

**Christian Medical College Vellore** 

2022 : Year 2023 : Book

**EMERGENCY** 





#### **Our Mission**

The primary concern of the Christian Medical College Vellore is to develop through education and training, compassionate, professionally excellent, ethically sound individuals who will go out as servant-leaders of health teams and healing communities. Their service may be in promotive, preventive, curative, rehabilitative or palliative aspects of healthcare, in education or in research.

In the delivery of healthcare, CMC provides a culture of caring while pursuing its commitment of professional excellence. CMC is committed to innovation and the adoption of new, appropriate, cost-effective, caring technology. In the area of research, CMC strives to understand God's purposes and designs, fostering a spirit of enquiry, commitment to truth and high ethical standards. Research may be aimed at gaining knowledge of the fundamental basis of health and disease, at improving interventions or in optimising the use of resources.

CMC reaffirms its commitment to the promotion of health and wholeness in individuals and communities and its special concern for the disabled, disadvantaged, marginalised and vulnerable.

CMC looks for support and participation in its programmes in education, service, outreach and research, from friends and like-minded agencies in India and abroad, in a true spirit of partnership.

In its role as a living witness in the healing ministry of Christ, CMC seeks to work in partnership both with the Church in India and the Universal Church, and their institutions.

## Our story, our growth

In 1900, a remarkable journey began with the establishment of the Christian Medical College (CMC) Vellore. From its humble origins as a single-bedded clinic led by the visionary Dr. Ida Sophia Scudder, it has blossomed into a prestigious institution offering comprehensive education in medicine, nursing, and allied health sciences.

Today, CMC stands proudly as one of the nation's foremost centers for education, healthcare, and research. With a staggering 3,844 beds, our multi-speciality medical institution has garnered international recognition. Behind its sterling reputation stands a dedicated team of 13,153 individuals.





## A milestone year

There has been a lot to be grateful for over the last one year. It is only appropriate that the last Sunday of June will be a Sunday of Thanksgiving, a day to thank God for the provision of immense Grace to successfully complete one year of services at the new CMC Vellore Ranipet Campus. It is difficult to overestimate the significance of this milestone.

When my predecessor, Dr. J. V. Peter, finished his term in September 2022, he had completed a long walk through the valley, the COVID-19 pandemic. And when he handed me the baton, it was with renewed hope and faith, not only in the Almighty but also in this institution, both his and my alma mater. The transition to the new campus is also a testament to the wonderful people who go to make this institution and the privilege we have of working together as a team and it would not have been possible without a lot of work and effort by several individuals and teams over the last few years.

Running our new, 1500-bed hospital, which houses all our sub-specialties, has posed numerous challenges. After the many years of work that had gone into the actual construction of the campus to make it a space fit to offer state-of-the-art healthcare services, we had to transition smoothly, satisfying not only our healthcare teams but also our patients, both old and new. Once the transition was made, we had to maintain standards when things were going right, fine-tune systems that were not up to the mark, and course-correct where required. As we come to our first anniversary, we are still learning every day and grateful to the teams working there and our patients for their patience.

Ranipet campus alone is not CMC Vellore, only a part of CMC Vellore. CMC Vellore is all our teams in all our campuses, our mission network partners, all our patients, especially the marginalised - the ones who come to us and the ones who we go to. CMC Vellore is our students, our alumni, our partners, our donors, our well-wishers. CMC Vellore is those who have gone before us and those who will come after us.

As we continue to expand in different campuses and continue to face challenges on many fronts, we remain confident of God's steadfast love and guidance. In the words of our founder Ida Scudder, we need your love and prayers and help as never before.

Dr. Vikram Mathews Director

#### May



#### **Award for Excellence in Stroke Care**

The Department of Neurology received the World Stroke Organization (WSO) Angel's Diamond Award for excellence in Stroke Care.



## CMC Vellore Ranipet Campus: A landmark expansion

CMC's first major expansion since the Town Campus was opened in 1924. It houses a Level-1 Trauma Care facility and offers all the super-speciality services available at CMC. Mr. M. K. Stalin, the Hon'ble Chief Minister of Tamil Nadu, inaugurated the Ranipet Campus.



### First Robotic Surgery at CMC

CMC introduced Da Vinci Xi, a surgical robot designed for multi-disciplinary use.



## Ranked as India's 2nd Best College for BSc Nursing

Education World recognised the College of Nursing as the 2nd Best for its BSc Nursing course in the country.

#### August •



#### Ranked 3rd in National Institutional Ranking Framework

CMC Vellore ranked 3rd in the National Institutional Ranking Framework (NIRF) 2022.



#### Inauguration of John Carman School at Ranipet Campus

The school is named after Dr. John S. Carman, an exemplary surgeon, administrator and former director from 1954-1967.





#### Inauguration of Movement Analysis Laboratory for Children

The Department of Paediatric Orthopaedics inaugurated a state-of-the-art Gait Analysis Laboratory for paediatric patients.

#### September •



## **Employees Contributory Death Benefits Scheme**

Launched the Employees Contributory Death Benefits Scheme.



#### Recognition as one of the World's Best Specialised Hospitals 2023

Newsweek magazine awarded CMC as one of the World's Best Specialised Hospitals for specialising in Cardiology, Oncology, Endocrinology, Paediatrics, and Urology.

#### October •



#### Immuno-fluorescence Laboratory

Inauguration of an advanced Immuno-fluorescence Laboratory, enabling cutting-edge diagnostic capabilities at Ranipet Campus.



## Dr. Gagandeep Kang's Membership in the US-based National Academy of Medicine

Dr. Kang, Professor in the Gastrointestinal Sciences division, recognised for her research- improving child health in India and low & middle-income countries; sole scientist from Asia 2022 batch.



