

Dr. Renu Elizabeth George, Professor and Head, Department of Dermatology, Venereology and Leprosy, Unit-I retired on 21st December 2019 after 35 years of exemplary service. She graduated in MBBS from Kottayam Medical college, Kerala (1977-82). In 1984 she joined CMC in Child Health Unit-I under Dr. Sheila Perira and completed her first project under Dr. Minnie Mathan. Later, she joined the Dermatology Department to complete her Diploma in Dermatology in 1987 followed by MD in Dermatology in 1989. She joined as faculty in 1989 and has been involved in teaching since then. She became Professor of Dermatology in 1998 and served as the head of the department twice, from 2002 to 2008 and then 2012 to 2016 and has been the head of DVL Unit-I since September 2008 till her retirement. Her main area of interest was Paediatric Dermatology in which she gained experience during her study leave from 1993 to 1996 at the Women and Children Hospital, Adelaide, Australia. On her return from study leave, she started the Paediatric Dermatology clinic at CMC in 1997, single handedly. She worked as specialist in dermatology while on sabbatical at Brunei from 2005 to 2007.

Dr. Renu George Retires



Dr. Renu George has been an astute clinician, an exceptional teacher and an avid researcher. Under her leadership, the sub-specialty of Paediatric Dermatology progressed by leaps and bounds and now has many specialty clinics such as genodermatoses (multidisciplinary), vascular malformation, paediatric psoriasis, paediatric vitiligo, epidermolysis bullosa, and also offers a one-year post-doctoral fellowship programme since 2017. The Paediatric Dermatology programme was enriched by her vast clinical knowledge of the subject, in particular genodermatoses. The IADVL—Paediatric Dermatology observership programme for dermatologists across India was commenced in CMC by her efforts in 2014. She was the key person behind the 'memorandum of understanding' between the department of Dermatology, Medical college of Wisconsin in 2018. She also initiated the 'Derm Club' programme in 2007 - a local CME activity for dermatologists in and around Vellore. She has various noteworthy achievements during her headship, to name a few: the first laser machine for the department, started the diploma in dermatology laboratory technician course under CMAI in 2013, procured latest diagnostic tools including dermascan and established genetic tests related to many dermatological conditions, Her keen academic interest has kept her and the department up-to-date. She was instrumental in establishing the HDU in the dermatology ward. She has many international and national publications, book chapters and has delivered numerous talks in conferences and educational programmes. She is a brilliant organizer and has arranged 8 CME programs and workshops over her tenure. She is an active member of the IADVL-ACAD group. Apart from her clinical and academic excellence, her culinary skills are of wide repute.

She is married to Dr. George John, former head of Medical ICU who retired in 2013. She is blessed with one daughter; Kavitha George who is an IT professional based at Australia and a son, Dr. Paul Yohan George, batch of 2010 and currently 2^{nd} year postgraduate in general surgery at CMC. Dr. Renu has been a great leader, a devoted teacher and has excelled in every enterprise she has ventured upon. As she starts a new phase in her life, the CMC community thanks her for her dedicated service and wishes her the very best for all her future endeavours.

CME organised by the Department of = Physical Medicine and Rehabilitation

The Department of Physical Medicine and Rehabilitation conducted their annual CME titled, "Rehabilitation for Persons with Traumatic Brain Injury – Coma to Community", on 7th of December 2019. The CME was conducted in commemoration of "World Disability Day". There were one hundred and forty five multidisciplinary delegates from different states. The program started

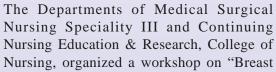


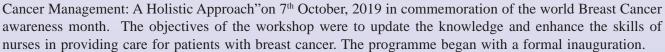
with a word of prayer by Chaplain Mr.Anurag,followed by welcome address by Dr. Jacob George, Professor and Head of PMR. Dr. Anna B. Pulimood, Principal, Dr. Joy Sarojini, Vice Principal, Mr. Andrew Babu, In charge of Physiotherapy Unit and Mr. Samuel Kamalesh, In charge of Occupational Therapy Services gave their felicitations. Dr. Judy Ann John, Professor and Head of PMR Unit-I proposed the vote of thanks.

The CME had twelve multidisciplinary scientific sessions by physiatrists, rehab nurses, physiotherapists, occupational therapists, speech therapists, psychologist, prosthetist & orthotist and social worker, about their respective roles in the rehabilitation process in traumatic brain injury. After the scientific sessions, there were skill stations in physical therapy, occupational therapy and speech therapy for practical demonstrations. All the participants and faculty well appreciated the CME. The team acknowledges with gratitude the immense support and guidance of Dr. Raji Thomas, former Head of PMR, Dr. Jacob George, Head of PMR for his constant encouragement and the entire Organising team for their tireless efforts.

Workshop organised on, "Breast Cancer Management: A Holistic







The resource persons for the workshop were part of the CMC Vellore Breast care group. The following topics were discussed by the eminent faculty: benign breast disorders, breast cancer and the holistic management including surgical approaches, chemotherapy, radiation therapy, perioperative nursing care, psychosocial aspects and nutrition. The skill stations on breast self examination, identification of benign and malignant breast, seroma aspiration, wound drain management, lymphedema management, breast prosthesis and post mastectomy exercises were well appreciated by the delegates. A total of fifty three delegates from five different institutions attended the workshop. The Tamil Nadu Nurses and Midwives Council accredited the workshop with seven credit hours.

Workshop organised on, "HIV/ AIDS: = Nursing Management and Recent Advances

In commemoration of World AIDS Day 2019, the Department of Medical Nursing and Continuing Nursing Education & Research of College of Nursing conducted a State Level Workshop on 'HIV/AIDS: Nursing Management and Recent Advances' on 4th December, 2019. The aim of the workshop was to provide an opportunity for nurses to update their knowledge and skill in providing

Continued on Page 3



Continued from Page 2

care for patients with HIV/AIDS. Thirty Eight participants attended this workshop. The morning session included overview of HIV infection, anti retro-viral therapy, recent advances in HIV management, oppportunistic infections, psychosocial support and nursing management. The highlights of the afternoon workstations were: personal protective equipment, antiretroviral therapy, needle stick injury and splash management. The Tamil Nadu Nurses and Midwifery council awarded 7 CNE credit hours.

= Welcome =

Dr. Krishna Prabhu, Professor, Department of Neurosurgery Unit-I, on his return from sabbatical leave.

= Congratulations! =

- **Dr. Georgie Mathew** for winning 2nd Prize for his Oral Presentation in the Award Paper Category titled, "Sequential Rituximab Therapy with Continuous B-cell Depletion in Patients with Frequently Relapsing and / or Calcineurin-inhibitor Dependent Childhood Nephrotic Syndrome" and **Dr. Deepthi R.V.** for winning 3rd Prize for her Poster Presentation titled, "Correlation of Anti-phospholipase a2 Receptor Antibody Immunohistochemistry in Renal Biopsy with Clinical Profile of Idiopathic Membranous Nephropathy in Children" during the 31st Indian Society of Paediatric Nephrology Conference held from 20th to 22nd December 2019 at Pune.
- The following candidates were successful in the Postgraduate **Diploma** Examination held in **October 2019.** (University Results Published on 14.11.2019)

D.C.H.: Dr. Kavitha Esther Prasad and **D.M.R.T.:** Dr. Ansu Mary Thankachan

• The following candidates were successful in the Postgraduate MD/MS Examination held in October 2019. (University Results Published on 14.11.2019)

MD MS – October 2019 session (Passed out candidates)

M.D. Community Medicine: Dr. Nirupama Navamani. M.D. General Medicine: Dr. Jacob Johnson C. M.D. Pathology: Dr. Sharon Milton M.S. Ophthalmology: Dr. Bhavagna Bandla

• The following candidates were successful in the Postgraduate M.Sc. Examination held in October 2019 (University Results published on 25.11.2019).

M.Sc Biostatistics: Part-I: Ms. Anova Elizabeth Sebastian, Mr. Archan Chakraborty, Mr. Avinaba Banerjee, Ms. Bhavatharini S., Ms. Nathiya N., Ms. Pratiksha Dutta and Ms. Ritu Sen.

M.Sc Biostatistics: Part -II: Mr. Aman Rastogi, Ms. Aratrika Ghosh, Ms. Dilshad Naseem Ara, Ms. Krishna S., Ms. Niveditha S., Mr. Shivshankar S. and Ms. Sivakami Sundari S.

M.Sc Epidemiology Part-I & Part-II: Mr. Meyiyanger

= Memoranda

- **Dr. Regi Thomas,** Professor, is appointed as Head of ENT Unit-I with effect fom 3rd January, 2020 for a four year term.
- **Dr. Reena Mary George,** Professor, is appointed as Co-ordinator in the Department of Continuing Medical Education with effect from 2nd January, 2020 until further notice.

Special Prayers : January 05-11, 2020 =

Directorate : Dr. J.V. Peter and Staff

Promotion and PTP Office: Dr. Sowmya Sathyendra and Staff

Hospitality and International Relations: Dr. Jeyanthi Peter and Staff Info Reception Office and Main Enquiry: Dr. Prasad Mathews and Staff

CMC Vellore Association : Mr. Barkos Warjri and Staff

Quality Management Cell: Dr. Suceena Alexander and Staff

Development Office : Mr. Hugh Skeil and Staff

Missions Department: Dr. Thomas Samuel Ram and Staff

chittoor Campus : Dr. Nihal Thomas and Staff, Dr. Premila Lee and Staff

Kannigapuram Campus : Dr. Anil Kuruvilla and Staff

CSI Trichy - Tanjore Diocese, Council Members: Rt. Rev. Dr. D. Chandrasekaran and Dr. D. Samson Daniel

Hospital: CSI Hospital, Trichy and others.

Sunday Services: January 12, 2020

6.00 pm: Scudder Auditorium - Dr. Suranjan Bhattacharji. 6.30 pm: Hospital Chapel - Mr. Durai Jasper

4.30 pm: Chittoor Chapel - Mr. Samson Varghese.

5.00 pm: Friendship Chapel, KPTR Campus - Rev. Dr. Finney Alexander

Situations Vacant

1. Staff III Critical Care Therapist for the Department of Paediatric ICU. Age limit: 35 years.

Qualifications: B.Sc. Critical Care Technology degree of the Tamil Nadu Dr. MGR. Medical University or H.Sc. with Diploma in Critical Care Therapy Course (CMAI) obtained from CMC Hospital.

Note: Only regular mode will be accepted, Private or correspondence will be not accepted

Salary Scale: As per institutional rules. Job description: Assists the Intensivist in intubation and other forms of airway management and setting up ventilators; Perform Chest physiotherapy, endo-tracheal suction and Aerosol Therapy; Assist with hemodyanamic monitoring and in Central line catheter insertion; Blood sampling from arterial lines and collecting ET tube aspirates for microbiology; Maintain all biomedical equipments including ventilators, patient monitor, defibrillators, Blood Gas machine, patient and fluid warmers, Portable ultrasound and ECG recording machine, syringe pumps and infusion pumps; Maintain infection control practices in ICU; Actively involved in the Unit Cardiac Arrest team. Assist intra-hospital transport of patients.

2. Technician Trainee for the Department of Anaesthesia. Stipend: As per institutional rules.

Qualifications: H.Sc. with Science Subject. Preference will be given to those who completed Degree or Diploma in Anaesthesia Technician Course. Note: Only regular mode will be accepted, Private or correspondence will be not accepted. Age limit: 30 years. Nature of Job: Handling and maintenance of Anaesthesia equipments including sterilization. Selected candidates will have to do onsite oncalls in any campuses including Kannigapuram. Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link: "Vacancies". *Note: Only online applications will be accepted; Hard copies will not be accepted.* Applications will close on January 20, 2020 for Items 1 and 2.

3. Applications are invited for the post of **Research Nurse** to work in a DBT funded research project "Outreach Programme for Screening, Prevention (and Treatment) of Inherited Genetic Disorders in Aspirational Districts for Social Benefit" in the Washim District, Maharashtra. The person has to work in the local project centre, Reynold's Memorial Hospital, Washim. Eligibility: ANM / B.Sc. Nursing with work experience. People who have worked in Washim District area will be given preference. Knowledge of Marathi / Hindi will be essential. Salary: As per DBT guidelines. Project Duration: On project mode with yearly renewal (3 years). Apply to: deancon@cmcvellore.ac.in; missionsoffice@cmcvellore.ac.in on or before January 18, 2020 for Item 3.

4. Field Worker Gr.V (Project Mode) for the Department of Clinical Haematology

Applications are invited for the above position in a DBT funded research project "Outreach programme for screening, prevention and treatment of inherited genetic disorders in aspirational districts for social benefit" in the Washim District, Maharashtra. The selected person will have to work at the local project center, Reynold's Memorial Hospital, Washim. Qualification: 12th Standard. Salary As per DBT Guideliness. Age limit: 30 years and below. Preference: Knowledge of Marathi / Hindi will be an

added advantage. People who have worked in Washim District area will be given preference.

5. Computer Terminal Operator (Project Mode) for the Department of Clinical Haematology

Applications are invited for the above position to work in a DBT funded research project "Outreach programme for screening, prevention and treatment of inherited genetic disorders in aspirational districts for social benefit" in the Washim District, Maharashtra. The selected person will have to work at the local project center, Reynold's Memorial Hospital, Washim. Qualification: Graduate + 6 months computer certificate + 6 months typing certificate.

Preference: 2 years' previous experience. People who have worked in Washim District area will be given preference. Knowledge of Marathi / Hindi will be an added advantage. Salary: As per DBT Guidelines. Age limit: 30 years and below. Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link: "Vacancies". Note: Only online applications will be accepted; Hard copies will not be accepted. Last date for submitting applications is January 12, 2020 for Items 4 and 5.

- **6.** Campus Kids Corner, Bagayam, Vellore 632 002, Tamil Nadu (A Unit of Ida Scudder School Association), Invites applications for the posts of Kindergarten Teacher on leave vacancy for 6 months. Applicants should be graduates with Montessori training or B.Ed. with relevant experience. Note: All applicants should be proficient in English. Apply to The Correspondent, Campus Kids Corner, CMC College Campus, Bagayam, Vellore 632 002, Tamil Nadu, or email to **campuskidscorner@gmail.com** On or before **16**th **January, 2020** furnishing the CV, latest passport size photograph, copies of all the necessary certificates and other related documents and contact details.
- 7. Ida Scudder School, Vellore 632 006, Tamil Nadu (Affiliated to the CISCE, New Delhi), Invites applications for the following posts: Primary Level Teachers (to teach in classes 1 to 5) Tamil. Applicants should be trained Graduates / Postgraduates in the respective subjects with B.Ed. Note: All applicants should be proficient in English, Weightage will be given to applicants with teaching experience in reputed schools. Apply to The Correspondent, Ida Scudder School, No.1, Kalinjur Main Road, Viruthampet, Vellore 632 006, Tamil Nadu, on or before 16th January, 2020 furnishing the CV, latest passport size photograph, photo copies of all the necessary certificates and other related documents and contact details in the application format available at the school website www.scudderschool.ac.in
- **8. Schieffelin Institute of Health Research & Leprosy Centre, Karigiri** invites applications for the following post of: **Medical Officer.** Qualification: M.B.B.S. Apply with bio-data along with photocopies of certificates and send the PDF scanned file to the **directorate@karigiri.org** or **personnel@karigiri.org** On or before **January 14, 2020** for Item 8.



The Annual Convocation of the Department of Distance Education was held on 30th November, 2019, at the Scudder Auditorium. There were two hundred and fifty three graduands from various blended learning courses. One hundred and twenty four doctors completed the courses in Family Medicine in the three parallel streams of Post Graduate Diploma in Family Medicine (PGDFM), Post Graduate

Annual Convocation of the Department of Distance Education



Diploma in Family Medicine (PGDFM NHM) for Government doctors sponsored by the National Health Mission (NHM) and Masters in Medicine in Family Medicine (M.Med. Family Medicine) affiliated to the Tamil Nadu Dr. MGR Medical University, Chennai. Fifty seven doctors completed the Distance Fellowship in Diabetes Management (DFID) course run in partnership with the Department of Endocrinology, Diabetes and Metabolism. Twenty Eight doctors completed the Post Graduate Diploma in Geriatrics (PGDG) course run in partnership with the Department of Geriatrics. Ten dentists completed the Certificate in General Dentistry (CGD) run in partnership with the Dental Department Unit-I.

A new addition this year was the Post Graduate Diploma in Mental Health (PGDMH) course where doctors were trained alongside non-doctor graduates in pairs to effectively address primary care mental health issues as a team. Seventeen teams of doctors along with their mental health worker colleagues graduated this year.

Dr. Alexander Thomas, President of the Association of the Healthcare Providers of India (AHPI) was the Chief Guest for the evening ceremony. Dr. Vinod Shah, Founder of the Department of Distance Education, was the Special Guest. This year marks the 15th Anniversary of the founding of the department.

Dr. J.V. Peter, Director, Dr. Anna B. Pulimood, Principal and Dr. M.J. Paul, Associate Medical Superintendent graced the occasion and addressed the graduands. Dr. Rebekah Zechariah, Coordinator, Distance Education gave the charge to the students. One candidate from each course gave their feedback on how the course has impacted their clinical practice for the betterment of the health of the community they serve.

The overall vision of the Distance Education Department is to train human resources for healthcare to strengthen healthcare delivery systems in India and other developing countries with a special objective to facilitate health care access to the poor and marginalised. All courses are run as blended learning programmes with a goal to build the capacity of General Practitioners (Private and Government Doctors) with minimal displacement from their workplaces and to enable them to provide better care to patients at the primary level. This vision was shared with the candidates in the morning session entitled "Recapturing the Vision".

CME on "Challenges of Managing Chronic Lung Diseases in General Practice"

RUHSA organised a one-day Continuing Medical Education (CME) programme titled, "Challenges of Managing Chronic Lung Diseases in General Practice" on 21st December 2019 at GRT Hotel, Vellore. The CME was attended by 80 general practitioners from the Public and Private sector health care institutions and clinics in and around Vellore district. The CME was hosted by Department of RUHSA as part of the 'RESPIRE' community based chronic respiratory disease intervention project in collaboration with NIHR Global Passarch Unit on Passpiratory Health (PESPIRE) of the Unit o



Global Research Unit on Respiratory Health (RESPIRE) of the University of Edinburgh.

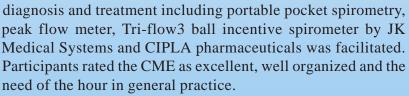


The programme began with a prayer by chaplain, Rev. Joseph Devaraj. Dr. Rita Isaac, Professor and Principal Investigator, in her talk titled, "Global Impact on Chronic Respiratory Diseases" highlighted the relevance of updating the knowledge on diagnostic and management protocols on chronic lung diseases. Dr. Hirenappa Udnur, Consultant Pulmonologist, Columbia Asia Hospital, Bangalore presented the "Evidence Based Recommendations for Optimal Care of Patients with Asthma". Dr. Deepa Das, Sr. Consultant Pulmonologist, Bangalore Baptist Hospital

discussed how to optimize COPD management in general practice in a realistic context. The last session of the CME was a panel discussion on diagnostic confusion between COPD, Asthma and Occupation related lung disease which was very interactive and engaging. The panellists were Dr. Alex Reginald, Professor, CMC, Dr. Deepa Das, Dr. Hirenappa Udnur and the moderator was Dr. Biswajit Paul, Professor, CMC.



A demonstration of portable devices to assist with the





An Alumni Reunion and a Farewell: Events from the Department of Dermatology

The Department of Dermatology, Venereology and Leprosy celebrated their 70th Anniversary and 40th year of Post Graduate training this year. An alumni reunion with thanksgiving was held to commemorate this joyous occasion on 30th November and 1st December 2019. The programme started with a Continuing Medical Education in which the alumni from various parts of India and abroad shared their experiences on the management of various dermatological conditions.

The inauguration ceremony began with a word of prayer by Rev. Rachita Rout and was graced by Dr. J.V. Peter, Director,



Dr. Anna B. Pulimood, Principal, Dr. Mary Jacob, Professor and former Head of Department of Dermatology, and Dr. Shyamkumar N.K., Vice-President, CMC Alumni Association. Dr. Mary Jacob elaborated on the humble beginnings of the department, various milestones and its evolution through the years. She enlightened the audience on the contributions made by the pioneers, Dr. Herbert Gass, Dr. A.H. Klokke, Dr.C. Bhaktaviziam

An Alumni Reunion and a Farewell: ______ Events from the Department of Dermatology

and Dr. Rachel Mathai. A special tribute was paid to all the former teachers; Dr. Mary Jacob, Dr. Sosamma George and Dr. Pushpa Eapen. During this time, the department bid farewell to Dr. Renu George and also expressed gratitude for her contributions towards the growth of the department and for the development of the subspeciality of Paediatric Dermatology. In the



afternoon, the alumni from the various batches reminisced their time in the department.

A service of Thanksgiving was held at the College Chapel on 1st December 2019, attended by more than seventy alumni. The faculty alumni and paramedical staff who had passed on before, were remembered during the service. The service concluded by passing on the torch of light from the senior alumni to the newest alumni.

Lamp Lighting Ceremony - 2019

The Lamp Lighting Ceremony of the College of Nursing was held on 20th December 2019 at 6.00 pm in the Scudder Auditorium; a solemn occasion in which two hundred first year nursing students dedicated their lives to the noble profession of Nursing.

The Chief Guest for the occasion was Mrs. Bharathy Jacob, Principal, College of Nursing, Christian Fellowship Hospital, Oddanchatram and former dean, College of Nursing, CMC. She in her address emphasized the meaning and significance of this ceremony.

The charge for the young nurses was given by Dr. Vathsala Sadan, Dean, College of Nursing who drew on the significance of the lighting of the Florence Nightingale Lamp. The students were asked to pursue their calling with single minded devotion, considering themselves as instruments of God in the healing ministry.





Dr. Jessie Lionel, Professor, Obstetrics and Gynecology lit the Florence Nightingale lamp that was presented to the College of Nursing by Dr. Ida S Scudder. Dr. Jessie Lionel encouraged the students to consider their professional training as a journey led by God and to be lights that will dispel darkness of illness, suffering and pain. This was followed by lighting of the College lamps by the faculty after which the students received their lighted lamps from the Dean and Dr. Premila Lee, Nursing Superintendent. The Ceremony concluded with prayer and benediction by Rev. Dr. Arul Dhas, Head of Chaplaincy.

Congratulations! _

- Dr. D.J. Christopher, Professor and Head, Pulmonary Medicine has been elected "President" of Indian Chest Society in the recently concluded National Congress of Pulmonology, "Napcon 2019" held at Kochi. Indian Chest Society is the Principal Respiratory Society of the country with a life membership of over 4000.
- Dr. Christopher is the second President from the State of Tamil Nadu in its nearly 40 years of existence.
- The following Doctors have won prizes in the recently completed National Conference on Pulmonology (NAPCON 2019), held at Kochi between 20th and 23rd November, 2019.
- **Dr. Priya**, Assistant Professor, Department of Pulmonary Medicine, won the first prize in free paper presentation faculty and junior specialists.
- **Dr. Anisha Mathew,** PG Registrar, Department of Respiratory Medicine won the first prize in Prestigious SN Gaur Young Scientist Award of the National College of Chest Physicians.
- **Dr. Benjamin Earnest Williams,** PG Registrar, Department of Respiratory Medicine won the first prize in the 'Grand Finale' of the Indian Chest Society, National Talent Search Contests (Radiology section).
- **Dr. Ancy Elsa,** PG Registrar, Department of Respiratory Medicine won the second prize in the 'Grand Finale' of the Indian Chest Society, National Talent Search Contests (Radiology section).

= Retirement =



Mr. S. Yesupatham, Sr. Hospital Housekeeping Attendant, Neuro Ward retired on 2nd January 2020, after 39 years of dedicated service to the institution. His wife, Mrs. Vasanthamma is working as Hospital Housekeeping Attendant in OPD. They have two sons and a daughter. Their elder son, Mr. Paulraj is working as a Hospital Housekeeping Attendant in Rehab Institute, second son, Mr. Charles is working as a Hospital Housekeeping Attendant in KN Ward and daughter Ms. Mary Prasanthi is working as a Hospital Housekeeping Attendant in Maternity Ward.

The CMC community is thankful for his years of dedication and commitment to the institution and wishes him God's blessings on his retired life.

Obituaries =

• Mr. Anandan, Hospital Attendant Gr.I, PMO (Relief Pool) passed away on January 05, 2020. He joined CMC in April 1991. He survived by his wife, Mrs. Ellammal and his son and daughter. His son Mr. A. Vignesh is a Hospital Attendant in O3 West Ward and his daughter Ms. Pavithra is studying Diploma Nursing in CMC. He has served CMC for nearly 29 years.





• Dr. Hilda Helena (MBBS batch of 1963) passed way on December 16, 2019 in Chennai. After completing her MBBS, and her service obligation to the Church which had sponsored her for study in CMC, she worked in Qatar as a General Physician. Having gone through many challenges in her life, which she faced with dignity, she worked tirelessly for the well being of her family, to ensure a comfortable life for them. Her life has been one of courage and dedication. As a person, her hallmark was her infectious laughter and bubbly nature. She

never spoke ill of others. Her determination and perseverance was unimaginable and she was indeed an inspiration to many. She was grateful to her Alma Mater for her education and training and during the Silver Jubilee reunion, she donated a VCR and Camera for the College and presented it to the then Principal of CMC.

Dr. Hilda lost her son and daughter few months before her demise. She has three grandchildren; Augustine, Joseph and Grace . For those who would like to offer condolences , please contact, Joseph at 0097466312937.

• Mrs. V. Radha, wife of Mr. S. Venkatesan, retired Senior Selection Grade Histopathology Technician, Wellcome Trust Research Laboratory, on January 09, 2020.

Our thoughts and prayers are with the bereaved members of the families at this time of grief and loss.

Special Prayers: January 12-18, 2020

Anaesthesia: Dr. Raj Sahajanandan and Staff

Dr. Tony Thomson Chandy and Staff

Dr. Sajan Philip George and Staff

Dr. Georgene Singh and Staff

Dr. Ekta Rai and Staff

SICU & HDU: Dr. Subramani K. and Staff Dr. Premila Lee and Staff

Christian Assemblies in India

Council Members: Adv. Raju M. Koshy

Dr. Samson K. Sam

Hospitals: Tiruvalla Medical Mission, Sankeshwar Mission Hospital, Women's Hospital, Ambajipeta, Narsapur Christian

Hospital and others

Operation Theatre:

Dr. Gahukamble Abhay Deodas and Staff Mrs. Florence Segaran and Staff

Sunday Services : January 19, 2020 :

6.00 pm : Scudder Auditorium - AHS Baccalaureate Service - Dr. M.J. Paul

6.30 pm : **Hospital Chapel -** Mr. T.S. Ravikumar

4.30 pm: Chittoor Chapel - Rev. Dr. Arul Dhas T.

5.00 pm : Friendship Chapel, KPTR Campus - Mrs. Emily Daniel

Situations Vacant =

1. Senior Demonstrator (NM) with M.Sc. in Biostatistics / M.Sc. Statistics for the Department of Biostatistics

Salary scale: As per institutional rules. Accommodation not provided.

Situations Vacant =

2. Senior Resident with MDS in Orthodontics and Dent Facial Orthopaedics for the Department of Dental Surgery Unit-II

Salary: As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

3. Senior Resident Gr.III with MD (DVL) for the Department of Dermatology Unit-II

Salary: As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

4. Registrar (Non PG) with MBBS for the Department of Paediatrics (Paediatric Emergency Services)

Salary: As per institutional rules. Accommodation provided (Partly Furnished, Depending on availability)

5(a) Senior Resident with MD (Pathology) for the Department of General Pathology

Age limit: <40 years. Salary: As per institutional rules. Accommodation provided (Subject to availability).

Initial appointment will be as Senior Resident for one year and can be upgraded to Assistant Professor in the 2^{nd} year (as per the latest MCI guidelines).

5(b) Assistant Professor with MD (Pathology) for the Department of General Pathology

Experience: Should have at least one year teaching experience as (Asst. Professor) in any MCI recognized teaching institution.

Salary: As per institutional rules. Accommodation provided (Subject to availability).

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link: "Vacancies". *Note: Only online applications will be accepted; Hard copies will not be accepted.*Applications will close on January 18, 2020 for Item 1 and January 25, 2020 for Items 2, 3, 4 and January 27, 2020 for Items 5(a) and 5(b).

6. Project Manager / Medical Officer for the Department of Haematology

Job Code : 1311

Qualification: MBBS/BDS/MPH.

Mode of appointment: Project mode. Consolidated salary: As per institutional rules.

Accommodation not provided.

7. Junior Research Fellow for the Department of Surgery Unit-II

Job Code : 1312

Oualification: MBBS. Duration: 6 months.

Mode of appointment: Project mode. Consolidated Salary: Rs.33,480/-.

Accommodation not provided.

8. Occupational Therapist for the Department of Neonatology

Job Code: 1315

Qualification: BOT. Mode of appointment: Project mode.

Consolidated salary: As per institutional rules. Accommodation not provided.

9. Senior Resident / Study Physician for the Department of RUHSA

Job Code : 1316

Qualification: MD Community Medicine / DNB Family Medicine.

Mode of appointment: Project mode. Accommodation not provided.

Download application from this link: http://www.cmch-vellore.edu/→General →Vacancies →Application Form for Project Staff. The print out of the application with certificates and testimonial copies should be sent to the Principal, Christian Medical College, Bagayam, Vellore-632 002 on or before January 24, 2020 for Items 6, 7, 8 and 9. Note: Please mention the job code, applications forms without the job code will not be accepted.

10. Centre for Stem Cell Research (a unit of inStem, Bengaluru) and Christian Medical College, Vellore in collaboration with National Health Mission, Odisha invite applications on purely temporary basis for the following post to work under the project titled, 'Control of Sickle Cell Disease and Thalassemia in Odisha'.

Call for **Pathologist.**Job Code: 1313

Qualification: MBBS / Diploma in Clinical Pathology / MD Pathology.

11. Centre for Stem Cell Research (a unit of inStem, Bengaluru) & Christian Medical College, Vellore in collaboration with National Health Mission, Odisha invite applications on purely temporary basis for the following post to work under the project titled 'Control of Sickle Cell Disease and Thalassemia in Odisha'.

Call for **Technical Officer** (**Lab**)

Job Code: 1314

Qualification: B.Sc. MLT with 2 years experience Desirable (Inclusive of Internship).

Situations Vacant =

For application form and other details, Visit: http://www.cscr.in/research-opportunities/ Please send us the duly filled application mentioning the Job Code either by soft copy to: cscredu@cmcvellore.ac.in or by hard copy to the Principal, Christian Medical College, Bagayam, Vellore - 632 002, Tamil Nadu on or before January 24, 2020 for Items 10 and 11.

- 12. Applications are invited for the following posts for the CMC Vellore Chittoor Campus
- 12 (a) Senior Resident / Assistant Physician / Assistant Professor / Associate Physician / Associate Professor / Physician with DA / MD / DNB in Anaesthesia
- 12(b) Senior Resident / Assistant Surgeon / Assistant Physician / Associate Surgeon / Associate Physician / Surgeon with MS / MD / DNB / DGO in Obstetrics & Gynaecology
- 12(c) Senior Resident / Assistant Professor / Assistant Physician / Associate Professor / Associate Physician / Professor / Physician with D.Ch / MD / DNB in Paediatrics
- 12(d) Senior Resident / Assistant Physician / Associate Physician / Associate Professor / Physician with MD / DNB in General Medicine.

Salary: As per institutional rules

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link: "Vacancies". or log on to http://www.cmcvellorechittoorcampus.ac.in Link: "Career" or email to dir.chittoor@cmcvellore.ac.in with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and Address. Applications will close on January 27, 2020 for Items 12(a), 12(b), 12(c) and 12(d).

13. Staff II Medical Lab Technician (Project) for the Department of Clinical Haematology

Qualifications: B.Sc. MLT with minimum three years work experience. People who have worked in Washim District will be given preference. Knowledge of Marathi / Hindi essential

Note: Only regular mode will be accepted, Private or correspondence will be not accepted.

Age limit: 35 years. Salary scale: As per institutional rules.

Job description: Selected candidate has to work in the local project center, Reynold's Memorial Hospital, Washim.

14. Graduate Technician Trainee for the Department of Clinical Pharmacology

Qualifications: B.Sc. Chemistry.

Note: Only regular mode will be accepted, private or correspondence will not be accepted.

Period : One year only. Stipend : As per institutional rules.

Age limit: 30 years. Nature of job: To perform drug assays in the laboratory.

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link: "Vacancies". *Note: Only online applications will be accepted; Hard copies will not be accepted.* Last date for submitting applications is January 20, 2020 for Item 13 and January 27, 2020 for Item 14.

- **15.** Ida Scudder School, Vellore 632 006, Tamil Nadu (Affiliated to the CISCE, New Delhi). The school invites applications for the following posts:
- (a) Senior Level Teachers (to teach in classes 6 to 12) in English & Chemistry
- (b) Primary Level Teachers (to teach in classes 1 to 5) in English
 - Applicants should be proficient in English
 - Trained Graduates / Postgraduates in the respective subjects with B.Ed.
- (c) Qualified Nurse for the School Infirmary

Apply to "The Correspondent" Ida Scudder School, No.1, Kalinjur Main Road, Viruthampet, Vellore – 632 006, Tamil Nadu, on or before **24**th **January**, **2020** furnishing the CV, latest passport size photograph, photo copies of all the necessary certificates & other related documents, and contact details in the application format available at the school website: **www.scudderschool.ac.in.**

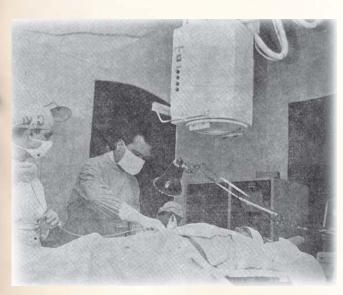
CMC NEWSLONE Special Issue

This year: Fifty years ago...

A glimpse into the interesting past of CMC

It was in the year 1970 that the Department of Cardiology, CMC introduced the procedure of Selective Coronary Arteriography.

Few interesting excerpts from the CMC Pulse of 1970's:



Selective Coronary Arteriography: A new procedure in CMC

"A giant stride in Cardiac diagnosis is being taken this year through the perfecting of a new and complicated technique by the Department of Cardiology. It is a special type of cardiac catheterisation called, Selective Coronary Arteriography. It consists of passing a small thin tube through an artery in the thigh or arm into the main vessel arising from the heart."

"... Nearly 8-10 cardiac catheterisations are done each week in the Cardiac Catheterisation Laboratory of the Department of Cardiology. Selective Coronary Arteriography is one such procedure. Tubes are passed to one or both sides of the heart, pressures and samples taken are often special X-rays, recorded. Cardiac catheterisation on suitable cases gives valuable information in confirming and pinpointing certain diagnosis..."

"The department is one of the two such centres in this country offering a comprehensive training programme in cardiology over a two-year period for post-graduates leading up to the D.M in Cardiology degree of the Madras University."

"The Departments of Cardiology and Cardiac Surgery at the Christian Medical College Hospital, Vellore are recognised by all concerned as the leading centres in India".

At present, in 2019 in CMC there were 3381 procedures done.



11th Professor Benjamin M. Pulimood Oration

The Departments of Infectious Diseases and Internal Medicine organized the "11th Professor Benjamin M. Pulimood" Oration on 28th November 2019. Professor Benjamin M. Pulimood provided a dedicated service to the institution for 37 years and became one of the first faculty to have completed a lifetime of service in the Department of Medicine. He is remembered by the Department of Medicine as a wonderful teacher, a compassionate physician and above all an extraordinary human being with impeccable moral and ethical values.

The welcome address was given by Dr. Samuel Hansdak followed by Dr. O C Abraham who shared snippets of the life of Dr. Benjamin M Pulimood and the history of BMP Oration. Felicitations were offered by Dr. Anna B. Pulimood, Principal and other senior professors.



Professor Nicholas J White, Professor of Tropical Medicine, Mahidol University, Thailand and at Oxford University, UK delivered the oration, "MDR Malaria – Does India Need to Worry?". Professor Nicholas J. White trained in medicine in London at Guy's Hospital and he has lived and worked in Thailand since 1980. His research focus is the pathophysiology and treatment of malaria. His advocacy led to WHO adopting Artemisinin Combination Therapy as the treatment of reverse falciparum malaria.



He has authored over 1133 scientific publication and 54 book chapters. He is currently a Governing Board member of the Worldwide Antimalarial Resistance Network, Chair and Governing Board representative of the Scientific Advisory Committee Drugs for Neglected Diseases initiative, Advisory Board Wellcome Trust Innovations, and CIOMS working group on clinical trials in lower and middle

income countries. A plaque and citation were presented to Professor Nick White for his pioneering contribution to tropical medicine.

Workshop organised by the Department of Clinical Virology -

A workshop on, "Good Start Practices (GSP) for CD4+T Cell Estimation and Blood Collection" for the laboratory technologists from ART Centres in Tamil Nadu, Pondicherry and CMC were held on 23rd and 24th December 2019. A total of twenty four technologists from various ART centres / CD4+T cell testing laboratories had participated in this workshop which was jointly organized by National AIDS Control Organization (NACO), Sysmex India Pvt. Ltd and Department of Clinical Virology (National HIV Reference Laboratory), CMC.



— 13th International Short Course in Clinical Tropical Medicine

The Department of Infectious Diseases in collaboration with the Departments of Wellcome Microbiology and Clinical Microbiology hosted the "13th International Short Course in Clinical Tropical Medicine", from 25th November to 07th December 2019 at IDTRC. Twenty three participants, including fourteen Indians and nine International students attended the two week long course which offered lectures, clinical bedside



session and laboratory practicals in bacteriology, virology, parasitology and mycology.

Expertise was offered by international faculty from the McGill University Canada, Haukeland University and Center of Geographic Medicine and Tropical Diseases Norway, Mahidol University, Thailand and NIMHANS Bangalore. Faculty from the Departments of Wellcome Microbiology. Clinical Microbiology, Virology, Child Health III, Neurology, Neurosurgery, Dermatology, SLRTC Karigiri, CHAD and Infectious Diseases contributed actively to the learning process. This course was started in 2007 and has received tremendous appreciation from the participants and so far, one hundred and eight Indians and two hundred and five International students have been trained in the different aspects of Tropical Medicine. The feedback has been extremely positive and we hope to continue this programme in the following years with active participation from the CMC faculty.

Workshop on Team Based Learning

The Continuing Nursing Education and Research Department, College of Nursing organized a faculty development workshop on Team Based Learning (TBL) for on 9th and 10th December, 2019. Professor Annetta Dolowitz, TBL Trainer Consultant and Adjunct Professor, University of Alabama was the resource faculty for both the days. The workshop started with devotion by Mrs. Florence Segaran and a brief introduction of the guest faculty by Dean Dr. Vathsala



Sadan. Professor Dolowitz introduced TBL method as a version of flipped classroom and a team based learning method. The sessions encompassed interactive lectures and hands on training on Team Based Approach and included modules on the Basics of TBL, setting effective multiple choice questions for individual and team assessment tests, peer evaluation and facilitation methods. Twenty faculty from the College of Nursing enthusiastically participated in the workshop. The participants gave positive feedback about the workshop and stated that TBL can be used as an effective and useful method of teaching students. The workshop concluded with the decision to try TBL as a method of teaching in at least one unit of every subject in both undergraduate and post graduate nursing programmes.

Welcome

- Dr. Jenifer Jeba, Professor, Palliative Care Unit-I, on her return from sabbatical leave.
- Dr. Sarah Mathai, Professor, Child Health Unit- I, on her return from sabbatical leave.

= Memoranda :

- Dr. Ravish Sanghi Raju, Associate Professor / Surgeon, is appointed as Acting Head of the Department of Hepato-Pancreato-Biliary (HPB) Surgery with effect from 1st January, 2020 until further notice.
- **Dr. Balamugesh T,** Professor is appointed as Head of the Department of Pulmonary Medicine with effect from 14th January, 2020 for a four year term.
- Dr. Krishna Prabhu R, Professor is appointed as Head of Neurosurgery Unit-I with effect from 14th January, 2020 for a four year term.
- Dr. Jenifer Jeba S, Professor is appointed as Ag. Head of Palliative Care Unit with effect from 15th January, 2020 until further notice.
- Dr. Anuradha Grace Sophia, Professor is appointed as Ag. Head of the Department of Bioethics with effect from 16th January, 2020 until further notice.



Mrs. Vasantha Charles, Instructor, Department of Pathology retired on 14th January, 2020 after serving this institution for 34 years. Her husband Mr. Charles Vasikaran is working as a special officer in the T.N. Govt. Transport Corporation. They are blessed with a son Mr. Robin who has completed his B. Sc. Nursing and has joined the competence based nurses training in CMC. She IS an excellent mentor and a deeply committed, skilled member of the Histopathology Laboratory. The CMC community is thankful to Mrs. Vasantha Charles for her dedicated service and commitment to the institution and wishes her God's blessings.

——Obituary =

Mr. Isaac John, retired staff (Secretary in Secretarial Pool), husband of Mrs. Gladis Premila, (former staff Nurse in CMC), on 11th January, 2020.

Our thoughts and prayers are with the bereaved members of the families at this time of grief and loss.

= Special Prayers : January 19-25, 2020 :

Accounts: Mr. Robby Pria Sundersingh and Staff

Internal Audit: Mr. Nandakumar T. and Staff

Andhra Evangelical Lutheran Church

Council Member: Mr. K. Ravi Teja

Hospitals: Baer Christian Hospital, Chirala, Ruth Sigmon Memorial Lutheran Health Centre, Guntur and others Arcot Lutheran Church

Council Member: Rt. Rev. V. Samuel Kennady

Hospital: Danish Mission Hospital, Tirukoilor and others

All India Association for Christian Higher Education

Council Member: Fr. Joseph Puthenpura

Australian Board of Vellore CMC

Council Members: Dr. Stephen Aseervatham & Prof. David Runia

= Sunday Services : January 26, 2020 ——

6.00 pm : Scudder Auditorium - Mrs. Linnea Good Team

4.30 pm: Chittoor Chapel - Rev. Vijay Kumar Karupalli

6.30 pm : **Hospital Chapel -** Mrs. Linnea Good Team

5.00 pm : Friendship Chapel - Mrs. Linnea Good Team

Republic Day Services : January 26, 2020 =

6.45 am: Hospital Chapel- Dr. Thomas Samuel Ram

0.45 am : Hospital Chaper- Dr. Thomas Samuel Ran

8.15 am: Chittoor Chapel - Er. David Chandran

7.15 am : College Chapel - Dr. Anand Zachariah

——— Upcoming Events ——

The **58**th **National Pharmacy Week** from 3rd to 8th February, 2020. The theme for the year is 'Pharmacist: Your Medication Counsellor'. To commemorate this we will be conducting various events:

- 1. Pharmacy Exhibition on 5th February 2020: Time: 9 am to 5 pm Venue: Adjacent to CCU Area.
- 2. Essay and Slogan Competition (For Health Care Professionals and Students)

Essay: (Not more than 600 words) in Tamil / English and Slogan (Not more than 12 words) in English / Tamil / Hindi

3. Poster Design Competition: (For Health Care Professionals and Students)

Size A3 (297 x 420mm) Poster may be printed or hand drawn

4. Essay and Slogan Competition for Patients / Public:

Word limit: Essay in Tamil/English (Not more than 200 words) Slogan in Tamil/English/Hindi (Not more than 12 words)

5. Quiz Programme: For Health Care Professionals & Students

Date: 04.02.2020; Time: 10.00 am; **Venue:** Wheeler Hall, 1st Floor ASHA Building (0416 - 2282690 / 2135)

6. Oral Presentation (For Health Care Professionals and Students)

For Registration and submission of Abstract, please send e-mail to pharm.cpe.trg@cmcvellore.ac.in

(Phone: 0416 – 2282567 / 2135) by 1st February, 2020.

For items 2 - 5, entries should be submitted to the Pharmacy Office, 1st Floor, A-Block on or before 1st February, 2020 (Phone: 0416-2282135). For item 6, registration as mentioned.

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= Situations Vacant =

1. Senior Resident with MD (Radio Diagnosis) for the Department of Radiology

Salary scale: As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

2(a) Senior Resident with MD (Pharmacology) for the Department of Pharmacology and Clinical Pharmacology

Age limit: <40 years. Salary: As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

2(b) Assistant Professor with MD (Pharmacology) for the Department of Pharmacology and Clinical Pharmacology

Experience: Should have at least one year teaching experience as (Asst. Professor) in any MCI recognized teaching institution. Salary: As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

3. Assistant Professor with DM in Clinical Haematology for the Department of Haematology

Salary: As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link: "Vacancies". Note: Only online applications will be accepted; Hard copies will not be accepted.

Applications will close on January 25, 2020 for Item 1 and January 31, 2020 for Items 2(a), 2(b) and February 1, 2020 for Item 3.

4. Centre for Stem Cell Research (a unit of inStem, Bengaluru) & Christian Medical College, Vellore in collaboration with National Health Mission, Odisha invite applications on purely temporary basis for the following posts to work under the project titled 'Control of Sickle Cell Disease and Thalassemia in Odisha'.

Call for Technical Officer - 2 posts (Communication - 1 / Data Management -1)

For application form and other details, Visit: http://www.cscr.in/research-opportunities/ Please send us the duly filled application mentioning the Job Code either by soft copy to: cscredu@cmcvellore.ac.in or by hard copy to the Principal, Christian Medical College, Bagayam, Vellore - 632 002, Tamil Nadu on or before **January 31, 2020** for Item 4.

5. Senior Research Officer for the Department of Clinical Immunology and Rheumatology

Qualification: MBBS. Mode of appointment: Project mode. Salary: Rs.60,773/- Consolidated. Accommodation not provided.

6. Research Officer (NM) - 5 Posts for the Department of Infectious Diseases

Qualification: B.Sc. in Accident and Emergency Care Technology / B.Sc. Nursing / M.Sc. Nursing / M.Sc. Life Science.

Description: Preference will be given to candidates with previous experiences.

Mode of appointment: Project mode. Salary: As per institutional rules. Accommodation not provided.

7. Associate Officer (Research) - 1 Post for the Department of Infectious Diseases

Job Code : 1320 Qualification: M.Sc. Life Science, B.Sc. Nursing, PC B.Sc. Nursing. Mode of appointment: Project mode. Salary: As per institutional rules. Description: Preference will be given to candidates with previous experience in Laboratory. Accommodation not provided.

Download application from this link: http://www.cmch-vellore.edu/→General →Vacancies →Application Form for Project Staff. The print out of the application with certificates and testimonial copies should be sent to the Principal, Christian Medical College, Bagayam, Vellore-632 002 on or before January 31, 2020 for Items 5, 6 and 7. Note: Please mention the job code, applications forms without the job code will not be accepted.

8. Senior Resident / Assistant Physician / Associate Physician / Physician with MD in Psychiatry for the CMC Vellore Chittoor Campus. Salary: As per institutional rules

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link: "Vacancies" or Log on to http://www.cmcvellorechittoorcampus.ac.in Link: "Career" or email to dir.chittoor@cmcvellore.ac.in with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and Address. Applications will close on February 03, 2020 for Item 8.

9. Staff II Perfusionist for the Department of Cardiothoracic Surgery

Qualifications: B.Sc. with PG Diploma Cardio Pulmonary Perfusion Care Technology Course (with 1 year internship) / B.Sc. in Cardio Pulmonary Perfusion Care Technology (with 1 year internship). Priority will be given based on experience. Age: 35 years. Salary scale: As per institution rules. Note: Only Regular mode will be accepted, Private or correspondence will be not accepted. Job Description: Managing Cardio Pulmonary Bypass, IABP, ECMO, taking care of Heart Lung Machine, Ventilators, Monitors and ECHO machine. On call duties involves covering ICU and OR emergencies, weekends and night duties on rotation. Training / Teaching of B.Sc. Cardio Pulmonary Perfusion Care Technology Students.

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link: "Vacancies". Note: Only online applications will be accepted; Hard copies will not be accepted. Last date for submitting applications is February 03, 2020 for Item 9.

10. Computer Terminal Operator (Project Mode) for the Department of Neonatology

Qualification: Graduate + 6 months computer certificate + 6 months typing certificate. Age limit: 30 years and below.

Salary: As per institutional rules. Conditions: Distance Education will not be accepted.

Candidates should have obtained degree from Government recognized Universities.

11. Field Worker Gr.V (Project Mode) for the Department of Neonatology

Qualification: 12th Standard. Salary: As per institutional rules. Age limit: 30 years and below.

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link: "Vacancies". Note: Only online applications will be accepted; Hard copies will not be accepted. Last date for submitting applications is **January 25, 2020** for Items 10 and 11.

Job Code : 1318

Job Code: 1317

Job Code: 1319



Allied Health Sciences Baccalaureate Service

The Allied Health Sciences (AHS) Baccalaureate Service was held on Sunday, 19th January 2020, at the Scudder Auditorium, College Campus. The topic for this year was, 'You Carry Me'. The solemn service was well attended by the graduates, parents, staff and students. Dr. M.J. Paul, professor of endocrine surgery, through his message, inspired the young graduates to re-dedicate their lives to work for the community, in the spirit of Christ.

The AHS Graduation Ceremony 2019-2020 was held at Scudder Auditorium on 20th January 2020 at 4.30 p.m. Dr. Fr. Abraham Vettiyankal,



CMI, Vice Chancellor of Christ University, Bengaluru, addressed the two hundred and eighteen graduates from forty different courses. He emphasized the importance of teamwork for effective health care, to strive for excellence in their respective areas of specialization and to serve humanity with dignity and empathy. Dr. Joy Sarojini Michael, vice principal (AHS) gave the charge to the students and advised them on life long learning and to follow the footsteps of Dr. Ida Scudder and Lord Jesus Christ in serving the needy with gentleness and forbearance, without the need for any affirmation or feedback.

Dr. Nihal Thomas, chaired the graduation function and Dr. Simon Pradeep Pavamani awarded the degrees and diplomas to the students. The prize winners received their awards from the Chief Guest. Mr. Elijah Nissi Surya Teja, student president, OPTSA, felicitated the graduates Ms. Shivani Grover and Ms. Hassija Natasha Haresh responded on behalf of the graduating students.

The colourful, yet solemn function was followed by an excellent dinner. The success of the Baccalaureate Service and Graduation Ceremony was due to the whole hearted support and effort of all the faculty and students.







Twelfth Fieldhouse - Myers Oration =

The Fieldhouse - Myers Oration is conducted by the Department of Clinical Virology to honor the memory of Professor Ruth Myers, Founder and Head of the Department of Microbiology and her close friend Ms. Jeanette Fieldhouse. Professor Myers developed the diagnostic services and pursued her research interest in beta hemolytic streptococci and arboviruses. Following her passing in 2001, her close friend, late Ms. Jeanette Fieldhouse, bequeathed a sum of money in memory of Professor Myers to support the academic activities of the Departments of Clinical Microbiology and Clinical Virology. The twelfth Fieldhouse - Myers Oration



was delivered on 16th December, 2019 by Dr. Ramesh S. Paranjape, former Director of National AIDS Research Institute (ICMR-NARI), Pune. Dr. Paranjape obtained his M.Sc. in Medical Microbiology from All India Institute of Medical Sciences, New Delhi in 1996 and his Ph.D from Madras University, Chennai in 1982. Dr. Paranjape had worked on immune responses in human filariasis. It resulted in identifying allergic response to microfilarial antigens as the etiology of tropical pulmonary eosinophilia and also developed a monoclonal antibody based assay for the detection of filarial antigen.

At ICMR-NARI he was instrumental in : conducting the first HIV vaccine trial in India, establishment of WHO collaborating center on HIV diagnosis and monitoring, conducting Integrated Biological and Behavioural Survey (IBBS) in six high HIV prevalence states in India, establishment of a Clinical Trial Unit and setting up a consortium of five Indian laboratories to ensure quality of serological testing under NACO

During the oration, Dr. Paranjape talked on the current global status of HIV epidemiology and the '90-90-90 WHO target' to achieve eradication of HIV by the year 2030. He elaborated on the different prevention strategies of HIV such as: pre exposure prophylaxis, use of microbicides, treatment as prevention, behavioral research for risk reduction, vectored immunoporphylaxis and antibody mediated prevention towards achieving the control of the epidemic. He also mentioned the ongoing global HIV vaccine trials and the usage of 'long-acting' and 'extended-release' formulations of antiretroviral drugs that have the potential to revolutionize treatment and prevention. In conclusion he stressed on the importance of cure research as part of post 90-90-90 by focusing on viral latency and sanctuaries through the establishment of robust technologies for assessment of viral reservoir.

The citation and award to Dr. Paranjape was presented by Dr. Anna B. Pulimood, principal.



Annual Postgraduate Refresher Course and CME in Basics of Dermatosurgery

The Department of Dermatology, Venereology and Leprosy, organised a postgraduate refresher course and CME in, 'Basics of Dermatosurgery' along with the Association of Cutaneous Surgeons (India) on 7th and 8th November 2019. The CME was inaugurated by Dr. Anna Pulimood, principal, Dr. Susanne Pulimood, Organizing Chairperson and Head of Dermatology, Dr. Dinesh Kumar D, Hon. Secretary General, ACSI, and Rev. Rachita Rout.

The workshop on 7th November was attended by postgraduates and faculty from various colleges. The morning session focused on spotters, OSCE, dermatopathology slides and demonstration of splints used in leprosy. The focus of this session was to prepare the postgraduates to face practical examination more confidently and enhance their clinical knowledge. During the afternoon sessions, Dr.Binu Thomas spoke about the various reconstructive surgeries in leprosy. Drs. Susanne Pulimood, Leni George, Priya Joseph and Sheela Kuruvilla led discussions on how to approach patients with common dermatological conditions such as erythroderma, immunobullous disorder, sexually transmitted infection and evaluation of patients with Hansen's disease.

The CME on day two had talks from eminent dermatosurgeons across south India who discussed the basics of laser therapies and dermatosurgical techniques including vitiligo, acne scars, nail disorder and facial rejuvenation. The conference concluded with a dermatosurgical quiz for postgraduates conducted by Drs. Nirmal B. and M.Gauri Dinesh. The CME was attended by one hundred and eighty delegates and awarded twenty credit points under Category III by The Tamil Nadu Dr. M.G.R. Medical University.

Workshop Organised by the BVMC Centre



The BVMC Centre organized a workshop on, 'Searching Literature / Endnote / Zotero' from 9th to 11th December, 2019. There were participants from: All India Institute of Medical Sciences, Patna; CMC, Vellore; Government College of Nursing, Dindugal and Ayush, Kolkata. The participants were provided training on developing search strategies with Pubmed, Cochrane Library and single window search of electronic journals. Reference management using Zotero and Endnote were taught through practical hands-on sessions. The sessions were handled by Mr. Jabez Paul,

information specialist, BVMC. Following this, a workshop on, 'Systematic Reviews Using R Software' was conducted from 12th to 14th December, 2019. There were about fourteen participants from various institutions such as: AIIMS,

Jodhpur; Government Yoga and Naturopathy Medical College and Hospital, Chennai; Amrita School of Ayurveda, School of Management Studies, Kozhicode and REVA University, Bengaluru. The sessions were handled by Adjunct Professor Prathap Tharyan, CEU and Mr. Richard Kirubakaran, BVMC, CEU. The participants underwent sessions on basics of R, retrieving data and effect size in meta-analysis, basics of meta-analysis (fixed effect model and random effect model), meta-analysis-observational studies with practical hands on workshop. For similar workshop's in the future please visit: www.bvmc.in



Congratulations! =

- **Dr.Vimalin Samuel**, assistant professor, Department of Vascular Surgery, for winning the 'SERVIER Young Researcher Award' at the 13th Annual Conference of Venous Association of India held at Mumbai, from 16th to 19th January, 2020.
- **Dr. Jess Elizabeth Rasalam,** postdoctoral fellow in Laboratory Haematology and **Dr. Snehil Kumar,** senior resident received first and second prizes, respectively for poster presentation at the Annual Meeting of the Indian Society of Transfusion Medicine 2020, held at Mumbai.
- Mr. Raguraman, Sel. Gr. clinical biochemist, Department of Clinical Biochemistry for winning the best poster prize at the "9th CME for Medical Laboratory Technologists 2020" on 4th January 2020 at Mumbai.
- Mrs. Alice Suresh Kumar, professor in Medical Surgical Speciality Nursing, College of Nursing for being bestowed the Dr. A.D.Sehgal Oration Award, 2019 during the Society of Indian Neuroscience Nursing Conference at Mumbai on 5th December, 2019. This award is given to her for her valuable contributions towards Neuro Nursing and to the Society of Indian Neuroscience Nurses.

=== Memorandum =

Dr. Soumya S.V., associate professor is appointed as Acting Head of Dental and Oral Surgery Unit-II, with effect from 24th January, 2020 until further notice.

Retirement :



• Mr. Y. Franklin Rufus Jeevanesan, Sr.Gr.I Electrician, College Maintenance, voluntry retired on 31st January 2020, after 33 years of dedicated service to the institution. He has a son and a daughter. His son, Mr. Rufus Yesurajan is a Nurse in KN Ward.

The CMC community is thankful for his years of dedication and commitment to the institution and wishes him God's blessings on his retired life.

Special Prayers: January 26 - February 01, 2020 =

Accident and Emergency: Dr. K.P.P. Abhilash and Staff
Mrs. Jayalinda Christopher and Staff

CSI Karnataka Diocese Inter Diocesan Medical Board

Council Members: Rt. Rev. Mohan Manoraj Dr. Sushil Jathanna

Hospitals: CSI Hospital, Bangalore, CSI Bethel Mission Hospital, Gadag, CSI Holdsworth Memorial Hospital, Mysore and others.

CSI Krishna - Godavari Diocese

Council Members: Rt. Rev. T. George Cornelious Mr. Govada Samuel Sudhir

Hospitals: CSI Vathsalya Hospital, Vijayawada and others

Friends of Vellore – Sweden Council Member : Dr. Sten Walther

= Sunday Services : February 02, 2020 =

6.00 pm : Scudder Auditorium - Rev. Giftus Joshua

ua 4.30 pm: **Chittoor Chapel** - Dr. Lily Thomas

6.30 pm : Hospital Chapel - Rev. Dr. Finney Alexander

5.00 pm: Friendship Chapel - Rev. Gosparlyne Snaitang

3

= Situations Vacant =

1(a) Senior Resident with M.D. (Radiology) for the Department of Radio Diagnosis

Salary scale: As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

1(b) Assistant Professor with MD/DNB (Radiology) for the Department of Radio Diagnosis

Experience: Should have at least one-year teaching experience as (Asst. Professor) in any MCI recognized teaching institution.

Salary: As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

2. Clinical Pharmacist Trainee (two year) for the Department of Pharmacy Services. Age limit: 35 years.

Qualification: Pharm D from a PCI recognized Institution. Stipend: As per institutional rules. Accommodation not provided. Job Description: Clinical Pharmacy work in the wards, Patient medication counselling, Provision of Drug Information Services, Pharmacovigilance (ADR programme) as trainee under the supervision of a Clinical Pharmacist.

3. Senior Resident with M.D. (Emergency Medicine) or General Medicine / Pulmonary Medicine / Anaesthesiology and MS General Surgery / Orthopaedics with 2 Years Special Training in Emergency Medicine for the Department of Emergency Medicine Age limit: <40 years. Salary: As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

4. Psychologist Gr.V with M.Sc. (Clinical Psychology) / Counseling Psychology / Applied Psychology (Regular Course) for the **Department of Reproductive Medicine.** Salary scale: As per institutional rules. Accommodation not provided.

5. Senior Resident with **MD** (Psychiatry) for the Department of Psychiatry Unit–II. Age limit: <40 years.

Salary: As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link: "Vacancies". *Note: Only online applications will be accepted; Hard copies will not be accepted.* Applications will close on February 01, 2020 for Items 1(a), 1(b) and February 03, 2020 for Item 2 and February 08, 2020 for Items 3, 4 and 5.

6. Staff II Respiratory Therapist for the Department of Pulmonary Medicine

Qualifications: B.Sc. Respiratory Therapy / B.Sc with PG Diploma in advanced Respiratory Therapy (CMC)

Note: Only regular mode will be accepted, private or correspondence will be not accepted.

Salary scale: As per institutional rules. Age limit: 35 years.

Job description: Performing Lung function testing, sleep studies, pulmonary rehabilitation programme, patient education, respiratory care for inpatients and home care for patients, research and other general responsibilities.

7. Staff III Urology Technician for the Department of Urology

Qualifications: H.Sc. with two years Diploma in Urology Technician Course. Age limit: 35 years.

Salary scale: As per institutional rules. Note: Only regular mode will be accepted, private or correspondence will be not accepted. Job description: Urology Technician to be posted in Urodynamic Room, Urology OPD, Urology OR, Lithotripsy and Uroflometry etc.,

8. Graduate Technician Trainee for the CMC Vellore Chittoor Campus

Qualifications: B.Sc. Life Sciences. Only female candidates need to apply.

Stipend: As per institutional rules. Age limit: Below 30 years. Job description: To work in the OG Scan Room.

Note: Only regular mode will be accepted, private or correspondence will be not accepted.

9. Social Worker Gr.V for the Department of Medical Oncology

Qualifications: Masters in Social Work (Medical / Psychology) with good working knowledge of English / Tamil / Bengali and Hindi. Salary scale: As per institutional rules.

Age limit: Below 35 years.

Note: Only Regular mode will be accepted, Private or correspondence will be not accepted.

Job description: • To assist patients to apply to the Prime Ministers, Chief Ministers relief fund, KKT, Health insurance companies and other trust for financial help. • To monitor, regulate and help with the treatment of patients in 'L' ward and Day care. • To liaise with various philanthropic agencies and get financial help for our patients.

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link: "Vacancies". Note: Only online applications will be accepted; Hard copies will not be accepted.

Last date for submitting applications is February 03, 2020 for Items 6, 7 and February 10, 2020 for Items 8 and 9.

10. Administrative Assistant Gr.V for the Department of Pathology

Qualification: Graduate + 1 year PGDHA or 5 years experience in CMC / FHA. Salary: As per institutional norms.

Please log on to http://www.cmch-vellore.edu Link: "Vacancies". Icon: "Administrative Assistant Gr.V"

Only online applications will be accepted. Hard copies will not be accepted.

Preference will be given to those who have experience in handling students, arranging classes, exams, corresponding with the appropriate office all related matters and handling events. Apply on or before **January 31, 2020** for Item 10.

11. Management Intern for the Quality Management Cell

Qualification: Fulltime MBA / MHA / Bachelors in Engineering / Masters in any Science discipline / P.G. Diploma in Hospital Administration / Bachelor in Pharmacy from Govt. recognized Universities. Stipend: Rs.9,640/- per month.

Term: 6 months (can be extended up to 2 years). Requirements: Candidates should possess good communication skills and computer skills. Job description: To help in conducting audits, data analysis, report generation, documentation and implementation.

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link: "Vacancies".

Note: Only online applications will be accepted; Hard copies will not be accepted.

Last date for submitting applications is February 01, 2020 for Item 11.

Published & Designed by: PROMOTIONS OFFICE

Special Issue

Reflection on the Calendar 2020

February 03, 2020

The year 1902, was a historic milestone in the evolution of CMC. It was a major leap from the one-bed clinic in 1900 to a forty-bed Mary Taber Schell Hospital in 1902. The journey from then to the present multi-campus hospital, has been tremendous.



(Fourth from left - Dr. Ida's mother, Sophia Scudder seated along with Dr. Ida S. Scudder)

The photo chosen for this month's calendar is a power-packed picture of Dr. Ida's band of women who efficiently ran the Mary Taber Schell Memorial Hospital. When she began services in the Schell Hospital, she had very few, but highly efficient and like-minded assistants; her mother, Annie Hancock, Gnanammal, Dr. Louisa Hart, Lillian Hart, Mary Isaac Henry, Delia Houghton and others. Most of them are featured in the picture along with Dr. Ida and her mother Sophia Scudder. With no place to administer proper health care, alongside the growing diseases juxtaposed with ignorant and harmful practices, it became a pressing need for Dr. Ida to open a hospital in Vellore. It was

indeed Dr. Louisa Hart who pushed her to raise money for the hospital. The ten thousand dollars along with equipments which she received as donation from Mr. Schell was her 'Road to Damascus' at this point.

True to her word, she named the hospital after Mr. Schell's wife, keeping her memory alive to this day.

Seated below the women, on the floor are three beautiful children; all abandoned at the hospital but cared for by Dr. Ida. The girl in the centre was rescued by Dr. Ida, just in time from infanticide. Dr. Ida's mother, Mrs. John stood by her and took a bold step of adopting this child into the Scudder fold.



Mrs. John considered. "Hmm! Her own mother doesn't want her – or can't have her. So the hospital is in a sense her mother," she mused. "We'll call her Mary Taber!" (Wilson 104).



Quite similar to this is the foster care system of the CMC community; a beautiful and meaningful gesture, which often goes unnoticed without special mention.

The students who enter CMC are in fact stepping into a new home. The foster system allows the residents to 'adopt' the first years into respective families. They, then become a part of that family, forming a warm and unbreakable bond which lives on till the end.

Few of the common phrases, one often hears in the campuses are, 'I'm going for my foster dinner', or 'she is my foster mum', and during Graduation or College Day, it's heart-warming to see the two families (the real and the foster) meet and share anecdotes.



Where else can such blessings be sought? The students have all the rights to walk in to their homes; be it anxiety of exams or want of good home food. The foster parents are ever ready with open arms and sumptuous food to welcome the students.

The uniqueness of this institution stems from many facets. It is not just in providing health care and charity that the institution stands tall; it is also through the small gestures which have gone miles ahead.

YOU ARE CORDIALLY INVITED TO THE OPENING OF THE

MARY TABER SCHELL MEMORIAL HOSPITAL

which will take place on Tuesday afternoon
September the Sixteenth at four o'clock
Mr. and Mrs. Vaughn have kindly consented to be present
and open the building

Vellore
No. Arcot District

I. S. Scudder, M.D.

Your beginnings will seem humble, so prosperous will your future be. Job 8:7

Sunitha Serena P.I.O Promotion & PTP



Diploma in Allergy and Asthma - Graduation Ceremony

Allergic disorders, including asthma affect nearly 15% of India's population. This translates to an approximate figure of nearly 100 to 150 million patients. The prevalence of allergic diseases is increasing at an alarming rate, and there is not enough specialists who are able to offer standard care for the numerous patients who suffer from allergic disorders. Furthermore, there is a dearth



of structured training programmes and few opportunities for the training and certification of allergists. To address this need, the Department of Pulmonary Medicine joined hands with the USA based International Asthma Services. This partnership has resulted in India's only structured training programme namely, 'Diploma in Allergy and Asthma' (DAA), with the help of trained allergy faculty from the American Centres of Excellence, USA.

DAA is a year-long distance learning course which has been offering services from 2006 to physicians specialized in medicine, paediatrics, ENT and pulmonary medicine. Till date more than four hundred doctors have received training through this programme. This course attracted doctors from all over India as well as other countries like Sri Lanka, Nepal, Kenya, Uganda, Rwanda, Indonesia, USA, Canada, UAE, Saudi Arabia and the Caribbean. DAA is endorsed by the 'American Academy of Allergy, Asthma and Immunology' (AAAAI), which is the World's largest and the most respected professional association of allergy and asthma specialists and the 'Center for Global Health', University of Colorado, USA.

The 14th DAA graduation ceremony for the 2019 graduates was held on 9th January 2020 at the New Examination Hall. Professor M. Thirumala Krishna, Consultant Allergist and Immunologist, Birmingham Heartlands Hospital, United Kingdom, was the Chief Guest and awarded the degrees, and the proficiency prizes. He encouraged the graduates to venture beyond their comfort zones if they hope to make any difference to the problem of allergy in India. The Course Directors, Dr. P.K. Vedanthan and Dr. D.J. Christopher exhorted them to adopt CMC's culture of service. A total of thirty five specialists have met minimum standards to qualify for the award of DAA this year. Dr. Sunita Chhapola Shukla was awarded the Dr. Henry Claman gold medal award for overall proficiency. Dr. Deepika Kucherlapati was placed second and was awarded the Dr. Harold Nelson silver medal.

2nd National Congress on Asthma, Allergy and Immunology - Allergocon 2020

The second national conference on asthma, allergy and immunology (Allergocon 2020) and the post - conference workshop were held between 9th to 11th January, 2020 at the New Examination Hall by the Department of Pulmonary and Respiratory Medicine in collaboration with the International Asthma Services (USA). The workshop had participants who were general physicians, respiratory physicians, paediatricians, ENT surgeons and GPs who manage patients with allergy. The sessions covered plenty of practical information for practicing and aspiring allergists, focussing on local needs and trends. Around one hundred and fifty specialists participated in the conference. They were



Dr. D.J. Christopher receiving the Sheldon Spector Oration award from the International Asthma Services, USA.



given the opportunity to present their original research as free papers and posters and received valuable feedback from experts in the field. The oral presentation award was won by Dr. Neeraj Gupta, Gangaram Hospital, Delhi and the first and second prize for poster presentation were won by Dr. Arun M. and Dr. Shraddha Nair, respectively, both Fellows in Allergy and Immunology, CMC, Vellore.

A Night with the King by The Octet Cantabile

On 11th January 2020, 'A Night with the King', a concert was performed by The Octet Cantabile, from Chennai. The event was organised by the Nurses League (NL), College of Nursing, CMC Vellore unit, a part of the Christian Medical Association of India. The Octet Cantabile, a highly professional singing sensation is led by Mr. Augustine Paul. Their music has been celebrated worldwide and draws motivating inspirations from the Bible. They enthralled an audience of over thousand who were left spellbound, at the end of the event.



Dedication of New Facilities at Schell Eye Hospital

Schell Eye Hospital, Department of Ophthalmology, celebrated the inauguration of the new outpatient area on 8th January, 2020. The ceremony also included the dedication of the newly acquired, state of the art Heidelberg Spectralis OCT Retinal imaging system and Carl Zeiss Meditec Anterior segment YAG Laser system, as well as the Prosthetics lab and the new Chapel benches. The function was presided over by the Chief Guest Dr. J.V. Peter, Director, Mr. David Chandran, General Superintendent and Dr. Sanita Korah, Head, Department of Ophthalmology and was attended in full strength by the doctors, nursing staff and support staff of the hospital.



Following the opening prayer-song by the students from the School of

Optometry and prayer by Rev. Deepak Gnanaprakasam, Dr. Sanita elucidated the changes that were made to develop the new OPD block, from the section of the hospital which was the then MRD. She also introduced the newly acquired equipment, and described the function of the prosthetic lab where custom-made ocular prostheses (artificial eyes) for patients who have lost their eye are fashioned. She also gratefully acknowledged Rev. Anandhi, former Head of Chaplaincy, who spearheaded the provision of chapel benches for Schell Hospital. The Bible reading by Mr. Suresh was followed by a sermon by Rev. Dr. Arul Dhas T, Head, Chaplaincy. Dr. J.V. Peter then delivered his address, where he spoke fondly of his days as a student in these very corridors, and shared some small



incidents and anecdotes from those days. He was truly inspirational and described the qualities needed to be good healthcare professionals and good human beings, both inside the hospital as well as outside.

Mr. Vijay Aruldas, Head, MRD spoke about the changes in the MRD and about the digitalization of the records, which paved the way for the freeing up of space, by which the new OPD block was created.

Dedication of New Facilities at Schell Eye Hospital —

The commendable efforts of the MRD staff who had worked tirelessly to make this possible was acknowledged. This was followed by the ribbon cutting ceremony and ended with prayer and dedication in the Chapel. It was a truly memorable event in the history of Schell Eye Hospital. The department acknowledges with gratitude, the immense support and guidance of Dr. Thomas Kuriakose, Professor, Department of `Ophthalmology, Dr. Andrew Braganza for his insights and Mr. Prabhakar, Hospital Chief Facilities Manager and all the support staff for their tireless efforts to make this dream a reality.

_____ Welcome =

Dr. Jacob John, Professor, Department of Community Health, on his return from study leave.

Congratulations! =

- The following trainees from the Department of Pulmonary Medicine won the following prizes at the recently concluded 2nd National Congress on Asthma, Allergy and Immunology Allergocon 2020.
- **Dr. Arun M.** 1st prize in poster presentation and **Dr. Shraddha Nair** 2nd prize in poster presentation.
- The following participants from P1 ward received prizes at the VAICON 2020 conference held at Mumbai. **Ms. Priyadarshini K.,** Charge Nurse, P1 ward received 1st prize for her paper titled, 'Awareness of Chronic Venous Disease Among General Population'.

Ms. Priyadarshini M., Vascular Nurse, P1 ward received 2nd prize for her paper presentation titled, 'Role of Vascular Nurse in Care of Post Operative Patients Undergoing Endovenous Ablation'.

Retirement

• Mrs. Mary Ponraj, Staff Nurse Gr.I, retired on 6th January, 2020 after serving the institution for 30 years. She completed her GNM training at Scudder Memorial Hospital, Ranipet in 1984. She joined CMC as a staff nurse in 1989, and worked in N1 and N2 wards from 1989 to 2009. From 2009 she has been working in the OPD. She has worked also in the CMC outreach outpatient services along with the Red Cross Society, Vellore. She is a hard working person with good team spirit and ever-willing to adjust duty changes willingly. She is known for her



accountability, dependability and good reporting skills. She is married to Mr. Ponraj who is an Evangelist. Mrs. Mary actively involves in church ministries and plans to continue God's ministry with her husband after her retirement.

CMC community thanks Mrs. Mary Ponraj for her service in this institution and wishes her God's blessings on her retired life.

——— Obituaries —

- Mr. Nagarajulu, father of Mrs. Aruna Franklin, Cochlear Implant Coordinator, Department of ENT, on 25th January, 2020.
- Mr. Govindasamy M, father of Mr. Thangamani G, MRT Gr.II, Department of Medical Records, on 26th January, 2020.
- Mrs. Uma Rani, retired staff, Orthopaedics Unit-II, mother of Mr. Sasikumar, Hospital Attendant, CRS, on 27th January, 2020.
- Mr. Maria Doss B, retired Senior Grade Technician, Department of Medical Records, father of Mr. Fredy, Hospital Attendant, O Block, on 28th January, 2020.

Our thoughts and prayers are with the bereaved members of the families at this time of sorrow and loss.

Special Prayers : February 02-08, 2020 =

Clinical Biochemistry: Dr. Pamela Christudoss and Staff
Biochemistry: Dr. Molly Jacob and Staff

CNI Synod - The Synodical Board of Health Services
Council Members: Mr. Joshua C. Rathnam
Rt. Rev. Bijay K. Nayak

Hospitals: St. Stephen's Hospital, New Delhi, Lady Willingdon Hospital, Manali. Kristiya Seva Sansthan Sarenga, West Bengal and others

Christian Service Society of Bengal, Orissa and Bihar

Christian Mission Service, Germany
Council Member: Dr. S.R. Banerjee Jesudason

= Sunday Services : February 09, 2020 =

6.00 pm : Scudder Auditorium - Dr. Reena George 4.30 pm : Chittoor Chapel - Dr. Alex Duncan 6.30 pm : Hospital Chapel - Rt.Rev.Sharma Nithyanandam 5.00 pm : Friendship Chapel - Dr. Gladwin Ganapur

—— Admission Notice —

Balavihar Kids Corner and Play Groups (Balavihar and Sunset)

Application forms and prospectus for admission to Balavihar Kids Corner (Junior) and Playgroups (Balavihar and Sunset) for the year 2020-2021 will be available at Balavihar on payment of Rs.150/- from 10th - 21st February 2020 between 1.00 pm to 4.00 pm.

Balavihar Kids Corner: Children of CMCH staff, who have completed 2½ years by May 31, 2020 and not more than 3 years by June 1 2020, are eligible to apply. Priority will be given to children residing in the Hospital Campus. Parents residing in the Hospital Campus, whose child will complete 2½ years by November 30, 2020 and would like to admit their child, also must apply now. Parents will be intimated if and when a vacancy arises after their child completes 2½ years.

Play Group (Balavihar and Sunset): Children of CMCH staff, who have completed 1½ years by May 31, 2020 are eligible to apply. Priority will be given to children residing in the Hospital / College Campus. Parents residing in the Hospital / College Campus, whose child will complete 1½ years by November 30, 2020 and would like to admit their child, also must apply now. Parents will be intimated if and when a vacancy arises after their child completes 1½ years.

Note: The last date for submission of completed application forms along with a photocopy of the child's birth certificate and your salary slip is February 21, 2020 by 4.00 pm.

Situations Vacant =

1. Assistant Professor with M.Ch. (Neurosurgery) for the Department of Neurological Sciences (Neurosurgery)

Salary: As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

2(a) Senior Resident with **M.D. / DNB (Radiology)** with **Special Training in Interventional Radiology** for the **Department of Radiology (Interventional Radiology)**

Candidates with DNB qualification should fulfill the latest MCI criteria for teaching appointment.

Salary scale: As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

2(b) Assistant Professor with **MD (Radiology)** with **Special Training in Interventional Radiology** for the **Department of Radiology (Interventional Radiology)**

Experience: Should have at least one-year teaching experience as (Asst.Professor) in any MCI recognized teaching institution.

Candidates with DNB qualification should fulfill the latest MCI criteria for teaching appointment.

Salary: As per institutional rules. Accommodation provided (Partly furnished, depending on availability). Selected candidates will be joining Department of Interventional Radiology.

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link: "Vacancies". *Note*: *Only online applications will be accepted; Hard copies will not be accepted.* Applications will close on February 08, 2020 for Items 1, 2(a) and 2(b).

3. Schieffelin Institute of Health - Research & Leprosy Centre, Karigiri - 632 106 invites applications for the **Hospital Information System Development Project:** Duration of the Project: One year.

Qualification: B.E. (Information Technology) / Master in Computer Application (MCA).

Experience: 2 years in developing Hospital Information System. Candidate should have expertise programming skills in Visual basic 6, MySQL, ASP.Net, C#, Visual Basic 6, SQL server Database maintenance. Salary commensurate with qualifications and Experience.

Candidate can apply with bio-data along with photocopies of certificates and send to the Director, SIH-R & LC., Karigiri - 632 106. or email your updated resume along with the scan copies of all your testimonials to **directorate@karigiri.org** and **personnel@karigiri.org** Last date for receipt of applications is **February 08, 2020** for Item 3.



Dr. Thomas Kuriakose Retires

Dr. Thomas Kuriakose (Batch of 1977) completed his Diploma in Ophthalmology from Schell Eye Hospital in 1988, and went on to complete his DNB in Ophthalmology in 1991 from Joseph Eye Hospital, Tiruchirapalli. He became a Fellow of the Royal College of Surgeons of Edinburgh in 1996.

Dr. Thomas joined as faculty of the Department of Ophthalmology, CMC in 1992. He has held several administrative posts in the department and institution such as:

- Deputy Director, Quality Management; 2007 to 2011
- Head of Ophthalmology Unit-I: 2004 to 2008
- Head of Department of Ophthalmology: 2010 to 2014
- Head of Ophthalmology Unit-III: 2011 to 2017
- Associate Director, Finance: 2011 to 2015.



Dr. Thomas is a clinician and surgeon par excellence, and although his main interests were in retina and cornea, he was one of the last of the 'Pan-ophthalmologist' era with expertise and the God-given talent to perform and teach surgical procedures of any subspeciality in Ophthalmology, including squint, oculoplastics, glaucoma, neuro-ophthalmology, paediatrics and uveitis. He is an excellent clinician and has put together some of his clinical experiences in a book titled, 'Clinical Insights and Examination Techniques in Ophthalmology' which will be published in due course of time. In addition to general ophthalmology, many have been inspired and mentored by him to develop and grow in specific areas of need in the department. His exceptional clinical and surgical proficiency has made him a role model through the years, inspiring budding ophthalmologists to be a 'TK' one day.

Even though he is one of the senior-most consultants, his humility and approachability has given him a special place in the hearts of everyone. His patients love him and one of his greatest qualities is his ability to remain pleasant and calm through his busy schedule. Patient care has always been of utmost priority to him. Dr. Thomas possesses a deep commitment to the department and institution. He has been instrumental in the development of various aspects of Schell Hospital such as planning and renovating the PC and general OPDs; starting the School of Optometry; revamping the optical dispensary and the central garden; and making cataract surgery more convenient for patients by starting the day care cataract surgery facility. Apart from this he played a major role during the MCI inspections that led to the increase of MS Ophthalmology seats from two to seven.

He was the first Deputy Director of Quality in CMC, and was instrumental in initiating the process and inspections for NABH accreditation. He has also taken a keen interest in developing the ophthalmology work in Kotagiri. As he retires and brings an end to the 'TK' era, though with heavy hearts the department bids him farewell, the career of a most esteemed, respected, and distinguished teacher and colleague, will always be celebrated. The institution wishes him well as he embarks on the next phase of his career and life.

1st CME on 'Emergencies in ENT'

The Department of ENT Unit-III (Rhinology and Anterior Skull Base Unit) in collaboration with the Department of Anatomy conducted the 1st CME and workshop on, 'Emergencies in



ENT' on 18th January at CHTC Auditorium. The programme included interactive discussions on topics dealing with various emergencies in Otolaryngology by faculty from each subspecialty of ENT and from the Department of Head and Neck Surgery Unit-I. This was followed by a panel discussion moderated by Dr. Rupa Vedantam, Professor, Department of ENT Unit-III on postoperative emergencies with practical case presentations and discussions. The afternoon session comprised of hands-on demonstration of different emergency procedures on cadavers and mannequins.

The field of otolaryngology deals with various emergency situations requiring timely initiation of treatment. The art of treating these patients involves thorough evaluation and quick decision making without compromise on the quality of management. Often the paucity of time to deliberate on the situation creates a stressful environment for the treating physician and the team members. As the saying goes, "the eye sees only what the mind knows"; proper exposure and knowledge of various emergency scenarios and following a standard protocol of management helps in better outcomes of patient management. This was the first time that such a unique CME with practical demonstration on emergencies in ENT was conducted.

There were over one hundred and fifty participants comprising of postgraduates and consultants from various Medical Colleges and Hospitals in Tamil Nadu, Kerala and Pondicherry. Delegates from the Departments of Emergency Medicine and Paediatric Emergency also attended the CME programme. Dr. Muthukumar, Professor and Head, Department of ENT, Madras Medical College and Dr. Arun Alexander, Professor, Department of ENT, JIPMER, Pondicherry were the guest faculty who offered their expertise and practical suggestions during the panel discussion and workshop.

The workshop was conducted at six different stations in the anatomy dissection hall. In each station, the faculty demonstrated a particular emergency procedure in which the delegates also participated.

Rev. Samson commenced the programme with a word of prayer. Dr. Regi Kurien, Professor and Head of ENT Unit-III welcomed the gathering, followed by felicitations by Dr. J.V. Peter, Director. Dr. Ajoy Mathew Varghese, Professor and Head, ENT, highlighted the importance of having such focused instructional courses which will benefit the postgraduate students. The CME concluded with a quiz on ENT emergencies for the postgraduates and delegates held in Hotel GRT Regency, Vellore. Dr. Lalee Varghese, Professor, Department of ENT Unit -III proposed the vote of thanks, which was followed by dinner.

Events from the Department of Dental and Oral Surgery



The Department of Dental and Oral Surgery together with The Indian Dental Association (IDA), Vellore conducted a one day Continuing Dental Education programme on, 'Lasers in Dentistry' on 25th January, 2020. Laser Dentistry is a relatively new speciality which is designed to improve the approach and management of oral mucosal diseases as well as offer minimally invasive options for several other disorders of the dental hard tissues. The programme began with prayer followed by the welcome address by Dr. Jagadish Ebenezer, Head,

Dental and Oral Surgery. The guests; Dr. T. Samraj, former Associate Director and former Head of Dental and Oral Surgery; Dr. Prasad Mathews, Medical Superintendent and Dr. Joy S. Michael, Vice Principal (AHS) blessed the occasion with their presence and lit the Kuthuvilakku. Dr. Mohammad Mustafa, President of Indian Dental Association (IDA) addressed the gathering.

