup> annual conference of the Indian Society of Extra Corporeal Technology (ISECTCON 2018), held on 2<sup>nd</sup> and 3<sup>rd</sup> February, 2018 at Vishakapatnam.

## Memoranda

• **Dr. Niranjan Thomas A.W.**, Professor of Neonatology is appointed as Head of Neonatology Unit-I for a four year term with effect from 12<sup>th</sup> February, 2018.

• **Mrs. Alice Sony**, Professor of Nursing, is appointed as Deputy Dean, College of Nursing, for a period of four years with effect from 24<sup>th</sup> February, 2018.

• **Mrs. Margaret Manoharan**, Professor of Nursing, is appointed as Additional Deputy Dean, College of Nursing, for a period of four years with effect from 24<sup>th</sup> February, 2018.

## Upcoming Event

**Centenary Celebration Concert at 6.30 pm, Saturday 3<sup>rd</sup> March, Scudder Auditorium**

An evening of classical music and popular songs from the musicals, presented by **Themes and Variations** musical group from Chennai led by Pratibha Santwan. It will be a lively programme including Solos, Vocal Duets, Piano Solos and Duets and Acapella, to celebrate the Centenary of Medical Education at CMC. Entry is free all are welcome. There will be a retiring collection in aid of the **Centenary Scholarship Fund** which has been set up to encourage and enable promising young women, from disadvantaged backgrounds in Vellore, to pursue a college education. Kindly donate generously. For Further details contact: Mr. Hugh Skeil, Development Office. Email [dev.office@cmcvellore.ac.in](mailto:dev.office@cmcvellore.ac.in) Phone : 0416 - 228 3509.

## Retirement



**Mr. K. Karnan**, Sr. Clerk Gr.I, Clerical Pool, retired on 4<sup>th</sup> February, 2018 after 11 years of dedicated service to the institution. His wife, Mrs. Meenal Kodi is a Ward Clerk in Rehabilitation Unit.

CMC community is thankful for his years of dedicated service and wishes him a blessed retirement.

## Situations Vacant

### 1. Senior Resident for Hospital Infection Control for the Department of Microbiology

Qualification : MD (Microbiology).

Age limit : Below 40 years. Salary scale : As per institutional rules.

Accommodation provided (Partly furnished, depending on availability).

### 2. Senior Resident with MD (Paediatrics) for the Department of Paediatrics Unit-II (Paediatric Nephrology)

Age limit : <40 years. Salary : As per institutional rules.

Accommodation provided (Partly furnished, depending on availability).

### 3. Senior Demonstrator (NM) with M.Sc. in Biostatistics / M.Sc. Statistics for the Department of Biostatistics

Salary scale : As per institutional rules. Accommodation not provided.

### 4. Tutor Gr.IV with BOT (Regular Course) for the Department of Psychiatry Unit-II

Salary scale : As per institutional rules. Accommodation not provided.

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and full address to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 or by e-mail: [princi@cmcvellore.ac.in](mailto:princi@cmcvellore.ac.in) on or before **March 03, 2018** for items 1, 2, 3 and 4.

### 5. Research Fellow for the Department of Neurological Sciences

*Job code: 1232*

Qualification : M.Sc. Biochemistry / M.Sc. Life Sciences.

Mode of Appointment : Project mode.

Salary : As per institutional rules. Accommodation not provided.

Download application from this link: <http://www.cmch-vellore.edu/> → General → Vacancies → Application Form for Project Staff. The print out of the application with certificates and testimonial copies should be sent to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 on or before **March 03, 2018** for Item 5. *Note: Please mention the Job Code in the application form. The application without Job code will not be accepted.*

### 6. Erratum : Staff II Cardiac Technician for the Department of Cardiology

Qualifications : B.Sc. (Science subject) with PG Diploma in Cardiac Technology.

Age limit : 35 years. Salary : As per institutional rules.

Job description : To assist in Cath Lab., Echo Cardiography, ECG, Treadmill and Holter.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **February 26, 2018** for item 6.

### 7. Chemical Engineer (Project Mode) for Environmental Engineering Department

Qualification : BE Chemical Engineering. Age limit : 30 years & below. Salary : As per institutional rules.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **February 24, 2018** for item 7.

# Special Issue

Vol.No.55 No.35

FOR PRIVATE CIRCULATION ONLY

FEBRUARY 26, 2018



## *Living Our Legacy Daring to Dream*



It is hard for us today to imagine what Vellore would have looked like a hundred years ago. Clusters of huts and tiled houses; hardly any trees or shade. Famine, drought and poverty brought deadly diseases.

The young Dr. Ida Scudder and her team working day and night at the little hospital were run off their feet. Yet, Dr. Scudder found herself dreaming. What Vellore needed most was a bigger hospital! And the hospital needed well - trained Indian lady doctors. She realized that the only way to achieve this was to start a medical college herself. The dream took over from there.

The thought of training Indian women was preposterous to some of the men from the missions who funded her work. Thick, negative clouds floated around for a while, but no opposition could hold back the dream; the heart was engaged; the vision had been seen. Mrs. Lucy Peabody, the only American representative of the International Missionary Council in Holland, a no - nonsense-type of lady, firm in her views and speech, came to India to look for a suitable Arts College for women. She did not see the need for a women's medical college and wasn't interested in Dr. Scudder's impassioned pleas for one. But seeing the sad plight of the local women who came to the little hospital, Lucy Peabody's heart was touched. She caught a spark from Dr. Scudder's flame and lit the fires of hundreds of ordinary women in America to pitch in to help raise the necessary funds.

In those difficult years when the American depression made funding difficult, the dream kept Dr. Scudder going. She had seen a plot of land at the foothills of the mountains just outside Vellore and knew exactly where every brick and tree would fit. In her dream, it was not just a medical college she was building, but the 'Kingdom of God' – a community of doctors and medical workers who like Jesus would walk, touch, heal the sick in body and mind. To do this, her dream had many layers. In the first, a certain kind of person had to be hand - picked and nurtured till she was punctual, hardworking, honest, compassionate and caring. Another layer as important as the first, was community building – to hold together in unity and harmony those who worked and lived together in the same campus. The links that would bind them together would be faith, love and a common mission. So a pattern of Christian living - of worshipping and eating together, studying the Bible in each other's homes and sharing resources was begun. The CMC way – a way of life different from other colleges was part of the dream. Then, there was the laying of foundations and traditions that would be special to CMC - the personal nurturing of every student, having music, drama and sport as part of college life, the ceremonious planting of trees, student picnics and the gloriously formal graduation ceremony.

Dr. Scudder's life and vision shows us how important our dreams are – especially when they are unselfish and for the greater good of humanity.

As a community of Christian healers and teachers, dare we dream and build on this today? What would our dream be for the place we live and work in? Dare we take our dreams to God and watch them unfold?

Usha Jesudasan  
ushajesudasan@gmail.com



# CMC NEWSLINE

Vol.No.55 No.35 FOR PRIVATE CIRCULATION ONLY FEBRUARY 26, 2018

Do you not know that in a race all the runners run, but only one gets the prize? Run in such a way as to get the prize.  
*1 Corinthians 9:24*



## Second edition of Cyclothon marks CMC's partnership with VIT towards eco-friendly initiatives



On the 10<sup>th</sup> of February 2018, the much awaited cyclothon was conducted in association with Vellore institute of Technology (VIT), to create awareness regarding air pollution. Covering a distance of 7.5 kilometres, from the VIT campus to the Paul Brand Building, CMC more than 300 cyclists' peddled on with much enthusiasm.

The cyclothon was flagged off by Dr. J.V Peter, Director, Dr. Anna B Pulimood, Principal and Dr. G.V Selvam, Vice Chancellor, VIT. The chief guest for the occasion was Mr. Anil Sharma well known as the iron man of Madras, the record breaker of India's

toughest triathlon challenge. At the Valedictory ceremony he stressed on the objective of the event, which was to remind the citizens to be eco friendly and to demonstrate a healthier lifestyle. Mr. Hugh Skiel, Manager, Development Office spoke about the growing concern regarding petrol consumption and air pollution. The medals and certificates were distributed to the winners. 10 year old, Ms. Misba, the youngest participant came 9<sup>th</sup> and received a prize from the chief guest.

The event concluded successfully. Special thanks was extended by the organising secretary, Mr. Richard Samuel to Dr. Balaganesh, Physical Director, Dr. Anand Bhaskar,



*Special Prayers: February 25 - March 03, 2018*

### Cardiology:

Dr. Oommen K. George and Staff  
Dr. Viji Samuel Thomson and Staff  
Dr. Paul V. George and Staff  
Dr. John Roshan Jacob and Staff  
Mrs. Jasmin Anand and Staff

### Cardiovascular and Thoracic Surgery :

Dr. Roy Thankachen and Staff  
Dr. Madhu Andrew Philip and Staff  
Dr. Vinayak Shukla and Staff  
Mrs. Jasmin Anand and Staff

### CSI Kanyakumari Diocese

#### Council Members:

Rt. Rev. Dr. G. Devakadasham  
Dr. S. Rajesh Sathya

Hospital: CSI Hospital, Neyyoor and others

### CSI Karimnagar Diocese

#### Council Members:

Rt. Rev. Dr. Prof. K. Reuban Mark  
Dr. G. Sam Pavan

### Friends of Vellore - Germany

#### Council Members:

Dr. Peter Albrecht  
Rev. Thomas Oesterle

### Sunday Services : March 04, 2018

6.00 pm : **Scudder Auditorium**  
Mrs. Linnea Good

6.30 pm : **Hospital Chapel**  
Dr. Ronald Carey  
(Nursing Baccalaureate Service)

5.00 pm : **Friendship Chapel, KPTR Campus**  
Mr. Samson Varghese

### Memoranda :

**Mrs. Ebenezer Ellen Benjamin**, Professor of Maternity Nursing, is appointed as Deputy Director (Nursing & Campus Development) with effect from 1<sup>st</sup> March 2018 till her superannuation.

**Dr. Sowmya Sathyendra**, Professor of General Medicine, is appointed as Deputy Director (Promotion) with effect from 24<sup>th</sup> March 2018 for a four year term.

Professor Sasikumar, Professor Subhashini, Rancycers group, Chief of security, Directorate, GS Office, MS Office, VIT student committee, press, media, Superintendent of police and to all the participants.

## Training and Certification Programme for Acute Pain-Nurses organized

The Department of Anaesthesia and the Office of the Nursing Superintendent conducted a Training and Certification Programme for Acute Pain-Nurses from 29<sup>th</sup> January to 2<sup>nd</sup> February, 2018. This programme was initiated by Dr. Mary Korula former Head, Department of Anaesthesia. Since 2013 a team of 4 Acute Pain Nurses from the Surgical Nursing Department have been in active service.



The team provides specialized care in the area of pain education, assessment, management, assessing the adequacy of pain relief in patients receiving different pain relief modalities, maintaining epidural and other analgesic infusions, identifying and managing analgesic-related complications. The purpose of this programme was to expand the nurse-based Acute Pain Services to patients in surgery, orthopaedics and paediatrics, obstetrics and gynaecology. Dr. Anita Shirley, Professor in Anaesthesia and Mrs. Asha Solomon, Professor, Surgical Nursing jointly co-ordinated the training programme, under the leadership of Dr. Sajan Philip George, Head, Department of Anaesthesia and Dr. Premila Lee, Nursing Superintendent. Thirteen staff nurses were trained and certified.

## World Diabetes Day 2017-18 : Valedictory Ceremony

In commemoration of the World Diabetes Day 2017-18, the Department of Endocrinology, Diabetes & Metabolism conducted a series of events for the school and college students of Vellore City from October 2017 to February 2018 and the valedictory ceremony was conducted on 10<sup>th</sup> February 2018. The events varied from Cookery Competition, Nursing Quiz, Medi Quiz, Essay Writing Competition in English & Tamil, Painting competition, Teacher's Quiz, Exhibition & Poster Competition, and Self Composed Dance competition.



The chief guest Thiru S.A. Raman, I.A.S, Vellore District Collector, in his address encouraged the students to adopt a healthier and active lifestyle which will keep diabetes at bay. The highlight of the evening was the dance competition on the theme "How Does Diabetes Affect Us Economically?" Among the schools the first prize was bagged by St. Marks Matriculation Higher Secondary School, the second prize went St. Mary's Higher Secondary School, kosapet and the third to Vani Vidyalaya, Katpadi and N. Krishnaswamy Mudaliar Higher Secondary School, Sainathapuramin.

Among colleges, Addon Institute of Medical Mission And Research Centre, won the first prize, followed by Narayani College of Nursing and Arcot Sri Mahalakshmi Women's College of Nursing in the second and third places respectively.

## College of Nursing hosts Annual Sports Meet (2017 -2018)

The College of Nursing Annual Sports Meet was held on 3<sup>rd</sup> February 2018 at the CMC Oval Ground, Bagayam. Mrs. Jabin Khaja, the Sports Advisor welcomed the gathering and the chief guest Dr. Regi Thomas, Professor & HOD, ENT-I, was introduced by Dr. Selva Titus Chacko, Dean. The dignitaries hoisted the National flag, College flag and the Olympic flag followed by the lighting of the Olympic torch declaring the sports meet open. Ms. Jeba Snegha chairperson, sports committee, presented the annual sports report and the vote of thanks was proposed by Mr. Naveena Krishnan, Physical Director.



The following awards and medals were distributed to the winners by Dr. Anumapa Thomas.

The rolling shield for overall championship: **Nightingale House**

March past rolling cup: **Nightingale & Houghton House**

Individual championship for women: **Ms. Janani P** (Nightingale House)

Individual championship for men: **Mr. Prince B** (Nightingale House).



## Campus Activities: Fund-raising concert by Christ University choir



A fund-raising concert by the choir of Christ University, Bangalore, was held on the 10<sup>th</sup> of February, to raise money for various projects of CMC. The repertoire of the 80-member, multi-faith, student group included Indian folk, Carnatic, 'Glam Rock', Pop, Western Classical, Jazz and Gospel, rendered in English, Hindi, Malayalam, Tamil, Norwegian and scat, an improvisation in vocal jazz where the voice is used to mimic instruments. For the Indian numbers, moving away from the usual format of choral singing, the performance incorporated dance, choreographed to the themes of the songs.

Some of the crowd favourites were Bohemian Rhapsody, Eye of the Tiger, Joyful Joyful, and *Yatra* while the most innovative pieces were *Desh Raag*, *Eatnemen Vuelie* (featured in the movie, *Frozen*), *Chekele*, *Pink Panther*, *Balleilakka* and 1, 2, 3, 4. The show-stealer was their rendition of *Africa*, originally sung by American rock-band, Toto, where the choir recreated the sound of rain – from the soft pitter-patter to crashing rain, thunder and lightning, using their bodies. The fund-raiser was a captivating show by 73 singers, five dancers, four instrumentalists and one sound engineer, led by their inspired choir director, Mr. Jason Kishander. On Sunday, the 11<sup>th</sup> of March, the choir visited the hospital to sing for the patients – an experience that was enriching for the choristers and patients alike.

For photos of the event visit : <http://www.cmch-vellore.edu/>→Photos and Videos→Gallery→Events and Activities.

## Upcoming Event : Centenary of Medical Education

**First Luminary Lecture** : Shri Bezwada Wilson, Ramon Magsaysay Recipient 2016

**Date:** Wednesday, February 28, 2018. **Time:** 6 PM. **Venue:** Scudder Auditorium, CMC Bagayam Campus.

**Please Note:** Buses will leave Kagittapatarai Campus at 4.45PM via ASHA Building

*Refreshments at 5.30 PM; Please be seated by 5.50 PM*

## Retirements



**Mrs. Cordelia David**, Sr. Sel. Grade Senior Pharmacist, Department of Pharmacy Services, retired on 6<sup>th</sup> February, 2018 after 36 years of dedicated service to the institution.

Her husband, Mr. David Livingstone is working in the Main Pharmacy. She has two daughters and one son. Mrs. Eileen and Ms. Ebenezer who is working in the Department of PMR. Her son, Dr. Niger is working as a Non-PG registrar in Family Medicine in LCECU.

**Mr. S. Buthan**, Hospital Attendant Gr.I, Nephrology (AK Lab) retired on 21<sup>st</sup> February, 2018 after 34 years of dedicated service to the institution. He has two daughters, Mrs. Bharathi and Ms. Vinodhini.

CMC community is thankful for their years of dedicated service and wishes them a blessed retirement.



## Admission Notice

### • Summer Admissions Notice 2018

**Group A :** MBBS, B.Sc. Nursing and Allied Health Sciences Degree Courses.

**Group B :** Diploma in Nursing, Diploma Courses in Allied Health Sciences, Post Graduate Diploma Courses & Fellowship in Hospital Administration. M.Sc.- Biostatistics, Medical Physics and Epidemiology. MPH (Master of Public Health).

For more details refer Admission Bulletin available at CMC, Vellore website <http://admissions.cmcvellore.ac.in>

**The last date for online application submission with payment is 26<sup>th</sup> March, 2018.**

**PLEASE NOTE: WE DO NOT ADMIT STUDENTS THROUGH AGENTS OR AGENCIES.**

**Important Information:** "The admission process referred to in this notice shall be subject to any order that maybe passed by the Hon'ble Supreme Court or the High Court in the proceedings relating to the challenge to the NEET or any other statutory enactments that maybe passed by the Central or State Government."

**REGISTRAR** Email : [registrar@cmcvellore.ac.in](mailto:registrar@cmcvellore.ac.in)

### • College Hill Montessori, New Sunset Avenue, College Campus, Bagayam :

Prospectus and application forms for College Hill Montessori will be available in the school premises from 1<sup>st</sup> to 15<sup>th</sup> March, 2018 (Monday to Friday) between 12 - 3 pm on payment of Rs.150/-. CMC staff children who have completed 2½ years by 31<sup>st</sup> May, 2018 (not more than 3½ years) are eligible to apply. Contact phone no. 4797 / 7708716111.



## Situations Vacant

### 1(a) Senior Resident with MD (Anaesthesiology) for the Department of Anaesthesia

Salary : As per institutional rules. Age limit : < 40 years. Accommodation provided (subject to availability).

### 1(b) Assistant Professor with MD (Anaesthesia) for the Department of Anaesthesia

Experience : Should have at least one year teaching experience as (Asst. Professor) in any MCI recognized teaching institution. Salary : As per institutional rules. Accommodation provided (subject to availability).

### 2. Tutor Gr.IV with BOT (Regular Course) for the Department of PMR (Occupational Therapy)

Salary scale : As per institutional rules. Accommodation not provided.

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and full address to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 or by e-mail: [princi@cmcvellore.ac.in](mailto:princi@cmcvellore.ac.in) on or before **March 10, 2018** for items 1(a), 1(b) and **March 12, 2018** for item 2.

### 3. Management Intern for Quality Management Cell

Qualifications : Fulltime MBA / MHA / Bachelors in Engineering / Masters in any Science discipline / P.G. Diploma in Administration, Bachelore in Pharmacy. Salary : As per institutional rules.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **March 03, 2018** for item 3.

### 4. Medical Faculty for the CMC Vellore Chittoor Campus

PMR : Asst. Physician / Associate Physician / Physician with MD / DNB. Salary : As per institutional rules.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies" or email to [dir.hr@cmcvellore.ac.in](mailto:dir.hr@cmcvellore.ac.in) with all testimonials and certificates.

**Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **March 12, 2018** for item 4.

### 5. Hospital Attendant Trainee and Hospital Housekeeping Attendant Trainee

Qualification: Hospital Attendant Trainee - Minimum qualification 8<sup>th</sup> Standard completed (pass or fail).

Hospital Housekeeping Attendant Trainee - Minimum qualification 5<sup>th</sup> Standard passed.

Apply in the prescribed forms available in GS Office with photograph, school certificate and transfer certificate to the General Superintendent, CMC, Vellore.

Those who have already applied also need to apply in GS Office in the prescribed format (available in GS Office) with necessary details before the last date.

Applications will be available at the General Superintendent's Office between **3.00 pm to 4.30 pm** from **26.02.2018**.

**Last date of receipt of applications : 07.03.2018.**

**வேலை காலியிடம்: ஆஸ்பிட்டல் அட்டெண்டெண்ட் Trainee மற்றும் ஆஸ்பிட்டல் ஹவுஸ் கீப்பிங் அட்டெண்டெண்ட் Trainee.**

**படிப்பு தகுதி: ஆஸ்பிட்டல் அட்டெண்டெண்ட் Trainee - குறைந்தபட்சம் எட்டாம் வகுப்பு வரை கண்டிப்பாக படித்திருக்க வேண்டும்.**

**ஆஸ்பிட்டல் ஹவுஸ் கீப்பிங் அட்டெண்டெண்ட் Trainee - குறைந்தபட்சம் ஐந்தாம் வகுப்பு தேர்ச்சிப்பெற்றிருக்க வேண்டும்.**

**குறிப்பு: விண்ணப்ப படிவங்களை பொதுகண்காணிப்பாளர் அலுவலகத்தில் வருகின்ற 26.02.2018 முதல் தினமும் மாலை 3.00 மணி முதல் 4.30 மணி வரை பெற்றுக்கொள்ளலாம். ஏற்கனவே விண்ணப்பித்தவர்களும் இப்படிவத்தில் மீண்டும் விண்ணப்பிக்க வேண்டும். தேவையான தகவல்களை பூர்த்தி செய்து கடைசி தேதிக்குள் சமர்ப்பிக்க வேண்டும். விண்ணப்பிக்க வேண்டிய கடைசி நாள் : 07.03.2018.**

### 6. Ida Scudder School, Vellore - 632 006, Tamil Nadu (Affiliated to the CISCE, New Delhi)

The school invites applications for the following posts:

• **Higher Secondary Teacher in Chemistry** : Applicants should be post graduates with B.Ed.

• **Primary Level Teachers in English, Math, Science and Hindi** :

Applicants should be graduates / post graduates in the respective subjects with B.Ed.

• **Primary Level Teachers for Music and Library** : Applicants should be graduates with relevant experience.

• **Receptionist** : Applicants should be graduates with proficiency in English.

**Note** : 1. All applicants should be proficient in English. 2. Weightage will be given to applicants with teaching experience in reputed schools.

Apply to "**The Correspondent**" Ida Scudder School, No.1, Kalinjur Main Road, Viruthampet, Vellore – 632 006, Tamil Nadu, or email to [idasculder@gmail.com](mailto:idasculder@gmail.com) on or before **08<sup>th</sup> March, 2018** furnishing the CV, latest passport size photograph, copies of all the necessary certificates & other related documents and contact details in the application format available at [https://docs.google.com/document/d/1k6P0Jg1N\\_IIRiAcchWjwLJWLe98fZZNVHrTy6WQn9w/edit?usp=sharing](https://docs.google.com/document/d/1k6P0Jg1N_IIRiAcchWjwLJWLe98fZZNVHrTy6WQn9w/edit?usp=sharing)

# CMC NEWSLINE

Vol.No.55 No.36

FOR PRIVATE CIRCULATION ONLY

MARCH 05, 2018



The law of the Lord is perfect, reviving the soul. The statutes of the Lord are trustworthy, making wise the simple. *Psalm 19:7*

## Shri Bezwada Wilson delivers the First Luminary Lecture



To commemorate the Centenary of Medical Education, the Institution has invited eminent personalities from different walks of life under the **Luminary Lecture Series**. The aim of this series of Lectures is to listen and imbibe from people, who by their work and life, have empowered and transformed societies, have contributed to our national life or are role models for the youth.

**Shri Bezwada Wilson**, *Ramon Magsaysay Recipient 2016* and National Convenor of the *Safai Karamchhari Andolan*, delivered the First Luminary Lecture on February 28, 2018 in the Scudder Auditorium. For over three decades, Shri Bezwada Wilson has fought an extraordinary and inspiring battle for the eradication of manual scavenging. He was born to a family of manual scavengers....and wept as a young adult when he witnessed the unparalleled indignity of this profession. This led to the formation of the *Safai Karamchhari Andolan* that fights not only against manual scavenging, but all forms of caste oppression. He was awarded the *Ramon Magsaysay Award* in 2016 for his

efforts towards '*asserting the inalienable right to a life of human dignity*'. His talk was centred on the basic premise of '*speaking the truth*'. That is the principle on which he and his colleagues have worked towards making manual scavenging a crime, and dedicating their lives towards creating an equitable and just society. Shri Wilson spoke movingly about the challenges he has faced along the way- a lived reality that moved and overwhelmed many in the audience. '*One person,*' he said, '*has to be willing to stand against the flow*'. That is all it takes to start a movement and a change. With his humility and passion for a cause to which he has devoted his entire life, he challenged the audience to question, think, act and build an India where every citizen is truly equal, and enjoys the right to a life of dignity.

Following his lecture, Shri Wilson engaged with the audience in an interactive session that was moderated by Dr. K.S. Jacob, Professor, Psychiatry. Earlier in the programme, the Principal, Dr. Anna B. Pulimood spoke about hundred years of medical education in CMC, and the Director, Dr. J.V. Peter

**Special Prayers : March 04 - 10, 2018**

**College of Nursing  
College of Nursing Library  
Community Health Nursing &**

**Student Nurses Hostel :**

Dr. Selva Titus Chacko and Staff

**Hospital :** Asha Kiran Hospital, Lamtaput.

**Sunday Services : March 11, 2018**

6.00 pm : **Scudder Auditorium**  
Dr. Gladwin Khanapur

6.30 pm : **Hospital Chapel**  
Ms. Saramma Kuruvilla  
(Holy Communion Service)

5.00 pm : **Friendship Chapel, KPTR Campus**  
Dr. Patricia

**Welcome:**

**Dr. Rohin Mittal**, Associate Professor, Department of General Surgery Unit-II, on his return from study leave on 23<sup>rd</sup> February, 2018.

**Days to remember :**

International Womens Day - March 08

World Kidney Day - March 08

welcomed and introduced Shri Wilson. He was presented with a souvenir by the Medical Superintendent, Dr. Prasad Mathews, and a citation by the Principal, Dr. Anna B. Pulimood. Professor Prathap Tharyan, retired faculty of the Department of Psychiatry honoured Shri Wilson with a traditional *ponnadai*. The Lecture was well attended by faculty, staff and students of CMC, as well as students from local colleges and schools, and friends and well-wishers of CMC from the city. The Second Lecture in the Luminary Lecture Series will be delivered by *Padma Shri* Mr. Romulus Whitaker, herpetologist and wildlife conservationist, who founded the Madras Crocodile Bank and the Madras Snake Park and his wife, Ms. Janaki Lenin, writer and wildlife film producer on April 4, 2018 at 6 pm in Scudder Auditorium.



## Educational Initiatives

### Regional workshop on "Hospital Dietetics: Role of Nutrition in Patient Care", organised

A Regional workshop on "Hospital Dietetics: Role of Nutrition in Patient Care" was organised by the Department of Dietetics on 4<sup>th</sup> February 2018. The workshop was attended by 111 Nutrition students from various colleges in Tamil Nadu and Karnataka. The workshop was inaugurated by Dr. Deepak Abraham, Associate Director (HR) in the presence of Dr. George Koshy, Deputy Medical Superintendent, Dr. Solomon Satishkumar Vice Principal, Mr. Sunny Kuruvilla, Head of Purchase, Mrs. Ilavarasi, Deputy Nursing Superintendent. Mrs. Manimegalai, in-charge delivered the welcome address. The former heads of the Department, Mrs. Rebekha Mani, Mrs. Mary Mammen and Mrs. Sarah Jacob were present as the guests of Honour.



The objective of the workshop was to emphasise on the role of dietician in Healthcare and to learn about disease-specific therapeutic diets. Interesting lectures were delivered by Dr. Meenakshi Bajaj, President of Indian Dietetic Association Chennai chapter, Dr. Deivasigamani Revathi, Professor & Head of Food and Nutrition, Vellore, Mrs. Marina Elizabeth Alex, Chief Dietitian MMM hospital, Dr. Subramani, Professor and Head of Critical Care, Dr. Sarah Mathai Professor of Paediatric Endocrinology and Dieticians Mrs. Manimegalai, Mrs. Jayalakshmi, Mrs. Kavitha, Mrs. Anitha and Mrs. Priya.

### CMC Annual Symposium



The fifth CMC Annual Symposium was conducted by the Departments of Pathology, Transfusion Medicine & Immuno-hematology, and Cytogenetics from 1<sup>st</sup> to 3<sup>rd</sup> February, 2018. In keeping with the theme of this year's symposium, 'Changing Paradigms in the Practice of Pathology – an Interdisciplinary Collaborative Approach', twenty faculty from various countries spoke on newer dimensions in pathological diagnosis, education and laboratory management. In addition to the lectures, there

were 'Meet the Expert' meetings that allowed participants to interact with faculty in smaller focus groups. Over four hundred participants from India and abroad attended the symposium which included a quiz and a poster competition. The symposium was accredited 25 credit points by the Tamil Nadu Dr. MGR Medical University.

### FROST – Front Office Security Training programme

The Department of Hospital Management Studies & Staff Training and Development and the Security Department designed and framed a training programme for security personnel called Front Office Security Training (FROST) programme. This training program was a long felt need to address the soft skills training requirement for the 765 CMC security personnel with the aim to bring about a significant difference in attitude, behaviour and communication among security personnel keeping the CMC Vision, Mission and Purpose statement in mind. This programme also included soft skills and communication skills in Hindi and Bengali with an emphasis on the need to be firm but friendly.



The training was held on 31<sup>st</sup> January 2018, inaugurated by Dr. Samuel N.J. David, Sr. Manager & Head, Staff Training Department. Mr. Chellasamy, Chief Security Officer addressed the gathering and offered felicitations. Security personnel from the various campuses of CMC Participated and were benefited. The programme involved lectures to create a transformation among the security personnel and to enhance a patient friendly environment in the hospital. These sessions were handled by Mr. Praveen, Training Consultant, E Square Training Consultancy, Chennai and internal resource persons Dr. Samuel N.J. David, Sr. Manager & Department Head, Mr. Chellasamy, Chief Security Officer, Ms. Sonia Valas, Officer (Admin.), Ms. Rachita Rout, Chaplain, Ms. V.S. Jayavani, Receptionist and Mr. Imran J.B, Receptionist.



## Annual workshop on Interphase Fluorescent in Situ Hybridization (FISH) organised



The Cytogenetics Unit conducted the tenth edition of its annual workshop on interphase Fluorescent in Situ Hybridization (FISH) from 7<sup>th</sup> to 9<sup>th</sup> February, 2018. The FISH procedure is a useful tool for the diagnosis of various genetic disorders, and in the workup of malignancies. 21 attendees from India and abroad received comprehensive training in the various steps of the 'FISH' procedure and its interpretation. The workshop was credited with 30 credit points by the Tamil Nadu Dr. MGR Medical University.

## Hospital Service Expansion

### Inauguration of The Institutional Review Board Meeting Room

The Institutional review board meeting room (IRB) was inaugurated on 12<sup>th</sup> February, 2018 by the Director Dr. J.V. Peter, Principal Dr. Anna B. Pulimood and the Vice Principal (Research) Dr. Biju George. The Principal welcomed the gathering and also thanked the administration for granting permission for the project. Rev. Arul Dhas offered the opening prayer and dedicated the facility. The Director in his address highlighted the role of IRB in the advancement of research within the institution. The vote of thanks was proposed by Dr. Biju George .



## Memoranda

- **Dr. John Roshan Jacob**, Professor of Cardiology is appointed as Academic Officer with effect from 7<sup>th</sup> March 2018 for a four-year term.
- **Dr. Rajiv C. Michael**, Professor of ENT, is appointed as Head of the Department of Head & Neck Surgery and Head & Neck Surgery (ENT) Unit-I with effect from 1<sup>st</sup> February 2018 for a four-year term.
- **Dr. D.J. Christopher**, Professor & Head of Pulmonary Medicine Unit-I is appointed as Head of the Department of Pulmonary Medicine with effect from 7<sup>th</sup> March 2018 during the period when Dr. T. Balamugesh is on sabbatical leave.
- **Dr. Richa Gupta**, Professor of Pulmonary Medicine is appointed as Acting Head of Pulmonary Medicine Unit-II with effect from 7<sup>th</sup> March 2018 until further notice.
- **Dr. Sunil Agarwal**, Professor of Vascular Surgery, is appointed as Head of the Department of Vascular Surgery with effect from 1<sup>st</sup> April 2018 until further notice.

## Sponsorship for Staff Children - Admissions 2018-2019

Applications are invited from staff for sponsorship of their children for admission to the various training courses in the Christian Medical College, Vellore for the Academic Year 2018 - 2019. Forms will be available in the Directorate from 1<sup>st</sup> March, 2018 onwards. Please produce your ID Card at the time of receiving the application.

**A. Eligibility:** (Cl.Min.No.5188-11-79; 7449:6:93 & 9282:1-2003)

1. Only children of confirmed C.M.C staff members who:

(a) have put in 10 years of continuous service including period of probation and are currently in service in any capacity in the Institution as on 30<sup>th</sup> June of the year under consideration; (OR) (b) have retired after at least 15 years of continuous service in the Institution, or have taken voluntary retirement after 25 years of continuous service; (OR) (c) have been discharged from service on medical grounds after at least 15 years of continuous service; (OR) (d) have died during service after at least 10 years of continuous service in this Institution are eligible to apply for sponsorship.

2. Legally adopted children of staff members whose adoption was finalized at least five years before the date of application are also eligible for sponsorship, subject to the above criteria.

3. Regarding a confirmed staff member who died during service to the institution and whose spouse has been given a job in CMC in place of the deceased staff member, dependent children of the deceased staff member will be eligible for CMC sponsorship if the cumulative years of service of the deceased staff member and his/her spouse (including probation and confirmed periods) exceeds 10 years; in case the child applying for sponsorship was legally adopted by the deceased staff member, the adoption of the child should have been finalised :

(a) prior to the death of the deceased staff member and (b) atleast 5 years before the date of application for sponsorship.

Continued on page 4

**B. Conditions for sponsorship of staff children (Cl. Min.5759:3-84)**

(a) Only one child from a family can be admitted in a year to any single course. (b) Children from the same family can, however, be admitted to different course in the same year. (c) Sponsorship is allowed from only one sponsoring body, so children applying for C.M.C. sponsorship cannot also be sponsored by one of the supporting Churches of the Council. (d) Where there is more than one sponsorship obtained, the one received first which satisfies the criteria will be accepted. (e) No withdrawal of first received valid sponsorship is allowed.

*Staff children, even with CMC sponsorship, must still meet the minimum academic qualifications for the courses for which they are applying. Staff are urged to check the prospectus to ensure the eligibility of their children for the various courses before submitting their applications.*

**Important deadlines:** Last date for submitting sponsorship application forms - **27/03/2018, 4.30 pm.**

Last date for submission of copy of self attested mark sheet of qualifying examination - **30/05/2018, 4.30 pm.**

*(Please note as per Tamil Nadu Government Orders – for MBBS admission First and single attempt marks only will be considered).* Above mentioned to be submitted to the Director, Christian Medical College, Vellore.

**Medical Post - Doctoral Fellowships Admission - 2018**

Applications are invited for the Medical Post-Doctoral Fellowship Courses as given in the admission bulletin. Admission Bulletin and Application form can be accessed only on-line at the website <http://admissions.cmcvellore.ac.in/> The last date for online application submission with payment is **2<sup>nd</sup> April 2018.**

The last date for submission of supporting documents, where applicable, is **9<sup>th</sup> April, 2018.**

REGISTRAR e-mail: [registrar@cmcvellore.ac.in](mailto:registrar@cmcvellore.ac.in)

**Situations Vacant**

**1(a) Senior Resident with MD (Anaesthesia) / MD (Gen. Medicine) / MD (Pul. Medicine) for the Department of Neurological Sciences (Neuro ICU)**

Salary : As per institutional rules. Accommodation provided (subject to availability). Age limit : < 40 years.

**1(b) Assistant Professor Gr.II with MD (Anaesthesia) / MD (Gen. Medicine) / MD (Pul. Medicine) for the Department of Neurological Sciences (Neuro ICU)**

Experience should have at least one year teaching exp. as (Asst. Professor) in any MCI recognized teaching institution.

Salary : As per institutional rules. Accommodation provided (subject to availability).

**1(c) Assistant Professor Gr.I with DM (Neruology) / M.Ch. (Neurosurgery) for the Department of Neurological Sciences (Neuro ICU)**

Salary : As per institutional rules. Accommodation provided (subject to availability).

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and full address to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 or by e-mail: [princi@cmcvellore.ac.in](mailto:princi@cmcvellore.ac.in) on or before **March 17, 2018** for items 1(a), 1(b) and 1(c).

**2. Staff III Dental Hygienist for the CMC Vellore Chittoor Campus**

Qualifications : H.Sc. (+ 2) or equivalent + Pass in Dental Hygienist Course + Pass in Dental Assistance Course and registered with State Dental Council. Salary scale: As per institutional rules. Age limit : 35 years.

Job description : Chairside Assisting, Scaling etc.,

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **March 19, 2018** for item 2.

**3. Clerk Typist Gr.IV**

Qualifications : Graduate (regular college) + English typing Lower (or) Higher + D.C.A. with one year CMC training passed.

Salary : As per institutional rules.

Those who have completed "One year orientation training programme for "Clerk Typist" only need apply.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **March 07, 2018** for item 3.

# Let's Think Together

No.3

MARCH 12, 2018



## Dealing With Crowds

**Suggested reading: Mark 3 : 7; 4 : 1-9**

As you step into CMC on any morning, what you see is a large crowd. Sick people, anxious ones, all speaking different languages, moving in different directions, asking you a question, asking for directions, .....all this before you have even signed in for work at 8.a.m. All 7000 or more of us who make up this crowd every day, come with a heavy load of anxiety. We expect kindness, sympathy and compassion. We expect a gentle voice and a reassuring touch. Why do we come with such expectations? Because this is a hospital which bears the name of Christ. Because here, we will find compassion and healing.

Having been a part of this crowd many times, I have often experienced both kindness and rudeness and wondered how those who work at CMC keep their sanity and humanity. How does one be Christ-like when dealing with such demanding crowds?

My mind wanders to stories of crowds following Jesus. Wherever Jesus went, people followed him. Even when he tried to get away to a quiet place, the crowds would find him. The disciples who were with Jesus were often overwhelmed and angry at the crowds and shooed them away. But Jesus said, 'Let them be,' and when they were hungry, he said, 'Find food for them.' When Jesus saw the crowds, he did not get annoyed, or irritated. *He felt deep compassion for them.* They were so helpless, poor, sick burdened by Roman rule and their religious teachers.

Because I'm a writer, I watch people. I observe the etched lines of worry on faces as they wait outside the OPD. I see a distressed parent; a restless spouse. Being a part of this crowd is never easy. Everyone is wrapped up in their own fear and pain. We shift nervously in our seats. Waiting is hard. A hand reaches out and pats my arm. I look up and a lady looks into my eyes and smiles - 'I know how you feel.' I'm no longer alone because a stranger sitting next to me has connected with my fear and anxiety. I imagine that if Jesus were here, all of us would want him to touch us and smile at us and say, 'It's ok, all will be well.' But Jesus is not here, only the stranger who cared enough to touch me and make me feel less anxious. So, I turn to the person sitting at my left and ask him where he is from and what he is here for. I hear a sad story, but I can see some light in his eyes. He too no longer feels alone and invisible. The Golden Rule of Life tells us to put ourselves in someone else's shoes. To feel what they feel and to treat them as we would like to be treated. *Jesus felt deep compassion for the crowds.*

## Think about this!

How do you react to the crowds of patients you see every day? Do you stop seeing their faces after a while? Do you relate only to the specific people assigned to you? However you deal with them, the crowd is part of your life if you work at CMC. Could you put yourself in any one person's situation and see someone who really needs your compassion today?

Usha Jesudasan

ushajesudasan@gmail.com



# CMC NEWSLINE

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FOR PRIVATE CIRCULATION ONLY

MARCH 12, 2018



*My heart is steadfast, O God; I will sing and make music with all my soul.*

*Psalm 108:1*

## CONFEST - 2018



**C**ONFEST - 2018, was conducted by the College of Nursing, for all the nursing students in India. The three day event consisted of seminars, lectures, cultural events and sports meet. A total of 995 students from 35 Colleges from 9 different States participated. The inaugural ceremony took place on the first day, where Dr. Selva Titus Chacko, Dean and Organizing Chairperson spoke about the objectives of this event and stressed on the significance of the theme, '**Values Enrich Education, Ethics Strengthens it**'. The chief guest Mrs. Evelyn P. Kannan, Secretary General of TNAI, in her address, challenged the students to focus on professional excellence and carry it forward to even greater heights. Felicitations were offered

by Dr. Deepak Abraham, Associate Director, CMC and Dr. Premila Lee, Nursing Superintendent. On day-two, various competitions were held which showcased the talents of the young minds.

Day-three was the sports meet which was inaugurated by Dr. Rohit Amritanand, Deputy Medical Superintendent. A majestic march-past and a brilliant display of diversity in Indian culture by the students of the College of Nursing, CMC was indeed a sight to behold. The students actively participated in all the sports events with much enthusiasm. The grand fest culminated on 17<sup>th</sup> February 2018 with a valedictory function at the Scudder Auditorium. The chief guest for the ceremony was Mrs. Helena

*Special Prayers : March 11 - 17, 2018*

*Biostatistics : Dr. L. Jeyaseelan and Staff*

*Bioengineering:*

Dr. Suresh Devasahayam R. and Staff

*Anatomy : Dr. Suganthi J. and Staff*

*Physiology : Dr. Sathya Subramani and Staff*

*CSI Coimbatore Diocese*

Council Member: Rt. Rev. Timothy Ravinder Hospital : CSI Hospital, Erode.

*Canadian Baptist Overseas Mission Board (CBOMB)*

*Vellore - Ludhiana Committee*

Council Member: Mr. Douglas Virgin

*Sunday Services : March 18, 2018*

6.00 pm : **Scudder Auditorium**  
Bishop Dr. D.K. Sahu

6.30 pm : **Hospital Chapel**  
Mr. T.S. Ravikumar

5.00 pm : **Friendship Chapel, KPTR Campus**  
Dr. Felix Jebasingh K.

*Welcome:*

**Mr. Santhosh Clement**, Sr.SI.Gr. P.I.O, Psychiatry Unit-II, on his return from sabbatical leave on 3<sup>rd</sup> March, 2018.

Joseph, Secretary, BNESIB, who gave away the prizes for the winners. The Overall Championship Trophy was won by College of Nursing, CMC.

The first runner-up was bagged by Apollo College of Nursing, Chennai and the second runner-up was by Lissie College of Nursing, Ernakulam. The programme was a grand success and a good platform for the nursing students to learn and internalize essential values, share varied cultures, make new friendships, develop a healthy competitive spirit and appreciate participation.

## Rehab Mela - 2018



The 15<sup>th</sup> Rehab Mela for people with sequelae of head injuries was held on 10<sup>th</sup> February and the 25<sup>th</sup> Rehab Mela for persons with spinal cord injury was held from 16<sup>th</sup> to 18<sup>th</sup> of February 2018 at the Mary Verghese Trust Campus by the Department of PMR. One hundred and ninety four persons who were rehabilitated in CMC, travelled to Vellore to participate in the annual reunion and review event.

The first day began with a medical

assessment, treatment review and replacement of damaged appliances. This was followed by a time of merriment and cultural activities.

The following day witnessed the sports events and other competitions including lemon and spoon, shot put, javelin throw, wheel chair races, drawing competition, rangoli, fancy dress and extempore speech. Mr. Nandha Kumar, Inspector of Police, Bagayam gave away the prizes for the winners of the competitions.



On the third day, talks from experts on socio-vocational issues, legal rights of the disabled and psycho spiritual needs were organised by the Department of Chaplaincy. Mr. Ravi Desigan, a Social Activist from Palur Village gave an inspiring speech on “My Ability is greater than My Disability”. In the evening the valedictory ceremony was held. Dr. Raji Thomas, Head of PMR welcomed the gathering and introduced the chief guest Dr. J.V. Peter, Director who gave away the prizes to the winners. Dr. Suranjan Bhattacharji, Former Director and Former Head of PMR was the guest of Honour and shared his experience of the Rehab Mela and how it evolved. Mr. Elango, Social Worker proposed the vote of thanks.

## Internal assessors training programme for Department Quality Managers (DQMS)

The Internal assessors training programme was held on 23<sup>rd</sup> and 24<sup>th</sup> of January 2018 for the Department Quality Managers (DQMs). The focus of the training was to educate the DQM's on the 4<sup>th</sup> edition of NABH Standards and to certify them as Internal Assessors of CMC. Around 150 DQMs representing various Units / Departments attended the training programme. The programme began with prayer by Rev. Samson following which Dr. Prasad Mathews, Medical Superintendent delivered the welcome address. Dr. Suceena Alexander oriented the DQMs on their roles, responsibilities and the functioning of various committees. The accreditation standards were explained by Mrs. Sajila David, Facilitation Officer and the senior faculties and principal assessors of NABH, Dr. Mohan Adhyam, Professor, St. John's Hospital, Bangalore, Dr. Badari Datta, Professor, Bangalore Baptist Hospital, Bangalore, Dr. Vikram Kashyap, Bangalore handled the training sessions with the coordination of Dr. Lallu Joseph, Quality Manager. The training sessions covered all 10 chapters of the NABH guidelines with parallel sessions for Radiology, Human Resource, Engineering, Licences, CHIPS, MRD, Laboratories and HICC.





## Congratulations!

- **Dr. Shaji Pankiraj**, PG Registrar, Department of Orthopaedics has won the “TNOACON 2018 Orthopaedic Oncology Free Paper Gold Medal” for his scientific presentation on “Follow up study on distal femur Giant Cell Tumour” at the Tamil Nadu Orthopaedic Conference 2018 (TNOACON 2018), held at Nagercoil in February 2018.
- **Dr. Philip Amitav Vikram Kalindi** and **Dr. Praveen Benjamin D.** post-graduates (MD final year), Department of Anaesthesia won the 2<sup>nd</sup> prize in 'Quiz ACME 2018-Physics' held on 26<sup>th</sup> January 2018 at Vydehi Institute of Medical Science and Research Centre, Bangalore.

• The following candidates were successful in the **Postgraduate Higher Specialty Examination** held in **February 2018. (University Results Published on 19.02.2018)**

**DM / M.Ch - February 2018 session :** **DM. Endocrinology** - Dr. Samantha S., **DM. Gastroenterology** - Dr. Mohamed Aliyas Rajeeb K.J. and Dr. Vineet Mishra, **DM. Nephrology** - Dr. Paradeep Mathew Koshy, **M.Ch. Paediatric Surgery** - Dr. Pratiba N.

## Memoranda

- **Dr. Baylis Vivek Joesph**, Professor and Head, Neurosurgery Unit-III, is appointed as Head of the Department of Neurological Sciences with effect from 5<sup>th</sup> March 2018 for a four-year term.
- **Dr. John Roshan Jacob**, Professor of Cardiology, is appointed as Head of Cardiology Unit-IV, (Cardiac Electrophysiology and Pacing Unit) with effect from 9<sup>th</sup> March 2018 for a four-year term.

## Retirements



**Mr. H. Arthur Sadhanandham**, Chief Critical Care Therapist, MICU superannuated on 14<sup>th</sup> February 2018 after 37 years of dedicated service to the institution. His wife was a former nurse from Karigiri Hospital. He is blessed with three daughters. The oldest daughter, Dr. Nancy is a faculty in Cytogenetics in the Department of Haematology. Second daughter Ms. Grace is a social worker working for the Government of Singapore. Third daughter Dr. Evangeline is pursuing her MS in General Surgery.

**Mr. V. Rajendiran**, Sr. Hospital Attendant, Department of Rheumatology retired on 2<sup>nd</sup> March, 2018 after 36 years of dedicated service to the institution. He has a son and a daughter, son Mr. Kotteswaran is in Indian Army Services and daughter Mrs. Bharathi is a Staff Nurse in Q5 North.



CMC community is grateful to them for their many years of dedication and hard work and wishes all of God's blessings on their families.

## Obituaries



**Dr. Jiwanmall Premchander** (Batch of 1957) on 3<sup>rd</sup> March, 2018. The funeral service was held at Bhatapara on March 4, 2018. Dr. Jiwanmall joined CMC Vellore in 1957. After completing his MBBS, he worked at the Evangelical Mission Hospital, Khariar in 1963 and 64. He then worked for a year at the Christian hospital, Baitalpur in 1965 before setting up the Jiwanmall hospital in Bhatapara in 1966 where he has been serving ever since until his passing a few days ago. For those who would like to get in touch with the family, the contact details of his wife Dr. Sulochana Jiwanmall is given below: [jiwanmallsulochana@yahoo.com](mailto:jiwanmallsulochana@yahoo.com)

**Dr. Agnes Leslie** (nee Camoens), batch of 1949, on 3<sup>rd</sup> March, 2018. Dr. Agnes joined CMC in 1949 and later served at the Holdsworth Memorial Hospital, Mysore. Dr Agnes and her husband, Dr. Leslie Herbert Azariah (batch of 1947) moved to the UK where she pursued her postgraduate studies. There she joined the NHS and went on to become a Consultant Anaesthesiologist. Dr. Agnes was actively involved in initiating the annual Birmingham Concert in aid of CMC. She was also very active in both the CMC Alumni Association as well as the Friends of Vellore in the UK. She took a year's sabbatical to help out at our Anaesthesia Department in a time of staff shortage and did the same later for the Christian Hospital in Taxilla, Pakistan. Dr. Agnes' email id is copied below, [dr.agnesleslie@yahoo.com](mailto:dr.agnesleslie@yahoo.com) for those who would like to contact the family.



Our thoughts and prayers are with the bereaved members of the families at this time of sorrow and loss.



## Notification : Summer Sports Coaching Camp - April 2018

Summer Sports Coaching Camp for students and staff children (Boys and Girls aged 8 years to 13 years).  
Date : 1<sup>st</sup> April to 30<sup>th</sup> April 2018 (Excluding Sunday) Time : 4.45 pm to 6.00 pm  
Venue : College Ground, Bagayam / Rehab Campus (Football for Girls).  
Games : Basketball, Football, Hockey and Badminton.  
Those who are interested to enroll their children kindly contact Dr. R. Balaganesan, Physical Director,  
Phone : 2284478 / 9443628333.

## M.S. Bioengineering Admission 2018

Applications are invited for the M.S. Bioengineering course commencing in August 2018. Details regarding application procedure and eligibility are available at our website <http://admissions.cmcvellore.ac.in>

Last date to submit the completed application form to the Registrar, CMC, Vellore is 19<sup>th</sup> May 2018. Eligible candidates will be called for written test followed by an interview in June 2018. The M.S. Bioengineering degree at CMC, Vellore is awarded by Sree Chitra Tirunal Institute for Medical Sciences and Technology, Trivandrum (an Institute of National Importance, Government of India). **REGISTRAR** (e-mail: [registrar@cmcvellore.ac.in](mailto:registrar@cmcvellore.ac.in))

## Situations Vacant

**1. Senior Resident with MD (Gen. Medicine / Anaesthesia) for the Department of Critical Care Medicine (Medical ICU / MHDU)**

Salary : As per institutional rules. Accommodation provided (Subject to availability). Age limit : <40 years.

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and full address to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 or by e-mail: [princi@cmcvellore.ac.in](mailto:princi@cmcvellore.ac.in) on or before **March 24, 2018** for Item 1.

**2. Research Officer (NM) for the Department of Neurological Sciences** **Job Code: 1233**

Qualification: Graduate in any field. Familiarity with Computers, Microsoft Office. Fluency in spoken and written English essential.

Mode of appointment: Project mode. Salary: As per institutional rules. Accommodation not provided.

**3(a). Scientist B (Medical) for the Department of Paediatric Orthopaedics** **Job Code: 1234**

Qualification: MBBS / MS. Mode of appointment: Project mode.

Salary: As per institutional rules. Accommodation not provided.

**3(b). Research Coordinator for the Department of Paediatric Orthopaedics** **Job Code: 1235**

Qualification: MPH with 2 years experience / Ph.D / MBBS / MD. Mode of appointment: Project mode.

Salary: As per institutional rules. Accommodation not provided.

**3(c). Research Associate for the Department of Paediatric Orthopaedics** **Job Code: 1236**

Qualification: M.Sc. with 3 years experience / Ph.D / B.Tech with 4 years experience.

Mode of appointment: Project mode. Salary: As per institutional rules. Accommodation not provided.

Download application from this link: <http://www.cmch-vellore.edu/> → General → Vacancies → Application Form for Project Staff. The print out of the application with certificates and testimonial copies should be sent to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 on or before **March 19, 2018** for Item 2 and **March 23, 2018** for Items 3(a), 3(b) and 3(c).

**Note: Please mention the Job Code in the application form. The application without Job code will not be accepted.**

**4. IT-Data Specialist Gr.V for the Accounts Department**

Qualifications : B.Tech. / B.E. (Computer Science) / MCA / MCS / MS Computer Science / M.Sc. (Computer Science).

Job description : For GST and IT (Income Tax) related functions.

Salary : As per institutional rules. Accommodation not provided.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **March 26, 2018** for Item 4.

**5. The Mudhiyor Balar Kudumba Grama (MBKG) Pannai, Kasam** invites applications for the post of **Lady Superintendent of Homes**

Applicants must be Post Graduates with experience in handling children and elderly, Christian with the spirit to serve the underprivileged and with good communication skills.

Salary will commensurate with experience and qualification. Semi furnished quarters will be provided.

Interested candidates may forward the resume with two references before the **17<sup>th</sup> March 2018** to "The Secretary, MBKG Pannai, Kasam, Vellore – 632 007" or by email to [sec.mbkg@gmail.com](mailto:sec.mbkg@gmail.com)

# Special Issue

Vol.No.55 No.38

FOR PRIVATE CIRCULATION ONLY

MARCH 19, 2018



## *Living Our Legacy Catching The Spark*



As the first buildings came up for the hospital and the college, much of the finances for it were donated by ordinary American, English and European women, who attended church and mission meetings. On one such mission night, Dr Ida Scudder was speaking about her beloved Vellore where women and children from small villages had no access to medical care. The response to her speech that night was rather lukewarm. These were the war years and most people's hearts beat for their young troop fighting in Europe. They would rather send money to their fallen soldiers than to India's faraway villages.

Of all those gathered there, a young woman, Gertrude Dodd, caught the spark of Dr Scudder's vision. She could not take her eyes off the lovely Ida Scudder, and heard every word of her passionate speech. At the end of the meeting, Gertrude realized that she had two assets that Ida Scudder did not have - access to a large amount of money and excellent administrative skills. She readily offered them both to her.

Dr Scudder was taken aback by such devotion. For many years they cultivated a special friendship. Gertrude would send money as and when required, and Dr Scudder would write newsy detailed letters encouraging her through the work that was being done. *"How I wish I could come and see the work for myself,"* said Gertrude. *"Why don't you?"* replied Dr Scudder and soon Gertrude Dodd came to Vellore with all her belongings.

Was there perhaps a moment when Gertrude wondered, *"What am I doing here?"* I don't think so. She saw that her friend Ida was so overworked with the growing hospital and college. What could she do to help? She just looked around for what needed doing the most, and set about doing it quietly without any fuss. She took over the administrative and purchasing duties and relieved Dr Scudder of this big responsibility. Then she saw that the college bursar's office needed systems put in place and she went on to do this. Finally she also took over Big Bungalow, Dr Scudder's residence. At the end of a long and tiring day, Gertrude made sure that Dr Scudder came home to a beautifully maintained place, where she could relax with music, good food and company.

Apart from all the official work Gertrude Dodd did for which there was very little recognition, there was one role she played which perhaps was the most important one - she was Dr Scudder's best friend – her soul mate - someone who understood her and supported her at all times. Perhaps it was this, for which she was sent all those years ago.

Today, a hundred years later, hardly anyone remembers Gertrude Dodd's name or the many things she did for CMC. One of the enduring lessons we learn from her life is that one day we too will be nameless and faceless. No one will know or remember our sacrifices or hard work. Will that really matter in a hundred years time? Of course it won't! What will matter, is that we too were called during a particular point in time to do what was most necessary and like Gertrude Dodd, we too rose and chose to do it because we believed in Dr Scudder's dream – of building the Kingdom of God here in Vellore. What will matter is whether or not we allowed ourselves to catch the spark of passion thrown by Dr Scudder and carried it forward in our own way?

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# CMC NEWSLINE

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FOR PRIVATE CIRCULATION ONLY

MARCH 19, 2018

*The way of the Lord is a refuge for the righteous, but it is the ruin of those who do evil.*

*Proverbs 10:29*



## SIMEDUCON - 2018



The third National Conference on Simulation Based Learning titled "SIMEDUCON" was organized by the Paediatric Intensive Care Unit, in association with PediSTARS (Paediatric Simulation Training and Research Society) from 1<sup>st</sup> to 3<sup>rd</sup> March, 2018. The theme for this year was "Simulation – Shifting the paradigm of Education and Safety in Healthcare".

The **Faculty Development Programme** conducted by PediSTARS took place on the 1<sup>st</sup> & 2<sup>nd</sup> March, 2018. This programme was inaugurated by Dr. Anil Kuruvilla, Associate Director. Dr. Mike Shepherd, Immediate Past President, IPSS (International Paediatric Simulation Society) and Dr. Giuseppe Marraro, Senior Paediatric Intensivist from Italy offered felicitations. There were seventeen faculty including seven from overseas and seventy eight participants. It was a multi-disciplinary meet involving faculty and participants from Paediatrics, Neonatology, Critical Care, Anaesthesia, Emergency Medicine, Internal Medicine, Basic Sciences, Surgery, ENT, Nursing and Allied Health Sciences.

There were interactive sessions, table top activities, games and mock scenario emphasizing the role of simulation and team dynamics with focus on crisis resource management, team behaviour, adult learning principles, curriculum design, scenario design using both high and low fidelity mannequins, debriefing practice and challenges. At the completion of this session the participants were awarded level 1 Trainer Completion Certificate.

Day two began with, **Essential Skills workshops (Basic & Advanced)** coordinated by Drs. Pragathesh, Ebor Jacob and the PICU team. There were Forty participants for Basic and Thirty participants for Advanced Skill's workshops. The Basic Skills included Q-CPR, defibrillation, airway management, vascular access, birthing/ PPH, basic trauma care, surgical procedures and neonatal resuscitation. The Advanced Skills workshop for Post-graduate trainees included airway management, difficult airway and cricothyrotomy, vascular access, intercostal chest drainage and

*Special Prayers : March 18 - 24, 2018*

*General Superintendent's Office :*

Mr. Ebenezar Sundarraj and Staff

*Personnel Office :*

Mrs. Hannah Paul and Staff

*Hospital Management Studies and Staff Training and Development :*

Dr. Samuel N.J. David and Staff

*Hospital Annexe :*

Mr. Joseph Yesunesan and Staff

*Transport Department :*

Mr. Ebenezar Sundarraj and Staff

*South East Asia Union Mission of SDA Singapore*

*Council Members :*

Dr. Edward Nathan

Dr. Raymond Tah Kheng Soon

*Hospital : Penang Adventist Hospital, Scheer Memorial Adventist Hospital, Banepa, Nepal.*

*Baptist Missionary Society*

*Council Member : Ms. Valerie Ann Bothamley*

*Sunday Services : March 25, 2018*

6.00 pm : **Scudder Auditorium**

Rev. Dr. Dexter S. Maben

6.30 pm : **Hospital Chapel**

Palm Sunday

5.00 pm : **Friendship Chapel, KPTR Campus**

Dr. Stanley David

*Obituary :*

**Mr. D. Dhinakaran**, father of Mr. D. Jonathan Paul Ilamaran, GM Officer, Directorate on 12<sup>th</sup> March, 2018.

Let us uphold his wife Mrs. Veda Dinakaran, his children Mr. Jonathan Paul Ilamaran, Mr. D. Tychicus (Former Staff- Speech Pathologist, Department of ENT) and Mrs. Ruth Deborah (Former Staff - Speech Pathologist, Department of Developmental Paediatrics) and all the bereaved members of the family in our prayers.

emergency ultrasonogram and ACLS- arrhythmia management. This event was possible by the enthusiastic involvement of the multi-disciplinary faculty team from CMC.

*Continued on page 2*



Day three witnessed the **main conference**. The scientific content included lectures on current gaps in medical education, road map for faculty development in simulation based education, assessment of students and role of simulation in redefining patient safety. This was followed by a panel discussion with valuable inputs from *Smt. T.Jayanthi, Associate Director, Nuclear power plant, Kalpakkam, Dr. Lalithambika, Deputy Director, ISRO-Indian Space Research Organization, Dr. Vinay Nadkarni, Medical Director, Advanced Simulation Center, Children's Hospital of Philadelphia (CHOP), USA, Dr. Mike Shepherd, Past President, IPSS, Dr. Giuseppe Marraro, University of Milano, Italy, Ms. Ella Scott, Simulation Operations Manager, Sidra Medical and Research Centre, Doha, Dr. Ashokka Banerjee, Simulation Faculty, NUS, Singapore and Dr. Narendiran, UN consultant for Simulation Centres, Clinical Skills coordinator, School of Medicine, Taylor's University, Malaysia.* Post lunch, there were four parallel table top sessions on simulation in nursing, medical education, low cost simulation and debriefing challenges followed by scientific and panel discussions about current situation on simulation based learning in India and how to build the momentum. About 230 delegates attended the conference.



The three day conference concluded with the valedictory ceremony. The Chief Guest was Dr. Edwin Joe, Director of Medical Education, Government of Tamil Nadu and the guests of honour were Dr. Alexander Thomas, President, Association of Healthcare Providers of India (AHPI), and Dr. T. Dileep kumar, President, Indian Nursing Council. The ceremony began with devotion by Rev. Aruldas, Senior chaplain followed by the welcome address by Dr. J. Ebor Jacob, Organising Secretary, SIMEDUCON. Felicitations were offered by Dr. J. V. Peter, Director, Dr. Anna B. Pulimood, Principal, Dr. Selva Titus Chacko, Dean, CON and the guests of honour. Dr. Rakshay Shetty, President, PediSTARS spoke about the journey and goals of the organization - PediSTARS and Dr. Sujatha Tyagarajan, secretary summarized the various activities conducted by PediSTARS.

The highlight of the ceremony was the presentation of the **"PediSTARS Award of Excellence"** in Medical Education. The award with a citation and a memento was presented by the Chief Guest Dr. Edwin Joe. The awardees were Dr. Anand Zachariah, Professor of Medicine, CMC, Vellore for his excellent contribution to the renewal of medical undergraduate curriculum at CMC and to the development of Skill's Curriculum and Dr. S. Mahadevan, Head, Division of Pediatric Critical Care, JIPMER, Puduchery and Dean, School of Medical Studies, Pondicherry Central University for his outstanding contribution to the field of Medical education as a teacher par excellence. There were five oral and fifteen poster presentations during the conference for which the prizes and certificates were given by Dr. Alex Thomas and Dr. Dileep Kumar. The ceremony concluded with the vote of thanks by Mrs. Margaret Manoharan, Professor, Paediatric Nursing.

## CME on the 'Fundamentals of Critical Care'



The Division of Critical Care conducted its 12<sup>th</sup> CME on the 'Fundamentals of Critical Care' from 23<sup>rd</sup> to 25<sup>th</sup> January, 2018. The objective of the CME was to provide comprehensive knowledge to intensive care practice by imparting a sound and practical approach to day to day clinical scenarios. The CME was inaugurated by Dr. Punitha Ezhilarasu, former Dean and Head of Department of Surgical Nursing. Felicitations were offered by Dr. J. V. Peter, Director, Dr. Selva Titus Chacko, Dr. Premila Lee, Dr. Solomon Sathishkumar, Dr. Ebor Jacob and Mr. H. Arthur Sadhanandham who is superannuating after decades of dedicated contribution to the institution.

The participants were benefitted by the interactive sessions on ACLS, BLS, arrhythmia, intubation, difficult airway, sonology, venous access, airway management, invasive ventilation and non-invasive ventilation. Following these sessions various competitions like quiz and poster competitions were organised.

The event was awarded 30 CME credit points from the Tamil Nadu Dr. MGR Medical University and 15 CNE credit hours from Tamil Nadu Midwives and Nursing council.

## PGDFM Distance Education Programme organised

Christian Medical College, Vellore, in association with Pune Adventist Hospital (SDA), organised the PGDFM (Family Medicine) Distance Education program in Pune. This is the first PGDFM contact centre in the Western Zone of India and the thirteenth contact centre for the Family Medicine Programme run by CMC. The inaugural session on 20<sup>th</sup> February, 2018 was facilitated by Dr. Rebecca Zechariah, Dr. A. Sahaya Anbarasi, Dr. C.K. Shayin and Dr. N. Bhatnagar. Mr. Anup Halder (Administrator) and Dr. Vivek Gaikwad (CMO) of Pune Adventist Hospital expressed their sincere gratitude to the CMC Community for this significant initiative in the Western Zone.



## Three-day workshop titled 'Initiation and Implementation of an Antimicrobial Stewardship Programme', organised



The Department of Infectious Diseases and ReAct (Action Antibiotic Resistance) Asia Pacific jointly organized a three-day workshop titled 'Initiation and Implementation of an Antimicrobial Stewardship Programme' from 19<sup>th</sup> to 21<sup>st</sup> February 2018. Twenty-nine delegates representing mission hospitals from different parts of the country attended the workshop.

The purpose of the workshop was to sensitize healthcare professionals working in secondary level hospitals towards implementing antibiotic stewardship. The rapidly increasing

problem of ineffectiveness of antibiotics due to antibiotic resistance was discussed.

The workshop began with an introductory session by Dr. Sujith J. Chandy, Professor, Department of Pharmacology and Head ReAct Asia Pacific, on the Global Challenge of Antimicrobial Resistance (AMR) and initiatives such as the Global and National Action Plans on AMR and their components. Dr. Priscilla Rupali, Professor and Head, Department of Infectious Diseases, took sessions on the benefits of antibiotic stewardship program (ASP), various components of ASP, outcome indicators and strategies for implementing ASP.

Experts from disciplines such as Microbiology, HICC, Infectious Diseases, Critical Care and Clinical Pharmacology took sessions on global and Indian scenario of AMR, drivers of AMR, importance of surveillance and audits for hospital-acquired infections (HAI), infection control and biomedical waste management, role of pharmacists, pharmacokinetics/dynamics (PK/PD) and Therapeutic Drug Monitoring (TDM), healthcare associated infections (HAI) and antibiotic use metrics.

The participants made presentations on challenges faced in relation to antibiotic use and treatment of infectious diseases in the context of antibiotic resistance. The workshop concluded with a comprehensive discussion on implementing various components of antibiotic stewardship.

## Congratulations!

- **Dr. J.V. Peter**, Director was presented the **2017 Presidential Citation** for dedicated and outstanding contributions to the Indian Society of Critical Care Medicine.
- **Dr. Anand Bhaskar**, Associate Professor of Physiology has won the second prize for poster presentation at the SIMEDUCON 2018 conference held on 3<sup>rd</sup> March, 2018.
- **Mr. Sathiyamoorthy. C**, Prosthetist & Orthotist, Prosthetic & Orthotic Services, Department of PMR received the 3<sup>rd</sup> Prize for Oral Presentation titled "*Novel Flex-Ankle Prosthetic Foot for Children with Trans Tibial Amputation - A Pilot Case Study*" at National Conference organized by Orthotic & Prosthetic Association of India (OPAI) held at Lucknow on 27<sup>th</sup> to 29<sup>th</sup> January, 2018.
- **Ms. Garima Sharma** and **Ms. Malini**, Final Year Students, Bachelor in Prosthetic & Orthotic won the 1<sup>st</sup> and 2<sup>nd</sup> Prize respectively in Poster Presentation at National Conference organized by Orthotic & Prosthetic Association of India (OPAI) held at Lucknow on 27<sup>th</sup> to 29<sup>th</sup> January, 2018.
- **Ms. Garima Sharma**, Bachelor in Prosthetic & Orthotic, Final Year and **Ms. Rashmiya**, Bachelor in Prosthetic & Orthotic, Intern, won the 1<sup>st</sup> and 3<sup>rd</sup> Prize respectively in Poster Competition for World Diabetes Day 2017 organized by Department of Endocrinology Diabetes and Metabolism.



## Retirement



**Mr. B. Joel Dennis**, Co-ordinator Gr.III, Department of Haematology retired on 14<sup>th</sup> March, 2018 after 35 years of dedicated service to the institution. His wife Mrs. Laila Dennis is working as a Hindi Teacher in Ida Scudder School. He has a son and a daughter, son Dr. Praveen Benjamin is doing MD final year and daughter Ms. Anjali Dennis is a Technical Analyst in Mahindra City Infosys, Chennai.

CMC thanks him for his many years of dedicated service to the institution and wishes him a blessed retired life.

## Sports News : Staff Sports Tennis Tournament

Dr. Sampath Karl, Paediatric Surgeon, was the chief guest and distributed the prizes to the winners of staff tennis tournament held at the college campus for the year 2017-18 on 28<sup>th</sup> February, 2018.

**Results : Winners (Category - Men) :** Team - General Surgery :

Dr. Ajith George John, Dr. Senthil and Dr. Yohann.

**Runners up :** Team - Pulmonary, Pathology, Radiology :

Dr. Satya, Dr. Sujith Chandy and Dr. Vinod.



## Situations Vacant

### 1. Tutor with MBBS for the Department of Forensic Medicine

Salary scale : As per institutional rules. Accommodation provided (Partly, furnished, depending on availability).  
Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and full address to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 or by e-mail: [princi@cmcvellore.ac.in](mailto:princi@cmcvellore.ac.in) on or before **March 31, 2018** for Item 1.

### 2. One year Clinical Physiotherapist for the Department of PMR (PT)

Eligibility : BPT Graduate from IAP recognized College / University. Should have completed six months of rotatory internship on or before 30<sup>th</sup> April, 2018. Experience : Less than 4 years after internship completion.  
Age limit : Less than 30 years. Monthly stipend : Rs.9,620/- Accommodation not provided.  
Apply with resume, including dates of work experience, contact numbers, email address, photocopies of work experience and other relevant certificates to the Principal, Christian Medical College, Bagayam, Vellore - 632 002, on or before **April 02, 2018** for Item 2.

### 3. Pharmacist Trainee - D.Pharm / B. Pharm (Those with higher qualification need not apply) for the Pharmacy Services.

Candidates with typing and computer skills will be preferred. Those who applied in the last two years need not apply.  
Stipend : As per institutional rules. Age limit : 30 years. Job description : Dispensing Section work as Trainee.

### 4. Technician Trainee (Project Mode for a period of one year only) for the Operation Theatre

Qualifications : H.Sc. (Those with higher qualification need not apply).  
Only male candidates need to apply. Stipend : Rs.5,225/- per month. Age limit : 30 years.  
Nature of job : To look after linens in Operation Theatres and shift duties will apply.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **April 02, 2018** for Item 3 and **April 03, 2018** for Item 4.

### 5. Senior Research Nurse M.Sc.(N) to work in a project on term appointment basis. The project will be implemented under the Department of Paediatric Orthopaedics Unit. Qualification : M.Sc. Nursing.

Apply with biodata, photograph, certificates, testimonial/s and references to the Dean, College of Nursing, Christian Medical College, Vellore-632 004 on or before **March 31, 2018** for Item 5.

### 6. Accountant-Cum-Cashier Gr.III (Project Mode) for the Accounts Department

Qualifications : B.Com + 1 year Computer Training. Salary : As per institutional rules. Age limit : 30 years & below.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **March 24, 2018** for Item 6.

### 7. Schieffelin Institute of Health - Research & Leprosy Centre, Karigiri invites applications for the following posts:

**Electrical Supervisor / Engineer.** Qualifications : Diploma / Degree in Electrical & Electronic Engineer with valid 'C' Certificate issued by Tamil Nadu Electrical licensing board (Supervisory Competency Certificate).

Experience : Minimum 5 yrs experience in HT Industry / Hospital / Educational Institution. Handling & Maintenance of Transformers, Generators, Panel Boards, UG & OH line, motors etc. Preparation of estimations and costing of various electrical works. Experience in maintenance of men and material with AC & Refrigeration & Computer knowledge.

Apply with bio-data along with photocopies of certificates and a demand draft for Rs.50/- in favour of "SIH-R&LC., Karigiri" addressed to the Director, SIH-R&LC., Karigiri, Pin - 632 106. Email: [director@karigiri.org](mailto:director@karigiri.org)

website : [www.karigiri.org](http://www.karigiri.org) Last date for receipt of applications: **March 24, 2018.**



# Special Issue

Vol.No.55 No.39

FOR PRIVATE CIRCULATION ONLY

MARCH 26, 2018



## *Living Our Legacy* **An Experience of Amazing Love**



Very few people know about a gift that came to CMC from Mr. Herbert Martin and Mrs. Lora Fillebrown of USA. The Fillebrowns were not wealthy people, but they had heard about the medical work in Vellore and were looking for a way to help support the work there. It so happened that their only daughter Rachel decided to get married and instead of using her wedding gift money to buy things for her and her new husband, the Fillebrowns decided to donate the entire sum of 10,000 Dollars for the much needed Nurses Hostel. Along with the gift came an unexpected note from her parents- *“Though Rachel may never go to India to see her own wedding gift, she will have the joy of seeing it in her enriched consciousness, and she will gain unlimited pleasure out of the thought of what that nurses home is doing for the young women of India and through them for the suffering women and children of India.”* {June 1920}.

Perhaps you will wonder where this hostel is and look around for it. You will not find it as the Rachel Fillebrown Hostel was pulled down to make room for the new Ida S. Scudder Centenary Block. Rachel herself never came to Vellore to see to what use her wedding gift had been put to. But as her parents predicted, she got enormous joy out of knowing that the hostel had housed many hundreds of nurses over the years.

We live at a time when bonuses, perks, our rights and the monetary benefits that we are entitled to at work, often dictate what kind of work we do and how we do it. The idea that we could give away an entire amount of gift money seems preposterous to us. When we see or hear of people doing such amazing things we think, *‘It’s ok for them. They have more than enough to give away.’* But actually this is not true. Those who give generously give through sacrificing a great deal of something deeply personal. They are driven to give by an experience of amazing love.

Dr Scudder’s biographies and diaries show that she did not want to build just a hospital and medical college alone, but the Kingdom of God, here in Vellore. It was not enough to heal the women and children who came to her of their diseases; it was her great desire to give them the new life that Jesus promised to all who came to him – a life away from superstitions, traditions and societal and patriarchal oppressions. Here, too, was amazing love in action.

Dr Scudder lived life on two levels – on one level, she was very practical and knew exactly what she needed to build the new buildings and equip the college with suitable faculty and she went about this with steely ambition. On the other, she knew that it was experiences of love and compassion alone that would slowly build the Kingdom of God. And she set about making sure that those who came her way had this amazingly love experience.

Over the past one hundred years, many who come for treatment to CMC and those who work here have been witnesses to this amazing love. Each experience has become the building blocks not for the hospital and college, but on which the Kingdom of God has slowly been built. As we meditate on this, how close are we today to experiencing the Kingdom of God here in Vellore? Do we too have an experience of amazing love to offer to the next generations?

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# CMC NEWSLINE

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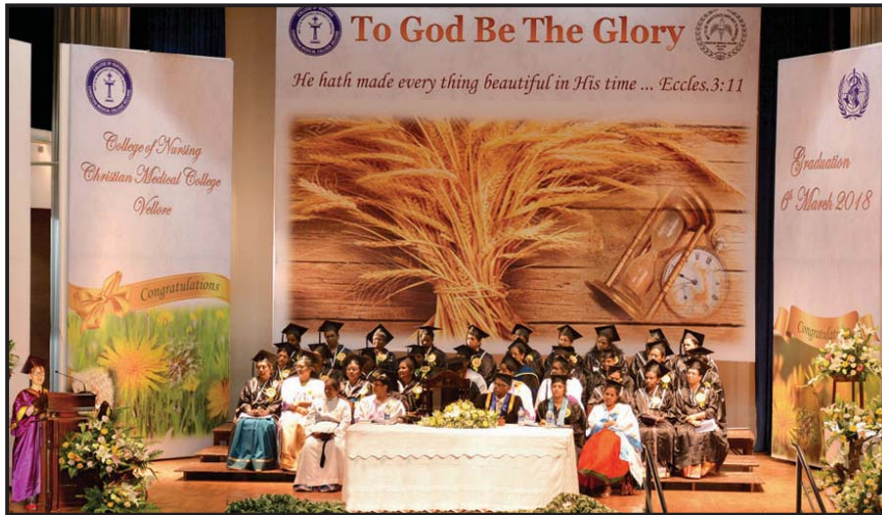
FOR PRIVATE CIRCULATION ONLY

MARCH 26, 2018



Love is patient, love is kind. It does not envy, it does not boast, it is not proud. *1 Corinthians 13:4*

## The College of Nursing Graduation-2018: Batches of 2013-15 formally commit to the profession of caring



The Graduation Ceremony took place on 6<sup>th</sup> March 2018, at the Scudder Auditorium, Bagayam. It was preceded by the Baccalaureate Service on 4<sup>th</sup> March 2018. Two hundred undergraduates and eighty nine postgraduates of Nursing crossed an important milestone in their professional journey.

The solemn occasion was presided over by Dr. J.V. Peter, Director. The Chief Guest Dr. Anne Phillips, Queens Nurse and National Teaching Fellow, Faculty of Health and Life Science, Coventry University, UK, in her address encouraged

the Graduates to carry with them the legacy of the institution which has given them sound knowledge and valuable experience. Dr. Selva Titus Chacko, Dean, College of Nursing in her charge to the Graduates urged them to always imbibe in their work the characteristics of integrity, honesty, trustworthiness, dependability, strength, ethical work, self-confidence and honour.

This was followed by the distribution of the certificates by the Dean and the presentation of the college pins by Dr. Premila Lee, the Nursing Superintendent. A prayer of dedication was offered by Rev.Ananthi Arputha Mary, Head of Chaplaincy following

which the student's response was delivered by Ms.Faustina Suvi R. and Ms. Preethi S.

The ceremony came to an end with the prize distribution and the presentation of the special awards by Dr. Anna B.Pulimood, Principal and Dr. Anne Phillips respectively.

In the Diploma Nursing Programme the Gold Medal for the Best Outgoing Student was awarded to Ms. Sweatham P. and Ms.Pavithra R. received the Best All-Round Student award.

*Continued on page 2*



Best Academic Performance B.Sc. Nursing - Ms. Angel Nicholas



Best Outgoing B.Sc. Nursing - Ms. Anju Chachy Phillip



Best Allround in Diploma - Ms.Pavithra R.



## The College of Nursing Graduation-2018: Batches of 2013-15 formally commit to the profession of caring

Continued from page 1



Best Outgoing PBBSC Nursing -  
Ms. Kalaiselvi P.

In the B.Sc. Nursing Programme the Gold medal for the Best Outgoing Student was given to Ms. Anju Chachy Philip, Ms. Angel Nicholas was awarded as the Best Academic Student and Ms. Klasens Tissiah E. received the Best All-Around Student award. The Gold medal for the Best Outgoing Student in Post Basic B.Sc. Nursing programme was awarded to Ms. Kalaiselvi P.



Alumni Award -  
Mrs. Leela Ramachandran Nair

The Alumni Award for a lifetime of contribution was awarded to Mrs. Leela Ramachandran Nair for her tireless effort in improving Nursing Education and Community Health Services in CMC Vellore and after her retirement in Mangalore, Manipal and other parts of the country.

## CME organised on 'Paediatric Airway'



The second 'Paediatric Airway' CME and workshop was organised by the Paediatric ENT Unit-II on 17<sup>th</sup> February, 2018. The workshop was divided into four modules. The morning session commenced with short lectures on the intricacies of the paediatric airway from the perspective of an ENT surgeon highlighting the role of the Paediatric-Intensivist and Anaesthetist. This was followed by training sessions on rigid and flexible bronchoscopy following which the third module presented various clinical scenarios using high fidelity simulation, incorporating learning

objectives such as situational awareness, crisis resource management and leadership skills. In the last module the participants were taught various open airway surgeries on sheep laryngotracheal specimens. The resource persons for the sessions were Dr. Ajoy Mathew Varghese, Dr. Mary John, Dr. Naina Picardo and Dr. Syed Kamran Asif from the Paediatric ENT Unit. The simulation sessions were handled by Dr. Ebor Jacob and the team from PICU, Dr. Raj S. and the team from Anaesthesia.

Dr. Mary Kurien, the former head of ENT Department, the person instrumental in starting the first Paediatric ENT fellowship in India and Dr. Thirunavakarasu, Paediatric ENT surgeon from Chennai were the external faculty. The workshop proved to be highly informative and was well appreciated by all.

## CME on 'Hepatocellular Carcinoma'

The Department of Radiology in association with Vellore sub-chapter of IRIA organised a CME on 'Hepatocellular Carcinoma Imaging' on 21<sup>st</sup> February 2018. The meeting began with a prayer by Chaplain Rev. Finny Alexander followed by the welcome address by Dr. Sridhar Gibikote, Head of the Department of Radiology. The Chief Guest Dr. Sanjeeva Prasad Kalva, Chief of Interventional Radiology, University of Texas South-western Medical Centre, Dallas spoke on various topics such as, "Staging of HCC—What's new?", "HCC ablation vs. Embolisation, c TACE vs. DEBTACE vs. TARE(Y90)". This was followed by lectures on "LIRADS" by Professor Anu Eapen, Radiology and "HCC management guidelines" by Professor Uday Zachariah, Hepatology.



Dr. George Koshy, Dr. Suraj Mammen and Dr C.E. Eapen presented case capsules. A multi disciplinary interactive panel discussion was coordinated by Dr. Vinu Moses, Department of Radiology with a team from the Departments of Hepatology, Medical Oncology, Nuclear Medicine, Hepato-Pancreato-Biliary surgery and

Continued on page 3



Radiotherapy. The speakers were honoured by Dr Srinivasan M J , Senior advisor, Vellore subchapter, IRIA and Dr. Madan Mohan ,Treasurer, Vellore subchapter, IRIA . Closing remarks were given by Dr. Shyamkumar N. Keshava , President, Vellore subchapter, IRIA and the vote of thanks by Dr. Kumaran Secretary, Vellore subchapter, IRIA .

The CME was awarded five credit points under category II by the Tamil Nadu Dr. MGR Medical University.

### **Concert Review – Themes and Variations**

*Themes and Variations* gave a delightful concert in the Scudder Auditorium, Christian Medical College Vellore, on Saturday 3<sup>rd</sup> of March.

*Themes and Variations*, curated by pianist Pratibha Williams Santwan, is a group of accomplished musicians hailing from Chennai. They all hold diplomas and certificates from the Trinity College of Music, London, and belong to a variety of other choirs and musical groups in the city. They gave their time and talents freely on behalf of CMC's Centenary Scholarship for women. Dexterous piano solos and duets from Pratibha and Matthew Dilip and delightful recorder pieces from M. Yuvan, were interspersed with arias and songs from soaring soprano Roshni Sharon, and versatile tenor Ebenezer Arunkumar. What better way to draw the programme to a close than 'Thank you for the Music', 'Time to Say Goodbye', and 'The Prayer', with Pratibha (alto) and Matthew (bass) joining the singing. Finally the Ensemble joined together for the benediction 'Go Now in Peace'. As well as the concert there was an exhibition at the Auditorium showcasing the talents and creativity of several members of the community. This was much enjoyed by those who visited, and also succeeded in raising funds for the Centenary Scholarships.



To know more about the Centenary Scholarship Fund, or to make a contribution please contact the Development Office, [dev.office@cmcvellore.ac.in](mailto:dev.office@cmcvellore.ac.in)

### **Congratulations!**

- **Dr. Balamugesh T.**, Professor of Pulmonary Medicine has been awarded "Diploma of Fellowship (FRCP Glasgow) by the Royal College of Physicians and Surgeons of Glasgow".
- **Dr. Rani Diana Sahni**, Professor of Microbiology has won the Best Poster Award for the paper, "Trend in Echinocandin susceptibility among Candida species causing invasive candidial infections at a tertiary" at SIHAM 2018, 12<sup>th</sup> National Conference of Society of Indian Human and Animal Mycologists at St. John's National Academy of Health Sciences, Bengaluru.
- **Dr. Promila Mohanraj**, Lecturer, Microbiology has won the Best Oral Presentation Award for the paper, "Evaluation of pan-fungal PCR assay for diagnosis of invasive fungal infections in febrile neutropenic patients" at SIHAM 2018, 12<sup>th</sup> National Conference of Society of Indian Human and Animal Mycologists at St. John's National Academy of Health Sciences, Bengaluru.

### **Memoranda**

**Dr. Shantidani Minz**, Professor of Community Medicine, is appointed as Head of Rural Unit for Health and Social Affairs (RUHSA) with effect from 24<sup>th</sup> March 2018 for a four-year term.

### **Retirement**



**Ms. Esther Parameswari**, Senior Medical Record Technician Gr.II, Department of Medical Records retired on 9<sup>th</sup> March, 2018 after nearly 20 years of dedicated service to the institution. Her husband Mr. L. Aron Mohan Raj has retired from a private institution. They are blessed with two sons, Mr. M. Sathesh Mohan and Mr. M. Pradish. CMC thanks her for her many years of dedicated service to the institution and wishes her a blessed retired life.

### **Obituary : Mr. C.C. Jacob**

**Mr. C.C Jacob**, former Treasurer of CMC went to be with the Lord on 17<sup>th</sup> March, 2018. He grew up in Alleppey, Kerala to parents who were teachers in the church schools. He completed his B.Com at Palayamkottai and joined the CMC family in the 1940's. He was tutored by Mrs. Naomi Carmen (then treasurer) and sent to USA to pursue MBA, before he took over as the treasurer of CMC.

The first Indian treasurer of CMC, Mr. Jacob was instrumental in streamlining the Accounts Department and guided the department through its difficult periods. He was particular about investments, however small and by the time he retired from service in 1989, handsome amounts were available as investments. It was this method of his which led way to the implementation of the SSA Scheme.



A man of few words, who kept his own counsel, led the institution through times of uncertainties with his sound wisdom and dexterity. He was referred to as the "treasure" of CMC, not just the treasurer of CMC by, late Dr. L.B.M. Joseph, former Director. There is much to be learned from his life of simplicity and dedication. CMC family thanks God for the life of Mr. C.C. Jacob and is ever grateful to him for his dedication towards the betterment of the institution.

Our thoughts and prayers are with his wife Mrs. Susy, elder daughter Dr. Sindhu Achamma Jacob (MBBS batch of 1988), younger daughter Indu and their families. (Sindhu's email id is copied for those who would like to get in touch with her - [sindhu\\_john@yahoo.com](mailto:sindhu_john@yahoo.com))

**Upcoming Event**

**American Heart Association –Paediatric Advanced Life Support (AHA\_PALS) course :** The AHA-PALS course will be held on the **24<sup>th</sup> and 25<sup>th</sup> April, 2018** at the Paul Brand Building, CMC. This well known Paediatric Advanced Life Support Course, accredited by the American Heart Association and American Academy of Paediatrics, is valid internationally. The number of participants is strictly restricted to 18 as per AHA guidelines. The registration fee is Rs.6,500/- (cost of study materials included). The last date for registration is **1<sup>st</sup> April, 2018**. This two day course is designed for healthcare providers (doctors, nurses, paramedics) who initiate advanced life care in acutely ill children, beyond basic life support, through the stabilization or transport phases of a paediatric emergency. The course consists of lectures, videos, discussions and hands - on sessions based on simulated case scenarios and aims to train the participants in early recognition and emergency management of critically ill children with an emphasis on team concept. For enquiries and registration, please contact Mrs. Vijayalakshmi or Dr. Ebor Jacob, Paediatric ICU (Phone No.0416-228-3366).

**Situations Vacant**

- 1. Legal Officer** required for **Christian Medical College, Vellore**. Qualification : Degree in Law. Experience : Minimum 10 years in Legal Service. Salary : Commensurate with qualification and experience. Apply with bio-data, certificates and testimonial copies to [director@cmcvellore.ac.in](mailto:director@cmcvellore.ac.in) on or before **April 14, 2018** for Item 1.
- 2. Senior Resident Gr.III with M.S. (Orthopaedics)** for the **Department of Paediatric Orthopaedics Unit**  
Age limit: <40 years. Salary scale: As per institutional rules. Accommodation provided (Subject to availability).
- 3. Associate Research Officer Gr.IV** for the **Department of Wellcome Research**  
Qualification : M.Sc. (Medical Microbiology). Preference will be given for those who have experience in laboratory accreditation. Salary scale : As per institutional rules. Accommodation not provided. Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and full address to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 or by e-mail: [princi@cmcvellore.ac.in](mailto:princi@cmcvellore.ac.in) on or before **April 07, 2018** for Items 2 and 3.
- 4. Coordinator (Project Mode)** for the **Haematology Department**.  
Qualification : MBA. Salary: As per institutional rules.  
Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>  
Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**  
Applications will close on **March 31, 2018** for Item 4.
- 5. Schieffelin Institute of Health - Research & Leprosy Centre, Karigiri** invites applications for the following:  
**Website Designers / Developers.** We are looking for a creative Website Development Team to update / Redesign our Hospital Website. We invite dynamic groups with experience in: • Content Development • Branding • Design • Website Maintenance • Photography.  
Address to the Director/Administrative Manager, S.I.H-R & L.C., Karigiri, Pin-632 106, Vellore District. Email: [director@karigiri.org](mailto:director@karigiri.org) Website : [www.karigiri.org](http://www.karigiri.org) Send in your details on or before **April 02, 2018**.

**Special Prayers : March 25 - 31, 2018**

**Chaldean Syrian Church of the East**

**Council Members :**

Most Rev. Dr. Mar Aprem  
Bishop Mar Yohannan Yoseph

Hospital : Mar Timotheus Charitable Hospital, Trichur

**Council of Christian Hospitals**

Council Members :Dr. P. Joshua  
Mr. K. Jaipaul

Hospitals : Serango Christian Hospital  
Christian Medical Centre, Pithampuram  
CBM Bethel Hospital, Vuyyuru  
Star of Hope Hospital, Aikividu

**Sunday Services : April 01, 2018**

6.00 pm : **Scudder Auditorium**  
Ms. Saramma Kuruvilla

6.30 pm : **Hospital Chapel**  
Rev. Dr. Dexter S. Maben

5.00 pm : **Friendship Chapel, KPTR Campus**  
Ms. Imtinenla Aier

**Obituary :**

**Mr. Irudhayaraj**, retired Data Entry Operator, Department of Biostatistics, father of Mr. Livingston Charles and father-in-law of Mrs. Menaka, Technologists, Department of Clinical Microbiology, on 17<sup>th</sup> March, 2018. Our thoughts and prayers are with the bereaved members of the family at this time of grief and loss.

