



Christian Medical College Vellore

NEWSLINE

NOVEMBER 20, 2023



Whoever is kind to the poor lends to the Lord, and he will reward them for what they have done. Proverbs 19:17

The 8th Short Course on Hospital Infection Prevention and Control for Nurses



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The 8th Short Course for Nurses was successfully conducted from 30th October to 4th November 2023 by the Office of the Nursing Superintendent and the Hospital Infection Prevention Control Committee. The course aimed to enhance nursing skills and was conducted professionally, covering interactive sessions and practical exercises.

The course aimed to enhance healthcare professionals' knowledge and skills in Infection Prevention and Control. It included lectures, practical sessions, group discussions, skill demonstrations, and lab visits, all led by experienced medical and nursing faculty. thirty nine delegates from 20 hospitals across Kerala, Andhra Pradesh, Karnataka, Tamil Nadu, and Pondicherry attended.

The inaugural ceremony commenced with a prayer led by the Chaplain, Ms. Saramma Kuruvilla. Ms. Alice Sony, Nursing Superintendent, and Dr. Yacob Myla, Deputy Medical Superintendent, extended their felicitations. Mrs. Sophia Vijayanathan, Additional Joint Secretary at HICC, presented an overview of the workshop. Dr. Hema Paul, an HIC officer, expressed the vote of thanks.

The 8th Short Course on Hospital Infection Prevention and Control for Nurses

The sessions covered infection prevention and control, including surveillance, audits, accreditation, and quality. Participants were encouraged to form infection control committees and were taken on visits to different facilities including wards, CSSD, laundry, waste disposal site, OR and ICU. They learned about methods for environmental surveillance and detecting antibiotic resistance in the microbiology laboratory. Overall, participants expressed confidence in maintaining IPC standards in their respective hospitals.

The educational programme culminated on the 4th of November, 2023 with a valedictory ceremony. Ms. Alice Sony, the Nursing Superintendent, and Dr. Abi Manesh, Deputy Medical Superintendent (Ag), offered their felicitations and congratulations to the participants for completing the course. They also presented the certificates to the participants. Mrs Sophia Vijayanathan, the Additional Joint Secretary HICC, delivered a report on the short course and a vote of thanks. Rev. Samson Varghese, the Chaplain, concluded the ceremony with a closing prayer.



2nd CMC Vellore Spine CME and Professor G.D. Sundararaj Oration

On 4th November, 2023 the Department of Spine Surgery organized the 2nd CMC Vellore Spine CME and Professor G.D. Sundararaj Oration. The event was held successfully, with Dr. H.S. Chhabra delivering the oration on the topic : 'Making Lives for Persons with Spinal Cord Injuries in India Happy, Meaningful and Worthwhile.' The attendees benefitted from valuable insights and discussions on the subject matter. The oration shed light on important aspects that need to be considered to improve the quality of life for individuals with spinal cord injuries in India.

The Oration citation was read by Dr. Rohit Amritanand, Head of the Department of Spine Surgery, and presented by Dr. Mark Ranjan Jesudasan, Associate Director. The Oration was attended by guests, staff, students and the late Professor Sundararaj's family. The Spine CME and workshop which followed was attended by over 80 delegates.