The faculty for this programme were Dr. Arun K. Velu and Dr. Daniel S. Sundaram who led discussions on topics such as laser physics, safety and wavelengths in dentistry, uses of soft tissue lasers in dentistry and principles of laser applications in different treatment procedures. A live video demonstration of the

Events from the Department of Dental and Oral Surgery

common laser assisted dental treatment procedures was organised for the participants which included both surgical and non-surgical treatment procedures. At the end of the sessions, the faculty were felicitated by Dr. Ravikumar, the Secretary of the Indian Dental Association followed by vote of thanks by Dr. Jagadish Ebenezer. There were around seventy five dentists from



IDA and CMC. The sessions were highly beneficial and a good learning experience for the participants.

CMC Observes Republic Day

The 71th Republic Day was observed by the various campuses of CMC. At the hospital campus, the flag was hoisted by Dr. Thomas Samuel Ram, Associate Director (Mission), Professor and Head, Department of Radiation Therapy Unit-I along with Mr.W. Abdul Latheef,



Security Officer. Dr. Anand Zachariah,

Professor and Head, Department of Medicine Unit-I gave the message at the College Campus and Dr. Deepak Abraham, Associate Director (HR), Professor and Head, Department of Endocrine Surgery hoisted the flag. The special guest speaker for the programme at CMC Vellore Chittoor campus was Er. David Chandran, General Superintendent, CMC, Vellore. The programme was highlighted by an inspiring skit performed by the nursing students of the

CMC Vellore Chittoor College of Nursing on 'National integration'.

Visit of Dr. Rajendran Vilvendhan =



Dr. Rajendran Vilvendhan, Section Head, Interventional Radiology, Department of Radiology, Boston Medical Center visited CMC on 9th January, 2020. He is also Clinical Assistant Professor of Radiology, Boston University School of Medicine. He delivered a guest lecture on 'The Role of Prostatic Embolisation in the Management of Symptomatic Benign Prostatic Hypertrophy' and Participated in Informal Academic Discussions.

Dr. Rajesh Balakrishnan, Professor, Radiation Oncology Unit-III, on his return from sabbatical leave.

🗕 Memoranda 🗕

- **Dr. Joy John Mammen,** Professor, is appointed as Associate Director (Medical) with effect from 1stFebruary 2020 for a four year term.
- **Dr. Deepak Thomas Abraham**, term as Associate Director (Human Resource Development) is extended for a period of six months with effect from 1st February 2020.
- **Dr. Premila Lee**, term as Nursing Superintendent is extended for a period of six months with effect from 20th April, 2020.
- **Dr. Lallu Joseph,** Manager Gr.II, is appointed as Associate General Superintendent with effect from 1stFebruary 2020 for a four year term.
- **Dr. Vinu Moses,** Professor, is appointed as Deputy Director (Gifts and Grants) with effect from 1stFebruary 2020.
- **Dr. Binila Chacko,** Professor, is appointed as Deputy Director (Quality Management) with effect from 1st February 2020 for a four year term.
- **Dr. Suceena Alexander,** Professor, is appointed as Additional Vice Principal (Research) with effect from 1stFebruary 2020 for a four year term.
- **Dr. Anand Zachariah,** Professor, is appointed as Head of Medicine Unit-I with effect from 1st February 2020 until further notice.

Congratulations! =

• **Dr. Prerana Choudhary**, postdoctoral fellow in Cytogenetics, has won the first prize for poster presentation at the 8th Annual Conference of the Molecular Pathology Association of India (MPAICON 2020) held from 10th to 12th January, 2020 at Mahatma Gandhi Medical College Hospital, Jaipur.

- Congratulations! -

• Ms. S. Vinodhini, Critical Care Therapist in Medical ICU, created a new world record on 15th January, 2020 for creating awareness for saving girls through 100 drawings. This achievement has been registered in Kalam's World Records.

Retirement



Mrs. Ruth Rajakumari, Secretary Gr.III, Clerical Pool, retired on 26th January 2020, after 36 years of dedicated service to the institution. She has two daughters, Ms. Naomi and Ms. Nancy Priyanka. The CMC community is thankful for her years of dedication and commitment to the institution and wishes her God's blessings on her retired life.

= Obituaries =

• **Dr. Sunil Agarwal** (MBBS batch of 1978) on February 4, 2020. Dr. Sunil Agarwal studied in Doon School, Dehradun and DAV College, Chandigarh. He belonged to the MBBS batch of 1978. After completing his MBBS here, he immediately started his MS General Surgery in the institution and joined as faculty soon after. He went to CMC Ludhiana on deputation and then for his study leave to Adelaide for three years and sabbatical in Oman. He strengthened the Department of General Surgery in various leadership roles. Sunil went on to establish the Department of Vascular Surgery and served as Professor.



'Agru' to his classmates; Sunil to his friends; teacher to his students; mentor to his registrars and colleagues; role model to countless people; father figure; guide;

counsellor – his roles were many and he fulfilled every role that was his with his large heart and ability to see the best in everyone. Sunil was deeply influenced by his mentor Dr Booshnam.

A devoted husband and a loving father – he cherished his family. Sunil was a son every parent would be proud of and a pillar to his extended family. His numerous foster children looked up to him and his home was their home.

A brilliant surgeon with the gift of teaching – Sunil taught and mentored scores of surgeons and vascular surgeons. He inspired medical students to take up surgery. He was the rock on which the department of Vascular Surgery was built. So many people remember him teaching them their first hernia operation or lap. Cholecystectomy or their first anastomosis. He took the lead during Christmas time, which was very special to him. He would be there for every department prayer.

Sunil was a man of integrity. He walked the talk. Not to gain but to give was his motto. He was never shy of saying the truth or doing the right thing. His generosity was legendary – truly the left hand did not know what the right hand did. He lived the CMC motto – not to be served but to serve and deeply believed in 'doing unto others what you would have them do unto you'. A man of principles, he placed patient care foremost and truly cared for the poor and the needy. Sunil had a deep commitment towards mission hospitals and went numerous times to help these hospitals. One of his goals was to continue to serve mission hospitals. He facilitated many, many youngsters with study leave opportunities with the deep bonds of friendship he had established.

He loved students and would enthusiastically take part in student and college activities. Sunil was the life of parties and would enliven all with his anecdotes and stories.

Sunil is survived by his wife Indira, a paediatric nephrologist in CMC, his sons – Varun (an economist) and Rohan (financial analyst), his elder sister, younger brother, aging parents and a large extended family.

For those who would like to get in touch with the family, the contact details of his wife Dr. Indira Agarwal are given below:

Dr. Indira Agarwal, Email: indiraagarwal@cmcvellore.ac.in

Let us uphold his grieving family and friends in prayer. All of us will cherish Sunil Agarwal – a true son of Christian Medical College, Vellore.

Obituaries =

• Rev. Herbert O Muenstermann was called to his Maker, in the early morning of the 23rd of January, after a well-lived life of 94 years. Herb, as he was fondly called, was an old time warrior for the Church. He loved the Church and trained at the Eden Seminary in St. Louis, where many years later, he and his wife. Peggy, put in their life savings to establish the Missions chair. They were both fulltime missionaries in Ghana after which, Herb joined the UCBWM (United Church Board of World Ministers) the Missionary wing of the United Church of Christ. It was here that he worked with young people in college campuses,



winning them over to give their lives in the work of the Church in Missions. He then was the Mission Personnel Director of the UCBWM, employing and preparing Missionaries to go overseas.

In the 1970's, Rev Herb Muenstermann was asked to help CMC Vellore as the Executive Director of the Vellore Christian Medical College Board at 475, Riverside Avenue in New York, now known as the Vellore CMC Foundation. For 16 years, he took on the mission of taking the message of CMC Vellore throughout the USA and beyond with passion and determination. Around 1977, he took his sabbatical leave and the family flew to Paris, bought a Peugeot and drove to India through Europe, Iran and Pakistan. Here he drove around and did a study of awareness of CMC Vellore graduates who were leaders in Mission Hospitals. Some of the hospitals he visited were Padhar, Jamkhed, CMC Ludhiana and Bissamcuttack.

During their time of working with CMC in New York, Herb and Peg were hosts to a large number of CMC staff, helping them with sabbaticals and visits to the States, hosting them in their home and helping them travel through the country to spread the story of CMC Vellore. Herb was a phenomenal fund raiser and found money for many of the projects that CMC needed support to take on in those difficult years. One of the special projects that he enjoyed was raising money for the CMC cottages in Kodaikanal which the community enjoys even today. He was the one who connected CMC with Senator Hatfield so that CMC could get its first ASHA grant. Since then the ASHA grants have been a great blessing to the growth and development of CMC. After their retirement from the Vellore Board, Herb and Peg retired at Uplands, Pleasant Hill, Tennessee where they continued to be actively involved with the UCC, Eden Seminary and were passionate about those estranged by the sanctions that the USA had imposed on Cuba. They were special people and their love for the Church and CMC Vellore was expressed in life-long action. For example, both Herb and Peg, realising that the Meharry Medical College in Nashville, a Black Medical college, did not have bodies for the medical students for dissection to study anatomy, both donated their bodies for this special purpose, a final gesture of love and commitment.

There will be a Memorial Service in Uplands in May to celebrate the lives of these special "Children of God." Since their passion was about the work of CMC Vellore, donations can be sent earmarked to the Vellore CMC Foundation, 475 Riverside Avenue with a mention of Herbert and Margaret Muenstermann. To know more about needs at CMC, kindly see: https://www.vellorecmc.org/get-involved/donate/

Condolence Messages may be sent to their nephew, Dr. Anil Henry at **anilhenry@gmail.com** who will pass them on to the rest of the family.

- Mr. S.G. Magimai Das, father of Mr. M. Isaac, Charge Nurse in Rehab, Mr. Yesuwa Stephen, Radiographer in Department of Radiology and father-in-law of Mrs. Praveena, Staff Nurse in SICU, on 3rd February, 2020.
- Mrs. K. Lakshmi Krishnan, mother of Mr. Govindaraj. K, Hospital Attendant Gr.I, Department of Neurological Sciences, grandmother of Ms. Srivha, Staff Nurse MHDU, Ms. Jayasri, Staff Nurse J Ward and Mr. Silambarasan, Hospital Attendant 'A' ward on 6th February, 2020.
- Mrs. Suguna Anbu retired Charge Nurse, SCHELL Hospital on 7th February, 2020.

Our thoughts and prayers are with the bereaved members of the families at this time of sorrow and loss.

Special Prayers : February 09-15, 2020 =

Chaplaincy: Rev. Dr. T. Arul Dhas and Staff

Christian Medical Association of India (CMAI)

Council Member: Dr. Priya John

CSI Dornakal Diocese

4.30 pm: Chittoor Chapel

Council Members: Rt. Rev. Dr. V. Prasada Rao

Rev. Mrs. V. Sunanda Prasada Rao

Hospitals: St. Mary's CSI Hospital, Khammam and St. Mary's Rehab Centre, Khammam.

46 2020

Sunday Services : February 16, 2020 =

6.00 pm : Scudder Auditorium - Dr. Daniel Gunabalan

6.30 pm : **Hospital Chapel** - Dr. John Mathai

5.00 pm : Friendship Chapel - Rev. Desigan M. Anurag

- Dr. Chandrasingh

Notice

• CMC invites offer to manage print services of its upcoming facility from leading, reputed, ISO certified companies, presence in the industry for over 10 years and with experience of providing print solutions to hospitals over 300 beds. The scope of work includes managing all print related activities from providing printers, papers, consumables, standby machines including onsite / offsite support. All printers should be 25 PPM and above, network supported and support all OS. Current requirement will be 25 printers. Sealed offer will be accepted till 4.30 pm of 14th February, 2020 in General Superintendent Office, CMC, Vellore.

• College Hill Montessori, Sunset Block (Ground floor), College Campus, Bagayam

Application forms and prospectus for admission to College Hill Montessori for the year 2020-2021 will be available at College Hill Montessori premise AFTER an OPEN HOUSE at the school premise on **12/02/2020**, **Wed, from 5 to 7 pm**. Children from *all campuses* who are interested in the Montessori method of education & have completed 2½ to 5 years by May 31, 2020 are eligible to apply. College Hill Montessori has an academic collaboration with Pincushion Montessori School & will offer the 3 year Pincushion Montessori kindergarten curriculum from June 2020.

The last date for submission of completed application forms along with a photocopy of the child's birth certificate and your salary slip is **February 21, 2020** by 4.00 pm. For further details pl contact: 9025360563 (during school hours).

Situations Vacant =

1. Lecturer in Medical Physics for the Department of Radiation Oncology (Medical Physics)

Qualification: Ph.D in Medical Physics. Salary scale: As per institutional rules. Accommodation not provided.

2. Tutor with Ph.D.(Public Health) for the Department of Wellcome Research

Candidates who have experience in handling multi centric studies is preferred.

Salary: As per institutional rules. Accommodation not provided.

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link: "Vacancies". Note: Only online applications will be accepted; Hard copies will not be accepted. Applications will close on February 15, 2020 for Items 1 and 2.

3. Centre for Stem Cell Research (a unit of inStem, Bengaluru) and Christian Medical College, Vellore.

Call for Project Coordinator

Job Code: 1321

The Centre for Stem Cell Research (CSCR), a unit of inStem Bengaluru, in collaboration with Department of Biotechnology (Government of India) and the Christian Medical College (CMC) Vellore, invites applications to coordinate a program for population based control of haemoglobin disorders in Odisha based on targeted population screening and counseling to impact social behavior to these disorders.

Eligibility: MBBS / MD or MPH with experience in community-based development projects. Candidates with experience of previous field based developmental work and knowledge of local language (Odiya) will be preferred Salary will be commensurate with experience.

For application form visit (http://www.cscr.in/research-opportunities). Apply with bio-data, details of work experience and testimonials by hard copy Address to: The Principal, Christian Medical College, Bagayam Vellore -632 002, Tamil Nadu, or by soft copy to: cscredu@cmcvellore.ac.in) on or before February 24, 2020 for Item 3.

- 4. Applications are invited for the following post for the CMC Vellore Chittoor Campus
- 4(a) Senior Resident / Assistant Physician / Assistant Professor / Associate Physician / Associate Professor / Physician with DA / MD / DNB in Anaesthesia
- 4(b) Senior Resident/ Assistant Professor / Assistant Physician / Associate Professor / Associate Physician / Professor / Physician with D.Ch / MD / DNB in Paediatrics
- 4(c) Senior Resident / Assistant Physician / Associate Physician / Associate Professor / Physician with MD / DNB in General Medicine.

Salary: As per institutional rules.

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link: "Vacancies" or log on to the http://www.cmcvellorechittoorcampus.ac.in link "Career" or email to dir.chittoor@cmcvellore.ac.in with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address. Applications will close on February 24, 2020 for Items 4(a), 4(b) and 4(c).

5. Jr. Officer Gr.V for the Department of RUHSA

Qualification: Graduate + MBA / M.Phil. Salary: As per institutional norms.

Please log on to http://www.cmch-vellore.edu Link: "Vacancies" Icon: "Jr. Officer Gr.V".

Candidates with two years of experience in data management only may apply. CMC staff in project mode may also apply with NOC from current department. *Only online applications will be accepted. Hard copies will not be accepted.* Apply on or before February 17, 2020 for Item 5.



58th National Pharmacy Week, Celebrations

The Department of Pharmacy organised the 58th National Pharmacy Week celebrations from 3rd to 8th February 2020, on the theme, 'Pharmacist: Your Medication Counsellor'. As part of the celebration, various competitions such as oral presentation, poster designing, slogan writing, essay writing and quiz programme were organised. More than four hundred participants took part in these events. An exhibition was held for the benefit of the healthcare workers, school and college students, patients and public which



highlighted the importance of safe and proper use of medicines. Stalls for patient counselling, and puppet and video show were part of the exhibition. Education on diabetes, asthma, nutrient diet, physiotherapy, occupational therapy, prosthetic and orthotics, proper use of anti-retroviral and anti TB drugs were provided by various departments. The Chief Guest for the inauguration was Mr. Immanuel, Drugs Inspector, Vellore Zone. The other dignitaries present were Ms. Saranya and Mrs. Manimegalai, Drugs Inspectors; Dr. Chandra Singh, Associate Director; Dr. Prasad Mathews, Medical Superintendent; Er. David Chandran, General Superintendent; Mrs. Margaret, Deputy Dean and Mrs. Illavarasi, Deputy Nursing Superintendent. The valedictory function was held on 8th February 2020, during which the following prizes for the winners were distributed.

I. Oral Presentation:

1st Prize: Ms. Cynthiya Rachel Grace, Charge Nurse, K ward, 2nd Prize: Ms. Himavarshini, Pharmacist Trainee, Chittoor Pharmacy and 3rd Prize: Mr. N. Jayakumar, Pharmacist, OPD Pharmacy.

II. Poster Design Contest: (a) Pharmacy College Students:

1st Prize: Ms. Maria Infant Majula Shifani - Pharm D IV year, EGS Pillay College of Pharmacy, Nagapatinam. 2nd Prize: Mr C.A.Prawin - D.Pharm I year, Parimala Pandurangan College of Pharmacy, Walajah.

3rd Prize: Mr.D.Nizamudeen - B.Pharm IV year, KP College of Pharmacy, Tiruvannamalai and Mr. K. Ulaganathan - D.Pharm II year, Parimala Pandurangan College of Pharmacy, Walajah.

(b) Healthcare Professionals: 1st Prize: Ms. P. Sweatham, Emergency Department, 2nd Prize: Ms A.U. Monica, MHDU and 3rd Prize: Ms. Beulah Deepakumar, C WARD and Mr. K. Thanigaivelan, Main Pharmacy.

III. Inter-department Quiz Contest: 1st Prize: Neuro ICU: Ms. Priya Nandhini, Ms. Komathi D.G.S and Ms. Teena Margaret Helen, 2nd Prize: E Ward: Ms. Sunitha P, Ms. Selvarani Daniel and Ms. Jeba Gnanam Ebinezer and 3rd Prize – OP Pharmacy: Mr. Paul Lenin and Mr. Michael Austin.

IV. Tamil Essay Competition: (a) Healthcare professionals: 1st Prize: Ms. Merlin Nancy Deepa, L Ward,

2nd Prize: Ms. N.C. Mageshwari, Main Pharmacy and 3rd Prize: Ms. S. Madhumathi, OP Pharmacy.

(b) Public / Patients : Ms.J. Kavitha

58th National Pharmacy Week, Celebrations =

V. <u>English Essay Competition</u>: (a) Healthcare professionals: 1st Prize: Ms. Sujatha Asirvatham, RUHSA, 2nd Prize: Ms. E. Nirmala, S Pharmacy and Ms. N. Devakirubai, L WARD and 3rd Prize: Ms. J. Himavarshini, Chittoor Pharmacy and Ms. Shreya, Neurosciences.

(b) Public / Patients: 1st Prize: Ms.K.Saritha,

2nd Prize: Mr. B. Jayaram and 3rd Prize: Mr. Sandeep Kumar.

VI. <u>Tamil Slogan</u>: (a) Healthcare professionals: 1st Prize: Ms. Uma Mageswari, Q3 WARD, 2nd Prize: Mr. Vetriselvan OP Pharmacy Volunteer and Ms.Carolin Sheeba OP Pharmacy and

3rd Prize: Ms.N.C. Mageshwari, Main Pharmacy and Ms.D.G.S. Komathi, N1 WARD.

(b) Public / Patients: 1st Prize: Mr. A. Selva Kumar and 2nd Prize: Mr. Trinity Alex Kumar.

VII. <u>English Slogan</u>: (a) Healthcare professionals: 1st Prize: Ms. E. Nirmala, S Pharmacy, 2nd Prize: Ms. Sheeba Mabel, Labour room.

VIII. <u>Hindi Slogan</u>: (a) Healthcare professionals: 1st Prize: Mr. V. Rajaganapathy, Narcotic Pharmacy and 2nd Prize: Mr. S. Samuel Kingston, K-Ward. (b) Public / Patients: Mr. Sandeep Kumar.

— Dedication of the Housing Quarters at the CMC Vellore Chittoor Campus



The B,C and E quarters of the staff housing project at the Christian Medical College, Vellore, Chittoor Campus in Andhra Pradesh was inaugurated on 31st January, 2020 in the presence of members of the Council. The dignitaries present were Mr. Barkos Wajri, Chairman and Dr. John Oommen, Vice-Chairman. This is the first among a set of four building projects which are to be commissioned in the next few months. These include the working women's hostel, the Chattram (patient rest house) and the radiology suite.

The dedication commenced with a word of prayer and the facilities were dedicated by Rev. Dr. Eprem. Special songs were rendered by the CMC Vellore Chittoor Campus nursing students followed by felicitation by Mr. Barkos Wajri and Dr. Vikram Mathews, Associate Director (Admin). Dr. Nihal Thomas, Associate Director and Head, Department of Endocrinology applauded and expressed his gratitude towards the engineering team and the contractors for having successfully carried out this challenging project. Dr. John Oommen, highlighted the fact that this building is indeed a major milestone in the history of the Chittoor Campus, keeping the staff always close to the patients. The vote of thanks was rendered by Dr. Abraham Joseph. Built on a rocky, elevated, hilly region, the building has a number of special features. It is right at the crossroads between the South East breeze and strategically shaded from the western sun by the hill at the background.

To view videos and photos of the dedication kindly visit the following link: Staff Quarters Dedication at CMC Vellore Chittoor Campus (Jan 2020) and REPUBLIC DAY CELEBRATION 2020 - Google Drive.

Dedication of the Water Mist Mini Fire Tender

The Water Mist Mini Fire Tender was dedicated by Dr. Vikram Mathews, Associate Director (Admin) on 15th January 2020. The dignitaries present were Er. David Chandran, General Superintendent and Mr. Natarajan,

Chief Fire Officer. The newly acquired fire tender uses mist technology to douse fire and is highly beneficial for buildings without a hydrant and sprinkler system. It has facilities such as water jet, foam jet, water mist, foam mist, hydrant inlet, alarm system, PA system and focus light. It can be used to control, 'A' class fire, 'B' class fire, 'C' class fire and fire on electrical appliances and transformers (after disconnecting the power supply). Its structure is such that it is easily portable and has access to any part of the building especially the narrow and hard-to-reach areas.



CME organised by the Department of Paediatric Orthopaedics

The Department of Paediatric Orthopaedics conducted a CME on, 'Advances in Paediatric Orthopaedics' on 25th January 2020 to commemorate the tenth year of post-doctoral fellowship in paediatric orthopaedics, recognised by the Tamil Nadu Dr. MGR Medical University. The CME covered a wide range of paediatric orthopaedic conditions, with special emphasis on cerebral



palsy management and multidisciplinary approach to children with bone sarcoma. It also highlighted the streamlined approach by multiple specialities in treating an ever - increasing patient load of paediatric bone sarcomas both from India as well as the neighbouring SAARC countries. Management of cerebral palsy is one of the central focuses of the Department of Paediatric Orthopaedics, it has been enhanced further by a dedicated weekly cerebral palsy clinic and the state-of-the-art movement analysis laboratory, which will be functional soon. The programme began with prayer by Rev. Pradeep George followed by welcome by Professor Thomas Palocaren, Head, Department of Paediatric Orthopaedics. Dr. J.V. Peter, Director, Dr. Prasad Mathews, Medical Superintendent and Dr. Joy S. Michael, Vice Principal(AHS) inaugurated the programme. The Chief Guest was Professor George Anderson, former Head, Department of Hand Surgery. Expertise on the multidisciplinary management of bone sarcomas was provided by Professor Benjamin Joseph, Professor Vrisha Madhuri, Professor Gopinath Menon and Professor Abhay Gahukamble from Orthopaedics; Dr. Jyoti Panwar, Radiology; Dr. Anne Jennifer, Pathology; Dr. Rikki John, Paediatric Oncology; Dr. Anjana Joel, Medical Oncology and Dr. Patricia, Radiotherapy. The academic sessions were chaired by Professor Vinoo Mathew Cherian, Head, Department of Orthopaedics; Professor Thilak J, Head, Orthopaedics Unit-III and Professor Binu P. Thomas, Head, HLRS. Dr. Deeptiman James, Assistant Professor, Department Paediatric Orthopaedics concluded the programme by proposing the vote of thanks.

- **Dr. Margaret Shanthi,** Professor is appointed as Head of the Department of Medical Education with effect from 17th January, 2020 for a four year term.
- **Dr. Samuel Philip Oommen**, Professor is appointed as Head of Developmental Paediatrics Unit with effect from 10th February, 2020 for a four year term.
- **Dr. Dheepak Selvaraj A,** Surgeon / Associate Professor, is appointed as Ag. Head of Vascular Surgery Department with effect from 15th February 2020 until further notice.
- **Dr. Yacob Myla,** Associate Professor, is appointed as Ag. Head of Surgery Unit-III with effect from 15th February 2020 during the period when Dr. Inian S, is on sabbatical leave.

_____ Congratulations! =

- **Dr. Abhishek Nandi**, post-doctoral fellow in paediatric orthopaedics, has won the TNOA Dr. K. Sriram Gold Medal for Paediatric Orthopaedics at the 53rd annual conference of the Tamil Nadu Orthopaedic Association (TNOA) conference held at Kingston Engineering College, Vellore from 7th to 9th February, 2020.
- The PICU Team: Dr. Siva Vyasam, Dr. Priyanka Medhi, Dr. Sanketh R and Mrs. Mary Juliana, (Charge Nurse) has won the 1st Prize in the highly competitive 'SIMWARS'; a national level simulation competition held among 18 expert teams across India at the National Conference on Simulation (PediSTARS) held at Chennai on 8th February, 2020.
- **Dr. Rahul George**, senior resident, orthopaedics unit-I, received a gold medal for the best arthroplasty paper at the recent Tamil Nadu Orthopaedic Association state conference, held at Vellore from 7th to 9th February, 2020.

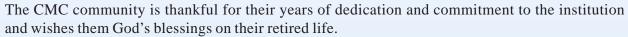
Retirements

• Mrs. Mary Mahendran, Nursing Auxilliary Grade I, retired (voluntary) on 31st January, 2020 after serving the institution for 32 years. She joined CMC as an auxilliary nursing student in 1987. After her training she worked in P2 ward for eighteen years and in CSSD for fourteen years. She is hard working and maintained good clinical skills and accountability at work. She is known for her documentation skills, team spirit, and good interpersonal relationship. She is married to Mr. Mahendran, Clerk Typist in Laundry. Her son Mr. Arul is a hospital attendant in Pharmacy and daughter Ms. Anu Priya is studying IV year B.Sc. Nursing in CMC.



==== Retirements =

• Mrs. S. Shanthi, Sr. Gr.III Clerk Typist, Transfusion Medicine and Immuno Haematology, retired (voluntary) on 31st January 2020, after nearly 27 years of dedicated service to the institution. Her husband, Mr. Arivazhagan is a retired Sr.Gr.III Clerk Typist from L.I.Q.







= Obituary =

Mrs. Vini Shyla, Staff Nurse, passed away on 7th February, 2020. She belonged to the GNM batch of 2008 - 2012. After completing her nursing course she worked as a staff nurse in E ward for one year and in ENT OR for seven years. She was an active staff who maintained good team spirit. Let us uphold her husband, Mr. Vignesh and son Master Vidyuth Manav and all the bereaved members of the family in our prayers.

= Special Prayers : February 16-22, 2020 =

: Dr. G. Daniel and Staff Ida Scudder School Catholic Health Association of India

Council Member: Rev. Dr. Mathew Abraham Balavihar School : Mrs. Manju Christopher and Staff

Campus Kids Corner : Mrs. Ann Arul Dhas and Staff Hospital: St. John's Medical College and Hospital, Bangalore and others

College Hill Nursery School: Mrs. Susheela and Staff

= Sunday Services : February 23, 2020 =

6.00 pm : Scudder Auditorium - ASHA Thanksgiving service 4.30 pm: Chittoor Chapel - Dr. Daisy Singh

Dr. John Mathew 6.00 pm: Friendship Chapel- Rev. Lalbiaksanga Pachuau

6.30 pm : Hospital Chapel - Dr. David Chase

Notices =

• Summer Admissions Notice 2020 :

Group A MBBS, BSc. Nursing and Allied Health Sciences Degree Courses.

Group B Diploma in Nursing, Diploma Courses in Allied Health Sciences, Post Graduate Diploma courses, Fellowship in Hospital Administration and Antimicrobial Stewardship for Clinical Pharmacists. M.Sc. - Biostatistics, Medical Physics, Epidemiology, Clinical Nutrition and Nuclear Medicine Technology. MPH (Master of Public Health) and MHA (Master of Hospital Administration).

B.Sc. Nursing course by College of Nursing, CMC Vellore, Chittoor Campus.

M.P.T. (Master of Physiotherapy). For more details refer Admission Bulletins available at CMC, Vellore website http://admissions.cmcvellore.ac.in The last date for online application submission with payment is 26th March 2020. Please Note: We do not admit students through agents or agencies.

Important Information: The admission process contained in this bulletin shall be subject to any order that maybe passed by the Hon'ble Supreme Court or the High Court in the proceedings relating to the challenge to the NEET or any other statutory enactments that maybe passed by the Central or State Government.

• M.S. Bioengineering Admission 2020 :

Applications are invited for the M.S. Bioengineering course commencing in May 2020. Details regarding application procedure and eligibility are available at the website http://admissions.cmcvellore.ac.in.

Last date to submit the completed application form with payment and relevant enclosures / documents to the Registrar, CMC, Vellore is 15th April, 2020. Eligible candidates will be called for written test followed by an interview at the end of May 2020. The M.S. Bioengineering degree at CMC, Vellore is awarded by Sree Chitra Tirunal Institute for Medical Sciences and Technology, Trivandrum (an Institute of National Importance, Government of India).

REGISTRAR (e-mail: registrar@cmcvellore.ac.in)

Sponsorship for Staff Children Admissions 2020-2021 =

Applications are invited from staff for sponsorship of their children for admission to the various training courses in the Christian Medical College, Vellore for the Academic Year 2020 - 2021. Forms will be available in the Directorate from 14th February, 2020 onwards. Please produce your ID Card at the time of receiving the application.

A. Eligibility: (Cl.Min.No.5188-11-79; 7449:6:93 & 9282:1-2003)

1. Only children of confirmed C.M.C staff members who: (a) have put in 10 years of continuous service including period of probation and are currently in service in any capacity in the Institution as on 30th June of the year under consideration; (or) (b) have retired after at least 15 years of continuous service in the Institution, or have taken voluntary

Sponsorship for Staff Children Admissions 2020-2021 —

retirement after 25 years of continuous service; (or) (c) have been discharged from service on medical grounds after at least 15 years of continuous service; (or) (d) have died during service after at least 10 years of continuous service in this Institution are eligible to apply for sponsorship.

- 2. Legally adopted children of staff members whose adoption was finalized at least five years before the date of application are also eligible for sponsorship, subject to the above criteria.
- 3. Regarding a confirmed staff member who died during service to the institution and whose spouse has been given a job in CMC in place of the deceased staff member, dependent children of the deceased staff member will be eligible for CMC sponsorship if the cumulative years of service of the deceased staff member and his/her spouse (including probation and confirmed periods) exceeds 10 years; in case the child applying for sponsorship was legally adopted by the deceased staff member, the adoption of the child should have been finalised: (a) prior to the death of the deceased staff member, and (b) atleast five years before the date of application for sponsorship.
- **B. Conditions for sponsorship of staff children** (Cl. Min.5759:3-84)
- (a) Only one child from a family can be admitted in a year to any single course.
- (b) Children from the same family can, however, be admitted to different course in the same year.
- (c) Sponsorship is allowed from only one sponsoring body, so children applying for C.M.C. sponsorship cannot also be sponsored by one of the supporting Churches of the Council.
- (d) Where there is more than one sponsorship obtained, the one received first which satisfies the criteria will be accepted. (e) No withdrawal of first received valid sponsorship is allowed.

Staff children, even with CMC sponsorship, must still meet the minimum academic qualifications for the courses for which they are applying. Staff are urged to check the prospectus to ensure the eligibility of their children for the various courses before submitting their applications.

Important deadlines: 4.30 pm of 27/03/2020: Last date for submitting sponsorship application forms.

12 Noon of 30/05/2020: Last date for submission of copy of self-attested mark sheet of qualifying examination (Please note as per Tamil Nadu Government Orders - for MBBS admission First and single attempt marks only Above mentioned to be submitted to the Director, Christian Medical College, Vellore. will be considered.

Situations Vacant =

1(a) Senior Resident Gr.III with MD (Dermatology) for the Department of Dermatology Unit-II Salary: As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

1(b) Registrar (Non PG) / Senior Resident Gr.V with MBBS / Diploma in Dermatology, Venereology & Leprosy for the Department of Dermatology Unit-II

Salary: As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link: "Vacancies". Note: Only online applications will be accepted; Hard copies will not be accepted. Applications will close on **February 29, 2020** for Items 1(a) and 1(b).

2. Project Manager / Medical Officer for the Department of Haematology

Qualification: MBBS. Mode of appointment: Project mode. Duration: 3 years.

Salary: As per institutional rules. Accommodation not provided.

Applications are invited for the above position to work in a DBT funded research project "Outreach programme for screening, prevention and treatment of in herited genetic disorders in aspirational districts for social benefit" in the Washim District, I Maharashtra. The selected person will have to work at the local project center, Reynold's Memorial Hospital, Washim.

3. Research Assistant for the Department of Neonatology

Qualification: B.Sc. Life Sciences / MBBS. Mode of appointment: Project mode.

Salary: As per institutional rules. Accommodation not provided.

4. Research Assistant for the Department of Neurological Sciences

Age: Upto 45 years. Sex: Male / Female. Salary: As per institutional rules.

Qualification: BPT. Preferably with previous work experience in Clinical Trials and Research Projects with GCP (Good Clinical Practice) training.

Job description: To work in a clinical project which will involve patient recruitment, follow up, data management and coordinating with National and International Research Networks teams.

Mode of appointment: Project mode. Duration: 2 years (Extendable). Accommodation not provided.

Job Code : 1322

Job Code : 1323

Job Code: 1324

Situations Vacant =

Download application from this link: http://www.cmch-vellore.edu/→General →Vacancies →Application Form for Project Staff. The print out of the application with certificates and testimonial copies should be sent to the Principal, Christian Medical College, Bagayam, Vellore-632 002 on or before February 28, 2020 for Items 2 and 3 and February 24, 2020 for Items 4.

Note: Please mention the job code, applications forms without the job code will not be accepted.

5. Staff II AHS Medical Lab Technician / Staff II Medical Lab. Technician for the **Wellcome Research Unit Laboratory.** Age limit: 35 years. Salary: As per institutional rules.

Qualifications: B.Sc. MLT or B.Sc. with 2 years CMAI Diploma in Medical Lab. Technician.

Note: Only Regular mode will be accepted, Private or correspondence will be not accepted.

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link: "Vacancies". *Note: Only online applications will be accepted; Hard copies will not be accepted.*Applications will close on March 02, 2020 for Item 5.

- 6. Applications are invited for the following post for the CMC Vellore Chittoor Campus
- 6(a) Senior Resident / Assistant Surgeon / Assistant Professor / Associate Surgeon / Associate Professor / Surgeon with MS / DNB in Orthopaedics.
- 6(b) Senior Resident / Assistant Physician / Associate Physician / Physician with MD in Psychiatry Salary: As per institutional rules. Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link: "Vacancies". or log on to http://www.cmcvellorechittoorcampus.ac.in Link: "Career" or email to dir.chittoor@cmcvellore.ac.in with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and Address. Applications will close on March 02, 2020 for Items 6(a) and 6(b).

7. Junior Engineer Gr.IV for the Department of Biomedical Engineering

Qualifications: Diploma in Electronics and Communication Engineering / Biomedical Engineering from a Government recognised institution. Experience in a similar field is preferred.

Job description: Installation, maintenance, calibration, testing and troubleshooting of Biomedical Equipment. Candidates should have good working knowledge in computers.

Salary: As per institutional rules. Age limit: 35 years and below.

Applications to be done only through online application system. Those who have already applied for the above post need not apply again. Please log on to http://www.cmch-vellore.edu Link: "Vacancies". Note: Only online applications will be accepted; Hard copies will not be accepted. Applications will close on February 29, 2020 for Item 7.

- 8. Ida Scudder School, Vellore 632 006, Tamil Nadu (Affiliated to the CISCE, New Delhi).
- The School invites applications for the post of **Junior School Headmistress** from Christian candidates with post graduation in any discipline with B.Ed / M.Ed. Preferably in the age group of 40 55 years with adequate teaching and administrative experience in reputed schools. Excellent communication and leadership skills required.
- Apply to the Correspondent, Ida Scudder School, Viruthampet, Vellore 632 006, Tamil Nadu, on or before **February 22, 2020**, furnishing the bio-data, passport size photograph, photo copies of necessary certificates, contact number and address.
- **9.** Applications are invited for the following post in the **Aadhyavikas Kid's corner and playgroup. Teacher:** Qualification: Degree / Masters with TTC / Montessori. Preference will be given for those with good spoken English skills. Those interested may apply to Aadhyavikas Kid's Corner, KPTR CMC Campus, Kagithapattarai before **February 29, 2020** along with their biodata, photograph, contact details, qualifications and past experience, if any. Applications may be submitted at the security office at the Kagithapattarai residential campus.
- **10. Schieffelin Institute of Health Research & Leprosy Centre, Karigiri 632 106** invites applications for the following posts :

Name of the Post	Qualifications	Experience		
Histopathology Technician	PG. Diploma in Histopathology	0-1		
Microbiology Technician	PG. Diploma in Medical Microbiology	0-1		
Lecturer	M.Sc. in Medical laboratory Technology	0-1		
Lecturer	M.Sc. in Medical Biochemistry	0-1		

Apply with bio-data along with photocopies of certificates and send the PDF scanned file to the directorate@karigiri.org or personnel@karigiri.org

Last date for receipt of applications is February 22, 2020 for Item 10.



Annual Sports Meet-College of Nursing

The Annual Sports Meet of the College of Nursing, CMC was held on 1st of February 2020 at Oval Ground, Bagayam. The gathering witnessed a myriad of sports events in the midst of high competitiveness, friendly sportsmanship, boisterous cheering, fun and laughter. The event began with an invocation by the third year B.Sc nursing students. Mrs. Sheela Durai, Sports Advisor welcomed the gathering and Dr. Vathsala Sadan, Dean introduced the Chief Guest, Dr. Henry Prakash, Deputy Medical Superintendent and Professor, Department of PMR and his wife Mrs. Cassandra Solomons, PhD Scholar, VIT



University, Vellore. They hoisted the National, College and the Olympic Flags.

The first year nursing students performed the march-past in a spectacular manner which was followed by the customary lighting of the Olympic Torch by the Chief Guest . The oath was administered by Ms. Janani, Sports Committee Chairperson and the Chief Guest declared the sports meet open to the beat of drums and the release of doves. The group activity by the second year nursing students set the tone for the day. The girls were dressed in colors of yellow, red, white and blue and stunned the crowd with various eye-catching formations such as the stethoscope, Nightingale Lamp and the global slogan, 'I Support Nursing Now'. The atheletic events and the events for the faculty, office staff and children brought the ground alive with cheers of enthusiasm. After the events, Ms. Janani presented the annual sports report followed by the address of the Chief Guest in which he exhorted everyone to be as active as possible, carrying the sportsmanship into their daily work, service and life and finally enhancing their spiritual life. The medals and shields were awarded to the winners and champions by Mrs. Cassandra Solomons. The individual championship for men was bagged by Mr.Gunanithy M. of Pitman House and for

Continued on Page 2

= Special Prayers : February 24 -March 02, 2020 =

Special Prayers: February 24 - March 02, 2019

Cardiology: Dr. Oommen K. George and Staff

Dr. Viji Samuel Thomson and Staff

Dr. Paul V. George and Staff

Dr. I dur V. George and Starr

Dr. John Roshan Jacob and Staff

Mrs. Jasmin Anand and Staff

Cardiovascular and Thoracic Surgery:

Dr. Roy Thankachen and Staff

Dr. Madhu Andrew Philip and Staff

Dr. Korah T. Kuruvila and Staff

Mrs. Jasmin Anand and Staff

CSI Kanyakumari Diocese

Council Members: Rt. Rev. Dr. A.R. Chelliah

Dr. S. Rajesh Sathya

Hospital: CSI Hospital, Neyyoor and others

CSI Karimnagar Diocese

Council Members:

Rt. Rev. Dr. Prof. K. Reuban Mark

Dr. G. Sam Pavan

Friends of Vellore - Germany

Council Member: Dr. Peter Albrecht

Annual Sports Meet-College of Nursing —



women by Ms. Janani P of Nightingale House. The Nightingale House retained their rolling-shield for overall championship and the rolling-cup for march-past was won by Pitman House. Mr. Naveena Krishnan, Physical Director proposed the vote of thanks and the event culminated with prayer by Dr. Shirley David and singing of National Anthem by the gathering.

ICON-2020: A farewell and a CME in Ophthalmology

The Department of Ophthalmology conducted a CME in Ophthalmology on January 31st and 1st February, 2020 called ICON-2020 at the New Examination Hall, Bagayam. The CME was conducted to commemorate the superannuation of Dr. Thomas Kuriakose and was attended by over one hundred and fifty national and international delegates.



The national and international speakers, provided expertise for the highly informative and greatly interactive programme which covered almost the entire spectrum of Ophthalmology, from contact lenses to retinal detachment and corneal transplants to glaucoma screening. In addition, there was a PG session organised where interesting cases were discussed, followed by sessions on the latest technology being used in Ophthalmology such as the use of artificial intelligence for diabetic retinopathy screening. A special thanksgiving service in memory of Dr. Annie Mathai, alumnus of the department who passed away last year, was held on the 31st evening in the College Chapel, Bagayam campus. Dr. Annie's intramural classmates were also invited for this service, and several of Dr. Annie's close friends shared their memories and paid tributes to her.

The service was followed by a dinner banquet on the lawns of the Eden Gardens. It was a wonderful occasion of social interaction and fond recollections of formative years spent at the Schell Eye Hospital, with alumni, spanning more than twenty five years. It was also an informal opportunity to bid farewell to Dr. Thomas Kuriakose, Professor of Ophthalmology. A felicitation programme for Dr. Thomas Kuriakose was organised on 1st of February, which was graced by the Dr. J.V. Peter, Director; Dr. Prasad Mathews, Medical Superintendent; Dr. Vinay Oommen, Vice-Principal (on behalf of the Principal); Dr. Shirley David, Head of Surgical Nursing; Rev. Arul Dhas, Head of Chaplaincy and all the retired staff residing in Vellore. Following the felicitations Dr. Sanita Korah gave a presentation filled with old photographs of Dr. Thomas along with stories and anecdotes about him followed by felicitations by his students and close friends. Dr. Thomas then addressed the gathering and highlighted a brief history of Schell, his experiences at Schell and advice to the future generations at Schell. The felicitation programme was followed by more academic sessions, which concluded with prize distribution for the winners of the poster competition, and then lunch for the delegates and all the staff of the Department of Ophthalmology. A trip to Schell Hospital was organised after lunch for alumni to see the growth and developments of the Department of Ophthalmology over the years.

First International Symposium on

Bone Marrow Failure Disorders (IBMFS 2020):

The First International Symposium on Bone Marrow Failure Disorders was held on the 3rd and 4th of February 2020 by the Department of Haematology. The symposium was attended by haematologists,



paediatricians, physicians, scientists and basic science students. This symposium covered a range of topics including both, acquired bone marrow failure disorders such as aplastic anaemia and myelodysplastic syndromes as well as the inherited disorders such as fanconi anaemia and diamond blackfan anemia. A number of international and national experts covered the pathophysiology, diagnosis and treatment of these life threatening diseases through didactic talks, panel discussions, and a number of students participated in poster presentations. Many of the talks and panel discussions were designed to deliver plenty of practical information especially focussing on national needs and practices. A total of two hundred and twenty five delegates registered for this conference which is the first of its kind to be held in India.

— CME organised by the Department of Nuclear Medicine:

The Department of Nuclear Medicine conducted the 2nd annual CME for Nuclear Medicine post-graduates on 31st January and 1st February, 2020 at Paul Brand building. This initiative was extended to Nuclear Medicine technologists as well. Eminent national faculty were invited to deliver comprehensive lectures. There were several academically enriching sessions including principles of radiation safety, radiation physics, radiopharmacy, clinical case discussions, scan reading sessions, individual



viva-voce and practical demonstrations. The CME was awarded fifteen credit points under Category II by the Tamil Nadu Dr. MGR Medical University.

• Welcome :

- Dr. Susan Jehangir, Associate Professor, Department of Paediatric Surgery, on her return from study leave.
- Dr. John Fletcher G, Associate Professor, Department of Clinical Virology on his return from study leave.
- Dr. Smithamol, Assistant Professor, Department of Anaesthesia, on her return from study leave.

Congratulations! =

- **Dr. Abhishek Nandi,** post-doctoral fellow in Department of Paediatric Orthopaedics, has won the TNOA Dr. K.Sriram Gold Medal for Paediatric Orthopaedics at the 53rd annual conference of the Tamil Nadu Orthopaedic Association (TNOA) conference held at Kingston Engineering College, Vellore from 7th to 9th February, 2020.
- **Dr. Rahul George**, Senior Resident, Department of Orthopaedics Unit-II, received a gold medal for the best arthroplasty paper at the recent Tamil Nadu Orthopaedic Association state conference, held at Vellore from 7th to 9th February, 2020.
- **Dr. Thomas Anand Augustine**, final year PG student from the Department of PMR has been awarded the, Bindeshwari Sundarshan IAPMR Gold Medal for the best PGT paper titled, 'Assessment of Renal Function in Motor Complete Spinal Cord Injury Patients Cystatin C as an Accurate Single Marker' at the IAPMRCON 2020 at Kozhikode, Kerala.

= Retirement =



• Mrs. Manimegalai Sivakumar, Staff Nurse Grade II, retired (voluntary) on 31st January, 2020 after serving the institution for 25 years. She completed her GNM training from Gandhi Hospital, Secunderabad in 1988 and joined CMC as a staff trainee in 1993. She had worked in N1 and N2 wards till 2013 and later in the radiodiagnosis department till her retirement. She is well known for her hardwork and dedication. Her husband, Mr. Sivakumar is a District Journalist President and their son, Mr. Mohith is working in SRM Engineering College, Guindy.

The CMC community is thankful for her years of dedication and commitment to the institution and wishes her God's blessings on her retired life.

= Obituaries =

- **Professor Harry Stanley,** former Head, Department of English and Vice Principal of Voorheese College and former English Choir Master of CMC Hospital on 15th February, 2020. Let us uphold his wife, Mrs. Malliga Stanley, children Ranjit and Sanjini; Minnu and Faizal; grand children and all the bereaved members of the family in our prayers.
- Mrs. Nirmala Paul Raj, wife of Mr. Paul Raj Thangaiya, retired Assistant Engineer, Mechanical Engineering Department, on 19th February, 2020. Let us uphold her husband; daughter, Mrs. Dixy; son-in-law, Dr. Sibhu Kumar and grandchildren Nathaniel and Daniel and all the bereaved members of the family in our prayers.

Sunday Services: March 01, 2020

6.00 pm : Scudder Auditorium - Rev. Margaret Deborah 4.30 pm: Chittoor Chapel - Dr. Herb Giebel

6.30 pm : Hospital Chapel - Rev. Edwin Sam 6.00 pm : Friendship Chapel - Rev. Rainard Pearson

: Notices =

• Medical Post-Doctoral Fellowships Admission - 2020

Applications are invited for the Medical Post-Doctoral Fellowship Courses as given in the admission bulletin. Admission Bulletin and Application form can be accessed only on-line at the website: http://admissions.cmcvellore.ac.in/
The last date for online application submission with payment is 2nd April, 2020.

The last date for submission of supporting documents, where applicable, is 9th April, 2020.

Notices —

• **Erratum:** Kindly note: In the Summer Admissions Notice 2020 published in the 17th February 2020 issue, the course 'Fellowship in Hospital Administration' is not available.

REGISTRAR (e-mail: registrar@cmcvellore.ac.in)

Situations Vacant =

1. Senior Resident with MDS in Conservative Dentistry and Endodontics for the Department of Dental Surgery Unit-II

Salary scale: As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

2. Senior Demonstrator (NM) with M.Sc. in Life Sciences for the Department of Forensic Medicine

Preference will be given to candidates with work experience in HPLC.

3(a) Assistant Professor for the Department of Anaesthesia

Qualification: MD (Anaesthesia).

Experience: Should have at least one year teaching experience as (Asst. Professor) in any MCI recognized teaching institution. Salary: As per institutional rules. Accommodation provided (Subject to availability).

3(b) Senior Resident (New MCI) for the Department of Anaesthesia

Qualification: MD (Anaesthesiology). Salary: As per institutional rules.

Accommodation provided (Subject to availability). Age limit: < 40 years.

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link: "Vacancies". Note: Only online applications will be accepted; Hard copies will not be accepted. Applications will close on February 29, 2020 for Items 1, 2 and March 07, 2020 for Item 3(a) and 3(b).

4. Staff III Pharmacist for the Department of Pharmacy Services.

Qualifications: D.Pharm / B.Pharm. Candidates with typing and computer skills will be preferred.

Appointment will be given only for pharmacists who have registered in the Tamil Nadu State Pharmacy Council and who are doing or completed 1 year traineeship in the Department of Pharmacy.

Those who applied in the last one year need not apply.

Salary scale: As per institutional rules. Age limit: 35 years.

Job description: Dispensing of Drugs, Charging the prescription and receiving cash.

Note: Only Regular mode will be accepted, Private or correspondence will be not accepted.

5. Staff III Radiotherapy Technician for the Department of Radiation Oncology

Qualifications: B.Sc. in Radiotherapy Technology from Recognized University (Registered in eLORA from AERB, Mumbai). Salary scale: As per institutional rules. Age limit: 35 years.

Note: Only regular mode will be accepted, Private or correspondence will be not accepted.

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link: "Vacancies". Note: Only online applications will be accepted; Hard copies will not be accepted. Applications will close on March 02, 2020 for Item 4 and March 09, 2020 for Item 5.

- **6.** Online applications for admission to **Pre School in the College Hill Kindergarten (CHKG)** will be open from **17**th **to 29**th **February 2020.** For applications: **http://172.16.11.221/selfservice/main.asp/kidsadmission** For clarification, Please contact the Principal, CHKG at 0416-228 4583 Between 1:30 pm to 4:30 pm on weekdays.
- 7. Schieffelin Institute of Health Research & Leprosy Centre, Karigiri 632 106 invites applications for the following posts:
- 7(a) Specialist (Anaesthesia) with DA / MD / DNB in Anaesthesia
- 7(b) Specialist (Paediatrics) with D.Ch / MD / DNB in Paediatrics
- 7(c) Specialist (Obstetrician) with DGO/MD/MS/DNB in Obs. & Gynae

Salary commensurate with qualifications and Experience Semi Furnished accommodation will be provided. Apply with bio-data along with scanned copies of certificates and send the scanned copies (PDF format) to the directorate@karigiri.org or personnel@karigiri.org

Last date for receipt of applications is February 29, 2020 for Items 7(a), 7(b) and 7(c).

CMC NEWSLINE Special Issue

This year: Fifty years ago...

A glimpse into the interesting past of CMC



Few excerpts from the report of Dr. G.T. Simon, the then head of the department during the inauguration of the facilites by Dr.J.K.G.Webb.

The New Dental and Oral Surgery Department

"...Four years earlier than that, in 1946, there was only a visiting surgeon coming in from Madras once a week, Dr. Freeman, and to the needs of CMC then, this seemed adequate. In 1950, a small dental clinic began on a daily working schedule in a corner of the old OPD. Dr. John Moody and Brother John Lazarus were the pioneers. A year later, 1951, the clinic occupied two rooms.

Any venture owes its existence to human beings and several have been connected with this department, through the years. Dr. John Moody was with us from 1950 to 1955, Dr. Richard Topazian from '59 to '63 Dr. T. Samraj has been with us from 1964 and I have been here from 1953.

The new premises we are dedicating today, as you can see, contain **four cubicles** for regular work, **one cubicle** each for the hygienist and orthodontic work, **a theatre** for minor surgical procedures, an x-ray room with two dental x-ray plants and attached processing room.

But all facilities and no mission would make one's existence meaningless. It is hopes, that what we have been able to do through the years would continue to expand. Work load at present consists of daily out patient clinic, and the taking care of **four** beds in the hospital.

At present (2019-2020), in CMC the Dental Department with an infrastructure of 3719 Square feet, 18 cubicles and 3 laboratories has:

- 8848 patients in the main O.P.D
- 12 faculty
- Services in Main Hospital, Shalom and LCECU

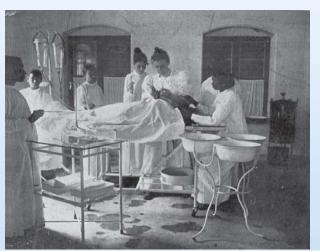
Special Issue

Reflection on the Calendar 2020

March 02, 2020

Huddled heads steeped in concentration with skilled hands performing life-saving procedures- this historic photograph of Dr. Ida Scudder and team at the operating table has captured a typical working day. In 1902, when Dr. Ida began surgeries at the Mary Taber Schell Hospital, the first seeds for surgeries in CMC were sown.

Shown below are the list of surgeries performed by Dr.Ida in 1902.



Operations performed.—In-patients.		tions.	Cured.	Relieved.	Otherwise.	Died.	Operations performed—In-patients.		Number of Opera- tions.	Gured.	Relieved,	Otherwise.	Died.
		.11					Removal of Tumour	. 4	2	2			
Amputation of cervix	1.1	5	3	2			,, of Goitre	-4	î	1	• • •		
		5 1	1	-			,, of Nasal polypus		4	3	1		•
of finger		1		``1			,, of Urethral ,,	7.5	3	ĭ	2		•••
Anterior Colporrhaphy		2	2		A 54.00		,, of Inferior Maxilla for cancer		5	î	2		
Anterior Corportinaphy		2	ī		7		,, of Superior Maxilla		1		1		3
Circumcision	mary 2	1	. 1				of Wasical Calculus		1	1		100	100
Curettement of bone		4		2	1	1	Repair of Vagina		ī	2	+		••
사람들은 사람들은 사람들이 되었다. 얼마나 얼마나 얼마나 나는 사람들이 되었다.		1		1		V. 7 1	Scraping of Vagina		ī	î.			•••
,, of cervix	•••	i	••	1			Repair of Vesico vaginal fistula		10	-/	10	1000	• •
,, of eyelid		20	20	•	••		Tonsillotomy		3	3		•••	•••
,, of uterus or incomplete abortion		13	13	*			Trachelorrhaphy		1		``1	**	
마스 사람이 가게 하는 것이 하는 것이 되는 사람이 있다면 하는 것이 없는 것이 없는 것이 없는 것이 없다면 하는 것이다.		1	1	••	**		Plaster splints		7	•••	7	••	
,, of vagina		3	2	1		•••	Plastic for Penis and Scrotum		1	•••	1	***	
Dilatation of cervix		3		3	***		Stretching of ankylosed limbs	••	14	•••	13	1	4.
,, of Rectum		5		5	••		Skin grafting		1		1		,1
,, of urethra		30	30	U			Injection into broad ligament	•••	1	1			
g ,, of uterus and curettement		2		1		"1	Tiljoquon muo broad ngament		•	-	•	•	
Enucleation of eye-ball	••	2	1	i		1	Total		266	147	107	2	10
Excision of external Hæmorrhoids		3	3		•••			1,1	200	771	101	-	10
Extraction of teeth		9	9		••		Maternity cases 151 In.) 100			J. 3-715.		1000	
Evacuation of Pelvic abscess					••		Maternity cases 151 In. 29 Out. 180						
Imperforate Hymen	••	.1		1	••	2	Normal cases 54					5	F . 7
Incision of abscess		47	25	20	••	1	Normal cases 54	•••	•••	•••	••	•••	
,, of heel	••	2	1	1			Amputation of arm and podalic version Caesarian section	••	1	••	•••	•••	
,, ,, vulvo vaginal abscess	**	1		. 1	•••			••	1				1
", cellulites	J	1	1				Craniotomy	· · ·	1		1		••
	P.	11	4	7	•••		Decapitation and amputation of arm Evisceration	**	1	1		•••	••
-,, for Tongue tie		5	5	•••	••	•••		• •	18	18	••	•••	
Laparotomy for extra uterine pregnancy		2	1	1	••		High forceps	•••	34	30	"		••
Explorating Laparotomy	••	6	2	2		2	Low ,, Manual extract of Membranes	11	2	2	••	• •	4
Ovariotomy		3	1	1		1		•••	25	25	• • •	•••	••
Paracentesis Abdominalis		7	2	5			" of Placenti	••	15		••	•••	4
Perincorrhaphy		3	3				" Rupture of membranes	•••	A	15	••	••	
Reduction of old colles fracture		2	2	•		1 :: 5	Perforation and decapitation	••		• •	•••	••	
,, of old Fracture of Humerus	•••	1				1	,, and extraction	••	4		••	••	
Removal of adenoid tissue out of throat		1	1		••		Podalic Version	11	6.	4		••	2
,, of Carcinoma of breast	••	5	1	4	••	••	Vesion and decapitation			•••		•••	***
and the second partial control of th		2	1	1			Dilatation		7				
of Elephantiasis of breast of Elephantiasis of Vulva		8	2	6			Curettements		12				

List of surgeries, 1906: An admirably equipped and excellently administered hospital.'
The Surgeon General, Madras Presidency, Visitors' Book, 17 November 1910.

The expansion and growth ever since has been colossal which culminated in the evolution of surgical services. Thus a historic milestone came forth with Dr. Ida as the head and the first lecturer. She was assisted by Dr. Jessie Findlay, assistant professor in surgery. As the medical college began expanding, more facilities were required and male staff had to be appointed to cater to the needs of the male patients. The doors were then opened to Dr. Norman S. Macpherson (1944), Dr. John S. Carman (1945), Dr. Paul W. Brand (1946) and Dr.T.Howard Somervell (1948).

The timeline given below is a brief glimpse of the major spurts of development in this area:

- 1924: Department of General Surgery moved to the newly built hospital (Cole Dispensary) at Thottapalayam, Vellore.
- 1928: Weyerhaeuser Surgical block (with operation theatre complex and in-patient wards)
- 1944: Surgical outpatient and inpatient facilities for men
- 1947: Surgical Wards A, B & H established
- 1948: Department of General Surgery divided into three units, each with a specialty (Urology / Orthopedics / Plastic and Reconstructive Surgery)
- 1948: Department of Cardiothoracic Surgery under the umbrella of Department of Surgery
- 1949: Department of Neurosurgery and Neurology
- 1950: Independent Departments of Cardiothoracic surgery and Neurosurgery
- 1950: Postgraduate training in General Surgery
- 1957: Department of Orthopedics and Hand and Leprosy Reconstructive Surgery.
- 1960: The specialty of Paediatric Surgery identified within the Department of General Surgery
- 1963: Department of Urology.
- 1967: Department of Plastic and Reconstructive Surgery.
- 1970: The specialty of Peripheral Vascular Surgery identified within the Department of General Surgery.
- 1971: First Renal Transplant
- 1974: New Operation Theatre Complex.
- 1977: Department of Paediatric Surgery.
- 1988: Peripheral Vascular Laboratory
- 1989: Surgical Intensive Care Unit. (SICU)
- 1992: Laparoscopic Surgery.
- 1999: Esophageal motility laboratory
- 1999: Liver transplantation. (Cadaver donor)
- 2005: Live donor liver transplant.

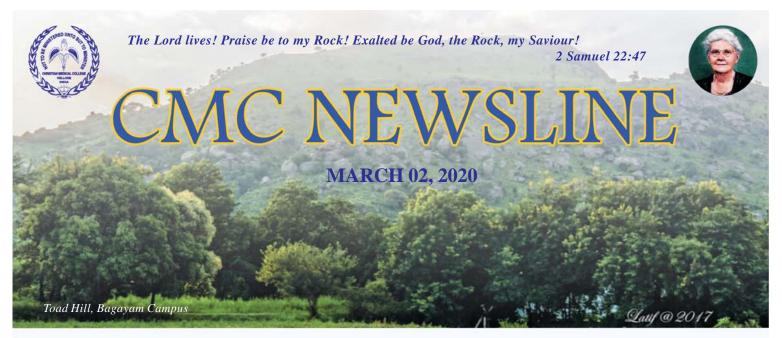


Many more complications have been resolved and lives changed owing to advancements in technology. With renewed and upgraded skills, the scalpels continue to be wielded with the same fervour and commitment which began with Dr. Ida.

Sunitha Serena Publicity and Information Officer Promotion & PTP Office

Bibliography:

George, Reena. *One Step at a Time*. Showcase Roli Books Pvt. Ltd., 2018. "Division of Surgery". cmcsurgery.com/history.



Regional Workshop Organised by the Department of Dietetics

A regional workshop on the theme, 'Hospital Food Safety: Our Responsibility to Learn and Share' was organised by the Department of Dietetics on 1st February 2020. The objective of this workshop was to impart knowledge on hospital food safety to aspiring dietitians.

The workshop was attended by more than hundred nutrition students from various colleges in Tamil Nadu, Puducherry and Andhra Pradesh. The Chief Guest for the workshop was Mr. Devaraj, Food Safety Officer, Ranipet. Er. David Chandran, General Superintendent, Dr. Joy Sarojini Michael, Vice Principal (AHS), Mrs. Annie Valsan, Deputy General Superintendent and Mrs. Ilavarasi, Deputy Nursing Superintendent were the guests of honor. The welcome address was delivered by Mrs. Manimegalai, in-charge.



The workshop was packed with interesting lectures on various topics. The expertise was provided by Dr. Lallu Joseph, Quality Manager, Mr. Devaraj, Food Safety Officer, Dr. Malathi, HICC Officer, Mr. Rabindranath, Audit Facilitation Officer, Mr. Prince Benedict, HSE Executive COMPASS Group, Mr. Ramesh, J. Officer, Mr. Vinodh Khannan, COMPASS, Mr. Arunachalam, Manager, PCI, Mrs. Deivasigamani Revathi, Head of Food & Nutrition, Muthurangam Arts and Science College, Vellore, Mrs. Annie Valsan, Deputy General Superintendent, Mr. Daniel Devakumar, Assistant Manager, and Dietitians Mrs. Manimegalai, Mrs. Jayalakshmi, Mrs. Kavitha, Mrs. K. Priya,

Mrs. Anitha, Mrs. Samundeeswari and Mr. Suresh.



Among the twelve presentations made by the students, the first and second prize was bagged by Periyar University, Salem and 3rd Prize was bagged by DKM College, Vellore.

Using the reverse mentoring concept, the junior staff of the department were encouraged to shoulder the responsibility of organising the entire workshop and the result was indeed commendable.

Special Prayers : March 01 - 07, 2020 :

: Dr. Antonisamy B. and Staff Bioengineering: **Biostatistics** Dr. Suresh Devasahayam R. and Staff : Dr. Suganthy J. and Staff Physiology Dr. Elizabeth Tharion and Staff Anatomy

Asha Kiran Hospital, Lamtaput

International Perioperative Nurses' Week-2019

The International Perioperative Nurses' Week was celebrated between 11th and 17th November, 2019 by the Department of Operating Room Nursing. The theme for the year was, 'Safe Surgery Together'. Recognizing the crucial efforts made by operating room nurses at the time of surgery, the department organised various events and an exhibition to highlight this profession. Ms. Florence Segaran, Professor and Head, Operating Room Nursing was the Chairperson and Ms. Anita



Kiruba Jeyakumar, Reader and Nurse Manager and Mr. Gideon Joshua Prasad, Jr. Lecturer and Nurse Manager, Operating Room Nursing were the event co-ordinators.

During the week long events, competitions such as quiz, english essay writing, poster making and slogan writing were organised. Ms. Thenmozhi Sundar, Reader and Nurse Manager and Ms. Rameswarapu Dashami Jr. Lecturer and Nurse Manager, along with the Charge Nurses of the operating room, were the judges.



The exhibition held on 13th November was aimed at spreading awareness among the general public about the key role of an operating room nurse in patient safety. The department installed eleven stalls which portrayed their painstaking work and the safety precautions taken from receiving a patient into the holding bay until discharge from the post anaesthesia care unit. The Chief Guest Dr. Vathsala Sadan, Dean, College of Nursing inaugurated the exhibition. The dignitaries present were Dr. Raj S, Professor and Head, Department of Anaesthesia, Dr. Premila Lee, Nursing Superintendent, Dr. John Mathai, steering committee chairperson, CBOR and Dr. Rajiv Michael,

steering committee chairperson, Main OR. The winners of the competitions were awarded with a certificate.

The Perioperative Nurses Week-2019 culminated with a thought provoking in-house workshop on, 'The Essentials of Perioperative Nursing'. The workshop focussed on improving patient safety, enhancing positive perioperative patient outcome and increasing the efficiency among operating room nurses to carry out their duties.

Thyroid Masterclass Organised by the Department of Endocrine Surgery



The 2nd Thyroid Masterclass for thyroid surgeons was conducted by the Department of Endocrine surgery from 6th to 7th February, 2020 at the New Examination Hall, CMC Bagayam Campus. Over one hundred surgeons and trainees from all over the country participated in workshops, symposia,

debates and plenary lectures with inputs from endocrinologists, nuclear physicians, medical oncologists and radiation oncologists. The highlight of the meeting was a 'soft cadaver' workshop for trainees and young surgeons.

There were ten external resource persons from all over the country from various teaching institutions. Twenty intramural faculty contributed their expertise to the meeting. This organ specific multidisciplinary approach will contribute to improved outcomes for patients with thyroid diseases and a meeting such as this will serve as a platform for specialists from various fields of medicine to meet together to hone their skills and improve their knowledge which will in turn result in improved care of patients with thyroid diseases, especially thyroid cancer. The meeting started with a silent prayer to pay respects to Dr. Sunil Agarwal, Professor and Head, Department of Vascular Surgery who passed away in a road traffic accident on 4th February, 2020.

Report on District Skill Competition

On 31st January 2020, The Tamil Nadu Skill Development Corporation (TNSDC) in collaboration with the Youth Red Cross Unit of College of Nursing, CMC undertook a test project in various districts of the state to identify the special skill sets of the students.

The TNSDC is the state nodal agency for skill development and aims to converge the activities of various stakeholders. These include industries, industrial associations, training providers, sector skill councils,

Report on District Skill Competition —

assessment agencies apart from various other State and Central Government bodies. The dictrict level skill competition was organised with the aim to evaluate the skills of the students in providing health care. Ten students from various colleges participated. The competition was assessed by Mrs. Angeline Jeya Rani, Lecturer, College of Nursing and Mrs. Shalini Getsy, Senior Demonstrator in English, College of Nursing and Mr. I. Vinoth Kumar, Joint Director, Industrial Safety and Health, Vellore, Division-I. The first prize was awarded to Ms. Sajeedha and the runner-up was Ms. Rushna Takreem, both



from Revathi College of Nursing and Paramedical Courses, Thiruppur. To qualify at the finale at the international level, the winner will compete at the state and national level competitions.

Plasma Exchange to Tackle Liver Disease

The Department of Hepatology is happy to inform that one hundred and fifty patients with acute or acute-on-chronic liver failure have undergone treatment with Plasma Exchange (PLEX) in CMC. This treatment, being done with active collaboration from Departments of Nephrology, Critical Care, Transfusion Medicine, Emergency Medicine and Nursing Services has been guided by Professor Elwyn Elias, Liver Unit, Queen Elizabeth Hospital, Birmingham, U.K. This new treatment modality, which is a life-saving procedure for patients with serious liver disease is indeed a valuable addition to CMC.

Congratulations! =

- **Dr. D.J. Christopher,** Professor and Head, Department of Pulmonary Medicine was awarded the Dr. Sheldon Spector Oration by the International Asthma Services, Colarado (USA) at the annual conference of the National Conference of Allergy and Immunology (Allergocon 2020) on 10th January, 2020.
- **Dr. Surekha V,** Professor and Head, Department of Geriatrics has been awarded the certificate of excellence at the, 'Double Helical National Health Awards 2019', for distinguished contribution in Geriatric care. This ceremony was held in New Delhi on 17th February, 2020.
- **Dr. Kingsly Paul M,** Professor and Head Department of Plastic and Reconstructive Surgery won the 3rd Prize, for the best publication in a journal in 2019 under the title, 'Emerging Trends of Antimicrobial Susceptibility and Resistance in Burn Patients' in the recently conducted state level plastic surgery conference held at Chennai (TANPAPS 2020) from 7th to 9th February, 2020.
- **Dr. Felix Cordelia M.J.,** 2nd year MCh Registrar in the Department of Plastic and Reconstructive Surgery, won the 'Professor U.S. Nayak Gold Medal' for the best poster titled, 'Free Flaps as Lymphatic Bridge in Crush Injury Lower Limbs A Single Center Lymphoscintigraphy Analysis' and 3rd prize for the best paper titled, 'A Novel Approach to Abdominal Wall Reconstruction in Adults with Extrophy of Bladder', in the recently conducted state level plastic surgery conference held at Chennai (TANPAPS 2020) from 7th to 9th February 2020.
- **Dr. Senthilnathan K.,** Senior Resident, Surgery Unit III (Upper GI Surgery), received the 1st prize for the e-poster presentation in the Indian Association of Gastrointestinal Endo Surgeons IAGES 2020, annual conference held at Guwahati between 7th and 9th February, 2020.
- **Dr. Vora Tarang Kamalkishore** who is doing his Paediatric Neurosurgery Fellowship, was awarded the first prize for the best paper presentation in the 31st annual meeting of the Indian Society of Paediatric Neurosurgery held at Kolkata from 4th to 8th February, 2020.
- Mr. S. Chandran, Selection Grade Perfusionist, Department of Cardio Thoracic Surgery was awarded the 'Riwishi Manoj Award' for the best poster titled, 'VAECMO for Refractory Hypoxemia in a Child with Air Leak Syndrome' at the 20th annual conference of the Indian Society of Extra Corporeal Technology (ISECTCON 2020), held on 7th and 8th February, 2020 at Ahmedabad.

Sunday Services: March 08, 2020

6.00 pm : Scudder Auditorium - Dr. Raji Thomas 4.30 pm: Chittoor Chapel - Dr. Suceena Alexander

6.30 pm : Hospital Chapel - Dr. Edwin Stephen 6.00 pm: Friendship Chapel - Dr. Sujith Thomas Chandy

= Obituaries =

• **Dr. Stanley John** on February 23, 2020. Dr. Stanley John belong to the MBBS batch of 1950. He was the youngest among the 37 students and also one of the brightest. After completion of the UG Degree, he moved on to persue MS Surgery. Dr. Stanley John joined the Thoracic Surgical unit after his General Surgery training, and was a junior member of the team that performed the first open heart surgery in India in 1961. He completed his MS Thoracic surgical training in 1964. He then trained for a year under Dr. Walton Lillihei (who had performed the first successful open heart surgery in the world) in 1965 in Minneapolis followed by short stints at the Mayo Clinic in Rochester,



Minnesota and the Texas Medical Centre in Houston to complete his training. On his return in 1967 he was made the Head of the Department of Thoracic Surgery, and with great zeal and determination set about establishing the first centre in the country that was doing open heart surgery on a regular basis.

During the formative years, Dr. Stanley John worked for long hours in the surgical laboratory developing an indigenous heart lung machine, disc oxygenator, and started using blood conservation techniques long before they became established practices. Seeing the lack of availability of heart valves, he started developing valve substitutes, and used calf valves to replace heart valves destroyed by rheumatic heart disease. He was famous for his hard work, genuine interest in his patients and his surgical skills. He used to sleep in the ward after an operation so that he could be sure of the wellbeing of the postoperative patient. During his tenure in the department, he trained over 70 Cardiothoracic Surgeons including most of the present senior cardiac surgeons in India, and many holding senior academic and consultant positions in the US, Canada, UK, Australia and New Zealand. In addition, trainees from all other institutes from all over the country including Hyderabad, All India Institute of Medical Sciences in Delhi, and from various hospitals in Bombay came and spent weeks to several months to observe firsthand the successful open heart surgery programme that he had established. Many senior examiners who came to conduct the MCh exams would stay over an extra day to watch Dr. Stanley John operate. In 1973, Dr. Stanley John went to Milwaukee to train for a short while with Dr. Dudley Johnson with a view to starting Coronary Artery Bypass Surgery in India. Dr. Stanley John was the pioneer Paediatric Cardiac Surgeon in the country, and a world authority on adult congenital heart diseases and rheumatic valvular heart disease. He did the first repair of Ebstein's anomaly, Ruptured Sinus of Valsalva, and Double Outlet Right Ventricle in India. He had the largest series of Tetralogy of Fallot repairs in the world, as well as the most number of Rheumatic valve repairs and replacements during his time. Dr. Stanley John had over 70 publications in international journals. References are still made to his articles by authors in journals today.

Dr. Stanley John was a recipient of numerous awards, including the fourth highest Indian civilian award Padma Shri in 1975, and the BC Roy Award in 1985. He was Honorary Surgeon to the President of India, President of the Association of Thoracic and Cardiovascular Surgeons of India, was a member of the WHO Expert Advisory Panel on Cardiovascular Diseases, and a Visiting Professor in Cornell University. He was on the advisory board and a member of various National and International committees, including the MCI and the Advisory Board of National Academy of Sciences. Numerous awards were bestowed on him during his tenure, and he regularly delivered prestigious orations at national and international conferences, and was highly respected and admired by professional colleagues all over the world. After his retirement, he worked for a short time at the Yellamma Dasappa Hospital, and Manipal Hospitals in Bangalore, before ill health forced him to stop. His wife Dr. Lily John took care of him during the last few years of his illness. Dr. Stanley John's professionalism, dedication, compassion and tireless hard work are unparalleled and legendary. No registrar can forget his 5 am phone calls, asking about the progress of every patient in the ICU during the night. He would be the first in hospital at 7 am, and you could set your watch by his arrival every morning in the ICU at 7.15 am to start rounds. He would be the last to leave hospital when the patients were finally stable. Dr. Stanley John had a deep commitment to excellence, patient care and his never-give-up attitude were fabled. His work ethic is worth emulating for all generations. He had a deep devotion and commitment to Christ. His simple life style endeared him to thousands of grateful patients and their families, and numerous doctors and nurses who were fortunate to train under him. Even to the very end, he would continually ask about the department and its progress.

In spite of all these achievements, Dr. Stanley John was a very humble person. He was a wonderful human being with a deep Christian faith. In his auto biography, he has pointed out that all his achievements are because of God's blessings. Dr. Stanley John's home was an open house for others, founded on Christian principles.

\longrightarrow Obituaries =

His wife Dr. Lilly John (MBBS batch of 1956) was professor of Medicine in CMC, Vellore. Their older son Dr. Ranjit John (MBBS batch of 1985) is a Cardiac surgeon in USA and the second son, Dr. Rohan John (MBBS batch of 1988), is a scientist in USA. His sister Dr. Shanta Kapadia (MBBS batch of 1959-60), and brothers Dr. Fredrick John (MBBS batch of 1961) and Dr. Colin John (MBBS batch of 1969) are CMC graduates. After retirement, Dr. Stanley John and Dr. Lily John settled down in Bangalore. But Dr. Stanley John was so committed to CMC, he was adamant that he comes to CMC for any check up or admission. Let us thank God for the life of Dr. Stanley John. He will be missed by all.

For those who would like to get in touch with the family, the contact details of his family are given below: Dr. Lily John, Email: lilyjohn@yahoo.com; lilyjohnmh@yahoo.co.in Dr. Ranjit John, Email: johnx008@umn.edu; Dr. Rohan john, Email: rohan.john@uhn.ca

- Rev. S. Nithyanandam, former Vice-president and retired Presbyter of the CSI Vellore Diocese, father of Mr. Arul N. Samuel, Staff Nurse, N1 ward, on 22nd February, 2020.
- Mrs. Sathyavani, mother of Mr. A. Solomon, Staff Nurse in O3 West and mother-in-law of Mrs. Dorathi Staff Nurse, MICU on 24th February, 2020.
- Mr. D. Joseph, retired staff, Operation Theatre Control Desk, husband of Mrs. Florence Joseph, retired Professor, College of Nursing, father-in-law of Mr. Rakesh, Training Officer, RUHSA Department, on 25th February, 2020.
- Mr. Masilamani, father of Devasagayam, Assistant Professor, Department of Cardiology Unit-III, father-in-law of Dr. Annie Bella, PG Registrar, Department of Paediatrics on 27th February, 2020.
- Mrs.Thankamma Paul, wife of late Mr. Paul V. Mathew, mother of Dr. Thomas Paul, Professor and Head, Department of Endocrinology Unit-II, mother-in-law of Dr. Suma Susan Mathews, Head of ENT Unit-V, on 28th February, 2020.

Our thoughts and prayers are with the bereaved members of the families at this time of grief and loss.

Situations Vacant =

1. Tutor Gr.IV with **BOT** (**Regular Course**) for the **Department of PMR** (**Occupational Therapy**) Salary scale: As per institutional rules. Accommodation not provided.

2. Senior Resident with MD (Paediatrics) with two years experience in Paediatric Nephrology for the Department of Paediatrics Unit–II (Paediatric Nephrology)

(Preference will be given to candidates who have training in Paediatric Nephrology).

Age limit: < 40 years. Salary: As per institutional rules.

Accommodation provided (Partly furnished, depending on availability).

3. Tutor Gr.IV with BOT (Regular Course) for the Department of Psychiatry

Salary scale: As per institutional rules. Accommodation not provided.

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link: "Vacancies". *Note: Only online applications will be accepted; Hard copies will not be accepted.* Applications will close on March 14, 2020 for Items 1, 2 and 3.

4(a) Scientist - C for the Department of Pathology

Qualification: Ph.D in Life Science with 2 years of experience in molecular diagnosis or MD Pathology with one year experience in molecular diagnostics.

4(b) Research Assistant for the Department of Pathology

Qualification: Master's degree in life science with one year research experience.

Mode of appointment: Project mode.

Download application from this link: http://www.cmch-vellore.edu/→General →Vacancies →Application Form for Project Staff. Please send the filled application with Job Code to princi.hr@cmcvellore.ac.in

Job Code : 1325

Job Code : 1326

Situations Vacant =

and the print out of the application with certificates and testimonial copies should be sent to the Principal, Christian Medical College, Bagayam, Vellore-632 002 on or before **March 13, 2020** for Items 4(a) and 4(b). *Note: Please mention the job code, applications forms without the job code will not be accepted.*

- 5. Applications are invited for the following posts for the CMC Vellore Chittoor Campus
- 5(a) Senior Resident / Assistant Surgeon / Assistant Professor / Associate Surgeon / Associate Professor / Surgeon with MS / DNB in Orthopaedics
- 5(b) Senior Resident / Assistant Physician / Assistant Professor / Associate Physician / Associate Professor / Physician with DA / MD / DNB in Anaesthesia
- 5(c) Senior Resident / Assistant Professor / Assistant Physician / Associate Professor / Associate Physician / Professor / Physician with D.Ch / MD / DNB in Paediatrics

Salary: As per institutional rules.

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link: "Vacancies" or log on to http://www.cmcvellorechittoorcampus.ac.in Link: "Career" or email to dir.chittoor@cmcvellore.ac.in with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address. Applications will close on March 16, 2020 for Items 5(a), 5(b) and 5(c).

6. Staff III Microbiologist for the Department of Clinical Microbiology

Qualifications: B.Sc. Degree with PG Diploma (CMAI) with experience in Antimicrobial Susceptibility Testing techniques like MIC, MBD and Time Kill Assay. Age limit: 35 years.

Salary scale: As per institutional rules. Nature of job: To work in the Microbiology Laboratory as Technologist.

7. Applications are invited for the following posts for the **Department of Transfusion Medicine & Immunohaematology**

7(a) Staff II Medical Lab. Technician.

Qualifications: B.Sc. (MLT) / Graduate with CMAI Diploma in MLT.

7(b) Staff III Medical Lab. Technician (Graduate Level)

Oualifications: B.Sc. with One Year CMC DMLT.

7(c) Staff III Medical Lab. Technician (H.Sc. Level)

Qualifications: H.Sc. with CMAI Diploma in MLT or CMC DMLT. Age limit: 35 years.

Salary: As per institutional rules.

Job description: To Work in the Laboratory.

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link: "Vacancies". *Note*: *Only online applications will be accepted; Hard copies will not be accepted.* Applications will close on March 16, 2020 for Items 6, 7(a), 7(b) and 7(c).

8. Jr. Lecturer in Nursing for the College of Nursing, Kagithapattarai Campus, Christian Medical College, Vellore. Qualifications: M.Sc. Degree in Nursing - Medical Surgical Nursing Speciality. Accommodation and Salary: As per institutional policy.

Apply with bio-data, photograph, copy of the academic registration and experience certificates, testimonial/s to the Dean, College of Nursing, Kagithapattarai Campus, Christian Medical College, Vellore - 632 004 on or before March 14, 2020 for Item 8.

9. Jr. Lecturer to work in the **College of Nursing, Christian Medical College, Vellore Chittoor Campus** Qualifications: M.Sc. Degree in Nursing - Maternity Nursing Speciality and Community Health Nursing Speciality. Accommodation and Salary: As per institutional policy.

Apply with bio-data, photograph, copy of the academic registration and experience certificates, testimonial/s to the Principal, College of Nursing, Christian Medical College Vellore, Chittoor Campus, 190 Ramapuram Village, 189 Kothapalle Post, Gudipala Mandal, Chittoor - 517 132, on or before **March 14, 2020** for Item 9.

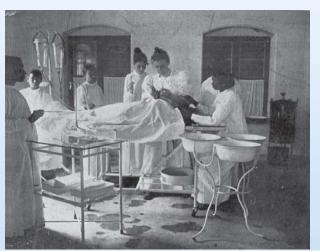
Special Issue

Reflection on the Calendar 2020

March 02, 2020

Huddled heads steeped in concentration with skilled hands performing life-saving procedures- this historic photograph of Dr. Ida Scudder and team at the operating table has captured a typical working day. In 1902, when Dr. Ida began surgeries at the Mary Taber Schell Hospital, the first seeds for surgeries in CMC were sown.

Shown below are the list of surgeries performed by Dr.Ida in 1902.



Operations performed.—In-patients.		tions.	Cured.	Relieved.	Otherwise.	Died.	Operations performed—In-patients.		Number of Opera- tions.	Gured.	Relieved,	Otherwise.	Died.
		.11					Removal of Tumour	. 4	2	2			
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		5 1	1	-			,, of Nasal polypus		4	3	1		•
of finger		1		``1			,, of Urethral ,,	7.5	3	ĭ	2		•••
Anterior Colporrhaphy		2	2		A 54.00		,, of Inferior Maxilla for cancer		5	î	2		
Anterior Corportinaphy		2	ī		7		,, of Superior Maxilla		1		1		3
Circumcision	mary 2	1	. 1				of Wasical Calculus		1	1		100	100
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사람들은 사람들은 사람들이 되었다. 얼마나 얼마나 얼마나 나는 사람들이 되었다.		1		1		V. 7 1	Scraping of Vagina		ī	î.			•••
,, of cervix	•••	i	••	1			Repair of Vesico vaginal fistula		10	-/	10	1000	• •
,, of eyelid		20	20	•	••		Tonsillotomy		3	3		•••	•••
,, of uterus or incomplete abortion		13	13	*			Trachelorrhaphy		1		``1	**	
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Dilatation of cervix		3		3	***		Stretching of ankylosed limbs		14	•••	13	1	4.
,, of Rectum		5		5	••		Skin grafting		1		1		,1
,, of urethra		30	30	U			Injection into broad ligament	•••	1	1			
g ,, of uterus and curettement		2		1		"1	Tiljoquon muo broad ngament		•	-	•	•	
Enucleation of eye-ball	••	2	1	i		1	Total		266	147	107	2	10
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Extraction of teeth		9	9		••		Maternity cases 151 In.) 100			J. 3-715.		1000	
Evacuation of Pelvic abscess					••		Maternity cases 151 In. 29 Out. 180						
Imperforate Hymen	••	.1		1	••	2	Normal cases 54					5	F . 7
Incision of abscess		47	25	20	••	1	Normal cases 54	•••	•••	•••	••	•••	
,, of heel	••	2	1	1			Amputation of arm and podalic version Caesarian section	••	1	••	•••	•••	
,, ,, vulvo vaginal abscess	**	1		. 1	•••			••	1				1
", cellulites	J	1	1				Craniotomy	· · ·	1		1		••
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-,, for Tongue tie		5	5	•••	••	•••		• •	18	18	••	•••	
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Explorating Laparotomy	••	6	2	2		2	Low ,, Manual extract of Membranes	11	2	2	••	• •	4
Ovariotomy		3	1	1		1		•••	25	25	• • •	•••	••
Paracentesis Abdominalis		7	2	5			" of Placenti	••	15		••	•••	4
Perincorrhaphy		3	3				" Rupture of membranes	•••	A	15	••	••	
Reduction of old colles fracture		2	2	•		1 :: 5	Perforation and decapitation	••		• •	•••	••	
,, of old Fracture of Humerus	•••	1				1	,, and extraction	••	4		••	••	
Removal of adenoid tissue out of throat		1	1		••		Podalic Version	11	6.	4		••	2
,, of Carcinoma of breast	••	5	1	4	••	••	Vesion and decapitation			•••		•••	***
and the second partial control of th		2	1	1			Dilatation		7				
of Elephantiasis of breast of Elephantiasis of Vulva		8	2	6			Curettements		12				

List of surgeries, 1906: An admirably equipped and excellently administered hospital.'
The Surgeon General, Madras Presidency, Visitors' Book, 17 November 1910.