# Let's Think Together

No.4

APRIL 02, 2018



## Could This Be My Neighbour?

**Suggested reading: Luke 10:25-37**

One of the interesting things about working in a hospital is that it can never be boring. There is so much going on around, if only you take the time to see. This week, I had come to CMC like every patient for tests and diagnosis. A pulled muscle meant that I could not walk too far so I got down at the wheel chair station. At other times when I have waited in this area, I have noticed a plentiful supply of wheelchairs. But on this day, there were very few, most of them having been taken already. I held on to my stick and decided that perhaps I could walk slowly. A lady from the North East surprised me by pulling my arm. “Where are you going?” she asked. Pointing to the row of seats she said sternly, “Sit down and wait.” I didn’t dare disobey her.

It is an experience to sit and watch people who are severely disabled and wounded arriving in autos and cars. Faces screwed up in pain, fragile arms and legs needing help; often a person balances precariously on one leg. The security men directing traffic at this point don’t allow a vehicle to wait or give anyone sufficient time to get down properly and settle into a wheel chair. And yet, I noticed that there is always someone there to help. Someone else’s attender/ helper gently eases a stranger from the auto into a wheelchair and gets him comfortable even though it takes a little time and the guard is there waving his arm to move on. This reaching out and caring is hard to watch as it gnaws into your heart. “Why wasn’t I able to do something like this spontaneously,” I ask myself. I smile at the lady who scolded me for attempting to walk, grateful that she cared enough to stop me from injuring myself further. Always, at such moments a special story pricks my conscience.

“Who is my neighbour?” a cunning man asked Jesus, and in reply Jesus told the parable of the Good Samaritan. The story of the injured man lying by the roadside unnoticed and uncared for. Perhaps we know this story too well - two men walk by – a priest and a Levite – but they did not stop to tend to the hurt man. Their position in society, their professions, their need to be somewhere else blinded them from seeing the wounded, disabled man in front of them. And yet, there was a third person who saw the man and stopped. In the story, the man was a Samaritan – a much despised foreigner that no Jew would stop for. Yet, it was this man who had the compassion to stop and care for the injured man. What was so different about him? Why did he care? Had he too been wounded once and left alone, so that he now has learnt to care?

I am sure we have all been in the position of the wounded man. Hurt and paralyzed by different kinds of situations, we too wait for someone with compassion to reach out to us.

### **Think about this!**

A good friend of mine once passed me by in one of the corridors with his eyes focused firmly on the ground. I mentioned it when I met him later and was shocked by his reply. “If I look at someone, they might want something from me. I don’t have the time to give them what they may need.” If we take the time to look around, we see wounded people every where. Could you be like the Samaritan and stop and care?

Usha Jesudasan

ushajesudasan@gmail.com



# CMC NEWSLINE

Vol.No.55 No.40

FOR PRIVATE CIRCULATION ONLY

APRIL 02, 2018

*He is not here; he has risen! Remember how he told you, while he was still with you in Galilee. Luke 24:6*



## Empirical Hope of Resurrection



**E**aster Greetings from Chaplaincy!

What a wonderful hope God has assured to us through the resurrection of His Son Jesus Christ! In the words of Apostle Paul, “*And if Christ has not been raised, our preaching is useless and so is your faith*” (I Cor.15:14). “*Because He lives, we can face our tomorrows*”. This hope which arises from Christ’s resurrection can be experienced by all, just as Apostle Thomas did in his life. One of the twelve disciples of Jesus, Thomas was also known as ‘Didymus’, which means ‘the twin’. Though not the most popular of the twelve, he was popular enough to have earned the nick name “Doubting Thomas.” He was given this label because he simply refused to believe that Jesus had risen from the dead, instead he wanted to have a personal experience with the resurrected Jesus. This experience gave him

hope which transformed him and strengthened his faith.

### **The Courage of Thomas:**

When the resurrected Christ appeared before the disciples for the first time, Thomas was not among them. He refused to believe the words of the disciples : “*So the other disciples told him, ‘We have seen the Lord!’ But he [Thomas] said to them, ‘Unless I see the nail marks in his hands and put my finger where the nails were, and put my hand into his side, I will not believe it*” (John 20: 25) – what courage he had!

This courage of Thomas was honoured by Jesus and He provided him an answer: “*Jesus came and stood among them and said, ‘Peace be with you!’ Then he said to Thomas, ‘Put your finger here; see my hands. Reach out your hand and put it into my side. Stop doubting and believe*” (John 20: 27).

Another instance where he displayed his courage and loyalty was when the

*Special Prayers : April 01 - 07, 2018*

**CHIPS** : Mr. Ebinezar Sundarraj and Staff

**Community Health and Development** :

Dr. Jasmin Helan N. and Staff  
Mrs. Rajeswari Siva and Staff

**New Life Centre** :

Dr. Kuryan George and Staff

**United Methodist Church of America, USA**

Council Member : Dr. Arvind Roop Kumar

**Voluntary Health Association of India**

Council Member : Mr. Alok Mukhopadhyay

**Vellore CMC Foundation Inc.**

Council Members : Dr. Honorine Ward  
Ms. Patricia Carroll

*Sunday Services : April 08, 2018*

6.00 pm : **Scudder Auditorium**

Dr. Joy Mammen

6.30 pm : **Hospital Chapel**

Dr. Barney Isaac

5.00 pm : **Friendship Chapel, KPTR Campus**

Dr. Chandra Singh

**Memorandum :**

**Mrs. Sheeba Rani P.**, Associate Professor of Nursing is appointed as Deputy Registrar, College of Nursing with effect from 1<sup>st</sup> April, 2018 for a four-year term.

**Obituary :**

**Mr. A. Edward Raj**, father of Ms. Susheela Russell, Reader in Clinical Psychology, Department of Psychiatry and Ms. Lydia Edward Raj, Reader, Occupational Therapy and father-in-law of Dr. Paul Russell, Professor, Department of Psychiatry on 24<sup>th</sup> March, 2018.

Let us uphold his wife Mrs. Irene Edward and all the bereaved members of the family in our prayers.

other disciples tried to keep Jesus from going to Bethany to raise Lazarus from the dead because of the danger from those who had tried to stone Him earlier. (John 11:8). Thomas said to them, “*Let us also go, that we may die with Him*” (John 11:16).

*Continued on page 2*

Hope always expects certain amount of courage. When Abraham was asked to sacrifice his son Isaac in the mountain region of Moriah, he exercised much courage. *“Abraham answered, “God himself will provide the lamb for the burnt offering, my son.” And the two of them went on together”* (Gen. 22:8).

**The Faith of Doubting Thomas :** Though known as Doubting Thomas, if we look more closely at the Gospel, we might learn something new about the great faith of this holy apostle. St. Thomas Aquinas rightly opines that while Thomas the Didymus had doubts about the resurrected body of Jesus, he expressed his strong faith about Christ Jesus’ divinity by openly crying out ‘My Lord and My God.’ We also may doubt God’s work in our lives. In a hospital environment like ours, many may have wavering experiences in their faith. It is true that God understands our emotional temperament and is patient with us. Doubters are not second-class citizens in God’s Kingdom! Let us keep pushing ourselves to trust and believe in this power of resurrection and experience the power of God’s mercy through the risen Jesus Christ, our Lord and Saviour. Therefore can we, for whom Jesus is not made visible, not indulge in doubt, but be blessed in believing?

(Rev. Ananthi A. Mary, Head, Chaplaincy)

## CMC College of Nursing celebrates College Day-2018



The College Day was celebrated with much festivities on 17<sup>th</sup> March, 2018. The theme for this year was “Tyngshain” which means “Glow” in Khasi. The chief guest Dr. Gita Mathai, Pediatrician, Family Care Centre, Vellore, in her inaugural address, encouraged the gathering to make a difference in everything that they do and to make an impact upon the world. Dr. Nihal Thomas, Associate Director and Dr. Premila Lee, Nursing Superintendent offered felicitations. After the felicitations, awards and medals were presented by the chief guest to the winners of the Zenith Quiz Held at Coimbatore and to the Diploma Nursing students who received meritorious academic medals and certificates during their course of study. The students participated enthusiastically in all the events that followed. There was a brilliant

performance through dance which depicted the significance of the theme. This was followed by a debate on the topic “A Strategic Woman in the current scenario is a Homemaker / Social Reformer”. The entertainment which followed was indeed a vibrant display of talents and creativity.



## World Kidney Day celebration



The Department of Nephrology celebrated World Kidney Day to create a public awareness on prevention and early detection of kidney diseases. The theme for this year was “Kidneys and Women’s Health – Include, Value and Empower”. On 8<sup>th</sup> March, 2018, an awareness programme was organized at the hospital campus, which provided free screening for kidney diseases by nephrologists, nurses, dialysis therapists and students of the department. Rev. Lalbiang Sanga began the meeting with prayer and Dr. Santosh Varughese, Professor and Head, Department of Nephrology welcomed the gathering. Dr. Joy Mammen, Deputy Medical

Superintendent, Dr. Nihal Thomas, Associate Director, Dr. Indira Agarwal, Professor and Head, Child Health and Paediatric Nephrology, Dr. Antony Devasia, Professor and Head of Urology, Dr. Selva Titus Chacko, Dean, College of Nursing and Dr. Premila Lee, Nursing Superintendent offered felicitations. The vote of thanks was proposed by Dr. Vinoi George David, Professor of Nephrology, Unit I. The event was packed with information; there were educational posters, display of dialysis facilities and demonstration of ideal diet for people with kidney disorders. Following these, competitions and quiz programmes were held; the certificates and awards for which were distributed thereafter. There was a good participation of six hundred and seventy five people and they received blood pressure, blood sugar, urine albumin, urine glucose tests and height/weight measurements along with a doctor’s consultation. The newly detected diabetics, hypertensives, people with proteinuria and obesity were advised appropriate referrals. The programme was a grand success and the Department of Nephrology thanks all the participants and organizers for their involvement.



## Cancer Awareness Programme organised



The Department of Medical Surgical Nursing specialty VI (Hemato-Oncology Nursing), College of Nursing, organized a “Cancer Awareness Programme” in commemoration of the World Cancer Day 2018 on 13<sup>th</sup> February 2018, on the theme “We can, I can”. Dr. Selva Titus Chacko, Dean welcomed the gathering and Dr. Deepak Abraham, Associate Director spoke about the importance of the programme. The other dignitaries present were Dr. George Koshy Chiramel, Deputy Medical Superintendent, Mrs. Florence Segaran, Deputy Nursing Superintendent, Dr. Raju Titus Chacko, Head,

Department of Medical Oncology, Dr. Selvamani, Head, Department of Radiation Therapy and Dr. Vikram Mathews, Associate Director and Head, Department of Haematology.

Several stalls were put up by the departments of Community Health Nursing, Dietary, Psychiatry, Radiation Therapy and RUHSA. The stalls provided health education on risk factors and prevention of cancer. This included self examination of breast, testicular self examination, cervical cancer assessment and screening, radiation therapy, role of diet in cancer prevention, counselling on alcohol consumption and smoking, de-addiction and highlights on available treatment modalities.

A poster and slogan writing competition was conducted on the topic “Prevention of cancer”. The first place was bagged by Ms. Nadhiya, GBMT Nurses' Co-ordinator, Haematology OPD for slogan writing and Ms. Priya Roselin, Staff Nurse, Main OR for Poster competition .

The event was appreciated by all and culminated with a walkathon between CMC Hospital and South Police Station, Vellore.

## Congratulations!

• **Dr. Sneha E. and Dr. Philip Amitav Vikram Kalindi**, Postgraduates (MD final year), Department of Anaesthesia were the First prize winners in case presentation of the practical examination preparation programme (PREPP) on 11<sup>th</sup> March, 2018 at Kilpauk Medical College, Chennai.

• **Dr. Syed Kamaran Asif**, Assistant Professor, Department of ENT Unit-II has won the 1<sup>st</sup> prize for poster presentation at the SIMEDECON 2018 National Conference held on 3<sup>rd</sup> March, 2018.

## Retirement



**Mr. P. Devakumar**, Sel. Gr. Staff Clerk Gr.I, Operation Theatre retired on 15<sup>th</sup> March, 2018 after 36 years of dedicated service to the institution. He has two sons and a daughter. His oldest son, Mr. Rukshanth Devakumar is a Software Engineer in Varizon, Chennai, second son, Mr. Rohit Devakumar is a BE (E.E.E) Graduate and daughter, Ms. Rushmitha Devakumar is doing her plus two.

CMC thanks him for his many years of dedicated service to the institution and wishes him a blessed retired life.

## Sports News : Allied Health Sciences Sports Day

The Allied Health Sciences sports day was conducted on 3<sup>rd</sup> March, 2018 at Oval Ground, Bagayam. Dr. Rita Isaac, Professor and Head, RUHSA was the Chief Guest and distributed the awards to the winners. Dr. Judy Ann John, Vice-Principal (AHS) addressed the gathering and Dr. R. Balaganesan, Physical Director proposed the vote of thanks.

**Results:** Overall Championship : Department of Nuclear Medicine.  
Individual Championship (For Men) : Mr. Praveen Harry M. (Cardio Perfusion).

Individual Championship (For Women): Ms. Rinu Varghese (Radiology).





## Upcoming Event : Centenary of Medical Education

**Second Luminary Lecture:** Mr. Romulus Whitaker and Ms. Janaki Lenin, Founder, Madras Crocodile Bank and Snake Park, Wildlife Conservationists, will be the speakers.

**Date:** Wednesday, April 4, 2018.

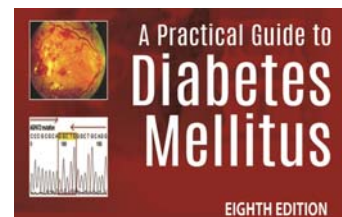
**Time:** 6.00 PM.

**Venue:** Scudder Auditorium, CMC Bagayam Campus.

*Please Note: Buses will leave Kagithapatarai Campus at 4.45PM via ASHA Building. Refreshments will be served at 5.30PM, with a request for all to be seated by 5.50PM.*

## Notification

The 8<sup>th</sup> Edition of 'A Practical Guide to Diabetes Mellitus' has been released and is available in the Department of Endocrinology.



## Situations Vacant

### 1. Administrative Assistant Gr.V for the Haematology Department

Qualification : Graduate + 1 year PGDHA (or) 5 years experience in CMC.

Salary scale : As per institutional rules.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **April 07, 2018** for Item 1.

**Schieffelin Institute of Health - Research & Leprosy Centre, Karigiri** invites applications for the following posts:

### 2(a) Nursing Tutor Gr.IV

Qualifications : B.Sc. Nursing with 2 years experience (Only female candidates need to apply).

### 2(b) Prosthetics & Orthotics Engineer

Qualifications : Degree or Diploma in Prosthetics & Orthotics. Experience preferred.

Apply with bio-data along with photocopies of certificates and a demand draft for Rs.50/- in favour of "SIH-R & LC., Karigiri" addressed to the Director, SIH-R & LC., Karigiri, Pin - 632 106. The last date of receipt of applications is **April 07, 2018** for items 2(a) and 2(b).

### 3. Ida Scudder School, Vellore - 632 006, Tamil Nadu (Affiliated to the CISCE, New Delhi)

The school invites applications for the following posts:

#### Assistant Headmaster / Headmistress

Applicants should be Christian candidates with post-graduation in any discipline with B.Ed /M.Ed preferably in the age group of 40 - 55 years with adequate teaching and administrative experience in reputed schools. Excellent communication and leadership skills required.

#### Junior Level Teachers in Art, Physical Training and Craft

Applicants should be graduates in their respective discipline with relevant experience.

**Note: All applicants should be proficient in English.**

**Apply to "The Correspondent"** Ida Scudder School, No. 1, Kalinjur Main Road, Viruthampet, Vellore – 632 006, Tamil Nadu, or email to [idascudder@gmail.com](mailto:idascudder@gmail.com) on or before **9<sup>th</sup> April, 2018** furnishing the CV, latest passport size photograph, copies of all the necessary certificates, other related documents and contact details.

# Special Issue

Vol.No.55 No.41

FOR PRIVATE CIRCULATION ONLY

APRIL 09, 2018



## *Living Our Legacy* Setting up the Nursing School



Dr. Louisa Hart and her sister Lillian, a nurse, working in Ranipet, joined Dr.Scudder to help run the little hospital. Everyday new patients came and the three ladies were worked off their feet till late into the night. The first nurses were just helpers from nearby whom Dr Scudder and Lillian Hart trained to do simple nursing care. But it proved to be really difficult – the girls would dip their fingers in to test the temperature of sterile water and had little knowledge or experience of cleanliness and sanitation. Dr. Scudder soon realized that with the hospital growing, she needed well - trained professional nurses. Where was she to find good nurses? Many of the things that Dr Scudder started began with a desperate need; then she set out to fulfill that need herself first and then drew other people into the challenge to

help her. So the idea of establishing a Nursing School grew in her mind. It would have a two pronged effect - she would have good nurses for her hospital and other places could benefit from them too.

It was almost a decade into the new century and although the need for good efficient nurses to manage the wards grew daily, it was difficult to persuade girls to join this profession. Parents refused permission for their girls to 'dirty their hands' nursing people they did not know. Nursing was seen as a lowly profession as the girls had to deal with sickness, diseases like TB, Leprosy, cholera and death. It would be difficult for girls who became nurses to find husbands, as nursing was seen as an unclean profession. With Dr Scudder and Dr Hart visiting homes where there were young girls, persuading families of the great need, some girls came forward and joined the first batch. In 1909, the Nursing College was established. Most of the trainees were dedicated, some found a passion for their work and thus a calling for the rest of their lives which they passed on to their own daughters. It slowly became a dignified career that was known for responsibility, efficiency and service.

Now a century and a half later, at every stage of hospital care, we expect to see a nurse. Public attitudes have changed and nurses today are much respected. Whether we are critically ill, having a baby, or recovering from an operation, we cling to a nurse. Even a small clinic cannot run without a nurse today. Nursing and the Allied Health Courses are much desired and highly competed for ones in CMC. What transformed the attitudes and changed the way society looked at nurses? Brave, bold girls who went against the tide, sometimes against family pressure and made the difference.

When we look at the CMC legacy, we see that there have always been women and men who did something for the first time; who went against the tide, did the unacceptable and paved the way for others to follow. Not through sheer ambition, but from wanting to serve and do something about the many needs around them. Today, we are a hundred years away from that little hospital, but there are still many unmet needs. Who will come forward to meet those needs?

Usha Jesudasan  
ushajesudasan@gmail.com

# CMC NEWSLINE

Vol.No.55 No.41

FOR PRIVATE CIRCULATION ONLY

APRIL 09, 2018



*The Lord is my strength and my song; he has become my salvation. He is my God, and I will praise him, my father's God, and I will exalt him. Exodus 15:2*

## Celebration of World Autism Day - 2018



The World Autism Awareness Day was celebrated on 31<sup>st</sup> March, 2018 by the Developmental Paediatrics Unit in collaboration with Paediatric Nursing Services. This year's theme was "Empowerment of Women and Girls with Autism", with the aim to address challenges by involving them and their representative organizations in policy and decision making.

The inaugural function began with prayer by Rev. Rachita Rout followed by a welcome address by Dr. Beena Koshy, Professor and Head, Developmental Paediatrics. Felicitations were offered by Dr. Nihal Thomas, Associate Director, Dr. Prasad Mathew, Medical Superintendent, Dr. Solomon Sathish Kumar, Vice-principal, Dr. Premila Lee, Nursing Superintendent and

Mrs. Alice Sony, Associate Dean of Nursing. The vote of thanks was proposed by Dr. Samuel Philip Oommen, Professor, Developmental Paediatrics.

The major part of the event was centred on educating the public about autism and what it is not. Autism is a neuro-developmental condition which has restrictive, repetitive movements, different interests or behaviours affecting communication and socialization.

Early diagnosis and early intervention can improve the outcome of children with this condition. However, due to lack of awareness it remains undiagnosed, losing precious time for intervention.

Since it carries with it social stigma and impaired social skills, it is highly

*Special Prayers : April 08 - 14, 2018*

*Diagnostic Radiology and Imaging :*

Dr. Gibikote Sridhar V. and Staff  
Mrs. Jeyalinda Christopher and Staff

*CNI Uttar Pradesh Regional Board of Health Services*

Council Member : Dr. H.J. Lyall

Hospitals : Christian Hospital, Kasganj, Memorial Hospital, Farrukhabad and others

*Sunday Services : April 15, 2018*

6.00 pm : **Scudder Auditorium**  
Ms. Intimenla Aier

6.30 pm : **Hospital Chapel**  
Mr. Samson Varghese

5.00 pm : **Friendship Chapel, KPTR Campus**  
Dr. I. Rabi Raja Singh

*Welcome :*

**Dr. Anand Zachariah**, Professor, Department of General Medicine Unit-I, on his return from sabbatical leave.

*Day to remember :*

National Fire Service Day - April 14

*Obituary :*

**Mr. Pandian Franklin**, retired staff, Telephone Exchange on 31<sup>st</sup> March, 2018.

Let us uphold his son, Mr. Prakash, daughter, Mrs. Priya Isaac and all the bereaved members of the family in our prayers.

essential that the right knowledge and awareness is given. The programme was therefore a grand success and left the public with the following awareness.

*Autism is not lack of intelligence - Similar to that of normal people; the intelligence factor will vary from person to person.*

*Continued on page 2*



The lack of communication and social skills makes it difficult for their intelligence to be discovered.

*Autism is not lack of emotions* – A child with autism feels love, happiness, sadness and pain just like anyone else, though they may not express their feelings in the same way others do. Since there is no open display of affection, it is a myth to think that autistic people do not feel or cannot feel.

*Autism is not a disability* – Even the definition of autism is associated with words like “deficit,” “disorder,” “impaired” and “restricted.” Their senses may be overwhelmed, their bodies may be disorganized or uncooperative, but their minds are far more competent.

*How to identify early symptoms of Autism:*

- No big smile or other warm, joyful expressions by six months or thereafter
- No back-and-forth sharing of sounds, smiles, or other facial expressions by nine months or thereafter
- No babbling by twelve months
- No back-and-forth gestures, such as pointing, showing, reaching, or waving by twelve months
- No words by sixteen months
- No two-word meaningful phrases (without imitating or repeating) by twenty months
- No response when the child’s name is called by ten months
- Any loss of speech, babbling or social skills at any stage of development



## Guest Lecture on Achieving Citation Index Score organised

The Department of Library Services organized a guest lecture on “Achieving Citation Index Score” on 22<sup>nd</sup> March 2018. Dr.Thanuskodi, Professor and Head, Department of Library and Information Sciences, Alagappa University, Karikudi was the Chief Guest and delivered a very informative lecture. Dr.Joyson Soundrarajan, Senior Librarian and Head of Library Services presided over the in-house programme and gave an introductory note on the topic.



Dr. Thanuskodi spoke on the need of indexing, various types of indexing (H index, G Index, i10 Index), the 'Impact Factor' of the Journals and how to derive the Impact Factor. He also stressed on the various citation format styles and highlighted the importance of ‘Open Source Software Tools’ for locating the Citation Scores. Library staff from Dodd and Gault libraries, College of Nursing, E-Learning staff and CHAD participated in this session. Dr. R. Senthil Kumar, the Senior Librarian of Dodd Library proposed the vote of thanks.

## Events from MCI Nodal centre for National Faculty Development



The first contact course for 2018-A batch, the 6<sup>th</sup> MCI Advance Course in Medical Education (ACME) was conducted by the Department of Medical Education from 8<sup>th</sup> to 13<sup>th</sup> March 2018. Twenty five senior faculty members from thirty six affiliated medical colleges attended this programme.

The 5<sup>th</sup> MCI Advance Course in Medical Education (ACME) which is the second contact course for 2017-B batch was conducted from 13<sup>th</sup> to 15<sup>th</sup> March 2018. Twenty six participants presented research posters. Dr. Reeta Vijayaselvi, Associate Professor, Department of Obstetrics and Gynaecology received the best poster award for the poster titled "Assessing the impact of simulation training of an intern on conducting normal delivery" and Dr. S. Priya Banthavi, Associate Professor, Department of Pathology, Chennai Medical College Hospital and Research Centre (SRM Group), Trichy was awarded the runner up prize for the poster titled "Learning by doing - a better teaching method of the blood bank related practices". The contact course was awarded six credit hours by the Tamil Nadu State Medical Council.



## Congratulations!

• **Christian Medical College, Vellore** has been Ranked No.3 in the 'India Rankings 2018'. This award comes under the 'National Institutional Ranking Framework', Ministry of Human Resource Development, Government of India. This framework outlines a methodology to rank institutions across the country based on "Teaching, Learning and Resources", "Research and Professional Practices", "Graduation Outcomes", "Outreach and Inclusivity", and "Perception". The award was given by Shri Prakash Javadekar, Minister of Human Resource Development, in a ceremony held in New Delhi on 3<sup>rd</sup> April, 2018. We thank God for this recognition and all the faculty and staff who make CMC what it is.



• **Dr. Prithish John Korula**, Associate Professor, Department of Critical Care Medicine (SICU) has been awarded the "Fellowship of the College of Intensive Care Medicine of Australia and New Zealand" on 14<sup>th</sup> February, 2018.

## Retirement



**Mr. P. Manohar**, Accounts Officer Gr.I, CHAD retired on 24<sup>th</sup> March, 2018 after 36 years of dedicated service to the institution. His wife, Mrs. Vanisree is an Accountant in CHTC Guest House. They have a son and a daughter. Their daughter, Ms. Sanjana is a B.E. Graduate and son Mr. Dhanush is pursuing final year B.Com.

CMC thanks him for his many years of dedicated service to the institution and wishes him a blessed retired life.



## Notification

CMC has joined hands with EHA to revive a hospital in the Vidharba region of Maharashtra. Vidharba is where maximum farmer suicides take place and it is an urgent need to bring about better health care to this Agrarian Community. There is an urgent need for medical professionals from all branches. Professionals are also encouraged to use their sabbatical leave to help out in this up-coming hospital. Kindly consider this as urgent and of high importance. For further information, contact Mission Department in the Directorate : 6117 / 6121, [missionoffice@cmcvellore.ac.in](mailto:missionoffice@cmcvellore.ac.in) *“The human contribution is the essential ingredient. It is in the giving of oneself to others that we truly live”* – Ethel Percy Andrus.

## Admission Notice: Medical Post-Doctoral Fellowships Admission (Additional)- 2018

Applications are invited for the Medical Post-Doctoral Fellowship Courses - Clinical Gastroenterology, Clinical Hepatology and Paediatric Surgery - as given in the admission bulletin (Additional). Admission Bulletin (Additional) and Application Form can be accessed only on-line at the website <http://admissions.cmcvellore.ac.in/>

The last date for online application submission with payment is **13<sup>th</sup> April, 2018**.

REGISTRAR. e-mail: [registrar@cmcvellore.ac.in](mailto:registrar@cmcvellore.ac.in)

## Situations Vacant

### 1(a) Assistant Physician with MD (General Medicine) for the Department of Medical Oncology

Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

### 1(b) Assistant Professor Gr.I with DM (Medical Oncology) for the Department of Medical Oncology

Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

Applications should be sent by post to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 or e-mail: [princi@cmcvellore.ac.in](mailto:princi@cmcvellore.ac.in) with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and full address on or before **April 21, 2018** for Items 1(a) and 1(b).

### 2. Clinical Co-ordinator for the Department of Bioengineering

*Job Code: 1237*

Qualification : BOT / BPT (Regular course) from a College recognized by AIOTA / IAP.

Skills : Experience in handling patients with stroke; Knowledge in hand rehabilitation and adjuvant therapies such as functional electrical stimulation, biofeedback and robotic therapy are desirable. Mode of appointment : Project mode.

Consolidated salary : Rs.32,500/- per month with 20% HRA. Accommodation not provided.

Download application from this link: <http://www.cmch-vellore.edu/> → General → Vacancies → Application Form for Project Staff. The print out of the application with certificates and testimonial copies should be sent to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 on or before **April 23, 2018** for Item 2.

*Note: Please mention the Job Code in the application form. The application without Job code will not be accepted.*

### 3. Research Fellow for the Department of Neurological Sciences

*Job Code: 1238*

*Post for one Research Fellow on a NIH project for the Department of Neurological Sciences. The selected candidate is expected to work for the term of the project (4years). Promising candidates have the opportunity to register for a higher degree.*

Qualification : M.Sc. Biochemistry / Life Sciences. Mode of appointment : Project mode.

Salary : As per institutional rules. Accommodation not provided.

Download application from this link: <http://www.cmch-vellore.edu/> → General → Vacancies → Application Form for Project Staff. The print out of the application with certificates and testimonial copies should be sent either by soft copy to (E-mail : [princi.hr@cmcvellore.ac.in](mailto:princi.hr@cmcvellore.ac.in)) or hard copy to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 on or before **April 16, 2018** for Item 3.

*Note: Please mention the Job Code in the application form. The application without Job code will not be accepted.*

### 4. Staff III Graduate Technician for the Department of Clinical Hematology

Qualifications : B.Sc. Life Sciences with one-year in-house experience.

Salary scale : As per institutional rules. Age limit : 35 years. Job description : To work in Project.

### 5. Staff III Graduate Technician (Project) for the Department of Clinical Hematology

Qualifications : B.Sc. Life Sciences (Candidates in final year B.Sc. can also apply).

Salary scale : As per institutional rules. Age limit : 35 years. Job description : To work in Project.

### 6. Staff III Speech Therapist for the Department of Physical Medicine and Rehabilitation (P.M.R)

Qualifications : B.Sc. (Audiology / Speech and Hearing).

Salary scale : As per institutional rules. Job description : To work in the Department of P.M.R / Rehab Institute.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: “Vacancies”. **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **April 23, 2018** for Items 4, 5 and **May 07, 2018** for Item 6.



# CMC NEWSLINE

Vol.No.55 No.42

FOR PRIVATE CIRCULATION ONLY

APRIL 16, 2018



*When times are good, be happy; but when times are bad, consider: God has made the one as well as the other .*  
*Ecclesiastes 7:14*

**Padma Shri Mr. Romulus Whitaker and  
Ms. Janaki Lenin deliver**

## **The Second Luminary Lecture**



**T**o commemorate the Centenary of Medical Education, the Institution has invited eminent personalities from different walks of life under the **Luminary Lecture Series**. The aim of this series of Lectures is to listen and imbibe from people, who by their work and life, have empowered and transformed societies, have contributed to our national life or are role models for the youth.

**Padma Shri Mr. Romulus Whitaker and Ms. Janaki Lenin** delivered the Second Luminary Lecture on April 4, 2018 in the Scudder Auditorium. Mr. Whitaker is India's leading herpetologist and the Founder of the

Madras Crocodile Bank and the Madras Snake Park. He has won several honours and awards for his outstanding work particularly with regard to conservation of reptiles and research in the Western Ghats; but his humility is striking as is his sense of humour and wit. His talk, titled, *'The Irula Snake Catchers- Best in the World'*, focused on the Irula community that depended on snake hunting till the Government imposed a ban in the 1970s.

Mr. Whitaker worked with this community and empowered them to catch snakes for their venom. He initiated the Irula Cooperative that now produces over 80% of the anti-snake venom in the country and

**Special Prayers : April 15 - 21, 2018**

**Medical Superintendent's Office:**

Dr. Prasad Mathews K. and Staff

**Private Consultation Office**

**(Alpha Clinic):**

Dr. Prasad Mathews K. and Staff

**Main Hospital Extension**

**Clinics (MAHE):**

Dr. Prasad Mathews K. and Staff

**CSI Jaffna Diocese**

**Council Members:**

Rt. Rev. Dr. Daniel S. Thiagarajah

Dr. D.S. Rajasingham

Hospital: Green Memorial Hospital, Manipay

**CSI Tirunelveli Diocese**

**Council Members :**

Rt. Rev. J.J. Christdoss

Dr. I. Paul Robinson

Hospital: CSI Jeyaraj Annapackiam Hospital, CSI Bellpins Indrani Chelladurai Mission Hospital, Palayamkottai and others

**Sunday Services : April 22, 2018**

6.00 pm : **Scudder Auditorium**

Dr. Santosh Varughese

6.30 pm : **Hospital Chapel**

Rev. P. Rainard Pearson

5.00 pm : **Friendship Chapel, KPTR Campus**

Dr. Christhunesa Soundararajan

**Days to remember:**

World Heritage Day - April 18

Secretaries Day - April 21

Earth Day - April 22

**Welcome :**

**Dr. Koyeli Mary Mahata**, Assistant Professor, Department of Radiology on her return from sabbatical leave.

thus is instrumental in saving millions of lives.

Ms. Janaki Lenin is a wildlife filmmaker and writer, her best-selling book being *'My husband and other animals'*. She spoke on the 'human-wildlife conflict' with

*Continued on page 2*



specific reference to leopards, elephants and man. Citing examples from the field, she said it was possible for man to live in harmony with these wild animals.

Following their talks, Mr. Whitaker and Ms. Lenin engaged with the audience in a question-answer session that was moderated by Professor Prathap Tharyan, former faculty, Department of Psychiatry.

Earlier in the programme, the Vice Principal (UG), Dr. Solomon Sathishkumar spoke about the hundred years of medical education in CMC and the Associate Director, Dr. Vikram Mathews welcomed and introduced Mr. Whitaker and Ms. Lenin. Dr. Deepa Braganza, Professor and Head of Psychiatry Unit 2 and Dr. Anand Zachariah, Professor of Medicine honoured the Guests with the traditional *ponnadai*.

They were presented with a memento by the Director, Dr. J.V. Peter, and a citation by the Principal, Dr. Anna B. Pulimood. The Lecture was well attended by faculty, staff and students of CMC, as well as students from local colleges and schools and friends and well-wishers of CMC from the city.

The Third Luminary Lecture will be delivered on July 4, 2018 by the well-known journalist, rural researcher and *Ramon Magsaysay* recipient, Mr. P. Sainath. Author of the best-selling book '*Everybody Loves a Good Drought: Stories from India's Poorest Districts*', Mr. Sainath has carried out extensive research in rural India and is an expert on farmer's issues, drought, and famines.



## Workshop on "Cardiopulmonary Exercise Testing", organised



The Workshop on "Cardiopulmonary Exercise Testing" (CPET) was held on 3<sup>rd</sup> March, 2018 by the Department of Pulmonary Medicine. CPET is an useful tool particularly in the evaluation of shortness of breath and in pre-operative assessment for fitness for surgery.

The focus of this workshop was to educate pulmonologists, anaesthetists, surgeons and general physicians on the importance of this investigation tool. Thirty four registered delegates from different parts of the country and few intramural staff attended the workshop. The inauguration began with prayer by Rev. Raja following which Dr. Prince James, Professor of Pulmonary Medicine, delivered the welcome address. Dr. Prasad Mathews, the Medical Superintendent and Dr. Deepak Abraham, Associate Director offered their felicitations. Dr. Barney Isaac T.J. was the programme coordinator.



## Workshop on "Cardiopulmonary Exercise Testing", organised

Continued from page 2

The external faculty were Dr. RM.P.L.Ramanathan, Head Of the Department , Pulmonary Medicine from PSG Hospitals, Coimbatore and Dr. Johnson T Samuel, Consultant Respiratory physician from Basildon and Thurrock University Hospital, Basildon, UK. The participants were taught about the basics of CPET, its role in practice, how to perform and to interpret the results. The CME ended with discussion on interesting practical case-scenarios which was much appreciated.

The day concluded with a valedictory function in which Dr. Roy Gnanamuthu, Professor of Thoracic Surgery was the Chief Guest. He acknowledged the initiative and reemphasized the need for CPET. The CPET workshop was a great success and has potential to be conducted regularly in the future. It also provided the opportunity for creation of awareness about clinical cardiopulmonary exercise testing service, which is among the few active ones in the country.

## Seminar on Leadership organised



Yet another chapter of 'Lead like Jesus' was conducted on 23<sup>rd</sup> and 24<sup>th</sup> March 2018 at the New Examination Hall, College Campus. This two day seminar is an intensive exercise which directs

participation to the right path of leadership.

## Sports News : 3<sup>rd</sup> Inter Para Medical Sports

The Para Medical Sports 2018 organized by Sri Ramachandra University, Chennai among Para Medical Students was held from 14<sup>th</sup> to 17<sup>th</sup> February, 2018. Forty of the Allied Health Sciences students from CMC participated and brought laurels to our college. Dr. Anna B. Pulimood appreciated the winners and the participants. The results are as follows:

Cricket - Second Runner- up  
Futsal - Second Runner- up



## Memoranda

- **Dr. Jagadish Ebenezer**, Professor of Dental Surgery and Head of Dental and Oral Surgery Unit-II is appointed as Head of the Department of Dental and Oral Surgery with effect from 8<sup>th</sup> April, 2018 for a four year term.
- **Dr. Asish Singh**, Associate Physician/Assistant Professor of Medical Oncology is appointed as Acting Head of the Department of Medical Oncology with effect from 14<sup>th</sup> April, 2018 during the period when Dr.Raju Titus Chacko is on sabbatical leave.
- **Dr. Binu Susan Mathew**, Professor of Pharmacology is appointed as Head of the Department of Pharmacology with effect from 15<sup>th</sup> April, 2018 for a four year term.



## Retirement



**Mr. S. Sowrirayan**, Sr. Gr.I Driver, CHAD retired on 31<sup>st</sup> March, 2018 after 35 years of dedicated service to the institution. He has two sons and a daughter. Older son, Mr. Samuel Pradeepkumar is an Optometrist in Kuwait, youngest son, Mr. Justin Arunkumar is a Nurse in Surgical ICU and daughter, Mrs. Rachel Kirubakaran is pursuing M.Phil.

CMC thanks him for his many years of dedicated service to the institution and wishes him a blessed retired life.

## Obituaries

• **Mrs. L. Arthi**, Clerk Typist Gr.IV, Distance Education Unit, passed away on 4<sup>th</sup> April, 2018. She joined CMC in the year 2013. She has left behind her father Mr. V.C. Loganathan and her sister Mrs. Lalitha Kumari who is working as a Pharmacist in the Department of Pharmacy.



• **Mrs. J. Anthoniammal**, mother of Mrs. Gnanaselvi, Lab Technician in Blood Bank and Mr. J. Gnanaraj Kumar, Lab Auxillary in OPD on 5<sup>th</sup> April, 2018.

• **Mr. Mandhiram**, father of Mrs. Kalaivani, Staff Nurse, RUHSA Department on 6<sup>th</sup> April, 2018.

• **Mr. A. Manoharan**, retired staff, Sr.Sel.Gr.Chair Side Assistant, Dental Department on 11<sup>th</sup> April, 2018.

Our thoughts and prayers are with the bereaved members of the families at this time of grief and loss.

## Situations Vacant

### 1. Tutor Gr.IV with BPT Graduate IAP recognized College / University for the Department of Physical Medicine and Rehabilitation (PMR)

Should have completed 6 months of compulsory internship on or before 31.03.2018.

Age limit : Below 30 years.

Salary scale : Approximately gross salary : Rs.31,000/- per month.

Accommodation not provided.

Applications should be sent by post to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 or e-mail: [princi@cmcvellore.ac.in](mailto:princi@cmcvellore.ac.in) with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and full address on or before **April 23, 2018** for Item 1.

### 2. Campus Kids Corner, Bagayam, Vellore - 632 002, Tamil Nadu (A Unit of Ida Scudder School Association)

The school invites applications for the post of **Kindergarten Teacher**.

Applicants should be graduates with Montessori Training or B.Ed. with relevant experience.

**Note : All applicants should be proficient in English.**

Apply to the Correspondent, Campus Kids Corner, CMC College Campus, Bagayam, Vellore - 632 002, Tamil Nadu, or email to [campuskidscorner@gmail.com](mailto:campuskidscorner@gmail.com) on or before **April 23, 2018** furnishing the CV, latest passport size photograph, copies of all the necessary certificates and other related documents and contact details.

# Let's Think Together

No.5

APRIL 23, 2018



## Teaching Compassion

### **Suggested reading: Colossians 3: 12**

As one of the authors of Oxford University Press's *Living in Harmony* series of Values and Peace Education for children, I spent a lot of time with my co - authors looking at the need for teaching children the value of compassion. When we see someone suffering or in pain or needing some help, why should we reach out? Is it a quality that is already deep within us? If so, why are some people very compassionate and others not at all? Can we teach children to be compassionate? Some of us felt that it could be taught; others felt that it was a value that should be 'caught' through example.

A favourite story of mine is that of Alagi which went into the Class 2 book. Alagi was a very old lady who lived with her family. As she was old and frail, she was considered to be a bit of a nuisance. No one wanted or needed her help, so her favourite place was outside on the steps watching the world go by. One day she noticed some workmen building a large block of flats across the road. It was a hot day in May and the men were sweating and looked tired. Alagi's heart went out to them. 'How hard they work for such a small amount of pay' she thought, and wondered how she could help them. She had an idea! She went in and took the portion of curds kept for her for lunch. She added water, salt, a small piece of ginger and some curry leaves from the garden and made it into buttermilk. Then she poured the buttermilk into a mud pot for an hour. When she thought the buttermilk was cool enough she poured it into glasses and took it to the workmen who were surprised, grateful and delighted with the cold buttermilk. She did this everyday till they finished their work.

At one of our Parent/Teacher Meetings, a father stood up and related that during that summer they were building their house. Their son, seeing the workers sweating, carrying bricks and gravel under the hot May sun, insisted that the family give the workers cold buttermilk everyday. At first the parents were irritated and thought this was a ridiculous idea and told their son to be quiet. But the child persuaded them 'to think of how those poor men feel working in the hot sun, while we sit in an air-conditioned room.' The parents had been sensitized to a situation where compassion was needed. Their little son had shown them the way. So cold buttermilk was provided until the house was completed.

Being compassionate is the Golden Rule for all religions – not just to treat another as we would want to be treated, but to extend this feeling to our enemies also. Author Karen Armstrong identifies twelve steps to living a compassionate life. One of these steps is being 'mindful.' Being mindful to the world around us, to other people and situations which require us to feel how someone else may be feeling. It was because Alagi, the old lady was mindful, that she was able to see how tired the workers were under the hot sun. And it was because the little boy was taught how to be mindful, that he was able to pass on the value of compassion to his parents.

### **Think About This!**

Daily, we see a tired postman, a delivery boy on his bike, or a garbage collector sweating through their work during the hot summer months. Having read the story of Alagi, what would being mindful of such people really mean? Could you read a story like this, and of the little boy's reaction and close your mind to such situations?

Usha Jesudasan  
ushajesudasan@gmail.com

# CMC NEWSLINE

Vol.No.55 No.43

FOR PRIVATE CIRCULATION ONLY

APRIL 23, 2018



*Now faith is being sure of what we hope for and certain of what we do not see.*

*This is what the ancients were commended for.*

*Hebrews 11:1-2*

## Occupational Health Week Celebrated



The International Labour Organisation (ILO) recognizes April 28<sup>th</sup> as the International Day for Safety and Health at Work. Since 2015, CMC has been following this tradition of observing a weeklong celebration to emphasise on the importance of safety at work. The theme for this year was “Role of Occupational Health Strategies to minimize Respiratory Infections in our campuses”.

The celebration commenced with a Quality Circle on the topic “Battling the White Plague in our campuses” delivered by Dr. D.J.Christopher, Professor and Head, Pulmonary Medicine on 14<sup>th</sup>April 2018. Following this, from 16<sup>th</sup> to 20<sup>th</sup>

April 2018 Occupational Health Week staff education programme was conducted which benefited everyone.

The programme began with the release of the Occupational Health Manual on 16<sup>th</sup>April by Dr. J.V. Peter, Director and the first copy was received by Dr. D.J. Christopher. Opening prayer was delivered by Rev. Dr. Aruldas and Dr. Deepak Abraham, Associate Director (H.R.), delivered the welcome address.

Felicitations were offered by Dr. J.V. Peter, Director, Dr.Premila Lee, Nursing Superintendent and Dr. D.J. Christopher, Professor and Head, Pulmonary Medicine. During the week, there were several

**Special Prayers : April 22 - 28, 2018**

**Dodd Memorial Library:**

Dr. Joyson Soundrarajan and Staff

**Gault Library:**

Dr. I. Azariah Jebakumar and Staff

**Archives:** Dr. Reena Mary George and Staff

**CSI Madras Diocese**

Council Members:

Rt. Rev. Dr. J. George Stephen

Dr. J. Jerene Jayanth

Hospitals: CSI Kalyani Multi Speciality Hospital, Chennai  
CSI Rainy Hospital  
CSI Hospital, Ikkadu and Kancheepuram

**Sunday Services : April 29, 2018**

6.00 pm : **Scudder Auditorium**

Mr. T.S. Ravikumar

6.30 pm : **Hospital Chapel**

Mr. Durai Jasper

5.00 pm : **Friendship Chapel, KPTR Campus**

Rev. Rajendran Masilamani

**Welcome :**

**Dr. Geetha Chacko**, Professor, Department of General Pathology on her return from sabbatical leave.

**Dr. Nylla Shanthly**, Physician, Nuclear Medicine on her return from sabbatical leave.

educative sessions on “Role of Occupational Health Strategies to minimize Respiratory Infections in our campuses”, taken by Dr. D.J. Christopher, Dr. Jebin Roger and Dr. Barney Isaac.



Continued on page 2



## Occupational Health Week Celebrated

Continued from page 1

The celebrations came to an end with the prize distribution for the essay competition by the Director followed by the vote of thanks by Dr. Reginald G. Alex, Coordinator, Occupational Health. Special thanks is extended to Dr. Samuel N.J. David, Senior Manager and Head of the Department, Hospital Management Studies and Staff Training and Development and his team for their constant help and support.



## Workshop on “Common Rheumatic Diseases: Update”, organised



The Department of Medical and Surgical Nursing Specialty VI and Continuing Nursing Education and Research, College of Nursing, organized a workshop on “Common Rheumatic Diseases : Update” on 21<sup>st</sup> March, 2018 with an aim to train the nurses to provide quality health care for patients with Rheumatic diseases.

The programme began with prayer followed by felicitations by Dr. Debashish Danda, Professor and Head, Rheumatology, Dr. Premila Lee, Nursing Superintendent, Dr. Selva Titus Chacko,

Dean, CON, Professor and Head, Speciality Nursing VI.

The workshop was attended by fifty nurses from different hospitals in and around Vellore. In-house speakers, Dr. Debashish Danda, Professor and Head, Department of Rheumatology, Dr. John Mathew, Professor, Department of Rheumatology, Dr. Santhosh Kumar, Assistant Professor, Department of Orthopaedics, Dr. Ashish Jacob, Assistant Professor, Department of Rheumatology, Mr. Lenny Vasanthan, Lecturer, Department of PMR shared their knowledge regarding common rheumatic diseases, management and the role of multidisciplinary approach in improving the quality of life for patients with rheumatic disorders.

Skill stations on Nonpharmacological Intervention such as Thermotherapy, Cryotherapy and Physical Therapy were well appreciated by the participants. This was followed by an interactive session with the survivors of Systemic Lupus Erythematosus and a care taker of patient with Rheumatoid Arthritis. They brought to light the hardships and problems endured by the patients in their day to day lives. The workshop was a very useful exercise for the participants and was packed with information. The Tamil Nadu Nurses and Midwives Council accredited the workshop with seven credit hours.

## Workshop on “Guidance for Career Choice” organized for the school students

A one-day workshop for children between 9<sup>th</sup> to 12<sup>th</sup> standard was organized by Personnel Department on 4<sup>th</sup> April 2018 at the Paul Brand Building. Around one hundred and forty staff children participated in the programme. The resource persons for the workshop were Rev.Dr.Fr.Eugine Sabastine, Loyola College, Mr.Mathew Asirvatham, Retired Training Officer, RUHSA, Dr. Ezhil Christudoss, Former Principal, Voorhees College, Mr.T.S.Ravikumar Professor in Nursing, SMH, Ranipet, Ms. Merlin Jenny, Clinical Psychologist, MHC and



Continued on page 3

## Workshop on "Guidance for Career Choice" organized for the school students

Continued from page 2

Mr. Durai Jasper, PRO, CMC. The sessions which followed challenged the students to introspect their strengths and weaknesses, face life's challenges with confidence, seek the purpose of God in their live, to concentrate on studies and the ways and methods of facing an interview panel. At the end of the day, handouts were distributed on courses offered at different colleges and their scope.



### Memoranda

- **Dr. C.E. Eapen**, Professor of Hepatology and Head of the Division of Gastrointestinal Sciences is appointed as Head of the Department of Hepatology with effect from 16<sup>th</sup> April, 2018 during the period when Dr. Uday George Zachariah is on sabbatical leave.
- **Dr. Alice Joan Mathuram**, Professor of Medicine will continue as Acting Head of Medicine Unit-I until further notice.
- **Dr. Joy John Mammen**, Professor, will continue as Head of the Department of Transfusion Medicine and Immunohaematology, for a four-year term with effect from 5<sup>th</sup> April, 2018.

### Sports News



The Founder's Day Staff Sports Volley Ball tournament for the year 2017-2018 was held on 17<sup>th</sup> March, 2018. Dr. Daniel Sathiya Sundaram, Associate Professor, Dental Department was the Chief Guest. He distributed the prizes to the winners.

#### Results :

Winners : Department of Pharmacy.

Runners up : Department of Vascular Surgery.

### Retirement

**Mr. S. Gnanasekar**, Sr. Hospital Attendant, PMO (R.P) retired on 6<sup>th</sup> April, 2018 after 36 years of dedicated service to the institution. He has two sons and a daughter. Older son, Mr. Immanuel Jebakumar is a Cardio Technician in Cardiology Department, younger son is Mr. Jebaraj and daughter, Mrs. Nansi Prameela is a Staff Nurse in Rehabilitation Institute, Bagayam. CMC thanks him for his many years of dedicated service to the institution and wishes him a blessed retired life.



### Notification

#### LIBRARY NOTICE - TIMING DURING SUMMER VACATION

Kindly note the change of working hours of Dodd and Gault Libraries during the summer time.

| Library       | Period  | Time               |
|---------------|---|--------------------|
| Dodd Library  | 1 <sup>st</sup> to 31 <sup>st</sup> May, 2018 | 7:00 am to 9:00 pm |
| Gault Library | 1 <sup>st</sup> to 31 <sup>st</sup> May, 2018 | 8:00 am to 5:00 pm |

Both the above Libraries will remain closed for **ANNUAL INVENTORY** from 12<sup>th</sup> to 19<sup>th</sup> May, 2018. However the computer lab facilities will be opened for use. Your kind cooperation is much appreciated.

**Head, Department of Library Services, CMC.**



## Situations Vacant

### 1. Assistant Professor Gr.II with M.D. (Physiology) for the Department of Physiology

Experience : Should have at least one year teaching experience as (Asst. Professor) in any MCI recognized teaching institution.  
Salary : As per institutional rules. Accommodation provided (Subject to availability).

### 2. Senior Resident with MS / DNB (Ophthalmology) for the Department of Ophthalmology

Age limit : <40 years. Salary : As per institutional rules. Accommodation provided (Subject to availability).

### 3(a) Assistant Professor Gr.II with M.D. (Paediatrics) for the Department of Paediatric I.C.U.

Experience : Should have at least one year teaching experience as (Asst. Professor) in any MCI recognized teaching institution.  
Salary : As per institutional rules. Accommodation provided (Subject to availability).

### 3(b) Senior Resident with M.D. (Paediatrics) for the Department of Paediatric I.C.U.

Age limit : <40 years. Salary : As per institutional rules. Accommodation provided (Subject to availability).

### 4. Lecturer Gr.III (AHS) with MOT in Neurology (Regular Course) for the Department of Physical Medicine & Rehabilitation

Salary : As per institutional rules. Accommodation not provided.

Applications should be sent by post to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 or e-mail: [princi@cmcvellore.ac.in](mailto:princi@cmcvellore.ac.in) with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and full address on or before **April 28, 2018** for Items 1, 2 and **May 05, 2018** for Items 3(a), 3(b) and 4.

### 5. One year Clinical Occupational Therapist post for the Department of Physical Medicine & Rehabilitation (OT)

Eligibility : BOT Graduate from a recognized College / University. Should have completed six months of rotatory internship.  
Experience : Less than 4 years after internship completion.

Age limit : Less than 30 years. Monthly stipend : Rs.9,620/- Accommodation not provided.

Apply to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 with resume, including dates of work experience, contact numbers, postal address and email ID Photocopies of work experience and other relevant certificates.

Last date for submission of applications is **May 05, 2018** for Item 5.

### 6. Applications are invited for the post of Junior Research Fellow to work in ICMR funded research project "ICMR advanced centre for Clinical Pharmacology in Haematological diseases aiming at personalizes medicine" for the Department of Haematology

Qualification : M.Sc. / M.Tech Life Sciences with UGC / CSIR / ICMR / Net Fellowship.

**Job Code: 1239**

Mode of appointment : Project mode. Salary: As per ICMR norms. Accommodation not provided.

Download application from this website : ([www.cmchaematology.org/careers.php](http://www.cmchaematology.org/careers.php)) and send the completed applications by soft copy (Email to : [haemedu@cmcvellore.ac.in](mailto:haemedu@cmcvellore.ac.in)) or by hard copy address to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 on or before **May 02, 2018** for Item 6.

**Note: Please mention the Job Code in the application form. The application without Job code will not be accepted.**

### 7. Graduate Technician (Project) for the Department of Ophthalmology

Qualifications : Graduate in Visual Health Sciences / Social Work / Sociology. Preference will be given to candidates with computer skills especially Non Visual Desktop Access (NVDA), good inter-personal skills.

Salary : As per institutional rules. Accommodation not provided. Age limit : 35 years.

Job description : Person will be required to schedule appointments, register patients, order appliances and most importantly train the visually impaired persons in the use of NVDA, Low Vision Rehabilitation Centre.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **May 07, 2018** for Item 7.

### 8. Driver Gr.IV. Qualification : S.S.L.C + HMV License. Salary scale : As per institutional rules.

Preference will be given to candidates who have prior work experience in CMC.

### 9. Driver Gr.IV (Project Mode). Qualification : S.S.L.C + HMV License. Salary scale : As per institutional rules.

### 10. Administrative Assistant Gr.V for the Department of Pathology

Qualification : Graduate + 1 year PGDHA (or) 5 years experience in CMC / FHA (Fellowship in Hospital Administration). Salary : As per institutional rules. Age limit : 35 years and below.

### 11. Audit Assistant Gr.III (Project Mode) to work in Internal Audit Department

Qualification : B.Com + one year Computer Training + one year CMC training (Internal Audit Department).

Salary : As per institutional rules. Age limit : 30 years and below. (Those who have above qualification and experience only need to apply).

### 12. Artisan-Non ITI Gr.IV to work in Mechanical Engineering Department. Qualification: 8<sup>th</sup> Std with 4 years of experience.

Salary : As per institutional rules. Preference will be given for work experience in CMC.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **April 25, 2018** for Item 8 and **April 28, 2018** for Items 9, 10, 11 and 12.



# Special Issue

Vol.No.55 No.44

FOR PRIVATE CIRCULATION ONLY

APRIL 30, 2018



## *Living Our Legacy* **Who We Are To Be**

Seventeen young girls came to Vellore to join the new medical college for women that Dr Ida Scudder started in 1918. Her great desire was to train these girls to be excellent doctors with inquiring minds, gentle hands and compassionate hearts, who would at the end of their training go to places which needed women doctors. As the girls went through their training period, they realized that life would be tough; that their lives would no longer belong to them. Four of the students decided that this was not the life for them and dropped out. There were a final fourteen - Ebbie, Kruppama, Jessielet, Lizzie, Navamani, Lucy, Elizabeth, Cecilia, Sophie, Thai, Dhannama, Kanagam, Anna and Saramma - who were like little chicks following Mother Hen Dr Scudder everywhere, learning everything, absorbing everything, doing what she did. She groomed them not only in medicine but also in life and its many etiquettes. They had to learn to be *'cool, collected and quiet, to have presence of mind and rapid thought in mind and action in the most trying circumstances.'* She tutored them with two books, a microscope and one skeleton and made them excel at everything they did.

Life was never easy for Dr Scudder. There was rivalry between the different missions where she was caught in the middle; a long day of complicated medical and surgical care to be done; shortage of staff and supplies; yet her focus on what her mission was steady. To be as Jesus was. That was **who** she was to be - like Jesus. In Dr Scudder's biography there is an anecdote of how a young American trained doctor was so disturbed looking at the bent head of a grieving mother because the young boy had died whilst in her charge. The doctor was just standing there trying to comprehend what had happened and where she had gone wrong, when she saw Dr Scudder put her arm around the mother and grieve silently with her. Dr Carol Jamieson on her first rounds with her saw her in action and said, *'It is like seeing Jesus.'*

The gospels are full of stories that Aunt Ida loved of **who** we are to be - a light; a city on a hill; yeast that makes the bread rise; salt that flavours food. A hundred years later, the message of who we are to be is still the same.

St Paul in his verses on love tells us **how** we are to be - kind, patient, gentle, slow to anger, not envious of others, protective, trusting and full of hope. We are to be truthful and look for truth always, and most important of all, we are not to keep a record of the wrongs done to us, but forgive those who hurt us. To remind them of **who** they were to be and **how** they were to be, Dr Scudder read the verses that St Paul wrote on what love is every day to her students { 1 Corinthians - Chapter 13 } and taught them the gospel stories again and again.

As we reflect on the legacy left behind not only by Dr Scudder, but also of those who followed in her footsteps, perhaps we too should meditate on **who** we are to be and **how** we are to be.

Usha Jesudasan  
*ushajesudasan@gmail.com*

# CMC NEWSLINE

Vol.No.55 No.44

FOR PRIVATE CIRCULATION ONLY

APRIL 30, 2018



*The Lord will save me, and we will sing with stringed instruments all the days of our lives in the temple of the Lord.*  
*Isaiah 38:20*

## Cervical and Oral Cancer Control Research Dissemination Conference organized by RUHSA



**R**UHSA Department, Christian Medical College hosted the 'Global Innovative Initiative for Cancer Control in low resource settings' research dissemination conference on 5<sup>th</sup> April, 2018 at the Radisson Blu Hotel in Chennai. This flagship event brought together international collaborators from Universities of Edinburgh, Sydney and Cornell US, Medic Mobile Nepal

and also Indian partners from Tilda Evangelical Mission Hospital, Chhattisgarh, Padhar Hospital, Madhya Pradesh, OmayalAchi College of Nursing and Research Center, Chennai, MNJ Institute of Oncology and Regional Cancer Centre, Hyderabad and Kasturba Medical College, Manipal for a day of collaboration and connection.

*Continued on page 2*

*Special Prayers : April 29 - May 05, 2018*

*Nursing Superintendent's Office :*

Dr. Premila Lee and Staff

*CSSD :* Mrs. Florence Ponnie and Staff

*Staff Nurses Hostel :*

Ms. Amirtha Renjitham and Staff

*Christian Nurses League of CMAI*

Council Member: Ms. Jancy Johnson

*Director, CMC Ludhiana, Punjab*

Council Member: Dr. Abraham G. Thomas

*CNI Nagpur Diocese*

Council Members: Mr. Vilas Shende

Rt. Rev. Paul Dupare

Hospital : Mure Memorial Hospital, Nagpur.

*Sunday Services : May 06, 2018*

6.00 pm : **New Examination Hall**

Rev. Giftus Joshua

6.30 pm : **Hospital Chapel**

Rev. Gosparlyne Snaitang

5.00 pm : **Friendship Chapel, KPTR Campus**

Ms. Saramma Kuruvilla

*Welcome :*

**Dr. Riya Jose**, Assistant Professor, Department of Anaesthesia on her return from study leave.

**Dr. Anand R.**, Assistant Professor, Department of Biochemistry on his return from study leave.

## Department of Pulmonary Medicine observes World TB Day

**T**he Department of Pulmonary Medicine organized the world TB Day programme on 23<sup>rd</sup> of March 2018 in the hospital campus. The theme for this year given by the World Health Organisation was "Wanted Leaders For a TB Free World".

The objective of the programme was to create a general awareness regarding this contagious and airborne disease. Tuberculosis falls under the top ten diseases which take the death toll to a large number. It is also the major killer of those infected with HIV.

In the year 2016, it was estimated that 10.4 million new TB cases were recorded worldwide and 1.7 million people died from TB, of which 0.4 million were HIV patients.

India continues to have the highest number of tuberculosis

*Continued on page 2*

## Cervical and Oral Cancer Control Research Dissemination Conference organized by RUHSA

*Continued from page 1*

The conference was themed around “Cancer Screening in India: Lessons Learned and Plans to Scale up”. The organisers saw this meeting as a fantastic opportunity to review the success of implementing Oral and Cervical Cancer screening programme in low resource settings and to be inspired for scale up!

The guest keynote speakers included Dr. Prasanth Mathur, Director, NCDIR, ICMR, Bangalore who discussed the National perspectives on cancer screening in India and Dr. Jerard M Selvam, Deputy Director, NCD, National Health Mission, Tamil Nadu who shared the State Government Experience of rolling out Cervical Cancer Screening Programme. The conference was attended by twenty one participants from various universities and organisations. Dr. Rita Isaac, Professor and Principal Investigator of Cancer Screening Project, RUHSA Department welcomed the gathering and presented the report.



## Department of Pulmonary Medicine observes World TB Day

*Continued from page 1*

cases in the world and is home to the new Multidrug-Resistant TB (MDR-TB) which poses a major threat to global TB care. Statistics show that 0.5 million people have developed MDR-TB globally in 2016.

In 1993, the WHO declared it as a global emergency, but the progress was slow, particularly in third world countries. The Indian scenario took a great step forward with a revamped National Control Programme - RNTCP Revised National Tuberculosis Control Programme in 1992 and by following the Directly Observed Treatment Short course (DOTS) strategy.

The TB control programme is aiming at drug susceptibility testing for all patients to diagnose drug resistant tuberculosis which is currently posing a greater threat.

The recent launch of TB free India campaign has added to the momentum for eradication of TB in our country. The basic dictum is anyone with cough lasting for more than two weeks should be screened for tuberculosis which is available free of cost in the nearest health centre. The people who are diagnosed of TB are registered under NIKSHAY – which provides them a unique number with which they can procure treatment anywhere in the country. The world TB day programme by the Department of Pulmonary Medicine reflected on all these aspects. The sessions provided health education regarding identifying symptoms of TB, free screening and sputum testing for suspected patients, free HIV testing and dietary education.

## National Safe Motherhood Day celebrated

National Safe Motherhood Day was celebrated by the Department of Obstetrics and Gynaecological (OG) Nursing on 11<sup>th</sup> April 2018, under the theme “Motherhood shapes our future, we all have the power to make it safe”. Various competitions were conducted to promote the theme.

To effectively highlight the significance of safe Motherhood an exhibition was organised. The programme began with a prayer by Rev. Dr. Arul Dhas Chaplain. Following which Mrs. Diana David, Professor of Obstetric and Gynaecology Nursing gave the welcome address. The Chief Guest for the occasion was Dr. Santhanam Sridhar, Professor and Head of Neonatology Department who inaugurated the stalls and declared the exhibition open. The stalls were exclusively based on the theme for and presented by the

*Continued on page 3* **2**



departments of Obstetrics and Gynaecology, Nursing, Dietary and Physiotherapy. Dr. Premila Lee, Nursing Superintendent offered her felicitation and Dr. Annie Regi, Professor and Head of Obstetrics and Gynaecology distributed prizes to winners of the contests.

## Memorandum

**Dr. Julie Hephzibah**, Professor of Nuclear Medicine, is appointed as Acting Head the Department of Nuclear Medicine with effect from 22<sup>nd</sup> April, 2018 until further notice.

## Congratulations!

• **Dr. Muralidharan V.** Post Graduate Resident, Department of Neurosurgery, won the "Second Position for Preferred Paper" at the 10<sup>th</sup> Annual Conference of the Indian Society of Neuro Oncology, held on 5<sup>th</sup> to 8<sup>th</sup> April, 2018 at New Delhi.

• **Dr. Vetrivel Muralidharan**, Department of Neurosurgery received the second position for "Second Position for Preferred Paper" at the 10<sup>th</sup> Annual Conference of the Indian Society of Neuro Oncology, held on 5<sup>th</sup> to 8<sup>th</sup> April, 2018 at New Delhi.

## Retirement

**Mrs. M. Savithri**, Hospital Attendant Gr.I, MS OPD retired on 20<sup>th</sup> April, 2018 after 31 years of dedicated service to the institution. She has two sons and two daughters. Older daughter, Mrs. Kavitha is a Hospital Attendant in ISSCC OPD, second daughter is Mrs. Sumathi and youngest son, Mr. Jagan is a Anaesthesia Technician in Dubai.



CMC community is thankful for her years of dedicated service and wishes her a blessed retirement.

## Situations Vacant

**1. Tutor Gr.IV (Physiotherapy) for the CMC Chittoor Campus** *Job Code: 1240*  
Qualification : BPT Graduate from IAP recognized College / University should have completed 6 months compulsory rotatory internship on or before 30<sup>th</sup> April, 2018.

Age limit : Below 30 years.

Mode of appointment : Project mode (1 year).

Salary : Rs.31,000/- per month (approximate).

Accommodation not provided.

**2. Psychologist Gr.V for the Department of Staff Student Health Services (SSHS)** *Job Code: 1241*  
Qualification : MA / M.Sc. in Psychology + PG Diploma in Counselling + One year work experience in Counselling.  
Mode of appointment : Project mode. Salary : As per institutional rules. Accommodation not provided.

**3. The Department of Biochemistry invites applications for the post of Junior Research Fellow (JRF) / Senior Research Fellow (SRF) (One position only) on a project funded by the Science and Engineering Research Board (SERB), New Delhi. The possibility for registering for PhD exists.** *Job Code: 1242*

Eligibility : Post Graduate degree (M.Sc.) in Basic Science (for eg, Biochemistry, Biotechnology, etc.,) with National Eligibility Test (NET) Qualification (or) Graduate degree in professional course with National Eligibility Test (NET) Qualification (or) Post Graduate degree in Professional course.

Anyone who would like to apply for the position of an SRF must have, in addition to one of the above, 2 years of Full Time research experience. Certification to this effect is mandatory.

Mode of appointment : Project mode. Salary : As per SERB Norms. Accommodation not provided.

**4. Junior Research Fellow for the Department of Physical Medicine and Rehabilitation.** *Job Code: 1243*  
Qualification : B.Tech in Biomedical / Electrical / Electronics / Computer or equivalent degree with GATE / MS / M. Tech in Bioengineering / Electrical / Electronics / Computer or equivalent degree.

Desirable : Experience in microcontroller programming, circuit designing, pcb designing.

Mode of appointment : Project mode.

Consolidated salary : As per institutional rules.

Accommodation not provided.

Download application from this link: <http://www.cmch-vellore.edu/> → General → Vacancies → Application Form for Project Staff. The print out of the application with certificates and testimonial copies should be sent either by soft copy to (E-mail : [princi.hr@cmcvellore.ac.in](mailto:princi.hr@cmcvellore.ac.in)) or hard copy to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 on or before **May 07, 2018** for Item 1 and **May 11, 2018** for Items 2, 3 and 4.

*Note: Please mention the Job Code in the application form. The application without Job code will not be accepted.*

**5(a) General Medicine : Senior Resident / Assistant Physician / Associate Physician / Physician with MD / DNB in General Medicine for the CMC Vellore Chittoor Campus**

**5(b) Paediatrics : Senior Resident / Assistant Physician / Associate Physician / Physician with D.Ch / MD / DNB (Paediatrics) for the CMC Vellore Chittoor Campus**

**5(c) PMR : Assistant Physician / Associate Physician / Physician with MD / DNB for the CMC Vellore Chittoor Campus**

**5(d) Anaesthesia : Assistant Physician / Associate Physician / Physician with DA/ MD / DNB (Anaes) for the CMC Vellore Chittoor Campus**

**5(e) General Surgery : Senior Resident / Assistant Surgeon / Associate Surgeon / Surgeon with MS / DNB (Gen. Surgery) for the CMC Vellore Chittoor Campus**

**5(f) Obstetrics and Gynaecology : Senior Resident / Assistant Surgeon / Associate Surgeon / Surgeon with MS / MD / DNB / DGO for the CMC Vellore Chittoor Campus**

**5(g) Ophthalmology : Senior Resident / Assistant Surgeon / Associate Surgeon / Surgeon with DO / MS / MD (Ophthalmology) for the CMC Vellore Chittoor Campus**

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu> Link : "Vacancies" or email to [dir.chittoor@cmcvellore.ac.in](mailto:dir.chittoor@cmcvellore.ac.in) with all testimonials and certificates.

Last date 2 weeks from the date of application.

#### **6. Graduate Technician (Project) for the Department of Ophthalmology**

Qualifications : Graduate in Visual Health Sciences / Social Work / Sociology.

Preference will be given to candidates with computer skills especially Non Visual Desktop Access (NVDA), good inter-personal skills. Age limit: 35 years. Salary: As per institutional rules. Accommodation not provided.

Job description : Person will be required to schedule appointments, register patients, order appliances and most importantly train the visually impaired persons in the use of NVDA, Low Vision Rehabilitation Centre.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu> Link: "Vacancies". *Note : Only online applications will be accepted; Hard copies will not be accepted.*

Applications will close on **May 07, 2018** for Item 6.

#### **7. Kings's Matriculation Hr. Sec. School, MBKGP, Kasam, Katpadi, Vellore-632 007.**

*Applications are invited for the following posts:*

**(a) P.G. Teacher** with MSc. B.Ed. (Botany / Bio - Technology) and minimum 3 years experience in handling 11<sup>th</sup> and 12<sup>th</sup> classes in an English Medium School.

**(b) P.G. Teacher** with M Com. B.Ed. and minimum 3 years experience in teaching Commerce & Accountancy for 11<sup>th</sup> and 12<sup>th</sup> classes in an English Medium School.

**(c) Hindi Teacher** : Qualified and experienced teacher to handle primary classes.

Applications along with photocopies of testimonials may be sent to the Principal / Director / Correspondent, King's Matric. Hr. Sec. School, MBKGP, Kasam, Katpadi, Vellore-632 007. on or before **May 11, 2018**. E-Mail : [principal.kingsschool@gmail.com](mailto:principal.kingsschool@gmail.com)

**8. Schieffelin Institute of Health - Research & Leprosy Centre, Karigiri** invites applications for the following posts :

**(a) Obstetrician & Gynaecologist.** Qualifications : MD / DNB / DGO (Obstetrics & Gynaecology).

**(b) Paediatrician.** Qualifications : MD / DCH (Paediatrics).

**(c) Orthopaedic Surgeon.** Qualifications : MS (Ortho.) or D.Ortho.

**(d) Medical Officer.** Qualifications : MBBS.

Apply with bio-data along with photocopies of certificates and a demand draft for Rs.50/- in favour of "SIH-R&LC., Karigiri" addressed to the Director, SIH-R&LC., Karigiri, Pin - 632 106.

Email: [director@karigiri.org](mailto:director@karigiri.org) website: [www.karigiri.org](http://www.karigiri.org) Last date for receipt of applications: **May 05, 2018**.

# CMC NEWSLINE

Vol.No.55 No.45

FOR PRIVATE CIRCULATION ONLY

MAY 07, 2018



*Praise the Lord. Praise God in his sanctuary; praise him in his mighty heavens.  
Praise him for his acts of power; praise him for his surpassing greatness.*

*Psalms 150:1-2*

## CME on “Invasive Fungal Sinusitis”, organised



**T**he Rhinology and Anterior Skull Base Unit of the Department of ENT conducted a multidisciplinary CME on “Invasive Fungal Sinusitis” on 31<sup>st</sup> March, 2018 at Paul Brand Building. Invasive Fungal Sinusitis is a difficult medical problem which is seen largely in diabetics and immunosuppressed patients.

The ENT Department is frequently called upon to initiate the diagnosis and treatment of this condition. Rapid confirmation by urgent fungal smear and frozen section helps to provide an early diagnosis to enable commencement of treatment. This usually requires emergency functional endoscopic sinus surgery and debridement of involved areas. Early diagnosis is positively correlated with a better outcome.

The paucity of antifungals, high toxicity and high cost of these drugs

makes the treatment quite challenging and few patients actually complete the treatment. As many of these patients have uncontrolled diabetes, renal and electrolyte imbalance and occasionally, neurological involvement, the treatment of this disease is multidisciplinary. Hematological and post-transplant patients also require management of the underlying condition which has led to immunosuppression. Visual problems are common and ophthalmological evaluation is frequently required.

The workshop began with a word of prayer by Rev. Snaitang followed by the welcome address by Dr. Rupa Vedantam, Professor and Head of ENT Unit –III. Dr. Anna Pulimood, Principal addressed the gathering and Dr. George Koshy, Deputy Medical Superintendent, Dr. Rita Ruby Anbuselvi Albert, Professor and

### Special Prayers : May 06 - 12, 2018

#### Department of Medicine :

Dr. Abraham O.C. and Staff  
Dr. Alice Joan Mathuram and Staff  
Dr. Thambu David Sudarsanam and Staff  
Dr. Sowmya Sathyendra and Staff  
Dr. I. Ramya and Staff  
Dr. Shirley David and Staff

#### Geriatric Medicine :

Dr. Surekha Viggeswarpu and Staff  
Dr. Shirley David and Staff

#### Clinical Immunology and Rheumatology:

Dr. Debasish Danda and Staff

#### Medical ICU and HDU :

Dr. Prasad Mathews K. and Staff  
Dr. Shirley David and Staff

#### Clinical Epidemiology Unit :

Dr. Abraham Peedicayil and Staff

#### Acute Medicine : Dr. K.P.P. Abhilash and Staff

#### CSI North Kerala Diocese

Council Members: Rt. Rev. B.N. Fenn  
Dr. Jairaj Periyann

Hospital : CSI Mission Hospital, Codacal and others

#### Sunday Services : May 13, 2018

6.00 pm : **New Examination Hall**  
Dr. John Mathai

6.30 pm : **Hospital Chapel**  
Dr. Selva Titus Chacko

5.00 pm : **Friendship Chapel, KPTR Campus**  
Mr. Sathiya Jayasingh

Head Of the Department ENT offered their felicitations. Dr. Regi Kurien, Associate Professor, ENT Unit-III, coordinated the programme and Dr. Lalee Varghese, Associate Professor, proposed the vote of thanks.

There were hundred and twenty participants from various medical

*Continued on page 2*



colleges within Vellore and Chennai. The workshop began with various presentations on the different types of fungal sinusitis in diabetics and hematological patients, conventional and newer diagnostic techniques, ophthalmological involvement in invasive fungal sinusitis.

This was followed by audits of cases of mucormycoses by the Department of Infectious Diseases and acute invasive fungal sinusitis by the Rhinology and Anterior Skull Base Unit, and a panel discussion on case scenarios in invasive fungal sinusitis. A demonstration of fungal morphology under the microscope was also conducted by the Department of Microbiology. Two former Rhinology fellows made presentations on cases of acute invasive fungal sinusitis treated in a smaller setting as well as rehabilitation of patients who undergo extensive surgery for the same which was very informative. The participants had much to learn from this workshop and it was a great success.

## Workshop on NABH entry level standards



The Departments of RUHSA, CHAD, LCECU and Chittoor Campus are gearing up for NABH entry level certification. The workshop on NABH Entry Level Standards was held on 11<sup>th</sup> and 12<sup>th</sup> April 2018 at New Examination Hall,

Bagayam. Thirty key personnel from RUHSA, CHAD, LCECU, Chittoor Campus, Shalom Clinic, Scudder Memorial Hospital (Ranipet) and CSI Mission Hospital (Trichy) participated in the workshop. The focus of the training was to educate the participants on the standards and to prepare them for the entry level certification. Dr. Suneel C. Mundkur, Professor, Department of Paediatrics, KMC Manipal and Dr. Lallu Joseph, Quality Manager, CMC Vellore who are both Principal Assessors and trainers of NABH were the resource persons for the workshop. The training sessions covered all ten chapters of the NABH entry level standards and implementation strategies. Teams conducted a table top self-assessment for better understanding of the challenges in their areas. Mr. Rabindranath, Audit facilitation officer, presented the way forward.

## Memorandum

**Dr. Judy Ann John**, Professor of PMR is appointed as Acting Head of Physical Medicine and Rehabilitation Unit-I with effect from 5<sup>th</sup> May, 2018 until further notice.

## Congratulations!

**Rev. Dn. L. Raja** and **Rev. Dn. Paul Ravikumar** on their Ordination as Deacons in Vellore Diocese of Church of South India.

## Situations Vacant

### 1. Assistant Professor with MS (Orthopaedics) for the Department of Orthopaedics Unit-III

Experience : Should have at least one year teaching experience as (Asst. Professor) in any MCI recognized teaching institution.

Salary : As per institutional rules.

Accommodation provided (Partly furnished, depending on availability).

**2. Assistant Professor Gr.I with M.Ch. (Paed. Surgery) for the Department of Paediatric Surgery**

Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

**3. Graduate Library Trainee for the Department of Chaplaincy**

Qualification : Any degree. Salary : As per institutional rules. Accommodation not provided.

**4(a) Senior Resident with MD (Anaesthesiology) for the Department of Anaesthesia**

Salary : As per institutional rules.

Accommodation provided (Subject to availability). Age limit : <40 years.

**4(b) Assistant Professor with MD (Anaesthesiology) for the Department of Anaesthesia**

Experience : Should have at least one year teaching experience as (Asst. Professor) in any MCI recognized teaching institution.

Salary : As per institutional rules.

Accommodation provided (Subject to availability).

**5. Senior Demonstrator (NM) with M.Sc. in Forensic Science or M.Sc. in Clinical Biochemistry or M.Sc. Biotechnology for the Department of Forensic Medicine**

Preference will be given to candidates with Forensic Science degree and to those with work experience in Forensic Laboratory Science or Analytical Toxicology.

Salary : As per institutional rules. Accommodation not provided.

**6. Assistant Professor with MD (Dermatology) for the Department of Dermatology Unit-I**

Experience : Should have at least one year teaching experience as (Asst. Professor) in any MCI recognized teaching institution.

Salary : As per institutional rules.

Accommodation provided (Partly furnished, depending on availability).

**7(a) Senior Resident with MD (Anaesthesia / Emergency Medicine / General Medicine) Under Surgical ICU**

Salary : As per institutional rules.

Accommodation provided (Partly furnished, depending on availability).

**7(b) Assistant Professor Gr.I with DM (Critical Care Medicine) / IDCCM / IFCCM / EDIC**

Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

Applications should be sent by post to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 or e-mail: [princi@cmcvellore.ac.in](mailto:princi@cmcvellore.ac.in) with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and full address on or before **May 11, 2018** for Items 1, 2, 3 and **May 19, 2018** for Items 4(a), 4(b), 5, 6, 7(a) and 7(b).

**8. Editorial Assistant for the Clinical Immunology & Rheumatology**

**Job Code: 1244**

Qualification : Graduate in any discipline with good command in English, Experience in data entry (Medical Graduate (M.B.B.S) will be preferred).

Note : People who do not have required aptitude and qualification need not apply.

Mode of appointment : Project mode. Salary : Rs.30,000/- per month. Accommodation not provided.

Download application from this link: <http://www.cmch-vellore.edu/> → General → Vacancies → Application Form for Project Staff.

The print out of the application with certificates and testimonial copies should be sent either by soft copy to (E-mail: [princi.hr@cmcvellore.ac.in](mailto:princi.hr@cmcvellore.ac.in)) or hard copy to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 on or before **May 11, 2018** for Item 8.

**Note: Please mention the Job Code in the application form. The application without Job code will not be accepted.**

## Living Our Legacy: Finding A Need and Meeting It

As the years sped by, the number of medical students increased and Dr. Scudder needed more reliable staff. It was a time of great need; Dr. Scudder just prayed for suitable staff. God sent them to her one by one.

Miss. Treva Marshall, plowed through heavy snowdrifts to hear Dr. Scudder speak at a missionary meeting and was sorely disappointed that she could not have a direct conversation with her. To her surprise, she received a message from Dr. Scudder later that night to say that Vellore needed a dietitian and would she be interested. Of course she was! The medical college needed more than just a dietitian – it also desperately needed an x-ray technician. Treva Marshall offered to look after both areas, went for x-ray training and came prepared to do both jobs.



Dr. Dorothy Jefferson, a school teacher, took up medicine after hearing Dr. Scudder speak at one of her meetings. She came to Vellore after she qualified and realized that the great need was not for another doctor, but a biology teacher. She stepped into that role without a fuss. Later on, as the college was upgraded, the great need was for someone to teach Physiology. Though her great love was Medicine, she stepped in graciously into the role of teacher.

Dr. Jessie Findlay was sent by the Canadian Baptist Mission. Dr. Jessie, tall and dignified became Chief of Surgery. During the Second World War years, when overseas staff went back to their home countries for safety reasons, Dr. Jessie chose to stay behind and look after the many needs in the college. Those who left, took this opportunity to do higher studies to comply with Indian Government demands. Dr. Jessie did not realize that by saying behind, she would not be able to teach when the college was set up to function at a university level as she did not have higher qualifications.



Two of Dr. Scudder's earliest students, Dr. Ebenezer Thomas and Dr. Kamala Vytilingam came back to their Alma Mater much to Dr. Scudder's joy and pride. Dr. Vytilingam developed the Department of Medicine and was the first to introduce newer methods of diagnosis. She later trained in Cardiology abroad, and returned to Vellore to set up one of the first Cardiology Departments in India.

I have written about the lives of these ladies briefly, as often we too stand on the threshold of our dreams – either at the beginning of our career or at the end. Some get to live their dreams; others enter their specialties by chance, or through an unexpected push from fate; some go where they would rather not go, but once there, find meaning for their soul.



One of the ways we can choose the road ahead of us is to see where the greatest need lies, choose to serve there and bring an infectious passion to it. To actually see and experience the need around us, we need to ask for a heart that feels, eyes that see and to believe that this is where we are meant to be.

Usha Jesudasan  
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# CMC NEWSLINE

Vol.No.55 No.46

FOR PRIVATE CIRCULATION ONLY

MAY 14, 2018

*Great are your purposes and mighty are your deeds. Your eyes are open to all the ways of men; you reward everyone according to his conduct and as his deeds deserve.*

*Jeremiah 32:19*



## Inauguration of the Centenary year of Medical Education



**M**ay 4, 2018 was indeed a historic day for Christian Medical College, Vellore. The Institution was honoured to have **Shri Ram Nath Kovind**, the Hon'ble President of India inaugurate the Centenary Year of Medical Education. Adding to the historicity of the occasion were the presence of **Shrimati Savita Kovind**, the First Lady, **Shri Banwarilal Purohit**, the Hon'ble Governor of Tamil Nadu, **Thiru KC Veeramani**, Hon'ble Minister for Commercial Taxes, Government of Tamil Nadu (Minister-in-Waiting) and **Prof. P.J. Kurian**, the Hon'ble Deputy Chairman of the Rajya Sabha.

It was only fitting that the venue for this important function was the Scudder Auditorium, dedicated in 1966 to the memory of our beloved founder. The significance of the occasion was profound: a hundred years since Ida Scudder bravely and

boldly started the medical school with 16 young women; a hundred years over which the circle grew wider still to encompass the many faculty and students who shared her vision. Truly, it was a day to pay homage to the many faculty, alumni and students whose life and work echo and reflect our motto, '*Not to be ministered unto, but to minister*'.

The dignitaries were received in the portico of Scudder Auditorium by the Council Chairman, Bishop DK Sahu, the Director, Dr. J.V. Peter and the Principal, Dr. Anna B. Pulimood. Compered by Dr. Solomon Sathishkumar, Vice Principal (UG), the programme began with the National Anthem rendered beautifully by the College Choir. Bishop Sahu led the gathering in prayer, meaningfully incorporating the words of Tagore's inspiring poem, '*Where the mind is without fear...*'

**Special Prayers : May 13 - 19, 2018**

**Clinical Haematology :**

Dr. Vikram Mathews and Staff  
Dr. Selva Titus and Staff

**Medical Oncology:**

Dr. Ashish Singh and Staff  
Dr. Selva Titus and Staff

**Centre for Stem Cell Research :**

Dr. Alok Srivastava and Staff

**CSI Madhya - Kerala Diocese**

**Council Members:**

Most Rev. Thomas K. Oommen  
Rev. Thomas Paikad

**Hospital : CSI Hospital, Pallom and Mallappally**

**CSI Madurai - Ramnad Diocese**

**Council Members:** Rt. Rev. Dr. M. Joseph  
Rev. A. David Jebaraj

**Hospital : CSI Christian Mission Hospital, Madurai**

**Sunday Services : May 20, 2018**

6.00 pm : **New Examination Hall**

Dr. Anand Peacock

6.30 pm : **Hospital Chapel**

Dr. Rabin Chacko

5.00 pm : **Friendship Chapel, KPTR Campus**

Rev. Lalbiaksanga Pachua

**Memorandum :**

**Dr. Venkatesh K.**, Professor, is appointed as Head of the Spinal Disorders Surgery Unit with effect from 9<sup>th</sup> May, 2018 for a four-year term.

**Welcome :**

**Dr. A.J. Joseph**, Professor, Department of Gastroenterology on his return from sabbatical leave.

This was followed by Dr. J.V. Peter welcoming and introducing the dignitaries. Mementos were presented to them by Dr. Anna Pulimood and Bishop Sahu. Dr. Anna Pulimood then gave the Centenary Year Report, giving thanks to God for His countless blessings over the past one hundred years. She highlighted three ways in which the faculty and students of CMC have contributed to society.

*Continued on page 2*

Firstly, over 3,800 doctors and 2,700 postgraduates and super specialists trained in CMC have rendered thousands of years of rural health care in the poorest and least accessible parts of the country where few dare to venture. Secondly, faculty and alumni have provided world-class health care not only in CMC, Vellore, but also in mofussil towns across India. Health care as practiced and taught in CMC combines scientific, rational, evidence-based medicine, with appropriate technology, the most advanced when needed, but also a compassionate, ethical, personalised and holistic approach to every person who needs care. Thirdly, CMC has made an impact on the quality of health care in India and globally, through patient oriented research. Dr. Anna stressed that CMC is not content with its rich heritage, but that there is a constant striving to seek better ways to serve, to care and to teach. The process of medical and allied health curriculum renewal is one example of this. She concluded her report with the thought-provoking words of Oscar Romero, the Archbishop of San Salvador: *'We accomplish in our lifetime only a tiny fraction of the magnificent enterprise that is God's work. We plant the seeds that one day will grow. We water seeds already planted, knowing that they hold future promise: an opportunity for God's grace to enter and do the rest.'*

Dr. Solomon Sathishkumar then introduced the concept of the Centenary Simulation and Skills Learning Centre, where students will learn procedural skills and acute patient management on mannequins in a simulated safe setting, allowing them to practice and enhance their skills. During the Inaugural Function, a book specially designed to capture the history and heritage of CMC was released. Titled *'Healing for the Nations'*. This book was conceptualized and published under the supervision of the former Director, Dr. Sunil Chandy and former Deputy Director (Promotions), Dr. Rita Isaac. The book was presented by Dr. Sunil Chandy, to Shri Banwarilal Purohit, the Hon'ble Governor of Tamil Nadu, who released it and handed over the first copy to Shri Ram Nath Kovind, the Hon'ble President of India.



Prof. P.J. Kurian, the Hon'ble Deputy Chairman of the Rajya Sabha, then addressed the gathering. In his inimitable style he espoused the cause, the contributions and the unique character of CMC Vellore. Calling CMC a model institution, he said, *"The Institution deserves government support, encouragement and strengthening."* In his remarks on the occasion, Shri Banwarilal Purohit, the Hon'ble Governor highlighted the exceptional health statistics of the state of Tamil Nadu, in which, he said, CMC Vellore has played a major role. He congratulated the Institution on its achievements of the past hundred years and wished it the very best for the next hundred years.



In his Presidential Address, Shri Ram Nath Kovind, the Hon'ble President of India paid tribute to Dr. Ida Scudder who, he said, found her mission in medicine in India. The country in the early 1900s was a very different place, with shocking health indices. *"The country has come a long way since then, and revolutions in our economy, agriculture and in technology have changed the way we act, think and live. Inevitably, health outcomes have improved- small pox and polio have been defeated, our immunisation programme is gaining strength. The Government has launched Mission Indradhanush primarily to target hard-to-access areas and ensure all children benefit from immunisation."* The Hon'ble President referred to the three

health challenges that India currently faces-reduction in infant and maternal mortality as well as communicable diseases; the rise in non-communicable or lifestyle diseases; and the need to develop systems to detect and cope with new and emerging infectious diseases. *"This three- pronged challenge calls for interventions across the continuum of care. Meeting this challenge needs a multi-stakeholder approach."* The Hon'ble President lauded CMC's contribution to society, particularly though research that remains relevant to the needs of the



country. He also commended the medical education programme of CMC that combines professional expertise with social relevance and ethical practice. The Hon'ble President particularly mentioned the placements in villages and under-served areas that complements the clinical training of medical professionals in CMC Vellore. The challenge was to continue to train with a sense of service and dedication- "*doctors and nurses with warm hearts.*"

At the end of the function, Dr. Solomon Sathishkumar proposed the vote of thanks, expressing gratitude to God for the wisdom of his leading and thanking the dignitaries for gracing the occasion with their esteemed presence. The function concluded with the National Anthem. The Principal's Office would like to thank the community for their prayers and support for this occasion. There were many requirements brought about by the demands of protocol and strict security, to which the community responded in a heart-warming manner. Prior to the formal function, Rev. Dr. Arul Dhas led the gathering in prayer and the College Song was sung with much enthusiasm and fervor. Later, Dr. Sharon Poornima and the choir beautifully rendered the Centenary Song, '*Home of Transformation*', the chorus of which goes as follows:

*Seeking to be a witness for Christ,  
Nurturing young lives for the past hundred years,  
Making a difference to our nation and more  
Bringing healing and wholeness to the unreached and poor,  
To all who would enter, you're a home- a home of transformation'*

Let this be our prayer as we enter a new century in the service of humanity and our nation.