2nd CMC Vellore Spine CME and Professor G.D. Sundararaj Oration

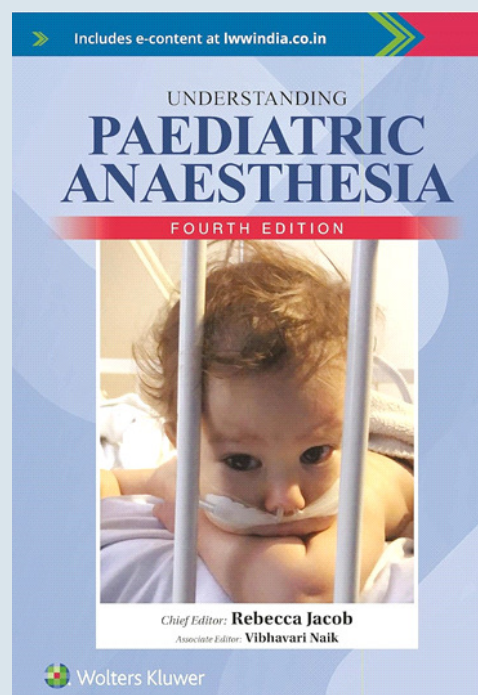


Book Release

The newly-released fourth edition of the popular and highly-regarded book "Understanding Paediatric Anaesthesia" has recently been made available for purchase. Published by Wolters Kluwer, the book has multiple contributors and is edited by Dr. Rebecca Jacob, formerly the Head of the Department of Anaesthesia. Notably, many of the book's authors are either current faculty members or alumni of the Department of Anaesthesia. In addition to the contributions of esteemed international paediatric anaesthetists, these authors have worked together to update and expand the text, resulting in a current edition that spans 50 chapters.

While the book retains previously-covered topics, it also includes new and updated material that covers essential topics such as anaesthesia for children with endocrine disorders, gastric ultrasound, cardiac arrhythmia, paediatric pain management, and simulation. The book's focus is on veracity, safety, simplicity, and readability. It is highly recommended for post-graduates, occasional pediatric anaesthesiologists, and those working in mission hospitals.

The information contained within this comprehensive text provides a practical approach to anaesthetizing children. It is written in a clear and concise style that is accessible to readers of all backgrounds. Overall, the fourth edition of "Understanding Paediatric Anaesthesia" is a valuable resource for anyone interested in the field of paediatric anaesthesia.



Paediatric Department Celebrates Children's Day

Children's Day was celebrated on 14th November, 2023 at Q5 North Porch.

The children actively participated in the competitions held and won prizes. The gathering was welcomed by Dr. Mary Anbarasi Johnson, Head of Department of Paediatric Nursing followed by the Director's greetings and wishes from Mrs. Alice Sony, Nursing Superintendent. Dr. Rajesh. I, Medical Superintendent, Dr. Vinitha Ravindran, Dean, College of Nursing, Mrs. Annie Jerome, Associate Nursing Superintendent, Ms. Sonia, Deputy General superintendent, Dr. Kala Ebenezer, Head of Paediatric Department, Rev. Paul Ravikumar, Chaplaincy, embraced the celebration.

Dr. Maya Thomas, Dr. Leni Matthew, Dr. Anna Simon, Dr. Sara Mathai, Dr. Sathish, Dr. Mona Thilak, Dr. John Mathai, Dr. Ravi Kishore, Dr. Sundeeep Kisku, Dr. Urmi Ghosh, Dr. Thomas Palocaren, Dr. Ebor Jacob, Dr. Samuel Philip Oommen, Dr. Beena Koshy, Dr. Debasis Das Adhikari, Ms. Shibi, Mr. Durai Jasper and Mrs. Ruma Nayak graced the occasion with their presence. The Nurse Managers, charge Nurses and the staff members of Q Block enthralled the audience with their energetic and graceful moves. Ms. Kavitha, Dietary Department, distributed Cakes to all the children. Mrs. Viji and her team never failed to support the Occasion.

The highlight for the day was the show put on by the children where they dressed up in the traditional attire representing various states of India. Mrs. Menaka Raghuraman, Professor, Paediatric Nursing department, thanked everyone for their presence and contributions.



November 19 -25, 2023

Special Prayers This Week



Laundry : Mrs. Sonia Valas and Staff

Hospital Maintenance :

Mr. Thanikachalam A. and Staff

College Maintenance : Mrs. Indhumathi and Staff

Security Services : Mr. K. Sundaram and Staff

Baptist Church of Mizoram

Council Members : Rev. R. Lalnunzira
Dr. Lalramzauva

Hospitals : Christian Hospital, Serkawn and others.

Laurels and Recognitions

• **Dr. Mohan S Kamath**, Professor, Reproductive Medicine and Surgery, has been awarded the honorary fellowship "Fellow of Royal College of Obstetricians and Gynaecologists" ad eundem (FRCOG ad eundem) by the Royal College of Obstetricians and Gynaecologists, RCOG, UK. This award acknowledges the highest level of dedication and achievement in the development of women's healthcare.

Dr. Treasa Joseph, Associate professor, Reproductive Medicine and Surgery, has successfully cleared the MRCOG examination and has been awarded the MRCOG degree by the RCOG.