#### QAI Accreditation for Emergency Medicine

The Department of Emergency Medicine received accreditation from the Quality & Accreditation Institute (QAI).

#### November •-



#### Dr. Sujith Chandy as Executive Director of ICARS

Dr. Sujith Chandy appointed as Executive Director of the International Center for Antimicrobial Resistance Solutions (ICARS).

#### o December o



#### CMC: Best Multi-speciality Private Hospital - South Zone

Received the Week-Hansa Award - The Best speciality Private Hospital - South Zone and 2nd Best Overall. Ranked top-five in Diabetes Care, Paediatric Orthopaedics, Neurology, Pulmonology & Infertility Treatment.



#### Radiation Oncology Brachytherapy Theatre

Marked another milestone with the inauguration of the Radiation Oncology Brachytherapy Theatre.

#### 2023

#### February



#### Golden Jubilee of Clinical Biochemistry

The Department of Clinical Biochemistry commemorated its golden jubilee.



#### January

Advancements in Radiation Therapy: Introducing Surface Guidance Technology

The Department of Radiation Oncology implemented Surface Guidance Technology to improve patient setup accuracy and radiotherapy delivery.

#### March





The College of Nursing, accredited by the National Assessment and Accreditation Council (NAAC), secured an 'A' grade in the first cycle for its academic excellence.



#### Best Green Procurement Project at Procurement Strategy India Summit & Awards 2023

CMC received this award for the green practices within its Materials Department, such as e-PR, e-GRN, e-PO, e-Indent, and Vendor Portal systems and for various green procurements in recent years.



Da Vinci Xi - Surgical Robot in action



The front view of our Ranipet Campus



CMC was honoured by the Tamil Nadu Government for achieving the 3rd rank in the National Institutional Framework (NIRF).

# Not to be ministered unto but to minister Mark 10:45







The Town Campus has experienced remarkable growth and expansion since its humble beginnings as the Cole Dispensary in 1923. Over the years, it has evolved into a medical hub that caters to diverse healthcare needs.

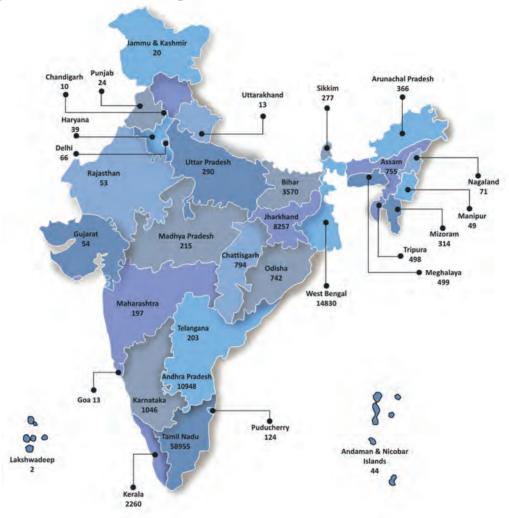
With a comprehensive array of medical specialities and cutting-edge diagnostic and therapeutic technologies, the Town Campus stands at the forefront of healthcare innovation. As the Town Campus grows and expands, it remains dedicated to providing exceptional healthcare to the community.

#### The day in numbers



## CMC's reach

## Geographical distribution of inpatients - India



## Geographical distribution of inpatients - Global

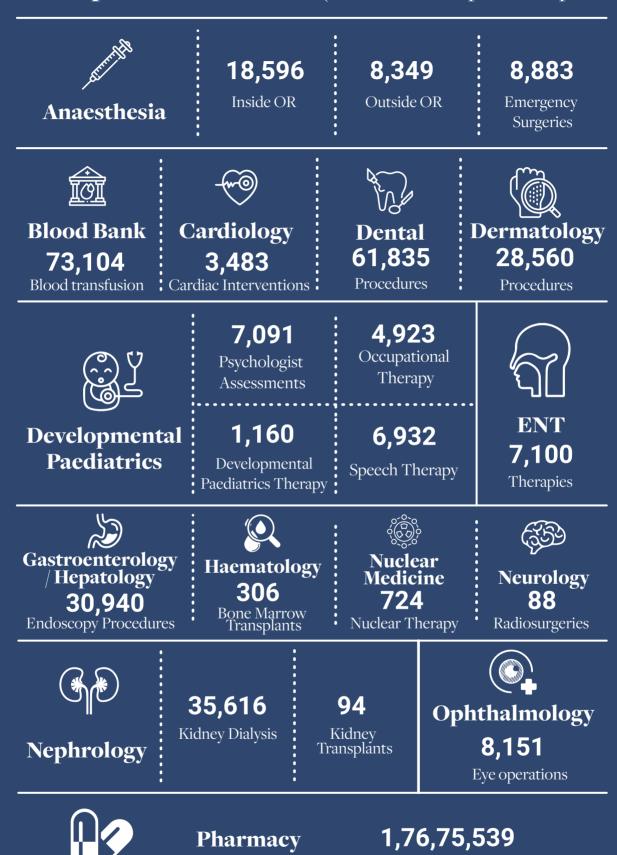
Countries	Patients	Countries	Patients
Australia	1	Nigeria	23
Bangladesh	7,707	Pakistan	2
Bhutan	155	Oman	5
Ethiopia	7	Sierra Leone	2
Kenya	2	Sri Lanka	24
Kuwait	20	Tanzania	14
Maldives	6	Yemen	3
Myanmar	2	U.A.E	2
Nepal	67		