## World Optometry Day Intercollegiate Academic Fest- "Beat it - 2018"



As part of the World Optometry Day celebrations, the Annual Intercollegiate Fest of the Department of Ophthalmology "Beat It-2018" was organized by the School of Optometry, CMC Vellore, on 21st April 2018 in the New Examination Hall, Bagayam Campus. The event was meticulously organized with various innovative events to bring out the best in their academic talents among Optometry colleges in Southern India. Dressed in blue and gold, the theme colors for the year, the School of Optometry welcomed about two hundred and thirty students and fifty faculties

from nine different Optometry colleges across southern India. The gathering was addressed by the guest speaker Dr. Mohammed Sayee, Director, Vellore Eye Hospital, Dr. Anna B Pulimood, Principal, Dr. Andrew Braganza, Head of the Department, Ophthalmology and Rev. Giftus Joshua. Over thirty teams participated in various academic events like quiz, poster, model making competition, caption the picture, ophthalmic puzzle and on the spot photography. The event ended with the prize distribution of trophies and medals. The CMC optometry students made the institution proud amid tough competitions with the LVPEI Hyderabad, Sankra Eye Hospital Chennai, Joseph Eye Hospital Trichy, Elite School of Optometry, Saveetha Medical College, CSI Kalyani Chennai and Regional Institute of Ophthalmology and GIOH Chennai winning the Intercollegiate Quiz, Model Making and Poster Competitions. LVPEI and Sankra Eye Hospital were runners up in the prestigious Quiz competition which is now established as a signature event of the Intercollegiate festival. The atmosphere had a stimulating mixture of competitiveness, vibrance and exuberance. Congratulations to Dr. Satheesh ST Selvin, Dr. Jeyanth Rose and Mrs. Evon Kujur, who organized and oversaw the entire programme.

## Retirement



**Mrs. Jothi C.**, Health Centre Auxiliary Gr. I retired on 15<sup>th</sup> March, 2018 after 32 years of service to the institution. Her daughter Mrs. Kalaiselvi works in National University of Singapore and her son Mr. Dinesh Kumar works in Chennai as programme officer at REACH NGO. She is blessed with two grandsons. CMC community is thankful for her years of commitment to the institution and wishes her God's blessings on her retired life.



## Notifications

• A new clinic called Oral and Maxillofacial Service clinic has been started as a specialty referral clinic in the Department of Dental and Oral Surgery Unit-I on Mondays, Wednesdays and Fridays (Afternoons). This service provides care for patients with Oral and Maxillofacial Pathology, Developmental Disorders, Trauma, TM Joint Diseases and Tobacco related oral lesions. The clinic will treat patients referred from both within the Department and also from related Departments like Head and Neck Surgery, Radiotherapy, ENT, Plastic Surgery, Paediatric Surgery etc.,

• The Florence Taylor Memorial Library, College of Nursing will remain closed for Annual Inventory from 21<sup>st</sup> to 26<sup>th</sup> May, 2018. The timing during summer vacation is as follows :

7<sup>th</sup> May to 2<sup>nd</sup> June : 8.00 a.m. to 5.00 p.m. (Monday - Friday)

On Saturdays : 8.00 a.m. to 1.00 p.m. Regular functioning will resume from 4<sup>th</sup> June, 2018.

## Situations Vacant

### 1. Senior Resident Gr.I with M.Ch. or DNB (Paed. Surgery) for the Department of Paediatric Surgery

Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and full address to the Principal, Christian Medical College, Bagayam, Vellore - 632 002, or by e-mail to [princi@cmcvellore.ac.in](mailto:princi@cmcvellore.ac.in) on or before **May 18, 2018** for Item 1.

### 2(a) Scientist B (Medical) for the Department of Paediatric Orthopaedics

*Job Code : 1245*

Qualification : MBBS / MS / MD. Job description : Diagnosis and management of Osteogenesis Imperfecta children Medical management / follow up of M.Sc. transplanted children. There is an opportunity to do a Ph.D.

Mode of appointment : Project mode. Salary : Rs.50,000/- + 10% HRA. Accommodation not provided.

### 2(b) Research Coordinator for the Department of Paediatric Orthopaedics

*Job Code : 1246*

Qualification : MPH with 2 years' experience / Ph.D. Medical Sciences / MBBS.

Job description : Coordinate research and medical side organize patient recruitment, data management, Management of musculoskeletal regeneration lab financial records.

Mode of appointment : Project mode. Salary : Rs.40,000/- + 10% HRA. Accommodation not provided.

The print out of the application with certificates and testimonial copies should be sent either by soft copy to (E-mail: [princi.hr@cmcvellore.ac.in](mailto:princi.hr@cmcvellore.ac.in)) or hard copy to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 on or before **May 25, 2018** for Items 2(a) and 2(b).

**Note: Please mention the Job Code in the application form. The application without Job code will not be accepted.**

### 3. Staff III Dental Hygienist for the CMC Vellore Chittoor Campus

Qualifications : H.Sc. (+ 2) or equivalent + Pass in Dental Hygienist Course + Pass in Dental Assistance Course and registered with State Dental Council. Salary : As per institutional rules. Age limit : 35 years.

Job description: Chairside Assisting, Scaling etc.

### 4. Staff II Medical Lab. Technician (Project) for the Department of Paediatric Orthopaedics

Qualifications : B.Sc. (MLT) / B.Sc. with 2 Year CMAI DMLT with 2 years experience.

Age limit : 35 years. Salary : As per institutional rules.

### 5. Graduate Technician Trainee for the Department of Clinical Pharmacology

Qualifications : B.Sc. Chemistry. Period : One year only. Stipend : Rs.5,775/-.

Age limit : 30 years. Nature of job : To perform drug assays in the laboratory.

### 6. Programmer Trainee for Computerised Hospital Information Processing Services (CHIPS)

Qualifications : B.Tech / BE (Computer Science) / MCA / MCS / MS (Computer Science) / M.Sc.(Computer Science).

Period : One year only. Stipend : Rs.11,405/-. Age limit : 30 years. Job description : Programmer trainee.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **May 28, 2018** for items 3, 4, 5 and 6.

### 7. Artisan Gr.IV for the Community Health Department

Qualification : S.S.L.C + 2 year ITI certificate (Preferably with ITI in Electronics).

Salary : As per institutional rules. Age limit : 35 years and below.

### 8. Graduate Trainee for one year in Accounts Department

Qualifications: B.Com + 1 year computer training / experience. Stipend: Rs.5,775/- per month. Age limit: 30 years and below.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **May 19, 2018** for items 7 and 8.

## Inauguration of the Centenary year of Medical Education



Shri Ram Nath Kovind, Hon'ble President of India and Smt. Savita Kovind, the First Lady



Dr. J.V. Peter, Director and Prof. P.J. Kurian, Hon'ble Dy Chairman of the Rajya Sabha



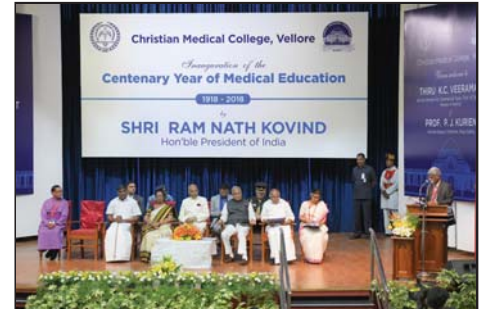
Dr. Anna B. Pulimood presenting a memento to Smt. Savita Kovind



Bishop Sahu presenting a memento to Shri Banwarilal Purohit, Hon'ble Governor of Tamil Nadu



Dr. Anna B. Pulimood presenting a memento to Thiru K.C. Veeramani, Hon'ble Minister for Commercial Taxes, Govt of Tamil Nadu



Dr. J.V. Peter welcoming the dignitaries and honoured guests



A section of the audience



Dr. Anna B. Pulimood presenting the Centenary Year Report



Prof. P.J. Kurian, Hon'ble Dy Chairman of the Rajya Sabha, addressing the gathering



Shri Ram Nath Kovind, Hon'ble President of India, delivering the Presidential Address



Shri Banwarilal Purohit, Hon'ble Governor of Tamil Nadu, addressing the gathering



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*I am the Lord, the God of all mankind. Is anything too hard for me? Jeremiah 32:27*

## Department of Dermatology organises a workshop on the theme "Heal your skin and feel your life"



The Department of Dermatology and Venereal Diseases Laboratory, and Departments of Medical Surgical Nursing III and Continuing Nursing Education and Research, College of Nursing conducted a one day workshop titled "Heal your skin and feel your life" on 20<sup>th</sup> April, 2018.

Mrs. Ilavarasi Jesudoss, Professor and Head, Medical Surgical Nursing Speciality III welcomed the gathering. Felicitations were offered by Dr. Susanne Pulimood, Professor and Head, Department of DVL and Dr. Selva Titus Chacko, Dean, College of Nursing. Mrs. Anandha Ruby Jacob, organizing secretary gave an overview of the day's programme.

The highlights of the workshop included, psoriasis-myths and

facts, dermatological emergencies- a clinical challenge, recognition and management of Steven Johnson Syndrome, wound assessment and dressing and social impact of skin disorders.

This was followed by a session of motivational counselling and a panel discussion regarding the nursing management of skin disorders. Skill stations with the case scenario on wet wrap, medicated bath, phototherapy and skin allergen test enabled the participant to update their skill in dermatological nursing care. The participants in their feedback acknowledged the initiative and found the discussions very useful and the skill stations challenging. The workshop was awarded seven credit hours by the Tamilnadu Nurses and Midwives council.

**Special Prayers : May 20 - 26, 2018**

### Dental and Oral Surgery:

Dr. Jagadish Ebinezer and Staff  
Dr. Rabin K. Chacko and Staff  
Dr. Bala Seetharaman and Staff

### CSI Medak Diocese

Council Members : Rt. Rev. A.C. Solomon Raj  
Dr. K. Dayanand

### Sunday Services : May 27, 2018

6.00 pm : **New Examination Hall**  
Rev. P. Rainard Pearson

6.30 pm : **Hospital Chapel**  
Dr. Obed John Antipas

5.00 pm : **Friendship Chapel, KPTR Campus**  
Rev. Rachita Rout

### Welcome :

**Mr. T.S. Ravi Kumar**, Professor, College of Nursing on his return from sabbatical leave.

### Days to remember :

Death Anniversary of Dr. Ida Scudder  
- May 24

Commonwealth Day  
- May 24

### Obituary :

**Mr. Justus Devadhas (Sunny)**, father of Dr. Suganthi Rabi, Professor and Head, Anatomy Department, father-in-law of Dr. Rabi Raja Singh, Professor of Radiation Physics / RSO, Department of Radiotherapy and grand father of Dr. R. Hallel Reba (Non PG Registrar, Haematology Department) and Ms. R. Tephilah (final year medical student), on 12<sup>th</sup> May, 2018.

Our thoughts and prayers are with the bereaved members of the family at this time of grief and loss.



## Events from MCI Nodal centre for National Faculty Development

The MCI Nodal centre for National Faculty Development, conducted the 4<sup>th</sup> Medical Education Technologies Workshop for Postgraduate Students (PGMET) from 23<sup>rd</sup> to 24<sup>th</sup> April, 2018.



The objectives of the programme was to motivate postgraduates to teach and assess better, understand the teaching and learning process, types of assessment in the various domains including work place based assessments. The participants were given hands on experience through microteaching. This programme is accredited with twenty CME Credit points (Category II) from Tamilnadu Dr. M.G.R Medical University, Chennai.

## Congratulations!

The Department of Obstetrics and Gynaecology and Family Welfare was awarded Shields and Certificates of Appreciation by the Department of Health and Family Welfare, Tamilnadu for the best performance (Sterilizations) among Voluntary Organisations in a function which was held on 8<sup>th</sup> May 2018 at Mylapore, Chennai. The award was presented by Dr.C.Vijaya Baskar, MBBS, BL Honorable Minister for Health and Family Welfare. The department has bagged the First Prize for 3 consecutive years, 2014 – 2015, 2015 – 2016 and 2016 – 2017. The award was received by Dr. Swathi Rathore, MD, Associate Professor, Dr. Madhupriya, MS, Assistant Professor and Mrs. Jayasudha, Social Worker from the Department of Obstetrics and Gynaecology.

## Retirements

**Mr. E. William Joseph**, Artisan (Non I.T.I) Gr.II, CHAD retired on 14<sup>th</sup> April, 2018 after 37 years of dedicated service to the institution. His wife, Mrs. Kiruba Priyadharshini is working as MPHW in CHAD. His elder daughter, Ms. Priya Soundaravadhani is working as Staff Nurse in College of Nursing and youngest daughter, Ms. Preethi Priscilla is working as Charge Nurse in NICU.



**Mr. A. Yesupatham**, Hospital Attendant Gr.I, Cardio Thoracic Surgery-III retired on 6<sup>th</sup> May, 2018 after 31 years of dedicated service to the institution. He has two daughters. His older daughter Ms. Anusuya is a Staff Nurse in Maternity Ward and eldest daughter Ms. Shalini is a Hospital Attendant in Medical Records Department.

CMC community is thankful for their years of commitment to the institution and wishes them God's blessings on their retired life.

## Sports News : Founder's Day Staff Cricket Tournament

The Founder's Day Staff Cricket Tournament was held on 27<sup>th</sup> April, 2018. Dr. Selvamani, Professor and Head, Department of Radiotherapy and Mr. Pinto Deputy Treasurer were the Chief Guests and distributed the prizes to the winners. A total of thirty six teams participated.

Results :

Winners : Department of Radiotherapy  
Runners-up : Department of Accounts  
Man of Match : Mr. Ivin, Department of Radiotherapy  
Man of the Series : Mr. Jaishankar, Department of Accounts



## Situations Vacant

### 1. Assistant Professor Gr.II with MD (Radiation Therapy) with experience for the Department of Radiation Oncology Unit-I

Salary scale : As per institutional rules.

Accommodation provided (Partly furnished, depending on availability).

Applications should be sent by post to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 or e-mail: [princi@cmcvellore.ac.in](mailto:princi@cmcvellore.ac.in) with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and full address on or before **June 02, 2018** for Item 1.

### 2. Staff IV Receptionist (Project) for the Department of Transfusion Medicine & Immunohaematology

Qualifications : Plus Two with 2 Years in-service training in CMC will be given preference.

Period : One year only. Consolidated Pay : Rs.14,000/-.

Age limit : 35 years.

Nature of job : To work as Donor Facilitator in the Transfusion Medicine & Immunohaematology.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu> Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.** Applications will close on **May 28, 2018** for Item 2.

### 3. Jr. Engineer Gr.IV for CMC Chittoor Campus

Qualifications : DCE (Diploma in Civil Engineering).

Salary scale : As per institutional rules.

Age limit : 35 years and below.

Preference will be given to Telugu speaking a candidate who is willing to work round the clock.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu> Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.** Applications will close on **June 02, 2018** for Item 3.

### 4. The College Hill Kinder Garten invites applications for the post of a Kindergarten Teacher

Qualifications : Any graduate with a Degree from a recognized Institution with experience in understanding child behavior and in teaching pre-school children.

Age limit : Below 40 years.

Salary scale: As per institutional rules.

Accommodation not provided.

Applications may be sent by post or handed over to the Principal, College Hill Kinder Garten, (A unit of Vidyalayam Association of CMC Staff), CMC Campus, Bagayam, Vellore - 632 002 on or before **June 01, 2018** for item 4.

### 5. Schieffelin Institute of Health - Research & Leprosy Centre, Karigiri invites applications for the following post : Pathologist (Full time / Part time).

Qualification : MD (Pathology).

### 6(a) Schieffelin Institute of Health - Research & Leprosy Centre, Karigiri invites applications for the following post : Graduate Radiographer

Qualifications : B.Sc. Radiology Imaging Technology / Radio Diagnosis Technology with minimum one year teaching experience.

### 6(b) Schieffelin Institute of Health - Research & Leprosy Centre, Karigiri invites applications for the following post : Physicist.

Qualification : M.Sc. Medical Physics.

Apply with bio-data along with photocopies of certificates and a demand draft for Rs.50/- in favour of "SIH-R&LC., Karigiri" addressed to the Director, SIH-R&LC., Karigiri, Pin - 632 106.

Email: [director@karigiri.org](mailto:director@karigiri.org) website: [www.karigiri.org](http://www.karigiri.org)

Last date for receipt of applications: **May 26, 2018** for items 5, 6(a) and 6(b).

**A Plum for a Peach****Suggested reading: Isaiah 1: 18**

Mozi, a Chinese scholar who lived in 470- 390 BC was a thorn in the flesh of the Chinese leaders of the time and a strong opponent of violence. Unlike Confucius, who spread the idea of love which embraced only the family and close relatives, Mozi spread the message of love and kindness to everyone regardless of who they were. I particularly like his concept of Chien Ai —"He throws a peach at me, I give him a plum."

The peach has a big, hard stone that can hurt easily. A plum has a soft tiny stone. Meaning, he/ she hurts me badly, but instead of hurting them back I give them something sweet and pleasing in return — thus the desire for tit for tat violence is evaporated even before it has a chance to form. Chien Ai does not deal with the complicated inner emotions of forgiveness. It just insists on doing the "good thing" automatically. I like this idea very much. How can one possibly be mean and nasty to anyone who gives you a deliciously sweet, juicy plum?

Mozi's philosophy reminded me of a neighbour I once had who used to go out of his way to be helpful and caring and "sweet" to his adversaries. At the time, I could not understand this attitude. But to my neighbour, his way of life was more than just "doing good to those who hurt you", it was "making their life 'sweet' in some way". Now, many years later, when I think about this, it makes perfect sense. Giving a plum — that is making your opponent's life better/ sweeter, takes away the poison and anger from your own heart. From being the trodden-upon victim, one can rise to be the giver of good things and restorer of broken relationships. From being powerless, to being powerful.

Can this idea of giving a plum work in today's climate of prejudice, suspicion, and violence? When injured by someone's arrogance, ignorance and thoughtlessness, can we set aside our hurt and do something to make their life good and sweet? Our initial reaction is to throw something harder than the one thrown at us, or to stay away from them. I use the word "sweet" deliberately, as it conveys more than just a superficial good deed which can be shrugged off later.

To make someone's life sweet or sweeter, we have to raise them from the pit of ugliness where they dwell now...that is the abyss of violence and ugliness that caused them to hurt you in some way. Pulling them out of this deep horrible place and giving them something beautiful and life-giving can be a huge challenge.

A young teacher who had been particularly snappy and mean to one child in her class told me how one day, she was surprised to get a painted picture from this child. It said, "Have a nice day ma'am. I love you." In an instant, her mood which had been miserable for a few weeks changed.

**Think about this!**

In family and work life, many peaches are flung at us by those we know and love either deliberately or accidentally. It takes courage and great determination to practice the plum for a peach philosophy.

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# CMC NEWSLINE

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FOR PRIVATE CIRCULATION ONLY

MAY 28, 2018



*For he is the living God and he endures for ever; his kingdom will not be destroyed, his dominion will never end.*  
**Daniel 6:26**

## 15<sup>th</sup> World Rural Health Conference



The 15<sup>th</sup> World Organization of National Colleges, Academies and Academic Associations of General Practitioners / Family Physicians (WONCA) World Rural Health conference, hosted by the Association of Family Physicians of India (AFPI) was held at the India Habitat Centre, New Delhi from April 26 to 29, 2018. The theme of this year's conference was "Leaving no one behind - Healing the heart of health care". The objective of this meet was to ensure healthy living and to promote well-being for all at all ages.

The conference was attended by more than thousand five hundred participants from various countries. The programme was inaugurated by the Hon. Vice President of India Shri. Venkaiah Naidu who in his address spoke about the the need for making rural postings mandatory for all newly graduating doctors.

Christian Medical College, Vellore had a significant presence in conference. Departments of Family Medicine, General Medicine, College of Nursing and Distance Education were represented in the conference.

Dr. Sunil Abraham, Professor and Head of the Department of Family Medicine presented and chaired a session on the "Different ways family medicine is practiced in the Low / middle income countries and the High income countries" and on "Comprehensive health services in rural India: the role and the road map for Family Medicine in CHCs and PHCs". Dr. Anand Zachariah, Professor of the Department of General Medicine, presented on the "CMC model" during the consultation on Strengthening Primary Health Care in Rural India.

Faculty from the Department of Distance Education presented

**Special Prayers : May 27 - June 02, 2018**

**Laundry:** Mr. Ebinezer Sundarraj and Staff  
Mr. Sadhu Sundar Singh and Staff

**Hospital Maintenance :**  
Mr. C. Sunny Kuruvilla and Staff  
Mr. Sadhu Sundar Singh and Staff

**College Maintenance:**  
Mr. Ebinezer Sundarraj and Staff  
Mr. A. Thanikachalam and Staff

**Security Services:**  
Mr. I.K. Chellasamy and Staff

**Baptish Church of Mizoram**

**Council Members :** Rev. R. Zohmingiana  
Dr. B. Laldinliana

**Hospital :** Christian Hospital, Serkawn  
Christian Hospital, Lawngtlai and others

**Sunday Services : June 03, 2018**

6.00 pm : **New Examination Hall**  
Rev. D.P. Joseph Devaraj

6.30 pm : **Hospital Chapel**  
Rev. Lalbiaksanga Pachua

5.00 pm : **Friendship Chapel, KPTR Campus**  
Miss. Saramma Kuruvilla

**Welcome :**

**Dr. Arun Jacob Philip George**, Associate Professor, Department of Urology Unit-I on his return from sabbatical leave.

Workshops on "Mental Health in rural India: a three-pronged approach – training, assessment and treatment", "The use of Blended Learning to train health care professionals in primary care", "Training Non-medical NGO Workers to Improve Health in Rural Communities", and on "Healing the Heart of Healthcare – the Causes and the Cure". A poster on "The Health seeking behaviour among Selected Rural

*Continued on Page 2*



Communities in North, Central and North East India” and a symposium on “Introducing a Wholistic Health Education Curriculum into Rural Indian Schools to ensure a healthy GenNext” were also presented from the Department of Distance Education.

The contribution of CMC’s Distance Education unit towards the training of government doctors and the need for more state governments to avail of this training was recognized prominently.

The Distance Education unit was awarded the “Leadership in Health Care” award during the cultural programme by the Hon. Health Minister to the Government of India.

## Memoranda

- **Dr. Biju George**, Professor of Haematology, is appointed as Head of the Department of Clinical Haematology with effect from 21<sup>st</sup> May 2018 for a four year term.
- **Dr. Thomas V. Paul**, Professor of Endocrinology, is appointed as Head of Endocrinology Unit-II with effect from 24<sup>th</sup> May 2018 for a four year term.
- **Dr. Santosh Kumar**, Professor of Urology and Head of Urology Unit-II is appointed as Head of the Department of Urology with effect from 26<sup>th</sup> May 2018 for a four year term.
- **Dr. Antony Devasia**, Professor of Urology will continue as Head of Urology Unit-I till his superannuation.
- **Dr. Vinod Joseph Abraham**, Professor of Community Medicine, is appointed as Head of Community Health Department and the Community Health & Development Programme (CHAD) with effect from 2<sup>nd</sup> June 2018 for a four year term.

## Congratulations!

**Dr. Meena Supriya S.** Postgraduate Fellow, Clinical Genetics, won first place in the quiz conducted for Lysosomal storage disorders at the CME by Fetal Care Research Foundation and Voluntary Health Services Hospital, Chennai.

## Retirements

**Mrs. J.S. Victoria Vijayakumari**, Sr. Secretary, Paediatrics Unit-I retired on 7<sup>th</sup> May, 2018 after 38 years of dedicated service to the institution. Her husband, Mr. H.M. Jared Sathiyaseelan has retired from Central Reserve Police Force.



**Mrs. C. Tamilselvi**, Sel. Gr. Staff Clerk Gr.II, CHAD retired on 7<sup>th</sup> May, 2018 after 36 years of dedicated service to the institution. Her husband, Mr. K. Vasikaran is a Labour Inspector in Chennai. They have a daughter Ms. V. Arthi who is a Staff Nurse in Saudi and a son Mr. V. Arvind who is an MBA Graduate.

CMC community is thankful for their years of commitment to the institution and wishes them God’s blessings on their retired life.

## Sports News : Summer Sports Coaching Camp for Staff Children

The summer sports coaching camp for staff children was conducted successfully in the month of April 2018. More than hundred and forty children participated.

The valedictory function was conducted on 1<sup>st</sup> May, 2018. Dr. Anna B. Pulimood, Principal was the Chief Guest and distributed certificates to the participants.



## Obituary



This is to convey the sad news of the passing away of Dr. R.V. Suresh (Batch of 1976) father of Dr. Sandhya Suresh (PG alumnus, General Medicine) on 12<sup>th</sup> May, 2018. The funeral service was held on 13<sup>th</sup> May, 2018.

Dr. Suresh was born in CMC Vellore and grew up as a campus kid. He enjoyed his bond period in RUHSA where his surgical skills and community yeoman service originated. He was an avid sportsman and singer during his UG days and was the lead drummer in the college band. He did his postgraduation in General Surgery in Madras Medical College between 1985-88. Subsequently he joined Tamilnadu Government Service in 1989 and worked in several PHCs where he continued his work with the same values inculcated in him by CMC.

He started his academic journey as an Assistant professor of General Surgery from 1991 in Madras Medical College, Chennai and went on to become Professor of General Surgery in 2011 in Vizhuppuram, Chengalpeta, Kilpauk and Stanley medical colleges. Due to his long stint and training in Endocrine Surgery, he served as Professor and HOD of the Department of Endocrine Surgery, MMC-RGGGH and oversaw their MCh programme. His meticulous surgical skill, sincerity, dedication and compassion were appreciated by all. He was especially loved for his teaching proficiency by all his students.

He is survived by his wife, Dr. Meena.T.S, Professor of OBGYN, KMC and his daughter, Dr. Sandhya Suresh. He was tremendously proud of the fact that his daughter returned to his revered alma mater to do her postgraduation in General Medicine.

For those who would like to get in touch with the family, the contact details of his daughter Dr. Sandhya Suresh are provided - Dr. Sandhya Suresh, Mobile: 9381093878. Email: [sandymmc@gmail.com](mailto:sandymmc@gmail.com)

Our thoughts and prayers are with the bereaved members of the family at this time of sorrow and loss.

## Situations Vacant

**1. Assistant Professor with M.Ch. HPB Surgery / M.S. (General Surgery) with 2 years experience in HPB Surgery for the Department of HPB Surgery**

Salary scale : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore – 632 002, email : [princi@cmcvellore.ac.in](mailto:princi@cmcvellore.ac.in) on or before **June 09, 2018** for Item 1.

**2(a) Technician Trainee for Wellcome Research Laboratory**

Qualifications : H.Sc. (+ 2) or equivalent. Age limit : 30 years. Stipend : Rs.5,225/-.

**2(b) Staff III Technician for Wellcome Research Laboratory**

Qualifications : H.Sc. with one year in-service training in CMC. Age limit : 35 years.

Salary scale : Rs.7,920 – 17,356/-. Job description : Equipment maintenance in the Laboratory.

Preference will be given for those who have experience in laboratory equipment Maintenance.

Only male candidates need to apply.

**3. Graduate Technician Trainee for the Department of Neurological Sciences (Neurophysiology)**

Qualifications : Graduate (Physics / Bio-chemistry / Zoology).

Stipend : Rs.5,775/-. Age limit : 30 years. Accommodation not provided.

Nature of job : To work as Graduate Technician Trainee for Intra-operative monitoring in Neurophysiology – Department of Neurological Sciences.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu> Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **June 04, 2018** for Items 2(a), 2(b) and **June 11, 2018** for Item 3.



### Challenges and Changes

The British Government, who ruled India, passed an act which gave Indians more provincial autonomy. Thus, a new government in the Madras Presidency voted to do away with the LMP medical course and to recognize only the MBBS course. This Act of 1935 changed the face of medical education in Vellore. To follow the new MBBS course, the college had to be affiliated with Madras University. For university recognition, academic standards had to be raised, the course upgraded from four to five years, at least twelve new professors were needed and of course new classrooms, labs, medical and surgical facilities. All of this meant an awful lot of money. Either the money had to be raised and the changes implemented, or the medical college would have to close down.

No one knew what was going to happen. Could the college that opened with such enthusiasm really close down? Amidst all the fears, one of Dr Scudder's friend's began a prayer group - The Friends of Vellore. All over the world, friends and well wishers began to pray that God will show Dr. Scudder the way ahead.

For a while there was talk about a Christian Medical College for men in the South. Dr. Scudder thought about this a great deal. What if she opened the doors of her women's college to men as well? That would ease some of her burdens. Her idea drew sharp criticism from the Women's Missionary Boards which had funded the college so far. The fundraising campaigns in the US especially stressed the gender uniqueness of Vellore and the Board felt that to lose this identity would be like selling one's soul.

Dr. Scudder argued differently – she said that the India of thirty years ago had changed and that India no longer needed 'only women doctors' but "good Christian men and women doctors with the finest professional training and of sterling Christian character .....who would inspire the medical profession of India to self-sacrificing service." Here once again was a need and Dr. Scudder tapped into this need. This was the way ahead.

Another challenge lay ahead – the government inspection. This too went smoothly and the University Commission was most impressed with the staff, the buildings and the medical and surgical work.

There was both excitement and anxiety over the new challenges and great sadness for Dr. Scudder as the opposition from the Board still continued and as a result, Lucy Peabody, her stalwart supporter who was so instrumental in the setting up of the medical college parted from her in anger and disappointment.

The next challenge was that the University would grant temporary affiliation status only on the condition that the facilities and faculty would be upgraded. For staff and students during this time of upheaval, every day was a struggle; a time of waiting and hoping and praying. Only Dr. Scudder knew for certain that the medical school was God's plan for her life. She never doubted the authenticity of her calling and knew that despite all the obstacles that the college faced, that this was all part of God's plan to expand His Kingdom on earth.

Today, the College faces new challenges – the expectations of doctors have changed; so has the government's perspectives on medical education.

Every day is still a time of waiting, hoping, praying and knowing for sure that CMC will evolve according to God's plan for his Kingdom.

Just as Dr. Scudder allowed her mind to stretch to a new vision, perhaps this is also a time for CMC to be courageous and see a new vision, framed by the old.

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# CMC NEWSLINE

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"Do not store up for yourselves treasures on earth, where moth and rust destroy, and where thieves break in and steal. But store up for yourselves treasures in heaven, where moth and rust do not destroy, and where thieves do not break in and steal. For where treasure is, there your heart will be also".  
**Matthew 6:19-21**

## Workshop on 'Skin Cancer Awareness' organised



The month of May is observed as the 'Skin Care Awareness' Month. To increase awareness in this area, the Skin Cancer Group of CMC, Vellore organized a Skin Cancer Awareness and Education programme. The programme took place in the hospital campus on 5<sup>th</sup> May, 2018. The inaugural programme began with prayer followed by felicitations by Dr. Susanne Pulimood Head of the Department of Dermatology, Dr. Ashish Gupta, Department of Plastic surgery, Dr. Selva Titus Chacko, Dean College of Nursing and Dr. Premila Lee, Nursing Superintendent.

Dr. Mary Jacob, alumnus and former Head of the Department of Dermatology was invited as Chief

Guest. She, in her address spoke about the importance of awareness and early detection of skin cancers and expressed happiness that CMC has taken the initiative to form probably the first 'Skin cancer group' in the country.

Several stalls were put up for the patients, staff and students with the aim to educate and instil an awareness regarding the prevention and early detection of skin cancers. The resource persons for the event were doctors and nurses from the Department of Dermatology, Nursing staff from R ward and A ward and staff and students from the Department of Pathology.

The event was a great success and many were benefited from this educative initiative.

**Special Prayers : June 03 - 09, 2018**

**Endocrinology :**

Dr. Simon Rajaratnam and Staff  
Dr. Nihal Jacob Thomas and Staff  
Dr. Thomas V. Paul and Staff

**Khasi Jaintia Presbyterian Assembly**

Council Members: Rev. N.S. Phawa  
Dr. (Miss.) D. Nongpluh

Hospital : Gordon Roberts Hospital, Shillong,  
Norman Tunnel Hospital, Jowai.

**Sunday Services : June 10, 2018**

6.00 pm : **Scudder Auditorium**  
Dr. Joyce Ponnaiya

6.30 pm : **Hospital Chapel**  
Dr. Santhosh Varughese

5.00 pm : **Friendship Chapel, KPTR Campus**  
Dr. Obed John Antipas

**Day to remember :**

World Environment Day - June 05

**Obituaries :**

The Alumni Association regrets to announce the passing away of :

**Dr. S.D. Jeyamohan** (Batch of 1965) on 9<sup>th</sup> May, 2018.

**Sister Dr. Josephine Agostina** (Batch of 1958) 25<sup>th</sup> May, 2018.

**Dr. Gracy Mathew** (née Thomas) (Batch of 1960) on 26<sup>th</sup> May, 2018.

Our thoughts and prayers are with the bereaved members of the families at this time.

## Congratulations!

**Dr. Manish Baldia**, Assistant Professor, Department of Neurological Sciences (Neurosurgery) has won the first prize for the paper category for Next Gen. Award.

## Retirements



**Mr. T. Samuel Dharmaraj**, Sel.Gr.II MCTT OP services retired from service on 27<sup>th</sup> April, 2018. He joined as clerk in the year 1980 and was transferred as MCTT in the year 1993. He has been promoted to several categories and got the post of Sel.Gr.II MCTT and continued to work in the same capacity till his retirement. He was posted as Supervisor for MCTT's and effectively handled work during times of crisis. Mr. T. Samuel Dharmaraj is meticulous and a strict disciplinarian with strong principles and worked hard for the department. His wife, Mrs. Rachel Samuel is a housewife. They have a son Mr. Solomon Merwyn S. He is working in a private concern.

**Mr. K. Gnanasekaran**, Sr. Gr. Artisan Gr.I, Mechanical Engineering Department retired on 10<sup>th</sup> May, 2018 after 25 years of dedicated service to the institution. He has two sons. His older son, Mr. Nithiakumar is working as Hospital Attendant in Main O.R. and youngest son, Mr. Niranjana Kumar is working as a Hospital Attendant in 'A' Block.



**Mrs. Baggiamary Selvasekar**, Sr.Gr. Nursing Auxiliary retired on 14<sup>th</sup> May, 2018 after serving the Institution for 36 years. She completed her 'Hospital Auxiliary' trainee course from Nursing Service, in 1981 and was appointed as Hospital Auxiliary from June 1982. She had worked in OPD, B ward, M ward and D ward before her transfer to CSSD, where she has been working for 23 years till her retirement. She is known for her interest in patient care and completing work on time. She is a God fearing person with the nature to help. Her husband Mr. Selvasekar is working as a Supervisor in Thiruvalem Sugar Mill and is involved in God's Ministry.

CMC community is thankful for their years of commitment to the institution and wishes them God's blessings on their retired life.

## Notification

All staff members under the General Superintendent who would like to surrender their annual leave for encashment purposes are requested to feed the number of days they wish to surrender in the leave management programme with the approval of the Head of the Department to the Personnel Manager, before 30<sup>th</sup> June, 2018.

Please note that no application for this purpose will be entertained after 30<sup>th</sup> June, 2018.

## Situations Vacant

**1(a) Senior Resident with M.D. (Radiology) for the Department of Radio Diagnosis**

Salary scale : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

**1(b) Assistant Professor with M.D. (Radiology) for the Department of Radio Diagnosis**

Experience : Should have at least one year teaching experience as (Asst. Professor) in any MCI recognized teaching institution.

Salary scale : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

**2(a) Assistant Professor Gr.II with MD (Paediatrics) for the Department of Paediatrics-I (Paediatric Hematology - Oncology)**

Experience : Should have at least one year teaching experience as (Asst. Professor) in any MCI recognized teaching institution. Salary : As per institutional rules. Accommodation provided (subject to availability).

**2(b) Senior Resident with MD (Paediatrics) for the Department of Paediatrics-I (Paediatric Hematology - Oncology)**

Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).



**2(c) Junior Resident** with **DCH / MBBS** for the **Department of Paediatrics-I (Paediatric Hematology - Oncology)**. Salary : As per institutional rules. Accommodation provided (subject to availability).

**3. Senior Resident** for the **Department of Microbiology**

Qualification : MD (Microbiology) with 2 year post experience in Hospital Infection Surveillance and Strong Laboratory Skills. Salary scale : As per institutional rules.  
Accommodation provided (Partly furnished, depending on availability).

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore – 632 002, email : [princi@cmcvellore.ac.in](mailto:princi@cmcvellore.ac.in) on or before **June 16, 2018** for Items 1(a), 1(b), 2(a), 2(b), 2(c) and 3.

**4. Associate Research Officer** for the **Department of Clinical Microbiology**

**Job Code : 1247**

Qualification : M.Sc. Basic Life Sciences with experience in molecular work.

Age : Below 30 years. Mode of appointment : Project mode.

Salary : As per institutional rules. Accommodation not provided.

**5. Research Officer** for the **Department of Clinical Microbiology**

**Job Code : 1248**

Qualification : M.B.B.S. Nature of job : To work in the project. Age : Below 35 years.

Mode of appointment : Project mode. Salary : External salary. Accommodation not provided

Download application from this link: <http://www.cmch-vellore.edu/> → General → Vacancies → Application Form for Project Staff. The print out of the application with certificates and testimonial copies should be sent to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 on or before **June 15, 2018** for Item 4 and **June 11, 2018** for Item 5. *Note: Please mention the Job Code in the application form. The application without Job code will not be accepted.*

**6. Staff III Dental Mechanic** for the **Department of Dental & Oral Surgery**

Qualifications : H.Sc. with Diploma in Dental Mechanic with State Dental Council Number.

Salary scale: Rs.9,090 - 19,916/- + DA and HRA as per rules.

Age limit : 35 years. Job description : Dental Mechanic.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu> Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.** Applications will close on **June 18, 2018** for Item 6.

**7. The College Hill Montessori** invites applications for the post of "**Assistant Montessori Teacher**".

- Number of positions available: **Two**
- Eligibility: Women (less than 40 years of age) with a graduate degree in any field obtained from a recognized institution (full-time only). Preference will be given to those with Montessori training, B.Ed. degree or those with qualifications / experience in teaching pre-school children.
- Salary scale: As per school rules. • Accommodation not provided.
- Last date for receipt of application is on or before **June 15, 2018**.

**Applications along with bio-data and testimonials (if any)** may be sent by post or handed over to the Principal, College Hill Montessori, New Sunset Avenue, Block No: 113, Ground Floor, Christian Medical College Campus, Bagayam, Vellore: 632 002, Tamil Nadu, India. Phone: 0416- 228-4797, Mobile: +91-770-871-6111.

**8. Schieffelin Institute of Health - Research & Leprosy Centre, Karigiri** invites applications for the following posts :

**(a) Obstetrician & Gynaecologist.** Qualifications : MD / DNB / DGO (Obstetrics & Gynaecology).

**(b) Paediatrician.** Qualifications : MD / DCH (Paediatrics).

**9. Schieffelin Institute of Health - Research & Leprosy Centre, Karigiri** invites applications for the following post : **Graduate Laboratory Technician.**

Qualifications : B.Sc. Medical Laboratory Technology (full time course) with teaching ability.

Apply with bio-data along with photocopies of certificates and a demand draft for Rs.50/- in favour of "SIH-R&LC., Karigiri" addressed to the Director, SIH-R&LC., Karigiri, Pin - 632 106.

Email: [director@karigiri.org](mailto:director@karigiri.org) (Please refer website: [www.karigiri.org](http://www.karigiri.org) ).

Last date for receipt of applications is **June 09, 2018** for items 8(a), 8(b) and 9.

## The Thin Line of Healing

**Suggested reading: John 13: 34- 35**

Have you heard of the Matabele ants which live in sub-Saharan Africa? No? You should know about them for they can teach us something wonderful about life! These ants are ferocious warrior ants which attack termite colonies and feed off them. In doing so, some of them get bitten by termite 'soldier' ants whose job it is to defend their colony from attack. A new fascinating study by Erik T. Frank has revealed something amazing about these ants. After a battle style attack, they don't leave their wounded companions behind. They carry them back home to care for them until they are able to look after themselves.

Once they are back in their own ant nest, they "take turns caring for their injured comrades, gently holding the hurt limb in place with their mandibles and front legs while intensely "licking" the wound for up to four minutes at a time." In a paper published by *Proceedings of the Royal Society B*, Dr. Frank and his colleagues say how 'their study marks the first time non-human animals have been observed systematically nursing their wounded back to health.'

In his book, *Fearfully and Wonderfully Made*, Dr. Paul Brand, the pioneer surgeon in reconstructive surgery for leprosy patients recounts how he had once found a box of skeletons in a monastery. His findings reminded him of the anthropologist Margaret Mead who once asked her audience what they thought was the earliest signs of civilization. Was it a clay pot? Tools? Agriculture? No!

Much to the surprise of the audience, Dr. Mead said that it was a healed leg bone! Apparently healed leg bones were not found in the remains of savage, competitive societies. The healed femur showed that someone must have cared for this injured person – hunted on his behalf, brought him food and helped him with other personal activities. Savage societies could not afford such compassion – for theirs was the survival of the fittest; every person for him / herself.

The skeletons that Dr. Brand found showed 'thin lines of healing' - evidence that someone had helped these victims – perhaps they were wounded soldiers far from home. There had been a group of monks who had lived in the area 500 years earlier who had tended to them. The 'thin lines of healing' show us *what* kind of community lived here – caring, compassionate, interactive with one another.

We are encouraged to live in communities today – just look at the gated communities, blocks of flats with facilities, green campuses! But *what kind of communities* do we live in? The whole idea of living in community is that we connect with each other, and are responsible for each other's welfare, but today we live in more isolation than ever. I went to visit a friend who had had an operation. Her neighbour, also my friend was surprised to see me in that area. She had no idea that her neighbor had been quite sick and operated on. "I wish I'd known," she said.

How can we know what is going on in each other's lives if we don't talk to each other? How can we care/ show that we care and that we are a part of each other's lives? How do we recognize the wounded who walk amongst us so that we can reach out and tend to them?

### **Think about this!**

What evidence of the 'thin line of healing' will there be to show that we lived and worked here 500 years from now?

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# CMC NEWSLINE

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*Search me, O God, and know my heart; test me and know my anxious thoughts.*

*Psalm 139:23*

## CME on 'Vascular Anomaly' organised by the Department of Radiology



**T**he Department of Radiology in association with the Vellore sub-chapter of Tamil Nadu and Puducherry chapter of IRIA organised a CME on 'Vascular Anomaly' on 22<sup>nd</sup> May, 2018.

The workshop was a two day event packed with lectures and group discussions. The guest of honour for the event was Dr. Philip Rowland John, Associate professor and Paediatric Interventional Radiologist from the Hospital for Sick Kids,

Toronto, Canada. He spoke on various topics and the participants were benefitted from the academic discussions which followed.

Following this, on 23<sup>rd</sup> May, 2018 a multidisciplinary CME was held focused on updating the current classification and approaches to the management of Vascular Anomalies. The CME was rewarded five credit points from the Tamil Nadu Dr. MGR Medical University.

### Special Prayers : June 10 - 16, 2018

#### Obstetrics and Gynaecology:

Dr. Annie P. Villoth and Staff  
Dr. Elsy Thomas and Staff  
Dr. Lilly Varghese and Staff  
Dr. Manisha Madhai Beck and Staff  
Dr. Jiji Elizabeth Mathew and Staff  
Dr. Abraham Peedicayil and Staff  
Mrs. Ebenezer Ellen Benjamin and Staff

#### Reproductive Medicine Unit:

Dr. Aleyamma T.K and Staff  
Mrs. Ebenezer Ellen Benjamin and Staff

#### Neonatology Unit:

Dr. Santhanam Sridhar and Staff  
Dr. Niranjana Thomas A.W. and Staff  
Mrs. Ebenezer Ellen Benjamin and Staff

#### Mennonite Medical Board of the Mennonite Church in India

Council Member: Dr. Sandeep Patonda

Hospital: Dhamtari Christian Hospital, Chattisgarh.

#### Sunday Services : June 17, 2018

6.00 pm : **Scudder Auditorium**  
Dr. Samuel N.J. David

6.30 pm : **Hospital Chapel**  
Dr. Thomas Samuel Ram

5.00 pm : **Friendship Chapel, KPTR Campus**  
Dr. Unice Sinduvi

#### Welcome :

**Dr. Ivan James Prithishkumar**, Professor, Anatomy on his return from sabbatical leave.

**Dr. Sramana Mukhopadhyaya**, Assistant Professor, General Pathology, on her return from sabbatical leave.

## CME on 'Skeletal manifestations in Lysosomal Storage disease (LSD) with focus on Mucopoly- saccharidoses (MPS) and Gauchers Disease'

**T**he Department of Medical Genetics conducted a CME on 'Skeletal manifestations in Lysosomal Storage disease (LSD) with focus on Mucopoly saccharidoses (MPS) and Gauchers Disease' on 26<sup>th</sup> May, 2018 to commemorate World MPS

awareness day which was observed on 15<sup>th</sup> May, 2018.

The meeting began with a word of prayer by Rev. Finney Alexander followed by the welcome address by Dr. Sumita Danda, Head of the Department of Medical Genetics.

There were lectures on various topics and aspects of Lysosomal storage disorders, with the main focus on skeletal manifestations and enzyme replacement therapy in Mucopolysaccharidoses and Gauchers Disease. The speakers

Continued on Page 2



## CME on 'Skeletal manifestations in Lysosomal Storage disease (LSD) with focus on Mucopoly- saccharidoses (MPS) and Gauchers Disease'

Continued from Page 1

were Dr. Sumita Danda and Dr. Meena Supriya from the Department of Clinical Genetics, Dr. Sathish Kumar and Dr. Reena Kharkhele from the Department of Rheumatology. There was a special session where Mr. Shashank Tyagi an LSD patient and volunteer of LSD support society, spoke about the importance of the diagnosis of LSD, the life saving treatment and how it has profoundly changed his life. Students from different institutions participated in the workshop and quiz after each session. Closing remarks and vote of thanks was given by Dr. Sumita Danda.

### Retirements



**Mr. D. Dilip Kumar**, Sr. Gr.II Artisan (Non I.T.I), RUHSA Department retired on 23<sup>rd</sup> May, 2018 after 36 years of dedicated service to the institution. He has two sons and a daughter. His elder son, Mr. D. Dheenadayalan is a Technician in Radiology Department and youngest son, Mr. D. Dhinakaran is working as Hospital Attendant in RUHSA.

**Mr. N. Sundar Raj**, Clerk-Typist Gr.I, Surgical Ward retired on 25<sup>th</sup> May, 2018 after 37 years of dedicated service to the institution. He has two daughters and a son. His elder daughter, Ms. Shiny Angel is a Staff Nurse in 'A' Block and youngest daughter Ms. Steffi Pryadarshini is a Staff Nurse in Main O.R. His son, Mr. Samuel Loveson is a B.D. fourth year student in Gurukul, Chennai.



**Mrs. Stella Ravi**, Nursing Auxiliary Gr.I retired on 30<sup>th</sup> May, 2018 after serving the institution for 36 years. She completed the 'Hospital Auxiliary' trainee course from Nursing Service, CMC, Vellore in 1981 and was appointed as Hospital Auxiliary from April 1982. She has worked in N2 ward, M ward, O4E and CSSD before her transfer to Schell Eye Hospital, where she worked for twenty seven years till her retirement. She is a hardworking person, known for her interest in patient and team work. Her husband Mr. Ravichandran is a retired Checking Inspector in TNTC, Vellore. Her daughter Mrs. Divya Sathish Babu completed Diploma Nursing in College of Nursing, CMC in 2009 and worked in SHDU. Her husband, Mr. Sathish Babu, Sr. Manager in City Bank, Chennai and resides in Chennai. She is blessed with a grandson Master Leon Noel.

CMC community is thankful for their years of commitment to the institution and wishes them God's blessings on their retired life.

### Obituaries

- **Mr. Gnanapragasam**, retired staff, Telephone Exchange, father of Mrs. Lilly Prasad, Professor, College of Nursing and Mrs. Mary Bharathy, Staff Nurse in Schell Eye Hospital on 3<sup>rd</sup> June, 2018.
- **Mr. Maria Lazar**, retired staff, Hospital Attendant, Geriatric Medicine, husband of Mrs. Rose Mary and father of Mr. Anthony, Hospital Attendant, Laundry Department, Mr. Pradeep Kumar, Hospital Attendant 'A' Block and Mrs. Amala on 7<sup>th</sup> June, 2018.

Our thoughts and prayers are with the bereaved members of the families at this time of grief and loss.

### Notification

**1 year Distance Education Programme (Diploma in Allergy and Asthma)** jointly run by International Asthma services (USA) and CMC, Vellore. There will be 4 one week contact sessions at Vellore, Tamil Nadu. The rest of the training will be on 'distance mode'. The training will be imparted by both International and National faculty.

Eligibility : **MS** in ENT/DTCD/DCH, MD/DNB in TB and Chest/Respiratory Medicine/General Medicine/Paediatrics.

Continued on Page 3

**MBBS** (with proven track record in the field of Allergy & Asthma and at least 5 years experience in the field).

Course Commencement: **January 2019**.

Last date for receipt of completed application is **16<sup>th</sup> August, 2018**.

Download application from <http://www.cmch-vellore.edu/Default.aspx?url=../sites/daa/main.html>

Email: [daacmc@gmail.com](mailto:daacmc@gmail.com)

## Situations Vacant

### 1. Lecturer in Radiation Physics for the Department of Radiation Therapy-Unit-I

Qualification : Ph.D in Radiation Physics (RT) with minimum of 5 years of Postgraduate teaching experience in a Medical College. AERB eLORA registration is mandatory.

Salary : As per institutional rules. Accommodation not provided.

### 2(a) Assistant Professor Gr.II with MD (General Medicine) for the Department of General Medicine Unit-IV

Experience : Should have at least one year teaching experience as (Asst. Professor) in any MCI recognised teaching institution. Salary : As per institutional rules. Accommodation provided (subject to availability).

### 2(b) Senior Resident with MD (General Medicine) for the Department of General Medicine Unit-IV

Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

### 3. Senior Resident with MD (Anatomy) for the Department of Anatomy

Salary : As per institutional rules. Accommodation provided: (Partly furnished, depending on availability).

### 4. Demonstrator (Non PG) with MBBS for the Department of Physiology

Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore – 632 002, email : [princi@cmcvellore.ac.in](mailto:princi@cmcvellore.ac.in) on or before **June 16, 2018** for Item 1 and **June 23, 2018** for Items 2(a), 2(b), 3 and 4.

### 5. Tutor Gr.IV (Occupational Therapy) for the CMC Vellore Chittoor Campus Job Code : 1249

Qualification : BOT (Regular Course). Mode of appointment : Project mode (1 year).

Salary : As per institutional rules. Accommodation not provided

Download application from this link: <http://www.cmch-vellore.edu/> → General → Vacancies → Application Form for Project Staff. The print out of the application with certificates and testimonial copies should be sent to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 on or before **June 22, 2018** for Item 5.

### 6. Staff III Anaesthesia Technician for the CMC Vellore Chittoor Campus

Qualifications : H.Sc. with CMAI Diploma in Anaesthesia Technology (2 year course + 1 year internship).

Preference will be given to candidates having minimum of two years of experience.

Salary : As per institutional rules. Age limit : 35 years. Job description : Anaesthesia Technician.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **June 25, 2018** for Item 6.

### 7. Schieffelin Institute of Health - Research & Leprosy Centre, Karigiri invites applications for the following post : Research Associate

Qualifications : B.Tech (Mechanical) or M.Tech (CAD/CAM) with for Research Project experience in using SOLIDWORKS, ProE, ANSYS software.

Apply with bio-data along with photocopies of certificates and a demand draft for Rs.50/- in favour of "SIH-R&LC., Karigiri" addressed to the Director, SIH-R&LC., Karigiri, Pin - 632 106.

Email: [director@karigiri.org](mailto:director@karigiri.org)

Last date for receipt of applications is **June 16, 2018** for item 7.

### Facing A New Decade

The 1940's brought in big changes - the first MBBS students were enrolled; buildings for the new departments came up and new faculty were recruited as per the university affiliation regulations. Dr. Robert Cochrane, a leprologist working in Chinglepet was appointed as Principal.

Throughout the country, the powerful Quit India movement swept in ideas of more power to Indians. Several Congress leaders were arrested and many colleges organised a strike. The students of the medical college, although not active in nationalist politics, held a condolence meeting in sympathy with the arrested leaders, but did not want to strike and be idle for a day, so they chose to do some socially constructive work cleaning and rebuilding broken houses in the nearby villages. A terrible famine too swept through the land and it was the villages that were most affected. The amount of food cooked in the staff and student kitchens was considerably lessened; nothing was thrown away or wasted.

To add to the troubles, World War 2 was getting closer to the south. Evacuations were ordered in Madras. St Christopher's Teacher Training College in Madras had to close down their hostels. Dr. Scudder graciously allowed the girls to come to Vellore and share the hostel facilities with her students so that classes and the girls' futures would not be disrupted. The hospital was asked to prepare for war casualties and so patient numbers had to be lessened. The Criminal Intelligence Department from Madras had to evacuate their headquarters and Dr. Scudder offered them a home in the college campus so that their work would not be disrupted.

In the midst of all this social and political drama, the women's missionary societies which funded the women's medical college, severely opposed the idea of a co-educational college. But Dr Scudder, along with Dr. Chone Oliver from CMAI stood their ground, for they could see something which the others could not – a college that would provide not only good medical education to both men and women, but impart it with a background of the Christian values of service, compassion and integrity. It was obvious that India needed well-trained doctors to work in areas where there were none – but where would such service-minded doctors be trained? Finally members of the Vellore Council and the CMAI committee came together to support a single co-educational college that was to be *'so strong and so distinctive in its contribution to the needs of India, that its value could not be questioned by any government or medical council of the future.....The aim of the college was not just to conform to the minimum standards of university affiliation, but to go way beyond it and train students to lead in lines of research and service in rural areas and be a beacon for moral and spiritual living.'*

Many decades later, the health care of India's poor is still largely unmet. There are still areas with no health care. Many of the new medical colleges train doctors, who have no heart in serving the country's unmet needs. Celebrating the centenary is a good time to think about how we can make a difference, individually and collectively, so that we stay *'strong and distinctive'* in a fast changing India of shifting values. How do we meet these needs when surrounded by a culture of corporate medicine? How do we stay loyal to the values that once shaped us as a medical community? Every decade has faced these challenges and tried to address them. As we draw to the end of another decade, perhaps we can think seriously about these issues and pray that God will guide us with strength and wisdom to renew us.

Usha Jesudasan  
ushajesudasan@gmail.com



# CMC NEWSLINE

Vol.No.55 No.51

FOR PRIVATE CIRCULATION ONLY

JUNE 18, 2018



*The Lord is my strength and my song; he has become my salvation. He is my God, and I will praise him, my father's God, and I will exalt him. Exodus 15:2*

## 'Provider's Course' in Children's Surgical Care – A new initiative by Children's Surgical Specialities



A three day special training programme was organised by the Children's Surgical Speciality Departments on 31<sup>st</sup> May 2018, for teams of doctors and nurses from four district hospitals in Karnataka. This is the first of its kind organised by the institution with the aim to improve children's surgical care in the country.

This was preceded by a 'Train the Trainer' course, for CMC faculty by the Royal College of Surgeons, England to update the training skills of Children's surgical trainers in the Departments of Children's Orthopaedics, Surgery, Nursing and Critical Care, on 30<sup>th</sup> May, 2018. This special session included training in planning and imparting practical skills, and in giving and receiving feedback and evaluation.

On 31<sup>st</sup> May, 2018 the course was inaugurated. Dr. Sukria Nayak, Associate Director, Missions, spoke about the need for such a program and its benefit to the health systems, Dr. Nihal Thomas spoke about CMC's role in improving health care. Dr. Deepak Abraham, Associate Director, Human Resources and Dr. Ebor Jacob, Deputy Medical Superintendent lauded the efforts of the children's surgical specialities in fulfilling the training needs of children's surgical providers.

The team of faculty included Dr. Vrisha Madhuri from Paediatric Orthopaedics, Dr. John Mathai from Paediatric Surgery, Dr. Sajjan P from Anesthesia, Dr. Vinitha Ravindran from Paediatric Surgical Nursing, Dr. Ebor Jacob from Paediatric Critical Care, Dr. Mathew Joseph

### Special Prayers : June 17 - 23, 2018

#### Civil Engineering:

Mr. S. Balasubramanian and Staff

#### Planning Engineering:

Mr. V. Jayashankar and Staff

#### Mechanical Department:

Mr. Samson D. and Staff

#### Electrical Department:

Mr. S. Sukumar Solomon and Staff

#### Air Conditioning Engineering:

Mr. S. Sukumar Solomon and Staff

#### Environmental Engineering:

Mr. V. Jayashankar and Staff

#### Electronic Engineering:

Mrs. Indumathi and Staff

#### Telephone Exchange:

Mr. Ebinezar Sundarraj and Staff  
Mr. Dinesh and Staff

### CSI Rayalaseema Diocese :

#### Council Members:

Rt. Rev. Dr. B.D. Prasada Rao  
Dr. B. Wesley

Hospital: CSI Arogyavaram Medical Centre, Madanapally,  
MLL Hospital, Madanapally and others

#### Welcome :

**Dr. Jessie Lionel**, Professor, Obstetrics & Gynaecology Unit-I, on her return from sabbatical leave.

**Dr. Dharshini S.**, Associate Professor, Department of Dermatology Unit-I, on her return from study leave.

### Sunday Services : June 24, 2018

6.00 pm : **Scudder Auditorium**

Mr. Benny Prasad

6.30 pm : **Hospital Chapel**

Dr. Roshan S. Livingstone

5.00 pm : **Friendship Chapel, KPTR Campus**

Mrs. Elizabeth Pramila Caleb

from Neurotrauma and Dr. Kingsley from Plastic Surgery.

The course included emergency management of children with surgical needs, safe surgical care and

Continued on Page 2

## 'Provider's Course' in Children's Surgical Care – A new initiative by Children's Surgical Specialities

Continued from Page 1

covered common conditions affecting children such as knee deformity, clubfoot, infections and cerebral palsy, children's anaesthesia, head injury, burns and nursing. The programme was monitored by the Royal College of Surgeons England team led by Mr. Richard Stewart and the incoming president of the Global Initiative for children's surgery, Mrs. Kokila Lakhoo, RCS educator Elise Omphalos and Orthopaedic surgeon Mr. James Turner.



The focus of the training was to empower district level hospitals to handle the common surgeries of children safely and provide skills in decision making and safe transfer to the children's surgical hubs. A team of children's specialist surgeons, anaesthetists and nurses from the the Bangalore Medical College underwent training as future trainers. The trainees and trainers carried out surgical modules at CMC's Chittoor campus to simulate a district level hospital environment.

## Dedication of The Neonatal and Maternity Facilities at the CMC Vellore Chittoor, Campus



On 7<sup>th</sup> June, 2018, the dedication of the Neonatal and Maternity Facilities at the CMC, Vellore Chittoor Campus took place; coincidentally on the same day as the birth anniversary of Virginia Apgar, the pioneering anaesthetist who formulated the well known scoring system (APGAR) to prognosticate neonatal development.

The facility was inaugurated in the presence of members from Nursing Services, Neonatology and Maternity Services. The Chittoor district contributes to more than 10% of the mother and baby related services at the main town campus in Vellore. By initiation of these services at the CMC Vellore Chittoor Campus, a number of pregnant

women may be able to access services locally at Chittoor and avoid travelling thirty kilometers, across the border to avail this basic service. The Neonatal facility has the complete paraphernalia and staffing required to support ten babies in the nursery with postnatal wards which are spacious and airy. An emergency obstetric theatre is also available in addition to four, state of the art operation theatres.

The Staff of the CMC Vellore Chittoor Campus would specifically like to thank Dr. Annie Regi and her team from the Obstetric services, Dr. Niranjan Thomas and Dr. Sridhar from the neonatology services and Dr. Premila Lee from nursing services and their respective teams for their contribution towards the development and evolution of the facilities in this regard.

For videos and photographs of the event, the following links can be accessed: <https://www.youtube.com/watch?v=6sWDIUeUqnU>  
<https://drive.google.com/open?id=14cOYUVLBYBs1guO78s2kLwsJhLDphlvD>



## Memorandum

- **Mrs. Reena Rachel George**, Professor of Medical Surgical Nursing, is appointed as Additional Deputy Dean with effect from 1<sup>st</sup> July, 2018 for a four year term.
- **Dr. Kurien Anil Kuruvilla**, Professor of Neonatology is appointed as Head of Neonatology Unit-II with effect from 14<sup>th</sup> June, 2018 for a four year term.



## Retirements



**Mrs. L. Evelyn Sheeba**, Sel. Gr. Staff Clerk Gr.II, 'J' Ward retired on 30<sup>th</sup> May, 2018 after 30 years of dedicated service to the institution. She has two sons and a daughter. Her elder son, Mr. Immanuel Sydney Sunil is a dialysis nurse in Chennai, her daughter, Ms. Annie Priya Patricia is a staff nurse in Q6 South and youngest son, Mr. Dhilip Kumar is a staff nurse in Bangalore.

**Mr. D. Pichandi**, Hospital Attendant Gr.I, Directorate retired on 1<sup>st</sup> June, 2018 after 32 years of dedicated service to the institution. He has a son and daughter. His son, Mr. P. Arunkumar is a Hospital Attendant in Hospital Laundry and daughter, Ms. P. Aruna is a Nursing Auxiliary at Q3 ward.



CMC community is thankful for their years of commitment to the institution and wishes them God's blessings on their retired life.

## Obituary

**Mrs. Nascimento Avaze Barreto**, mother of Dr. Elvino Barreto Professor, Plastic Surgery, mother-in-law of Dr. Yamuna Barreto on 12<sup>th</sup> June, 2018.

Our thoughts and prayers are with the bereaved members of the family at this time of grief and loss.

## Situations Vacant

### 1. Senior Resident with M.D. (Microbiology) for the Department of Wellcome Research

Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

### 2(a) Junior Resident / Registrar (Non-PG) with MBBS / Diploma for the Department of RUHSA

Salary : As per institutional rules. Accommodation provided (Subject to availability).

### 2(b) Senior Resident /Assistant Professor with MD / MS (Family Medicine, General Medicine, General Surgery, Anaesthesia, Paediatrics, Obstetrics & Gynecology) for the Department of RUHSA

Experience : Candidates applying for Assistant Professor should have at least one year teaching experience as (Asst. Professor) in any MCI recognized teaching institution.

Salary : As per institutional rules. Accommodation provided (subject to availability).

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore – 632 002, email : [princi@cmcvellore.ac.in](mailto:princi@cmcvellore.ac.in) on or before **June 30, 2018** for Items 1, 2(a) and 2(b).

### 3. Technician Trainee for the Department of Vascular Surgery (Only male candidates need to apply).

Qualifications: H.Sc., with Science subjects. Stipend : As per institutional rules.

Age limit : 30 years. Job description : To work in the Vascular Surgery.

### 4. Optical Dispensary Trainee for the Department of Ophthalmology

Qualifications : H.Sc. (+2)., with Diploma in Optometry or equivalent. Preference will be given to candidates with good inter-personal skills and customer relationship.

Stipend : Rs.5,225/- Period of training: One year. Age limit : 30 years.

Job description : Will be trained in the running and management of Optical dispensary to improve skills in marketing and sales of spectacles.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **June 25, 2018** for Item 3 and **July 02, 2018** for Item 4.

### 5. EQA Manager (Project Mode) for the Department of Transfusion Medicine & Immunohaematology

Qualifications : MBA with Graduation in Computer Science. Consolidated salary : Rs.20,000/- per month.

Preference will be given to candidates who are well versed in using computers and web based programmes. They must have good knowledge in English language and be able to correspond with laboratories, vendors and suppliers.

Preference will be given to persons with experience in Quality management systems and NABH training as well as experience in handling large projects.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **June 23, 2018** for Item 5.



**Suggested reading : Matthew 25: 40**

The Chief of Surgery walked to each bed on his rounds talking to every patient, making them feel comfortable; his team of interns and residents followed taking down notes silently. Finally they stopped at the bed of a little girl who was to have surgery the next day. The little girl wasn't nervous at all. "See my special pin, Doctor! It will make me better," she said, pointing to a little pin on which she had put all her faith in healing.

Next morning, she was wheeled into surgery and the operation went off well. She was soon back in her room in the ward, but to everyone's surprise, she was not doing as well as was hoped. The Chief and his team came in to see her and looking through her charts and on examining her, could not find anything to hold back the healing. The girl's mother was very distraught. "Doctor, her lucky pin is missing. As long as her lucky pin was on her shirt, she was doing well. But it's gone now and my baby's dying." The girl's hand kept searching for the pin on her chest even though she was unconscious.

The Chief found out that she was wearing the pin when she was wheeled to the Operation Theatre. He checked the girl's vital signs again and walked out of the room with a grim look on his face. His team ran behind him. He had a word with someone in the hallway and then turned and took his team straight to the hospital's laundry. "Please look for a garment with the lost pin," he told his stunned team, and began going through the soiled clothes in the laundry baskets one by one himself. His team did the same and one intern gave a delighted shriek when he found it. The pin was washed and sterilized and the Chief pinned it back on the unconscious girl's gown and sat vigil. She soon opened her eyes and followed it up with a smile. After a few days she was ready to go home, well and healed.

What was it that healed her? Surely not the little metal pin - for it didn't have any magical or healing properties of its own. Why did the Chief of Surgery walk down to the laundry room to look through all the dirty linen for this one pin? Surely he didn't think that it was necessary for the girl's healing? Our story shows that he did! The little girl's faith in that pin, made it important for him too as probably the most important part of her healing process.

I retell this story, from *Rachel Remen's* book, *My Grandfather's Blessings*, as it reminds me of how we can make a difference to someone's life by just walking that extra mile and doing something for them that matters to them - no matter how silly it may seem. When we do this, it also makes a huge difference to our own lives - it raises us from the drudgery of daily routine and self-centredness, and chases away loneliness and the feeling of being disconnected to everyone around us.

**Think About This!**

All of us are capable of making simple spontaneous loving gestures - but something holds us back. Can you identify what holds you back?

Usha Jesudasan  
ushajesudasan@gmail.com

# CMC NEWSLINE

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No.52

FOR PRIVATE CIRCULATION ONLY

JUNE 25, 2018



*Is it not enough for you to feed on the good pasture? Must you also trample the rest of your pasture with your feet? Is it not enough for you to drink clear water? Must you also muddy the rest with your feet?*  
**Ezekiel 34:18**

## World Environmental Week Celebration 2018



The Department of Environmental Engineering, along with the Tamil Nadu Pollution Control Board celebrated the World Environmental Day on 5<sup>th</sup> June 2018 at the CMC Hospital premises.

The theme for this year's celebration was "Beat Plastic Pollution" with the slogan, "If you can't reuse it, refuse it".

The Chief Guest for the event was Er. Bharathidasan, District Environmental Engineer. The inaugural function was attended by Mr. Ebinezer Sundarraj, General Superintendent, Mr. Sukumar Solomon, Associate General Superintendent, Mr. Jayasankar, Superintending Engineer (Planning and Environmental), Rev. Dr. T. Arul

Dhas, Department of Chaplaincy and Mrs. Dorathy Devakirubai, Deputy Nursing Superintendent and Staff from all support services.

The Chief Guest in his address spoke about the significance and positive effects of using the 'Single Use Plastic'. He urged the audience to stop using polythene bags which are less than fifty micron in thickness.

To put words into action, Er. Kalaiselvi, A.E.E, Pollution Control Board distributed cotton bags to the Staff and led everyone to take the Environmental pledge. A 'mass Cleaning Campaign' was also organized to collect plastic waste on the Ida Scudder road from CMC Main Gate to the Jubilee Gate.

The following day witnessed a 'Mass Tree Planting' ceremony, organised by the Tamil Nadu Pollution Control Board in the College of Nursing,

**Special Prayers : June 24 - 30, 2018**

**Gastrointestinal Sciences :**

Dr. C.E. Eapen and Staff  
Mrs. Jasmin Anand and Staff

**Clinical Gastroenterology and Hepatology:**

Dr. C.E. Eapen and Staff  
Dr. Ebby George Simon and Staff  
Dr. Amit Kumar Dutta and Staff  
Mrs. Jasmin Anand and Staff

**Wellcome Trust Research Laboratory:**

Dr. C.E. Eapen and Staff

**Medical Genetics:** Dr. Sumita Danda and Staff

**CSI South Kerala Diocese**

**Council Members :**

Rt. Rev. A. Dharmaraj Rasalam  
Dr. Bennet Abraham

Hospital: CSI Medical College and Hospital, Karakonam and others

**Church Mission Society**

**Council Members:** Mr. Hugh Skeil

Mrs. Rhena Clouston

**Welcome :**

**Dr. Anuradha Chandramohan**, Associate Professor, Department of Radiology, on her return from study leave.

**Sunday Services : July 01, 2018**

6.00 pm : **Scudder Auditorium**  
Rev. Professor John Swinton

6.30 pm : **Hospital Chapel**  
Rev. Raja. L

5.00 pm : **Friendship Chapel, KPTR Campus**  
Rev. Gosparlyne Snaitang

**Days to remember :**

Anti Drug Day - June 26

Doctors Day - July 01

Continued on Page 2



Kagithapattrai Campus. One hundred and fifty saplings were planted during this event.

The Vote of thanks was delivered by Mr. Ebinezar Sundarraj, General Superintendent with an acknowledging speech that CMC would be a role model in eradicating plastic usage and will ban the usage of plastics with effect from 1<sup>st</sup> September, 2018.

## National Workshop on Plastination

The Department of Anatomy as part of its centenary celebrations hosted the National Workshop on Plastination on the 9<sup>th</sup> of June 2018.

The event was attended by sixty delegates from all over India and focussed on the process of Plastination and its uses. There was a hands-on session on 'Luminal Casting' which helped not only to disseminate the ease of setting up a plastination lab but also formed a forum for people to discuss on the scope of plastination in India.



The programme was inaugurated with a prayer by Rev. Rainard Pearson followed by a welcome address by Dr. Anna Pulimood, Principal. The Department of Anatomy would like to thank the other pre-clinical Departments, Department of Biostatistics and College Maintenance for their constant support .

## Retirements



**Mr. S. Alphons Savior**, Sr. Gr.II Clerk-Typist, Clinical Epidemiology Unit retired on 2<sup>nd</sup> June, 2018 after 27 years of dedicated service to the institution. His wife, Mrs. Deva Sena is a Secretary in the Department of Obstetrics and Gynaecology, Unit-V.

**Mrs. Juliet Nesamanormani**, Sr. Multipurpose Health Worker retired on 2<sup>nd</sup> June, 2018 after 27 years of service to the institution. She worked in RUHSA (Rural Unit for Health and Social Affairs) Department. Her husband, Mr. Roswan works in ICF Indian Railways, Chennai. Her elder son, Mr. Dass Prakash Yesupatham works as Systems Analyst in Hyderabad and youngest second son, Mr. Christopher has completed B.A. in English Literature.



**Mr. G. Ashok Kumar**, Sr. Sel. Gr.I Audio Visual Assistan, Curriculum Office retired on 4<sup>th</sup> June, 2018 after 33 years of dedicated service to the institution. He has two daughters and a son. His elder daughter, Ms. A. Yamuna is a Staff Nurse in A3 Ward, youngest daughter, Ms. G.A. Sudha is a Staff Nurse in M.H.C. and son Mr. A.K. Gunasekaran is a third year B.A. (English) Student.

## Obituary

**Mr. Elvis Anand M.**, Staff Technician, Grade II ( TSSU, Main OR), has gone to be with the Lord on 7<sup>th</sup> June, 2018. He is survived by his wife, Mrs. Mythili, Charge Nurse in N2 ward and two sons. Our thoughts and prayers are with the bereaved members of the family at this time of grief and loss.





## Notification : Admissions Open for MBA in Hospital & Health Systems Management

MBA in Hospital & Health Systems Management is a four-semester programme conducted in collaboration with Birla Institute of Technology & Science (BITS), Pilani, Christian Medical College (CMC), Vellore and Bombay Hospital, Mumbai. BITS, Pilani is an all-India Institute for higher education and operates several other collaborative programmes with many industries across the country directed towards their HRD needs.

**Eligibility:** Employed professionals in the healthcare industry, holding an Integrated First Degree of BITS Pilani or its equivalent/MBBS or its equivalent, with at least one year of relevant work experience. Professionals having a 3 year undergraduate degree along with postgraduate qualifications in medical, alternative medical, paramedical, healthcare management, and allied fields may also apply with sponsorship from employers.

**Programme Structure:** This programme is conducted in collaboration with Christian Medical College, Vellore and Bombay Hospital, Mumbai. Hospital immersion component session will be held in Vellore and Mumbai during the third semester for 10 days each. The travel, boarding and lodging expenses for attending the Hospital immersion component will have to be borne by the candidate.

**Admission:** Admissions are administratively handled by the office of BITS, Pilani and selection is by a committee comprising members from all three institutions. Prospective candidates can apply by accessing the following: [http://www.bits-pilani.ac.in/!Admissions! Work Integrated Learning Programme! Programmes for individuals! MBA in Hospital & Health Systems Management! Apply now](http://www.bits-pilani.ac.in/!Admissions!Work%20Integrated%20Learning%20Programme!Programmes%20for%20individuals!MBA%20in%20Hospital%20&%20Health%20Systems%20Management!Apply%20now). For further details, contact the Department of Hospital Management Studies & Staff Training and Development (Contact No: 3535)

*The last date to apply for MBA in Hospital & Health Systems Management is 6<sup>th</sup> July, 2018.*

## Situations Vacant

**1(a) Assistant Professor Gr.II with MD (Psychiatry) for the Department of Psychiatry Unit-II**

Experience : Should have at least one year teaching experience as (Asst. Professor) in any MCI recognized teaching institution. Salary : As per institutional rules. Accommodation provided (subject to availability).

**1(b) Senior Resident with MD (Psychiatry) for the Department of Psychiatry Unit-II**

Salary : As per institutional rules. Accommodation provided (subject to availability).

**2. Tutor Gr. IV with BPT Graduate IAP recognized College / University.** Should have completed 6 months of compulsory internship on or before 31.05.2018 for the **Department of Physical Medical and Rehabilitation (PMR).** Experience : Less than 4 years after Internship completion. Age limit : Below 30 years.

Salary scale : Approximately gross salary : Rs. 28,300/- per month. Accommodation not provided.

**3. Assistant Professor Gr.I with M.Ch.(Urology) for the Department of Urology-II**

Salary scale : As per institutional rules. Accommodation Provided (Partly Furnished, Depending on availability).

**4(a) Assistant Professor with M.S. (E.N.T.) for the Department of E.N.T. UNIT-V**

Experience: Should have at least one year teaching experience as (Asst. Professor) in any MCI recognized teaching institution. Salary: As per institutional rules. Accommodation provided (Subject to availability).

**4(b) Senior Resident with M.S.(E.N.T.) for the Department of E.N.T. UNIT-V**

Salary : As per institutional rules. Accommodation provided (Partly furnished, Depending on availability).

**5(a) Assistant Professor Gr.II with MD (Paediatrics) for the Department of Community Health**

Experience : Should have at least one year teaching exp as (Asst. Professor) in any MCI recognized teaching institution.

Salary : As per institutional rules. Accommodation provided (Subject to availability).

**5(b) Senior Resident with MD (Paediatrics) for the Department of Community Health**

Salary : As per institutional rules. Accommodation provided (Subject to availability).

**6(a) Assistant Professor with M.S.(General Surgery) for the Department of General Surgery Unit-III**

Experience : Should have at least one year teaching exp as (Asst. Professor) in any MCI recognized teaching institution. Salary : As per institutional rules. Accommodation provided (Subject to availability).

**6(b) Senior Resident with M.S.(General Surgery) for the Department of General Surgery Unit-III**

Salary : As per institutional rules. Accommodation provided (Partly furnished, Depending on availability).

**7(a) Assistant Professor Gr.II with MD (Paediatrics) for the Department of Paediatrics-III**

Experience : Should have at least one year teaching exp as (Asst. Professor) in any MCI recognized teaching institution. Salary : As per institutional rules. Accommodation provided (Subject to availability).

**7(b) Senior Resident with MD (Paediatrics) for the Department of Paediatrics-III**

Salary : As per institutional rules. Accommodation provided (Subject to availability).

**8(a) Assistant Professor Gr.II with MD (Psychiatry) for the Department of Psychiatry Unit-III**

Experience : Should have at least one year teaching exp as (Asst. Professor) in any MCI recognized teaching institution. Salary : As per institutional rules. Accommodation provided (Subject to availability).

**8(b) Senior Resident with MD (Psychiatry) for the Department of Psychiatry Unit-III**

Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

**9. Tutor Gr.IV with BOT (Regular Course) Developmental Paediatrics Unit**

Salary scale : As per the institutional rules. Accommodation not provided.

**10. Associate Research Officer IV with M.Sc. (Medical Physics) from AERB recognised University / College or PG Diploma in Radiation Physics (DipRP) from BARC for the Department of Radiation Oncology**

Salary scale : As per Institutional rules. Accommodation not provided.

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore – 632 002, email : [princi@cmcvellore.ac.in](mailto:princi@cmcvellore.ac.in) on or before **June 30, 2018** for Items 1(a), 1(b) and **July 04, 2018** for Item 2 and **July 07, 2018** for Items 3, 4(a), 4(b), 5(a), 5(b), 6(a), 6(b), 7(a), 7(b), 8(a), 8(b), 9 and 10.

**11. Senior Research Fellow for the Department of Medical Oncology****Job Code : 1250**

Qualification : GATE/NET qualified M.Sc. in life sciences (preferably Biotechnology) or M.Sc. in life sciences with two years of research experience in a Government of India funded project.

Mode of appointment : Project mode (1 year). Age : Below 40 years.

Salary : As per norms of the DST. Accommodation not provided.

Download application from this link: <http://www.cmch-vellore.edu/> → General → Vacancies → Application Form for Project Staff. The print out of the application with certificates and testimonial copies should be sent to either by soft copy (Email: [princi.hr@cmcvellore.ac.in](mailto:princi.hr@cmcvellore.ac.in)) or by hard copy to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 on or before **July 06, 2018** for Item 11.

*Note : Please mention the Job Code in the application form. The application without Job Code will not be accepted.*

**12. The Centre for Stem Cell Research (CSCR) (a unit of inStem, Bengaluru) & Christian Medical College, Vellore, Invites applications for the following posts to work in the area of gene therapy and stem cell technology.****12(a) Post Doctoral Fellow for the Department of Centre for Stem Cell Research****Job Code : 1251**

Qualification : Ph.D. in Life Sciences with experience in stem cell biology and gene therapy or cell and molecular biology will be desirable.

Mode of appointment : Project mode. Salary : As per institutional rules. Accommodation not provided.

**12(b) Junior Research Fellow (Five Posts) for the Department of Centre for Stem Cell Research****Job Code : 1252**

Qualification : M.Sc. in Life Sciences / Chemical Sciences with minimum of 55% of marks. Preference will be given to the candidates with CSIR / UGC / DBT / ICMR Junior Research Fellowships.

Mode of appointment : Project mode. Salary : As per institutional rules. Accommodation not provided.

For more details of the position and application form visit <http://www.cscr.in/research-opportunities.php>

Please send us the duly filled application mentioning the Job Code either by soft copy (Email to: [cscredu@cmcvellore.ac.in](mailto:cscredu@cmcvellore.ac.in)) or by hard copy address to the Principal, Christian Medical College, Bagayam, Vellore - 632 002, Tamil Nadu on or before **July 16, 2018** for Items 12(a) and 12(b).

**13. Schieffelin Institute of Health - Research & Leprosy Centre, Karigiri invites applications for the following post Nursing Tutor Gr.IV. Qualifications : B.Sc. Nursing with 2 years experience (Only female candidates need to apply).**

Apply with bio-data along with photocopies of certificates and a demand draft for Rs.50/- in favour of "SIH-R&LC., Karigiri" addressed to the Director, SIH-R&LC., Karigiri, Pin - 632 106.

Last date for receipt of applications is **June 30, 2018** for item 13.

# Special Issue

Vol.No.55 No.12

FOR PRIVATE CIRCULATION ONLY

JUNE 25, 2018



## *Living Our Legacy* **Ordinary Lives, Extraordinary People**

With the growth of the newly established medical college, there was the need for well - trained faculty who would not only teach students the art of medicine, but also guide and shape them with the Christian values of compassion and service. Dr. Scudder was lucky to find Dr. Robert Cochrane, a dedicated leprologist already working near Vellore who agreed to come as Principal. Dr Cochrane began 'collecting' his team - Dr. John Carman for the Department of Surgery, Dr. Draper for Pharmacology, Dr. Edward Gault for Pathology, Dr. Mrs. Gault for Ophthalmology, and Dr. Bernadine Siebers for ENT. By 1948, 14 more senior staff joined the college, including, Dr. Paul Brand, Dr. Reeve Betts, Dr. Gwenda Lewis, Dr. Victor Rambo, and Dr. Howard Sommervell. Each of them brought a unique gift to Vellore – themselves – as highly principled and disciplined people, but also deeply compassionate with a sense of fun. Each of them left lasting legacies which are remembered and talked about today. All these people made the college a happy place to be. They came from different places with different accents and yet were soon comfortable speaking a few words in Tamil. *Vanakum! Nandri! Vendam!*

The students too were happy to be in Vellore as the college was fast gaining in reputation. The staff and student community was held together by daily times of prayer, fellowship, games, music and singing, and coming together for meals and recreation. Every Monday morning, Dr. Scudder would read out the famous Chapter 13 of I Corinthians - on love, and each student would have to put in his/ her name in place of love so it would be '*Geetha is kind / Mary is patient.....*' and so on. One of the early students remembers that this particular exercise done every Monday over a period of five years '*instilled in one's brain....be kind....be gentle ....be loving...etc. and these words would jump at me at times when I needed them most, not only then, when I was a student, but for many years after that.*'

One of CMC's hallmarks of this decade { the 1940's } was this community based living – students and faculty together – playing, praying, singing, worshipping, learning and working together. In no other medical college of the time was this done. This was also the attractiveness of studying medicine in Vellore.

Today, as we think about '*living our legacy*', it is about learning from the past, living those lessons and truths handed down to us now, and maintaining and passing them down to future generations. Many of those who gave us our legacy of values were very ordinary people, who somehow made their lives extraordinary by the way they lived. Perhaps there is no one left in CMC today who remembers a ward aide called Subhamma. Subhamma was the one who looked out for newcomers – whether they were nurses, medical students or just new staff. She knew that the first time away from home would be an ordeal, so she would befriend anyone new with a smile, and an invitation to her home. She would bring extra portions of her idlis and chutneys or tasty lemon rice for busy interns and nurses. She always had a flask ready to run for a cup of tea for those who worked through the night. At work she was a thorough professional – her floors were the cleanest. After duty hours, one would often find her sitting quietly beside patients who did not have care givers, tending to their needs. What a legacy she left behind of thorough professionalism, compassion and service.

As we reflect on the many legacies we have received during the past one hundred years, let us also think about what we would be leaving behind. What would each one of us want to be remembered for?

Usha Jesudasan  
[ushajesudasan@gmail.com](mailto:ushajesudasan@gmail.com)



# CMC NEWSLINE

Vol.No.56 No.01

FOR PRIVATE CIRCULATION ONLY

JULY 02, 2018



*"The Lord is my rock, my fortress and my deliverer; my God is my rock, in whom I take refuge, my shield and the horn of my salvation. 2 Samuel 22:2*

## Workshop on Developing a Protocol for a Cochrane Systematic Review organized by Cochrane South Asia



Cochrane South Asia organized a Workshop on Developing a Protocol for a Cochrane Systematic Review from 11<sup>th</sup> to 15<sup>th</sup> June, 2018 at the IRB Meeting Hall, Bagayam Campus.

During the past twenty years, Cochrane has helped to transform the way health decisions are made. So far this year, 90% of the 2016 WHO guidelines contain Cochrane Evidence.

The participants for this workshop included medical professionals from the BP Koirala Institute of Health Sciences, Nepal, Goa Dental College and Hospital, King George's Medical University, Lucknow, Army Hospital Research and Referral, Delhi Cantt, Delhi Technological University, PGIMER, Chandigarh, Bansal Hospital, Bhopal and Katuri Medical College and Hospital, Guntur.

The sessions during the five days were designed to provide an

initiation to the concept of evidence-informed healthcare, the wide role of systematic reviews in healthcare provision, and the steps involved in getting started with a Cochrane systematic review.

The training provided on developing a search strategy, using of reference management software, and 'RevMan' software were well appreciated by the participants. The series of lectures were conducted by Retd Professor. Prathap Tharyan, Professor Thambu David, Dr. Akhil Abhijnhan, Richard Kirubakaran and Jabez Paul Barnabas from Cochrane South Asia.

For more details on Cochrane the following link can be visited <http://www.cochrane.org/news/use-cochrane-reviews-inform-who-guidelines>; and for upcoming workshop schedules, the details are provided in the link given below: <http://southasia.cochrane.org/training>

*Special Prayers : July 01 - 07, 2018*

**Dietary :**

Mr. Ebinezer Sundarraj and Staff  
Ms. Manimegalai B. and Staff

**Dermatology :**

Dr. Susanne A. Pulimood and Staff  
Dr. Renu E. George and Staff  
Mrs. Ilavarasi Jesudoss and Staff

**Assemblies of God in North India**

**Hospital:** Mission of Mercy Hospital and Research Centre, Kolkata

*Sunday Services : July 08, 2018*

6.00 pm : **Scudder Auditorium**  
Dr.Barney Isaac

6.30 pm : **Hospital Chapel**  
Dr.Rabi Raja Singh

5.00 pm : **Friendship Chapel, KPTR Campus**  
Dr.Rabin Chacko

**Memorandum**

**Dr. Vinay Timothy Oommen**, is appointed as Vice Principal(UG) with effect from 3<sup>rd</sup> July, 2018 for a four year term.

**Welcome :**

**Dr. Suresh Roland Devasahayam**, Professor, Department of Bio-engineering, on his return from sabbatical leave.



## Workshop on 'Motivational Interviewing'

The CME Department in association with Psychiatry Unit-II conducted a half day Workshop on “Motivational Interviewing: A Clinician’s guide to changing health Behaviour” on Saturday, 16<sup>th</sup> of June, 2018. The four hour scientific programme was conducted with the aim to help participants define the strategies, inculcate the techniques and demonstrate the skills required in performing Motivational Interviewing in routine clinical practice.

The workshop was attended by hundred participants across various clinical, paramedical and nursing specialties. The Workshop emphasized on transforming shared knowledge of motivational interviewing techniques into actual clinical practice by showing recorded video interactions between consenting patients and their therapists. The workshop ended with an interactive role play session in which the participants volunteered to practice the skills demonstrated in the workshop on hypothetical case scenarios. The workshop was well received by the participating students and faculty alike.

## Congratulations!

• **Dr. Meena Supriya S.**, Postgraduate Fellow, Medical Genetics has won the first place in the quiz programme conducted for "Lysosomal Storage Disorders" at the CME by Fetal Care Research Foundation and Voluntary Health Services Hospital, Chennai.

## Retirements



**Mr. C. Erusappan**, Sr. Gr.II Driver, RUHSA retired on 5<sup>th</sup> June, 2018 after 38 years of dedicated service to the institution. He has two sons and a daughter. His elder son, Mr. Premnath is a Hospital Attendant in SICU, his daughter Ms. Ria Pramila is a Multipurpose Health Worker in Paediatrics Department and youngest son, Mr. Praveen Backiaraj is a Hospital Attendant in O4 Ward.

**Mrs. D. Jessiekumari**, Sr. Hospital Attendant, O Block retired on 5<sup>th</sup> June, 2018 after 37 years of dedicated service to the institution. She has two sons and a daughter. Her elder son, Mr. L. Manoj Kumar is an X-Ray Technician in JIPMER Hospital, Pondicherry, second son, Mr. L. Vinoth Kumar is a Technician in the Department of General Pathology and daughter, Mrs. Reena is a Lab Technician in Clinical Pathology.



**Mrs. Savithri Vedamuthu**, Charge Nurse Gr.II retired on 8<sup>th</sup> June, 2018 after 25 years of dedicated service to the institution. She completed her General Nursing in Midwifery at the MLL Hospital, Madanapalli and joined CMC in 1988 as a Staff Nurse. In the year 2001, she completed her PBB.Sc. and was promoted as a Charge Nurse in 2002. She was working in S Extension as Charge Nurse till her superannuation. She is known for her constant hard work and keen interest in patient care. Her husband Mr. Vedamuthu is a retired TNTC staff. they have a son and two daughters, Mr. Isaac Samuel, Mrs. Glory Emima and

Miss. Grace Esther.

CMC community is thankful for their years of dedication and commitment to the institution and wishes them God’s blessings on their retired life.

## Obituary

**Mr. J.H.V.Thomas**, retired staff, Sr.Sel.Gr.Medical Record Technician, husband of late Mrs.Hepzhibha, Secretary, Directorate on 22<sup>nd</sup> June 2018. Let us uphold his son Mr.T.Jebakumar, grand daughter Mrs.Annie Evangeline, Staff Nurse in CHAD and all the bereaved members of the family in our prayers.

## Upcoming Event : Centenary of Medical Education

**Third Luminary Lecture:** Mr. Palagummi Sainath, 2007 Ramon Magsaysay Recipient, and Founder-Editor, People’s Archive of Rural India      **Date :** Wednesday, July 4, 2018      **Time :** 6.00 pm.

**Venue :** Scudder Auditorium, CMC Bagayam Campus

**Please Note :** Buses will leave Kagittapatarai Campus at 4.45 pm via ASHA Building. Please be seated by 5.30 pm. Refreshments will be served at 5.30 pm.

## Situations Vacant

### 1(a) Assistant Professor with M.S. (E.N.T) for the Department of E.N.T. Unit V

Experience : Should have at least one year teaching experience as (Asst. Professor) in any MCI recognized teaching institution. Salary : As per institutional rules. Accommodation provided (subject to availability).

### 1(b) Senior Resident with M.S. (E.N.T) for the Department of E.N.T. Unit V

Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability). Desirable : Preference will be given for those who have 2 years work experience in Laryngology.