• The following participants won prizes at the **41st Annual National Conference of the Society, held at Mahatma Gandhi University, Kottayam, Kerala from 2nd to 4th November, 2023.**

Dr. Antonisamy B, Professor & Former Head, Department of Biostatistics, CMC was presented Smt. Ramrati Lalima Sahai award for his esteemed contribution to the Indian Society for Medical Statistics (ISMS).

Dr. Mahasampath Gowri S, Lecturer, Department of Biostatistics, CMC was presented Prof. P. V. Sukhatme award for her research in medical statistics by Indian Society for Medical Statistics (ISMS). She also won 1st prize in oral presentation titled "Association of CVD risk factors with diet patterns identified using Model based clustering (MBC) and Distance based clustering (DBC) approaches" under the category of Population and Public Health.

Mrs. K. Reka, Lecturer, Department of Biostatistics, CMC won 1st prize in oral presentation titled "A Gaussian Coupla Approach for modeling repeated data in medical research" under the category of Bayesian statistical methods & meta analysis by Indian Society for Medical Statistics (ISMS) during the 41st Annual National conference of Indian Society for Medical Statistics (ISMSCON-2023).

Retirement

Mrs. Lydia Ranjitham Johnson, Tutor, College of Nursing Superannuated on 31st October 2023 after 16 years of service in the institution. She completed her BSc in Nursing in 1982 from the College of Nursing, CMC, Vellore. She started her career as a staff nurse in CHAD in 1987 and went on to work as a Tutor in Community Health Nursing Department at the School of Nursing, Scudder Memorial Hospital, Ranipet from 1988-1990. She moved to Dammam N Central Hospital, Kingdom of Saudi Arabia (KSA) to work as a ward in charge of the Thoracic Unit from 1990-2002. She became the supervisor for Continuing Nursing Education programs and was bestowed with an Award for Excellence in Nursing Management and Practice by the Defence Hospital, KSA. Mrs. Lydia Ranjitham rejoined the institution as a Tutor in the Fundamentals of Nursing Department in the year 2007 and worked in the department until Superannuation. She was an approachable, excellent, and friendly teacher. Her special concern for slow learners and her willingness to make extra efforts to teach them was exceptional. As a person, Mrs. Lydia is a cheerful, friendly, and gentle person who was a role model to her colleagues in the department.



Retirement

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Her husband Mr. Johnson Devakumar is a retired Radiographer. Her eldest daughter Mrs. Jessica Lorraine works as a Nurse and her spouse Mr. Prabhakar Franklin works as a Perfusionist in Soudi Arabia. Her youngest daughter Ms. Jeya Mary had worked in the Quality Management Cell, at Christian Medical College and her spouse Mr. Shadrach Ravindra Rickly works as a Physiotherapy Tutor at RUHSA, Christian Medical College. Mrs. Lydia is blessed with two grandsons, Caruryn Mirakala and Zane Harshid. CMC wishes her a blessed retirement life.

Obituries

• **Dr. Easterine Mills-Clarke** (nee Mills), (MBBS batch of 1970) passed away on 31st October, 2023. Dr. Easterine was born in Sri Lanka on the 17th of April 1949, to Rev. Jeyam Mills and Mrs. Lily Nagamani Mills, a teacher. She has an older sister and three younger brothers.



Dr. Easterine joined CMC in 1970. As though to counterbalance the personal loss and the unfolding horrors of the civil conflict in her motherland, she threw herself into life in CMC with her innate verve and enthusiasm. She was happy-go-lucky, flamboyantly friendly to one and all, forever with a broad grin on her face, a characteristic laugh and boisterous to the point of being called tomboyish. She was the Lady Class Representative in her first year, an early sign of her easy-going, getting-along-with-everybody nature. She was a basketball player, loved all sports, and, as the self-appointed cheerleader, travelled with the various College teams for their away matches.

She had strong faith and was a faithful member of the Student Christian Movement. An accomplished pianist, endowed with a strong alto voice, she was a regular member of the college choir and, often, a substitute organist. With her innate creativity and sense of fun, she was very much the life and soul of any party and much sought after when planning exam wishes or badges for sports day. In spite of all her immersion in these extra-curricular activities, she was a serious student, completing the MBBS course on schedule.

Returning to Sri Lanka in the midst of much turmoil and finding herself unable to practise medicine there, she moved to London. Sadly, insurmountable difficulties with medical registration and practice in the U.K. constrained her to move into other areas of work. Despite many disappointments, she continued to live with her usual verve and graciousness, availing of nonmedical options enthusiastically and to the best of her ability.