## **Diagnostic Tests** (Town & Ranipet Campuses)

<b>∞</b>	<b>2,247</b> Ambulatory BP	<b>2,692</b> Cardiac Diagnostic Angiograms	<b>11,193</b> Treadmill
Cardiology	<b>1,28,508</b> ECG	<b>4,616</b> Holter monitoring	<b>83,594</b> ECHO
	<b>60,01,008</b> Clinical Biochemistry	<b>12,39,446</b> Blood Bank tests	<b>3,71,843</b> Virology
Clinical Laboratory Tests	<b>5,29,566</b> Microbiology - Serology & culture	<b>26,668</b> Clinical Pharmacology	<b>50,54,313</b> Clinical Pathology
Cytogenetic 1,830	5	rinology 36 ests	Dental 24,485 X-rays
ENI	39,667 Audiometries & Audiology	<b>2,826</b> Diagnostic Tests	<b>32,873</b> Scopies
General Patholo	•	<b>23,017</b> Cytology & FNAC	<b>5</b> Autopsies

Haematology 91 Antenatal Diagnosis - by DNA testing	Medical Genetics 4,683		PMR 77 Gait and Video Analysis	
	<b>3,210</b> EEG		· · ·	<b>916</b> try EEG
Neurological Sciences	<b>8,869</b> EMG		Stereotac	<b>55</b> etic biopsies
Nuclear Medicino studies	<b>7,783</b> NM		4	- <b>,657</b> PET
Pulmonary Medicine	41,053  Pulmonary Function & Diagnostics	Broncl	543 noscopies ocedures	<b>2,509</b> Allergy Skin Testing
	•	<b>9,89</b> RI Sca	:	<b>4,869</b> Mammography
Radiodiagnosis	<b>1,43,351</b> Ultrasound			<b>5,122</b> in X-rays
Rheuma	atology Immun	ology		588
Urology	3,928 Cystoscopies	· ·	046 nostic edures	13,876 Uroflometry

## **Therapeutic Procedures** (Town & Ranipet Campuses)



No. of items dispensed

PMR & Prostl	netic & Occup notic The	ational Physic	9,243 otherapy tments	14,135 Speech Therapy Treatments
Pulmonary Respirator		ory Interve	ntional onary	<b>438</b> Sleep & CPAP
Radiation:	21 57 Therapy Chemo	therapy Radiati	orment '	<b>134</b> Stereotactic Radio Surgery Radio Therapy
Radiodiagne 11,672 Interventional Radio & Angiographic Pro	logical	Umatology  3,147 Procedures	28	geries , <b>473</b> B & Day Care

73,104  Blood Transfusions	<b>94</b> Kidney Transplants		306 Bone Marrow Transplants
8,151 Eye Surgeries			61,835 tal Procedures

## Inpatients, Daycare and Outpatients Statistics

2022-2023 (Town & Ranipet Campuses)

Departments	Inpatients	Daycare	Outpatients
Anaesthesia			34,027
Cardiac Electrophysiology	714	56	7,753
Cardiology	6,179	310	1,15,710
Cardiothoracic Surgery	1,296	37	9,353
Dental	281	68	37,490
Dermatology	807	67	1,11,211
Developmental Paediatrics	242		9,609
Emergency	915		96,419
Endocrine Surgery	1,251	405	23,709
Endocrinology	1,161		80,230
ENT	3318	323	1,14,997
Fetal Medicine	304		5,824
Gastroenterology	1,883	289	81,106
Geriatrics	1,246	16	32,872
Gynaecologic Oncology	753	112	11,374
Haematology	3,340	2,105	65,463
Hand Surgery	1,372	71	23,674
Head and Neck Surgery	829	86	11,395
Hepatobiliary Surgery	809	224	13,725
Hepatology	2,031	75	38,384
Infectious Diseases	653	92	18,673
Interventional Radiology	2	310	2,185
Medical Genetics	2		3,944
Medical Oncology	3,210	2,027	50,101
Medicine	7,578	75	2,00,879
Miscellaneous	72		12,357
Neonatology	12,753		20,605
Nephrology	2,115	2,170	58,580
Neurology	2,045	204	49,813

Domoutusouto	Immotionto	Daycare	Outpatients
Departments	Inpatients	<u> </u>	
Neurosurgery	3,267	341	37,923
Nuclear Medicine	488		4,840
Obs. and Gynae.	17,684	1	1,49,878
Ophthalmology			2,751
Orthopaedics	4,091	138	1,27,391
Paediatric Nephrology	352		9,431
Paediatric Endocrinology	343		11,034
Paediatric Gastroenterology	181		4,312
Paediatric Neurology	475	161	24,608
Paediatric Oncology	1,915	19	11,631
Paediatric Orthopedics	1,362	68	17,029
Paediatric Rheumatology	43		3,977
Paediatric Surgery	2,588		21,446
Paediatrics	3,617		70,380
Palliative Care	53		4,811
Plastic Surgery	958	255	11,388
PMR	963	2	31,063
Psychiatry			12,308
Pulmonary Medicine	1,249	282	41,745
Radiation Oncology	2,649	85	35,028
Reproductive Medicine	1,000	1	14,859
Respiratory Medicine	1,099	141	31,171
Rheumatology	1,175	246	52,534
Spinal Surgery	874	133	29,088
Staff Health	7		84,813
Surgery	4,652	1,701	70,188
Trauma	820	,	2,286
Urology	3,872	652	69,012
Vascular Surgery	1,478	542	19,090





## **CMC Statistics**

April 2022 – March 2023 (All Campuses)

	Beds	Inpatients	Outpatients	Births	Outreach
Town Campus	1,776				
Ranipet Campus	1,204	1,14,421	23,90,555	12,682	NA
Chittoor Campus	120	8,524	2,07,439	1,279	420
Community Health Department	140	5,994	79,183	1,857	59,970
PMR & Rehabilitation Institute	100	998	31,845	NA	376
Psychiatry	146	939	1,16,222	NA	20
Rural Unit for Health & Social Affairs	53	3,111	80,081	1,397	25,060
Low Cost Effective Care Unit	48	1,921	66,963	205	6,346
Schell Eye Hospital	100	7,606	1,30,214	NA	28,065
Shalom Family Medicine Centre	NA	NA	27,896	NA	NA
Total	3,687	1,43,514	31,30,398	17,420	1,20,257



The new Ranipet campus features a comprehensive range of facilities, including 1,500 beds, a Level 1 trauma care centre with six surgical theatres, quaternary care medical and surgical services with 29 additional operating theatres, 250 intensive care unit beds, cancer services, cardiac catheterisation laboratories,

29 bone marrow transplant unit beds, well-equipped blood storage and donor facility, 51 dialysis beds, high-end diagnostic and therapeutic radiology unit, and state-of-the-art laboratories. This meticulously planned campus includes additional residences, amenities, and even a primary school.