### 2. Senior Demonstrator (Non Medical) for the Department of Transfusion Medicine & Immunohaematology:-

**Area of work** : Immunogenetics lab of Christian Medical College, Vellore. This lab provides HLA and Immunogenetics services to the CMC Hospital. **Qualification** : M.Sc., in Biochemistry, Molecular Biology, Medical Microbiology and Genetics. Preference will be given to candidates with demonstrable hands-on experience with molecular and HLA techniques.

**Salary** : As per institutional rules **Accommodation** : Not provided

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore – 632 002, email: [princi@cmcvellore.ac.in](mailto:princi@cmcvellore.ac.in) on or before **July 07, 2018** for Items 1(a) and 1(b) and **July 11, 2018** for Item 2.

### 3. Research Officer (NM) for the Department of Clinical Microbiology

**Job Code : 1253**

Qualification : M.Sc. Biotechnology with experience in Bioinformatics.

Mode of appointment : Project mode. Age : Below 35 years.

Salary : As per institutional rules. Accommodation not provided.

### 4. Research Fellow(Two Posts) for the Department of Wellcome Research

**Job Code : 1254**

Qualification : M.Sc. Medical Microbiology /Medical Biochemistry/Medical Lab Technology/Microbiology/ Applied Microbiology

Mode of appointment : Project mode. Salary : As per institutional rules. Accommodation not provided.

Download application from this link: <http://www.cmch-vellore.edu/> →General →Vacancies →Application Form for Project Staff. The print out of the application with certificates and testimonial copies should be sent to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 on or before **July 05, 2018** for Item 3 and **July 13, 2018** for Item 4. *Note : Please mention the Job Code in the application form. The application without Job Code will not be accepted.*

### 5(a). Staff II Medical Lab. Technician for the Department of Clinical Virology.

Qualifications : - B.Sc., with CMAI Diploma in Medical Lab. Technician Course (2 Years) or B.Sc., MLT

### 5(b). Staff III Virology Technician for the Department of Clinical Virology

Qualifications : B.Sc., with One year Diploma in Virology Technician Course.

Salary Scale: - As per rules Age Limit 35 years Job Description: To work in EQAS Project.

### 6. Staff III Pharmacist for the Department of Pharmacy Services.

Qualifications : D.Pharm / B.Pharm. Candidates with Typing and Computer skills will be preferred.

Appointment will be given only for pharmacists who have registered in the Tamil Nadu State Pharmacy Council and who are doing or completed 1 year of traineeship in the Department of Pharmacy.

Those who applied in the last one year need not apply. Salary Scale: - As per institutional rules.

Age Limit : 35 years. Job Description: Dispensing of Drugs, Charging the prescription and receiving cash.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu> Link: "Vacancies". Note : Only online applications will be accepted; Hard copies will not be accepted.

Applications will close on **July 09, 2018** for Items 5(a) and 5(b) and Item 6.

Continued on Page 4



**7(a). Staff III Dietitian (Project) for the Department of Paediatrics Unit III****Qualifications :** - B.Sc., with PG Diploma in Dietetics

Salary Scale: - As per rules    Age Limit : 35 years    Job Description: To work in Project.

**7(b). Staff II Respiratory Therapist (Project) for the Department of Paediatrics Unit III.****Qualifications :** - B.Sc., with PG Diploma in Respiratory Therapy Course or B.Sc., Respiratory Therapy Course.

Salary Scale: - As per rules    Age Limit: 35 years    Job Description: To work in Project.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". Note : Only online applications will be accepted; Hard copies will not be accepted.

Applications will close on **July 08, 2018** for Items 7(a) and 7(b).**8(a). Staff III Graduate Technician for the Department of General Pathology****Qualifications :-** B.Sc., MLT/ B.Sc., with Medical Laboratory Technology (CMAI)**8(b). Staff III Histopathology Technician for the Department of General Pathology****Qualifications :-** Graduate in Life Science with PG Diploma in Histopathology

Age Limit: 35 years    Salary scale: As per rules

Nature of Job : Histopathology – Tissue processing, Section cutting and staining.

**9. Graduate Technician Trainee (Project) for the Centre for Stem Cell Research****Qualification:** B.Sc., in Life Sciences with minimum 55% marks

Age Limit : 30 years    Stipend : - As per rules

Job Description: To work in a gene therapy and iPSC technology.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". Note : Only online applications will be accepted; Hard copies will not be accepted. Applications

will close on **July 16, 2018** for Items 8(a) , 8(b) and item 9.**10. Administrative Assistant Gr.V (Project Mode) for the Department of Paediatrics Unit III****Qualification:** Graduate +1 year PGDHA    Salary : As per institutional rules**11. Field Worker (Project Mode) for the Department of Community Health****Qualification:** +2 Pass    Age limit: 30 years and below

Salary : As per institutional rules

\*Previous experience in Research project as Data Collector will be given preference

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". Note : Only online applications will be accepted; Hard copies will not be accepted. Applications

will close on **July 08, 2018** for Item 10 and **July 07, 2018** Item 11.**12. Staff Nurse B.Sc (Project) for the Department of Paediatrics Unit III****Qualification :** B.Sc NursingApply to the Dean, College of Nursing with Biodata, Photograph, Certificates, Testimonial/s and references on or before **July 08, 2018** for Item 12.

# Special Issue

Vol.No.56 No.02

FOR PRIVATE CIRCULATION ONLY

JULY 09, 2018



## The Identity of Christian Medical College *Seven Marks of a Christian Community*

When the lot fell upon Prophet Jonah, the mariners asked him, “*What is your occupation? And whence do you come? What is your country? And of what people are you?*” (Jonah 1:8). Jonah had to declare his full details without hiding. One’s identity is a crucial thing when we live with others. Not only as individuals, but also as an institution, when people ask us “*Who are we? What is our origin? What is our nature? What is our destination?*” and questions such as these, we are required to answer plainly.

Who are we? What is our nature? Where do we come from and where are we going? Do we know? As there are about 9500 staff members, are we fairly clear about our identity? How do we identify or recognize a Christian Community? As a Christian community, how does Christian Medical College show itself to the world?

I would like to highlight the following seven characteristics as the identity of our institution. I wonder whether we would like to identify ourselves like something similar.

**1. Scripture Based:** Our motto clearly is scripture based, rather a direct quote from the Gospels. “*Not to be ministered unto but to minister*” (Mark 10:45). Our training involves Scripture training in the form of Bible classes. The nurture of our staff includes Scripture based reflection like *Maitri* at the centre of its formation. Scripture plays a central role in the way we care for people. We see our healing ministry as a mandate given by the Scripture. Therefore, it looks natural to say that CMC is a Scripture based community.

**2. Christ Centred:** In our mission statement, we have highlighted that the ministry of healing that we do in CMC is done in the Spirit of Christ. What does it mean to say that we act in the Spirit of Christ? Do we ask a question every now and then “*What would Jesus do in a specific situation?*”? Do we consider that all our discussions, deliberations and decisions are done in the Spirit of Christ? Will an ordinary patient, with no recommendation or reference, receive compassionate treatment in our portals, whether he is rich or poor? It is on that day someone can recognise us as a Christ Centred community.

**3. Prayer Filled:** We pray for new equipment, we pray for every patient who comes here for treatment, and we pray for all the students and staff of CMC. One staff member narrated his experience. When a major surgery had to be performed on a patient, different team members of the unit came and did their part. This staff member also did whatever was expected of him and as he leaving the patient’s room, he said, “*God will take care of you and the procedure*”. Immediately, the patient asked, “*Sir, are you all trained to say this? The nurse said this, the doctor said this, and the technician too.*” The staff recounted how the patient was so reassured that everything is done here prayerfully.

#### **4. Mission Focused:**

When Dr. Ida began this institution, she trained people so that they could be sent out to minister. For decades, we have been following this tradition so that many small and big hospitals in our land receive professionals trained in CMC. Our training is done with the focus of missions. Mission (going out) is done on the pattern of Christ who sent his disciples to build the Kingdom of God. We are training here not to sit and consolidate ourselves, but to heal and strengthen others and other places of healing. If our training is not mission focused, we need to redesign our curriculum. The mission of God we are involved is *healing of nations*.

**5. Poor Biased:** Our mission statement has a clear stand regarding our bias towards the poor and marginalised. It has to be articulated clearly, since many missions in our times are for those who have resources. But we have chosen to side with the poor and marginalised by giving them concessions and considerations. The percentage of budget allotted every year is indicative of our commitment to those who are without sufficient resources. The sad part of the story is that some of us tend to think that the poor are a hindrance for our mission. Rather, they are the reason for our mission. When they don't come to us for different reasons, we are impoverished. (It is possible that we systematically exclude them from our presence) We are impoverished by their absence amongst us. We miss out the lessons they might be teaching us and our students in life and specifically in building the Kingdom of God.

**6. Justice Motivated:** Justice is a common theme we see in many of the Parables of the Kingdom by Jesus. God's justice is sometimes different from what we think is justice. The parable of workers employed at different times is a powerful one to understand how our justice sometimes is different from the way God thinks. His justice is not right based, but grace based. It might involve even suffering for the sake of others.

**7. Excellence Driven:** Excellence is defined by relevance. It is giving the best in the context of limited resources. It is being open and transparent when there is big push to overpower and boast. It is not being complacent about some good work we have done, rather looking for better things for God's kingdom. It is being compassionate even if the whole world is focusing on what they will get out of any situation.

The disciple of Jesus - Apostle Thomas- demanded to see the identity of Jesus to verify His resurrection. Jesus was willing to show the marks on His hand and on His side as the mark of a loving compassionate Lord. Maybe as a Christian community, CMC is asked to show its marks. What are our marks we can show to others as a community committed to the suffering Christ?

*Rev. Dr. Arul Dhas  
Chaplain*



# CMC NEWSLINE

Vol.No.56 No.02

FOR PRIVATE CIRCULATION ONLY

JULY 09, 2018

*The Lord is my shepherd, I shall not be in want. He makes me lie down in green pastures, he leads me beside quiet waters, he restores my soul. Psalm 23: 1-2*



## World Blood Donor Day Celebrated



**D**onating Blood is one of the most significant donations a person can make, which can save lives on a daily basis. Every year, on June 14<sup>th</sup> the birth day of Dr. Karl Landsteiner who first distinguished the blood groups, World Blood Donor Day, is celebrated. The theme for the year 2018 was “Be there for someone else, Give blood, Share life”, with the focus to draw attention to the roles that voluntary donation systems play in generating social ties towards a united community. The event was organised by the Department of Transfusion medicine and Immuno-haematology to promote repeat voluntary non-remunerated blood donation as it ensures safe blood with minimum risk to the recipient.

Several activities were organised as part of this event. Two voluntary

blood donation camps were organised; one at Joyalukkas on Officer’s Line and the other at Sri Venkateshwara Polytechnic College, Addukkambarai, with a participation of twenty five and fifty five donors respectively. At the hospital campus another camp was organised on 15<sup>th</sup> June where eighty four donations were procured by the Blood Bank.

As a commemoration of the programme, a Repeat Voluntary Blood Donor Appreciation meeting was held on 16<sup>th</sup> June, 2018 at the Grace Koshy hall. The welcome address was given by Dr. Joy Mammen, Head of the Department of Transfusion Medicine and Immuno-haematology. He said that CMC blood bank needs at least one hundred and fifty donors on a daily basis in order to meet clinical demands. 20% of all camp donations were also being shared with the

*Special Prayers : July 08 - 14, 2018*

*General Pathology : Dr. Vivi Miriam Srivastava  
and Staff*

*Forensic Medicine : Dr. Noel Malcolm Walter  
and Staff*

*Cytogenetics : Dr. Vivi Miriam Srivastava  
and Staff*

*Council of Baptist Churches in North East India  
Council Members : Rev. Dr. Solomon Rongpi  
Dr. Lucita Momin*

*Hospital : Satribari Chran Hospital,  
Guwahati*

*Johart Christian Medical Centre*

*Tura Christian Hospital*

*Evangelical Mission Hospital, Tilda*

*Christian Hospital, Berhampur and others*

*Eastern Regional Board of Health Services  
Council Members : Dr. Ajit G. Singh  
Mr. Milind Gude*

*Hospital : Evangelical Hospital, Khariar*

*Christian Hospital, Mungeli and others*

*Friends of Vellore, U.K.*

*Council Members : Dr. Ajit Butt  
Mrs. Ruth Tuckwell*

*Sunday Services : July 15, 2018*

*6.00 pm : Scudder Auditorium  
Rev. Dr. Peter Singh*

*6.30 pm : Hospital Chapel  
Dr. Edmond Jonathan*

*5.00 pm : Friendship Chapel, KPTR Campus  
Dr. Deepak Abraham*

*Day to remember :*

*World Population Day - July 11*

*Welcome:*

*Dr. Jyoti Panwar Professor, Department of  
Radiology on her return from study leave.*

*Continued on Page 2*

Government Vellore Medical College Hospital. During this meeting, all voluntary blood donors who had donated frequently in the last three years at CMC Blood bank were recognized with a certificate and memento followed by lunch. Mr. Ebenezer Sundarraj, General Superintendent, presented the awards and Dr. Biju George, Vice Principal Research felicitated the gathering and thanked the donors. The team at Blood bank was recognized for its continuing efforts to ensure safe blood for our patients and the community. The event was a great endeavour. The department and the institution is grateful to the staff of the departments of Welcome Research, Clinical Microbiology, Accounts, students from different courses for their contribution and the its organizers for their continuous support and dedication.

## Mission Hospital Visit and Internship Programme for Hospital Management Students



The Department of Hospital Management Studies & Staff Training and Development's third Mission Hospital visit and internship programme for Hospital Management students (FHA) was planned and scheduled in Christian Medical College, Ludhiana between May 7<sup>th</sup> to 8<sup>th</sup> 2018 to and May 15<sup>th</sup> to 19<sup>th</sup> 2018. This mission consultation was based on the request by Dr. Sudhir Cecil Joseph, Director St. Stephen's New Delhi during the Board meeting

of CMAI in New Delhi to Dr. Samuel N.J. David, Sr. Manager (Mgt. Studies & HR) & Department Head and Chairperson of Admin. Section CMAI.

The CMC team was warmly welcomed by Dr. William Bhatti, Director CMC Ludhiana (PG Alumni of CMC Vellore) and his entire team. Christian Medical College Ludhiana was the first medical training facility for women in Asia and was started in 1894 by Dr. Edith Mary Brown, an English missionary doctor. A team of 6 members comprising of Dr. Samuel N.J. David, his staff and students namely, Ms. Sonia Valas, Officer (Admin), Mr. Ronald Simon, GM Officer, Mr. Arun Benet Samuel, FHA student, Mr. Chandan Mondal, FHA Student and Dr. Priyanka Bhadoria, former PGDHA Student proceeded to CMC Ludhiana. The first visit primarily focused on Gap analysis for NABH entry level where only 2 members had visited. The second visit completely focused on the NABH implementation, a detailed audit on pharmacy services and reengineering of various processes in the hospital. It was indeed a wonderful learning experience and an opportunity to serve, for which the department is grateful to God and CMC Vellore Administration.



## Notifications

- **Website Designers** required: We invite expressions of interest from suitably experienced persons and organisations to help us design, develop and implement a donations website integrated with the existing CMC Website and making use of existing payment gateways used by CMC Vellore. The website will use a suitable content management system, so that content changes can be made in house. We have a tight timetable, looking for a working system to be operational by 1<sup>st</sup> August. Further projects involving an integrated donor/contact relationship management system will be considered following successful implementation of the donations website. Please contact the Development Office, [dev.office@cmcvellore.ac.in](mailto:dev.office@cmcvellore.ac.in) phone : 0416-228 3509 for further details and to discuss our requirements before preparing a quotation. Quotations must be submitted by **17<sup>th</sup> July**.
- **Applications are invited from candidates interested in applying for Institutional Recommendation for (D.M. / M.Ch.-2018 session) as Minority Network Candidates in the following specialities:**

**DM Cardiology, DM Clinical Haematology, DM Critical Care Medicine, DM Endocrinology, DM Gastroenterology, DM Hepatology, DM Nephrology, DM Neurology, DM Clinical Immunology & Rheumatology, M.Ch. Cardio Thoracic Surgery, M.Ch. Endocrine Surgery, M.Ch. Hand Surgery, M.Ch. Plastic and Reconstructive Surgery, M.Ch. Urology, M.Ch. Vascular Surgery, M.Ch. Hepato-Pancreato-Biliary Surgery, M.Ch. Gynaecologist Oncology and Chittoor Campus for - DM Endocrinology, DM Gastroenterology, M.Ch. Urology.**

Application forms for recommendation are available from Principal's Office (Mr. Mohan / Mr. Senthil Kumar) or from the concerned Departments. Kindly apply in **DUPLICATE** to the Head of the Department **AND** Principal by **10.07.2018**. The decision of the CMC Recommendation Committee will be communicated to the candidates by **14.07.2018**. If you do not receive the same by the said date, please contact Vice Principal's Office (PG).

**Memoranda**

- **Mr. Barkos Warjri** is appointed as Chairman-CMCVA for the year 2018-2019 from 1<sup>st</sup> July, 2018.
- **Dr. John Cherian Oommen** is appointed as Vice-Chairman -CMCVA for the year 2018-2019 from 1<sup>st</sup> July, 2018.
- **Dr. Priya Abraham**, Professor, Department of Microbiology, is appointed as Associate Director (Medical) for four years with effect from 3<sup>rd</sup> July, 2018.
- **Mr. J. Pinto**, Deputy Treasurer's term is extended from 3<sup>rd</sup> July, 2018 till his superannuation, to the close of 11<sup>th</sup> May, 2019.
- **Dr. Christhunesa Soundararajan C**, Associate Professor (NM), is appointed as Acting Head of Neurochemistry Laboratory and Central Animal Facility with effect from 7<sup>th</sup> July, 2018 until further notice.
- **Dr. Ekta Rai**, Professor of Anaesthesia, is appointed as Head of Anaesthesia Unit-V with effect from 15<sup>th</sup> July, 2018 for a four year term.
- **Dr. Simon Pradeep Pavamani**, Professor of Radiation Oncology is appointed as Head of the Department of Radiation Oncology with effect from 17<sup>th</sup> July, 2018 for a four year term.

**Obituaries**

• **Dr. Thambidurai** has gone to be with the Lord on 28<sup>th</sup> June, 2018. The contact details of the family are given below for those who would like to get in touch with them.

Dr. Lilian Thambidurai: 53 Cottage Place Dr, Robbinsville, NJ 08691, USA. Telephone # 1-609-520-8844, Email: [beckymeerathomas@hotmail.com](mailto:beckymeerathomas@hotmail.com) (Dr. Rebecca Thomas, daughter-in-law of Dr. John Thambidurai)

• **Dr. Pasumarthi Grace Rathna Kumari**, (MBBS, Batch of 1955) on 21<sup>st</sup> June, 2018.

Our thoughts and prayers are with the bereaved members of the families at this time of sorrow and loss.

**Situations Vacant**

The following posts (**Medical Faculty**) are required for **CMC Vellore Chittoor Campus**

**1(a) Senior Resident / Assistant Surgeon / Associate Surgeon / Surgeon with MS/MD/DNB/DGO** for the **Department of Obstetrics and Gynecology**

**1(b) Senior Resident / Assistant Physician / Associate Physician / Physician with MD / DNB in General Medicine** for the **Department of General Medicine**

**1(c) Senior Resident / Assistant Physician / Associate Physician / Physician with DA/MD/ DNB in Anaesthesia** for the **Department of Anaesthesia**

**1(d) Senior Resident/ Assistant Surgeon / Associate Surgeon / Surgeon with D.LO/MS (ENT)** for the **Department of ENT**  
Applications to be done only through online application system. Please log on the <http://www.cmch-vellore.edu> link "Vacancies" or email to [dir.chittoor@cmcvellore.ac.in](mailto:dir.chittoor@cmcvellore.ac.in) with all testimonials and certificates on or before **July 23, 2018** for items 1(a), 1(b), 1(c) and 1(d).

**2. Senior Resident / Assistant Professor Gr.I** for the **Department of Endocrinology, Diabetes & Metabolism**

Qualification : DM (Endo) / DNB (Endo). Salary scale : As per institutional rules.

Accommodation provided (Subject to availability).

Applications should be sent by post to The Principal, Christian Medical College, Bagayam, Vellore – 632 002 or (email to: [princi@cmcvellore.ac.in](mailto:princi@cmcvellore.ac.in), [endocrine@cmcvellore.ac.in](mailto:endocrine@cmcvellore.ac.in) on or before **July 21, 2018** for Item 2.

Candidates may contact: The secretary, Contact Phone No.0416-228 Extn. 2528 / 3118. Mobile No. 09843111996.



**3. Assistant Professor with M.Ch. (Head & Neck Surgery) or MS / DNB (Gen. Surgery / ENT with fellowship training in Head & Neck Surgery including Microvascular reconstruction) for the Department of Head & Neck Surgery Unit-II.** Salary : As per institutional rules. Accommodation not provided.

**4(a) Senior Resident with MD (Community Medicine) for the Department of Community Medicine**  
Age limit : <40 years. Salary : As per institutional rules. Accommodation provided (Subject to availability).

**4(b) Assistant Professor with MD (Community Medicine) for the Department of Community Medicine**  
Experience : Should have at least one year teaching experience as (Asst. Professor) in any MCI recognized teaching institution. Salary : As per institutional rules. Accommodation provided (Subject to availability).

**5(a) Senior Resident with MD (Pathology) for the Department of General Pathology**  
Age limit : <40 years. Salary : As per institutional rules. Accommodation provided (Subject to availability).  
**Initial appointment will be as Senior Resident for one year and can be upgraded to Assistant Professor in the 2<sup>nd</sup> year (as per the latest MCI guidelines).**

**5(b) Assistant Professor with MD (Pathology) for the Department of General Pathology**  
Experience: Should have at least one year teaching experience as (Asst.Professor) in any MCI recognized teaching institution. Salary: As per institutional rules. Accommodation provided (Subject to Availability).

**5(c) Associate Professor with MD (Pathology) for the Department of General Pathology**  
Experience: Should have five years teaching experience as (Asst.Professor) in any MCI recognized teaching institution with 2 papers published during the Asst. Professor period (as per the latest MCI guidelines).  
Salary : As per institutional rules. Accommodation provided (Subject to availability).

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore – 632 002, email : [princi@cmcvellore.ac.in](mailto:princi@cmcvellore.ac.in) on or before **July 21, 2018** for Items 3, 4(a), 4(b) and **July 22, 2018** for Items 5(a), 5(b) and 5(c).

**6. Research Assistant for the Department of Endocrine Surgery** **Job Code: 1255**  
Qualification: Bachelor's degree in Life Science or B.Sc.MLT with one year of research experience.  
Mode of Appointment: Project Mode. Salary : As per institutional rules. Accommodation not provided.

**7. Tutor Gr.IV (Occupational Therapy) for the CMC Vellore, Chittoor Campus** **Job Code: 1249**  
Qualification: BOT (Regular Course). Mode of Appointment : Project Mode(1 year)  
Salary: As per institutional rules Accomodation not provided.

**8. Post Doctoral Fellow for the Department of Wellcome Research** **Job Code: 1256**  
Qualification: Ph.D.(Life Sciences)/ MD.Pathology Mode of Appointment: Project Mode.  
Salary: **Post-MD** ( Consolidated pay Rs. 75,000/-). **Post- Ph.D** (Consolidated pay Rs.55,000/-).  
Remarks: Preference will be given for the candidates who have experience in Cell\ Culture and Immunohistochemistry.  
Accomodation not provided.

**9. Junior Research Fellow for the Department of Haematology** **Job Code: 1257**  
Qualification: M.Sc./M.Tech Life Science with UGC/CSIR/ICMR/NET fellowship.  
Mode of Appointment : Project Mode (1 year). Salary: As per ICMR guidelines. Accomodation not provided.

Download application from this link: <http://www.cmch-vellore.edu/> → General → Vacancies → Application Form for Project Staff. The print out of the application with certificates and testimonial copies should be sent to either by soft copy (Email: [princi.hr@cmcvellore.ac.in](mailto:princi.hr@cmcvellore.ac.in)) or by hard copy to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 on or before and **July 13, 2018** for item 6 and **July 20, 2018** for Items 7 and 8 and **July 23, 2018** for item 9.

*Note : Please mention the Job Code in the application form. The application without Job Code will not be accepted.*

**10. Artisan Gr.IV (Welder) for the Department of Mechanical Engineering**  
Qualification: S.S.L.C +2 year ITI Certificate (Preferably with ITI in Welding).  
Salary: As per institutional rules. Age Limit: 35 years and below.

**11. Administrative Assistant Gr.V to work in M.S. Office**  
Qualification: Graduate +1 year PGDHA (or) 5 years experience in CMC/FHA (Fellowship in Hospital Administration)  
Salary: As per institutional rules. Age limit: 35 years and below.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu> Link: "Vacancies". Note : Only online applications will be accepted; Hard copies will not be accepted.  
Applications will close on **July 14, 2018** for Items 10 and 11.

# Let's Think Together

No.10

JULY 16, 2018



I was a child with very little self confidence. I had a leg affected by polio and because I was slow in walking had assumed that there were many things I could not do. Up to this point, I was excused from games and PT classes. I would sit and watch the others. Then Karol Ashby, a new PT teacher bounced to my life. She insisted that I join in all the games and all the activities. “Just do your best,” she said, when I stood diffidently in front of a long rope. So I began my first attempt at rope climbing and after several attempts made it almost half way to the top. Next came walking on a beam several feet from the ground. Then cycling, swimming and whole lot of outdoor activities which I once thought impossible for me. Doing my best gave me new self confidence and a mantra and habit for life. As I grew up, this phrase stayed with me and helped me excel academically.

A few weeks ago, I met a very disgruntled young woman and was surprised when I heard her describe her work attitude as, “I only do what is required of me. I don’t do anything extra.” This was her best that she could give of herself. Although it was a very interesting job, the girl did not enjoy it or have good friends at her work place and it seemed that a big chunk of her life was spent living miserably. I met another young person who put himself into his work heart and soul, as he wanted to excel in his area of research. Nobody and nothing else mattered, as long as his contribution was recognized and applauded. This young man too was isolated in relationships and at his work place and although he did his best, his best did not give him friends who congratulated him or were proud of him. This hurt him enormously.

Both these people made me think about others I had met, like Drs. Paul and Margaret Brand, Mr. Chandrasekar of Vellore, Dr. Shantha of the Cancer Institute, who had also done their best, but whose best was completely unselfish and took them away from the limelight and into vulnerable areas of other people’s lives. Doing their best, challenged them to look at those who were marginalized, who were in pain, ostracized, or were neglected in some way, and they set about making a difference. One of the most endearing and powerful images in my mind is that of Dr. Paul Brand, in his eighties, sitting on a rock talking about a life well lived. *“Because of where I practiced medicine I never made much money. But as I look back over a life time, the host of friends who were once my patients bring me more joy than wealth could ever bring. I first met them when they were suffering and in pain. I shared their pain. Now that I am old it is their love and gratitude that illuminates the continuing pathway of my life. It’s strange – those of us who involved ourselves in places where there was much suffering look back in surprise to find that it was there that we discovered joy.”*

Dr. Brand did more than his best. As an orthopaedic surgeon, he set about discovering what it was that made the hand and fingers of leprosy patients numb, and clawed. Then he perfected the art of reconstructive surgery. After this, his best led him to set up the first centre to rehabilitate leprosy patients and give them new lives. Often doing our best betters someone else’s life.

## **Think About This!**

What does doing your best mean to you?

Usha Jesudasan  
ushajesudasan@gmail.com

# CMC NEWSLINE

Vol.No.56 No.03

FOR PRIVATE CIRCULATION ONLY

JULY 16, 2018



*Better a little with righteousness than much gain with injustice. -Proverbs 16:8*

## STSCON-2018



**S**TSCON- 2018, a national level 'Soft Tissue Sarcoma Conference' was the first of its kind to be held India. CMC, Vellore being a 'High Volume Centre' treating over hundred patients per year, seemed a perfect host for this multidisciplinary learning venture. The conference was well attended with national and international experts from USA, UK, Italy and Singapore.

Sarcoma is a heterogeneous group of rare solid cancers originating in the mesenchyme (connective tissue) cell with more than fifty different known histological subtypes. Some sarcomas are associated with specific gene mutation and syndromes. It accounts for one percent of all adult malignancies. The treatment for sarcoma is by a multidisciplinary team approach, involving surgeons, radiologists, pathologists, radiation oncologists, medical oncologists, palliative care teams and others.

The sessions that followed were focussed on newer modalities like 'Compartment Excision' for retroperitoneal liposarcoma, limb sparing operations in conjunction with advanced radiation therapy and chemotherapy for musculoskeletal sarcomas. A visit to the anatomy dissection hall for insight in to the anatomical basis of treatment for sarcoma was organised for the participants.

The highlight of the conference was the formation of 'The Indian Sarcoma Society' (TISS), with the hope to provide a supportive environment to study this disease entity and to help improve the standards in research and clinical practice. This endeavour will also be an opportunity for international collaborations, which is much required to understand this rare but morbid disease, with poor outcome if not treated appropriately.

**Special Prayers : July 15 - 21, 2018**

**Nuclear Medicine :**

Dr. Julie Hephzibah and Staff

**Neurological Sciences :**

Dr. Baylis Vivek Joseph and Staff

Dr. Mathew Alexander and Staff

Dr. Ari George Chacko and Staff

Dr. Vedantam Rajshekhar and Staff

Ms.Rebecca Sumathi Bai and Staff

**Jeypore Evangelical Lutheran Church**

Council Members : Rt. Rev. Asish Kumar Palo  
Dr. Hemaprabha Mohanty

Hospital : Christian Hospital, Nabarangpur and  
Bissamcuttack

**Sunday Services : July 22, 2018**

6.00 pm : **Scudder Auditorium**

Rev. Raja L.

6.30 pm : **Hospital Chapel**

Rev. Dr. Finney Alexander

5.00 pm : **Friendship Chapel, KPTR Campus**

Dr. Sam David

**Memorandum :**

**Dr. Rajesh G.**, Professor of Psychiatry is appointed as Head of Psychiatry Unit-I with effect from 17<sup>th</sup> July, 2018 for a four year term.

**Obituary :**

**Lt. Col. C.G. John** (Retired), father of Dr. Judy Ann John, Professor, PMR and father in law of Dr. Kenny David, Professor, Spinal Disorders Surgery on 8<sup>th</sup> July, 2018.

Our thoughts and prayers are with the bereaved members of the family at this time of sorrow and loss.



## One day CME and a workshop on 'Cerebral Physiology and its Clinical Applications'



The Department of Anaesthesia conducted a CME and a workshop on 'Cerebral Physiology and its Clinical Applications' on June 16<sup>th</sup>, 2018 at Jacob Chandy and CK Job hall, Paul Brand building.

The event was made possible by the efforts of Dr. Sajan Philip George, organising chairman, Dr. Ramamani Mariappan, organising secretary, Dr. Karen Jacob, co-organising secretary and

Dr. Georgene Singh, scientific committee chairman. There were eight major lectures, taken by both internal and external faculty on various topics such as cerebral blood flow and autoregulation, cerebral metabolism and protection, intracranial pressure physiology and its clinical relevance, neuromuscular physiology and its clinical applications, brain heart interaction, osmotherapy – its basis and current concepts, sodium imbalances in neurosurgical patients and physiological changes with positioning in neurosurgery. At the end of the sessions a CME manual with detailed write-up on the sessions were distributed to the delegates.

The post lunch workshop had discussions on exposure to invasive and non-invasive cardiac output monitoring, ECG guided central venous cannulation, practical aspects of pulmonary artery catheter placement, newer modes of mechanical ventilation and uses of ultrasound in the neurosurgical intensive care unit.

Following this the post-graduate quiz programme which was conducted as the grand finale of the CME had many enthusiastic participants from various medical colleges. The winning team was Dr. Arlin Baby Thomas and Dr. Steffi Chinnu Johns from Christian Medical College, Vellore, the second place was bagged by Dr. Rakesh Mohanty and Dr. Roshan Kurien from Christian Medical College, and the third place was won by Dr. Dilli Rakesh and Dr. Pranathi from Chengalpattu Medical College.

The Workshop and CME gave an insight into the applications of cerebral physiology in the field of Neuro-anaesthesia and was a great success.

## Dedication of Housing and Accommodation Services at CMC Vellore, Chittoor Campus

The dedication of the foundation of the middle level and senior doctors' quarters and the working women's hostel at the CMC, Vellore Chittoor campus, took place on 29<sup>th</sup> June, 2018. The programme began with prayer followed by the unveiling of the plaques of the buildings by the council chairman, Bishop Sahu. The buildings will accommodate clinicians towards the end of this year; and nursing and technical lady staff towards the beginning of the coming year. This first major housing project is located on a hill three hundred feet above surrounding plains of the North campus. Much care has been taken during the process so as to not disturb the biodiversity, flora and the fauna of the surrounding area and the opposite side of the hill which is the home for deer, rabbits and multiple species of birds. The master planners and the biodiversity teams were appreciated for their meticulous inputs in preserving the environment.



The felicitations for the event were given by the former directors, Professor Joyce Ponniah, Professor Suranjan Bhattacharji and Professor J.V. Peter, Director. The Associate Director for the Chittoor campus extended special thanks to former directors, Dr. Suranjan and Dr. Sunil Chandy and the former Associate directors Dr. Raju Titus and Dr. John Muthusamy for passing on a legacy that has borne fruit.

The programme ended with a tree planting ceremony followed by hoisting of the flag and the singing of the college song. The video of the dedication can be accessed at <https://youtu.be/v1SPmzKFbfi> and photographs can be viewed at the following link [https://drive.google.com/open?id=1\\_0RwVOG17VOkIkW8F-juJR0ui60Yuixp](https://drive.google.com/open?id=1_0RwVOG17VOkIkW8F-juJR0ui60Yuixp)

## Developments from the Missions Department: Formation of the Missions Desk

Mission hospitals and Mission Organizations, find CMC, Vellore as the final destination to refer their staff or patients. The medical care here being one of utmost excellence, most of the referrals return home with a positive feedback. But to make the journey a smoother experience, most people have suggested a system which will streamline the process, to help the patients in an even better way. This is an added benefit for their existence within our network and will help the hospitals to develop good relations in their respective regions. The solution put forward after various discussions is the formation of a MISSIONS DESK at the Mission Department, Directorate. This is in a nascent stage and is evolving. MUT Vellore has come forward to make one of the missionaries to be available at the desk, for this task.

The Desk is located at the Missions Department, Directorate Extension, 1st Floor, Main Building and can be contacted by Email: [missiondesk@cmcvellore.ac.in](mailto:missiondesk@cmcvellore.ac.in) or 0416-2286229 during the office hours. It is a humble request that the good work which is already being done by many be continued and extended through the Mission Desk, for those working in difficult regions and needing tertiary care.

## A glimpse into the CMC Coffee Table Book: *Healing for the Nations*



### *Swimming Against the Tide....* (Page 72)

CMC Vellore has a history of swimming against the tide and avoiding competition with private, corporate entities. As an institution and a community, CMC has never been concerned about maintaining a 'market position', a business parameter determined by profit statements and media ratings which are relevant, but only up to a point.



CMC considers itself a missionary organisation with a mandate for service to the needy, disadvantaged and downtrodden. CMC, which has seen spectacular growth in the recent past, does not foster self-promotion but stands for the propagation of the core values of its health mission which it zealously seeks to nurture, protect and propagate through action...CMC seeks to stand in the gap in the face of increasing lacunae in the national health care strategy to meet such contemporary crises.



### *Subsidised Medical Education...* (Page 98)

In 2018, CMC celebrates 100 years of its experience in medical education. This is the only institution, apart from Christian Medical College, Ludhiana and Kolkata Medical College, that has such long years of experience in medical education.



CMC'S ethos and approach to medical education is at variance with the existing and upcoming models in India... A culture has been created among doctors to use their skills to earn money for their own survival, leave alone well-being. CMC takes an alternative approach, that of subsidising medical education so that students are released from the burden of fees but trained rigorously and conscientised to have social obligations to provide healthcare to the poor and marginalised.

Students are empowered and released to choose an altruistic practice of medicine, often in the neglected regions from which they themselves came... Any medical student who has studied in CMC, rich or poor, who is a beneficiary of this low-fees' privilege, realises that some poor patients have a role to play in his education... A spirit of service emerges and grows which may be profound enough to make him a lifelong



missionary who seeks to help the poor. When an entire institution is full of such inspired workers, it converts into the 'service before profit' financial model that CMC swears by.

*The copies of the book are available at the Directorate. Contact : 0416 - 2286103.*





## Congratulations !

- **Dr. V. Balaji**, Professor, Department of Clinical Microbiology has been awarded the “Fellow of the Royal College of Physicians (London)”.
- **Ms. Yamuna Devi Bakthavatchalam**, PhD scholar, Department of Clinical Microbiology has been awarded the Royal Society of Tropical Medicine and Hygiene (RSTMH) grant for her research project titled “In-vitro activity and pharmacodynamic interaction of Cefixime-Azithromycin and Ceftriaxone-Azithromycin against Salmonella Typhi”. She has won this prestigious early career award from among 624 applicants from 52 countries.
- **Dr. Anika Amritanand** presented her study on ‘Validity of trained community health volunteers in identification and appropriate referral of persons with ocular morbidity’ done with the partnership of ChristoffelBlinden Mission at the 14 th Annual Conference of the ‘Vision 2020, The Right to Sight, India’ held in Guwahati on the 9<sup>th</sup> and 10<sup>th</sup> of June 2018. This year’s theme was ‘Advocacy and Inclusive partnership for eye health’. She received the best paper award for the session on ‘Sharing Knowledge Repository: towards organisation’s sustainability and growth’.
- **Dr. Albert Abhinay Kota**, Senior Registrar (Final Year M.Ch. Vascular Surgery) won the “Excellent Abstract Presentation Award” at Charring Cross International Symposium 2018, held at London from 24<sup>th</sup> – 27<sup>th</sup> April, 2018.
- **Dr. Preyander Thakur**, Senior Registrar was awarded 1<sup>st</sup> Prize in Oral Presentation for the Topic-'Bone health in elderly men from rural southern India -A cross sectional study' at the 5<sup>th</sup> Annual Conference of Endocrine Society of Tamil Nadu and Puducherry (TREND-2018).
- The following students were awarded prizes / medals at the University Convocation held on 8<sup>th</sup> July 2018.  
**Dr. Shaikh Atif Ibal Ahmed** The T.N.Dr.M.G.R. Medical University Medal – **DM Neurology**  
**Dr. Kalra Parika Amar Dev** The T.N.Dr.M.G.R. Medical University Medal – **DM Gastroenterology**  
**Dr. Benjamin Jeyanth Ross** The T.N.Dr.M.G.R. Medical University Medal – **DM Neonatology**  
**Dr. Bankar Aniket Rajiv** The T.N.Dr.M.G.R. Medical University Medal – **DM Clinical Haematology**  
**Dr. Anil Satyaraddi** The T.N.Dr.M.G.R. Medical University Medal – **DM Endocrinology**  
**Dr. Saurabh Jaisawal** The T.N.Dr.M.G.R. Medical University Medal – **DM Hepatology**  
**Dr. Aureen Ruby D’ Cunha** The T.N.Dr.M.G.R. Medical University Medal – **MCh. Paediatric Surgery**

*To be continued...*

## Retirements

**Mr. T. Ebinezer**, Sr. Secretary, General Pathology retired on 15<sup>th</sup> June, 2018 after 37 years of dedicated service to the institution. His wife, Mrs. Clara Swarnalatha is a teacher in Government School, Vellore. They have two sons. Their elder son, Mr. Christopher Immanuel is doing 2<sup>nd</sup> year M.B.A. in Anna University and the youngest son, Mr. Christopher Daniel is a second year B.O.T student.



**Mr. Immanuel Susikaran**, Senior Hospital Attendant, Department of Pharmacy Services retired on 16<sup>th</sup> June, 2018 after 35 years of dedicated service to the institution. He worked in OP Pharmacy, M-stores, Pharmacy Office and in Manufacturing Division. He has two daughters and a son. His elder daughter, Mrs. Rosy Esther Rani is a staff nurse in MICU and younger daughter, Ms. I. Ambiga is undergoing training in PM office and his son, Mr. Isaac is working in a private firm in Vellore.



**Mr. R. Kirubakaran**, Senior Hospital Attendant, Department of RUHSA retired on 7<sup>th</sup> July, 2018 after 37 years of dedicated service to the institution. He has two sons. His elder son, Mr. Sanjeevi Kumar is a Hospital Attendant at SICU and youngest son, Mr. Santhosh Kumar is a Hospital Attendant at A Block.

CMC community is thankful for their significant years of service to the institution and wishes them God’s blessings in their retired life.



## Obituary : Miss. Thomson Erna Marlienne



• **Miss. Thomson Erna Marlienne** has gone to be with the Lord on July 09, 2018, in Adelaide, South Australia at the age of 84. A trained nurse from Royal Adelaide Hospital, Adelaide. Miss. Thomson joined the Christian Medical College and Hospital as a Missionary in 1964 through Friends of Vellore, Australian Board. She was appointed as Ward Sister on October 4, 1964 in Women's surgical ward; in 1965 she was posted in M ward and in the year 1969 was promoted as Department Sister. She completed Diploma in Nursing Administration in College of Nursing, Melbourne in 1974 and was appointed as Assistant Nursing Superintendent and In-service Education Coordinator in 1976.

Apart from her skills as an excellent nurse, she was also a good teacher. She took classes in administration, time management and work simplification from 1976 to 1992. She helped in organizing a new CSSD at CMC and in St. Stephen's Hospital, New Delhi. She took care of Neurological wards along with R,U, Q1 west and W wards and voluntarily took over AIDS nursing care programme in our hospital.

Miss. Thomson along with Miss. Ann Bothamly started Balanilayam Hostel in 1981 to house the children of Christian mission workers who were serving in parts of India with no education system.

Looking back over the years, one can say that she was faithful to the call she answered many years ago. A soul that brought joy and fulfillment to many, and whose legacy will live on forever.

Our thoughts and prayers are with the bereaved members of the family at this time of sorrow and loss.

## Upcoming Event:

The **Department of Emergency Medicine** is happy to announce the 53<sup>rd</sup> Early Management of Trauma Course (EMTC) training programme for CMC candidates (Doctors & Nurses) which is to be held on 9<sup>th</sup>, 10<sup>th</sup> and 11<sup>th</sup>, August 2018. As there has been a great demand for the same, seats are restricted to 35 on a first-come-first-serve basis. Registration fee is Rs.5250/-. For further details contact. Mr. Senthil Kumar, Secretary, Department of Emergency Medicine - Phone No. 2225.

*Note: Registration will not be entertained after 31<sup>st</sup> July, 2018.*

## Situations Vacant

### 1. Senior Resident with MS (Orthopaedics) for the Department of Orthopaedics Unit-III

Salary scale : As per institutional rules.

Accommodation provided (Partly furnished, depending on availability).

### 2. Senior Resident with MD (Pharmacology) for the Department of Pharmacology and Clinical Pharmacology Unit

Salary scale : As per institutional rules.

Accommodation provided (Partly furnished, depending on availability).

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore – 632 002, email : [princi@cmcvellore.ac.in](mailto:princi@cmcvellore.ac.in) on or before **July 20, 2018** for Item 1 and **July 28, 2018** for Item 2.

### 3. One year Clinical Physiotherapy Therapist for the Department of PMR (PT)

Eligibility : BPT Graduate from IAP recognized College/ University. Should have completed six months of rotatory internship.

Experience : Less than 4 years after completion of internship.

Age limit : Less than 30 years.

Monthly stipend : Rs.9,620/-.

Accommodation not provided.

Continued on Page 6

Apply with resume, including dates of work experience, contact numbers, postal address and email ID, photocopies of work experience and other relevant certificates to the Principal, Christian Medical College, Bagayam, Vellore – 632 002. Last date for submission of applications is **July 21, 2018** for item 3.

**4. Senior Research Fellow for the Department of Medical Oncology** **Job Code: 1250**

Qualification : GATE / NET qualified M.Sc. in life sciences (preferably Biotechnology) or M.Sc. in life sciences with two years of research experience in a Government of India funded project.

Mode of appointment : Project mode. Age : Below 40 years.

Salary: As per norms of the DST. Accommodation not provided.

**5. Research Assistant for the Department of Clinical Microbiology** **Job Code: 1258**

Qualification : M.Sc. Biotechnology - Preferably experience with typing in Tamil and English.

Mode of appointment : Project mode. Salary: As per institutional rules. Accommodation not provided.

Download application from this link: <http://www.cmch-vellore.edu/> → General → Vacancies → Application Form for Project Staff. The print out of the application with certificates and testimonial copies should be sent to either by soft copy (Email: [princi.hr@cmcvellore.ac.in](mailto:princi.hr@cmcvellore.ac.in)) or by hard copy to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 on or before **July 20, 2018** for Items 4 and 5.

*Note: Please mention the Job Code in the application form. The application without Job Code will not be accepted.*

**6. Senior Resident / Assistant Professor / Assistant Physician / Associate Professor/ Associate Physician with MD Pathology or MD Transfusion Medicine with Diploma in Clinical Pathology (DCP) from a recognized university for CMC Vellore Chittoor Campus**

Remuneration and accommodation will be provided as per the rules.

The CMC Vellore Chittoor laboratory is in need of consultants who will be responsible for the laboratory operations functioning under the Department of Transfusion Medicine, CMC Vellore. The lab functions as a core lab providing 24 x 7 services to the patients at CMCV Chittoor Hospital and performs a wide variety of Clinical Pathology, Haematology and basic microbiological and virology tests. There is also a Technician Training programme being offered from this laboratory.

Applications to be done only through online application system. Please log on the <http://www.cmch-vellore.edu> link "Vacancies" or email to [dir.chittoor@cmcvellore.ac.in](mailto:dir.chittoor@cmcvellore.ac.in) with all testimonials and certificates on or before **July 31, 2018** for Item 6.

**7. Manager Gr.I (Finance & Accounts) for the Department of Accounts**

Qualification : ACA/ ACMA with 12 years post qualification experience in a senior position.

Salary: As per institutional rules.

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Director on or before **July 25, 2018** for Item 7.

**8. Schieffelin Institute of Health - Research & Leprosy Centre, Karigiri** invites applications for the following posts :

(a) **Paediatrician** - Qualifications : MD / DCH (Paediatrics)

(b) **Orthopaedic Surgeon** - Qualifications : MS (Ortho.) or D.Ortho.

(c) **Pathologist (Full time / Part time)** - Qualifications : MD Pathology

(d) **Medical Officer** - Qualifications : MBBS.

(e) **Assistant Professor** - Qualifications : Master of Prosthetics & Orthotics with 2 years experience or Bachelor of Prosthetics & Orthotics with 10 years experience.

Apply with bio-data along with photocopies of certificates and a demand draft for Rs.50/- in favour of "SIH-R&LC., Karigiri" addressed to the Director, SIH-R&LC., Karigiri, Pin - 632 106. Email : [director@karigiri.org](mailto:director@karigiri.org) Website : [www.karigiri.org](http://www.karigiri.org)

Last date for receipt of applications is **June 21, 2018** for items 8(a), 8(b), 8(c), 8(d) and 8(e).

# Special Issue

Vol.No.56

FOR PRIVATE CIRCULATION ONLY

JULY 23, 2018



## Margins in Life

During our childhood, our teachers taught us to leave a margin as we were learning to write on a white paper. We used to either draw a line or fold the paper for two or three inches to leave a left margin. Later, as we learnt to write for publications, we realised that right margin, left margin, top margin and bottom margin are expected in every publication.

While giving instructions, God told the people of Israel the following: *“When you reap the harvest of your land, you shall not to reap to the very edges of your field, or gather the gleanings of your harvest. You shall not strip your vineyard bare, or gather the fallen grapes of your vineyard; you shall leave them for the poor and the alien: I am the Lord your God”* (Leviticus 19:9, 10)

The people of God were asked not to take and use everything that rightfully belonged to them. God instructed them to leave a significant amount of their rightful possessions so that it could benefit the poor and the alien. In the story of Ruth, Boaz asked his men to leave gleanings for Ruth to pick up (Ruth 2:16), which in turn became a source of life for her. To take this valuable instruction a little broadly, we can understand this to mean our daily aspect of life. In today’s world, we normally fill our diaries to the fullest possible manner. We do not leave some gleanings which can be used for some contingencies. There is no space for emergencies. There is no gap to feel a sudden surprise. There are no margins.

**1. Margins in Budgeting:** Most of us have the habit of budgeting, which is a good life practice. While budgeting, we account for even the last rupee. Therefore, if someone suddenly asks for some financial help, we are not prepared to meet their emergencies. Sometimes we tend to argue that we plan for all possible emergencies (personal). However, when a stranger comes on our way we are caught off-guard. Therefore, we are asked to consider our lives which might include the unexpected emergencies in terms of spending and be prepared to leave some margin.

**2. Margins in Schedules:** In a busy world like ours, most of us are dictated by our diaries. We fill our diaries to the extent that there is no more time left in our daily schedule. We become restless when there is a gap or some free time. Again, if there is no space in our daily schedule, we are useless when there is an emergency. When a colleague or a student comes to us for an unscheduled help or demand of our time, we are completely upset. We become irritated. Should we consider leaving a margin in our schedules?

**3. Margins in Emotions:** When we are filled with some emotions – positive or negative, we seem to be completely filled with that emotion with no space for anything else. However, there are many situations which plead for our gracious attention even though we are engulfed in our own private emotions. Often, it is because we are so filled with our own emotions, that there is no space for to consider the emotions and feelings of another that suddenly come our way. Should there be some space for an emotional margin?

**4. Margins for Feedback:** In a school, margins are used by the teachers to mark their feedback or corrections while evaluating an answer paper. Sometimes we lead our lives in such a way there is no room for correction. We become closed to any feedback either from others or from God, the creator. Maybe a little space in life could be left blank as a margin so that our master teacher, Creator God, will have a chance to make His comments?

During his earthly ministry, Jesus was invited by Jairus, the ruler of a synagogue to heal his daughter who was at the point of death. He accepted his invitation and was on His way to Jairus’ house, when a woman, who was sick, interrupted him and sought His mercies. Jesus spared some time, gave His full attention for a while and did whatever was needed for her (Mark 5:21-43). The beautiful thing in this whole scenario is that Jesus made time-in the midst of all other scheduled engagements- to see and help a person in need.

**Question for thought: How do I leave a margin in my life?**

- Rev. Dr. Arul Dhas, Chaplain



# CMC NEWSLINE

Vol.No.56 No.04

FOR PRIVATE CIRCULATION ONLY

JULY 23, 2018

*Let love and faithfulness never leave you; bind them around your neck, write them on the tablet of your heart.*  
- Proverbs 3:3



## Medical Camp at Kilithan Pattarai Village



**A** Medical Camp was conducted in Kilithan Pattarai Village on the Katpadi-Gudiyatham road, by the collaborative endeavour between the Departments of Medical Nursing and Medicine Unit-I on 21<sup>st</sup> June, 2018. The team which left for the village consisted of two doctors, four staff nurses, one charge nurse, one nurse manager and three final year GNM students.

They were equipped with supplies and equipments which enabled them to carry out general physical examination including Blood pressure, Glucometer random blood sugar, Vision, Oral and ENT checkups.

An awareness regarding healthy lifestyle and choices was provided using colourful charts and posters along with songs and role plays. Around one hundred and sixty three people were screened at the camp out of which the team was able to identify three new diabetics, one hypertensive patient and seven with anaemia, among the adults. The children had dental carries and malnutrition besides vision and ear problems.

The camp was a success and the team is thankful to the Nursing Superintendent, Dean and Medicine Unit-I team for their support.

*Special Prayers : July 22 - 28, 2018*

*Clinical Microbiology :*

Dr. Joy Sarojini Michael and Staff

*Clinical Virology :*

Dr. Rajesh K. and Staff

*CSI Vellore Diocese*

Council Members : Rt. Rev. Timothy Ravinder  
Dr. C. Anbu Suresh Rao

Hospital : Scudder Memorial Hospital, Ranipet  
and CSI Hospital, Vandavasi

*Council for World Mission*

Council Members :

Most Rev. Thomas K. Oommen  
Rev. Dr. D. R. Sadananda

*Sunday Services : July 29, 2018*

6.00 pm : **Scudder Auditorium**

Dr. Sam David

6.30 pm : **Hospital Chapel**

Dr. Santhosh Varughese

5.00 pm : **Friendship Chapel, KPTR Campus**

Dr. Rabin Chacko

*Obituary :*

**Mrs. Periya Pappama**, retired Hospital House Keeping Attendant in M Ward on 17<sup>th</sup> July, 2018.

Our thoughts and prayers are with the bereaved members of the family at this time of sorrow and loss.

## Workshop on "Empowering Nurses for Cancer Screening and Detection"

**T**he Departments of Community Health Nursing and Continuing Nursing Education and Research, College of Nursing, organized a workshop on "Empower Nurses for Cancer Screening and Detection" on 15<sup>th</sup> June, 2018.

The workshop began with a prayer by Mrs. Shandriela Immanuel

followed by a welcome address by Mrs. Rajeswari Siva, Head of the Department, Community Health Nursing.

Felicitations were offered by Dr. Selva Titus Chacko, Dean and Mrs. Florence Segaran, Deputy Nursing Superintendent. Dr. Vathsala Sadan, the organizing secretary gave

an overview of the workshop and Dr. Vinitha Ravindran, Head, Department of CNE and Research proposed the vote of thanks.

The workshop was attended by fifty nurses from eight Institutions within Tamilnadu. The focus of the workshop was on early detection

Continued on page 2



of oral, breast, cervical and testicular cancer. Hands on training in oral cancer screening, breast self examination, cervical screening and testicular self examination were given through skill stations. Various educational methods and media were made available to motivate people for regular screening.

The sessions which followed were enriched with the knowledge and expertise of the resource faculty.

The Department is thankful to Dr. M.J. Paul, Dr. Rabin Chacko, Dr. Anitha Thomas, Mrs. Greeda Alexander, Mrs. Irene Dorathy, Mr. John Samuel and Mrs. Shalini Chandran for sharing their valuable inputs.

The workshop was accredited with seven credit hours by the Tamil Nadu Nurses and Midwives Council.

### Events from the MCI Nodal Centre

The Medical Education Department, MCI Nodal centre for National Faculty Development, conducted a Workshop on "Performance Based Assessment" for AHS faculty on 21<sup>st</sup> and 22<sup>nd</sup> June 2018, in response to the need expressed by the Principal and Vice-Principal (AHS). The objectives of the



programme were to sensitize and train AHS faculty in Work Place Based Assessment (WPBA) and Objective Structured Clinical Examination (OSCE). A total of four medical faculty and thirty six AHS non-medical faculty were trained in this programme.



### Person to Person Fund (PTP)

Many staff make a monthly contribution to the PTP fund through salary deduction. Even a small monthly donation builds up to a useful sum over the year. Last year staff contributed nearly Rs.4 lakhs. This helped many deserving patients like MD, a labourer from a small village in Assam. Already injured from a heavy object falling on his shoulder, MD suffered deep burns when he accidentally dipped his hand in hot boric acid at work. By the time he finally arrived at CMC the skin was healing, but he had a gangrenous infection and couldn't flex his fingers. He was expertly cared for by the Paul Brand Centre for Hand Surgery and had an amputation, with three days in hospital.

Would you like to join the staff PTP Scheme? There has never been a better time to make a difference. The grant given by PTP has been increased from Rs.5,000 to Rs.10,000 per patient. Moreover the institution has committed to contributing further funds – up to Rs.40,000 per PTP patient. So a donation to PTP of Rs.10,000 becomes Rs.50,000 for the patient, and your gift has been multiplied five times. Added to this you can benefit from income tax deduction under S.80G. To join the scheme just send a letter or email to the Development Office ([dev.office@cmcvellore.ac.in](mailto:dev.office@cmcvellore.ac.in)) with your name, department, employment number and the amount you would like to give each month. You can cancel your contributions at any time by informing the Development Office.

### Congratulations !

• The following students were awarded prizes / medals at the University Convocation held on 8<sup>th</sup> July 2018.

**Dr. Sam Pon Raj D.**  
**Dr. Supriya Sen**

Vascular Alumni Gold Medal – **M.Ch. Vascular Surgery**  
The T.N.Dr.M.G.R. Medical University Medal – **MCh. Endocrine Surgery**

|                                  |  |
|----------------------------------|--|
| <b>Dr. Reettika Chanda</b>       | Prof. Arthur Daniel Gold Medal – <b>MD Radiodiagnosis</b>  |
| <b>Dr. Shina Goyal</b>           | The T.N.Dr.M.G.R. Medical University Medal – <b>MD Radiotherapy</b>                              |
| <b>Dr. Saraswathi Ramanathan</b> | The T.N.Dr.M.G.R. Medical University Medal – <b>MD PMR</b>                                       |
| <b>Dr. Pragya Kafley</b>         | The T.N.Dr.M.G.R. Medical University Medal – <b>MD Immunohaematology &amp; Blood Transfusion</b> |

*To be continued...*

**Retirements**



**Mrs. Deivanayagi Balaraman**, Hospital Attendant Gr.II, Nursing Services Office retired on 9<sup>th</sup> July, 2018 after 20 years of dedicated service to the institution. She has a son and a daughter. Her son, Dr. B. Senthil Kumar completed his Ph.D in Bioinformatics at VIT University, Vellore. He did his B.Sc. Medical Laboratory Technology in CMC (Batch of 2004) and also represented CMC in the Students Exchange Programme to Orebro University, Sweden; for which he earned the award 'The Best Exchange Student of the Year'; presently he is the proprietor of Vellore Chatter Box Cafe. Her daughter Ms. B. Porkodi completed her B.Sc. Nursing in College of Nursing, CMC and presently working as a Staff Nurse in Child Health OPD.

**Mrs. Nageswari Muthuraj**, Sel. Gr. Staff Clerk Gr.I, Mental Health Centre retired on 16<sup>th</sup> July, 2018 after 37 years of dedicated service to the institution. Her husband Mr. Muthuraj is a retired Accountant from a private company. They have three daughters, Mrs. Vaishnavi, Mrs. Priya Nandhini who is a Charge Nurse in Neuro ICU and youngest daughter, Ms. Hemamalini who is a Software Engineer at Accenture Company in Chennai.



CMC community is thankful for their significant years of service to the institution and wishes them God's blessings in their retired life.

**Upcoming Event**

The Alumni Reunion will be held on August 9-11, 2018. This year, the special batches are 1943, 1948, 1953, 1958, 1958-59, 1963, 1968, 1973, 1978, 1983, 1988 & 1993. The schedule for the reunion is as follows:

**Alumni Reunion 2018 Programme**

**9<sup>th</sup> August, 2018 - Thursday** - Entire day for special batches to have their own programme.

| 10 <sup>th</sup> August, 2018 - Friday |                    |  |
|--|--------------------|--|
| Time                                   | Venue              | Programme                                    |
| 9 am – 12 noon                         | Exam Hall          | Photograph Exhibition                        |
| 1.00 pm                                | Scudder Auditorium | Slide show of Photographs                    |
| 1.45 pm                                | "                  | Meet the Students                            |
| 3.30 pm                                | "                  | Tea  |
| 4.00 – 5.30 pm                         | "                  | CME  |
| 6.30 – 8.30 pm                         | "                  | Inter House Alumni Music & Dance Competition |

| 11 <sup>th</sup> August, 2018 - Saturday |                         |   |
|--|-------------------------|---|
| Time                                     | Venue                   | Programme   |
| 8.00 am                                  | Scudder Auditorium      | Tree Planting & Registration                              |
| 9.00 – 10.00 am                          | "                       | Open Meeting  |
| 10.00 – 10.30 am                         | "                       | Refreshments  |
| 10.30 – 11.30 am                         | "                       | General Body Meeting                                      |
| 11.30 am – 12.45 pm                      | "                       | Introduction & Photographs                                |
| 1.00 pm                                  | Men's & Women's Hostels | Lunch for all visiting alumni and special reunion batches |
| 5.30 pm                                  | Scudder Auditorium      | Thanksgiving and Dedication Service                       |
| 7.00 pm                                  | Scudder Hall            | Alumni Dinner for all alumni                              |
| 8.00 pm onwards                          | Scudder Auditorium      | College Motto Award & Entertainment by Special Batches    |

Recipient of the Alumni Award 2018 – Dr. Aravindan Nair.

Recipients of the College Motto Award 2018 - Drs. Ashita Singh (Waghmare)-1993 & Deepak Singh (PG alumnus).



## Sports News

• The staff football tournament for the year 2017-18 was held on 9<sup>th</sup> June, 2018. Mr. Vetri Selvan Xavier, Senior Pharmacist from Staff Pharmacy was the chief guest and distributed the prizes to the winners.

**Results : Winners** - Pharmacy Department; **Runners up** - Department of General Surgery.

• College Integrated Sports Day was conducted on 16<sup>th</sup> June, 2018 at the oval ground. Dr. Rachel Chandy, Professor, Gynaecologic Oncology was the Chief Guest and distributed the awards to the winners.

**Results : Overall Team Championship : Winners** - ASHA

Individual Championship for Men : Mr. J.V. Praveen Harris Davish - ASHA

Individual Championship for Women: Ms. Sheethal Devadas - ASHA

## Situations Vacant

### 1. Staff II Respiratory Therapist for the Department of Pulmonary Medicine

Qualifications : B.Sc. with PG Diploma in Advance Respiratory Therapy (or) B.Sc. Respiratory Therapy may also apply (Candidates completing internship this year in August can also apply).

Salary scale : As per institutional rules. Accommodation not provided.

Age limit : 35 years. Job description : To work in the Department of Pulmonary Medicine.

### 2. Staff III Dental Hygienist for the Department of Dental & Oral Surgery

Qualifications : H.Sc.(+ 2) or equivalent + Pass in Dental Hygienist Course + Pass in Dental Assistance Course and registered with State Dental Council. Salary scale: As per institutional rules.

Age limit : 35 years. Job description : Chairside Assisting, Scaling etc.,

### 3. Staff III Technician (Project) for the Department of Clinical Microbiology

Qualification: B.Sc. (Life Sciences). Age limit : 30 years.

Consolidated pay : As per institutional rules. Nature of job : To work in the project as Technician.

### 4. Staff III Microbiologist for the Department of Clinical Microbiology

Qualifications : B.Sc. with CMAI PG Diploma in Medical Microbiology (PGDMM) with experience in Antimicrobial Susceptibility Testing techniques like MIC, Time Kill Assay.

Salary scale : As per institutional rules. Accommodation not provided. Age limit : 35 years.

Job description : To work in the Department of Clinical Microbiology as Technologist.

### 5. Staff III Anaesthesia Technician for the Department of Anaesthesia

Qualifications : H.Sc. with CMAI two years Diploma in Anaesthesia Technician Course + 1 year Internship (or) 3 years B.Sc. Anaesthesia Course + 1 year Internship can apply.

Salary scale : As per institutional rules. Accommodation not provided. Age limit : 35 years.

Job description : To work in the Department of Anaesthesia.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **July 30, 2018** for Item 1 and **August 06, 2018** for Items 2, 3, 4 and 5.

### 6. Fire Officer Gr.V (Project Mode)

Qualification : Graduate + Diploma in Fire & Safety Engineering. Salary : As per institutional rules.

Preference will be given to the candidates who have two years experience in firefighting, fire equipment maintenance and rescue operation.

### 7. Fire Guard (Project Mode)

Qualification : SSLC + One year Diploma in Fire Service. Salary : As per institutional rules.

Work experience : Not less than one year in a NABH accredited 1000 bedded Hospital with hands-on experience in firefighting, maintenance of hydrants, sprinklers, Fire extinguishers, Fire alarm, hydrant water lines, rescue operation and preliminary servicing of firefighting equipment.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **July 28, 2018** for Items 6 and 7.

# Let's Think Together

No.11

JULY 30, 2018



## Engaging with Strangers

Most of us lead very busy, highly scheduled, disciplined lives. To be successful today we need to be so. The day's timings are charted out from the moment we wake up, till we crash into bed. Any disturbances or hiccups to this routine throws us into a panic, puts us in an irritable mood and raises our stress levels. Because we have programmed ourselves to be so effective, we are unable to embrace unexpectedness.

Sometime ago, while driving up by the hills around Vellore, I came to a tiny village. My driver and I parked the car and just enjoyed the view, the air and the beauty of it. Within moments, a woman came by and started talking to me. Who was I, why was I there etc. We got talking and she insisted that I visit her home. The thatched hut, was cool. The intricate kolam outside and cow dung plastered floor were welcoming. Within minutes, she sent her son to get me a "colour" soda. We talked about children, the rising prices, the lack of bus services to this village and many issues that affect women. More women joined us. It was wonderful how this family and small village had embraced me into their circle. The mother sent a boy to bring some gram flour and made hot banana bajjis – another treat. This was the way to live! Allowing others to come into your life unexpectedly, savouring the richness of new friendship, and leaving each other with wonderful memories.

When I reached home, I saw a car parked outside my house and my heart sank. A friend had arrived unexpectedly. For a moment I was irritated as I thought of what little I had to cook a nice dinner. Then I was jolted back to the joyfulness I felt when I intruded into someone else's life just a few hours ago. I remembered the gracious welcome, the lazy chatter and felt ashamed.

The challenge for me was not to be irritable and time conscious, but to pass on the experience I had just been given. As she had traveled a long distance, I put a comfortable chair for her in the kitchen. We talked as I cooked. Then I put out my fine china and we ate our meal "in style" as she called it. The next morning we had our coffee and caught up with news and views. I could see from her face, that the tensions with which she came had disappeared. Her face seemed soft and pretty, not just from her make up, but I suspect from the joy of being loved despite her sudden visit.

Most of us think that in our busy schedules there is no space for unexpected times like this. But experience has shown me that we were made to interact with each other. To eat together, to share laughter, to make good memories with each other, to jolt each other with love and happiness at unexpected moments. When we live this way, we learn many new things. ....like how precious people really are; how large the ordinary person's heart is, how he or she can truly care for another, despite all that divides us.

### **Think about this!**

When was the last time you made a friend of a stranger? When was the last time a stranger made a friend of you?

Usha Jesudasan  
ushajesudasan@gmail.com

# CMC NEWSLINE

Vol.No.56 No.05

FOR PRIVATE CIRCULATION ONLY

JULY 30, 2018



*Restore us ,O Lord God Almighty; make your face shine upon us ,that we may be saved.*

*Psalm 80: 19*

## College of Nursing Alumni Reunion -2018 'Bonding Beyond Boundaries'



The College of Nursing Alumni Reunion was held on 6<sup>th</sup> July, 2018 and the theme for this year was 'Bonding Beyond Boundaries'. The inaugural function began with the welcome address by the Dean, Dr. Selva Titus Chacko and felicitations by the Nursing Superintendent, Dr. Premila Lee. The Director, Dr.J.V. Peter, spoke about the various achievements of the institution in terms of student admissions, patient care and infrastructure. He provided a glimpse into the various campuses and the future plans for the institution. He also expressed his gratitude for the generous contributions of the alumni.

This was followed by the presentation of the reunion agenda by Mrs. Anne Jarone, Secretary, Alumni association and vote of thanks by Mrs. Alice Sony, Deputy Dean.

The Business Session started with reports from the Dean and the Nursing Superintendent. During the

introductory session, the alumni who were working in other places expressed their gratitude towards this institution and the teachers who moulded them. It was indeed a joy to meet and connect with the former students, colleagues and teachers.

The alumni visited the old and new campuses and expressed the fact that the nostalgia remained despite the several changes. The reunion was a good opportunity for the students to interact with the alumni, to learn valuable lessons from their experiences and to understand the rich legacy of this institution.

On 7<sup>th</sup> July, 2018, the Alumni workshop on '*Quality and Safety in Patient Care: The Essence of Nursing*', was held. It was attended by over fifty alumni. The workshop was a good learning experience for the students and the participants.

Truly, the reunion was a great time of bonding between teachers, friends and classmates. Fond

### Special Prayers : July 29 - August 04, 2018

**ENT :** Dr. Rita Ruby Anbuselvi A. and Staff  
Dr. Regi Thomas and Staff  
Dr. Ajoy Mathew Varghese and Staff  
Dr. Rupa Vedantam and Staff  
Dr. Anjali Lepcha and Staff  
Dr. Suma Susan Mathews and Staff  
Dr. Balaseetharaman and Staff

**ENT Head & Neck Surgery -I:**  
Dr. Rajiv C. Michael and Staff

**ENT Head & Neck Surgery -II:**  
Dr. Rajinikanth J. and Staff

**American Leprosy Mission, USA**  
Council Member: Dr. Jerry Joshua  
Hospital: SLR & TC, Karigiri and others

### Sunday Services : August 05, 2018

6.00 pm : **Scudder Auditorium**  
Dr. Sunny Philip

6.30 pm : **Hospital Chapel**  
Rev. Ananthi A Mary

5.00 pm : **Friendship Chapel, KPTR Campus**  
Rev. Edwin Sam

### Obituary :

**Mr.K.G.Udayakumar**, father of Mr.U.Praveen Kumar, Administrative Assistant Department of Clinical Microbiology and father-in-law of Ms.P.Pricilla Agnes, MRO, Psychiatry on 22<sup>nd</sup> July, 2018.

Our thoughts and prayers are with the bereaved members of the family at this time of sorrow and loss.

memories of classrooms, hostel, patients, wards and of CMC were rekindled which strengthened the bond beyond borders.

**Three cheers for the Silver and Blue!**





## Training in Family Medicine for MBBS Graduates in Mission Hospitals



The Department of Medical Education conducted two contact courses in Postgraduate Diploma (in) Family Medicine (PGDFM) for the recent MBBS graduates. Contact course I was held from 25<sup>th</sup> to 30<sup>th</sup> June 2018 for the students who graduated in the year 2018, currently serving as medical officers at various Indian mission hospitals and secondary hospitals. The course provided hands on training and skills in various sessions pertaining to secondary level health care.

Contact course III was for the students who graduated in the year 2017. They underwent two days of assessment (10<sup>th</sup> & 11<sup>th</sup> July 2018) in theory and practical exams and were given training in undergoing online MCQ exam, final project presentations and Objectively Structured Clinical Examination (OSCE).

The second batch implemented and presented projects pertaining to the needs in their secondary hospitals. Some of the notable topics were: • “To study common orthopaedic complaints among serving soldiers in the Indian Army and application of common preventive measures to reduce the incidence” • “Prevalence of hypothyroidism in pregnant women in secondary care hospital in Robertsgunj, UP” • “Incorporation of foot care as an integral part of diabetes management” • “Prevalence of menstrual irregularities among nursing students in a South Indian town - A descriptive study” • “Hair dye poisoning in a rural mission hospital in North India” • “A study of epidemiology and trends of intentional poisonings in Christian Hospital Chhatarpur” • “Substance abuse KAP among school going adolescents” • “A 10 year follow up study on quality of life in children diagnosed with idiopathic chronic childhood pancreatitis” • “Hand washing in school children - A knowledge attitude and practice study” • “To study outcomes of patients presenting with burns and factors contributing to the same” • “Management and outcome of stroke in a secondary hospital in Assam” • “Menstrual health and hygiene: Knowledge and practices among adolescent girls” • “Second Hand Smoke (SHS) exposure amongst pregnant women in Southern Tamil Nadu-A study” and • “Study among snake bite patients to find the prevalence of envenomated cases and causes for the same in Kachhwa Christian Hospital”.

A total of forty faculty members from different departments in CMC were involved in the diverse teaching sessions and assessments of the participants.



## Dedication of the 'MinION' in the Department of Clinical Microbiology



The dedication of the 'MinION', a state of the art Whole Genome Sequencer was organised by the Department of Clinical Microbiology on 9<sup>th</sup> July, 2018.

The programme began with a prayer of dedication by Rev. Pearson and the equipment was inaugurated by Dr. Joy S Michael, Professor and Head, Department of Clinical Microbiology. Dr. John Anthony Jude Prakash, Professor, welcomed the gathering followed by a note on the advantages

of the 'MinION' by Dr. V. Balaji, Professor and a walk through about the functions of the equipment by Dr. Naveen, PhD.

'MinION' is a portable real-time device for DNA and RNA sequencing with each consumable flow cell generating 10–20 Gb of DNA sequence data. This can sequence up to 50,000 bp length on average, however the maximum recorded length is over 90,000 bp. The MinION streams data in real time which enables analysis to be performed during the experiment and workflows are fully versatile allowing rapid point of care diagnostics.

It weighs under 100 g and plugs into a PC or laptop using a high-speed USB 3.0 cable and is being used for a number of biological analysis techniques including de novo sequencing, targeted sequencing, metagenomics, epigenetics and more.

## First National Workshop in Pharmaceutical Medicine



The Department of Pharmacology and Clinical Pharmacology organized the first National Workshop in Pharmaceutical Medicine from 9<sup>th</sup> to 12<sup>th</sup> July, 2018. This workshop was organized in collaboration with postgraduate alumni of the

department who are now in responsible positions within various pharmaceutical organizations. This collaboration brought together a unique blend of clinical research experts from the academia and the industry, sharing the same platform to disseminate their knowledge and firsthand experience on pharmaceutical medicine. Forty MD postgraduate students, from fifteen colleges, registered for this workshop. The curriculum of MD Pharmacology postgraduates includes the science of Pharmaceutical Medicine as an integral component. The workshop focussed on a pharmaceutical overview of the drug development process, research and development, drug safety in trials, regulatory affairs, the role of medical affairs in industry and an overview of population pharmacokinetic modeling in clinical trials. The participants with the help of mentors worked in small groups and were trained to design protocols for clinical trials. There was a GCP panel discussion, where experts from the institution and clinical trial experts addressed issues relating to the investigator, ethics committee and the sponsor. The inaugural address was delivered by the Principal, Dr. Anna Pulimood, with felicitations by the former principal, Dr. JP Muliylil. Dr. Anna Pulimood appreciated the organizers on their willingness to establish a collaboration between the academia and the pharmaceutical industry, for the benefit of expanding knowledge and research in the science of Pharmaceutical Medicine.

## Tree Planting Ceremony at the College Hill Kinder Garten

The College Hill Kinder Garten, College Campus, Bagayam in commemoration of its 63 years of existence held a tree planting ceremony in collaboration with the Department of College Maintenance at the College campus, Bagayam on 18<sup>th</sup> July, 2018. The occasion was graced by the Principal, Dr. Anna B. Pulimood, Chaplain Rev. Pearson and the Senior Agricultural Manager Mrs. Jenny Thomas. The Principal shared with the children the importance of planting trees and encouraged them to create a greener future. The committee of the College Hill Kinder Garten, expressed its gratitude to the administration for their tremendous efforts to complete the new school building. The College Maintenance staff, College Hill Kinder Garten teachers and the children planted around fifty trees within the Campus.

## Congratulations !

• **Dr. V. Rajshekhar**, Professor of Neurosurgery delivered the following 3 Orations and 1 keynote address over the past year: 5<sup>th</sup> Cherukuri Narasimham and Subhadra Devi Chair Oration, SVIMS, Tirupati - 8<sup>th</sup> March, 2017; Keynote address - Third JIPMER Research Day, Puducherry - 11<sup>th</sup> September, 2017; Dr. John S. Carman Oration, CMC, Vellore - 30<sup>th</sup> November, 2017; 2<sup>nd</sup> Mrs. I. Satyavathi Oration - Andhra Medical College, Visakhapatnam - 29<sup>th</sup> June, 2017.

• The following MD DVL postgraduate students, won prizes at the 9<sup>th</sup> State Conference of Tamil Nadu Branch of Indian Association of Dermatologists, Venerologists and Leprologists, Cuticon, Tamil Nadu 2018:

**Dr. Anu Sara Philip**, was awarded 1<sup>st</sup> prize for her poster entitled 'A case of lax skin' and **Dr. Megha Mariam George**, was awarded 3<sup>rd</sup> prize for her poster entitled 'A rare cause of recurrent oral and genital ulcer'.

• **Dr. Rosh Varghese Georgy**, PG Registrar, Radiology, got 3<sup>rd</sup> place in a quiz competition at the 17<sup>th</sup> Hyderabad Annual Radiologic Physics course held at Hyderabad on 20<sup>th</sup> - 22<sup>nd</sup> July, 2018.

• The following candidate was successful in the Postgraduate M.Sc. Examination held in **May 2018** (University Results published on 07.07.2018). **M.Sc. Medical Physics: Part I - Mr. Pranjal Srivastava.**

## Upcoming Event

The Seventh Ida S. Scudder Humanitarian Oration has been awarded (posthumously) to Dr. Ida Belle Scudder, niece of Aunt Ida, and pioneer of of Radiography and Radiotherapy at the Christian Medical College Vellore.

*Continued on page 4*



The Oration will be delivered by Dr. Robert Fish, the closest living relative of Ida S. Scudder and nephew of Ida B. Scudder, on Thursday 9<sup>th</sup> August 2018, starting at 6 pm in the Scudder Auditorium. Dr. Rob Fish is a dentist and has visited CMC three times before, having a great commitment to the efforts of the LCECU and the Dental Department to serve the most disadvantaged and marginalised people of Vellore. He is also a good friend and benefactor of the Scudder Memorial Hospital, Ranipet. He was president of the Scudder Association from 2010 to 2017. He was selected to represent the Scudder family this year to celebrate the centenary of the fulfillment of Ida Scudder's dream to establish medical education for women in Vellore. Everyone is warmly invited to attend this important annual event which celebrates the vision, values and committed service of our Founder, and honours individuals who through their lives and service have exemplified her spirit and dedication. Please invite friends and family to come to hear Rob Fish speak about his beloved aunt and his passion for extending dental care to those on the margins. Please be seated by 5.45 pm to allow a prompt start.

**Situations Vacant****1. Assistant Professor with MD (General Medicine) with two years experience in Infectious Diseases for the Department of Infectious Diseases**

Salary scale : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

**2. Senior Resident with MD (Paediatrics) with two years experience in Paediatric Nephrology for the Department of Paediatrics Unit-II (Paediatric Nephrology)**

Salary scale : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

**3. Senior Resident Gr.III with MD / DNB (General Medicine) for the Department of Nephrology**

Salary scale : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

**4. Senior Resident with MD (Microbiology) for the Department of Clinical Virology**

Preference will be given to those who have one year experience in Virology.

Salary scale : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore – 632 002, email: [princi@cmcvellore.ac.in](mailto:princi@cmcvellore.ac.in) on or before **August 04, 2018** for Items 1, 2 and **August 11, 2018** for Items 3 and 4.

**5. Senior Resident for the Department of Haematology**

*Job Code : 1259*

Qualification : Post MD with Post Doctoral Fellowship.

Mode of appointment : Project mode. Salary : As per institutional rules. Accommodation not provided.

Download application from this link: <http://www.cmch-vellore.edu/> → General → Vacancies → Application Form for Project Staff. The print out of the application with certificates and testimonial copies should be sent to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 on or before **August 10, 2018** for Item 5.

*Note : Please mention the Job Code in the application form. Applications without Job Code will not be accepted.*

**6. Staff II Medical Lab. Technician (Project) for the Department of Clinical Haematology**

Qualifications : B.Sc.(MLT) with first class. Age limit : 35 years. Salary : As per institutional rules. (External Salary).

Job description : To work in Haematology Department in project mode.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". *Note : Only online applications will be accepted; Hard copies will not be accepted.*

Applications will close on **August 06, 2018** for Item 6.

**7(a). Health Centre Auxiliary to work in RUHSA Hospital. Only female candidates need to apply.**

Qualification : 12<sup>th</sup> Std with Diploma in Health Assistance. Preferably married.

**7(b). Assistant Warden to work in Nursing Students Hostel. Qualification : Graduate (Only female candidates need to apply, preferably unmarried / widowed. Candidate need to stay in the hostel.**

Apply with biodata, photograph, certificates and testimonials to the Dean, College of Nursing, Christian Medical College, Vellore-632 004, on or before **August 11, 2018** for Items 7(a) and 7(b).

**8. Coordinator (Project Mode) for the Community Health Department**

Qualification : Master's in Public Health / Social work with one year experience in the field and good computer skills.

Salary : As per institutional rules.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". *Note : Only online applications will be accepted; Hard copies will not be accepted.*

Applications will close on **August 04, 2018** for Item 8.



# Special Issue

Vol.No.56 No.06

FOR PRIVATE CIRCULATION ONLY

AUGUST 06, 2018



## Slow Down

I recently saw a young man struggling to match his quick pace to that of his elderly companion. In this modern culture, many of us walk fast, eat fast, and speak fast. Words like *'quick'*, *'fast'*, *'instant'*, *'immediate'*, *'urgent'*, and *'speed'* seem to be the marks of the day. However, there are some aspects in life and some moments in life where the opposite is required. Rather, if we don't slow down, we will miss the beauty of the wholeness of life.

**1. Fellowship with the physically sick:** "*Slow Dance*" is a poem written by a teenager with cancer, a few lines of which are:

*"You better slow down.  
Don't dance so fast.  
Time is short.  
The music won't last"*

We sometimes run so fast, not bothering to wait to hear the reply to our own commonplace question, "*How are you*"? When we have the patience to listen to their reply, we can know about them and help if necessary. When we sit with someone who is physically sick, we understand that their world is quite different. If we want to understand their pain, we need to slow down. If we want to have fellowship with them, we need to slow down.

**2. Look at the birds of the air:** While talking about worries, Jesus told that we can learn a lot from the birds and the lilies. The behaviour of the birds and the beauty of the flowers are observed only by those who slow down. In our life of speed and action, we miss out these important experiences of life. If we want to consider the birds of the air and the lilies of the field, we need to slow down. Often, it is we adults who are unable to appreciate the beauty of nature or the mystery of the universe- unlike a child. A child has his own rhythm and speed, which is conducive to experience, wonder and behold beauty around us.

**3. Wisdom from the elderly:** Many of us seek out an elderly person when we go through crisis. One thing they facilitate us to have is 'slowing down'. Probably, when we know that we have hit the rock bottom, we realise that 'slowing down' is a good idea. The elderly, in their wisdom, know the futility of the speed in many aspects of life. They may not tell us to slow down. But every moment we are with an elderly, makes us slow down unknowingly. If we want to learn from their experience, we need to slow down.

**4. Listening with empathy:** Listening is an activity of the heart. It is significantly different from 'hearing' which is the activity of the ear. Listening requires slowing down. Many caring professions like teaching, healing, counselling and mentoring involve significant amount of listening. We will be able to listen only if we know that there is something to listen. Humility, respect and compassion are prerequisites for listening. We walk the same pace with the other when we listen. We may deliberately reduce our speed, knowledge and even intention for the sake of the other. It is only in that process of listening that healing emerges.

**5. Slow to anger:** One description which is given about God in many Biblical passages is that the Lord is *'slow to anger'* (not less than nine instances). It is given as one of God's intrinsic qualities. How is it possible that an all knowing God is slow to anger? Why does God suspend or delay His anger? If at all someone is justified to get angry, it is God since He knows even the inner thoughts and motives behind one's action. Interestingly, the book of Proverbs translates this specific quality of *'slow to anger'* to human beings as a requirement (Proverbs 14:29, 15:18, 16:32, and 19:11). *'Whoever is slow to anger has great understanding'*, *'those who are slow to anger calm contention'*, *'One who is slow to anger is better than the mighty'*, *'Those with good sense are slow to anger'*. Apostle James instructed his listeners to be slow to anger. It is a divine quality, it enhances understanding and removes quarrel.

Slow down, today, to have fellowship; slow down to catch a glimpse of the first star or the colours of twilight; slow down to listen to those in the evening of their lives; slow down to listen to the heart of a companion or family member; be slow to anger. In those holy pauses, God speaks.

In which area of my life should I slow down today?

*Rev. Dr. Arul Dhas, Chaplain*

# CMC NEWSLINE

Vol.No.56

No.06

FOR PRIVATE CIRCULATION ONLY

AUGUST 06, 2018

*But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me.*

*2 Corinthians 12:9*

## 'Gastroenterology Update- 2018'



The Department of Gastroenterology organised a national conference titled 'Gastroenterology Update-2018' on 13<sup>th</sup> and 14<sup>th</sup> of July focussing on two cutting edge imaging modalities in advanced endoscopy- endoscopic ultrasonography and cholangiopancreaticoscopy. The inauguration programme began with opening prayer by Rev. Finney Alexander, Chaplaincy after which Dr. Ebby George Simon, Head Department of Gastroenterology welcomed the gathering. Dr. J.V. Peter, Director, Dr. Anna B. Pulimood, Principal, Dr. Joy Mammen, Acting Medical Superintendent and Dr. Naresh Bhat, President, Indian Society of Gastroenterology offered their felicitations. Dr. Manuel Perez Miranda from Hospital Universitario Rio Hortega, Valladolid, Spain and Professor Anthony Teoh from the Chinese University of Hong Kong along with fifty other national experts participated as faculty. The attractions of this academic feast

were live demonstrations, video sessions and state of the art lectures. This year, Professor D. Nageshwar Reddy, Chairman, Asian Institute of Gastroenterology was invited to deliver the prestigious Drs. Minnie and V.I. Mathan Oration. He spoke about his eventful journey in the field of endoscopy. A moving presentation on the centenary of medical education at Christian Medical College, Vellore was rendered by Dr. Pippa Deodhar, Coordinator, Centenary Year Project. For the first time in the institution, proceedings of a conference of this kind were streamed live on the internet and this was well appreciated. The meeting concluded with a vote of thanks by Dr. Sudipta Dhar Chowdhury, Professor, Gastroenterology.



*Special Prayers : August 05 - 11, 2018*

*Nephrology and AK Lab :*

Dr. Santosh Varughese and Staff  
Dr. Vinoi George David and Staff  
Mrs. Ilavarasi Jesudoss and Staff

*Emmanuel Hospital Association*

Council Members: Dr. Joshua Sunil Gokavi  
Dr. Deepak Samson Singh

Hospital: The Duncan Hospital, Raxaul  
Makunda Christian Hospital, Herbetpur  
Christian Hospital, Prem Jyoti Community  
Hospital and Chinchpada Christian Hospital.

*Evangelical Lutheran Church in Madhya Pradesh*

Council Members: Dr. Rajiv Choudhrie  
Dr. Deepa Choudhrie

Hospital: Padhar Hospital, Betul and others

*Sunday Services : August 12, 2018*

6.00 pm : **Scudder Auditorium**

Dr. Johnny Ommen

6.30 pm : **Hospital Chapel**

Dr. Tony Abraham Thomas

5.00 pm : **Friendship Chapel, KPTR Campus**

Mrs. Emily Daniel

*There will be a Thanksgiving Service for the life witness of Miss. Marlienne Thomson on Thursday 9<sup>th</sup> August in the Hospital Chapel at 12.00 noon.*

*Welcome :*

- **Dr. Binu Prathap Thomas**, Professor, Department of Hand Surgery, on his return from sabbatical leave.
- **Dr. Vinotha**, Associate Physician, Department of Gynaecologic Oncology on her return from study leave.

*Memoranda :*

*(Continued on Page 3)*

The **Unit of Reproductive Medicine** will hereafter function as a Department with effect from 1<sup>st</sup> August 2018, **Dr. Aleyamma T.K.** Professor of Reproductive Medicine will Head this Department for a four year term.

The **Unit of Medical Education** will hereafter function as a Department with effect from 1<sup>st</sup> August 2018, **Dr. Minnie Faith K.**, Professor of Biochemistry will Head this Department for a four year term.

**Paediatric Neurology** will now function as a Department under **Neurological Sciences** with effect from 1<sup>st</sup> August 2018, **Dr. Maya Mary Mathew**, Professor of Neurology, will Head this Department for a four year term.



## Dedication of the Foundation of “Aashraya” at Chittoor – A Project of the MBBS Batch of 1991



On 21<sup>st</sup> July 2018, a group of the current CMC faculty, staff of CMC Chittoor campus, retired faculty of CMC Vellore and many others gathered together on the verdant portion of the northern part of the campus for the dedication of Project ‘Aashraya’. The MBBS batch of 1991 had raised a sizeable amount to support the installation of a building that when complete would be able to shelter the relatives of patients who would require treatment at CMC Vellore Chittoor campus.

The campus which is currently located ten km away from Chittoor town and has rapidly growing inpatient and theatre facility will benefit largely from this project. The programme began with a prayer of dedication by the Chaplaincy Department followed by a song of dedication by the Chittoor Campus Choir. The rest of the event was organised by the batch of 1991, led by Dr. Sunithi, Dr. Rohit and Dr. Chandrasingh.

The Associate Director for the Chittoor campus gave a brief summary on how critical this project will be in providing lodging and comfort for the many patients and relatives visiting the Chittoor Facilities. He also spoke about the location which was chosen after much deliberation, keeping in mind the wildlife in the area and the importance of preserving the existing biodiversity. The former director, Dr. Sunil Chandy, who had initially conceptualized the project, spoke at length on how needy patients in particular would benefit. Dr. Ravi Korula, former principal talked about the evolution of the Chittoor project from the year 2009 and initial challenges in developing the area. The foundation stone was unveiled by the former director, Dr. Joyce Ponniah and Dr. Susie Kurien, former head of Pathology. There was a turning of the soil initiated by the nursing superintendent, Dr. Premilla Lee and the tree planting by the medical superintendent, Dr. Prasad Mathews. The programme culminated with the flag hoisting by the former principal, Dr. Jayaprakash Muliyl. A detailed video of the programme can be viewed at: <https://youtu.be/D849D9hEN0k>. More photographs can be viewed at the following link: <https://drive.google.com/drive/folders/19e60NN85thx5UvOo4JpdtI-Oabw4uZEK?ogsrc=32>



## Staff Retreat - 2018

The Staff Retreat, in Tamil was held on Sunday, 15<sup>th</sup> July, 2018 at MBKG Pannai, Kasam. Dr. J.V. Peter, Director, addressed the gathering and offered words of felicitation. The Chief Guest for the retreat was Rev. Dr. Peter Singh, Professor, Tamil Nadu Theological Seminary who spoke on the theme “City on the Mountain” based on Matthew 5:14 and enlightened the CMC community on witnessing God’s love. Around four hundred and twenty staff attended the retreat. Later Rev. Dr. Peter Singh spoke at the Community Worship Service held in Scudder Auditorium. The Department of Chaplaincy thanks Rev. Dr. Peter Singh for his spiritual insights to the community.