Her home in London was a stopping place for anyone who was visiting. She was a much loved 'aunty' for the children of alumni or family and friends from Sri Lanka who visited or came to study. Her generosity and kindness were boundless. There was a special place in her heart for strays and waifs, often extending help beyond the call of duty. She was a faithful member of her local church congregation, organist, bible study leader and parish council member.

Her marriage to speedway driver Tony Clarke brought a stability to her life and she took great care of him during his terminal illness. After his death, she moved from London to Anglesey in Wales, where the air quality was much better for her failing lungs. In the new setting, she continued to live with zest, making new friends. They, in turn, were a big support as her progressive illness made her increasingly dependent. Coming to terms with her decline, she planned and travelled overseas to visit friends and join in family occasions, doing all the things she felt were important to do. Dr. Easterine's love for sports and games never left her. She kept detailed Excel sheets for World Cup Football, Cricket, and Tennis at Wimbledon, predicting the likely outcomes. She was working with these even during her final hospital admission.

The UK Alumni Association and the Friends of Vellore were a big part of her life. She served as Treasurer of both and Secretary of the Alumni Association, organising and maintaining contact with alumni, especially welcoming younger and newer members who were coming to the UK for study or work. Many alumni would remember her enthusiasm and hard work to organise the Golden Jubilee of the Association in the UK in 2022; this despite being on oxygen support for unrelenting chronic lung disease superimposed on congenital hypertrophic cardiomyopathy which finally carried her away.

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Obituries

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Dr. Easterine was a person who drove through life with zest, just like she drove her much-loved car. She never grumbled at 'the slings and arrows of outrageous fortune' but lived with exemplary courage, determination, generosity, and good humour. She will be greatly missed by many, many people.

Contact Chris (Kitchan) Mills. 07477933729, also on WhatsApp.

Our thoughts and prayers are with the bereaved members of the family at this time.

• **Mr. J. Sebastian**, father of Dr. Patricia S, Professor, Department of Radiation Oncology, passed away on 14th November, 2023. Let us uphold his daughter Dr. Patricia S, her husband Dr. Solomon Bobby and his grandchildren, Timothy, Daniel and all the bereaved family members in our prayers.

Sports News

Staff Sports:

Founders Day Staff Sports track and field events will be held on 25th November, 2023 (Saturday) at 2.00 p.m. at the Christian Medical College, Oval ground, Bagayam.

The events as follows:

Men	Women
1. 100 mts.	1. 100 mts
2. 200 mts.	2. 200 mts
3. 400 mts.	3. 400 mts
4. 1500 mts.	4. Long Jump
5. Discuss Throw	5. Discuss Throw
6. Long Jump	6. Shotput
7. Shot put	7. 4 x 100 mts. Relay
8. 4 x 100 mts. Relay	
Above 40 years Events	
1. 100 mts.	
2. Shot put	
3. Walking race	

The interested staff members are hereby informed to contact the following staff members and register your names, The spot entries also will be accepted.

Note : Individual can take part in maximum 4 events excluding relay.

1. Mr. Naveena Krishnan,	Physical Director, CON	- 7016	- 99940 23416
2. Mr. Walter Nixon	X-Ray Department	- 2822	- 98431 82611
3. Mr. Prakash	MCTT	- 3604	- 99449 02637
4. Mr. Wilson	Electrical Department	- 2045	- 92443 16222
5. Mr. Chindhanai Selvan	MCTT	- 3604	- 96002 52499
6. Dr. Balaganesan	Physical Director	- 4478	- 94436 28333

Upcoming Event

Upcoming Event : Luminary Lecture

**Speaker : Ambassador Nirupama Rao, IFS,
Former Foreign Secretary**

Date : November 22, 2023. Time : 6.30 pm.

Venue : Scudder Auditorium

Buses are arranged from Main Campus, College of Nursing, KPTR, Chittoor and Ranipet Campuses.

Christian Medical College, Vellore
The Luminary Lecture Series
Ambassador Nirupama Rao, IFS
Former Foreign Secretary,
Government of India
will deliver the
Luminary Lecture
at
Scudder Auditorium
6.30 p.m. 22nd November, 2023
Buses from Main Campus, KPTR, Ranipet and Chittoor campuses
Refreshments at 6.00 p.m. Please be seated by 6.15 p.m.