The expansion and growth ever since has been colossal which culminated in the evolution of surgical services. Thus a historic milestone came forth with Dr. Ida as the head and the first lecturer. She was assisted by Dr. Jessie Findlay, assistant professor in surgery. As the medical college began expanding, more facilities were required and male staff had to be appointed to cater to the needs of the male patients. The doors were then opened to Dr. Norman S. Macpherson (1944), Dr. John S. Carman (1945), Dr. Paul W. Brand (1946) and Dr.T.Howard Somervell (1948).

The timeline given below is a brief glimpse of the major spurts of development in this area:

- 1924: Department of General Surgery moved to the newly built hospital (Cole Dispensary) at Thottapalayam, Vellore.
- 1928: Weyerhaeuser Surgical block (with operation theatre complex and in-patient wards)
- 1944: Surgical outpatient and inpatient facilities for men
- 1947: Surgical Wards A, B & H established
- 1948: Department of General Surgery divided into three units, each with a specialty (Urology / Orthopedics / Plastic and Reconstructive Surgery)
- 1948: Department of Cardiothoracic Surgery under the umbrella of Department of Surgery
- 1949: Department of Neurosurgery and Neurology
- 1950: Independent Departments of Cardiothoracic surgery and Neurosurgery
- 1950: Postgraduate training in General Surgery
- 1957: Department of Orthopedics and Hand and Leprosy Reconstructive Surgery.
- 1960: The specialty of Paediatric Surgery identified within the Department of General Surgery
- 1963: Department of Urology.
- 1967: Department of Plastic and Reconstructive Surgery.
- 1970: The specialty of Peripheral Vascular Surgery identified within the Department of General Surgery.
- 1971: First Renal Transplant
- 1974: New Operation Theatre Complex.
- 1977: Department of Paediatric Surgery.
- 1988: Peripheral Vascular Laboratory
- 1989: Surgical Intensive Care Unit. (SICU)
- 1992: Laparoscopic Surgery.
- 1999: Esophageal motility laboratory
- 1999: Liver transplantation. (Cadaver donor)
- 2005: Live donor liver transplant.

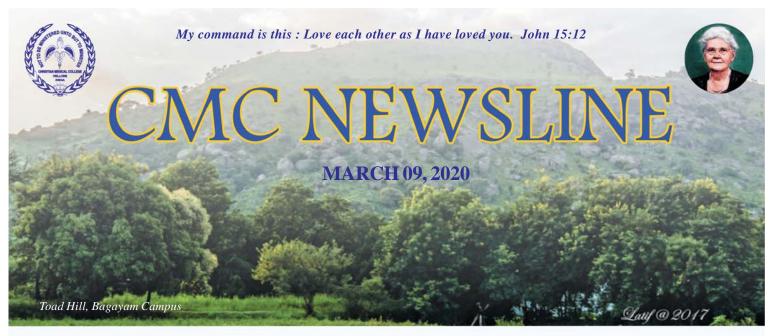


Many more complications have been resolved and lives changed owing to advancements in technology. With renewed and upgraded skills, the scalpels continue to be wielded with the same fervour and commitment which began with Dr. Ida.

Sunitha Serena Publicity and Information Officer Promotion & PTP Office

Bibliography:

George, Reena. *One Step at a Time*. Showcase Roli Books Pvt. Ltd., 2018. "Division of Surgery". cmcsurgery.com/history.



A Two-day Academic Fest Organised by the Department of Nephrology

The 4thAnnual Renal Symposium on, 'The Science of Extracorporeal Therapy' and the 14th Renal Clinical Conference were held on 24th and 25th of January 2020 at the New Examination Hall, Bagayam, Campus. The event started with prayer by Rev. Deepak and Dr. Santosh Varughese welcomed the gathering. Dr. J.V. Peter, Director, Dr. Anna Pulimood, Principal, Dr. Prasad Mathews, Medical Superintendent and Professor Chakko Korula Jacob, former Head of Nephrology offered felicitations. Over two hundred and eighty delegates from various



parts of India, including adult and paediatric nephrologists, medical and paediatric consultants, trainees and interns participated.

The objectives of the symposium were to provide insight into basic concepts of extracorporeal therapy and recent advances in hemodialysis with a live demonstration of the safe conduct of hemodialysis. The renal clinical conference was beneficial for the nephrology trainees who are preparing for their practical exit examination. It involved case work-up and presentations by the trainees to the faculty and delegates with extensive interactive discussions



as well as sessions on nephro-radiology, role of nuclear medicine in clinical nephrology and renal histopathology.

The invited faculty included CMC alumnus and former faculty, Dr. Madhumathi Rao from the University of Kentucky, USA, Professor Chakko Korula Jacob and Professor V. Tamilarasi, former Heads of Nephrology. The other speakers were Dr. Mohan Rajapurkar from Nadiad, Professor Anuradha Raman from Hyderabad, Professor K.P. Jayakumar and Professor Gomathy S. from Kerala,

Professor N. Gopalakrishnan, Professor Edwin Fernando and Dr. Rajeev Annigeri from Chennai, Professor Narayan Prasad from Lucknow, Dr. Valentine Lobo from Pune and Dr. Rajiv Sinha from Kolkata. The intramural faculty for the programme were Dr. C.E. Eapen, Hepatology; Dr. Santosh Varughese, Nephrology; Dr. Binila Chacko, Critical Care Medicine; Dr. Julie Hephzibah, Nuclear medicine; Dr. Betty Simon, Radiology and Dr. Sanjeet Roy, Pathology. The events were endorsed by the Indian Society of Nephrology and carried thirty CME credit points from the Tamil Nadu Dr. M.G.R. Medical University.

Special Prayers : March 08 - 14, 2020 =

General Superintendent's Office:

Er. David Chandran and Staff

Personnel Office: Mrs. Hannah Paul and Staff

Hospital Management Studies and Staff Training and Development:

Dr. Samuel N.J. David and Staff

Hospital Annexe: Mr. Joseph Yesunesan and Staff

 $\textbf{\textit{Transport Department}:} Er. \ David \ Chandran \ and \ Staff$

CSI Coimbatore Diocese

Council Member: Rt. Rev. Timothy Ravinder

Hospital: CSI Hospital, Erode.

Canadian Baptist Overseas Mission Board

Vellore-Ludhiana Committee of Canada Council Member: Mr. Douglas Virgin

Events from the MCI Nodal Centre

The MCI Nodal centre for national faculty development, CMC conducted the MCI Second Phase Curriculum Implementation Support Programme (CISP II) for in-house CMC faculty on 18th and 19th February 2020. This new competency based medical education began in the academic year, 2019. The purpose of this programme is to prepare



and support faculty and medical colleges in planning, implementing and evaluating the new competency based curriculum in Phase II, which is to be implemented from the academic year 2020 through a multi-tiered approach. The CISP, developed by an expert group constituted by the Medical Council of India provides the much needed intellectual support to colleges for a smooth transition from the existing to the new competency based curriculum.

CME on Medico-legal Matters



'Who gives a death certificate if a patient dies at home?' 'Do I need patient consent for intimating the police in a possible medico-legal case?'

'Why are identification marks important?'

These were among the topics discussed at the CME on 'Medico-legal Matters that Matter to the GP' organised by the Departments of Forensic Medicine and Continuing Medical Education on 22nd February, 2020. The participants were from CMC, Government, mission

and private hospitals from Vellore, Ranipet and Tirupattur. They came from diverse backgrounds such as Accident and Emergency, Psychiatry, General Practice, Orthopaedics and Hospital Management. The Forensic Medicine team - Dr. Mousumi Sen, Dr. Latif Rajesh Johnson, Dr. Ranjit Immanuel James and Dr. Daniel Manoj conducted an enlightening teaching session followed by a lively panel discussion.

Congratulations!

The following students were awarded prizes / medals at the University Convocation which was held on 5th March 2020.

Student Name	Prizes / Medals Name
Dr. Saravanan E.	1. Alathoor Narendra Memorial Endowment Gold Medal
	2. Shri B. Nagi Reddi Memorial Gold Medal - DM Cardiology
Dr. Avadhesh Joshi	The T.N. Dr. M.G.R. Medical University Medal - DM Neonatology
Dr. Shivraj Padiyar U.	The T.N. Dr. M.G.R. Medical University Medal - DM Rheumatology
Dr. Shah Himal Mahipatbhai	The T.N. Dr. M.G.R. Medical University Medal - DM Clinical Haematology
Dr. Senthil Raja M.	The T.N. Dr. M.G.R. Medical University Medal - DM Endocrinology
Dr. Varghese Thomas	The T.N. Dr. M.G.R. Medical University Medal - M.Ch. Endocrine Surgery
Dr. Jini Chirackel Thomas	The T.N. Dr. M.G.R. Medical University Medal - MD Geriatrics
Dr. Femina Sam J P	The T.N. Dr. M.G.R. Medical University Medal - MD Anatomy
Dr. Leah Thomas	1. A.O.I. Prize Endowment
	2. Prof. Mohan Kameswaran Gold Medal Endowment MS Oto-Rhino-Laryngology
Dr. Jeeja J	1. Dr. Mira Sengupta Gold Medal, 2. Dr. R.H. Kulkarni S Award
	3. Prof. Dharani Srinivas Gold Medal, 4. The Dr. A.L. Mudaliar Prize
	5. The Mrs. Esther Sargaon Lazarus Prize - MS Obstetrics and Gynaecology
Dr. Bhuvana Preethi S	1. The Dr. A.L. Mudaliar Prize, 2. The Lalgudi G. Gomathi Ammal (Memorial Prize)
	3. The T.N. Dr. M.G.R. Medical University Medal - D.G.O.
Dr. Amy Sara Abraham	1. Prof. Arthur Daniel Gold Medal - DMRD
Dr. Neethu Jose	1. The Dr. SIR. A. Lakshmanaswami Mudaliar Prize
	2. The T.N. Dr. M.G.R. Medical University Medal - D.M.R.T.
Dr. Shivadharshinii K	The T.N. Dr. M.G.R. Medical University Medal - D.P.M.

Congratulations! =

- **Dr. Anna T. Valson,** Professor of Nephrology was awarded first prize for podium presentation in the Clinical Transplant category for the study titled, 'Living Kidney Donation in India: Do We Need to be More Cautious?' in the 40th annual conference of Indian Society of Nephrology, Southern Chapter held at Ramaiah Medical College, Bengaluru from 14th to 16th February, 2020.
- The following candidates were successful in the **Postgraduate Higher Specialty** Examination held in February 2020. (**DM / MCh February 2020 session**).

D.M. Clinical Haematology : Dr. Chiraniya Suraj Dagdulal

D.M. Critical Care
M.Ch. Plastic & Reconstrutive Surgery
Dr. Kishore Kumar Pichamuthu P.
Dr. Mendiratta Siddharth Deepkkumar

M.Ch. Plastic & Reconstructive Surgery: Dr. Thite Tanmayee Abhay

M.Ch. Urology : Dr. Sadanala Madhuri Evangeline

M.Ch. Gynaecological OncologyM.Ch. Neurosurgery 6 years (Part-II)Dr. Priya BhatiDr. Peeran S.R.H.

Sunday Services March 15, 2020 =

6.00 pm : Scudder Auditorium - Dr. Roshan Livingstone 4.30 pm : Chittoor Chapel - Dr. George Kurien 6.30 pm : Hospital Chapel - Mrs. R. Laxmibai Andrew 6.00 pm : Friendship Chapel - Dr. Lilly Arun

—— Memorandum —

The following members are nominated for Shiloh 2020 to be held from 1st to 4th October 2020 in Scudder Auditorium. Dr. Jesu Krupa S, Assistant Professor, Cardiology - Co-ordinator. Dr. Patricia S, Physician, Radiation Therapy - Co-ordinator.

Retirement =

• Mr. C.R. Ramesh, Sr. Gr.I Computer Terminal Operator, CHAD on 1st March, 2020, after 31 years of dedicated service to the institution. He has a son and a daughter. His son, Mr. Suryanarayanan is doing 2nd year internship in Anaesthesia theatre and daughter, Ms. Saiswathi is doing 2nd year B. Tech in Global Engineering College.



The CMC community is thankful for his years of dedication and commitment to the institution and wishes him God's blessings on his retired life.

Notices =

• Summer sports coaching camp for students and staff children (Boys and Girls).

Date : 1st to 30th April, 2020 (Excluding Sunday)

Time : 6.45 am to 8.15 am (Basketball only at Kagithapattarai Campus)

Venue : College Campus Ground, Bagayam (5.00 pm to 6.30 pm)

Age: 8 to 12 years.

Games: Basketball, Badminton and Football.

Contact: Those interested kindly contact Dr. R. Balaganesan, Physical Director at 0416-228 4478, 94436 28333.

- **The Children's Choir** in the Hospital Campus will start at hospital quarters in the month of June All Mondays (4.50 pm for the junior choir and 5.50 pm for the senior choir). Registration will end on the 30th of April. All children who turn 8 years by 30.04.2020 are welcome to join. Those who are interested, kindly send the parent's name, child's name and date of birth via Whatsapp or SMS to Ms. Hima +91-80566 42868 or Ms. Shirley +91-82485 20227.
- American Heart Association International Training Centre (CMC, Vellore)

American Heart Association -Pediatric Advanced Life Support (AHA PALS) course:

The AHA-PALS course will be held on the 30th & 31st March 2020 at the Paul Brand Building, CMC. This well known Paediatric Advanced Life Support Course, accredited by the American Heart Association and American Academy of Paediatrics, is valid internationally. The number of participants is strictly restricted to

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18 as per AHA guidelines. The registration fee is Rs. 6,500/- (cost of study materials included). The last date for registration is 13th March 2020. This two day course is designed for healthcare providers (doctors, nurses, paramedics) who initiate advanced life care in acutely ill children, beyond basic life support, through the stabilization or transport phases of a paediatric emergency. The course consists of lectures, videos, discussions and hands - on sessions based on simulated case scenarios and aims to train the participants in early recognition and emergency management of critically ill children with an emphasis on team concept. For enquiries and registration, please contact Ms. Nitha Cathuan, Paediatric ICU (Phone No.0416-228-3366).

• American Heart Association – Basic Life Support Course (AHA-BLS)

provider level course: American Heart Association -Basic Life Support (AHA-BLS) provider level course will be held on the 1st April 2020 at the Paul Brand Building, CMC, Vellore. This one day course is designed for healthcare providers (doctors, nurses, paramedics) and the curriculum consists of video based, interactive lectures and skills training in cardiopulmonary resuscitation(CPR), use of Automated External Defibrillator and relieve choking in a safe, timely and effective manner to all ages –Adult, Pediatric and Infants. The number of participants is strictly restricted to 24 as per AHA guidelines. The registration fee is Rs. 2,500/- (cost of study materials included) and the last date for registration is 13th March 2020. For registrations, Please contact Ms. Nitha Cathuan, Paediatric ICU (Phone No.0416-228-3366).

• <u>American Heart Association - Advanced Cardiac Life Support (AHA ACLS) course</u>:

The AHA- ACLS course will be held on the 02nd & 03rd April, 2020 at the Paul Brand Building, CMC. This two day course is designed for healthcare providers (doctors, nurses, paramedics) who initiate advanced life care in acutely ill adults, beyond basic life support, through the stabilization or transport phases of adult emergency. This well Advanced Cardiac Life Support Course is accredited by the American Heart Association and is valid internationally. The number of participants is strictly restricted to 18 as per AHA guidelines. The registration fee is Rs. 6000/-. The last date for registration is 11th March, 2020. For enquiries and registration, please contact Mr. Dhilipan, Department of Anesthesiology. (Phone 0416-228-2105).

— Situations Vacant —

1. Applications are invited for the following posts for the CMC Vellore Chittoor Campus

Senior Resident / Assistant Professor / Assistant Physician / Associate Professor / Associate Physician / with MD Pathology or Transfusion Medicine with Diploma in Clinical Pathology (DCP) from a recognized University.

Salary: As per institutional rules.

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu
Link: "Vacancies". or log on to www.cmchvellorechittoorcampus.ac.in
Link: "Career" or email to dir.chittoor@cmcvellore.ac.in with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address. Applications will close on March 23, 2020 for Item 1.

2. Applications are invited for the post of Teacher in Balavihar Kids Corner

Qualification: Montessori/TTC/Degree.

Preference will be given to the female candidates who are fluent in English, have a teaching experience and are below 30 years of age.

Interested candidates may apply to Balavihar Kids Corner, CMC Hospital Campus, Vellore.

Phone: 0416-2283499, email: balavihar@cmcvellore.ac.in On or before March 20, 2020 for Item 2.



National Community Health Nursing Conference-2020

The National Community Health Nursing Conference was organised on the 13th and 14th February, 2020 as a joint venture by the Department of Community Health Nursing, College of Nursing, CMC and the Society of Community Health Nurses of India (SOCHNI). The theme for the conference this year was, 'Community Health Nurses-Trendsetters for Universal Health Coverage to Combat Non Communicable Diseases (NCD's). The year 2020 holds a special place among the nursing fraternity as it has been declared as the 'Year of the Nurse and Midwife' by the World Health Organization. The conference was also a highlight on the golden jubilee of the M.Sc. nursing programme, silver



jubilee of the Ph.D nursing programme and the 200th Birth Anniversary of Florence Nightingale, founder of modern nursing. In keeping with her anniversary a 'Nightingale Challenge' was organised globally, in which the oath, 'I Support Nursing Now' was administered. Around four hundred delegates from across the country participated and gained insight and understanding into the burden of NCD's and the innovative evidence-informed practice to combat them.

The Chief Guest for the event was Dr. Dileep Kumar, President of Indian Nursing Council, who inspired the gathering by his impressive talk on the role of nurses in universal health coverage. Dr. Vathsala Sadan, Dean, College of Nursing, welcomed the gathering and felicitations were offered by Dr. Ani Grace Kalaimathi, Registrar, Tamil Nadu Nurses and Midwives Council, Dr. Deepak Abraham, Associate Director (HR), Dr. Anna B. Pulimood, Principal and Dr. Premila Lee, Nursing Superintendent. The conference was packed with four plenary sessions and two symposiums which concentrated on diverse domains of NCD's. Renowned national speakers threw light on models of universal health coverage, emerging trends in NCD's, health care financing, NEWSTART intervention for NCD's, nursing challenges



in urban health coverage and NCD's. There were six concurrent scientific oral paper presentations where various research and concepts concerning NCD's were presented. The conference concluded with a valedictory ceremony during which Dr. Chellarani Vijayakumar, President of SOCHNI motivated the community health nurses to take up the challenge of equipping the country towards the combat of the epidemic of Non Communicable Diseases.

Special Prayers : March 15 - 21, 2020 =

Diagnostic Radiology and Imaging:

Dr. Gibikote SridharV. and Staff

Dr. Elizabeth Joseph and Staff

Dr. Shyamkumar N.K. and Staff

South East Asia Union Mission of SDA Singapore:

Council Members : Dr. Edward Nathan

Dr. Thomas Tean Wing Nyin

Hospitals: Penang Adventist Hospital Scheer Memorial Adventist Hospital, Banepa, Nepal

Baptist Missionary Society World Mission: Council Member: Ms. Valerie Ann Bothamley

Workshop Organised on Therapeutic Drug Management

The Department of Pharmacology and Clinical Pharmacology organised a workshop on, 'Therapeutic Drug Management', from 3rd to 6th March, 2020. The participants who attended this workshop included both faculty and post graduates from the Department of Pharmacology representing various states of India. The workshop started with a word of prayer by Rev.Joji Philip and was inaugurated by Dr. Prasad Mathews, Medical Superintendent. The faculty shared their experience and expertise in the field of Therapeutic Drug Monitoring (TDM) and highlighted the cases where the patients benefited from this TDM service. The lectures on the laboratory aspects gave an insight into the principle



the laboratory aspects gave an insight into the principle behind the drug assays. The following day, the participants were given a hands-on experience in performing a drug assay which included the blood sampling principles to be followed in TDM, different drug extraction techniques from the biological matrix, interpretation of quality controls and the interpreting of the results that come for the laboratory. Training in the handling of the pharmacokinetic data and the derivation of the pharmacokinetic parameters was also provided. There was a dedicated interactive session on the logistics of setting up a TDM Unit in a hospital, which was appreciated greatly by all the participants. On the final day there was a discussion on the clinical application of TDM in various diseases and the workshop ended with a quiz. This workshop was awarded thirty credit points. It was heartwarming to hear that some faculty had attended this workshop with the aim to start TDM services in their hospitals.

Inauguration of the Laparoscopic Skills Training Facility

The dedication of the laparoscopic skills training facility took place on 22nd February, 2020. The laboratory built for the benefit of the post graduate students of Obstetrics and Gynecology, is situated on the 6th floor, ISSCC Building Library Comlex. The prayer of dedication was led by Dr. Jessie Lionel and the facility was declared open by Dr. Aruna N. Kekre. Dr. Jiji Mathews, Head Department of Obstetrics and Gynecology, Unit -V welcomed the gathering and led the inauguration. The department is grateful to the Ethicon Division of Johnson and Johnson for having developed this facility.



Report on the American Health Association

Provider Courses

The Christian Medical College International Training Center (CMC ITC) organised the internationally accepted American Heart Association (AHA) provider courses on 27th, 28th and 29th February, 2020. As per the AHA requirements, the number of participants were strictly restricted to eighteen. The inaugural programme began with prayer and welcome by Dr. Raj Sahajanandan. The AHA provider course for Basic Life Support



(BLS) was conducted on the 27th of February by Dr. Ebor Jacob, Training Center Faculty, Dr. Gowtham Kumar J, Mr. Dinesh Kumar and Mrs. Illavarasi Jesudas. The course included training and lectures on BLS in adults, children and infants followed by theory and practical examination. The Advanced Cardiac Life Support (ACLS) was conducted on 28th and 29th of February by the Department of Anaesthesiology. The instructors were Dr. Gowtham Kumar Juvva, Lead Instructor, Dr. Solomon Decruz and Mrs. Dharani Preethi. Dr. Ekta Rai, Dr. Leah Raju George and Dr. Naveen Kumar Suda were incharge of instructor monitoring. They provided training on administering advanced life care in acutely ill adults, beyond BLS, through stabilization and transport phases of adult emergency.



The theory sessions included educative videos on acute coronary syndromes, acute stroke care, team dynamics and coping with death. The instructors led the participants in practical sessions on identifying acutely ill adults, ECG rythms, causes for cardiac arrest, treating, stabilizing and post cardiac / ICU care in which the delegates participated as team leaders. The sessions concluded with a megacode practice session followed by theory and practical examination.

Sunday Services: March 22, 2020

6.00 pm : Scudder Auditorium - Er. David Chandran 4.30 pm: Chittoor Chapel-Dr. Vasanth Mark Samuel

6.30 pm : Hospital Chapel - Dr. Thomas Samuel Ram 6.00 pm : Friendship Chapel - Mrs. Reena George

—————Congratulations! —

• The following participants from the Department of ENT Unit-IV won awards at the 39th Annual Neurotology and Equilibriometric Society (NES) conference 2020 held at AIIMS Patna from 21st to 23rd February, 2020. **Dr. Anu Alex,** 2nd year post doctoral fellow in Audiovestibular diseases won the 1st prize for the paper titled, 'Migraine as a Risk Factor in Sudden Sensorineural Hearing Loss' and 2nd prize for the quiz competition.

Dr. Bandaru Srividya, 1st year post doctoral fellow in Audiovestibular diseases won the 2nd prize for quiz competition.

- Dr. Suma Susan Mathews, Professor and Head, ENT Unit-V has been awarded the best paper in the senior consultant award category for the topic 'Laryngeal Trauma A Life Threatening Emergency' at PHONOCON 2020, the 16th Annual Conference of the Association of Phonosurgeons held on 28th February to 1st March, 2020 at Daman.
- **Dr. Kundakarla Banuprasad**, 1st year DM infectious student from the Department of Infectious Disease won the first prize in quiz and **Dr. Harshdeep Acharya**, Non-PG from the Department of Infectious Disease won the 2nd price in quiz at the 'Encephalitis in India CME: Recent Updates' on 25th February, 2020 at M.V. Govindswamy Seminar, NIMHANS in Bangalore for commemorating the World Encephalitis Day 2020.

— Welcome —

Dr. D.J. Christopher, Professor and Head, Department of Pulmonary Medicine on his return from sabbatical leave.

—— Obituaries =

- Mrs. Rosamma Kutty, mother of Dr. Shirley Chacko, Eye Surgeon, Karigiri, Mother-in -Law of Dr. Rabin Chacko, Dental Department and grandmother of Dr. Ruhel Chacko, CMC Chittoor Campus and Vinay John Chacko, 2nd Year MBBS, on 9th March, 2020.
- **Dr. Joseph Susikaran**, husband of Mrs. Inba Tamilarasi, Staff Nurse, R Ward, father of Ms. Sarah Suganya, 4th year B.Sc. Nursing and Ms. Silviya, 1st year Anaesthesia on 10th March, 2020.
- Mr. C. Radhakrishnan, father of Mrs.R.Malar, Staff Nurse, Wellcome Research, Well Baby Clinic on 11th March, 2020.

Let us uphold all the bereaved members of the families in our prayers at this time of grief and loss.

——— Situations Vacant ———

- 1. Lecturer Gr.III (AHS) with Master in Audiology and Speech Language & Pathology (M.A.S.L.P.) with 2 years experience for the Department of ENT. Salary scale: As per institutional rules. Accommodation not provided.
- **2. Senior Demonstrator (NM)** with **M.Sc. in Biostatistics / M.Sc. Statistics** for the **Department of Biostatistics** Salary scale : As per institutional rules. Accommodation not provided.

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link: "Vacancies".

Note: *Only online applications will be accepted; Hard copies will not be accepted.* Applications will close on **March 21, 2020** for Items 1 and 2.

3. Applications are invited for a one year 'Clinical Physiotherapist' post for the Department of PMR (PT)

Eligibility: BPT Graduate from a Recognised College / University. Should have completed six months of compulsory rotatory internship on or before 10^{th} May 2020.

Experience: Less than 4 years after internship completion. Age limit: Less than 30 years. Monthly stipend: Rs.10,200/-. Accommodation not provided.

4. Applications are invited for a one year 'Clinical Occupational Therapist' post for the Department of PMR (OT)

Eligibility: BOT Graduate from a Recognised College / University. Should have completed six months of compulsory rotatory internship. Experience: Less than 4 years after internship completion.

Age limit: Less than 30 years. Monthly stipend: Rs.10,200/-. Accommodation not provided.

Apply with Resume, including dates of work experience, mobile numbers, postal address and email ID, Photocopies of work experience and other relevant certificates to the Principal, CMC, Vellore - 632 002,

Last date for submission of applications is March 26, 2020 for Item 3 and March 28, 2020 for Item 4.

5. Senior Research Officer for the Department of Clinical Immunology and Rheumatology Job Code: 1327

Qualification: MBBS. Mode of appointment: Project mode. Salary: Rs.60,773/- Consolidated. Accommodation not provided. ownload application from this link: http://www.cmch-vellore.edu/->General ->Vacancies ->Application Form for Project Staff. The print out of the application with certificates and testimonial copies should be sent to the Principal, Christian Medical College, Bagayam, Vellore-632 002 on or before March 27, 2020 for Items 5. Note: Please mention the job code, applications forms without the job code will not be accepted.

Continued on Page 4

— Situations Vacant —

6. Centre for Stem Cell Research (a unit of inStem, Bengaluru) & Christian Medical College, Vellore.

Centre for Stem Cell Research (CSCR) (a unit of inStem, Bengaluru), in collaboration with Department of Biotechnology (Government of India) and the Christian Medical College (CMC) Vellore invites applications for the Junior Research Fellow to work in the area of cell and molecular biology related to stem cell research.

Junior Research Fellow Job Code: 1329

Qualification: M.Sc. and M.Tech Life Sciences / Biochemistry / Biotechnology Candidates with minimum of 55% of marks. Preference will be given to the candidates with CSIR/UGC/DBI/ICMR junior research fellowships.

Mode of Appointment : Project Mode. Salary : As per institutional rules. Accommodation not provided.

7. Centre for Stem Cell Research (a unit of inStem, Bengaluru) & Christian Medical College, Vellore.

Centre for Stem Cell Research (CSCR) (a unit of inStem, Bengaluru), in collaboration with Department of Biotechnology (Government of India) and the Christian Medical College (CMC) Vellore invites applications for the Junior Research Fellow to work in the area of cell and molecular biology related to stem cell research.

Junior Research Fellow Job Code: 1330

Qualification: M.Sc. and M.Tech Life Sciences/Biochemistry/Biotechnology. Candidates with minimum of 55% of marks. Preference will be given to the candidates with CSIR/UGC/DBI/ICMR junior research fellowships.

Mode of Appointment : Project Mode. Salary: As per institutional rules. Accommodation not provided.

For application form and other details, visit http://www.cscr.in/research-opportunities/

Please send us the duly filled application mentioning the job code either by soft copy to: $\mathbf{cscredu@cmcvellore.ac.in}$ or by hard copy Address to the Principal, Christian Medical college, Bagayam, Vellore $-632\,002$, Tamil Nadu on or before $\mathbf{March\,30,2020}$ for Items 6 and 7.

8. Consultant for the Department of Anaesthesia (Medical Consultant Stream)

Qualification: M.D in Anaesthesia with 12 years experience. Salary scale: As per institutional rules.

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link: "Vacancies". Note: Only online applications will be accepted; Hard copies will not be accepted. Last date for submitting applications is March 30, 2020 for Item 8.

9. Staff Nurse B.Sc. to work in a project on term appointment basis under the Department of Gynaecology Oncology

Qualification: B.Sc. Nursing (Preferably male candidate). Salary scale: Consolidated pay. Accommodation not provided.

Apply with biodata, photograph, certificates, testimonial/s and references to the Dean, College of Nursing, CMC, Vellore, on or before **March 28, 2020** for Item 9.

10. Co-ordinator to organise the conference APBMT - 2020 for the Department of Haematology

Qualification: MBA. Salary: Consolidated salary as per institutional rules.

Age limit: 30 years and below.

11. Computer Terminal Operator (Project Mode) for the Department of Pathology

Qualification: Graduate + 6 months computer certificate + 6 months typing certificate. Age limit: 30 years and below.

Salary: Consolidated salary as per institutional rules. Conditions: Distance education will not be accepted. Candidates should have degree from Government recognised University.

12. Computer Terminal Operator (Project Mode) for the Department of Community Health

Qualification: Graduate + 6 months computer certificate + 6 months typing certificate. Age limit: 30 years and below.

Salary: Consolidated salary as per institutional rules. Conditions: Distance education will not be accepted. Candidates should have degree from Government recognised University.

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link: "Vacancies". *Note: Only online applications will be accepted; Hard copies will not be accepted.* Last date for submitting applications is March 21, 2020 for Item 10 and March 30, 2020 for Items 11 and 12.

13. Ida Scudder School, Vellore - 632 006, Tamil Nadu (Affiliated to the CISCE, New Delhi) invites applications for the following posts:

13(a) Senior Level Teachers (to teach in classes 6 to 12) in English, Mathematics, Physics, Chemistry, Biology & History - Applicants should be proficient in English and Trained post graduates in the respective subjects.

13(b) Primary Level Teachers (to teach in classes 1 to 5) in Computer Science, Music and Physical Education

Applicants should be proficient in English Trained graduates in the respective subjects.

Vol No.56

13(c) Vice Principal for Senior School - Applicants should be proficient in English, Christian candidates who are trained post graduates in any discipline preferably in the age group of 40 - 55 years with adequate teaching and administrative experience in reputed schools and Excellent communication and leadership skills required. Apply to The Correspondent Ida Scudder School, No.1, Kalinjur Main Road, Viruthampet, Vellore–632 006, Tamil Nadu, on or before 28th March, 2020 furnishing the CV, latest passport size photograph, photo copies of all the necessary certificates & other related documents, and contact details in the application format available at the school website: www.scudderschool.ac.in

14. College Hill Montessori invites applications for Teacher at College Hill Montessori, Sunset Avenue, College Campus, Bagayam. Child friendly individuals with excellent English language skills can mail their cv and application request to **principalchm@gmail.com** The last date for applying is March **23**, **2020** for Item 14.

Published & Designed by: PROMOTION & PTP



College of Nursing Celebrates, College Day - 2020

The College of Nursing celebrated its College Day on the 29th February 2020 amidst great enthusiasm and excitment. The events were centered around the theme, 'Vintage'; an apt theme since the College is celebrating the Golden jubilee of the M.Sc. Nursing programme and Silver jubilee of Ph.D Nursing programme.





The programme began with the hoisting of the College Flag. The Chief Guest was Mrs. Sangameshwari Pattabiraman, Social Activist and Former President, All India Women's Welfare Committee, Vellore. She in her address congratulated the College of Nursing for all the good work and achievements and urged the gathering to continue to serve humanity. Dr. Anil Kuruvilla, Associate Director and Dr. Premila Lee, Nursing Superintendent offered felicitations. The Chief Guest presented the awards and prizes to the winners of the various competitions held during the XVIII State Student Nurses' Association Conference held at

Coimbatore, Tamil Nadu. Those students who have donated blood during the voluntary blood donation camp which was organised by the Department of Transfusion Medicine were also awarded prizes and their efforts much appreciated.

The cultural programme which took place later was a vibrant mix of plays, mime and dance. The play was a powerful depiction of the role of nurses and their influences on



others lives. This was followed by an



insightful debate on the topic, 'Freedom – Right or Responsibility?'. The College Day concluded with a lot of fun and laughter and was yet another memory to be cherished.



College of Nursing
College of Nursing Library
Community Health Nursing &
Student Nurses Hostel:

Dr. Vathsala Sadan and Staff

CNI Uttar Pradesh Regional Board of Health Services

Council Member: Dr. H.J. Lyall

Hospital: Christian Hospital, Kasganj, Memorial Hospital, Farrukhabad and others.

Short Course Organised on Research Methodology

A short course on research methodology was conducted by the Department of CNE and Research, College of Nursing, CMC, Vellore from 17th to 21st February, 2020. A total of thirty four delegates inclusive of post graduate students and faculty from seven different institutions participated in this course. The course commenced with a short inauguration and devotion. Dr. Vathsala Sadan, Dean, College of Nursing and Dr. Premila Lee, Nursing Superintendent, felicitated the gathering followed by a briefing on the



course by Dr. Vinitha Ravindran, Professor and Head of CNE and Research. Faculty from the College of Nursing and Medical College, CMC were the resource persons who took sessions on various aspects of research. The aim of the course was to review the basics of nursing research and to equip the participants to develop a research proposal. The course was packed with rigorous sessions on quantitative and qualitative research methods. Interactive sessions, group activities and expertise on literature search, data entering and analysis proved to be of great use for the participants. The course ended with a test on research methodology. The participants felt that the course was an eye opener which empowered them to initiate research proposals pertinent to problems and issues in their own patient care areas.

The Department of Nephrology —— Collaborates with CIHSR, Nagaland

The Department of Nephrology has entered into a formal partnership with Christian Institute of Health Sciences & Research (CIHSR), Nagaland under the auspices of the International Society of Nephrology (ISN), Sister Renal Centers Programme. CMC is the supporting center for the development of Nephrology services of the emerging center CIHSR, Nagaland. It is a progressively funded three-tiered programme with each level of partnership lasting for 2 years. Both the centers will benefit from priority consideration when applying to all other ISN programmes. It is hoped that the benefits to both parties will be tremendous.

Sports News

Results of the Badminton Staff Tournament for the year 2019-2020:

The following prizes were distributed by Dr. Joe Varghese, Department of Biochemistry and Dr. Sathyanarayan, Department of Radiology on 8th February, 2020.

Singles: Winner - Mr. G. Gopinath, Main O.R.

Runners-up - Mr. Ravi P, Engineering & Planning.

Doubles: Winners - Mr. G. Gopinath, Main O.R. and

Mr. Kiran Kumar, O Block.

Runners-up: Dr. Sathyanarayan, Radiology and

Mr. Ravi P., Engineering & Planning

Veterans Single: Winner - Mr. Suresh V.S., Pharmacy,

Runners-up- Mr. Mahendran, MRD.

Veteran Doubles: Winners - Mr. Suresh V.S., Pharmacy and

Mr. Subramania Rao, Accounts.

Runners-up - Mr. Vinayagaram, MRD and

Mr. Balaji, MRD.



: Memoranda =

- The appointment of **Dr. Thambu David Sudarsanam**, Professor and Head, Department of General Medicine as Head of Medicine Unit-II, is extended from 8th March 2020 for a four-year term.
- The institution announces the formation of the **Department of Trauma Surgery** with faculty from Departments of General Surgery & Orthopaedics and Division of Critical Care with effect from 16th March, 2020.

The Trauma Services will function as a district entity with support from the Trauma Surgery Department and other related surgical specialities.

Dr. Sukria Nayak, Professor is appointed as Head of Trauma Services and Ag. Head Trauma Surgery Department with effect from 16th March, 2020 until further notice.

--- Welcome =

Dr. Jeba Karunya R, Associate Professor, Department of Radiation Oncology Unit-I on her return from sabbatical leave.

Retirements =



- Mr. L. Karunakaran, Sr. Hospital Attendant, Department of Pharmacology, retired on 4th March 2020, after nearly 38 years of dedicated service to the institution. He has four daughters. His second daughter, Mrs. Jansi is a Hospital Attendant in Maternity Ward.
- Mr. Pitchandi, Hospital Attendant Gr.I, Department of Staff Clinic Health Services, retired on 15th March 2020, after 34 years of dedicated service to the institution. He has a daughter and a son. His son, Mr. Tamilarasan is working as Hospital Attendant in C.S.S.D.



Job Code : 1328

The CMC community is thankful for their years of dedication and commitment to the institution and wishes them God's blessings on their retired life.

—— Obituary <u>—</u>

Mr. Yogalingam, husband of Mrs. Kamatchi, Staff Nurse in Radiology Department, on 19th March, 2020. Let us uphold all the bereaved members of the family in our prayers at this time of grief and loss.

Situations Vacant =

1. Senior Resident with M.S. (Orthopaedics) for the Department of Orthopaedics Unit-I

Salary scale: As per institutional rules.

Accommodation provided (Partly furnished, depending on availability).

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link: "Vacancies". *Note*: *Only online applications will be accepted; Hard copies will not be accepted.* Applications will close on March 28, 2020 for Item 1.

2. MLT Coordinator for the Department of Clinical Pathology

Qualification: M.Sc. in Medical Lab Technology.

Responsibilities: Coordination of B.Sc. MLT course (under TNMGRU) Including teaching, scheduling and providing guidance for the students, routine diagnostic clinical lab service and managing research for the students will also be a part of the work in the department.

Mode of appointment: Project mode.

Salary: As per institutional rules. Accommodation not provided.

Download application from this link: http://www.cmch-vellore.edu/→General →Vacancies →Application Form for Project Staff. Please send the filled application mentioning the job code either by soft copy to: princi.hr@cmcvellore.ac.in or by hard copy address to the Principal, Christian Medical College, Bagayam, Vellore-632 002, Tamil Nadu on or before March 30, 2020 for Item 2.

Note: Please mention the job code, applications forms without the job code will not be accepted.

Situations Vacant =

3. MCTT Gr.III for OP Services

Qualifications: Graduates and who have completed 1 year MCTT training course in CMC with good interpersonal skills, speed of work and ability to communicate fluently in English, Tamil and Hindi.

Salary scale: As per institutional rules.

Age limit: 35 years.

Note: Only Regular mode will be accepted, Private or correspondence will be not accepted.

Job Description: To work in payment MCTT counters in CMC town, Kannigapuram Campus and other campuses Duty will be in shift on rotation basis including night shift. They will also be posted to other Units of CMC as per need.

4. Social Worker Gr.V for the College of Nursing

Qualifications: M.S.W. / M.A. (Social Work / Sociology) / M.Sc. (Medical Sociology). Preferably with experience in organising Community Based Income - generating projects and socio economic development activities.

Note: Only regular mode will be accepted, private or correspondence will not be accepted.

Salary scale: As per institutional rules.

Age limit: Below 35 years.

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link: "Vacancies". *Note: Only online applications will be accepted; Hard copies will not be accepted.* Last date for submitting applications is April 06, 2020 for Items 3 and 4.

5. Applications are invited for the following posts for the CMC Vellore Chittoor Campus

Senior Resident / Assistant Physician / Assistant Professor / Associate Physician / Associate Professor / Physician with DA / MD / DNB in Anaesthesia

Salary: As per institutional rules.

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu
Link: "Vacancies" or log on to http://www.cmcvellorechittoorcampus.ac.in
Link: "Career" or email to dir.chittoor@cmcvellore.ac.in with bio-data, certificates and testimonials copies with contact phone number, e-mail ID and address. Applications will close on April 06, 2020 for Item 5.

6. Staff Nurse B.Sc. to work in a project on term appointment basis under the **Department of Rheumatology**

Qualification: B.Sc. Nursing.

Salary scale: Consolidated pay.

Accommodation not provided.

Apply with biodata, photograph, certificates, testimonial/s and references to the Dean, College of Nursing, CMC, Vellore, on or before **April 04, 2020** for Item 6.



Ponder anew what the Almighty can do

These words come from a popular song that is often sung in church services, "Praise to the Lord, the Almighty, the King of creation." It may appear a bit odd that at this time of uncertainty, anxiety, crisis and fear, that there is a call to *Praise the Lord*. However the words of the song gives us hope in the midst of turbulent times.

Praise to the Lord, the Almighty, the King of creation!

O my soul, praise Him, for He is thy health and salvation!

All ye who hear, now to His temple draw near;

Praise Him in glad adoration

The writer of the song, Joachim Neander, exhorts us to draw near to God who is our health and salvation and "ponder anew what the Almighty can do, if with His love He befriends us" (paraphrased). I believe that as members of the healing ministry, we could do many things, befriending God.

We are called to lead from the front. CMC Vellore has always taken the leadership to address health issues in the nation, whether it was maternal health in the early 1900s when the institution was founded or research towards treatment and eradication of leprosy in the 1940s and 50s or the willingness to provide surgical care for patients affected with HIV-AIDS in the 1980s or the care of patients with swine flu during the 2009 pandemic when many private healthcare institutions closed their doors to flu suspects. It is thus appropriate that we, as members of the CMC community, rise up to the present challenge. "Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven" (Mathew 5:16, KJV).

Demonstrate God's love. The global situation also offers us an opportunity to demonstrate God's love. "So now I am giving you a new commandment: Love each other. Just as I have loved you, you should love each other. Your love for one another will prove to the world that you are my disciples" (John 13:34-35, NLT). At this time, it is important for us to bridge our differences and come together in love for a common purpose to reach out to the many who seek help from us. In doing so, the love of God would flow through us to bring health and healing to the patients that we care for.

Remove anxiety and bring peace. As agents of healing, we are called to reduce anxiety and help patients experience peace during periods of illness. In a time such as this, we too as healthcare workers, who are aware of the implications of the pandemic, could be overwhelmed with anxiety and lack of peace. The Bible encourages us to place all our anxieties upon the Lord. "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus" (Philippians 4: 6-7, NIV).

So it is only appropriate that we join with the Psalmist and say, "Let everything that has breath, praise the Lord" (Psalm 150:6, NIV) for "The steadfast love of the Lord never ceases; his mercies never come to an end; they are new every morning; great is *His* faithfulness" (Lamentations 3: 22-23, ESV). I am confident that the Lord would protect us, give us strength and courage and use as instruments of healing.

"May the Lord bless you and keep you; the Lord make his face shine on you and be gracious to you; the Lord turn his face toward you and give you peace." (Numbers 6: 24-26, NIV)

Dr. J.V. Peter

Expert Opinions...

What do we know about the risk of dying from COVID-19?

The COVID-19 pandemic and the lockdown imposed in an attempt to halt the spread of the novel Corona Virus (SARS-COV-2) have made life difficult for millions of Indians. There has been nearly 6 lakh cases and more than 27,000 deaths worldwide due to COVID-19 till date.

The spectrum of SARS-CoV-2 infections can vary from asymptomatic or mild infections, to severe pneumonia, leading to respiratory failure, shock and death. The proportion of asymptomatic infections can vary from 20 to 60% of all infections. SARS-CoV-2 causes a highly contagious infection, and even persons with asymptomatic or mild infections can shed large amount of virus in their respiratory secretions very early in the course of illness.

To understand the risk of dying from COVID-19, we have to understand the difference between 'Crude Mortality Rate', 'Case Fatality Rate', (CFR) and 'Infection Fatality Rate', (IFR). The denominator used is different in each of these measures of mortality. The Crude Mortality Rate measures the **probability that any individual in the population will die from the disease** (not just those who are infected, or are confirmed as being infected), while CFR measures the **probability of dying among those confirmed to have the disease.** IFR is the **probability of dying among the total number of infections**, and not just 'confirmed cases', which is very difficult to measure unless you have extensive testing.

The CFR itself can change with time and place. In China, CFR was higher in the early stages of the outbreak (17% for cases from 1 to 10 January, 2020) and reduced to 0.7% for patients with symptom onset after 1 February, 2020. The reported CFR from Italy is much higher, probably due to the higher age of the population and presence of multiple medical conditions in infected individuals. In COVID-19, the risk of dying is related to your age and the presence of comorbidities.

	Italy as of March 17	7, 2020	China as of Februar	y 11, 2020
	No. of deaths (% of total)	Case-fatality rate, % ^b	No. of deaths (% of total)	Case-fatality rate, % ^b
All	1625 (100)	7.2	1023 (100)	2.3
Age groups, y				
0-9	0	0	0	0
10-19	0	0	1 (0.1)	0.2
20-29	0	0	7 (0.7)	0.2
30-39	4 (0.3)	0.3	18 (1.8)	0.2
40-49	10 (0.6)	0.4	38 (3.7)	0.4
50-59	43 (2.7)	1.0	130 (12.7)	1.3
60-69	139 (8.6)	3.5	309 (30.2)	3.6
70-79	578 (35.6)	12.8	312 (30.5)	8.0
≥80	850 (52.3)	20.2	208 (20.3)	14.8

^a Data from China are from Chinese Center for Disease Control and Prevention.⁴ Age was not available for 1 patient.

(Table from: G Onder. JAMA, 2020)

Comorbid condition	CFR (%)
Cardiovascular disease	10.5
Diabetes mellitus	7.3
Chronic respiratory disease	6.3
Hypertension	6.0
Cancer	5.6
None	0.8

The CFR **DOES NOT** actually reflect the risk of dying from COVID-19. This is because the denominator includes only the confirmed cases – those who got infected, developed symptoms, sought care from a clinic or hospital, got tested, and the test came back positive. So, someone with asymptomatic or mild infection is unlikely to be counted as a "confirmed case", unless you do extensive testing in the community. This has been happening in countries like South Korea, Germany and Iceland. So, the reported mortality figures (<1%) from these countries are likely to represent the true IFR of COVID-19. Iceland has tested a higher proportion of people than any other country (9,768 individuals), equivalent to 26,762 per million inhabitants. In Italy, testing is restricted to patients coming to

b Case-fatality rate calculated as number of deaths/number of cases.

the hospital, and the mortality figures are a reflection of the CFR. You can also ask the question whether an elderly Italian with multiple comorbidities is dying from or with COVID-19. Only time will tell. When you do extensive testing in the community, you are much more likely to diagnose asymptomatic or mild infections. If testing is done only for symptomatic patients coming to a hospital, patients are likely to have more severe disease and higher probability of dying.

The IFR from the current COVID-19 pandemic has been estimated to be 0.29% (95% CI, 0.25% to 0.33%) by researchers from the Center for Evidence-Based Medicine, Oxford. In other words, if you get SARS-CoV-2 infection (very high probability in the middle of a pandemic caused by a highly infectious viral pathogen), your risk of dying from the infection is roughly 3 per 1000. Or 997 of the 1,000 individuals who get a SARS-CoV-2 infection will only have an asymptomatic infection or mild-to-moderate illness.

References:

- 1. https://www.cebm.net/covid-19/global-covid-19-case-fatality-rates/ (Accessed on 27/03/2020)
- 2. https://jamanetwork.com/journals/jama/fullarticle/2763667 (Accessed on 27/03/202)

Key points

- 1. We are in the middle of a pandemic caused by a highly infectious virus. So, most (if not all) of us will get the infection.
- 2. A substantial number will have no or mild symptoms only.
- 3. Those who die due to severe pneumonia are usually elderly with serious underlying medical conditions.
- 4. In countries where they are doing extensive testing in the community, the mortality appears lower as mild infections are picked up. In countries where only sick people coming to a hospital are tested, mortality appears higher.
- 5. The average risk of someone dying from COVID-19 is very low.

Dr. O.C. Abraham, Professor, Medicine Unit-IV and Infectious Diseases

• March 29 - April 04, 2020 •

For the World at large and....

SPECIAL PRAYERS THIS WEEK Medical Superintendent's Office:

Dr. Prasad Mathews K. and Staff

Private Consultation Office

(Alpha Clinic):

Dr. Prasad Mathews K. and Staff

Main Hospital Extension Clinics (MAHE):

Dr. Prasad Mathews K. and Staff

CSI Jaffna Diocese

Council Members: Rt. Rev. Dr. Daniel S. Thiagarajah

Dr. D.S. Rajasingham

Hospital: Green Memorial Hospital, Manipay

CSI Tirunelveli Diocese

Council Members: Dr. Jeyam Juliet

Rt. Rev. Dr. J.J. Christdoss

Hospitals: CSI Jeyaraj Annapackiam Hospital,

CSI Bellpins Indrani Chelladurai Mission Hospital,

Palayamkottai and others.

Past Events and General Announcements

Kannigapuram Campus Dedicates its Residential Campus

CMC Vellore has been blessed in innumerable ways, moving from a single-bed clinic to a multi-campus institution. The upcoming site of CMC at Kannigapuram is strategically located on the National Highway between two major cities, with a trauma centre as an important new dimension of the hospital.



We recently heard with disbelief and awe of the

building up of massive emergency medical facilities in China in a matter of 10 days! On the other hand, the Kannigapuram campus has been more than 10 years in the making, from when it was first conceived and land acquired. The new campus is being built with a vision to cater to a wide range of people's needs.

With the increase in faculty and postgraduate seats, the need for a major housing complex within the institutional premises was envisaged in 2014. An unfortunate incident urged us to take up the housing project as a priority, in addition to the hospital project.

Kannigapuram Campus Dedicates its Residential Campus



The mixed housing complex of CMC at Kannigapuram was taken up by M/s B & B Builders in 2017. Mr. Alex Jacob, Structural Consultant, Mr. Ranjan Daniel, Chief Architect, Mr. Sumanan, MEP consultant, were



consultant, were other notable people who contributed immensely to this project. A team of CMC engineers headed by Mr.V. Jayasankar, Superintendent Engineer was deputed to oversee the construction activity. The project team could experience God's leading

Engineer, was deputed to oversee the construction activity. The project team could experience God's leading and mighty protection at every stage from getting necessary approvals, amicably negotiating difficult situations, and achieving millions of safe man hours at the construction site.



The impact of the vast residential complex was brought home during the dedication held on March 12, 2020. There are 534 houses of different grades built up over 7.5 lakh square feet to cater to staff at various levels of seniority. Soon, entire families will be moving in and creating a community of their own. Apart from the houses, the residents will have many facilities to make this place liveable and lovable – a community hall, library, parks, play areas, a crèche and a primary school. The residents will also have hills to look up to and someday climb, much like the ones close to our other campuses.

The dedication programme was attended by members of the CMC community, administration, former directors, Council representatives, contractors, architects, consultants, and Kannigapuram panchayat leaders. Many spoke with emotion at what had been accomplished and what we could look forward to.

Director Dr. J.V. Peter welcomed the gathering and expressed his sincere gratitude and joy at the attendance of many former directors including Dr. Joyce Ponnaiyya, Dr. George Chandy, Dr. Suranjan Bhattacharji and Dr. Sunil Chandy.

In his address, the Chief Guest, Mr. Barkos Warjri (IAS), Chairman, CMC Vellore Association, emphasised that we have never undertaken anything of this scale and size and that it is crucial for us to transfer the CMC ethos as we pitch our tents further out. Dr. John C. Oommen, Vice Chairman, reminded us that 'to whom much is given, much will be required', challenging the audience and the community to be willing to move out of our comfort zones to serve in Kannigapuram, even as we urge our graduates to go out and work in various parts of India.



Dr. George Chandy looked back on the time when he first came to Kannigapuram with colleagues and members of Chaplaincy to look at the prospective land for a dream project. Mr. Ebenezer Sunderraj, former General Superintendent, spoke about nerve-wracking meetings with government officials and of the thousands of documents that needed to be poured over and signed.

Mr.V. Jayashankar, Superintendent Engineer, gave an overview of the mixed housing project and its special features. Dr. Sunil Chandy spoke of the trigger to seriously consider offering staff housing, though it meant an additional financial burden – the tragic death of a junior staff in a road traffic accident en route from home to hospital, and her father's words that it may have been avoided if only there was adequate staff housing.

Kannigapuram Campus Dedicates its Residential Campus



He also mentioned that despite difficulties, there was so much support and extraordinary help from many people in various places to enable the new campus to come up.

The opening prayer was by Rev. Margaret Deborah, and Bible reading by Dr. Bala Seetharaman. The Chaplain, Rev. Finney Alexander, spoke about receiving God's strength and guidance from the very beginning, and our assurance that He will continue to lead us.

Dr. Anil Kuruvilla, Associate Director, Kannigapuram campus, extended his heartfelt gratitude to all the helping hands who have made this project possible and applauded the community for their whole-hearted support.

The programme ended with the ribbon-cutting of individual blocks, and a chance for the staff and guests to walk through the buildings and the campus that many will soon call home.

Obituaries –

- Mr. Senthil Kumar M, Sel.Gr.I Radiographer, Department of Radiology on 15th March, 2020.
- Mr. Saji C. Abraham, Radiographer, Department of Radiology, husband of Mrs. Mona Saji, Charge Nurse, G3 South, father of Ms. Christina Felcy, Occupational Therapy, and Mr. Sam Chirayil, on 23rd March, 2020.
- Mr. Samuel Fredrick, husband of Mrs. Jemimah Samuel, Charge Nurse working in Acute Pain Services, father of Mr. John Joshua Israel and Mr. Jonathan Daniel, on 25th March, 2020.
- Mr. J. Yesudass, retired Housekeeping staff, husband of Mrs. Joies Ramani Bai, father of Mr. John Christopher and Ms. Y.D. Reena, Staff Nurse, Department of Ophthalmology, on 27th March 2020.

Let us uphold all the bereaved members of the families in our prayers at this time of grief and loss.

Situations Vacant =

1.Schieffelin Institute of Health - Research & Leprosy Centre, Karigiri - 632 106, invites applications for the following Vacancies :

1(a) Clinical Psychologist

Qualification: Bachelor or Master Degree in Clinical Psychology.

Experience: 0-1 year.

1(b) Staff Nurse

Qualification: DGNM/B.Sc. Nursing

Experience: 1-2 years in Ophthalmic patient care.

Salary commensurate with qualifications and Experience

Candidate can apply with bio-data along with photocopies of certificates send it to address "the Director, SIH-R & LC., Karigiri, Pin - 632 106. or email your updated resume along with the scan copies of all your testimonials to **directorate@karigiri.org** or **personnel@karigiri.org**.

Last date for receipt of applications is April 11, 2020.



Now that I, your Lord and Teacher, have washed your feet, you also should wash one another's feet. I have set you an example that you should do as I have done for you. I tell you the truth, no servant is greater than his master, nor is a messenger greater than the one who sent him.

John 13:14-16

Past, present and future, the Calling prevails ...

An excerpt from Aunt Ida's speech during the first graduation in 1922:

"You will not only be curing diseases, but will also be battling with epidemics, plagues and pestilences and preventing them".

"You will be teaching mothers how to nurture their children so that they will make more efficient reliable citizens to take their rightful places in their nation. The practice of medicine affords scope for the exercise of the best faculties of mind and heart. You must learn to be cool, collected and quiet; to have presence of mind; rapid thought and action in the most trying circumstances. You must learn to have wise judgement in moments of great peril; you must train your tempers until you have complete control, for your



Dr. Ida Scudder with the first Batch of Medical Students

temper will often be taxed by exasperating patients and their friends. You must learn never to betray indecision and worry, for if you become flustered and flurried, you will lose the confidence of your patients. Practice and experience will train you to have firmness and courage. Do not always look for gratitude, for sometimes when you are most deserving, you will get the least. Do not expect too much of your patients, do not betray surprise or be aggravated if you find they are taking medicine from half a dozen doctors. There will be disappointments; your pet theory will be dashed to the ground; your most painstaking laborious work, unsuccessful; there will be cares, anxieties, failures which are very common to the professional life.

There are the valleys into which you descend, but stand up bravely, be true and keep on climbing. Face trials with a smile, with head erect and calm exterior. If you are fighting for the right and for a true principle, be calm and sure and keep on until you win."

The community speaks...

During these uncertain times, the concoction of emotions present are plenty. There is a sense of worry and anxiety which clings in the silence of the empty corridors. Many from our community have given way to their thoughts through poetry and prose. Though many wish to remain anonymous, the thoughts expressed are a reflection of the general mood.

Love in The Time of Corona =



At the time of the SARS Corona Virus pandemic, I was still in school. Never had a clue as to what was happening. I don't even remember which year that was. The H1N1 virus pandemic, I do remember, partly because our class excursion tour for that year was cancelled and our limited edition of excursion thrill was lost for that very year. The take home message that was embossed on me was that the next time a pandemic decides to call on us, it better come before my University exams. That was the year 2009. Now almost 10 years later, a pandemic has united the entire nation

in the time period that I attempt to become a qualified doctor.

As a clinician, I begin to view this from a different perspective, being on the other side of the table; I am not relieved with the dramatic decrease in the OPD numbers. No cheer with the much-needed break from work. How long will this continue, I ask myself? Two days into the country's lock down, I already feel like an imaginative character in a neo noir post-apocalyptic cinema. Feelings of a forthcoming state of dystopia are budding only with in-between remissions of amusements from the growing 'Pundemic' of the existing pandemic.

Rephrasing my own question, how long will I let this continue? What can I do as a medical professional? Can I ask patients to stop coming to the hospital? ... very unethical on my part. But how else do I keep myself safe. I am doctor, I am an asset. I can't let harm befall me. In acknowledgment of my self-imposed interrogation, I quote Dr. Giampiero Giron, "They asked for my availability and I said, Yes. When you decide to be a doctor in life, you get involved. I swore an oath. Afraid of getting sick then it is better not to be a Doctor" (from one of the many forwards in what's app). That does not require any further explanation... I offer to help, to volunteer.

This lock down and the spread of the virus at an alarming rate came all of a sudden and we were unprepared for this disaster. There was no siren. No warning bell before this came upon us unlike Noah who had years to stock up all supplies. We couldn't start gathering up our inventory. It needs time and planning to hoard up for the future and we were unprepared.

As a health worker, does the lock down apply to me? It was my decision to take up this profession; I have dug my own grave. Although there is insufficient equipment for all the staff in the casualty and in the designated special wards, I cannot whine if I chip in and find there are no PPE's (Personal Protective Equipment). I do have to take care of myself. Surely, by making do with the gear that is available and with faith in the Almighty. The danger of exposure is persistent. But that should not hinder me from extending a helping hand. Even a surgical mask should make do. The attitude to support is the pressing priority. Will I be exposed? Yes. The percentage is high. I believe, that shouldn't stop me in any way. Giving my all would be illogical. But I can try, can't I? After all, I am a mortal whether I receive my prophylaxis of Hydroxychloroquine or not.

I could help out in the make shift fever clinic. Help out in casualty at least as a traffic controller, recruiting patients to various departments. I can see patients coming to the OPD who are in actual need. Those that come because they are stuck at home and have come (as they have guessed it correctly) because this is probably the only time, they will be seen fast and sent home early. Those people that I usually scorn. Patients undergoing chemotherapy and kids with uncontainable infectious cannot be ignored without a doubt. They require the feasible care that we can lend them.

I remember the dreadful Monday mornings, when I fantasised the next Sunday to come, so that I could have time for myself, and give myself a mental rest. Now the rest from work is more of a mental torment. The feeling of annoyance because of the break in the routine work is in fact a feeling of impending doom. Will the nationwide lock down continue? In China, the strict nation-wide lock down, brought the number of infected cases down. Those people had groceries delivered to them. We don't seem to have that kind of sophistication here.

If I have been misleading with the title, that was my intention. This is not a love story in the making (wait for the population explosion we are going to have in another 10 months), it is the love that is supposed to come to pass in the time of this pandemic.

- Reflections by a Postgraduate student

— COVID Times —

Written originally for all the interns, postgraduates and faculty of the Department of Medicine

Would it come so close?
Who would have thought?
But it's almost here now
Let's face it
I just don't know
I have to know
I must know

Scarcity Is it a word?

That was meant to be
Lack of PPE, surgical masks N95s
Hand rubs, not enough to go around
How do I protect my students?
And my staff
Can I ask them to work?
Frayed tempers, long phone calls, arguments
They are trying, they have allotted more
But they never reach
What do we do?

It is Time to train, time to prepare
All our PG's and staff
Protocols simulations, practice sessions
When it happens
We have to be ready
The first case, is the test case
We have to be ready

The roads are empty
The hospital has a vacuous look
Admission lists are contracted
The open corridors sans relatives
Tells we are in bandh time
Only patients remain who need to stay
The teams on duty are trying to
cheer each other up

What does surviving mean
At this time I mean
Not just surviving, physically
But in our minds
And thoughts and emotions
In the frontlines and in our homes
We have to draw from the deep end
Stay calm,pull together, love each other

The captain, has to lead from the front
Or so i think
Put fear aside
After all is that not what medicine
Is all about?

Hold strong team
We are by your side
This is once in century event
If we don't have the experience
to handle this
We are not physicians in the
first place

So close your eyes, relax
Think of the person you love
Think of what you would do for them
Do that for the patient you see today
That is love and compassion and
Remember
We are your teachers
We are next to you
We will walk by your side

- Dr. Anand Zachariah, Professor & Head Department of Medicine Unit-I

An Ode to The Surgical Mask



Bits of fabric, blue and white, Sashes four, that hold you tight, Filters that which smites my health, But let in air that turns to breath. Disposable, they called you, then and now, Caste away, in ignoble heaps of waste, Torn asunder, plucked away and flung, When a knot too tight is torn in haste. Two at a time was a fanciful fad, When TB, flu, diphtheria they had, Pawns in a bigger game, you sacrificed and fell, Yet unrecognised and unsung, to be replaced again And yet on that fateful day Corona came, The artful Dodger, you played your endgame. Disappearing from hospitals and shops all at once, Oh surgical mask, without you we are undone! Cruel and ungrateful, avaricious and blind, Hoarding and plundering through the ages of this world, As a people we have failed to be stewards of worth, Dear mask, we have failed you, just like our good earth. Remember, dear mask, if it weren't for you, I'd never realise the world's bid us adieu!

- Reflections by a Postgraduate student

General Announcements

April 05 - April 11, 2020 PRAYERS FOR THE HOLY WEEK

During this special week, let us as a community continue to pray for humanity to be delivered from the uncertainities which lie ahead.

: Memoranda :

- **Dr. Suganthy J,** Professor is appointed as Head of the Department of Anatomy with effect from 28th March, 2020 for a four year term.
- **Dr. Anjali Lepcha,** Professor is appointed as Head of ENT Unit-IV (Otology, Neurotology) with effect from 31st March, 2020 for a four year term.

= Congratulations! =

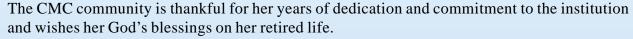
The following participants from Paediatric Neurology were awarded prizes at the 10th National conference of the Association of Child Neurology held at Bangalore on 29th February to 1st March, 2020.

Dr. Narmadham K.B., first year DM student for having secured first place in platform presentation.

Dr. Bidkar Sayli Umakant, first year PDF student for having secured third place in E- poster presentation.

Retirement :

Ms. Y. Nirmala, Clerk-Typist Gr.I, Transfusion Medicine and Immuno Haematology, retired on 5th March, 2020, after 23 years of dedicated service to the institution.





Situations Vacant :

1. Staff II Emergency Care Technician for the Department of Emergency Medicine

Qualifications: B.Sc. (Emergency Care Technician Course) with one year Internship.

Stipend: As per institutional rules.

Please note that only regular mode will be accepted. Correspondence will not be accepted.

Accommodation not provided.

Age limit: 35 years.

Job description: To work in the Department of Emergency Medicine and to do shift duties. Candidates selected will also be posted in the New Campus (Kannigapuram).

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link: "Vacancies". *Note: Only online applications will be accepted; Hard copies will not be accepted.* Last date for submitting applications is April 20, 2020 for Item 1.



Easter Lockdown

"Stay with us, because it is almost evening and the day is now nearly over" Luke 24:29

All of a sudden, things changed drastically in our world. The places we loved to visit are no more attractive to us. The mode of transport which we considered as a sign of status is not the preferred mode anymore. The things which we considered very valuable and important are replaced with ordinary, mundane and simple things. Outward expressions which were once seen as signs of warmth are to be continued no more. All these changes happened simply because of one tiny virus which we cannot even see with our naked eyes.

These shifts occurred both in the towns and the villages, among the young and the old, the rich and the poor, the educated and the uneducated. Due to this unexpected situation, there is fear, anxiety, pain, grief and suffering all over the world. Many have started asking questions on the meaning and purpose of life. What is the future for this world? What is the future for us?

More than two thousand years ago, when two of the disciples going to Emmaus made the request to Jesus, they had similar feelings. They had lost meaning in their lives. Their hope was smashed. They experienced death and grief all around. Somehow, they were not aware of the power of resurrection and the fact that Jesus was already risen. In the midst of this they made a request to Jesus. "Stay with us, because it is almost evening and the day is now nearly over". At the foot of the cross, the followers of Jesus maintained a distance (Luke 23:49). But here in Luke 24: 29 they were asking for closeness with Jesus ('stay with us').

The risen Lord Jesus did stay with them, transformed their minds and their spirits. He re-established the fellowship with them. Later he invited them to look at His feet, touch Him and see Him (24:40). The distance is removed, fellowship is re-established. Their despair was replaced with hope. Their emptiness was replaced with meaning and purpose. Their grief, loss and death were replaced with a bubbly life which even made the timid disciples to proclaim the good news in public.

Will the 21st century experience a resurrection - life coming back? There is an opportunity to invite God back into our lives, into our experiences and thoughts, into our work and study, into our researches and therapies, into our economy and politics, into our art and science. This is an opportunity to invite God to stay with us. In Christ, death has lost its power. In Christ, fear has lost its relevance. In Christ, emptiness vanishes away and is replaced with fullness of meaning and joy.

May the risen Lord Jesus Christ bring life back into Christian Medical College and into all of us during this trying time.

"Stay with me, Remain here with me, Watch and pray, Watch and pray" – Taize lyrics.

- Rev. Arul Dhas Head, Department of Chaplaincy

The custard apples and new life :



The April showers did not fail
The new custard apples have appeared
The pink moon came and went
A tree fell down and blocked the road
The flowers are in full bloom
The ants are hard at work
The coolness and freshness of the morning
Tells us that the world has not stopped the seasons have not changed
There is new life and freshness in every day

The bus rolls along
Empty streets in the centre of the town
Night duty staff returning
Corona leave is the discussion
It is quiet
It is calm
The straggling two wheelers
A few homeless not wearing masks

Not everything is in our control
Rights are trampled
Death is a number in the morning paper
A detail in government statistics
How do we live in these troubled times

And wiser

To live every day well

To live every day safely

To love when it costs

To be thankful for small things

Be humble

Put our pride aside

In giving we receive

Dying, we are born again

Corona teaches us to love again.



Chaldean Syrian Church of the East

Council Members: Most Rev. Dr. Mar Aprem

Bishop Dr. Mar Yohannan Yoseph

Hospital: Mar Timotheus Charitable Hospital, Trichur.

Council of Christian Hospitals

Council Members: Dr. P. Judson

Mr. R. Paul Jai Singh

Hospitals: Serango Christian Hospital

Christian Medical Centre, Pithapuram CBM Bethel Hospital, Vuyyuru Star of Hope Hospital, Aikividu

Congratulations!

Late Professor B.K. Bachhawat, India's first trained Neurochemist, joined the Department of Neurological Sciences in 1958, and developed one of the finest and highly rated Neurochemistry laboratories in both India and the World. For his outstanding scientific contributions, especially in the field of enzymology, Dr. Bachhawat received several honours and awards, including the *Shanthi Swaroop Bhatnagar Award* in 1964. An annual International Scientific Travel Grant of Rs.1,00,000/- has been instituted by his friends and students and is administered by the Christian Medical College to encourage young scientists.

Dr. Mahak Sharma, Associate Professor, Department of Biological Sciences, Indian Institute of Science Education and Research, Mohali and Dr. Kavita Babu, Associate Professor, Centre for Neuroscience, IISc, Bangalore has been selected for the Prof. B.K. Bachhawat International Travel Grant for Young Scientists for the year 2020.

Retirements -

• Mr. V. Ramaswamy, Sr. Hospital Attendant, Department of College Maintenance, retired on 14th January 2020, after 37 years of dedicated service to the institution. His daughter, Mrs. Jayamalini is a Staff Nurse in J Ward and his son, Mr. Vinoth is a Hospital Attendant in Nursing Service (OR Pooling).





• Mr. V. Viswanathan, Sr. Gr.I Artisan (Non I.T.I), Department of Engineering Civil, retired on 1st April 2020, after 27 years of dedicated service to the institution. He has two sons. His eldest son, Mr. Selvaraj is working as an Electrician in RUHSA and his younger son, Mr. Nithiyaraj is doing his Internship as X-ray technician.

The CMC community is thankful for their years of dedication and commitment to the institution and wishes them God's blessings on their retired life.

Obituaries

• **Dr. Jitendra Kumar Maganlal Rathod** (PG alumnus, Cardiothoracic Surgery) on April 6, 2020. Dr. Jitendra Rathod was an associate specialist at the University Hospital of Wales in Cardiff and apart from being an extremely knowledgeable colleague, he was first and foremost the most grounded and simple human being with a heart of gold. He gave his utmost for his patients and was always ready to help anyone anytime without a blink of an eye.



He was described as an "incredibly dedicated surgeon" who cared deeply for his patients and was highly regarded in the medical profession in Wales. He was well-liked and greatly respected by one and all.

He was very compassionate and a wonderful human being. His commitment to the speciality was exemplary.

Unfortunately he fell victim to this dreadful virus, got admitted and succumbed within 72 hours.

He is survived by his wife, Mrs. Sandhya and two sons Amay and Pranav.

For those who would like to get in touch with the family, the contact details of his wife is given below: sandhya.rathod@gmail.com

Let us uphold all the bereaved members of the family in our prayers at this time of grief and loss.

• Mrs. Esther Jegadha, wife of late Mr. P. Ethiraj, retired staff, Electrical Department, on 10th April, 2020. Let us uphold her son, Mr. Dayalan Isaac, Hospital Attendant in Pharmacy Department, daughter Mrs. Victoria Aaron, Hospital Attendant in Medical Records Department and all the bereaved members of the family in our prayers at this time of grief and loss.

Situations Vacant =

1. Computer Terminal Operator (Project Mode) for the Department of Othopaedics - Spinal Surgery Unit

Qualification: Graduate + 6 months computer certificate + 6 months typing certificate.

Languages to be known: English and Tamil. Hindi preferred.

Salary: Consolidated salary as per institutional rules.

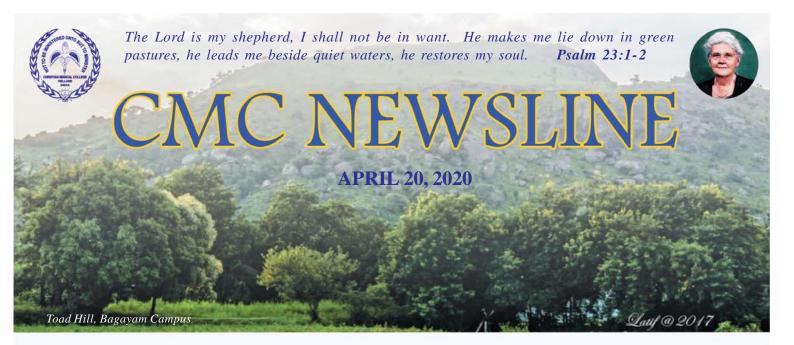
Age limit: 30 years and below.

Requirements : Should have data entry skills and familiar with Excel, SPSS, Epidata and Zotero software.

Preference having previous medical research / project experience.

Conditions: Distance Education will not be accepted. Candidates should have obtained degree from Government recognized Universities.

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link: "Vacancies". *Note: Only online applications will be accepted; Hard copies will not be accepted.* Last date for submitting applications is April 27, 2020 for Item 1.



Reflections on the Calendar

What, then shall we say in response to this? If God is for us, who can be against us? - Romans 8:31



The work – force which holds up CMC today began from this small team of women clad in white.

The picture on the calendar for the month of April is a beautiful depiction of the all-women band of Dr. Ida. They laid the foundation stone and set the example which culminated in the creation of the institution as we know today.

Looking back in to the pages of history, one sees a society in which women were one step away from being labelled as property. It was a universal issue. The women's rights movement, which fought for women suffrage was just in its nascent stage through the 1840's. Tied together with the global setbacks, political limitations and lack of awareness, it was next to impossible for a woman to have a voice of her own, let alone a career in the field of medicine.

It all began in the 1850's when the endless struggles of Elizabeth Blackwell re-wrote the pages of history. She became the game changer, when she relentlessly fought against the system and was finally admitted in to, the then Geneva Medical School. She was the only woman in a class of 150 male students. Her upwards climb in her academics and later, her career, opened the door for women to enter the field of Medicine.

Reflections on the Calendar

In India the institution was bleaker. Then came the Scudder's with a family legacy of missionary work especially in the field of medicine. Thus the game changing began in India; when Dr. Ida encountered the historic 'Three Knocks', where the lives of three innocent girls were ignorantly sacrificed for want of a women doctor. She took this as her beckoning and fought through all barriers and became a doctor. Setting up a medical college, was no easy task either, especially when it was meant for women alone. Co-education was permitted in CMC in 1947 which took the college to a whole new level.

If not for these specific milestones in history, where would we have been now... braving this pandemic alone without the shield of CMC.

What stands true today is the founder's vision and her ardent love towards people. She was always aware that, CMC is not a medical college but the 'Kingdom of God'. When the world is going through turmoils and uncertainties, the 'Kingdom of God' has its own responsibilities. It is up to us to bear the weight of the community on our shoulders and truly live out the motto, 'Not to be Ministered unto but to Minister'. Serving the nation has taken a new turn and CMC is well equipped because of its dedication, integrity and faith. May this ethos never fail and stand tall against the pandemic of 2020 and whatever pandemics or uncertainties the future holds.

> Sunitha Serena Publicity and Information Officer

Food for Thought =

The Invisible

Sweating in noisy power-looms, Endlessly punching out metal washers, Children washing pipes in acid, Dismantling electronic waste, Inhaling toxic fumes of furnaces, Bent over steaming vats of fabric dye, Loading and unloading sacks at godowns, Carrying bricks up rickety bamboo ramps.

Working twelve-hour days with No leave, no benefits, no job security, They hold life and family together precariously. They exist in our midst, keep our cities going, Yet are invisible.

Until

A sudden announcement Brings the nation to a halt – Factories, shops, trains, buses, cars. And with it, their livelihoods too. Not for an hour, not for a day, but For three whole weeks.

There's fear in the air - a new disease.

Desperate thoughts – without a daily wage, what do I do – How do I eat, where do I live?

Will I die in this city, far away from my village?

They, the workers, are invisible,

Until

They start their long walk home.

Without transport, without food, they walk –

The old, the young, the children, the

Pregnant women,

They walk. 20, 80, 200 km.

They walk in the hundreds, in the thousands,
In hundreds of thousands.

And fill our TV screens.

Making some of us squirm,

And leaving some of us worried – what if they spread this new Disease all over the country?

Some do not make it home, and fall by the wayside –
Hunger, exhaustion, heart attack.
We do not know who they are, says an official:
They have no documents with them.

Will they return? When?
When will our cities start functioning again?
Our industries, for whom a
Package has been announced?

Fleeting thoughts, before we wash our hands, And sit down to dinner.

- Dr. Ramani Atkuri, MBBS Alumnus (1981)

April 19 - 25, 2020

Dodd Memorial Library: Dr. Azariah Jeba Kumar I.

Gault Library : Dr. Azariah Jeba Kumar I.

SPECIAL PRAYERS THIS WEEK

Archives : Dr. Reena Mary George and Staff

CSI Madras Diocese

Council Members: Rt. Rev. Dr. J. George Stephen

Dr. J. Jerene Jayanth

Hospitals: CSI Kalyani Multi Speciality Hospital, Chennai

CSI Rainy Hospital

CSI Hospital, Ikkadu and Kancheepuram

Past Events and General Announcements

Events from the Department of Medical Education

The MCI Nodal centre for National Faculty Development, CMC Vellore conducted the MCI Second Phase Curriculum Implementation Support Programme (CISP II) for Curriculum Committee Members and MEU Members of



affiliated medical colleges on 25th and 26th February, 2020. The New Competency Based Medical Education was started in the academic year 2019. The purpose of the MCI CISP II is to prepare and support faculty and medical colleges in planning, implementing and evaluating the new competency based curriculum in Phase II, which is to be implemented from the academic year 2020 through a multi tiered approach. The Curriculum Implementation Support Programme (CISP) was developed by the Expert Group constituted by the Medical Council of India. It provides the much needed intellectual support for colleges for a smooth transition from the existing to the new competency based curriculum.

Sports News

Results of the Founder's Day Staff Sports Volleyball Tournament for the year 2019-2020:

The following prizes were distributed by Er.David Chandran, General Superintendent on 29th February, 2020.

Winners : Department of Cardiothoracic Surgery.

Runners-up: Department of General Pathology.



= Memorandum =

Dr. Inian S., Professor, is appointed as Head of Surgery Unit-III with effect from 13th April, 2020 for a four year term.

— Welcome —

- Dr. Tripti Meriel Jacob, Associate Professor, Department of Anatomy on her return from study leave.
- Dr. Santosh Joseph Benjamin, Professor, Department of Obstetrics & Gynaecology Unit-V on his return from study leave.



COVID - 19 Protocols and Procedures from the World Health Organisation (WHO)

and vegetables in the time of COVID-19?



How should I wash fruit Wash them the same way you would in any other circumstance.

> Before handling them, wash your hands with soap and water.

Then, wash fruit and vegetables thoroughly with clean water, especially if you eat them raw.

#COVID19



No. Regularly washing your bare hands offers more protection against catching COVID-19 than wearing rubber gloves.

You can still pick up COVID-19 contamination on rubber gloves. If you then touch your face, the contamination goes from your glove to your face and can infect you.

#Coronavirus #COVID19

Is wearing rubber gloves while out in public effective in preventing the new coronavirus infection?



How can I grocery shop safely in the time of COVID-19?



When grocery shopping, keep at least 1-metre distance from others and avoid touching your eyes, mouth and nose. If possible, sanitize the handles of shopping trolleys or baskets before shopping. Once home, wash your hands thoroughly and also after handling and storing your purchased products.

There is currently no confirmed case of COVID-19 transmitted through food or food packaging.

#COVID19



Food for Thought

The Pause Button

As we turn as we toss
Our fingers pressed on play
The button saying pause
Is ignored on the way

We are now forced to pause
A virus is widely spreading
Families grappling with their loss
Governments and markets dreading

It is social distancing
That we need to do
And testing, testing, testing
For me and for you

The world is pausing
The air is getting cleaner
And Covid Nineteen is causing
Our planet to go greener

What is important what is not
What is true and what is false
A virus who would have ever thought
Leading us to the One who calls

Dr. Cherian Thomas, 1960

April 26 - May 02, 2020

CHIPS: Mr. Ebinezer Sundarraj and Staff

Community Health and Development: Dr. Vinod Abraham and Staff

Mrs. Rajeswari Siva and Staff

SPECIAL PRAYERS THIS WEEK

United Methodist Church of America, USA

Council Member : Dr. Arvind Roop Kumar

Voluntary Health Association of India

Council Member : Mr. Alok Mukhopadhyay

Vellore CMC Foundation Inc.

Council Members : Dr. Philip T. Ninan

Mr. John Anthony Riehl

Memoranda

- **Dr. Anna B. Pulimood,** Principal, is appointed as Acting Head of Biostatistics Department with effect from 20th April, 2020 until further notice.
- Dr. Kurien Anil Kuruvilla, Professor and Head, Neonatology Unit-II, is appointed as Head of the Department of Neonatology for a period of four years with effect from 25th April, 2020.

Obituaries

• **Dr. John Eric Henry Moody** (former faculty in Dental at CMC Vellore) on 20th April 2020. **Dr.** Moody left Christian Medical College, Vellore, India long before I joined the Department of Dental and Oral Surgery which he founded. However, for almost 25 years, I have worked in this department which is an inheritance from this pioneer and have to longed to meet him personally. My knowledge about him is gleaned through learning about the history of the department and through interviews with those who have known him first hand.



Dr.Moody came to India as a dentist in 1950 to help start the department in response to a request from the Christian Medical College at Vellore. The Medical College had been recently started and required a dental department in order to get its recognition and affiliation to the University of Madras approved. Dr.Moody who had a desire to serve as a missionary in India responded to the request and began his work as a lecturer and dentist in this town in South India. The Medical College has since grown into an institution of international repute providing excellence in the fields of education, service and research.

Dr.Moody began the department with only a treadle drill and a folding chair, making do with whatever equipment was available, but soon built a well-equipped clinic. He lived on a meagre income and with the minimum of conveniences. He trained a local male nurse to be his man Friday – assisting him in surgical procedures, dental hygiene, patient education and laboratory work.

With missionary zeal Dr.Moody not only shared the love of his God with students and staff but also diligently served the local population who spoke a completely different language. He met the dental needs of his many patients with patience and fortitude. He treated a large number of oral surgical cases since there was very limited oral surgical expertise in this part of the country at the time. He pioneered in the treatment of some severe cases of Jaw Osteomyelitis which was very frequent at the time (the early days of Penicillin) and even shared his experiences in a scientific paper (Australian Dental Journal 1958). Some of those insights are still being applied successfully in the department which has a large caseload of Oral and Maxillofacial Surgery and Pathology.

He was a stickler for detail and hygiene. He used his ingenuity and carpentry skills to create cabinets to stock dental materials. His handiwork was visible in the department until recently. Some of his dental work has stood the test of time and lasted more than 50 years in the mouths of some of his older patients who are still alive. He set an example of servant leadership by making time to personally scrub and clean up the clinic once every week. We as a department would like to continue to follow both his standards and example.

He also felt the need to train others so that the clinic would be sustainable. Indian dentists joined the department to train under his experienced hand. Consequently, satisfied that the work would go on lead by local trained talent, Dr.Moody responded to the call to move on.

