



Christian Medical College Vellore NEWSLINE

MARCH 11, 2024

Therefore I tell you, whatever you ask for in prayer, believe that you have received it, and it will be yours.
Mark 11:24



Rehab Mela 2024



IN THIS ISSUE

Rehab Mela 2024

33rd Childhood and Adolescent Diabetes Support Group Camp

Awareness Workshop (for parents) on Teaching Sex Education-for Boys with Neurodevelopmental Disorders

Sports News

Special Prayers

Laurels and Recognitions

Retirements

Obituaries

Upcoming Event

Notice

Situations Vacant

Dr. Mary Verghese, a trailblazer in the field of Physical Medicine & Rehabilitation in India established the Rehabilitation institute in Bagayam, Vellore and Dr. Suranjan Bhattacharji played a pivotal role in initiating the Spinal Cord Injury (SCI) Mela in 1994 and the Brain injury Mela in 2004.

This year the PMR team organised the 21st Brain injury Mela on the 10th of February and the 31st SCI Mela from February 16th to 18th. There were 75 persons with Acquired Brain Injury (ABI) and 240 persons with SCI who underwent comprehensive assessment by the medical team with appropriate investigations such as blood tests, ultrasound, cystoscopy, and CMGs. The Psychiatry Unit-III team assessed and planned interventions for the neuro-behavioural sequelae following brain injury. There were vibrant peer interactions and professional guidance from the physiotherapists, occupational therapists, speech therapists, psychologist and social workers as they shared their challenges and success with mutual snippets of advises and encouragement from their journey. Additionally, there were provisions for the maintenance of their mobility aids and orthosis through the Prosthetic and Orthotic team and Worth trust organisation.

Many of the patients with SCI resided at the Mary Verghese Trust campus with their relatives and participated in art and cultural activities. On the second day of SCI Mela, formal sports competitions were organized for the SCI alumni, caregivers, staff, and students. Following this Mrs.J.Indhumathi, Head of College Maintenance, CMC, distributed the prizes and the keynote address was given by Mrs.Noeline, Regional Senior Manager for Sports Development Authority of Tamil Nadu. In the afternoon, Mr. Ramani, the General Manager from the District Industrial Centre in Vellore, led a session on “financial support for self-employment for persons with disabilities,” underscoring the empowerment of individuals with disability. Furthermore, a wheelchair basketball match was conducted at the CMC Bagayam Campus to highlight the skills of athletes with disability. Dr. I. Rajesh, the Medical Superintendent, CMC felicitated the players and inaugurated the wheel chair basketball match with a key note address. The day concluded with a talent show by the SCI alumni.

The third day was focused on psycho-spiritual activities, peer counselling, health education, and drawing and rangoli competitions. Dr. Solomon Sathish Kumar, Principal and Chief guest for the Valedictory function congratulated the PMR team for living out the motto of the institution to empower others through God’s love and carrying each other’s burden. This was followed by a grand presentation of cultural programme by the Rehab Family.

Both the Rehab Melas provided an opportunity for persons with spinal cord injury and brain injury along with their caregivers to gather, create bonds, share experiences, renew friendships receive quality medical check-ups, discuss relevant socio-economic issues, link to resources and showcase their talents.





33rd Childhood and Adolescent Diabetes Support Group Camp

The Paediatric Endocrinology division and Department of Paediatrics organized the "33rd Childhood and Adolescent Diabetes Support Group Camp" on February 3, 2024, at Sneha Deepam in Vellore. The camp aimed to empower children living with Type-1 Diabetes Mellitus (T1DM), and it was attended by 114 children along with their families. Children with T1DM are dependent on insulin for survival (minimum of four injections per day) and multiple finger pricks (3 to 7) daily to monitor blood glucose levels for optimal glycemic control.

Members of the Paediatric Endocrine team and the Dietary Department organized various workstations covering different aspects of diabetes management.