## Teaching Mission



The teaching mission lectures were held from 29<sup>th</sup> June to 1<sup>st</sup> July, 2018 on the theme, 'Building God’s Kingdom through Healthcare Education'. The lectures were delivered by Rev. Prof. John Swinton, a Scottish Theologian, Professor in Practical Theology and Pastoral care, Honorary Professor of Nursing in the Centre for Advanced Studies in Nursing at Aberdeen University and Founder of the University’s Centre for Spirituality, Health and Disability. His lectures triggered many questions around the theme ‘spirituality’, ‘healing’ and ‘health’. His answers came with grace, humility and wisdom-biblically based and were theologically sound. CMC is grateful for his insightful contribution to the community.



## Memoranda

- **Dr. Chandrasingh J.**, Professor of Urology is appointed as Head of Urology Unit-I with effect from 6<sup>th</sup> August, 2018 for a four year term.
- **Dr. Sanita Mary George Korah**, Professor of Ophthalmology is appointed as Head of the Department of Ophthalmology and Ophthalmology Unit-I with effect from 16<sup>th</sup> August, 2018 for a four year term.

## Congratulations !

• **Mr. S. Selvin James**, MPT Student has won the 3<sup>rd</sup> prize of the research grant awarded by Fascial Manipulation Association for his thesis titled "Effectiveness of FM in improving pain and dysfunction in persons with early knee osteoarthritis". He has been invited to present this paper in the International Conference to be held in Berlin, later this year.

• The following students were awarded prizes / medals at the University Convocation held on 8<sup>th</sup> July 2018.

- Dr. Sameer M.D.** 1. District Surgeon Dr. R. Shanmugam Memorial Endowment Prize, 2. Iraiyaime E.A. Jivudeen Endowment Prize, 3. Madurai Asicon 1977 Gold Medal, 4. Apollo Gold Medal, 5. Dr. C.M.K. Reddy Gold Medal – **M.S. General Surgery**
- Dr. Nedha Joy** Prof. Mohan Kameswaran Gold Medal Endowment – **M.S. E.N.T.**
- Dr. Carolin Solomi V.** 1. Dr. Mira Sengupta Gold Medal, 2. Dr. R.H. Kulkarni S Award, 3. Prof. Dharani Srinivas Gold Medal – **M.S. Obstetrics & Gynaecology.**

## Sports News



• The **Staff Football Tournament** for the year 2017-18 was held on 9<sup>th</sup> June, 2018. Mr. Vetri Selvan Xavier, Senior Pharmacist from Staff Pharmacy was the chief guest and distributed the prizes to the winners. **Winners-Pharmacy Department. Runners up-Department of General Surgery.**

• **Staff Basketball Tournament** for the year 2017-18 was held on

18<sup>th</sup> July, 2018. Dr. Thomas Palocaren, Professor of Paediatric Orthopaedics was the chief guest and distributed the prizes to the winners. **Winners : General Surgery. Runners up : Orthopaedics.**



## Retirement

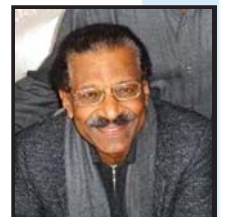


**Mrs. K. Vijayalakshmi**, Secretary Gr.II, P.I.C.U. retired on 22<sup>nd</sup> July, 2018 after 32 years of dedicated service to the institution. Her husband, Mr. Balasubramanian is a retired Drafting Officer. They have two daughters. Her elder daughter, Mrs. Jayanthi is a teacher in a private school and younger daughter, Ms. Ayeshwarya is a second year M.E.(Computer Science) student. CMC community is thankful for her significant years of service to the institution and wishes her God's blessings in her retired life.

## Obituary: Dr. M.E. Vijayasenan

The passing away of **Dr. M.E. Vijayasenan** (Batch of 1957) on 26<sup>th</sup> July, 2018.

A celebration of Dr. Vijayasenan's wonderful life will be held at North Porirua Baptist Church, 69F Discovery Drive, Whitby, Porirua on Monday 30<sup>th</sup> July at 10.30 am, followed by burial at Whenua Tapu Cemetery, Pukerua Bay. He was well known for his warm, friendly and straight-forward nature. He was a talented musician who with his "doubles base" made his presence felt in all the College and Men's Hostel entertainment programs. After leaving CMC, he specialized in Psychiatry and was a Fellow of the Australian & New Zealand College of Psychiatrists. He worked mostly in Wellington, Australia. Alcoholism and Biological Psychiatry were his two areas of interest and published many research papers on these topics. He is survived by his wife Premila and sons Jaideep and Pradeep. For those who would like to share your thoughts and memories in the guest book, it can be sent to the following address or by clicking the below link: Care of Ninness Funeral Home, PO Box 50 347, Porirua. [www.tributes.co.nz](http://www.tributes.co.nz). Our thoughts and prayers are with the bereaved members of the family at this time of sorrow and loss.



## Upcoming Events:

• *'One Step at a Time': The Birth of the Christian Medical College Vellore!* – a 300 page full colour book on the early history of medical education will be released by Dr. Rob Fish following the Scudder Humanitarian Oration starting on 9<sup>th</sup> August, 2018 in the Scudder Auditorium.

• **Precious Memories** : An exhibition of photos and memorabilia celebrating the history and spirit of CMC Campus life.

Venue : Ground Floor, New Exam Hall. Dates : August 10-15, 2018. Inauguration: 9 am, August 10, 2018.

Timings : 9 am - 5 pm on August 10,13 & 14, 2018; 9 am-1 pm on August 11 & 15, 2018;

7 pm - 8.30 pm on August 12, 2018.

• **Indian Academy of Paediatrics–Basic Life Support Course (IAP-BLS)**: Basic Life Support (IAP-BLS), 2017-18 update will be held on **5<sup>th</sup> September 2018** at the Paul Brand Building, CMC Vellore. IAP-BLS course is designed to provide a wide variety of health care students, professionals and other personnel, the cognitive and skills training in cardiopulmonary resuscitation (CPR) and use of an Automated External Defibrillator (AED) to save lives. The ability to recognize life-threatening emergencies, provide CPR, use an AED and relieve choking in a safe, timely and effective manner to all ages – Adult, Paediatric and Infants are the main highlights of the curriculum. The registration fee for this course is Rs.1000/- (including course material) and the certificate given is valid nationally. The last date for registration is 13<sup>th</sup> August, 2018. For registrations, please contact Ms. Nitha Cathuan or Dr. Ebor Jacob, Paediatric ICU (Phone No: 0416-2283366 / 8300205338).

• **Indian Academy of Paediatrics –Advanced Life Support (IAP-ALS) course** : The IAP-ALS provider level course will be held on **6<sup>th</sup> and 7<sup>th</sup> of September, 2018** at the Paul Brand Building, CMC Vellore. This well known Paediatric Advanced Life Support Course, accredited by the Indian Academy of Paediatrics, is valid nationally. The number of participants is strictly restricted to 30 as per IAP guidelines. The registration fee is Rs.4,500/- (cost of study materials included). The last date for registration is 13<sup>th</sup> August, 2018. This two days course is based on the latest 2017 IAP updated guidelines. For enquiries and registration, please contact Ms. Nitha Cathuan or Dr. Ebor Jacob, Paediatric ICU (Phone No: 8300205338/0416-2283366). **NOTE:** It is mandatory for the participants to complete the IAP-BLS training prior to the IAP-ALS course. IAP-BLS course has been scheduled on **5<sup>th</sup> September, 2018** and the registration fee is Rs.1000/- (cost of study materials included).

## Situations Vacant

### 1. Research Associate for the Department of Infectious Diseases

**Job Code: 1260**

Qualification: M.Pharm with 3 years experience and should have at least one publication science citation indexed journal.

Mode of appointment : Project mode. Salary : As per institutional rules. Accommodation not provided.

Download application from this link: <http://www.cmch-vellore.edu/> → General → Vacancies → Application Form for Project Staff. The print out of the application with certificates and testimonial copies should be sent to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 on or before **August 17, 2018** for Item 1.

**Note : Please mention the Job Code in the application form. Applications without Job Code will not be accepted.**

### 2. Staff III Graduate Technician (Project) for the Department of Clinical Immunology & Rheumatology

Qualifications : B.Sc. (Nursing). Age limit : 35 years.

Consolidated pay : Rs.15,000/- per month. Accommodation not provided.

Job description : To work in the Department of Clinical Immunology & Rheumatology in Project Mode.

### 3. Sr. Pharmacist Gr. IV (Project) for the Department of Medical Oncology

Qualifications: B.Pharm with Tamil Nadu Pharmacy Council Number. Age limit : 35 years.

Salary: As per institutional rules. Job description : To work in Medical Oncology under Project.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **August 13, 2018** for Item 2 and **August 20, 2018** for Item 3.

### 4. Schieffelin Institute of Health - Research & Leprosy Centre, Karigiri invites applications for the following post of Pharmacist Gr.IV.

Qualification : Diploma in Pharmacy / Bachelor of Pharmacy. Age limit : 35 years.

Apply with detailed bio-data along with photocopies of certificates, testimonials and a demand draft for Rs.50/- in favour of "SIH-R & LC, Karigiri" addressed to the Director, S.I.H-R & L.C. Karigiri - 632 106, Vellore District.

Last date for receipt of applications: **August 11, 2018.**

# Let's Think Together

No.12

AUGUST 13, 2018



## Learning to Trust

One of the most important things that keeps us together - whether in the work place or in our families, is trust. How do we define trust? My favourite writer, Henri Nouwen says that trapeze artists in a circus give us a beautiful image of trust. The flyer who sails through the air, trusts the catcher below him, implicitly. He knows that the catcher will be there at the right time and place to catch him as he does his somersaults and flips through the air into the catcher's hands. He knows that he will not let him fall. The success of their act depends on this trust.

When my grandson was about three years old, one of his great delights was to stand on a table or chair and hurl himself into my arms. Physically, I'm quite a frail woman, and did not like playing this game with him in case we both fell and hurt ourselves. Still, he would surprise me at unexpected moments and say, "Paati catch me." One day, I told him quite sternly, not to do this any more. "Paati is not strong enough to carry you darling, I will fall and you will fall and hurt yourself". Back came the swiftest reply. "You will always catch me Paati. You will never let me fall and get hurt. You love me so much." I marveled at his complete trust in me.

Some weeks later I used these same words to a couple who felt that they had lost their trust in each other. Along with the broken trust, was also the feelings of lost love. Each seemed betrayed by the other. How does one learn to trust again? By taking the first step towards trusting each other. So I cleared my sitting room of the furniture, and whispered something into the woman's ear. The husband had no idea what I said to his wife. All of a sudden she stood up and fainted backwards and it seemed that she would fall to the floor. Her husband jumped up and caught her before she fell. It was brave of her to do this little exercise - and it showed her, that yes, when it seemed that she would get hurt, he was there to hold her. Love and the feeling of trusting that he would not allow her to get hurt had not completely disappeared. They were able to use this exercise to rebuild trust in each other slowly.

For most of us, trusting someone, even someone close to us does not come easily. We feel vulnerable and think, "Will she take advantage of me?" "Will he let me down again?" "Will he misunderstand me?"

Often, trust begets trust. On one occasion, a visually impaired young man was selling maps on a train. He persuaded a lady to buy one. She waved a hundred rupee note and asked for change. He did not have enough, so she decided not to buy the map. Another young man, also visually impaired and selling the same maps, came to his friend's rescue. "I Think I have enough change," he said, and opened his palms with an assortment of notes. He offered it to the lady and said, "Please take the change you need."

I'm sure the boys would have been cheated many times by mean people who took more than their share of change. But still they continued to trust strangers every day of their life.

### **Think about this!**

Could you trust someone the way these two boys trusted strangers?

What prevents you from trusting people this way?

Usha Jesudasan  
ushajesudasan@gmail.com



# CMC NEWSLINE

Vol.No.56

No.07

FOR PRIVATE CIRCULATION ONLY

AUGUST 13, 2018

*He rescues and he saves; he performs signs and wonders in the heavens and on the earth. He has rescued Daniel from the power of the lions.*  
*Daniel 6:27*



## World Head and Neck Cancer Day- 2018



**W**orld Head and Neck Cancer day-2018 was celebrated on 27<sup>th</sup> July 2018 by the Head and Neck Disease Management Group. The focus of the event was to create awareness among the general public as well as staff and students about the importance of avoiding tobacco and early diagnosis and management of Head and Neck cancers.

Various activities such as Slogan competition, Walkathon and a Cancer survivors meet were organised. The slogan competition saw much enthusiastic participation from the staff and students. Prizes were distributed to the best three slogans.

On 27<sup>th</sup> July, a walkathon, from the Gandhi statue (Vellore Fort) to CMC Hospital was organised; flagged off by Dr. J.V. Peter, Director. More than two hundred staff and students walked enthusiastically with banners and placards. Pamphlets highlighting the side effects of tobacco usage and the early symptoms of Head and Neck cancers were distributed to the public.

On 28<sup>th</sup> July, a cancer survivor's meet was held. The meet had several sessions which were highly beneficial for the patients and survivors. Free dental screening, physiotherapy, speech and swallowing therapy, dietary clinic advice and counselling were provided for the patients and caregivers.

The post lunch session included a time of sharing by the patients on the challenges faced by them during the course of their treatment.

The celebrations will conclude on 18<sup>th</sup> of August with a CME for the general practitioners, local physicians and ENT - Head and Neck surgeons highlighting the importance of early diagnosis of Head and Neck cancers.



**Special Prayers : August 12 - 18, 2018**

**Physical Medicine and Rehabilitation Rehabilitation Institute :**

Dr. Raji Thomas and Staff  
Dr. Judy Ann John and Staff  
Dr. Premila Lee and Staff

**Tamil Evangelical Lutheran Church**

Council Members: Rt. Rev. S. Edwin Jayakumar  
Dr. C.A. Nelson Jesudasan

Hospital : St. Joseph Eye Hospital,  
Trichy and others

**Gossner Evangelical Lutheran Church**

Council Members: Rt. Rev. Johan Dang  
Mrs. Sujaya Kujur

**India Evangelical Lutheran Church**

**Sunday Services : August 19, 2018**

6.00 pm : **Scudder Auditorium**  
Dr. Anna B. Pulimood

6.30 pm : **Hospital Chapel**  
Dr. Judy Ann John

5.00 pm : **Friendship Chapel, KPTR Campus**  
Dr. Rabi Raja Singh

**Welcome :**

**Dr. M.N. Manivachagan**, Associate Professor, Paediatric Intensive Care Unit, on his return from study leave.

**Memoranda :**

• **Dr. Mona Matilda Basker**, Professor of Paediatrics is appointed as Deputy Medical Superintendent (In-charge for ISSCC Building) with effect from 8<sup>th</sup> August, 2018.

• **Dr. Tony Abraham Thomas**, Assistant Surgeon term as Missions Co-ordinator in the Missions Department under Directorate is extended for a period one year with effect from 16<sup>th</sup> August, 2018.

**Obituaries :**

**Mr. A. Magimaidoss**, father of Mrs. M. Banu, Draftsman, Engineering Planning Department on 8<sup>th</sup> August, 2018. He is survived by his wife, Mrs. Pushparani.

**Mr. Chellaiah Benjamin**, retired staff in Telephone Exchange, Carman Block, CMC, Bagayam, father of Mr. Thomas Benjamin, and Ms. Esther on 10<sup>th</sup> August, 2018.

Our thoughts and prayers are with the bereaved members of the families at this time of grief and loss.

## Annual Postgraduate CME, organised by the Department of Haematology

The 13<sup>th</sup> Annual Postgraduate CME in Haematology was jointly conducted by the Departments of Haematology and Transfusion Medicine & Immunohaematology from 25<sup>th</sup> to 27<sup>th</sup> July, 2018. Postgraduate students from Medicine, Pathology and Pediatrics, were provided a good exposure to the field of Haematology. Two hundred and seventy two students from sixty four colleges within our country, along with twenty two students from CMC participated.



The CME had various academic and interactive sessions. There were informative lectures on important topics in Haematology, interactive clinical case discussions and a tour and demonstration of the laboratories. During the interactive sessions the participants were able to discuss at length with the experts. They were provided with a better understanding of the laboratory and clinical aspects of Haematology and sensitized to the many career opportunities in the field of Haematology.

During the course of the workshop two quiz programmes were conducted, on 26<sup>th</sup> July, 2018 and 27<sup>th</sup> July, 2018. The winners of the first programme were Madras Medical College, (First Prize), Government Medical College, Thrissur, (Second Prize) and MKCG Medical College, Berhampur (Third Prize).

The winners of the second quiz programme were K.A.P.V Govt Medical College, Trichy (First Prize), Madurai Medical College (Second Prize) and Kidwai Memorial Inst. of Oncology, Bangalore (Third Prize).

The CME was a great success and awarded thirty credit points by the Tamil Nadu Dr.M.G.R Medical University. Further details of the 13<sup>th</sup> Annual Post Graduate CME in Haematology can be accessed at [www.pgcmehematology.net](http://www.pgcmehematology.net)

## CME on 'Complex Paediatric Dermatology'



A CME on 'Complex Paediatric Dermatology' was conducted by Dermatology, Venereology and Leprosy Unit-1 on 21<sup>st</sup> July at the Bagayam campus. Paediatric Dermatology, a relatively new subspecialty is designed to improve the approach and management of the evergrowing cutaneous disorders in children which needs multispecialty intervention. The CME, a first of its kind, attracted more than one hundred and fifty delegates including dermatologists, paediatricians, family physicians and general practitioners and was accredited by the Tamil Nadu Dr. M.G.R. University, Chennai. The faculty included Dr. Stephen R. Humphrey, Assistant Professor of Dermatology (Paediatric Dermatologist) Children's Hospital

of Wisconsin and eminent Professors in Paediatrics and Dermatology from CMC and other Institutions. The topics included neurocutaneous syndromes, vascular anomalies, epidermolysisbullosa, inflammatory and blistering diseases, congenital immunodeficiency, oncology and neonatal and paediatric emergencies. Both dermatologists and paediatricians perspectives were presented during the sessions. An e-Poster competition for postgraduates was also organised.

## Basic Epidemiology training on 'Principles and Practice of Epidemiology'

The 41<sup>st</sup> Basic Epidemiology training programme on 'Principles and Practice of Epidemiology' was conducted at the Community Health Department from 16<sup>th</sup> to 28<sup>th</sup> July, 2018. There were sixty six participants from the country including twelve participants from Nepal. The follow up programme on 'Advanced training in Clinical Trials and Case Control studies' will be conducted from 19<sup>th</sup> November to 1<sup>st</sup> December 2018.



## Cystic Fibrosis India Project



Cystic Fibrosis(CF) India project was initiated on 1<sup>st</sup> May, 2018 as a collaborative effort by Paediatric respiratory clinic, Department of Paediatrics, Department of Pulmonary Medicine and Nationwide Children's Hospital, Columbus, Ohio. This is a demonstration project funded by the 'CF' foundation, USA to create a sustainable model of care for Cystic Fibrosis in areas with no access to resources. A team from Columbus, Ohio including Dr Grace Rebecca Paul (CMC MBBS batch of '94), Ms. Teri Johnson, CF nurse, Nationwide Children's Hospital and Ms. Susan Gemma, CF dietician,

Nationwide Children's Hospital visited the Department of Paediatrics in order to develop this project further. Various teaching sessions and workshops were organised at Kothagiri, Coimbatore, Chennai and Chittoor campus with the aim to create awareness among healthcare professionals in India to allow early diagnosis and treatment of Cystic Fibrosis

## Congratulations !

• **Dr. Leah Raju George**, Assistant Professor, Department of Anaesthesia has won the first prize in Poster presentation in ISACON 2018 Conference held from 20<sup>th</sup> to 22<sup>nd</sup> July, 2018 in Coimbatore.

• The following candidates were successful in the Postgraduate **Diploma** Examination held in **May 2018**. (University Results Published on 07.07.2018) **Diploma-April 2018 session (Passed out candidates)**.

- D.A.** : Dr. Blessy Abraham, Dr. Maria Jacob, Dr. Joseph George Tharion, Dr. M. Vinolia Victory Nissi, Dr. Andrew Moses, Dr. Jijo Paul, Dr. Bhargavi Vallabhaneni and Dr. Kumaran V.
- D.D.V.L.** : Dr. Hajari Shreya Swaroopsingh; **D.L.O** : Dr. Sangeetha Ruth Prasad
- D.G.O.** : Dr. Raisa Samuel, Dr. A. Alice Jesuntha, Dr. Tina Gurung, Dr. Kiruba Hannah Vidhyantha, Dr. Magdalene Seegan Paul P.M. and Dr. Ramya V.M.
- D.O.** : Dr. Joseph Babu and Dr. Dharmeswari T.
- D. Ortho.** : Dr. Jonath Samuel Christopher, Dr. Arungandhi N., Dr. V.V. Ramu and Dr. Joseph George.
- D.C.H.** : Dr. Muthukumaran R., Dr. Shafini Beryl B., Dr. Suranjan John Thangam, Dr. Chougule Anuja Ashok, Dr. Bino Rajamani J., Dr. Eda Shekinah Phibe and Dr. Divya Mary George.
- D.P.M.** : Dr. Juhi Rachel Baluja, Dr. Likhin S.P., Dr. Richa Earnest, Dr. Monisha Kanya S., Dr. Cheruba Susan George and Dr. Poornima Sunder.
- D.M.R.D.:** Dr. Kuttabadkar Jitendra Anil, Dr. Edwin Mohan Chittilapilly, Dr. Vineeth Joseph Abraham, Dr. Jagadeesh Kumar CH., Dr. Anish Krishna and Dr. Anand Prajapati.
- D.M.R.T.:** Dr. Shiney Mathew, Dr. Divya G.R. and Dr. Jerome Sunny P.

• The following candidates who were successful in the Postgraduate **MD/MS** Examination held in **May 2018**. (University Results Published on 07.07.2018).

- MD. Anaesthesia** : Dr. Amitav Philip, Dr. Charles J., Dr. Praveen Benjamin D., Dr. Roy Rajan Mathai, Dr. Sam Jenkins S., Dr. Sivanandan A. and Dr. Sneha E.
- MD. Anatomy** : Dr. Haobam Rajajee Singh, Dr. Jenny Jacob and Dr. Vandana Nathan.
- MD. Biochemistry** : Dr. S. Mathuravalli
- MD. Community Medicine:** Dr. Swathi Krishna N., Dr. Nirmala Joseph, Dr. Madhu Mohan S and Dr. Shalini J.
- MD. Dermatology, Venereology & Leprosy** : Dr. Shivani Bhardwaj.
- MD. Dermatology** : Dr. Sona Ann Sunny and Dr. Jacqueline Jose.
- MD. General Medicine** : Dr. Manisha Arthur, Dr. Lesley Ponraj, Dr. Prashansa Sadanshiv, Dr. Rohith Salim, Dr. Jaifrin Daniel, Dr. R. Akhil, Dr. Avanish Jha, Dr. Anju Susan Jacob, Dr. Vineeth Varghese Thomas, Dr. Jambugulam Mohan, Dr. Ebenezer Daniel, Dr. Josh Thomas Georgy, Dr. Anuka Alena Abraham, Dr. Jayastu Senapati, Dr. Dan Mathew Luke, Dr. Johns T. Johnson.
- MD. Geriatric Medicine** : Dr. Rakesh Mishra.

To be continued...



## Sports News



• College Integrated Sports Day was conducted on 16<sup>th</sup> June, 2018 at the oval ground. Dr. Rachel Chandy, Professor, Gynaecologic Oncology was the Chief Guest and distributed the awards to the winners.

**Results : Overall Team Championship : Winners - ASHA.**

**Individual Championship for Men : Mr.J.V. Praveen Harris Davish - ASHA.**

**Individual Championship for Women: Ms. Sheethal Devadas - ASHA.**

• The **Staff Badminton Tournament** for the year on 2017-18 took place on 31<sup>st</sup> July, 2018. Dr. Vinu Moses, Professor, Department of Radiology was the Chief Guest and distributed the prizes to the winners.

**Singles: Winner:** Mr. G. Gopinath (Main OR); **Runners-up:** Mr. Ravi P. (Engineering & Planning). **Doubles : Winners :** Mr. G. Gopinath (Main OR), Mr. Kiran Kumar (House Keeping). **Runners-up :** Mr. V.S. Suresh (Pharmacy), Mr. Elancheral A.N. (Orthopaedics Unit-I).



## Situations Vacant

**1. Assistant Professor with M.Ch. (Endocrine Surgery) for the Department of Endocrine Surgery**

Salary scale : As per institutional rules.

Accommodation provided (Partly furnished, depending on availability).

**2. Senior Resident with MCI-recognised Post graduate degree in MD Pathology / MD Transfusion Medicine for the Department of Transfusion Medicine & Immunohaematology**

Salary scale : As per institutional rules.

Accommodation provided (Partly furnished, depending on availability).

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore-632 002, email: [princi@cmcvellore.ac.in](mailto:princi@cmcvellore.ac.in) on or before **August 25, 2018** for Items 1 and 2.

**3. Junior Research Fellow for the Paediatric Orthopaedics Unit**

**Job Code: 1261**

Qualification: M.Sc. (Life Sciences), with or without experience. Mode of appointment : Project mode.

Consolidated salary : Rs.25,000/- + 5,000/- HRA / months.

Accommodation not provided.

Download application from this link: <http://www.cmch-vellore.edu/> → General → Vacancies → Application Form for Project Staff. The print out of the application with certificates and testimonial copies should be sent to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 on or before **August 24, 2018** for Item 3.

**Note: Please mention the Job Code in the application form. Applications without Job Code will not be accepted.**

**4. Sr. Chaplain Gr.V / Sr. Chaplain Gr.V (Leave Vacancy) for the Chaplaincy Department**

Qualifications : Bachelor's Degree (Regular) + BD. Ordination preferred (Ordained by CSI / CNI) Married, three years of experience. (Preference will be given to those who have fluency in English and Hindi).

Salary scale : As per institutional rules.

Age limit : 35 years.

Job description : To work as Hindi / English Chaplain in the Chaplaincy Department.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies".

**Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **August 27, 2018** for Item 4.

# Special Issue

Vol.No.56 No.08

FOR PRIVATE CIRCULATION ONLY

AUGUST 20, 2018



## “Hephzibah – My delight is in her”

I visited a family which had recently welcomed a newborn baby. From the time I entered the room to the time I left, the whole focus of our conversation was the baby. The baby was sleeping, but at the slightest movement, instantly everyone ran towards him. A little later, when he started crying, one of his grandmothers took him in her hands and the other grandmother hovered around, ensuring everything was fine. The mother described how the doctors helped the baby promptly and efficiently when there was some medical problem. On the whole, the entire room was excited about him and grateful and happy about him. He was the centre of attraction for everyone. The baby could neither walk nor talk or play; yet he was the delight of the family. He was the reason for the joy and happiness of the family.

The voice from God the Father was very clear to Jesus just after his baptism in the river Jordan. “*This is my beloved Son, in whom I am well pleased*”. It was not after Jesus finished his task on earth, not after miracles or great teachings. Even before any action, any accomplishment, any sacrifice or even any sign of obedience, the Father was *well pleased* with his Son. This is an indication of God’s unconditional love. The Lord God demonstrated this unconditional love towards the people of Israel by saying that God’s delight is in Israel (Isaiah 62:4). Jesus referred to his disciples as “*his friends*” (John 15:14). The Apostle Paul addressed the people at Philippi as his “*joy and crown*” (Philippians 4:1).

Some of us think that God will love us if we complete all that He has asked us to do. We think that we will be God’s children if we obey God. But the scriptural evidence is that we are already identified as God’s children. Out of this identity, we do good works and we obey. We don’t become children by obedience, rather, we are children and therefore we obey. We don’t work for our identity; we work out of our identity that we are God’s children. This releases us from the tension and anxiety to perform in our life. We begin to live once we are clear about our identity.

We are God’s delight. Our *beings*, not our *doings*. It is good news to hear that God is well pleased with us – God’s children. This fact resonates with two messages. First, there is a strong reason for me to rejoice that I am a beloved child of God. The second one is about the other. The one in my home, the one at my work place, the one in the society is also a beloved child of God. I watch my behaviour with him/her because he/she is also God’s beloved.

### Let us think together:

1. How would I behave if I am aware that I am a beloved child of God?
2. How would I relate with my neighbours if I knew that they are also beloved of God?

Rev. Dr. Arul Dhas  
Chaplain

# CMC NEWSLINE

Vol.No.56 No.08

FOR PRIVATE CIRCULATION ONLY

AUGUST 20, 2018



...Whatever you did for one of the least of these brothers of mine, you did for me.

Matthew 25:40

## Dr. Robert Fish Delivers the Seventh Dr. Ida S. Scudder Humanitarian Oration and speaks at Rotary Club of Vellore



The Seventh Dr. Ida S. Scudder Humanitarian Oration was delivered on 9<sup>th</sup> August 2018 in the Ida Scudder Auditorium, Christian Medical College Vellore, by Dr. Robert H. Fish, DMD and the closest living relative of Dr. Ida Sophia Scudder. Hailing from the US, he is a dentist who practised for more than forty three years and following retirement continues to use his professional expertise to serve the homeless and deprived.

His theme was 'Honouring Dr. Ida Belle Scudder'. Ida Belle (affectionately known as "Ida B") was the niece of Ida Sophia Scudder, and Dr. Fish's aunt, with whom he was very close. He gave a moving account of her life and immense contribution in many fields at CMC. She wanted to specialise in paediatrics, but because of the pressing need of the hospital for a trained radiologist she went to the UK and the US for training.

Returning to Vellore, and starting with just one x-ray machine, she established the Department of Radiology, which later gave birth to Radiotherapy and Nuclear Medicine. She started post graduate medical and technical training courses in these fields, acquired modern equipment and developed these departments into nationally regarded centres of excellence.

She played important roles in teaching and in the administration of the hospital and medical college, including the construction of the Scudder Auditorium, in memory of her aunt, Ida Sophia Scudder. However she was happiest when taking part in the "roadside clinics" that went out into the countryside to bring hope and healing to the rural community around Vellore. Dr. Fish said that he remembered her as full of boundless energy and joy, yet she was humble and liked to keep in the background. Her kindness and compassion towards the patients was legendary.

**Special Prayers : August 19 - 25, 2018**

**Principal's Office :**

Dr. Anna B. Pulimood and Staff

**Medical Students**

**(SA President) :** Mr. Paul Timothy Prabhu

**Allied Health Students**

**OPTSA President :** Mr. Moses Devanand

**ASHA President :** Mr. Manish Kumar

**Wardens**

**Men's Hostel :** Dr. Vaibhav Londhe

**Women's Hostel :** Dr. Anuradha Rose

**DJ Hostel :** Mr. Andrew Babu

**Fitch Hostel :** Mrs. Sushila Russell

**CMC Alumni Association:**

Dr. Abraham Peedicayil

**Registrar's Office :** Dr. Elizabeth Tharion

**Medical Education :** Dr. Minnie Faith

**Continuing Medical Education:**

Dr. Tony Thomas Abraham

**Bioethics :** Dr. Kuryan George

**Distance Education:** Dr. Rebekah Zechariah

**Inter Ashram Fellowship**

**Council Members :** Rev. Dr. Alexander Abraham

Dr. Oby J. Cherian

**Hospital :** Christian Fellowship Hospital, Oddanchatram and Ambilikai

**Christian Fellowship Hospital, Rajnandgaon and Khariar Road**

**Bishop Walsh Memorial Hospital, Tadakam**

**Sunday Services : August 26, 2018**

6.00 pm : **Scudder Auditorium**

Special Service-MBBS Batch of 2016

6.30 pm : **Hospital Chapel**

Rev. Inbarasu

5.00 pm : **Friendship Chapel, KPTR Campus**

Dr. Tony Abraham Thomas

**Obituary :**

**Mr. Yesupatham S.,** retired Sel. Grade Artisan father of Mr. Stephen, Hospital Attendant, Electrical Department and Mrs. Victoria, Staff Nurse in Surgery OPD on 16<sup>th</sup> August, 2018. Let us uphold his wife, Mrs. Gnanadeepam and all the bereaved members of the family in our prayers.

Continued on Page 2



## Dr. Robert Fish Delivers the Seventh Dr. Ida S. Scudder Humanitarian Oration and speaks at Rotary Club of Vellore

*Continued from Page 1*



Despite her own academic brilliance and professional skill, she remained dependent on God. On one occasion a nurse accidentally gave a baby a potentially fatal dose of morphine. Ida B did all she could, but there seemed to be no hope. She asked everyone to pray and miraculously the baby survived.

CMC's Director, Dr. J.V. Peter, welcomed the gathering. Dr Honorine Ward, Chair of the Vellore CMC Foundation, NY, introduced the speaker, and Mrs. Emma Koshi, Chair of the Oration Committee, read the citation, and presented it to Dr. Fish. After delivering his Oration,

Dr. Fish then released a new book, "One Step at a Time - the Birth of the Christian Medical College Vellore", by Dr. Reena M. George, alumna and professor of Palliative Care at CMC.

Dr Fish has been a long time friend and generous supporter of CMC's Low Cost Effective Care Unit, and the Scudder Memorial Hospital, Ranipet, and has helped both organisations establish outreach dental clinics for the community. Dr. Honorine Ward announced that Dr Fish had generously offered to match donations to the Low Cost Unit up to a total of US \$50,000. Dr Anna B. Pulimood, Principal, gave the vote of thanks and the function came to an end with singing of the College Song and the National Anthem.

**Dr. Robert Fish at the Rotary Club of Vellore:** On Friday 10<sup>th</sup> of August, Dr. Robert Fish was the Chief Guest at the weekly speaker meeting of the Rotary Club of Vellore, in the Ladies Recreation Club. Dr. Fish is a keen member of the Rotary Club of Sarasota South, Florida. The President, Rtn. K. Kumar, welcomed him, and Rtn. Dr. D. Thirumaran introduced him. Dr. Rob Fish spoke about his journey as a dentist and as a Rotarian. He said that joining Rotary had been one of his best decisions, and through Rotary he had been able to channel his desire to serve and help the needy, as well as enjoying friendship and fun with people from all over the world. He had noticed that people were happiest when giving of their time, energy, skills and money, and Rotary was an ideal channel to do this. One of his own greatest achievements was persuading a dentist in the US who was closing his practice to donate all his dental equipment to Rotary who packed it up and sent it to a desperately needy dental clinic in Honduras, where Dr. Fish had volunteered. He was presented with the RCV flag by Rtn. Dr. T. Jacob John and gave his own club flag in exchange. Rtn. Hugh Skeil gave the vote of thanks.

## Dr. Sathyaprakash T., Retires



**Dr. Sathyaprakash T.,** Sr. Medical Officer, Office of the Medical Superintendent retired on 11<sup>th</sup> June, 2018 after completing nearly 15 years of dedicated service to the institution. In the year 2003 he was posted as the Medical Officer at the CMC outreach clinic at Kagithapattarai and later took charge of the Red Cross Clinic and the Chief Minister's Health Insurance Scheme, Tamil Nadu. His wife Dr. Sobana worked as Chief Medical Officer in Vellore Municipal Corporation. They are blessed with two children. CMC community is thankful for his years of dedication and commitment to the institution and wishes him God's blessings.

## Updates from the Allied Health Sciences Curriculum renewal process

The AHS curriculum renewal process was initiated on 31<sup>st</sup> October 2017 through a common inter-professional planning group across nineteen degree courses with curriculum teams in each department. Each course prepared a goal statement, statement of competencies and documented their current curricula. The three inter-departmental teams; the SHP group, the team work group and the skills group worked on pilot SHP programmes, orientation process for 1<sup>st</sup> years and on strengthening departmental skills training, respectively.



*Continued on Page 3*



From 23<sup>rd</sup> to 28<sup>th</sup> July, 2018, Associate Professor Louisa Remedios, Director of Online Learning, Director of Teaching and Learning Physiotherapy, Melbourne School of Health Sciences visited the institution to assist and provide technical consultation for this process of AHS curriculum renewal.

Dr. Louisa introduced the term 'Interprofessional Education' as a better representation of 'Allied Health Sciences Education' because it acknowledges their critical role in the Health Care System. The CMC model envisages individual curricula for each course and common shared interprofessional curriculum across the courses. The process of curriculum review will also involve departments working together in pairs for peer reviewing and contributing to each others curricula. Dr. Louisa mentioned this to be the largest interprofessional curriculum review, nationally and internationally. She noted the unique contribution that CMC can make towards the understanding of Interprofessional Education and Service Learning. Her presentations and deliberations and the efforts of the inhouse AHS renewal team has recalibrated the focus towards aligning the existing curriculum with the institutional goals.

### Educational Initiatives from the Department of Pulmonary Medicine

The Department of Pulmonary Medicine conducted a 'CME on an update in Thoracic Ultrasound' on 27<sup>th</sup> July followed by a workshop on 'Hands-on training in Thoracic Ultrasound' on 28<sup>th</sup> July 2018. The programme began with a welcome address by Dr. Richa Gupta, Professor, Pulmonary Medicine, followed by an update on the 'Role of Ultrasound in the Assessment of Diaphragm Function and Weaning in Patients on Ventilator' by Dr. Kishore Pitchamuthu, Professor, Critical Care Unit. The Guest speakers were Dr. Priya Ramachandran and Dr. Uma Devraj from St. John's Medical College, Bengaluru, who spoke about the 'Role of Contrast Enhanced ultrasound in Thoracic Diseases and Ultrasound Assessment of Neck and Upper Airways'.



The workshop was divided into two sessions. The first session focussed on the basics of Ultrasound and its clinical use in the assessment of Thoracic Diseases. During the second session, hands on training on cadaver goat models and human volunteer were provided for the participants. There were forty five participants for the CME and fifty five for the workshop. The CME was accredited by the Tamil Nadu Dr. MGR Medical University.

### Events from the MCI Nodal Centre



The MCI Nodal centre for National Faculty Development, CMC Vellore conducted the 12<sup>th</sup> MCI Revised Basic Course workshop from 24<sup>th</sup> to 26<sup>th</sup> July 2018 followed by 9<sup>th</sup> One Day Sensitization Programme for Attitude, Ethics and Communication Module (AETCOM) on 27<sup>th</sup> July 2018. The objectives of the programme was to sensitize the

participants to the implementation of the competency based Attitude, Ethics and Communication AETCOM Module which is to be implemented as per MCI Directives. The programme aimed to train the trainers to capacitate medical educators of the twenty three affiliated medical colleges under the MCI Nodal Centre.





## Congratulations !

• The following candidates were successful in the Postgraduate MD/MS Examination held in **May 2018**. (University Results Published on **07.07.2018**) : **MD. Nuclear Medicine** : Dr. Saumya Sara Sunny, **MD. Microbiology** : Dr. Priyanka Sabu, Dr. Jai Ranjan and Dr. Amladi Anushree Ulhas. *To be continued...*

## Memorandum

**Dr. Binu Prathap Thomas**, Professor of Orthopaedics - Hand Surgery, is appointed as Head of the Department of Dr. Paul Brand Centre for Hand & Leprosy Reconstructive Surgery with effect from 10<sup>th</sup> August, 2018 until further notice.

## Retirement



**Mrs. Santhakumari**, Lab Auxiliary, Department of Transfusion Medicine & Immunohaematology retired from service on 30th July, 2018 after 28 years of dedicated service to the institution. She joined the department in the year 1990 and retired as Sr. Sel. Gr. Laboratory Auxiliary.

CMC Community is thankful for her years of commitment to the institution and wishes God's blessings on her retired life.

## Situations Vacant

**1. Assistant Professor with MD (Anaesthesia / Fellowship in Cardiac Anaesthesia) for the Department of Cardiothoracic Surgery (KNICU)**

Experience : Should have at least one year teaching experience as (Asst. Professor) in any MCI recognized teaching institution. Salary scale : As per institutional rules. Accommodation provided (Subject to availability).

**2(a) Senior Resident Gr.III with MS/DNB (Obst. & Gynae.) for the Department of Obstetrics & Gynecology Unit-IV**

Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

**2(b) Assistant Professor with MS (Obst. & Gynae.) for the Department of Obstetrics & Gynecology Unit-IV**

Experience : Should have at least one year teaching experience as (Asst. Professor) in any MCI recognized teaching institution.

Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

**3. Special Teacher with M.Ed. (Special Education) in Mental Retardation or M.Sc. in Rehabilitation Science for the Developmental Paediatrics Unit.** Salary scale : As per institutional rules.

Language proficiency : English, Tamil and Hindi. Accommodation not provided.

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore-632 002, email: [princi@cmcvellore.ac.in](mailto:princi@cmcvellore.ac.in) on or before **August 25, 2018** for Items 1, 2(a), 2(b) and **August 31, 2018** for Item 3.

**4. Medical Faculty for the CMC Chittoor Campus :**

**General Surgery : Senior Resident / Asst. Surgeon / Asst. Professor / Associate Surgeon / Associate Professor / Surgeon with MS / DNB (Gen. Surgery).** Applications to be done only through online application system. Please log on the <http://www.cmch-vellore.edu> link "Vacancies" or email to [dir.chittoor@cmcvellore.ac.in](mailto:dir.chittoor@cmcvellore.ac.in) with all testimonials and certificates. On or before **August 31, 2018** for Item 4.

**5. Assistant Professor Gr.I for the Department of Endocrinology, Diabetes & Metabolism**

Qualification : DM (Endo) / DNB (Endo). Salary scale : As per institutional rules.

Accommodation provided (Subject to availability). Candidates may contact the secretary, Ph : 0416-2282528.

Applications should be sent by post to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 or (email to: [princi@cmcvellore.ac.in](mailto:princi@cmcvellore.ac.in), [endocrine@cmcvellore.ac.in](mailto:endocrine@cmcvellore.ac.in) on or before **September 01, 2018** for Item 5.

**6. Staff II Medical Lab. Technician (Project) for the Department of Paediatric Orthopaedics**

Qualifications : B.Sc. (MLT). Age limit : 35 years. Salary scale : As per institutional rules.

**7. Staff III Speech Therapist for the Department of Developmental Paediatrics Unit**

Qualifications : B.Sc. in Speech Therapy (BASLP). Preference will be given to those who are experienced in handling children. Age limit : 35 years. Salary scale : As per institutional rules.

Job description : Assessing and offering assistance to children with speech and language disorders.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **August 27, 2018** for Item 6 and **September 03, 2018** for Item 7.



# CMC NEWSLINE

Vol.No.56 No.09

FOR PRIVATE CIRCULATION ONLY

AUGUST 27, 2018

*But from everlasting to everlasting the Lord's love is with those who fear him, and his righteousness with their children's children.*  
*Psalm 103:17*



## Annual Alumni Reunion 2018



MBBS Batch of 1993

The Medical Alumni Reunion was held from 9<sup>th</sup> to 11<sup>th</sup> August, 2018 with participation from over 250 alumni from various parts of the world. The special batches were 1943, 1948, 1953, 1958, 1958-59, 1963, 1968, 1973, 1978, 1983, 1988 and 1993.

As part of the Centenary Year celebrations, a photograph exhibition was organised which was inaugurated by Dr. Sethu Bhaskaran (1942). Dr. J.V. Peter, Director released the song book "100 Years of Campus Music" and Dr. Joyce Ponnaiya received the first copy.

On 10<sup>th</sup> August, 2018 the celebrations commenced with the representatives of the special reunion batches sharing their experiences with the medical students. The alumni who spoke included Dr. Sethu Bhaskaran (1942), Dr. Razia Doshi (1958), Dr. Uma Khanduri (1963), Dr. Ajit Varki

(1968), Dr. Solomon S. Chelliah (1973), Dr. Monika Bhola (1978), Drs. Darly Mathew and Thelma Suresh (1983), Drs. Premkumar Mony and Madulika Jonathan (1988), Drs. Divyan Paul Pancharatnam and Anita Victor (1993). This was followed by a CME session for which the speakers were Dr. Bala Venkatesh (1978), Dr. Pramod David Jacob (1983) and Dr. R. Giridharan (1993).

The highlight of the evening was the 'First Inter-House Alumni Music and Dance Programme' that involved medical students, post graduate students, junior and senior staff, alumni who had superannuated and extramural alumni spanning over fifty years. The evening was magical and electrifying. The fun, interaction and bonds that formed during the practices that went into this event and the final programme far exceeded everyone's expectations.

The General Reunion on 11<sup>th</sup> August, 2018 began with the traditional tree planting ceremony and the Alumni meeting in Scudder Auditorium. Dr. Anna B. Pulimood, Principal released the book "Hundred Years, Hundred Stories". The first copy was received by Dr. Jacob Abraham.



**Special Prayers : August 26 - September 01, 2018**

**Ophthalmology:** Dr. Andrew David Braganza and Staff

Dr. Sheeja Susan John and Staff  
Dr. Padma Paul and Staff  
Dr. Shirley David and Staff

**Low Cost Effective Care Unit :**

Dr. Sunil Abraham and Staff  
Dr. Shirley David and Staff

**Department of Family Medicine:**

Dr. Sunil Abraham and Staff  
Dr. Shirley David and Staff

**Shalom Family Medicine Centre:**

Dr. Sunil Abraham and Staff  
Dr. Shirley David and Staff

**Van Allen Hospital, Kodaikanal**

**International Service Fellowship (Interserve)**

Council Members: Mr. Eappen John  
Mr. Vijay Alexander

**Christoffel Blinden Mission**

Council Member : Dr. Sara Varughese

**Sunday Services : September 02, 2018**

6.00 pm : **Scudder Auditorium**  
Rev. P. Rainard Pearson

6.30 pm : **Hospital Chapel**  
Rev. B.S. Edwin Sam

5.00 pm : **Friendship Chapel, KPTR Campus**  
Rev. Lalbiaksanga Pachuau

**Chapel Service starts at CMC Chittoor Campus : September 02, 2018**

04.30 p.m. : Rev. Mani Bhushan Das  
1<sup>st</sup>, 3<sup>rd</sup> and 5<sup>th</sup> Sunday services will be in Telugu.  
2<sup>nd</sup> and 4<sup>th</sup> Sunday services will be in English.

**Welcome :**

**Dr. D. Sathish Kumar**, Professor, Department of Anaesthesia, on his return from study leave.

**Memoranda :**

• **Dr. Thomas Palocaren**, Professor of Orthopaedics, is appointed as Head of Paediatric Orthopaedics Unit with effect from 17<sup>th</sup> August, 2018 for a four year term.

• **Dr. Sneha Deena Varkki**, Professor of Paediatrics, is appointed as Head of Paediatrics Unit-III with effect from 28<sup>th</sup> August, 2018 until further notice.

Continued on Page 2

The Director, Dr. J.V. Peter and the Principal, Dr. Anna Pulimood presented some of the newer developments in CMC to the alumni followed by felicitations by the Medical Superintendent, Dr. Prasad Mathews. The President of the Student's Association Mr. Paul Timothy Prabhu welcomed the alumni on behalf of the student body. The Alumni Association presented the Alumni Award of Distinction to Dr. Aravindan Nair, in recognition of his immense contribution to CMC. This was followed by the General Body Meeting of the Alumni Association and the special batch introductions and photographs. The alumni proceeded to the Men's and Women's Hostels, where the current students, along with the alumni, entertained the crowd.

At the Thanksgiving Service, the message was delivered by Dr. Felsie Daniel (1978). The newest batch of alumni (the present interns), were given the charge to serve and not to seek to be served. Dr. Thomas Sen Bhanu (1956) and Dr. Stanley Cecil Macaden (1963) passed on the torch of light to the representatives of the batch of 2013. Later that evening, Drs. Ashita Singh (1993) and Deepak Singh (PG Alumnus) were honoured with the College Motto Award followed by the informal entertainment, which had the packed Scudder auditorium in splits of laughter. The alumni left with loads of photographs and memories of happy times spent in Vellore.

**College Motto award citation:**

Ashita Waghmare joined the Christian Medical College Vellore in the year 1993. Her motivation to do medicine and commitment to Christ was evident through her life and example. Blessed with a wonderful voice, she was a regular member of the college choir. She married Dr. Deepak Singh, who like her, had a heart to serve in needy areas of India. Pursuing their higher studies, Ashita did her MD in General Medicine while Deepak completed MS in General Surgery, both from CMC Ludhiana.



After completing their postgraduate studies in the year 2004, they moved to work in Baptist Christian Hospital, Tezpur, Assam. There was a great need for this hospital to be revived. Malnutrition, anemia, infectious diseases like tuberculosis and malaria were rampant in that region. Challenged and moved by the healthcare situation, they began their work with much prayer. Very soon people from near and far started flocking to the hospital. With excellent surgical skills, Deepak performed both open and laparoscopic surgical procedures. In the year 2006, there was a severe outbreak of cerebral malaria and seeing the enormous need for critical care, Ashita started an Intensive Care Unit.

During their time in Tezpur, the hospital grew leaps and bounds in terms of number of patients, manpower, services, infrastructure, equipment and research. Deepak ably led the hospital as the Medical Superintendent. Many people from surrounding districts and from Arunachal Pradesh came there for treatment. The lab services which were started as a one room facility became a full-fledged three-floor laboratory with services in clinical pathology, biochemistry and microbiology. As many patients presented with acute renal failure, they started peritoneal dialysis services for them. The hospital became well equipped with Ultrasound and CT scan machines.

Ashita was part of the team that was instrumental in alerting the government of an outbreak of Japanese Encephalitis. She has published research papers on Acute Undifferentiated Fever and Japanese encephalitis. She was instrumental in starting the DNB training program in Family Medicine in the hospital.



MBBS Batch of 1963



MBBS Batch of 1968



The time they spent in Tezpur from 2004 to 2011 was a testimony of their commitment, hard work and trust in God. During this period, they built a team to run the hospital. Amidst their busy schedule, they ensured they spent quality time with their lovely children Arnav and Tara. Integrating into the community, Arnav went to the local school in Tezpur.

In the year 2011, Ashita and Deepak moved to CMC Vellore as Deepak got an opportunity to pursue M.Ch. in Paediatric Surgery, to better equip himself. Ashita worked as a faculty in Medical ICU and further enhanced her knowledge and skills, especially in ICU sonology. The next phase of their life from the year 2014, took them to another rural mission hospital in Chinchpada, Maharashtra. The hospital had all but shut down as there was no full-time doctor there. There were just buildings with insufficient equipment. Ashita and Deepak started their work by praying with the local church leaders and staff. Slowly as the word got around, people started coming to the hospital. Deepak again played the dual role of surgeon and Medical Superintendent, ensuring smooth running of the hospital and obtaining various hospital licenses from local regulatory bodies. Today, due to their sincere dedication and God's provision, the hospital has a well-equipped Intensive Care Unit, Operation Theatre and diagnostic laboratories. Seeing the desperate need to care for terminally ill patients, who were in pain and many times uncared for, they started the palliative care program, giving them dignity in death and a blessed hope. They partner with churches in the area to improve health education in the community. They are also involved in research and training programs in collaboration with CMC, Vellore.

Their trust in God for wisdom, provision and healing was strengthened in Chinchpada. They have inspired and kept the hospital community together by hosting fellowship meals at their home and regular potluck dinners for all sections of the staff. They formed a choir that sang three-part harmony at Chinchpada and Tezpur. Even though geographically far from CMC, Vellore, they continue to influence and inspire students from their Alma Mater in a unique way whenever students from CMC visit the hospital. The students not only have an academic treat at Chinchpada, but also witness great role models in Ashita and Deepak.

Working in a remote place with minimal schooling facilities, they recently decided to send their children to a boarding school, a decision taken after much prayer and thought. Both the children have been influenced by their parents' work that whenever there is a family conversation of moving to a city, the children are very clear that their lives have to be spent in Chinchpada. CMC's motto of 'not to be ministered unto but to minister' is being lived out daily by them. They have been steadfast to their calling and selfless in service. They have made a significant contribution to improve healthcare in the country. Through their life and service, they have been a blessing to so many lives, bringing honour and glory to God.

The CMC Alumni Association is proud to present the College Motto Award 2018 to Drs. Ashita and Deepak Singh.

### Alumni Award citation

The Christian Medical College Alumni Association is proud to present the Alumni Award of Distinction 2018 to Dr. Aravindan Nair for his commitment and years of dedicated service to the Christian Medical College, Vellore, and our Alumni, as a staff of CMC and after his retirement. Dr. Aravindan Nair obtained the MBBS degree from Madurai Medical College, and then worked in CMC as a Senior House Officer between 1976 and 1979. He completed his post graduation in General Surgery from the Madurai Medical College, following which he joined the Institution in 1981.



MBBS Batch of 1973



MBBS Batch of 1978

Continued on Page 4





During the 1980s, he mastered a range of general surgical procedures and helped develop the transhiatal esophagectomy, earning a reputation as a highly competent surgeon. He then developed his interest in Endocrine Surgery from his mentor Dr.A.S.Fenn, using his study leave to train in breast and endocrine surgery in the U.K. Dr. Aravindan used the experience to develop a team approach, functioning smoothly with his medical and laboratory colleagues, to enhance the multidisciplinary care of endocrine and breast cancers and familial tumours. His great commitment to clinical care of patients inspired many students to dedicated clinical service in surgery. His personal touch to the care of patients endeared him to so many families that generations were seen coming to CMC to experience his loving care.

Dr. Aravindan promoted clinical and laboratory research and played an active role in the development of subspecialties in the Department of General Surgery. He helped consolidate the annual CME programme run by the Department. He was a very popular teacher in the institution helping generations of students grasp the fundamentals of surgery. He was awarded the Best Teacher Award in 2004 by the MBBS students. He was well known for his spiritual approach to life and many struggling staff and students of CMC have been supported by his all embracing love and concern. His special concern for sick members of the CMC community, the alumni, retired staff and relatives endeared him to a wide network in the CMC fraternity. His trademark door to door clinical and counseling services were experienced by so many staff in need on the campus and outside. Dr. Aravindan gave freely and completely of his time and energy to the institution, and was a source of inspiration to colleagues in promoting it's ethos of serving others first.

His wife Dr. Sheila Nair (MBBS 1971) and their children Anupama (MBBS 2001) and Adarsh formed a close knit family and were an integral part of the community. At the Ultimate Lecture given to mark his superannuation, Dr. Aravindan spoke of the many influences in his life and shared his mother's inspiring injunction 'to be as patient as mother earth'. Dr Aravindan always exhorted the students to make use of the great learning opportunities provided to them in the Institution, and imbibe the work culture enshrined in its motto.

The Alumni Association joins the CMC community in thanking Dr. Aravindan Nair for his immense contribution to the Christian Medical College, its patients, staff, students, and and to those in need of love and kindness through his exemplary characteristics of integrity, high level of commitment and compassion, and is proud to honour him with the Alumni Award for the year 2018.



MBBS Batch of 1983



MBBS Batch of 1988

### 3<sup>rd</sup> Certificate Course in Hospital Infection Control and Antimicrobial Stewardship

Hospital Infection Control Committee conducted the 3<sup>rd</sup> Certificate course on Hospital infection control and Antimicrobial Stewardship from 30<sup>th</sup> July to 3<sup>rd</sup> August 2018, which was awarded thirty credit points from the Tamil Nadu Dr. MGR Medical University. Twenty eight candidates from different parts of India such as Tamil Nadu, Puducherry, Andhra Pradesh, Telangana, Kerala, Maharashtra, Utrakhand, Haryana and Bihar attended the course. The inaugural function on 30<sup>th</sup> July began with an invocation from the infection control nurses which was followed by a prayer from Chaplain Mrs. Saramma Kuruvilla. Welcome address was given by Dr. George M Varghese, Deputy Chairman of Hospital Infection control committee and felicitations by Dr. Prasad Mathews, Medical Superintendent and chairman HICC, Dr. Simon Pavamani, Vice Principal PG and

Continued on Page 5

Mrs. Florence Segaran, Deputy Nursing Superintendent. Dr. Joy S. Michael, the organising Chairperson of the course and the secretary of the Hospital Infection Control committee compered the ceremony and gave the overview of the course. The inauguration programme ended with the presentation of the report by Dr. Jai Ranjan, HIC officer a vote of thanks by Dr. Dhanalakshmi, Organising secretary.



The objective of the course was to equip doctors involved in areas of infection control and antimicrobial stewardship in their hospital, with the tools and resources required for combating Healthcare Associated Infections (HAIs) and to enable professionals involved in hospital infection control to freely exchange ideas and enrich their knowledge base. The five day workshop had various sessions on patient safety, health care associated infections, environment and healthcare worker safety, antimicrobial resistance and antimicrobial stewardship and infection control in specialised areas and training in hand hygiene. The interactive sessions were led by the external faculty Dr. Vijay Samuel Richard and Dr. Malini R. Capoor on setting up an infection control programme and new biomedical waste management guidelines. Dr. Joy S. Michael, Head, Department of Clinical Microbiology led the case studies and group discussion on investigating and managing outbreaks. Various surveillance methods and antimicrobial susceptibility techniques with other demonstrations were also provided. The sessions came to an end with an open discussion on needle stick injuries and blood borne viruses led by Dr. Priya Abraham, Joint Secretary, HICC followed by a post test with discussion conducted by Dr. Joy S. Michael.

### 72<sup>nd</sup> Independence Day Celebrations



Hospital Campus



College Campus



RUHSA Campus

The 72<sup>nd</sup> Independence Day celebrations were observed in a grand manner at the various campuses of CMC. In the College Campus the flag was hoisted by the former Director Dr. Sunil Chandy and the

parade was inspected by Mr. K. Sundaram, Chief Security Officer. At the Hospital Campus, Dr. Deepak Abraham, Associate Director (HR) hoisted the flag and Mr. W. Abdul Latheef, Security Officer inspected the parade. The Chief Guest for the flag hoisting at RUHSA Campus was Mr. Kalaimani, retired Rural Community Officer. Dr. Shantidani Minz, Professor

and Head of RUHSA organised a tree planting ceremony to mark the occasion.

### Congratulations !

• **Mr. S. Ramesh**, Jr. Officer and **Mrs. B. Manimegalai**, Incharge, Department of Dietetics were awarded the "Best Paper Award '18" for their article titled, "Importance of Plate Waste Assessment in a Hospital Kitchen" at the Rula International Awards '18 given by the International Journal for Research Under Literal Access on 15<sup>th</sup> August, 2018 at Trichy.

### Upcoming Event

The TNAI Local unit of CMC has planned for a fund raising sale on 1<sup>st</sup> September, 2018 Saturday at 8.30 am near ISSCC building area.



## Obituary : Dr. Violet Rajagopalan (*nee* Sudarsanam) on 7<sup>th</sup> August, 2018



**Dr. Violet** worked in the Tamil Nadu Government Service for most of her career and was the Professor and Head of the Department of Pharmacology at Stanley Medical College at the time of her retirement. She then worked in the private sector for some years. She leaves behind her son Dr. Mani Rajagopalan (1981), daughter in law Dr. Bishakha Rajagopalan (1984) and two grandsons. For those who would like to get in touch with the family, the contact details of her son, Dr. Mani Rajagopalan are given below: Email: [rajagopalanmani@optusnet.com.au](mailto:rajagopalanmani@optusnet.com.au)

Our thoughts and prayers are with the bereaved members of the family at this time of sorrow and loss.

## Situations Vacant

### 1. Senior Resident with MS (E.N.T) for the Department of E.N.T. Unit-I

Candidates with Head and Neck Surgery Fellowship / experience will be given preference.

Salary scale : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

### 2. Senior Resident with MD (Dermatology) for the Department of Dermatology Unit-I

Salary scale : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

### 3. Registrar (Non PG) with MBBS for the Department of Pulmonary Medicine

Salary scale : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

Opportunities for clinical experience and to publish. Working hours : 8 am to 4.30 pm. No On call responsibilities.

### 4. Registrar (Non PG) with MBBS / MD for the Department of Endocrinology

Salary scale : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore-632 002, email: [princi@cmcvellore.ac.in](mailto:princi@cmcvellore.ac.in) on or before **September 01, 2018** for Item 1 and **September 08, 2018** for Items 2, 3 and **September 10, 2018** for Item 4.

### 5. Associate Research Officer for the Department of Clinical Genetics

*Job Code : 1262*

Qualification : M.Sc. Life Sciences / MPH (Master of Public Health).

Mode of appointment : Project mode. Consolidated salary : As per institutional rules. Accommodation not provided.

### 6. Associate Research Officer (NM) for the Department of Pulmonary Medicine

*Job Code : 1263*

Qualification : B.Sc. Biotech / PGDMM / B.Sc. or M.Sc. Micro / B.Sc. MLT.

Mode of appointment : Project mode. Consolidated salary : As per institutional rules. Accommodation not provided.

### 7. Research Officer for the Department of Endocrinology. Qualification : MBBS / MD.

*Job Code : 1264*

Mode of appointment : Project mode. Consolidated salary : As per institutional rules. Accommodation not provided.

Download application from this link: <http://www.cmch-vellore.edu/> → General → Vacancies → Application Form for Project Staff. The print out of the application with certificates and testimonial copies should be sent to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 on or before **September 03, 2018** for Item 5 and **September 07, 2018** for Item 6 and **September 10, 2018** for Item 7.

### 8 Social Worker Gr.V (Project) for the Department of Endocrinology, Diabetes and Metabolism

Qualifications : MSW / MA (Social Work / Sociology). Only male candidates need to apply.

Salary scale : As per institutional rules. Age limit : 35 years. Job description : To work in Clinical Trials as a Social Worker.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **September 17, 2018** for Item 8.

### 9. Jr. Engineer Gr.IV for CHIPS

Qualification : Diploma in Electronics & Communication Engineering. Salary : As per institutional rules.

Age limit : 35 years and below. Preference will be given to candidates with knowledge in Computer Hardware and Networking.

### 10. One year Orientation Training Programme for Clerk Typist

Qualifications : Graduate (Regular Course) + English Typing Lower + D.C.A.

Age limit : 30 years. Consolidated stipend : As per institutional rules.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **September 01, 2018** for Item 9 and **September 17, 2018** for Item 10.



# Let's Think Together

No.13

SEPTEMBER 03, 2018



## Making the difference

As we go through our daily journey of life, we come across many hardships. And yet, the rules of life say that we are not to just focus on our own lives, but to look at the wider world and see how we can make a difference.

Mary Buell trained as a nurse in the early 1950's in CMC, where she met her future husband, Dr. J.C. Jacob while he too was doing his medical studies. Both of them were fortunate to find places at the Montreal Neurological Institute/Hospital, McGill University, in the 1960's where Mary did her postgraduate training in Neuro/Neurosurgery Nursing, and Dr Jacob, his Resident and Fellowship training in Neurology. They were married in 1964 and for a while worked in CMC. In 1968, they moved to Newfoundland, Canada.

At one point in her life, Mary did something which completely changed someone's life. A small Christian group from St John's where they lived, sponsored a group of refugees from Kosovo to Canada. The idea was to give them new life. Mary and Dr Jacob were part of this sponsoring group. One day they received news that one of the boys from a family they had sponsored had killed his brother during a family quarrel. It was a spur of the moment act.

During the initial stages of the legal proceedings, the judge ruled that the boy would have to remain in custody till a verdict was reached. This meant a long process which would place the teenager in jail with all kinds of hardened criminals. A terrifying prospect for a teenage refugee boy in a strange land. The judge ruled that the only possibility of bail was if some respected member of the community would take responsibility for him while the trial proceeded.

Without hesitation, Mary Jacob stepped forward and promised the court that she would take responsibility for the young Kosovar lad and look after him. The boy and his family were stunned by Mary's offer. They could not believe that a stranger would welcome him into her home despite his violent act. Mary brought this very troubled boy into the shelter of her quiet and beautiful home. Slowly, with her devoted care, he was able to leave behind the nightmare of the night he murdered his brother, and earlier memories of life in war torn Kosovo. His troubled soul was nurtured by Mary's loving care, her delicious food and the calmness of her home. Where most people saw an angry, violent teenager, Mary saw goodness and beauty through his sadness and pain. A new young man emerged slowly as she continued to care for him all through his bail period. At the trial a year later, the boy was cleared of all the charges he was accused of and was allowed to return to his family. He went on to earn two university degrees and today is a responsible member of society in his adopted country. Mary had given him the courage and strength and most of all, the love to make a new life for himself.

Mary Jacob was an ordinary woman in many ways, as she went about her daily routine of being a wife, friend and health care professional. But this story, also makes her to be an extraordinary person. That impulsive act of compassion in reaching out to a lost soul whose life seemed to have ended even before it had begun, made a huge difference to that young boy and his family.

Sometimes we are given the opportunity to make a big difference to someone's life. Sometimes the opportunities are small. Mary's story convinces us that it is worth making that sudden leap of compassion. And that when we sustain our leap with love and care, both our life and the person whose life we have touched, changes and becomes meaningful.

Usha Jesudasan  
ushajesudasan@gmail.com

# CMC NEWSLINE

Vol.No.56 No.10

FOR PRIVATE CIRCULATION ONLY

SEPTEMBER 03, 2018



*As the Father has loved me, so have I loved you. Now remain in my love. John 15:9*

## CIDSCON - 2018



The Clinical Infectious Diseases Society in association with the Department of Infectious Diseases conducted the 8<sup>th</sup> Annual Conference (CIDSCON-2018) from 16<sup>th</sup> to 18<sup>th</sup> August. The Clinical Infectious Diseases Society serves to combat the major challenge of Infectious diseases in India such as antimicrobial resistance, HIV Infection and tropical infections such as tuberculosis and scrub typhus. The conference was attended by over six hundred delegates from all over the country with representation from National and International faculty from United Kingdom, USA, Australia, Singapore, Thailand and Vietnam, Lao PDR.

A wide variety of topics for discussion were organized under the theme 'Consolidating Knowledge to Impact Patient Care' covering the significant developments in the field of ID. The topics discussed included antimicrobial resistance, infection control and antibiotic stewardship, treatment of sepsis, tropical infections, infections in the immune compromised, and other relevant topics such as the recent Nipah virus outbreak. The conference also had interactive case discussions discussed by experts where the participants actively participated by voting their opinions through a

*Continued on page 2*

### Special Prayers :September 02 -08, 2018

#### Orthopaedics :

Dr. Vijay T.K. Titus and Staff  
Dr. Manasseh Nithyananth and Staff  
Dr. Pradeep Mathew Poonnoose and Staff  
Dr. Thilak S. Jepegnanam and Staff  
Dr. Premila Lee and Staff

#### Hand and Leprosy Reconstructive Surgery:

Dr. Binu Prathap Thomas and Staff  
Mrs. Rebecca Sumathy Bai and Staff

#### Malankara Jacobite Syrian Orthodox Church Council Members:

Bishop Thomas Themotheos  
Prof. K.M. Varghese

Hospitals: MBM Mission Hospital,  
Kothamangalam

St. Mary's Hospital, Manarcadu  
Christian Charitable Mission  
Hospital, Manganam and others

#### Sunday Services : September 09, 2018

6.00 pm : **Scudder Auditorium**  
Dr. J.V. Peter

6.30 pm : **Hospital Chapel**  
Hospital Choir Sing Song Service

5.00 pm : **Friendship Chapel, KPTR Campus**  
Dr. Serina Ruth Salins Stephen

4.30 pm : **CMC Chittoor Chapel**  
Rev. Mani Bhushan Das

#### Welcome :

**Dr. Preethi R.N.**, Assistant Professor,  
Department of Obstetrics & Gynaecology  
Unit-III, on her return from study leave.

## Congratulations!

Leaders Asia magazine takes immense pleasure to honor Dr. Sunil Chandy with the **India's Most Trusted CEO's 2018 award**. This honor was presented on 27<sup>th</sup> August 2018 during the 3<sup>rd</sup> edition of WCRC IDEASFEST 2018.

Dr. Sunil Chandy, former Director was selected as one among the top 30 CEOs in India by World Consulting and Research Corporation International (WCRCINT), a media consulting group in Asia.

Revolving around transformational leadership, India's Most Trusted CEOs 2018 is about CEO's who have

steered their values, as a CEO along with the company's performance.

**WCRC LEADERS ASIA** is currently one of the leading niche media in print and online format available across Asia. The Indian edition enjoys the most superlative viewership across all business media in the country.

mobile application to the scenarios discussed. The formal inauguration of the conference was held on 17<sup>th</sup> August where the Chief Guest, Professor T. Jacob John, former professor and Head of Virology, reflected on the theme of the conference which lays perfect emphasis on the objective of the Clinical Infectious Diseases Society. He stressed on the need to reconstruct the health management system in the country and to develop the mechanisms to effectively combat the challenges of infectious diseases.

The conference was a great success and the program was awarded thirty CME credit points by the Tamil Nadu Dr. MGR Medical University and Tamil Nadu Medical Council.

### World Breastfeeding Week observed

The World Breastfeeding Week was observed from 1<sup>st</sup> to 7<sup>th</sup> August 2018 by the Departments of Neonatology and Maternity Nursing. The theme for this year was 'Breastfeeding-Foundation of Life'. The inaugural programme began with an opening prayer by Rev. Deborah followed by the welcome address by Mrs. Ebenezer Ellen Benjamin, Head, Department of Maternity Nursing. Dr. Sridhar, Head of the Department of Neonatology introduced the Chief Guest for the occasion; Dr. Shantidani Minz, Head, RUHSA, following which the felicitation was given by Dr. Premila Lee, Nursing Superintendent. The latter part of the ceremony witnessed a short time of educational entertainment by the Neonatology staff nurses.



During the week long celebrations, the following activities were organised. On 2<sup>nd</sup> August an awareness programme on human milk bank for CMC employees were organised followed by a Quiz programme on 6<sup>th</sup> August for the Neonatology doctors and nurses. An interactive session for the mothers in support of breastfeeding was organised. Apart from these, various educational programmes in the postnatal and antenatal wards were conducted of which the highlight was the session led by Mrs. Leena Rani, Charge Nurse, Lactation counsellor at the OG OPD.

### Visit of the President of the American Diabetes Association

CMC, Vellore had the privilege to have the president of the American Diabetes Association visit the institution. In her honour, the Department of Endocrinology conducted an exclusive CME comprising of several



international experts in the field of diabetes including Professor Jane Reusch (ADA president and expert in diabetes and cardiovascular physiology), Professor Meredith Hawkins (expert in insulin resistance), Dr. C.S. Yagnik (pioneer in research into the fetal origins of disease in India) and Dr. A. Ramachandran (Diabetes Epidemiologist).





## Workshop on IAP course on Paediatric Advanced Life Support for Nurses



The Departments of Paediatric Intensive Care Unit, Pediatric Nursing and CNE & Research, College of Nursing successfully conducted a workshop on IAP PALS course for nurses on 27<sup>th</sup> July 2018, focusing on strengthening the foundation, knowledge and skills related to pediatric critical care nursing with highlights on basic life support, airway management, rhythm disturbances and vascular access.

The workshop was attended by thirty three participants consisting of staff nurses, tutors, nursing faculty and post graduate nursing students from in and around Vellore. The

inaugural ceremony began with a welcome address by Dr. Ebor Jacob, Professor, Department of Child Health and President IAP North chapter followed by felicitations by Dr. Selva Titus Chacko, Dean, College of Nursing and Dr. Premila Lee, Nursing Superintendent. Mrs. Lilly Prasad, Professor and Organizing Secretary elaborated on the important nursing aspects covered in the workshop.

The participants were provided with workstations which allowed them to update their knowledge and skills related to Paediatric Advanced Life Support (PALS). This was followed by hands on training in identification and approach to respiratory failure, shock and Cardio pulmonary arrest as well as sessions led by Medical and Nursing Faculty from the institution. Following the discussions a test was conducted in which the IAP PALS provider certificate was awarded to those with a score above 80%. The Workshop was credited with eight hours from Tamil Nadu Nurses and Midwives Council.

### Congratulations!

- **Dr. Satheesh Solomon T. Selvin**, Associate Professor, Department of Ophthalmology for having won the first prize at the Open Quiz for Ophthalmologists, at the Annual Tamil Nadu Ophthalmic Association (TNOA) State conference at Pondicherry held from 10<sup>th</sup> to 12<sup>th</sup> August, 2018.
- **Dr. Jeyanth Suresh Rose**, Associate Professor, Department of Ophthalmology, won the second prize at the Annual Tamil Nadu Ophthalmic Association State conference held from 10<sup>th</sup> to 12<sup>th</sup> August, 2018 at Pondicherry under the category “Shark Tank- New Innovations in Ophthalmology” for his research innovation entitled “A device to quantify corneal transparency in donor corneal buttons using laser scatter analysis”.
- **Dr. Abhilash Cheriyan** won the first prize for his poster titled "Collecting Duct Carcinoma of the Kidney - Our Experience" in the South Zone Urological Society of India Conference held at Wayanad, Kerala from 10<sup>th</sup> to 12<sup>th</sup> August, 2018.
- **Dr. Anil Kumar** won the second prize for his poster titled "Ureteric Desmoid Tumor: A first Case Report" in the South Zone Urological Society of India Conference held at Wayanad, Kerala from 10<sup>th</sup> to 12<sup>th</sup> August, 2018.

### Retirement



**Mr. Rajamanohar**, Sr. Hospital Attendant, Department of Microbiology retired on 18<sup>th</sup> August, 2018 after 37 years of dedicated service to the institution. His daughter, Ms. R. Ramya completed the Anaesthesia Technician Course in CMC and is currently working in Dubai. Mr. R. Divakar, his son is studying the X-Ray Technician course in Sandhya Babu Hospital, Vellore.

The CMC community is thankful for his years of commitment to the institution and wishes God's blessings on him retired life.

### Notification: In Service CME Programme in Diagnostic Microbiology

The Department of Clinical Microbiology at the Christian Medical College, Vellore runs an In Service CME on Diagnostic Microbiology each year. The aim of the course is to provide ongoing training for staff from diagnostic facilities in smaller hospitals. This is a refresher course suitable for technicians, technologists and microbiologists who already have a basic knowledge of diagnostic microbiology. It is NOT suitable for those with no current knowledge of the subject. The course is taught in English.

*Continued on page 4*

## Notification: In Service CME Programme in Diagnostic Microbiology

Continued from Page 3

Training in the following areas will be provided: Methods of media preparation, Cleaning and sterilisation procedures, Bacteriological techniques, Serology including HIV and HBsAg Screening, Mycology and Surveillance of hospital acquired infections. **The course fee is Rs.2,500/- per candidate sponsored by institutions belonging to missions which support CMC and Rs.7,500/- for all others. Accommodation is NOT provided. TA and DA will be borne by the trainee only. A maximum of 6 candidates will be selected each year.**

For application forms, please contact : The Head, Department of Clinical Microbiology, Christian Medical College, Dr. Ida Scudder Road, Vellore - 632 004, Tamil Nadu. E mail: [micro@cmcvellore.ac.in](mailto:micro@cmcvellore.ac.in) The filled-in application forms should be submitted on **10<sup>th</sup> September, 2018.**

### Situations Vacant

**1. Senior Resident with MD (Gen. Med) preference will be given to those who have 2 years experience in Clinical Genetics for the Clinical Genetics Unit**

Salary scale : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

**2. Assistant Professor Gr.I with DM (Nephrology) for the Department of Nephrology**

Salary scale : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

**3. Tutor Gr.IV with BPT Graduate IAP recognized College / University for the Department of Physical Medicine and Rehabilitation (PMR)**

Should have completed 6 months of compulsory internship on or before 30.08.2018. Age limit : 30 years.

Salary scale : Approximately Gross Salary : Rs.31,000/- per month. Accommodation not provided.

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore-632 002, email: [princi@cmcvellore.ac.in](mailto:princi@cmcvellore.ac.in) on or before **September 08, 2018** for Items 1, 2 and **September 15, 2018** for Item 3.

**4. Statistician (Three Posts) for the Wellcome Research**

**Job Code : 1265**

Qualification : M.Sc. in Biostatistics or Statistics. Mode of appointment : Project mode.

Consolidated Salary : As per institutional rules. Accommodation not provided.

Download application from this link: <http://www.cmch-vellore.edu/> → General → Vacancies → Application Form for Project Staff. The print out of the application with certificates and testimonial copies should be sent to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 on or before **September 14, 2018** for Item 4. **Note : Please mention the Job Code in the application form. Applications without Job Code will not be accepted.**

**5. Medical Faculty for the CMC Chittoor Campus : Dental & Oral Surgery : Assistant Surgeon / Associate Surgeon / Surgeon with BDS and MDS.** Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu> link : "Vacancies" or email to [dir.chittoor@cmcvellore.ac.in](mailto:dir.chittoor@cmcvellore.ac.in) with all testimonials and certificates on or before **September 17, 2018** for Item 5.

**6(a). Staff III Graduate Technician for the Department of Paediatric Surgery**

Qualifications : B.Sc. with one year In-Service Training.

**6(b). Staff III Technician for the Department of Paediatric Surgery**

Qualification : H.Sc. with persons who have one year experience working in operating theatres may be considered.

Salary : As per institutional rules. Accommodation not provided. Age limit : 35 years.

Job description : To work in the Department of Paediatric Surgery.

**7. Technical Assistant (Project) for the Department of Neonatology**

Qualifications: B.Sc.(Science) with 3 years experience/M.Sc.(Science). Consolidated pay: Rs.31,000/-(External salary).

Age limit : 35 years. Job description : To work in project mode in the Department of Neonatology.

**8. Staff II Medical Lab. Technician for the Department of Transfusion Medicine & Immunohaematology**

Qualifications : B.Sc. MLT (Preference will be given to those who have finished in the Tamil Nadu Dr. MGR Medical University). Salary scale : As per institutional rules. Age limit : 35 years.

Job description : To work in the Department of Transfusion Medicine.

**9. Laboratory Auxillary Trainee for the Department of Transfusion Medicine & Immunohaematology**

Qualifications : Graduate in Life Sciences can only be accepted. (B.Sc.Zoology, Botony, Biochemistry and Biotechnology).

Age limit : 30 years. Stipend : Rs.5,775/-. Job description : To collect blood from the patients for various tests.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **September 10, 2018** for Items 6(a), 6(b) and **September 17, 2018** for Items 7, 8 and 9.

CMC PROMOTIONS OFFICE. E-mail ID: [cmc.promotionsoffice@cmcvellore.ac.in](mailto:cmc.promotionsoffice@cmcvellore.ac.in)

# Let's Think Together

No.13

SEPTEMBER 10, 2018



## A Stranger's Kindness

A few years ago, when I was in Porto Allegre, in Brasil, I stopped at a beautiful church - Nossa Senhora das Dores { Our Lady of Sorrows } The town was filled with little churches , but this one caught my eye – a tall whitewashed church standing alone, high up on a lane with cobbled stones.

The original church was built by African slaves who were brought to work on the sugar and coffee plantations in the 16<sup>th</sup> century. At some point, the slaves became Christian. The one thing that kept the slaves alive was their faith in Jesus. It took the slaves nearly a hundred years and a couple of generations to build the church. Each time the building came near completion, the white slave masters destroyed what had been built - slaves were not allowed to congregate anywhere in a group – so they started building it again and again. It took almost 200 years to complete.

As I stood inside, I thought about the pain, suffering and humiliation that had gone into the building of this church. Black slave men and women, their backs cut open, bleeding from whip lashes, had knelt right here where I was standing. In this sacred place, despite their agony and misery, they found an invisible God whom they could cry out to, who would hear their cries of pain and release them from it one day. They offered up their endless suffering, their loneliness and grief through music, and silence, and in return were given a measure of healing and peace. Their faith, in a God who cared about their pain and who would one day set them free, is what saved them and gave meaning to their tortured lives. It was from here that they found the strength to go out and face their cruel masters and mistresses.

Today, the souls of these slaves look on to an ornate gilded altar, guarded by little cherubs and exquisitely carved stone and woodwork. The church is filled with beautiful art and detailed carvings. The painful story of it's beginning does not have a place in this decorative setting. The one symbol that reminds me that this is a place where human suffering was real is a statue of Christ, his flesh torn, bleeding from his wounds, looking down at those who keel in front of him.

I see an old woman on her knees, her head bent towards the statue, her fingers on her rosary, weeping silently. The church is cold and silent. I sit down and am lost in my own thoughts. It has been a long difficult year and I have just not been able to pray. A gentle touch on my shoulder made me turn around. The kneeling lady smiles through her tears and gives me a tissue. She spoke in Portuguese, I responded in English. She showed a picture of a little girl. It was this child whom she had been praying for. I in turn, shared pictures of my family. She took my pictures, went up to the altar and knelt again. Then she returned the pictures and with a kiss on both my wet cheeks, left.

It is often a stranger's kindness that opens our hearts. The daily routine of work, travel, home duties and the various difficulties all of these bring often harden our hearts against new painful assaults. A closed hard heart helps us get through the day. But when a stranger's kindness pierces through and makes us come face to face with our pain, we slowly begin to heal. It is only when we heal, that we are able to be the stranger who is kind to someone else in pain.

### **Think about this!**

Have you ever experienced a stranger's kindness? And did this experience help you to touch another?

Usha Jesudasan  
ushajesudasan@gmail.com



# CMC NEWSLINE

Vol.No.56 No.11 FOR PRIVATE CIRCULATION ONLY SEPTEMBER 10, 2018



*Yet the Lord longs to be gracious to you; he rises to show you compassion. For the Lord is a God of justice. Blessed are all who wait for him! Isaiah 30:18*

## AHS Inter-professional Foundation Programme-2018



The CMC community welcomed the AHS students (Degree and Diploma) into its fold during the Inter-professional Foundation Programme. The principal, Dr. Anna Pulimood and Associate Director (HR) Dr. Deepak Abraham were the dignitaries present.

On Day One of the programme, the faculty spoke about the ethos and heritage of CMC and the privileges and challenges of the AHS courses. Mr. Mathew Asirvatham, Senior Selection Grade Training Officer (Retd.), RUHSA, was the speaker for this session.

There was an enthusiastic participation from the students in the interactive activities such as role plays which depicted the significance of their roles in health care. Other important aspects stressed upon were, integrity and honesty, goal setting and time

management, compassion and care. There were also discussions on team work and interpersonal relationships, professional excellence, communication skills, leadership skills, motivation and coping strategies.

The activities during the ice-breaker session on the second day provided a platform for the students to interact with each other. Following this, on the third day the groups visited the Mary Varghese Trust. The students together with the gardeners, prepared a vegetable garden and planted trees for their work camp. They enjoyed working alongside their faculty volunteers where they learned both the fun and tactics behind successful teamwork.

Following this there were sessions which enlightened the students about the regulations of the college, their

*Special Prayers :September 09 -15, 2018*

*Hospital Choir and College Choir*

*Reynolds Memorial Hospital, Washim*

*Samavesam of Telugu Baptist Churches*

Council Members :

Dr. Devaraj Voola

Mrs. G. Jamuna Rani Diwakar

*Reformed Church in America*

*Evangelical Lutheran Church in America*

Council Member : Mr. Y. Franklin Ishida

*Sunday Services : September 16, 2018*

6.00 pm : **Scudder Auditorium**

Mr. Samson Varghese

6.30 pm : **Hospital Chapel**

Dr. Eunice Sindhuvi

5.00 pm : **Friendship Chapel, KPTR Campus**

Dr. Aaron Chapla

*Congratulations :*

• **Dr. Sangeetha Yoganathan**, Associate Professor, **Dr. Mukul Malhotra** and **Dr. Shikha Jain**, Post Doctoral Fellows, Paediatric Neurology won the second prize in the competitive grand rounds 2018 conducted by "The Dr. K.C. Chaudhuri Trust and Indian Journal of Pediatrics" held in A.I.I.M.S, New Delhi on 2<sup>nd</sup> September, 2018 on the topic "Cerebral creatine deficiency syndrome: An under diagnosed treatable cause of autism".

• **Dr. Minu Rekha R.**, Anatomy (PG Alumnus) and **Dr. Mythraeyee P.**, Assistant Professor in Anatomy won the NBE Gold Medal in the specialty of Anatomy during the December 2015 and December 2017 sessions respectively.

• **Dr. Pankaj Singh**, Senior Resident, Neurology won the first prize at the Stroke Quiz held at 5<sup>th</sup> Annual Indian Stroke Association-summer School at Goa on 2<sup>nd</sup> September, 2018.



Continued on page 2

rights and responsibilities to patient care, safety precautions and expectations in the hospital setting. They were also sensitized to keeping the campus clean and to understand the health care needs of our country. The valuable input and participation of the AHS faculty in planning and conducting this Inter-professional programme was much appreciated.

## Cochrane Systematic Review



Cochrane South Asia organized a Workshop on Developing a Protocol for a Cochrane Systematic Review from 27<sup>th</sup> to 31<sup>st</sup> August, 2018 at the IRB Meeting Hall, Bagayam Campus. About nineteen participants from various parts of the country participated in the workshop. The participants included medical professionals from AIIMS Bhubaneswar, AIIMS Orissa, AIIMS Rishikesh, PGIMER,

Chandigarh and from various dental and pharmaceutical colleges within the country.

The sessions during the five days were designed to provide an initiation to the concept of evidence-informed healthcare, the wide role of systematic reviews in healthcare provision and the steps involved in getting started with a Cochrane Systematic Review. Hands-on training on developing a search strategy, using of reference management software and training in *RevMan* software were well appreciated by the participants.

Retired Professor Prathap Tharyan, Professor Thambu David, Dr. Akhil Abhijnhan, Richard Kirubakaran and Jabez Paul Barnabas from Cochrane South Asia conducted several sessions during the workshop.

There will be similar Workshops at the Christian Medical College, Vellore planned for the Year 2018. Details are available online @ <http://southasia.cochrane.org/training>



## Integrated workshop on “Quality Aspects in Nursing Care”



The Department of CNE & Research, College of Nursing organized a workshop on “Quality Aspects in Nursing Care” at CNE Lecture Hall, on 24<sup>th</sup> August, 2018. The focus of the workshop was to instill the basic aspects of quality pertaining to nursing and to equip nurses to initiate quality improvement activities in their respective institutions. The inauguration began with devotion by Mrs. Ida Sweetlin Priyadharshini, Junior Lecturer, College of Nursing followed by welcome address by Dr. Vinitha Ravindran, Professor

and Head, Continuing Nursing Education. Dr. Premila Lee, Nursing superintendent, Ms. Alice Sony, Deputy Dean and Dr. Lallu Joseph, Quality Manager, Quality Management Cell, offered the felicitations. Mrs. Punitha Jeevanesan, Junior Lecturer, gave an overview of the workshop followed by the vote of thanks by Mr. Dinesh Kumar, Junior Lecturer.

Theoretical aspects of importance of quality, quality aspects in nursing, safety of patients, patient rights and responsibilities, medication safety, effective communication, infection control, quality improvement and monitoring techniques were discussed in detail. The integrated practical sessions included writing protocols, blood and chemical spill management, role play on violation of patient and nurses rights, drug calculation, usage of SBAR communication technique in handover, practicing handwashing and usage of PPE. All the sessions were thought provoking and well appreciated by all the delegates. Fifty participants (nursing superintendents, ward in-charges, staff nurses, quality managers and tutors) benefited from this workshop. Eight credit hours were granted by the Tamilnadu Nurses and Midwives Council.



## Congratulations!

• The following candidates were successful in the Postgraduate **MD/MS** Examination held in **May 2018**.  
(University Results Published on **07.07.2018**) :

**MD. Paediatrics** : Dr. Anish Sam George, Dr. George Ipe Vettiyl, Dr. Madhan Kumar P., Dr. Merlyn Nisha J., Dr. Murugan T.P., Dr. Nithya S., Dr. Praveen George Paul, Dr. Priyalatha C., Dr. A. S. Siva Prasad Vyasam and Dr. Vinod Kumar Palaparthu.

**MD. Pathology** : Dr. Shailaja Balakumar, Dr. Vinoth Kumar G., Dr. Anand K.V., Dr. Anju Mohan, Dr. Chandan Chowdhuri, Dr. Nufina T.A., Dr. Ponmar Madhurima and Dr. Kripa Mariam Varghese. *To be continued...*

## Retirements



**Mrs. Susan Prakash Daniel**, Publicity & Information Officer Gr.II, Development Office retired on 30<sup>th</sup> August, 2018 after nearly 12 years of dedicated service to the institution. She has two daughters. Her elder daughter, Ms. Amoolya is doing M.Sc. and younger daughter, Ms. Apoorva is working in Delhi.



**Mr. P.K. Ramadurai**, Sr. Hospital Attendant, RUHSA retired on 31<sup>st</sup> August, 2018 after 38 years of dedicated service to the institution. He has a son and a daughter. His son, Mr. R. Praveen Kumar is studying M.E. in Chennai and daughter, Ms. R. Priyadharsini is studying B.E. in Kingston College, Vellore.

The CMC community is thankful for their years of commitment to the institution and wishes God's blessings on their retired life.

## Obituary



**Dr. Prakash S. Shetty** (MBBS batch of 1961) on September 3, 2018. Dr. Prakash Shetty completed his MBBS and MD Physiology in Christian Medical College, Vellore. He was the second postgraduate from the Department of Physiology. He then joined a fledgling department at St. John's Medical College in 1972. After he completed his doctorate at Cambridge, UK, he returned to the St. John's Medical and began the process of rebuilding the department from scratch. He was a brilliant and inspiring teacher to the undergraduates, and many will remember him pacing up and down the podium of the old lecture hall.

He was passionate about his research and built a strong research programme on human energy metabolism. In the 1980's he set up the ICMR Nutrition Research Centre in the department and then with a Wellcome Trust grant built the first whole body calorimeter in a developing country. This was the start of long and productive research programme. He inspired a whole generation of students to take up physiology as a career and in the process has influenced many more people. He authored the chapter on 'Food and Nutrition' in the Oxford Textbook of Public Health, and would promptly donate his copy of each new edition to the Community Health Department at CMC, Vellore.

He was a member of a large number of committees in St. John's, an institution that he deeply treasured and credited for his professional success. He was a teacher, a gentleman, a friend, a leader, an innovator...he will be sorely missed, but his legacy will live on. He leaves behind his wife Dr. Nandini, his children Dushyanth and Meghna.

Our thoughts and prayers are with the bereaved members of the family at this time of sorrow and loss.

## Situations Vacant

**1. Assistant Professor Gr.I with DM (Gastroenterology) / DM (Hepatology) for the Department of Gastroenterology & Hepatology**

Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

**2. Assistant Professor with M.Ch. (Cardiothoracic Surgery) for the Department of Cardiothoracic Surgery**

Salary scale : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

*Continued on page 4*



**3. Assistant Professor with MD (Paediatrics) for the Developmental Paediatrics Unit**

Experience : Should have at least one year teaching experience in Developmental Paediatrics as (Asst. Professor) in any MCI recognized teaching institution.