I understand that this selfless pioneer went on to serve at the Kugler hospital (a mission hospital) in Guntur and also to work as an evangelist to the students of various colleges in the North East of India. During his stay in Vellore he was instrumental in starting the Evangelical Union in Vellore and along with other pioneers began a nationwide movement which has been a great blessing to several generations of students. Some of the students whom he touched through his life and witness still recall the transforming influence he had in their lives. They have in turn been true disciples sharing the message of love to others.

From its humble beginnings initiated by this indomitable spirit, the dental clinic is now a major department of more than 50 staff providing specialty care to patients from across the country. The spirit of service as a witness to the love of Christ continues to minister to the poor and needy. The department also provides dental postgraduate training.

In summary, Dr. John Moody stands out a selfless servant of God who pioneered in challenging new areas contributing much to science, service to the needy and the building up of both institutions and people. He was able to excellently integrate the spiritual world of faith with the secular world of profession. We have yet to know the full extent of his quiet but remarkable influence in our country.

We, in the dental department CMC, are very happy to acknowledge that we are inheritors of a marvellous legacy left to us by Dr. John Moody. Such men deserve to be honoured both here and in the hereafter. I am privileged to support the nomination of Dr. John Eric Moody for the Order of Australia.

A tribute by Dr. Rabin Chacko, Professor and Head of Unit-I, Department of Dental and Oral surgery

• **Dr. Santhappa Manuel** (MBBS batch of 1961) on the 20th April, 2020. Dr. Santhappa Manuel joined the Swedish Mission Hospital, Tirupattur in 1968 where he grew up as a boy where his father served as the director of the hospital. Later he joined ETCM, Kolar following which he did MS, General surgery in MMC, Chennai.

Dr. Santhappa Manuel's association with Siloam Medical Mission (SMM) started in 1974 and he continued to work there till he passed away these 41 years was by no means a 'cake walk' but intercepted with events as jolting as a bomb explosion! Yet through all of all these, the Lord had preserved him.

After Dr. Santhappa joined SMM, the patient load picked up from around 20 to 100. Initially a pressure cooker was used to sterilize the instruments due to lack of funds. He was very passionate about the monthly free clinic that he conducted in a village about 100 kms from his home. He was very committed to this service and would not cancel or even post-pone the clinic for any reason.

"He was a humble gentleman, a true Christian who served till the very end and a good friend, He will be sorely missed" were the words of one his classmates. His classmates remember him for the full hearted laughter which they said was his unmistakable trademark.

He leaves behind two daughters Dr. Sujana and Dr. Nisha. For those who would like to get in touch with the family please contact his brother Mr. Rudra Manuel at Tel No: +91 9844312265.

Our thoughts and prayers are with the bereaved members of the family at this time.

• Mrs. D.P. Navaneetham, retired staff in Staff Nurses Hostel wife of late Mr. D. Pushpanathan, retired Boiler Operator, on 22nd April, 2020.

Let us uphold her son Mr. Christopher, Artisan, Mechanical Engineering Department, daughter-in-law Mrs.Geetha Christopher, Staff Nurse, OR Department and all the bereaved members of the family in our prayers.

——— Situations Vacant —

1. Senior Resident with M.D. (Microbiology) for HICC under M.S. Office

Salary scale: As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

2(a) Assistant Professor with **M.Ch.** (**Trauma Surgery**) or **M.S.** (**General Surgery** / **Orthopaedics**) with 2 years experience in Trauma for the **Department of Trauma Surgery**

Salary scale: As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

2(b) Senior Resident with **M.S. (General Surgery / Orthopaedics)** for the **Department of Trauma Surgery** Age limit: <45 years. Salary scale: As per institutional rules.

Accommodation provided (Partly furnished, depending on availability).

3. Senior Resident with M.D. (Pathology) for the Department of General Pathology

Age limit: <40 years. Salary scale: As per institutional rules. Accommodation provided (Subject to availability). Initial appointment will be as Senior Resident for one year and can be upgraded to Assistant Professor in the 2nd year (as per the latest MCI guidelines).

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore - 632 002, email: princi@cmcvellore.ac.in on or before May 02, 2020 for Item 1 May 09, 2020 for Item 2(a), 2(b) and May 10, 2020 for Item 3.



Dr. Ramani Manoj Kumar Retires



Dr. Ramani Manoj Kumar, Physician, Department of General Pathology superannuated on 14th March, 2020 after 12 years of exemplary service to the institution. Dr. Ramani graduated from Calicut Medical College, Kerala in 1985 and joined CMC in 1986. After a brief stint in Anaesthesiology, she joined the Department of Pathology in March 1987 and completed her postgraduation in 1991. She remained on the faculty of Pathology and Forensic Medicine, CMC Vellore until 1993 when she moved to the UK and became a Member of the Royal College of Pathology in 1997 and a Fellow in 2005. She worked in the UK from 1994 to 2008. The last 10 years in the UK were as a Consultant Pathologist at the Hull Royal Infirmary, She also served as Head of the Department of Pathology at the Hull Royal Infirmary, from 2003 to 2006. Her areas of expertise included Urological Pathology and Perinatal Pathology.

Dr. Ramani and her husband decided to relocate to India in late 2007 to fulfill commitments to their respective families. The Department of Pathology, under the headship of Dr. Anila Korula was delighted to have Dr. Ramani rejoin. On her return to Vellore in November 2008, she covered services not only in Urological but also in Gynecological Pathology and contributed to both undergraduate and post graduate teaching. She went on to develop a good rapport with the clinicians in both these specialties and was actively involved in the multidisciplinary meetings of both these groups. She was greatly respected and admired by her clinical colleagues and was also an active participant at several national conferences and CMEs. She was the organising secretary of the update in Uropathology in 2017, organised by the Department of Pathology, CMC Vellore and was the course coordinator for PG Diploma in Histopathology from 2009 to 2012. She also served as the Quality Manager for the Department of Pathology for nearly a decade and played a major role in both the NABH and NABL accreditation. Dr. Ramani was the Vice President of the Alumni Association, CMC Vellore from 2014 to 2018.

Apart from her professional expertise, her equanimity and humility endeared her to everyone in the department. She had a very good rapport with all the trainees and faculty and her home was open to all of them. Dr. Ramani's husband, Dr .Manoj Kumar, a psychiatrist is also an alumnus of CMC, Vellore. On his return from the UK Dr.Manoj Kumar founded the Mental Health Action Trust (MHAT) in 2008 in Kozhikode—an organization that works on a novel decentralized model to provide mental health care to the rural populace.

As she starts a new phase in her life, the CMC community thanks her for all her contributions to the Department and Institution, and wishes her the very best for all her future endeavors.

World Hearing Day



World Hearing Day which falls on 3rd March, 2020 was celebrated on the 7th March, 2020 by the Department of ENT Unit-IV and Audiology. The theme this year was "Hearing for Life- Don't Let Hearing Loss Limit You". The programme began with a word of prayer by Rev. Paul followed by introduction of the theme by Dr. Anjali Lepcha, Head of ENT Unit-IV and inauguration by the Dr. Winsley Rose, Director representative. Dr. K.P.P. Abhilash from Medical superintendent's office also graced the occasion. Dr. Ajoy Mathew Verghese, Head of Department of ENT gave the inaugural address following which doctors of ENT Unit-IV gave a free ear check

and counselled the public about awareness of hearing loss and tinnitus. Audiology staff, students and interns demonstrated hearing aid use, early detection and rehabilitation of babies born with hearing loss and advanced treatment of hearing loss including cochlear implants and bone anchored hearing devices. Several informative slogans and 3-D models regarding hearing preservation were displayed. Dr. Rupa Vedantam, Professor, ENT Unit-III and Dr. Mary John, Professor, ENT Unit-II were the judges for the slogan and model competition in which Dr. Y. Mounika Reddy, Implant fellow and Dr. Srividya, Audiovestibular fellow won the first prize for model making.

The first Primer on Paediatric Renal Transplant and Immunology workshop held from 5th to 7th March, 2020 was supported by the International Society of Paediatric Nephrology (IPNA) and the International Society of Nephrology—The Transplantation Society (ISN-TTS) Sister Transplant Centre programme. The delegates included residents, fellows and practicing paediatric and adult



nephrologists. The meeting started with a renal transplant immunology workshop conducted by Dr. Dolly Daniel, Head of Transfusion Medicine and Immunohematology. The topics included immunological monitoring, basics of HLA, algorithms to management and discussions on interesting cases. The meeting was highly informative and appreciated by the 75 delegates who attended the workshop.



The primer course was a 2-day scientific event which covered topics of pre-transplant work up, immunosuppressant post-transplant care, transplant in special situation, ABO in compatible and paired donor transplants and infections post-transplant. Innovative topics included, palliative care in kidney disease, ethical issues in renal transplant and donor selection and long term outcomes in donors. The highlight of the course included a session on deceased donor transplant and organ donation. The inaugural function was held at the end of the first day's session. Dr. Indira Agarwal, Organizing Secretary gave the welcome

address. The dignitaries on the dais were welcomed by renal transplant recipients aged between 7 and 13 years. The course was inaugurated by Dr. Nihal Thomas, Assoicate Director, Chittoor Campus, Dr. Anna Pulimood, Principal, Dr. Ebor Jacob, EB Member, IAP North Arcot District and Dr. V. Tamilarasi, Former Head of Nephrology Department. The teaching course book was released by Dr. V. Tamilarasi.

Continued on Page 3 2**

The course had a very enthusiastic response with a total of 120 delegates from remote parts of India including Srinagar and Arunachal Pradesh and International delegates from Sri Lanka and Nepal. International faculty included Dr. Dechu Puliyanda, Director of Paediatric Nephrology and Transplant Immunology, Cedar Sinai Medical Centre, LA-CA, Dr. Roshan George, Assistant Professor, Division of Paediatric Nephrology, Emory University and Children's Healthcare of Atlanta, Georgia and Dr. Basu Gopal, Transplant Nephrologist, The Alfred Hospital, Associate Professor, Monash University, Melbourne, Australia. Dr. Chacko Korula Jacob, Former Head of Department of Nephrology who spoke of the past, present and future of paediatric renal transplant and Dr. Georgi Abraham, Head of Department of Nephrology, Madras Medical Mission who spoke of deceased donor transplant were the other eminent speakers.

This meeting, the first of its kind was greatly appreciated for the high quality of scientific content by all the delegates. The Paediatric Nephrology would like to thank the intramural faculty from Nephrology, Urology, Transfusion Medicine and Community Health who delivered talks of the highest quality and supported the meeting. The Tamil Nadu Dr. MGR Medical University awarded 30 CME credit points for the programme.

= May 03 - 09, 2020 **=**

Nursing Superintendent's Office: Dr. Premila Lee and Staff

CSSD: Mrs. Florence Ponnie and Staff

Staff Nurses Hostel: Ms. Amirtha Renjitham and Staff

Christian Nurses League of CMAI Council Member: Ms. Jancy Johnson

SPECIAL PRAYERS THIS WEEK

CMC Ludhiana, Punjab

Council Member: Dr. William Bhatti

CNI Nagpur Diocese

Council Members: Rt. Rev. Sharad Y. Gaikwad

Mr. Sunil Jonathan

Hospital: Mure Memorial Hospital, Nagpur.

Obituaries

• Mrs. Mary Jasper, retired teacher of erstwhile Vidyalayam, Wife of late Rev. J.S. Jasper, former Chaplain, on 25th April, 2020.

Let us uphold her son Mr. Durai Jasper, PRO, CMC, daughter-in-law Mrs. Sheela Durai, Professor, College of Nursing and all the bereaved members of the family in our prayers.

• Mrs. Nancy Samuel, Mother of Mr. Jesan Elija Rajendran, Department of Staff Pharmacy on 28th April,

Let us uphold her daughter-in-law, Mrs. Deena Jesan, Staff Nurse, grandson, Mr. Jerome Allan, granddaughter, Ms. Jerusha Joanna and all the bereaved members of the family in our prayers.

• Mr. Louis Gnanasekaran, husband of Mrs. Pushpa Louis, retired Sel.Gr. Social worker, Public Relations Office and father of Mrs. Preeti Tabitha Louis, Sr. Demonstrator, College of Nursing, on 29th April, 2020. Let us uphold his wife, Mrs. Pushpa Louis, brother-in-law Mr. Mathew Asirvatham, retired Training Officer, RUHSA Department and all the bereaved members of the family in our prayers.

Situations Vacant =

- 1. Senior Resident with M.S. (General Surgery) for the Department of General Surgery Unit-III Salary scale: As per institutional rules. Accommodation provided (Partly furnished, depending on availability).
- 2. Senior Resident / Assistant Professor with M.S. (General Surgery) for the Department of General **Surgery Unit-I**

Experience: Should have at least one year teaching experience as (Asst. Professor) in any MCI recognised teaching institution for applying for Assistant Professor job. Age limit: <40 years.

Salary: As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

Situations Vacant

3. Senior Resident with M.D. General Medicine / DNB with 1 year experience for the Department of General Medicine Unit-III

Salary scale: As per institutional rules.

Accommodation provided (Partly furnished, depending on availability).

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore - 632 002, email: princi@cmcvellore.ac.in on or before May 09, 2020 for Item 1, 2 and May 16, 2020 for Item 3.

4. Social Scientist (NM) - 1 Post for the Department of Infectious Diseases

Job Code : 1331

Qualification: M.Sc. / M.Phil / Ph.D / in Psychology, Sociology and Social Work.

Description: Preference will be given to candidate with previous experiences in the above field.

Mode of appointment: Project mode.

Download application from this link: http://www.cmch-vellore.edu/→General →Vacancies →Application Form for Project Staff. The print out of the application with certificates and testimonial copies should be sent to the Principal, Christian Medical College, Bagayam, Vellore-632 002 on or before May 11, 2020 for Item 4. Note: Please mention the Job Code in the application form. Applications without Job Code will not be accepted.

5. Staff III Medical Lab. Technician (Project) for the Department of General Pathology

Qualifications: Bachelor's in Medical Laboratory Technology (B.Sc. MLT) with one year Internship.

Salary: Consolidated pay.

Accommodation not provided. Age limit: 35 years.

Please note that only regular mode will be accepted. Correspondence will not be accepted.

Job description: To work in project mode in the Department of General Pathology.

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link: "Vacancies". *Note: Only online applications will be accepted; Hard copies will not be accepted.*Applications will close on May 11, 2020 for Item 5.

6. Schieffelin Institute of Health - Research & Leprosy Centre, Karigiri-632 106 invites applications for the following posts of :

6(a) Tutor (Medical Sociology).

Qualification: B.Sc. Medical Sociology.

Experience: Preference to candidate with teaching experience.

6(b) Clinical Psychologist.

Oualification: MA/M.Phil. (Clinical Psychology). Experience: 0-1 year.

6(c) (Leave Vacancy) : **Staff Nurse.** Qualification : DGNM/B.Sc. Nursing.

Experience: 1-2 years in Obstetrics & Gynaecology Care.

Salary commensurate with qualifications and Experience.

Candidate can apply with bio-data along with photocopies of certificates send it to address the Director, SIH-R & LC., Karigiri, Pin - 632 106, or email your updated resume along with the scan copies of all your testimonials to **directorate@karigiri.org** or **personnel@karigiri.org**

Last date for receipt of applications is May 09, 2020 for Items 6(a), 6(b) and 6(c).

Special Issue

One hundred and twenty years ago, Robert Schell died on May 08, 1900



'It would be quite impossible to make suitable mention of his beneficences, since he would allow no trumpet to be sounded before him. Not even his own left hand could have invoiced what was done by his right.

The giving of a Missionary Hospital in memory of his wife was one of the last of his numberless charities.'

A Legacy of Love

Robert Schell was born in Rhinebeck, Dutchess County, New York in 1815, the year that John Scudder qualified as a physician. Four years later, the young Dr. John Scudder left his medical practice in New York to become a medical missionary. A few days after John Scudder and his wife Harriet disembarked in Calcutta, they lost their only child, two-year old Maria to cholera. Back in America, the same year, Mary Taber was born.

In 1850, Mary Taber married Robert Schell, a partner in a successful firm of New York jewellers. In 1872 Schell was appointed President of the Bank of the Metropolis, a post he held with integrity and distinction,

'giving to this Bank, for more than a quarter of a century, the benefit of great business experience, a natural aptitude for the business of a bank, and still more, the inestimable advantage that is derived from a character which knew only how to do the right without regard to the expedient, and in whom commercial honesty and honor were an instinct.'

Robert Schell was a generous donor giving to individuals in need, to the church, to hospitals, universities, and societies,

'I am sure no one knows how constantly and liberally he gave to advance the cause of Christ, and to help every honest and wise endeavor to promote the welfare of his fellow-men. He gave not so much out of a large purse as out of a large heart; he gave joyfully as well as from a sense of duty.'

The death of his wife in 1896,

'was like the putting out of the light of his eyes. To the last he gathered the flowers which she loved, and was heard sobbing for her in the middle of the night.'

Robert Schell was an 83 year-old widower when John Scudder's granddaughter Ida came to live in the neighbourhood. Ida had moved from the Woman's Medical College, Philadelphia to do her final year of medical studies with the first co-educational class at Cornell.

She was offered a home in New York by Katherine van Nest who lived at 45, West Fifty-Sixth Street, not far from Robert Schell's residence on 33, West Fifty-Sixth Street. Ida's hostess was a member of the Woman's Board of Foreign Missions of the Reformed Church in America, the organization that funded the work of the women missionaries of the Reformed Church.

Ida completed her medical training, passed her final examinations, and prepared to sail in November 1899. The Woman's Board had appointed her to work with the *zenana* women in the town of Arni, south of Vellore. Ida would live with her missionary parents in Vellore at the Mission Bungalow on Arni Road.

The young Dr. Ida had not made any plans to build a hospital or a training institution. A few weeks before she was start on her journey as a medical missionary, the Woman's Board received a letter from India.

...last October a letter from our Arcot Mission was read, which stated that, in the opinion of the Mission, the time had come for a Woman's Hospital to be established at Vellore.

The proposal was made by Dr. Louisa Hart, who worked in the Arcot Mission's hospital at Ranipet. The request came at a difficult time. Finances were tight. In New York, the main Board of Foreign Missions of the Reformed Church in America was cutting jobs and cancelling new projects. The Woman's Board had managed to continue funding their existing staff, but a large new venture was daunting.

'This would mean a large amount in excess of what we had ever raised, and we could not see our way clear for such an advance. At last it was decided to ask for Divine direction, and earnest prayer was offered that, if the work was of the Lord's appointing, it might be made very clear to us.'

Ida met Robert Schell and pleaded the cause of young women dying in child birth. In memory of the woman he had loved, the elderly Robert Schell gaveIda all that she had asked forand more- a gift that would cover the cost of the land, the building, and the equipment for a hospital to be named after his wife.

'Before the month passed a gift of ten thousand dollars was given, and the "Mary Taber Schell Hospital" seemed to come fresh from the Father's hand. This gift is to hold in loving remembrance a dear, gentle Christian woman, whose husband raises this monument as a tribute to her memory.'

It was one of the philanthropic acts of his life. A few months later, when the Woman's Board met on May 8, 1900 for their 26th Anniversary celebrations, they learnt that Robert Schell had died at his residence that morning.

'Mr. Robert Schell, the forwarder of every good work, the friend whose generosity has made possible the realization of our dreams of a hospital at Vellore, had gone to his eternal rest. We could have wished that his life might have been spared to see the completion of this crowning benefaction, but there is One whose judgment is higher than ours, and to His will we bow in humble submission, believing that "He doeth all things well."

Robert Schell died before foundation stone for the Mary Taber Schell Memorial Hospital was laid. But his gift became the foundation on which the Christian Medical College, Vellore was built- the birthplace of our medical and nursing schools. In 1932, when Ida spoke at the inauguration of the medical school campus she said,

'As we meet here today to open these buildings and consider the growth of the medical work our thoughts turn back to the birthplace of the Vellore Medical School and we must visualize the Mary Taber Schell Hospital erected in 1901 by a New York Banker in memory of his wife. Those who were in charge there, began to realize more and more, as the exigencies of the work increased, the tremendous need of India's womanhood for medical treatment- a need that could only be met by the training of her young women to go out into the cities and mofussil as doctors.'

Without the busy, short-staffed Mary Taber Schell Memorial Hospital, Ida might not have come to realize the urgent need to train Indian women as doctors. Without Ida's own charisma, leadership, and perseverance, the medical school might not have come into existence.

Robert Schell, the wise banker, who saw a worthy cause, and saw potential in a newly minted 'Dr. Ida', would have rejoiced in the remarkable returns of his investment of love.

Reena George, CMC Archives

Sources

In Memoriam: Robert Schell

One Step at a Time

The Twenty Sixth Annual Report of the Woman's Board of Foreign Missions of the Reformed Church in America



Dr. Aruna Nitin Kekre Retires



Dr. Aruna Nitin Kekre, Professor of OG Unit-II retired on 16th April, 2020 after 35 years of dedicated service to the institution. Dr. Aruna was born and brought up in Nagpur, Maharastra and did her MBBS and MD (OG) from Government Medical College, Nagpur.

She joined CMC Vellore, Department of OBG as faculty in 1987. She served the Department as Professor from 1996 until superannuation and was the Head of the Department from 2004 to 2008 and Head of OG Unit-II from 2010 to 2014.

In 2010, Dr. Aruna along with other senior faculty, played an important role in the expansion of the department, into five units with subspecialisation. She also played a pivotal role in the setting up of the female continence clinic and

the menopause sub speciality clinics which provides focussed care in underdeveloped areas of women's health. During her study leave in Ohio and North Carolina, USA, she trained with experienced urogynecologists gaining expertise to further develop the subspecialities in her department. She has organised several workshops and CMEs in these disciplines.

She has been actively involved in ensuring high standards in patient care and training of both undergraduates and postgraduates in CMC and other institutes through lectures and clinics. She has presented at various international and national conferences and has several publications to her credit.

She is much sought after as an undergraduate, postgraduate, DNB examiner and as a faculty in many national conferences and workshops. She is a passionate teacher and is well known for her clear guidance. Dr. Aruna been a mentor to younger colleagues encouraging them in their pursuit of academic excellence and research.

Dr. Aruna is married to Dr. Nitin Kekre Professor of Urology and former Head of the Department who has continued to contribute to the department even after his retirement. They have two daughters Avantika a marketing professional, who is settled in the UK and Nivedita, a graphic designer who is in the USA. Dr. Aruna and Dr Nitin are blessed with a grandson.

The Department thanks Dr. Aruna for her commitment as a dedicated teacher, clinician and researcher. The CMC family is thankful for her years of dedication and commitment.

Be Still and Know... A Prayer =

Dear Lord, it's time to just come into your presence, quietly. Your are a God who cares, who knows everything, who sees everything, who loves irrespective.

You see the woman working hard to keep the home clean and nourished. You see her putting family first and herself last. Your care when she is not treated right. Give her strength. Give her good health. Give her joy.

Let her be still... and know...

You see the man working hard. Your see the man frustrated. You see the man helpless without a job. You see his heart and the pain of not being able to





Let him be still and know...

You see the healthcare fraternity in all its glory. You see their sacrifice. You see their commitment. You see their heart of service. You care when they are stretched. You see their tears. You feel their fears. Give them strength. Give them courage. Give them everything they need... don't hold back. Help them in all their busy work to,

Be still and know...

You see the children. You love them. You want the best for them. help them see your heart of love. Help them look for the rainbows. Help them to see the best in themselves and in the world. Help them to,

Be still and know...

You see a hurting world. You see their anxiety of uncertainty. You see their grief of losing a loved one. You see our elders wanting to give us hope. You see the leadership struggling to balance decisions. You see the experts take on the virus and all the challenges it presents. You see the cascade of chaos. You see clenched fists of frustration. You see open palms of resignation. You see anger driven bruises both outside and inside. You see. You care. You love. Help us to know this. Help us to see you. Help us to feel your presence. Help us to know that we will prevail. Help us to look for the hidden happiness in every situation. Help us to pass on the joy. To renew. To rebuild. To trust.

Help us to be still and know. Know you are God. Amen.

Dr. Priya John (nee Macaden) MBBS batch of 1990

May 10 - 16, 2020

SPECIAL PRAYERS THIS WEEK

Department of Medicine:

Dr. Thambu David Sudarsanam and Staff

Dr. Anand Zachariah and Staff

Dr. Samuel George Hansdak and staff

Dr. Sowmya Sathyendra and Staff

Dr. I. Ramya and Staff

Dr. Shirley David and Staff

Geriatric Medicine:

Dr. Surekha Viggeswarpu and Staff

Dr. Shirley David and Staff

Clinical Immunology and Rheumatology:

Dr. John Mathew and Staff

Medical ICU and HDU:

Dr. Binila Chacko and Staff

Dr. Shirley David and Staff

Clinical Epidemiology Unit:

Dr. Thambu David Sudarsanam and Staff

Acute Medicine: Dr. K.P.P. Abhilash and Staff

CSI North Kerala Diocese

Council Members: Rt. Rev. B.N. Fenn

Dr. Jairaj Periyan

Hospital: CSI Mission Hospital, Codacal and others

Obituaries

• **Dr. Leila Shahani** (nee Pillai) (MBBS batch of 1945) on 2nd May, 2019 (last year). She joined CMC in the year 1945. After completing MBBS from Vellore, she did her Diploma in Maternity and Paediatrics from Medical College, Kolkata and completed the course by receiving a gold medal.

Dr. Leila Shahani married her childhood friend, an army officer, Major General Raj Kumar Shahani. She pursued her career in the areas he was posted. She served in various army hospitals. Dr. Shahani used to share stories of her life at CMC which perhaps were the most exciting and meaningful years for her, of learning under esteemed extra ordinary doctors, each with admirable qualities who gave her values and principles which she lived by and passed on to her children. Some of the doctors who she was greatly influenced and impacted by were Dr. Ida Scudder, Dr. Theodore Somervell, Dr. Hilda Lazarus, etc.



According to Dr. Leila Shahani, Dr. Scudder was a very warm and compassionate lady. During one Christmas holiday Dr. Leila could not go home and stayed back in the hostel. Dr. Scudder realized that she would be homesick, and so she used to call her over for tea and would have the most delicious spread of cakes, scones, sandwiches and delicacies. Those times of tea with Dr. Scudder were very special, which she cherished all her life.

Dr. Somervell was her hero. She used to narrate an incident when there was a major train accident near Vellore and the medical students had to go to help. The train's coaches were overturned and there were heart-rending cries of the injured. The students and doctors did their best to remove the trapped victims and give them medical aid. There were many who needed intravenous saline and the stock they had was running out. Dr. Somervell looked steadily at the coconuts growing along the railway tracks and told the students to break the coconuts and use them instead of the saline and administer it intravenously. He explained that coconut water is identical to human blood plasma. This aided and helped save lives. He believed that whatever you do, you should do it to the best of your ability, which Dr. Leila used to keep telling her daughters.

Dr. Hilda Lazarus was the Principal and a great teacher. She inspired Dr. Leila with her leadership and great administrative skills. Dr. Leila Shahani has 2 daughters and 1 son – Gayatri, Sameera and Kartik.

For those who would like to get in touch with the family, the contact details of her daughter Mrs. Gayatri Shahani are given below: Mrs. Gayatri Shahani, C512 Triveni Apartments, Sheikh Sarai Phase 1, New Delhi 110 017. Mobile: 9999889531 Email: shahanigayatri@gmail.com

Our thoughts and prayers are with the bereaved members of the family at this time.

• **Dr. J. Prakasa Rao** (PG alumnus, Physiology), former Professor and Head of the Department of Physiology, on the 6th of May 2020 in Vishakapatnam. He graduated from the Guntur Medical College, Andhra Pradesh, and joined Christian Medical College, Vellore, in the year 1969, as a post graduate student in Physiology, and later



became a part of the faculty. He was a great teacher and extremely popular with the students who remember him fondly over the generations. He won the 'Best Teacher Award' in the year 2006. He was a wonderful person, a great inspiration and role model to his younger colleagues whom he mentored assiduously. His loving nature and caring attitude will always be remembered. His wit and aphorisms have become part of the CMC Vellore.

Dr. Rao was a scientist, a researcher, with a curiosity to find solutions to problems, answers to questions by designing experiments and testing them out. His penchant for

research continued even after retiring from CMC and he has several publications to his credit. He was an inspiration to his students, past and present, with each of whom he continued to keep in touch. The Physiology community has lost a great soul, a great personality.

His research interests included intestinal phosphate transport, action of ADH on transepithelial membrane transport (in a frog skin model) and mechanism of action of an organic solvent Pyridine, on the frog heart. He has supervised six Ph.D students. He delivered the prestigious A.D. Kenny Memorial Lecture at the Texas Tech University, U.S.A. for the year 2005 and also the J.N. Maitra Memorial Oration at the annual meeting of the

Physiological society of India (2005). sHe received the Dr. R.M. Kasliwal award for his research work (2001-2002). He was a member of the South Asian Advisory Board for Guyton's Textbook of Physiology and was on the Board of Studies, NIMHANS, Bangalore. In addition to his outstanding contributions in his own field and in his department, Dr. Rao served the wider institution as Registrar of the college and as secretary of the Governing Council of CMC.

His wife, Mrs. Swarna Rao who was the Principal of Vidyalayam School, was equally loved by the teachers and children. Their elder son Nitish is working in Canada and the younger son Dinesh in Australia.

We thank God for his life and service. Our thoughts and prayers are with the bereaved members of the family at this time. For those who would like to get in touch with the family, the contact detail of his wife is given below: Email: **swarnara.rao@gmail.com** Mobile: +917396538894.

- Shri. K.V. Shanmugam, father-in-law of Mr. T. Nanda Kumar, Assistant Manager and Acting Head, Department of Internal Audit, on 5th May, 2020.
- Ms. Kanaga Pokkisham, Alumni (Batch of 2012), College of Nursing, on 7th May, 2020.

Our thoughts and prayers are with the bereaved members of the families at this time of sorrow and loss.

= Situations Vacant =

1. Senior Resident with DNB / M.S. (Orthopaedics) for the Department of Orthopaedics Unit-II

Age limit: <40 years. Salary scale: As per institutional rules.

Accommodation: Provided (Partly furnished, depending on availability). Experience: Atleast 1 year post DNB/MS.

Erratum: **2. Assistant Professor** with **M.S.**(**General Surgery**) for the **Department of General Surgery Unit-III** Experience: Should have at least one year teaching experience as (Asst. Professor) in any MCI recognized teaching institution for applying for Assistant Professor job.

Age limit: <40 years.

Salary scale: As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

Applications with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address should be sent by post to The Principal, Christian Medical College, Bagayam, Vellore – 632 002 or email to: **princi@cmcvellore.ac.in** on or before **May 09, 2020** for Item 1 and **May 16, 2020** for Item 2.

3. Junior Research Fellow (2 posts) for the Department of Haematology Job Code: 1332

Qualification: M.Sc. Life Science, Candidates with CSIR / UGC / ICMR / DBT Fellowships will be given preference. Salary: As per fellowship / DBT Guidelines.

Mode of appointment: Project mode.

Project duration: On project mode with yearly renewal. Accommodation not provided.

Download application from this link: http://www.cmchaematology.org/

The print out of the application with certificates and testimonial copies should be sent to either by soft copy Email to: haemedu2@cmcvellore.ac.in or by hard copy address to The Principal, Christian Medical College, Bagayam, Vellore – 632 002, Tamil Nadu, on or before May 23, 2020 for Item 3.

Note: Please mention the Job Code in the application form. Applications without Job Code will not be accepted.

- **4.** Applications are invited for the following posts for the **CMC Vellore Chittoor Campus**
- 4(a) Senior Resident / Assistant Surgeon / Assistant Physician / Associate Surgeon / Associate Physician / Surgeon with MS / MD / DNB / DGO in Obstetrics & Gynaecology
- 4(b) Senior Resident / Assistant Professor / Assistant Physician / Associate Professor / Associate Physician / Professor / Physician with D.Ch / MD / DNB in Paediatrics
- 4(c) Senior Resident / Assistant Physician / Associate Physician / Associate Professor / Physician with MD / DNB in General Medicine

Salary: As per institutional rules.

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link: "Vacancies". or Log on to the http://www.cmcvellorechittoorcampus.ac.in Link: "Career" or email to: dir.chittoor@cmcvellore.ac.in with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address. Applications will close on May 25, 2020 for Items 4(a), 4(b) and 4(c).



On Handwashing

Twenty seconds
Happy birthday twice
Seven steps correct order
Better get it right.

Soap and water
Or hand wash
To protect us from
The deadly you-know-what.

Hands that share
Their hard earned skills
Hands that soothe
Help the ill.

Wondering what Pilate thought
As his hands he washed
Heinous act of history
Abdicated responsibility

Our loving Saviour in contrast Hands-on Till the last.

Never washed His hands
Off the crowds that pressed in
Never said no
My hands are aching



Those hands healed the broken
Calmed the distraught
Dead raised to life
Kingdom values He taught.

At Calvary those hands pierced with nails
Bloodstained
Lifeless and pale.

But that's not
The end of the story
Those resurrected hands
Will welcome us into His glory.

So as we wash our hands today Let's extend His love and care To the ones in need His sheep to feed.

> By **Dr. Lisa Choudhrie** Alumnus CMC Ludhiana

The Department of Nephrology Observes World Kidney Day

The Department of Nephrology celebrated World Kidney Day on 12th March, 2020, under the theme, 'Kidney Health for Everyone Everywhere – From Prevention to Detection and Equitable Access to Care'. Various activities were organised through the weeks preceding the World Kidney Day. In keeping with the theme which highlighted the importance of preventive interventions to avert the onset and progression of kidney disease, poster and quiz competitions were held, which saw active participation from staff and students.

To spread the message of preventive aspects of kidney disease, a health education programme was conducted for the students of Sunbeam School and Voorhees College. The programme included talks by doctors, a play and puppet show by the staff and students of the Department of Nephrology which was well appreciated by everyone. A slogan competition was also held for the students of Voorhees College, which saw about 35 entries.

The programme on 12th March 2020, was inaugurated by the Chief Guest, Dr. Lionel Gnanaraj, former Medical Superintendent of CMC and Professor of Urology. Rev. Lalbiak Sanga, Chaplain led the programme in prayer following which Dr. M.J. Paul, Associate Medical Superintendent, Dr. Antony Devesia, Professor of Urology, Dr. Vathsala Sadan, Dean, College of Nursing, Dr. Santosh Varughese, Head of Nephrology, Mrs. Shalini Chandran, Additional Deputy Nursing Superintendent and Dr. R.V. Deepthi, Assistant Professor, Paediatric Nephrology addressed the gathering. Prizes for the various competitions were awarded by the Chief Guest.

A free health screening for general public was held throughout the day, which saw around 500 people being screened for high blood pressure, diabetes, obesity and proteinuria. Various stalls were put up which highlighted the management of kidney diseases such as hemodialysis, peritoneal dialysis and kidney transplantation. A stall put up by the Department of Dietary, which highlighted aspects of a healthy diet as well as diet for patients with kidney diseases, was well attended. People were also encouraged to sign up for organ donation.

In the afternoon, an entertainment programme was organised, for patients suffering from kidney diseases and currently undergoing dialysis or had undergone renal transplantation. There were patient testimonials by Mrs. Theresia Marwin and spouses of Mrs. Gnanambal and Mr. Prateek Besaria, all renal transplant recipients, detailing their journey through kidney disease, dialysis and renal transplantation. There was active participation by patients from Mizoram and Bhutan in the form of a song and dance respectively. The programme ended by Dr. Santosh Varughese exhorting the patients to be the ambassadors in spreading the message of early detection of kidney disease in their respective communities.

= Memoranda ——

- **Dr. Kishore Kumar Pichamuthu,** Professor, is appointed as Head of Medical Intensive Care Unit, with effect from 12th May, 2020 for a four year term.
- **Dr. Ramya I,** Professor, is appointed as Head of Medicine Unit-V, with effect from 16th May, 2020 for a four year term.

= Congratulations!_____

Dr. Shanthi Prasoona T, Medical Officer, Palliative Care Unit has successfully completed M.Sc. (Palliative Medicine) on distance learning from Cardiff University, Wales, UK.

= May 17 - 23, 2020

SPECIAL PRAYERS THIS WEEK

Clinical Haematology: Dr. Biju George and Staff

Mrs. Amalorpavamari Lucas

and Staff

CSI Madhya - Kerala Diocese

Council Members: Rt. Rev. Thomas K. Oommen

Rev. Thomas Paikad

Medical Oncology: Dr. Ashish Singh and Staff

Centre for Stem Cell Research:

Mrs. Amalorpavamari Lucas

and Staff

Hospital : CSI Hospital, Pallom and Mallappally

CSI Madurai - Ramnad Diocese

Council Members: Rt. Rev. Dr. M. Joseph

Rev. A. David Jebaraj

Dr. Alok Srivastava and Staff
Hospital: CSI Christian Mission Hospital, Madurai

Retirement



• Mr. B. John Baskaran, Sel.Gr. Staff Clerk Gr.I, Department of Microbiology, retired on 1st May 2020, after 36 years of dedicated service to the institution. He has a daughter, Ms. Felicia Praisy Angelin who is studying 10th Std.

The CMC community is thankful for his years of dedication and commitment to the institution and wishes him God's blessings on his retired life.

Obituaries

- Mr. J. Charles Pandiyaraj, retired staff in Mechanical Engineering Department, father of Mr. John Prince, Recycle Department on 12th May, 2020. Let us uphold his wife, Mrs. Ranganayagi and all the bereaved members of the family in our prayers.
- **Dr. M. Prasad Reddy** (MBBS batch of 1962) on 12th May, 2020. Dr. Prasad Reddy was the youngest member of the batch of 1962, but he made his impact on each of them for his sincerity and genuine affection. He was a brilliant student and an amazing resource of medical information with excellent clinical skills. He balanced his studies with sports and with hard work and practice became a member of the College Basketball Team in his second year of medicine. An outstanding accomplishment as they had a powerful championship team those years.

Dr. Prasad Reddy was awarded the "The Nuffield Fellowship" in 1968 for outstanding academic and non academic excellence. He completed his MS General Surgery and married Dr. M. Hemalatha. Together they created one of the best known Nursing Homes and Hospital in Proddatur, Kadapa district of Andhra Pradesh, his own home town. He brought the spirit and vision of CMC and Dr. Scudder with him to his work and service, often giving free treatment and surgery for the poor. They developed a reputation of compassion and care and were held in high esteem in the community they served for excellence and skilled treatment of patients.

Dr. Prasad Reddy's last visit to Vellore was during the 55th reunion of his class in February 2018. As part of their class reunion, a group along with Dr. Prasad Reddy went to Sri Lanka, where his classmates fondly recall the wonderful moments with him especially when he shared his inner most feelings and his love and friendship for his classmates and his gratitude to our Alma Mater. He knew that was the last time he could meet his batchmates, as his illness had already advanced.

Dr. Prasad Reddy was truly unique in so many ways and displayed courage and resilience to the very end. He was deeply loved and respected by all his classmates forming unique bonds of friendship with each one of them.

He has two daughters Dr. Neetha and Dr. Nithya who followed the footsteps of their parents and became physicians No doubt they will carry on the legacy of service of their parents. The funeral was held on 13th May, 2020.

For those who would like to get in touch with the family, the contact details of the family members are given below:

Dr. Hemalatha (wife) Email: prasadmolakala@gmail.com

Dr. Nithya (daughter) Email: sree7066@gmail.com

Obituaries

• Mr. Adipogu Venkatesh, Hospital Housekeeping Attendant Gr.IV, Hospital Maintenance Department on 13th May, 2020. He joined CMC in the year 2011. He is survived by his wife, Mrs. Hemavathi who is working as a Hospital Housekeeping Attendant in Surgical Ward. They have two sons and a daughter. Their elder son, Mr. Selvaraj is a Hospital Housekeeping Attendant in A Block and younger son, Mr. Vetrivel is a Hospital Housekeeping Attendant in LCECU.



Our thoughts and prayers are with the bereaved members of the family at this time of sorrow and loss.

Situations Vacant =

1(a) Assistant Physician with MD (General Medicine / Pulmonary Medicine / Anaesthesia) for the Division of Critical Care Medicine (MICU/HDU)

Salary: As per institutional rules. Accommodation provided (Partly furnished, Depending on availability).

1(b) Senior Resident with MD (General Medicine / Pulmonary Medicine / Anaesthesia) for the Division of Critical Care Medicine (MICU / HDU). Salary: As per institutional rules.

Accommodation provided (Partly furnished, Depending on availability). Age limit: <40 years.

Applications with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address should be sent by post to The Principal, Christian Medical College, Bagayam, Vellore – 632 002 or email to: **princi@cmcvellore.ac.in** on or before **May 23, 2020** for Items 1(a) and 1(b).

2. Centre for Stem Cell Research (a unit of inStem, Bengaluru) & Christian Medical College, Vellore.

The Centre for Stem Cell Research (CSCR), a unit of inStem Bengaluru, in collaboration with the Department of Biotechnology (Government of India) and the Christian Medical College (CMC) Vellore, invites applications from Veterinarians. Veterinary Officer for the Centre for Stem Cell Research

Job Code: 1333

Eligibility: One post for M.V.Sc. with 1-3 years experience. Candidates with experience of laboratory animal handling will be preferred.

Job description: Should demonstrate skills related to laboratory animals (rodents, rabbits & farm animals) handling, dosing, anesthesia/euthanasia, blood sampling, animal housekeeping, health monitoring and clinical signs observation etc. Awareness of national and international standards related to laboratory animals (CPCSEA and cGLP etc.,). A cGLP facility experience will be an advantage for working with scientists on translational science projects. Salary: As per Government of India norms for the recognized experience. Mode of Appointment: Project Mode.

For the application forms visit http://www.cscr.in/research-opportunities/ Please send us the duly filled application mentioning the job code either by soft copy to: cscredu@cmcvellore.ac.in or by hard copy address to The Principal, Christian Medical College, Bagayam Vellore - 632 002, Tamil Nadu on or before May 30, 2020 for Item 2.

3. Medical Officer (1 post) for the Paediatric Intensive Care Unit (PICU)

Job Code: 1334

Qualification: M.B.B.S / M.D. (Paediatrics) preferable. Mode of Appointment: Project Mode. Salary: As per institutional rules. Accommodation not provided.

Download application from this link: http://www.cmch-vellore.edu/ → General → Vacancies → Application Form for Project Staff. Please send us the duly filled application with certificates and testimonial copies mentioning the job code either by soft copy email to: princi.hr@cmcvellore.ac.in or by hard copy Address to The Principal, Christian Medical College, Bagayam Vellore – 632 002, Tamil Nadu on or before May 30, 2020 for Item 3.

4. Staff Nurse Diploma / B.Sc. to work in a project on term appointment basis under Paediatric Intensive Care Unit. Qualification: Diploma in General Nursing / B.Sc. Nursing.

Salary scale: Consolidated pay, Accommodation not provided.

Apply with biodata, photograph, certificates, testimonial/s and references to the Dean, College of Nursing, Christian Medical College, Vellore, on or before **May 23, 2020** for Item 4.

5. Schieffelin Institute of Health - Research & Leprosy Centre, Karigiri-632 106 invites applications for the following posts of: **5(a) Specialist (Dermatology)** Qualification: MD/DNB.

5(b) Medical Officer Qualification : MBBS.

5(c) Critical Care Technician Qualification: B.Sc. in Critical Care.

Salary commensurate with qualifications and Experience.

Candidate can apply with bio-data along with photocopies of certificates send it to address the Director, SIH-R & LC., Karigiri, Pin - 632 106, or email your updated resume along with the scan copies of all your testimonials to **directorate@karigiri.org** or **personnel@karigiri.org**

Last date for receipt of applications is May 23, 2020 for Items 5(a), 5(b) and 5(c).



Dr. Ida Scudder died on May 24, 1960 in the ninetieth year of her life.

This is the first part of the message by Dr. John S Carman, Director of CMC at a Memorial Service held in the Voorhees College Hall on Sunday July 3, 1960.

We have come here this evening to remember Dr. Ida S. Scudder, whose life was a blessing to all of us here in Vellore...

It is hard to believe that she is not here, - for so many years she was always present at any meeting of the people of Vellore, sitting right up in the front row. We miss here because we cannot see her. We miss her smile, the clasp of her hand, her words,-so many things. We loved her, and we know she loved all of us, and also so many who cannot be here today.

It is in our hearts and minds to praise Dr. Scudder and to recount the many things which she did, - for each of you, for me, little kindnesses, a large service, the work that she started and carried on.



But we are guided in what we do tonight by Dr. Scudder's words that I have heard and many of you have heard so often, when someone praised her highly, or complimented her. She would usually say: "God has been very good to us". Let the praise and the thanks be to God.

So this evening we turn to God in thanksgiving and praise. It is He who called Dr. Ida to Vellore. God blessed her, helped her, inspired her, and after allowing her to live long to see the fruits of her labour, He called her again on May 24th. She was ready and she went gladly-as she had always responded to God's calls: for dedication, for work, for sacrifice for more faith, for larger and greater service.

So we praise God tonight for giving to us here, and to all the people of Vellore, and to all India, and to the service of the people of India one of the greatest of women, a great physician, and a great leader and friend.

Jesus told his followers: He that would be greatest among you must be the servant of all. Some people have used other standard or rating and comparison in the hundreds of letters and clippings we have received. I believe God rates our dear Dr. Scudder high – for her wide service and her great love.

I believe we can remember Dr. Ida best, and do that which will do honour to her memory, if we try to understand the meaning and the purpose of her life.

Why was Dr. Scudder the great and good woman she was? Why did she become one to whom thousands come, for help, for healing, for advice and counsel, or just to receive a blessing? As we seek to understand the meaning of her life, and to appreciate and emulate what she was and what she did, we need to ponder these questions, and to try to find the answers to them. In a brief way we might say that people came to Dr. Ida because she always had something to give. She had learned to give of herself, in a very special way, to each person who came to her. But why?

Mrs. Dorothy Clarks Wilson, in her recently published book "Dr. Ida", records one of the many times this question was asked about Dr. Scudder. In the early days of the roadside clinics which were started many years before the Medical College a villager asked: Why does she do it?" The local pastor's wife answered: "It's her God living in her heart. A God of love He is, who makes her care about people."

Through the years Dr. Scudder's concern for people grew and grew, as did her prayers, and her talks to her students, to include all of the needy people of India, and of the world, but the very special quality of her life and her services was that she cared for each person, and each person knew this.

It began that way. Many people have been led into the healing professions or into other forms of social service because of great needs of people, coupled with a desire to help to meet these needs and a recognition that they were able to help. But it took something much more personal to bring the call to Ida Scudder, and to change her life. She had to realize that three women had lost their lives because she was not ready to help them. Her caring about people began as she prepared to serve and save women like those.

Many doctors, nurses and others in social service call forth respect, admiration, and gratitude. Dr. Ida was also loved, and by so many, because she loved them – each one, as she cared for them. It is this which makes true greatness in service, "suffering humanity" in general, but for each person, no matter who he is.

Dr. Scudder learned early that when the day has been long, when the number of patients has been large, when sleep has been scarified, and especially when there were personal problems or worries – her own, or those of her staff, her students or her friends, or when financial burdens or disappointments were great, it was all too easy to respond to irritation by being irritable, to fail to show love to the unlovely, or to forget to give the quiet word of assurance or explanation to one who needed this more than the medicine or the dressing. Dr. Ida realized that this kind of love and this kind of service requires renewal, and she knew the source of compassionate love.

It is well known that one of Dr. Scudder's favourite chapters in the Bible was 1 Corinthians 13. She had found that as she prayed to God for strength and renewal, it was useful to read and reread this chapter, so she shared this also with her students each week.

"Love is very patient, very kind, Love knows no jealousy; love makes no parade, gives itself no airs, is never rude, never irritated, never resentful;

love is never glad when others go wrong, love is gladdened by goodness, always slow to expose, always eager to believe the best, always hopeful, always patient." (From the Moffatt translation.)

- I Corinthians - Chapter 13 - Verses 4-8

This part of the Chapter is even more vividly brought out in modern English in Philip's translation. This love of which I speak is slow to lose patience—it looks for a way of being constructive. It is not possessive: it is neither anxious to impress nor does it cherish inflated ideas of its own importance. Love has good manners and does not pursue selfish advantage. It is not touchy. It does not compile statistics of evil or gloat ever the wickedness of other people. On the contrary, it is glad with all good men when Truth prevails.

Love knows no limit to its endurance, no end to its trust, nofading of its hope: it can outlast anything. It is, in fact, the one thing that still stands when all else has fallen.

Reflections on the Calendar -

The Watch Tower of Prayer

For you have been my refuge, a strong tower against the foe. Psalm 61: 3

The iconic Clock Tower, the Hospital Chapel, the Silver Gate, these were the landmarks which defined the Town Campus in the 1900's. What began as a single-storey Cole Dispensary has now blossomed into what we witness as a multicampus hospital, decorated with international and national accolades and boasting the country's many firsts. The 19 acre campus, serves as the central hub of CMC, connecting people in quality health care across borders.

The grey walls lined with blue and white, proudly supports the tall watch tower and below it the hos-



pital chapel. The Northfield Chapel as it is called is the most important place in the hospital campus. It's a sanctuary; a place which embraces the prayers and petitions of all those who pass through. From all walks of life, people come here to pour out their anxieties and cast their burdens on the Lord. The importance given to the chapel in CMC is a reflection on the centrality of faith in the process of healing. The very essence of CMC's ethos can be seen in the painting above the chapel of the unseen physician, God himself who heals the sick.



Without the blessing of God a hundred and twenty years in selfless service would have been impossible. The statistics in 2019 shows 2973 beds in CMC, a giant leap in the faith of a young single lady back in the 1900's. The timeless service in CMC will continue, through all turmoils, pandemics and calamities. The tower is a constant reminder of this aspect.

In the words of Dr. Ida,

"...problems have been tremendous and insurmountable, and had we not turned again and again

to the Master's promises- 'My grace is sufficient, my power is made perfect in weakness,' 'Be not afraid' we would often have been faint hearted and lost courage and been ready to give up the struggle...

Many a time during the past year we have had to go to the watch tower of prayer and have bowed in silence waiting God's instructions and command to us ...'



Sunitha Serena Publicity and Information Officer

= May 24 - 30, 2020 **=**

SPECIAL PRAYERS THIS WEEK



Dental and Oral Surgery:

Dr. Jagadish Ebinezer and Staff

Dr. Rabin K. Chacko and Staff

Dr. Soumya S.V. and Staff

Kotagiri Medical Fellowship Hospital, Kotagiri

CSI Medak Diocese

Council Members: Rt. Rev. A.C. Solomon Raj

Dr. M. Laxmi Kanthiah

Obituaries

• **Dr. George Verghese Kurien** (MBBS batch of 1967) on 9th May, 2020. Dr. George Verghese Kurien joined the Christian Medical College in 1967 after his schooling in Bangalore. His father had been working in Singapore and after his return to India, decided to settle in a remote village in Kerala and sent his son to Bangalore for schooling. So, Dr. Verghese had to study in Bangalore in the care of relatives and friends. He was grateful for the influences that some of them had on him, particularly some of his teachers whom he used to return to visit long after he left.



In Vellore during his medical studies, he was a strong Evangelical Union member and a

tenor in many choirs both religious and secular and was an active member of the Men's chorus and College Chapel choirs. He completed his studies and left for his mission obligations with the CSI Madhya Kerala Diocese spending a considerable amount of time at Pallom. Dr. Jacob Chandy was the coordinator of that period of his work. After the end of his bond Dr. Verghese left Kerala for the UK. After a difficult time there settling into the UK system, he got a good placement at Aylesbury as part of the Oxford rotation in Psychiatry. He spent his training there and then moved in to work with mentally challenged children. He met and married Mrs. Margaret, a young lawyer from Australia and they made their home in Sydney, Australia from the 80s. They have 2 children, Alice and Kenneth who are settled in Australia.

After some initial difficulties Australia, Dr. Verghese was to be able to practice psychiatry in Australia. He trained and practiced various psychotherapeutic skills including conflict resolution and counseling after having trained for these in Australia. His love for Psychiatry remained dominant and hence he began to take long assignments in the UK and work as Locum Psychiatrist there. Dr. Verghese had been finding his health deteriorating over the past many years with complications of diabetes. He has been staying between Australia, New Zealand and Bangalore.

Dr. Verghese was a quiet person, who preferred not to put himself in the limelight. He was very caring, helpful and loyal to his friends. He was widely read, was known for the depth of his memory and could recall most events in minute detail. He has gone out of his way to help a lot of his friends when they approached him. Where he needed to, he overcame his shyness and facilitated matters for the sake of others. He was loyal to the alma mater and particularly his classmates. A lot of alumni have experienced his hospitality in Australia and in the UK. He never went to a place without contacting and looking up on old friends. The cheerful companionship he has provided will be missed.

The funeral was held on 18th May, 2020 in New Zealand. The batch of 1967 had made arrangements for a bouquet and a suitable tribute read at the Ceremony.

For those who would like to get in touch with the family, the following are the contact details:

Ms. Mary Alphonse, Mobile: +917899421960, Email: alphfern@gmail.com

Our thoughts and prayers are with the bereaved members of the family at this time of sorrow and loss.

- Mr. Kuppusamy, retired staff in Telephone Exchange, husband of Mrs. Padmini Kuppusamy, Clerk-Typist in Blood Bank and father of Mrs. Sujithra, Perfusionist, Cardio Thoracic Department, on 16th May, 2020. Let us uphold his wife, Mrs. Padmini, daughters and all the bereaved members of the family in our prayers.
- Mr. D. Sathiyanathan, retired staff in Accounts Department, father of Mr. S. Prabhakaran, MCTT, OPD Services, on 20th May, 2020. Let us uphold his son Mr. Prabhakaran, grandchildren Mr. Stalin, Radiographer, Mrs. Saranya, Staff Nurse in Radiology Department and all the bereaved members of the family in our prayers.
- Mr. William Devaprasad, father of Ms. Teena Margaret Helen, Tutor, College of Nursing (Neuro Department), on 21st May, 2020. Let us uphold his wife, Mrs. Remy Precilla, daughter, Ms. Teena and all the bereaved members of the family in our prayers.



Dr. Nitin S. Kekre Retires



Dr. Nitin S. Kekre, Professor of Urology retired on May 29th after 33 years of illustrious service. He completed his undergraduate and MS General Surgery from Indore University in 1979 and 1983 respectively. He joined the Department of Urology as a trainee and was awarded the Degree of Diplomat National Board in 1987. During this time the department was going through a major staffing crisis and the M.Ch training program was suspended. He joined the department after his postgraduate training and has been instrumental in developing the department in urology education and research. He completed his study leave at Freeman Hospital, New Castle upon Tyne and Sunderland Royal Infirmary Hospital from 1991 to 1994. There he perfected the art of endourology and developed keen interest in urodynamics. He headed the department from November 2008 to May 2013 and took the department to great heights nationally and

internationally and became the President of South Zone of Urological Society of India.

He has keen interest in medical writing and has written 139 articles in peer reviewed journals. He was the Editor-In-Chief of Indian Journal of Urology from 2005 to 2013. He was given the challenge to get the journal back in track. He not only ensured regular publication of the journal but also achieved 'pubmed' indication of the journal and took the journal to the visibility and readership that it enjoys today. During his period as editor; publications in the department surged to great heights and no promotion of faculty was held back due to lack of publications. He is a sort after orator and is the pride of many sessions in Urology conferences. He was awarded the Pinnemani Venkateswara Rao Gold Medal from Urological Society of India in 2001 and President's Gold Medal in 2013. He is one of the most skilled endourology surgeons.

He has ,over the years trained generations of trainees taking them though the most difficult surgeries. He is also a popular postgraduate teacher and the Urology Master Class of the department started in 2011 is his brainchild. The Department of Urology conducts it annually and has seen seven editions since. This is the oldest, highly rated most sought after and attended program of its kind in the country. He has a reputation of being a strict examiner and has been also sort after internationally for Urology Exit Examination in Singapore, Ethiopia and Nepal.

He has exceptional leadership skills and takes his team along. He is a keen sportsperson and played cricket at University level and continues to enjoy tennis. He also has a passion for music. His wife Dr. Aruna Kekre has just retired as Professor of Obstetrics & Gynecology Unit II. His elder daughter is an IT professional settled in United Kingdom and younger daughter is a graphic designer working in Los Angeles, USA. We express our heartfelt gratitude to Dr. Nitin S. Kekre for all these years of dedicated service and wish him good luck and God's abundant blessings for the future.

Events from the Missions Department

Dr. Anita Victor, Alumnus Batch of 1993, has been appointed as the Medical Superintendent at Reynolds Memorial Hospital (RMH) in Washim, Maharashtra since 7th May 2020. Dr. Anita has wide experience both within India



and overseas, including a stint in the Indian Army as Major.

Here are are her contact details for those who would like to keep in touch as well as encourage her as she takes on the medical leadership at Washim: anitavictor04@gmail.com / anitavictor@rmhindia.org

Washim is one of the seven districts within the Vidarbha region in Maharashtra, mostly consisting of farming community. Vidarbha is known for farmer suicides and it is our prayer that by our presence there through medical and community intervention God will help us to reach out to those in need.

As primary partners in the revival and repurposing process, we welcome her and assure to pray for her. We work along with Emmanuel Hospital Association and The Church of the Nazarene to see this hospital be revived and become a witness to the healing ministry of Christ in that region.

The Department of Haematology and Clinical Genetics at CMC have collaborated with RMH Washim to undertake a DBT Project which involves Screening for Thalassemia ,Sickle cell disease and congenital disorders.

We would encourage the faculty to consider at-least 1-2 weeks of deputation leave or sabbatical leave for contributing towards the rebuilding of RMH Washim. Those interested to know more about the work at RMH can write to **missionsoffice@cmcvellore.ac.in** or visit us in the Missions Dept, Directorate Extension, 1st Floor, Main Building. Ph. No. 0416 - 228 6117 / 6121.

Kindly uphold RMH Washim in your prayers as we hope that more people are inspired to join to make a difference to the community around.

Food for Thought

The Yellow Circles

The human will is a strange thing indeed, we revel in our ability to make choices that seem counter intuitive to wisdom that is commonplace, rules that are set in stone, and practices that are rooted in tradition. In doing so we feel liberated from the oppressive chains of social circumstances that bind us. The homeless man on the streets may have no say in the opportunity for his next meal, or a seat on the public bus, but no one gets to dictate to him what poetry he lunges into the frigid air of a cold December morning when the Bard himself captures his imagination and the choice "To be or not to be "is thrust upon hapless school going children and their busy parents as they attempt to make it in time for morning school bus, the middle class gentleman wielding shopping bags to secure the fresh produce being brought in by the vegetable sellers. None of these people want to listen to Hamlet ranting about his inner conflicts when life is going on in all of its restrictive pace, but there is freedom in doing everything that is counter culture that the erudite but homeless scholar enjoys, as he makes himself comfortable on a pile of dirt, satisfied that he has managed to catch the attention of, and offend people of the more privileged classes, by virtue of his impromptu elocution.



There are examples of this at every level of society, every section of our beautifully amalgamated potpourri of culture, the desire to spit a dollop of red frothy betel leaf laced saliva at the base of a riveted iron pillar holding up an ancient river bridge, the little child feeding a puppy on the street a being explicitly told not to, the school children coming home buying frozen "pepsi" in fanciful colours, all wrapped in long tubes of recycled plastic sealed at the end of a candle... against all the restrictions imposed by school and family, the list is endless-If there's a joy in breaking it!

Then why is it, that, misshapen crude, yellow circles drawn on the ground, in front on coffee shops, canteens, milk booths, hospital waiting areas, bus stands, milk shops, almost every



nook and corner of the city, has people quietly standing within the confines of these designated spots on the ground, with no one policing them, no one penalising them for overstepping, no one even putting up an explicit sign to adhere to them? There is an endearing image of a couple of dogs sitting within yellow circles in a remote town in India, that is doing the rounds in social media. Why is this happening? Have we suddenly become better behaved as a country, with good sense spilling across the species barrier? What is the meaning of this sudden urge to follow rules, when our instinct and base nature revels in rebellion?

What magic lies in these painted yellow circles, that India, has, for once stepped back into set boundaries?

Dr. Prithiviraj Bose

PG Registrar, Department of Medicine

May 31 - June 06, 2020 =

SPECIAL PRAYERS THIS WEEK

Laundry: Er. David Chandran and Staff

Hospital Maintenance:

Er. David Chandran and Staff

College Maintenance:

Er. David Chandran and Staff Mr. A. Thanikachalam and Staff Security Services: Mr. K. Sundaram and Staff

Baptish Church of Mizoram

Council Members: Rev. R. Lalbiakliana

Dr. Lalramzauva

Hospital: Christian Hospital, Serkawn

Christian Hospital, Lawngtlai and others

— Memorandum ——

• **Dr. John Mathai,** Professor, will continue as Head of the Department of Paediatric Surgery and Paediatric Surgery Unit-II with effect from 6th June, 2020 until further notice.

— Retirement **—**



• Mr. S. Jayakumar, Instructor Clinical Biochemist in the Wellcome Trust Research Laboratory, Division of Gastrointestinal Sciences, retired on 15th March 2020, after 35 years of service to the institution. Mr. Jayakumar was responsible for providing diagnostic support in the Wellcome Biochemistry Laboratory.

His wife, Mrs. Anitha Jayakumar is working as Senior Graduate Technician in the Pharmacology Department. He has two daughters and a son, eldest daughter Patricia Deborah is doing M.Sc. Nursing and married to Mr. Andrew Avinash working in Q2 Ward, second

daughter Prisca Deena is doing Masters in Hospital Administration in St. Johns Hospital, Bangalore and his son Philip Dennis Raj studying XII Standard.

The CMC community is thankful for his years of dedication and commitment to the institution and wishes him God's blessings on his retired life.

Obituaries

• **Dr. Leela Mary Chacko** (MBBS batch of 1943) on 23rd May, 2020 at the age of 94. Dr. Leela Mary Chacko was born in February 1926 in Kottayam and her school career was rounded off at Nicholson's in Tiruvalla. There as well as during pre-degree studies in Thiruvananthapuram, she excelled both academically and on the games field. Her father was a forest officer in the erstwhile Madras Presidency. He went to Edinburgh for specialized training but quite soon after arrival there he died of bacterial pneumonia in 1935 – tragically a few years after penicillin was discovered, although it was not yet commercially produced. He was buried there, leaving behind



in India his widow with four small children – Kunjoy, Leela, Roy and Chinoy. Tragedy struck again when Dr. Leela's elder brother Kunjoy died of Typhoid while a boarder in a residential school near Perumbayoor.

In 1943, Dr. Leela Chacko was accepted and joined MBBS at CMC, Vellore. She did well in class and was also President of the then Student's Association. She used to remark wryly that when men students were admitted in 1947, they refused to accept her as student President. They were probably retaliating for ordeals of having to eat in the ladies' mess with a large number of girl students hooting at them.

In 1949, Dr. Leela married Captain P.V. George who after training in HMS Dufferin joined the Royal Navy and following Independence transferred to the Indian Navy. Thereafter she followed Captain George dutifully wherever he was posted – New Delhi, UK, Bombay and Cochin – and found interesting medical work wherever she went.

In London she gained a Diploma from the Royal College of Obstetricians and Gynecologists and a Diploma in Child Health from the Great Ormond Street Hospital. She was very popular and skilful and her patients loved her. She also looked after various members of the larger family including spinster and widowed aunts with care and compassion.

She had five children — Usha a soil scientist who retired from the Tea Research Association in Assam, Shanti a social anthropologist who now lives in the Netherlands, Varkki the Dean of the School of Architecture at American University of Sharjah, and Chacko an experienced software engineer.

However, the child that turned Leela Chacko's life around was her youngest – Yohan. He has Downs Syndrome. Yohan is now 54 years old. Dr. Leela Chacko was well aware of Yohan's condition from early on, as a sharp-eyed medical practitioner.

In 1966, a year after Yohan's birth, Captain P.V. George retired from the Navy and returned to the bosom of the extended family in Kerala, where he knew that Yohan would be lovingly nurtured. They settled in a house on the outskirts of Aluva appropriately called "Anchorage". Dr. Leela and Mr. George decided that Yohan's condition was a call to positive action. Rather than cordoning him off from public view as most families would have done, they launched a school for mentally challenged children and called it Vimukti. Yohan was and is the heart of their family and has arguably achieved more than his siblings have, however successful they may be, since he works tirelessly to use all his abilities.

Vimukti Special School was started in 1989 and began as two very small schools that operated during weekdays on the premises of Mar Gregorios Church in Eloor and St. George's Church in Kalamassery, until enough resources were mobilized to purchase the land that the present consolidated school stands on. Vimukti was funded by what today is called "crowd funding" - mostly small donations from individuals, quite a few from Mr. George's and Dr. Leela's families as well as from some corporate donors and charitable trusts, that together made Vimukti what it is now.

Today Sally, wife of Leela's son Chacko, has continued the work of fulfilling the needs of differently abled adults. Five years ago, she established Ilaga — Independent Living and Graceful Ageing — as a centre to help people such as Yohan adjust to the later stretches of the life course as independently as possible. This is a truly remarkable extension of Leela's and George's pioneering work.

Obituaries

Captain P.V. George died in 2014, after Dr. Leela supported him with an excellent quality of life despite Parkinson's disease and nerve deafness. Dr. Leela Chacko continued to live an active life even after he passed on. Their home "Anchorage" had become a family hub for many of their nieces and nephews, as both Mr. George and Dr. Leela were very amiable people who welcomed guests and family members, offering them interesting conversation and good food.

Dr. Chinoy Chacko, Dr. Leela's younger brother, who died in 2014, was also a graduate and Post-Graduate from CMC (MBBS 1950) and retired as Professor and Head of the Department of Pathology, CMC, Vellore with extensive work in the field of Leprosy. His wife, Mrs. Accamma, a former Nursing Superintendent from CMC, lives in Kottayam. Her other brother Roy is a retired Engineer from the Army and lives in Bangalore with his wife Gita. Dr. Leela Chacko's life was an inspiration to many people. She was in a sense just what her Alma Mater requires of the students that pass through its portals. "Not to be ministered unto but to minister."

For those who would like to get in touch with the family, the contact details are given below: Dr. George Kurian, Mobile: 9443386189, Email: georgekurian49@gmail.com

Our thoughts and prayers are with the bereaved members of the family at this time of sorrow and loss.

- Mrs. Juliet Ebenezer, wife of late Mr. Job Ebenezer, mother of Er. David Chandran, General Superintendent, on 26th May, 2020.
- Mrs. Mangalam Isaac, Mother of Mrs. Jemima Bence, Sr. Sel.Gr. Medical Lab Technician I, RUHSA Department, on 26th May, 2020.
- Mr. N.P. Joseph, father of Dr. Philip Joseph, Professor, Department of HPB Surgery and father-in-law of Dr.Binu Susan Mathew, Professor, Department of Pharmacology and Clinical Pharmacology, on 26th May, 2020. Let us uphold his grandson Dr. Adarsh Joseph Philip, PG Registrar and all the bereaved members of the family in our prayers.

= Notice ---

All staff members under the **General Superintendent** who would like to **Surrender their Annual Leave** for encashment purposes are requested to feed the number of days they wish to surrender in the leave management programme with the approval of the Head of the Department to the Personnel Manager, before **30.06.2020** please note that no application for this purpose will be entertained after 30.06.2020.

Situations Vacant =

1. Senior Resident with MD (Anaesthesia) for the Department of Anaesthesiology

Age: <40 years.

Salary scale: As per institutional rules.

Accommodation provided (Partly furnished, depending on availability).

Applications with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address should be sent by post to The Principal, Christian Medical College, Bagayam, Vellore – 632 002 or email to: **princi@cmcvellore.ac.in** on or before **June 06, 2020** for Item 1.



Food for thought Dr. John Scudder II - A Volunteer for the Plague Vaccine

Recently two doctors in the UK had volunteered to take the first shots of the vaccine developed for COVID-19 disease. More than a century earlier, there was another doctor and medical missionary, who submitted himself as the first volunteer to test a vaccine that was prepared then. It was none other than Dr. John Scudder, the father of Dr. Ida S .Scudder and the son of Dr. John Scudder Sr.

This vaccine was developed by Waldemar Mordecai Wolff Haff kine, a Russian Jew, who was called from Paris to Bombay, to work on a cholera vaccine. When he arrived, he observed that there was a plague epidemic that needed immediate attention. Recognising that many Indians would reject vaccines made of animal tissues, he devised a culture medium made of ghee or clarified butter used by most Indians.

Three drops of these cultures were strong enough to kill the most powerful rodents but when destroyed by adding carbolic or mustard, they were harmless to animals. However, they still possessed the power to stimulate a person's immunity against plague.

To persuade the local Indian population to take the vaccine, it was felt that the missionaries must be the first volunteers. Dr. John Scudder agreed to be the first volunteer. At his request, the Surgeon General Bannerman not only provided the vaccine, but personally came over to give the first vaccine.

The first vaccine was injected into Dr. Scudder's arm as he rolled up his sleeve. Then Mrs John followed. Then others who witnessed this, mainly Europeans followed. When word spread that Dr. and Mrs. John had received the vaccine, many Indians from the Kodaikanal area came and received the vaccine.

They are not sure whether at the beginning the serum was not perfected or whether one of the tube may have been contaminated.Unfortunately, of all the people, Dr. Scudder reacted badly. This inoculation caused a series of boils to break out. These boils never healed for over a year even when he stayed in the cool climate of Kodaikanal. Two of the best doctors of India were in Kodaikanal at that time. They agreed to operate on him.

The surgery was done in the open verandah of the Scudder home. Young Ida and her brother Walter were the ones who did the sterilising. Large kettles were used for boiling the sheets, and ovens were used to dry them.

When they opened, the surgeons found a very extensive cancer which they were not able to remove as the patient was sinking rapidly. They sewed up the wound.

As he regained consciousness, he uttered the words, "Oh Jesus, let the light go out." Once he lost his consciousness, he was taken to be with his father in heaven. Dr Wykoff, one of the missionaries working at that time paid this rich tribute.

"A great missionary has fallen. I use the words in their fullest sense, without any qualifications or reserve. In quiet steady devotion to daily work, in wise judgment in mission affairs, in evangelistic fervour and pastoral faithfulness, in short in all that makes a successful missionary, none have surpassed and few have equalled him.

His greatest fault, if it can be called such, was self depreciation. Only those who have seen him at his daily task in India and witnessed his dogged perseverance and his unwearied diligence, in spite of heat and sickness and hundreds of other trials, can appreciate the abundant service that this man of God did for his Master."

Not only has Dr. Ida Scudder's success with CMC Vellore completely eclipsed and overshadowed the work of her grandfather but of her own father as well.

I had read about this incident before and had not given much thought. When I read about the modern volunteers for the COVID vaccine, I went back and added this story to the almost ready to be published manuscript of the biography on Dr John Scudder, the world's first medical missionary. This is the simplest that I could do to recognise this great man of God who carried forward the legacy of his own father. It was very unfortunate that Dr Ida's father should die in May 1900, just a few months before his daughter started her medical work in Vellore. How much she would have valued if her father had been around and had given his input into the new venture she began that same year!

Contributed by Rajaratnam Abel

(MBBS batch of 1964)

Visit of Dr. Prokar Dasgupta ———

Dr. Prokar Dasgupta, Editor-In-Chief, British Journal of Urology International and Chairman of the Institute of Robotic Surgery at King's College, London visited the Department of Urology as its first Visiting Professor. He is an internationally renowned robotic surgeon and an acclaimed academician with a credit of over 800 research papers in peer review journals.

The Annual Visiting Professor Chair was created through the department Endowment Fund; funds which have been collected by the department through its various academic activities through many years. The objective behind the creation of the Visiting Chair is to invite the best in the science of urology to spend a week with the department faculty and postgraduates. This exercise would strengthen the foundation of the department and open new vistas in the field of research, education and patient care. The young faculty and the postgraduates would benefit tremendously by personal interaction with such eminent professors and would lead to an overall improvement in the departmental standards, development of new sub-specialties. It would enhance the international visibility of the department.

During his visit Dr. Prokar Dasgupta participated in all the department activities. He delivered lectures on "Changing Paradigm in Surgical / Urological Education" and "Future of Robotics in Urological Surgery" which were very well received. The department postgraduates and faculties made presentations detailing the work carried out in the department, discussed various research papers and benefitted from his critical inputs. A half a day CME on "Uro-Oncology Update" was conducted along with departments of Radiotherapy and Medical Oncology. His visit ended with a semi live video session on "Robotic Radical Prostatectomy and Robotic Cystectomy" held at Hotel GRT Regency under the aegis of Vellore Urological Society. He was honored with ponnadai and plaque.

The department would like to express sincere gratitude to the Director and the administration for their support in establishing the Chair of the Visiting Professor in Urology.

_____ Lockdown special - "The Stix Comix" by Ishaan and Yohan

Ishaan and Yohaan, children of Dr. Kishore Pichamuthu and Dr. Anjana Bennet, have given a new perspective for the pandemic lockdown. Aged 13 and 10 respectively, they have put their extended holidays to excellent use by utilizing their creative skills to the maximun. They were featured in the NDTV news, May 31, 2020 for their hand drawn comic called , 'The Stix Comix'.

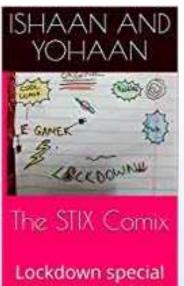


Lockdown special - "The Stix Comix" by Ishaan and Yohan =

The young writers, Ishaan Abraham Pichamuthu (13) and Yohaan Benjamin Pichamuthu (10), children of a doctor couple, say it took them two weeks to write, and three weeks to draw and colour it.

The brothers love reading comics and enjoy Tinkle and the Spiderman series. They say that the impact of the lockdown motivated them to put together an interesting story for kids.

While Ishaan, who studies in Class 8, did the writing, his brother Yohaan, who is in Class 6, coloured, fixed the price and is looking after the sale of the books. "I loved creating new characters and giving original names like Le Gamer and Alex Rider. Some of course are popular names. We want to continue writing and would release this one after another," says Ishaan. (from the NDTV report). 'The Stix Comix' is available in Amazon Markets.



— MBA in Hospital and Health Systems Management (HHSM)

MBA (HHSM) is a 4 semester Work Integrated Learning Programme conducted in collaboration with Birla Institute of Technology & Science (BITS), Pilani, Christian Medical College (CMC), Vellore and Bombay Hospital, Mumbai.

This course provides a unique opportunity for the participants to learn the nuances of administration and allow them to learn how to efficiently run the day-to-day operations and manage the various functions of a large hospital. The programme emphasizes on experiential learning that allows learners to apply concepts learnt in classroom in simulated and real work situations through:

- Hospital immersion sessions of 6 days each at CMC Vellore and Bombay Hospital during 3rd semester.
- Simulation and modeling exercises
- Simulation and modeling exercises
- Project work
- Continuous assessment

- Case studies and assignments
- Digital learning

Eligibility:

Minimum eligibility to apply: employed professionals in the healthcare industry, holding an MBBS/ Integrated first degree of BITS Pilani or its equivalent with at least 60% aggregate marks, and minimum one year of relevant work experience are eligible to apply to this programme

The programme is designed for:

- doctors, dentists, and other medical professionals working in public / private / non-profit hospitals who are involved in the management and administration of the hospital and related services
- doctors, dentists, and other medical professionals who are running their own hospitals and want to enhance their management skills to deliver superior service and improve the top line and bottom line
- para-medical professionals working in the healthcare industry and looking to upgrade their skills and thereby accelerate their career growth
- non-medical professionals working in the healthcare industry in support and administrative functions who are looking to upgrade their skills and thereby accelerate their career growth. These would include professionals working in such diverse areas as finance, billing, HR, customer service, hospital supplies, and general administration

Admission: Application is usually advertised twice a year from BITS (online) in March / April, October / November. Applicants must apply before the last date after obtaining prior permission from their employer. Admission is open for May intake and the last date for applying is 22nd June, 2020. Interest candidates could access the following link for more information: https://bits-pilani-wilp.ac.in/mba/hospital-health-systems-management.php

For further clarification contact: Department of Hospital Management Studies & Staff Training and Development (0416 – 228 6099 / 6098 / 3535).

= June 07 - 13, 2020 **=**

SPECIAL PRAYERS THIS WEEK



Distance Education:

Dr. Rebekha Dass Zechariah and Staff

Khasi Jaintia Presbyterian Assembly Council Members: Rev. P. Hynniewta

Dr. Roken Nongrum

 $Hospitals: Gordon\ Roberts\ Hospital,\ Shillong,$

Norman Tunnel Hospital, Jowai.

Endocrinology: Dr. Simon Rajaratnam and Staff

Dr. Nihal Jacob Thomas and Staff

Dr. Thomas V. Paul and Staff

----- Welcome -----

- Dr. Shalini Nair, Professor, Neuro ICU, on her return from study leave.
- Dr. Indira Agarwal, Professor, Paediatrics Unit-II, on her return from sabbatical leave.
- Mrs. Diana David, Professor, College of Nursing, on her return from sabbatical leave.

= Congratulations ! =

Ms. Hamsavardhini V. and **Ms. Anushka K.** won the second place in the De-cov Ideathon conducted by "Tensors", IIT Madras in association with the Indian Medical Association, Kerala. The Ideathon was aimed at finding solutions to tackle issues in the current COVID situation. The team consisted of Hamasavardhini, her father and Anushka (Team name: Better Saaf than Sorry). The team submitted their ideas on "Persevering Essential Healthcare in the Face of the COVID-19 Pandemic.

Retirements

• Mr. P. Jothinathan, Sr. Hospital Attendant, Maternity Ward, retired on 5th April 2020, after 37 years of dedicated service to the institution. He has a daughter and a son. His daughter, Mrs. Vinolia is a Staff Nurse in Casualty and his son, Mr. Prabhakaran is a Radiographer in the Department of Radiology.





• Mrs. Pamila Ravi, Sr.Gr. Staff Nures, retired on 5th April, 2020 after serving the institution for 26 years. She completed her GNM training from Christian Mission Hospital, Madurai in 1982 and joined CMC as a Staff Nurse in 1984. She worked in Kamala Nehru ward for 5 years and resigned to work in the Ministry of Health, Saudi. She rejoined the institution in 1994. Since then she is working in the Schell Eye Hospital. She is a hard working person who takes responsibilities in the absence of the Charge Nurse. She is known for her cheerfulness and helping nature at work. She was honored with the "Best Nurse Award" for the year 2003-2004.

She is married to Mr. Ravi Rathnakumar, retired Pharmacist in CMC. She is blessed with two daughters, Ms. Preethi Christina completed B.E. (CSC) in Chennai and is married to Mr. Prashanth, Vendor, Event Management in Chennai and Ms. Princy Angelina, Computer Engineer working in Private company, Hyderabad. She is also blessed with a grand daughter.

• Mrs. Lucyamma Kumaresan, Sr.Gr. Staff Nurse, retired on 7th April, 2020 after serving the institution for 28 years. She completed her GNM training from St.John's Medical College, Bangalore in 1988 and joined CMC as a Staff Nurse in 1992. She worked in O4E and OR till 1993. She was working in Ida Scudder ward till 2009 and then in LCECU till retirement. She is active, hardworking and dependable. She had good communication skills and maintained good interpersonal relationships with colleagues.



She is married to Mr. D.Kumaresan, working as a Hospital Attendant in CMC. Her daughter Ms. Dhanusha completed B.Sc. (N) in Ramachandra University, Porur, Chennai and working in Jharta, Saudi Arabia. Her son Mr. Jeswin is studying in final year Diploma (EEE) in Sri Venkateswara Polytechnic College, Adukkamparai, Vellore.

The CMC community is thankful for their years of dedication and commitment to the institution and wishes them God's blessings on their retired life.

Situations Vacant

1. PhD in the Department of Haematology under Regional center for Biotechnology Faridhabad for the Department of Haematology

Eligibility: M.Sc. / M.Tech (Life Sciences) with a minimum of 60% or CGPA 7 in the qualifying exam with any One of the fellowships (UGC, CSIR, ICMR, INSPIRE, DBT).

The selection of research scholars will be based on the performance in written test / interview.

Download application from this link: http://www.cmchaematology.org/img/edited Application-form for the post-JRF.pdf. The applications should be sent to: haemedu@cmcvellore.ac.in on or before 22nd June, 2020.

2. Ida Scudder School, Vellore - 632 006, Tamil Nadu. (Affiliated to the CISCE, New Delhi)

The school invites applications for the following posts:

(a) Senior Level Teachers (to teach in classes 6 to 12) in Physics, Chemistry, Biology & History.

Applicants should be proficient in English.

Postgraduates with B.Ed. in the respective subjects.

(b) Primary Level Teachers (to teach in classes 1 to 5) in Computer Science, Music and Physical Education. Applicants should be proficient in English.

Graduates in the respective subjects.

(c) Administrative Assistant / Office Assistant

Applicants should be proficient in English and Computer.

Commerce graduates with knowledge of Tally.

Experience in documentation and school bus maintenance will be preferred.

Apply to "The Correspondent" Ida Scudder School, No.1, Kalinjur Main Road, Viruthampet, Vellore–632 006, Tamil Nadu, on or before **14**th **June**, **2020** furnishing the CV, latest passport size photograph, photocopies of all the necessary certificates & other related documents, and contact details in the application format available at the school website: **http://www.scudderschool.ac.in**. Teachers who had applied earlier need not apply again.

3. Schieffelin Institute of Health - Research & Leprosy Centre, Karigiri - 632 106 invites applications for the following posts:

3(a) Specialist (Obstetrics & Gynaecology)

Qualification: MS/MD/DNB/DGO in Obstetrics & Gynaecology.

3(b) Specialist (Paediatrics)

Qualification: D.Ch/MD/DNB in Paediatrics.

3(c) Clinical Psychologist

Qualification: Bachelor or Master Degree in Psychology.

Salary commensurate with qualifications and Experience.

Candidate can apply with bio-data along with photocopies of certificates send it to address "the Director, SIH-R & LC., Karigiri, Pin - 632 106. or email your updated resume along with the scan copies of all your testimonials to **directorate@karigiri.org** or **personnel@karigiri.org**

Last date for receipt of applications is 13th June, 2019 for Items 3(a), 3(b) and 3(c).





KPTR Campus in Covid Times: Social Bonding with Physical Distancing

With the world distanced due to the pandemic, human and community bonding is more than ever the need of the hour. The KPTR Campus, which houses the College of Nursing and residential buildings, has come out with innovative ways to promote social bonding while maintaining physical distancing. Since its inception in 2009, the KPTR campus has transformed itself into a well-organised, close-knit community, situated in a

well-manicured, nature loving campus...now also a home for a growing list of flora and fauna.

Activity Clubs:

The campus has a cycling club, walking club and an online book club (in the making). Like the other residential campuses, these clubs are a great source of community learning and a healthy recreation for the young and old alike.

The Lockdown Protocols:

By the time national lockdown was announced, the campus had implemented all the necessary protocols. Mrs. Sheby Rajiv, was instrumental in coordinating all the disinfection protocols. The house help were given orientation and training on how to sanitise their hands and taught how to wear and dispose/reuse masks correctly. The social distancing was also overseen and still these precautions continue to be executed. The school staff at the Aadhyvikas School was also educated on hand hygiene and cough etiquette.

At this time, a small open air grocery stall was made available in the campus. The 'Maniamma Vegetable Stall' was a great blessing for the residents in providing essential vegetables and fruits, as was the age-old but upgraded College Store, in providing other essentials. Dr. Titus D.K has taken a lot of initiative in facilitating these at the campus.

A special mention is needed about the vigilant and conscientious security personnel at the gates in regulating unwanted entries into the campus. Their work has to be given a special mention and a special meal was arranged for them as a way of expressing gratitude.



KPTR Campus in Covid Times: Social Bonding with Physical Distancing

From Schools to Google Classrooms:

The sudden shift to virtual classes was set in place to ensure the continuity of the activities and academics of the tiny tots. Craft classes, Vacation Bible School, teenage bible club, storytelling (Connie Shingledecker, who resided in the campus till recent, continues this remotely from the USA) and even the kids corner went behind the laptop and mobile screens.

Love Thy Neighbour:

The Support Group is a unique system of sharing and caring which keeps the neighbourly bond alive and active. Mrs Sheby clarified that the support network follows a pattern of connecting residents of each floor across all three blocks moderated by volunteer floor facilitators. For instance, residents from every 8th floor from all the three blocks form a support group, like wise for all the subsequent floors. This keeps the networking so well connected that every house is in the loop. They are able to ask/render/suggest help-however small or big.