During the event, individuals who were previously diagnosed with type 1 diabetes (T1DM) and are now adults, had an interactive session with families where they shared their success stories and struggles. It was a great source of encouragement and inspiration for the families. After lunch, the Paediatric Endocrine and Child Health-1 team members used role-play to convey important messages about T1DM management at school and home, which was both entertaining and educational. Additionally, the Child and Adolescent Psychiatry team interacted with the adolescents to discuss mental health concerns. Colouring and drawing competitions were held and prizes were distributed. All the children received gifts.



The camp was supported by funds raised at the following fundraising events: "Give for Diabetes" sale at town campus on 25th November 2023 and 5K "Run for Diabetes" fun-run at Bagayam campus on 2nd December 2023. The team is grateful to all the people who contributed towards this noble cause.



Awareness Workshop (for parents) on Teaching Sex Education-for Boys with Neurodevelopmental Disorders

The Nambikkai Nilayam's Child and Adolescent Psychiatry Unit, Department of Psychiatry, Bagayam, organized a workshop on 29th February 2024, as part of the Advance Intervention programme. The workshop aimed to raise awareness among parents of boys with Neurodevelopmental disorders about the significance of sex education. A few important topics on Sex education including Adolescent body changes, Body Awareness, Managing Sexual Behaviours in Adolescent boys, Sexual abuse & POCSO act were covered. There were didactic lectures, group discussions and activity sessions as well.

The workshop was well appreciated by the parents who resonated that it was a felt need and requested for further workshops to enhance such specific skills in the future



Sports News - Summer Sports Coaching Camp for Children

Venue : College Campus, Bagayam, Vellore.

Date : 1st April to 3rd May, 2024 (Excluding Sundays)

Age : 8 years and above.

Time : 04:45 p.m. to 06:15 p.m.

Games : Basketball and Foot ball.

Venue: Kagithapattarai Campus, Vellore.

Date : 1st April to 3rd May, 2024 (Excluding Sundays).

Age : 8 years and above.

Time : 06:45 to 08:15 a.m.

Game : Basketball only.

Those who are interested can send their children to the venues. For any clarification, please contact Dr. R. Balaganesan, Physical Director, Contact No: 2284478 / 94436 28333.

March 10 - 16, 2024

Special Prayers This Week



- General Superintendent's Office* : Mr. Reni Charles and Staff
Personnel Office : Mr. Arockiaraj Arul Prakash and Staff
Hospital Management Studies and Staff Training and Development : Dr. Vikram Mathews and Staff
Ms. X. Sonia Valas and Staff
Hospital Annexe : Mr. Jacob Jayakumar and Staff
Transport Department : Mr. Edin Decoster Lawrence and Staff
- CSI Coimbatore Diocese*
Council Member : Rt. Rev. Timothy Ravinder
Hospital : CSI Hospital, Erode.
- Canadian Baptist Overseas Mission Board (CBOMB)*
Canadian Council of Churches
- Vellore-Ludhiana Committee of Canada*
Council Member : Mr. Douglas Virgin