#### A landmark expansion

CMC's first major expansion since the Town Campus was opened in 1924. Mr. M. K. Stalin, the Hon'ble Chief Minister of Tamil Nadu, inaugurated the campus through video conferencing on 25th June 2022. We also had the privilege of the Chief Minister personally visiting the campus.

## Departments at the Ranipet Campus

Cardiothoracic Surgery, Cardiology, Trauma Surgery, Neurology, Nephrology, HPB Surgery, Urology, Haematology, Gastroenterology, Pulmonary Medicine, Hepatology and Medical Oncology.



#### Trauma Surgery

Equipped with six dedicated theatres, a CT machine, a CATH LAB, and specialised ICUs, our Trauma Care Centre is prepared to handle even the most critical cases. Located on the highway, with trauma at the epicentre, our hospital has become a prominent hub for cadaver transplant procedures.

#### Trauma Surgery April 2022 to March 2023



Inpatients



1,899 **Emergency Patients** 



187 Operations



#### **Oncology**



Our Medical Oncology department provides personalised treatment plans for patients with solid organ cancer. We prioritise evidence-based and appropriate treatment through regular multidisciplinary team (MDT) meetings. Additionally, we offer financial assistance, psycho-social support and participate in training programmes (five DM seats per year) and research activities.



50.101 Outpatients



10,919 Inpatients

#### Gastroenterology and Hepatology

We offer specialised care for gastrointestinal, pancreatic, biliary, and liver diseases. Our advanced treatments include GI endoscopy, inflammatory bowel disease management, pancreatic and biliary disease treatments, liver transplantation, and plasma exchange. We are a leading centre in our field, dedicated to research and actively involved in clinical and lab-based studies. Our DM training programmes in Gastroenterology and Hepatology accept 12 trainees each year, shaping the experts of tomorrow.





#### **Outpatient statistics** April 2022 to March 2023

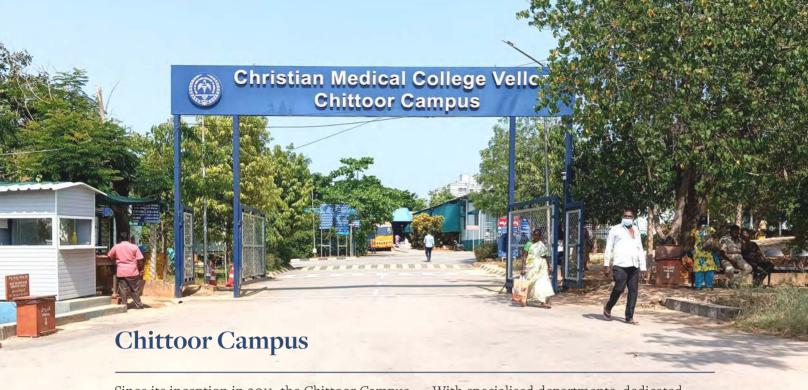
Gastroenterology 76,489 → Liver Transplant 351 Clinic Hepatology 38,033

Inflammatory 2,137 → Pancreatic 2.480 Bowel Disease Clinic



Inpatient statistics April 2022 to March 2023 (Admissions & Discharge )

Gastroenterology 3,914 & Hepatology



Since its inception in 2011, the Chittoor Campus has embarked on an inspiring journey driven by an unwavering commitment to serve the people of Andhra Pradesh.

With specialised departments, dedicated clinics, and an engaging outreach programme, the Chittoor Campus touches the hearts and minds of those it serves towards a brighter and healthier future.

#### The day in numbers

<b>673</b> Outpatients	2	3 cients	3 days Average length of stay
<b>4</b> Birth	52% Bed occupancy		9 Operations

#### Chittoor clinics

- Chittoor Cancer Clinic
  - Chittoor Child & Health Unit
  - Chittoor ENT Unit
  - Chittoor General Surgery Unit
  - Chittoor Gastroenterology & Hepatology
    - Chittoor Medicine Unit
  - Chittoor Ophthalmology Unit
- Chittoor Paediatric Surgery
  - Chittoor Pain & Palliative Care Clinic
- Chittoor Psychiatry unit
- Chittoor Urology Unit

#### Special clinics

- Endocrinology clinic every Thursday & Saturday
- Clinical gastroenterology & hepatology clinic every Monday and Friday
- Speciality cardiology clinic once a month
- Pulmonary medicine clinic once a week on Mondays
- Clinical toxicology and occupational health clinic every Wednesday

#### Way forward

- Build a cancer centre & radiation facility
- Expand sub-specialities in dentistry like orthodontics and rotary endodontics
- Set up a high-definition endoscopy system in the theatre
- Upgrade the audiology room to include hearing aid trial and speech audiometry
- Create private patient facilities in OPD and private wards
- Start a school-based Adolescent Mental Health awareness programme
- Set up a dedicated OT for orthopaedics

#### Anaesthesia

The Anaesthesia and Critical Care Technology (ATTC) course has succeeded remarkably, equipping aspiring professionals with the necessary skills and knowledge in this critical field. In October 2022, we welcomed our 6th batch of students, while the 4th batch of Anaesthesia technology students joined us in November 2022 as interns.