The Quiet Time:

The online paltform has a daily devotion time for the residents.

Everyday at six thiry, the campus is connected in prayer and daily intersessions led admirably by Dr. Galdwin Khanapur and Dr. Benjamin Ross.

The pandemic has also led to an artistic unlocking of the creativity of the residents across the blocks. There seems to be a sudden burst of budding poets and photographers. Pictures posted almost daily include the campus in all its glory by night and day and the beautiful hills and heavens of Vellore and poems such as "The summer rains" and "The Tree and Me" are a source of comfort during times of uncertainties.

The campus activities are at full swing and the Covid blues haven't dampened the communital spirits. The awarenesss and coping mechanisms have been put in place and God willing we shall overcome.

The NIRF India ranking 2020 was released by the Hon'ble Minister of Human Resource Management, Shri Ramesh Pokhriyal 'Nishank' on 11th June, 2020. This ranking framework identifies broad areas such as teaching, learning and resources, research and professional practices, graduation outcomes, outreach and inclusivity, and perception.

CMC, Vellore had again been conferred with a third rank this year among a list of reputed institutions within India.



National Institutional Ranking Framework

Ministry of Human Resource Development Government of India



HOME	ABOUT NIRF	PARAMETERS	DOCUMENTS	RANKING N	OTIFICATION/ADVT	FAQS	CONTACT	
Home Rank	ing List of Particip	ating institutions		Medical	5	25	g:	
Institute IC	,		Name		City	State	Score	Rank
IR-D-N-15	All India Institut	e of Medical Sciences		More Details 📆	New Delhi	Delhi	90.69	1
IR-D-U-0079	Post Graduate I	nstitute of Medical Edu	cation and Research	More Details 🣆	Chandigarh	Chandigarh	80.06	2
IR-D-C-4565	4 Christian Medic	al College		More Details "	Vellore	Tamil Nadu	73.56	3

Dedication of the New SHALOM Family Medicine Centre:



The new Shalom Family Medicine Centre, CMC CDC in Sathuvahari was opened on 1st June, 2020. This increase the access of people of Vellore to the services of CMC. The Director, Medical



Superintendent, Nursing Superintendent, General Superintendent and others

from the administration were present for the inauguration. The director and the medical superintendent spoke about the need for personalised and continuous care. The head of chaplaincy, Rev. Arul Dhas, prayed and dedicated the centre for the glory of God. The centre will be exclusively for local patients and will initially function from 8 to 4 am and over time expand to a 24 hour service.

= June 14 - 20, 2020 :

SPECIAL PRAYERS THIS WEEK

Obstetrics and Gynaecology and Gynaecologic Oncology

Dr. Jiji Elizabeth Mathew and Staff

Dr. Elsy Thomas and Staff

Dr. Lilly Varghese and Staff

Dr. Anuja Abraham and Staff

Dr. Manisha Madhai Beck and Staff

Dr. Abraham Peedicayil and Staff

Mrs. Ebenezer Ellen Benjamin and Staff

Reproductive Medicine Unit:

Dr. Aleyamma T.K and Staff

Mrs. Ebenezer Ellen Benjamin and Staff

Neonatology Unit:

Dr. Santhanam Sridhar and Staff

Dr. Manish Kumar and Staff

Dr. Kurien Anil Kuruvilla and Staff

Mrs. Ebenezer Ellen Benjamin and Staff

Mennonite Medical Board of the Mennoite Church in India

Council Member: Dr. Sandeep Patonda

Hospital: Dhamtari Christian Hospital, Chattisgargh.

= Welcome -

• Dr. Sampath Karl, Professor, Department of Paediatric Surgery, on his return from sabbatical leave.

= Retirements -

• Mrs. Sigamani Selvakumari, Medical Lab Technician Instructor, Department of Transfusion Medicine & Immunohaematology, retired on 8th April 2020, after 37 years of dedicated service to the institution. Her husband, Mr. S. Joseph Mahimai Doss is a retired Secretary in Library Co-op Employees Society in Vellore. She has two daughters, Mrs. Sophia has completed her M.Sc. Nursing in CMC and Ms. Jemimah J. completed BOT in CMC and is working as an Occupational Therapist in Department of Physical Medicine & Rehabilitation.





• Mr. R. Junaid Ahmed, Staff Gr.II Sr. Accountant, Accounts Department retired on 12th April 2020, after 23 years of dedicated service to the institution. He has two sons. His elder son, Mr. Mohammed Aamir is an Hospital Attendant in 'I' Ward and his youngest son, Mr. Mohammid Arshad is a System Analyst in a Private Company.

The CMC community is thankful for their years of dedication and commitment to the institution and wishes them God's blessings on their retired life.

---- Obituaries =

• Dr. Rahimullah Hamid, an Orthopedic surgeon working at Abu Ali Sina Regional teaching hospital, Mazari-sharif, Afghanistan, died of COVID-19 on 3rd June, 2020, after an illness in late April, which was followed by a relapse when he went back to work. Many of his other colleagues and their families are battling COVID 19 during the same period.

Obituaries =

Dr. Rahimullah was a very dedicated and exceptional Paediatric Orthopaedic Surgeon from Mazar-I- Sharif who also worked with Red Cross and Sandy Gall Foundation. Seeing a large number of children with disabilities due to neglected DDH in his region, he requested and was sponsored by Swedish Committee for Afghanistan to CMC Vellore for training in Paediatric Orthopaedics for a year in 2010-2011. He returned to his country, and very enthusiastically spread the awareness of DDH and early diagnosis and management for the same. He was responsible for instituting DDH screening and Pavlik Harness treatment in his region. He went on to treat a large number of children with neglected DDH and other congenital abnormalities. He also sent a junior colleague for further training in Paediatric orthopedics in Vellore in 2019 to expand his department. He was a fun loving person, always part of the team, and during his stay in Vellore, would treat the department to Afghani meals cooked by him.

His wife, Dr. Munirah, is with her brother, and she and their children Sajad, Sena, Ferdwas, and Hadia, have also been ill with the virus and can be contacted at munirahhamidnejrabi@gmail.com

- Mr. R. Gangadharan, retired Hospital Attendant, Department of Virology, father of Mr. G. Selvakumar, Staff Nurse in N1 ward and father-in-law of Mrs. Janet Priya, Staff Nurse in Hematology OPD, on 5th June, 2020.
- Cheriakalathil Titus George, father of Dr. Biju George, Professor and Head, Department of Heamatology and father-in-law of Dr. Leni George, Physician, Dermatology Unit-II, on 9th June, 2020 in Delhi.

Let us uphold all the bereaved members of the families in our prayers at this time of grief and loss.

Situations Vacant =

1. The following **Project Post for the CMC Vellore Chittoor Campus:**

Senior Resident / Assistant Professor / Assistant Physician / Associate Professor / Associate Physician with MD Pathology or MD Transfusion Medicine with Diploma in Clinical Pathology (DCP) from a recognized university.

Salary: As per institutional rules.

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link: "Vacancies". or Log on to the http://www.cmcvellorechittoorcampus.ac.in

Link: "Career" or email to dir.chittoor@cmcvellore.ac.in with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address.

Applications will close on **June 29, 2020**.

2. Appointment of Project Staff for Fundraising Activities in Development Office

Officer – Fundraising (Project post for 6 months) in the Development Office. An enthusiastic and organised person, preferably with fundraising experience, to help us approach individuals and organisations to help in fundraising for our new campus at Kannigapuram and other projects. They will also assist with all regular work of the Development Office.

Scale: Officer.

Qualifications: Graduate in any discipline, MBA or other appropriate Masters level qualification.

Experience – at least 2 years relevant. Proposed job descriptions and profiles.

General preamble: We are looking for an enthusiastic person to assist CMC achieve its mission, in particular with regard to our huge new hospital development project at Kannigapuram. They will be friendly, outgoing, committed to helping others, well organised and used to self-managing their time and finding their own solutions. Although the work will involve detailed research and information gathering, this person will form an integral part of the fundraising team and will be ready to help with the ongoing activities of the Development Office.

= Situations Vacant ===

Officer Fundraisin	ıg
Job outline	To organise and execute targeted email campaigns for groups of people/organisations (for example companies, alumni, churches). Identify suitable target groups, obtaining contact email addresses, prepare and send emails to them, deal with the responses in an organised manner.
Other jobs To assist with regular work of Development Office (DO) including: email as correspondence with donors and others, preparing stories, project welcoming visitors to DO, advising donors, dealing with receipts, phoeniquiries, accounting for donations, preparing printed materials.	
Essential attributes	Good English language skills (both spoken and written), basic numeracy, familiar with email, internet research, use of word processor, spreadsheet. Able to work on their own with minimal supervision, and use initiative to develop this project.
Desired / useful	
attributes	Fluency in Hindi and one or more South Indian languages; knowledge of database systems, publishing software, knowledge of health care sector/hospital work, use of website and social media in business/fundraising, experience working with minimal supervision. Technical knowledge of website design or database management would be an advantage.
Qualifications	Graduate of any discipline. Will probably have a masters in business, commerce or similar field. Age, gender no barrier, provided they are willing to work hard, and sometimes put in extra work as required. Will have at least two years of work experience, ideally in fundraising, marketing or sales.
Hours etc	Normal working hours usually, but may be requested to assist on various activities in the evenings or weekends.
Scale	Consolidated take home Rs/- + conveyance. ("External" cost to company Rs)



CMC Kannigapuram Campus inaugurates COVID-19 facility

The Lord has done this, and it is marvellous in our eyes. Psalm 118:23

CMC Vellore is currently in the process of establishing a new hospital campus in Kannigapuram, Ranipet District, Tamil Nadu which is nearing completion. The Kannigapuram Campus located in the District of Ranipet has inaugurated its **400-bed facility for COVID -19 patient care** on 17th June, 2020. The District Collector of Ranipet, Tmt. S. Divyadharshini, IAS, declared the centre open in the presence of the Director of CMC, Dr. J.V. Peter and the Associate Director of Kannigapuram Campus, Dr. Anil Kuruvilla.

The new hospital campus based at Kannigapuram, will be the first of its kind in India with more than 1000 beds and a Level 1 Trauma Care Centre. With the onset of the Corona Virus pandemic, the need of the hour has led to the construction of the



COVID -19 patient care facility which will be developed in three phases. The lock down period posed various challenges to the project team in terms of manpower and material supply. The administration is thankful to the Ranipet District Administration for granting special permission to resume construction during the lockdown period.

The in-house dedication of the facility took place on 27th May 2020. The event took place in the presence of many dignitaries including the former Director of CMC, Dr. Sunil Chandy, Medical Superintendent, Dr. Prasad Mathews, Nursing Superintendent, Dr. Premila Lee, former General Superintendent, Mr. Ebenezar Sundararaj and Associate General Superintendent Mr. Anand Samuel. The Council Chairman, Mr. Barkos Wajiri witnessed the event through video link .The Bishop of Vellore, Rt. Rev. Sharma Nithiyanandham was the Chief Guest for the occasion and expressed his heart felt wishes for the commitment and compassion which this project will yield. In the devotion led by Rev. Dr. Arul Dhas, the presence of the Lord's hand was reiterated. As a health care institution, CMC has in its calling to be peacemakers and a shelter in uncertain times.



This facility will treat COVID-19 positive patients who are asymptomatic or with mild symptoms. A total of 168 beds are ready in the In-Patient General Block, of which with 28 beds are prepped for immediate service. In further phases, additional 168 general beds and 62 ICU beds will be commissioned. The facility will be staffed with an expert medical team along with basic laboratory and radiological diagnostic facilities. The patients will be assessed regularly and referred to the main hospital if requiring further management.

Continued on Page 2

—— CMC Kannigapuram Campus inaugurates COVID-19 facility

This temporary COVID health centre would predominantly cater to the Ranipet district and would act as a surge capacity for the Main Hospital also.

The inaugural ceremony, began with a word of prayer by Rev. Finney Alexander, followed by the welcome address by the Associate Director of Human Resources, CMC, Dr. Deepak Abraham. An overview of the facility was presented to the gathering by the Associate Director of Kannigapuram, Dr. Anil Kuruvilla in which he expressed his sincere gratitude to the migrant laborers; without whom this facility would have been at a standstill. The Director of CMC, Dr. J.V. Peter expressed his gratitude to the district authorities



for the immense support in this aspect. He reiterated the fact that CMC Vellore has and will always respond to the health needs of the community.



The Chief Guest, District Collector of Ranipet, Tmt. S. Divyadharshini, IAS, addressed the gathering and formally inaugurated the facility by the symbolic ribbon cutting. She was thankful to the institution for the timely support in this difficult time and expressed her willingness to support the institution in its endeavours.

The event came to an end by felicitations by Deputy Medical Superintendent, Dr. Rajesh I, General Superintendent, Mr. David Chandran and Dr. O.C. Abraham, Professor of Medicine.

First Convalescent COVID-19 Plasma Donor at Christian Medical College Vellore —

On the 17th of June 2020, CMC Blood Centre had an unusual visitor. Mr. E. Gnana was screened and found fit to donate.

However, the big difference was that he was a COVID-19 survivor who had volunteered to donate convalescent plasma for the benefit of future COVID-19 patients.

Meeting up with the Director prior to the donation, he recalled the stormy period that began during March when he was diagnosed as the first COVID-19 infected patient in CMC and in Vellore and was admitted for care. In his prolonged isolation, he decided to give back something for the society touched by the palpable experience of the "loving healing community", which is CMC. Hence his bold decision to donate. He expressed his gratefulness to the medical team that cared for him during his stay here. Mr. Gnana's wife works at CMC hospital and although she tested negative it was a time of great stress for her as well.

Convalescent plasma was collected in the blood bank, through a procedure called 'Apheresis'. The unit was screened as per standard regulations for blood borne infections and nuclei acid testing for the HIV, HBV and HCV viruses prior to freezing at minus 80° Celcius.

CMC Blood Centre is grateful to Mr. Gnana for having taken this courageous step to set an example for other donors. He is considering returning for a second donation if required, after a fortnight. Eligible COVID-19 survivors are requested to volunteer to donate to help other patients in future.

Convalescent COVID-19 plasma therapy is being performed in CMC Hospital as part of a multi-Indian Council of Medical Research (ICMR) PLACID Trial at CMC that has been permitted by CMC's Institutional Review Board, (IRB), the ICMR and the Drugs Controller General of India. Donors are not paid for the plasma donated. Consent will be taken from patients receiving the convalescent plasma and data collected as per protocols in place.

CMC is one of the 21 institution approved by ICMR for participating in a randomised controlled study to assess the safety and efficacy of convalescent plasma to limit complications associated with COVID-19.

First Convalescent COVID-19 Plasma Donor at Christian Medical College Vellore

What is Apheresis: In this procedure, a machine is connected to the donor via an IV line. Small quantities of blood are removed from the donor, to which an anticoagulant is added, and it is centrifuged inside the machine. The plasma is separated, and the red blood cells and other cellular components are returned to the donor. Thus, only the component of interest (plasma) is collected and retained. It is performed using a sterile, single use kit and the donor is monitored continuously by a medical team during the procedure which takes about 45 minutes.

What is Convalescent COVID-19 Plasma? Blood plasma is a yellowish liquid that makes up about half your blood volume. After a viral infection, your plasma contains antibodies that are used to help fight infection. Convalescent plasma is the antibody-rich plasma of a person who has recovered from COVID-19.

Who can donate convalescent plasma? Convalescent plasma can only be donated by someone who has had documented COVID-19 viral infection and

recovered from it. Currently plasma is collected during a period of 1 to 28 days after the infection, depending on test results (RTPCR) available and the donor condition.

Who can collect convalescent plasma? In India, currently only the blood centers already licensed for apheresis and are enrolled in the ICMR multicenter trial can collect the convalescent COVID-19 plasma. CMC Blood centre is part of this trial and is collecting convalescent plasma.

Whom to contact? Please contact the Medical Officer in the Blood Bank at 0416-228 2533 or send an email to vbdengage@gmail.com for more details. Stretch out your hands to save lives!!!



= June 21 - 27, 2020 =

SPECIAL PRAYERS THIS WEEK

Civil Engineering:

Mr. S. Balasubramanian and Staff

Planning Engineering:

Mr. V. Jayasankar and Staff

Mechanical Department:

Mr. T. Prasad and Staff

Electrical Department:

Mr. S. Sukumar Solomon and Staff

Air Conditioning Engineering:

Mr. S. Sukumar Solomon and Staff

Environmental Engineering:

Mr. K.R. Ramakrishnan and Staff

Electronic Engineering:

Mrs. Indumathi and Staff

Telephone Exchange:

Er. David Chandran and Staff

Mr. Dinesh and Staff

CSI Rayalaseema Diocese:

Council Members:

Dr. Khaja Naveen Dr. G.A. Augustine

Hospitals: CSI Arogyavaram Medical Centre, Madanapally and MLL Hospital, Madanapally and others

Memoranda

• Kannigapuram Medical Unit will commence services from 18th June, 2020.

Dr. O.C. Abraham, Professor of Medicine will be the Head of the Clinical Services Team.

- **Dr. Paul Prabhakar Abhilash**, Professor, is appointed as Acting Head of the Department of Emergency Medicine with effect from 15th June, 2020 until further notice.
- **Dr. Anitha Thomas,** Surgeon / Associate Professor, is appointed as Acting Head of the Department of Gynaecologic Oncology with effect from 15th June, 2020 until further notice.
- **Dr. Ashish Sing,** Associate Physician / Assistant Professor, will continue as Acting Head of the Department of Medical Oncology until further notice.

Obituary

Mr. Ragavelu, retired Hospital House Keeping Attendant, Department of Radiology, father of Mr. Govindharaj, Hospital House Keeping Attendant, RUHSA Department.

Situations Vacant =

1. Assistant Professor Gr.I with MCI-recognised postgraduate degree in DM (Cardiology) for the Department of Cardiology Unit-IV

Candidate must have two years of experience in Cardiac Electrophysiology (Catheter Ablation & Pacing). Salary: As per institutional rules.

Accommodation provided. (Partly furnished, depending on availability).

2. Senior Demonstrator (Non-Medical) Gr.IV for the Department of Neurological Sciences

Area of work: Genetic and Immunological diagnostic testing in Neurological disorders.

Qualification: M.Sc. in Molecular Biology or Genetics.

Preference will be given to candidates with two years demonstrable hands-on experience with molecular diagnosis of Neurological disorders.

Salary: As per institutional rules. Accommodation not provided.

Applications should be sent by post to the Principal, Christian Medical College, Bagayam, Vellore–632002 or email to: **princi@cmcvellore.ac.in**, with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address on or before **June 27, 2020** for Items 1 and 2.

3. Staff II Medical Lab Technician (Project) for the Department of Clinical Haematology

Qualifications: B.Sc. MLT with minimum three years work experience. People who have worked in Washim District area will be given preference. Knowledge of Marathai / Hindi essential.

Note: Only regular mode will be accepted, private or correspondence will not be accepted.

Age limit: 35 years. Salary scale: As per institutional rules.

Job description: Selected candidate has to work in the local project center, Reynold's Memorial Hospital, Washim.

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link: "Vacancies". Note: Only online applications will be accepted; Hard copies will not be accepted. Applications will close on July 06, 2020 for Item 3.

4. Computer Terminal Operator for the **Department of Haematology.** To work in a project on Term Appointment basis. The term of appointment is co-terminus with the duration of the project. The name of the project is "Outreach Programme for Screeing, Prevention (and treatment) of inherited genetic disorders in aspirational districts for social benefit.

Qualification: Graduate (regular college) + English typing lower + D.C.A. Consolidated salary: Rs.22,095/-. People who have worked in Washim district area with two years of experience in a project will be preferred. Knowledge of Marathi / Hindi will be an added advantage.

Please log on to http://www.cmch-vellore.edu Link: "Vacancies". Icon: "Computer Terminal Operator"

5. Field Worker for the **Department of Haematology.** To work in a Project on Term Appointment basis. The term of appointment is co-terminus with the duration of the project. The name of the project is "Outreach Programme for Screening, Prevention (and treatment) of inherited genetic disorders in aspirational districts for social benefit.

Qualification: Plus two. Consolidated salary: Rs.17, 333/-.

Graduates and people who have worked in Washim district area will be preferred. Knowledge of Marathi / Hindi will be an added advantage.

Please log on to http://www.cmch-vellore.edu Link: "Vacancies". Icon: "Field Worker".

6. Field Worker for the **Department of Neurological Sciences.** To work in a Project on Term Appointment basis. The term of appointment is co-terminus with the duration of the project. The name of the project is "AVERT Dose - (INSTRuCT).

Oualification: Plus two, B.Sc. Graduates in the field of Life Sciences will be preferred.

Consolidated salary: Rs.17, 333/-.

Please log on to http://www.cmch-vellore.edu Link: "Vacancies". Icon: "Field Worker"

Only online applications will be accepted. Hard copies will not be accepted.

Apply on or before June 29, 2020 for Items 4, 5 and July 06, 2020 for Item 6.



Reflections on the Calendar June - A Time to Give



Way back in 1922, the generous donation of Rachel Fillibrown, gave the nursing staff and students their very first hostel on the main town campus.

Mr. Herbert Martin and Mrs. Lora Fillebrown of USA donated 10,000 dollars which was the entire amount of money received as gifts for their daughter, Rachel's wedding. The building has seen many transformations over the years and finally was demolished in 1998 when the Ida Sophia Scudder Centenary Centre (ISSCC) building was built. But the Rachel Fillibrown building continues its existence in the new nursing hostel which was also simultaneously built in 1998. The power of giving and the longevity of charity is to be taken into account with this gesture. The name and deed lives on and many have used the comfort and safety of the hostel in their formative years.







60 saplings planted to mark = World Environment Day, 2020

The World Environment Day this year was observed on 5th June, 2020 under the theme, 'Time for Nature – Biodiversity'. CMC has always set an example in preservation of nature, by taking constant efforts in campus greening. The Department of Environment Engineering organised a tree planting campaign was organised in Mental Health Centre, Rehabilitation Centre, CHAD and College of Nursing, Kagithapattarai campus to create awareness and over **60 saplings were planted in all campuses to commemorate World Environment Day.**





The Chief Guests for the day were Rev. Emmanuel Gnana Zion and Mr. Ejas. Rev. Emmanuel Gnana Zion from CSI Vellore diocese and Mr. Ejas, a local businessman, have recently undergone the trials and difficulties that families and patients face due to COVID. They both planted saplings, symbolising a ray of hope during this difficult times and the higher hand of nature and its crucial role in our survival.

Following this were felicitations by the General Superintendent,

Er. David, Principal, Dr. Anna Pulimood, Nursing Superintendant, Dr. Premila Lee, and Deputy Dean, College of Nursing, Mrs. Alice. The Vote of thanks was given by Associate General Superintendent (Ag.) Dr. Lallu Joseph, with a speech acknowledging that CMC should continue be a role model in conserving the nature and preserving the balance of nature which has been disturbed off late.



New Mobile Clinic Vehicle dedicated at CHAD



The new mobile clinic vehicle funded primarily by the Swedish Friends of Vellore (FOV) was dedicated on Monday, 8th June 2020. Dr. Vinod Abraham, Professor and Head of the Department described the background of the current mobile clinic vehicle which was also funded by the Swedish FoV in 1997. As the old vehicle has been run for over 23 years, the Swedish, FOV had offered to fund a significant amount towards the purchase of a new vehicle. Dr. Vinod thanked the Swedish FOV and several staff of the department who had

been instrumental in selecting the vehicle and in planning the structure

and fabrication of the new vehicle. Rev. Deepak, Chaplain, CMC offered a prayer of dedication.

With this new addition to its vehicles, the department will continue to strive towards improving the health of those it serves, particularly the underprivileged and marginalised.



= June 28 - July 04, 2020 **=**

SPECIAL PRAYERS THIS WEEK

Gastrointestinal Sciences:

Dr. C.E. Eapen and Staff

Mrs. Jasmin Anand and Staff

Clinical Gastroenterology and Hepatology:

Dr. C.E. Eapen and Staff

Dr. Ebby George Simon and Staff

Dr. Amit Kumar Dutta and Staff

Mrs. Jasmin Anand and Staff

Wellcome Trust Research Laboratory:

Dr. C.E. Eapen and Staff

Medical Genetics: Dr. Sumita Danda and Staff

CSI South Kerala Diocese

Council Members: Dr. P.K. Rosebist

Dr. Ranjith R.P.

Hospital: CSI Medical College and Hospital,

Karakonam and others

Church Mission Society

Council Members: Mr. Hugh Skeil

Rev. Vinod Victor

Memoranda -

- **Dr. Thomas V. Paul,** Professor, is appointed as Head of the Department of Endocrinology with effect from 1st July, 2020 for a four year term.
- **Dr. Georgene Singh,** Professor, is appointed as Head of the Department of Neuroanaesthesia with effect from 1st July, 2020 for a four year term.
- **Dr. Shalini Nair,** Professor, is appointed as Ag. Head of Neuro-ICU with effect from 1st July, 2020 until further notice.

= Congratulations! —

CMC with the Distance Education Department of the National Law School of India University (NLSIU), Bengaluru, conducted the Post Graduate Diploma in Medical Law and Ethics (PGDMLE) one year programme for its Faculty and Staff.

The following scholars have successfully cleared the course from the batch of 2018-2019.

Name	Designation	Department	
Dr. Sushil Mathew John	Professor	LCECU	
Dr. Mousumi Sen	Professor	Forensic Medicine	
Dr. Felix Jebasingh K	Associate Physician	Endocrinology	
Dr. Vanjare Harshad Arvind	Assistant Professor	Radiodiagnosis	
Dr. Jibi Achamma Jacob	Assistant Professor	Psychiatry Unit-I	
Dr. Raviteja Innamuri	Assistant Professor	Psychiatry Unit-II	
Dr. Naveen Kolloju	Assistant Professor	Psychiatry Unit-III	
Mrs. Anniamma Jacob	Sr. Manager	MS Office	
Mrs. Ilavarasi Jesudoss	Professor	College of Nursing	
Dr. Bala Seetharaman	Professor	College of Nursing	
Mrs. Helen Sujatha Charles	Professor	College of Nursing	
Mrs. Margaret Manoharan	Professor	College of Nursing	
Mrs. Alice Sony	Professor	College of Nursing	

Retirements —

• Mr. P. Ravi, Sel. Gr. Staff Clerk Gr.I, Hospital Annexe retired on 20th May 2020, after 33 years of dedicated service to the institution. His wife, Mrs. Sheela is a retired Telephone Operator from CMC. They have a son and a daughter.



= Retirements —

• Mr. Kanagaraj, Sr. Hospital Attendant, Department of Radiation Therapy Unit-II retired on 24th May 2020, after nearly 36 years of dedicated service to the institution. He has a son and a daughter. His son, Mr. Jasper Pravin is a Sr. Deputy Engineer in ZF Wind Power Pvt. Ltd., Combatore and his daughter, Ms. Atlin Linnet is working as a Staff Nurse in MTS-II Ward.



The CMC community is thankful for their years of dedication and commitment to the institution and wishes them God's blessings on their retired life.

—— Obituaries —

- Mrs. Sampooranam (84 years old) passed away on 21st June, 2020. She was the wife of late Mr. James Rathinam, mother of Mr. Nithiyanandam J.R, Sel. Gr.I Sr. Pharmacist and mother-in-law of Mrs. Mona Prema Malini, Sel. Gr.I Pharmacist, Department of Pharmacy.
- Mr. Thomas Lazarus (84 years old) passed away on 21st June 2020. He worked in the Internal Audit Department as the chief from about 1970 for many years. Dr. George Jayaprakash (MBBS batch of 1967) remembers him as the only one apart from Dr. K.V. Mathai who wore shoes, socks and a tie!!!

From CMC he moved to Aramco in Saudi Arabia and then settled down in Mississauga Ontario, Canada for nearly 15 years. Despite his multiple medical issues he continued to work as an auditor for a Catholic institution there till a few months ago when he sadly succumbed to his illness. He leaves behind his wife Blossom, Son, Ben and daughter Donna.

Sadly most of the present staff may not know him but old timers of the 1967/75 era will remember him.

Dr. George Jayaprakash (MBBS batch of 1967)

Let us uphold all the bereaved members of the families in our prayers at this time of grief and loss.

= Notice =

CMC-CMAI-Diploma in Hospital Administration (DHA)

The Department of Hospital Management Studies, Staff Training and Development invite CMC staff to apply for the Diploma in Hospital Administration (DHA) Course. This one year distance learningcourse, jointly certified by CMAI New Delhi and CMC Vellore, paves the way for healthcare professionals to become doubly qualified as proficient administrators through sound foundations in healthcare management via blended learning platform with self learning from study material supplemented by in a two week contact class programme comprising of intense sessions with expert faculty from CMC covering the diverse aspects of healthcare administration, and exposure to the practical aspects of hospital administration through department visits for observing the various aspects of department functioning and its management. Graduates of this course will be able to distinguish themselves through their ability to handle the administrative aspects of their departments in addition to their primary professions, thereby contributing significantly to the organization by improving and sustaining the quality and efficiency of their departments during their service. The last date for applying for this course is 18.07.2020. For more details, please contact the Department of Hospital Management Studies, Staff Training and Development at 6098 / 6099.

Situations Vacant =

1. Junior Medical Officer for the **Department of Clinical Immunology and Rheumatology**Qualification: MBBS.

Mode of appointment: Project mode.

Consolidated salary: Rs.60,000/- per month. Accommodation not provided.

Download application from this link: http://www.cmch-vellore.edu/→General →Vacancies →Application Form for Project Staff. Please send the filled application menstioning the Job Code either by soft copy to princi.hr@cmcvellore.ac.in or by hard copy address to the Principal, Christian Medical College, Bagayam, Vellore-632 002, Tamil Nadu on or before July 10, 2020 for Item 1. Please mention the job code, applications forms without the job code will not be accepted.

2. Co-ordinator to work in (APBMT 2020) on Term Appointment basis. The term of appointment is co-terminus with the duration of the project. The project will be implemented under the **Department of Haematology** Qualification: M.B.A. Consolidated salary: As per CMC Guidelines.

Please log on to http://www.cmch-vellore.edu Link: "Vacancies". Icon: "Co-ordinator"

Graduates with Medical / Paramedical / Healthcare qualifications will be preferred.

Only online applications will be accepted. Hard copies will not be accepted.

Apply on or before **July 09, 2020** for Item 2.

Situations Vacant =

3. Appointment of Project Staff for Fundraising Activities in Development Office

Officer – Fundraising (Project post for 6 months) in the Development Office. An enthusiastic and organised person, preferably with fundraising experience, to help us approach individuals and organisations to help in fundraising for our new campus at Kannigapuram and other projects. They will also assist with all regular work of the Development Office.

Scale: Officer.

Qualifications: Graduate in any discipline, MBA or other appropriate Masters level qualification.

Experience – at least 2 years relevant. Proposed job descriptions and profiles.

General description: We are looking for an enthusiastic person to assist CMC achieve its mission, in particular with regard to our huge new hospital development project at Kannigapuram. They will be friendly, outgoing, committed to helping others, well organised and used to self-managing their time and finding their own solutions. Although the work will involve detailed research and information gathering, this person will form an integral part of the fundraising team and will be ready to help with the ongoing activities of the Development Office.

Officer Fundraisin	ng
Job outline	To organise and execute targeted email campaigns for groups of people/organisations (for example companies, alumni, churches). Identify suitable target groups, obtaining contact email addresses, prepare and send emails to them, deal with the responses in an organised manner.
Other jobs	To assist with regular work of Development Office (DO) including: email and regular correspondence with donors and others, preparing stories, project write ups, welcoming visitors to DO, advising donors, dealing with receipts, phone calls, enquiries, accounting for donations, preparing printed materials.
Essential attributes	Good English language skills (both spoken and written), basic numeracy, familiar with email, internet research, use of word processor, spreadsheet. Able to work on their own with minimal supervision, and use initiative to develop this project.
Desired / useful attributes	Fluency in Hindi and one or more South Indian languages; knowledge of database systems, publishing software, knowledge of health care sector/hospital work, use of website and social media in business/fundraising, experience working with minimal supervision. Technical knowledge of website design or database management would be an advantage.
Qualifications	Graduate of any discipline. Will probably have a masters in business, commerce or similar field. Age, gender no barrier, provided they are willing to work hard, and sometimes put in extra work as required. Will have at least two years of work experience, ideally in fundraising, marketing or sales.
Hours etc	Normal working hours usually, but may be requested to assist on various activities in the evenings or weekends.
Scale	Consolidated pay Rs.31,714/- + conveyance.

Please log on to http://www.cmch-vellore.edu Link: "Vacancies".

Only online applications will be accepted. Hard copies will not be accepted.

Apply on or before July 03, 2020 for Item 3.

4. Schieffelin Institute of Health - Research & Leprosy Centre, Karigiri - 632 106 invites applications for the following post : **Medical Officer.** Qualification : M.B.B.S.

Candidate can apply with bio-data along with photocopies of certificates send it to address "the Director, SIH-R & LC., Karigiri, Pin - 632 106. or email your updated resume along with the scan copies of all your testimonials to **directorate@karigiri.org** or **personnel@karigiri.org**Last date for receipt of applications is **July 04, 2020** for Item 4.



The Phone of Life and Death... Thoughts From a Frontline Caregiver

Everyone is a suspect. We take no chances when it comes to our safety. Ever since the Covid pandemic, a lot of things have changed and so many remain unchanged.

The pandemic has brought a sudden end to one of the best features of this hospital: talking, explaining and meeting the bystanders and patient's relatives. The absence of a bystander is indeed a palpable emptiness. No longer do I see anxious faces beside the patient, no longer do they hold my hand in sadness or happiness. Now everything is conveyed through the mobile phone. All emotions, questions and explanations are conveyed through the mobile phone. Now I call each relative and give them updates.

Whatsapp has become a part of this life changing routine. I turn on the video call and ask the relatives to talk to the patients. The worries and anxieties remain the same.



The "call" from the hospital is what the families wait eagerly wait for. They wait eagerly to hear the word "negative" from Corona. Anything other than the dreaded Corona is fine, at this time.

But if the word is positive, then it's my turn to "put on my big girl shoes and be brave and strong".

There is no escape from emotions here. Especially for me, since I've always been at arm's length from emotions. It's easier to run from it than to deal with it. But I have become a bearer of bad news. I was not prepared for this... especially since the only connect is the mobile phone. Consoling strangers over video call, being a part of grieving ... I am a part of their 'whys', their prayers and their hope. No one taught me these, but I call upon God and take hints from my consultants.

Sometimes all they need is a voice of hope, a familiar face of their loved ones or a word of prayer.

I remember a patient I had. She was admitted to ICU from the ward due to increasing oxygen requirement. Her Glasgow Coma Scale (GCS) was 14/15 and she was agitated and altered. When the time for video call came,

I took the phone and dialed her sister. That was all she needed to calm down. Tears rolled down her eyes as her elder sister spoke to her. Few words of comfort, a virtual hug... the patient was fine and steady. Next day her GCS was 15/15, conscious and oriented to time, place and person.

She was shifted to the ward and we moved on to the next person.

Life goes on, patients in and out, life and death running parallel, fears, anxieties, hope, relief, happiness, grief... these are the handful of emotions, all strong ones which run through the wards. The only connect is the mobile phone. The absence of human touch, a hug, a hand on the shoulder, a pat on the head... all these have become dangerous now. Tough times for healing and time to take on dual roles for the doctors and health care workers.

- adapted from Nemisha Varughese's thoughts in the Medical ICU

Inauguration of the Department of Trauma Surgery



As a response to the escalating number in trauma cases, CMC has moved a step further in establishing the multispecialty Level 1 Trauma center at Kannigapuram. The system for trauma care is being set in place and it will encompass hall-marked facility and service in the field of trauma resuscitation, observation, ward, ICU, operating room and rehabilitation.

In this regard the mile stone of setting a Department of Trauma Surgery has been in the anvil for a period of time. June 1, 2020

thus became a historical day in CMC, with the inauguration of the Department of Trauma Surgery. The Social distancing norms were followed in the brief and limited gathering of the inauguration programme.

With an opening prayer song by the Trauma Nursing team, the services were formally inaugurated and felicitated by the Director, Dr. J.V. Peter, Medical Superintendent, Dr. Prasad Mathews and the Nursing Superintendent, Dr. Premila Lee. An overview of the culmination and the objectives of the Trauma Surgery unit were briefed by Dr. Sukria Nayak, Head Department of Trauma Surgery. The inauguration was attended and supported by the Clinicians from various Trauma associated departments. Rev. Dr. Aruldhas, Head, Chaplaincy formally dedicated the new department through a prayer of dedication. The gathering concluded with a brief vote of thanks by Mr. T.S. Ravi Kumar, Trauma Team member.

_____ July 05 - 11, 2020 =

SPECIAL PRAYERS THIS WEEK

Dietary : Er. David Chandran and Staff

Mrs. Manimegalai B. and Staff

Dermatology:

Dr. Susanne A. Pulimood and Staff

Dr. Dharshini S. and Staff

Dr. Dincy Peter C.V. and Staff

Mrs. Ilavarasi Jesudoss and Staff

Assemblies of God in North India:

Council Members : Mr. Sanjay Prasad

Mr. Prabhakar David

Hospital: Mission of Mercy Hospital and

Research Centre, Kolkota

Retirements -



• Mr. V. Narasiman, Staff Gr.I Sr. Accountant, Department of Accounts retired on 14th May 2020, after 36 years of dedicated service to the institution. His wife, Mrs. Vijayalakshmi is a Section Suervisor in Annamalai University, D.D.E. They have a son, Mr. Samhith who is doing B.E. in Kumbakonam.

• Ms. Punitha Martin, Sr. Gr.I Clerk Typist, Department of Biochemistry retired on 28th May 2020, nearly 36 years of service to the institution. She started work in CMC, Vellore in 1984, as a clerk typist in RUHSA. She worked there until 2006, when she moved



= Retirements =

first to the Rehabilitation Institute at Bagayam, and then to the Department of Biochemistry on the medical college campus in 2008. She has been a cheerful and smiling presence in the department for the last 12 years. She is married to Mr. M. Martin who retired from CMC as a senior audio-visual technician. She has two children (Dr. Sonia Angeline Inbakumari, Professor in Kristu Jayanti College, Bangalore and Mr. Samuel Paul Gideon, Grants Manager in the Wellcome Trust Research Laboratory, CMC, Vellore) and two grandchildren. She is an active participant in her church; the Ida Scudder Memorial Church in Bagayam. The institution, and the Department of Biochemistry in particular, would like to wish Ms. Punitha Martin the very best and blessings for a happy retired life.

The CMC community is thankful for their years of dedication and commitment to the institution and wishes them God's blessings on their retired life.

Obituaries

- Mr. Alfred Sam Stephen, retired Asst. Engineer in GS Office passed away on 27th June, 2020. He is survived by his wife, Mrs. A. Manonmani, son Dr. Premnath and daughter Mrs. Sharmila.
- Mr. Raja S, passed away on 3rd July, 2020. He is survived by his wife Mrs. Stella Raja, Hospital Auxiliary in OPD, son Mr. Richard, Staff Nurse in Main OR, and daughter Ms. Bella Rose.
- **Mr. Premraj**, Hospital Attendant Gr.IV, Operationg Room (OR) passed away on 30th June, 2020. He joined CMC in 2008. He is survived by his mother Mrs. Jayanthi, wife, Mrs. Karpagam and daughter.

Let us uphold all the bereaved members of the families in our prayers at this time of grief and loss.

Situations Vacant =

1. Assistant Professor Gr.I for the Department of Endocrinology, Diabetes & Metabolism

Qualification: DM (Endo) / DNB (Endo).

Candidates with DNB qualification should fulfill the latest MCI criteria for teaching appointment.

Salary scale: As per institutional rules.

Accommodation provided (Subject to availability).

Applications should be sent by post to the Principal, Christian Medical College, Bagayam, Vellore–632002 or email to: **princi@cmcvellore.ac.in**, **endocrine@cmcvellore.ac.in** on or before **July 18, 2020** for Item 1.

2. Junior Research Fellow (JRF) for the Department of Microbiology

Job Code: 1336

Qualification : M.Sc. Life Sciences with experience in PCR and Cell culture, Preference will be given to ICMR JRF / UGC / CSIR NET qualified candidate.

Age: Less than 30 years. Sex: Male/Female. Mode of appointment: Project mode. Duration: 2 years.

Salary: As per institutional rules. Accommodation not provided.

Download application from this link: http://www.cmch-vellore.edu/→General →Vacancies →Application Form for Project Staff. Please send the filled application menstioning the Job Code either by soft copy to princi.hr@cmcvellore.ac.in or by hard copy address to the Principal, Christian Medical College, Bagayam, Vellore-632 002, Tamil Nadu on or before July 17, 2020 for Item 2.

Please mention the job code, applications forms without the job code will not be accepted.

3. Driver for the Tamil Nadu Health System Project on Term Appointment basis. The term of appointment is co-terminus with the duration of the project. The project will be implemented under **CHAD**.

 $Qualification: S.S.L.C. + HMV\ Licence. \qquad Salary: As\ per\ institutional\ norm.$

Please log on to http://www.cmch-vellore.edu Link: "Vacancies". Icon: "Driver"

Only online applications will be accepted. Hard copies will not be accepted.

Apply on or before **July 20, 2020** for Item 3.



Department of Medical Education Conducts its First Online CISP2 Workshop

On June 25th and 26th, 2020, the Department of Medical Education (MED) conducted its first-ever MCI approved, completely online faculty development programme. The Curriculum Implementation Support Programme (CISP 2) was well attended by thirty five faculty from various specialties within the institution.

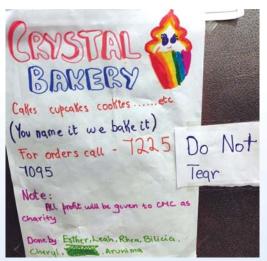
The web-based workshop was conducted using Google Meet. The video conferencing included plenary sessions and group activities.



For the activities, break-out rooms were organised to enable faculty to work in small groups, to write objectives, design teaching-learning sessions and formulate timetables with alignment and integration with different disciplines.

The workshop began with prayer and devotion by Dr. Margret Shanthi, Head of Medical Education Department. Dr. Anna Pulimood, Principal, welcomed the participants. Dr. Sudha Jasmine, Co-convenor Medical Education Department proposed the vote of thanks. The online sessions were facilitated by the MED faculty and were interactive and interesting with active participation. Dr. Vinay Oommen, Vice Principal (UG), Dr. Latif Rajesh, Professor Department of Forensic Medicine and Dr. Sudha Jasmine organised the online sessions. The Medical Education Department would like to thank Dr. Dhayakani Selvakumar, Consultant Medical Education Unit, Dr. Margret Shanthi, Dr. Shantidani Minz, Dr. Reena George, coordinator CME Dr. Vinay Oomen, Dr. Latif Rajesh, Dr. Priyanka Daniel, Associate Professor Department of Anatomy, Dr. Uday Zachariah, Head Deaprtment of Hepatology, Dr. Vasanth Mark Samuel, Associate Professor, Surgery Unit-I and Dr. Sudha Jasmine for all their contribution towards the successful conduct of the workshop.

Raising Funds by the KPTR Campus Kids :



The girls:

It all started when the lockdown locked away all our sweets and snacks. When the bakeries and shops closed, a certain resident posted a query in the KPTR residents group, asking if any bakeries were open. Discussions began in homes and a small group of wide-eyed, enthusiastic



girls, decided that they will plunge into baking and cater to the needs of the residents



In Mrs. Sheby's home, the group of kids thus, created the 'Crystal Bakery'.



She recalls how the excitement had increased and the children were seriously discussing how the lockdown has affected the income of CMC. With the noble thoughts to donate whatever they can to the institution, they began baking. Unlike the good old days when children could freely gather in groups, the social distancing and pandemic fears posed a great challenge.



Soon, they charted out a budget and chipped in some money to invest as a capital. They used their pocket money which they had earned after doing chores at home. Publicity and distribution of handmade posters were efficiently carried out and most of the legwork was done online. Eventually as the sales shot up, they had to occupy two

kitchens to keep up with the multiple demands of their customers. Cakes of various hues and designs and soft, crunchy, warm brownies made their way to various homes. Their **safe**, **contact-free delivery scheme** was welcomed and their bakery had made **Rupees 10,000/-** as profit alone. This was also an encouragement for all the children across the blocks and a healthy productive way to spend time; while maintaining physical distancing. There were other sister bakeries too, 'Cupcakery' which alongside began production of delicious cupcakes. The 'Cupcakery' Team, Tanvi, Rianne, Neha, Nandu and Serena supported the securities with their profits.

The 'proprietors', Leah Rajiv, Cheryl Nithyananth, Rhea Kurian, Esther George, Belicia Byju and Arunima Nair handed over the profit to CMC.

The Boys:

The boys took it upon themselves to start a Garage Sale. It was a tedious process for them especially since a sale would lead to gathering. But with the help of their parents, the children organised a sale, ensuring that the onlookers were minimal, following social distancing protocols, hand hygiene and wearing masks. The highlight of the garage sale was the auction of bicycles which was one of its kind, since it was done completely online. The bid and the items were uploaded and within the stipulated time limit, the auction would end with the highest bidder as the new cycle owner.



A whooping sales of Rupees 71,000/- was produced from the garage sale. This was handed over to Dr. Chandrasingh, Associate Director (Finance) as donation by the boys; Jonathan Jesudason, Mathew Kuruvilla, Ayush Gahukamble, Andrew Nidharsan, Reuben Kurien, Nathan Nelson and Rohan Rajiv.

= July 12 - 18, 2020 =

SPECIAL PRAYERS THIS WEEK

General Pathology: Dr. Geetha Chacko and Staff

Forensic Medicine: Dr. Mousumi Sen and Staff

Cytogenetics : Dr. Mary Purna Chacko and Staff

Council of Baptist Churches in North East India

Council Members: Rev. Dr. Akheto Sema

Dr. Bamin Tada

Hospital: Satribari Chran Hospital, Guwahati

Johart Christian Medical Centre

Tura Christian Hospital

Evangelical Mission Hospital, Tilda

Christian Hospital, Berhampur and others

Eastern Regional Board of Health Services

Council Members: Dr. Minal K. Nanda

Mr. Milind Gude

Hospital: Evangelical Hospital, Khariar

Christian Hospital, Mungeli and others

Friends of Vellore, U.K.

Council Members : Mrs. Ruth Tuckwell

Ms. Joy Levine

= Welcome —

• Dr. Tarun K. George, Associate Professor, General Medicine Unit-IV, on his return from sabbatical leave.

Retirements —

• Mr. N. Nagaraj, Staff Gr. Asst. Engineer Gr.I, Department of Engineering Planning retired on 1st June 2020, after 36 years of dedicated service to the institution. His wife is a homemaker and they have a daughter, Mrs. Narmadha.



• Mr. K. Manokaran, Sr. Gr. I Artisan (Tailor), Department of Stores retired on 7th June 2020, after 23 years of service to the institution. His wife is a homemaker and they have a daughter, Mrs. Yuvarani.

The CMC community is thankful for their years of dedication and commitment to the institution and wishes them God's blessings on their retired life.

——— Obituaries —

• **Dr. V.X. Mathew** (MBBS batch of 1955) passed away on 2nd July, 2020. Dr. Mathew joined for his MBBS course in CMC in the year 1955. After completing his MBBS, he went on to complete MD in General Medicine from CMC.



After completing his MD from CMC Vellore in 1964, he joined Immaculate Heart of Mary Hospital – IHM, Kerala in 1968 as a physician. Later in 1974 he was appointed as the Medical

Director and served the hospital till February 2020 holding the same chair. Though he had a massive heart attack in 2012, he was away for just 3 months of recuperation period, then back to duty without any fail. He was available for the patients day and night alike. He was the head of IHM family and the very cause of the family spirit in the campus. Though advanced in age, all the sophisticated information technologies were flexible for his fingers. He was updated with all inventions and current developments in medical field. He could clear doubts irrespective of the subject, his knowledge had no limits to set.

It is very rare to find a well-qualified doctor serving in such a simple hospital for more than half a century. He was an extra ordinary man – in simplicity, love for the poor and needy and passion for the old and sick. His devotion and deep faith in God was exemplary. He was a trusted physician, who was dependable. He lived the ethos of our Alma matter.

He was an outstanding physician, and he is a very good husband for his wife, a good father for his children, a model grandfather for the grandchildren, a good boss for the staff and **a faithful disciple for God.** Daily he spent long hours in Chapel for prayer and that supported IHM family with positive energy. We miss him in the chapel on the last bench, the corner of the main wing. No one can fill this gap.

Obituaries =

Dr. V.X. Mathew always gazed at the Lord for consultation even in simple day to day affairs. His trust and faith in God was amazing and beautiful.

The funeral was held on 3rd July, 2020.

For those who would like to get in touch with the family, the contact details of his sons are given below:

Mr. Joseph, Mobile: 9946153712.

Dr. Xavier, Mobile: +614-88335085, email: xaviermathew@bigpond.com

• Mrs. Vasundhara passed away on 6th July, 2020 at Bangalore. She was the mother of Dr. H.S.Asha, Professor, Department of Endocrinology.

Let us uphold all the bereaved members of the families in our prayers at this time of grief and loss.

Notice :

Christian Counselling Centre, sister institute of CMC has started an online course of two months duration in P.G. Certificate Blended Learning in Psychological Counseling. The dates, durations and the rates can be found at CCC website: www.cccindia.org

The upcoming courses' dates are

Course	Duration	Deadline for Application	Last date of Fee Payment
C. No. 169	From 7 th October to 27 th November 2020	From NOW till 15 th July	20 th July 2020
C. No. 170	From 12 th January to 5 th March 2021	From NOW till 9th August	19th August 2020
C. No. 171	From 16th March to 7th May 2021	From NOW till 1st September	10th September 2020



e-Seminar on, 'Airway Management: Trends and Updates'

The Departments of Medical Nursing and Continuing Nursing Education & Research of College of Nursing, organised an e-Seminar on 'Airway Management: Trends and Updates' on 12th June, 2020. This was conducted in honor of Dr. Mrs. Shirley David, Head, Department of Medical Surgical Nursing on her retirement in July 2020. Since regular workshops and seminar cannot be conducted this e-seminar, was conducted through 'Zoom' and it was live streamed in You Tube. Dr. Vinitha Ravindran, Professor and Head of CNE and Research began the seminar with an opening prayer and welcomed the participants. Dr. Vathsala Sadan, Dean, College of Nursing and Dr. Premila Lee, Nursing Superintendent, offered felicitations. Dr. Shirley David, Professor and Head, Medical Surgical Nursing delivered the special address. Mrs. Meenakshi Sekar, Professor and Organising Secretary, gave a short presentation on the e-Seminar topics and thanked the participants. There seminar had six sessions which covered topics such as advanced airway management, invasive and noninvasive ventilation, care of patients on ventilator, demonstration and setting up of ventilator, essence of caring and holistic nursing. There was an overwhelming response of more than 1000 registrants for the e-Seminar from across the country and also from abroad. Nearly 450 participants attended through the Zoom meeting room and about 300

participated through You Tube live streaming. Dr. Shirley David's talk on 'Essence of Caring and Holistic Nursing' was highly informative and passionate, she spoke about the true essence of nursing and its noble, holistic approach in patient care. All the sessions were highly informative and participants found it to be useful.



Dedication of services in the Department of Interventional Radiology

The Department of Interventional Radiology (IR), a sub-specialty of Clinical Radiology formally dedicated and started providing IR OPD services on 4th July, 2020. This service was previously being provided in the form of Radiology Consultation Services (RCS) for more than 10 years.

The dedication began with a prayer by Rev. Finney Alexander and Dr. Anu Eapen, Professor, Department of Radiology. Dr. Shyamkumar N.K., Head, Department of IR welcomed the small gathering. Dr. Vinu Moses described how the OPD service would supplement the recently approved DM Interventional Radiology course and how it would help patients get direct and easy access to Interventional Radiology treatment and care. Dr. J.V. Peter, Director, said a few words of inspiration and appreciated the efforts of the team. He officially declared the OPD services open by formally cutting the ribbon.

The newly purchased mobile DR X-ray equipments from FUJI Film India Pvt. Ltd., Microskan (100 kV, 60mA) were also dedicated. These machines can transfer radiographs taken over Wi-Fi and will significantly increase the turnover time of portable radiographic imaging. Dr. Sridhar Gibikote, Head of Clinical Radiology talked briefly about the advantages in this technology.

The felicitations for the dedications were delivered by Dr. Vijay Aruldhas, Acting Head, MRD and OP Services and Dr. Premila Lee, Nursing Superintendent. Mr. David Chandran, General Superintendent and few other dignitaries and well-wishers were also present. Dr. Elizabeth Joseph, Head Department of Radiodiagnosis thanked everyone who had played a role in making this dream a reality. The gathering was restricted to a few people in keeping with existing COVID related safety instructions.

The IR OPD entry can be viewed in OP registration as 'IRAD'. Patients can schedule appointment with reference letters from elsewhere or may be referred by any department from CMC. The IR OPD will function Monday to Friday from 9 AM to 11 AM. The contact numbers are 2478 (reception, room 17) and 2479 (clinic, room 8C).

SPECIAL PRAYERS THIS WEEK

Nuclear Medicine: Dr. Julie Hephzibah and Staff

Neurological Sciences:

Dr. Baylis Vivek Joseph and Staff

Dr. Christhunesa Soundararajan C. and Staff

Dr. Vivek Mathew and Staff

Dr. Krishna Prabhu R. and Staff

Dr. Ranjith K. Moorthy and Staff

Mrs. Rebecca Sumathi Bai and Staff

Jeypore Evangelical Lutheran Church

Council Members: Rt. Rev. Asish Kumar Palo

Dr. Hema Prabha Mohanty

Hospital: Christian Hospital, Nabarangpur

and Bissamcuttack

Memorandum -

- **Dr. Sumant Samuel**, Professor, is appointed as Acting Head of Orthopaedics Unit-III with effect from 23rd July, 2020 until further notice.
- The appointment of **Mr. David Chandran** as General Superintendent is extended for one year from 17th July, 2020.

---- Welcome =

- Dr. Rajan Sundaresan, Professor, Department of ENT Unit-I, on his return from study leave.
- Dr. Beula Subashini, Associate Professor, Department of Microbiology, on her return from study leave.
- Mr. P. Indurajan, Instructor I Dialysis Therapist, Department of Nephrology, on his return from sabbatical leave.

= Retirements =

• Mrs. Thilagam Vendhan, Sr. Gr. Nursing Auxiliary, retired on 8th April, 2020 after serving the institution for 33 years. She completed her nursing auxiliary training from CMC, Vellore in 1986 and joined CMC as a hospital auxiliary in December 1986. She worked in Kamala Nehru ward and Q1 West till 1992. She worked in U ward till 1995 and then in Q1 West till retirement. She is a pleasant and hardworking staff and provided quality care to the patients.

She is married to Mr. S.A. Vendhan, who is a business man. Her son, Mr. John Charles Daniel is studying in XI standard in Don Bosco Higher Secondary School, Vellore.



Retirements -

• Ms. Rani D, Sr. Gr. Health Aid retired on 9th June 2020 after 35 years of dedicated service to the institution. She joined the Community Health Department in 1985 as a Health Aide and worked in Kaniyambadi village as a hardworking and sincere staff showing concern towards the poor and needy.



She actively participated in various activities conducted by the department in Kaniyambadi block including special camps, helping in research projects and helping in numerous postgraduate students thesis.

Mrs.

Rani maintained an excellent inter-personal relationship with people in community and contributed significantly towards their health and development.

Mrs. Rani has one daughter and one son. Her daughter, D. Preethi Devakirubah is doing her first year M.Sc. Nursing in CMC and her son, Joshua Paul David is doing his 3rd year B.Sc. in Emergency Medicine and Trauma Care.

The CMC community is thankful for their years of dedication and commitment to the institution and wishes them God's blessings on their retired life.

— Obituaries —

• Dr. Bahunlang Kharsyntiew (MBBS batch of 1981) passed away on 24th June, 2020.



• **Dr. Priyabrata Dey** (PG alumnus, Neurosurgery) passed away on 13th July, 2020. Dr. Priyabrata was a much loved and a loyal friend to several colleagues who worked with him in the Department of Neurological Sciences from 1985 to 1992. He passed away on 13th July 2020 after a prolonged battle with renal carcinoma. He bore his long struggle with his illness with dignity and cheerfulness that was humbling.

Dr. Dey graduated from RG Kar Medical College, Kolkata as the best outgoing student in 1980 and joined the Department of Neurological Sciences, CMC in 1985. He was known

for his no-nonsense approach to his work and his efficiency. Any task given to him was done without delay and he expected his co-workers to work with the same alacrity. His go-getter style earned him the sobriquet of "AK 47" from Prof. Jacob Abraham. His colleagues also remember his notoriously illegible handwriting – referred to as "ventricular flutter" which unfortunately, gave him a tough time in his examinations. He was brutally honest and did not hesitate to call a spade a spade. This might have gotten him into trouble, on occasion, but he had the moral strength to continue on his righteous path. After completing his M.Ch. he worked in the department as faculty for a year, till 1992, after which he left for Wales to work as a Registrar for 3 years. He came back to Kolkata in 1995 to start a department of neurosurgery at Ruby General Hospital, Kolkata, one of the earliest corporate hospitals there. He went back to the United Kingdom to work at the University of Dundee, Scotland in 2011 and then again in 2015 after he had been diagnosed with the renal malignancy. He came back to Kolkata in 2018 and worked there till the end. All through his career, he kept the interest of his patients uppermost, always doing the right thing for them. His peers and co-workers, wherever he worked, respected him for his devotion to his work and dedication to his patients.

Despite his tough exterior, Dr. Dey was a kind-hearted soul with a ready laughter and has been a beloved friend to so many of his colleagues. They describe him as a decent human being with not a mean bone in his body. He was devoted to his mother who lived with him for many years. He was married, to his classmate from medical college, Dr. Debjani Chatterjee, who is a general surgeon. He led a simple life style. His twin passions were music and travel and he had extensively explored India and Europe. Dr. Dey went on frequent treks with his wife and classmates from his medical college.

He leaves behind his wife Dr. Debjani, his younger brother Dr. Subrata Dey (CMC MBBS Batch of 1976) and his family and grieving friends.

For those who would like to get in touch with the family, the contact details of his brother are given below: Dr. Subrata Dey, Email: **sbrtdey@yahoo.com** Mobile No: 98365 42460.

= Obituaries =

• Mr. N. Kondiah, Sr. Hospital Housekeeping Attendant (HHKA), Department of LCECU / Red Cross passed away on 14th July, 2020. He joined CMC in 1983. He is survived by his wife and three daughters. His wife, Mrs. Mariyamma worked as HHKA in 'O' Block and retired under Voluntary Retirement Service (VRS). His elder daughter, Mrs. Mary Stella is working as Auxiliary Nurse and Midwife in Operation Theatre, his second daughter, Mrs. Jemimah is a Staff Nurse in Neuro Wards and his youngest daughter, Mrs. Hepsipah is



a HHKA in Medical Wards. His sons-in-law, Mr. Ravi is a HHKA in Hospital Maintenance and Mr. Manivanan is a HHKA in the Department of Endocrinology.

Let us uphold all the bereaved members of the families in our prayers at this time of grief and loss.

Situations Vacant =

1. Research Assistant for the Department of Pathology

Job Code: 1337 with three years work

Qualification: Graduate in Science / relevant subjects / from a recognised university with three years work experience from a recognised institution or Master's Degree in the relevant subject.

Age limit: 30 years.

Mode of appointment: Project mode.

Salary: As per institutional rules. Accommodation not provided.

Download application from this link: http://www.cmch-vellore.edu/→General →Vacancies →Application Form for Project Staff. Please send the filled application with Job Code to princi.hr@cmcvellore.ac.in and the print out of the application with certificates and testimonial copies should be sent to the Principal, Christian Medical College, Bagayam, Vellore-632 002 on or before July 24, 2020 for Item 1.

Note: Please mention the job code, applications forms without the job code will not be accepted.

2. Social Worker Gr.V (Project Mode) for the Department of Pulmonary Medicine

 $Qualifications: MSW\/\ MA\ (Social\ Work\/\ Sociology)\/\ M.Sc.\ (Medical\ Sociology).$

Salary: As per institutional rules.

Accommodation not provided.

Age limit: 35 years.

Job description: To work in project mode for the Department of Pulmonary Medicine.

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link: "Vacancies". *Note: Only online applications will be accepted. Hard copies will not be accepted.* Applications will close on July 27, 2020 for Item 2.



Dr. Shirley David Retires

Dr. Shirley David, Professor and Head, Medical Surgical Nursing, College of Nursing superannuated on July 20, 2020 after nearly 32 years of dedicated service in the institution. Having completed her B.Sc. and M.Sc. in Nursing in 1981 and 1986 at College of Nursing, Christian Medical College, Vellore, she joined CMC in 1989. She continued to contribute immensely towards patient care management, education and research in the capacities of Nurse Manager, Head of Departments, Deputy Nursing Superintendent (1999-2003), Acting Nursing Superintendent (2000), Deputy Director, International Relations (2003-2008) and Additional Deputy Dean (2008-2012). She obtained her Ph.D in Nursing from The Tamil Nadu Dr. MGR Medical University, Chennai in 2013. She also served as research



guide, Ph.D examiner, executive member of EHA Association, CMC Ludhiana Association, executive and board member of CMAI. She had been an integral part of the College of Nursing Family, actively contributing to the various academic and student welfare activities.

She is known for her contagious enthusiasm, positive energy and genuine concern for her colleagues and staff. She was greatly adored by her students, colleagues and staff for her cheerful composure, sense of humor and deep involvement in carrying out her responsibilities. She believes in being a socially responsible citizen and is a member of Ladies Circle of Round Table of India and Square Leg of Round Table of India. She enjoys being a grandmother, mother, wife, daughter, nurse, woman, friend, counselor, confidante and guide and gives her best to each of these roles, drawing strength from God. The CMC family thanks Dr. Shirley David for adding glow to the glory of CMC and College of Nursing and wish her a happy, peaceful and productive retirement life with lot of time to embrace her interests through reading and travelling.

CISP 2 Workshop Conducted by the Department of Medical Education

The Medical Education Department conducted its second MCI approved, web-based faculty development programme, Curriculum Implementation Support Programme (CISP 2) on 9th and 10th July, 2020. Twenty Medical Colleges affiliated to the MCI Nodal center in Christian Medical College, Vellore enrolled for the programme with a total strength of forty faculty (2 Deans, 22 professors, 13 associate professors and 3 assistant professors).

The workshop was conducted using Google meet as the video conferencing platform. The workshop had various plenary sessions and group activities. Break out rooms were organised during the sessions, to enable faculty to work in small groups, to write objectives, design teaching-learning sessions and formulating timetables with alignment and integration with different disciplines.

Dr. Margret Shanthi, Head of Medical Education Department started with a prayer and meditation followed by a welcome address by Dr. Anna Pulimood, Principal. Dr. Dhayakani Selvakumar, Consultant Medical Education Unit proposed the vote of thanks. The online sessions were facilitated by the Medical Education faculty and were interactive and interesting with active participation.

Dr. Vinay Oommen, Dr. Latif Rajesh and Dr. Sudha Jasmine organised the online sessions. The department would like to extend their sincere thanks to Dr. Dhayakani Selvakumar, Dr. Margaret Shanthi, Dr. Shantidani Minz, Dr. Reena George, Dr. Vinay Oommen, Dr. Latif Rajesh, Dr. Priyanka Daniel, Dr. Uday Zachariah, Dr. Tripti Jacob, Dr. Vasanth Mark Samuel, Dr. Vandana Kamath and Dr. Sudha Jasmine for all their contribution towards the successful conduct of the workshop.

= July 26 - August 01, 2020 =

SPECIAL PRAYERS THIS WEEK

Nephrology and AK Lab:

Dr. Santosh Varughese and Staff Dr. Vinoi George David and Staff Mrs. Anandha Rubi Jacob and Staff

CSI Vellore Diocese

Council Members: Rt. Rev. H. Sharma Nithyanandham Dr. C. Anbu Suresh Rao

Hospital: Scudder Memorial Hospital, Ranipet and CSI Hospital, Vandavasi

Council for World Mission

Council Members: Most Rev. A. Dharmaraj Rasalam

Adv. C. Fernandez Rathina Raj

Retirements =

• Mr. K. Prakasam, Sr. Gr.I Artisan (Non I.T.I) Department of Civil Engineering, retired on 12th June, 2020 after nearly 37 years of dedicated service to the institution. His wife, Mrs. Reginamma retired from CMC as a Hospital House Keeping Attendant. They have a daughter and two sons.





- Mr. Ambalavanan, Sr. Hospital Attendant, Department of Rehabilitation Institute retired on 14th June, 2020 after 35 years of dedicated service to the institution. He has two sons. His elder son, Mr. Samuel Paul is a software engineer in Yandra Private Limited, Chennai and his younger son, Mr. Solomon Raj is studying Prosthetic and Orthotic in CMC.
- Mr. E. Hariharan, Accounts Officer, Accounts retired on 17th June, 2020 after nearly 33 years of dedicated service to the institution.

Retirements -

• Mrs. Indra S.M. David, Sr. Sel. Gr. Graduate Medical Lab Technician I, Department of Transfusion Medicine & Immunohaematology, retired on 17th June 2020, after 32 years of dedicated service to the institution. Her husband, Mr. Sam David, Supervisor retired from the Department of Nephrology. Her father, late Mr. Sigamoney, Chief Photographer retired from the Department of General Pathology. She has two daughters, Mrs. Rachel, MS Software Engineer and Ms. Rebecca who is doing final year in B.Sc. Nursing.



Job Code : 1336

The CMC community is thankful for their years of dedication and commitment to the institution and wishes them God's blessings on their retired life.

— Obituaries —

- Mrs. Chellamma Sekaran passed away on 19th July 2020. Let us uphold her family members daughter, Dr. Selva Titus, former Dean, College of Nursing, Professor and Head of Medical and Surgical Specialty VI, Son-in-law, Dr. Raju Titus Chacko, Professor and Head Department of Medical Oncology, Dr. Rohan Jacob Titus (Grand son, MBBS Batch of 2012) and Ms. Tina Susan Titus (Grand daughter) and all the bereaved members of the family in our prayers.
- Mr. S. Edward Martin father of Mrs. E. Joice Anitha, Jr. Officer, Nursing Superintendent's Office, passed away on 20th July 2020.

Let us uphold all the bereaved members of the families in our prayers at this time of grief and loss.

Situations Vacant

1. Junior Research Fellow (JRF) for the Department of Microbiology

Qualification: M.Sc. Life Sciences with experience in PCR and Cell culture, Preference will be given to ICMR JRF/UGC/CSIR NET qualified candidate.

Age: Less than 30 years. Sex: Male / Female.

Mode of appointment: Project mode. Duration: 2 years.

Salary: As per institutional rules. Accommodation not provided.

Download application from this link: http://www.cmch-vellore.edu/→General →Vacancies →Application Form for Project Staff. Please send the filled application menstioning the Job Code either by soft copy to princi.hr@cmcvellore.ac.in or by hard copy address to the Principal, Christian Medical College, Bagayam, Vellore-632 002, Tamil Nadu on or before August 14, 2020 for Item 1.

Please mention the job code, applications forms without the job code will not be accepted.



Mrs. Vasanthi Ravi Retires

Mrs. Vasanthi Ravi, Sr.Gr.Charge Nurse retired on 18th July, 2020 after serving this institution for 28 years.

She completed her General Nursing and Midwifery and Post Certificate in B.Sc. Nursing in the year 1983 and 1996 respectively at College of Nursing, Christian Medical College, Vellore. She worked as a staff nurse in O-block, M-block and Schell Eye Hospital and continued as a Charge Nurse in O-block and A-block.

She was an efficient Charge Nurse with good managerial abilities. She had always ensured adequate resources in her clinical unit and was an excellent team player. She has contributed towards the patient education by preparing educational pamphlets and



publishing articles. Her interest in acedemics was outstanding. She would attend multiple workshops and conferences related to her clinical area and has been instrumental in training her staff. Her participation in the A block sale in raising funds for the patients requires special mention. Her enthusiasm and involvement in participating in institutional competitions and motivating her staff to participate in the same is commendable.

She is married to Mr. T.S. Ravikumar, former Professor of College of Nursing. She is blessed with two daughters, Ms. Dolly a Programmer in CHIPS department and married to Mr. Lenny Vasanth, Tutor, in Physiotherapy department. Her younger daughter is Ms. Deborah who is married to Mr. Joel, a Software Engineer in Chennai. Mrs. Vasanthi is blessed with two grandsons.

The CMC family is thankful to Mrs. Vasanthi Ravi for her dedicated service in this institution and wishes her God's blessings on her retired life.

= Welcome —

• Dr. Sudha Jasmine, Professor, Department of Medicine Unit-III, on her return from sabbatical leave.

💳 Memoranda 🗕

- Dr. Paul M.J., Professor, is appointed as Associate Director (Human Resources) with effect from 1st November, 2020 for a four year term.
- Dr. Kenny Samuel David, Professor, is appointed as Associate Director with effect from 1st November, 2020 for a four year term.
- Dr. Deepak Thomas Abraham's, term as Associate Director (Human Resources) is extended for a period of three months till 31st October, 2020.
- Dr. Nihal Thomas's, term as Associate Director (Chittoor) is extended for three months till 31st October, 2020.
- Dr. Bala Seetharaman, Professor, is appointed as Nursing Superintendent from 20th October, 2020 till her superannuation.

= August 02 - 08, 2020 =

SPECIAL PRAYERS THIS WEEK

Clinical Microbiology:

Dr. Joy Sarojini Michael and Staff

Clinical Virology: Dr. Rajesh K. and Staff

Emmanuel Hospital Association

Council Member: Dr. Saira Paulose

Hospitals: The Duncan Hospital, Raxaul Makunda Christian Hospital, Herbetpur Christian Hospital, Prem Jyoti Community Hospital and Chinchpada Christian Hospital.

Evangelical Lutheran Church in Madhya Pradesh

Council Members: Dr. Rajiv Choudhrie Dr. Deepa Choudhrie

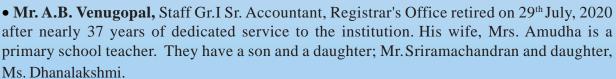
Hospital: Padhar Hospital, Betul and others

— Retirements —

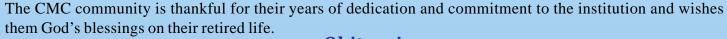
• Mr. S. Annamalai, Staff Gr. Assistant Engineer Gr.I, Department of Civil Engineering, retired on 25th June, 2020 after 34 years of dedicated service to the institution.



• Mr. G. Ravi Kumar, Sr. Hospital Attendant, W-ward retired on 1st July, 2020 after nearly 40 years of dedicated service to the institution. His wife, Mrs. Bharathi is a Critical Care Therapist in SICU, They have a son and a daughter. Their Son, Mr. Lokesh is a Hospital Attendant in J-ward and Daughter, Ms. Malathi is a Assistant Lecturer in Vaniyambadi Islamiah College, Vaniyambadi.









Obituaries —

• Dr. Sakuntala Karat (nee Dorairaj) (MBBS batch of 1951) passed away on 26th July, 2020 at her home in Katpadi, Vellore, after a prolonged illness. Her husband, late Dr. Benty Karat, was also an alumnus of CMC (Batch of 1953).

After completing her MBBS, Dr. Karat, known as "Saku" to her friends and colleagues, worked as a research officer in the Department of Orthopaedics and Leprosy Reconstructive Surgery at CMC with Dr. Paul Brand caring for those deformed due to leprosy. She was one of the important members of the team that

= Obituaries =

pioneered, perfected and established reconstructive surgery for correction of deformities in leprosy, under the leadership of Dr Paul Brand. She also was a hand surgeon in Karigiri for several years. Dr. Karat did her postgraduation from the Royal College of Surgeons and migrated to the United Kingdom in 1975, where she trained in orthopaedics and became consultant orthopaedic surgeon in South Tyneside District Hospital, serving there till her retirement. After retirement she returned every year for six months to continue her passion for leprosy at Karigiri.

As early as 1960s, she carried out a baseline survey to measure the burden of leprosy disability in the community. She went on to establish principles of care of anesthetic hands, feet and eyes, both home-based and hospital based. These principles of health education, self-care and empowerment are unparalleled even today. Working with Dr. Paul Brand she evolved the principles of prevention and management of plantar ulcers.

Dr. Karat was the first woman consultant orthopaedic surgeon in the United Kingdom and established the first Hand Surgery Unit and Training Program in the Northern region of the UK. She was well known and internationally respected for her work in the field of hand surgery. She was also a great mentor, teacher and friend to a generation of orthopaedic surgeons, from CMC as well as others from India and Sri Lanka, and continued to be their friend for life. Many of them were alumni of Christian Medical College. From the mid-1980s onwards Dr. Karat worked with the CMC administration for several years to modernise orthopaedics. She arranged for training for the Heads of Orthopaedic Units in various specialities in the UK, laying the foundation for orthopaedic specialisation in CMC Vellore. In addition, she campaigned and arranged for donations, through the Friends of Vellore UK, for funds to procure advanced surgical equipment for all specialised surgeries, thus pushing CMC orthopaedics into the forefront in the country. After that, she regularly visited the Orthopaedics Department for several decades and mentored many of its surgeons.

She together with Dr. Paul Brand worked tirelessly to bring out the Microcellular rubber in 1965-66 in collaboration with MRF. Microcellular rubber is the main stay or the only option for optimal protection of insensitive feet even today. That the use of MCR is extended to diabetic feet is a testimony to the hard work of these pioneers. She was meticulous in her clinical work. Attention to detail was a virtue she practiced. She worked very hard and strove for excellence and demanded excellence from her peers and colleagues alike. She was always kind to the patients, spending a lot of time listening and offering them words of encouragement and instilling hope. She was a keen researcher even up to recent years and published pioneering work in peer reviewed journals. She insisted that research work or academic work be published in the Annual reports and this could be seen in the earlier editions.

She lived a full, fulfilling and fruitful life. In living out the motto of her alma mater 'Not to be served unto, but to serve' she fully exhibited Christ qualities and nurtured the Kingdom values, unobtrusively to others but with full awareness in her heart.

Dr. Sakuntala Karat is survived by her son Dr. Dayalan, a GI surgeon in UK, and two daughters – Dr. Nirmala, a retired dentist in the UK, and Dr. Pushpa, a dentist in Australia. The funeral was held in Vellore on 26th July, 2020.

Few tributes: "I remember Dr Sakuntala Karat as a very positive and enthusiastic student. She and her husband Benty (A.B.A. Karat, batch of 1953) were influenced by Dr Earnest Fritschi during their SCM (Student Christian Movement) days and so joined him in working for the underserved Leprosy patients in Karigiri. Even after they moved to the UK, their large house was always open to students and staff from CMC Vellore and I remember the beautiful rose garden that they took care of personally. They were both involved in supporting the work of the Friends of Vellore, UK, in the early days of its existence and were always concerned about the mission and development of both SLR&TC, Karigiri and CMC Vellore. She facilitated the study leave programmes of some of the CMC faculty in the UK. Her strong sense of social responsibility led her to be involved in the National Leprosy Eradication Programme in Delhi and her continuing support of the work in Karigiri after her retirement from her job in the NHS in UK. She was also very keen on education of children and donated her large personal library of beautiful books to CMC to be used by students from Vidyalayam and Ida Scudder School." Her older sister Sarojini Aruldas (nee Dorairaj, mother of Dr. Vijay Aruldas, batch of 1979-80) belonged to the second co-ed batch in CMC, of 1948.

Dr. P. Zachariah (MBBS batch of 1949).

"I remember Dr Sakuntala Karat as a vivacious and passionate Orthopaedic and Hand Surgeon from her time as a Consultant in NewCastle upon Tyne. I owe her a personal debt of gratitude because she helped me get a position in the National Spinal Injuries Centre at Stoke Mandeville Hospital in Aylesbury. This is just one of the many ways she was instrumental in assisting in the advanced training of many young faculty members in the Department of Orthopaedics and the Department of Hand Surgery in CMC Vellore. Her concern for CMC continued all her life and she shared her time and skills generously with all of us whenever she came to spend time in SLR & TC, Karigiri.

Dr. Suranjan Bhattacharji (MBBS batch of 1970).

Our thoughts and prayers are with the bereaved members of the family at this time.

For those who would like to get in touch with the family, the contact details of her daughter are given below:

Dr. Nirmala, Email: nimmellor3@gmail.com

•Obituaries

• Dr. Vijayasri Rajulapati Sylvester (PG alumnus, Obstetrics and Gynaecology) passed away on 15th July, 2020.

Dr. Vijayasri Rajulapati Sylvester was born in 1954 in Machilipatnam, in Andhra Pradesh, where she did her schooling. After completing her MBBS from Kurnool Medical College, Kurnool, Andhra Pradesh she later joined the Department of Obstetrics and Gynaecology in CMC Vellore for her D.G.O and M.D training. She completed her service obligation in Narsapur Christian Hospital, Narsapur, Andhra Pradesh, and moved to Chennai to join Sri Ramachandra Medical College, Chennai, as Assistant Professor. She had an opportunity to work in the middle-east for a



short while. Upon her return to Chennai, she joined CSI Kalyani Hospital, Chennai, and continued there till she was diagnosed to have cancer.

In 2015, she was diagnosed with advanced Primary Peritoneal Carcinoma probably of Ovarian origin. The illness recurred again after four and a half years of constant struggle . The last 6 months were very difficult as she struggled with pain and the suffering that came with the spread of the disease. On 1st July, 2020, she was diagnosed to be COVID positive and succumbed to the complications of the same on 15th July, 2020.

Dr. Vijayasri was always grateful to her teachers and mentors, especially at CMC Vellore and always mentioned Dr. Padmini Jasper as someone she always looked up to. Her work in CSI Kalyani Hospital involved training DNB students. She passed on her knowledge, work ethics and all that she learnt during her time in CMC Vellore and thereafter. She was someone who liked simplicity, content with being in the background and let her work speak for her. Her knowledge, clinical judgment and great attention to the smallest detail made her excel in her profession. She was admired by her students and colleagues for the values she stood for and her professional excellence. Many were also inspired by her faith and her outlook to life even as she struggled with cancer. Her life and service can be summarized by the words - Not to be ministered unto, but to minister.

For those who would like to get in touch with the family, the contact details of her son are given below: Dr. Shalom Sylvester (MBBS batch of 1998) Email: shalomsylvester@yahoo.co.in

- Rev. Dr. V. E. Varghese, retired Priest of Marthoma Church, passed away on 26th July, 2020. He is survived by his daughters; Mrs. Krupa Anna Varghese (Alumnus, BPT, Batch of 1996), Mrs. Kiran Sara Varghese (former senior Tutor of College of Nursing), Mrs. Preeta Elizabeth Varghese, (Alumnus of CMC, B.Sc Nursing, Batch of 2000, worked as Tutor in College of Nursing) and son-in-law, Chaplain Samson Varghese, Sr. Chaplain, Chaplaincy Department.
- Mrs. Rebekah Mani, former Head of Dietary Department, wife of Dr. Mani Mani, former Professor and Head of Plastic Surgery and sister of Dr. Sulochana Abraham, former Head of CHAD passed away on 28th July, 2020.
- Mrs. S. Thilaga, mother of Mr. Karuppusami S., Sr.Gr.II Electrician, Department of Radiation Oncology passed away on 28th July, 2020.
- Baby. Hansley Mary (7 years), daughter of Mr. Vinothkumar, Jr. Engineer, College Maintenance Department and Mrs. Saranya, Staff Nurse in the Department of Radiology passed away on 29th July, 2020.
- Mrs. Lakshmiammal passed away on 29th July, 2020. She is survived by her daughter, Mrs. Saradhambal, Sr. Gr. Clerk-Typist, IDTRC, son-in-law, Mr. Srinivasan, retired Research Assistant, Welcome Lab, grand-daughters, Ms. Harini (Alumnus of CMC, M.Sc. Nursing, Batch of 2016) and Ms. Dharini, (Alumnus of CMC, B.Sc. Perfusionist, Batch of 2015).



• Dr. Tharyan Tharyan (MBBS batch of 1966) on 29th July, 2020. Dr. Tharyan Tharyan joined the Christian Medical College, Vellore as a medical student in 1966. After graduation, he worked for couple of years in Kerala in the Hospitals of the CSI Madhya Kerala Diocese, mainly in a small village called Kodukulanji, completing his rural service commitments. He specialised in Community Medicine and initially worked in Salvation Army Hospital in Trivandrum, before taking up an Academic post in Pushpagiri Medical

College and retired as a Professor last year.

Dr. Tharyan was a true gentleman and always treated everyone with respect, with no malice towards anyone and was a favourite friend and colleague of all who knew him during his years in Vellore and subsequently during his

Job Code : 1338

Obituaries =

professional career. He was unfortunately beset with multifarious medical problems, all of which he bore with a brave face. While working in Pushpagiri Medical College, he was living in his ancestral home in Vazhoor, a distance of more than 30 kilometres, which he used to travel by public transport as his contribution to diminishing the carbon footprint until it was no longer possible physically for him to use this mode of travel. He leaves behind his wife, Mrs. Rachel and daughter Mrs. Anna Mary.

For those who would like to get in touch with the family, the contact detail of his wife is given below:

Mrs. Rachel, Mobile: 919188670351

Let us uphold all the bereaved members of the families in our prayers at this time of grief and loss.

Admission Notice =

BBA (Hospital Administration) is a 3 year full time course offered under Thiruvalluvar University by Auxilium College (Autonomous), Vellore in collaboration with the Christian Medical College, Vellore represented by the Department of Hospital Management Studies & Staff Training and Development, Vellore. The application for this course is available at www.auxiliumcollege.edu.in Interested women candidates can apply.

= Situations Vacant =

1. Co-ordinator for the Department of Medicine Unit-I

Qualification: MBBS/MD/MPH/Master's Qualification.

Job description of poison information specialist trainee (Longer version): To Co-ordinate the development of study protocols for snake bite study. Mode of appointment: Project mode.

Salary: As per institutional rules. Accommodation not provided.

Download application from this link: http://www.cmch-vellore.edu/→General →Vacancies →Application Form for Project Staff. Please send the filled application menstioning the Job Code either by soft copy to princi.hr@cmcvellore.ac.in or by hard copy address to the Principal, Christian Medical College, Bagayam, Vellore-632 002, Tamil Nadu on or before August 14, 2020 for Item 1.

Please mention the job code, applications forms without the job code will not be accepted.

2. Junior Research Fellow (3 posts) to work in Wellcome DBT funded research project for the **Department of Haematology** Job Code: 1339

Qualification: M.Sc. Life Sciences, candidates with DBT / UGC / CSIR / ICMR / NET fellowships will be given preference. Salary: As per fellowship / DBT Guidelines.

Mode of appointment: Project mode. Accommodation not provided.

Download application from this link: http://www.cmchaematology.org, Please send the filled application mentioning the job code either by soft copy email to : haemedu2@cmcvellore.ac.in or by hard copy address to the Principal, Christian Medical College, Bagayam, Vellore-632 002, Tamil Nadu on or before August 14, 2020 for Item 2.

3. Graduate Technician (External Designation - Project) for the Centre for Stem Cell Research Qualifications: B.Sc. in Life Sciences with minimum 55% marks.

Note: Only Regular mode will be accepted, Private or correspondence will be not accepted.

Age limit: 30 years. Salary scale: As per institutional rules.

Job description: To work in the area of cell and molecular biology related to stem cell research.

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link: "Vacancies". Note: Only online applications will be accepted; Hard copies will not be accepted. Applications will close on August 24, 2020 for Item 3.

4. Administrative Assistant to work in a project on term appointment basis under Paediatrics Unit-III Qualification: Graduate + 1 year PGDHA or 5 years experience in CMC / FHA.

Salary: As per institutional norms.

Please log on to http://www.cmch-vellore.edu Link: "Vacancies". Icon: "Administrative Assistant".

Only online applications will be accepted. Hard copies will not be accepted.

Apply on or before August 17, 2020 for Item 4.



A Little Boy's Heartfelt Thanks...