Salary scale : As per institutional rules. Accommodation provided (Subject to availability).

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore – 632 002, email: [princi@cmcvellore.ac.in](mailto:princi@cmcvellore.ac.in) on or before **September 15, 2018** for Items 1, 2 and **September 20, 2018** for Item 3.

**4. One year Clinical Occupational Therapist for the Department of PMR (OT)**

Eligibility : BOT Graduate from a Recognized College / University. Should have completed six months of rotatory internship. Experience : Less than 4 years after internship completion.

Age limit : Less than 30 years. Monthly stipend : Rs.9,620/-. Accommodation not provided.

Apply with resume, including dates of work experience, contact numbers, postal address and email ID, photocopies of work experience and other relevant certificates to the Principal, Christian Medical College, Bagayam, Vellore – 632 002, on or before **September 22, 2018** for Item 4.

**5. Project Coordinator for the Department of Medicine Unit-I****Job Code : 1266**

Qualification : MSW or any good Master degree.

Job description : Collaborating work, willingness to travel, excellent people and reporting skills - a must.

Mode of appointment : Project mode. Consolidated salary : As per institutional rules.

Accommodation not provided.

Download application from this link: <http://www.cmch-vellore.edu/> → General → Vacancies → Application Form for Project Staff. The print out of the application with certificates and testimonial copies should be sent to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 on or before **September 21, 2018** for Item 5.

*Note : Please mention the Job Code in the application form. Applications without Job Code will not be accepted.*

**6. Medical Faculty for the CMC Chittoor Campus**

• **Obstetrics and Gynaecology : Senior Resident / Assistant Surgeon / Assistant Professor / Associate Surgeon / Associate Professor / Surgeon with MS / MD / DNB / DGO.**

• **General Surgery : Senior Resident / Assistant Surgeon / Assistant Professor / Associate Surgeon / Associate Professor / Surgeon with MS / DNB (Gen. Surgery)**

• **General Medicine : Senior Resident / Assistant Physician / Associate Physician / Physician with MD / DNB in General Medicine**

• **Anaesthesia : Senior Resident / Assistant Physician / Associate Physician / Physician with DA / MD / DNB in Anaesthesia**

• **Psychiatry : Senior Resident / Assistant Physician / Associate Physician / Physician with D.PM with DNB / MD (Psychiatry)**

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu> link : “Vacancies” or email to [dir.chittoor@cmcvellore.ac.in](mailto:dir.chittoor@cmcvellore.ac.in) with all testimonials and certificates on or before **September 24, 2018** for Item 6.

**7. Schieffelin Institute of Health - Research & Leprosy Centre, Karigiri** invites applications for the following posts of : (a) **Paediatrician** - Qualifications : MD / DCH (Paediatrics).

(b) **Orthopaedic Surgeon** - Qualifications : MS (Ortho.) or D.Ortho.

(c) **Pathologist (Full time / Part time)** - Qualification : MD (Pathology).

(d) **Medical Officer** - Qualification : MBBS.

Apply with bio-data along with photocopies of certificates and a demand draft for Rs.50/- in favour of “SIH-R&LC., Karigiri” addressed to the Director, SIH-R&LC., Karigiri, Pin - 632 106.

Email: [director@karigiri.org](mailto:director@karigiri.org) Website : [www.karigiri.org](http://www.karigiri.org)

Last date for receipt of applications is **September 15, 2018** for items 7(a), 7(b), 7(c) and 7(d).

# Special Issue

SEPTEMBER 17, 2018



## The Summer of 1918

*We look forward to the time when all young women of the Madras Presidency preparing for the profession of medicine will seek enrolment in the Medical School at Vellore.*

- Anna Kugler, 1918

Towards the end of the First World War, on 12 August 1918, a British military doctor of the Madras Presidency was going to speak at the inauguration of a medical school in South India. Suspecting correctly that the little school in rented buildings did not possess a skeleton for anatomy classes, Col. Reginal Bryson decided to take one with him. The skeleton, decorously boxed, travelled by train from Madras to Vellore, where it became the teacher of anatomy for fourteen girls. The school's professor of anatomy was also its principal, Dr. Ida Sophia Scudder. The school had only two medical teachers.

Four years later, when the girls graduated, the professor of anatomy had become the professor of gynaecology. The beautifully planned graduation ceremony was held under a tent, since the school had little in the way of buildings. Present at the ceremony was Dr. Anna Kugler, the first woman medical missionary in South India. She wrote a little booklet to commemorate the occasion. Self-effacing, Dr. Kugler did not include her full name in the booklet. The final lines read :

### *Epilogue*

*We look forward to the time when all young women of the Madras Presidency preparing for the profession of medicine will seek enrolment in the Medical School at Vellore. This little booklet is written that the students of the future will be able to know something of the ambitions and aspirations of the First Class of Students and be stimulated thereby to such noble efforts that women of India will bless the day that saw the establishment of the Vellore School of Medicine for Women*

- ASK

Why did Dr. Kugler have such aspirations for a fledgling institution? What happened to the school in the four decades that followed? We will seek answers in the lives and voices of those who enabled the birth of that medical college.

*Excerpt from 'One Step at a Time' by Dr. Reena George.  
The book is an illustrated history of the origins of medical education  
at the Christian Medical College, Vellore.*

# CMC NEWSLINE

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FOR PRIVATE CIRCULATION ONLY

SEPTEMBER 17, 2018



*As for you, go your way till the end. You will rest and then at the end of the days you will rise to receive your allotted inheritance.*

*Daniel 12:13*

## Fellowship in General Infectious Diseases (FGID): A New initiative from the Department of Infectious Diseases



**F**ellowship in General Infectious Diseases (FGID) is a new initiative from the department of Infectious Diseases in collaboration with Department of Distance Education. The course is funded by the Global Infectious Disease Research Training grant from NIH, administered by the Wellcome trust research laboratory. This year long course was launched for the doctors who are committed to serve in the resource poor settings especially secondary care hospitals. The mode of training will be through distance education with contact classes. The module topics have been carefully selected and written by the CMC faculty from different departments. The modules will be delivered online in a spaced manner, on a moodle platform.

The inauguration of this course started with a word of prayer by Rev.Gosparlyne Snaitang, chaplain

following which Dr. Divya Deodhar, the course convener welcomed the gathering. Dr. Priscilla Rupali the course director briefly outlined the need and objectives of this course. Dr. Anna Pulimood, Principal, Dr. Nihal Thomas, Associate Director, Dr. Sukria Nayak, Associate Director for missions and Dr. Prasad Mathew, the medical superintendent offered their felicitations. The ceremony came to an end with the vote of thanks delivered by Dr. Divya Deodhar.



*Special Prayers : September 16 -22, 2018*

*Pharmacy Service :*

Dr. Sujith John Chandy and Staff

*Pharmacology & Clinical Pharmacology :*

Dr. Binu Susan Mathew and Staff

*Poona Christian Medical Association*

*Council Members :*

Dr. Christopher David Moses

Dr. Nitin Theodore Joseph

Hospital : N.M. Wadia Hospital, Pune

Jalna Mission Hospital, Jalna and others

*Sunday Services : September 23, 2018*

6.00 pm : **Scudder Auditorium**

Mr. Philip Cherian

6.30 pm : **Hospital Chapel**

Dr. George Chandy

5.00 pm : **Friendship Chapel, KPTR Campus**

Dr. Christhunesa Soundararajan

4.30 pm : **Chittoor Chapel**

Dr. Aaron Chapla

*Obituaries :*

**Mrs. Sabita Danda**, Mother of Dr. Debashish Danda, Head of Clinical Immunology and Rheumatology; Mother-in-law of Dr. Sumita Danda, Head of Medical Genetics Unit and grandmother of Mr. Asheerwad Danda on 7<sup>th</sup> September, 2018.

**Mrs. Dhanalaxmi**, mother of Mr. Binny Raj M., Sr. Hospital Attendant, Directorate on 13<sup>th</sup> September, 2018.

Our thoughts and prayers are with the bereaved members of the families at this time of grief and loss.



## An update in Paediatric Anaesthesia

An update on Paediatric Anaesthesia was conducted by the Department of Anaesthesia, on 25<sup>th</sup> August, 2018 with focus on safe anaesthesia for neonates and infants. Dr. Sajan Philip George was the organizing chairman and Dr. Ekta Rai was the organizing secretary.



The CME was attended by one hundred and thirty delegates and five external faculties. The renowned resource persons were Dr. Rebecca Jacob, President of the Asian Society of Paediatric Anaesthesia, Dr. Elsa Verghese, President of Indian Association Paediatric Anaesthesia, Dr. Krishnan N. Head of the Department ICH, Dr. H.M. Krishna, Head of the Department, KMC Manipal and Dr. Elizabeth Joseph, Trissur Medical College.

The CME started with a word of Prayer by Rev. Finney Alexander. The sessions consisted of lectures highlighting neonatal physiology, pharmacology, fluid management, ventilation, anesthesia management for emergencies, difficult airway in neonates and infants.

The post-lunch session had five skill stations on simulation, POCUS, paediatric resuscitation, vascular access and difficult airway. All the participants received a CME Workshop Manual which included write ups on all the above topics.

As part of the CME, a quiz competition was organised in which more than fifty enthusiastic post graduates participated. The first prize was bagged by MMC and the runner-up prize went to CMC. The teams received a cash prize of Rs.4,000/- and Rs.2,000/- respectively. The third prize of Rs.1,000/- went to BMC, Bangalore and Selem Medical College.

The CME and workshop on Paediatric Anaesthesia Update was a grand success and delegates returned enriched by the talks, interactive sessions and hands on experience at workshop.

## 4<sup>th</sup> Basic Course in Molecular Diagnostics



The Department of Haematology and the Department of Pathology jointly conducted the “4<sup>th</sup> Basic Course in Molecular Diagnostics”, between 20<sup>th</sup> to 31<sup>st</sup> August 2018. Molecular diagnostics have become an essential part of investigations required in providing optimal care and has become an important tool for the health care provider in making the right decisions. However, considering the dearth of trained personnel in this area, the course focused on training participants from various academic, research

institutions and private labs. Twelve participants from various states along with two participants from our institution participated this year.

The programme was designed to start with basic molecular techniques (DNA / RNA extraction, PCR, electrophoresis) and progressed to include more advanced methods (Real time PCR, Sequencing, MLPA, Digital Droplet PCR and NGS). Application of these techniques in the diagnosis of inherited and acquired hematological diseases and solid tumors was emphasized. This training is designed to aid the participants in establishing and performing similar assays in their respective centers. A special lecture on “Personal Genomes to Precision Medicine” by Dr. Vinod Scaria, Senior Scientist, CSIR Institute of Genomics and Integrative Biology (CSIR-IGIB), New Delhi on the penultimate day, was the chief highlight of the event.

## Congratulations!

• **Dr. K. Anil Kuruvilla**, Professor, Department of Neonatology has been conferred the Master of Philosophy (M.Phil) degree in Hospital and Health Systems Management by BITS Pilani.

• The following candidates were successful in the Postgraduate **MD/MS** Examination held in **May 2018**.  
(University Results Published on **07.07.2018**) :

**MD. Pharmacology** : Dr. Jayanta Kumar Dey and Dr. Jeana Jacob.

**MD. Physiology** : Dr. Niranjini C., Dr. Vasanthakumar N. and Dr. Bhavithra Bharathi.

**MD. P.M.R.** : Dr. Ranjan S.S., Dr. Shipra Rachna Singhm, Dr. Sivaram A. and Dr. Babeesh Chacko.

**MD. Psychiatry** : Dr. Vivekanandan K.S., Dr. Aiswarya R. Nair, Dr. Raviteja Innamuri, Dr. Debanjan Mandal  
Dr. Naveen Kolloju.

**MD. Radiodiagnosis** : Dr. Monica S., Dr. Prateek Malik, Dr. Polavarapu Grace Rebecca, Dr. Minu Mary Jose  
Dr. Aditya V.A. Gunturi, Dr. Mane Manisha Sheshrao and Dr. Sheena Prineethi G.

**MD. Radiotherapy** : Dr. Boaz Vincent, Dr. Koti Krishna Amulya and Dr. Neenu Oliver John.

**MD. Respiratory Medicine** : Dr. Jefferson Daniel J. and Dr. Sujith Thomas Chandu.

**MD. Transfusion Medicine** : Dr. Antonio Paul, Dr. Ashish Dhoot and Dr. Snehil Kumar.

**MS. ENT** : Dr. Asha K. Joy, Dr. Joby Elizabeth Ninan, Dr. Preethi Rose Gurushekar, Dr. Shameer Ahamed H.  
and Dr. Vidya H.

**MS. General Surgery** : Dr. Ruru Ray, Dr. Binoy Abraham, Dr. Swaminathan Ravi, Dr. Coelho Victor Vijay  
Frederick, Dr. Mithun Raam, Dr. Pearl Lal, Dr. Emmanuel L., Dr. Sasank K. and Dr. Dennis Darren David.

**MS. Obstetrics & Gynaecology** : Dr. Maria Cecilia Alexander, Dr. Rama Smita, Dr. Evangeline Reeni  
Christian, Dr. Richa Sasmita Tirkey and Dr. Minakshi Kumari.

**MS. Ophthalmology** : Dr. Shiju M Selvester, Dr. Prathiba Roy P., Dr. Varsha Alex, Dr. Sherina Thomas and  
Dr. Roshni J.

**MS. Orthopaedics** : Dr. Christina Marie Joseph, Dr. Nirvin Paul, Dr. Febin C. Kunnath, Dr. Chandan N.,  
Dr. Ajit Joseph Mathew and Dr. Abhishek Jirel.

## Notification

Medical Postgraduate Graduation : 05<sup>th</sup> November, 2018

Medical Undergraduate College Day : 10<sup>th</sup> November, 2018

Medical Undergraduate Baccalaureate service : 11<sup>th</sup> November, 2018

Medical Undergraduate Graduation : 12<sup>th</sup> November, 2018

## Situations Vacant

**1. Assistant Professor with DM (Cardiology) for the Department of Cardiology**

Salary scale : As per institutional rules.

Accommodation provided (Partly furnished, Depending on availability).

**2. Psychologist Gr.V with M.A. / M.Sc. Psychology for the Department of Neonatology**

Salary scale : As per institutional rules.

Accommodation not provided.

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore – 632 002, email: [princi@cmcvellore.ac.in](mailto:princi@cmcvellore.ac.in) on or before **September 22, 2018** for Item 1 and **September 29, 2018** for Item 2.

Continued on page 4

**3. Staff III Dietitian for the Department of Paediatric Endocrinology and Metabolism (Paediatrics Unit-I)**

Qualifications : B.Sc. with PG Diploma in Dietitics.

Salary scale : As per institutional rules.

Age limit : 35 years.

Job description : To work in the Paediatric Endocrinology and Metabolism.

**4. Graduate Technician Trainee (Project) for the Centre for Stem Cell Research**

Qualification : B.Sc. in Life Sciences with minimum 55% marks.

Age limit : 30 years.

Stipend : As per institutional rules.

Job Description: To work in cell and molecular biology.

Applications to be done only through online application system.

Please log on to <http://www.cmch-vellore.edu> Link: "Vacancies".

**Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **October 01, 2018** for Items 3 and 4.

**5. Administrative Assistant Gr.V for the Quality Management Cell**

Qualification : Graduate + 1 year PGDHA (or) 5 years experience in CMC / FHA (Fellowship in Hospital Administration).

Salary : As per institutional rules.

Age limit : 35 years and below.

Preference will be given for the candidates who have experience in NABH Accredited (full accreditation standards) hospitals.

**6(a) Jr. Engineer Gr.IV for Engineering Planning**

Qualification : D.C.E (Diploma in Civil Engineering).

Salary : As per institutional rules.

Age limit : 35 years and below.

Candidates with experience in construction of multi-stored building involving services like plumbing, sanitary works, firefighting, capability of writing Bill of Quantities, preparation of detailed data of BOQ including wooden items and also checking of measurements.

**6(b) Draftsman Gr.IV for Engineering Planning**

Qualification : SSLC + 2 years Govt. ITI certificate.

Age limit : 35 years and below.

Candidates with experience in preparing drawing on AutoCAD only need to apply. Should have experience in preparation of engineering services drawing in AutoCAD like Electrical, Air-conditioning, Low voltage, Firefighting etc.

Applications to be done only through online application system.

Please log on to <http://www.cmch-vellore.edu> Link: "Vacancies".

**Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **September 22, 2018** for Items 5, 6(a) and 6(b).



# Let's Think Together

No.14

SEPTEMBER 24, 2018



For many people, prejudice, discrimination, bullying, domination and oppression are part of their daily work experience. Violence has firmly anchored itself in most workplaces. The heads of most organizations will quickly retort, "It doesn't happen here". But scratch beneath the surface and you will hear a different story.

Most people think of violence as a physical assault. Workplace violence has a broad spectrum. From acts in which a person is abused, threatened, intimidated or assaulted in his or her place of employment to rumour mongering and slamming doors. Workplace violence includes threatening behaviour such as shaking fists, destroying property or throwing objects; verbal or written threats; harassment: behaviour that demeans, embarrasses or humiliates a person; swearing, insulting or using condescending language and of course physical attacks.

Who are the perpetrators of violence in the work place? Ordinary people like you and me, who are frustrated, over - stressed, anxious and narrow minded. Those too who are loners, who feel that nobody listens to them or has any time for them; those with emotional problems, career frustrations and those who have more power than others.

Who are the victims? Usually it is those who have no power to stand up to authority; those on a lower cadre, those who cannot express themselves well enough and women.

Having recognized violence in our work place, what do we do about it? The most common response is to act with a similar kind violence. Violence as we know, begets more violence and the cycle goes on.

Is there a place for goodness and peacefulness at work? In the arena of ambition, personal success and desire for power and control, it may seem as if goodness and gentleness has no place. Gentleness, like violence, has a certain image. We think of a gentle person as a softie, namby pamby who can be pushed around easily. People forget that gentleness is actually strength. A fishing line looks so flimsy, as if it would snap at any moment. But though fragile looking, it is strong enough to catch the heaviest of fish. So too it is with gentleness. Gentleness and being peaceful is the answer to violence.

Peacefulness at the work place translates into standing up for the underdog, and those who struggle in some way. It means taking a moment during your coffee break to listen to a colleague's troubles; to be able to diffuse an angry person with calmness and good advice; to be fair and just. It is also the way in which we handle the peaks and troughs of our professional or emotional lives at the office. Being a gentle person brings sanity and peace to our colleagues.

A young man told me of an instance when one of his colleagues was being yelled at unfairly for the boss' incompetence. The woman struggled to keep back her tears and when the man left, she collapsed into her handkerchief. One person in the office got her a glass of water, another gave her a chair and put a comforting arm around her, and the third asked her to go home early and finished up the remainder of her work for her. This is gentleness in the work place – letting someone know that you care. Letting them know that despite violence, there is something stronger and better that brings peace and joy. That they can face tomorrow without fear because of it.

## **Think about this!**

How you behave at work yesterday, or last week. Would others with whom you interacted remember you as a gentle person or as a violent one. How would you like to be remembered?

Usha Jesudasan  
ushajesudasan@gmail.com

# CMC NEWSLINE

Vol.No.56 No.13 FOR PRIVATE CIRCULATION ONLY SEPTEMBER 24, 2018

*The Lord lives! Praise be to my Rock! Exalted be God, the Rock, my Saviour!*  
*2 Samuel 22:47*



## Patient Feedback Survey from the Quality Management Cell

The Patient feedback collection was introduced by Dr. Kurian Thomas in the year 2004. From 2009, the Quality Management Cell has been organising the survey by conducting audit on patient satisfaction both in the outpatient and inpatient areas. Field staff who are trained specially for this survey are involved in the feedback collection on a day to day basis. Provided below is a breakdown of the methodology used for the outpatient and inpatient feedback.

### Outpatient Feedback:

- The assessment happens in four cycles within a year. Each cycle comprises of a cluster of three months.
- The entire OPD and Clinics are covered in each cycle. Therefore assessing each unit four times a year. First time OPD patients are excluded.
- Forty general patients and thirty private patients are selected from each OPD/ Clinic per cycle. The respondents from the OPD are selected at random using the *systematic random sampling technique* based on the patients list of the selected OPD unit.

- Respondents are educated about the study, requested to fill up the forms given to them in the preferred language and to deposit the same in the boxes specially kept in the OPD for the purpose.
- Questions on the services of the following category of staff namely doctors, nurses, OPD clerks (MRO's), pharmacy, securities and laboratories are included in the questionnaire.

### Inpatient Feedback:

- Feedback forms for the inpatients are attached with the final bill in a language depending upon the state to which they belong.
- Respondents are requested to fill up the given form and deposit the same in the feedback box kept in the wards. The Feedback staff from QMC visits all the wards on a weekly basis and collects the forms.
- All patients discharged during a period of one year are included as eligible subjects for the study.
- Questions on the services of the following category of staff namely doctors, nurses, pharmacy, billing, attenders and facilities are included in the questionnaire.

### Special Prayers :September 23 -29, 2018

#### Staff and Students' Health Service:

Dr. Prasad Mathews K. and Staff  
Dr. Henry Kirubakaran and Staff  
Mrs. Jeyalinda Christopher and Staff

#### Outpatient Service :

Dr. Prasad Mathews K. and Staff  
Dr. Rohit Amritanand and Staff  
Mrs. Jeyalinda Christopher and Staff

#### Medical Records Department :

Dr. Prasad Mathews K. and Staff  
Dr. Vijay Aruldas and Staff

#### Malankara Orthodox Syrian Church Catholicate of the East

Council Members: H.G. Yakob Mar Irenaios  
Dr. Sojan Ipe

Hospital: M.O.S.C Medical Mission Hospital,  
Kolencherry and others

### Sunday Services : September 30 , 2018

#### Community Dedication Service

6.00 pm : **Scudder Auditorium**  
Rev. Dr. R. Sadananda

6.30 pm : **Hospital Chapel**  
Dr. M.J. Paul

#### Welcome :

**Dr. Subhashini John**, Professor, Department of Radiation Therapy Unit-II, on her return from sabbatical leave.

Each feedback form has a unique ID. The annual reports of outpatients and inpatients are presented to the Quality Steering Committee and to the wards, units and OPDs with a copy of the previous year's results. Based on these results, considering various parameters such as patient load the awards are decided.

*Continued on page 2*

**Patient Friendly Awards:** The award ceremony for the Patient Friendly Wards, OPDs, MROs and Nurses (OPD) of both private and general category for the year 2017 was held on 14<sup>th</sup> August, 2018. The ceremony began with prayer by Ms. Saramma Kuruvilla, Chaplain, followed by the welcome address by Dr. Suceena Alexander, Deputy Director (Quality). Mr. Rabindranath, Audit Facilitation Officer presented the report and the methodology of selection. The Chief Guest for the occasion was Dr. J.V. Peter, Director. The other dignitaries present were Dr. Prasad Mathews, Medical Superintendent, Dr. Premila Lee, Nursing Superintendent and Dr. Paul Ravindran, Deputy Associate General Superintendent. The winners were announced by Dr. Lallu Joseph, Quality Manager. The prizes and certificates were distributed by the dignitaries followed by vote of thanks by Ms. Sajila David, Patient Safety Officer. The prize winners were:

| Category                                 | Place           | Winners   |
|--|-----------------|---|
| General Ward                             | 1 <sup>st</sup> | Schell Camp ward  |
|  | 2 <sup>nd</sup> | Q5 South Ward, E Ward                                   |
|  | 3 <sup>rd</sup> | MTS 4 Ward, I Ward                                      |
| Private Ward                             | 1 <sup>st</sup> | A5 Ward   |
|  | 2 <sup>nd</sup> | A6 Ward   |
|  | 3 <sup>rd</sup> | A3 Ward, O6 East Ward                                   |
| OPD General                              | 1 <sup>st</sup> | Paediatric Orthopaedics                                 |
|  | 2 <sup>nd</sup> | Paediatric Surgery II, Retro Viral                      |
|  | 3 <sup>rd</sup> | Hand Surgery  |
| OPD Private                              | 1 <sup>st</sup> | Paediatric Surgery II                                   |
|  | 2 <sup>nd</sup> | OG I  |
|  | 3 <sup>rd</sup> | Paediatrics III   |
| Most Patient Friendly General MRO        | 1 <sup>st</sup> | Mr. Siva N, Paediatrics                                 |
|  | 2 <sup>nd</sup> | Mr. Rajesh G.M, OG                                      |
|  | 3 <sup>rd</sup> | Ms. Jyoti Nair, Orthopaedics                            |
| Most Patient Friendly Private MRO        | 1 <sup>st</sup> | Mr. KusmoseNijo John, OG                                |
|  | 2 <sup>nd</sup> | Mr. Jacob Athisayam, Orthopaedics                       |
|  | 3 <sup>rd</sup> | Mr. Nelson R, Paediatrics & Mr. Jayakaran J.K, Medicine |
| Most Patient Friendly OPD Nurses-General | 1 <sup>st</sup> | Psychiatry  |
|  | 2 <sup>nd</sup> | Paediatrics   |
|  | 3 <sup>rd</sup> | Haematology, Nephrology                                 |
| Most Patient Friendly OPD Nurses-Private | 1 <sup>st</sup> | Paediatrics, PCF  |
|  | 2 <sup>nd</sup> | Haematology, Nephrology                                 |
|  | 3 <sup>rd</sup> | Gastroenterology  |



Patient Friendly General Ward - Schell Camp Ward



Patient Friendly Private Ward - A5 Ward





Patient Friendly General OPD - Paediatric Orthopaedics



Patient Friendly Private OPD-Paediatric Surgery-II



Patient Friendly General OPD Nursing Team - Psychiatry



Patient Friendly Private OPD Nursing Team - PCF



Patient Friendly Private OPD Nursing Team - Paediatrics



Patient Friendly Paediatrics General MRO - Mr.Siva N.

Following the patient friendly awards, special awards were given to the departments who were appreciated for their excellence by the NABH external assessors during NABH Surveillance Assessment held in June 2018. The departments that received the awards are as follows:

**Certificate of Excellence**



Patient Friendly OG Private MRO - Mr. Kusmose Nijo John



Nuclear Medicine



Pharmacy Manufacturing Unit





Dialysis Unit



Radiology



Psychiatry



Anaesthesia



Human Resource Management



Paediatric Emergency



Paediatric ICU



CSSD



Biomedical Engineering



Research Unit





Laboratories



Clinical Audit

## Memoranda

- **Dr. Roy Thankachen**, Professor and Head of the Department of Cardiothoracic Surgery, will continue as Head of Cardiothoracic Surgery Unit-III from 14<sup>th</sup> September 2018 for a four year term.
- **Dr. Birla Roy D Gnanamuthu**, Professor of Thoracic Surgery is appointed as Head of Cardiothoracic Surgery Unit-I with effect from 14<sup>th</sup> September 2018 for a four year term.
- **Dr. Korah T Kuruvilla**, Professor of Thoracic Surgery is appointed as Head of Cardiothoracic Surgery Unit-II with effect from 16<sup>th</sup> September 2018 for a four year term.
- **Dr. Thambu David Sudarsanam**, Professor of Medicine is appointed as Head of the Department of General Medicine with effect from 16<sup>th</sup> September 2018 for a four year term.
- **Dr. Santosh Varughese**, Professor of Nephrology is appointed as Head of the Department of Nephrology and Nephrology Unit-II with effect from 17<sup>th</sup> September 2018 for a four year term.

## Congratulations!

- **Dr. Bhavagna Bandla**, MS Ophthalmology final year PG, won the 1<sup>st</sup> prize in the All India Ophthalmology Society, Academic & Research Committee Post Graduate Refresher Course 2018; South Zone quiz conducted at Aravind Eye Hospital, Chennai from 7<sup>th</sup> - 9<sup>th</sup> September, 2018.
  - **Dr. Roshan Kurien**, Postgraduate in the Department of Anaesthesia, won the first prize in for his e-poster titled "Usefulness of PECS block in providing Opioid-free analgesia for intra-operative and post-operative cancer related breast surgery - A Randomized Controlled Trial.", guided by Dr. Serina Ruth Salins, Associate Professor, Department of Anaesthesia at the 8<sup>th</sup> National Conference of Academy of Regional Anaesthesia of India (AORA INDIA 2018) held from 10<sup>th</sup> to 12<sup>th</sup> August at AL SAJ Convention centre, Trivandrum, Kerala.
  - **Dr. Smitesh G.**, 2<sup>nd</sup> year MD (General Medicine) Post Graduate Registrar has won the Best E-Poster award for the paper, "Study of Heart Failure in Influenza Infection" in the 3<sup>rd</sup> American College of Physicians Indian Chapter Congress - Medicine 2018 held at Lucknow from 31.8.2018 to 02.09.2018.
  - The following MBBS student won a University Medal at the recently held Tamil Nadu Dr. M.G.R. Medical University convocation at Chennai. **Apoorva S.** - Prof. Mohan Kameswaran Gold Medal in E.N.T.
  - The following candidates were successful in the **Postgraduate Higher Specialty Examination held in August 2018. (University Results Published on 24.08.2018) DM / MCh - August 2018 session**
- D.M. Cardiology :** Dr. Kaku Singh Bhatia, Dr. Perla Harsha Teja, Dr. Nathaniel Samson Devakiruba D.,  
Dr. Sahil Mahajan and Dr. Jegan S.
- D.M. Clinical Haematology :** Dr. Hanmantgad Shreyas, Dr. Vishvdeep Khushoo, Dr. Baheti Abhijit  
Subhashandra and Dr. Sharon Anbumalar Lionel.
- D.M. Critical Care :** Dr. Binila Chacko
- D.M. Endocrinology :** Dr. Kripa Elizabeth Cherian.

To be continued...



## Sports News

The Staff games and sports will be starting from the month of October. The following conveners will receive the team entries on or before 10<sup>th</sup> October, 2018. For more details, contact Dr. Balaganesan Physical Director, Tel : 4478/9443628333.

| S.No | Sports                     | Name  | Department   | Tel. No   |
|------|----------------------------|---|--|---|
| 1    | Athletics                  | Mr. Naveena Krishnan<br>Mr. Nixon Barnabas<br>Mr. Prakash<br>Mr. Wilson                         | College of Nursing<br>Radiology<br>MCTT<br>Electrical    | 7016 / 9994023416<br>2822<br>9944902637<br>9244316222   |
| 2    | Basket ball                | Dr. Thomas Palocaren<br>Dr. R. Balaganesan  | Paediatric Ortho II<br>Physical Director                 | 2172 / 9894464919<br>4478 / 9443628333                  |
| 3    | Cricket                    | Mr. Mainson<br>Mr. Srinivasan<br>Mr. Sathyamurthy<br>Mr. Edin Decoster Lawrence<br>Mr. Nioldoss | Haematology<br>MHC pharmacy<br>P & O<br>CRS<br>Radiology | 2892<br>4668<br>2720<br>3166 / 9597937010<br>9843310927 |
| 4    | Chess                      | Mr. Bharathi Raja   | ISSCC Pharmacy   | 3212 / 9943023204                                       |
| 5    | Carrrom                    | Dr. R. Balaganesan  | Physical Director  | 4478 / 9443628333                                       |
| 6    | Foot ball                  | Mr. Sampath Paul<br>Mr. Dhayalan  | College Maintenance<br>Chips                             | 4244<br>2117 / 9787877943                               |
| 7    | Hockey                     | Dr. R. Balaganesan  | Physical Director  | 4478 / 9443628333                                       |
| 8    | Shuttle Badminton          | Mr. Vinayagaram<br>Mr. Balaji   | MS Office (CBM)<br>MRD                                   | 2790<br>2790 / 9043072546                               |
| 9    | T.T.                       | Mr. Selvakumar<br>Mr. Naveen Krishnan   | Electrical Department<br>College of Nursing              | 9787456587<br>7016 / 9994023416                         |
| 10   | Tennis                     | Dr. John Roshan   | Cardiology   | 3572 / 94422312680                                      |
| 11   | Volley ball<br>Volley ball | Mr. Navena Krishnan<br>Mr. Allan Jebaraj  | College of Nursing<br>P&O                                | 7016 / 9994023416<br>2720                               |

## Situations Vacant

**1. Senior Demonstrator (NM) with M.Sc. in Biostatistics / M.Sc. Statistics with 6-7 years experience in teaching for the Department of Biostatistics**

Salary scale : As per institutional rules. Accommodation not provided.

**2. Assistant Professor with DM (Neonatology) for the Department of Neonatology**

Salary scale : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

**3. Assistant Professor with M.Ch. (Neurosurgery) for the Department of Neurosurgery**

Salary scale : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore – 632 002, email: [princi@cmcvellore.ac.in](mailto:princi@cmcvellore.ac.in) on or before **September 29, 2018** for Items 1, 2 and 3.

**4. Graduate Technician Trainee for the Department of Reproductive Medicine**

Qualifications : Graduate in life Science. Preference will be given to those who have completed Post Graduate in Diploma in Assisted Reproductive Technology. Only female candidates need to apply. Period : One year only. Stipend : Rs.5,775/-. Age limit : 30 years. Nature of job : To work in IVF Lab.

**5. Staff IV Receptionist for the Department of Gastroenterology & Hepatology**

Qualifications : H.Sc. / Graduates with multilingual skills. Languages known Hindi, Bengali, Telugu, Malayalam and Good Fluency in English. Those who have successfully completed training in CMC as Receptionist Trainee only need to apply. Salary scale : As per institutional rules. Accommodation not provided. Age limit : 35 years. Job description : To guide patients in the Department of Gastroenterology & Hepatology.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu> Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **October 08, 2018** for Items 4 and 5.

# Special Issue

OCTOBER 01, 2018



THREE MOVEMENTS: THE FIRST THREAD

## The Scudders in India

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The roots of the medical school in Vellore can be traced back a hundred years to a young doctor who abandoned a successful clinical practice in New York to become a missionary....

*The words of the tract pierced his heart like a dagger, and he had no rest until he had offered his services to the Foreign Mission Board.*

The American Board of Commissioners for Foreign Missions accepted John Scudder as a missionary, and on 8 June 1819, he sailed from Boston harbor with his wife Harriet and baby daughter Maria. Seas and rivers have been the highways for much of human history, transporting people, trade and ideas. The apostles Peter and Paul travelled westward to the lands around the Mediterranean. Early Christians and the successors of Thomas voyaged across the Red Sea to the Arabian Sea and India's western coast. The Suez Canal was fifty years from connecting the Red Sea with the Mediterranean, and so the Scudders crossed the Atlantic Ocean and sailed around the treacherous Cape of Good Hope. Once safely in the Indian Ocean, they sailed east. After three months they reached the port city of Calcutta, the capital of the East India Company's territories in India. A few days after disembarking, the Scudders' cherished two-year-old daughter died. It was a loss that would make most parents question the wisdom of their radical decision and their faith in the ways of God. But John Scudder wrote to his mother:

### **October 1819, Calcutta:**

*Oh, my dear mother, how shall I take up my pen to mark upon paper the dark shadow of death! My dear little babe is no more. She has left us forever. She was attacked with dysentery on the 22nd of October, and after three days of suffering, passed into eternity. This is a heart-rending trial; but we can say, and we do say, the will of the Lord be done. We do not wish her back here in this poor wretched world. My dear Harriet bears it remarkably well. Oh, my mother, had she, the dearest object of my affections, been called away, how dark and disconsolate would I have been! Pray much for us; we need divine support more than you are aware.*

The Scudders sailed on to Ceylon. Two more children died soon after birth....

When Harriet Scudder agreed to support her husband in this journey she was aware that she might never return to America or see her parents again.... this young woman in her twenties was able to find quietness of heart, gratitude to God and meaning in the future:

### **November 1821**

*"I do indeed feel grateful to our God for giving you, my mother, a quiet mind concerning us. Although our Father's hand has been heavy upon us, we must not, and we will not be unmindful of his mercies. He has preserved our lives. He has furnished us with all that has been needful for our comfort. He has placed us in the midst of kind and affectionate friends, who share in our joys and sorrows, and, I trust, has given us some fervent desire to see souls brought into his kingdom."*

P.T.O.

In the years that followed, the Scudders went on to have eight sons and two daughters who survived into adulthood....

The longest and the hardest separations were when the five eldest children travelled to the United States on their own to complete their studies. Henry and William, the two eldest sons, left in 1832, aged eleven and ten. *Great was the trial when Mrs. Scudder kissed a mother's farewell, with gushing tears and a breaking heart, as she placed them under the care of the ship's master, who promised to paternize them on the voyage.*

They did not see their parents again until they were adults, in 1842. Through letters and prayers, John and Harriet Scudder tried to pass on their vision and values to the next generation.

John Scudder was driven to reach as many people as possible during the thirty-six years he worked in Ceylon and India. When a difficult choice had to be made, duty nearly always took precedence over family. Yet, his most enduring legacy was not schools, dispensaries, preaching tours, or tracts, but his sons who went on to establish the Arcot Mission near Vellore. As John and Harriet Scudder mourned the deaths of their first three children, they could not have foreseen that forty of their descendants would together provide a thousand years of service to India....

The journey of the Scudders was the primary thread that led to the birth of the medical school in 1918....  
“The ideas which your child receives from you, with regard to the relative importance to be attached to different things, will generally retain their influence even to its death, shaping and modifying its course at every step of its existence.”  
*John Scudder 1844*

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Excerpts from:

*One Step at a Time: The Birth of the Christian Medical College Vellore*, Reena George, Roli Press 2018, available at ELS book store and online

<https://www.amazon.in/dp/8193750179>

<http://cmykbookstore.com/one-step-at-a-time.html>

Quotes from:

Waterbury JB. *Memoir of the Rev. John Scudder M.D.: 36 Years Missionary in India*. New York: Harper and Brothers; 1870.

Scudder J. *An Appeal to Christian Mothers*. New York: The American Tract Society; 1844.



# CMC NEWSLINE

Vol.No.56 No.14

FOR PRIVATE CIRCULATION ONLY

OCTOBER 01, 2018

*The Lord himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged." Deuteronomy 31: 8*



## CMC's Kerala Flood Relief Endeavour



The state of Kerala was devastated by floods in the first two weeks of August, for which the CMC community responded by sending relief teams to various flood affected places. The Emergency Department of CMC co-ordinated the relief efforts and multiple teams were sent based on the need conveyed by our alumni and mission hospitals in Kerala. Relief materials like food items, water, clothes, toiletries and medicines were bought and collected from various places. The residents of the various campuses of CMC, (Bagayam, Hospital, KPTR), students of Ida Scudder School and the students of MBBS and AHS were actively involved in collecting and packing the relief materials onto the supply trucks that were sent with the teams.

### Team 1: Wayanad, 19<sup>th</sup> to 20<sup>th</sup> August, 2018

Team Members: Naveen Shelly, Jeremiah Joseph, Abin Karipal, Joel Raju, William Alex and Dr. Sivanandan.

The first team was a student based initiative. They visited four relief camps in Wayanad and also did a house to house survey and offered assistance. Medical aid, in the form of supplies and drugs were given to the Mananthavadi Government Hospital.

### Team 2: Kottayam, 20<sup>th</sup> to 22<sup>nd</sup> August, 2018

Team members: Dr. Roshan, Dr. Joshua, Dr. Andrew, Ms. Anju, Ms. Hannah Phillipose.

On day one, they conducted medical camps in Kumarakom after which they also visited a school based relief outlet. On day two, they made field visits to Kurichi, Thiruvappu, Thiruvathikal and the relief camp at Sri Vishnu Temple.

### Team 3: Thrissur and Aluva, 21<sup>st</sup> to 23<sup>rd</sup> August, 2018

Team Members: Dr. K.P.P. Abhilash, Dr. Deepu David, Dr. Ruben Thomas, Dr. Sidharth Babu, Dr. Adarsh Phillip and Medical and AHS students (Preethi SM, Roshani Shajan, Prashanth and Ivy George).

### Special Prayers :

September 30 - October 06, 2018

#### The Salvation Army India South Western Territory

Council Members : Colonel Nihal Hettiarachchi  
Lieutenant Colonel Joginder Masih

#### The Salvation Army India Western Territory

Council Members : Colonel Edwin Masih  
Major Andrews D. Christian

Hospital : Evangeline Booth Hospital, Ahmednagar.

#### The Salvation Army India South Eastern Territory

Council Members : Colonel Gabriel Christian  
Lieutenant Colonel Davidson Varghese

Hospital : Catherine Booth Hospital, Negercoil.

### Sunday Services : October 07, 2018

6.00 pm : **Scudder Auditorium**  
Rev. Lalbiaksanga Pauchua

6.30 pm : **Hospital Chapel**  
Mr. Lipoktemshi

5.00 pm : **Friendship Chapel, KPTR Campus**  
Rev. Dr. T. Arul Dhas

4.30 pm : **Chittoor Chapel**  
Dr. Pushparaj Singh

### Welcome :

**Dr. Debasis Das Adhikari**, Physician / Associate Professor, Department of Paediatrics-Paediatric Emergency Services, on his return from sabbatical leave.

### Congratulations :

• **Dr. Nihal Thomas**, Professor and Head, Department of Endocrinology, Diabetes and Metabolism Unit-I and Associate Director, received the award for "Lifetime Devotion to Medical Sciences" by the Rajasthan Endocrine Society on 15<sup>th</sup> September, 2018 in Jaipur, Rajasthan.

• **Dr. Babeesh Chacko**, Consultant in Physical Medicine and Rehabilitation was awarded the first prize for the 3 minute research presentation at the IAPMR (Indian Association of Physical Medicine and Rehabilitation) Midterm CME 2018 at CMC, Vellore on 14<sup>th</sup> & 15<sup>th</sup> September, 2018.

• **Pulmonary Medicine Department PG registrars** presented oral and poster presentations in the 4<sup>th</sup> Tamil Nadu and Puducherry State Conference on Pulmonary Diseases (TAPPCON 2018) on 8<sup>th</sup> September 2018 and **Dr. Anisha** won the 3<sup>rd</sup> prize for poster presentation.

Continued on page 2

This team went to eight relief camps, each housing between seventy five to two thousand people. Various food items, toiletries, utensils and clothes were distributed to them. On day two, the team organised medical check-ups in four of the relief camps. Many people had an acute shortage of their regular diabetic and hypertensive medications. The team prescribed Doxycycline prophylaxis to all the people exposed to the flood waters and treated many people with fungal skin infections that were rampant in the relief camps.



### Team 4: Chenganoor, 22<sup>nd</sup> to 24<sup>th</sup> August, 2018

Team Members: Dr. Ajay Christopher, Dr. Darpan Hazra, Dr. Ankita Chowdary, Dr. Benjamin Mathew, Dr. Richu Bob, Dr. Jonathan Aruljeevan, Mr. Jeshwanth, Mr. John Vimal Raj, Mr. Abin Iype, Mr. Joseph Davis, Ms. Reshma Thomas. Initially this group visited Kumbanad where they went to three different camp sites, most of which were organised by local authorities. On day two, they split into two teams and provided relief material and medical aid in Maraman, Cherukolepuzha, Otheza and Mavelikara.

### Team 5: Kottayam, 27<sup>th</sup> to 30<sup>th</sup> August, 2018

Team Members: Dr. Sujith Chandy, Dr. Aby Charles, Dr. Jackwin Paul, Dr. Harsh Regi, Mr. Andrew, Mrs. Jasmine. At their first camp, they saw nearly eighty patients, where they provided care for generalized aches and pains, diabetics with neuropathy and children with upper respiratory tract infections. The second camp was in Chapath, where they provided care for the elderly. At Thuthooty, the relief materials were handed over to the priests. They had a camp at St. George retreat centre, where more than hundred patients were seen. The last camp was in Irambam, an isolated village, where medications were provided for people with uncontrolled sugars and blood pressure.



### Team 6: Pattanamthitha and Alapuzha, 5<sup>th</sup> to 7<sup>th</sup> September, 2018

Dr. Dawn Kuruvilla, Dr. Marimuthu, Dr. Manthreshwar, Dr. Jagadesh, Ms. Joyce Priskillal and Ms. Soumya Susan Varghese. This team was guided by the Believers Church in Thiruvella. They treated chronic diseases, musculoskeletal complaints and viral illnesses.

The relief teams sent by CMC were able to help the people of Kerala in their time of distress and it was a very satisfying experience. Through these teams, the CMC community was able to lend a helping hand to the flood ravaged victims.

## World Diabetes Day-2018: Cookery Competition



On the 15<sup>th</sup> of September the Department of Endocrinology organised the cookery competition, with the theme “Diabetic biriyani” to mark the World Diabetes Day. The event was graced by a panel of experts from CMC, Professor Bala Seetaraman, College of Nursing, Dr. Santhosh, Department of Obstetrics and Gynaecology and Mrs. Manimegalai, Department of Dietetics and Professor Asha, Department of Endocrinology. More than thirty participants displayed their skills in cooking biriyani from healthy ingredients like millets, brown rice, horse gram, leafy vegetables and sprouts. Professor Bala Seetharaman in his address emphasized on the

importance of physical activity and healthy diet for all in a family. Considering the increase in diabetes and obesity, it is essential to follow a healthy lifestyle which includes balanced nutrition and physical activity. The event concluded with the announcement of winners by Mrs. Manimegalai, incharge, Department of Dietetics.



The first prize was bagged by Ms. Janani and Ms. Divya from DKM College, 3<sup>rd</sup> Year BSc Nutrition & Dietetics and food service management students who prepared Biryani from germinated Millets with Guava and Sweet Corn Raitha. The Second prize went to Ms. Sumitha and Ms. Malathi, Nursing students from Sri Narayani College of Nursing who prepared Thinai Vegetable Biryani and Kambu Vadai and Third prize went to Mrs. Sudha and Ms. Asha nursing staff from A1 ward who prepared Ragi Vermicelli Chicken Biryani.

The first consolation prize was bagged by Ms. Ida Florence Emily and Ms. Evangeline Ida Mary, nursing staff from and the second consolation prize went to Ms. Monishree Mohana Priya and Ms. Manonmani Arul Doss.

## 7<sup>th</sup> Family Enrichment Seminar organized

The 7<sup>th</sup> family enrichment seminar for married couples was held between 8<sup>th</sup> and 9<sup>th</sup> September, 2018 at New Exam Hall at Bagayam campus. Twenty eight couples participated and



benefited from the seminar. The topics discussed were 'Firm on Foundation', 'Availability for Each Other', 'Money Handling', 'Led by Love', 'Integrity Yearning' and 'Communication with God through Prayer'. The discussions and seminars were led by Dr. Mathew Cherian, Mrs. and Mr. George Jacob, Mrs. and Mr. Ashok Vedhanayagam, Director, SISHYA and other members from SISHYA team. The seminar was a beneficial exercise which truly enriched all the participants.

## Memoranda

- **Dr. Bala Seetharaman**, Professor in Nursing is appointed as Deputy Nursing Superintendent for a period of four years with effect from 30.09.2018.
- **Dr. Solomon Sathishkumar**, Professor of Physiology, is appointed as Secretary, CMC Vellore Association and Council with effect from 1<sup>st</sup> October 2018 for a 4 year term.

## Retirement



**Mr. Vetrivelvan Xavier**, Sel. Gr.I Pharmacist, Department of Pharmacy, retired on 10<sup>th</sup> September 2018 after 19 years of dedicated service to the institution. Mr. Vetrivelvan joined as a student in 1977 and completed his Diploma in Pharmacy and joined as a junior Pharmacist in 1980. After a short sabbatical he rejoined the CMC family in 1999. He worked in various divisions of Pharmacy and in different levels in Dispensing and Manufacturing areas. He was a dedicated and hard working person. He has a deep rooted interest in participating and organizing sports events. He was the convener of CMC Football team and Vice President of Football Association, Vellore district. His wife, Mrs. Regina Xavier is Professor and Additional Deputy Nursing Superintendent, College Of Nursing. They have two daughters, elder daughter Mrs. Linda Xavier has completed M.Sc Nursing and is working as a lecturer in Rajalakshmi Medical Institution and younger daughter Ms. Melinda Xavier is studying 11<sup>th</sup> Std. in Holy Cross Matriculation School. The CMC community is thankful for his years of commitment to the institution and wishes God's blessings on his retired life.

## Obituaries

- **Mrs. Stella Raju**, mother of Mrs. Rita Antonydas, Secretary, Department of CHIPS, on 21<sup>st</sup> September, 2018.
- **Mrs. Gunabooshanam**, mother of Mrs. Mercy Suresh, Instructor, Department of Clinical Microbiology, mother-in-law of Mr. Suresh, Secretary (Retired), Nursing Service, grand mother of Ms. Patricia Anne, OT Staff, Ms. Priscilla, M.Sc. Student, College of Nursing and Ms. Pamela Jane, Research Staff in Wellcome Trust Unit, on 21<sup>st</sup> September, 2018.



- **Mrs. Christabel Manuel**, wife of Late. Mr. R.S. Manuel and mother of Dr. Nylla Shanthly, Professor, Department of Nuclear Medicine on 23<sup>rd</sup> September, 2018.
  - **Mrs. Lakshmi**, mother of Mr. M. Dhandapani, Hospital Attendant in the Department of Clinical Immunology and Rheumatology on 24<sup>th</sup> September, 2018.
  - **Mrs. Prisca Raja**, mother of Mr. J.S. Asokan, Selection Grade Training Officer, RUHSA Department on 25<sup>th</sup> September, 2018 at Madurai.
  - **Mr. R. Ramasamy**, father of Mr. Jotheeswaran R., MRT in Radiology Department on 27<sup>th</sup> September, 2018.
- Our thoughts and prayers are with the bereaved members of the families at this time of grief and loss.

## Situations Vacant

### 1. Senior Resident with MD (Psychiatry) for the Department of Psychiatry Unit-II

Age limit : <40 years. Salary : As per institutional rules.

Accommodation provided (Partly furnished, depending on availability).

### 2. Tutor for the Department of Clinical Biochemistry

Qualification : M.Sc. (Bio. Chemistry) with Ph.D (Biochemistry). Accommodation not provided.

### 3. Registrar (Non PG) with MBBS for the Department of Paediatrics (Paediatric Emergency)

Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore – 632 002, email: [princi@cmcvellore.ac.in](mailto:princi@cmcvellore.ac.in) on or before **October 06, 2018** for Items 1, 2 and **October 13, 2018** for Item 3.

### 4. Staff II Developmental Therapist for the Department of Developmental Paediatrics

Qualifications : B.Sc. in any specialty with PG Diploma in Clinical Child Development or PG Diploma in early intervention or PG Diploma in Developmental Therapy : Multiple Disabilities (Physical & Neurological) (PGDDT) or PG Diploma in Developmental Therapy (PGDDT) or equivalent.

Salary : As per institutional rules. Accommodation not provided. Age limit : 35 years.

Job description : Assessing and offering assistance to children with developmental delay.

Applications to be done only through online application system.

Please log on to <http://www.cmch-vellore.edu> Link: "Vacancies".

**Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **October 08, 2018** for Item 4.

### 5. Three Months Competency Based Training for Staff Nurses to work in : Christian Medical College, Vellore, Tamil Nadu (Candidates must have registered with the Tamil Nadu Nurses and Midwives Council).

Qualification : B.Sc. / Diploma in Nursing with one year experience in minimum of 150 bedded hospital.

Age limit : 21-30 years. Stipend : Will be given at 2<sup>nd</sup> and 3<sup>rd</sup> month of training, as per rules.

Prescribed Application form and the terms and conditions for the above training programme are available at [www.cmch-vellore.edu](http://www.cmch-vellore.edu) Link : "Vacancies". Apply with photograph, certificates and testimonial copies to the Nursing Superintendent, Christian Medical College, Vellore - 632 004.

### 6. Schieffelin Institute of Health - Research & Leprosy Centre, Karigiri invites applications for the following posts :

(a) **Orthopaedic Surgeon** : Qualifications - MS (Ortho.) or D.Ortho.

(b) **Obstetrician & Gynaecologist** : Qualifications - MD / DNB / DGO (Obest. & Gynae).

(c) **Dermatologist** : Qualifications - MD (Derm.) or DNB (Derm.).

(d) **Anesthesiologist** : Qualifications - MD / DA (Anesthesiology)

(e) **Pathologist (Full time / Part time)** : Qualifications - MD (Pathology).

(f) **Medical Officer** : Qualifications - MBBS.

Apply with bio-data along with photocopies of certificates and a demand draft for Rs.50/- in favour of "SIH-R & LC., Karigiri" addressed to the Director, SIH-R & LC., Karigiri, Pin - 632 106.

Email: [director@karigiri.org](mailto:director@karigiri.org)

Last date for receipt of applications is **October 06, 2018** for items 6(a), 6(b), 6(c), 6(d), 6(e) and 6(f).

# Let's Think Together

No.15

OCTOBER 08, 2018



Most of you reading this can read and write. Education has given you a profession or a job that comes with a high status, a good salary, opportunities to travel and experience new cultures and new ways.

While we live well because of what education has done for us, we need to remember the millions who do not live well because they have no education. India has the largest number of illiterate people in the world and the country ranks a poor 126<sup>th</sup> in the Human Development Index prepared by the UNDP.

How does this affect us who have had a good education? As we travel to work everyday, we see obviously illiterate men, women and children on the road. They certainly don't live as well as we do. What can we, who live well, do for these people who according to our ancient culture of vasudeiva kuttumbamam - the world as one family philosophy - are our brothers and sisters?

A young woman who once lived with us had her college fees paid for by an elderly doctor whose own children had finished their education. By paying her fees, this doctor gave a poor girl the opportunity to have an education that normally would be denied to her because of her poverty. This is how we who live well have to deal with the situation of illiteracy in our country. Find a child and educate him or her and give them the same opportunities that we give to our children and rejoice in the fact that they too are being empowered and challenged like our own children are.

Sharath Babu is a young friend of mine who has studied up to Class 10. He realized that his younger brother was much smarter and brighter than he was, so he left school at fourteen, and for the last few years has been supporting his brother, through college. Sharath does all kinds of jobs so that his brother can be a marine biologist. In a conversation with him he said, "People think I am a fool, but the happiest days are the days when my brother comes home and shows me his report and I see "good" or "excellent" on it.

Sharath shocked me one day by telling me that he also supports a little boy in a convent school. "He is so smart amma, one day he might be prime minister, so how can I not pay his fees?" Sharath's life is hard as he goes from house to house selling things, or doing odd jobs. Poor as he is, he sees the need not just to educate his own brother, but also a little boy who is not his own family.

## **Think about this!**

Have you ever seen a smart young man or woman who were doing menial jobs just because they had no education? How did this make you feel?

Can you put a child through a basic school education?

Usha Jesudasan  
ushajesudasan@gmail.com

# CMC NEWSLINE

Vol.No.56 No.15

FOR PRIVATE CIRCULATION ONLY

OCTOBER 08, 2018

*I have given you authority to trample on snakes and scorpions and to overcome all the power of the enemy; nothing will harm you.*

*Luke 10 : 19*



## International Snake Bite Awareness Day



The first “International Snake Bite Awareness Day” was inaugurated on 19<sup>th</sup> September 2018, by the Department of Medicine in association with other leading health centres and civil society groups across the world. The main focus of this event was to draw attention to the neglected global problem of snakebites and create public awareness regarding important venomous Indian snake species, prevention of snake bites and appropriate first aid care.

The inaugural programme commenced with an opening prayer followed by felicitations by Dr. Chandra Singh, Associate Director, Dr. Prasad Mathews, Medical Superintendent and Dr. Shirley David, Professor and Head, Medical Surgical Nursing. Dr. Anand Zachariah illustrated the importance of spreading awareness on snakebite prevention practices. He also spoke about the paucity of functional primary health care units

in many Indian rural areas, forcing snakebite victims to travel great distances to access treatment, and the prevalence of erroneous immediate care practices for snakebites in the community that not only delayed treatment but also contributed to life threatening complications. Dr. Ramya highlighted the fact that India had the highest number of snakebite deaths in the world and that there was an urgent need for spreading prevention and proper first-aid practices in the community.

The awareness programme consisted of live interactive practical sessions on appropriate first aid management of snakebite victims, conducted by postgraduate registrars. Educational videos in multiple languages on recognizing venomous Indian snake species and puppet shows on effective snakebite prevention in the community were organized and conducted by the Department of Nursing services. The programme was attended by more than two

*Special Prayers : October 07 - 13, 2018*

*Transfusion Medicine and Immunohaematology : Dr. Joy John Mammen*

*National Council of Churches in India Council Member : Rev. Dr. Roger Gaikward*

*North Bank Baptist Christian Association Council Members : Rev. Chowaram Daimari Dr. Koshy C. George*

*Hospital : Baptist Christian Hospital, Tezpur.*

*Sunday Services : October 14, 2018*

6.00 pm : **Scudder Auditorium**  
OPTSA Thanksgiving Service

6.30 pm : **Hospital Chapel**  
Dr. Aby S. Charles

5.00 pm : **Friendship Chapel, KPTR Campus**  
Dr. Gladwin Kanapur

4.30 pm : **Chittoor Chapel**  
Mrs. Nirmala Samuel C. Raj

*Memoranda :*

The following changes in the functioning of Materials Department will be made with effect from 2<sup>nd</sup> October, 2018.

- **Mr. Joseph Selvaraj**, Sr. Manager will be in-charge of Purchase and co-ordinate the activities of the Materials Department.

- **Mr. Edin Decoster Lawrence**, G.M. Officer Gr.I will be in-charge of the Stores Unit.

- **Mr. Paul Dhinakaran**, Administrative Assistant Gr.III will be in-charge of the Central Receiving Section.



hundred people, consisting mainly of patients, their relatives, medical and nursing students, press and media representatives and interested individuals from the general public. It is hoped that this event will play an important role in increasing community awareness levels towards snakes, snakebite prevention and appropriate first aid care in the days to come.



## Mrs. Esther Paul Retires



**Mrs. Esther Paul**, Sr. Grade Charge Nurse retired on September 16, 2018 after serving this institution for thirty five years. She completed her general nursing and midwifery at the School of Nursing, Scudder Memorial Hospital, Ranipet and joined CMC as staff nurse in 1983. After her completion of Emergency Module course at Adelaide, South Australia she initiated the triage system in the Accident and Emergency Department. She was an active member of the CMC, Emergency Response team which responded to the bomb explosion in Tamil Nadu Explosives Limited (TEL), Vellore in 1998 and train collapse in Vaniyambadi. She has been actively involved in Mass Casualty Management (MCM) in the capacity as Trauma Nurse Co-ordinator and contributed immensely towards the development of MCM protocol in CMC.

She was bestowed with the 'Best Nurse' award by CMC, Vellore and 'Best Clinical Nurse' award by the Tamil Nadu Nurses and Midwives Council. She has been resource faculty for workshops and conferences related to trauma management and leadership. She has held additional responsibilities in the local unit of Trained Nurses Association of India and Nurses League of CMAI.

She is married to Mr. Paul Prabakaran and has two sons and one daughter. Mr. Paul Jebaraj, her elder son has completed his BOT and Master of Public Health and is working in RUHSA as a training officer. Mr. Joel Ebenezer, her younger son completed his BE and is working in QMC and her daughter, Ms. Jenifer Sneha, BE, is working in the Department of Radiation Therapy.

The CMC community is thankful for her years of commitment to the institution and wishes God's blessings on her retired life.



## National Awards

- **Dr. Alka Ganesh**, MBBS batch of 1965, Professor, retired Head of Department of Medicine, received the NBE Distinguished Teacher Award for the year 2014 from the Vice President of India, Shri. Venkaiah Naidu. After graduating from CMC in 1970, she went on to pursue her Postgraduation in Internal Medicine from the University of Delhi. She then returned to her Alma Mater in 1978 and continued till her retirement in 2008. Currently she is heading the Department of Medicine at the G. Kuppuswamy Memorial Hospital, Coimbatore.
- **Dr. Alexander Thomas**, PG Alumnus, received the NBE Emeritus Teacher Award 2014 from the Vice President of India, Shri. Venkaiah Naidu, in the presence of the Ministers of State, Health and Family Welfare, Smt. Anurpiya Patel & Shri Ashwini Kumar Choubey and other dignitaries in Vigyan Bhawan, New Delhi on 21<sup>st</sup> September, 2018.

## 3<sup>rd</sup> Annual Symposium on Cell and Gene Therapy



The Centre for Stem Cell Research (CSCR), a unit of inStem, Bengaluru organized the 3<sup>rd</sup> Annual Symposium on Cell and Gene Therapy on 6<sup>th</sup> and 7<sup>th</sup> September, 2018. This symposium brought together scientists, physicians and others with a keen interest in developing this field in the country. The symposium was co-organised by the Department of Biotechnology and Indian Council of Medical Research (ICMR). This year the focus of the symposium was on immune cell therapy, cell and gene therapy in neurological disorders, gene editing, non-viral gene transfer technology, technology advances in cell and gene therapy and applications of iPSC technology.

The sessions on Day One were on CART cell technology for cancers. There were several presentations on the advanced technologies that have been developed for processing and manufacturing of cell therapy products followed by talks on novel therapeutic approaches for gene therapy of neurological disorders such as Duchenne Muscular Dystrophy and Stem Cell Therapy for stroke recovery. There were discussions on RNA based-therapeutics and cationic lipid enabled CRISPR/Cas9 based genome editing. The key note address titled 'Gene therapy- From Promise to Reality', was delivered by Professor Trent Spencer from Emory University, College of Medicine, Atlanta, USA, in which he discussed the global development of gene therapy.

The second day of the symposium had various discussions on gene therapy in haemophilia and liver cancer, gene editing towards treatment of beta-hemoglobinopathies and translational applications of pluripotent stem cells and applications of iPSCs for ocular regeneration. There was a presentation on proposed framework for governing human gene editing in India. The participants had a good opportunity to listen to a talk by Dr. Dr.Renu Swarup, Secretary, DBT, through a video link.

**7<sup>th</sup> and 6<sup>th</sup> advance course in medical education, contact sessions 1 and 2**

The Medical Education Department, CMC, Vellore (MCI Nodal centre for National Faculty Development) conducted the 7<sup>th</sup> and 6<sup>th</sup> Advance Course in Medical Education(ACME), contact sessions 1 and 2 from 5<sup>th</sup> - 10<sup>th</sup> September, 2018 and 10<sup>th</sup> - 12<sup>th</sup> September, 2018 respectively. The first contact session of the 7<sup>th</sup> ACME course was for the batch of 2018(B) in which twenty five senior faculty members from thirty nine affiliated medical colleges participated.



The second contact course, of the 6<sup>th</sup> ACME course was for the batch of 2018(A), which was attended by twenty two participants. The contact course of the Advance Course in Medical Education (ACME) was awarded 6 credit hours by the Tamil Nadu State Medical Council.



During these sessions poster presentations were held, in which the best poster award was received by Dr. B.A. Ramesh, Associate Professor, Department of Plastic Reconstructive Surgery, SRMC, Porur for his poster titled “Google Classroom, a new teaching learning & method, compared with power point teaching method.”.

The runner up was Dr. K. Shantaraman, Professor and Head, Department of Pathology, Government Thirunelveli Medical College, Tirunelveli for the poster titled “A needs assessment study to develop a Comprehensive Curriculum for Research in MBBS course”.

**Congratulations!**

• **Dr. Surekha Viggswarpu**, Professor and Head of the Department of Geriatrics, was awarded the prestigious FRCP degree in the Royal College of Physician, London on 4<sup>th</sup> July, 2018.

**Admission Notice**

**Nursing Postgraduate / Post Basic Degree & Diploma / Fellowship Courses Admission - 2019.**

Applications are invited for Nursing Postgraduate/Post Basic Degree & Diploma/Fellowship Courses commencing in 2019. Application forms can be accessed **ONLY ONLINE** through the College website <http://admissions.cmcvellore.ac.in> from October 8, 2018 onwards. Admission Prospectus and Bulletin are available at our website.

|                          |  |
|--------------------------|--|
| 08-10-2018               | Applications can be accessed online  |
| 23-11-2018               | Last date for downloading online application form till 24:00 hours (12:00 midnight).                     |
| 30-11-2018               | Last date for receipt of payment proof including supporting documents                                    |
| 14-12-2018               | Last date for receipt of sponsorship forms   |
| 29-01-2019               | Step I - Computer Based Test (CBT) - Online Test   |
| 13-02-2019               | Announcement of list of candidates called for Step-II  |
| 08-04-2019 to 10-04-2019 | Step II - Medical checkup and Assessment of Knowledge and Skills for M.Sc. Nursing                       |
| 10-04-2019 & 11-04-2019  | Step II - Medical checkup and Personal interviews for PBBSc, Post Basic Diploma & Fellowship in Nursing. |
| 17-04-2019               | Announcement of Final Selection List   |
| 16-09-2019               | Registration for admission for PBBSc, Post Basic Diploma & Fellowship in Nursing                         |
| 17-09-2019               | Registration for admission for M.Sc. Nursing   |

## Obituary

**Rev. John Jebaraj Singh**, former Chaplain on 4<sup>th</sup> October, 2018. Let us uphold all the bereaved members of the family in our prayers.

## Situations Vacant

**1. Senior Resident with MD (Paediatrics) for the Department of Paediatrics Unit-I**

Age limit : <40 years. Salary : As per institutional rules.  
Accommodation provided (Partly furnished, depending on availability).

**2. Senior Resident with MD (Paediatrics) for the Department of Paediatrics Unit-II (Paediatric Nephrology)**

Age limit : <40 years. Salary : As per institutional rules.  
Accommodation provided (Partly furnished, depending on availability).

**3(a) Senior Resident with MS (Orthopaedics) for the Department of Paediatric Orthopaedics Unit**

Fellowship experience in Paediatric Orthopaedics will be given preference.  
Age limit : <40 years. Salary : As per institutional rules. Accommodation provided (Subject to availability).  
Initial appointment will be as Senior Resident for one year and can be upgraded to Assistant Professor in the 2<sup>nd</sup> year (as per the latest MCI guidelines).

**3(b) Registrar (Non PG) with M.B.B.S; D.Ortho for the Department of Paediatric Orthopaedics Unit**

Salary : As per institutional rules. Accommodation provided (Subject to availability).

**4. Senior Resident Gr.III with MS / DNB (OG) for the Department of Obstetrics & Gynaecology Unit-II**

Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

**5. Assistant Professor with DM (Neurology) for the Department of Neurology**

Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).  
Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore – 632 002, email: [princi@cmcvellore.ac.in](mailto:princi@cmcvellore.ac.in) on or before **October 20, 2018** for Items 1, 2, 3(a), 3(b), 4 and 5.

**6(a) Anaesthesia: Senior Resident /Assistant Physician /Associate Physician / Physician with DA/MD/ DNB in Anaesthesia for the CMC Vellore Chittoor Campus.**

**6(b) Obstetrics and Gynecology: Senior Resident/ Assistant Surgeon /Assistant Professor / Associate Surgeon / Associate Professor / Surgeon with MS / MD / DNB / DGO for the CMC Vellore Chittoor Campus.**

**6(c) Orthopaedics: Senior Resident/ Assistant Surgeon /Assistant Professor / Associate Surgeon / Associate Professor/ Surgeon with MS / DNB in Orthopaedics for the CMC Vellore Chittoor Campus.**

**6(d) General Surgery: Senior Resident/ Assistant Surgeon /Assistant Professor / Associate Surgeon / Associate Professor / Surgeon with MS / DNB (Gen. Surgery) for the CMC Vellore Chittoor Campus.**

Applications to be done only through online application system. Please log on the <http://www.cmch-vellore.edu> link "Vacancies" or email to [dir.chittoor@cmcvellore.ac.in](mailto:dir.chittoor@cmcvellore.ac.in) with all testimonials and certificates on or before **October 22, 2018** for items 6(a), 6(b), 6(c) and 6(d).

**7. Field Worker for LCECU**

Qualifications : +2 pass. Salary: As per institutional rules. Age limit : 35 years & below.

**8. Jr. Engineer (Project Mode) for Air -conditioning Department to work in Kannigapuram Campus**

Qualifications : Diploma in Refrigeration and Air-conditioning (or) Diploma in Mechanical Engineering.  
Salary: As per institutional rules. Age limit : 30 years & below.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu> Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**  
Applications will close on **October 13, 2018** for Items 7 and 8.

**9. Schieffelin Institute of Health - Research & Leprosy Centre, Karigiri invites applications for the following post: Nursing Tutor Gr.IV. Qualifications : B.Sc. Nursing with 2 years experience (only female candidates need to apply).**

Apply with bio-data along with photocopies of certificates and a demand draft for Rs.50/- in favour of "SIH-R & LC., Karigiri" addressed to the Director, SIH-R & LC., Karigiri, Pin - 632 106.  
Last date for receipt of applications is **October 13, 2018** for item 9.



# Know Your Departments

SPECIAL ISSUE

OCTOBER 15, 2018



## The evolution of psychiatric education at CMC, Vellore

The establishment of Mental Health Centre (MHC), on the Bagayam campus of CMC, Vellore, in 1957, started a quiet revolution. A mental asylum within a residential college campus, open wards, and facilities for families to live with people with mental illness were unheard of in the 1950s. The facility has expanded since; from its start with 18 cottages, it currently accommodates 122 inpatients and serves over 500 outpatients every day.



Psychiatric services in CMC, Vellore, started in the mid-1940s. These initially operated within the Department of Neurological Sciences. When MHC was established in 1957, clinical services and the training of medical students moved to the College Campus. Postgraduate courses in psychiatry were started in the mid-1970s.

The training program in psychiatry for medical students involved exposing them to people with mental illness and their families. This provided them context for the medical education they received. CMC's emphasis on clinical exposure has resulted in its training programs being regarded as excellent.

In the late 1990s, some faculty in the department started a process of re-thinking the undergraduate training program in psychiatry. This move had its genesis in observations that at the end of their MBBS training in CMC, Vellore, doctors did not seem to have adequate skills in treating psychiatric problems encountered in medical practice. The best that they seemed to be able to do was to refer, to specialists, patients that they had identified as requiring psychiatric care. Many doctors seemed to ignore the mental distress and illness in their patients, as they felt incompetent to deal with this.

Faculty members in the department put forward conceptual arguments, to change the nature and format of psychiatric education for medical students and physicians. The recommended formats centred on training them in general medical settings at the level of primary and secondary care, using physicians' perspectives. The concepts involved were published in the National Medical Journal of India (NMJI) in 1998. However, both locally and nationally, these were dismissed as being utopian.

Nevertheless, those who conceptualized these thoughts did not give up. They volunteered to provide psychiatric services in the OPDs (every week for over 8 years) in CHAD Hospital. The time spent in these OPDs clearly showed the mismatch between the theoretical teaching of psychiatry at the level of tertiary care, on one hand, and the needs of psychiatric services in medical and general practice, on the other. To bridge the gap, they developed and published several protocols for the management of common psychiatric presentations of patients seen in medical practice. Educational modules to teach physicians were also developed. Over the last 20 years, more than 60 papers on psychiatric presentations and practice have been published in national and international journals and 15 chapters in books. A decade of experience acquired in this way resulted in a book titled “Psychiatric presentations in general practice: A guide to holistic management”, first published in 2010; it is now in its second edition. Its 10-step protocol (which reiterates good medical practice) to manage common psychiatric presentations is easy to employ in busy medical and surgical settings, and has gained acceptance both as a tool for education of trainees and for the management of patients. The steps include acknowledging distress, understanding patient perspectives, identifying presentations, ruling out medical illness, symptomatic treatment, discussing alternative explanations for symptoms, exploring stress and its reduction and developing a shared management plan. Over the last 15 years, these modules have been used for teaching medical students and interns and physicians enrolled in the distance education program in family medicine. It also forms part of the training material for the Fellowship in Secondary Hospital Medicine (FSHM) that is conducted every year in CMC. Five hundred copies of the first edition of the book were distributed, free of cost, to all mission hospitals in CMC’s network.

The centenary of medical education at CMC, Vellore, and the institutional exercise of curriculum renewal has provided an ideal opportunity for the Department of Psychiatry to take forward its ideas and practices, initiated 20 years ago. The department has completely revamped psychiatric education for medical students and physicians at CMC, by changing the setting of its training from a tertiary care hospital to primary and secondary care settings i.e. CHAD Hospital and the Low Cost Effective Care Unit. It has also emphasized employment of physician perspectives. A program, which was initially implemented patchily, is now uniformly employed across the whole department. Feedback on the program, obtained from students and faculty members for the 2 years of its implementation so far, has been extremely positive.

The recognition that the theory and practice of tertiary care (while satisfying the emotional needs of specialists) are inappropriate (even in their diluted forms) for primary and secondary medical care was a major insight by the Department of Psychiatry. The realization that physicians trained in specialist settings are unable to function in mission or other small hospitals, because of their inappropriate training, put the onus on its faculty members to change their approach and teaching methods. The department’s conceptual arguments (“*Theorizing medical practice for India*”), its approach to clinical practice and medical education (“*Reimagining psychiatric education for physicians*”) and its curriculum (“*Psychiatric curriculum for physicians*”) have been published / accepted (in press) by the NMJI.

The pursuit of excellence in MHC’s and CMC’s journey in medical education supports the thesis that sustainable changes require constant evolution, which eventually results in quiet revolutions. Opportunities always favour the prepared mind; rather, prepared minds utilize all their opportunities.

Dr. K.S. Jacob  
Professor of Psychiatry



# CMC NEWSLINE

Vol.No.56 No.16

FOR PRIVATE CIRCULATION ONLY

OCTOBER 15, 2018



"Aeneas," Peter said to him, "Jesus Christ heals you. Get up and tidy up your mat." Immediately Aeneas got up.  
*Acts 9:34*

## IAPMR - 2018



The Department of Physical Medicine and Rehabilitation organised the Mid - Term CME of the Indian Association of Physical Medicine and Rehabilitation (IAPMR) on the 13<sup>th</sup>, 14<sup>th</sup> and 15<sup>th</sup> of September 2018 on the topic "Traumatic Brain Injury: From Coma to Community". The Chief Guest for the occasion was Dr. R.N. Haldar, President, IAPMR. The other dignitaries present were, Dr. Ajay Gupta, Secretary, IAPMR, Dr. Deepak Abraham, Associate Director and Dr. Judy Ann John, Vice Principal.

For the first day of the CME, three workshops were organised covering important diagnostic methods including Electro Diagnosis, Gait Analysis and Management of Neurogenic Bladder. These sessions were led by Professor Dr. Jun Kimura, Director, Division of Clinical Electrophysiology,

University of Iowa, USA and Professor Helmut Madersbacher, President, International Neuro-Urology Society.

On the second day, a wheel chair basketball match was organised which gave a good encouragement for those patients with spinal cord injuries. The sessions and activities stressed on the increasing deaths and Traumatic Brain Injuries (TBI), related to road traffic accidents. Road traffic accidents account for 60% of these injuries followed by falls (25%) and assaults (10%). TBI imposes a great burden on public health throughout the world. Few studies have addressed the incidence of TBI related disability, but there are high proportions of patients who experience long term sequel, especially in the productive age group, including psychosocial and physical disabilities that are often associated with cognitive impairments.

### Special Prayers : October 14 - 20, 2018

**Psychiatry:** Dr. Mary Anju Kuruvilla and Staff  
Dr. Deepa Ramaswamy and Staff  
Dr. Suja Kurian and Staff  
Dr. Manoranjitham and Staff

**Radiotherapy :** Dr. Selvamani B. and Staff  
Dr. Thomas Samuel Ram and Staff  
Dr. Simon Pradeep Pavamani and Staff  
Mrs. Jasmin Anand and Staff

**Palliative Care :**  
Dr. Reena Mary George and Staff  
Mrs. Jasmin Anand and Staff

### Marthoma Syrian Church of Malabar

Council Members :

Rt. Rev. Dr. Mathews Mar Makarios Episcopa  
Rev. Varughese Philip

Hospital :

Fellowship Mission Hospital, Kumbanad  
Marthoma Mission Hospital, Chungathara and  
Kattanam

### Sunday Services : October 21, 2018

6.00 pm : **Scudder Auditorium**  
Dr. Elsy Thomas

6.30 pm : **Hospital Chapel**  
Dr. Edwin Stephen

5.00 pm : **Friendship Chapel, KPTR Campus**  
Dr. Rabin Chacko

4.30 pm : **Chittoor Chapel**  
Dr. Lionel Gnanaraj

### Obituary :

**Rev. Dr. Major Jayasurya Raju**, father of Dr. Suchita Chase, Surgery Unit-IV, father-in-law of Dr. David Chase, Cardiology Unit-IV and Dr. Elvino Barreto, Plastic Surgery Unit-I and grandfather of Stephen Barreto Batch of 2015 on 10<sup>th</sup> October, 2018. Let us uphold all the bereaved members of the family in our prayers.



Continued on page 2



The increase in economic growth in India, rise in population, motorization and industrialization has contributed to a significant increase in TBI with each advancing year. Thirty percent of deaths from head injuries could be avoided



if administered with immediate care. Most patients are in the 20 to 40 year age group, the main bread-earners of the family causing immense economic loss to the society. The CME emphasised the need for more effective primary prevention programmes and coordinated programmes to minimise adverse outcomes and disability. Moreover, comprehensive strategies and effective policies are required to ensure that that people with TBI have access to appropriate care and rehabilitation, thus enhancing their independence and community reintegration. A good understanding of the relation between initial severity and long term outcome will help to identify persons needing on-going social support.

The CME thus focussed on assessment and management of neurologic, medical, physical, cognitive and behavioural problems resulting from TBI, bringing together knowledge and experience that will facilitate further interdisciplinary practice and research in the field of TBI, thereby enhancing the quality of life of patients with TBI.

### World Pharmacist Day, observed



The Department of Pharmacy Services organized a programme to commemorate “World Pharmacist Day” on the theme, “Pharmacists are your medicines experts” on 25<sup>th</sup> September 2018. The inauguration of the “Pharmacist Day” celebration started with an opening prayer and bible reading. The Head, Pharmacy Services, welcomed the dignitaries and pharmacists and spoke about the need to constantly update the pharmacists’ knowledge on medicines.

Dr. George Koshy, Deputy Medical Superintendent, released the posters, badges, patient information handouts and key holders for distribution and appreciated the quality work of pharmacists especially in managing the increased number of patients. Dr. S. Annadurai, Professor, Pharmacy Services, spoke about the concept and importance of World Pharmacist Day and stated that the services of pharmacist should always be patient centered keeping in mind key factors such as patient safety, confidentiality, privacy, accessibility and professional characteristics. This was followed by the administration of the “Pharmacist Oath” by Mr. David Livingstone, Senior Pharmacist and the vote of thanks by Vice Secretary.

In keeping with the celebrations, a “Competency Test for Pharmacists” was held on 22<sup>nd</sup> September where the prizes and certificates were distributed by Dr. George Koshy. The first prize was received by the pharmacists from “A” and “C” stores, the second prize by the ISSCC General Pharmacy and “S” pharmacy won the third prize.



### 5<sup>th</sup> Short Course in Hospital Infection Control for Nurses

The Office of the Nursing Superintendent, in collaboration with the Hospital Infection Control Committee conducted their 5<sup>th</sup> Short Course for Nurses of Mission hospitals, private and Government hospitals from 17<sup>th</sup> to 22<sup>nd</sup> September, 2018. The course was designed as an update on knowledge and skills pertaining to Hospital Infection Control, through lectures, practical sessions, group discussions, skill demonstration, field and Microbiology laboratory visits by Medical and Nursing faculty. A total of forty five delegates registered, representing twenty one different hospitals from eight states across India.

The inaugural ceremony began with devotion led by the Chaplain Ms. Saramma Kuruvilla. The dignitaries present at the workshop were the Deputy Nursing Superintendent Mrs. Florence Segaran, HICC Secretary Dr. Joy Sarojini Michael, Addl. Joint Secretary HICC Mrs. Ilavarasi Jesudoss and HIC Officer Dr. Jai Ranjan.

The sessions included topics on various aspects of Infection control, accreditation and Quality.

Participants were encouraged to form Infection Control Committees in their own facilities. There were visits to wards, CSSD, laundry, waste disposal sites, OR, ICUs & Microbiology Lab followed by demonstration in methods of environmental surveillance, detection of antibiotic resistance and testing in the Microbiology laboratory. Participants proceeded to set goals for implementation of standards in their respective hospitals.

The course concluded on 22<sup>nd</sup> September with a valedictory ceremony chaired by Mrs. Florence Segaran, Deputy Nursing Superintendent, Addl. Joint Secretary HICC Mrs. Ilavarasi Jesudoss and HICC Officer Dr. Jai Ranjan.



### Inauguration of Temporary Storage Area (TSA)



The Temporary Storage Area (TSA) for collecting Bio-medical and Solid waste was inaugurated on 19<sup>th</sup> September, 2018. Rev. Edwin Sam, Chaplain led the gathering through the prayer of dedication after which the facility was inaugurated by Dr. J.V. Peter, Director. He congratulated the General Superintendent and the Engineering team for bringing up a state of the art facility for waste collection and disposal. The General Superintendent, Mr. Ebenezer Sundarraj appreciated the combined efforts of Mr. Jayasankar, Head, Planning, Mr. Balasubramanian, Head, Civil and others for bringing up

this facility which conforms to the norms of the Pollution Control Board.

### Congratulations!

The following candidates were successful in the **Postgraduate Higher Specialty Examination** held in **August 2018. (University Results Published on 24.08.2018) DM / MCh - August 2018 session.**

**D.M. Gastroenterology :** Dr. Rajeev S.A., Dr. Rajesh S., Dr. Piyush Gupta, Dr. Kaushik Chatterjee, Dr. Anoop John and Dr. Madeline Vithya B.

**D.M. Hepatology :** Dr. Anand Sharma; **D.M. Neonatology :** Dr. Mintoo M. Tergestina and Dr. Shanu Chandran.

*To be continued*

### Retirements

**Mr. Rufus**, Selection Grade, MCTT 1 , OPD services, retired on 14<sup>th</sup> September, 2018 after 32 years of dedicated service to the institution. He worked as a field assistant in RUHSA from 1985 to 1993 and then worked a MCTT staff till his retirement in 2018. He is well known for his active participation in institutional activities. He was the joint secretary and treasurer of the CMC Staff Recreation Club, director of CMC Employees Co-operative Society and a GSB representative. His wife Mrs. Margaret Dorothy works as In-charge Nurse in Railway Hospital, Katpadi. Their son Mr. Sujin Edberg, works as a staff nurse in Ramachandra Hospital, Chennai, Daughter Ms. Sally Cynthia works in KNICU as Charge Nurse.



**Mrs. Mable Joy Daniel**, Instructor, Department of Clinical Biochemistry retired on 25<sup>th</sup> September 2018 after serving the institution for forty years. She is a dedicated and sincere worker known for her peasant nature as well as her religious commitment. Her husband Mr. G.S. Daniel is a retired Government officer and a well-known preacher in and around Vellore. They are blessed with two sons Dr. Nathaniel Samson and Dr. Paul Trinity.

The CMC community is thankful for their years of dedication and commitment to the institution and wishes them God's blessings on their retired life.



## Situations Vacant

### 1. Senior Resident with MD (Paediatrics) for the Department of RUHSA

Age limit : <40 years. Salary : As per institutional rules.  
Accommodation provided (Partly furnished, depending on availability).

### 2. Senior Resident with MS / DNB (Ophthal) for the Department of Ophthalmology

Age limit : <40 years. Salary : As per institutional rules.  
Accommodation provided (Partly furnished, depending on availability).

### 3. Senior Resident with MD (Forensic Medicine) for the Department of Forensic Medicine

Age limit : <40 years. Salary : As per institutional rules.  
Accommodation provided (Partly furnished, depending on availability).

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore – 632 002, email: [princi@cmcvellore.ac.in](mailto:princi@cmcvellore.ac.in) on or before **October 20, 2018** for Item 1 and **October 27, 2018** for Items 2 and 3.

### 4. Senior Resident / Assistant Professor / Assistant Physician / Associate Professor / Associate Physician, with MD Pathology or MD Transfusion Medicine with Diploma in Clinical Pathology (DCP) from a recognized university for the CMC Vellore Chittoor Campus

Remuneration and accommodation will be provided as per the rules.

The CMC Vellore Chittoor laboratory is in need of consultants who will be responsible for the laboratory operations functioning under the Department of Transfusion Medicine, CMC Vellore. The lab functions as a core lab providing 24 x 7 services to the patients at CMCV Chittoor Hospital and performs a wide variety of Clinical Pathology, Haematology and Basic Microbiological and Virology tests. There is also a Technician Training programme being offered from this laboratory.

### 5. Medical Faculty - Radiology : Senior Resident / Assistant Physician / Associate Physician / Physician with MD (Radiology) for the CMC Vellore Chittoor Campus

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu> link “Vacancies” or email to [dir.chittoor@cmcvellore.ac.in](mailto:dir.chittoor@cmcvellore.ac.in) with all testimonials and certificates on or before **October 29, 2018** for Items 4 and 5.

### 6. Sr. Pharmacist Gr.IV (Project) for the Department of Endocrinology, Diabetes & Metabolism

Qualifications : B. Pharm. with Pharmacy Council Number.  
Salary : As per institutional rules. Age limit : 35 years.  
Nature of job : To work in Clinical Trials as a Non-Medical Co-ordinator.

### 7. Staff III Dietitian for the Dietary Department

Qualifications : PG Diploma in Dietetics / Clinical Nutrition & Dietetics / Food Science & Nutrition / Food Service Management & Dietetics. The candidates should have Dietetics / Food Science and Nutrition or Home Science degree at Undergraduate level (OR) M.Sc. in Clinical Nutrition & Dietetics / Food Science & Nutrition / Food Service Management & Dietetic with B.Sc. degree in Dietetics / Food and Nutrition or Home Science.

Salary scale : As per institutional rules. Age limit : 35 years.

Job description : To provide Nutritional care for patients.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu> Link: “Vacancies”. **Note : Only online applications will be accepted; Hard copies will not be accepted.** Applications will close on **October 22, 2018** for Item 6 and **October 29, 2018** for Item 7.

### 8. Night Supervisor for Nursing Service

Qualifications : B.Sc. in Nursing with Five Years work experience.  
Age : Upto 45 Years. Salary scale : As per the institutional rules. Accommodation not provided.  
Job description: Supervisory coverage of the Nursing Department and patient care areas during night shifts.

Apply with bio-data, certificates and testimonial copies, contact phone number, email ID and address with pincode to the Nursing Superintendent, Christian Medical College, Vellore – 632 004. email : [nso@cmcvellore.ac.in](mailto:nso@cmcvellore.ac.in) on or before **November 15, 2018** for item 8.



# Special Issue

OCTOBER 22, 2018



## The Beginning of Medical Training in Arcot

Dr. John Scudder's son Dr. Silas Scudder started the first hospital of the Arcot Mission and its first clinical training programme in Ranipet in 1866 -four years before his famous niece Ida Scudder was born. He was the sole doctor there for many years:

*My only assistant is a dresser. ... If the Lord gives me health and strength, I don't care how hard the work may be. But someone ought to be getting ready to take it from my hands, should I be disabled.*

Silas Scudder had already started training five young Indian men in practical medicine and surgery. The students knew very little English, but with some difficulty, Silas managed to obtain four medical handbooks and one set of human bones for them. Equipped with the Tamil editions of *A Small Work of Anatomy* by Naidoo; *Anatomy, Physiology and Hygiene* by Green; *Bazaar Medicine* by Waring and *Materia Medica* by Naidoo, the boys proceeded with their medical training. By 1870, three of the five were deemed to be 'fully competent to treat, both medically and surgically, all save very serious cases that may come to their hands.' One student's experience certificate stated:

*Arcot  
April 3<sup>rd</sup>, 1872*

*This is to certify that Thevabaranam, eldest son of First Class Dresser, Samuel Veerago of the Ranipet Dispensary, was received as a medical student in the year 1866, that he passed through a regular course of instruction under me for more than three years, and was admitted as a medical subordinate into the Ranipet Dispensary. He has been diligent and active in his duties and bids fair to succeed in the profession he has chosen.*

*S.D. Scudder, M.D.  
In late charge of the Ranipet Dispensary and Hospital*

Of the new medical assistants, Thevabaranam remained in the Ranipet hospital; his two classmates Abram Muni and Solomon Arunachalam, were posted in the villages of the Arcot mission where they dealt with a variety of clinical challenges.

When a man wielding a scimitar savagely attacked his neighbours, the assistant collector called Solomon, who rushed to the scene. The assailant had killed himself by jumping into a well, but the victims were alive, wounded and bleeding to death. One had his scalp sliced off, another had his ribs slashed and lungs punctured, and a woman had three-fourths of her hand cut away and the shoulder sliced through. Solomon provided emergency treatment, ligatured the cut vessels, sutured the wounds and gave medicines. He stayed on in the village for three months to provide postoperative care. All the patients survived.

As Silas Scudder's hospital grew, his own physical health worsened and he turned gravely ill. After over a decade in India, he was sent back to America, in 1872. He remained an invalid and died in his forties in Brooklyn, New York.

A hundred and fifty years later, the Scudder Memorial Hospital at Ranipet continues to serve the community. In the 1890s it also became the impetus for a women's hospital at Vellore. ...

*Silas Scudder's great great grandson Dr. James Hamilton Taylor and his wife Dr. Susan Taylor visit and support the Scudder Memorial Hospital, Ranipet and CMC. SMH Ranipet is currently headed by Dr. Anbu Suresh, a postgraduate alumnus of the Christian Medical College, Vellore.*

Excerpt from *One Step at a Time: The Birth of the Christian Medical College Vellore*, Reena George, Roli Press 2018. Available at ELS book store and online : <https://www.amazon.in/dp/8193750179>

<http://cmykbookstore.com/one-step-at-a-time.html>

Quotes from Scudder DJ. *A Thousand Years in Thy Sight*, Vantage Press, 1984

# CMC NEWSLINE

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FOR PRIVATE CIRCULATION ONLY

OCTOBER 22, 2018

*It is written in Isaiah the prophet : "I will send my messenger ahead of you, who will prepare your way".*

*Mark 1:2*



## **NABH training and implementation programme at Christian Institute of Health Science and Research (CIHSR), Dimapur, Nagaland**



**T**he Department of Hospital Management Studies and Staff Training & Development organised the fourth Mission Hospital Outreach programme in Christian Institute of Health Sciences & Research (CIHSR) Dimapur, Nagaland between 4<sup>th</sup> to 9<sup>th</sup> September 2017 and 12<sup>th</sup> to 15<sup>th</sup> September 2018. This initiative was a bid to reach out to mission hospitals, while training management students in MOVE (Management Orientation Visit & Education), MAP (Management Assignment Programme) and MITE

(Mission Hospital Internship Training & Education).