#### **Dermatology**

The recently acquired handheld dermoscope has proven to be a valuable noninvasive diagnostic tool.



#### **PMR**

We have successfully installed the GE CardioSoft Treadmill testing system, facilitating smooth exercise testing. In addition, a cardiac rehabilitation programme has been developed and implemented with the support of the Medicine Unit.

#### Cancer care

Through our comprehensive and compassionate treatment, we enhance the quality of life for patients throughout their journey. The Cancer Clinic Chemotherapy Day Care was established in April 2022 and administered nearly 100 cycles of Chemotherapy.



#### Ophthalmology

The new operation theatre was inaugurated in March 2023.



#### Community health

Our community health department holds monthly outreach clinics, serving an average of 35 patients per clinic. These clinics provide essential healthcare services and raise awareness about overall well-being. Recently, we launched a TB control programme to combat the prevalence of tuberculosis in the area.



#### **Chatram** (The Shelter)

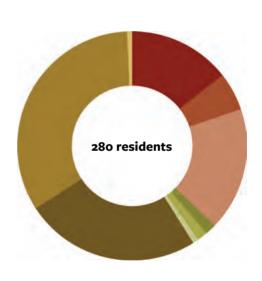
When you are a stranger in a new town with a severe illness that takes a toll on your health, Chatram becomes a supporter in uncertainty. For the residents at Chatram from all walks of life, it is a circle of strength and love. It's more than just a roof over their heads.

Chatram, located just 400 meters from CMC's town campus, was established in 1906 to provide accommodation to poor patients from faraway places at a highly subsidised rate of less than US\$ 1 per day.

Thanks to the generosity of the MBBS batch of 1970, residents of Chatram get to start their day with a wholesome breakfast. With the support of other donors, lunch or dinner is provided, averaging to 30-35 meals daily.

The evenings at Chatram offer a muchneeded respite. The residents test their culinary skills, cook various dishes for dinner, and share their creations while gathering for spiritual connection through Bible readings, hymns, and prayers. These moments provide comfort and hope to the residents.

In 2022-2023, a total of 282 individuals were housed at Chatram; 280 from nine states in India and two from Bangladesh.



Andhra Pradesh	37
Bihar	09
Jharkhand	44
Kerala	02
Madhya Pradesh	02
Odisha	01
Tamil Nadu	74
West Bengal	110
Uttar Pradesh	01

# Threads of connection: A family finds home at Chatram

As Dayamaipal and Amnipal walk around Chatram, Amnipal's eyes tear up. Her heart aches with worry about her husband's cancer treatment and the uncertain future awaiting her four-year-old daughter Khushi.

Dayamaipal reaches for his wife's hand, giving it a reassuring squeeze. "She's feeling apprehensive, and I'm trying to be the strong one," he smiles. "She was overwhelmed by the uncertainty of navigating cancer treatment. But CMC and Chatram have stood by us every step of the way. When we walked in after a tiring trip from West Bengal, Chatram enveloped us in a warm, comforting embrace that felt like our home. The doctors provided exceptional care, and my health has significantly improved. Let's leave the rest to the Almighty, "Dayamaipal signs off philosophically.





#### **Pastoral Care**

At CMC, we believe that true healing goes beyond restoring physical well-being. Therefore, we prioritise a holistic approach that includes spiritual and emotional care, providing comprehensive support that addresses all aspects of our patients' well-being.

Our chaplaincy team comprises 19 CMC-appointed chaplains and an additional five chaplains from various churches. The chaplains offer pastoral care and counselling to patients, staff, and students and also visit patients who request prayer support.

The department offers various student nurture programmes and conducts regular worship services at the chapels across all CMC campuses. Maitri, a weekly magazine filled with Bible verses, is published as a source of inspiration to readers.

## Training and education programmes conducted by the department of chaplaincy:

- Post Graduate Diploma in Clinical Pastoral Counselling (PGDCPC)
- Fellowship in Hospital Chaplaincy
- → Counselling Training for M.Sc. (N) Students
- → Training in Grief Counselling
- → Clinical Pastoral Education (CPE)

## **Quality Management**

CMC's Quality Management and Safety Cell play a vital role in ensuring the delivery of quality healthcare services across its campuses. It encompasses a set of principles, practices, and methodologies aimed at consistently meeting and exceeding patient expectations, improving outcomes, and maintaining high standards of care. QMC directly falls under the purview of the Director of CMC.



#### **Highlights**

- The NABH Entry Level Standards accredited CMC Vellore Chittoor Campus.
- Emergency department accredited in accordance with the QAI Accreditation Standards.
- Workshop on NABH Standards (5th edition) & Initiation of New Department Quality Managers (DQMs) conducted.
- Workshop on Department Safety Advisers conducted.
- The application process completed for NABH assessment (Full level accreditation), Ranipet.
- Applied for NABH renewal assessment, Main Campus.
- Formation of approximately 158 Key Performance Indicators (KPIs).



## **Educational activities and initiatives**

- Fellowship in Hospital Quality Management (FHQM) Programme.
- Certification course on Hospital Firefighting, Management, and Safety.
- Facilitation of clinical audits for MBBS interns.



#### **Mock drills**

QMC conducts scheduled emergency code such as Code Red (Fire), Code Blue (Cardiac Arrest), Code Pink (Child Abduction), Code Purple (Mob Violence) and Code Orange (Chemical Spill) across all CMC campuses.



#### Reassessment and assessment for NABH accreditation scheduled for the Main and Ranipet campus.

Initiate accreditation process for peripheral campuses.