I like Nurses and Doctors "cause" they do a great job. They do great things like treat the partient with all their heart, they give food but is is not the nurse job isnt that they could have said that I want to go home and keep my husband and children safe and sound but they did not say that. I appreciate them for their hard work I think they would be tired but they are helping us in various sittuation thats whey I like them. I will pray for you Doctors and war works I don't worry Good is weith us forever.

Swaroop Finney

Dedication of New Facilities at CMC Vellore, Chittoor Campus

On the 28th of July the CMC Vellore Chittoor Campus expanded its Canteen Kitchen facilities. The Chief Guest for the occasion was Mr. David Chandran, the General Superintendent. The meeting began with a word of prayer followed by the welcome address by Professor Kenny David, Associate Director designate for Chittoor. The dedication took place with a small gathering, following all the safety protocols. The new kitchen facility has the capacity to serve 300 patients per day in addition to 250 staff members. The kitchen also caters to the CMC Vellore Chittoor Campus -College of Nursing and the working women's hostel. The working hours are from 6:30 am in the morning to 10:00 pm; 7 days a week. The canteen also serves food and hospital diet for the patients in the wards.









CME on 'Good Fats, Bad Fats: The Lipid Profile's



On 27th June 2020 at an online CME "Good Fats, Bad Fats: The Lipid Profile", Dr. George Joseph, Professor of Cardiology, and Dr. Molly Jacob, Professor of Biochemistry provided a lucid synopsis of the role of lipids in the human body and the impact of unhealthy fats and carbohydrates on health. Examples of abnormal lipid profiles were used to illustrate lifestyle and pharmacologic interventions. The practical tips on healthy dietary



choices were also appreciated by the online audience which included senior

faculty, residents, general practitioners and medical students. The programme was organised by the Department of Continuing Medical Education and moderated by Dr. Reena George. The CME Department thanks Mrs. Hasna Rajesh and the Telemedicine team for their unstinting help and support.

= August 09 - 15, 2020 =

SPECIAL PRAYERS THIS WEEK

Registrar's Office: Dr. Renu Elizabeth Tharion and Staff : Dr. Anna B. Pulimood and Staff Principal's Office

Medical Education: Dr. Margaret Shanthi and Staff **Medical Students**

(SA President) : Mr. Rojan Jacob Cherian

Continuing Medical Education: Dr. Reena George and Staff

OPTSA President : Mr. Elijah Nissi Surya Teja Bioethics : Dr. Kuryan George and Staff

ASHA President : Mr. Samson Raju : Dr. Rebekah Zechariah and Staff

Wardens Inter Ashram Fellowship

Men's Hostel : Dr. Vaibhav Londhe Rev. Dr. Alexander Abraham Council Members:

Women's Hostel : Dr. Anuradha Rose Dr. Oby J. Cherian

DJ Hostel : Mr. Andrew Babu Hospitals:

Allied Health Students

Fitch Hostel : Mrs. Nirmala Samuel Christian Fellowship Hospital, Oddanchatram and

Ambilikai CMC Alumni Association:

> Dr. Abraham Peedicayil and Staff Christian Fellowship Hospital, Rajnandgaon and Khariar Road

Distance Education

Bishop Walsh Memorial Hospital, Tadakam

= Welcome -

• Mrs. Roselin Juliet Joice R, Sel. Gr.II Graduate Respiratory Therapist, Department of Pulmonary Medicine, on her return from study leave.

- Memoranda -

- Dr. Mark Ranjan Jesudason's term as Deputy Director (Surgical & OT Services) is extended till 31st October, 2020.
- Dr. Ravish Sanghi Raju, Professor, is appointed as Associate Medical Superintendent with effect from 3rd August, 2020 for a four year term.
- Dr. Rajesh I, Professor, is appointed as Associate Medical Superintendent with effect from 17th August, 2020 for a four year term.
- Dr. Amit Jiwan Tirkey, Professor, is appointed as Deputy Medical Superintendent with effect from 16th August, 2020 for a four year term.
- Dr. Shoba Mammen, Professor, is appointed as Head of the Department of Clinical Virology with effect from 5th August, 2020 for a four year term.
- Dr. Benny Paul Wilson, Physician & Associate Professor, is appointed as Deputy Medical Superintendent with effect from 3rd August, 2020 for a four year term.

== Obituaries =

- Mrs. Valsa Paul, mother of Dr. Roshna Rose Paul (ENT Unit-V), mother-in-law of Dr.Reuben Thomas Kurien (Department of GI Sciences), wife of Dr. T.T. Paul (Alumnus, Department of Nephrology) passed away on 1st August, 2020.
- Mr. Thilagarajan passed away on 6th August, 2020 at Tirupur. He is survived by his wife, Mrs. Padmavathy, son, Dr. T. Sathishkumar, Head of Pediatrics Unit-II, daughter-in-law, Dr. Kanagalakshmi, Assistant Professor, Staff Student Health Service and grandchildren Nivethytha and Naaren.

Let us uphold all the bereaved members of the families in our prayers at this time of grief and loss.

Situations Vacant =

1. Assistant Professor with MS (Orthopaedics) with 2 years' experience for the Department of Paediatric Orthopaedics

Salary: As per institutional rules.

Accommodation provided (Subject to availability).

Preference will be given to candidates who have completed post-doctoral fellowship training in Paediatric Orthopaedics.

2. Senior Resident with **MD** (**Family Medicine**) / **DNB** (**Family Medicine**) for the **Department of RUHSA** Candidates with DNB qualification should fulfill the latest MCI criteria for teaching appointment.

Age limit: <40 years.

Salary : As per institutional rules.

Accommodation provided (Partly furnished, Depending on availability).

Applications should be sent by post to the Principal, Christian Medical College, Bagayam, Vellore–632002 or email to: **princi@cmcvellore.ac.in**, with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address on or before **August 15, 2020** for Item 1 and **August 22, 2020** for Item 2.

3. Applications are invited for the post of **Staff Nurse Diploma / B.Sc.** to work under project on term appointment basis under the **Departments of Paediatric Nephrology** and **Clinical Microbiology**

Qualification: Diploma in General Nursing / B.Sc. Nursing.

Salary scale: Consolidated pay, Accommodation not provided.

Apply with biodata, photograph, certificates, testimonial/s and references to the Dean, College of Nursing on or before **August 22, 2020** for Item 3.



New Stem Cell Therapy for the Treatment of Osteogenesis Imperfecta

Osteogenesis Imperfecta (OI) is a genetic disease in which the patient has weak, brittle bones which fracture easily resulting in multiple fractures and deformities throughout their childhood. The children affected severely by this become wheelchair-bound. Under the Indo-Swedish collaboration funded by the Department of Biotechnology, Government of India, VINNOVA Sweden, CMC Vellore and Karolinska Institutet, Sweden a clinical trial named Boost to Brittle Bones (BOOST2B) has been initiated.

The first intraosseous and intravenous transplantation of fetal liver-derived allogenic mesenchymal stem cells treatment for a severely affected three year old child was carried out. The injection was well tolerated, and the patient was discharged. While there has been seven prenatal procedures carried out through the umbilical vein



The fluroscopic images showing the needle placement in the metaphyses of the lower limb long bones of the child for the stem cell transplantation.

in Karolinska and elsewhere, this is the first time that the intraosseous route for therapeutic implantation of MSCs has been used in the world for osteogenesis imperfecta. The intraosseous injection has a better chance of allogenic engraftment in older children because it avoids entrapping of the cells in the lung tissues, and the cells are directed straight to the bone marrow. The trial is now open for 14 other severely affected OI children aged under 4 years.

The BOOST2B team is led by Dr. Vrisha Madhuri from CMC and Dr. Cecilia Gotherstrom from Karolinska. The other senior partners include Dr. Shyam Kumar N.K, Radiology; Dr. Dolly Daniel, Immunohematology; Dr. Thomas Paul, Endocrinology; Dr. Nihal Thomas, Endocrinology; Dr. Vikram Mathews, Haematology and Dr. Alok Srivastava, CSCR.

Food for Thought =

Shepherd of our soul

Across a craggy landscape, I see people walking around, Seeking a way of escape While smoky shadows surround

SARS CoV2, other shackless too... Fear filled fragmented souls shake! Pondering... what to do? what to do... From the nightmare to awake

Amidst them, an amazing Person! His hands bruised and feet pierced; Great sweat drops of pure crimson; Of purest love saying, I thirst.

Follow Me! I Am The Way! 'He cried, Come under My sway; For you I died. He broke their chains; wiped their tears... Love so tender, allaying all fears.

I know the way, I Am The Light! He touched their eyes, they received sight! His words honey-sweet, Bread of Life... As they ate His Word, their spirits thrive!

Honey sweet Word, yet double edged sword! Wrenched the fleshly veil, releasing the soul Shepherd, Restorer of souls, lead us toward Establishing Your will on earth - our goal.

Dr. Punitha J.V.

Associate Professor, Medicine Unit - I

— August 16 - 22, 2020 — SPECIAL PRAYERS THIS WEEK

ENT: Dr. Ajoy Mathew Varghese and Staff

Dr. Regi Thomas and Staff

Dr. Regi Kurien and Staff

Dr. Anjali Lepcha and Staff

Dr. Suma Susan Mathews and Staff

Dr. Balaseetharaman and Staff

ENT Head & Neck Surgery-I:

Dr. Rajiv C. Michael and Staff

American Leprosy Mission, USA

Council Member: Dr. Jerry Joshua

Hospital: SLR & TC, Karigiri and others

— Welcome —

• Dr. Hema Paul, Assistant Physician, Medical Superintendent's Office, on her return from study leave.

Memoranda

- **Dr. Jenifer Jeba S**, Professor, is appointed as Head of Palliative Care Unit with effect from 14th August, 2020 for a four year term.
- Dr. Samuel C. Raj Pallapati, Professor, is appointed as Head of the Department of Dr. Paul Brand Centre for Hand & Leprosy Reconstructive Surgery with effect from 21st August, 2020 for a four year term.

Retirements

• Mrs. Christilda Jayamani, Sr.Gr. Staff Nurse retired on 28th May, 2020 after serving this institution for 29 years. She completed her General Nursing and Midwifery course in Scudder Memorial Hospital, Ranipet in 1985 and joined Christian Medical College in 1991. Since then she has been working in the recovery room of the Operation Theatre. She is an active and hardworking person who guides and supervises the junior nurses. She is very confident in her work and has great love for learning. She has participated in workshops and trainings to update her skills learning. She is married to Mr. Bennet David, retired Forest Officer.





• Mrs. Kannammal S., Sr.Gr.Multi Purpose Health Worker retired on 8th June, 2020 after serving this institution for 31 years. She completed her MPHW course at School of Nursing, AMS Durgabai Deshmukh Hospital, Chennai and joined Christian Medical College in June 1989. She worked in the different wards of O block. She is a pleasant and hard working staff who has good communication skills and maintains good interpersonal relationship. She is well-known for her truthfulness at work and the team spirit. She is married to Mr. Balakrishna Pillai, Film Operator in Chittoor, AP. They are blessed with two sons. The elder son, Mr. Balaji who is an Electrician in Aravinda Eye Hospital in Thirupathi

and Mr. Prasath is working as a hospital attendant in Dental department. She is blessed with three grandchildren.

• Mrs. S. Amsaveni, Sr. Sel. Grade I Technician, Department of Anatomy retired on 4th August, 2020 after 32 years of dedicated service to the institution. She joined the Department of Anatomy on 8thMarch, 1988 as a Technician trainee. She began her career as a cytogenetics technician and later continued as histology technician. She was very meticulous in her work and has helped the faculty and the PG students with their research activities, especially with electron microscopy and special staining. Her hard work and diligence helped the department to conduct 'Special staining workshop' and to publish the 'Handbook of Histology Technique'. Her husband, Mr. Pacchaiyappan, is a retired



Commercial Tax Officer. They are blessed with two sons and one daughter and threegrand children. The CMC family is thankful to Mrs. Amsaveni for her dedicated service in this institution and wishes her God's blessings on her retired life.

The CMC community is thankful for their years of dedication and commitment to the institution and wishes them God's blessings on their retired life.

🕳 Obituaries 🗉

- Dr. Ammini Mathai (nee Ammini George) (MBBS batch of 1946) passed away on 8th August, 2020.
- Mrs. Inba Gnanamani, retired Pharmacist, sister of Mrs. Eva Lydia, retired Instructor, Department of General Pathology, passed awary on 9th August, 2020.
- **Dr. Shanti Ruby David** (*nee* Shanti Ruby James) (MBBS batch of 1971) passed away on 7th August 2020, in Indiana, USA. Dr. Shanti Ruby David joined the MBBS batch of 1971. After graduation from CMC, she served in Trichy CSI Mission Hospital and went on to serve in the community health department of Goa Medical College for 7 years. Then, with her husband and 2 children, she moved to Maryland, USA.



Her career in Maryland, imbibed the value of Aunt Ida "Not to be served but to serve". After residency, she chose to work in the underserved area of inner city Baltimore by starting her own practice. For children who often lived in a world of fear or violence on

the rough city streets, she strived hard to be a source of love, encouragement and light and she did so for 18 years.

Though living in the US, her heart ached for community development in India. In 2004 to honor her parents, she partnered with businessmen and other professionals and started the Alexander Mabel James Community Centre for the peoples of the villages in the outskirts of Kancheepuram district. She saw the poverty, illiteracy, malnutrition and social bondage they faced and wanted to help.

Obituaries =

This evolved into the Association of Community Transformation and Sustainability (ACTS). ACTS work began in the village of Nayambakam in 2004 with a hamlet of 12 villages around it. They give medical advice, free eye care and surgery. An entire village was suffering from Scabies and it was brought under control. Tailoring and computer lessons are given. Midday meals are provided for children and senior citizens. At present relief work for COVID 19 is going on in these villages. All this was due to the vision and passion of Dr. Shanti to follow in the footsteps of Aunt Ida.

Tragically, in 2018 she discovered she was suffering from a virulent endometrial cancer. She did not give up but fought bravely. Through her two-year battle with the disease, her batchmates stood unwaveringly beside her, guiding her through treatment options & side effect management, cooking food for her, sharing encouraging words and providing a listening & supportive ear. They were not only a source of comfort but peace.

On August 7, 2020 at 9:27 pm, with her husband, two daughters, son in law and faithful dog, Professor Bear, at her bedside, she took her last breath. Dr. Shanti is survived by her husband, Mr. Vincent David, her two daughters, Sharon & Mary, and her son in law John McKiel.

For those who would like to get in touch with the family, the contact detail of her daughter is given below:

Sharon David, Phone: 202-802-3929; Email: davidsharonp@gmail.com

Address: 1510 Maya Drive, Fort Wayne, IN 46825 USA.

- Mr. Isaac Gnanaraj Daniel, husband of Mrs. Dorothy Daniel, father of Dr. Alfred Job Daniel, Professor of Orthopaedics and former Principal, father-in-law of Dr. Anita Alfred and grandfather of Mr. Joshua Frank Daniel and Dr. James Oliver Immanuel on 11th August, 2020.
- Mrs. Gandhimathi Arasi, mother of Mrs. Shanthi Jeevan, Staff Nurse passed away on 13th August, 2020.

Let us uphold all the bereaved members of the families in our prayers at this time of grief and loss.

Situations Vacant =

1. A.C. Mechanic Gr.IV

Qualifications: SSLC + 2 years Govt. I.T.I certificate.

Salary: As per institutional rules.

Preference will be given to those who have 2 years experience.

Please log on to http://www.cmch-vellore.edu

Link: "Vacancies". Icon: "A.C. Mechanic Gr.IV".

2. Electrician Gr.IV

Qualifications: SSLC + 2 years Govt. I.T.I certificate + 'B' Licence.

Salary: As per institutional norms.

Preference will be given to those who have 2 years experience.

Please log on to http://www.cmch-vellore.edu

Link: "Vacancies". Icon: "Electrician Gr.IV".

Only online applications will be accepted. Hard copies will not be accepted.

Apply on or before **August 31, 2020** for Item 1 and 2.

This year 50 Years Ago - Dedication of the Department of Dietary An Extract from the Inaugural Speech of President Shri V.V. Giri on May 3, 1970

"I am happy to be here in your midst today and open the new building of the Dietary Department of your Hospital. Your Hospital has earned an international reputation as a famous centre of medical treatment and learning and it is but appropriate that you should do pioneering work in dietetics which is an important branch of medicine. I hope what you do here will be watched with interest





Ms. Rebekah Mani, First Indian Dietitian, Head, Dept. of Dietetics CMC on the occasion of Dedication Celebration of Newly Built Well Equipped Department to Nation on 3.05.1970.

by the whole country. I am sure hospitals and other institutions will be benefited by the experience you gain here.

I believe there is a good deal of truth in the saying that we are what we eat. Diet plays an important role not only in a person's well-being but also has a curative role in illness. Diet therapy is as old as other branches of medicine. I hope with the advance of research there would be widespread diffusion of knowledge of the fundamental principles of a good diet among our people...

The New Dietary Department:

Its Design, Equipment & Facilities

The new Dietary Department is designed on the "open plan"; i.e. with low partitions between the various functional sections, to give maximum natural light and ventilation as also a feeling of spaciousness.

Together with its ancillary facilities, it occupies an area of approximately 7,500 sq.ft.

The following are the five main sections:

Receiving & Storage - 1,500 sq.ft.
Preparation - 1,190 sq.ft
Cooking - 800 sq.ft.
Serving - 800 sq.ft.
Washing - 700 sq.ft."

The development of the Dietary Department has been tremendous since then. The hard work and valuble inputs of Late Ms. Rebecca Mani needs special mention. She has been intrumental in setting up the foundations of the department with state of the art kitchen. At present the department caters to 28,185 outpatients and has served upto 1,32,370 meals. The following is a list of the efficient Heads and Incharges who have ably taken the Department forward:

Ms. Helen Witter - 1951 - 1958

Ms. Rebekah Mani - 1958 - 1973 (student of the first batch of internship)

Ms. A. Nathaniel - 1976 - 1978

Ms. Lalitha Venkatesh - Acting Head - 1978 (nursing staff)

Ms. Mary Mammen - 1979 - 22 January, 2001 Ms. Sarah Jacob - 23 January - 21 May, 2001 Ms. Mahendri N.V. - 22 May, 2001 - 17 April, 2017

Ms. Manimegalai B. (Incharge) - 26 April, 2017 till date



Breast Feeding Week - 2020



World breast feeding week was observed from 1st to 7th August, 2020 by the Department of Neonatology and Maternity Nursing. The theme for this year was "Support Breast Feeding for a Healthier Planet".

The week-long programme was conducted with the support of Dr. Kurien Anil Kuruvilla, Professor and Head of Neonatology Department and Mrs. Ebenezer Ellen Benjamin, Head of Maternity Nursing.

As a part of world breast feeding week celebrations the following programmes were conducted for the mothers and the staff nurses.

- A video clip on the "Tips on Effective Breastfeeding" was played and talk show on commonly asked questions by the breastfeeding mother was also displayed in the intranet.
- Posters and charts were displayed regarding breastfeeding in neonatal unit as well in all the postnatal wards.
- An essay and slogan competition was conducted on the first breast feeding experience and 25 mothers participated actively.
- An online quiz was conducted for all the staff nurses in the maternity department.
- Health teaching on lactation exercises and various topics related to breastfeeding were given to the mothers in all the maternity wards and the OG OPD.

Food for Thought = Colors

Neither black brown nor white Under the skin we are all the same Blame it on the melanocyte And the genes with which we came

> Arterial blood is red Venous blood is dark Whether a palace or a shed Is the home that we mark

Inner organs have shades of grey
For the liver, lungs and gut
A color more suited you might say
For a flannel suit or nut

If the body turns yellow ever
Then quickly see a medic
Who will probe and prod the liver
And pronounce that you are sick

La vie en rose or to be in pink A sign of good health its true But a dangerous color that I think Is aquamarine blue

The human race is one family
On the third rock from the sun
Loving each other happily
And calling ourselves one

Dr. Cherian Thomas (MBBS Batch of 1960)

August 23 - 29, 2020

SPECIAL PRAYERS THIS WEEK

Physical Medicine and Rehabilitation Rehabilitation Institute:

Dr. Jacob George and Staff Dr. Judy Ann John and Staff Dr. Premila Lee and Staff

Tamil Evangelical Lutheran Church

Council Members: Rt. Rev. D. Daniel Jayaraj Dr. C.A. Nelson Jesudasan

Hospital: St. Joseph Eye Hospital, Trichy and others

Gossner Evangelical Lutheran Church

Council Members: Rt. Rev. Johan Dang

Mrs. Sujaya Kujur

India Evangelical Lutheran ChurchCouncil Member : Dr. Sophia John K.

Dr. Gagandeep Kang, Professor, Wellcome Trust Research Laboratory, on her return from sabbatical leave.

— Memorandum <u>—</u>

Dr. Paul M.J., Professor, is appointed as Head of the Department of Endocrine Surgery with effect from 20th August 2020 for a four year term.

Obituary =

Dr. Chandrahasan A. Johnson, former Head, Department of Radiology (MBBS batch of 1948) passed away on 17th August, 2020.

Let us uphold all the bereaved members of the family in our prayers at this time of grief and loss.



Retirement

Mr. D. Devasahayam, Sr. Hospital Attendant, Principal's Office retired on 16th August, 2020 after 37 years of dedicated service to the institution. He has two sons and a daughter. His elder son, Mr. Daniel Joseph is a Hospital Attendant in C.S.S.D and younger son, Mr. Stephenraj is a Hospital Attendant in O Block.



The CMC community is thankful for his years of dedication and commitment to the institution and wishes him God's blessings on his retired life.

Admission Notice - Department of Pulmonary Medicine :

Department of Pulmonary Medicine, CMC in collaboration with International Asthma Services (IAS), Colorado, USA (Endorsed by Center for Global Health, University of Colorado, USA & American Academy of Allergy, Asthma & Immunology) invites applications for the following course - 1 year Distance Education programme (Diploma in Allergy & Asthma) with 4 one week contact sessions at Vellore, Tamil Nadu. The training will be imparted by both International & National faculty.

Eligibility: MD or DNB in TB & Chest / Respiratory Medicine / General Medicine / Paediatrics.

MS or DNB in ENT. DTCD / DCH. MBBS (with proven track record in the field of Allergy & Asthma and at least 5 years experience in the field).

Course Commencement: January to March 2021

Last date for receipt of completed application: 24th September, 2020.

Download application from http://www.cmch-vellore.edu/Default.aspx?url=./SITES/DAA/main.html

Email: daacmc@gmail.com

= Situations Vacant =

- 1. Senior Resident / Assistant Professor with MD / DNB (Anaesthesia / Medicine / Respiratory Medicine) for the Department of Critical Care Medicine (Neuro ICU)
- Candidates applying for Assistant Professor job must have 2 years experience in Critical Care.
- Candidates with DNB qualification should fulfill the latest MCI criteria for teaching appointment. Salary: As per institutional rules.

Accommodation provided (Partly furnished, Depending on availability).

Applications should be sent by post to the Principal, Christian Medical College, Bagayam, Vellore–632 002 or email to: **princi@cmcvellore.ac.in**, with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address on or before **September 05, 2020** for Item 1.

2. Senior Research Officer for the Department of Paediatrics (Unit-III) Job Code: 1340

Qualification: M.B.B.S, PG Diploma or Degree. Mode of appointment: Project Mode. Salary: As per institutional rules. Accommodation not provided.

3. Data Manager for the Department of Paediatrics (Unit-III)

Qualification : Post Graduate Degree. Mode of appointment : Project Mode.

Salary: As per institutional rules. Accommodation not provided.

4. Medical Officer for the Department of Paediatrics (Unit-III)

Qualification : M.B.B.S. Mode of appointment : Project Mode.

Salary: As per institutional rules. Accommodation not provided.

Download application from this link: http://www.cmch-vellore.edu/→General →Vacancies →Application Form for Project Staff. Please send us the duly filled application with certificates and testimonial copies mentioning the job code either by soft copy email to princi.hr@cmcvellore.ac.in or by hard copy address to the Principal, Christian Medical College, Bagayam, Vellore – 632 002, Tamil Nadu on or before August 31, 2020 for Items 2, 3 and September 07, 2020 for Item 4.

Job Code : 1341

Job Code : 1342



Dr. Simon Rajaratnam Retires



Professor Simon Rajaratnam, Professor and Head of Endocrinology, retired on 23rd August, 2020. Simon was brought up in Chittoor in Andhra Pradesh. He belonged to the MBBS Batch of 1978. After completing his MBBS at Christian Medical College Vellore, he proceeded for his sponsorship obligation at Vandavasi.

He returned to Christian Medical College Vellore for his MD in General Medicine in 1988. As an MD registrar he was known for his sharp clinical skills and diligence in making spectacular diagnoses. He completed the course with honors and was awarded the Jacob Chandy Medal for the best outgoing student in General Medicine for the year 1991.

Following this he proceeded to do his sponsorship obligation at Scudder Memorial Hospital at Ranipet. It was around this time that the Department of Endocrinology was conceived under professor M.S. Seshadri. Dr. Simon Joined the department in 1995, which at that time was manned by skeleton staffing. He took an immediate interest towards the specialty and became one of the pillars of

endocrinology for CMC Vellore and South India for the next two and a half decades.

During the initial days of the department, Dr. Simon was extremely resourceful and hardworking and showed incredible resilience in running the system almost singleton when Dr. Seshadri had gone on sabbatical from 1998 and Dr. Nihal was on Study leave in Australia.

Dr. Simon completed his DNB in endocrinology, and soon after, the department became the first in Southern India to have an academic endocrinology training programme. One of his major academic achievements was that he pioneered work in the area of neuroendocrinology and particularly that of pituitary disease, which materialized into a PhD in the area. He worked very closely with the doyens of pituitary surgery initially with Dr. Mathew Chandy and, subsequently with Dr. Rajashekhar and Dr. Ari Chacko. He established a working team with neuropathology and together they had a fruitful relationship which lasted almost two decades resulting in several research papers in the area of pituitary disease. His research work on the impact of different intra-operative steroid regimenson diabetes insipidus following pituitary surgery is widely quoted and seminal in the field of neuroendocrinology. He also worked closely with endocrine surgery, nuclear medicine and molecular pathology in the area of molecular genetics for adrenal and thyroid disease. He has published more than 100 research papers over the years. He has been honored with an FRACP in Endocrinology and FRCP.

= Dr. Simon Rajaratnam Retires =

He was the Head of Endocrinology Unit-II from 2009, and was Head of the Department of Endocrinology from 2016 till his superannuation.

Simon was loved by his students. Generally quiet in nature, he was a very caring person and this reflected in his attitude towards both medical and non-medical personnel in the endocrinology department. He was appreciated for his clinical skills during his study leave in Adelaide and sabbatical at Muscat.

Dr. Simon has contributed to community life on the CMC Campus and his family members continue contribute to the CMC, Vellore campus: Prof Anna Simon, Professor in Pediatric Endocrinology, Dr. Andrew who has joined for MD in pediatrics and Alex who is doing his architecture training at VIT.

The CMC, Vellore community and the Department of Endocrinology join in thanking Simon for his contributions to the clinical development of endocrinology and his contributions to CMC, Vellore, and wish him well as he enters this new phase of life through retirement.

—— Independance Day Celebrations:

• The 74th Independence Day celebration in the **Hospital Campus** was organised by Mr. Natarajan, Chief Fire Officer and Mr. K. Sundaram, Chief Security Officer. The flag hoisting began with prayer by Rev. Rainard Pearson, Senior Chaplain followed by the flag hoisting by Dr. Joy Mammen, Associate Director.





• At the College Campus, the celebration began with an opening prayer by Rev. Dr. Arul Dhas, Head of Chaplaincy. The flag hosting was done by Dr. John

Roshan Jacob, Professor and Head, Department of Cardiology Unit-IV who was also the Chief Guest. He spoke on the importance of developing self respect by trusting in God and working towards becoming self reliant as a country. Dr. Balaganesan, Physical Director, organised the programme and Mr. Vinay Chacko, delivered the student response and vote of thanks.

• The **College of Nursing** celebrated the Independance Day with a true sense of patriotism. It began with a tribute to the frontline workers who are fighting the war against pandemic. Dr. Vathsala Sadan, Dean, College of Nursing addressed the gathering and the flag was hoisted by the Chief Guest Mrs. Sophia Vijayanathan, Professor and Additional Deputy Dean followed by the national anthem. This year the flag hoisting was a different experience, following the safety protocals.





• At 7.00 am, **RUHSA** community got together for hoisting the flag. Only the campus residents took part to keep the gathering minimal. The National pledge was led by Master Jedidiah and the flag was hoisted by Dr. Atul Tigga. The staff nurses and campus children did a song and a dance, which was followed by an inspiring speech by Mrs. Sheeba Asokan and Ms. Kavitha Kumari. Mrs. Sheeba spoke about the role of Gudiyatham town in providing National Flag on the first Independence Day in 1947 and Ms. Kavitha Kumari spoke of the current challenges and responsibility as citizens. The programme came to an end with prayerand dedication by Rev. Edwin Sam.

Independance Day Celebrations =



The 74th Independence Day celebration were organized at the CMC Vellore, **Chittoor Campus**, where Dr. Kenny David, Associate Director (Designate) delivered the Independence Day message and Dr. Prasad Mathews, Medical Superintendent hoisted the National flag. The programme was followed by a tree planting campaign.

- August 30 - September 05, 2020 😑

SPECIAL PRAYERS THIS WEEK

Ophthalmology:

Dr. Sanita Mary George Korah and Staff

Dr. Sheeja Susan John and Staff

Dr. Padma Paul and Staff

Dr. Premila Lee and Staff

Low Cost Effective Care Unit:

Dr. Sunil Abraham and Staff

Dr. Premila Lee and Staff

Department of Family Medicine:

Dr. Sunil Abraham and Staff

Dr. Premila Lee and Staff

Shalom Family Medicine Centre:

Dr. Sunil Abraham and Staff

Dr. Premila Lee and Staff

Van Allen Hospital, Kodaikanal

International Service Fellowship (Interserve)

Council Members: Mr. Eappen John Mr. Vijay Alexander

Christoffel Blinden Mission

Council Member: Dr. Sara Varughese

Obituaries =

• **Dr. Christie Rajyam**, (MBBS batch of 1960) passed away on 8th August, 2020 in Kurnool, Andhra Pradesh. Dr. Christie was the eldest of five siblings born to Dr. Rev. Gorikapudi, Devasahayam in Rajahmundry, Andhra Pradesh.

Dr. Christie joined for her MBBS in Christian Medical College, Vellore in the year 1960. After completing her course, she worked in various mission hospitals in Andhra Pradesh. Later on, she worked as a medical officer in ESI hospital. She was married to (late) Dr. Pasumarthi Devaprasad (MBBS batch of 1957).

She was a very pious, humble, soft spoken, gentle, hardworking and a very caring person. Of late she was diagnosed with Alzheimers but was still able to sing the worship songs and remember most of them by their names.

Dr. Christie is survived by her four children, Dr. Sujith, Dr. Shalini, Dr. Surajini and Mrs. Sunitha.

For those who would like to get in touch with her family, the contact details of her son Dr. Sujith are given below: Email: **drsujithdevaprasad@gmail.com** Mobile: +91-99858 24225.

• Mr. Payyampallil Varghese Abraham, father-in-law of Dr. Joby Elizabeth Ninan, ENT Unit-V, passed away on 23rd August, 2020.

Left us uphold his wife Mrs. Sosamma Abraham, Son Mr. Anoop Abraham, granddaughter Johanna Suzette Anoop and all the bereaved members of the family in our prayers.

• Mrs. Shanthi, Hospital Attendant Gr.IV, MTS3 ward passed away on 23rd August, 2020. She joined CMC in 2013. Her father, Mr. Natarajan is a retired staff. She is survived by her husband Mr. Natarajan and her three sons, Mr. Madhavan (17 years), Mr. Harish Ragavendra (15 years) and Mr. Sanjay Ramaswamy (11 years).

Let us uphold all the bereaved members of the families in our prayers at this time of grief and loss.



= Situations Vacant =

1. Assistant Study Manager for the Department of Clinical Microbiology Job Code: 1343

Qualification: M.Sc. Life Sciences / MPH. Age: Less than 30 years. Sex: Male / Female.

Mode of Appointment: Project Mode. Salary: As per Institutional rules. Accommodation not provided.

2. Lab Researcher for the Department of Clinical Microbiology

Qualification: M.Sc. Life Sciences with experience in PCR and ELISA.

Age: Less than 30 years. Sex: Male / Female. Mode of Appointment: Project Mode.

Salary: As per Institutional rules. Accommodation not provided.

Download application from this link: http://www.cmch-vellore.edu/→General →Vacancies →Application Form for Project Staff. Please send the filled application menstioning the Job Code either by soft copy to princi.hr@cmcvellore.ac.in or by hard copy address to the Principal, Christian Medical College, Bagayam, Vellore-632 002, Tamil Nadu on or before September 12, 2020 for Items 1 and 2.

Please mention the job code, applications forms without the job code will not be accepted.

3. Lab Technician (External Designation - Project) for the Department of Paediatric Unit-III

Qualifications: B.Sc. MLT (Recognized University). Age limit: 35 years.

Note: Only Regular mode will be accepted, Private or correspondence will be not accepted.

Salary scale: As per institutional rules. Job description: Performing Microbiology Lab Tests.

4. Staff III / Staff II Medical Lab Technician (External Designation - Project) for the Centre for Stem Cell Research

Qualifications: B.Sc. MLT / H.Sc. with CMAI Diploma in MLT or CMC DMLT with 2 years experience.

Note: Only Regular mode will be accepted, Private or correspondence will be not accepted.

Age limit: 35 years. Salary scale: As per institutional rules.

Job description: To work in the project Novel Approaches to Haematological Disorders (NAHD) - thalassemia and sickle anemia control programme in collaboration with the Government of Odisha.

Job Condition: Selected candidate has to work in Odisha Station.

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link: "Vacancies". *Note: Only online applications will be accepted; Hard copies will not be accepted.* Applications will close on **September 14, 2020** for Items 3 and 4.

5. The Centre for Stem Cell Research and Christian Medical College, Vellore invites applications for Nurse Counselor on term appointment basis to work in the Project Novel Approaches to Haematological Disorders (NAHD) - Thalassemia and Sickle Cell Disease Control Programme in collaboration with the Government of Odisha. Job Location: Odisha. Salary scale: Consolidated pay (Rs.32,000/-).

Qualifiction: B.Sc. Nursing preferably with two years experience. Accommodation not provided.

Job description: 1. To train ANM / District hospital nurses in pre and post test counseling.

- 2. To provide pre and post counseling for PND at Medical Colleges in Odisha.
- 3. To help disseminate the results of the Sentinel Surveillance site.

Apply with biodata, photograph, certificates, testimonial/s and references to the Dean, College of Nursing, Christian Medical College, Vellore, on or before **September 12**, **2020** for Item 5.

6. Applications are invited for the post of Medical Officer and Family Physician / Physician for the Scudder Memorial Hospital (S.M.H), Ranipet.

Qualification: MBBS / DNB / MD Family Medicine. Experience: Preferably with 2 years of experience.

Salary: Commensurate with qualifications and experience.

Posting in Ranipet, Gudiyatham and Vellore. Duty hours: 8.00 am to 4.30 pm; No calls and Night Duty.

Candidates can apply with their bio-data along with the photocopies of certificates and send it to "The Medical Superintendent, Scudder Memorial Hospital, Kelly's Road, Ranipet - 632 401 or email your updated resume along with the scanned copies of all your testimonials to rao693@rediffmail.com, sam2smhcraniofacialsurgery@gmail.com for further details contact: +97155 73768 / +98947 72075. Last date for receipt of applications is on September 06, 2020 for Item 6.

Job Code: 1344



2020 - The Year of COVID

An anthology of day to day experiences in the COVID era

The dawn of 2020 was like no other. The year threw a huge surprise at the human race who unwittingly stepped into a battle ground against a deadly virus.

Who would have thought that 2020 will tip over the scale and bring in so many unimaginable changes in the everyday aspects of human existence? This year has made us lose jobs, face financial crunch, clamour for food, distanced relationships and made death an ally. The world is experiencing a survival test once again!!!

But in the midst of all this pandemonium what is important is to keep the positivity alive. Let us not forget that behind the mask, the smile must live on.

The pandemic has brought in a numerous changes of various sizes and shapes. Some are dreary and unfair, yet some are lighter and adaptable. These simple reflections are reminders that come what may; a positive attitude and smile is powerful and comes a long way.



The masked race:

Keys, wallet, phone ... mask and hand sanitiser. This is the 2020-approved and updated check-list.

What was to be worn in surgical rooms has now become the trendsetting wear. Besides, the nose-itch has never been so frequent since masks became the new norm.

The ease with which the human race welcomed these changes into everyday existence is a perfect example of the will to survive and the natural instinct to exist.

From fear to ignorant carelessness?

The month of March was unreal for Indians. It was like a scene from one of those apocalyptic movies. Deserted streets, silence, no traffic, no loud honking, confused street dogs ... there was absolute silence and in a country like India silence is absolutely golden and unheard of!

The fear on the other hand was constant and pressing too. The sudden curfews and lack of food and supplies drove everyone into a human survival instinct of hoarding. The only name on the street and in social media was corona and covid ... (literally since there were larger than life pictures of the virus drawn across the roads), and the increasing death tolls in Italy shook everyone and intensified the fear.

To top it off there was Netflix suggesting the 'Top Ten Apocalyptic Movies to Watch During Quarantine'...

=2020 - The Year of COVID =

As months went by, the fear which gripped the population turned into frustration mixed with carefree acceptance.

On day one the masks were worn religiously, they were held with pre sanitised hands and carefully tied across the face, eventually it was reduced to a piece of cloth, just spending time on the face. For instance, the most common mask scenarios are:

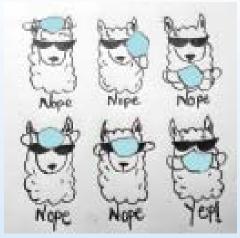
The Lip Guard - a mask covering only the lips, leaving the nose free to breathe.

The Neck Warmer - it provides the ultimate protection for the neck, can be used in winter too.

And the most popular, The Ear Mask - were we often witness the mask hanging precariously on the edge of the ear.

At present the burning question is; Will this be our new norm? Are we masked for life? Can we be more careful for the sake of others?

It seems like it, since at the eight month of 2020 we are still caught in the eye of the corona storm. Adaptation, general concern for others, positive attitude and faith ... these should prevail even if the storm does not cease.



* Pictures adapted from Google images

"Mankind is resilient: the atrocities that horrified us a week ago become acceptable tomorrow." - Joseph Heller.

Sunitha Serena P.I.O. Promotion & P.T.P

To be Continued...

_____ CME on "Liver Function Tests: A Case Based Approach" ___

An online CME "Liver Function Tests: A Case Based Approach" was conducted on 25th July. Dr. Uday Zachariah, Professor of Hepatology provided a brief overview of common clinical presentations, disorders of bilirubin metabolism, liver disease and biliary obstruction. The logical and practical approach provided by a senior clinician was appreciated by the attendees who included health care professionals from several parts of India, and a few from Africa and Eastern Europe. The programme was organised by CMC's Department of Continuing Medical Education and facilitated by the Department of Telemedicine.



----- Memoranda -

- **Dr. A.J. Joseph,** Professor, is appointed as Head of the Division of Gastrointestinal Sciences and Head of Clinical Gastroenterology and Hepatology with effect from 1st September 2020 for a four year term.
- Dr. C.E. Eapen, Professor, will continue as Head of Wellcome Trust Research Laboratory until further notice.

= September 06 - 12, 2020 **=**

SPECIAL PRAYERS THIS WEEK

Orthopaedics & Spinal Disorders Surgery Unit:

Dr. Vinoo Mathew Cherian and Staff

Dr. Pradeep Mathew Poonnoose and Staff

Dr. Thilak S. Jepegnanam and Staff

Dr. Thomas Palocaran and Staff

Dr. Venkatesh K. and Staff

Dr. Premila Lee and Staff

Hand and Leprosy Reconstructive Surgery:

Dr. Binu Prathap Thomas and Staff Mrs. Rebecca Sumathy Bai and Staff Malankara Jacobite Syrian Orthodox Church

Council Members:

H.G. Thomas Themotheos

Mr. John Paul K.

Hospitals: MBM Mission Hospital, Kothamangalam

St. Mary's Hospital, Manarcadu

Christian Charitable Mission Hospital,

Manganam and others

= Welcome -

- Dr. Ashish Goel, Professor, Department of Hepatology, on his return from study leave.
- **Dr. Ruchika Goel,** Associate Professor, Department of Clinical Immunology & Rheumatology, on her return from study leave.

- Retirement =

Mr. N. Radhakrishnan, Staff Gr. Assistant Engineer Gr.II, Department of Engineering Civil retired on 26th August, 2020 after 39 years of dedicated service to the institution. His wife, Mrs. Vijayalakshmi is a Hospital Auxillary in the Department of Clinical Pathology.

The CMC community is thankful for his years of dedication and commitment to the institution and wishes him God's blessings on his retired life.



Obituaries =

• Mr. Jolgeous Tirkey, father of Dr. Amit Jiwan Tirkey, Professor and Acting Head, Department of Head and Neck Surgery Unit–II, passed away on 28th August, 2020.

Let us uphold his wife, Mrs. Mridula Tirkey, sons Dr. Amit Jiwan Tirkey, Mr. Samit Tirkey and daughter-in-law Dr. Richa Sasmita Tirkey, grandchildren Rishan Pranit Tirkey, Ayansh Ryan Tirkey and all the bereaved members of the family in our prayers.

• Mr. C.H. Madhai Beck, father of Dr. Manisha Madhai Beck, Professor and Head, Department of Obstetrics & Gynaecology Unit–IV and father-in-law of Dr. Saban Haro, Professor, Department of Ophthalmology, passed away on 3rd September, 2020.

Let us uphold his wife Dr. Nargis Paul, sons Dr. Anurag Beck, Mr. Arpan Beck, grandson Harsh and all the bereaved members of the family in our prayers.

= Notice : Summer Admissions - 2020 =

The CMC Vellore Entrance Examination (Computer Based Test) for admission to AHS, Nursing, M.Sc, MPT and MPH courses in 2020, is scheduled to be held on 24th September 2020. Please refer to the revised and updated Admission bulletins for the respective courses.

Registrar

registrar@cmcvellore.ac.in

Situations Vacant =

1. Ph.D for the **Department of Endocrinology** under **Regional center for Biotechnology, Faridhabad** Eligibility: M.Sc. / M.Tech. (Life Sciences) with a minimum of 60% or CGPA 7 in the qualifying exam with any one of the Fellowships (UGC, CSIR, ICMR, INSPIRE, DBT).

The selection of research scholars will be based on the performance in written test / interview.

The application with certificates and testimonial copies should be sent to the Principal, Christian Medical College, Bagayam, Vellore-632 002, Tamil Nadu on or before **September 14, 2020** for Item 1.

2. Senior Research Officer for the Department of Clinical Immunology & Rheumatology

Job Code : 1345

Qualification: M.B.B.S. Mode of Appointment: Project Mode.

Consolidated Salary: Rs.60,773/- per month. Accommodation not provided.

Download application from this link: http://www.cmch-vellore.edu/→General →Vacancies →Application Form for Project Staff. Please send the filled application menstioning the Job Code either by soft copy to princi.hr@cmcvellore.ac.in or by hard copy address to the Principal, Christian Medical College, Bagayam, Vellore-632 002, Tamil Nadu on or before September 19, 2020 for Item 2.

= Situations Vacant =

3. G.M. Officer Gr.III for CMC Vellore, Chittoor Campus

Qualification: Graduate + MBA / MHA + 2 years experience.

Salary: As per institutional norms.

Preference will be given to

- Candidates with work experience in Quality Management Systems and Accreditation (ISO, NABH).
- Additional qualification / certification in Quality Management Systems and Accreditation.

Please log on to http://www.cmch-vellore.edu

Only online applications will be accepted. Hard copies will not be accepted.

Apply on or before **September 14, 2020** for Item 3.

4. Programmer Trainee in Computerised Hospital Information Processing Services (CHIPS)

Qualifications: B.Tech / BE (Computer Science) / MCA / MCS / MS (Computer Science) / M.Sc. (Computer Science).

Period: One Year Only.

Note: Only Regular mode will be accepted, Private or correspondence will be not accepted.

Stipend: As per institutional rules.

Age limit: 30 years.

Job Description: Programmer Trainee.

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link: "Vacancies". *Note: Only online applications will be accepted; Hard copies will not be accepted.* Applications will close on **September 21, 2020** for Item 4.

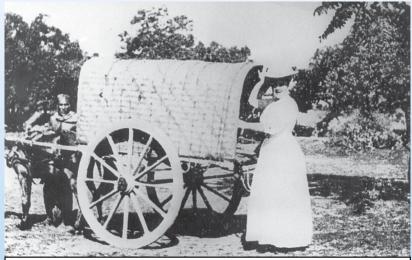


Reflections on the Calendar Month of September

Dr. Ida's Mobile Clinics:

When Dr. Ida decided to extend health care for the poor of Vellore, she realised that even after the hospital was built, many were not able to travel and come to the hospital to receive treatment. Those from the far away, rural places found it impossible to travel since there were no means of transport available. This is when Dr. Ida decided to take health care to them. The famous picture of Dr. Ida standing next to a Jutka is one beautiful depiction of the kind of dedication she had towards her service to humanity.

Given below are extracts from an interesting Ida S. a article written by Dr. Ida B. Scudder (Dr. Ida's niece) about their travels towards faraway dispensaries.



Ida S. at the back of Jutka on the way to the dispensary at Gudiyatham, August 1909

Over A Hundred Miles in a Jutka

(From a Pamphlet by Dr. Ida B. Scudder written in 1908)

"I want to take you with me on my first real trip to the two new women's dispensaries which have been opened in our Mission.

The nurse called me at five o' clock in the morning, and at six thirty I was in the train with my roll of bedding, a mattress and pillow, a box of medicine and dressings-one often longs for one of Johnson and Johnson's complete large boxes for such work - my bag, lunch basket, a basket of bottles and my water bottle. It really was quite a sight. I went first to the Gudiyattam dispensary...

...We then visited the Municipal Dispensary and Hospital which we found spotlessly clean. Then I went on to our own little dispensary room and saw fifty-six people. Many interesting diseases, many pathetic cases, several hopeless cancers, some women so frightened, they cringed if you went near them, others eager to be helped and have their diseases cured. I had a hasty lunch and again set out in my jutka for a long hot pull up the ghats to Palmaner. I settled myself down as well as I could and off I went. I was bumped and jolted about over a bad road, was at one time thrown against my medicine box and flattened my nose well on it. Then the road was better and I lay down and tried to read. The sun was very hot and the long sandy road stretched far away toward

Reflections on the Calendar - Month of September =

the low hills...

The road was steep, the dust thick, the heat great, and after a time I walked for some distance because the pony seemed so tired. At five I was thirsty, and so stopped by the roadside, and with my lunch basket I managed to have a nice cup of coffee...

I saw quite a number of cases and looked over all of Nurse Agnes' books and was much pleased with the work she is doing. Mr. H.J. Scudder came for me and drove me to his home, which was like an oasis in a great desert. The sweet welcome from all and the lovely little children made my stay there full of joy. I had intended returning next day, but was called to



Dr. Ida B. Scudder

the Raja's palace to see a very sick woman, one of the Raja's household. She was desperately ill and had been for nine weeks.

The next morning I again went to the dispensary, and then back to Palmaner and down the ghat to Gudiyatam, where Miss Dodd met me and we had a large dispensary, which was made easy with Miss Dodd's help.



vehicle, the vision of reaching out continues.

The work is exceedingly interesting, and these dispensaries are very necessary, but we need many more. It will be a glorious way of reaching hundreds of suffering souls. Many and many of them are sick, helpless and ready to die and, oh, they need the loving Christ-like touch that we can offer to them because we love Him".

The 'roadsides' which Dr. Ida began, became a regular feature in her work. She would treat hundreds of sick people and even set up operation theatres for simple surgery. Till date mobile clinics carry on imparting health and healing to the marginalised. From Jutka to motorised

Sunitha Serena Publicity & Information Officer Promotion & P.T.P

= e-Seminar on 'Facility Based New Born Care':

The Departments of Maternity Nursing and Continuing Nursing Education & Research of College of Nursing, CMC, Vellore organised an e-Seminar on 'Facility Based New Born Care' on 5th August, 2020. Mrs. Ebenezer Ellen Benjamin, Professor and Head of Maternity Nursing offered the opening prayer and gave an overview on the e-seminar. Dr. Vathsala Sadan, Dean, College of Nursing, welcomed the participants and offered



felicitations. There were six sessions on topics such as hypothermia and thermal protection, kangaroo mother care, immediate new born care, hypoglycemia and management, rapid assessment and management of neonatal emergencies and transport of sick new born. There were informative video presentations which made the sessions interactive. Eighty participants registered and attended the seminar through the zoom meeting room. Dr. Vinitha Ravindran, Professor and Head of Continuing Nursing Education and Research, proposed the vote of thanks.

2

- September 13 - 19, 2020 —

SPECIAL PRAYERS THIS WEEK

Pharmacy Service:

Dr. Sujith John Chandy and Staff

Pharmacology & Clinical Pharmacology:

Dr. Binu Susan Mathew and Staff

Reynolds Memorial Hospital, Washim

Samavesam of Telugu Baptist Churches

Council Members: Dr. Devaraj Voola

Mr. G. Judson Mathew

Reformed Church in America

Evangelical Lutheran Church in America

Council Member: Mr. Y. Franklin Ishida

Memoranda

- **Dr. Vinoi George David,** Professor, is appointed as Head of Nephrology Unit-I with effect from 9th September, 2020 for a four year term.
- **Dr. Thilak S. Jepegnanam**, Professor, is appointed as Head of the Department of Orthopaedics with effect from 14th September, 2020 for a four year term.
- **Dr. Manasseh Nithyananth J,** Professor, is appointed as Head of Orthopaedics Unit-I with effect from 14th September, 2020 for a four year term.
- **Mr. T. Prasad,** Project Consultant Engineer, is appointed as Deputy General Superintendent (Acting) with effect from 9th September, 2020 for one year.

- Retirements —

• Mr. N. Radhakrishnan, Staff Gr. Assistant Engineer Gr.II, Department of Engineering Civil retired on 26th August, 2020 after 39 years of dedicated service to the institution. His wife, Mrs. Vijayalakshmi is a Sr. Sel. Gr. Lab Auxillary in the Department of Transfusion Medicine and Immuno Haematology. They have two daughters, Their elder daughter, Mrs. Ramya is doing her second year PC B.Sc. course in CMC and younger daughter, Mrs. Suganya is doing her second year M.Sc. Nursing course in CMC and her husband, Mr. S. Nandakumar is working as Sel. Gr. Lab. Technician in Welcome Research Lab.





• Mrs. S. Dhanalakshmi, Hospital Housekeeping Attendant Gr.I, Q1 West Ward retired on 3rd September, 2020 after 32 years of dedicated service to the institution. She has three daughters. Her elder daughter, Ms. Priya is a Clerk Typist in 'A' Block, second daughter, Ms. Sangeetha is a Charge Nurse in 'A' Block and younger daughter, Ms. Sharmila is working as a Staff Nurse in Sri Narayani Hospital, Vellore.

The CMC community is thankful for their years of dedication and commitment to the institution and wishes them God's blessings on their retired life.

Obituary =

A tribute to Dr. Christie Rayam (MBBS Batch of 1960), who passed away on 8th August, 2020.

Thirteen Classmates

Today we heard that Christie is gone
The thirteenth classmate to leave
She was a quiet light that shone
Close to her Maker we believe

We remember her and twelve others
Eight men five women their lives
As loving fathers and mothers
Caring husbands and wives

A time to think and ponder Of our time on this earth And what lies there yonder When we stop our breath The CMC years together
Were the best we ever had
We had hoped to relive and gather
This August in Tamil Nadu

Aunt Ida's spirit lives on
In fresh youth and bounding hearts
It's our evening but their morn
As this decade starts

Dr. Cherian Thomas
MBBS batch of 1960

Situations Vacant :

1. Assistant Professor with MCI recognized postgraduate degree in DM (Cardiology) for the Department of Cardiology

Salary: As per institutional rules. Accommodation provided (Partly furnished, Depending on availability).

Apply with bio-data, certificates and testimonial copies with contact phone number, email ID and address to the Principal, Christian Medical College, Bagayam, Vellore–632 002, email: princi.staff@cmcvellore.ac.in on or before September 19, 2020 for Item 1.

2. Centre for Stem Cell Research (a unit of inStem, Bengaluru) & Christian Medical College, Vellore.

The Centre for Stem Cell Research (CSCR), a unit of inStem Bengaluru, in collaboration with the Department of Biotechnology (Government of India) and the Christian Medical College (CMC) Vellore, invites applications from Veterinarians. Veterinary Officer for the Centre for Stem Cell Research

Job Code: 1346

Eligibility: One post for M.V.Sc. with 1-3 years experience. Candidates with experience of laboratory animal handling will be preferred.

Job description: Should demonstrate skills related to laboratory animals (rodents, rabbits & farm animals) handling, dosing, anesthesia/euthanasia, blood sampling, animal housekeeping, health monitoring and clinical signs observation etc. Awareness of national and international standards related to laboratory animals (CPCSEA and cGLP etc.,). A cGLP facility experience will be an advantage for working with scientists on translational science projects. Salary: As per Government of India norms for the recognized experience. Mode of Appointment: Project Mode.

For the application forms visit http://www.cscr.in/research-opportunities/ Please send us the duly filled application mentioning the job code either by soft copy to: cscredu@cmcvellore.ac.in or by hard copy address to the Principal, Christian Medical College, Bagayam Vellore - 632 002, Tamil Nadu on or before September 25, 2020 for Item 2.

3. Administrative Assistant Gr.V

Qualification: Graduate + 1 year PGDHA or 5 years experience in CMC or FHA. Salary: As per institutional norms.

Please log on to http://www.cmch-vellore.edu Link: "Vacancies" Icon: "Administrative Assistant Gr.V"

Only online applications will be accepted. Hard copies will not be accepted.

4. Electrician Gr.IV for CMC Vellore, Chittoor Campus

Qualifications: SSLC + 2 years Govt. I.T.I certificate + 'B' Licence from A.P. Government only need to apply. Salary: As per institutional norms. Preference will be given to those who have 2 years experience.

Please log on to http://www.cmch-vellore.edu Link: "Vacancies" Icon: "Electrician Gr.IV" Only online applications will be accepted. Hard copies will not be accepted.

Apply on or before September 28, 2020 for Items 3 and 4.



Mr. Santhosh Clement Retires

Mr. Santhosh Clement retired on 4th September, 2020 after 29 years of dedicated and sincere service to the institution. He joined Psychiatry Unit-II in January 1991 as a Publicity and Information Officer for a project that was funded by the Ford Foundation. CMC had become involved in the national response to HIV in the late 90s and the need to spread awareness and to set up HIV-counselling services and HIV-Counselling training programmes was the focus of the Ford Foundation's initial grant.

He continued his services under the second grant from the Ford Foundation for the Psychosocial unit for HIV / AIDS that was funded by the Ford Foundation to run till 2011. Subsequently, there were multiple overlapping training grants from various state AIDS cells, the National AIDS Control Organization (NACO), USAID's AIDS Prevention and Control (APAC) project etc. that were used for



training. The other major projects that he was involved in was the Saksham project funded by Global Fund for AIDS, TB and Malaria (GFATM) that ran from 2011 to 2013.

Over the initial two-thirds of Santhosh's nearly 30 years of service, Santhosh was involved primarily in counselling training and was soon designated as a master trainer by NACO in which role he ran HIV counselling training programmes for multidisciplinary teams (doctors, nurses, social workers, psychologists and administrators) for the government and for the private sector (NGOs). Later he was a National Trainer in counselling for NACO / National Blood Transfusion Council (NBTC) / Christian Medical Association of India (CMAI) / Catholic Hospital Association of India (CHAI) / Academy of Prisons and Correctional Administration (APCA), GFATM and the Department of Social Defence and Anna University Department of Management Studies.

Continued on Page 2

CAHO Awards for India's Best Hospitals Excelling in Worker and Workplace Safety in Covid-19 Times

The Consortium of Accredited Healthcare Organisation, (CAHO) is a pan-India organisation focused on patient safety and quality improvement at the grassroots-level in healthcare facilities in the country including public and private hospitals. its primary objective is to promote collaboration among accredited hospitals and laboratories to initiate efforts to improve healthcare quality and to work closely with NABH and NABL. This year at the awards for the hospitals excelling in worker and work place safety, CMC, Vellore received the first rank under the category 'very large hospitals'.

— Mr. Santhosh Clement Retires -

It is estimated that he has trained around 5000 + people in HIV counselling across the country and from the neighbouring countries during this time. Many of these programmes involved refresher training workshops and follow up mentoring in the field and were quite intense. He was also involved in training programmes for local industries on HIV / AIDS, alcoholism & drug Abuse, people with sexual identity problems and regardinggender andmental Health.

He became a resource person/ faculty for course run by APAC, United Nations Development Fund for Women (UNIFEM), Family Planning Association of India (IPPF), NACO, Karnataka State AIDS Control Society (KSACS), TANSACS, APSACS, Tamil Nadu Dr. M.G.R. Medical University, Family Health International (FHI- Nepal, Sri Lanka, Afghanistan), AUSAIDS, Ford Foundation, CDC, USAID and YRG Care. He was also involved with training programmes in TISS, Mumbai and was an external examiner there for several years.

Santhosh was also a counsellor in the ID clinic at CMC and he followed up many HIV infected people and couples at MHC. He was involved in helping many HIV infected people join self-help groups and was respected by his patients for the time he spent with them, his acceptance of them without any judgement, and his ability to network with people in CMC and in the government to get them the help they needed.

He subsequently was involved in community outreach and helped the Palliative Care unit and LCECU on issues related to building awareness on mental health issues, alcoholism and care for the terminally ill, and in the Rehabilitation Unit in rehabilitation programs for adult and children.

He has been a regular and active member of the ARISE clinic at CMC from its inception where he has counselled our employees and their relatives. In the department he has guided numerous social work students from scores of institutions during their one-month internship placements. He has also been involved in training and guiding clinical pastoral counselling students and was the course coordinator of the PG diploma in clinical counselling.

His wife Nahomi, who was a former Professor of Nursing at CMC, is now Principal, CON, St. Thomas Hospital, Kattanam, Kerala. His son, Evan, is Assistant Prof in Orthodontics, Sathyabama Dental College, Chennai.

The CMC family wishes him good health and a very happy retired life.

A Digital CME on D-dimer =

A digital CME on D-dimer: Clinical Applications in Vascular Surgery Practice was held on 26th August, 2020. Dr. Prabhu Premkumar, Professor of Vascular Surgery, CMC Vellore discussed the principles of interpreting D-dimer with practical illustrations using common clinical scenarios. Dr. Sukesh Chandran, Professor of Transfusion Medicine provided introduction from the laboratory science perspective. Dr. Sowmya Sathyendra, Professor of Medicine, gave a brief overview to the significance of the D-dimer during the current pandemic and moderated the lively Question and Answer Session. The programme was organized by the Department of Continuing Medical Education with support from the Department of Telemedicine.

= September 20 - 26, 2020 =

SPECIAL PRAYERS THIS WEEK

Hospital Choir and College Choir

Poona Christian Medical Association

Council Members: Dr. Christopher David Moses
Dr. Nitin Theodore Joseph

Hospitals: N.M. Wadia Hospital, Pune Jalna Mission Hospital, Jalna and others

Congratulations!

- **Dr. Beena Koshy,** Acting Head, Developmental Paediatrics Unit has been awarded the DBT / Wellcome Trust India Alliance Intermediate Clinical and Public Health Fellowship.
- **Dr. Beula Subashini,** Associate Professor, Department of Clinical Microbiology has been awarded the Ph.D degree for her thesis entitled, "Staphylococcus Aureus Exoproteins on Nasal Epithelial Barrier in Chronic Rhinosinuaitis" on 2nd September, 2020 from the University of Adelaide.
- Ms. I. Jane Emily Beatrice, Jr. Lecturer received the first prize in the C11 Nursing oral and e abstract presentation on "Evidence Based Nursing" held at C11 Digital platform of the 4th C11 Nursing Conclave 2020 held on 18th July, 2020.
- Ms. Pratheeba Sam, Jr. Lecturer, securied first prize in Nurses Quiz on "Breast Feeding and COVID 19" held on 26th August, 2020 which was jointly organised by the Directorate of Medical Education, Trained Nurses Association, Telangana with the support of UNICEF, Hyderabad Office.
- Ms. Catherine Varsha, Second Year B.Sc. Nursing student, won the 5th prize in the poster competition on the theme "Support Breast Feeding for a Healthier Planet" organised by Apollo College of Nursing, Chennai held on the 7th August, 2020.
- Ms. Ratchanya J, Fourth Year B.Sc Nursing student for excelling within the first ten ranks in the All India e-quiz on "All About Corona" held on 3rd July, 2020 organised by the Sri Venkateshwaraa College of Paramedical Sciences and Apollo Diagnostics, Puducherry.

Retirement =

Mr. M. Ravichandran, Sr. Gr.I Artisan (Non ITI), Department of Engineering Civil retired on 11th September, 2020 after 37 years of dedicated service to the institution. His wife, Mrs. Kalavathy is a homemaker.

The CMC community is thankful for his years of dedication and commitment to the institution and wishes him God's blessings on his retired life.





Dr. Selva Titus Chacko Retires

Dr. Selva Titus Chacko, Professor and Head, Hematological Nursing and Former Dean, College of Nursing will be superannuating on 18th September, 2020 after twenty five years of committed service to the institution. She joined CMC in the year 1995 after having completed her B.Sc. and M.Sc. in Nursing in 1982 and 1992 at College of Nursing, Christian Medical College, Vellore. She continued to contribute immensely towards patient care management, Education, and Research in the capacities of Nurse Manager, Head of the Department, Additional Deputy Dean (2002 – 2006), Registrar (2008 – 2010), Deputy Dean (2010 – 2014), and Dean (2014 –2019). She obtained her Ph.D Degree in Nursing from the Tamil Nadu Dr. MGR Medical University, Chennai in 2014.

She worked as Principal, School of Nursing, Christian Fellowship Hospital, Oddanchatram, where she served as an Executive committee member of the SEARO Region, Global Network of WHO Collaborating Centre for



Nursing and Midwifery, Vice President of the Nursing Research Society of India, Chairman of Nurses League of the Christian Medical Association of India, Chairman of Curriculum Committee of the South India Board of Nursing Education of the CMAI and as a Board member of various Mission Hospitals and Universities.

She worked as a Registered Nurse in Medical Oncology and Haematology Services, Royal Adelaide Hospital, Australia and received specialised training in Advanced Oncology and Haematology Nursing. She utilised this knowledge and skills and was instrumental in developing nursing care services in the Department of Medical Oncology and Haematology in the institution. During her sabbatical leave, she worked as a Chief Nursing Development Officer in Dhaka, Bangaladesh and is currently working as the Dean and Professor of Gulf Medical University, UAE.

Dr. Selva has always been admired for her sound knowledge in the field, skills in administration, inspiring teachings and concern for the people around. Hours late in the night or early in the morning could never stop her, from her dedication towards the responsibilities that she held. Her tireless efficiency and extra mile walks have been a great boon to her students and staff.

She is blessed with two children and a grandson. Her husband Dr. Raju Titus Chacko, Former Associate Director, CMC Vellore and is currently working as a Professor in the Department of Medical Oncology. Her son Dr. Rohan Titus completed MBBS and is working in CMC. Her daughter Dr. Teena Titus is a Dentist, married to Mr. Nikil, an Engineer based in Dubai. Teena is blessed with a son Master. Nathan.

The CMC family is thankful to Dr. Selva Titus Chacko for her efficient and dedicated service in this institution. May God bless her bountifully with more beautiful and blessed years ahead and continue to keep her as a blessing for many.

e-Seminar on 'Stress Management'

The Departments of Psychiatry Nursing and Continuing Nursing Education & Research of College of Nursing, CMC, Vellore organised an e-Seminar on 'Stress Management' on 9th September, 2020. Mrs. Helen Sujatha Charles, Professor of Psychiatry Nursing offered the opening prayer. Dr. Manoranjitham. S welcomed the participants and gave an overview on the e-seminar. Dr. Vathsala Sadan, Dean, College of Nursing, offered felicitations. There were six sessions which covered introduction to stress, etiology, how to recognise, psychological implications, management and a video



session on guided imagery technique. The video presentation enabled the participants to relax and deal with stress. They participated actively in work place stress survey and Zoom polls. A total of 50 participants registered and attended the seminar through zoom meeting room. Dr. Vinitha Ravindran, Professor and Head of Continuing Nursing Education & Research, offered closing remarks and prayers.

September 27 - October 03, 2020 — SPECIAL PRAYERS THIS WEEK

Staff and Students' Health Services:

Dr. Prasad Mathews K. and Staff Dr. Henry Kirubakaran and Staff Mrs. Jeyalinda Christopher and Staff

Outpatient Services:

Dr. Prasad Mathews K. and Staff Dr. Aby Abraham and Staff Mrs. Jeyalinda Christopher and Staff

Medical Records Department:

Dr. Prasad Mathews K. and Staff Dr. Vijaykumar Aruldas and Staff

Malankara Orthodox Syrian Church Catholicate of the East

Council Members:

H.G. Yuhanon Mar Diascorose Fr. M.C. Poulose

Hospital: M.O.S.C. Medical Mission Hospital, Kolencherry and others

Shiloh 2020

Obituaries

• **Dr. Major Gandham Chandrasekhara Rao** (MBBS batch of 1951) passed away on 21st August, 2020 in Ongole, Andhra Pradesh. He hailed from a Christian family from Cloughpet, Ongole, Prakasam District, Andhra Pradesh.

Dr. G. Chandrasekhara Rao graduated from CMC Vellore (MBBS batch of 1951). While a student he was an enthusiastic athlete winning laurels for the college in 100m, 400m and long distance running. Dr. G. Chandrasekhara Rao was an active member of EU and was genuinely interested in bringing youth to Christ.



He married Ms. Pallapati Ranjini Raju, Principal retired, Government Degree College, Ulavapadu, Nellore District. Andhra Pradesh. After graduation, he went on to work in ABM Hospital, Nellore where he worked under Dr. Boehr. He was a young dedicated doctor and through his profession, he was able to spread the gospel along with medication. From 1962-1966, he served the Indian Army in the capacity of a doctor.

He joined the Government services in 1966, working in Kurnool Medical College (where he also completed his Post Graduation in Physiology) teaching Physiology till 1980. From 1980 to 1985, he worked in Zaire, Africa, as a medical missionary along with his wife. He re-joined the Government services in 1985 and worked in SV Medical College, Tirupati, AP, until his retirement from active Government service in September 1990. He retired as a Professor of Physiology and Vice Principal, SV Medical College, Tirupati, Andhra Pradesh.

- Obituaries —

After retirement, he worked in Vinayak Mission Medical College, Karaikal, Tamil Nadu, as a Professor of Physiology.

Throughout his career, he never missed an opportunity to spread the Gospel. He conducted Bible studies for his medical students wherever he worked. He had a great zeal and talent to reach out to the youth and guided many to Christ.

All through his long service, God blessed him and granted him an opportunity to reach out to many people through his healing touch and the love of Christ. He was truly a committed Christian, spreading the love of Christ to everyone he met.

Serving the needy was his special interest. He always shared the Christmas joy with persons afflicted with leprosy on every Christmas day. He did everything he could to make a difference in the lives of people he loved and respected.

Dr. G. Chandrasekhar Rao was a most genuine, affectionate, just, dependable, optimistic and proactive gentleman. He was a dedicated Gideon, a prayer warrior, spiritually oriented nobleman and his life is exemplary to all. His personality, pleasant smile, quick sense of humour, impeccable style of dressing, punctuality, dependability in spite of the odds, readiness to help anyone in need, being a man of few words but full of love and affection were qualities which made him stand apart. He was one of a kind, none like him! His life showcased the love and forgiveness of Jesus Christ whom he faithfully worshipped and served till his end.

He blessed with two sons, Dr. G. David and Dr. G. Paul Chandrasekhar and a daughter Mrs. Beulah Noel.

For those who would like to get in touch with the family, the contact details of his daughter are given below: Mrs. Beulah Noel, Mobile: +91 9515021861 Email: pearlnoelvza@gmail.com



• **Dr. Chinniah Kulasingham** (MBBS batch of 1957) passed away on 18th September, 2020, in Florida, USA. Dr. Chinniah Kulasingham was born in Neervely, Sri Lanka and attended St. Thomas School in Colombo. He then went to Madras Christian College for a B.Sc. in Botany before joining CMC in 1957. After obtaining his MBBS, Dr. Chinniah Kulasingham and his wife Dr. Sumathi (Clarence), also a CMC graduate (MBBS batch of 1956), returned to Sri Lanka to serve his country for seven years. Dr. Chinniah Kulasingham and Dr. Sumathi proceeded to the USA and became successful psychiatrists in Cincinnati, Ohio, where they practiced from 1970 to 2000. After retirement they moved to Florida.

Dr. Chinniah Kulasingham is survived by his wife Dr. Sumathi, two children, Dr. Sathyajit Kulasingham, Dr. Sukanya Sundareson, and their beloved granddaughter Sophia. He leaves behind a loving family and a wide circle of devoted friends.

For those who would like to get in touch with his family, the contact details of his wife are given below: Dr. Sumathi Kulasingham, Mobile: 727 945 1828 Email: drckulasingham@gmail.com

- **Mr. Boban John**, husband of Mrs. Achu George, father of Mr. John George and father-in-law of Dr. Suneetha Susan, Scientist, Department of Medical Genetics on 19th September, 2020.
- Mr. N. Dhananjeyan N, Sel. Gr.II Graduate Dialysis Therapist, Department of Nephrology passed away on 21st September, 2020. He was appointed as Graduate Technician in the AK Lab in 1997 and he served the Department with utmost dedication for 23 years. He is survived by his wife, Mrs. Chitralekha who is working as a Sr. Dialysis Therapist, Department of PICU, his sister, Ms.Gomathi who is working as a Pharmacist, Department of Pharmacy and his two children.
- Dr. Joe Devadatta, former Professor in General Surgery passed away on 26th September, 2020.

Let us uphold all the bereaved members of the families in our prayers at this time of grief and loss.

Situations Vacant

1. Assistant Professor Gr.I with MCI-recognized postgraduate degree in M.Ch. (Urology) for the Department of Urology

Salary: As per institutional rules.

Accommodation provided (Partly furnished, Depending on availability).

Apply with bio-data, certificates and testimonial copies with contact phone number, email ID and address to the Principal, Christian Medical College, Bagayam, Vellore–632 002, or by email: princi@cmcvellore.ac.in on or before October 03, 2020 for Item 1.

2. Senior Resident with MCI-recognized postgraduate degree in MD (Pathology) for the Department of General Pathology

Age limit: <40 years.

Salary: As per institutional rules.

Accommodation provided (Subject to availability).

Apply with bio-data, certificates and testimonial copies with contact phone number, email ID and address to the Principal, Christian Medical College, Bagayam, Vellore–632 002, or by email: princi@cmcvellore.ac.in and pathology@cmcvellore.ac.in on or before October 06, 2020 for Item 2.

3. Associate Research Officer Gr.IV with M.Sc. in Applied Microbiology / Clinical Virology and Biotechnology for the Department of Clinical Virology

Salary: As per institutional rules.

Accommodation not provided.

Apply with bio-data, certificates and testimonial copies with contact phone number, email ID and address to the Principal, Christian Medical College, Bagayam, Vellore–632 002, or by email: princi.staff@cmcvellore.ac.in on or before October 10, 2020 for Item 3.

4. Junior Research Fellow (JRF) for the Department of Neurological Sciences Job Code: 1347

Oualification: B.Tech/M.Tech in Electronics/Mechanical.

Mode of Appointment: Project Mode.

Consolidated Salary: Rs.18,000/- per month.

Accommodation not provided.

Download application from this link: http://www.cmch-vellore.edu/→General →Vacancies →Application Form for Project Staff.

Please send us the duly filled application with certificates and testimonial copies mentioning the job code either by soft copy email to **princi.hr@cmcvellore.ac.in** or by hard copy address to the Principal, Christian Medical College, Bagayam, Vellore – 632 002, Tamil Nadu on or before **October 12, 2020** for Item 4.

5. Field Worker to work in a project on Term Appointment basis. The term of appointment is co-terminus with the duration of the project. The project will be implemented under Obstetrics & Gynaecology Unit-V. The name of the project is "Primordial Study".

Qualifications: Plust Two.

Consolidated Salary: Rs.18,112/-.

Experience in the medical research field is preferred.

Please log on to http://www.cmch-vellore.edu

Only online applications will be accepted. Hard copies will not be accepted.

Apply on or before October 12, 2020 for Item 5.



Dr. Elvino Barreto Retires

Dr. Elvino Barreto, Professor, Department of Plastic Surgery retired on 20th September, 2020. A native of the beautiful state of Goa, he did his MBBS and MS General Surgery from Bombay University in 1983 and 1988 respectively. After 3 years of Senior Residency in Goa Medical College, he was encouraged by Dr. Vinod Shah to join EHA, New Delhi as an itinerant surgeon to help at various Mission Hospitals in Central and North India.

Seeing the need for further knowledge and skills in reconstructive surgery, he enrolled in CMC Ludhiana for M.Ch degree in Plastic Surgery which he completed in 1994 under the tutelage of the famed doyen of microsurgery in India, Dr. Abraham G. Thomas. He served as faculty of CMC Ludhiana and went on to lead as Medical Superintendent at Chinchpada Christian Hospital adding to the surgical

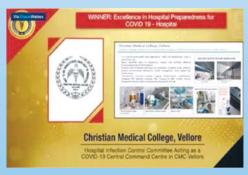


services for 4 years. Subsequently he took up appointments abroad, at PIMS Pondicherry and Shija Hospitals, Imphal Manipur where he performed hundreds of cleft surgeries under the free Smile Train programme.

CMC, Vellore Recognised for Excellence in Combating COVID-19 =

 $Continued\ on\ Page\ 2$

CMC received the following awards as a recognition for the exemplary work done in combating COVID-19:



- "Workplace safety during the COVID-19 pandemic": 1st prize awarded by the Consortium of Accredited Healthcare Organizations (CAHO) for the very large hospitals category (over 600 beds) on 17th September, 2020.
- "Excellence in Hospital Preparedness for COVID-19": awarded by the Federation of Indian Chambers of Commerce and Industry (FICCI) award on 29th September, 2020.
- "India Today Healthgiri Awards" for the Best Charity Hospital combating COVID-19. The award was given virtually by Dr. Harsh Vardhan, Union Minister of Health and Family Welfare along with Mr. Aroon Purie, Chairman and Editor-in-Chief, India Today Group on 2nd October, 2020.

The hard work and commitment of the entire CMC team made these possible. We are grateful for the support, encouragement, inputs and contributions from friends, alumni, council members and donors. We thank God for the recognitions and honours bestowed upon CMC Vellore for COVID work.



= Dr. Elvino Barreto Retires =

At an international conference in Taiwan, he encountered Dr. Prema Dhanraj who beckoned him to the Department of Plastic Surgery Vellore, as she was due to superannuate shortly as the chief. Dr. Elvino joined CMC in May 2010 as Associate Professor. Besides his clinical and operative skills, he brought along his communication and administrative abilities and lent a helping hand to the leadership of Dr. Ashish Gupta and Dr. Kingsly Paul. He was also involved in education of the students of the M.Ch training programme. He was the Head of the Unit-I for a spell of time. During his leadership, he was instrumental in starting the practice of emergency free tissue transfer for limb trauma, even in the dead of night, thereby making CMC one of the few centres in the country to undertake such procedures. Besides reconstructive microsurgery, he kept a keen interest in Aesthetic Surgery, thereby enjoyed the Senior Training Fellowship in Rome, Italy with the team of Prof. Marco Gasparotti, the father of superficial liposculpture.

With dexterity of hand and a dedicated caring attitude, even in difficult situations with limited facilities, he could do intricate surgeries. He has done successful reimplants of limbs with good functional results. He was actively involved with the outreach services of CMC Vellore and helped at various hospitals in Maharashtra and Jharkhand to conduct reconstructive surgical camps which were anticipated and well attended by a flood of patients with various deformities. His trips to the peripheral hospitals were appreciated as it also allowed the surgical leadership of those hospitals to avail of their much-needed leave. He was also a familiar face at Grigor Lusavorich Hospital Yerevan, Armenia, where he regularly conducted plastic surgery missions under the aegis of Armenian Relief Agency, operating and helping the underprivileged and orphan children with various birth deformities.

He is married to Dr. Yamuna Barreto, Obstetrician & Gynaecologist, batch of 1985 CMC alumna, and is blessed with a daughter Abigail who is presently doing internship in CMC Vellore, son Stephen Barreto, final MBBS CMC Vellore, and Yohan who has graduated with a degree in Psychology Major.

The CMC family thanks Dr. Elvino Barreto for his services to the institution and wishes him all God's blessings.

CME on Medical Problems in Pregnancy =

A digital CME on Medical Problems in Pregnancy was held on 22nd September, 2020. Dr. Sowmya Sathyendra, Professor and Head, Medicine Unit-III, CMC Vellore discussed the management of conditions such as hypertension, diabetes, infections and hypothyroidism in pregnancy. Dr. Jiji Mathews, Professor and Head Obstetrics and Gynaecology Unit-V provided practical suggestions for the obstetrician and moderated the question-answer session. The participants were appreciative of the presentation and the discussions. The programme was organised by the Department of Continuing Medical Education with support from the Department of Telemedicine.

Events from the Department of Dietetics



The Department of Dietetics celebrated the National Nutrition month on 12th September, 2020 by organising a live webinar on Nutrition in the First Thousand days of life. The webinar was attended by more than 150 participants. The sessions



were handled by Mrs. B. Manimegalai, Incharge, Department of Dietetics and Ms. Sindhu, Clinical Dietitian from Cochin. Both the speakers

focused on healthy diet for infants' upto two years and also focused on balanced diet for first thousand days of life including the nutritional requirements during pregnancy and lactation. The sessions was moderated by Mrs. Jayalakshmi, Sr. Dietitian, CMC. The session was well received by the audience.

The Department also started the NetProFaN (**Network of Professionals of Food and Nutrition**) Vellore Chapter on 14th September, 2020. NetProFaN is a platform, hosted by the Food Safety and Standards Authority of India (FSSAI), to leverage the collective strengths of the professional associations and bodies in food and nutrition, to foster innovations and disseminate information to the general public through professionals. Mrs. B. Manimegalai, Incharge of Dietetics, CMC will be the Convenor for the Vellore Chapter.

— October 04 - 10, 2020 **=**

SPECIAL PRAYERS THIS WEEK

Transfusion Medicine and Immunohaematology:

Dr. Joy John Mammen and Staff

The Salvation Army-India South Western Territory

Council Members: Colonel Nihal Hettiarachchi Lieutenant Colonel Joginder Singh

The Salvation Army - India Western Territory Council Members: Commissioner Edwin Masih

Major Andrews Christian

Hospital: Evangeline Booth Hospital, Ahmednagar.

The Salvation Army - India South Eastern Territory

Council Members: Colonel Gabriel Christian Lieutenant Colonel Davidson Varghese

Hospital: Catherine Booth Hospital, Negercoil.

— Congratulations! ——

The following participants won prizes at the Annual Conference of Tamil Nadu Chapter of Research Society for the Study of Diabetes in India (TRAC 2020 Conference) held on 20th September, 2020:

- Dr. Krishna Prabha, Sr. Registrar, Department of Endocrinology, Diabetes & Metabolism received 1st prize in oral presentation.
- Dr. Pragya Gupta, Sr. Registrar, Department of Endocrinology, Diabetes & Metabolism received 3rd prize in oral presentation.
- Dr. Lijesh K.U, Sr. Registrar, Department of Endocrinology, Diabetes & Metabolism received 4rd prize in oral presentation.

— Obituaries =

- Mr. R. Chandrasekaran, retired Sr. Sel. Grade Health Inspector Gr.I, Wellcome Trust Research Laboratory, passed away on 26th September, 2020. Let us uphold his wife Mrs. Kalavathi, daughter Mrs. Leena, son Dr. R.C. Kalki and all the bereaved members of the family in our prayers.
- Dr. O. Devadatta Joseph (MBBS batch of 1952) passed away on 26th September, 2020 in Vellore. Dr. Joseph Othniel Devadatta was born on 17th August, 1930. He joined his MBBS course in CMC in 1952 and subsequently completed M.S. General Surgery. After completing his postgraduation, he joined the Department of Surgery as faculty and later became Head of General Surgery Unit III. He later on went to Australia and trained in Paediatric Surgery. He worked at his alma mater for many years and influenced and impacted very many lives; patients, students and colleagues.



Dr. Devadatta was a compassionate human being. He had loving and happy disposition. His way of communicating with the patients was so unique. He is an epitome of human kindness. Patients always had confidence in whatever surgical management he suggested. If he saw small children or teenagers waiting, he would go and place his hands around their shoulders and address them as "thambi" and take them for early consultation. When patients anxiously await biopsy reports, if benign and treatable, he would tell them "God is gracious and loving toward you. To sick patients he would say "God is a just God, He will not do injustice to you.

He was very friendly towards PG trainees and taught them personally the basic surgical skills, which were always handy while working in mission hospitals, where they had to manage patients single handedly. On a regular basis he would visit mission hospitals to assist surgeons trained by him, in various major surgical procedures.

He was a very meticulous surgeon with regards to handling tissues and structures. It was always a treat to watch him operating, his surgical techniques, patience and kindness towards scrub nurses. He always started surgeries by offering a word of prayer. In his unit whenever he assisted, PG trainees knew that he would allow them to do most of the surgical procedure. He made some of the interns to assist as first assistants in surgery if he noticed

Obituaries —

some signs of future surgical interest or thereby planting surgical interest in them. His grand rounds were always tension free and relaxed, but he taught a lot during those rounds. His scrub list was always PG trainees list, but not compromising on patients' safety. At age 90 he was still helping a mission hospital in Pallikonda, motivating senior doctors to continue the work.

He always resolved to be tender and non-judgemental with the young, compassionate with the aged and sympathetic with striving by visiting and praying for them. Because he realised some time in our life we would have been all of these ourselves. He was a true disciple of Christ preaching in his own church and conducting communion till last days. His sermons were powerful, brief and to the point. His knowledge of scriptures formidable. He was a Gideon for almost for 6 decades and distributed Gideons Testaments on a regular basis. He was fond of distributing the tracts. His house was open to the Gideon's prayer meeting every Saturday at 7.00 am.

He was the kindest, most faithful, humble, loving, caring and giving man with a patient and sweet sprit. He was very active in ministry throughout his life especially in student ministry. His life and legacy were living and working for Christ which is a testimony. He was definitely a prayer warrior who loved and served Christ all his life. His life has been a blessing to all and his constant word "pray without ceasing commit and trust Christ" will always be remembered. He steadfastly lived the vision of our founder Dr Ida S Scudder, to establish the kingdom of God.

He was married to late Dr. Mary Devadatta, who was also an alumnus of CMC from the MBBS batch of 1954.

The funeral was held on 26.09.2020 in Vellore. He is survived by his children Dr. Sarah, Dr. Sheilah Joseph, son-in-law Dr. Nigel and grandson Mathew.

For those who would like to get in touch with the family, the contact details of the family is given below:

Dr. Sheilah (daughter), Mobile: 7550349473, Email: ruthsymss@gmail.com Dr. Nigel (son-in-law), Mobile: 7550349463, Email: nigelpetersymss@gmail.com

Situations Vacant

1. Senior Resident with M.D. (Emergency Medicine) for the Department of Accident & Emergency Medicine

Age limit: <40 years.

Salary: As per institutional rules.

Accommodation provided (Partly furnished, Depending on availability).

Apply with bio-data, certificates and testimonial copies with contact phone number, email ID and address to the Principal, Christian Medical College, Bagayam, Vellore–632 002, or by email: princi@cmcvellore.ac.in on or before October 10, 2020 for Item 1.

2. Assistant Professor with MCI-recognised postgraduate degree in DM (Cardiology) for the Department of Cardiology

Salary: As per institutional rules.

Accommodation provided (Partly furnished, depending on availability).