CIHSR was started in the year 2007 as a tripartite partnership of Christian Medical College (CMC) Vellore, Emmanuel Hospital Association (EHA) and the State of Nagaland. In response to the request of Dr. Sedevi Angami (Alumni of CMC Vellore), Director of CIHSR; Dr. Samuel N.J. David, Sr. Manager and Head (Management studies and HR) and Chairperson, Admin, Christian Medical Association of India (CMAI) and team organised and proceeded with this programme.

**Special Prayers : October 21 - 27, 2018**

**Division of Surgery :**

Dr. Sukria Nayak and Staff  
Dr. Pranay Gaikwad and Staff  
Dr. Mark Ranjan Jesudason and Staff  
Dr. Inian S. and Staff  
Dr. Sunil Agarwal and Staff  
Dr. Philip Joseph and Staff  
Dr. Rajinikanth J. and Staff  
Dr. Premila Lee and Staff

**Endocrine Surgery :**

Dr. Deepak Thomas Abraham and Staff

**Mizoram Presbyterian Church Synod**

Council Members : Dr. L.H. Thanga Singson  
Rev. P.C. Pachhlinga

Hospital : Synod Hospital, Durtlang, Mizoram

**Marathi Mission**

Council Members : Mr. Robert Moses

Hospital: Fairbank James Friendship Memorial Hospital, Vadala Mission and others

**Sunday Services : October 28, 2018**

6.00 pm : **Scudder Auditorium**  
Fitch Hostel Thanksgiving Service  
6.30 pm : **Hospital Chapel**  
Dr. Samuel C. Raj  
5.00 pm : **Friendship Chapel, KPTR Campus**  
Dr. Patricia  
4.30 pm : **Chittoor Chapel**  
Rev. Mani Bhushan Das

**Memoranda :**

- **Dr. Sukria Nayak**, Professor of Surgery & Associate Director (Missions) will be coordinating the development of Trauma Services with effect from 16<sup>th</sup> October, 2018.
- **Dr. Oommen K. George**, Professor & Head, Department of Cardiology will continue as Head of Cardiology Unit-III for a four year term with effect from 8<sup>th</sup> October, 2018.

*Continued on page 2*

## **Congratulations!**

Recently, two challenging cases of non-surgical artificial heart valve implantation (procedure popularly known as TAVI or Transcatheter Aortic Valve Implantation) were performed by a core structural heart interventional team led by Dr. John Jose, Professor, Cardiology Unit-II. The first case involved implantation of a novel balloon expandable valve

in a patient with a very calcified aortic valve having two cusps, instead of the normal three cusps. It was for the first time this valve was implanted for such a condition. In the second case, a latest generation of self-expanding valve was implanted in a patient with very small femoral access arteries (approximately 4.5 mm in size) - possibly the smallest ever

access vessel. Both these patients were high surgical risk candidates with poor quality of life. At one-month post procedure follow-up, a dramatic improvement in their symptoms and quality of life were recorded. Currently, Dr. John Jose is undergoing advanced training in Germany for percutaneous mitral and tricuspid valve treatment.



## NABH training and implementation programme at Christian Institute of Health Science and Research (CIHSR), Dimapur, Nagaland

*Continued from page 1*

In 2017 a preliminary NABH gap analysis for CIHSR and initiation of the NABH documentation work was carried out by the hospital management team. The present team which visited CIHSR included Dr. Samuel N.J. David, Mr. Ronald Simon and two external consultants Dr. Abel Asirvatham, NABH Consultant and Dr. Priyanka Bhadoria. The primary objective of the visit was a workshop on NABH accreditation and implementation for thirty eight department heads and gap Analysis for NABH entry level accreditation.

Dr. Sedevi Angami and his team were very grateful and appreciated the team from CMC for their efforts.

## Tamil Nadu-Pondicherry Paediatric Hematology- Oncology Group (TPPOG) meet, organised

The Paediatric Haematology-Oncology Unit, Department of Child Health organised the Tamil Nadu-Pondicherry Paediatric Haematology- Oncology Group (TPPOG) meet on the 15<sup>th</sup> of September, 2018 at GRT Hotel, Vellore. The meeting was attended by doctors, nurses, psychologists, nutritionists and other support staff from various paediatric haematology-oncology units in Tamil Nadu and Pondicherry.



The discussions in the morning sessions covered a wide range of topics related to nursing care, safe administration of chemotherapy, central venous access care, nutritional requirements and immunization of children on chemotherapy and BMT. This was followed by a talk on palliative care by Dr. Julius Scott, paediatric haemato-oncologist, SRM Medical College, Chennai. Dr. Venkatraman R, Paediatric Oncologist, Adayar Cancer Centre, Chennai gave an update on the importance of focusing on the teens and young adults as a separate group with their own particular needs which are very different from adults and younger children. He also talked about the importance of fertility preservation in this age group.

During the afternoon session Dr. N.S. Mathews, spoke on diagnostic interpretation of peripheral blood using newer technology and how this complements the conventional peripheral blood smear examination. The meeting was then concluded with a case discussion on cytopenia in children. During the meeting, Dr. Revathi Raj, consultant paediatric haemato-oncologist, Apollo Chennai was felicitated for her exemplary work in paediatric BMT including completing 1000 bone marrow transplants.

## World Alzheimer's Day celebration



The World Alzheimer's Day was celebrated on 21<sup>st</sup> September, 2018 by the Department of Psychiatry as part of a campaign aimed at raising awareness about Alzheimer related dementia. This year, the theme was "Every 3 Seconds" to emphasize the large number of people who develop and live with the disease. Alzheimer's is the most common form of dementia which is characterized by progressive memory loss and loss of other essential cognitive abilities that are serious enough to interfere with an individual's daily life. Early diagnosis and intervention can help to improve the outcome in patients with Alzheimer's disease, however due to a lack of awareness,

it often remains under diagnosed. The programme focused on improving awareness by providing information about Alzheimer's disease and its causes, signs and symptoms, the importance of early identification and management strategies. Pamphlets, handouts and health education were provided in Tamil, Telugu, Hindi, Bengali and English.

The function began with devotion and prayer by Dr. Rev. Arul Das followed by the welcome address by Mrs. Shanthi Johnson, Associate Professor of Psychiatric Nursing. Dr. Mrs. Manoranjitham, Professor and Head of Psychiatric Nursing, offered felicitations after which Dr. Anju Kuruvilla, Professor and Head of the Department of Psychiatry inaugurated the programme.





## The 5<sup>th</sup> 3-Minutes Thesis Competition

The 5<sup>th</sup> 3-Minutes Thesis Competition was conducted by Clinical Epidemiology Unit (CEU) on July 14, 2018. This year's competition had twenty seven participants (post MD, MS, PhD and M.Sc Nursing) from 14 departments. Dr Abraham Peedicayil, Professor and Head of the CEU welcomed the participants, judges and audience while Dr Sathish Kumar, Professor of Paediatric Rheumatology explained the rules. The prizes were distributed by the judges Professor O.C. Abraham, Head Department of Medicine, Professor L. Jeyaseelan, Head Department of Biostatistics and Professor Sathya Subramani, Department of Physiology. Mr. Akhil Mohan, Department of Bio Engineering won the 1<sup>st</sup> prize, Mr. Jithu V James of Biochemistry won the 2<sup>nd</sup> prize and Dr. Saraswathi Ramanathan of PMR received the 3<sup>rd</sup> prize. The videos are available at the following link : <https://www.youtube.com/watch?v=IAgpz5-Yrfk>



The prizes were distributed by the judges Professor O.C. Abraham, Head Department of Medicine, Professor L. Jeyaseelan, Head Department of Biostatistics and Professor Sathya Subramani, Department of Physiology. Mr. Akhil Mohan, Department of Bio Engineering won the 1<sup>st</sup> prize, Mr. Jithu V James of Biochemistry won the 2<sup>nd</sup> prize and Dr. Saraswathi Ramanathan of PMR received the 3<sup>rd</sup> prize. The videos are available at the following link : <https://www.youtube.com/watch?v=IAgpz5-Yrfk>

## Memoranda

- **Dr. Vijaykumar Aruldas**, Manager, Health Services will be the Ag. Head of Medical Records Department and OP Services with effect from 15.10.2018 till further notice.
- **Mrs. Sarala Stanley**, Superintending Engineer will be the convener of the Fire Management Committee with effect from 22<sup>nd</sup> October, 2018 till further notice.

## Congratulations!

- **Dr. M.J. Paul**, Professor, Endocrine Surgery for having delivered the Dr. K.D. Verma Oration Award on "Endocrine Surgery at CMC, Vellore - A Harmonious Journey" at the 19<sup>th</sup> Annual Conference Indian Association of Endocrine Surgeons of India held at Tirupathi on 29<sup>th</sup> September, 2018.
- **Dr. Dharshini S.**, Associate Professor of Dermatology Unit-I received the "Imrich Sarkany Non-European memorial Scholarship" awarded to young dermato-venereologists by the European Academy of Dermatologists and Venereologists (EADV) Honours and Awards committee, during the 27<sup>th</sup> EADV Congress in Paris, France from 12<sup>th</sup> to 16<sup>th</sup> September, 2018.
- **Dr. Jagadish R**, Assistant Professor, Department of Biochemistry and a post-graduate alumnus of the Department (2013-2016), was awarded the President's Gold Medal for the best performance in the examinations conducted by the National Board of Examinations (NBE), New Delhi, for the Diplomate of National Board (DNB) in Biochemistry in 2016-2017. He was presented the medal at the 19<sup>th</sup> Convocation of the NBE held in New Delhi on 21<sup>st</sup> September 2018.
- **Mr. Selvin James S and Mr. John Samuel**, Postgraduate students of Physiotherapy (Orthopaedic speciality) won second and third place respectively in the paper presentation competition at the International physiotherapy conference "THERACON'18" organized by the Indian Association of Physiotherapist and Vinayaga Mission's College of Physiotherapy, Salem branch on 16<sup>th</sup> September, 2018".

## Retirements

*Erratum* : With reference to Newline dated 15<sup>th</sup> October, 2018; Mr. John Rufus Jayakumar, Sel.Gr. MCTT-I, His son Mr. Sujin Edberg, works as a Staff Nurse in Ramachandra Hospital, Chennai and daughter-in-law, Mrs. Merlin Sugi, works as a Nurse in Casualty.



**Mr. S. Rup Selvakumar**, Hospital Attendant Gr.I, Department of Biostatistics retired on 10<sup>th</sup> October, 2018 after 30 years of dedicated service to the institution. He is well known for his meticulous work and was awarded the best Hospital Attendant award in the year 2017. He has a daughter, Ms. R. Jenifer who works as a Data Entry Operator in Biostatistics Department.

The CMC community is thankful for their years of dedication and commitment to the institution and wishes them God's blessings on their retired life.

## Obituary

**Dr. K. Simon Abraham** (MBBS batch of 1952) on 12<sup>th</sup> October, 2018 in USA. He is survived by his wife Mrs. Annie, four children and eight grandchildren. Born in the state of Kerala, Dr. Abraham grew up in the Nilgiris. He graduated from the Christian Medical College Vellore in 1958. He continued his general and cardiothoracic surgical residencies in Vellore, working as an Associate Professor of Surgery until 1966. He completed training in cardiothoracic surgery in Auckland, New Zealand, and earned the title of Fellow of the Royal College of Surgeons. He moved to Mountain Home in 1971. The first foreign medical graduate to receive a medical license in the state, Dr. Abraham started his medical practice at the Saltzman-Gunthner Clinic. The Abraham Medical Center was built in 1975, and he continued to operate until his

*Continued on page 4*



retirement in August 2014. Dr. Abraham donated the building and property on which the Medical Center sat to the Mountain Home Educational Foundation to provide financial assistance to promising high school students. As a co-founder of the Arkansas chapter of the American Association of Physicians of Indian Origin, Dr. Abraham also led efforts to support development of the Paraumala Hospital in Kerala. Visitation for Dr. Abraham will be held from 3:00 to 5:00 p.m. on Tuesday, October 16, 2018, at Kirby Family Funeral Home Chapel, 600 Hospital Dr, Mountain Home, AR 72653, USA. Celebration of life service will begin at 5:00 p.m. For those who would like to share your thoughts and memories in the guest book, please visit the following link: [www.kirbyandfamily.com](http://www.kirbyandfamily.com)

Our thoughts and prayers are with the bereaved members of the family at this time of sorrow and loss.

## Notice

- **The 'A' Ward sale** is organized on Saturday 3<sup>rd</sup> November 2018, in 'A' - Ward premises from 8.30 am to 2.00 pm. Dr. Prasad Mathews, Medical Superintendent, will be inaugurating the sale. The proceedings of the sale will benefit a few of our economically disadvantaged patients (P.T.P. Fund).
- **Message from Good Samaritan Cafe** : Cookie express opposite to Emergency services is providing 24 Hours services from 15<sup>th</sup> October 2018; Door delivery for party orders available from Bagayam to Katpadi. (Minimum order for Rs.1000/- transportation as applicable). Contact for more details. Party supervisors, Ms. Gomathi & Mrs. Sudha. 8300031263, 8300031258, 0416 - 2282633

## Situations Vacant

Applications are invited for the post of "**Project Coordinator**" under the project titled "**Control Program for Thalassemia and Sickle Cell Disease in Odisha**" to coordinate the various activities of this project. The position will be primarily based at CMC, Vellore with travel to Odisha, as needed.

### 1. Project Coordinator for the Centre for Stem Cell Research

*Job Code : 1267*

Qualification : MD Community Medicine/MPH Preference will be given to those with experience in community programs. Mode of appointment : Project mode. Salary : As per institutional rules. Salary will be commensurate with qualifications and experience. Accommodation not provided.

Interested candidates should download the application from the website (<http://www.cscr.in/research-opportunities.php>) and send the completed applications either by soft copy (Email to : [cscrcedu@cmcvellore.ac.in](mailto:cscrcedu@cmcvellore.ac.in)) or by hard copy address to the Principal, Christian Medical College, Bagayam, Vellore - 632 002, Tamil Nadu on or before **November 05, 2018** for Item 1.

*Note : Please mention the Job Code in the application form. Applications without Job Code will not be accepted.*

### 2. Research Coordinator for the Department of RUHSA

*Job Code : 1268*

Qualification : Ph.D. Mode of appointment : Project mode. Consolidated salary : Rs.20,000/- Accommodation not provided.

Download application from this link: <http://www.cmch-vellore.edu/> → General → Vacancies → Application Form for Project Staff. The print out of the application with certificates and testimonial copies should be sent to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 on or before **November 02, 2018** for Item 2.

*Note : Please mention the Job Code in the application form. Applications without Job Code will not be accepted.*

### 3. Staff II Respiratory Therapist (Project) for the Department of RUHSA

Qualifications : B.Sc. with PG Diploma in advanced Respiratory Therapy (2 year Diploma). Age limit : 35 years. Salary : As per institutional rules. Note : Only regular mode will be accepted, Private or correspondence will not be accepted.

### 4. Staff II AHS Medical Lab Technician (Project) for the Centre for Stem Cell Research

Qualifications : B.Sc. MLT (Recognized University). Age limit : 30 years. Salary scale : As per institutional rules. Note : Only Regular mode will be accepted, Private or correspondence will not be accepted.

Job description : Maintaining lab equipment and culture media. Transport of tissue, Assisting procedure and documentation.

### 5. Electronic Medical Record (EMR) Business Analyst (Project) for the Medical Superintendent's Office

Qualifications : MCA / MS in Computer Science / M.Tech in Computer Science.

Note: Only Regular mode will be accepted, Private or correspondence will not be accepted.

Preference will be given to person with demonstrable experience in Electronic medical record / electronic health record design and development. Will have to work to coordinate between users (clinicians / other health care team members), IT team and administration. Should be able to work independently to map workflow, document user requirements, process mapping, preparation of business and technical documents as well as managing user testing in a clinical environment. Must be flexible with working hours. Salary scale : As per institutional rules. Duration : One year. Age limit : 35 years.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu> Link: "Vacancies". *Note : Only online applications will be accepted; Hard copies will not be accepted.* Applications will close on **November 05, 2018** for Items 3, 4 and 5.

# Let's Think Together

NO.17

OCTOBER 29, 2018



## Letting light through the cracks

The past week has been a relentlessly heart breaking one. Sad news of a friend's unexpected demise; the loss of a dear little child; a baby born challenged to first time parents; a parent nearing his end; the end of a marriage. Every piece of sad news broke me a little more, until by the end of the week I felt I was in little pieces. If I felt so hollow and broken, imagine how my friends who had to live through these sadnesses felt. How do we react to such bad news? How do we rearrange our lives in the light of such sadness? How do we be there for our friends and family without hurting them even more with platitudes that seem insincere?

As I kept mulling over, "What can I do to ease their pain? How can I be there for them?" the only answer that kept coming into my heart was "Pray for them." The only words I could say were, "Lord, please ease their pain. Through the brokenness of their lives, let there be light and grace and your love." It did not seem enough, but it was all I could do as I went about the routine of my own work.

Grief and having to live through dreadful times are exhausting and make one bone weary. One does not have the appetite or energy to eat, so energy levels become really low. After my father's funeral, our family returned home tired and weary. We had not eaten for a day, none of us felt like cooking anything. The children were limp from grief and hunger. At this point, the door opened and my mother's cousin Clara walked in with bowls of steaming iddlis and Korma and a delicious chicken fry. She saw that we had no energy to eat and so sat us all around her on the floor, and fed us with her hands. We were like hungry birds, opening our mouths, watching as her fingers dipped the iddlis into the korma, and popped it into our mouths. No words were exchanged. She left as quietly as she came. It is a lesson I learnt twenty years ago – that grace and love don't magically happen. They come through human hands. That pain is eased by gestures of love.

How long should we care for those whose lives are broken? How long should we pray for them? It is easy to show our compassion during the first days of tragedies. Then we get busy with our own lives, and keep away. A former Collector of Vellore, Wilfie Davidar and his wife Shanti prayed for us as part of a fellowship group at our church when my husband was ill and dying. Five years later, I met Shanthi at a meeting and she surprised me by saying, "You know we pray for you and your children every Wednesday evening." I was so touched, and learnt another lesson. Being there for someone in distress is not a one time act, or a one time prayer. It is an ongoing life time process. How do we balance it with our own routines, our own problems and the little sadnesses of our own lives? In my experience, as we reach out to others, others too reach out to us, and allow the light in through the cracks of our own lives. Thus, love, grace, healing and light floods into all our broken lives.

### **Think about this!**

How do you react to sad news from friends and family? What do you do for them?

Usha Jesudasan  
ushajesudasan@gmail.com



# CMC NEWSLINE

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FOR PRIVATE CIRCULATION ONLY

OCTOBER 29, 2018



*For he has rescued us from the dominion of darkness and brought us into the kingdom of the Son he loves, in whom we have redemption, the forgiveness of sins.*  
**Colossians 1:13,14**

## Symposium on Medical Education and the Health Care Services



As part of the Centenary of Medical Education celebrations, a Symposium on Medical Education and HealthCare Services was held on October 8 and 9, 2018. The Symposium addressed the larger challenges of training doctors across the country to meet the needs of health care in India. This Symposium brought together administrators and teachers of medical education from premier medical institutes including AIIMS, New Delhi, Maulana Azad Medical College, New Delhi, Mahatma Gandhi Institute of Medical Sciences, Sewagram, Wardha, CMC Ludhiana and St. John's Medical College, Bangalore. Faculty from Nodal Medical Education Units from different parts of the country, government and non-government stakeholders in public health care services, including the Directorate General of Health Services, New Delhi, the Tamil Nadu State National Health Mission, the Directorate of

Medical Education and the Tamil Nadu Dr. MGR Medical University gathered to examine how medical education can be realigned to meet the health care objectives as envisaged in the National Health Policy 2017. Also present at the Symposium were former faculty, Principals and Directors of CMC, as well as senior doctors who have spent years in the Mission field- Dr. Nandkumar Menon (Gudalur), Dr. Lalitha Regi (Sittilingi), Dr. John Oommen (Odisha), Dr. Vijayanand Isamavel (Assam) and Dr. Sedevi Angami (Nagaland).

The Symposium was inaugurated by the President of the National Board of Examinations (NBE), Dr. Abhijat Sheth and the Vice Chancellor of the Tamil Nadu Dr. MGR Medical University, Dr. S. Geethalakshmi. Key note addresses were given by Prof. T. Sundararaman (TISS, Mumbai), Dr. Janet Grant (Director, CenMEDIC), Dr. Anand Zachariah (CMC Vellore), Dr. V.P. Mishra,

**Special Prayers : October 28 - November 03, 2018**

**Purchase:** Mr. Joseph Selvaraj and Staff

**Stores :** Mr. Edin Decoster Lawrence and Staff

**CRS :** Mr. Paul Dhinakaran and Staff

**Southern Asia Division of Seventh Day Adventists**

**Council Members :** Pastor S. Paulmoney

Mr. Pierson Sam David

**Hospitals :**

Aizawl Adventist Hospital

Pune Adventist Hospital

Ruby Nelson Memorial Hospital, Punjab

**SDA Medical Centre, Bengaluru and others**

**General Conference of Seventh Day Adventist, USA**

**Sunday Services : November 04, 2018**

6.00 pm : **Scudder Auditorium**

Rev. Ananthi A. Mary

6.30 pm : **Hospital Chapel**

Rev. Rachita Rout

5.00 pm : **Friendship Chapel, KPTR Campus**

Rev. Paul Ravikumar

4.30 pm : **Chittoor Chapel**

Ms. Deepthi

**Congratulations :**

**Dr. Suraj S.,** Assistant Professor, General Surgery Unit-3 (Upper GI Surgery) has won the first prize for the special mention poster category in the Indian Association of Surgical Gastroenterology 2018, Annual Conference held at Chandigarh on 3<sup>rd</sup> and 6<sup>th</sup> October 2018.

**Obituary :**

**Mrs. Vanaja,** mother of Mr. S. Chinnaraj, Artisan in the Department of Biomedical Engineering and mother-in-law of Mrs. Sujatha, Ward Clerk in E ward on 26<sup>th</sup> October, 2018.

Let us uphold her husband, Mr. Subramani, and all the other bereaved members of the family in our prayers.



Continued on page 2

Dr. D.J. Borah, Dr. Darez Ahmad, IAS (National Health Mission, Tamil Nadu) and Prof. B. Srinivas (Directorate General of Health Service, New Delhi).

The National Health Policy 2017 (NHP 2017) lays out the health priorities of the Government of India. Its goal is the attainment of the highest possible level of health and well-being of all its citizens

through the provision of universal health coverage (UHC). UHC implies that all people and communities can use the promotive, preventive, curative, rehabilitative and palliative services they need, of sufficient quality to be effective, while also ensuring that the use of these services do not expose the user to financial hardship. NHP 2017 seeks to achieve universal health coverage by reinforcing trust in the public healthcare system and by aligning the private sector with public health goals.

Health care institutions play a critical role in assisting the Government in achieving the objectives of the NHP 2017 by strengthening health systems. They can do so by creating appropriately trained workforce, providing services that complement the public health infrastructure and through research to identify tractable solutions to health priorities.

To guide the framework of the Symposium and the discussions, six groups comprising intramural and extra-mural faculty identified gaps, potential innovations and adaptations in the following thematic areas: Maternal and Child Health, Infectious Diseases, Non-Communicable Diseases, Emergency Care and Surgical Services, Vulnerable Groups and Human Resources for Health of the National Health Policy. Each of these six groups presented their recommendations at the Symposium, which were discussed and modified.

The Symposium provided an ideal forum to discuss these issues related to these six themes and present a set of recommendations guided by the key principles of equity, professional competence and patient-centered care. It is proposed to publish the proceedings of the Symposium and to present the recommendations to key policy makers in the field of health care and medical education in the country.



## **Geriatric workshop on "Pearls of Fall Prevention"**



In commemoration of World Elders Day, the Department of Medical Nursing and CNE & Research, College of Nursing in collaboration with the Department of Geriatrics conducted a one day workshop titled "Pearls of Fall Prevention" on 27<sup>th</sup> September 2018. During the Inaugural session Dr. Premila Lee, Nursing Superintendent, Dr. Surekha V., Head, Department of Geriatrics, Mrs. Alice Sony, Deputy Dean, College of Nursing, gave their felicitation and appreciated the department for being motivated to conduct the 7<sup>th</sup> annual workshop on Elder Care. An overview of the workshop was given by Dr. Shirley David.

The morning sessions included discussions on topics such as fall risk assessment, morbidities resulting in falls, management of falls in hospitals, post care, implications, gait imbalance, transfer and ambulation.

Five skill stations on Whisper Test, TUG, Monofilament Testing, Near Vision Test and Berg Balance were organised which was much appreciated by the participants. The CME was awarded seven credit hours by the Tamil Nadu Nurses and Midwives Council.

## **Events from the MCI Nodal Centre**

The MCI Nodal centre for National Faculty Development, conducted the 5<sup>th</sup> Medical Education Technologies Workshop for Postgraduate Students (PGMET) from 25<sup>th</sup> to 26<sup>th</sup> September 2018. The objectives of the programme was to motivate the Postgraduates to gain a better understanding of teaching and learning and to learn the types of



assessment in the various domains including work place based assessments. The participants were given hands on experience through microteaching. This programme was accredited with twenty CME Credit points (Category II) from Tamil Nadu Dr. M.G.R. Medical University, Chennai.



### Medi Quiz on “Diabetes and Endocrine Disorders”



In Commemoration of World Diabetes Day 2018, the Department of Endocrinology, Diabetes and Metabolism conducted a Medi Quiz on “Diabetes and Endocrine Disorders” for Medical Students at New Examination Hall, Bagayam College Campus on 9<sup>th</sup> October, 2018 Dr. Vinay Oommen, Vice Principal (UG) and Professor of Physiology,

was the Chief Guest for the day. A total of 13 teams participated in the Quiz competition and 5 teams qualified to the final round.

The following were the Prize Winners : First Prize [Team Cushing’s]–Abhipsa Anuranjana (2014), John Roy P (2014), SheebaSagar(2014); Second Prize [Team Langerhans]–Nadar Venkateshwaran Sethuraj (2014), Karun Sathweeg Sam (2013), Anu Surender (2015); Third Prize shared by [Team Hashimoto] - Hamsavardhini (2016), Sara Jacob (2016), Jebilyn Alexander (2014) & [Team Oommen] - AluriVidhyadhar(2014), Baselel Benny Mathew-(2014), Osborn Benedict (2015).

### Retirement



**Mr. P. Somu**, Sr.Gr.I Driver, Transport Department retired on 10<sup>th</sup> October, 2018 after 29 years of dedicated service to the institution. He is noted for his sincerity in work and never fading enthusiasm. He has a daughter and two sons. His eldest son, Mr. Srivignesh is a B.Sc. Lab Technician and younger son, Mr. Dhaneshwaran is an Hospital Attendant in the Department of Clinical Biochemistry.

The CMC community is thankful for his years of dedication and commitment to the institution and wishes him God’s blessings on his retired life.

### Dr. Ida B. Scudder Essay Competition

Dr. Ida Belle Scudder, affectionately known as Ida B. was the niece of Dr. Ida S. Scudder, the founder of Christian Medical College. Ida B. was on the faculty of CMC for 36 years, serving as both as Radiologist and Radiotherapist. She was known for her empathy for those in pain and her deep concern for the suffering. The Ida B. Scudder essay competition was instituted to perpetuate her ideals. The prize of Rs.2000/- will be awarded for the best essay on any subject related to the care of the sick that illustrates that the fullest possible identification with the patient is the best way to serve him / her and meet his / her needs.

#### Rules of Competition :

1. The competition is open to all CMC staff and students except the panel of judges or their families.
2. The essay should be in English and limited to a total of 2000 words.
3. The decision of the judges will be final.
4. Material taken from books and journals, which are quoted in the essay, should be acknowledged either by showing it as a quotation, or by adding a bibliography.
5. If the contestant has won this prize in an earlier year, the title and date of the prize winning essay should be quoted.
6. The last date for submitting entries is **November 15, 2018**. All entries should be sent to "The Director, CMC, Vellore" or to [director@cmcvellore.ac.in](mailto:director@cmcvellore.ac.in)
7. The prize will be awarded during the Founder's Day celebrations.



## Situations Vacant

### 1. Senior Resident for the Division of Gastrointestinal Sciences (Wellcome Research Laboratory)

Qualification : M.D. (Microbiology / Pathology) who have experience in Immunology.

Salary scale : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore – 632 002, email: [princi@cmcvellore.ac.in](mailto:princi@cmcvellore.ac.in) on or before **November 03, 2018** for Item 1.

### 2(a) Lecturer Gr.III (AH) for the Department of Pharmacy Services

Qualification : Pharm D from a PCI recognized Institution.

Job description : Clinical Pharmacy work in the wards; Participation in ward rounds and meetings; Patient medication counselling; Provision of Drug Information Services; Pharmacovigilance; Continuing Education and training of Pharmacy staff and involvement in medication related audit and research, any other responsibility given. Preference will be given to those who have 2 years work experience in Clinical Pharmacist in a Medical College Hospital. Salary scale : As per institutional rules.

### 2(b) Clinical Pharmacist Trainee (One year) for the Department of Pharmacy Services

Qualification : Pharm D from a PCI recognized Institution. Age limit : 35 years.

Job description : Clinical Pharmacy work in the wards; Patient medication counselling, Provision of Drug Information Services, Pharmacovigilance (ADR program) as trainee under the supervision of a Clinical Pharmacist.

Stipend : Rs.15,000/-. Accommodation not provided.

Apply with the bio-data, photocopies of qualifying certificates, e-mail ID, postal address and Phone Number to the Principal, Christian Medical College, Bagayam, Vellore – 632 002, on or before **November 12, 2018** for Items 2(a) and 2(b).

### 3. One year Senior Internship training programme for the Prosthetics & Orthotics, for the candidates who have passed Plus 2 with two year Diploma in Prosthetics & Orthotics course of the RCI New Delhi; Stipend as applicable; Accommodation will not be provided.

Apply with the bio-data, photocopies of qualifying certificates, e-mail ID, postal address & Phone Numbers to the Principal, Christian Medical College, Bagayam, Vellore – 632 002, on or before **November 05, 2018** for Item 3.

### 4. Research Assistants for the Department of Obstetrics & Gynaecology Unit-5

**Job Code : 1270**

Qualification : B.Sc. / M.Sc. Sex : Female. Mode of appointment : Project mode.

Consolidated salary : Rs.20,000/-. Accommodation not provided.

### 5. Junior / Senior Research Fellow for the Department of Bioengineering

**Job Code : 1269**

Qualification : B.E. / B.Tech. with GATE qualification or M.E. / M.Tech. in Bio-engineering / Biomedical Engineering / Computer Science / Information Technology / Electrical / Electronics / Instrumentation / Mechanical Engineering.

Skills : PC and Microcontroller programming, Circuit design and assembly, Mechanical fabrication. Accommodation not provided.

Duration of the project position : 9 Months. Mode of appointment : Project mode. Salary scale : As per institutional rules.

Download application from this link: <http://www.cmch-vellore.edu/> → General → Vacancies → Application Form for Project Staff. The print out of the application with certificates and testimonial copies should be sent to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 on or before **November 09, 2018** for Item 4 and **November 12, 2018** for Item 5.

**Note : Please mention the Job Code in the application form. Applications without Job Code will not be accepted.**

### 6. Staff III Dental Mechanic for the Department of Dental & Oral Surgery

Qualifications : H.Sc. with Diploma in Dental Mechanic with State Dental Council Number.

Note : Only Regular mode will be accepted, Private or correspondence will be not accepted.

Salary scale: As per institutional rules. Age limit : 35 years. Job description : Dental Mechanic.

### 7. Staff III Dental Hygienist for the Department of Dental & Oral Surgery

Qualifications : H.Sc. (+ 2) or equivalent + Pass in Dental Hygienist Course + Pass in Dental Assistance Course and registered with State Dental Council. Note : Only Regular mode will be accepted, Private or correspondence will be not accepted.

Salary scale : As per institutional rules. Age limit : 35 years. Job description : Chairside Assisting, Scaling etc.,

### 8. IT-Data Specialist Gr.V for the Department of Infectious Diseases

Qualifications : B.Tech. / B.E. (Computer Science) / MCA / MCS / MS Computer Science / M.Sc. (Computer Science) with 10 years of hospital settings experience in Electronic data system, Designing, Databases, application and software designing, content management system (CMS), system networking and training co-ordination.

Note : Only Regular mode will be accepted, Private or correspondence will be not accepted.

Salary : As per institutional rules. Accommodation not provided. Age limit : 35 Years.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **November 12, 2018** for Items 6, 7 and 8.

### 9. Applications are invited for the post of Teacher in Balavihar Kids Corner.

Qualification : Montessori / TTC / Degree.

Preference will be given to the candidates who have experience. Fluency in English is a must.

Interested candidates may apply to Balavihar Kids Corner, CMC Hospital Campus, Vellore, Phone : 0416 - 2283499

email: [balavihar@cmcvellore.ac.in](mailto:balavihar@cmcvellore.ac.in) on or before **November 09, 2018** for Item 9.

# Special Issue

NOVEMBER 05, 2018



## Graduation Day, 1922: Dr. Ida S Scudder's address to the First Batch of Medical Students (Part 1)

*“To the students with whom I have worked in such close fellowship during the past four years, I today extend my greeting and my congratulations that you have achieved that for which you set out.*

*Today we stand as it were on the mountain top of achievement .... You have bravely and splendidly toiled on. There will probably never be a time in your lives which will hold the same meaning that today holds; the thrill of having accomplished much gives you joy, but much lies before you of work to be done; but as among the mountain ranges so in life there are still greater heights in the distance; more stony paths to climb, and you will realize you have only made a beginning. You cannot remain where you are, satisfied with this first achievement. Surrounding every mountain peak there are valleys, and into these valleys one must go .....*

*. . . you will belong to the noblest of all professions. Your mission of administering, lifting the fallen, bringing health and happiness wherever you go, living a life of self-forgetfulness is the noblest thing one can choose.*

*. . . . The practice of medicine affords scope for the exercise of the best faculties of mind and heart – these and many other things make the profession you have chosen the noblest and most self-sacrificing of all. The suffering need love, sympathy and tenderness. At times you will have to tax to their utmost every mental and physical faculty.*

*. . . You must learn to be cool, collected and quiet; to have presence of mind; rapid thought and action in the most trying circumstances. You must learn to have wise judgment in moments of great peril; you must train your tempers until you have complete control, for your temper will often be taxed by exasperating patients and their friends. You must learn never to betray indecision and worry, for, if you become fluttered and flurried, you will lose the confidence of your patients. Practice and experience will train you to have firmness and courage. Do not always look for gratitude, for sometimes when you are most deserving, you will get the least.*

*. . . There will be disappointments; your pet theory will be dashed to the ground; your most painstaking laborious work, unsuccessful; there will be cares, anxieties, failures which are very common to a professional life...*

*Face trials with a smile, with head erect, and a calm exterior. If you are fighting for the right and for a true principle, be calm and sure and keep on until you win.”*

(To be continued)

Scudder Ida S., Commencement Address to the First Graduating Class, 1922 quoted in *One Step at a Time: The Birth of the Christian Medical College Vellore*, Reena George, Roli Press 2018.

Available at ELS book store and online

<https://www.amazon.in/dp/8193750179>

<http://cmykbookstore.com/one-step-at-a-time.html>

# CMC NEWSLINE

Vol.No.56 No.19

FOR PRIVATE CIRCULATION ONLY

NOVEMBER 05, 2018



"Lord, if it's you," Peter replied, "tell me to come to you on the water."

- Matthew 14:28

## CORPORA - 2018



The Department of Anatomy organised an anatomy teaching programme for school children called 'CORPORA 2018' from 9<sup>th</sup>-12<sup>th</sup> October 2018, in keeping with its centenary celebrations. Dr. Ida Scudder herself served as the first head of Anatomy from 1918 to 1924. Over the last 100 years the department has been actively involved in catering excellent pre-clinical education to medical, nursing and allied health students, which enables them to provide high standards of health care to the nation. The aim of CORPORA-2018 was to provide the students with a better understanding of the human anatomy.

A large repository of over 100 formalin fixed specimens, plastinates, luminal casts, models, bones, X-rays, human embryos and fetuses at various stages of development were displayed. All specimens and charts were tailor-made to be relevant to the school biology curriculum. All exhibits were labelled and short write ups provided in English and Tamil to

facilitate self-study. Anatomy faculty and staff along with the first year medical, OT and PT students were involved in teaching the school students. This year, specimens from the Department of Pathology, were exhibited to illustrate common health hazards. The nurses from the Community Health Department took lively sessions on health education. General information on healthy diet, dangers of smoking, and the importance of organ donation were also provided in the form of attractive charts. They also learnt about common health issues like infectious diseases, obesity, coronary artery disease, vitamin deficiencies, and endocrine disorders. A representative from the Medical Superintendent's office handed out pamphlets to each student describing the body donation programme. About 5000 students from 42 schools attended the programme. The department is thankful to the institution and all others who contributed to the success of the programme.

**Special Prayers : November 04 - 10, 2018**

**Paediatric Surgery :**

Dr. John Mathai and Staff  
Dr. Prasad Mathews K. and Staff  
Mrs. Ruma Nayak and Staff

**International Mission Board, Southern Baptist Convention**

Council Members : Dr. Naveen Thomas  
Mr. Sunny Kuruvilla

Hospital : Bangalore Baptist Hospital

**Sunday Services : November 11, 2018**

6.00 pm : **Scudder Auditorium**  
MBBS Baccalaureate Service

6.30 pm : **Hospital Chapel**  
Dr. Vasanth Mark Samuel

5.00 pm : **Friendship Chapel, KPTR Campus**  
Dr. M. Stanley David

4.30 pm : **Chittoor Chapel**  
Dr. Vineeth Thomas

**Memorandum :**

**Dr. John Mathew**, Professor of Rheumatology, is appointed as Acting Head of the Department of Clinical Immunology & Rheumatology with effect from 28<sup>th</sup> October 2018 until further notice.

**Congratulations :**

• **Dr. J.V. Peter**, Director, CMC Vellore is appointed as President of Indian Association of Respiratory Care (IARC).

**Ms. Arthur Sadhanandham**, retired Technician Instructor Gr.I, Medical ICU is appointed as Vice President of Indian Association of Respiratory Care (IARC).

• **Dr. Lisa Mary Cherian**, Assistant Professor, ENT Unit-III, won the award for the best oral presentation in the senior Ph.D. students (laboratory) category at the annual TQEH research Expo, October 2018, University of Adelaide.





## CME on “Prevention of Falls in the Elderly”

The Departments of Physical Medicine & Rehabilitation and Geriatrics conducted their third annual CME titled “Prevention of Falls in the Elderly” on 13<sup>th</sup> October, 2018. Fifty three Physiotherapy and Occupational Therapy staff and students from various colleges and hospitals in and around Tamil Nadu attended this CME.



After the prayer, Mr. Andrew Babu, Head of Physiotherapy Unit, welcomed the gathering.

Felicitations were delivered by Dr. Anna B. Pulimood, Principal, Dr. K. Prasad Mathews, Medical Superintendent, Dr. Surekha V., Professor and Head, Geriatrics and Dr. Raji Thomas, Professor and Head, PMR. Dr. Surekha V., enlightened the gathering on how falls can be prevented in hospital setting. Dr. K.G. Gopinath, Professor, Geriatrics highlighted Post fall management in hospital. Mr. Lenny Vasanthan T, Lecturer, Physiotherapy enumerated and demonstrated the different scales that are used for fall risk prediction.

Mr. Kavin, Engineer, Prosthetic and Orthotic services demonstrated how to choose an assistive device for the elderly patient. Mr. Sanjeev Padankatti, Head, Occupational Therapy underscored the conceptual framework of how International Classification for Health and Functioning (ICF) and Canadian Occupational Performance Measure (COPM), which would help address issues in the elderly. Dr. Sundar Kumar, Assistant Professor in MS Ramaiah College, Bangalore shared his experiences on the falls risk implementation program in his hospital. In the afternoon there was an interactive panel discussion with the carers of elderly among CMC staff and students on various facets of care in the elderly. Faculty from various disciplines—Medical, Nursing, Physiotherapy, Occupational therapy, Speech and Swallowing therapy, Nursing and Dieticians answered the queries posed by the audience. This was followed by a Quiz conducted by Mr. Joshua Premkumar S, Tutor, Physiotherapy. The learning OSCE with eight stations was a learning experience for many of the participants where one learnt new skills. The CME was well appreciated by all participants. We look forward to conduct more CMEs to train therapists in the management of elderly, in order to “add life to years”.

## CME on Cardiac Anaesthesia



Department of Anaesthesia conducted a one day CME and workshop on Cardiac Anaesthesia on 6<sup>th</sup> October 2018. The workshop was organised by Dr. Sajan Philip George, chairperson, Dr. Raj Sahajanandan, organising secretary and Dr. Sathish Kumar, scientific committee. The external faculty were Dr. Muralidhar K., Dr. Kumar C., Dr. Kanagarajan and Dr. Gokul. The faculty from the institution included, Dr. Raj Sahajanandan, Dr. Sathish Kumar, Dr. Balaji K., Dr. Kirubakaran,

Dr. Gladdy, Dr. Varsha, Dr. Rahul, Dr. Rutvi, Dr. Ben, Dr. Divya Jacob, Dr. Melvin and Dr. Joseph P.

The highlight of the CME was management of cardiac patients for non cardiac surgery, point of care coagulation testing, hemodynamic monitoring and transthoracic echo. The sessions provided an excellent insight into the conduct of CPB through a video-lecture and simulation. A team from the Department of Cardiothoracic surgery and perfusion (Mr. Sankar, Ms. Suchitra, Ms. Elizabeth, Ms. Arthi, Ms. Dharini, Mr. Rajkamal, Mr. Deena, Mr. Mark) conducted the cardiopulmonary bypass simulation.

## Visit of Hyunchul Rhim



On Thursday 4<sup>th</sup> October 2018, the Department of Radiology had the honour of hosting Dr. Hyunchul Rhim, Professor at Samsung Medical Center, Seoul, Korea an expert on Liver tumour ablation. He delivered a guest lecture on Ablation of Hepatocellular Carcinoma to a multidisciplinary group. Various ablative options like Radiofrequency, Microwave and Cryotherapy were discussed. The session was very informative and interactive.

## Congratulations!

The following Doctors from the **Department of Physiology** won prizes at the 12<sup>th</sup> Annual conference of the Association of Physiologists of Tamil Nadu (APT) held at Karpagavinayaga Medical College, Kancheepuram on 6<sup>th</sup> October 2018. **Dr. Solomon Sathishkumar**, Professor, won the 1<sup>st</sup> prize for oral presentation; **Dr. Silviya Jared**, Associate Professor won the 1<sup>st</sup> prize for e-poster presentation; **Dr. Elizabeth Tharion**, Professor and Head, won the 2<sup>nd</sup> prize for e-poster presentation; **Dr. Alen Major Venis**, final year post-graduate won the 1<sup>st</sup> prize for e-poster presentation and **Dr. Srisangeetha G.**, 2<sup>nd</sup> year post-graduate won the 2<sup>nd</sup> prize for e-poster presentation.

## Notice: Medical Postgraduate Graduation - November 5, 2018

Chief Guest for the Graduation : Professor Errol D'Souza, Director, Indian Institute of Management, Ahmedabad.  
Guest seat allotment for the Ceremony in the Scudder Auditorium : Postgraduates, Postgraduate / Post Doctoral Fellowship and Ph.D. Graduates - **2 seats per candidate ONLY.**

Guest passes can be collected from Dodd Memorial Library from 02.11.2018 (Friday afternoon) to 05.11.2018 (Monday up to 12 Noon) and later on after 2.30 p.m. from New Examination Hall. Medical PG Graduation Programme on 5<sup>th</sup> November 2018 begins with the taking of official group photographs of the Faculty, Post Graduates of 2018 (**between 4.00 p.m. and 4.30 p.m.**) in the **Scudder Quadrangle**. Buses have been arranged to leave the hospital campus at **3.00 p.m.**

**The Graduation procession will commence sharp at 5.30 p.m. and all guests are expected to be seated inside the Scudder Auditorium by 5.00 p.m. All are requested to strictly adhere to the mentioned time.**

Venue for the Graduation Day Dinner : 1. Postgraduates and their guests, 2. Postgraduate / Post Doctoral Fellowship Graduates and their guests and 3. Ph.D. Graduates and their guests - Scudder Hall, College Campus.

Details of the above and dinner cards for **Postgraduates** may be obtained from Mr. T. Mohan, Mrs. Lavanya and Mr. Senthil Kumar, Vice Principal's Office (PG), 1<sup>st</sup> Floor, Carman Block. **Fellowship graduates** from Mr. Gokulnath, Principal's Office, Main Office, Carman Block and **Ph.D. graduates** from Mrs. M. Lavanya, Mr. B. Devendiran, Mr. H. Abel Jeusdass & Mr. Paul Raj G, Research Office, 1<sup>st</sup> Floor, Carman Block, College Campus.

## Retirement



**Mr. D. Selvarajiah**, Sr.Gr.I Administrative Assistant, Pharmacy Department retired on 14<sup>th</sup> October, 2018 after 25 years of dedicated service to the institution. His wife, Mrs. Margaret Stella is a ward sister in Rehabilitation Institute. They have a daughter and a son. His daughter, Ms. S. Jebamary is a Staff Nurse in LCECU and son, Mr. Alfred Samuel has completed B.Sc. MLT in CMC. The CMC community is thankful for his years of dedication and commitment to the institution and wishes him God's blessings on his retired life.

## Sports News

Founders Day Staff Sports track and field events will be held on 24.11.2018 (Saturday) at 2.00 p.m. at the Christian Medical College, Oval ground, Bagayam. The events are as follows:

**Men :** 100 mts., 200 mts., 1500 mts., Slow cycle race, Fast cycle race, Long jump, Shot put and 4 x 100 mts. Relay.

**Women :** 100 mts., 200 mts., Long jump, Slow cycle race, Shot put, 4 x 100 mts. Relay

**Above 40 years Events :** 100 mts., Walking race and Shotput.

The interested staff members are hereby informed to contact the following, staff members and register your names, spot entries also will be accepted. **Note :** Individual can take part in maximum 4 events excluding relay.

1. Mr. Naveena Krishnan, Physical Director, CON - 7016 - 99940 23416
2. Mr. Walter Nixon X-Ray Department - 2822 - 98431 82611
3. Mr. Prakash MCTT - 3604 - 99449 02637
4. Mr. Wilson Electrical Department - 2045 - 92443 16222
5. Mr. Chindhanai Selvan MCTT - 3604 - 96002 52499
6. Dr. Balaganesan Physical Director - 4478 - 94436 28333

## Situations Vacant

### 1(a) Senior Resident with MS / DNB (Ophthal) for the Department of Ophthalmology

Age limit : <40 years.

Salary : As per institutional rules.

Accommodation provided (Partly furnished, depending on availability).

### 1(b) Assistant Professor with MS / DNB (Ophthal) for the Department of Ophthalmology

Experience : Should have at least one year teaching experience as (Asst. Professor) in any MCI recognized teaching institution.

Salary : As per institutional rules. Accommodation provided (Subject to availability).

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore – 632 002, email: [princi@cmcvellore.ac.in](mailto:princi@cmcvellore.ac.in) on or before **November 10, 2018** for Items 1(a) and 1(b).

### 2. Medical Faculty for the CMC Vellore Chittoor Campus

• **Obstetrics and Gynaecology: Senior Resident / Assistant Surgeon / Assistant Professor / Associate Surgeon / Associate Professor / Surgeon with MS / MD / DNB / DGO.**

### 3. Medical Faculty for the CMC Vellore Chittoor Campus

• **Senior Resident / Assistant Physician / Associate Physician / Physician with D.PM with DNB / MD (Psychiatry)**

• **Senior Resident / Assistant Physician / Associate Physician / Physician with MD (Radiology)**

Applications to be done only through online application system. Please log on the <http://www.cmch-vellore.edu> link “Vacancies” or email to [dir.chittoor@cmcvellore.ac.in](mailto:dir.chittoor@cmcvellore.ac.in) with all testimonials and certificates on or before **November 12, 2018** for Items 2 and 3.

### 4. Centre for Stem Cell Research (a unit of inStem, Bengaluru) & Christian Medical College, Vellore.

The Centre for Stem Cell Research (CSCR) (a unit of inStem Bengaluru, in collaboration with Department of Biotechnology (Government of India) and the Christian Medical College (CMC) Vellore invites applications for the Junior Research Fellow to work in the area of cell and molecular biology related to stem cell research.

**Junior Research Fellow for the Department of Centre for Stem Cell Research**

**Job Code : 1271**

Qualification : M.Sc. in Life Sciences with minimum of 55% of marks. Preference will be given to the candidates with CSIR / UGC / DBT / ICMR Junior Research Fellowships.

Mode of appointment : Project mode.

Salary : As per institutional rules.

Accommodation not provided.

For more details of the positions and the application forms visit <http://www.cscr.in/research-opportunities/>

Please send us the duly filled application mentioning the Job Code either by soft copy to [cscrcedu@cmcvellore.ac.in](mailto:cscrcedu@cmcvellore.ac.in) or by hard copy address to the Principal, Christian Medical College, Bagayam, Vellore - 632 002, Tamil Nadu on or before **November 12, 2018** for Item 4.

### 5. Research Officer (NM) for the Department of Paediatrics Unit-III

**Job Code : 1272**

Qualification : M.Sc. Life Sciences with expertise in lab work.

Mode of appointment : Project mode.

Salary : As per institutional rules.

Accommodation not provided.

### 6. Junior / Senior Research Fellow for the Department of Bioengineering

**Job Code : 1273**

Qualification : B.E./ B.Tech with GATE qualification or M.E. / M.Tech in Bio-engineering / Biomedical Engineering / Computer Science / Information Technology / Electrical / Electronics / Instrumentation / Mechanical Engineering. Skills : PC and Microcontroller programming, Circuit design and assembly, Mechanical fabrication.

Mode of appointment : Project mode.

Salary : As per institutional rules.

Accommodation not provided.

Download application from this link: <http://www.cmch-vellore.edu/> → General → Vacancies → Application Form for Project Staff. The print out of the application with certificates and testimonial copies should be sent to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 on or before **November 16, 2018** for Item 5 and **November 19, 2018** for Item 6.

**Note : Please mention the Job Code in the application form. Applications without Job Code will not be accepted.**

### 7. Schieffelin Institute of Health - Research & Leprosy Centre, Karigiri invites applications for the following post: Night Duty Medical Officer. Qualification : M.B.B.S.

Apply with bio-data along with photocopies of certificates and a demand draft for Rs.50/- in favour of “SIH-R & LC., Karigiri” addressed to the Director, SIH-R & LC., Karigiri, Pin - 632 106.



# Know your Departments-Neonatology

NOVEMBER 19, 2018



## Transforming tiny lives - Translating cutting edge research for low resource settings

In the early 1950s, long before neonatology was recognized as a separate field, Dr. J.K.G. Webb identified the need to have a Neonatology service in Christian Medical College (CMC) with trained Paediatricians manning newborn services. Dr. Malati Jadhav, with the encouragement of Dr. Webb, improved the status of the nursery from an observation area to a Level II nursery. This was the first Level II special care nursery in south India. Dr. Chellam Kirubakaran and Dr. Prabhakar D. Moses played important roles in improving and upgrading the special care facilities.

Neonatology evolved as **an independent unit on July 12<sup>th</sup> 1996** with Dr. Atanu Kumar Jana as the first head of the unit. Since then, Level III facilities have been added and improved upon. The neonatology department at Vellore now is one of the biggest perinatal centres in the region. It is at the forefront of patient care, training and in research.

Neonatal intensive care involves the use of expensive and hi-tech equipment and the cost of treatment can be prohibitively high for parents. The majority of the babies looked after by the neonatology department are from the surrounding small towns and villages of Vellore, Tiruvannamalai and Chittoor districts and come from a mid-low socio-economic background. Trying to cut the cost of treatment to make it more affordable for these poor patients is done on a daily basis in the department and has led to several innovations. One such innovation is the MIRACRADLE.

Birth asphyxia is a leading cause of neonatal mortality and many of the babies who survive go on to develop long term neurodevelopmental disability. It is estimated that 150-200,000 babies die due to asphyxia in India. The only proven therapy to decrease mortality and disability in this conditions therapeutic hypothermia (TH), which has, over the last decade become the standard of care in high income countries. The cost of the devices used to provide TH is between 18-25 lakhs and is beyond the reach of most hospitals in Low and Middle income countries.

The Neonatology department at CMC, Vellore was the first to start TH in India and started cooling babies with asphyxia from September 2007. Initially, ice gel packs (used in vaccine carriers) were used and the results of the experience were published in 2009. Which showed that, the using cool gel packs was feasible, cheap and safe, it was labour intensive and not very precise.

Dr. Niranjan Thomas worked towards developing a **low cost device which would work better than cool gel packs**. An idea of using phase changing material (PCM) was conceptualized. A google search revealed that PCM was being manufactured for industries by a company in Gurgaon. An email order resulted in the delivery of 3 kg of PCM! From 2009 to 2011, after much trial and error, the PCM's which would help maintain the temperature in the appropriate temperature was worked out.



With the department of Bio-Engineering helping to make a prototype of the bed, a working model "The CMC PCM bed" was built at a cost of Rs.3000 (1/600<sup>th</sup> of the cost of a standard device). The data on the first 9 babies cooled with this mattress was presented at the Annual National Conference of the National Neonatology Forum (NNF) in December 2012 where it won the Best Poster innovation award. The temperature stability achieved was even better than the semi-automated machines that were used in trials in Europe and USA. A patent was filed and the concept and design handed over to PLUSS polymers, the company that provided the PCM. From 2013 to 2014, with the help of PLUSS polymers, the design was improved to incorporate a cascading system of PCM's to improve the performance and a commercial cooling bed-The MIRACRADLE ([www.miracradle.com](http://www.miracradle.com)) was produced and launched for sale throughout India. The process of developing the PCM mattress has been widely recognized. The Department of Neonatology received the SKOCH award in 2017. In addition, many industry awards like Healthcare Excellence Award at Indo-Global Healthcare Summit and Expo 2014, CII Industrial Innovation award 2014, Innovators competition for DST-Lockheed Martin Indian Innovation Growth Program 2015, Indian Innovates –ASSOCHAM etc. have acknowledged the efforts.

*The MIRACRADLE has been included  
into the WHO compendium  
of innovative health technologies  
for low resource settings*

In addition to this, it has been included into the WHO compendium of innovative health technologies for low resource settings. Currently more than 200 hospitals throughout India, South Africa, Kenya and Turkey are using the Miracradle. In Kenya, the MIRACRADLE is being trialed after winning funding from the Grand Challenges Canada.

This success story of how a simple innovation has helped thousands of tiny lives all over the world is only one of the examples of the many innovations that are made on a daily basis in the Department and throughout the hospital. This should encourage everyone to take their ideas forward, however simple they might be.



# CMC NEWSLINE

Vol.No.56 No.21

FOR PRIVATE CIRCULATION ONLY

NOVEMBER 19, 2018



*You will be secure, because there is hope; you will look about you and take your rest in safety.*  
*Job 11:18*

## 70<sup>th</sup> National Conference of the Nurses League, CMAI



The 70<sup>th</sup> National Conference of the Nurses League, CMAI was hosted by College of Nursing, CMC, Vellore at Scudder Auditorium, Bagayam from 22<sup>nd</sup> to 24<sup>th</sup> October 2018. The theme for this year was “Hope in Distress”. A total of four hundred and twenty participants representing forty institutions from sixteen states attended the conference.

The Chief Guest for the inaugural ceremony was Dr. Ani Grace Kalaimathi, Registrar of the Tamil Nadu Nurses and Midwives Council, who stressed on the importance of touch in patient care. The key note address which was a reflection on the theme and the session on the

“Extended Role of Nurses in the Ministry of Healing” were deeply motivating. The academic sessions on “Climatic Changes- its Impact on Health” and “Mobile Nurse Mentoring Project, Bihar - the Unique Challenge Deserving a Unique Approach” were indeed a very valuable learning experience. During the inaugural session, the ‘Ward Manager Training Manual’ was released.

The other highlights of the conference was the debate on “A licentiate exam or an exit exam for registered nursing professional: Should it be made mandatory”, Bible quiz on the Book of Daniel, poster competition and a cultural programme.

## Professor Mayur Lakhani's visit



The President of the Royal College of General Practitioners, Professor Mayur Lakhani, visited CMC Vellore on the 2<sup>nd</sup> of November, 2018. He had discussions with the Principal and faculty of the Family Medicine and Distance education departments about areas of collaboration including training, assessment, faculty development, quality improvement and primary care research. He also visited the Department of Family Medicine and observed the practice of Family Medicine in the Indian context.

### Special Prayers : November 18 - 24, 2018

**Urology:** Dr. Santosh Kumar and Staff  
Dr. Antony Devasia and Staff  
Dr. Bala Seetharaman and Staff

### The Leprosy Mission

Council Members : Dr. Mary Verghese  
Mr. Bhal S. Chakranarayan  
Hospital : TLM Hospitals, Chandkhuri, Faizabad,  
Naini, Purulia, Kothara and others

### Sunday Services : November 25, 2018

6.00 pm : **Scudder Auditorium**  
Rev. Anand Peacock

6.00 pm : **Centenary Building Foyer**  
Multilingual Carol Service

4.30 pm : **Chittoor Chapel**  
Dr. Suranjan Bhattacharji

### Memorandum :

**Dr. Judy Ann John**, Professor, is appointed as Head of Physical Medicine and Rehabilitation Unit-I with effect from 10<sup>th</sup> November, 2018 for a four year term.

The Chief Guest for the valedictory ceremony, Dr. B.J. Prashantham, Director, CCC, Vellore, further extolled the nurses with regard to their role of providing hope to the distressed. During the ceremony, the nurses with high scores in BNESIB and MIBE were honoured for their excellent performance in the Diploma and Auxiliary Nursing programmes. The conference was a rich experience which left the audience with a spiritual rejuvenation and an update of knowledge.



## Breast Cancer Awareness Programme



With the increasing incidence of Breast Cancer, early detection through self-examination and lifestyle modification should be made aware to all within our community. The Department of Radiation Oncology (part of Breast Care Group of CMC), organized various programs through October, which is observed worldwide as the breast cancer awareness month. The events began on 11<sup>th</sup> October, through a quiz competition on 'Knowledge on Breast Cancer' which was conducted for all the

women's colleges in Vellore, an E-poster competition on the theme 'Life Style Modification and Breast Cancer' and E-slogan competition in Tamil and English. On 12<sup>th</sup> October a cookery competition with the theme 'Healthy Diet for Cancer Prevention' was conducted which promoted healthy and innovative cooking.

On October 25, 2018 a "breast cancer survivors meet" was organised in which forty breast cancer survivors and their families participated. There was a time of sharing by the survivors. One such encouraging story was that of Mr Arun Gupta and his wife Mrs Kavita Gupta, who after surviving cancer started an NGO called "Win over Cancer", which supports cancer patients through their treatment and post treatment rehabilitation. This was followed by talks on lifestyle modification and breast cancer reconstruction, role play, stalls on dietary, physiotherapy, wigs, breast prosthesis, lymphedema care and counselling. A lively session of dance led by Mr. Platynie Paul, professional trainer brought smiles and stressed on the importance of the right kind of activity for cancer survivors.



On October 29, 2018, events were conducted in CMC Chittoor campus. The guests of honor were Dr. Y. Narasimhalu, Additional District Medical and Health Officer, Mr. Ramesh Reddy, District Statistical Officer, Dr. Banerjee Jesudasan, Dr. Suranjan Bhattacharjee and Dr. Nihal Thomas. The audience included teacher training institute students, college students and high school students along with patients and their relatives. Two cancer survivors shared their experience. On October 30, 2018, a public educational programme was organised in the main hospital, where Dr. R.K. Roul, retired head of Department of Radiation Oncology was the Chief Guest. A press meet was arranged for reaching out to general public through media about awareness of breast cancer. The programmes concluded with a "walkathon" to South police station and back.

## Meeting of survivors of gynaecological cancers



The gynaecological oncology disease management group conducted the 3<sup>rd</sup> Annual Survivor Meet on 15<sup>th</sup> October, 2015 in the CK Job Hall. Dr. Rachel Chandy, Ms. Kala Samynathan (social worker) and Ms. Sharon Sajan (oncology nurse) were the organisers. Dr. Abraham Peedicayil welcomed the gathering of staff, residents, nurses, cancer survivors and their loved ones. He said that the health care team was inspired by the determination and fortitude of the survivors whom he called cancer conquerors. He also thanked the men who rallied around to support and encourage their loved ones. There was a presentation on lifestyle modification by Dr Zacharia Mathew, Medicine Unit-IV. Dr Vinotha Thomas spoke on prevention of gynaecological cancers. Dr Jerryes Pious, radiation therapy resident spoke on his reactions to his mother's cancer and how a family copes. A very illuminating skit on life after cancer and the family dynamics was put up by a team from gynaecological oncology and radiation oncology. A game was organised for the cancer survivors where forfeits included singing and dancing. It was a time of learning, reflection and happiness.

## Congratulations!

• The following Post Graduates in Radiation Oncology won awards at the 33<sup>rd</sup> State Conference of the AROI TN & PY (Association of Radiation Oncologists of India, Tamil Nadu and Puducherry Chapter) held at Chennai from 5<sup>th</sup> to 7<sup>th</sup> October, 2018.

**Dr. Vishala Rosemarie** received the Dr. Padam Singh award for her oral presentation titled "Safety and toxicity of Accelerated Partial Breast Irradiation (APBI)".

**Dr. Swathi Bapani** received the best poster award for her poster titled "Radiation therapy planning and treatment in a mediastinal lymphoma patient with implanted cardiac pacemaker-A case report". *Continued on page 3*

- **Dr. Jayakumar Amirtharaj**, Lecturer Department of Clinical Biochemistry won the best poster award at the ACBICON 2018 at Goa”.
- The following Consultants received medals at the 11<sup>th</sup> International Symposium on Recent Advances in Rhinosinusitis and Nasal Polyposis, held at Bengaluru on 9<sup>th</sup> - 11<sup>th</sup> November, 2018.
- Dr. Regi Kurien**, M.S., DOHNS (Eng) Associate Professor, won the Gold Medal in quiz competition and Bronze Medal in Senior Consultant award category for paper presentation.
- Dr. Lalee Varghese**, M.S., D.L.O., DNB (ENT) Associate Professor, won the Gold Medal in the Senior Consultant award category for paper presentation.
- **Mr. Mohamathu Rafic** and **Mr. Jose Solomon Raj**, Lecturers in Radiation Oncology (Medical Physics), have successfully completed the Membership examination of the College of Medical Physics of India.
- *Erratum* : **Mr. Arthur Sadhanandham**, retired Technician Instructor Gr.I, Medical ICU is appointed as Vice President of Indian Association of Respiratory Care (IARC).
- The following candidates were successful in the **Postgraduate Higher Specialty Examination** held in **August 2018. (University Results Published on 24.08.2018) DM / MCh - August 2018 session.**
- D.M. Nephrology** : Dr. Deepthi R.V., Dr. Varun Agarwal, Dr. Jeethu Joseph Eapen and Dr. Athul Thomas.
- D.M. Neurology** : Dr. Arun Mathai Mani; **D.M. Rheumatology** : Dr. Arvind G.
- M.Ch. Cardio Thoracic Surgery** : Dr. Santhosh R. Benjamin and Dr. Rijoy K.P.
- M.Ch. Endocrine Surgery** : Dr. Thomas Shawn Sam.
- M.Ch. Neurosurgery (3 Years)** : Dr. Vinay Kumar Gurumath.
- M.Ch. Neurosurgery (6 years)** : Dr. Ankush Gupta.
- M.Ch. Neurosurgery (6 Years) (Part-II)** : Dr. Swaminathan G., Dr. Sauradeep Sarkar and Dr. Reman Ramesh Nair
- M.Ch. Paediatric Surgery** : Dr. Ferzine Mohamed, Dr. Kenneth R. Lyngdoh Nongipur, Dr. S. Meenakshi and Dr. Koushik.
- M.Ch. Plastic & Reconstructive Surgery** : Dr. Pednekar Amey Anil, Dr. Subhash Sahu and Dr. Karampreet Singh
- M.Ch. Urology** : Dr. Kapil Chaudhary, Dr. Mukut Debnath, Dr. Amar Kumar, Dr. Pankaj Kumar Mittal and Dr. Selvin Theodore Jayanth E.
- M.Ch. Vascular Surgery** : Dr. Albert Abhinay Kota; **M.Ch. Hand Surgery** : Dr. Samuel C. Raj Pallapatti.

**Retirement**



**Mrs. Emily Sekar**, Health Centre Auxiliary Gr.I, CHAD retired on 12<sup>th</sup> October, 2018 after 33 years of service to the institution. She has a daughter Mrs. Asha Nancy, who is working as a staff nurse in “A” ward. CMC Community is thankful for her years of commitment to the institution and wishes her God’s blessings on her retired life.

**Obituaries**

- **Dr. Alice Abraham** (nee Thomas) (MBBS batch of 1949) on October 30, 2018 in Sydney, Australia. Dr. Alice Abraham completed her DRCOG in the UK and then worked in Singapore and Hong Kong for several years. After retirement she moved to Australia with her husband and three children. She initiated a prize - the “Thomas Dina Prize for highest mark in Physiology” at CMC, Vellore in memory of her parents. The funeral details are available in the below link: <http://www.hillsfamilyfunerals.com.au/tribute/alice-abraham/> The contact details of her family are given below : Dr. K.C. Abraham (husband): [kaycey01@optusnet.au](mailto:kaycey01@optusnet.au) Ms. Diana (daughter): [deeabrj@yahoo.com](mailto:deeabrj@yahoo.com)
- **Mr. S. Vijay Anand**, husband of Mrs. Shantha, Staff Gr.MLT-II on 11<sup>th</sup> November 2018.
- **Mrs. P. Sulochana Pethu Chettiar**, mother of Mr. P. Siva, Staff Grade Asst. Engineer (Planning Office) on 12<sup>th</sup> November 2018.
- **Mrs. Annamma Mathew**, mother of Dr. Suma Susan Mathew, Professor, ENT Unit-V and mother-in-law of Dr. Thomas Paul, Professor, Department of Endocrinology on 14<sup>th</sup> November, 2018.
- **Dr. Johnson G** (MBBS batch of 1965) on November 16, 2018. The funeral will be held at 3.00 pm on November 17, 2018 at Kluang St. Pauls Marthoma Syrian Church, Johor, Malaysia. The contact detail of his son is given below: Mr. Louis +61-167130580.



Our thoughts and prayers are with the bereaved members of the families at this time of sorrow and loss.

## Admission Notice

**Medical Postgraduate Degree, Diploma & M.Ch. Neurosurgery (6 year) / Fellowship Courses Admissions – 2019:** Application form can be accessed **only online** through the College website <http://admissions.cmcvellore.ac.in/> till **11<sup>th</sup> January 2019**.

**M.P.T. Course Admissions – 2019:** Application form can be downloaded from the College website <http://admissions.cmcvellore.ac.in/> till **11<sup>th</sup> January 2019**.

Please refer to Admission Bulletin (available at our website) for course details, eligibility criteria etc.

**All courses and admissions to our College are subject to applicable regulations by University / Government / Medical Council of India / Court.** **REGISTRAR,** registrar@cmcvellore.ac.in

## Situations Vacant

**1. Assistant Professor with DM / MD (Pulmonary Medicine) / DNB (Respiratory Medicine / TB & Chest Diseases) for the Department of Pulmonary Medicine**

Experience : Should have at least one year teaching experience as (Asst. Professor) in any MCI recognized teaching institution.  
Salary scale : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

**2. Assistant Professor with DM (Cardiology) for the Department of Cardiology**

Salary scale : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

**3. Associate Research Officer Gr.IV with M.Sc. in Medical Microbiology / Applied Microbiology / Molecular Virology for the Department of Clinical Virology**

Salary scale : As per institutional rules. Accommodation not provided.

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore – 632 002, email: [princi@cmcvellore.ac.in](mailto:princi@cmcvellore.ac.in) on or before **November 24, 2018** for Items 1, 2 and **December 01, 2018** for Item 3.

**4. Staff III Critical Care Therapist in Surgical ICU / HDU / AICU**

Qualifications : B.Sc. Critical Care Therapy Course. Those who are finishing service obligation in January 2019 also can apply.  
Salary scale : As per institutional rules. Age limit : 35 years. Job description : To work in the Surgical ICU / HDU / AICU.

**5. Clinical Biochemist Trainee for the Department of Clinical Biochemistry**

Qualifications : Graduate in Chemistry or Bio-Chemistry who passed with a minimum of 60% marks in the major subjects during their undergraduate course.

Note : Only Regular mode will be accepted, Private or correspondence will be not accepted.

Age limit : 30 years. Stipend : As per institutional rules.

Job description : To work as Clinical Biochemist Trainee.

**6. Staff II Medical Lab Technician (Project) for the CMC Vellore, Chittoor Campus**

Qualifications : B.Sc. MLT (Recognized University) or B.Sc. with 2 years CMAI Diploma in Medical Lab Technician Course.

Note: Only Regular mode will be accepted, Private or correspondence will be not accepted.

Age limit : 35 years. Salary scale : As per institutional rules.

Job description : To work on Project for CMC Chittoor Campus as Medical Lab Technician.

**7. Sr. Programmer Gr.V in CHIPS**

Qualifications : B.Tech. (I.T) / B.E.(Computer Science) / MCA / MCS / MS Computer Science / M.Sc. (Computer Science). Preference will be given for those who have undergone 1 Year training Health IT or relevant area.

Note : Only Regular mode will be accepted, Private or correspondence will be not accepted.

Age limit : 35 years. Salary : As per institutional rules. Accommodation not provided.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **December 03, 2018** for Items 4, 5, 6 and 7.

**8. Staff Nurse B.Sc. to work in a project on term appointment basis. The project will be implemented under the Department of Paediatric Unit-III. Qualification : B.Sc. Nursing.**

Apply with biodata, photograph, certificates, testimonial/s and references to the Dean, College of Nursing Christian Medical College, Vellore – 632 004 on or before **November 24, 2018** for Item 8.

**9. Audit Assistant Trainee (Project Mode)**

Qualifications : B.Com. + one year computer training certificate.

Age limit : 30 years and below. Salary scale : As per institutional rules.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **November 28, 2018** for Item 9.



# Let's Think Together

NO.18

NOVEMBER 26, 2018



## Becoming More Human

For the past month, I have been immersed in the book of the Prophet Jeremiah, from the old testament. It is a difficult book to read, so I enlisted the help of writer and Pastor Eugene Peterson to help me understand it. In his book, *Run With Horses*, Pastor Peterson writes, “One of the supreme tasks of a faith community is to announce to us early and clearly the kind of life we can grow into, to help us set our sights on what it means to be a complete human being.” At the moment, none of us are really complete. We move towards becoming more human, or less, depending on our interactions with others, and the world around us.

We are born as Children of God, and throughout our lives we grow into adults - sons and daughters - who **become** more and more like our Father God. Compassionate, caring, kind, sharing our love and things with those who come our way. Or we do the opposite – even though we are born as Children of God, as we become adults, we become less and less like God.

What is it that makes one person swing this way, and another, the opposite way? We know that children who are shown love and kindness grow up to be adults who are more likely to show goodness and compassion to others. Whereas children from abusive, violent, cruel homes tend to be the same, with of course exceptions from both sides. But is it just this? Don't we as we grow up also make choices? Every day, the choice is ours. Do I stop to listen? Can I lend a hand? Should I write out a cheque? Should I visit? Every choice we make that Jesus would have made shapes us into becoming more like Him. More and more a complete human.

I share a story about my mother who when widowed in her seventies chose to build a home for abandoned elderly people who slept on the pavement. We, her children were well settled, so she turned her life and finances towards this little project. When my mother was in the presence of these 20 toothless, almost blind people, she glowed like a warm lamp on a dark day. I like to think that at this point and as she became older, she was the most complete person I have ever known. Every choice she made over her eighty four years brought her to this place where she drew all kinds of people to her like a magnet.

What does Pastor Peterson mean when he says that it is the task of a faith community to help us become more like God? We cannot become like God, all by ourselves We need people to help us do this. Faith communities {churches, Christian hospitals, families} play a powerful role in shaping attitudes, opinions and behaviors as they define and teach roles and interpretations and hold out examples through scripture. So our faith communities can teach us to be loving and respectful to the stranger and outcast, or to be intolerant and push them away. They can teach us to be selfless or selfish. ‘They’ in our faith communities are made up of people so it is through interpersonal relationships and examples that we learn and grow to be more human. More like God.

### **Think about this!**

Here at CMC, we are known world wide as a faith community – a community that is the arms and heart of Jesus himself. Perhaps we can think of three ways in which we can help those who come to us or work with us to become more completely human, by the things we do and say.

Usha Jesudasan  
ushajesudasan@gmail.com

# CMC NEWSLINE

Vol.No.56 No.22

FOR PRIVATE CIRCULATION ONLY

NOVEMBER 26, 2018



*My servant David will be king over them, and they will all have one shepherd. They will follow my laws and be careful to keep my decrees. Ezekiel 37:24*

## Workshop organised by the Department of Infectious Diseases and ReAct Asia Pacific



The Department of Infectious Diseases and ReAct Asia Pacific, jointly organized a two-day workshop on the 8<sup>th</sup> and 9<sup>th</sup> of November 2018 on 'Antibiotic Stewardship in Secondary Hospitals'. Participants from six mission hospitals gave presentations on their experiences in implementing various components of antibiotic stewardship and the challenges encountered during the implementation phase. This was followed by sessions on 'Rationale antibiotic prescribing in different clinical scenarios – do's and don'ts', 'The role of biomarkers in the management of infectious diseases',

'The importance of vaccination in adults, protocol for creating antibiograms', 'Interpreting antibiograms', 'Rationale prescribing in the paediatric population' and 'Importance of quality control and accreditation criteria'. The workshop highlighted its theme by successfully encouraging the smaller hospitals to move towards rationalizing antibiotic use for containing antibiotic resistance. The team is thankful to the departments of Infectious Diseases, Microbiology, Paediatric Infectious Disease, Quality Management Cell and Pharmacology for their inputs.

*Special Prayers : November 25 -December 01, 2018*

### Plastic Surgery :

Dr. Kingsly Paul M. and Staff  
Dr. Ashish Kumar Gupta and Staff  
Dr. Bala Seetharaman and Staff

### Service Association of the Christian Church

United Church Board of World Ministries  
Council Member : Dr. Anil Henry

### Multilingual Carol Service

### Sunday Services : December 02, 2018

7.00 am : **Hospital Chapel**  
Tamil Carol Service

9.30 am : **Hospital Chapel**  
Malayalam Carol Service

10.30am : **Hospital Chapel**  
Bengali Carol Service

2.00 pm : **Hospital Chapel**  
Nagamese Carol Service

6.00 pm : **Scudder Auditorium**  
College Carol Service

6.30 pm : **Hospital Chapel**  
Rev. Joseph Devaraj

5.00 pm : **Friendship Chapel, KPTR Campus**  
Rev. Margaret Deborah

4.30 pm : **Chittoor Chapel**  
Rev. Mani Bhushan Das

### Memorandum :

**Dr. Simon Pradeep Pavamani**, Vice Principal (PG) is appointed as Chairperson of the Selection Committee for Postgraduate Admission 2019 with effect from 20<sup>th</sup> November, 2018.

## Memento - 2018



The Department of Anatomy conducted 'MEMENTO-2018' an intercollegiate quiz on Clinical Anatomy on November 3<sup>rd</sup> 2018 as part of the centenary celebration, in which a total of ninety teams participated. The Chief Guest for the competition was Dr. Nachiket Shankar, Associate

Professor, Department of Anatomy, St. John's Medical College and the quiz was conducted by Quiz Master, Dr. Sasank Assistant Professor Department of General Surgery.

The first prize was bagged by Adhithya Pranav K., Abhishek Kumar, Vasanth A (Madras Medical

Continued on page 2



College, Chennai). The second prize went to Shreya Magadam, Jebilyn A., Mohanapriya (Christian Medical College, Vellore ) and the third prize to S. Seshagopal, S. Jaivignesh, H. Girish (Chengalpattu Medical College, Chengalpattu).

### **CME on 'Thoracic Anaesthesia'**



The Department of Anaesthesia conducted a CME and workshop on 'Thoracic Anaesthesia' on 27<sup>th</sup> October 2018. The Theme for the conference was 'Lung Isolation Techniques: Double Lumen Tubes and Beyond'. The participants were provided with excellent sessions on the various aspects of thoracic anaesthesia including ten stations of lung isolation techniques with fiberoptic confirmation,

lung ultrasound and ICD insertion. The external faculty were Dr. Thomas Koshy (SCTIMST), Dr. Anita Shenoy (Manipal), Dr. Satyen Parida (JIPMER), Dr. Swapnil Parab (Tata Memorial Hospital) and Dr. Amar (KMCH). The resource person from the institution was Dr. Prince James, Dr. Raj Sahajanandan, Dr. Ekta Rai, Dr. Sathish Kumar, Dr. Anita Shirley and Dr. Rahul Pillai. The event was a great success, the efforts of the team, (Dr. Sajan Philip George, chairperson, Dr. Raj Sahajanandan, organising secretary and Dr. Sathish Kumar, scientific committee incharge) were well appreciated.

### **Report on AHA certified BLS Provider Course**

The Department of Continuing Nursing Education & Research, College of Nursing and Paediatric Intensive Care Unit, CMC, Vellore organized an AHA certified BLS provider course for the faculty of College of Nursing on October 9, 2018. The course was provided through the AHA -International Training Center, CMC, Vellore. The inauguration commenced with a prayer song and short devotion. Dr. Vinitha Ravindran, Professor & Head, Department of Continuing Nursing Education & Research welcomed the gathering and felicitations were offered by Dr. Ebor Jacob, Professor & Head of PICU, Dr. Selva Titus Chacko, Dean, College of Nursing, and Dr. Balaseetharaman, Deputy Nursing Superintendent. The course included hands on training and theory sessions focusing on Basic life support for an adult and a child. The intense practice sessions in the morning was followed by theory and practical examination in the afternoon. Dr. Ebor Jacob, Dr. Pragathesh. P, Asst. Professor and Dr. Narmadha, Pediatric Consultant, Nalam Hospital were the resource persons for the day. A total of 22 Nursing faculty attended and successfully completed the course. Participants gained comprehensive knowledge and specialized skills in providing Basic Life Support. Participants felt that the course was very informative, useful and would assist in providing quality care to patients and teaching students on BLS.



### **World Diabetes Day events**

*continued*

The Department of Endocrinology, Diabetes & Metabolism organized an exhibition on the theme "Family and Diabetes", 9<sup>th</sup> November, 2018 at the CMC Vellore Chittoor Campus in commemoration of the World Diabetes Day 2018.

The Departments of Cardiology, Ophthalmology, Dentistry, Nephrology, Physiotherapy, Prosthetics & Orthotics, Dietetics along with the Department of Endocrinology, Diabetes & Metabolism put up stalls to spread awareness regarding diabetes, its complications and the scope for its prevention. Screening for diabetes, foot and eye examination was performed for 281 patients. The exhibition began with a word of prayer by Rev. Manibhushan. Dr. Prasad Mathews, Medical Superintendent, CMC Vellore was the guest of honour for the day.





## Congratulations!

- **Dr. Nihal Thomas**, Professor and Head, Department of Endocrinology, Diabetes and Metabolism Unit-I and Associate Director was awarded the prestigious Dr. Subash Mukherjee Oration for the year 2018, at the 48<sup>th</sup> Endocrine Society of India Conference (ESICON-2018) on 17<sup>th</sup> November, 2018.
- **Dr. Joy S. Michael**, Professor and Head, Department of Clinical Microbiology for being nominated as a member of the "National Technical Expert Group on diagnosis of Tuberculosis" (NTEG-Diagnosis) under Revised National Tuberculosis Control Programme (RNTCP).
- **Dr. D.J. Christopher**, Professor and Head, Department of Pulmonary Medicine delivered "Dr. Christian Frimodt Moller Memorial Oration, during the 36<sup>th</sup> Andhra Pradesh TB & Chest Diseases Conference at AMC, Madanappally, Chittoor District on 10<sup>th</sup> November, 2018.
- **Dr. M.J. Paul**, Professor, Department of Endocrine Surgery has won first prize in the Oral Presentation - "Indocyanine green dye with autologous serum for optimal fluorescence; development of a novel technique for in-vivo imaging and its use in axillary reverse mapping for breast cancer" at the 7<sup>th</sup> Annual symposium of International Oncoplastic Breast surgeon conference in conjunction with 16<sup>th</sup> Women's Cancer initiative breast cancer conference held at Goa on 26<sup>th</sup> to 28<sup>th</sup> October, 2018.
- **Dr. Suddasatta Ghosh**, Senior Resident, Paediatric ICU, has won Third Prize in the oral Paper presentation for the Study "Can the Novel LAG Index (Serum Lactate X Anion Gap) perform as a surrogate marks in Predicting mortality in Paediatric Intensive Care Unit – A retrospective study in a Tertiary Care Centre" at the International Paediatric Critical Care Conference, Hyderabad.
- Dr. Pragathesh P**, Assistant Professor, Paediatric ICU has won the Prestigious Young Talent award and 3<sup>rd</sup> prize in Free paper Presentation held at the 20<sup>th</sup> National Conference of Paediatric Intensive Care, Coimbatore.
- Dr. Ebor Jacob**, Professor and Head, Paediatric ICU has been nominated as the Vice-Chair for the Intensive Care Chapter, Central Indian Academy of Paediatrics.
- **Dr. Avadhesh Joshi**, Sr. Registrar (DM Neonatology) received the 1<sup>st</sup> Prize for poster presentation in South Neocon organized by NNF Tamil Nadu Chapter held in Chettinad Research Institute, Chennai on 6<sup>th</sup> October, 2018.
- **Dr. Pragya Kafley**, PG Registrar, Transfusion Medicine and Immunohaematology, won the third prize for paper presentation titled "Clinical Utility of ISTH Bleeding Assessment Tool and Thromboelastography in assessment of patients referred for evaluation of Bleeding Disorders", at the annual conference of Indian Society of Haematology and Blood Transfusion held from 26<sup>th</sup> to 28<sup>th</sup> October, 2018 held in Cochin, Kerala.
- **Dr. Mukul Malhotra**, Post doctoral fellow in Paediatric Neurology for having won the Best Platform presentation in Neuromuscular session – Paediatrics at the "International Child Neurology Congress" held in Mumbai November 2018 on the topic "Genotype – Phenotype Correlation in a Cohort of Genetically Proven Children with Congenital Myasthenic Syndrome".
- **Dr. Jackwin Sam Paul**, Post Graduate Student of Department of Community Health, secured the **Best Paper Award** for presenting a paper titled "*A Study o the Burden of Sexual Abuse in the general population*" in the National Students' Medical Research Conference, organized by the Kerala University of Health Sciences, Department of Community Medicine, Government Medical College, Trivandrum on 9<sup>th</sup> and 10<sup>th</sup> November, 2018. He received the Best Paper Award from the Vice Chancellor Prof. Dr. MKC Nair, Kerala University of Health Sciences, Kerala State.

## Sports News

The District Level 3 x 3 Basket Ball tournament was conducted, for the first time in CMC, as part of the Centenary year celebrations on 5<sup>th</sup> and 6<sup>th</sup> October, 2018. Dr. Anna B. Pulimood inaugurated the event and the prizes were distributed by Dr. Mathew Joseph, Professor and Head, Neuro ICU.

Results : Winners : NKM Youth Club. Runners-up : United Club.



## Situations Vacant

1. **Senior Resident with MD / DNB (Anaesthesia)** for the **Department of Neurological Sciences (Neuro ICU)**  
Salary : As per institutional rules. Accommodation provided (Subject to availability).
2. **Senior Resident Gr.III with MS / DNB (OG)** for the **Department of Obstetrics & Gynaecology Unit-II**  
Salary scale : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

Continued on page 4

**3. Senior Demonstrator (NM) with M.Sc. in Biostatistics / M.Sc. Statistics with 6-7 years experience in teaching** for the **Department of Biostatistics.** Salary scale : As per institutional rules. Accommodation not provided.

**4. Tutor Gr.IV with BOT (Regular Course) for the Department of PMR (Occupational Therapy)**  
Salary scale : As per the institutional rules. Accommodation not provided.

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore – 632 002, email: [princi@cmcvellore.ac.in](mailto:princi@cmcvellore.ac.in) on or before **December 01, 2018** for Item 1 and **December 08, 2018** for Items 2, 3 and 4.

**5. Centre for Stem Cell Reserch (a unit of inStem, Bengaluru) and Christian Medical College, Vellore.**

Applications are invited for the post of "Project Coordinator" under the project titled "Control Program for Thalassemia and Sickle Cell Disease in Odisha" to coordinate the various activities of this project. The position will be primarily based at CMC, Vellore with travel to Odisha, as needed.

**Project Coordinator for the Centre for Stem Cell Research**

**Job Code : 1267**

Qualification : MD Community Medicine / MPH. Preference will be given to those with experience in community programs.

Mode of appointment : Project mode. Accommodation not provided.

Salary : As per institutional rules. Salary will be commensurate with qualifications and experience.

Interested candidates should download the application from the website (<http://www.cscr.in/research-opportunities/>) and send the completed applications either by soft copy (Email to : [cscredu@cmcvellore.ac.in](mailto:cscredu@cmcvellore.ac.in)) or by hard copy address to the Principal, Christian Medical College, Bagayam, Vellore - 632 002, Tamil Nadu on or before **December 10, 2018** for Item 5.

*Note : Please mention the Job Code in the application form. Applications without Job Code will not be accepted.*

**6. Junior Research Fellow for the Department of Haematology**

**Job Code : 1274**

Qualification : M.Sc. / M.Tech Life Science, Candidates with CSIR / UGC / ICMR / DBT Fellowships will be given preference.

Mode of appointment : Project mode. Salary : As per Fellowship / DBT guidelines. Accommodation not provided.

Download application from this link : <http://cmchaematology.org/>

Apply with bio-data, certificates and testimonial copies, contact phone number, email ID and address with pincode to the Principal, Christian Medical College, Bagayam, Vellore - 632 002. Email : [haemedu@cmcvellore.ac.in](mailto:haemedu@cmcvellore.ac.in) on or before **December 08, 2018** for Item 6.

*Note : Please mention the Job Code in the application form. Applications without Job Code will not be accepted.*

**7. Graduate Technician Trainee (Child Therapist) for the Developmental Paediatrics Unit**

Qualifications : Bachelor degree in Science.

Note : Only regular mode will be accepted, Private or correspondence will be not accepted.

Only female candidates need to apply. Stipend : As per institutional rules. Age limit : 30 years.

Nature of job : Assessing and offering assistance to infants and toddlers with developmental delay under supervision.

**8. Staff III Speech Therapist for the Department of P.M.R.**

Qualifications : B.Sc. (Audiology / Speech & Hearing).

Note: Only Regular mode will be accepted, Private or correspondence will be not accepted.

Salary scale: As per the institutional rules. Job description: To work in the Department of P.M.R / Rehab Institute.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". *Note : Only online applications will be accepted; Hard copies will not be accepted.*

Applications will close on **December 03, 2018** for Item 7 and **December 24, 2018** for Item 8.

**9. Assistant Warden**

Qualification: Graduate (Only female candidates need to apply. Candidate need to stay in the hostel. Preference will be given for unmarried / widowed candidates).

Apply with biodata, photograph, certificates, testimonials to the Dean, College of Nursing, Christian Medical College, Vellore - 632 004 on or before **December 08, 2018** for Item 9.

**10. Administrative Assistant Gr.V (Project Mode) for the Office of Research in Principal's Office**

Qualification : MBBS / B.Sc. Nursing / MBA. Preferably with 2 years research experience.

Salary: As per institutional rules.

Job description : Full time management of the research office including overseeing conduct of the IRB meetings, conduct of the workshops and meetings including GCP, DSMB, liaison with accounts department regarding research related accounting answering all research related queries, conducting annual research day etc.,

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". *Note : Only online applications will be accepted; Hard copies will not be accepted.*

Applications will close on **December 08, 2018** for Item 10.

# Special Issue

NOVEMBER 12, 2018



## Graduation Day, 1922: Dr. Ida S Scudder's address to the First Batch of Medical Students (Part 2)

*"You will make mistakes but be ready always to acknowledge them . . .*

*Be kindly considerate of your fellow-men; shield and protect; never slander your fellow practitioner. Always be severe with anything unlawful, unclean or impure in connection with the practice of medicine.*

*Show good fellowship and good cheer with all with whom you work. Make things easier wherever you go, not harder.*

*Know thoroughly the scientific principles, be a master in your work, your study, your technique; never be satisfied until you have fully conquered a subject.*

*If you find yourself in a small hospital in some out of the way place, set yourself to work it up, study to perfect yourself whenever you have time to study . . .*

*You should allot a certain definite time each day to study. Keep abreast of the times. Keep pace with the medical world; never become a back number . . .*

*So much depends upon the start you make. Therefore, be sure and make the best use of your talents and education. Do not live planning great things for tomorrow dreaming of a great future. Have your highest ambition that of doing each day's work well . . .*

*Never stand a loof from your colleagues. Be true to them and to yourself, give them the experience of your best talents and take from them what they have to give. Never have an attitude of superiority and indifference.*

*. . . The great wealth of any school or college is in its great names and names of men and women who have done great things for humanity and their country, and I trust that among you who stand before me, I am facing women whose names will go down to posterity as great women – women who have trod the thorny road and who have come out victorious, women who have met with triumph and disaster and have won, women who have set themselves a high noble ideal and who through storm and stress have bravely kept on, women whose names will thrill the hearts of every alumnae of this school, and fill the heart of every professor on its faculty with pride and joy, because you have ennobled your profession.*

*. . . Have gentleness, forbearance and courtesy when dealing with the sick. May the blessing of quietness, of assurance and of a wisdom, which is pure, peaceable, gentle, full of mercy and good fruits be yours always.*

*And last and greatest of all, may you follow always and closely in the footsteps of the Great Physician, Christ who went about doing good, healing the sick, out-pouring His wealth of love upon a sinning, sorrowing world, encouraging, uplifting and carrying joy wherever He went.*

*. . . In the future may we together help India to take her right stand among the great nations of the world. To you, my beloved students, farewell, and may God's richest blessings be upon you one and all."*

(Concluded)

Scudder Ida S., Commencement Address to the First Graduating Class, 1922 quoted in *One Step at a Time: The Birth of the Christian Medical College Vellore*, Reena George, Roli Press 2018

Available at ELS book store and online

<https://www.amazon.in/dp/8193750179>

<http://cmykbookstore.com/one-step-at-a-time.html>



# CMC NEWSLINE

Vol.No.56 No.20 FOR PRIVATE CIRCULATION ONLY NOVEMBER 12, 2018



*Once more Jesus put his hands on the man's eyes. Then his eyes were opened, his sight was restored and he saw everything clearly. Mark 8:25*

## World Sight Day-2018



**W**orld Sight Day was observed on 11<sup>th</sup> October 2018, focussing on the theme 'Eye Care Everywhere'. The global issue of avoidable blindness and visual impairment was the highlight of this year's programme.