#### **Committee management**

Committees run by Quality Management and Safety Cell include the Quality steering committee, Safety core committee, Safety steering committee, CPR audit committee, Forms Committee, etc. QMC also represents a few of the committees of the institution like the Needle stick injury committee, BMW committee, Fire management committee, Theatre steering committee, and Radiation safety committee.



#### Other activities and initiatives

- Developed mob violence review committee, chemical safety review committee, fire safety committee and incidents are reviewed monthly.
- Updated Code Purple (MOB VIOLENCE) protocol and circulated in MHC, REHAB & CHAD.
- Developed and implemented chemical disposal protocol
- Initiated fire alarm system protocol and installed in the Ranipet campus.
- Updated and circulated hazard chemical list.
- Conducted monthly fire and safety rounds.
- Conducted a third-party fire audit.
- Conducted a safety steering committee, and incidents were reviewed.
- Developed and circulated Code RED, PURPLE, and ORANGE protocols for the Ranipet campus.
- Conducted weekly quality and safety rounds, and incidents were reviewed.
- Conducted DSA (Department Safety Advisors) workshop.

#### **Way forward**

- Assist mission hospitals in obtaining accreditation.
- Organise national/international conferences on Quality and Safety in Health Care.



#### Green initiatives

As a national leader in healthcare, we recognise our responsibility to be eco-friendly and environmentally sustainable. With campuses in seven locations, we provide excellent services while minimising our environmental impact.

CMC is committed to using resources optimally, ensuring the best possible care at the lowest cost without compromising the needs of future generations. This philosophy guides all our decisions, including those that affect the environment.

#### Here's a summary of our key focus areas:

#### Energy Efficiency

We prioritise energy-efficient practices, such as energy-saving lighting and optimising HVAC systems, to reduce energy consumption.

#### Waste Management

We have implemented a comprehensive waste management programme emphasising recycling, proper medical waste disposal, and reducing single-use items.

#### Water Conservation

We promote water conservation by installing water-saving fixtures and raising awareness on saving and responsible water usage.

#### Sustainable Procurement

We prioritise procuring environmentally friendly products and materials, collaborating with suppliers who share our commitment to sustainability.

#### Green Building Practices

We incorporate sustainable design principles using eco-friendly materials and maximising natural light when constructing new buildings and renovating old ones.

#### Transportation

We encourage sustainable transportation options, such as public transportation, bike parking facilities, and incentives for carpooling and electric vehicle usage among our staff.

#### Education and Awareness

We conduct educational programmes and awareness campaigns to inform our staff, patients, and the community about the significance of environmental sustainability.

#### Research and Innovation

We support research and innovation in sustainable healthcare practices, promoting the development of eco-friendly medical solutions and procedures.

## CMC wins the Best Procurement Project Award

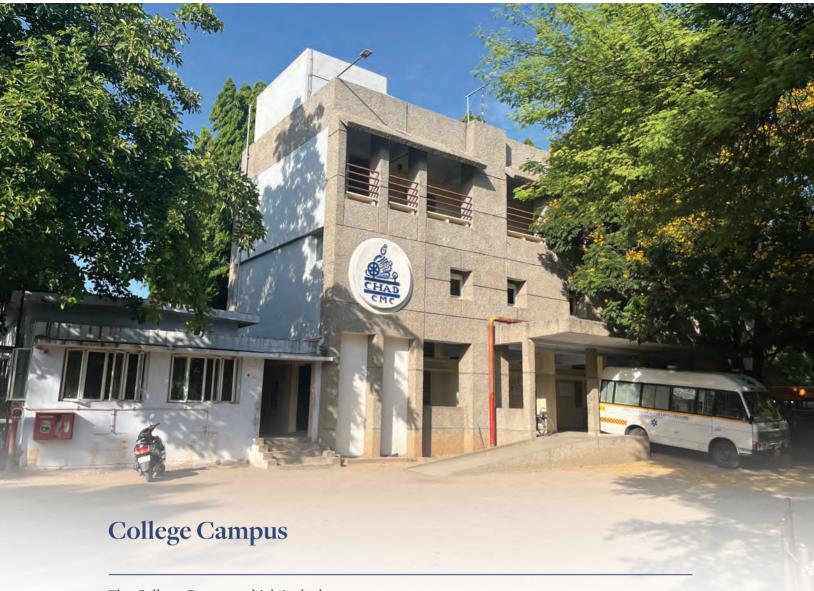
CMC won the Best Green Procurement Project of the Year at the Procurement Strategy India Summit held in Mumbai on February 23<sup>rd</sup> and 24<sup>th</sup>, 2023. The conference focused on green procurement, strategic sourcing, and procurement innovations, with participation from 100 delegates representing 50 industries and sectors.

Eight members from CMC's Materials Department participated in the conference and submitted three articles highlighting their recent initiatives. The award recognised CMC's commitment to implementing green practices within the department, including adopting electronic procurement systems such as e-PR (electronic Purchase Requisition), e-GRN (electronic Goods Receipt Note), e-PO (electronic Purchase Order), e-Indent and implementing a Vendor Portal. The institution's sustainable procurement efforts were also acknowledged, contributing to the award's achievement.









The College Campus, which is the base campus for undergraduate medical education and most of the student hostels, is also home to the Department of Community Health, the Mental Health Centre, and the Rehabilitation institute. These units are dedicated to addressing the diverse needs of individuals and communities in healthcare.

Rooted in a profound sense of purpose, these units serve as catalysts of change, nurturing health, fostering resilience, and cultivating well-being in the pursuit of a healthier, more equitable society.

#### Mental Health Centre

The Mental Health Centre specialises in providing comprehensive mental health services, including assessment, treatment, and support for individuals experiencing mental health challenges.