Laurels and Recognitions

- **Dr. Felix Jebasingh**, Professor, Department of Endocrinology has been awarded The Fellow of the Royal College of Physicians (Edinburgh).
- Management students from the Department of Hospital Management and Studies and Staff Training and Development, CMC Vellore won the overall championship Trophy at the national level ignition fiesta on 'Youth Environmental Stewardship' organised by Auxilium Innovation and Incubation Centre and Research Cell in collaboration with Xavier Board of Higher Education in India held in Auxilium College (Autonomous), Vellore held on 22nd and 23rd February, 2024.
- The following candidates were successful in the **Postgraduate Higher Specialty Examination** held in **February 2024 (University results published on 01.02.2024)**.
 - D.M. Pulmonary Medicine** : Jonnalagadda V.S. Aswith Chowdary and Vignesh Kumar K.
 - D.M. Rheumatology** : Abraham George N, John Kumar Das, Manikandan G. and Nagamounika Kothapalli.
 - D.M. Virology** : Deepayan Biswas and Diviya Alex.
 - M.Ch. Cardio Thoracic Surgery** : Nishok David.
 - M.Ch. Endocrine Surgery** : Pushkar Sharma and Ranjith Cheriyan Philip.
 - M.Ch. Gynaecological Oncology** : Priyaroseni Briskala P.
 - M.Ch. Hepato Pancreato Biliary Surgery** : Milton Swarnakar and Sudeept Kanungo.
 - M.Ch. Neurosurgery (3 Yrs)** : Sharath K.H.
 - M.Ch. Neurosurgery (6 Yrs) (Part – I)** : Fredric Samuel Richard, Nalina Arunkumar and Mohit Sudan K.
 - M.Ch. Neurosurgery (6 Yrs) (Part – II)** : Ravi Kiran B. and Soumya Ranjan Das.
 - M.Ch. Paediatric Orthopaedics** : Arul Murugan A. and Vikaas Ethanur Thuppale.
 - M.Ch. Paediatrics Surgery** : Naveen Kumar M. and Tejaswi Hemachandran.
 - M.Ch. Plastic & Reconstructive Surgery** : Anila Shirley Harrison, Arun Kumar P. and Jeffrey Carlton Monteiro.
 - M.Ch. Reproductive Medicine and Surgery** : Joydeep Chakraborty, Megha Solanki and Parisuddharao Koduri.
 - M.Ch. Urology** : Arigela Sai Kishore, Jalaram P., Prabhu R., Prabu R. and Singh Sandeep Kumar Sushil Kumar.
 - M.Ch. Vascular Surgery** : Yeddula Gnanendra Reddy.

Retirements

• **Mrs. Vetrichelvi G**, Sr. Office Facilitator Gr.II, Medical Ward, retired on 31st January 2024, after 25 years of dedicated service in our Institution.

She has a son Mr. Vivekanandan. The CMC family is thankful to Mrs. Vetrichelvi G. for her service in this institution and wishes her a happy, peaceful and productive retirement life.



• **Mr. Ramalingam S**, Sr. Hospital Attendant, Electrical, retired on 8th February 2024, after 36 years of dedicated service in our Institution.

He has a son Mr. Karthikayan. The CMC family is thankful to Mr. Ramalingam S. for his service in this institution and wish him a happy, peaceful and productive retirement life.

• **Mr. Ashok Kumar M**, Sr. Gr. I. Driver, Transport, retired on 15th February 2024, after 36 years of dedicated service in our Institution.

His wife Mrs. Elizabeth is a Homemaker, they have two children, Dr. Aaron Jacob and daughter Dr. Anitha Shiny. The CMC family is thankful to Mr. Ashok Kumar.M for his service in this institution and wishes him a happy, peaceful and productive retirement life.



• **Mr. Muralidharan. V**, Sr. Hospital Attendant, A- Block, retired on 22nd February 2024, after 36 years of dedicated service in our Institution.

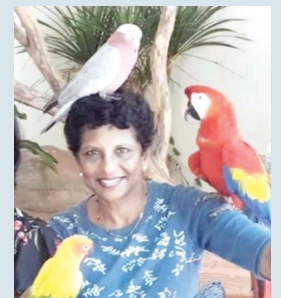
His wife Mrs. Vijayalakshmi M. is a Homemaker. The CMC family is thankful to Mr. Muralidharan V. for his service in this institution and wishes him a happy, peaceful and productive retirement life.

The CMC family is thankful for their efficient and dedicated service to this institution and wishes their God's blessings in their retired life.

Obituaries

• **Dr. Rita Cyril Joseph** (MBBS batch of 1972), passed away on 5th February, 2024. Dr. Rita Cyril Joseph was born on 31st October, 1955. She joined the Christian Medical College Vellore in 1972. She completed her MBBS in 1978 and MS in General Surgery in 1986. She served in CSI, Hospital, Karimnagar Diocese.

As a student she was a very quiet person. Yet, she contributed to lively interactions during class picnics, community health trips and class retreats. She was a hard working student, very focused and excelled in her studies.