The Department of Ophthalmology organised a postgraduate ophthalmology quiz (TEST YOUR EYE-Q) held by Quiz Master Dr. Sonika Porwal on 6<sup>th</sup> October and a poster / video Competition on 11<sup>th</sup> October. Apart from students, senior faculty and staff from other departments like Paediatric Orthopaedics, ENT and Anaesthesia, were also present.

A free eye camp which screened for cataract, refractive errors and diabetic retinopathy was held at Long Bazar, Vellore on 11<sup>th</sup> October to reach out to the vendors and labourers who are unable to visit hospitals for regular checkups. Public awareness videos were projected and health education

and a Blind Walk Simulation was organised to spread awareness regarding the consequences of blinding.

The celebrations concluded on 13<sup>th</sup> October with a valedictory function which was graced by Dr. Sanita Korah, Head of the Department, Dr. Shirley David, Head of Medical / Surgical Nursing and Rev. Giftus Joshua. It began with an opening prayer, followed by a presentation of the annual outreach service activities and work towards Vision 2020 by Dr. Pratibha Roy and prize distribution for the quiz and poster competition.

The prize winners are as follows: **Winners of the Quiz competition - First Prize:** Dr. Bhavagna, Dr. Thuhin and Dr. Santa, **Second Prize:** Dr. Maria Priyanka, Dr. Minu and Dr. Susan, **Third Prize:** Dr. Dhanya, Dr. Dhanasri and Dr. Reshmi.

**Winners of the Poster competition:** Sanjana, Sam Santosh, Anushiya, Asha, Shincy, Vijoline, Mini Chritina,

### Special Prayers : November 11 - 17, 2018

#### Paediatrics :

Dr. Indira Gupta Agarwal and Staff  
Dr. Anna Simon and Staff  
Dr. Sathish Kumar T. and Staff  
Dr. Valsan Philip Verghese and Staff  
Dr. Ebor Jacob Gnananayagam  
and Staff  
Mrs. Ruma Nayak and Staff

#### Developmental Paediatrics :

Dr. Beena Koshy and Staff  
Mrs. Ruma Nayak and Staff

#### United Mission to Nepal

Council Member : Dr. Olak Bahadur Jirel

Hospital : United Mission Hospital, Tansen and Okhaldhunga Community Hospital.

#### Welcome :

**Dr. Sajith K**, Professor, Department of Hepatology, Division of Gastrointestinal Sciences, on his return from study leave.

**Dr. Anupriya Arthur**, Assistant Professor, Department of Ophthalmology Unit-I, on her return from study leave.

#### Sunday Services : November 18, 2018

- 6.00 pm : **Scudder Auditorium**  
Special Service MBBS Batch of 2015
- 6.30 pm : **Hospital Chapel**  
Dr. Joy Mammen
- 5.00 pm : **Friendship Chapel, KPTR Campus**  
Mr. Lipoktemshi
- 4.30 pm : **Chittoor Chapel**  
Dr. Suranjan Bhattacharji

Mangatham Ponnusamy, Samuel Yapez Kumar, Vincent Prem Kumar, Selva Kumar, Esther Rani, Petrishiya and Dr. Lashmi. The Vote of thanks was proposed by Mr. Hitlar.

#### 'A' ward sale

The 'A' ward family conveys their sincere **appreciation** to patients, staff, students and the community for having contributed generously and making the 'A' ward sale a grand success. We are pleased to inform that the profit of Rs.11,00,000/- (Eleven lakhs only) from the sale will be donated towards P.T.P. fund for treating patients who are in need.

## 9<sup>th</sup> Annual Research Day - 2018

The 9<sup>th</sup> Annual Research day was held on 12<sup>th</sup> and 13<sup>th</sup> October 2018 in Scudder auditorium and examination hall. Four hundred and thirty abstracts were submitted among which two hundred and fifteen were slotted for podium presentations and another two hundred and twenty two as posters. The Abstracts were categorized into Medical Specialties, Surgical Specialties, Allied Health Sciences, Basic Sciences, Medical Students, Nursing, Field and Epidemiology, Bioengineering and Ph.D departments. There were eighty seven prize winners from both the podium and poster presentations. The highlights of the day included special orations by distinguished faculties: Professor. P.S.S. Sundar Rao, founder of the Department of Biostatistics, former General Superintendent and Professor. Prathap Tharyan, Director, Cochrane South Asia and retired professor Department of Psychiatry. The citations for the Chief Guest was read by Dr. Biju George, Addl. vice Principal (Research) and the Chief Guests were felicitated by Dr. Anna B. Pulimood, Dr. Prasad Mathews Dr. Deepak Abraham, Dr. Thambu David and Dr. Jayaprakash Muliylil. **The Shubhanker Mitra Memorial Award** for the best Undergraduate paper for Medical, Nursing and Allied Health Sciences were given by Dr. Anna B. Pulimood, Principal to Ms. Shreya Rajendra Magadam, Ms. Grace Lalzarzo Pakhuongte and Mr. Varghese Reuben Mathai, respectively.



The Rolling trophy for the overall winners was presented to the Department of Physical Medicine and Rehabilitation by the Chief Guests Professor. P.S.S Sundar Rao and Professor. Prathap Tharyan.

## Two Wheeler Mechanism Course in RUHSA's Community College: An inspiring story



The community college run by RUHSA has been a source of blessing for many. They have courses ranging from two wheeler mechanism, four wheeler mechanisms, AC, refrigerator mechanism and so on. These courses have helped many to procure skilled education which has given them employment and a source of income. One such inspiring story is that of Mr. Murugan, from the Neelagandapalayam village. He had completed the Two Wheeler Mechanism course in RUHSA's Community College in the year 1997. The course gave him a platform to gain

experience in the field and eventually, in the year 2018 he was able to open his own two wheeler showroom.

He is thankful to his teachers, past and present, who have motivated, encouraged and supported him to aim high and develop his career. RUHSA is proud to be a companion in his journey.



## World Diabetes Day events

In Commemoration of World Diabetes Day 2018, the Department of Endocrinology, Diabetes and Metabolism conducted a Dia-Quiz on "Diabetes and Endocrine Disorders" for Nursing Students at College of Nursing, CMC Vellore on October 30, 2018. Mrs. Regina Xavier, Professor and Additional Deputy Nursing Superintendent was the Chief Guest for the day.

A total of three hundred and fifty one students have participated in preliminary written test and 4 teams qualified to the final round. The following were the Prize Winners : First Prize was shared by two teams :

Continued on page 3





Mrs. Shanthi, Ms. Jansi Rani, Ms. Marbanylla Rikynti Sawian, Mr. Thomas Koshi and Ms. Sweta Jena, Ms. Prijith Yugoma, Ms. Banu and Mr. Prithvi Raj - Third Prize : Ms. Sambavi Priya, Ms. Selvamani, Ms. Sherin K. Susan Thomas and Ms. Carolin Susan Mathew - Fourth Prize : Ms. Annie Sudha, Ms. Priyanka, Ms. Mahadevi and Ms. Swathi.

**Dedication of the new indoor badminton court**

CMC’s new indoor badminton court, situated on the Oval ground, was inaugurated on the 30<sup>th</sup> of October, 2018. This project by sponsored jointly by the batches of 1992 and 1987, with assistance from the administration. The building houses three wooden courts lit by LED lighting, changing rooms and an office. The occasion was graced by members of the donating batches, the current and past Directors Dr. J.V. Peter and Dr. Sunil Chandy, current and past Principals Dr. Anna Pulimood and Dr. Alfred Job Daniel, members of the Engineering Department who were involved with the construction and the student community. Dr. John Roshan (Batch of 1992) welcomed the gathering and proposed the vote of thanks. The plaque was unveiled by Dr. J.V. Peter and Dr. Sunil Chandy, following which Dr. Anna Pulimood and Dr. Alfred Job Daniel cut the ribbon.



Dr. Anna Pulimood and Dr. J.V. Peter addressed the gathering on behalf of the administration. Dr. Vaibhav Londhe (Batch of 1992) spoke on behalf of his classmates who had generously contributed towards the project, as a token of their gratitude to their Alma Mater. Dr. Paul M.J. (Batch of 1987) represented his batch and spoke about their classmate Dr. Rashmi Nayak, to whose memory they had dedicated the badminton court. Mr. Gerry Dominic John, President of the Students Association, responded on behalf of the student body. Rev. Samson Varghese blessed the project with a prayer. The inauguration was followed by staff versus student matches and refreshments.

**Retirement**



**Mr. N. Kumar**, Staff Gr.I Sr. Accountant, Accounts Department retired on 1<sup>st</sup> October, 2018 after 36 years of dedicated service to the institution. He has two sons. His eldest son, Mr. Gowtham Kumar is an Associate Engineer in Infotech, Bangalore and younger son, Mr. Srinivasan is a second year B.Sc. Student. The CMC community is thankful for his years of dedication and commitment to the institution and wishes him God’s blessings on his retired life.

**Upcoming Event : Foot care and Footwear Training Programme**

The Department of Endocrinology, Diabetes and Metabolism will be organizing a Foot care and footwear training programme for doctors **from 20<sup>th</sup> Nov to 23<sup>rd</sup> November, 2018** (4 days Programme) with practical and theoretical intonation followed by assessment.

**The course is recognized by the Dr. MGR Medical University for 30 CME credit points.** Certificates will be awarded on completion. **Who can apply :** MD General Medicine / MS General Surgeons / MD Family Medicine Diabetologist / Endocrinologist / Community Health / Nurses / Physiotherapist.

**For registration details and dates, Contact :** Mrs. Bharathi @ 9894317506 / 0416-228-3156. **email: [insulin05cmc@gmail.com](mailto:insulin05cmc@gmail.com) Course Fee: 5,500/-** (It covers Course Materials, Lunch & Refreshments).

**Notice:**

**• Medical Undergraduate Graduation - November 12, 2018**

Chief Guest for the Graduation : Mr. Ravi Zacharias, Ravi Zacharias International Ministries Guest seat allotment for Graduates at the Scudder Auditorium – 3 seats. Graduation Programme on 12<sup>th</sup> November, 2018 begins with the taking of official group photographs of the Faculty and Graduates of 2018 at 3.30 p.m. in the **Ground Floor, New Examination Building**. Buses have been arranged to leave the hospital campus at 2.00 p.m., 2.15 p.m. and 2.30 p.m. **The Graduation procession will commence sharply at 4.30 p.m. and all guests are expected to be seated inside the Scudder Auditorium by then. All are requested to strictly adhere to the time stated above.**



Venue for the Graduation Day Dinner - **Scudder Hall / New Examination Building**, College Campus. Details of the above and dinner cards for undergraduates may be obtained from Mrs. Mercy Newton and Mr. Sathiyaseelan in Vice Principal's Office (UG), Ground floor, Carman Block or from Mr. Vijayanand and Mrs. Malathy, Curriculum office, ASHA building, Hospital Campus.

• **American Heart Association – Basic Life Support Course (AHA-BLS) provider level course**

American Heart Association - Basic Life Support (AHA-BLS) provider level course will be held on the **11<sup>th</sup> December 2018 at the Paul Brand Building, CMC, Vellore**. This one day course is designed for healthcare providers (doctors, nurses, paramedics) and the curriculum consists of video based, interactive lectures and skills training in cardiopulmonary resuscitation (CPR), use of Automated External Defibrillator and relieving choking in a safe, timely and effective manner to all ages – adult, paediatric and infants. The number of participants is strictly restricted to 18 as per AHA guidelines. **The registration fee is Rs.2,500/-** (cost of study materials included) and the last date for registration is **14<sup>th</sup> November, 2018**. For registrations, Please contact Ms. Nitha Cathuan, Paediatric ICU (3366).

**American Heart Association – Paediatric Advanced Life Support (AHA PALS) course**

The **AHA-PALS** course will be held on the **12<sup>th</sup> and 13<sup>th</sup> December, 2018** at the Paul Brand Building, CMC. This well known Paediatric Advanced Life Support Course, accredited by the American Heart Association and American Academy of Paediatrics, is valid internationally. The number of participants is strictly restricted to 18 as per AHA guidelines. **The registration fee is Rs.6,500/-** (cost of study materials included). The last date for registration is **14<sup>th</sup> November, 2018**. This two day course is designed for healthcare providers (doctors, nurses, paramedics) who initiate advanced life care in acutely ill children, beyond basic life support, through the stabilization or transport phases of a paediatric emergency. The course consists of lectures, videos, discussions and hands - on sessions based on simulated case scenarios and aims to train the participants in early recognition and emergency management of critically ill children with an emphasis on team concept. For enquiries and registration, please contact Ms. Nitha Cathuan or Dr. Ebor Jacob, Paediatric ICU (Phone No.0416-228-3366).

## Situations Vacant

**1. Tutor Gr.IV with BOT (Regular Course) for the Department of Psychiatry Unit-III**

Salary scale : As per institutional rules. Accommodation not provided.

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore – 632 002, email: [princi@cmcvellore.ac.in](mailto:princi@cmcvellore.ac.in) on or before **November 24, 2018** for Item 1.

**2. Staff II Respiratory Therapist for the Department of Pulmonary Medicine**

Qualifications : B.Sc. with PG Diploma in advanced Respiratory Therapy (CMC) / Bachelor of Respiratory Therapy.

Note : Only regular mode will be accepted, private or correspondence will be not accepted.

Candidates doing internship this year can also apply.

Age limit : 35 years. Salary scale : As per institutional rules. Job description : Performing Lung function testing, sleep studies, pulmonary rehabilitation programme, patient education, respiratory care for inpatients and home care for patients, research and other general responsibilities.

**3. Staff III Laboratory Auxillary for the Department of Transfusion Medicine & Immunohaematology**

Qualifications : Graduate in life science + One Year Inservice Training as Laboratory Auxillary (Phlebotomist Training). Note : Only regular mode will be accepted, private or correspondence will be not accepted.

Age limit : 35 years. Salary scale : As per institutional rules.

Job description : The person will be responsible for blood and other sample collection in OP and Wards. They will also be posted in sections for specimen collection related work.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **November 26, 2018** for Items 2 and 3.

# Let's Think Together

NO.19

DECEMBER 03, 2018



## Making Good Memories

A few weeks ago, I visited the war cemetery in Kohima, Nagaland. One of the fiercest battles during the Second World War was fought in Kohima. There about 1420 graves of British and Allied troops, and another 900 of Indian soldiers. Although many Nagas also fought to save their land, there is only one Naga grave – that of a 21 year old young man. Each grave though just a slab of grey stone tells the story of a young man far from home and the memories he left behind for those who grieved for him. The words used on these graves – beloved – cherished – selfless – pride and joy – adored - the light of our lives – irreplaceable – tells the story of each young man buried there.

As I walked past each grave I couldn't but help think of the memories each one had left behind in those words. I remembered my two music teachers - Misses Wroughton during my childhood in the UK who had large pictures of handsome young men on top of the piano - brothers and lovers, fathers and uncles who never came back from the war. Although it was 20 years later, they still spoke of them with tears and joy. Even as an eleven year old, I knew that their pain was deep, but their memories were so precious. Now standing by these graves I remembered some of the words they used – cherished / adored / selfless / so missed - the same words inscribed on so many of these graves. Their wonderful memories wrapped their pain making it easier to bear.

This got me thinking to what kind of memories we will leave behind. Priest and writer Henri Nouwen often emphasises the need to deliberately make good memories for our friends and family. *Take the time, he says, give surprises, create time for togetherness, rejoice in everything, knowing that our loving actions are the memories our loved ones will have of us one day.*

To do this, we need to make the words on those grey slabs come alive. Be the beloved for those around us. Be the cherished friend. Be the light of someone's life. How does one do this in our busy time bound lives? A few days ago, I took a day off from my tightly packed schedule and invited my daughter for a day at the beach. She was surprised and a little worried – why now - what's happening – are you ill? I said no – I would just like you to remember this day. We played our favourite songs - first me and then her and discovered different things about each other through our music. Then we read some poetry and finally sat holding each other's hands we watched the waves crashing into the sand, seeing nothing but the roaring white foam. "I'll never forget today," she said. "Good. That was my idea. That somewhere maybe 40 years from now, you will remember a day when we listened to our favourite songs, read poetry and watched the sea holding hands." It took some time and effort for me to create this memory for her. She gave me a memory too – she crawled into my arms in the middle of the night, and cuddled up like she used to do when she was a baby.

### **Thin about this!**

Ask your children / parents / friends / neighbours what the best memory they have of you is. Then go out and create some more.

Usha Jesudasan  
ushajesudasan@gmail.com

# CMC NEWSLINE

Vol.No.56 No.23 FOR PRIVATE CIRCULATION ONLY DECEMBER 03, 2018



*There is only one Lawgiver and Judge, the one who is able to save and destroy.  
But you-who are you to judge your neighbour?*

*James 4:12*

## Graduation Ceremony for Postgraduates



The Medical Postgraduate Graduation Ceremony for the year 2018 was held on the 5<sup>th</sup> November at the Ida Scudder Auditorium. The chief guest for the occasion was Professor Errol D'Souza, Director, Indian Institute of Management, Ahmedabad.

The graduation ceremony commenced with the time honoured tradition of the Jasmine Chain carried by the final year medical students, led by the Student Association President, Mr. Jerry Dominic John. The College Choir sang the invocation, following which Rev. Dr. Arul Dhas invoked God's blessings. The Auditorium echoed with 'Three Cheers for the Silver and Blue' as the graduates and faculty joined in the singing of the College Song. The Director, Dr. J.V. Peter welcomed and introduced the Chief Guest to the august gathering. Professor D'Souza was honoured with a bouquet, traditional shawl and a memento. This being the Centenary Year of Medical Education, the College Choir

beautifully rendered the Centenary Song, 'Home of Transformation'. In his charge to the postgraduates, the Vice Principal, Dr. Simon Pavamani congratulated them on reaching a new threshold in their journey and career. He exhorted them to practice both the science and art of medicine with a humanity and humility that ennoble their profession to a service and a vocation. The Principal, Dr. Anna B. Pulimood, administered the solemn pledge to the postgraduates.

In his address to the postgraduates, Professor Errol D' Souza advised the graduands to think of suffering beyond mere physical indicators and to consider the larger picture that revolves around the dignity and care of the patients. Quoting from his work with a NGO that addresses issues faced by migrant workers, Professor D'Souza elucidated the cycle of poverty, illness and debt that millions of our countrymen face every day. Dealing with these issues

**Special Prayers : December 02 - 08, 2018**

**RUHSA :** Dr. Shantidani Minz and Staff

**United Society for the Propagation of the Gospel**

**Board of International Ministries of the American Baptist Mission Society**

**Christian Institute of Health Sciences and Research, Dimapur**

**Sunday Services : December 09, 2018**

8.30 am : **Hospital Chapel**  
Telugu Carol Service

11.30am : **Hospital Chapel**  
Hindi Carol Service

6.30 pm : **Hospital Chapel**  
English Carol Service

11.00pm : **Centenary Chapel**  
Khasi Carol Service

6.00 pm : **Scudder Auditorium**  
Rev. Dr. Nicholas J. Wood

5.00 pm : **Friendship Chapel, KPTR Campus**  
No Service

4.30 pm : **Chittoor Chapel**  
Dr. Babeesh Chacko

**Days to remember :**

|                     |               |
|---------------------|---------------|
| World Disabled Day  | : December 03 |
| Bhopal Day          | : December 06 |
| National Flag Day   | : December 07 |
| Birthday of Dr. Ida | : December 09 |

are dilemmas that the young doctors have to face, and for which there are no easy answers. But he advised them that 'your actions must promote the presence of hope.... and transform the hardships being faced by a patient into an extraordinary journey of life...' Therefore, it is important for doctors to acknowledge the personhood of patients and their relatives.

The faculty from various disciplines presented the 316 postgraduates to the Principal-168 candidates were awarded the Diploma and MD/MS degrees; 50 postgraduates received

*Continued on page 2*



## Graduation Ceremony for Postgraduates

Continued from page 1



the super speciality degrees of DM and M.Ch.; the Post-Doctoral and Postgraduate fellowships were awarded to 56 and 16 graduates respectively, 10 graduates received the M.Sc. degree, 2 the MPH degree and 2 graduates received the MS in Bioengineering degree. The Ph.D. degree was awarded to 12 graduates. Professor Errol D'Souza presented the Special Awards and Medals to 44 graduates.

The ceremony was concluded with the singing of the *Alma Mater* and the National Anthem.

## Children's Day celebration

Children's Day was celebrated by the Department of Paediatrics on 14<sup>th</sup> November, 2018. The programme began with prayer led by Rev. Ruchita Raout. The Chief Guests for the occasion were Dr. Chandra Singh, Associate Director and Dr. Indira Agarwal, Head, Department of Paediatrics. The children were dressed up in traditional attire and took part in the singing of the patriotic song 'Sare Jahan Se Acha' and delivered speeches about Pandit Jawaharlal Nehru in English, Hindi and Tamil. This was followed by rose planting ceremony, distribution of sweets, cycles and books for the children.



## Workshop on Bioethics Curriculum Development



The Departments of Fundamentals of Nursing and CNE & Research, College of Nursing and Department of Bioethics, organised a workshop for 'Bioethics Curriculum Development in Nursing' between 8<sup>th</sup> and 9<sup>th</sup> November, 2018. During the inauguration, felicitations were offered by Mrs. Alice Sony, Deputy Dean and Dr. Premila Lee, Nursing Superintendent. The workshop was

designed to cover key concepts such as personhood, principles of bioethics, ethical issues related to beginning of life, end of Life, consent and confidentiality, moral distress and ethical decision making models. The highlight of the workshop was forming objectives for bioethics curriculum and designing bioethics module for nursing students. Major part of the workshop constituted of group work and group discussions on various topics. The bioethics team comprising of Dr. Kurien George, Dr. Gigi Chandy, Dr. Anu Rose, Dr. Sushil John and Rev. Arul Dhas were extremely helpful and contributed greatly towards making the workshop a great success.

## CME on Cervical Cancer Control

The Department of Gynaecologic Oncology conducted a CME on Cervical Cancer Control under the aegis of Asia Oceania research organisation for Genital Infection and Neoplasia(AOGIN) on 3<sup>rd</sup> November, 2018. The workshop was attended by PG alumni, practitioners from Vellore and staff from both the main campus and peripheral units such as RUHSA, LCECU, CHAD, CONCH and Chittoor.

The organising secretary Dr. Anitha Thomas delivered the welcome address followed by felicitation by Dr. Simon Pavamani. Leading gynaecologists involved in preventive oncology, such Dr. Srabani Mittal, Dr. Seema Singhal, Dr. Anupama Rajan Babu, Dr. Malliga J.S., Dr. Latha Balasubramani, delivered lectures and participated in panel discussions. Dr. Priya Abraham from Clinical Virology and Dr. Lakshmi Seshadri, contributed to the learning experience. Faculty from the department, Dr. Abraham Peedicayil, Dr. Rachel Chandy, Dr. Vinotha Thomas, Dr. Ajit Sebastian and Dr. Dhanya Susan Thomas gave excellent talks during the programme.

Continued on page 3

The various lectures covered a vast range of topics from, the burden of cervical cancer, HPV vaccination, screening and treatment of pre-invasive cervical disease.



## World Diabetes day events

Continued



The Department of Endocrinology, Diabetes & Metabolism conducted an Essay, Painting Competition and Teachers' Quiz on 10<sup>th</sup> November, 2018 at Darling Residency, Vellore. The Chief Guest for the event was Dr. B.J. Prashantham, Director, Professor of Counselling Psychology, Christian Counselling Centre.

The paintings on the theme, 'Family support in diabetes', were judged by Dr. Aureen Ruby D'Cunha, Assistant Professor, Department of Paediatric Surgery, Mrs. Lilly Prasad, Professor, Department of Paediatric Nursing, and Dr. Reeba Roshan, Lecturer, Department of Developmental Paediatrics. The first prize went to Ms. Liviya Laakshi, from Vani Vidhyalaya while the second and third prizes went to Ms. Valli from Desia Matric Higher Secondary School and Ms. Avanthika from BMD Jain School, respectively. Consolation prizes were awarded to Ms. Sandhya from Sunbeam CBSE School and Ms. Lavanya from Sparks Matriculation School.

The winners of the quiz competition were Mrs. Joyce Jaya Kumar and Mrs. K. Chithra from Shristi Matriculation School. The second prize went to Mrs. Vinitha. S and Deepa. S from Spark Matriculation Higher Secondary School and the third prize was shared between Mrs. Shalini and Mrs. Anitha Sara from IDA Scudder school and Mrs. Sri Maragatha Valli. G and Mrs. Flora Regina from Shrishti Vidyashram.



## Congratulations!

- **Dr. Suganthy J.**, Professor and Head, Department of Anatomy has received the Dr. P.C. Basal Memorial Gold Medal, for the best Histology paper published in Journal of Anatomical Society of India at the 66<sup>th</sup> National Conference of Anatomical Society of India NATCON 2018 at AIIMS, Rishikesh from 11<sup>th</sup> to 14<sup>th</sup> November, 2018.
- The following participants won prizes at the 26<sup>th</sup> Annual conference of the Association of Gynaecologic Oncologists of India, AGOICON 2018, held at Gwalior from 16<sup>th</sup> to 18<sup>th</sup> November, 2018.  
**Mona Naman Shah** won the 2<sup>nd</sup> prize in poster presentation, **Amrita Dutta**, Senior Resident won the 2<sup>nd</sup> prize in oral presentation and **Ajit Sebastian**, Associate Professor won the 3<sup>rd</sup> prize in oral presentation.

## Memoranda

- **Dr. Vivek Mathew**, Professor of Neurology, is appointed as Head of Neurology with effect from 12<sup>th</sup> November 2018 for a four year term.
- **Dr. Paul Ravindran**, will continue as Associate General Superintendent (Human Resource Management) till his superannuation.
- **Mrs. Helen Sujatha Charles**, Professor in Psychiatry Nursing is appointed as Registrar, College of Nursing with effect from 24<sup>th</sup> November 2018 till her superannuation.
- **Mr. Sukumar Solomon's** term as Associate General Superintendent is extended from 1<sup>st</sup> July 2018 to 16<sup>th</sup> August 2019. He will be In-charge of Engineering and Planning.
- **Mr. Reni Charles**, Sr. Reader (AHS) is appointed as Associate General Superintendent with effect from 1<sup>st</sup> December 2018 for a four year term. He will oversee Materials Management.
- **Mr. Anand John Samuel G.**, Superintending Engineer, is appointed as Associate General Superintendent with effect from 1<sup>st</sup> December 2018 for a four year term. He will be responsible for Quality, Safety, Maintenance and Support Services.



## Situations Vacant

**1. Senior Resident with MD (Paediatrics) for the Department of Paediatrics-I (Well baby Clinic)**

Salary scale : As per institutional rules.

Accommodation provided (Subject to availability).

**2. Senior Resident with MD / DNB (Anaesthesia) for the Department of Anaesthesia**

Salary : As per institutional rules.

Accommodation provided (Subject to availability).

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore – 632 002, email: [princi@cmcvellore.ac.in](mailto:princi@cmcvellore.ac.in) on or before **December 15, 2018** for Item 1 and **December 17, 2018** for Item 2.

**3. Project Coordinator for the Department of Neurological Sciences**

**Job Code : 1276**

Qualification : B.Sc. / M.Sc. Life Sciences. Preferably with previous work experience in clinical trials and research projects with GCP (Good Clinical Practice) training.

Job description : To work in a clinical project which will involve patient recruitment, follow up, data management and coordinating with National and International Research Networks teams.

Age : <45. Sex : M/F.

Mode of appointment : Project mode.

Salary : As per institutional rules.

Accommodation not provided.

**4. Post for one Research Fellow on a NIH project for the Department of Neurological Sciences and the selected candidate need to commit to stay for the duration of the project - 4 years.**

**Job Code : 1277**

Qualification : M.Sc. Biochemistry / Life Sciences.

Mode of appointment : Project mode.

Salary : As per institutional rules.

Accommodation not provided.

**5. Medical Research Assistant for the Department of Gynaecologic Oncology**

**Job Code : 1275**

Qualification : MBBS / DGO.

Mode of appointment : Project mode.

Salary : As per institutional rules.

Accommodation not provided.

Download application from this link: <http://www.cmch-vellore.edu/> → General → Vacancies → Application Form for Project Staff. The print out of the application with certificates and testimonial copies should be sent to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 on or before **December 07, 2018** for Item 3 and **December 10, 2018** for Item 4. **December 14, 2018** for Item 5.

**Note : Please mention the Job Code in the application form. Applications without Job Code will not be accepted.**

**6. Field Worker for the HPV Vaccine Project under the Department of Gynaecologic Oncology**

Qualification : +2 pass.

Salary : As per institutional rules.

Age limit : 30 years and below.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu> Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.** Applications will close on **December 15, 2018** for Item 6.



# Let's Think Together

NO.20

DECEMBER 10, 2018



One of the interesting books I've read recently is a book called **Give and Take : A Revolutionary Approach to Success**. The author, Adam Grant, uses his research to show how our communication and interactions with those we work with shape our successes. Grant identifies givers / takers and matchers as three types of people. He says, *Every time we interact with another person at work, we have a choice to make: do we try to claim as much value as we can, or contribute value without worrying about what we receive in return?*

He goes on to say, *If you're a giver at work, you simply strive to be generous in sharing your time, energy, knowledge, skills, ideas, and connections with other people who can benefit from them.*

*"If you are a taker, you think, "If I don't look out for myself first, no one will."*

*Matchers think that when they help others, their act should be reciprocated. If you're a matcher, you believe in tit for tat, and your relationships are governed by even exchanges of favors.*

Most of us fall into one of these categories and usually we shift from one to another of these styles as the occasion or person warrants. But if we fall dominantly into one of these ways, then Grant says, we are bound to be losers.

*Each time we interact with another person at work, we have a choice to make: do we try to claim as much value as we can, or contribute value without worrying about what we receive in return?*

Interestingly his research also shows that the least successful of these three kinds of people are the givers who often just burn themselves out of their goodness. The most successful strangely, are also the givers.

*When takers win, there's usually someone else who loses. Research shows that people tend to envy successful takers and look for ways to knock them down a notch.*

*In contrast, when [givers] win, people are rooting for them and supporting them, rather than gunning for them. Givers succeed in a way that creates a ripple effect, enhancing the success of people around them.*

I find Grant's writings interesting because I have also been reading the Jesus' Sermon on the Mount at the same time. These words were not said to motivate people to succeed financially or professionally, but to have richness of inner life - not just for oneself, but for everyone around too. If you do good only to those who do good to you, what's the point, asks Jesus.

Jesus said, giving and sharing generously of all our gifts with those who need it most, is the best way to find meaning for our lives and thus help others find it too. If we put ourselves into the giving group, we have to be generous and giving in forgiveness of those who fail us; in kindness to those who are struggling with life, and welcoming of those who are without a place in this world.

## THINK AND DISCUSS

Givers/ takers/ matchers.....which group would you put yourself in comfortably?  
How often and in what circumstances do we give, expecting nothing in return?

# CMC NEWSLINE

Vol.No.56 No.24

FOR PRIVATE CIRCULATION ONLY

DECEMBER 10, 2018



*Carry each other's burdens and in this way you will fulfill the law of Christ.  
Galatians 6:2*

## First National Perioperative Nursing Conference



**T**he Department of Medical Surgical Nursing Spl-V in collaboration with Continuing Nursing Education Department, College of Nursing, hosted the first National Perioperative Nursing Conference between 19<sup>th</sup> and 20<sup>th</sup> of November, 2018 on the theme "Improving Patient Safety in the Perioperative Setting" under the guidance of Dr. Selva Titus Chacko, Dean, College of Nursing. There were 417 delegates from 16 States at the gathering.

The conference was inaugurated by Dr. Sailaxmi Gandhi, Head of Nursing, NIMHANS, Bengaluru,

following which felicitations were given by Dr. Priya Abraham, Associate Director and Dr. Premila Lee, Nursing Superintendent. The conference had six plenary sessions on diverse domains of patient safety. Renowned international and national speakers threw light on the recent trends in patient safety, need for nursing informatics, legal issues in operating rooms, postoperative care to minimize complications and on continuous quality improvement.

The Chief Guest for the valedictory ceremony, Dr. Mark Ranjan Jesudoss, Deputy Director highlighted the importance of an operating room nurse in the surgical team.

*Special Prayers : December 09 - 15, 2018*

*Hospital Carol Service*

*Founder's Day Thanksgiving Service*

*December 10, 2018 (Monday)*

*7.30 am : Hospital Chapel*

*Carols by Candlelight*

*December 15, 2018 (Saturday)*

*7.30 pm : FSC ground, College Campus*

*Oriya Carol Service*

*December 16, 2018 (Sunday)*

*7.30 am : Centenary Chapel*

*Sunday Services : December 16, 2018*

*6.00 pm : Scudder Auditorium*

*Rev. Joji Philip*

*6.30 pm : Hospital Chapel*

*Dr. Sunil Abraham*

*5.00 pm : Friendship Chapel, KPTR Campus*

*Rev. Pradeep George*

*4.30 pm : Chittoor Chapel*

*Dr. Rhesa Noel*

*Welcome :*

**Dr. Vinoo Mathew Cherian**, Professor, Department of Orthopaedics Unit - I on his return from sabbatical leave.

At the poster and paper presentation, the best paper award was bagged by Ms. Vidya J, Lecturer at Jipmer, Pondicherry. The conference concluded with the formation of the Association of Perioperative Nurses in India (APNI) and by creating new relationships for the cause of patient safety in India.

## CME conducted by the Department of Urology

Department of Urology conducted a CME programme on "Uro-Laparoscopy-Building from Basics" at CHTC Auditorium, Bagayam, Vellore on 10<sup>th</sup> November, 2018. The objective of the workshop was to impart knowledge about the basic skills and science behind laparoscopy. The programme was attended by prominent faculty from all over India. The workshop began with lectures on basics of physiology of laparoscopy, instruments and placement of ports and various energy resource videos in laparoscopic procedures. Recorded laparoscopic videos like donor nephrectomy, partial nephrectomy for renal cell carcinoma, retroperitoneal laparoscopic nephrectomy, radical prostatectomy and augmentation cystoplasty were shown. The event concluded with an interactive and productive discussion between the faculty and delegates.

## 57<sup>th</sup> National Pharmacy Week Celebrations



The Department of Pharmacy organized the 57<sup>th</sup> National Pharmacy Week celebrations from 18<sup>th</sup> to 24<sup>th</sup> November on the theme “Pharmacists For a Healthy India”. As part of the celebration, various competitions such as poster design, slogan writing, essay writing and quiz program were organized.

An exhibition was held for the benefit of the public, patients and healthcare workers to highlight the importance of safe and proper use of medicines, awareness on antibiotic use and resistance. Patient counselling, puppet and video show followed by education on diabetes, asthma, diet, proper use of Anti retroviral and Anti TB drugs were part of the exhibition.

The Chief Guest for the inauguration was Mr. Immanuel, Drugs

Inspector, Vellore Zone. The other dignitaries present were Drugs Inspectors Mrs.P.Mahalakshmi, Mrs.Hemalatha and Mrs.Manimegalai, Dr. J.V.Peter, Director, Dr. K.Prasad Mathews, Medical Superintendent, Dr.Premila Lee, Nursing Superintendent and Dr. Simon Pavamani, Vice-Principal. Dr. S.Annadurai, Professor of Pharmacy spoke to the audience about the theme and the significance of this exhibition. The programme concluded with a prayer and benediction by the Chaplain Rev. Deborah. The valedictory function was held on 24<sup>th</sup> November 2018, during which the prizes for the winners were distributed by Dr. Binu Mathew, Professor and Head, Department of Pharmacology.

## 32<sup>nd</sup> Childhood Diabetes Camp

Paediatric Endocrinology and Metabolism, Paediatric Unit 1 conducted the 32<sup>nd</sup> Childhood Diabetes camp at Sneha Deepam on 24<sup>th</sup> November 2018 to commemorate World Diabetes day. The camp was attended by 200 participants including the family members of the children with Type 1 Diabetes. The camp had sessions on carbohydrate exchanges, carbohydrate counting and innovative low GI meal plans using easily available ingredients, meal time correction insulin doses using insulin sensitivity factor and the concepts of sick day management. There were valuable inputs from paediatric nursing, M.Sc. paediatric nursing students and the dietary department. Participants thoroughly enjoyed learning from the team, interacting with other participants, and listening to motivational talks. The diabetes camp was thus a rich educational experience and morale booster to all the attendees.



## Campus Activities : Baking contest held at KPTR, CMC Campus

As part of the Christmas celebrations, the CMC KPTR campus Residents Association has organised a baking contest for the residents on 24<sup>th</sup> November 2018. The campus residents including adults and children actively participated in the event. The theme was “Christmas”, and the participants were asked to decorate their cake based on this theme. The judges for the occasion were Mrs Susan Tharakan (Susan’s cakes and catering company), Dr. Tina Vaz (Anaesthesia), Mrs. Maria Jemima Sundaram (Associate professor, Sacred Heart College). The winners of the adult category were Dr. Emily Divya Ebenezer (First prize), Dr. Suchita Chase (second Prize) and Dr. Beena Gladwin (consolation prize). In the children’s category, the winners were Rohan David Rajiv and Leah Margret Rajiv (first prize), Cheryl Sarah Nithyananth (second prize), Noah Kurian (third prize) and Aaliya Amirtanand (consolation prize). It was an evening filled with fun, enthusiasm and excitement.





## Congratulations!

• **Dr. V.Rajshekhar**, Professor of Neuro Surgery delivered the DAVE-NEWTON ORATION at the King George's Medical University, Lucknow on 24<sup>th</sup> November, 2018.

• **Dr. Manisha Madhai Beck**, Professor and Head, Department of Obstetrics and Gynecology Unit IV has been awarded the first prize for poster presentation on "Postnatal outcomes of Fetuses diagnosed with hydro-nephrosis in Utero: experience of a tertiary care perinatal centre over five years", at the MFEMPO (Maternal Fetal Medicine for the Practicing Obstetrician) International Conference held under the aegis of Society of Maternal Fetal Medicine at JIPMER on 25<sup>th</sup> November, 2018.

• **Dr. Ashisha Janeela M.**, Assistant Professor, Department of Medicine was awarded the best oral presentation (Basic Science) for her study "A Mechanistic Study to Assess the Efficacy of Gastric Lavage in Acute Organophosphate Poisoning" at the Asia Pacific Association of Medical Toxicology Conference held at Bali, Indonesia from 16<sup>th</sup> - 18<sup>th</sup> November, 2018.

• **Dr. Prema Dhanraj**, P.G alumnus, General Surgery and former Professor and Head of Plastic Surgery was awarded Aval Vikatan Achiever's Award on 24<sup>th</sup> November, 2018.

• The following candidates were successful in the Postgraduate **MD / MS** Examination held in **October 2018**. (University Results Published on 13.11.2018).

**MD MS – October 2018 session (Passed out candidates).**

**MD. Anaesthesiology** : Dr. Mridul Susy Koshy

**MD. Biochemistry** : Dr. Rosa Mariam Mathew

**MD. Community Medicine** : Dr. Anantharam V. and Dr. Anjali Sriramanarayanan Nair

**MD. General Medicine** : Dr. Rini Mary Thomas and Dr. Sumayya Abdul Kala

**MD. Psychiatry** : Dr. Yogendra Singh

**MD. Radiodiagnosis** : Dr. Shalini Sahu

**MS. Ophthalmology** : Dr. Sujitha Ramesh and Dr. Johy Philips Cherry

**MS. Orthopaedics** : Dr. Benjamin Samuel Mathews.

• The following candidates were successful in the Postgraduate **Diploma** Examination held in **October 2018**. (University Results Published on 13.11.2018).

**Diploma - April 2017 session (Passed out candidates).**

**D.A.** : Dr. Nithya S., **D.C.H.** : Dr. Anna Joseph, **D.L.O.** : Dr. Majitha C.S.

## Upcoming Event

### CENTENARY OF MEDICAL EDUCATION

**Fourth Luminary Lecture:** Mr. Gopalkrishna Gandhi, Former Governor of West Bengal

**Date:** Wednesday, December 12, 2018

**Time:** 6.00 pm

**Venue:** Scudder Auditorium, CMC Bagayam Campus

**Please Note:** Buses will leave Kagittapatarai Campus at 4.45 pm via ASHA Building.

Refreshments at 5.30PM

Please be seated by 5.50 pm

## Retirement



**Mrs. D. Jeyammal**, Sr. Hospital Housekeeping Attendant, CHAD retired on 9<sup>th</sup> November, 2018 after 35 years of dedicated service to the institution. She has two daughters and a son. Her elder daughter, Mrs. Pushpa Mary is a Hospital Housekeeping Attendant in ISSCC OPD. CMC Community is thankful for her years of commitment to the institution and wishes her God's blessings on her retired life.

## Situations Vacant

**1(a) Senior Resident Gr.III with MD (Dermatology) for the Department of Dermatology Unit -I**

Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

**1(b) Registrar (Non PG) with MBBS / Diploma in Dermatology, Venereology & Leprosy for the Department of Dermatology Unit -I**

Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

**2. Tutor Gr.IV with BOT(Regular Course) for the Department of Paediatrics Unit -1(Paed.Hematology-Oncology)**

Salary scale : As per institutional rules. Accommodation not provided.

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore – 632 002, email: [princi@cmcvellore.ac.in](mailto:princi@cmcvellore.ac.in) on or before **December 22, 2018** for Items 1(a), 1(b) and 2.

**3. Staff III Pharmacist (Project) for the Department of Gynaecologic Oncology**

Qualification : D.Pharm/ B.Pharm. Candidates with Typing and Computer skills will be preferred.

Appointment will be given only for Pharmacists who have registered in the Tamilnadu State Pharmacy Council

Preference will be given to those who have completed one year traineeship in the Pharmacy Services.

Salary scale : As per institutional rules. Age limit : 35 years.

Job description : To work in project mode.

**4. Staff III Medical Lab Technician (Project) for the Department of Gynaecologic Oncology**

Qualification : H.Sc., with one year CMC DMLT/ Two years CMAI Diploma in Medical Lab Technician Course.

Salary scale : As per institutional rules. Age limit : 35 years.

**5. Lab Manager (External Designation - Project) for the Department of Clinical Haematology.**

Qualifications : Graduate with experience in Laboratory Management.

Only Regular mode will be accepted, Private or correspondence will be not accepted.

Age limit: 35 years Salary scale: As per institutional rules

Job description:- To work in project mode.

**6. Lab Technician (External Designation - Project) for the Department of Clinical Haematology.**

Qualifications : B.Sc., in Life Sciences/ B.Sc., MLT with first class.

Only Regular mode will be accepted, Private or correspondence will be not accepted.

Age limit: 35 years

Salary scale: As per institutional rules

Job description: To work in project mode.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **December 24, 2018** for Items 3, 4, 5 and 6.

**7. Administrative Assistant (Project) for the Department of Kannigapuram fundraising activities in the Development Office, Directorate**

Qualification : Graduate + 1 year PGDHA (or) 5 years experience in CMC/ FHA.

Salary scale : As per institutional rules.

Job description : To organize and execute targeted email campaigns for groups of people/organizations (for example alumni, churches). Identify suitable target groups, obtaining contact email addresses, prepare and send emails to them, deal with the responses in an organized manner. To assist with other activities of the Development Office.

**8. Study Co-ordinator for the HPV Vaccine Project under the Department of Gynaecologic Oncology**

Qualification : Graduate + D.C.A

External Salary : Consolidated Rs.18,000/- p.m. Age limit: 30 years and below.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **December 22, 2018** for Items 7 and 8.

# CMC NEWSLINE

Vol.No.56 No.25 FOR PRIVATE CIRCULATION ONLY DECEMBER 17, 2018

Let us fix our eyes on Jesus, the author and perfecter of our faith, who for the joy set before him endured the cross, scorning its shame, and sat down at the right hand of the throne of God.  
- Hebrews 12: 2



## Undergraduate Medical Graduation-2018



The undergraduate Medical Graduation was held on the 12<sup>th</sup> of November 2018. The ceremony began with the jasmine chain procession, carried by the final year medical students, followed by prayer by Rev. Ananthi A. Mary and welcome of the Chief Guest, Mr. Ravi Zacharias (Ravi Zacharias International Ministries) by the Director.

The graduates were presented to the Principal Dr. Anna B. Pulimood by the Registrar Dr. Elizabeth Tharion. The prize winners were presented to the chief guest by Dr. Vinay Oommen, Vice Principal. Dr. Anna Pulimood in her charge to the graduates, congratulated them for the way they had enriched the life of the community. She challenged them to ask themselves if in everything they did, they did their best, they helped others and if they could truly say that they were partnering with God. Mr. Ravi Zacharias, in his address, spoke about the responsibility of the graduates to be upright, disciplined and prayerful in their lives, drawing inspiration from the life of Daniel.

The Mrs. Mariaviakulam David Memorial Medal for the best outgoing student was awarded to Jivansha Dua. She had won 29 prizes which included medals, prizes and certificates of honour for her outstanding academic performance throughout her MBBS course. Dr. Margaret Shanthi, Professor of Pharmacology was honoured with the Drs. Molly and Thomas Bhanu Best Teacher Award.

The Paul Harrison Award was presented to Dr. Moji Jini. This award which is CMC's highest honour, is presented to an alumnus for significant, steadfast and selfless service, thus living out the motto of the institution, 'Not to be ministered unto but to minister'. Dr. Moji Jini, joined CMC in 1977, and after completing his MBBS,



Paul Harrison Award

### Special Prayers : December 16 - 22, 2018

#### Pulmonary Medicine :

Dr. D.J. Christopher and Staff  
Dr. Richa Gupta and Staff

#### Methodist Church in India

##### Council Members :

Dr. Arvind Roop Kumar  
Bishop Dr. Anilkumar Servand

#### Methodist Hospital, Nadiad

#### Nur Manzil Psychiatric Centre, Lucknow

#### ETCM Hospital, Kolar and others

#### Methodist Church Overseas Division (UK)

### Sunday Services : December 23, 2018

3.00 pm : Hospital Chapel

Mizo Carol Service

6.30 pm : Hospital Chapel

Rev. Joji Philip

6.00 pm : Scudder Auditorium

Mr. Hugh Skeil

4.30 pm : Chittoor Chapel

Rev. Mani Bhushan Das

### Christmas Service : December 25, 2018

5.00 am : Hospital Chapel

English Service

There will be no evening service on Christmas & New year in College and Hospital Chapel. Christmas & New year Worship services in regional Languages will follow Sunday Schedule.

### Welcome :

Dr. Elvino Barreto, Professor, Department of Plastic Surgery Unit - I on his return from sabbatical leave.

Dr. Munawwar Ahmed, Associate Professor, Department of Radiology on his return from sabbatical leave.

completed his post graduation in Surgery from AIIMS. He joined the Arunachal Pradesh health service before returning to CMC in 1992 to be trained as a pediatric surgeon and



Best Outgoing student



returned to Arunachal Pradesh, as the first super-specialist. He used his position as the highest ranking health official of the state to not only set up the TomoRiba Institute of Health and Medical Sciences, but six nursing schools, the Arunachal Pradesh Medical Council, a day-care Cancer Centre and formalised the Arunachal Pradesh Health Cadre Rules and Regulations. He initiated an NGO, the Siang Health Mission that conducts health camps in remote areas of Arunachal Pradesh and the neighbouring Assam. The first batch of MBBS students joined the Medical College in 2018. Mr. Jerry Dominic John, President of the Student's Association, felicitated the graduating Batch of 2013. Dr. Adarsh N. and Dr. Harsha Ruth Peter responded on behalf of the graduating class. The graduation ceremony concluded with the singing of the *Alma Mater* and National Anthem.

**College Day** was celebrated on November 10<sup>th</sup> 2018. The day began with the Thanksgiving Service conducted by the final year medical students (Batch of 2014) in the College Chapel. Dr. Lilly Varghese, Professor of Obstetrics and Gynecology, was the speaker for this service. This was followed by the Flag Hoisting for which Dr. Solomon Sathishkumar, Professor, Physiology was the guest of honour. Dr. Deepak Abraham, Professor, Endocrine Surgery, was the guest of honour for the tree planting ceremony and Dr. Philip Joseph, Professor of Hepatobiliary Surgery, was the guest of honour for the crest pinning ceremony. The college day prize distribution program was held in the evening during which certificates of honour were presented to the medical students. The 25 years meritorious service award was presented to Dr. Nirmala Sarah Tharien (batch of 1977) and Dr. Tarun Kumar Biswas (batch of 1981). The Emmanuel Sundar Raj memorial award for service in needy areas by a postgraduate surgery alumnus was presented to Dr. Samuel Sathyajt Jiwanmall. This was followed by the College Day Play, '*Alladin*,' directed by Dr. Rohit and Dr. Anika Amritanand, and produced by Mr. Jason Jacob, the entertainment Secretary, Students Association. The **Baccalaureate Service**, held on November 11<sup>th</sup> 2018, was a time when the graduation batch expressed their gratitude to God for His faithfulness. Rev. Pearson, Chaplain, was the speaker for this occasion.

### Third Annual Conference in Internal Medicine



The Third Annual Conference in Internal Medicine was conducted between 21<sup>st</sup> and 23<sup>rd</sup> November on the theme "Infections and the Internist". The inaugural programme commenced with an opening prayer followed by a welcome address by Dr. Thambu David, Professor and Head, Department of Medicine, followed by felicitations by Dr. J.V Peter, Director, Dr. Simon Pavamani, Vice Principal (PG), Dr. Prasad Mathews, Medical Superintendent and Dr. Abraham O.C, Professor and former Head, Department of Medicine. The scientific programme was designed to provide crucial updates on key areas in

Infectious Diseases and broadly focused on antimicrobial stewardship on Day 1, viral, fungal and parasitic diseases on Day 2 and discussions on complex issues pertaining to the diagnosis and management of HIV and Tuberculosis on Day 3. A well attended e-poster competition was also organized at the sidelines of the conference with the prize for the best poster being awarded to Dr. Kevin John John for his presentation entitled "Clinical profile and outcomes of patients with dengue infection in a tertiary care hospital in South India." The programme concluded with a vote of thanks by Dr. Alice Mathuram, organizing secretary and Professor and Head Department of Medicine Unit-I.

### The first Venolive conference, conducted by the Department of Vascular Surgery

On the 19<sup>th</sup> of November 2018, the Department of Vascular Surgery conducted the first Venolive conference - a one day integrated programme on the latest interventions in venous disease management. This conference was unique in that each teaching session was followed immediately by an interactive live telecast from the operating theatre. Aided by the Department of Telemedicine, integrated interactive streaming of both the operative field as well as fluoroscopy and sonography were streamed to the conference room which ensured that the participants enjoyed a virtual operating theatre experience. Endovenous radio frequency, laser, non thermal ablations (glue, mechanicochemical ablation and perforator ablation) and venous stenting were demonstrated and sessions on these were chaired by several eminent national authorities in vascular surgery. Over one hundred delegates attended the programme. Another highlight of the event was the launch of the Vascular Surgery Department website, linked to the main hospital website ([www.cmc-vascular.org](http://www.cmc-vascular.org)) serving as an information portal as well as facilitating patient services and follow up. The overall success of the conference was possible only through the collaborative efforts of the vascular, telemedicine, anesthesia and nursing teams and ensured a unique integrative learning experience.

## World Prematurity Day observed by the Department of Neonatology



The Neonatology Department organized a preterm “NICU Graduates” reunion on 17<sup>th</sup> November 2018, to celebrate the World Prematurity Day. More than thirty low birth weight babies between (600gms to 990gms) along with their parents and extended family attended the programme. The programme began with a word of prayer by Rev. Deborah followed by a song by the staff. Dr. Sneha Varkki, Professor, Paediatric-III, Dr. Samuel P. Oommen, Professor, Developmental Paediatrics and Mrs. Ebenezer Ellen Benjamin,

Professor, Maternity Nursing were the special invitees. This was followed by an interactive lecture on feeding, growth, development and responsible parenting. Mrs. Hima J.B. from the Department of Neonatology and Mrs. Reema Samuel from the Department of Psychiatry organized a focus group discussion on short and long term issues faced by parents. The programme concluded with a vote of thanks by Mrs. Morris Shankar, Nurse Manager, Neonatology followed by lunch.

## World AIDS Day-2018

The World AIDS Day 2018 was commemorated on 1<sup>st</sup> December 2018, by the Department of Infections Disease. The theme of this year was “Know Your Status”. Numerous awareness booths were organized by the Departments of Infections Disease, Virology, Blood Bank, Pulmonary and Gynecology in connection with HIV. The event was attended by nearly two thousand people. Dr. Jessie Lionel, Professor Department of Obstetrics and Gynecology and Medical Officer of PPTCT was the guest of honor and dedicated the exhibition booths followed by felicitations by Dr. Shirley David, Professor and Head, Nursing Services and Medical Wards. The event was successfully organized by Dr. Rajiv Karthik, Faculty and Peace Clarence Social worker Department of Infectious diseases.



## College of Nursing bags the prizes again at ZENITH - 2018



ZENITH-2018 is an annual South Zone Intercollegiate Quiz competition conducted by PSG College of Nursing, Coimbatore. A total of thirty seven teams from twenty one Colleges from the South Zone participated in the event. Two teams comprising of three students in each represented the College of Nursing. The institution congratulates the following students and the College of Nursing for having won the trophy for the fourth consecutive time.

**1<sup>st</sup> prize:** Ms. Krupamol Thomas (IV year B.Sc Nursing), Ms. Jeena Mathukutty (IV year B.Sc Nursing) and Ms. Karnam Sneha Deepti (III year B.Sc.

Nursing). **3<sup>rd</sup> prize:** Ms. Bessy Prakash (IV year B.Sc Nursing), Ms. Gnancy (IV year B.Sc. Nursing) and Ms. Benisha (III year B.Sc. Nursing).

## Congratulations!

- **Dr. Selva Titus Chacko**, Dean, College of Nursing has been elected as the President of Nursing Research Society of India (NRSI).
- **Dr. Chiramel George Koshy**, Professor, Department of Radiology has been selected for the Editorial Fellowship award, for this year from the Journal of Vascular and Intervention Radiology (JVIR).
- **Dr. Lisa Cherian**, Department of ENT Unit-III has received the Champion Ma Playoust award for the best ECR presentation at the 57<sup>th</sup> Australian Society for Medical Research National Scientific Conference held on 21<sup>st</sup>- 23<sup>rd</sup> November, 2018 in Australia.
- **Dr. Habie Thomas Samuel**, 2<sup>nd</sup> year fellow in Implant Otology has won the 1<sup>st</sup> prize for his e-poster titled, 'Dimensions of posterior tympanotomy using digital microscope: A novel technique' at the 16<sup>th</sup> Annual conference of the Cochlear Implant Group of India at Daman held on 29<sup>th</sup> November to 1<sup>st</sup> December, 2018.

## Situations Vacant

**1(a) Senior Resident with MD (Paediatrics) for the Department of Paediatrics - I (Well Baby Clinic)**

Salary : As per institutional rules. Accommodation provided (Subject to availability).

**1(b) Junior Resident with DCH / MBBS for the Department of Paediatrics - I (Well Baby Clinic)**

Salary : As per institutional rules. Accommodation provided (Subject to availability).

**1(c) Registrar (Non PG) with MBBS for the Department of Paediatrics - I (Well baby Clinic)**

Salary : As per institutional rules. Accommodation provided (Subject to availability).

**2. Tutor Gr.IV with BPT Graduate IAP recognized College / University for the Department of Physical Medicine and Rehabilitation (PMR)**

Should have completed 6 months of compulsory internship on or before 31.12.2018.

Age limit: Below 30 years. Salary scale : Approximately Gross Salary : Rs.30,000/- per month. Accommodation not provided.

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore – 632 002, email: [princi@cmcvellore.ac.in](mailto:princi@cmcvellore.ac.in) on or before **December 29, 2018** for Items 1(a), 1(b), 1(c) and **December 31, 2018** for Item 2.

**3. Applications are invited for the following posts in CMC Vellore Chittoor Campus :**

**3(a) Senior Resident /Assistant Physician /Associate Physician / Associate Professor / Physician with D.Ch / MD / DNB (Paediatrics)**

**3(b) Senior Resident / Assistant Physician / Associate Physician / Physician with MD (Radiology)**

**3(c) Senior Resident / Assistant Physician /Associate Physician / Physician with DVL / MD (Dermatology)**

**4. Applications are invited for the following posts in CMC Vellore Chittoor Campus :**

**4(a) Obstetrics and Gynaecology: Senior Resident / Assistant Surgeon / Assistant Professor / Associate Surgeon / Associate Professor / Surgeon with MS / MD / DNB / DGO**

**4(b) Orthopaedics : Senior Resident / Assistant Surgeon / Assistant Professor / Associate Surgeon / Associate Professor / Surgeon with MS / DNB in Orthopaedics**

**4(c) General Surgery : Senior Resident / Assistant Surgeon / Assistant Professor / Associate Surgeon / Associate Professor / Surgeon with MS / DNB (Gen. Surgery)**

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu> link: "Vacancies" or email to [dir.chittoor@cmcvellore.ac.in](mailto:dir.chittoor@cmcvellore.ac.in) with all testimonials and certificates on or before **December 24, 2018** for Items 3(a), 3(b), 3(c) and 4(a), 4(b), 4(c).

**5(a) Staff II Cytogenetics / Molecular Genetic Technician for the Department of Clinical Haematology**

Qualifications : B.Sc. (Life Sciences ) with PG Diploma (2 years) in Cytogenetics /Molecular Genetic Technician.

Age limit : 35 years. Salary : As per institutional rules.

**5(b) Graduate Technician Trainee for the Department of Clinical Haematology**

Qualifications : B.Sc. (Life Sciences) / B.Sc. MLT.

Age limit : 30 years. Stipend: As per institutional rules. Job description : Lab Work.

Note: Only Regular mode will be accepted, Private or correspondence will be not accepted.

**6. Staff III Pharmacist (Project) for the Medical Superintendent's Office for Hospital Infection Control (HIC)**

Qualifications : D. Pharm. and above may apply. Candidates with Typing and Computer skills will be preferred. Appointment will be given only for pharmacists who have registered in the Tamil Nadu State Pharmacy Council.

Preference will be given those who completed 1 year traineeship in the Pharmacy Services.

Salary scale: As per institutional rules. Age limit : 35 years.

Job description: To help in antimicrobial stewardship programme in CMC.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **December 31, 2018** for Items 5(a), 5(b) and 6.

**7. Teachers wanted at King's Matriculation Higher Secondary School, MBKGP, Kasam, Katpadi, Vellore-632 007.**

Pre School teacher and Primary School Teacher (Females only).

Qualifications : B.A./ B.Sc. with B.Ed. and Teaching experience at Junior level.

Letter of application along with photocopies of certificates and testimonials may be sent to the Principal / Director / Correspondent. King's Matric. Hr. Sec. School, MBKGP, Kasam, Katpadi, on or before **December 31, 2018**. E.Mail id :

[principal.kingsschool@gmail.com](mailto:principal.kingsschool@gmail.com)

Application available for RUHSA community college for the January 2019 batch. Courses offered: 2 wheeler and 4 wheeler mechanism, AC and Refrigeration, Electrical wiring and Motor recoiling Mechanism, Computer Hardware and Beautician Course (For Women Only). Contact: Ph: 8300031373 / 8300031324.

Last date of application 02/01/2019.



# CMC NEWSLINE

Vol.No.56

No.26

FOR PRIVATE CIRCULATION ONLY

DECEMBER 24, 2018



## The Saviour is born- St. Luke: 2 -8:14

**C**hristmas Greetings to all. On this joyful occasion, the message of Christmas I wish to share is the answer to the ever prevalent question- Why is there such a celebration throughout the world because of a baby born to a Jewish couple in a small town called Bethlehem?

Though born in a lowly manger to a poor carpenter, the birth of this child was foretold by the prophets. The good news was announced to a group of shepherds, "Today in the town of David a Saviour has been born to you; He is Christ the Lord" (Luke 2:11). This is the news of great joy which was shared with the entire humanity and the reason for the celebration- *A Child is born who is our Saviour and Lord*. Thus what we celebrate is not just the birth of a baby, but the incarnation of God, which took place in a manger; a truth historically proved.

Let us focus on three significant aspects of the saviour's birth:

**1. A great hope revealed by the birth of this Saviour:** When Apostle Paul was writing to his co-worker Titus, he wrote "While we wait for the blessed hope – the glorious appearing of our great God and Saviour, Jesus Christ, who gave himself for us to redeem us from all wickedness and to purify for himself a people that are His very own, eager to do what is good." (Titus 2:13 & 14.)

More than 2018 years ago, God sent Jesus Christ to be our Saviour, to save us from our sins, to be born again and

return to live with God someday. This hope of salvation is indeed one of the many reasons to be thankful for the season of Christmas.

**2. God's Love being poured through the birth of this Saviour:** John, the beloved disciple of Jesus, rightly wrote in his gospel, "For God so loved the world that He gave His one and only Son, that whoever believes in Him shall not perish but have eternal life." (John 3:16).

What a loving Saviour we have in our lives. The agape love, that is the sacrificial love of God, came down in the form of this little baby, Jesus. Let us also, in turn, spread the joy of love to others during this season and always.

**3. This Saviour is truly "Immanuel," God is with us:** We are not celebrating the birth of an "Unknown God," as Paul puts it. Rather, we are jubilantly praising the Saviour who is born for us. Prophet Isaiah's prophesy about 800 years before the birth of Jesus, says "For unto us a Child is born, unto us a Son is given, and the government will be on His shoulders. And He will be called Wonderful Counselor, Mighty God, Everlasting Father, and Prince of Peace." (Isaiah, 9:6).

He knows our sicknesses and our struggles and carries our infirmities in His body (Mt. 8:17). Through reconciliation he has brought peace to all, by forgiving our sins and surrendering everything on the cross. Through His resurrection, He blessed all of us to be His sons and daughters.

Dear Friends, let us not stop with the singing of carols alone, but let us share

*Special Prayers : December 23 - 29, 2018*

**Vellore Good Samaritan Canteen:**  
Mrs. Kalyani and staff

**Men's Intern Quarters**  
Warden: Dr. Rajiv Michael and staff

**Ladies' Intern Quarters**  
Warden: Dr. Selvamani and staff

**College Stores and College Canteen**

**Kolhapur Church Council**  
Council Members :  
Rev. David Balwant Samudre  
Mr. Yohan Gulab Immanuel

**Miraj Medical Centre, Maharashtra**  
Council Member : Dr. Nathaniel Sase

**Sunday Services : December 30, 2018**

6.30 pm : **Hospital Chapel**  
Rev. Deepak Gnana Prakash

6.00 pm : **Scudder Auditorium**  
Ms. Saramma Kuruvilla

4.30 pm : **Chittoor Chapel**  
Rev. Vijay Kumar Karupalli

**Watch Night Service : December 31, 2018**

11.30 pm : **Hospital Chapel**  
Rev. Jim M.R. Paul

11.30 pm : **Scudder Auditorium**  
Rev. Giftus Joshua

**New year Worship services on 1<sup>st</sup> January, 2019 will be in regional languages which follow Sunday Schedule.**

**There will be no evening service on New Year in College and Hospital Chapels.**

this joy through our solidarity with those who live in the shadow of death. Let us share with them the joy and hope of Christ in us by reaching out to them. Let us help those who live in darkness and are neglected to find Christ in their midst and in their hearts so that they know that Christ is truly their Lord and Saviour and He may be born in their lives.

Wishing everyone a joyful Christmas and a blessed New Year 2019. May God bless all of us with His peace and Health in this season of Christmas.

A message from **Rev. Ananthi A. Mary**  
Head, Chaplaincy



## A Stakeholder Engagement Workshop on “Community based Chronic Lung Disease care for rural communities in India” for physicians in Vellore District organized at CMC



A Workshop on “Community based Chronic Lung Disease care for rural communities in India” was organized for the physicians in Vellore district on Saturday, December 1<sup>st</sup>, 2018 at the Senate Hall, Carman Block, CMC. The Workshop was hosted by Department of RUHSA in collaboration with NIHR Global Research Unit on Respiratory Health, University of Edinburgh. The objective of the workshop was to explore the feasibility

of implementing a decentralized chronic respiratory disease care through the primary health care system for the rural communities in Tamil Nadu as part of a ‘RESPIRE’ multi-country research study. The Workshop was attended by 30 participants including physicians and General practitioners practicing respiratory medicine from the Public and Private sector institutions in Vellore.

The inaugural ceremony commenced with a prayer by Rev. Joseph Devaraj followed by the lighting of lamp by the dignitaries. Dr. Biju George, Vice Principal (Research) inaugurated the workshop. In his speech, Dr. Biju George highlighted the burden of Chronic Respiratory Disease (CRD) in India and the importance of primary health care with special emphasis on CRD care. Dr. Rita Isaac, Professor and Principal Investigator of RESPIRE project welcomed the participants and shed light on the ‘RESPIRE project’. Dr. Shantidani Minz, Head Of the Department, RUHSA offered the felicitation.



The speakers were Dr. Jerard M Selvam, Deputy Director and State Nodal Officer for the NCD Intervention Programme, Tamil Nadu who shared the State government initiatives under National Health Programme for COPD. Dr. Poonam Malik, Global Respiratory Health Partnerships Manager and Research Collaborator, University of Edinburgh gave an overview of the “RESPIRE” multi-country project and Dr. Deepa Das, Senior Consultant Pulmonologist, Bangalore Baptist Hospital delivered talks on ‘Challenges of Diagnosing Chronic Lung Diseases in low resource settings’ and ‘Updates on current recommendations for treatment of CRD’. There was a lively discussion at the end of the workshop that captured suggestions and comments to develop a feasible CRD intervention programme for poor communities.

## CME on Postgraduate Refresher Course in Dermatology, Venereology and Leprosy

The Department of Dermatology, Venereology and Leprosy organized a Postgraduate Refresher Course and CME on 23<sup>rd</sup> and 24<sup>th</sup> November 2018. Dr. Mary Jacob, Former Head of Department of Dermatology, Dr. Anna Pulimood, Principal and Dr. Susanne Abraham Pulimood, Organizing Chairperson, inaugurated the programme.



The CME was attended by post graduates and faculty from various colleges of South India. The workshop began with sessions on spotters, OSCE, dermatopathology slides and demonstration of splints which aid in the rehabilitation of leprosy. This was followed by lectures on topics such as medical dermatology, leprosy, sexually transmitted diseases, diagnosis and management of HIV, significance of auto antibodies in connective tissue disease, management of systemic sclerosis and psoriatic arthropathy, management of cutaneous lymphoma and graft versus host disease. The conference also included a quiz for the postgraduates.

The CME was awarded 20 credit points under Category III by The Tamil Nadu Dr. M.G.R. Medical University.

## “Twelfth International Short Course in Clinical Tropical Medicine”

The Department of Infectious Diseases in collaboration with the departments of Wellcome Microbiology and Clinical Microbiology hosted the “Twelfth International Short Course in Clinical Tropical Medicine” 19<sup>th</sup> November - 1<sup>st</sup> December 2018. Twenty five students attended the two week course which offered lectures, clinical bedside session and laboratory practical in bacteriology, virology, parasitology and mycology.





Expertise was offered by international faculty from the McGill University, Canada, Haukeland University and Center of Geographic Medicine & Tropical Diseases, Norway, Ludwig-Maximilians University, Germany, Universidad Peruana, Cayetano Heredia Peru, Albert Einstein College of Medicine, New York, Manipal Academy of Higher Education and NIMHANS, Bangalore. Faculty of CMC Vellore from the departments of Wellcome, Microbiology, Clinical Microbiology, Virology, Child Health-III, Neurology, Neurosurgery, Dermatology, SLRTC Karigiri, CHAD and Infectious Diseases contributed actively to the learning process. This course was started in 2007 and has received tremendous appreciation from the participants and so far 108 Indians and 205 International students have been trained in the different aspects of Tropical Medicine.

**Colloquium on Theology of Health and Healing**

A Colloquium on Theology of Health and Healing was held at the Christian Medical College, Vellore as part of the Centenary Celebration of medical education between 8<sup>th</sup> and 9<sup>th</sup> December 2018. The Speakers included Dr. John C Oommen, Dr. Selva Titus Chacko, Mr. Ruby Nakka, Rt. Rev. Dr. D.K. Sahu, Dr. Jayakumar Christian, Dr. Joshua Kalapati, Dr. Joseph George, Rev. Dr. Samuel Richmond Saxena, Dr. Stanley Macaden, Dr. B.J. Prashantham, Dr. Edison Samraj, Rev. Dr. Valson Thampu, Dr. Joyce Ponnaiya, Dr. Anna Pulimood, Mrs. Usha Jesudason, Mr. Edward Sigamony and Mr. Anthony Samy. Conversations were based on themes such as Healing ministry as a vocation, Context of Healing ministry, Mission of God & Pastoral Counseling, Identity, Credibility and Accountability and Patients’ understanding of Healing Ministry. Rev. Dr. Nicholas Wood, Director of the Oxford Centre for Christianity and Culture, Oxford was the key note speaker.



**Fourth CMC Hospital Campus Tennis Tournament 2018**



The Fourth CMC hospital campus tennis tournament was conducted at the hospital campus tennis court from 1<sup>st</sup> October 2018 - 9<sup>th</sup> November 2018. There were more than 20 participants for the singles event and 16 teams for the doubles event. The matches went on for more than a month and there was enthusiastic and active participation from all age groups and from the different campuses. Dr. Deepak Selvaraj, Associate Professor, Department of Vascular Surgery was the chief guest and gave away the prizes. The winner of the Singles event was Dr. Sathya Narayanan R (Department of Radiodiagnosis) and the runner up was Dr. Rohan Thomas (Department of Radiation Oncology). In the doubles event the winners were Dr. Rajiv Karthik (Department of Infectious Diseases) and Dr. Reuben Thomas Kurien (Department of Gastroenterology) and the runners up were Dr. Ajit George (Department of General Surgery) and Dr. Rohan Thomas (Department of Radiation Oncology). It was a good opportunity for all the participants to display their skill and to also have a lot of fun.

**Congratulations!**

- **Dr. J. Merlyn Nisha**, Assistant Professor in Pediatric Nephrology for winning **Best Poster Award** for her paper entitled “L-FABP - A PROMISING NOVEL BIOMARKER OF NON SURVIVAL IN CRITICALLY ILL CHILDREN WITH SEPSIS-ASSOCIATED AKI” during the 30th Annual National Conference of the Indian Society of Pediatric Nephrology (ISPNCN) held in Hyderabad from 30<sup>th</sup> November to 2<sup>nd</sup> December 2018.
- **Dr. Suresh M.**, Assistant Professor in Pediatric Nephrology for winning **Third Prize in the Award Paper Session (Oral)** for his paper (award paper) entitled “URINARY ANGIOPOIETIN-LIKE 4: A NOVEL DIFFERENTIAL PROTEIN IN PEDIATRIC NEPHROTIC SYNDROME” during the 30th Annual National Conference of the Indian Society of Pediatric Nephrology (ISPNCN) held in Hyderabad from 30<sup>th</sup> November to 2<sup>nd</sup> December 2018.
- **Dr. Lallu Joseph**, Quality Manager received the Dr. M.S. Ashraf Award in the category of Allied Health Professional of the year 2018 by the Indian Medical Association, Tamilnadu State, Doctors Day Award-2018.



## Retirement



**Mrs. A. Suseela, Sel. Gr.II Staff Clerk**, Medical Ward retired on 16<sup>th</sup> December 2018, after 34 years of dedicated service to the institution. Her husband, Mr. Mark is a Pastor. She has two sons, the elder son, Mr. Praveen Devakumar has completed B.Tech and is a 1<sup>st</sup> year student of P.G. Diploma in Genetic Diagnosis and the younger son, Mr. Paul Jebakumar is a Male Nurse in A4 Ward. CMC Community is thankful for her years of commitment to the institution and wishes her God's blessings on her retired life.

## Obituary

**Miss. Mary George**, retired Chaplain, on 21<sup>st</sup> December, 2018. The Funeral Service and final committal will be held at St. James CSI Church, Punnavelly, Kerala on 25.12.2018 at 2.00 p.m.

Let us thank God for blessed life of Ms. Mary George and uphold all the bereaved members of the family and CMC community in our prayers.

## Situations Vacant

### 1. Staff III Optometrist for the Ophthalmology Department

Qualifications : H.Sc. with 2 year Diploma in Optometry.

Salary : As per institutional rules. Accommodation not provided. Age limit : 35 years.

Job description : Outreach optometry technician for community ophthalmology practice in primary and secondary eye care services.

### 2. Technician Trainee for the Department of Paediatric Haemato-Oncology (Paediatrics Unit-I)

Qualifications : Higher Secondary. Preference will be given to those who have completed one year Diploma in Computer Applications and those who speak Hindi fluently.

Stipend : As per institutional rules. Age limit : 30 years.

Job description : To work in the Paediatric Haemato-Oncology as Trainee for one year.

### 3. Graduate Technician Trainee for the Department of Neurological Sciences (Neurophysiology)

Qualifications : Graduate (Physics / Bio-chemistry / Zoology).

Stipend : As per institutional rules. Accommodation not provided. Age limit : 30 years.

Nature of job : To work as Graduate Technician Trainee for Intra-operative monitoring in Neurophysiology - Department of Neurological Sciences.

### 4. Technician (External Designation - Project) for the Department of Neonatology

Qualifications : B.Sc. MLT with one year experience or DMLT with two Years experience.

Note: Only Regular mode will be accepted, Private or correspondence will be not accepted.

Age limit : 35 years. Salary scale: As per institutional rules. Job description : To work in project mode.

### 5. Staff II Emergency Care Technician for the Department of Emergency Medicine

Qualifications: B.Sc. (Emergency and Trauma Care Technology) with internship.

Salary : As per institutional rules. Age limit : 35 years. Job description: To work in Emergency Medicine.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". *Note : Only online applications will be accepted; Hard copies will not be accepted.*

Applications will close on **December 31, 2018** for Item 1 and **January 07, 2019** for Items 2, 3, 4 and 5.

### 6. Accountant-Cum-Cashier Gr.III (Project Mode) in Accounts Department

Qualifications : B.Com + 1 year Computer Training.

Salary : Rs.22,000/- (Gross salary). Period : One year. Age limit : 30 years and below.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". *Note : Only online applications will be accepted; Hard copies will not be accepted.*

Applications will close on **January 05, 2019** for Item 6.

**7. Schieffelin Institute of Health - Research & Leprosy Centre, Karigiri-632 106** invites applications for the following post of **Staff Nurse Gr.IV**. Qualifications: B.Sc. Nursing / Diploma in General Nursing and Midwifery with 2 years experience. (Female - Age below : 30 years).

Apply with bio-data along with photocopies of certificates and a demand draft for Rs.50/- in favour of "SIH-R & LC., Karigiri" addressed to the Director, SIH-R & LC., Karigiri, Pin - 632 106.

Last date for receipt of applications is **December 29, 2018** for Item 7.



# CMC NEWSLINE

Vol.No.55 No.27 FOR PRIVATE CIRCULATION ONLY DECEMBER 31, 2018

to be made new in the attitude of your minds; and to put on the new self, created to be like God in true righteousness and holiness.  
*Ephesians 4:23-24*



## New Year Message from the Director's Desk

As we stand at the threshold of yet another year, I am reminded of the verses from Lamentations 2: 22-23 (NIV), “Because of the Lord’s great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness.”

Vern McLellan said, “What the New Year brings to you will depend a great deal on what you bring to the New Year.” As an institution we bring to the New Year a heart of thanksgiving for 2018. The Centenary year of Medical education, starting with the thanksgiving service to the formal inauguration by the Hon’ble President of India to luminary lectures, concerts, book releases, alumni inter-house competitions, conferences and other events reminded us of how blessed we are as an institution. The undergraduate and postgraduate admissions was another attestation of God’s goodness to us. God has also blessed the work at the main hospital, Chittoor campus and the peripheral campuses and the construction work at the Kannigapuram campus.

Three dimensions from the above bible passage are relevant; *great love*, *compassion* and *faithfulness*. It is true that we are not consumed because of God’s *great love*. This love of God is beautifully exemplified by Stuart Townend’s song, “How deep the Father’s love for us; how vast beyond all measure; that He should give His only Son; to make a wretch His treasure.” Hence we can join with the Psalmist to say, “Give thanks to the Lord, for He is good, for His steadfast love endures forever” (Psalm 136:1).

Second, the word of God tells us that *His compassion* never fails. Isaiah 30:18 states, “Yet the Lord longs to be gracious to you; therefore he will rise up to show you compassion; for the Lord is a God of justice. Blessed are all who wait for him.” The compassion of God stems from a longing to be gracious to us. God deals with us not on the basis of our merit or worthiness, but based on his goodness and generosity.

Finally, God’s faithfulness. As Deuteronomy 7:9 states, “Know therefore that the Lord your God is God, the faithful God who keeps covenant and steadfast love with those who love him and keep his commandments, to a thousand generations.” The covenant relationship of God lasts for a thousand generations. If 4-5 generations pass by in 100 years, a thousand generations signifies that God’s faithfulness lasts for a very long time.

I want to close with the inspirational words of Melody Beattie. “Gratitude unlocks the fullness of life. It turns what we have into enough and more. It turns denial into acceptance, chaos to order, confusion to clarity. It can turn a meal into a feast, a house into a home, a stranger into a friend. Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow’

Have a blessed New Year 2019

Dr. J.V. Peter  
Director

★ Happy  
New Year 2019 ★

Special Prayers: December 30 - January 05, 2019

ELS Book Shop: Mr. K. Jose and staff

Central Bank of India - Hospital Campus

State Bank of India - College Campus

Post Office (College and Hospital)

Karpagam Co-operative Store

Sunday Services : January 06, 2018

6.00 pm : Scudder Auditorium

Rev. Gosperlyne Snaitang

6.30 pm : Hospital Chapel

Rev. Pradeep George

4.30 pm : Chittoor Chapel

Rev. Mani Bhushan Das

Welcome :

**Dr. B. Antonisamy**, Professor, Department of Biostatistics, on his return from sabbatical leave.

**Dr. Mithun Jacob Varghese**, Associate Professor, Department of Cardiology Unit-I, on his return from study leave.

**Dr. Jyothi Avula**, Assistant Professor, Department of Anaesthesia, on her return from sabbatical leave.



## Lamp Lighting Ceremony-2018

The Lamp Lighting Ceremony of the College of Nursing was held on 19<sup>th</sup> December 2018 at 6 pm in the Scudder Auditorium. During this solemn occasion, two hundred first year nursing students dedicated their lives to the noble profession of 'Nursing'. The Chief Guest Dr. Elizabeth Jean Abraham, Former Principal, PSG College of Nursing, Coimbatore in her address emphasized the meaning and significance of lamplighting. Dr. Selva Titus Chacko, Dean, College of Nursing in her charge to the students spoke on the significance of Florence Nightingale Lamp and the Ceremony. She inspired the students to pursue their calling with single minded devotion, considering themselves as instruments of God in the healing ministry. Dr. K.S. Jacob, Professor, Department of Psychiatry, lighted the Florence Nightingale lamp that was presented to the College of Nursing by Dr. Ida S Scudder. Dr. K.S.Jacob in his felicitation encouraged the students to consider their



professional training as a journey led by God and to share compassion to those who are suffering with the support of faculty, friends and teachers. This was followed by lighting of the College lamps by the faculty following which the students received their lighted lamps from the Dean and Dr. Premila Lee, Nursing Superintendent, CMC. The students pledged to be ardent nurses in the healing ministry. The Ceremony concluded with prayer and benediction by Rev. Ananthi A. Mary, Head of Chaplaincy, CMC, Vellore.

## Workshop organized by the Department of Paediatrics

On 6<sup>th</sup> December 2018, a workshop for Hindi speaking parents of children with Cystic Fibrosis (CF) was organized by CF care team, Paediatric respiratory services and Department of Paediatrics, with the aim to educate the parents on the ways and methods of CF homecare. This is the second workshop this year organized under CF India project which is funded by CF foundation, USA. The Goal of this three year project is to create awareness about the condition among medical professionals and develop a sustainable, cost effective care for CF in India.

## Adolescent health week celebrations, December 2018

Adolescent medicine, Department of Paediatrics and Paediatric Nursing Department celebrated the Adolescent Health Week from 3<sup>rd</sup> December to 8<sup>th</sup> December 2018 under the auspices of the Indian Academy of Paediatrics.

Health education programs were conducted in five government and government aided schools in Vellore for the students between 9<sup>th</sup> to 12<sup>th</sup> standard, as suggested by the school authorities. A total of 1100 students participated. Topics included adolescent nutrition, sleep, physical activity, mental health problems, sexual health issues and substance abuse. Each session included a talk on health problems specific to adolescents, followed by a role play and discussion time. Adolescent health education pamphlets were distributed to all



students who attended which contained detailed information on hygiene, skin problems, nutrition, emotional problems, substance abuse and HIV / Sexually transmitted infections. The health education programme was well received by students, teachers and other school authorities. Some of the principals requested the department to conduct similar sessions for the teachers and parents.

Competitions such as essay writing, slogan writing and poster competition were organized on various related topics, for which awards and certificates were distributed.



## Congratulations!

- **Dr. K. Prasad Mathews**, Professor, Department of Geriatrics has been presented the Jodhpur oration in the 16<sup>th</sup> Annual Conference of Indian Academy of Geriatrics (IAG), held at Kota on 8<sup>th</sup> December, 2018.
- **Dr. Anand Bhaskar**, Professor, Department of Physiology, won the best e-poster award on 1<sup>st</sup> December, 2018 during the 64<sup>th</sup> Annual National Conference of the Association of Physiologists and Pharmacologists of India (APPICON 2018) held at Manipal.
- The following participants from the Department of Gastroenterology and Hepatology won prizes at the annual conference of Indian Society of Gastroenterology held at Kochi from 28<sup>th</sup> November, 2018 to 1<sup>st</sup> December, 2018.  
**Dr. Debasis Sardar**, Final Year DM Gastroenterology Postgraduate student was selected for plenary presentation for his topic on “Outcome of vWF reducing protocol in liver dysfunction due to rat killer poisoning”.
- Dr. Sudipta Dhar Chowdhury**, Professor of Gastroenterology won First prize for best EUS-Video contest on the title, “EUS guided Gastrojejunostomy using the Hot-Axios stent.”
- Dr. Amit Singh Barpha**, Final year DM Hepatology Postgraduate student won the First Prize in free paper session on the topic ,”**Low volume plasma exchange improves survival in severe alcoholic hepatitis patients, a case control study**”.
- Dr. Prashanth B. Gandhi**, Final Year DM Gastroenterology Postgraduate student won third prize in presidential poster presentation for the topic “**von Willebrand Factor-vWF pheresis: a possible explanation how plasma exchange is beneficial in Liver failure.**”
- **Dr. Ananth P. Abraham**, Postgraduate Resident of Neurosurgery, won the first prize for his poster presentation titled “The prevalence of physiological anisocoria and its clinical significance – a neurosurgical perspective” at the 67<sup>th</sup> Annual Conference of the Neurological Society of India, held on 13<sup>th</sup> to 16<sup>th</sup> December, 2018 at Jaipur.

## Sports News

- **Founders Day Staff Athletic Meet** was conducted on 24<sup>th</sup> November, 2018 at Oval Ground. Dr. Vinay Timothy Oommen, Vice Principal (UG), CMC was the Chief Guest and distributed awards to the winners. Results :  
Overall Championship : Nursing Service  
Individual Championship (For Men) : Mr. Praveen (Cardio Thoracic Department).  
Individual Championship (For Women) : Ms. Rinu Varghese (Radiology Department).



- The following prizes for the **Carrom Tournament** were distributed on **Founders Day 2018** which was held on 10<sup>th</sup> December, 2018.  
Results : **Group A** : 1<sup>st</sup> Place - Mr. Nanda, Q2 Ward, 2<sup>nd</sup> Place - Mr. Bharath, OPD Service and 3<sup>rd</sup> Place - Mr. Suresh, P.M. Office.  
**Group B** : 1<sup>st</sup> Place - Mr. Gunasekaran, MTS2 Ward, 2<sup>nd</sup> Place - Mr. Raj Kumar, N1 Ward and 3<sup>rd</sup> Place - Mr. John Baskar, Microbiology.  
**Group C** : 1<sup>st</sup> Place - Mr. Abraham Shabeer Ahmed, MRD, 2<sup>nd</sup> Place - Mr. Paul Lenin, OPD Pharmacy and 3<sup>rd</sup> Place - Dr. Benjamin Earnest William, Pulmonary Medicine.

## Retirements



- **Mr. N. Manoharan**, Sr.Gr.I Artisan (Plumber), Department of Environmental Engineering Unit voluntarily retired on 1<sup>st</sup> December 2018, after 25 years of dedicated service to the institution. He has one son, Mr.Thuthivathan, who is studying in the 10<sup>th</sup> Std.

- **Mr. Shanmugam**, Hospital Housekeeping Attendant Gr.II, Neuro Ward voluntarily retired on 1<sup>st</sup> December 2018, after nearly 34 years of dedicated service to the institution. He has three sons. Wife, Mrs. Adhilakshmi is working as a HHKA in KN Ward.



• **Mr. Valarmathi**, Hospital Attendant Gr.II, PMO (R.P) voluntarily retired on 1<sup>st</sup> December 2018, after 31 years of dedicated service to the institution. He has two daughters and a son. Son, Mr. Praveen Kumar is working as Hospital Attendant in CB OR and the elder daughter, Ms. Rajalakshmi is working as a Staff Nurse in MICU.



The CMC community is thankful for their years of dedication and commitment to the institution and wishes them God's blessings on their retired life.

## Obituaries

• **Mrs. Mariamma George**, mother of Dr. Jacob George, Professor & Head, Department of Physical Medicine & Rehabilitation Unit-II, on 26<sup>th</sup> December, 2018 at Kumbanad, Kerala.

• **Mrs. L. Premalatha Sundarraaj**, retired staff in Civil Engineering Department, wife of Mr. Sundarraaj, on 27<sup>th</sup> December, 2018.

Let us uphold all the bereaved members of the families in our prayers.

## Situations Vacant

### 1. Medical Research Assistant for the Department of Gynaecologic Oncology

Job Code : 1275

Qualification : MBBS / DGO. Mode of appointment : Project mode.

Salary : As per institutional rules. Accommodation not provided.

Download application from this link: <http://www.cmch-vellore.edu/> → General → Vacancies → Application Form for Project Staff. The print out of the application with certificates and testimonial copies should be sent to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 on or before **January 05, 2019** for Item 1. *Note : Please mention the Job Code in the application form. Applications without Job Code will not be accepted.*

### 2. Medical Faculty to work in CMC Chittoor Campus:

**2(a) Senior Resident / Assistant Surgeon / Assistant Professor / Associate Surgeon / Associate Professor / Surgeon with MS / DNB in Orthopaedics**

**2(b) Senior Resident / Assistant Physician / Associate Physician / Physician with MD Radiology**

**2(c) Senior Resident / Assistant Physician / Associate Physician / Associate Professor / Physician with D.Ch / MD / DNB in Paediatrics**

**2(d) Senior Resident / Assistant Surgeon / Assistant Professor / Associate Surgeon / Associate Professor / Surgeon with MS / DNB (Gen. Surgery)**

This job is related to a position on the CMC, Vellore Chittoor campus. You will receive a salary and accommodation, as per the job description that you are eligible for. Being an advanced secondary care facility with which is evolving into a teaching unit, you would perform the role of a full time physician /surgeon.

Apply to Dr. Nihal Thomas, Associate Director (Chittoor) Christian Medical College, Town Campus, Vellore - 632 004, email : [dir.chittoor@cmcvellore.ac.in](mailto:dir.chittoor@cmcvellore.ac.in) with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and Address on or before **January 07, 2019** for items 2(a), 2(b), 2(c) and 2(d).

### 3. Graduate Technician Trainee for the Medical Genetics Unit (Clinical Genetics)

Qualifications : B.Sc. Life Sciences or B.Sc. MLT. Preference will be given those who completed DMLT.

Only male candidate need to apply. Stipend : As per institutional rules. Age limit : 30 years.

Accommodation not provided. Nature of job : DNA extraction, PCR, RFLP, Sequencing for molecular diagnosis.

### 4. Pharmacist Trainee for the Pharmacy Services

Qualification : D. Pharm / B. Pharm. Appointment will be given only for Pharmacists who have registered in the State Pharmacy Council. Candidates with typing and computer skills will be preferred.

Those who applied in the last two years need not apply. Stipend : As per institutional rules.

Age limit : 30 years. Job description : Dispensing Section work as Trainee.

Applications to be done only through online application system. Please log in to <http://www.cmch-vellore.edu> Link: "Vacancies". *Note : Only online applications will be accepted; Hard copies will not be accepted.*

Applications will close on **January 14, 2019** for Items 3 and 4.

The **CMC Employee Co-operative Society's** 67<sup>th</sup> general body meeting will be held at 4.40 pm on January 4, 2019 (Friday), at the Kuttumbiah Hall, ASHA Building.