## The Rehabilitation Institute

The Rehabilitation Institute, started in 1966, was the first residential, medical rehabilitation facility in India, for people with brain and spinal cord injuries. The Institute is committed to assisting individuals in their recovery journey by offering rehabilitative services and support.

## The Department of Community Health

The Department of Community Health runs a base hospital providing primary and secondary health care services to the community. It also focuses on promoting health and well-being through community-based interventions and programmes.





## The Rehabilitation Institute

For over five decades, the Department of Physical Medicine and Rehabilitation (PMR) has treated patients with disabilities like stroke, spinal cord injury, cerebral palsy, and amputations, helping them regain independence. In 2018, we celebrated the 50th anniversary, a testament to the founder Padmashree Dr. Mary Varghese, an alumna of CMC.

#### Robotic marvels in rehabilitation

While we've seen success with traditional therapy, we recognised the need for advanced solutions, especially in rehabilitation robotics. The grant of Rs. 7 Crores from the American Schools and Hospitals Abroad (ASHA) bridged the gap between our conventional rehabilitation approaches and today's cutting edge technology. The grant was possible only through the dedicated efforts of the CMC Vellore and CMC Vellore Foundation teams.

We procured four cutting-edge robotic devices, including Armeo Spring and Amadeo A7 for upper limb rehabilitation and Lokomat and C-Mill for lower limb rehabilitation.

#### The year in numbers

38,399	•	prosthetic and orthotic appliances distributed
68,537	•	occupational therapy treatments
2,69,243	•	physiotherapy treatments
14,135	•	speech therapy treatments
77	•	gait & video analysis

As our infrastructure was being prepared to incorporate these devices seamlessly, our team held scientific meetings and discussions. They developed comprehensive "Standard Operating Procedures" for each device, covering clinical considerations, patient selection criteria, safety measures, and operational guidelines.

Aligned with CMC's service-oriented vision, the team aims to leverage these robotic devices to shorten treatment durations and enhance clinical services for a larger population.

## Navigating my robotic journey

Wilfred Godwin recalls a life-altering accident in 2019 that resulted in a severe cervical spinal cord injury in the C<sub>3</sub>-C<sub>4</sub> region.

After three months of treatment at a Thiruvananthapuram Hospital, Wilfred was referred to CMC Vellore. "We stood by Wilfred as he struggled to gain mobility. After three months, Wilfred transitioned from a trolley to a wheelchair," confirms a physiotherapist. With ongoing physiotherapy at home, Wilfred gradually regained the ability to walk with support.

"I felt my walking could be better. So, I returned to CMC in February 2023," said Wilfred. When one month of physiotherapy did not improve his walking, the team suggested he try robotic therapy.

"Over seven consecutive sessions, LOKOMA and C-Mill robotic devices were my guiding companions, strengthening my balancing and walking. Now I walk confidently with the support of bilateral crutches," says Wilfred.

Driven by the hope of returning to work, Wilfred mastered transferring from a chair using elbow crutches, independently navigating in and out of a car, and adapting his writing abilities for computer and laptop typing. "CMC and its team breathed life into my shattered dreams. Grateful beyond words," says a blissful Wilfred.

Wilfred finds his stride with the C-Mill, a device that offers a secure and pleasant setting for walking and balancing exercises with a touch of a button.







The Mental Health Centre provides comprehensive care, regular consultations, and diligent reviews to ensure optimal supervision and high-quality standards. Adhering to established protocols for acute care, electroconvulsive therapy, and various clinical conditions further reinforces our commitment to exceptional healthcare. We emphasise psychosocial interventions and active family participation, empowering patients to play an active role in their care.

#### **Service & Clinics**

In 2022-2023, the department of Psychiatry experienced a significant increase in patient volume, with 1,16,222 individuals seeking our services. Most patients were from Tamil Nadu, with a smaller number from West Bengal. Our Liaison Clinics, situated on the Town and Ranipet campuses, attract many patients seeking treatment.

#### **Teaching**

Apart from the postgraduate programme in Psychiatry, the Centre also offers teaching programmes for undergraduate medical and paramedical students and postgraduate trainees in General Medicine, Neurology, Community Health, Family Medicine, and Physical Medicine and Rehabilitation.

#### **Community service**

The Centre provides free treatment to residents from a few organisations needing such services and runs a bi-monthly psychiatry clinic at Jawadhi Hills. Community clinics include monthly visits to RUHSA, RN Palayam in Kasbah, the Home for the Destitute run by the Missionaries of Charity in Shenbakkam, and Mary Home in Vellore.

#### Research

The Centre is actively engaged in research endeavours and has undertaken various research projects, leading to publications in peer-reviewed journals.



A clear focus on your eye care

# A fresh beginning

The campus is reawakening with energy and activity with the dawn of a post-pandemic era. Alumni reunions foster nostalgia and new friendships, while campus clubs showcase their talents with passion and creativity.

From Badminton, TT, Ultimate Frisbee, and Tennis groups to Nature club, Planted tank enthusiasts, Trekking club, and Woodworksclub – they created magic and fun in all the activities they presented. Major events featuring esteemed guests brought enlightenment and inspiration to eager students. Among many, we showcase a few of our events covered this year.

## New horizons unveiled

Ranipet Campus was inaugurated virtually by the Hon'ble Chief Minister of Tamil Nadu and dignitaries from the Govt. and CMC.





## Celebrating pioneers

Drs. Abhay and Rani Bang were honoured on the 11th anniversary of the Dr. Ida S. Scudder Humanitarian Oration.



## Love your neighbour

CMC responds to the healthcare needs of Sri Lanka.