At Karimnagar Mission Hospital, she worked very hard to revive a fledgling hospital. She endeared herself to the local community and provided free and charitable treatment for a variety of conditions. This brought relief and healing to many who sought treatment at this hospital. She stood strong to build up the hospital often overcoming hurdles and obstacles in her own inimitable way. She had a passion for Christian healing ministry through mission work and did not hesitate in this regard to convince powers that be to agree and accept her views and opinion in the interest of these institutions.

She shifted to Bombay after her marriage and was predominantly a vascular surgeon with precision skills in innumerable radial arterial harvestings and grafting for cardio bypass surgeries as an active member of the team. Even in the corporate set up she would always still stand for justice, truth and would strive to promote charitable affordable healthcare.

Obituaries

Despite her busy schedule in Bombay, she always found time to visit Karimnagar mission hospital on a regular basis, spending considerable time there for more than 30 years post her MBBS bond completion. She strongly believed that her sponsorship mission hospital was like her own child to carry in her arms, to cater to and nurture for life and always advocated that service commitment therefore never ends with termination of the bond obligation period. She practiced the motto of her Alma Mater “Not to be ministered unto but to minister” to her best, both in the corporate and mission health fields.

She had such a passion for mission work that, CSI, Karimnagar Diocese requested her to represent them as a member of CMC, Vellore Council. She loved to come for the Council meetings and felt proud of her College. She would interact especially with those working in the Mission hospitals, discussing the nuances of running these institutions ending with her encouragement to all.

She was the life of her batch re-unions with a lively and loving spirit. She carefully planned reunion entertainments months in advance and she was the leader of batch shows on stage. She was one of the few who made it a point to always bring along mementoes for all her batchmates. She brought everyone together in the batch groups with her affection, care and concern, which was touching.

Her indomitable spirit and positive attitude were seen at their best in how she faced the last three and half years fighting a health problem. Despite her difficulties during this period, her spirit could never be quenched even as she fought bravely. She even did ‘Wordle’ on the class group at 1.00 am on 4th February just at the commence of a massive stroke from which she never recovered, notably the first word she guessed was "ADIEU" which her daughter helped her to type out. We realised only later that this was her most glorious and honorable way of saying goodbye to her beloved CMC wordle mates and loved ones.

Dr. Rita was a person of deep faith in God, which she believed must be practiced in works. This she amply demonstrated during her life to patients, classmates, colleagues, friends and everyone she came across.

She has a loving family – fully devoted husband, Mr. Aufry John Joseph and her daughters, Ms. Philomeena Daphne Joseph, (Translational Medicine Geneticist and Scientist) and Dr. Christina Marie Joseph (CMC MBBS batch of 2007, MS Orthopaedics 2018). She doted on her family. She was proud of her daughter's achievements. She received overflowing love and care from her family and had all three of them around her and by her side till her last breath.

Dr. Rita left us grieving, but she left us a legacy of love, faith, commitment, courage and perseverance even to the end. She is now safe in the arms of Jesus. Safe on His gentle breast. May her soul rest in peace.

Dr. Rita would certainly be witnessing in heaven for “Three cheers for the Silver and Blue”.

Her final wish was liken to "Just remember be as I am", and she had specifically requested for no long eulogies, write-ups or speeches barely hours before her passing. She wished for all her memories to just remain in our hearts.

The contact details of the family are given below for anyone who would like to get in touch with the family.

Dr. Christina Marie Joseph (daughter), Mobile : 9843348638
Email : christina_j3@yahoo.com; christymj3@gmail.com;

Ms.Philomeena Daphne Joseph (daughter) Email : daphnephilomeena@gmail.com

Mr. Aufry John Joseph (husband) Email : aufryj@yahoo.com

Our thoughts and prayers are with the bereaved members of the family in our prayers.

Obituaries

Continued from Page 7

• **Mrs. Sosamma Chacko**, retired Staff Nurse-SIHRLC Karigiri, mother of Mrs. Alice Sony, Nursing Superintendent and Head, Maternity Nursing Department, mother-in-law of Dr. Sony, Consultant, Chittoor Campus and grandmother of Dr. Neha Susanna Sony, MBBS intern, passed away on 6th March, 2024.