Situations Vacant

1. Assistant Professor with DM (Cardiology) for the Department of Cardiology (Cardiac Electrophysiology & Pacing Unit-IV)

Salary : As per institutional rules. Accommodation provided (Partly furnished, Depending on availability).

2. Sr. Demonstrator (NM) with M.Sc. Life Sciences for the Department of Clinical Microbiology

Experience : Those who have minimum of 5 years experience in the following techniques: PCR (Conventional & Real Time), Antimicrobial susceptibility testing includes Microbroth dilution (MBD) & Time Kill Assay and Sequencing (Sanger and NGS) and analysis.

Age Limit : <35 years. Salary : As per institutional rules. Accommodation not Provided.

3. Senior Resident / Assistant Professor for Hospital Infection Control for the Department of Clinical Microbiology

Qualification : MD (Microbiology) with experience in hospital infection prevention control, surveillance and strong laboratory skills. Experience : Should have at least one year teaching experience as (Asst. Professor) in any NMC recognised teaching institution for applying Assistant Professor post.

Salary Scale : As per institutional rules. Accommodation Provided (Partly Furnished, Depending on availability).

4. Lecturer Gr.III (AHS) for the Department of PMR (Prosthetics & Orthotics)

Qualification : Master in Prosthetics & Orthotics (MPO).

Experience : Should have 5 years of experience in Rehabilitation Council of India (RCI) recognised Prosthetic & Orthotic Institution along with 3 publications. Salary : As per institutional rules. Accommodation not Provided.

5. Occupational Therapist (Term Post) with BOT (Regular Course) for the Department of Psychiatry (Nambikkai Nilayam). Salary Scale : As per institutional rules. Accommodation not provided.

Applications are to be done only through the online application system.

Please log on to <https://www.cmch-vellore.edu/JobVacancy.aspx?jtype=ALL> Link : "Vacancies".

Hard Copies and emails will not be accepted.

Applications will close by **November 25, 2023** for Items 1, 2 and **December 02, 2023** for Items 3, 4 and 5.

6. Jr. Dental Hygienist (Term Appointment) for the CMC Vellore, Chittoor Campus

Qualifications : H.Sc. + Pass in Dental Hygienist Course (2 years course) with State Dental Council registration. Age Limit : 35 years. Consolidated Pay : Rs.22,130/-.

Note : Only Regular mode will be accepted, Private or correspondence will be not accepted.

7. Staff III Instrument Technician for the Department of Hepato Pancreto Biliary Surgery (CMC Vellore, Ranipet Campus)

Qualifications : H.Sc., with Two Year Diploma in Urology Technician Course only from the recognised board and those who have completed 4 years of experience as Jr. Instrument Technician (Term Appointment) or equivalent only need to apply.

Salary Scale : Rs.12762 - 510 – 25512 + DA & HRA as per rules. Age Limit : 35 Years.

Note : Only Regular mode will be accepted, Private or correspondence will be not accepted..

Nature of Job : Responsible for handling & maintenance of operating room equipment in HPB operating room equipment like the CUSA, Water jet, Laparoscope etc. Work will involve night calls for emergencies and will need to stay back during HPB operations till they finish.

8. Jr. Speech Therapist (Term Appointment) for the Department of Developmental Paediatrics

Qualifications : BASLP., / B.Sc., SLP (Preference will be given to one with experience with children).

Consolidated Pay : Rs.32,870/-. Age Limit : 35 Years. Accommodation not provided.

Note : Only Regular mode will be accepted, Private or correspondence will be not accepted.

Nature of Job : Assessing and offering assistance to children with speech and language disorders.

9. Technician Trainee for the Department of Clinical Microbiology

Qualifications : H.Sc., with Science Subjects. Only Male candidate need to apply. Stipend : Rs.7,700/-

Age Limit : 30 Years. Nature of Job : To work in the microbiology laboratory.

Note : Only Regular mode will be accepted, Private or correspondence will be not accepted.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link : General - "Vacancies". *Note : Only online applications will be accepted; Hard copies will not be accepted.*

Applications will close on **December 04, 2023** for Items 6, 7, 8 and 9.