3. Assistant Professor with MCI-recognised postgraduate degree in DM / DNB (Neonatology) for the Department of Neonatology

Candidates with DNB qualification should fulfill the latest MCI criteria for teaching appointment.

Salary: As per institutional rules.

Accommodation provided (Partly furnished, depending on availability).

Apply with bio-data, certificates and testimonial copies with contact phone number, email ID and address to the Principal, Christian Medical College, Bagayam, Vellore–632 002, or by email: princi.staff@cmcvellore.ac.in on or before October 10, 2020 for Items 2 and 3.

Situations Vacant:

4. Centre for Stem Cell Research (a unit of inStem, Bengaluru) & Christian Medical College, Vellore.

Centre for Stem Cell Research (CSCR) (a unit of inStem, Bengaluru), in collaboration with Department of Biotechnology (Government of India) and the Christian Medical College (CMC) Vellore invites applications for the Junior Research Fellow to work in the area of cell and molecular biology related to stem cell research.

Junior Research Fellow

Job Code: 1348

Qualification: M.Sc. and M.Tech Life Sciences / Biochemistry / Biotechnology Candidates with minimum of 55% of marks. Preference will be given to the candidates with CSIR/UGC/DBT/ICMR junior research fellowships.

Mode of Appointment: Project Mode.

For more details of the positions and the application forms visit http://www.cscr.in/research-opportunities/ Please send us the duly filled application mentioning the job code either by soft copy to: cscredu@cmcvellore.ac.in or by hard copy address to the Principal, Christian Medical College, Bagayam, Vellore – 632 002, Tamil Nadu on or before October 19, 2020 for Item 4.

5. Skin Clinic, Gudiyatham (A Unit of Schieffelin Institute of Health - Research & Leprosy Centre, Karigiri - 632 106) invites applications for the following post: Clerk.

Qualification: Higher Secondary Certificate (HSC Pass) with computer knowledge. Gudiyatham residential candidates will be given preference.

6. Schieffelin Institute of Health - Research & Leprosy Centre, Karigiri - 632 106 invites applications for the following post: Staff Nurse.

Qualification: DGNM/B.Sc. Nursing.

Experience: 1-2 years in Operation Theatre.

Age limit: Below 35 years.

Salary commensurate with qualification and experience.

Candidate can apply with bio-data along with photocopies of certificates to the Director, SIH-R & LC., Karigiri, Pin - 632 106. or email your updated resume along with the scan copies of all your testimonials to **directorate@karigiri.org** or **personnel@karigiri.org**

Last date for receipt of applications is October 08, 2020 for Item 5 and October 10, 2020 for Item 6.



Reflections of the Calendar - Month of October

The photograph for the month of October is a dedication to the life and work of Dr. Ida Belle Scudder.

Dr. Ida Belle Scudder, niece of Dr. Ida Sophia Scudder has played a pivotal role in the growth and development of CMC along with her Aunt, our founder. She was the daughter of Ida S. Scudder's brother Lewis. Dr. Ida B. was born into a family, which had dedicated their lives to the service of humanity. In 1900 when Dr. Ida opened her first dispensary in Vellore, Ida Belle Scudder was born. Having Dr. Ida as her aunt would have been a strong influence and an inspiration for her, to follow her footsteps to the town of Vellore and be a part of the legacy. When Dr. Ida B came to Vellore in the early 1930's, she was in charge of many departments such as medicine, paediatrics, obstetrics; taught anatomy classes and so on. By mid 1930's CMC was in dire need of a radiologist. This is when she took up the responsibility and began developing the Department of Radiology in CMC, Vellore.

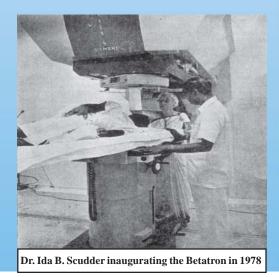
"In 1939 she developed diagnostic and therapeutic radiology services, starting with one x-ray machine and a radium machine for brachytherapy. She served as Registrar and Acting Medical Superintendent and played a key role in CMC's transition to the MBBS course and co-education. Painstakingly she raised funds to acquire diagnostic, deep X-ray and telecobalt facilities, and to build the Radiotherapy Ward."

Her work and legacy was honoured again during the 7th Ida Scudder oration, 'Honoring the Legacy of Dr. Ida Belle Scudder', which was delivered by Dr. Robert H. Fish, the closest living relative of, Ida Scudder. Dr. Fish is grand-nephew to Ida Scudder and nephew to her niece, Ida B. Scudder, who pioneered Radiology and Radiotherapy in CMC.

To cure sometimes, to palliate often, to comfort always, this aphorism of Sir William Osler which is hung above Dr. Ida B's office door sums up all that has to be said.

Adaptations from the obituary write up of Dr. Ida Belle Scudder written by Carl F. Von Essen





Dedication of General Store at the KPTR Campus

On 26th September, 2020 a facility by Harish Food Zone was inaugurated in KPTR Campus, adding to the many amenities that enhance community living. The store which sells provisions, vegetables, fruits, snacks, breakfast and bakery items is definitely a boon to the staff and student residents of the Campus. The facility was inaugurated by Dr. J.V. Peter, Director, Dr. Anand Zachariah, President





of KPTR Campus,

Residence Association, Dr. Vathsala Sadan, Dean, College of Nursing and Mr. David Chandran, General Superintendent. Rev. Margaret Deborah, Chaplain led the gathering in a prayer of dedication after which it was declared open. The existing infrastructure, which was previously utilized by Jayanthi stores has been modified into a patio, which was inaugurated by Dr. Vathsala Sadan.

— First online Geriatric Quiz for the Undergraduates

The first ever online quiz on Geriatrics for the Undergraduates in Medical Colleges all over India was conducted by the Department of Geriatrics on the 1st of October, which marked the thirtieth anniversary of the United Nations International Day of Older Persons. It was anchored by AlterDoctor, a non-profit organisation with a vision to working towards the all-round development of medical professionals.

The contest was keenly fought between seventy five contestants from Medical Colleges all over India, who were linked on the Zoom platform. There were four rounds. The top six who qualified from the first three rounds, which had questions linked to geriatrics, entered the final round which was a rapid fire round. The contestants were asked to choose their topic of interest from a set of six topics. A maximum of eight questions were to be answered in forty seconds on that topic. Despite the poor exposure of undergraduates to Geriatrics in their curriculum, they did remarkably well.

An outstanding performance by Ms. Hamsavardhini, final year MBBS student from CMC Vellore, ensured she bagged the first prize. Excerpts from her comments after the quiz were – "The quiz was a great learning experience. I would not have studied geriatrics in so much detail if it had not been for this opportunity. I will definitely ensure I help my grandparents and parents in future, with whatever I have learnt." The truth hit home. The aim of the quiz was to sensitize the undergraduate to the wonderful world of Geriatrics, as they went "Down memory lane.." with the Department of Geriatrics and their grandparents.

The second place went to Ms. Thara Kurian from Believer's Hospital and the third place went to Mr. Abhay Joseph from St John's Medical College, Bangalore. What a unique way to learn Geriatrics in these "lockdown times"!

October 11 - 17, 2020 :

SPECIAL PRAYERS THIS WEEK

National Council of Churches in India Council Member: Rev. Asir Ebenezer North Bank Baptist Christian Association
Council Members: Rev. Chowaram Daimari
Dr. Asolie Chase

Hospital: Baptist Christian Hospital, Tezpur.

= Welcome –

- Dr. Dolly Daniel, Professor, Department of Transfusion Medicine, on her return from sabbatical leave.
- Dr. Asha Mary Abraham, Professor, Department of Clinical Virology, on her return from sabbatical leave.
- Ms. Hannah Vinolia, Sr. Demonstrator IV (NM), Department of Developmental Paediatrics, on her return from sabbatical leave.

Congratulations! =

The following candidates were successful in the Postgraduate MD / MS Examination held in May 2020. (University Results Published on 24.09.2020).

MD MS - May 2020 session

- **M.D.** Anaesthesia: Dr. Noble E. Cherian, Dr. Arlin Baby Thomas, Dr. Preethi Elizabeth Kuryan, Dr. Mary George, Dr. David Vincent, Dr. Andrew Solomon, Dr. Tanushree, Dr. Sheetal Babu and Dr. Joe H. Paulson.
- **M.D. Anatomy**: Dr. Rubina Rachel Chandy, Dr. Priyanka Clementia Stephen, Dr. Theresa Susan Kuriakose and Dr. Rachel J.
- M.D. Community Medicine: Dr. Ranjith Viswanath, Dr. Harsh and Dr. Bincy Mary Thomas.
- M.D. DVL: Dr. Anu Sarah Philip, Dr. Diya Katrina Koikkara and Dr. Megha Mariam George.
- M.D. Dermatology: Dr. Anju Liya Thomas.
- **M.D. Family Medicine :** Dr. Ann Mary Joyce and Dr. Susan Jacob.
- M.D. General Medicine: Dr. George Abraham Ninan, Dr. Mithun Abraham Prakash, Dr. Amith Balachandran, Dr. Nikhil Raju, Dr. Smitesh G., Dr. Nithin Babuji, Dr. Amit Mandal and Dr. Jennifer K., Dr. Rohan Thomas Thomas, Dr. Caroline Nandita E., Dr. Shobhit Priyanshu Joseph, Dr. Dawn Kuruvilla, Dr. Krupa Achamma Varughese and Dr. K. Lalmuanzuala.
- M.D. Geriatric Medicine: Dr. Stephen Varghese Samuel and Dr. Jino Joy.
- **M.D. Microbiology**: Dr. Divyaa E.
- M.D. P.M.R.: Dr. Abhinav Singh, Dr. Muralidar Babi, Dr. Thomas Anand Augustine and Dr. Prudvish Yarlagadda.
- **M.D. Paediatrics:** Dr. Sebin George Abraham, Dr. Arun George, Dr. Anish Abi Brillin, Dr. Shah Sonam Mauleshbhai and Dr. Carvalho Roshni Teresa Stephen.
- **M.D. Pathology:** Dr. Jesina Samuel, Dr. Kannan S., Dr. Annie Mary Prashanthy T., Dr. Preethi Mary Eapen, Dr. Badrinath T., Dr. Prisca Santhanam A., Dr. Karthiga D., Dr. Reshma Kurian and Dr. Swetha Bareddi.
- **M.D. Pharmacology:** Dr. Aakash Dhruva.
- M.D. Physiology: Dr. G. Srisangeetha, Dr. Aravindhan V., Dr. Kawin Padmaja K. and Dr. Sajo Thomas.
- M.D. Psychiatry: Dr. Madhu Mathew and Dr. Niji Rachel Varughese.
- M.D. Radiodiagnosis: Dr. Susanna K. Jose, Dr. Linu Oommen Varghese and Dr. Rosh Varghese Georgy.
- **M.D. Radiotherapy :** Dr. Vinitha T.C., Dr. Anindita Das, Dr. Jerryes Pious Wisely, Dr. B. Swathi and Dr. Sharief K. Sidhique.
- **M.D. Respiratory Medicine :** Dr. Anisha Mathew, Dr. Benjamin Earnest Williams, Dr. Dhanoop Abraham Varghese, Dr. Dhanawade Vineet Subodh and Dr. Dhivya Roy A.
- M.D. Transfusion Medicine: Dr. Raja Vasanth S.
- M.S. ENT: Dr. Vandana Aravind, Dr. Lidia Dennis Chiramal, Dr. Cynthia Susan Mathew and Dr. Rashmi Tanya Boaz.
- M.S. General Surgery: Dr. Lokesh V.D., Dr. Royson Jerome Dsouza, Dr. Amerjeeth J.D., Dr. Nishok David, Dr. Arelly Samuel Paul Dhinakar, Dr. Markose Mathew, Dr. Divvya M., Dr. Nitin Paul Ambrose, Dr. Ashwin Prem Solomon P., Dr. Shriyans Jain, Dr. Dany Sunny and Dr. Evangeline Preeti Jennifer.

— Obituaries =

- **Rev. Eapen John**, former Chaplain, Department of Chaplaincy passed away on 2nd October, 2020 at Kerala. Let us uphold his wife, his daughters Mrs. Anila, former student and staff in Nuclear Medicine, Mrs. Anitha, former student and Staff (Nursing), CMC and all the bereaved members of the family in our prayers.
- * The tribute for Rev. Eapen John from the Department of Chaplaincy will follow...
- Mr. M. Arthur Michael, father of Dr. Rajiv C. Michael, Professor and Head, Head & Neck Surgery and father-in-law of Dr. Joy Sarojini Michael, Professor & Head of Microbiology, passed away on 8th October, 2020. Let us uphold his wife Mrs. Elizabeth Arthur and all the bereaved members of the family in our prayers.



Inauguration of the Radiology Suite at CMC Vellore, Chittoor Campus



If one gleans through the illustrious history of Radiology in CMC, Vellore it is known that precisely 81 years ago, the first X-ray machine was installed at Vellore in 1939, under the astute leadership of Dr. Ida Belle Scudder. With the inauguration of the Radiology Suite at CMC Vellore Chittoor Campus, 9th October, 2020, has become a day of contemporary importance.

The Programme began by a word of prayer by Rev. Dr. Aruldhas, the head of the Chaplaincy followed by an inaugural song by the Chittoor Campus Choir. The need for the radiology suite was emphasized by the administrators, Dr. Nihal Thomas and Dr. Kenny David, who highlighted the fact that patients who

required both CT Scans and MRIs had to make an arduous 30-kilometer ride in an ambulance to Vellore in case of the need of such a scan, despite the critical illness that they may have had; this trend has come to an end with the initiation of this facility over the last month.

Professor Elizabeth Joseph highlighted the glorious history of the Department of Radiology which was largely a diagnostic service and now progressed into one of an interventional service, with exponential leaps and bounds from the 1990s onward. The Chairman of the Council, Mr. Barkos Warjri highlighted the progress that the CMC,

Vellore Chittoor campus had made over the last half a decade in terms of the burgeoning numbers of patients that were being handled through the outpatient and the inpatient services and the increasing need for such facilities. Despite the presence of COVID, the number of outpatients had exceeded 850 a day. The General Superintendent, Mr. David Chandran described the scenario as to how such technology was indeed lifesaving, and with the presence of a CT Scan a rapid diagnosis of a lifethreatening head injury could be made and intervention could be taken. Dr. Prasad Mathews indicated that a large facility like Chittoor will be further aided by the presence of this technology for several specialties including rapid diagnosis of pulmonary



embolism, strokes and abdominal emergencies. Professor J.V. Peter, the director emphasised on the importance of spiritual sustenance for the growth of the campus and that when spiritually strong the campus coupled with compassionate technology would be like a tree which would never wither.

Dr. Shyam Kumar introduced the Chief Guest, Dr. Washburn Wilson who was in-charge of the department during the 1990s, a period when the department had acquired the first MRI machine in the presence of the

Radiology Suite Inauguration

Vice President of India. Dr. Washburn as a wonderful mentor who nurtured many of the current faculty who are leading the department. Dr. Washburn Wilson gave a speech that was transmitted from the United States of America, recounting the pleasant memories that she had spent in Vellore for more than a decade, and the developments that occurred during that phase of the history of the institution. She firmly believed that that the current development would significantly enhance patient care in Chittoor District where a good resolution CT Scan was lacking.

The plaque for the inauguration was unveiled by Professors Elizabeth, Shyamkumar, Sridhar and Roshan Livingstone in unison on behalf of Dr. Washburn C. Wilson.



The Radiology Suite at Chittoor covers an area of 4800 square feet and has within its premises a CT Scan Machine, separate ultrasonogram machines for radiology and gynecology sonography and an Xray machine. Provisional space is available for an MRI machine which may be located in the radiology suite, sooner or later. The building was constructed and completed in a period of less than 6 months, despite the pandemic, thanks to the combined dedication of the contractor, the engineers at the Chittoor campus and the engineering departments at CMC, Vellore and CHIPS, several general services departments and of course the tireless efforts of the manual laborer's. The event closed with a tour of the radiology department and a tree planting ceremony involving many of the members of the radiology department.

Links for the photographs of the occasion can be accessed at the Google drive link for the Radiology suit inauguration pictures: https://drive.google.com/drive/folders/1fyf6EZgP52PJy4kbp-2d58tEt0bFlMd2?usp=sharing

The video link for the same purpose is at the link: https://youtu.be/iIPHxDfTEok

Memorandum

Mrs. Jeyalinda D, Professor of Nursing is appointed as Deputy Nursing Superintendent with effect from 20th October, 2020 for a four year term.

== Congratulations! =

Department of Neurology has been awarded the World Stroke Organization (WSO) - Angel's Platinum Award - 2020 for excellence in Stroke Care. This is a recognition by the WSO to acknowledge and honour the hospitals that are effectively committed to high standards of stroke practice globally.

= October 18 - 24, 2020

SPECIAL PRAYERS THIS WEEK

Psychiatry: Dr. Paul Russell S.S. and Staff

Dr. Rajesh Gopalakrishnan and Staff

Dr. Deepa Ramaswamy and Staff

Dr. Suja Kurian and Staff

Dr. Priya Mary Mammen and Staff Dr. Manoranjitham S. and Staff

Radiotheray: Dr. Simon Pradeep Pavamani and Staff

Dr. Thomas Samuel Ram and Staff

Dr. Selvamani B. and Staff Mrs. Jasmin Anand and Staff Palliative Care: Dr. Jenifer Jeba S. and Staff

Mrs. Jasmin Anand and Staff

Marthoma Syrian Church of Malabar

Council Members:

Rt. Rev. Dr. Mathews Mar Makarios Episcopa

Rev. Varughese Philip

Hospitals: Fellowship Mission Hospital, Kumbanad Marthoma Mission Hospital, Chungathara and Kattanam

Obituaries =

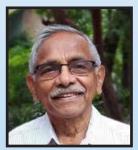
• Rev. Eapen John, retired Mission Chaplain of CMC Hospital went to be with the Lord on 2nd October 2020. After his ordination in 1965, he ministered as presbyter in Delhi CSI congregation (1973 – 1977), Bishop's Chaplain (central Kerala Diocese) Youth League Secretary and treasurer (1977 – 1981), presbyter in Dubai CSI Malayalam congregation (1981-84) and Mumbai CSI Malayalam Congregation (1984-88) before he worked as a hospital chaplain in Vellore (1988 – 2011). During his ministerial time in Vellore, Bethsaida Guidance Centre by CSI Central Kerala Diocese came into existence. His initiative, passion and leadership for the healing ministry will be remembered lovingly for long. His compassionate patient care was much appreciated by numerous patients, relatives and



authorities. He had a special ministry in the context of grief. The sensitivity, respectfulness and the deep faith with which he ministered to the bereaved is praiseworthy. Rev. Eapen was a man of God who loved peace. He had a specific ministry among the senior staff of Christian Medical College.

Christian Medical College, Vellore and Chaplaincy in particular, gives thanks to God for his life and ministry. We pray for Kochamma Mrs. Ammini John and both the daughters and their families. May the God of comfort grant peace to the grieving family.

- Mr. Josam Titus, former Head of Mechanical Engineering Department and former Associate General Superintendent passed away on 12th October, 2020 at Chennai.
- Mrs. Amirtham, mother of Mr. Charles Ezhil Prabhu, Sr. MRT Gr.II, Medical Records Department and mother-in-law of Mrs. Minnie Charles, Staff Nurse in Cardiology OPD, passed away on 12th October, 2020.



• **Dr. A.J. Thomas** (MBBS batch of 1954) passed away on 12th October 2020 in Bangalore. He is survived by his wife Mrs. Saramma, and sons Mr. Joseph Thomas, Dr. A. Daniel Thomas (MD Anaesthesia Batch of 2002), Mr. Oommen Thomas and Dr. Verghese Thomas (MBBS batch of 2002) and brother Dr. Abraham Joseph (MBBS batch of 1961). He was born on 21st April 1935 in Kandy, Sri Lanka. After completing the MBBS course, he worked as demonstrator in the department of Anatomy and then as Senior house surgeon in CMCH.From 1963 to 1967, he worked in a remote part of Nigeria as the only doctor in 200 square miles. In 2000 he returned to India and

settled in Bangalore. During his vacations to Kerala he would readily step in to relieve doctors working in mission hospitals. After retirement in 2002, he worked in the Mar Thoma mission hospital in Hoskote, he also helped the Mar Thoma church of East Bangalore in their medical outreach services. The pastors there, remember him to be a humble and dedicated doctor who will be remembered for his sacrificial contributions in the mission field. He was a good samaritan to all in need. His neices wrote, "to the family he remains in their memories to be pure, compassionate, non-judgemental immensely joyful, affectionate person. With his vast knowledge and humilty and immense generosity he has influenced many people in their life and in their work".

For those who would like to get in touch with the family, the contact details of the family are given below:

Dr. A. Daniel Thomas, Email: dta73@hotmail.com

Dr. Verghese Thomas, Tel: 6361968767, Email: vergheseathomas@gmail.com

• Mr. I. Joseph, Hospital Housekeeping Attendant Gr.I, ISSCC OPD passed away on 13th October, 2020. He joined CMC in 1982. He is survived by his wife, his son and daughter. His wife, Mrs. Rodda Prasanna is working as a Hospital Housekeeping Attendant in 'W' ward, his daughter, Mrs. Beulah is a Hospital Housekeeping Attendant in Maternity ward and his son, Mr. Vinoth Kumar is a Hospital Housekeeping Attendant in Medical ward.



- Mr. Samuel D, retired Hospital Attendant in O Block passed away on 14th October, 2020. He survived by his wife Mrs. Stella, daughter Mrs. Kirubai, son-in-law Mr. Prithviraj, Hospital Attendant, ISSCC OR.
- Mr. Srinivasan D, husband of Mrs. Revathi S.D, Senior Secretary, Department of Neurosciences, passed away on 15th October, 2020.

• Obituaries :

• **Dr. Anand Date** (MBBS batch of 1957) on 15th October 2020 in the UK. Dr. Anand Date was born on 22nd of April 1939 at the U.K. He was the only child, and had his early education in Mumbai where his parents lived at that time. He joined the M.B.B.S course of CMC, Vellore in 1957. He was a hard-working student. But his contemporaries also remember him as one who introduced Rock n'Roll dancing to men's hostel. The vigorous gyrations he exhibited on the mess floor with Elvis Presley's music in the back ground, earned him the nick name "Elvis the Pelvis".



After internship he stayed on in CMC, worked for a year in the Department of Physiology and then joined the Department of Pathology, did his M.D pathology and became a faculty member. A brilliant teacher and a great human being, Dr. Date had a

razor-sharp mind that could make the most complex concepts appear simple. His area of interest and expertise was Nephropathology and made significant contributions to the Renal Transplantation program of CMC, which was the first institution in India to do renal transplantation. Both Undergraduate and Postgraduate students will remember Dr. Date's Renal Pathology lectures with as much clarity today as the day he taught them. Many of his post-graduate students remember him with great reverence and affection for his ability to make even complicated topics easy to understand. His dedication to his subject was astounding. Once Dr. Date was admitted in the hospital for a few days for some medical problem. When one of his friends went to the ward to visit the "patient", what he saw was Dr. Date sitting behind a microscope and reporting slides!! He had several publications in national and international journals and was considered as an authority in renal pathology.

Sir William Osler was his hero and he shared Osler's philosophies with students everywhere. As a voracious reader, Dr. Date possessed a treasure trove of knowledge gleaned from a lifelong curiosity about the world around him. He was a strong advocate for the scholarly documentation of observation and his long list of publications stand testament to this principle. Men students from the 1980s will have fond memories of him as Men's Hostel Warden, remembering especially his broad-minded and empathetic view of student life. Dr. Date was the Head of the Department of Pathology from 1991-1997. He retired in 1997 and moved to Muscat as Head of Pathology at the Sultan Qaboos University Hospital, where he worked for over a decade. Later, he moved to England with his wife Dr. Sally (MBBS batch of 1957), to be close to their daughter Geetha.

He was awarded The Rev. Fr. Lourdu M. Yeddanapalli S.J. Medal which will be awarded to a Clinician or Scientist in the Christian Medical College, Vellore who has made outstanding contributions to basic or applied Sciences in India. During his career, in CMC Dr. Date had the opportunity to work in Bristol University from 1969 to 1971, in Belfast from 1990 to 1991 and again from 1995 to 1996. Wherever he worked he was known for his humility, friendship with all who came in contact with him, irrespective of class or position. He was an inspiration to his students everywhere.

Dr. Date was an avid reader of mainly non-fiction, especially books on history. He was one of the few senior faculty members of CMC who continued to use College Bus every day to hospital and back. He took up on himself the duty of seeing that the bus started, on time every day, not one minute earlier or one minute later. Once the bus started there was always discussion on new novels or history books, presided over by Dr. Date which kept the co-passengers entertained. Truly a legend, Dr. Date will never be forgotten by those fortunate to have known and been taught by such a remarkable man. He was a kind and loving husband and father.

For those who would like to get in touch with the family, the contact details of the family is given below: Dr. Sally Date, Email: datesana@gmail.com

• Mrs. Fathima Bivee, mother of Mrs. Sharfunnisa, Sr. Programmer, Department of CHIPS, passed away on 16th October, 2020.

Let us uphold all the bereaved members of the families in our prayers at this time of grief and loss.

Situations Vacant =

1. Senior Resident with MD (General Medicine) / MS (General Surgery) / OG / Paediatrics for the Department of RUHSA

Age limit: <40 years. Salary: As per institutional rules.

Accommodation provided (Partly furnished, depending on availability).

Applications should be sent by post to the Principal, Christian Medical College, Bagayam, Vellore–632 002, or by email to: princi@cmcvellore.ac.in with bio-data, certificates and testimonial copies with contact phone number, email ID and address on or before October 31, 2020 for Item 1.

2. Associate Research Officer (2 Posts) for the Department of Pulmonary Medicine *Job Code*: 1349 Qualification: B.Sc. / M.Sc. (Micro.) / Bio-Tech. / B.Sc. (MLT) / PGDMM.

Mode of appointment: Project mode.

Salary: As per institutional rules. Accommodation not provided.

Download application from this link: http://www.cmch-vellore.edu/→General →Vacancies →Application Form for Project Staff. Please send the filled application menstioning the Job Code either by soft copy to princi.hr@cmcvellore.ac.in or by hard copy address to the Principal, Christian Medical College, Bagayam, Vellore-632 002, Tamil Nadu on or before October 30, 2020 for Item 2.

Please mention the job code, applications forms without the job code will not be accepted.

3. Technical Assistant (Project) for the Department of Pulmonary Medicine

 $Qualifications: B.Sc.\ Respiratory\ The rapy\ /\ B.Sc.\ with\ PG\ Diploma\ in\ advanced\ Respiratory\ The rapy\ (CMC).$

Note: Only regular mode will be accepted, private or correspondence will not be accepted.

Consolidated pay: As per institutional rules. Age limit: 35 years.

4. Lab Technician (External Designation Project) for the Department of Clinical Immunology & Rheumatology

Qualifications: B.Sc. MLT with minimum one year lab experience in Molecular Biology.

Note: Only regular mode will be accepted, private or correspondence will not be accepted.

Consolidated pay: As per institutional rules. Age limit: 35 years.

5. Technical Assistant (Project) for the Department of Medical ICU / MHDU

Qualifications: B.Sc. Critical Care Technology degree of the Tamil Nadu Dr. MGR Medical University or H.Sc. with Diploma in Critical Care Therapy Course (CMAI) obtained from CMC Hospital.

Salary scale: As pe institutional rules. Age limit: 35 years.

Job description: To look after ICU equipment and to assist with the care of crtically ill patients.

Note: Only regular mode will be accepted, private or correspondence will not be accepted.

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link: "Vacancies". *Note: Only online applications will be accepted; Hard copies will not be accepted.* Applications will close on October 26, 2020 for Item 3 and November 02, 2020 for Items 4 and 5.

6. Schieffelin Institute of Health - Research & Leprosy Centre, Karigiri - 632 106 invites applications for the following posts :

(a) Microbiology Technician

Qualification: PG Diploma in Medical Microbiology with 0-1 year experience.

Experience: 1-2 years in Operation Theatre.

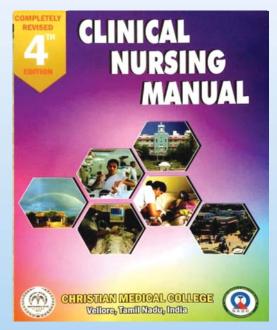
(b) Lecturer. Qualification: M.Sc. in Medical Biochemistry with 0-1 year experience.

Candidate can apply with bio-data along with photocopies of certificates to the Director, SIH-R & LC., Karigiri, Pin - 632 106. or email your updated resume along with the scan copies of all your testimonials to directorate@karigiri.org or personnel@karigiri.org

Last date for receipt of applications is October 24, 2020 for Items 6(a) and 6(b).



Release of the Clinical Nursing Manual



The Office of the Nursing Superintendent of CMC, Vellore released the much awaited 4th edition of the Clinical Nursing Manual in a ceremony held on 25th September, 2020. This manual was written to continue the work of laying standards for basic nursing practice. It is used widely by teachers, students, nursing schools, colleges and hospitals as a reference book.

The programme began with an opening prayer by Mrs. Jasmin Anand, Head, Medical Surgical Nursing Spl II followed by devotion by Rev. Dr. Aruldhas, Head, Department of Chaplaincy. Dr. Premila Lee, Nursing Superintendent then, gave an overview of the Clinical Manual. Felicitations were offered by Dr. J.V. Peter, Director, Dr. Prasad Mathews, Medical Superintendent and Dr. Vathsala Sadan, Dean, College of Nursing. The dignitaries congratulated the collective effort of the team in bringing out this book. Dr. Vikram Mathews, Associate Director released the book and handed the first copy to Dr. J.V. Peter. The Nursing Superintendent and the Dean received copies from Dr. J.V. Peter.

The vote of thanks was delivered by Dr. Bala Seetharaman, Deputy Nursing Superintendent who coordinated the activities of the book review. She acknowledged the contributors' tireless effort in revising the book and thanked the administration for supporting all the endeavors of the nursing service.

The ceremony was attended by the nursing heads of the departments and arrangements were made for the nurse managers and charge nurses to be a part of the ceremony virtually.



For such a time as this...

As she sat there sobbing quietly, I felt the beads of perspiration on my forehead, under my face-shield as we listened to her tragic story, widowed, childless, Mrs. Zahirabi (name changed) shared how the pandemic has increased her exclusion and hopelessness. She is living with relatives, in a large family, fully dependent on them and she visited the OPD at RMH for the first time in many years. The nurses and I in OPD continue to see many Zahirabis, Fatimas, Kajals and Arunas who are from poor and marginalized communities in Washim. Their lives filled with despair, domestic violence, hunger, sickness and poverty – is a wake-up call...makes us realise that we are called to minister unto them, for such a time as this!



We are struggling without doctors, paramedics and like-minded professionals to engage with the communities here - but it is a tight-rope walk of faith and we are doing it as a small team here by God's grace, one day at a time. We are presently designated as DCHC – Designated Covid health Centre – Level 2 by the local Government. Is there anyone else out here, any brave-hearts, any visionaries, anyone stirred up to live out your faith? Please join us. Washim needs you urgently for such a time as this!

For more details, please contact: Dr. Anita Victor, Medical Superintendent @ Reynolds Memorial Hospital, Washim - +91 7024137752 or Missions Department, CMC Vellore @ missionsoffice@cmcvellore.ac.in - Phone: 0416 - 2286117.Reynolds Memorial Hospital, Washim is managed by CMC, Vellore, EHA and the Church of Nazarene.

= Food for Thought =

Never Mind Take Heart

The human brain is three pounds
The heart weighs only one
If size matters then it sounds
The brain has surely won

An unexamined life is not worth living
Argued Socrates a learned Greek
But I do have trouble believing
I will find what I seek

Does my heart make me feel
The crush of sorrow an urge to smile?
Or is it just a pumping wheel
Moving blood a mile?

Amygdala located in the brain
Is the seat of all emotion
It pours out love and wrenching pain
And speeds the heart in motion

Shall I clutch my heart or my brain When I feel Thy Love Divine? Mortal man you seek in vain An answer that's only Mine

The soul is body mind and brain And we are more than all our parts God tells us look, feel and gain Till we reach Him and the stars

= October 25 - 31, 2020 =

SPECIAL PRAYERS THIS WEEK

Purchase: Mr. Joseph Selvaraj and Staff

Stores

CRS

: Mr. Edin Decoster Lawrence and Staff

: Mr. Paul Dhinakaran and Staff

Mizoram Presbyterian Church Synod

Council Members: Dr. L.H. Thanga Singson

Rev. B. Sangthanga

Hospital: Synod Hospital, Durtlang, Mizoram.

Marathi Mission

Council Member: Mr. Robert Moses

Hospital: Fairbank James Friendship

Memorial Hospital, Vadala Mission and others

= Congratulations! =

The following candidates were successful in the Postgraduate MD / MS Examination held in May 2020. (University Results Published on 24.09.2020).

MS - May 2020 session

M.S. OG: Dr. P. Priyanka, Dr. Kruthika Benjamin, Dr. Nidhi Elizabeth Cherian, Dr. Veronica M., Dr. T. Sravani, Dr. E. Susan Blossia, Dr. Jenni Mariam George, Dr. Rebecca George, Dr. Parisuddha Rao Koduri, Dr. Mrudul Shashikant Shinge, Dr. Arathy Raj S.L., Dr. Karuna Susan Joseph and Dr. Anjali David George.

M.S. Ophthalmology: Dr. Swetha Ravichandran, Dr. Divya Giridhar, Dr. Aneena Anna Thomas, Dr. Nithin George Koshy T., Dr. Sharmila S., Dr. Thuhin S. Krishna, Dr. Minu George P. and Dr. Santa Christina P.

M.S. Orthopaedics: Dr. Arun John Paul C., Dr. Samuel Santhosh S., Dr. C. Birimong Yimchunger, Dr. Mathew Kiran Jacob, Dr. Ashwin Sitaram, Dr. Andrew Isaac Christudoss and Dr. Sam James Daniel.

Retirements -

• Mrs. Muthumani Muniraj, Senior Staff Nurse Gr.I retired under voluntary retirement scheme on 1st October 2020 after serving this institution for 23 years. She completed Diploma in Nursing in 1987 in College of Nursing, CMC Vellore and worked in RUHSA as a staff nurse for 4 years. After a break of six years she rejoined CMC in 1997. She worked in different wards of O block. She completed Post Diploma in Renal Nursing in 2004 and has been working in the renal transplant unit as senior staff nurse. She is a cheerful and competent staff with good communication and documentation skills and managed the renal transplant unit meticulously and ensured that comprehensive nursing care was



provided for the patients. She also provided appropriate guidance to the staff and students and maintained good interpersonal relationships. She is appreciated for her sincerity, hard work and team spirit.

She is married to Mr. Muniraj, retired Medical Sociology Professor in RUHSA. She is blessed with two sons, Mr. Manojkumar, MPT, married and working in Oatar and Mr. Dhineshkumar, Optometrist working in Schell Hospital, CMC.



• Mrs. Selvi Purushothaman, Multi Purpose Health Worker (MPHW) Gr.I retired on 1st October 2020 under voluntary retirement scheme after serving this institution for 23 years. She completed her Auxiliary Nurse Midwifery course at CSI Hospital, Ikkadu in 1990 and joined CMC in 1991 and worked in maternity department for 5 years. After a break of one year she rejoined CMC in 1997. She worked in the outpatient department till 2001 and was transferred to AK lab, where she continued to work till her retirement. She is a cheerful staff who maintains good interpersonal relationships. She is appreciated for her team spirit and helping tendency.

She is married to Mr. Purushothaman, retired Hospital Auxiliary in Schieffelin Institute of Health – Research and Leprosy Centre, Karigiri. She is blessed with two sons Mr. Paulson, Optometrist working in Schell Hospital, CMC and Mr. Samson, Critical Care Therapist working in Paediatric intensive care unit. Both sons are married and living with family.

Retirements -



• Mr. Ekambaram, Sr. Hospital Attendant, Wellcome Trust Research Laboratory retired on 1st October 2020 under voluntary retirement scheme, after 39 years of dedicated service to the institution. He has two daughters. His eldest daughter, Mrs. Bharathi is a Staff Nurse in 'A' Block and his younger daughter, Mrs. Sridevi is a Housewife.

• Mrs. J. Arockiamary, Co-ordinator Gr.III, CHAD, retired on 16th October 2020, after nearly 34 years of dedicated service to the institution. She has two daughters. Her eldest daughter, Ms. G. Anusha is fulfilling service obligation after completing B.Sc. Nursing and her younger daughter, Ms. G. Aashika is doing internship after completing B.P.T.





• Mrs. V. Bernedette, House Keeper Gr.I, Clerical Pool, retired on 26th October 2020, after 32 years of dedicated service to the institution. She has two daughters, both have completed their studies and are working.

The CMC community is thankful for their years of dedication and commitment to the institution and wishes them God's blessings on their retired life.

= Situations Vacant =

1. Senior Resident with MD (Psychiatry) for the Department of Psychiatry Unit - I

Salary: As per institutional rules. Accommodation provided (Partly furnished, Depending on availability).

Applications should be sent by post to the Principal, Christian Medical College, Bagayam, Vellore–632 002 or email to: **princi@cmcvellore.ac.in**, with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address on or before **October 31, 2020** for Item 1.

2. Lab Technician (External Designation Project) for the Department of RUHSA

Qualifications: H.Sc. with CMAI Diploma in Medical Lab Technician course (2 years).

Note: Only regular mode will be accepted, private or correspondence will not be accepted.

Consolidated pay: As per institutional rules. Age limit: 35 years.

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link: "Vacancies". *Note: Only online applications will be accepted; Hard copies will not be accepted.* Applications will close on November 02, 2020 for Item 2.

3. Scudder Memorial Hospital, Ranipet invites applications for the following posts:

3(a) Internal Medicine Consultant

Qualifications: MD/DNB (Internal Medicine).

3(b) Emergency Medical Consultant

Qualifications: MD/DNB/Fellowship (Emergency Medicine).

Salary: Negotiable; Commensurate with qualifications and experience. Age limit: Below 35 years.

Accommodation: Free Accommodation with 24 hours Electricity and Water.

Mobile No. +97155 73768 / +98947 72075.

Email ID: rao693@rediffmail.com/sam2smhcraniofacialsurgery@gmail.com/hrd@scudderhospital.org

SMH is a NABH and NABL (Micro) accredited charitable mission hospital with 200 beds. Candidates can apply with their bio-data along with the photocopies of certificates and send it to "The Medical Superintendent, Scudder Memorial Hospital, Kelly's Road, Ranipet - 632 401 by post or by email with your updated resume along with the scanned copies of all your testimonials to the above mentioned email ids.

Being Ida=



Celebrating 150 years of Dr.Ida S. Scudder



Ida with family



Ida with her Brothers

Few thoughts from a teen girl's diary...

"Today has been rather stormy but tonight is beautiful and the moon is shining in at my window in the most inviting way. In chapel, tonight during silent time we had a great time laughing and carrying on. All day Mittie and I have been eating lots of stuff and Spookie came in and we had coffee. My lessons are not yet well prepared and need some good study before they will be..."

"This morning was my first attempt at getting breakfast but I liked it quite well, only such early hours. Oh my it is hard. Just now Miss Ford knocked because we were laughing so hard and it was only one minute before the silent bell rang".

"A very poor day for the beginning of a new year, rainy and wet. In the evening I arrayed myself in my new green dress and started with Walter and the two Taylor boys for a party. Everything there was pleasant, and we had great fun playing 'Exchange.' After that we had refreshments and then some dancing".





Born in Ranipet, Ida, was an enthusiastic and energetic girl, whose life was like that of any other teenager of that time. We know Aunt Ida as a older, wiser person who shouldered great responsibilities. But we should never forget the sacrifices this young lady had made. All the things she had given up, just to help complete strangers. Such selflessness is usually unheard of. As we near her 150th year, let us be thankful for the sacrifices made by this young Ida, whose achievements continue to be a blessing for us all.



Being Ida:



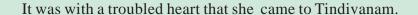
Celebrating 150 years of Dr.Ida S. Scudder

"COME IMMEDIATELY. YOUR MOTHER ILL AND NEEDS YOU"

This telegram called Ida back, where she was to receive her true calling in Tindivanam.

When she arrived at the station platform, she was at once engulfed in the dust, crowd and harsh noises of India. Dr. John Scudder received her at the station and she climbed into the two-wheeled bullock drawn cart, which was to take her to her beloved mother. Little did she know that it was indeed God calling her for a greater purpose.

She was troubled through out the journey. Troubled by the exhausted bullock, pulling their weight with a yoke across its neck, troubled by the poverty stricken scenes outside, troubled by the heat, pollution and the hunger all around.





"September 22, 1890 Tindivanam. I have been in, India now for two whole days. ... My parent's house is on a big mission compound near a school. It is made of sun-baked bricks plastered with mud, then



Ida's Bungalow in Tindivanam (Photo taken in 1993)

whitewashed. It has three rooms in a row. You can't go from one to the other, but each has a door opening of the porch. My room-the room where I am sleeping is next to the living room with a layer of crumbled lime on top. The thatched roof is full of white ants, and every now and then drops down dust on your head. ... My parents are going to move into a new bungalow soon. It's being built across the road, a real pukka house with two stories...."

Soon, she assumed her roles in the mission compound along with her mother, as a house-hold manager and a teacher. Their house hold also included the families of the hundred boys who were studying in their school. Together, with her mother she began to slowly take charge of small responsibilities.

She would go for camps with her father, her uncle Jared and her cousin Dixie. She learned much about the various cultures in the villages and found every activity to be a new experience. She particularly remembers the



baptism of the Indian babies along with her mother and father; the babies were usually covered in coconut oil and she found them slippery to hold on to.

Later that same year, she was seated in her room, writing a letter to her friend Annie Hancock. It was while she was writing this letter that she encountered the three knocks which changed her life forever. There was nothing that she could do, being a woman but not a doctor, she was faced with helplessness which no one can explain.

"I would do no good. I-I don't know anything".

The next morning her letter to Annie Hancock still lay unfinished. The news of the death of the three young girls had opened a door in her which she never knew existed. These were her words the next morning to her parents seated in their bedroom - study.

"I'm going to America to study and be a doctor', she announced steadily, so I can come back here and help the people of India".

The rest as we know is history!!!

Sunitha Serena Publicity and Information Officer Promotion & PTP Office



Being Ida=

Celebrating 150 years of Dr.Ida S. Scudder



From a medical student to a fund raiser

Having made up her mind to qualify as a doctor to respond to the needs of the sick and needy in India, Ida enrolled in the Women's Medical College, Philadelphia in 1895. It was not a unanimous decision by the Ida's Church Mission Board. The members were not happy with sending an unmarried young woman as a doctor for the missionary work to India. It was after much deliberation that they agreed to fund her education.

In 1898, the famous Cornell Medical College received a large sum of money with the clause that women be admitted along with men. This was indeed happy news



for the young aspiring doctors along with Ida. It was decided that Ida and her friends be transferred to the university for their fourth and final year.

After transferring to the university, Ida was engulfed with a surmounting load of studies. She was steeped with clinical work and various subjects.



But Ida was constantly worried about the common tropical diseases which were prevalent in India. But to her dismay, none of those were covered in the textbooks at Cornell. Her impatience to get back to Vellore and begin helping the sick there was becoming stronger as she was nearing her course.

Towards the completion of her medical education, on a certain day, Ida received a letter from Dr. Louisa Hart.

Dr. Louisa, came to India as a Canadian missionary in the early 1800 and was working with John Scudder in Ranipet. This letter was what urged Ida to build a hospital in Vellore.

To Ida's surprise and shock, she was asked to raise money for a hospital for woman in Vellore. Louisa's suggestion was eight thousand dollars.

With this new and colossal task in hand, Ida went to meet the rich and well to do Miss Taber. Miss Taber's brother in law, who was listening to Ida's description of the condition in Vellore, met her the next day and graciously gave her a cheque for ten thousand dollars.

Soon Ida would build the Mary Taber Schell Hospital In 1902.



Being Ida Celebrating 150 years of Dr.Ida S. Scudder

A Young Doctor in India

Ida returned to India as Dr. Ida Scudder. She came with a fresh and renewed enthusiasm, all set to serve the sick in Vellore. But her enthusiasm came to an abrupt stop with the death of her father. With his demise she lost all her good cheer.

Eventually, one fine day she found a room for herself and started her dispensary. In the dispensary, her able assistant was Salomi, the cook's wife. She was a fast learner and was happy to help Dr. Ida.

Her time in Vellore, before she set up the Schell Memorial Hospital, was quite eventful. She gained enough experience, and soon became familiar with the lifestyle, cultural beliefs and other superstitions of India.

Given below is an excerpt from her diary in which she described her daily routine in her dispensary.

Days

1907 Hospital Staff

"One day's work"

"While it is still dark I am aroused by the noise of wheels, telling me that day is at hand and I must be on the wing. Dressing in the dark I am nearly ready when a knock tells me that my 'chota' (coffee and toast) is ready, and as I finish this and am ready to start, the first rays of morning are lighting the sky. My Indian assistant Salomi, is always ready and waiting at the steps".



Ida in surgery

Ida's first surgery

After the opening of the Schell Memorial Hospital, the next morning, she opened her dispensary again in front of the newly constructed Schell hospital.

Within a week or so she was to perform her first major surgery. Dr. Ida felt that she was not experienced enough to do so; alone without any trained assistance. But her mother was her strong support and inspiration.

With no turning back and her mother words of encouragement she picked up her courage and began to prepare for the surgery the next morning.

"Going to the little operating room at the far end, she lighted the kerosene lamp under the shining new sterilizer. With methodical swiftness she assembled instruments, pads of cotton, medications, chloroform. She moved the beautiful new glass-topped table a few inches in order to get the full benefit of daylight. Then summoning Salomi,she calmly returned to the ward and prepped her patient-She performed the operation, a difficult hysterectomy, with an anesthetist who had given chloroform only twice, and an assistant who did not know one instrument from another. Mercifully it was a success. Had it not been, she might never have dared to take a scalpel in her hand again".



Ida teaching on veranda of Schell Hospital

She went on to take up more scalpels and has been the reason why thousands of doctors after her have taken up their scalpels.



International Snakebite Awareness Day



The 3rd International Snakebite Awareness Day, 19th September, 2020, was celebrated by the Department of Medicine Unit-I. Weeklong activities were held with the aim to improve knowledge regarding snakebite prevention and appropriate first aid care amongst the communities in and around Vellore.

Posed with the unique challenge of the COVID19 pandemic, virtual zoom meetings were organised with 6 schools in and around Vellore district, targeting class 11 and 12 students. These were attended by 1931 school children and their teachers. The sessions were conducted by Medical and Nursing faculty from Medicine Unit-I, Medical students and Medicine Postgraduates. Titled, "A primer to Snake Biology", the sessions aimed to introduce the children to snakes as marvels of the animal kingdom - exploring unique aspects of snake biology such as locomotion, special senses, snake venom and prey identification. Key aspects of snakebite prevention and appropriate first-aid were also discussed. The sessions were interactive and the students enthusiastically participated. Certificates of participation were issued to all students.

At the Main hospital and Chittoor campuses, the OPD waiting area displays were used to spread the message of snakebite prevention and appropriate first-aid in the regional languages. It is hoped that these activities would play a role in spreading awareness regarding snakes and snakebite prevention and appropriate first aid in the community and be a step towards ending all snakebite related deaths in the country.

Events from the Department of Radiation Oncology —

The Department of Radiation Oncology conducted the Association of Radiation Oncologists of India Tamil Nadu & Puducherry Chapter (AROI TNPY) Webinar 2020, from 6th to 10th October, 2020. This webinar was conducted in lieu of a physical annual meeting of the Association of Radiation Oncologists (Tamil Nadu and Puducherry Chapter). The conference schedule began with proffered paper presentations followed by invited lectures and panel discussions on various malignancies. Faculty from the departments of Radiation Oncology, Surgical Oncology, Medical Oncology, Palliative Care, Medical Physics and Medicine from CMC Vellore and from other cancer centres across Tamil Nadu, Puducherry and India actively participated in the sessions. The final day focussed on the' Impact of COVID-19 on Cancer Care'. Thirteen hospitals (both Academic and Private) across the state shared their experience and the steps they had taken to continue the management of cancer patients during the pandemic. There were a total of 71 faculty and 160 attendees, who participated in the meeting. The Tamil Nadu Medical Council awarded 4 credit hours for the webinar with one additional credit hour to the speakers.

Congratulations:

The following trainees from the Department of Radiation Oncology won the following prizes at the AROI TNPY Webinar 2020.

- 1. Dr. GautamWaran, final year MD, won the Best Proffered Paper Award for his paper titled -'A prospective Observational Study to Assess the Prognostic Value of Serum EBV DNA Titres in Undifferentiated Nasopharyngeal Carcinoma, Comparing Quantitative Baseline EBV DNA Titre at Diagnosis Versus Titre Post Treatment.
- 2. Dr. Thamizharasi, 2nd Year MD won the 1st Prize for her Poster titled "Treatment Outcomes of Carcinoma Vagina Treated with Definitive Radiation Therapy - A Single Institution Experience".
- 3. Dr. Rajalakshmi R, 1st year MD, won the 3rd Prize for her Poster Titled "Recurrent Poroid Neoplasm of the Scalp - A Case Report".
- 4. Dr. Swathi B, MD, Senior Resident, had a special mention for her presentation titled "Influence of Setup Uncertainties on CTV to PTV Margin in Total Marrow and Lymphoid Irradiation (TMLI)".
- 5. Dr. Dani Swarna Mathew, 1st Year MD, had a special mention for his presentation titled "Role of Radiotherapy in Extramedullary Haematopoiesis: A Single Institution Experience".

— November 01 - 07, 2020 **=** SPECIAL PRAYERS THIS WEEK

Division of Surgery:

Dr. Mark Ranjan Jesudason and Staff

Dr. Pranay Gaikwad and Staff

Dr. Inian S. and Staff

Dr. Suchita Chase and Staff

Dr. Premila Lee and Staff

Surgical ICU:

Dr. Subramani K. and Staff

Endocrine Surgery:

Dr. M.J. Paul and Staff

Hepato Pancreato Biliary Surgery (HPB):

Dr. Ravish Sanghi Raju and Staff

Vascular Surgery:

Dr. Dheepak Selvaraj A. and Staff

Southern Asia Division of Seventh Day Adventists

Council Members: Pastor S. Paulmoney Mr. Pierson Sam David

Hospitals: Aizawl Adventist Hospital

Pune Adventist Hospital

Ruby Nelson Memorial Hospital, Punjab

SDA Medical Centre, Bengaluru and others

General Conference of Seventh Day Adventist, USA

Mrs. B.S. Esther Peryoonisha Sharmi, Charge Nurse, Nursing Service, on her return from sabbatical leave.

Mrs. Sophia Lawrence D, Professor of Nursing is appointed as Additional Deputy Nursing Superintendent with effect from 2nd November, 2020 for a four year term.

= Retirement =

Mr. Thirupathy, Hospital Housekeeping Attendant Gr.I, Department of Radiology retired on 1st October 2020 under voluntary retirement scheme, after 30 years of dedicated service to the institution. His wife, Mrs. Venkatalakshmi is a Hospital Housekeeping Attendant in CB OR. They have two sons. Their eldest son, Mr. Lakshmanan is a Hospital Housekeeping Attendant in Hospital Annexe and their youngest son, Mr. Rakesh is studying in 10th Standard.



The CMC community is thankful for his years of dedication and commitment to the institution and wishes him God's blessings on his retired life.

Obituaries:

- Mr. Ronald Saphil Hansdak, father of Dr. Samuel George Hansdak, Professor and Head Medicine Unit-IV and father-in-law of Dr. Hema Paul, Senior Resident, Microbiology and HICC Officer, passed away on 26th October, 2020.
- Mr. Kumarasamy P.C, retired Head Master, father of Mrs. Anbarasi P.K., Sr. MRT Gr.III, Medical Records Department and father-in-law of Mr. Thirumalai Selvan, Sr. MRT, Department of Radiodiagnosis, passed away on 26th October, 2020.
- Mrs. Saraswathi Venkatnarayanan, mother of Mr. V. Sankar, Associate Superintendent Engineer, Civil Engineering Department, passed away on 28th October, 2020.
- Mr. Samuel Soundararajan, father of Mr. Jacob Jayakumar, Junior Officer, A-Block facilitation and father-in-law of Mrs. Anandha Ruby Jacob, Professor, College of Nursing, passed away on 28th October, 2020. Let us uphold all the bereaved members of the families in our prayers at this time of grief and loss.

— Dr. Ida B. Scudder Essay Competition =

Dr. Ida Belle Scudder, affectionately known as Ida B. was the niece of Dr. Ida S. Scudder, the founder of Christian Medical College. Ida B. was on the faculty of CMC for 36 years, serving as both Radiologist and Radiotherapist. She was known for her empathy for those in pain and her deep concern for the suffering. The Ida B. Scudder essay competition was instituted to perpetuate her ideals. The prize of Rs.2000/- will be awarded for the best essay on any subject related to the care of the sick that illustrates that the fullest possible identification with the patient is the best way to serve him / her and meet his / her needs.

Rules of Competition:

- 1. The competition is open to all CMC staff and students except the panel of judges or their families.
- 2. The essay should be in English and limited to a total of 2000 words.
- 3. The decision of the judges will be final.
- 4. Material taken from books and journals, which are quoted in the essay, should be acknowledged either by showing it as a quotation, or by adding a bibliography.
- 5. If the contestant has won this prize in an earlier year, the title and date of the prize winning essay should be quoted.
- 6. The last date for submitting entries is **November 13, 2020.** All entries should be sent to "The Director, CMC, Vellore" or to **directorate@cmcvellore.ac.in**
- 7. The prize will be awarded during the Founder's Day celebrations.

Admission Notice :

MBA in Hospital and Health Systems Management (HHSM)

MBA (HHSM) is a 4 semester Work Integrated Learning Programme conducted in collaboration with Birla Institute of Technology & Science (BITS), Pilani, Christian Medical College (CMC), Vellore and Bombay Hospital, Mumbai.

This course provides a unique opportunity to experience firsthand administration and allow participants to learn firsthand how to efficiently run the day-to-day operations and manage the various functions of a large hospital. The programme emphasizes on Experiential Learning that allows learners to apply concepts learnt in classroom in simulated and real work situations through:

- Hospital immersion sessions at CMC Vellore.
- Case Studies and Assignments
- Digital Learning

Digital Learning

Project Work

• Continuous Assessment

• Simulation & Modeling exercises

Eligibility:

Minimum eligibility to apply: Employed professionals in the healthcare industry, holding an MBBS / Integrated First Degree of BITS Pilani or its equivalent with at least 60% aggregate marks, and minimum one year of relevant work experience are eligible to apply to this programme.

Admission Notice =

The programme is designed for:

- Doctors, Dentists, and other Medical professionals working in Public/ Private/ Non-profit hospitals who are involved in the management and administration of the hospital and related services.
- Doctors, Dentists, and other Medical professionals who are running their own hospitals and want to enhance their management skills to deliver superior service and improve the top line and bottom line.
- Para-Medical professionals working in the healthcare industry and looking to upgrade their skills and thereby accelerate their career growth.
- Non-medical professionals working in the healthcare industry in support and administrative functions who are looking to upgrade their skills and thereby accelerate their career growth. These would include professionals working in such diverse areas as Finance, Billing, HR, Customer Service, Hospital Supplies, and General Administration.

Admission: Application is usually advertised twice a year from BITS (online) in March/April and October/ November. Applicants must apply before the last date after obtaining prior permission from their employer. Admission is open for January intake and the last date for applying is 7th December 2020. Interest candidates could access the following link for more information: https://bits-pilani-wilp.ac.in/mba/hospital-health-systems-management.php

If you need any clarification please contact Dr. Samuel N.J. David, Sr. Manager and Head, Hospital Management Studies & Staff Training on 3535, who is also the course co-ordinator for this programme.

Situations Vacant :

1. Receptionist (External Designation - Project) for the Stem Cell Research Centre

Qualifications: H.Sc. (+2) / Graduate with Science subjects. Proficiency in English is a must. Preference will be given to those with multilingual skill.

Note: Only regular mode will be accepted, Private or correspondence will be not accepted.

Job description: To answer telephone calls and manage the foyer / reception area of the centre.

Period: One year only. Consolidated pay: As per institutional rules. Age limit: 35 years.

2. Technical Assistant (Project) for the Surgical ICU / AICU / SHDU

Qualifications: B.Sc. Critical Care Technology degree of the Tamil Nadu Dr. MGR Medical University or H.Sc. with Diploma in Critical Care Therapy Course (CMAI) obtained from CMC Hospital.

Note: Only regular mode will be accepted, Private or correspondence will be not accepted.

Salary scale: As per institutional rules. Age limit: 35 years.

Job description: To look after ICU Equipment and to assist with the care of critically ill patients.

3. Technical Assistant (Project) for the CMC Vellore, Chittoor Campus

Qualifications: B.Sc. Critical Care Technology degree of the Tamil Nadu Dr. MGR. Medical University or H.Sc. with Diploma in Critical Care Therapy Course (CMAI) obtained from CMC Hospital.

Note: Only Regular mode will be accepted, Private or correspondence will be not accepted.

Salary scale: As per institutional rules. Age limit: 35 years.

Job description: To work in Chittoor Campus.

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link: "Vacancies". *Note: Only online applications will be accepted; Hard copies will not be accepted.* Applications will close on November 09, 2020 for Items 1, 2 and November 16, 2020 for Item 3.

4. Applications invited from Interested Companies for renewal of CMC Vellore's institutional website: (www.cmch-vellore.edu); Mode of appointment: Project.

The Project Partner will be required to review and revise the CMC Vellore website, and update it to a contemporary website that is dynamic, responsive, user-friendly and easy to navigate, using a modern content management system. For more details on CMC's Expression of Interest and Checklist for Applicants, click on the links below:

EOI: https://drive.google.com/file/d/1WsBdVKfpl-r0dzW9qWA-6c0KZPMe7fub/view?usp=sharing Checklist: https://forms.gle/bgBEwtncd5FPMPzw7

The responses will be reviewed by a three-member committee, and the shortlisted companies will be invited to respond to RFP and interviews. Applications accompanied by incomplete checklists will not be reviewed. Application to be submitted only electronically to **comms@cmcvellore.ac.in**

Last date for submission: November 16, 2020 for Item 4.

4



Inauguration of 'Aashraya'

A Chatram for CMC Vellore, Chittoor Campus

Khalil Gibran once said: "Generosity is giving more than you can." This could be truly exemplified in the deeds of the MBBS batch of 1991.

In the year, 2016 when the batch assembled for three days of fellowship and joy, they made a solid decision to support the CMC Community with a contribution that would have an impact on the needs of the patient community. A striking fact about the CMC Vellore Chittoor campus is that the hospital is located at least 10 km away from any boarding facility, which indicates, that on any given night, the 130- bed hospital when full may have a minimum of 50 persons sleeping outdoors within the hospital compound.



The batch of 1991 came to a unanimous consensus that they would contribute towards the construction of a Chatram (Aashraya) for CMC Vellore Chittoor campus. Deciding the location of the Aashraya was a major challenge. The CMC Vellore Chittoor campus is vastly biodiverse housing over 500 species. To combine the beauty of nature, reasonable proximity of the hospital, protect biodiversity and yet maintain a distance away from the patient care facility; a spot within the campus, 1-kilometre North of the hospital building and adjunct to the national highway was chosen.

The foundation stone was laid in July 2018 in the presence of the intramural members of the MBBS batch of 1991. Following the formalities in terms of planning the building and identifying a proper contractor, the process of construction was commenced in March 2019. The work continued with some deceleration in progress during the time of the pandemic.



On the morning of 31st October 2020, the facility was inaugurated in the presence of the intramural members of the batch of 1991 and transmitted online across the world over for the benefit of other members of the batch. The facility is located below a 200-foot hill which is a picture of an exquisite sylvan verdancy, cloaked in an evergreen forest where the Chital deer and many species of birds can be eyed.

The layout of the building is such that it has a ground floor with 2 quadruple-bed rooms and 8 double-bed rooms. For future needs the building can be further expanded to another floor

Inauguration of 'Aashraya' =

above and be duplicated with a similar building in the front. The outer walls are brocaded with grey stone pitching which matches the surrounding rocky scenery that is so much a feature of the Rayalaseema landscape.

The Chief Guest of the programme was Professor Sara Bhattacharji, former head of the community health department at CMC Vellore and along with her husband, Professor Suranjan Bhattacharji the former head of physical medicine and rehabilitation department



and the former director of CMC, Vellore. An introduction to the theme and an overview of the project was given by the former associate director, Professor Nihal Thomas.

Following the unveiling of the plaque and the ribbon cutting, felicitations were offered by the Director, Professor J.V. Peter, Medical Superintendent, Professor Prasad Mathews, Nursing Superintendent, Professor Bala Sitharaman, General Superintendent, Mr. David Chandran, former Associate Director, Professor Raju Titus Chacko and Associate Director – Chittoor Campus, Professor Kenny David. Dr. Rohit Amrithanandan Spoke on behalf of the batch of 1991 expressing his gratefulness for the project, he also gave the vote of thanks on the occasion. Rev. Dr. T. Aruldhas gave the message and dedicated the building.

More pictures of the event and a complete video of the program can be visualized on the links below: https://drive.google.com/drive/mobile/folders/13yWLH1N33eeVRtYIJ77n2A8T_rj5adNt?usp=sharing https://www.youtube.com

$watch?v=5MbCrM8SbxM\&feature=youtu.be\&ab_channel=CMCVELLORECHITTOORCAMPUS$

The Community from the Christian Medical College would like to profusely thank the MBBS batch of 1991 for their amazing contribution that enabled the construction of the facility. They would also like to thank the engineers from the Chittoor Campus for their tireless involvement, the allied departments of engineering planning and electrical from the town campus, the contractors for their efforts and last but not least the intense hard work of the labourers whose timeless sweat established the permanency of the building as a major consequence.

Continuing Medical Education in Haematology



The 15th Annual Post Graduate CME in Haematology was jointly conducted by the Departments of Haematology and Transfusion Medicine & Immunohaematology from 21st to 22nd October, 2020. In view of the COVID-19 pandemic, the CME was conducted virtually this year, targeting participation from post-graduate students of Medicine, Pathology and Paediatrics, giving them an exposure to the field of Haematology. There were 744 participants from 173 colleges and 81 students from CMC had attended the programme. This year, for the first time, there were 35 international participants from countries such as the USA, Venezuela, Kenya, Oman, Qatar, and Myanmar. The objective of the CME was primarily to provide

a deeper understanding in to Haematology's laboratory and clinical aspects.

The two-day CME programme kept the participants engaged through various academic sessions and interesting lectures on important topics in Haematology. This was followed by interactive clinical case discussions and a virtual tour and demonstration in the laboratories. The programme concluded with an quiz competition in which students from various medical colleges participated and the list of winners are given below. This CME was highly appreciated by the attendees since they received a good insight into Hematology's many career opportunities, both in the laboratory and in the clinic.



The winners of the quiz competition are: 1. Dr. Sujaya Mazumder - JIPMER, 2. Dr. Jagadeeswari R. - Madras Medical College, 3. Dr. Ashish Vivek Shah - Tata memorial hospital.

For further details of the $15^{\rm th}$ Annual Post Graduate CME in Haematology, kindly log on to :

November 08 - 14, 2020 = SPECIAL PRAYERS THIS WEEK

RUHSA: Dr. Shantidani Minz and Staff

International Mission Board, Southern Baptist Convention Council Members: Dr. Naveen Thomas and Mr. Sunny Kuruvilla

Hospital: Bangalore Baptist Hospital.

---- Memorandum -

The **Spinal Disorders Surgery Unit** which was functioning as a separate unit from 9th February 2009, will henceforth function as **Department of Spine Surgery** with effect from 1st November, 2020.

Dr. Venkatesh K, Professor will continue to Head this Department.

Welcome -

- Dr. Sudhir Babji, Professor, Wellcome Trust Research Laboratory, on his return from study leave.
- Dr. Aaron C, Lecturer, Department of Endocrinology, on his return from study leave.

Retirements =



- Mr. G. Rajan, Hospital Housekeeping Attendant Gr.II, M.S. O.P.D voluntary retired on 1st October 2020, after 31 years of dedicated service to the institution. His wife, Mrs. Bhavani is a Hospital Housekeeping Attendant in R ward. They have three daughters and a son. Their eldest daughter, Ms. Thulasi is a Staff Nurse in Q3 ward, second daughter, Ms. Padmavathi is a Staff Nurse in Main OR and youngest daughter, Ms. Umamaheswari is a Staff Nurse in Neuro ICU and son, Mr. Ganesh is a Radiographer in the Department of Radiology.
- Mr. Rajarathanam, Sr. Hospital Housekeeping Attendant, M.S. O.P.D retired on 5th October 2020, after 35 years of dedicated service to the institution. His wife, Mrs. Sampathamma worked in Maternity ward as Housekeeping Attendant and took retirement on voluntary grounds. They have three daughters. Their eldest daughter, Ms. Esther Deevina is working as Staff Nurse in Saudi Arabia, second daughter is Mrs. Parimala Sathya and youngest daughter, Ms. Lilly Chitra has completed B.Sc. MLT in CMC.



The CMC community is thankful for their years of dedication and commitment to the institution and wishes them God's blessings on their retired life.

= Obituaries =



• **Dr. Cecilia Zacharias** (nee Mathews) (MBBS batch of 1945) passed away on 21st October, 2020 in Victoria, Canada.

She joined CMC in 1945, in the fourth batch of 25 women students of the fledgling college. Though the celebrated admission process in CMC was yet to take shape and the sponsorship practice was yet to be even conceived, it is interesting that this class truly represented India's cultural and religious diversity. Dr. Cecilia played a leadership role in the student community and was a faithful member of the college choir.

Dr. Cecilia's first professional appointment was in the British Government hospital in Aden. At the age of 30, she married Dr. V.C. Zacharias who was a teacher in that British colony. They then moved to Britain for further professional training, she in Obstetrics and Child Health, and he to be called to the bar. Dr. Cecilia was among the first generation of Indian physicians who were to make their mark in the NHS. Later they settled in Aden. Dr. Cecilia became a community physician in mother and child care in and around Birmingham for the rest of her career.

During this period, the Zacharias played a pivotal role in bringing the CMC alumni in the UK together and eventually establishing the Alumni Association in Britain. Dr. Ajit Butt, a later president of that body and the main benefactor of the Alumni House in CMC, describes their role thus. "Dr. Cecilia, with her husband and a few other alumni, started the UK Alumni Association around 1972. She was the first Chair. In the early years, we would meet in our homes and moved to church halls as the numbers grew. The focus was to enable all alumni to gather each year with our families and enjoy a day's fellowship. Under Dr. Cecilia's leadership the numbers soon grew.

Continued on Page 4

= Obituaries ==

For those who would like to get in touch with her family, the contact details of her daughters are given below:

Ms. Theresa Zacharias, Mobile: +44-7771-973317 Email: theresa.zacharias@hotmail.co.uk

Ms. Liza Zacharias, Emai: lizazacharias@shaw.ca

Ms. Annie Zacharias, Email: azacharias100@gmail.com

- Mrs. Swornam Rengit Singh, retired Staff Nurse in Blood Bank, wife of Mr. W. Rengit Singh, retired staff in MRD passed away on 5th November, 2020. Let us uphold her husband, elder son Mr. Reuben, former staff Nurse in Casualty, daughter-in-law Mrs. Eljeeva Reuban, former Staff Nurse in Main OR, her younger son, Mr. David Sam Paul, M.Sc. Nursing student, daughter-in-law Mrs. Shirley Ann, Charge Nurse in AICU, grandchildren and all the bereaved members of the family in our prayers.
- Mr. Cornelius, Father of Mrs. Mercy Cornelius, Clerk Typist, College of Nursing, and father-in-law of Mr. Paul Manirathnam S, Clerk Typist, I ward, passed away on 8th November, 2020.

Our thoughts and prayers are with the bereaved members of the families at this time of loss.

Situations Vacant =

1. Assistant Professor with M.D. (Physiology) for the Department of Physiology

Accommodation provided (Subject to availability). Salary: As per institutional rules.

2. Senior Resident / Assistant Professor with MD / DNB (Anaesthesia) for the Department of Anaesthesia Experience: Candidates with DNB qualification should fulfill the latest MCI criteria for teaching appointment. Should have at least one-year teaching experience as (Asst. Professor) in any MCI recognised teaching institution for applying for Assistant Professor job.

Salary: As per institutional rules. Accommodation provided (Subject to availability).

Applications should be sent by post to the Principal, Christian Medical College, Bagayam, Vellore-632 002 or email to: princi@cmcvellore.ac.in, with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address on or before November 14, 2020 for Item 1 and November 21, 2020 for Item 2.

3. Junior Research Fellow for the Department of Medical Genetics

Job Code : 1350

Job Code: 1351

Qualification: M.Sc. Life Sciences with minimum of 55% of marks. Preference will be given to the candidates with CSIR – JRF/NET/GATE fellowship and experience in Molecular Biology & Genetics.

Mode of Appointment: Project mode.

Salary: As per CSIR fellowship Guidelines. Accommodation not provided.

4. Field Research Supervisor for the Department of RUHSA

Qualification: Any Graduate.

Mode of appointment: Project mode.

Consolidated Salary: Rs.17,000/- per month.

Duration: Six months.

Accommodation not provided.

Download application from this link: http://www.cmch-vellore.edu/→General →Vacancies →Application Form for Project Staff. Please send the filled application menstioning the Job Code either by soft copy to princi.hr@cmcvellore.ac.in or by hard copy address to the Principal, Christian Medical College, Bagayam, Vellore-632 002, Tamil Nadu on or before November 21, 2020 for Items 3 and 4.

Please mention the job code, applications forms without the job code will not be accepted.

5. Technical Assistant (Project) for the Pharmacy Services and Peripheral Units (Vellore and Chittoor) Qualifications: D. Pharm/B. Pharm.

Candidates with typing and computer skills will be preferred.

Appointment will be given only for pharmacists who have registered in the Tamil Nadu State Pharmacy Council and who have completed one year traineeship in the Department of Pharmacy.

Situations Vacant =

Consolidated pay: As per institutional rules. Age limit: 35 years.

Job description: Dispensing of Drugs, Charging the prescription, receiving cash and other roles assigned.

Note: Only Regular mode will be accepted, Private or correspondence will be not accepted.

6. Technical Assistant (Project) for the Department of Anaesthesia

Qualifications: B.Sc. (Operation Theatre and Anaesthesia Technology 3 years + 1 year internship) **or** H.Sc. with CMAI Diploma in Anaesthesia Technology (2 years course + 1 year internship).

Note: 1 year internship is mandatory. Salary scale: As per institutional rules. Age limit: 35 years.

Only regular mode will be accepted, private or correspondence will be not accepted.

Job description: Anaesthesia Technician.

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu
Link: "Vacancies". *Note: Only online applications will be accepted; Hard copies will not be accepted.*Applications will close on November 23, 2020 for Items 5 and 6.

7. The **Department of Endocrinology, Diabetes & Metabolism, CMC, Vellore** invites applications for **Multipurpose Health Workers** on term appointment basis to work in ICMR project "Improving the capacity of health system and community for screening and management of some non-communicable diseases among scheduled tribes: An implementation research in East Khasi Hills District, Meghalaya".

Job location: Selected candidate has to work in the East Khasi Hills, Meghalaya.

Qualification: Multipurpose Health Workers.

Salary scale: Consolidated pay (Rs.18,112/-+ Travel allowance), Accommodation not provided.

Job description: Field Work: Community survey on non-communicable diseases through predesigned questionnaire and anthropometric measurements.

Fluency in Khasi will be a preference.

Apply with biodata, photograph, certificates, testimonial/s and references to the Dean, College of Nursing, Christian Medical College, Vellore - 632 004, on or before **November 21, 2020** for Item 7.

8. Computer Terminal Operator to work in a Project on Term Appointment basis. The term of appointment is co-terminus with the duration of the project. The project will be implemented under **Endocrinology.** The name of the project is "Improving capacity of health system and community for screening and management of some non-communicable disease among scheduled tribes; An implementation research in East Khasi Hills District, Meghalaya" - ICMR-SAM-NCD.

Qualification: Graduate (regular course) + English Typing Lower + D.C.A.

Consolidated salary: Rs.18,112/-.

www.home.cmcvellore.ac.in Link: "Vacancies"

Icon: "Computer Terminal Operator"

9. Field Worker to work in a Project on Term Appointment basis. The term of appointment is co-terminus with the duration of the project. The project will be implemented under **Endocrinology.** The name of the project is "Improving capacity of health system and community for screening and management of some non-communicable disease among scheduled tribes; An implementation research in East Khasi Hills District, Meghalaya" - ICMR-SAM-NCD.

Qualification: Plus two.

Consolidated salary: Rs.18,112/-.

www.home.cmcvellore.ac.in Link: "Vacancies"

Icon: "Field Worker"

Only online applications will be accepted. Hard copies will not be accepted.

Apply on or before **November 23, 2020** for Items 8 and 9.

Published & Designed by: PROMOTION & PTP

Being Ida=



Celebrating 150 years of Dr.Ida S. Scudder



Ida with family



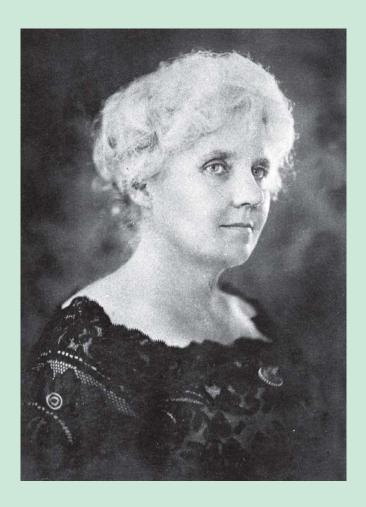
Ida with her Brothers

Few thoughts from a teen girl's diary...

"Today has been rather stormy but tonight is beautiful and the moon is shining in at my window in the most inviting way. In chapel, tonight during silent time we had a great time laughing and carrying on. All day Mittie and I have been eating lots of stuff and Spookie came in and we had coffee. My lessons are not yet well prepared and need some good study before they will be..."

"This morning was my first attempt at getting breakfast but I liked it quite well, only such early hours. Oh my it is hard. Just now Miss Ford knocked because we were laughing so hard and it was only one minute before the silent bell rang".

"A very poor day for the beginning of a new year, rainy and wet. In the evening I arrayed myself in my new green dress and started with Walter and the two Taylor boys for a party. Everything there was pleasant, and we had great fun playing 'Exchange.' After that we had refreshments and then some dancing".





Born in Ranipet, Ida, was an enthusiastic and energetic girl, whose life was like that of any other teenager of that time. We know Aunt Ida as a older, wiser person who shouldered great responsibilities. But we should never forget the sacrifices this young lady had made. All the things she had given up, just to help complete strangers. Such selflessness is usually unheard of. As we near her 150th year, let us be thankful for the sacrifices made by this young Ida, whose achievements continue to be a blessing for us all.





Mrs. Glory Ashok Retires



Mrs. Glory Ashok, Sr.Gr. Charge Nurse retired on 26th October, 2020 after 30 years of dedicated service to the institution.

She completed B.Sc. Nursing from Government College of Nursing, Fort, Bangalore in the year 1982. After completing her studies she had gained experience from various hospitals including St. John's Medical College Hospital, Bangalore and has also worked overseas before joining CMC in the year 1990.

Mrs. Glory has worked as a staff nurse in 'M' ward and 'S' ward. Later she was promoted as ward sister of 'S' ward and continued to be Charge Nurse in Q2 ward until her retirement. In 2012 she specialized herself in Orthopedic and Rehabilitation Nursing with a Post Basic Diploma Course at College of Nursing, CMC, Vellore.

Mrs. Glory is an efficient Charge Nurse. Her sound knowledge in Orthopedic conditions and technical skills are highly commendable. She is also appreciated for her communication and excellent management skills. She is a highly motivated person. Her enthusiasm and involvement in workshops and conferences both in professional and extracurricular activities has not only won her many prizes and awards but has also motivated her staff to do so. She was bestowed "THE BEST CHARGE NURSE" award in the year 2016.

She is blessed with three children. Her husband Mr. Ashok Stephenson is a business man. Her older son Mr. Allan Samuel is also doing business and younger son Mr. Glen Simpson is a teacher by profession. Her daughter Mrs. Joan Rachel is a home maker and is married to Mr. Len Derrick from Ooty.

The CMC family is thankful to Mrs. Glory Ashok for her efficient and dedicated service to this institution and wishes her God's blessings in her retired life.

e-Seminar on 'Clinical Transfusion Practices for Nurses'

The Departments of Medical Surgical Specialty Nursing VI and Continuing Nursing Education and Research of College of Nursing, CMC, Vellore organised an e-Seminar on 'Clinical Transfusion Practices for Nurses' on 25th September, 2020. Dr. Vathsala Sadan, Dean, College of Nursing welcomed the participants and offered felicitations. Mrs. Amalorpavamari Lucas, Professor and Acting Head of Medical Surgical Specialty Nursing VI gave an overview on e-seminar. Dr. Selva Titus Chacko, Former Dean and Professor delivered the keynote address and narrated the journey of hematology nursing in CMC Vellore. There were eight sessions which covered overview of blood and its components, blood groups,



grouping and cross matching, screening of blood donors, blood components and its storage, blood safety in hospital setting, indication and administration of blood and blood products, transfusion reaction and complications, nurses role in clinical transfusion practices. Medical experts from Department of Transfusion Medicine, Hematology and Nursing experts from hematology nursing were the resource persons. A total of 85 participants from India and abroad registered and attended the seminar through Zoom meeting room. They actively participated in Zoom polls and Q & A session. Dr. Vinitha Ravindran, Professor and Head of Continuing Nursing Education & Research, offered closing remarks and prayers.

= World Osteoporosis Awareness Day Programme 2020

In commemoration of the World Osteoporosis Awareness Day Programme 2020, the department of Endocrinology, Diabetes and Metabolism organised an essay and poster competition titled – Rejuvenating Bones and Suppressing Groans for Staff and students of CMC on 20th October, 2020. The posters were judged by Dr. Surekha, Professor, Department of Geriatrics and Dr. Punitha, Associate Professor, Department of Medicine.

The winners of poster competition: The first prize went to Ms. Sweatham, Accident and Emergency Department, the second prize to Ms. Pauline Prathana. J, Q3 ward and the thrid prize to Ms. Komathi D.G.S, N1 Ward. The best creativity prize went to Ms. Catherin.H, KICU and the runner-up was Mr. Victor Selvakumar, A2 Ward.

The winners of english essay competition: The first prize went to Ms. Gajalya. G, A7 ward and Ms. Agnes Vincy, P2 ward. The second prize went to Ms. Shalini. S, MHDU and Ms. Mary Jenifer, Labour Room.

The winners of tamil essay competition: The first prize went to Ms. Arivukodi. V, Q3 ward and Ms. Catherin H, KICU. The second prize went to Ms. Rajeshwari. M, Q3 Ward and Ms. Maheswari. S, Pharmacy.

= November 15 - 21, 2020 =

SPECIAL PRAYERS THIS WEEK

Paediatrics: Dr. Leni Grace Mathew and Staff

Dr. Anna Simon and Staff

Dr. Sathish Kumar T. and Staff

Dr. Sneha Deena Varkki and Staff

Dr. Ebor Jacob Gnananayagam and Staff

Dr. Indira Gupta Agarwal and Staff

Mrs. Ruma Nayak and Staff

Developmental Paediatrics:

Dr. Samuel Philip Oommen and Staff

Mrs. Ruma Nayak and Staff

Paediatric Surgery:

Dr. John Mathai and Staff

Dr. Ravi Kishore B.S.S. and Staff

Mrs. Ruma Nayak and Staff

United Mission to Nepal

Council Member: Dr. Dhana Lama

Hospital: United Mission Hospital, Tansen and

Okhaldhunga Community Hospital.

—— Congratulations! —

The following awards were given during the 16th Annual Conference of the ISBMR (Indian Society of Bone and Mineral Research) 2020 held virtually from 30th October to 1st November, 2020.

• **Dr. Thomas V. Paul,** Professor and Head, Department of Endocrinology, Diabetes & Metabolism was awarded the prestigious *S.P.S. Teotia Oration 2020*.

= Congratulations! —

- **Dr. Krishna Prabha**, Sr. Registrar, Department of Endocrinology, Diabetes & Metabolism received *1*st *prize in poster presentation*.
- **Dr. Johns T. Johnson,** Sr. Registrar, Department of Endocrinology, Diabetes & Metabolism received 2^{nd} prize in oral presentation.
- The following candidates were successful in the Postgraduate **Diploma** Examination held in **May 2020**. (University Results Published on 25.09.2020).

D.A.: Dr. Anil Tharakan, Dr. Praisy Nesamani, Dr. Rebecca Shalini Lionel, Dr. Mary Prisca Vaz W., Dr. Manjunath K., Dr. S. Satish Krishna and Dr. Sanjana Roshini Balan.

D.C.H.: Dr. Cerene Evelyn S., Dr. Jenefer Pamalene Richard, Dr. Melba Mary Johnson, Dr. Madhuvanthi M., Dr. Nafiya P., Dr. Priscilla Jeba Rani M., Dr. Santhi Lourdumary A., Dr. Sushil Shankar Mangalam, Dr. Renold S. Xavier and Dr. Varun S.

D.D.V.L.: Dr. Sowmiya Madhivanan.

D.G.O.: Dr. Greeshma Jilson Jose, Dr. Akshitha R., Dr. Ashwini P.V., Dr. Vidhya A., Dr. Suganya M. and Dr. G. Kayalvizhi.

D.L.O.: Dr. Monika M. and Dr. Sabarinath.

D.M.R.D.: Dr. Daniel Schwartz David, Dr. Manthreshwar P., Dr. Sheerah Mary Mathew and Dr. Smyrna Martyr S. and Dr. A. Marimuthu.

D.M.R.T.: Dr. Julia Priyadarshini Rao, Dr. Rabbi Jebus Raja R. and Dr. Malapati Sudharshan Gupta.

D.O.: Dr. Sureka R.

D. Ortho.: Dr. Surendra Kumar Mutyala B.N., Dr. Prasanth R. and Dr. Eswar A.R.

D.P.M.: Dr. Munagapati Christina, Dr. Grace Christopher, Dr. Abishek S., Dr. B. Sathish Kumar, Dr. Samuvel S. and Dr. Hari Sharan N.

Retirement =



Mr. I. Agilan, Sr. Gr.I Artisan, Department of Civil Engineering retired on 15th November 2020, after 34 years of dedicated service to the institution.

The CMC community is thankful for his years of dedication and commitment to the institution and wishes him God's blessings on his retired life.

—— Obituary =

Dr. (Rohini) Rachel Mathai (nee Thomas) (MBBS batch of 1964) on 8th November, 2020.

Dr. Rachel was born in Kottayam, Kerala, India to Mary "Molly" and Lieutenant Colonel Nellikal Mani Thomas. Dr. Rachel described herself as an "army brat" which allowed her to live in many different parts of India while growing up.

She joined for her MBBS at the Christian Medical College, Vellore in 1964 where she met her doting husband, Dr. Cyril, and many other beloved lifelong friends. She married Dr. Cyril Mathai (MBBS batch of 1965) in 1972 after they completed their medical degrees. Soon after, the newlyweds emigrated to Canada with the help of Dr. Rachel's dear aunt and uncle, Sarah "Kunjomol" and Abraham "Abby" Vergis to pursue postgraduate training. She completed residency training in Pathology at the Uni-



versity of Ottawa, during which time she gave birth to her two daughters, Anishya and Sonushya. Her world revolved around her husband and daughters whom she loved deeply.

In 1986, the family moved to the US. After taking a brief professional hiatus while her girls were young, she completed a second residency in Psychiatry at Camarillo State Hospital in southern California. Again, she somehow balanced the demanding schedule of residency with family life, getting her daughters successfully through elementary and middle school during those years. In psychiatry, she found her calling and enjoyed a

= Obituary =

long career, retiring after 25 years of service to the state of California, working with the disadvantaged mentally ill prison population. After retirement, she continued to take on short term work assignments of interest alongside her husband, also a psychiatrist; most recently they worked with the Veteran's Administration. In addition, retirement gave her a chance to devote time to her passions: world travel and being a grandmother to her precious Shane and Sareena Rohini, spending most of her time near them in Houston.