Let us uphold all the bereaved members of the family in our prayers.

• **Mr. R. Sivakumar**, husband of Mrs. Susan Mable (staff nurse, Radiation Oncology OPD), passed away on 9th March, 2024.

Let us uphold his wife Mrs. Susan, children Kezia Kanimozhi. S, Catherine and all the bereaved members of the family in our prayers.

Upcoming Event

Luminary Lecture

Speaker : Mr. T.M. Krishna, Ramon Magsaysay recipient 2016.

Date : March 12, 2024. **Time** : 6.30 pm

Venue : Scudder Auditorium.

Buses are arranged from Main Campus, College of Nursing, KPTR, Chittoor and Ranipet Campuses.

Notice

Institutional Sponsorship form for Post-Doctoral Fellowships and Certificate Courses is available. Please contact the Academic Office (princi.academic@cmcvellore).

ac.in phone: 4383) for further details.

Please note that the **last date for receipt of the filled Institutional Sponsorship forms for 2024** in the **Academic Office (Principal's Office Carman Block, College Campus)**, for the candidate is **April 8, 2024** and from the unit / department is **April 15, 2024**.

Situations Vacant

1. Demonstrator (NM) (Term Post) with M.Sc. in Clinical Nutrition & Dietetics / Food Science & Nutrition / Food Service Management & Dietetics with B.Sc. degree in Nutrition / Dietetics / Food and Nutrition or Home Science for the Department of Dietetics
Only regular mode (No Correspondence course) will be accepted.

Salary Scale : As per institutional rules.

Accommodation : Not Provided.

Applications are to be done only through the online application system.

Please log on to <https://www.cmch-vellore.edu/JobVacancy.aspx?jtype=ALL> Link : "Vacancies".

Hard Copies and emails will not be accepted.

Applications will close by **March 23, 2024** for **Item 1**.

2. Junior Medical Officer for the Department of Clinical Immunology & Rheumatology

Qualification : MBBS.

Job Code : 1523

Salary Scale : As per institutional rules.

Mode of Appointment : Project Mode.

Accommodation : Not Provided.

Applications to be done only through online application system. Please log on to <https://www.cmch-vellore.edu>

Link : General - "Vacancies". *Hard Copies and Emails will not be accepted.*

Applications will close by **March 23, 2024** for **Item 2**.

Continued on Page 9 8

Situations Vacant

3. Asst. Respiratory Therapist (Term Appointment) for the Department of Respiratory Medicine

Qualifications : B.Sc., Respiratory Therapy or B.Sc with PG Diploma in advanced Respiratory Therapy.

Note : *Only Regular mode will be accepted, Private or correspondence will be not accepted.*

Kindly Note : Mandatory qualification for above post is B.Sc. Respiratory Therapy or PG Diploma in Adv. Respiratory Therapy (People with B.Sc. Life Sciences or B.A. need not apply).

Consolidated Pay : Rs.26,540/-.

Age Limit : 35 years.

4. Graduate Technician Trainee for the Department of Paediatric Surgery

Qualifications: B.Sc., Operation Theatre Technician.

Note : *Only Regular mode will be accepted, Private or correspondence will be not accepted.*

Job Description :

- Stock inventory, maintenance of all the open, laparoscopic and endoscopic instrument & equipment.
- Pre and post procedure care of instruments and equipment including cleaning, packing and sterilization.
- Purchase, condemnation, repair and replacement process of OT equipment and instruments.

Stipend : Rs.8,800/-.

Age Limit : 30 years.

Note : *Only Regular mode will be accepted, Private or correspondence will be not accepted.*

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link : General -“Vacancies”.

Note : *Only online applications will be accepted; Hard copies will not be accepted.*

Applications will close on **March 18, 2024** for **Item 3** and **March 25, 2024** for **Item 4**.