Despite living the majority of her life in the US and Canada, Dr. Rachel remained proudly connected to India and especially her homeland, Kerala. Though her sudden passing left many of her plans unfinished, there is no doubt that she lived an extraordinary life that should be celebrated.

For those who would like to get in touch with her family, the contact details of her husband are given below: Dr. Cyril M. Mathai, Email: cyrilmathai@hotmail.com

Our thoughts and prayers are with the bereaved members of the family at this time.

Dr. Ida Sophia Scudder, founder of Christian Medical College Vellore, was born on the 9^{th} of December 1870. This year we commemorate the 150^{th} anniversary of her birth. There is a short write up about her, and her amazing contribution, at the end of this document.

24 Hour Online Celebration

We want to celebrate the gift of Ida Scudder's life and legacy. On the 5th of December, we are planning to hold a 24-hour online extravaganza.

The current plan is:

- Main Event at around 5 or 5.30 pm IST, lasting a maximum of 90 minutes. This will be tightly scripted, high energy, fun event aiming at a worldwide audience. Short talks music/worship from well-known people/groups. Video clips about Ida Scudder, CMC history, CMC as it is now and the future.
- 24 hour rolling "radio show" with some common elements each hour, but mostly consisting of pre-recorded songs, dances, skits, testimonials etc. contributed by members of the worldwide CMC family and friends.

We want to encourage as many people as possible to participate – as organisers, contributors and audience.

You are encouraged to send us a video of a song, virtual choir, dance etc. that says something about how Ida Scudder, or CMC, has touched your life. Any language. We will play contributions from as many people as possible on the day.

Further details - including guidelines for contributing your video

Situations Vacant =

1. Senior Medical Officer for the Department of Infectious Diseases

Qualification: M.D.

Mode of appointment: Project mode.

Salary: As per institutional rules. Accommodation not provided.

Download application from this link: http://www.cmch-vellore.edu/→General →Vacancies →Application Form for Project Staff. Please send the filled application menstioning the Job Code either by soft copy to princi.hr@cmcvellore.ac.in or by hard copy address to the Principal, Christian Medical College, Bagayam, Vellore-632 002, Tamil Nadu on or before November 28, 2020 for Item 1.

Please mention the job code, applications forms without the job code will not be accepted.

Published & Designed by: PROMOTION & PTP

Job Code : 1352

Being Ida:



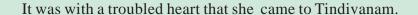
Celebrating 150 years of Dr.Ida S. Scudder

"COME IMMEDIATELY. YOUR MOTHER ILL AND NEEDS YOU"

This telegram called Ida back, where she was to receive her true calling in Tindivanam.

When she arrived at the station platform, she was at once engulfed in the dust, crowd and harsh noises of India. Dr. John Scudder received her at the station and she climbed into the two-wheeled bullock drawn cart, which was to take her to her beloved mother. Little did she know that it was indeed God calling her for a greater purpose.

She was troubled through out the journey. Troubled by the exhausted bullock, pulling their weight with a yoke across its neck, troubled by the poverty stricken scenes outside, troubled by the heat, pollution and the hunger all around.





whitewashed. It has three rooms in a row.

You can't go from one to the other, but

each has a door opening of the porch.

My room-the room where I am sleeping is next

to the living room with a layer of crumbled

lime on top. The thatched roof is full of white ants, and every now and then drops down dust

"September 22, 1890 Tindivanam. I have been in, India now for two whole days. ... My parent's house is on a big mission compound near a school. It is made of sun-baked bricks plastered with mud, then



on your head. ...My parents are going to move into a new bungalow soon. It's being built across the road, a real pukka house with

two stories...."

Soon, she assumed her roles in the mission compound along with her mother, as a house-hold manager and a teacher. Their house hold also included the families of the hundred boys who were studying in their school. Together, with her mother she began to slowly take charge of small responsibilities.

She would go for camps with her father, her uncle Jared and her cousin Dixie. She learned much about the various cultures in the villages and found every activity to be a new experience. She particularly remembers the



baptism of the Indian babies along with her mother and father; the babies were usually covered in coconut oil and she found them slippery to hold on to.

Later that same year, she was seated in her room, writing a letter to her friend Annie Hancock. It was while she was writing this letter that she encountered the three knocks which changed her life forever. There was nothing that she could do, being a woman but not a doctor, she was faced with helplessness which no one can explain.

"I would do no good. I-I don't know anything".

The next morning her letter to Annie Hancock still lay unfinished. The news of the death of the three young girls had opened a door in her which she never knew existed. These were her words the next morning to her parents seated in their bedroom - study.

"I'm going to America to study and be a doctor', she announced steadily, so I can come back here and help the people of India".

The rest as we know is history!!!

Sunitha Serena Publicity and Information Officer Promotion & PTP Office





When the community Baked a Difference!

Physical distancing became the new norm in CMC and all around, during the COVID-19 pandemic. All community events and programmes were cancelled. Parks were locked up and children were not allowed to play in big groups. In the midst of all this, a few people in the community were aching to do something to raise money for the marginalised patients in CMC – in a safe way! The thought of having a bake sale picked up like wild fire and in a week 50 people volunteered to bake goodies. One group volunteered to make yummy barbeques and burgers.



The challenge was to have the sale while keeping people at safe distances. The organisers set up a website that had pictures and information about the cakes that were to be sold. People were encouraged to order in advance the cake of their choice and place their barbeque request. Contactless delivery of many of these cakes was done the day before the event. Soon, more cakes and savouries were sold, and many bakers made double quantities. So there were plenty of on the spot cakes available. Some of the more exotic cakes were set apart to be sold in an auction.

There was an air of palpable excitement around the Scudder Hall on the evening of 31st of October. The sale was declared open at 4.30pm and people were immediately buying whatever was available. Later in the day, the grand auction was held. People could participate via Zoom and this added to the enthusiasm. The auctioneer did a fabulous job and a delicious bacon and mushroom flan went for a whooping Rs.10,000/-.

The whole event raised a huge some of Rs.1,89,180/-. It was unanimously agreed to donate the money towards the Good Samaritan Fund in CMC.

The Good Samaritan Fund steps in to provide subsidised drugs for poor patients and is administered through the Public Relations Office. The funds for this come mainly from donations received in the

— When the community Baked a Difference!

Chapel hundis (collection boxes). It provides up to Rs.500 per month for essential medicines for economically disadvantaged patients (mostly elderly) with chronic diseases. Further details on the fund can be obtained from the PRO.

What began as a small-scale event ended up as a large-scale true community event! There were difficulties, and some orders went astray, but everyone accepted these issues in good spirits. We are grateful to all those who organised, baked, barbequed and bought. We are glad to be able to help our patients through the Good Samaritan Fund.







Advance Course in Medical Education (ACME) —

The National Medical Council approved, 10th ACME Contact Course 1 was organised with the help of Zoom video communications for faculties working in 36 affiliated Medical Colleges from 19th to 23rd October 2020. All thirty faculties (2 Principals, 14 professors, 11 associate professors and 3 assistant professors) actively participated during the sessions. The 9th ACME Contact Course 2 was also conducted online to maintain social distancing on 23rd, 27th & 28th October 2020 (except Saturday, Sunday and Monday i.e. 24th, 25th & 26th October 2020). Twenty six participants (16 professors, 6 associate professors and 4 assistant professors) gained immense knowledge from the faculties of the Medical Education Department, CMC, Vellore.

This course aims to help the faculty, develop the advanced knowledge and skills in principles and application of medical education. In the video-conferencing platform the sessions were taken in the large group(Plenary), all the participants were introduced to topics like Designing Curriculum, Teaching Learning Strategies, Project Planning, Educational Research, Assessment learning, Skills training, Educational Scholarship, Quality Assurance, Conflict Management, Leadership, Managing Change, and Mentoring. The sessions were designed to involve all participants with activities in small groups which were made possible with the feature called breakout rooms in Zoom application.

It was a challenge in conducting the Online Poster presentations for the contact course II participants on 23rd October 2020 where the seniors presented their posters in the breakout rooms and the juniors presented the senior's projects work in the large group. The posters and its presentations were evaluated by dignified Judges. The jury ranked the Posters according to the given criteria. Dr. Jesi W, from Government Thoothukudi Medical College, won the first prize for her poster titled "Using Papaya as a simulation based training tool to develop competency in IUCD insertion & removal in interns- Perspective of teachers and students", the poster titled "To Compare The Skills Of Two Teaching Learning Method For Internal Jugular Vein Cannulation By Post Graduate Students, In Government Vellore Medical College" by Dr. M. Gomathi from Government Vellore Medical College, Vellore, earned the first runner up prize and Dr. Dhivya S, from SRM Medical College Hospital and Research centre, Irungalur, Trichy, got the second runner up prize for her poster titled" Conventional Vs Peyton's Method of Teaching Antenatal Examination". The winners were awarded the bestselling Medical Education books.

Dr. Margret Shanthi started the program with a word of prayer and meditation, Dr. Anna B. Pulimood, the Principal, welcomed the participants. Dr. Dhayakani Selvakumar and Dr. Kanagalakshmi proposed the Vote of thanks for both the contact sessions I and II. The course was facilitated by dedicated Medical Education

Advance Course in Medical Education (ACME) —

Department faculties like (Dr. Dhayakani Selvakumar, Dr. Margaret Shanthi, Dr. Reena George, Dr. Sowmya S., Dr. Sudha Jasmine, Dr. John Mathew, Dr. Pranay Gaikwad, Dr. Surekha V., Dr. Tripti Jacob, Dr. Reeta Vijayaselvi, Dr. Kanagalakshmi, Dr. Vandana Kamath, Dr. Priyanka Daniel, Dr. Vinay Oommen, and Dr. Latif Rajesh) who were able to keep all the participants attentive throughout the course.

The Medical Education Department would like to praise God for his blessings showered on us throughout the program. We thank all the faculties and office staff who contributed towards the successful conduct of the course.

—— Food for Thought ——— Our Five Senses

The world is beautifully and wonderfully made
Around us where we dwell
Flowers, rivers, sunlight, shade
To see and touch, hear and feel, and smell

Blessed with eyes to view clearly
And hopefully understand
That earth, heaven and ones we love dearly
Are all part of a beautiful wonderland

A mother can hear a baby cry Across a room and behind a door But we become deaf and only sigh When asked for something more Rough, soft, cold or hot Identified by our fingers What is soothing and what is not Some we forget and some that lingers

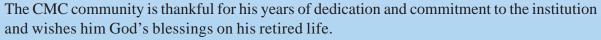
Fragrant flowers give pleasure
When we pause and smell a rose
Simple joys beyond measure
But we do need a nose

Sweet, salty, bitter and sour
Four tastes were listed
Till Eastern people asked why our
Savory was missing and they insisted
That it be added and now we have five
Flavors that we can taste and identify

Cherian Thomas (MBBS batch of 1960)

= Retirement =

Mr. Ajay M, Sr. MCTT Gr.I, OP Services, retired on 10th July 2020, after 22 years of dedicated service to the institution. His wife, Mrs. Pushpa is working as Librarian in the Department of Obstetrics & Gynaecology Unit–I and son, Mr. Jeffrey Dolton is doing his service obligation in the Department of PMR as a Physiotherapist.





_____ November 22 - 28, 2020 =

SPECIAL PRAYERS THIS WEEK

Urology: Dr. Santosh Kumar and Staff

Dr. Chandrasingh J. and Staff Dr. Bala Seetharaman and Staff

The Leprosy Mission

Council Members: Dr. Mary Verghese & Mr. Bhal S. Chakranarayan

Hospital: TLM Hospitals, Chandkhuri, Faizabad, Naini, Purulia, Kothara and others

= Admission Notice =

Schieffelin Institute of Health - Research & Leprosy Centre, Karigiri - 632 106 invites applications for admission in **B.Sc.** (**Medical Sociology**) under the Tamil Nadu Dr. MGR Medical University. Candidates who have passed 12th standard can apply with photocopies of mark lists.

Applications can be addressed to "The Principal, College of Health Sciences, SIH-R & LC., Karigiri, Pin - 632 106. or email your application to sihrlctraining@gmail.com

Last date for receipt of applications is December 03, 2020.

= Situations Vacant =

1. Assistant Professor Gr.I with MCI-recognised postgraduate degree in M.Ch. (Plastic Surgery) for the Department of Plastic Surgery Unit-I

Salary scale: As per institutional rules. Accommodation Provided (Partly furnished, depending on availability). Applications should be sent by post to the Principal, Christian Medical College, Bagayam, Vellore–632 002 or email to: **princi@cmcvellore.ac.in**, with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address on or before **November 28, 2020** for Item 1.

2. Associate Research Officer for the Department of Pulmonary Medicine

Qualification: B.Sc. / M.Sc. (Micro) / Bio-Tech / B.Sc. (MLT) / PGDMM.

Mode of appointment: Project Mode. Salary: As per institutional rules. Accommodation not provided.

Download application from this link: http://www.cmch-vellore.edu/→General →Vacancies →Application Form for Project Staff. Please send us the duly filled application with certificates and testimonial copies mentioning the job code either by soft copy email to princi.hr@cmcvellore.ac.in or by hard copy address to the Principal, Christian Medical College, Bagayam, Vellore – 632 002, Tamil Nadu on or before December 04, 2020 for Item 2.

3. Technical Assistant (Project) for the Department of Ophthalmology Unit-III

Qualifications: H.Sc. with 2 year Diploma in Optometry / B.Sc. Optometry (preferably in CMC).

Note: Only Regular mode will be accepted, Private or correspondence will be not accepted.

Age limit: 35 years. Salary: As per institutional rules. Accommodation not provided.

Job description: Outreach optometry technician for community ophthalmology practice in primary and secondary eye care services.

4. Technical Assistant (Project) for the CMC Vellore, Chittoor Campus

Qualifications: H.Sc. with 2 year Diploma in Optometry / B.Sc. Optometry.

Note: Only Regular mode will be accepted, Private or correspondence will be not accepted.

Age limit: 35 years. Salary scale: As per institutional rules. Accommodation not provided.

Job description: To work in Chittoor Campus.

5. Technical Assistant (Project) for the Department of Clinical Virology

Qualifications: B.Sc. MLT or B.Sc. with 2 Year DMLT (CMAI).

Only Regular mode will be accepted, Private or correspondence will be not accepted.

Salary Scale: As per institutional rules. Age Limit: 35 years.

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link: "Vacancies". *Note: Only online applications will be accepted; Hard copies will not be accepted.* Applications will close on **December 07, 2020** for Items 3, 4 and 5.

6. Applications are invited for the post of Associate Professor in Psychiatric Nursing to work in the College of Nursing, CMC Vellore, Chittoor Campus

Qualification: M.Sc. in Psychiatric Nursing - with a minimum of eight years teaching experience. Accommodation and Salary: As per institutional policy.

Apply to the Principal, College of Nursing, CMC Vellore, Chittoor Campus with biodata, photograph, copy of the academic, registration and experience certificates on or before **November 30, 2020** for Item 6.

7. Schieffelin Institute of Health - Research & Leprosy Centre, Karigiri - 632 106 invites applications for the following posts: (a) Medical Officer. Qualification: MBBS.

(b) Specialist – Medical Microbiology / Medical Biochemistry

Qualification: MD in Medical Microbiology/Medical Biochemistry.

Interested candidates can apply with their bio-data along with photocopies of certificates and send it to address "the Director, SIH-R & LC., Karigiri, Pin - 632 106. Or email your updated resume along with the scan copies of all your testimonials to **directorate@karigiri.org** (or) **personnel@karigiri.org**

Last date for receipt of applications is **November 28, 2020** for Items 7(a) and 7(b).

Job Code : 1353

Being Ida-

Celebrating 150 years of Dr.Ida S. Scudder



From a medical student to a fund raiser

Having made up her mind to qualify as a doctor to respond to the needs of the sick and needy in India, Ida enrolled in the Women's Medical College, Philadelphia in 1895. It was not a unanimous decision by the Ida's Church Mission Board. The members were not happy with sending an unmarried young woman as a doctor for the missionary work to India. It was after much deliberation that they agreed to fund her education.

In 1898, the famous Cornell Medical College received a large sum of money with the clause that women be admitted along with men. This was indeed happy news



for the young aspiring doctors along with Ida. It was decided that Ida and her friends be transferred to the university for their fourth and final year.

After transferring to the university, Ida was engulfed with a surmounting load of studies. She was steeped with clinical work and various subjects.



But Ida was constantly worried about the common tropical diseases which were prevalent in India. But to her dismay, none of those were covered in the textbooks at Cornell. Her impatience to get back to Vellore and begin helping the sick there was becoming stronger as she was nearing her course.

Towards the completion of her medical education, on a certain day, Ida received a letter from Dr. Louisa Hart.

Dr. Louisa, came to India as a Canadian missionary in the early 1800 and was working with John Scudder in Ranipet. This letter was what urged Ida to build a hospital in Vellore.

To Ida's surprise and shock, she was asked to raise money for a hospital for woman in Vellore. Louisa's suggestion was eight thousand dollars.

With this new and colossal task in hand, Ida went to meet the rich and well to do Miss Taber. Miss Taber's brother in law, who was listening to Ida's description of the condition in Vellore, met her the next day and graciously gave her a check for ten thousand dollars.

Soon Ida would build the Mary Taber Schell Hospital In 1902.





Dr. Henry Kirupakaran Retires



Dr. Henry Kirupakaran, Physician In-charge, Department of Staff, Student Health Services (SSHS), retired on 12th November, 2020 after nearly 29 years of dedicated service to the institution.

He joined CMC as Junior Research Fellow in April 1991 in the Department of Pharmacology and thereafter as a Junior Clinical Assistant in the Department of SSHS, following which he continued dedicated service to the employees and students of the institution. The bold initiative that he had taken towards rehabilitation of staff undergoing alcohol de-addiction has benefited many families. His 'back school' initiative was yet another 'first' in CMC that provided preventive and rehabilitative care for work related back pain that is common to our employees. He was an active part of many such

staff related health activity also collaborating with the occupational health team in the past few years. He often took personal care to help employees through many difficulties offering them holistic care. He is friendly but also maintained utmost professionalism in his dealings with staff.

During his tenure at CMC, he also had the opportunity to work and pursue a D.Ch. in Paediatrics in Adelaide, Australia during his sabbatical leave between the years 2003-2006. In the year 2014 he had the opportunity for a Senior training fellowship which he completed at Lomalinda, USA. After his training in The Haggai Institute, USA, he was elected President, Haggai alumni association, Vellore and also worked for the spiritual upliftment of employees by encouraging them to participate in workshops and conferences often helping to subsidize cost so that all could afford it. He had also completed a M.Phil in hospital administration and an MA in leadership. He has published many articles in relation to employee health issues in important journals and presented at various conferences nationally and internationally.

He is a talented musician. He took interest in charitable activities among gypsy communities, orphanages and old age homes as part of institutional activity during Christmas season as well as personally at other times. He will also be remembered as a dutiful son often taking great pains to ensure his elderly father who stays with him is in good health.

The CMC community is thankful for his years of dedication and commitment to the institution and wishes him God's blessings on his retired life.

Food for Thought :

To Mask or Not to Mask

To mask, or not to mask, is the question Though it was settled a time ago In countries Eastern and Western Some still worry their freedom will go

Hamlet pondered if it was "nobler in the mind to suffer The slings and arrows of outrageous fortune Or take up arms against a sea of troubles"; we may differ But need a solution to end this pandemic very soon

A quarter million in US have died
With this virus raging on
A cure has not been identified
Yet the darkest hour is before dawn

An ounce of prevention is worth a pound of cure
And the answer is masks and a vaccine
When the vaccine comes you can be sure
The anti vaxxers will step in

Ignore public health and we will see Untold lives cut short by the virus Wearing a mask has proved to be What it takes to save us

Cherian Thomas (MBBS batch of 1960)

= November 29 - December 05, 2020 =

SPECIAL PRAYERS THIS WEEK

Service Association of the Christian Church

United Church Board for World Ministries
Council Member: Dr. Ajit G. Singh

🕳 Congratulations! =

- The **Department of Neurological Sciences** congratulates **Dr. V. Rajshekhar,** Professor of Neurosurgery for the distinguished honor to be named in the Standford University list of the World's Top 2% Scientists.
- Ms. Jayanandhini, Respiratory Therapist, Department of Pulmonary Medicine secured the new world record by drawing 100 posters on NO SMOKING AWARENESS CONCEPTS IN 6 hours, 53 mins and 59 seconds. This event was organised on the occasion of World COPD day on 18th November, 2020. This achievement is registered in Kalam's world records.

= Memoranda -

- **Dr. Madhu Andrew Philip,** Professor, is appointed as Head of the Department of Cardiothoracic Surgery with effect from 6th December, 2020 for a four year term.
- **Dr. Selvamani B,** Professor, will continue as Head of the Radiation Oncology Unit-III with effect from 9th December, 2020 until further notice.
- Dr. Sarah Emma Rosalind J, Associate Professor (Nursing) is appointed as Additional Deputy Dean, College of Nursing with effect from 1st December, 2020 for a four year term.

Retirements -



• Mrs. Sujatha Asirvatham, Sr. Sel. Gr.I Pharmacist retired on 10th October, 2020 after 28 years of dedicated service to this institution. She finished her pharmacy course at Kamala Nehru College of Pharmacy, Hyderabad in the year of 1985. She had worked for a few years in pharmacy and after her marriage, joined RUHSA as Assistant Pharmacist in the year 1992. During her work at RUHSA her communication and management skills were highly appreciated. She took up the challenge to reorganise the work when pharmacy became computerised.

She fulfilled her responsibility as in-charge of RUHSA pharmacy managing the hospital and outreach clinics stocks and supply, training younger colleagues on

specific skills and responsibilities and ensuring a pleasant work environment.

Her husband Mr. Mathew Asirvatham, was a Training Officer in RUHSA, both her children are graduates from CMC, and she is blessed with a grandson.

RUHSA will remember her as a hardworking person bringing joy to many lives as she carried out her duties faithfully.

The CMC community is thankful for her years of dedication and commitment to the institution and wishes her God's blessings on her retired life.

• Mrs. Anitha Jayakumar, retired on 17th November, 2020, after nearly 33 years of exemplary service to the institution. After her graduation in B.Sc. Chemistry from Auxilium College, she joined CMC in 1987, as a technician in the Department of Pharmacology and Clinical Pharmacology. The first ten years she worked with Dr. Molly Thomas and assisted to initiate the preliminary testing of drug concentrations using the spectrophotometer. She was thereafter involved as the sole technician who worked with Dr Denny Fleming to set up the first high performance liquid chromatography assay in the Clinical Pharmacology Unit, in 2001. When the Unit initiated the modern Therapeutic Drug Monitoring service in 2002, Mrs. Anitha happily joined this venture. In her work, she was highly



meticulous and always a very patient teacher to many of the younger technicians who joined in the later years and to other faculty as they joined the department. Her integrity always stood out in her laboratory practices. The department wishes to commend her for her ability to maintain and document everything needed, to perfection. This has immensely helped the Unit. She was able to instil the feeling of "my department" into the future generations. She has also contributed to the practicals training for the MD postgraduates, from 2014 and the PG's would vouch for her significant contribution in this area. Her strong faith has helped to guide and support her co-workers.

Her husband, Mr Jayakumar, a senior Biochemist and instructor has retired from the Wellcome Research Laboratory. She is blessed with three children. Deborah, who is currently pursuing MSc Nursing second year in CMC (who is married to Brother Andrew, working as staff nurse in CMC), Deena, who is currently pursuing masters in Hospital Administration in St. John's Medical College and Dennis, who is doing his class XII.

The Department of Pharmacology and Clinical Pharmacology, thanks Mrs. Anitha Jayakumar for the dedicated service and wishes her the very best as she starts a new phase in her life.

Obituaries:

- Ms. Manoranjitham S, retired staff in 'J' ward passed away on 23rd November, 2020.
- Mrs. Grace Leelavathy Moses, wife of late H.D. Moses, former General Superintendent and former Superintendent of New Life Centre, CMC, Bagayam passed away on 26th November, 2020. Let us uphold her son, Dr. Prabhakar Moses, former Head of the Department of Child Health and Mrs. Grace Moses, former faculty at College of Nursing and grandson, Dr. Immanuel Moses, in our prayers.

Let us uphold all the bereaved members of the families in our prayers at this time of grief and loss.

Situations Vacant =

 Technical Assistant with BOT (Regular Course) for the Developmental Paediatrics Unit Salary scale: As per the institutional rules.
 Accommodation not provided.

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore–632 002 or by e-mail: **princi@cmcvellore.ac.in** on or before **December 05, 2020** for Item 1.

2. Senior Research Nurse M.Sc. (N) to work in a project on term appointment basis. The project will be implemented under the Department of Paediatric Orthopaedics Unit

Qualification: M.Sc. Nursing with 2 years experience.

Salary scale: Consolidated pay.

Accommodation not provided.

Apply with biodata, photograph, certificates, testimonial/s and references to the Dean, College of Nursing, Christian Medical College, Vellore - 632 004, on or before **December 05, 2020** for Item 2.



Being Ida

Celebrating 150 years of Dr.Ida S. Scudder



A perfect daughter

One woman, many roles

Ida has played many significant roles in her life. The one the world is familiar with is her role as a doctor.

But beyond that, what made her a perfect doctor was her complete dedication to all her other roles as well. She had been a perfect daughter, a kind companion to her friends, a well-wisher to her supporters, a shoulder to lean on for her siblings, a constant backbone for her mother, an efficient and caring doctor, a good tennis player, a ardent dog lover, a dedicated gardener, a convincing orator, a persistent fund raiser, a strong advocate for woman, a strict disciplinarian, a thorough teacher and above all a good, gentle and loving mother.

All her roles she played well to the best of her God-given abilities. This is where the holistic approach of CMC comes in. Our founder was not just treating wounds and healing the body; she went beyond her studies and medical experience and understood people. Her humane touch, her genuine concern for the needy and her love for people are beyond comparison. Most often, she went

miles - literally; to take care of the needy even though it might have not been her responsibility.

Given below is a beautiful and loving extract from the book, 'Dr. Ida Passing on The Torch of Life' by Dorothy Clarke Wilson, showing the tender and gentle nature of Aunt Ida. Reading this, one can't help but smile and wonder at the length and extend of her service to others.

"Her 'adopted' children at last had a home of their own, this out-building behind the students' house, with two rooms, a kitchen, plenty of verandah, trees to play under, and an open courtyard ablaze with marigolds. No more scolding or shushing when they made too much noise and might disturb the patients!



A thorough teacher

Being Ida - Celebrating 150 years of Or. Ida S. Scudder =

Mana, one of the orphans bequeathed by the influenza epidemic, sidled close, big dark eyes fixed with fascination on the while-gold halo of Ida's hair. "Is it real? She asked shyly. " Mana touch?"

Laughing, Ida pulled the child to her lap, leaned over so the small fingers could bury themselves in the soft fluffiness...

Starting with Mary Taber and Keziah, a little albino girl brought to them years ago by Ida's cousin, Dr. Lew Scudder, the family of Children had grown from time to time, until now there were twenty three, ranging from six months to sixteen years. Ida looked fondly about the group, remembering how many of them had come: the two motherless babies she had found on roadside, mere scraps of skin and bones; Padmathi, thrown into a thorn bush right after birth, found crying and helpless by a cowherd, reported to the police, and brought to Gudiyattam; Esther Thayamma, handed over by her consumptive mother on her death bed; children Annie Hancock had brought from the jail when their mothers died. Her gaze rested with special fondness on a slim bright-eyed boy brimming with health and energy. She had been sitting at dinner one night when she had heard a sweet high voice singing. Going to the door, she had found a little naked boy of four clinging to a tall policeman's hand. Of course she had kept the little lad".

"We could keep fifty instead of twenty three", she thought yearningly, "If we only had a bigger house!"

One fifty years have gone by; her story has become a well-known anecdote, the three knocks a common stage play and 'Be thou my vision' a customary hymn. Dr. Ida has become a household name in our community, which shows that how many ever years may pass by, the founder and her vision can never be forgotten. Learning from her stories and incidents, it's up to the 10000 staff of CMC to take it upon them to carry on her vision down to its every little detail.

One woman and her nature to go beyond the call of duty created a historic impact and changed the future of medicine in Vellore.

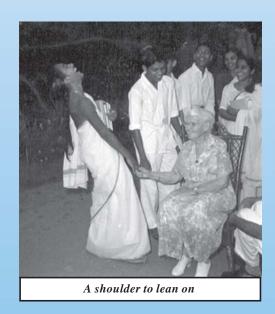
Did you know that her love for the needy in India was so well known that reaching her through post was as simple as writing on the cover,

Dr. Ida, India.



An ardent dog lover





Sunitha Serena Publicity and Information Officer Promotion & PTP Office

December 06 - 12, 2020 = SPECIAL PRAYERS THIS WEEK

Pulmonary Medicine: Dr. Balamugesh T. and Staff Respiratory Medicine: Dr. Richa Gupta and Staff

United Society for the Propagation of the Gospel

Board of International Ministerial Ministries of the American

BMS World Mission

Council Member: Ms. Valerie Ann Bothamley

Christian Institute of Health Sciences and Researh, Dimapur

College Carol Service

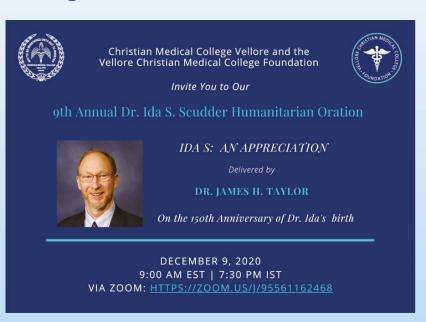
- Upcoming Event=

This Founder's Day, 9th December 2020, is a very special one. It marks the 150th birth anniversary of Dr. Ida Sophia Scudder.

Along with other regular programmes, such as the Founder's Day Service and the Founder's Day Meeting, we are delighted to announce that we will also be holding the annual Dr. Ida S. Scudder Humanitarian Oration on that day.

The Oration will be broadcast live at 7.30 pm IST via zoom. Please use the link https://zoom.us/j/95561162468 to join.

The purpose of the oration is to perpetuate the humanitarian ideals and values seen in the life of Dr. Ida Scudder, with the objective of inspiring and encouraging current and future



generations to embrace those same ideals. Each year, the Oration honours an individual who is an example of humanitarian love in action, who's life resonates with that of Ida Scudder and who is a worthy role model for others to learn from.

This year's speaker will be Dr. James Hamilton Taylor. He is the great-great grandson of Aunt Ida's uncle, Dr. Silas Scudder, founder of the Scudder Memorial Hospital, Ranipet. We are delighted that he has consented to deliver the oration, in view of his lifetime of humanitarian effort, his unwavering friendship with and support of CMC Vellore and his family relationship to Ida Scudder.

Jim Taylor, as he is regularly known, is a radiation oncologist. Until his retirement, earlier this year, he served as the Medical Director in Radiation Oncology at Ascension Cancer Care –All Saints in Racine, Wisconsin. Alongside his clinical practice, Dr. Taylor has been active in conducting clinical research. He chaired the Ascension Southeast Wisconsin Regional Cancer Committee. He served on the Executive Committee of his hospital and as president of his medical group.

He is a close friend of CMC Vellore, having visited us on an annual basis for many years, and contributing a great deal to our Department of Radiation Oncology, as well as generously supporting the work of the Low Cost Effective Care Centre, the Jawadhi Hills Model Villages Programme, and the Assisted Living Centre among other projects. He serves on the Board of the Vellore CMC Foundation in New York.

Please take the time to join with friends from around the globe, and listen to Dr. Taylor. The Oration is an opportunity to remember, with gratitude to God, the life of Ida Scudder, and recommit ourselves to "Serve, rather than be served", following the pattern she gave us.

- Dr. Suceena Alexander, Professor, Department of Nephrology, on her return from study leave.
- Mr. Joseph Thomas Raj B, Tutor (OT), Nambikkai Nilayam, on his return from study leave.

Retirements =



• Mrs. Geethanjali Ravichandran, Nursing Auxiliary Gr.I retired on 1st October, 2020 under voluntary retirement scheme after serving this institution for 31 years. She joined CMC in the year 1989 after completing her one year Hospital Auxiliary course in CMC Hospital from 1988-1989. Thereafter she continued to work in N2 ward and R ward until her retirement. She is a hard working person and is appreciated for her punctuality and interpersonal skills.

She is married to Mr. Ravichandran, a farmer by profession and they are blessed with a daughter Ms. R. Nivetha, doing B.Sc. Cardio Pulmonary Perfusion III year.

• Mrs. Priscilla Prema Bai, Nursing Auxiliary Gr.II retired on 1st October, 2020 under voluntary retirement scheme after serving this institution for 33 years. She completed her Hospital Auxiliary course in CMC Hospital, Vellore for one year from 1985 to 1986 and then joined CMC in the year 1986. Since then she has worked in Schell Eye Hospital, U, Q1 East, K wards and OR until her retirement. She is well known for her diligent planning and hard work.



Mrs. Priscilla is married to Mr. P. Jacob, an Ex-Service man and they are blessed with two children. Their Daughter Ms. Juliana Priyanka has finished her M.Sc.

(Comp. Science) and is married to Mr. Srinivasan. Their son, Mr. Paul Stephen is working as Hospital Auxiliary in AK Lab and married to Ms. Thamayandhi. Mrs. Priscilla Prema Bai is also blessed with three grandchildren.



• Mr. David Paul, Sr. Sel.Gr. Laboratory Auxiliary, Department of Transfusion Medicine & Immunohaematology, retired on 14th November 2020, after 26 years of dedicated service to the institution.

His wife is Mrs. Grace Paul and they are blessed with two sons and two grand children. Mr. Paul D Santhosh, HR in IT Company and Mr. Sam D Daniel, CMC Alumni (B.Sc. MLT) doing M.Sc. Bio-Technology in Vellore Institute of Technology, Vellore.

The CMC community is thankful for their years of dedication and commitment to the institution and wishes them God's blessings on their retired life.

——Obituaries —

- Mr. K.S. Chacko, passed away on 28th November, 2020. Let us uphold his wife, Mrs. C.T. Saramma, daughter Dr. Mary Purna Chacko, Professor and Acting Head, Cytogenetics department, son in law Dr. Aby Abraham, Professor, Department of Clinical Haematology, grand children Greg Abraham, Yeldho Chacko and all the bereaved members of the family in our prayers.
- Mr. A.D. Pandian, passed away on 29th November, 2020. Let us uphold his wife, Mrs. Selvakani Pandian, daughter Mrs. Anne Jarone, Professor in College of Nursing, son-in-law Mr. Jarone, Sr. Asst. Engineer, Electrical department and all the bereaved members of the family in our prayers.

Let us uphold all the bereaved members of the families in our prayers at this time of grief and loss.

Situations Vacant

1. Senior Resident with M.D. (Physiology) for the Department of Neurological Sciences

Salary: As per institutional rules.

Accommodation provided (Subject to availability).

2. Senior Resident with MD / DNB (Paediatrics) with 2 years experience in (Paediatric Nephrology) for the Department of Paediatrics Unit–II (Paediatric Nephrology)

Candidates with DNB qualification should fulfill the latest MCI criteria for teaching appointment.

Salary: As per institutional rules.

Accommodation provided (Subject to availability).

3. Assistant Professor with DM (Interventional Radiology) or MD / DNB (Radiology) with 2 years Special Training in Interventional Radiology for the Department of Interventional Radiology

Candidates with DNB qualification should fulfill the latest MCI criteria for teaching appointment.

Salary: As per institutional rules.

Accommodation provided (Subject to availability).

4. Senior Demonstrator (NM) with M.Sc. in Statistics / M.Sc. Biostatistics for the Department of Biostatistics

Salary scale: As per institutional rules. Accommodation not provided.

Applications should be sent by post to The Principal, Christian Medical College, Bagayam, Vellore – 632 002 or email to: **princi@cmcvellore.ac.in** with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address on or before **December 12, 2020** for Items 1, 2, 3 and 4.

5. Assistant Professor with MCI recognised postgraduate degree in DM / DNB (Neonatology) for the Department of Neonatology

Candidates with DNB qualification should fulfill the latest MCI criteria for teaching appointment.

Salary: As per institutional rules.

Accommodation provided (Partly furnished, depending on availability).

Applications should be sent by post to The Principal, Christian Medical College, Bagayam, Vellore – 632 002 or email to: **princi.staff@cmcvellore.ac.in** with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address on or before **December 12, 2020** for Item 5.

6. Technical Assistant (Project) for the Department of Gynaecologic Oncology

Qualifications: B. Pharm.

Appointment will be given only for pharmacists who have registered in the Tamil Nadu State Pharmacy Council.

Salary Scale: As per institutional rules. Age Limit: 35 Years.

Job Description: To work in project mode.

7. Technical Assistant (Project) for the Department of Endocrinology, Diabetes & Metabolism

Qualifications: B.Pharm, with Pharmacy Council Number.

Consolidate pay: As per institutional rules. Age Limit: 35 years.

Nature of Job: To work in Clinical Trials as a Non-Medical Co-ordinator.

8. Graduate Technician (External Designation - Project) for the Department of Endocrinology, Diabetes & Metabolism

Qualifications: Any Graduate from the Recognized University. Age Limit: 35 years.

Note: Only Regular mode will be accepted, Private or correspondence will be not accepted.

Consolidated Pay: As per institutional rules.

Job Description: To work in project mode.

Job Condition: Selected candidate has to work in the East Khasi Hills, Meghalaya.

Language Preference – Fluency in Khasi.

= Situations Vacant ===

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link: "Vacancies". Note: Only online applications will be accepted; Hard copies will not be accepted. Applications will close on **December 21, 2020** for Items 6, 7 and 8.

9. Administrative Assistant to work in a project on Term Appointment basis. The term of appointment is co-terminus with the duration of the project. The project will be implemented under Paediatric Unit-III.

Qualification: Graduate + 1 year PGDHA (or) 5 years experience in CMC.

Consolidated salary: As per institutional norms.

Applicants should have skills in Computer Applications / Office Management.

Candidate with a degree either in Physiotherapy or Dietitics / Nutrition or Clinical Psychology is preferred.

Link: "Vacancies". Icon: "Administrative Assistant". Please log on to http://www.cmch-vellore.edu

10. Area Supervisor Gr.IV for CHAD

Qualification: Minimum 10 years experience in Clerical / Secretarial / Other posts in CMC.

Salary: As per institutional rules.

Please log on to http://www.cmch-vellore.edu Link: "Vacancies". Icon: "Area Supervisor Gr.IV".

11. Jr. Engineer for Engineering Civil on Project Mode

Qualification: D.C.E. Salary: As per institutional rules.

Age: Not more than 35 years.

Please log on to http://www.cmch-vellore.edu Link: "Vacancies". Icon: "Jr. Engineer".

12. Artisan (Non I.T.I) for Engineering Civil on Project Mode

Qualification: VIII pass with 4 years experience in Masonary / Carpentary / Plumbing etc.

Salary: As per institutional rules.

Age: Not more than 35 years.

Please log on to http://www.cmch-vellore.edu Link: "Vacancies". Icon: "Artison (Non I.T.I)".

13. Computer Terminal Operator to work in a project on Term Appointment basis. The term of appointment is co-terminus with the duration of the project. The project will be implemented under the **Department of** General Pathology.

Qualification: Graduate (regular course) + Proficiency in English + Adequate Computer knowledge.

Consolidated salary: As per institutional norms.

Please log on to http://www.cmch-vellore.edu Link: "Vacancies". Icon: "Computer Terminal Operator".

14. One year Orientation Training Programme for Clerk Typist

Qualification: Graduate (regular course) + Proficiency in English + Adequate Computer knowledge.

Age limit: 30 years. Consolidated stipend: As per institutional norms.

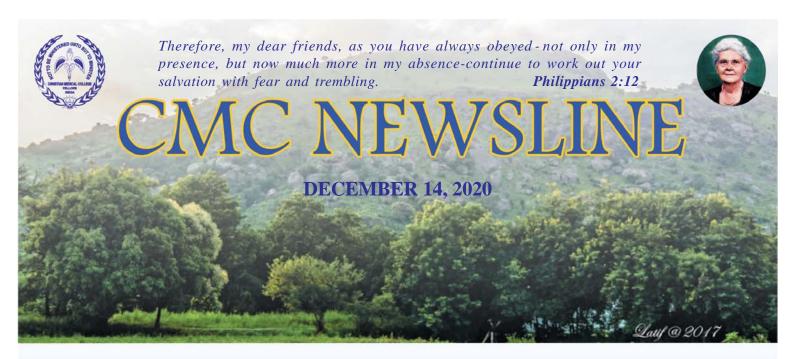
Please log on to http://www.cmch-vellore.edu

Icon: "One year Orientation Training Programme for Clerk Typist".

Only online applications will be accepted. Hard copies will not be accepted.

Apply on or before December 14, 2020 for Items 9, 10, 11, 12 and December 21, 2020 for Item 13 and **December 31, 2020** for Item 14.

- The CMC Wall Calendars 2021 are available for sale at Main Reception, OPD Reception, PTP Office and ELS Book Shop, for Rs.40/- only.
- The CMC Vellore, Chittoor Campus wall calendars are available for sale at ELS Bookshop, CMC Hospital Campus for Rs.40/-.



Mrs. Greeda Alexander Retires



Mrs. Greeda Selvarani Alexander, Professor of Community Health Nursing, College of Nursing superannuated on 13th December, 2020 after thirty years of committed service to the institution. She joined as a staff nurse in CMC in the year 1982 after having completed her General Nursing and Midwifery and moved on to pursue Degree in Bachelor of Science in Nursing in 1987 and Masters in Nursing in 1995 at College of Nursing, Christian Medical College, Vellore.

She continued to contribute immensely towards patient care management in the neurosurgery operating room, maternity nursing department and in the secondary hospital of RUHSA. Mrs. Greeda is an excellent teacher involved in teaching both undergraduate and postgraduate students. She is a person of integrity, a mentor and an example to many of her colleagues in the department. Apart from her valuable contributions to the development of the department, she has also had publications in international and national journals. During her sabbatical leave at Tiruvalla Medical Mission College of Nursing, Tiruvalla, Kerala and she helped in the establishment of a new college of nursing and worked as a Principal. Currently she is on preretirement sabbatical leave working towards the revision of a textbook on Dr. Mrs. Kasthuri Rao's "An introduction to Community Health Nursing" and TNAI Community Health Nursing Manual. She was involved in conducting various research projects in the Department.

Mrs. Greeda is an approachable person and is admired for her skills in administration, inspiring teachings and concern for the people around. Her husband Mr. Alexander retired from RUHSA after having put in 32 years of service as a Training Officer. Their son Mr. Jim is pursuing his Ph.D in Mechanical Engineering at VIT, Vellore and their daughter Ms. Gaby is working as a Team Manager in Rank It Right Media, Bangalore. The CMC family is thankful to Mrs. Greeda Alexander for her efficient and dedicated service in this institution. May God bless her bountifully with more beautiful and blessed years ahead and continue to keep her as a blessing for many.

December 13 - 19, 2020 =

SPECIAL PRAYERS THIS WEEK

Hospital Carol Service

Welcome –

• Dr. Moses Kirubairaj, Professor, Department of Family Medicine on his return from study leave.

CMC Awarded the Best Transplant Hospital for the year 2019-2020 —



Indian Organ Donation Day was conducted by Transplant Authority of Tamil Nadu, Chennai on 27th November, 2020.

Dr. K. Pr.

The awar the Dece awarded

At this ceremony, Christian Medical College, Vellore has been given an award as one of the Best Transplant Hospitals for the year 2019-2020. The award was received by **Dr. K. Prasad Mathews,** Medical Superintendent.

The award for being one of the best Transplant Co-ordinator in the Deceased Donor Programme for the year 2019-2020 was awarded to Transplant Co-ordinator, **Mr. P. Jaishankar**, M.S. Office by the Health Secretary Dr. J. Radhakrishnan.

Retirements ——



- Mrs. Bhanumathi Moorthy, Sr. Gr. Nursing Auxiliary retired on 12th August, 2020 after serving this institution for 38 years. She completed her Nursing Auxiliary training from Christian Medical College, Vellore in 1982 and joined CMC as a Hospital Auxiliary in March 1982. She worked in OR, M ward, CCU and J ward. She is cheerful and hard working staff, completes patient care on time. She is married to Mr. Krishnamoorthy. They are blessed with two daughters Ms. Thabitha Priya, Diploma Nurse married to Mr. Moses Jeyaraj and Miss. Kezia, working as a staff nurse in Maternity Department.
- Mr. Anthonyswamy S, Sel.Gr.I Technician retired on 19th November, 2020 after 36 years of dedicated service to the institution. He joined the Community Health Department in 1984 as a Smear Technician.

The smear technician's job description in the CHAD leprosy programme included doing the split skin examination and heat fixing the slide during the village leprosy clinics and during the hospital-based clinic. The weekly load of smears to be collected, stained, and read would often exceed 150.



Mr. Anthonysamy cheerfully and single handedly managed this entire load. In addition, he was frequently requested by the District Leprosy Officer to validate the smears from other leprosy control programmes in the district. With the decline in the prevalence of leprosy, Mr. Antony cheerfully added reading of Smears for the RNTCP to his repertoire. It must be noted that CHAD was one of the very few locations in the district which could do Auramine staining for Mycobacterium Tuberculosis.

He then took study leave for a year from between 1990 and 1991 to pursue the Clinical Laboratory Technician course at SLR & TC, Karigiri. Following this, he returned to the department and continued to serve the institution until his superannuation.

Mr. Anthonyswamy and his wife have been blessed with three daughters; their elder daughter, Pramila is a Perfusionist working in Australia; their second daughter, Sharmila is a Staff Nurse working in CMC and their youngest daughter, Mary Kavi Nivetha is an Occupational Therapist working in Qatar.

Retirements

• Miss. Esther Rani, MPHW Gr.I retired on 10th October, 2020 after serving this institution for 28 years. She completed her Auxiliary Nurse Midwifery course at CSI Hospital, Ikkadu in 1986 and joined CMC in 1992. She worked in maternity wards, M ward and A block. She is a hard working staff known for her good interpersonal skills and meticulous maintenance of articles in the ward. She is a cheerful staff who maintains good interpersonal relationships. She is highly appreciated by all her patients for her kindness and concern.



The CMC community is thankful for their years of dedication and commitment to the institution and wishes them God's blessings on their retired life.

=Obituaries



"I will praise You, O Lord my God, with all my heart and I will glorify Your name forevermore" - Psalm 86:12

It is with great sense of sadness yet with immense gratitude to the Creator for a life well lived, we announce the home calling of our Dear Ma'am, **Ms. Aleyamma Kuruvilla**, the First Indian Dean of College of Nursing, Christian Medical College, Vellore on 6th December, 2020.

Ms. Kuruvilla, was born on 7th February, 1922 and hails from Eraviperoor, Kerala. After schooling she did B.A in Zoology from the Women's Christian College, Chennai and worked as a teacher in a high school in Kerala, She joined Christian Medical College, Vellore in 1944 to undergo General Nursing and Midwifery training and

went on to pursue B.A Sociology from Indore and M.A in Nursing Education from Columbia University, USA. She worked in many capacities in the Nursing services and in the School of Nursing. She taught nursing subjects and sociology. She held various administrative positions as Deputy Nursing Superintendent, Assistant Dean and as the Dean from 1961 to 1979. She was responsible for reorganising the nursing services introducing the integration of nursing service and nursing education. She was instrumental in starting the Post Diploma programme in Nursing, Post Certificate B.Sc. Nursing and M.Sc. Nursing programme.

Besides her contribution to nursing within the institution, she introduced the semester system in the basic B.Sc. Nursing programme and was instrumental in initiating the Board of studies in Nursing in Madras University. She held the position of President of Trained Nurses Association of India and as the first Nurse President of Christian Medical Association (CMAI), President and Secretary of Board of Nursing education, South India Branch, Nurses league of CMAI. She had contributed immensely to nursing education in the Universities of Madras, Bombay, Kerala, Bangalore and in the Indian Nursing Council.

Her outstanding contribution to the nursing profession was recognised by the Directorate General of Health Services and was honored with the "National Award to Nursing personnel - 1981". The Christian Medical Association of India conferred the Dr. D.W. Mategoankar award for her outstanding services in the healing ministry in 2009. She was bestowed the Alumni Award in 2003 for her contributions to the Alumni Association and for the welfare and image of nurses in the society. She retired from CMC in 1982 but continued to contribute to nursing education working in various capacities in mission hospitals.

Ms. Aleyamma Kuruvilla was an eminent nurse educator, efficient administrator, authentic leader and developer of people. Her contributions brought immense value for the growth of nursing education in India. Humility, service and commitment are some of her outstanding characteristics that one observes from her life. Her deep christian commitment, dedication and high determination led her to achieve purposes for which she had strong conviction. Her contributions will remain as the brightest chapters in history of Indian nursing and continue to be a beacon and an inspiration for the generations to come.

We the Dean, Faculty, Staff, Students and Alumni of College of Nursing, Christian Medical College, Vellore acknowledge Ms. Kuruvilla's contributions to the healing ministry and to Nursing. The CMC community praises and thanks God for her life and witness and celebrates a life well-lived.

Job Code: 1354

Obituaries =

- Mr. Sasidharan Nair, father of Dr. Balu Krishna Sasidharan, Professor, Department of Radiation Oncology Unit-II passed away on 8th December, 2020. Let us uphold Dr. Balu Krishna, daughter-in-law Dr. Hannah Mary Thomas, Wellcome-DBT India Alliance Early Career Fellow, grand daughter Ryka Sarojini Balukrishna and all other members of the bereaved family in our prayers.
- Mr. C. Swaminathan, retired Tahsildar, father of Mr. S. Anandakumar, Sr. Engineer, Civil Engineering Department passed away on 8th December, 2020.
- Mrs. Lalitha J, mother of Mr. Vinu Prakash, Clerk Typist, Department of Radiology passed away on 10th December, 2020.
- Mrs. Vaijeyanthi, mother of Mr. P. Elangovan, Sr. Clerk Typist, CRS and mother-in-law of Mrs. Shanthi Elangovan, Clerk Typist, Department of Radiology on 12th December, 2020.

Let us uphold all the bereaved members of the families in our prayers at this time of grief and loss.

= Situations Vacant 💳

1. Project Administrator for the Distance Education Unit

Qualification: Any post-graduation (preferably in Social work) with relevant work experience in administration, preferably in an educational institution. Job involves student support, running contact programmes for students, handling students' assignments and projects with regular travel across the country (presently there is no travel during this Covid-19 pandemic times, but later when the lockdown regulations are lifted, the personnel will be required to travel). Fluency in English Hindi and Tamil is required with good communication skills. Computer skills and familiarity with Google Drive are required along with a basic knowledge of finance / accounting. Preference will be given to candidates with experience working in any blended mode of medical learning; must be aware of hosting online meetings using platforms such as Zoom, Google Meet etc.

Mode of Appointment: Project Mode.

Salary: As per institutional rules.

Accommodation not provided.

Download application from this link: http://www.cmch-vellore.edu/→General →Vacancies →Application Form for Project Staff. Please send the filled application menstioning the Job Code either by soft copy to princi.hr@cmcvellore.ac.in or by hard copy address to the Principal, Christian Medical College, Bagayam, Vellore-632 002, Tamil Nadu on or before December 26, 2020 for Item 1.

Please mention the job code, applications forms without the job code will not be accepted.

2. Technical Assistant (Project Mode) for the Department of Radiation Therapy

Qualifications: B.Sc., in Radiotherapy Technology from Recognized University (Registered in eLORA from AERB, Mumbai).

Salary Scale: As per institutional rules.

Age limit: 35 years.

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link: "Vacancies". *Note: Only online applications will be accepted; Hard copies will not be accepted.* Applications will close on December 28, 2020 for Item 2.

CMC NEWSLINE



DECEMBER 21, 2020

Christmas Special

"They saw the child" - Christmas Message 2020

John 1:14 "We have seen his glory, the glory as of a father's only son, full of grace and truth"

The gospels talk about the way different people **saw** the child and responded and the gospel writers wrote with different unique emphases. John focuses on the way he and his community saw the glory of the child, full of grace and truth – definitely, a comprehensive report written when the author was well-advanced in years. The nature and the attributes of the 'word' becoming 'flesh' are described in this gospel account. However, John emphasises the aspect of seeing: 'we have **seen** his glory'. **Seeing** and believing are closely linked in certain narratives of this gospel. Mary announced to the disciples "I have **seen** the Lord" (John 20:18). When the other disciples said, "we have **seen** the Lord", Thomas said "unless I **see** the mark of the nails... I will not believe" (John 20:25). Samaritan woman told the people of the city "Come and **see** a man who told me everything I have done!" (John 4:29).

Similarly, about the shepherds it is told in Luke 2:17 that "When they **saw** this (child lying in the manger), they made known what had been told them about this child". About wisemen, it is said that "They **saw** the child with Mary his mother; and they knelt down and paid him homage" (Matthew 2:11).

Seeing is not exactly referring to physical eyesight. It is possible to view and not see. With the eyes open, it is possible to miss out what is right in front of our eyes. It is an internal activity. Many realities of nature and life are not seen by many even though they are just in front of their eyes. For example, in our own society there are many without a job, without a sense of security, without experiencing dignity, without food and shelter. They all are in front of our eyes, but often we do not **see** them.

Christmas is a story of sensitivity. Do we **see** the child in the manger? The place is not prominent, the presentation is not attractive, even the location is not big or popular. The shepherds happily and earnestly went and **saw** the child. The wisemen just dodged the trick of King Herod and **saw** the child. In this busy life, there are sufficient things to distract us from **seeing** the child. We need to see the child, only then will we be able to rejoice, kneel, pay him homage and even make him known to others.

In the busy corridors of CMC, there was a young lady yesterday. As usual I would have just passed by after a momentary look. It was near a cash counter. Leaving her mother at the queue, she came near me, started telling her background little bit. Very soon I realised that she was the mother of two small children, lost her husband to a murder, anxiously waiting to address two health complications of her own, coming from a north Indian State. Even though I was rushing to address another need in a ward, I spent few minutes, listened to her story, offered a prayer to support her. From her tears, through the mask, I could **see** that she was ministered to.

May this Christmas be a time to **see** the Child, **see** those in need, those in pain and suffering. May our **seeing** lead us further to compassionate actions just as our Lord Jesus was moved with compassion when he **saw** the suffering people.

We wish you a merry Christmas.

A message from *Rev. Dr. Arul Dhas T.* Head, Chaplaincy

Dedication of the New Call Centre

On 2nd December 2020, the new Call Centre was dedicated, it is meant to facilitate patients' access to the services of CMC. Dr. Aby Abraham, Deputy Medical Superintendent for OPD Services, welcomed the gathering and gave an overview of the facility. This facility has different modes through which patients can reach out to get information related to CMC. The Interactive Voice Response System in 5 different languages provides patients with all the basic information after which they could directly speak to staff in case further help is required. Patients from India and outside India can chat with staff at Call centre through Whats App. They can also drop a mail to callcentre@cmcvellore.ac.in. The call centre provides a one-stop solution for patients who need help



with our services. It also facilitates Emeds service, by connecting the patients with concerned department, Pharmacy, online payment and India Post tracking the parcel and troubleshooting if there is a delay in delivery.

Director Dr. J.V. Peter, Medical Superintendent Dr. Prasad Mathews and General Superintendent Mr. David Chandran addressed the gathering. They were hopeful that this service will be a blessing to patients and expressed their gratefulness to all who worked towards the formation of the centre.

Mrs. Manju Christopher, Front Office Coordinator, proposed the vote of thanks. This facility was initiated in the month of August 2020. Rev. Dr. Arul Dhas led the prayer of dedication followed by the cutting of ribbon by Director and Medical Superintendent.







World Diabetes Day Celebrations

In order to express our solidarity for people living with diabetes and suffering from COVID-19 and to reinforce our commitment towards fighting this deadly disease, the Department of Endocrinology, organised a poster and slogan Competition on 14th November, 2020. The theme for the year was, 'The Nurse and Diabetes'. There were more than 120 entries for the poster competition based on the topic 'The Role of Nurse in Diabetes' and more than 90 entries for the slogan competition on the topic 'COVID and Diabetes'.





The competitions were judged by Dr. Gopinath, Professor, Department of Geriatric Medicine and Mrs. Diana David, Professor, Maternity Nursing CMC, Vellore.

The following are the prize winners for the competitions:

Poster competition: Ms.Catherin from KICU won the first prize Ms. Jasmine Elizabeth from O3 Ward and Ms. Geethanjali from AK Lab won the second prize.

Ms. Sweatham from Accident & Emergency and Ms. Shabana Banu from A3 Ward won the third prize.

World Diabetes Day Celebrations

Slogan competition: Ms. Sangavi from Neuro ICU won the first prize, Ms. Christina from KNICU and Ms. Cinthiya Rachel Grace from K ward won the second prize and Mr. Raj Kumar from Specialty 1 Nursing, Ms. Hema Jiji from Pharmacy Services and Ms. Beaula Rose from P2 Ward won the third prize.

The consolation prizes were awarded to Ms. Jansi Rani, Chittoor Campus, Ms. Kavitha from Q3 Ward, Ms. Sheeba Mabel from Labour Room, Ms. Lipika Murmu from G4 South, Ms. Emilinal from A1 Ward, Ms. Jasmine Joy Sweety from G3 South and Ms. Preethi Gaikwad from Chittoor Campus.



December 20 - 26, 2020 =

SPECIAL PRAYERS THIS WEEK

ELS Book Shop: Mr. K. Jose and staff
Central Bank of India - Hospital Campus
State Bank of India - College Campus
Post Office (College and Hospital)
Karpagam Co-operative Store
College Stores and College Canteen
Other Canteens in various campuses

Methodist Church in India:

Council Members: Dr. Arvind Roop Kumar

Bishop Dr. Anil Kumar Servand

Methodist Hospital, Nadiad

Nur Manzil Psychatric Centre, Lucknow

ETCM Hospital, Kolar and others

Methodist Church Overseas Division, U.K.

Welcome —

• Dr. Valsan Philip Verghese, Professor, Department of Paediatrics Unit-III on his return from sabbatical leave.

——— Congratulations! ——

The following prizes were awarded during the 8th Annual Conference of Endocrine Society of Tamil Nadu and Puducherry on 6th December, 2020.

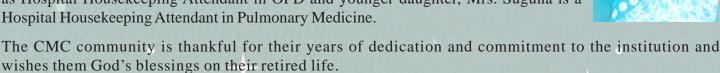
- Dr. N. Venkata Sandeep, Sr. Registrar, Department of Endocrinology, Diabetes & Metabolism received 3rd Prize in Oral presentation.
- Dr. Kelita George, Sr. Registrar, Department of Endocrinology, Diabetes & Metabolism received 3rd Prize in Poster presentation.
- Dr. Johns T. Johnson, Sr. Registrar, Department of Endocrinology, Diabetes & Metabolism received 3rd Prize in Poster presentation.
- The following prize was given during the Endocrine Society of India Annual Conference: **Dr. Nitin Kapoor,** Associate Professor, Department of Endocrinology, Diabetes and Metabolism received the prestigious **AR Seth Gold Medal Award** at the Annual National Conference of the Endocrine Society of India 2020, for his research work entitled "Clinical and genetic indicators of obesity in India: Translating evidence from science to practice" on 21st November, 2020.
- **Dr. Abhik Debnath**, PG Registrar, Department of Urology Unit-II won the best poster prize titled "Partial nephrectomy in solitary kidney: Oncologic and functional outcomes A single center experience" in the South Zone Urological Society of India Conference held online on 5th December, 2020.

Retirements -



• Mrs. S. Jothi Sheela, Sr. Gr. Clerk Typist Gr.I, Transfusion Medicine & Immuno Haematology retired on 29th November, 2020 after nearly 29 years of dedicated service to the institution. Her husband, Mr. John Bosco is a retired Typist from St. Thomas Hospital, Chetpet. They have two daughters. Their elder daughter, Ms. Diana Priscilla is a B.Sc. Nurse in Baptist Hospital, Bangalore and younger daughter, Ms. Rini Paulin is a B.Sc. MLT student in Karigiri.

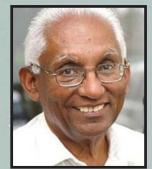
• Mrs. D. Mariamma, Hospital Housekeeping Attendant Gr.I, Transfusion Medicine & Immuno Haematology retired on 5th December, 2020 after 34 years of dedicated service to the institution. She has two daughters. Her elder daughter, Mrs. Mary is working as Hospital Housekeeping Attendant in OPD and younger daughter, Mrs. Suguna is a Hospital Housekeeping Attendant in Pulmonary Medicine.



• Mrs. Pramila Dahya (B.Sc. Batch of 1955) passed away on 15th December, 2020 in Portland Oregon. She was the faculty in Department of OBG Nursing, College of Nursing. Let us uphold the bereaved members of the family in our prayers.

Obituaries =

• **Dr. K.A.P. Yesudian** (MBBS batch of 1953) passed away on 23rd November 2020. Dr. Yesudian was born in Neyoor, a small town in Kanyakumari District, Tamil Nadu, on October 19, 1931. His early education was in Neyoor, and he then went on to study at St. John's College in Palayamcottai. He was sponsored to study Medicine by the Seventh-day Adventist Church, and commenced his studies at CMC in 1953, graduating in 1959.



Dr. Yesudian was first posted at Giffard Memorial Hospital in Nuzvid, Andhra Pradesh, where he met his wife Mrs. Naomi, and they were married in 1961. He stayed there till

1963 and in 1964 he moved to the UK to further his studies in Paediatrics. Initially he worked at Bradford Royal Infirmary, Nantwich, and then Addenbrooks in Cambridge. His final posting in the UK was at Good Hope Hospital in Sutton Coldfield, somewhere he would return to for the remainder of his career. His Paediatric studies led to him obtaining his Diploma in Child Health in 1965, and Membership of the Royal College of Physicians and Surgeons of Glasgow in 1967. During this period his first son, Mr. Andrew, was born in London in 1966. In 1968, the family relocated to Southern California, where Dr. Yesudian completed a Cardiology Fellowship at Loma Linda University.

During these years, he was aware of the work of the Adventist Church in building a hospital in Ottapalam, Palakkad District, Kerala. He was invited to become the first Medical Director, and the hospital was opened in November 1969. His second son, Mr. Peter, was born in 1969, and a daughter, Ms. Suseela, in 1971. Five happy years were spent here, and apart from Paediatrics, the life of a mission doctor involved all aspects of medicine and surgery, and also the training of junior doctors.

He had kept his connections with Good Hope Hospital, and he was able to return there and work from 1974-76. Dr. Yesudian was still keen to do mission work, and was able to work at Port of Spain Adventist Hospital in Trinidad, West Indies from 1976-77, and then Surat Adventist Hospital in Gujarat from 1977-79.

He then returned to Good Hope Hospital in Sutton Coldfield and worked till 1986. He then continued his Paediatrics in the Community Health Service in the West Midlands.

His lifelong dream was the foundation of an Adventist Hospital in Tamil Nadu. Taking early retirement in 1992, he returned to India. Initially he ran small community clinics, while searching for a suitable location for the new hospital. His dream was fulfilled when the Thanjavur Adventist Hospital opened in 1996.

Obituaries =

He was able to work here till almost his 70th birthday, and then moved to a house he built in Yelagiri Hills, Vellore District. He and Mrs. Naomi enjoyed the cooler weather and quieter life on the hill. As more grandchildren were born, they spent more time between the UK and India. He was still passionate about working with the poor and disadvantaged, and managed to do some voluntary work in Kenya and the Philippines. He had a life long interest in education and funded the education of many children around the world.

He finally left India in 2017, and moved back to the house in Sutton Coldfield that he had originally bought in 1980.

At the beginning of 2020 he was diagnosed with stomach cancer, and at the age of 89, surgery was felt to be too risky. He died peacefully at home on November 23 surrounded by family and his beloved books. He is survived by his wife Mrs. Naomi, three children, and four grandsons.

The funeral was held on 18th December, 2020 at 1.30 pm (IST) and can be viewed on YouTube Sutton Coldfield SDA Church YouTube channel

Service title – Dr. Paulsen Yesudian Funeral Service. Link - https://youtu.be/onvz_AxI7f8

For those who would like to get in touch with the family, the contact details of his son Mr. Peter is given below: Mr. Peter, Email: peteryesudian@hotmail.com

Our thoughts and prayers are with the bereaved members of the family at this time.

Situations Vacant —

1. Senior Resident / Assistant Professor with MD/DNB (Biochemistry) for the Department of Biochemistry Experience: Should have at least one year teaching experience as (Assistant Professor) in any MCI recognised teaching institution for applying Assistant Professor post. Age limit: <40 years.

Salary: As per institutional rules. Accommodation provided (Partly furnished, Depending on availability).

Applications should be sent by post to the Principal Christian Medical College, Bagayam, Vellore—632,002.

Applications should be sent by post to the Principal, Christian Medical College, Bagayam, Vellore–632 002 or email to: **princi.staff@cmcvellore.ac.in** with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address on or before **December 26, 2020** for Item 1.

2. Senior Resident with MD (Community Medicine) for the Department of RUHSA

Salary: As per institutional rules. Accommodation provided (Partly Furnished, Depending on availability). Applications should be sent by post to The Principal, Christian Medical College, Bagayam, Vellore – 632002 or email to: **princi@cmcvellore.ac.in** with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address on or before **December 26, 2020** for Item 2.

3. Social Worker Gr.V (Budget / Project) for the Department of Pulmonary Medicine

Qualifications: M.S.W or M.A. Sociology. Age limit: 35 years. Salary: As per institutional rules. *Note: Only Regular mode will be accepted, Private or correspondence will be not accepted.*

4. Social Worker Gr.V for the Department of Medical Oncology

Qualifications: Masters in Social Work (Medical / Psychology) with good working knowledge of English / Tamil / Bengali and Hindi. Salary Scale: As per institutional rules. Age Limit: Below 35 years.

Note: Only Regular mode will be accepted, Private or correspondence will be not accepted.

Job Description: 1. To assist patients to apply to the Prime Ministers, Chief Ministers relief fund, KKT, Health Insurance companies and other trust for financial help.

- 2. To monitor, regulate and help with the treatment of patients in 'L' ward and Day Care.
- 3. To liaise with various philanthropic agencies and get financial help for our patients.

5. Pharmacist Trainee for the Pharmacy Services

Qualification: D.Pharm / B.Pharm. Stipend: As per institutional rules. Age limit: Below 30 years.

Appointment will be given only for Pharmacists who have registered in the State Pharmacy Council.

Candidates with Typing and Computer Skills will be preferred.

Job description: Dispensing Section work as Trainee.

Note: Only Regular mode will be accepted, Private or correspondence will be not accepted.

Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu Link: "Vacancies". Note: Only online applications will be accepted; Hard copies will not be accepted. Applications will close on January 04, 2021 for Items 3, 4 and 5.

Special Issue

= Be Thou My Vision - IDA 150 =



Contributions from anyone was welcome.

The 9th of December 2020 marked Dr. Ida Scudder's 150th birth anniversary. She loved meeting people and her birthday celebrations with the CMC community are still remembered. Though the unforseen COVID-19 pandemic upset all the well planned activities, the idea of a 24-hour, online celebration of the life and legacy of Ida Scudder was a huge success.

The celebration aimed at including the whole CMC family around the world hence 5th December, a Saturday, was chosen to allow maximum participation.

The response was overwhelming!

There were more than 200 videos from alumni, staff, students, patients, friends in other countries, people who had worked with Aunt Ida and even from those who were students during Aunt Ida's time. There were songs, recitals, skits, talks, poems and information on several CMC departments. It was a delight to have contributions and warm greetings from well known personalities like Graham Kendrick, Benny Prasad, Sheldon Bangera, Bart Gee, Octet Cantabile, Open House Productions, Sheila Arnold and Pratibha Santwan.



More than 70 people volunteered to help with the event. What seemed like a mammoth project slowly fell into place with everyone working together. The teams worked on designing the logo, editing videos, promoting the event and bringing the whole programme together for the final day.

The big day arrived.

The team was bright-eyed and wide-awake as they came to telemedicine at 3.00 am (IST) in the morning. The Australians kickstarted the event with Dr. Mahiban Thomas welcoming the viewers on Zoom and You Tube. The highlight of the day was the main event which was at 5.30 pm IST. This attracted the highest number of views for the day. Dr. John C. Oommen, alumnus and Deputy MS, Christian Hospital, Bissamcuttack, gave the keynote address. He traced the impact of Ida Scudder on his life, and that of so many other people and institutions. Dr. G. Vishwanathan, Chancellor of VIT University, felicitated the gathering and highlighted his deep affection for CMC and the difference it has made to Vellore over the last 120 years. The main celebration included portions of an interview with the late Dr. Anna Jacob, who was Nursing Superintendent alongside Aunt Ida. Other interviews with Dr. V.I. Mathan and Dr. P. Zachariah were also aired. Later the baton was passed to Friends of Vellore in the UK, who hosted a special

Be Thou My Vision - IDA 150 =



programme of reflections and music. They handed it over to the Vellore Ludhiana Committee of Canada, who finally passed it to the Vellore CMC Foundation in the US who organised the final three hours of the 24-hour programme. They concluded with a fresh recording of the sung Benediction and sevenfold Amen, by the A Capella group Back Track Vocals.

The volunteers worked hard, many of them working late into the night, the previous week. Website, Design, Publicity and Social Media Teams got the word out. A few people created new videos, recorded interviews with various people, identified existing material and brought it all together into the required segments. A large number of "uploaders" and video editors ensured that all the submissions were ready for transmission with the logo and dark blue surround, and then spliced together into one-hour playlists. Programme design of both the main celebration and the 24-hour event required detailed, exhaustive planning. The tech team did a wonderful job bringing everything smoothly together online - sharing the videos and coordinating with anchors all around the world. It was amazing to see the event efficiently executed by people who are not technically trained for this but have learned these skills and happily shared them, and their time which led to the success of the event.

The day had different impacts on different people. For some it was nostalgic, for some it was a feeling of oneness with the community, for others it was opportunity to learn more about Ida Scudder and the institution she founded. Above all, There was a sense of oneness among everyone, connecting the CMC community with people, impacted by our founder Dr. Ida Scudder from all over the world.



Such a blessing, indeed.

Until IDA 200!

Note: The team is working towards making the event available for all to watch on You Tube.





DECEMBER 28, 2020

New Year Message

Many of us would probably approach 2020 as a year that should be forgotten or would wish to pass it off as a bad dream. In one sense, it was a year that threw life totally out of gear. On the other hand, it was a year that compelled us to pause, reflect, introspect, adapt and change. When we look back, we realize that we have been protected, preserved, provided for and led by God's mighty hand.

Aunt Ida's words to the first medical graduating batch, nearly 100 years ago remains relevant. On her 150th birth anniversary, we were reminded that, "You will not only be curing diseases, but will also be battling with epidemics, plagues and pestilences and preventing them." These words encouraged us to remain true to our calling during the difficult times of the COVID pandemic.

Two passages from the Bible give us insight on the divine and human response to difficulties. The passage from Isaiah 54:10 (NIV) is a divine assurance in a calamitous situation; "Though the mountains be shaken and the hills be removed, yet my unfailing love for you will not be shaken nor my covenant of peace be removed," says the Lord, who has compassion on you". The words of the Psalmist in Psalm 46:1 echoes a human response to troubles; "God is our refuge and strength, an ever-present help in trouble." His ever-present help enabled us to not only tide through the pandemic but also be a source of hope and healing to the people who came to our institution seeking healthcare.

This passage from Isaiah also talks about God's unfailing love and covenant of peace during difficulties. These themes resonate through other passages in the Bible in Romans 8:39, "Neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord" and in Philippians 4:7, "the peace of God which surpasses all understanding will guard your hearts and your minds in Christ Jesus." It is in Him that we find true peace in the midst of the storm.

As we look forward to the New Year, I wish to close with an inspirational quote. "A meaningful life is not about being rich, being popular, being highly educated or being perfect – it is about being real, being humble, being strong and being able to share ourselves and touch the lives of others" (Author unknown). May CMC continue to be a beacon of light in this world.

Have a blessed New Year 2021.

Dr. J.V. Peter Director

Founder's Day Celebrations



The 150th birth anniversary of Dr. Ida S. Scudder, beloved founder of CMC, Vellore was celebrated on December 9, 2020. It was a day for the CMC community to reflect on the courage, faith and vision of Dr. Ida Scudder and to rededicate ourselves to the work that she so ably began. The commemoration

began with a thanksgiving service on the online platform, zoom. Mr. T.S. Ravikumar, Former Nursing Professor, Emergency Services gave an inspiring message on the occasion. Later that day the Founder's Day programme was held at the New Examination Hall at 5.00 pm.

90 Staff who retired during the year, and 13 staff who died while in service were honoured for carrying on the vision of Dr. Ida and for their dedicated service to the institution. 10 Staff were also honoured with Exemplary Service Awards for their integrity, courage and service beyond the call of duty. Dr. Paul Ravindran, Former Professor, Radiation Therapy department was the Chief Guest for the occasion and he emphasized on the

uniqueness of our institution in his address. Dr. Paul Ravindran and Dr. Vinitha Ravindran presented the certificates to the retired staff and also the following special awards.

Dr. Thomas Koshi Award went to Mr.M. Jegannathan (Radiology), Best Hospital Attendant Award to Mr. D. Ambalavanan(Rehabilitation Institute) and the Best Hospital Housekeeping Attendant Award to Mr.S. Yesupatham(Neuro Wards). Dr. Ida B. Scudder Essay Competition Award was bagged by Miss W. Priya Soundarawadani (College of Nursing).

FOUNDER'S DAY
CEL SBRATION 2020

Mr. P. Karunakaran, former staff from Public Relations Office responded on behalf of the retired staff. Mr. Lazarus Raj Premkumar, Secretary, GSB proposed the vote of thanks.







CMC receives the D.L. Shah Quality Award =

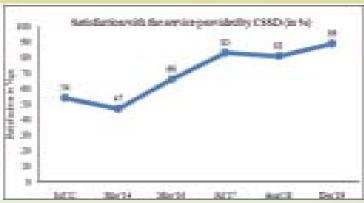
Christian Medical College, Vellore was awarded the coveted and prestigious D.L. Shah Quality Award - Gold for its "Continuous Quality Improvement in Central Sterile Supply Department" through a virtual award ceremony on 17th December, 2020. The D.L. Shah Quality Award was instituted in 2007 by the Quality Council of India (QCI) with a view to promote awareness of quality initiatives and adoption of best practices. It recognises successful projects that have resulted in tangible improvement.

This award is given after a stringent three stage appraisal process which includes the initial project submission, short listing of the successful projects by eminent jury and finally the onsite verification of the impact of the project. CMC was shortlisted for the next round on 4th December 2019. This was followed by a presentation made by Quality Management Cell (QMC) in New Delhi and on-site verification of the project (in CSSD Department) by Mr. Ranjan Banarjee of QCI on 12th March, 2020.



Continued on Page 3

CMC receives the D.L. Shah Quality Award



CSSD in Christian Medical College, Vellore started in 1972 for suppling the needs of 7 wards. At present, this department supplies 155 destinations. In 2012, a multi-disciplinary team was set up to help address the issues pertaining to CSSD raised during NABH assessements. This committee helped understand the perspective of the users on the quality of products supplied and also the services in general. Based on an initial user satisfaction survey on CSSD by QMC in 2012, recommendations were suggested by the team

and these were implemented in a phased manner. With these implementations, improved user satisfaction was noted over the years. The active interventions over the years, and the improved user satisfaction were presented for the award.

Many congratulations to Mrs. Florence Ponnie and the entire CSSD team, QMC, Nursing Service, General Services, Mechanical Engineering and HICC for their tireless work and passion in improving the quality of their services.





Food for Thought

Memory

The years go by they do not last
We often live in the past
With memories from a storehouse vast
Of trips to Bangkok, Berlin and Belfast

The temporal lobe next to the ear Encoding what we feel, see and hear Storing it deep till an order clear Retrieve please, and send it here

Brain imaging confirms what we know
The last one in is the first to go
Memory regions will brighter glow
To events that happened a time ago

Sad memories we thought we had buried Resurface and get us worried We try to block them by methods varied Hoping more and more to be less harried

What looks impossible is possible with God
He can keep us safe, He is Lord
Each one of us is then called
To dwell in the good and keep the sad walled

December 27, 2020 - January 02, 2021 :

SPECIAL PRAYERS THIS WEEK

Plastic Surgery:

Dr. Kingsly Paul M. and Staff
Dr. Ashish Kumar Gupta and Staff
Dr. Bala Seetharaman and Staff

Vellore Good Samaritan Canteen:

Ms. K.L. Jheneefer and staff

Men's Intern Quarters

Warden: Dr. Rajiv Michael and staff

Ladies' Intern Quarters

Warden: Dr. Suma Susan Mathews and staff

Kolhapur Church Council

Council Members: Rev. Jagannath Akaram Hirave

Dr. Ulhas Shashikant Kurane

Miraj Medical Centre, Maharastra Council Member : Dr. Nathaniel Sase

Congratulations to the Department of Hepatology = for Achieving yet Another Milestone

The Department of Hepatology is pleased to announce that 200 patients with various liver failure syndromes have undergone plasma exchange (PLEX) procedure to date. This treatment is life saving in many situations. We thank the Departments of Nephrology, Transfusion Medicine and Immunohematology, Division of Critical Care and Nursing Services for their active support in the care of these patients. We remember gratefully the blessing and grace of the Almighty on reaching this milestone.

— Retirements -

• Mr. A. Sampath, Hospital Attendant Gr.II, Engineering Civil retired on 10th December, 2020 after 29 years of dedicated service to the institution. He has three daughters. His elder daughter, Ms. Stella Mary is working as Hospital Attendant Trainee in KN ward.



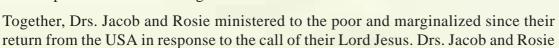
• Mr. V. Deenadayalan, Sr. Hospital Attendant, CHIPS retired on 16th December, 2020 after 40 years of dedicated service to the institution. His wife, Mrs. Sylvia Vinodini is working as Child Development Project Officer with Government of Tamil Nadu. They have a daughter and a son. Their daughter, Ms. Shruti Lisa has

completed M.Sc. B.Ed., and their son, Mr. Sanjay Samuel has completed MBA (Finance).

The CMC community is thankful for their years of dedication and commitment to the institution and wishes them God's blessings on their retired life.

—Obituaries =

• **Dr. P. Jacob Devasagayam** (MBBS batch of 1954) passed away on 27th November, 2020. Dr. Jacob Devasagayam lived a long and fulfilled life well into his eighties. He was born in Arakkonam, Tamil Nadu. He joined for his MBBS in Christian Medical College in the year 1954. He met Dr. Rosie Samuel (MBBS batch of 1955) at Christian Medical College, Vellore in 1955 whom he married. Until his dying day his love for his wife inspired his children and grandchildren.





raised two children - Raja (married to Sona Sojwal) and Ranu (married to Kamlesh Bairwa) - with affection and care. Raja and Sona's sons Jacob and David, and Ranu and Kamlesh's daughter Khushy brought great joy to Dr. Jacob's heart. Dr. Jacob rejoiced in the fact that his children and grandchildren walk in the saving grace of our Lord Jesus. A devoted husband, a fiercely loyal father, a kind and generous patriarch, a modest man with a great sense of humor.

For those who would like to get in touch with the family, the contact details of his son are given below: Dr. Raj Devasagayam, Email: rajd2016@gmail.com

- Mrs. Rosemary Williamson, Mother-in-law of Mr. Hugh Skeil, Manager, Development Office passed away on 23rd December 2020. Let us uphold her husband Graham Williamson, daughters Debbie Skeil and Fiona Summers, sons in law Hugh Skeil and Neil Summers and all the bereaved members of the family in our prayers.
- Mr. Rabi Rashmi Sahu, father of Dr. Shalini Sahu, Assistant Professor, Radiology and father-in-law of Dr. Rajkumar, Assistant Professor, Cardio Thoracic Surgery passed away on 26th December, 2020.

—— Admission Notice —

Applications are available for RUHSA Community College for the January 2021 batch.

Courses offered: 1. TNOU affiliated **Diploma Courses**: Four Wheeler Mechanism, Refrigeration and AC Technician, House Electrician.

2. Certificate Courses: Two Wheeler Mechanism, Computer Hardware & Fashion Designing Course (For women only) Contact Ph: 83000 31373 / 83000 31324 / 83000 31305.

Duration of the course: 1 Year. Qualification: 8th Std (Pass / Fail). Age: Above 17 years.

Last date of application 10th January, 2021.

Situations Vacant =

1. Senior Resident with M.S. (General Surgery) for the Department of General Surgery Unit—II (Colorectal)
Salary: As per institutional rules. Accommodation provided (Partly Furnished, Depending on availability).
Apply to the Principal, Christian Medical College, Bagayam, Vellore – 632 002, email: princi@cmcvellore.ac.in with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address on or before January 02, 2021 for Item 1.

2. The Centre for Stem Cell Research (CSCR), a unit of inStem Bengaluru, which has been established as collaboration between inStem, the DBT, Government of India and the Christian Medical College, Vellore, invites application for the post of Research Development Officer.

Job Code: 1355

Qualifications: Ph.D / Post-graduate degree in Life Sciences / Health Sciences. Experience in grants management / Research administration is desirable.

Job description: To manage and co-ordinate matters related to grants management and research development activities at Centre for Stem Cell Research.

Mode of Appointment: Project Mode.

For more details about job description and application visit http://www.cscr.in/research-opportunities/

Please send us the duly filled application mentioning the job code either by soft copy to: cscredu@cmcvellore.ac.in

or by hard copy address to The Principal, Christian Medical College, Bagayam, Vellore - 632 002, Tamil Nadu on or before January 09, 2021 for Item 2.

Job Code: 1356

3. Junior Research Officer for the **Department of Pulmonary Medicine** Qualification: MBBS / BDS with or without MPH.

**Opportunities to learn to do original clinical research, publish papers & clinical experience.

Mode of Appointment: Project Mode. Salary: As per institutional rules. Accommodation not provided.

4. Applications are invited for the post of **Project Assistant** for the **Department of Radiation Oncology**, Christian Medical College, Vellore. The Radiation Oncology imaging lab uses radiological image descriptors (Radiomics) to investigate their role in predicting disease outcome in cancer.

Job Code: 1357

Qualification: M.Sc. in any discipline of Sciences / B.Tech with minimum 65% marks or equivalent grade from any recognised University. Programming skills mandatory – preferably Python.

Duration: The position is purely temporary; initially the selection will be made for one year with a 3 months probation and will be extendable on yearly based on performance of the candidate to the maximum duration of 4 years. Selected candidate can register for Ph.D, subject to the fulfillment of the requirements of the University. Experience: • Excellent communication skills both in verbal and writing in English.

- Be able to organise your own work with minimal supervision and prioritise work to meet deadlines.
- Experience in image processing or data science will be highly considered.

Mode of Appointment: Project Mode. Salary: As per institutional rules. Accommodation not provided.

Download application from this link: http://www.cmch-vellore.edu/ → General → Vacancies → Application Form for Project Staff. Please send us the duly filled application with certificates and testimonial copies mentioning the job code either by soft copy email to: princi.hr@cmcvellore.ac.in or by hard copy address to the Principal, Christian Medical College, Bagayam, Vellore - 632 002, Tamil Nadu, on or before January 09, 2021 for Item 3 and January 20, 2021 for Item 4.

5. Nurse Trainer - Diploma (Nurse) to work in a **project on term appointment basis.** The project will be implemented under the **Department of Distance Education Unit.**

Qualification: GNM (Diploma) Nursing with 2-3 years of experience.

(Preferably in an Educational Institution). Job involves course module writing, running contact programmes for the students, handling students' assignments and projects, with regular travel across the country. Fluency in English, as well as Tamil / Hindi is preferred. Basic knowledge in the MS Office and Google Drive is a must. Preference will be given to candidates with experience of facilitating blended learning courses.

Salary scale: Consolidated pay. Accommodation not provided.

Vol No.57

No.26

Apply with biodata, photograph, certificates, testimonial/s and references to the Dean, College of Nursing, Christian Medical College, Vellore - 632 004 on or before January 09, 2021 for Item 5.

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