## Community inauguration

The Community inauguration of the Ranipet Campus was attended by Dr. S. Uma, IAS, former Project Director, TNHSP, Mr. D. Baskara Pandian, IAS, former Collector, Ranipet District and other dignitaries from the Government and CMC.





#### **SHILOH 2022**

The Annual Students' Mission Conference was held in Hybrid mode (physical and virtual ) from 29th September to 2nd October 2022.

# Celebrating new leadership

Thanksgiving and commissioning service for Dr. Vikram Mathews, the 15th Director of CMC Vellore.



# Grooving for health

Dance competition on Diabetes and Heart by the Department of Endocrinology commemorating World Diabetes Day 2022-2023.

## Alumni Spotlight

The Paul Harrison
Award at CMC
Vellore recognises our
medical graduates or
post graduates for
their long-standing,
exceptional and
selfless contributions
to healthcare, in
remote areas of the
country.



Dr. Gordon Mervyn Rangad, the 2022 Paul Harrison Award recipient, has dedicated his life to bringing healthcare to a remote part of India for over three decades.

Hailing from Shillong and inspired by his pioneering aunts, among the first women doctors in the region, Dr. Rangad pursued his dream of becoming a doctor. His journey led him to CMC Vellore, where a transformative talk by his professor set him on a path of unwavering dedication.

Dr. Rangad, a highly accomplished surgeon, has dedicated his career to serving rural communities and tea garden workers. He has held key positions in various hospitals, including St. John's Medical College, Bengaluru and KJP Synod Hospital, Meghalaya. Currently serving as the Chief Medical Officer at Nazareth Hospital, his leadership has led to significant growth and recognition for the institution. The hospital has expanded to 400 beds, established a thriving Community Health Department, and achieved important accreditations.

Dr. Rangad's expertise in laparoscopic surgery has been widely acknowledged, earning him an Honourary Fellowship from the Association of Minimal Access Surgeons of India (AMASI). His contributions and commitment to healthcare in the North East region have made a lasting impact.

Beyond his medical endeavours, Dr Rangad is an influential figure in his church, leading the Healing Ministry and nurturing the renowned Laban Presbyterian Church Choir. His deep connections with patients and their families remain his greatest motivation.

Dr. Rangad is supported by his loving family, including his wife Lucretia and their two daughters, who have been the source of strength in his demanding and fulfilling life. The Christian Medical College Vellore, takes immense pride in honouring Dr. Rangad for his outstanding contributions to healthcare, especially in the marginalised communities of North-East India.



### **Medical Education**

Established in 1918, CMC has a century-long medical education and service legacy. It began as a training institute for women, with the first batch achieving a remarkable 100 per cent pass rate. In 1942, CMC elevated its status to a college, admitting 25 students to the MBBS course. Subsequently, men were admitted in 1947, marking a significant milestone. In 1988, CMC's affiliation was transferred to the newly established The Tamil Nadu Dr M.G.R. Medical University.

The institution continually adds postgraduate training programs in response to emerging medical disciplines. Currently, CMC offers postgraduate diploma courses in one speciality and postgraduate degree courses in 27 specialities.

CMC has been a pioneer in India's medical education landscape, particularly in the development of community-based education and higher specialities such as Cardiology, Thoracic Surgery, Neurology, Neurosurgery, Urology, Nephrology, Endocrinology, Gastroenterology, and Haematology. With 30 higher speciality courses and postdoctoral fellowship programmes, the institution provides advanced training opportunities.

Additionally, CMC offers master's courses in Biostatistics, Epidemiology, Bioethics, Medical Physics, Public Health, Bioengineering, Clinical Engineering, and an MBA in Hospital

The institution also supports Ph.D. programmes in various departments, promoting research and innovation.

CMC emphasises training Indian doctors to return and serve in their communities. Christian churches and missions across India utilise these training opportunities to provide up-to-date healthcare services through affiliated hospitals in rural and semi-urban areas.

#### New courses

- ► Peripheral Vascular and Aortic Interventions
- ► Hospital Infection Prevention and Control
- **▶** Stroke Management
- ▶ Dermatopathology





The College of Nursing at CMC, with a legacy dating back to 1909, is renowned for its excellence and commitment to compassionate care. The curriculum integrates theory and practice, preparing students to provide the highest standards of patient care. Programmes include undergraduate, postgraduate, and doctoral courses, with clinical experience and exposure to diverse healthcare settings.

The Community Health Nursing Department (CONCH) uniquely combines service and education to develop clinical competence in holistic care.

The College is a WHO Collaborating Centre, contributing to nursing and midwifery development. Scholarships are offered to students from marginalised backgrounds.

# Current students at the College of Nursing

→ General Nursing and Midwifery 303

→ B.Sc. 392

→ P.B.B.Sc. 100

### Highlights

- ► The Advanced Simulation Centre for Excellence in Nursing inaugurated in January 2023, is a state-of-the-art facility supported by ASHA USAID, Vellore Christian Medical College Foundation Inc, USA, and Dr. Khem Fatimi. It enhances nursing education through immersive simulations and practical learning, bridging the gap between theory and practice.
- ► The College of Nursing, accredited by the National Assessment and Accreditation Council (NAAC), secured an 'A' grade in the first cycle for its academic excellence.
- ► Education World recognised the College of Nursing as the 2nd Best for its BSc Nursing Course in the Country.

#### New courses

- ► Post Basic Diploma in Burns and Reconstructive Surgery Speciality Nursing
- ► Post Basic Diploma in Haematology Speciality Nursing including Stem Cell Transplant
- → M.Sc. 57
- → Post Diploma 31
- Fellowship 1

### **Allied Health Sciences (AHS)**

Recognising the value of expertise in Allied Health Sciences, CMC extended beyond nursing and medical education. The journey began in 1903 with the establishment of the compounder training programme, later upgraded to Diploma in Pharmacy.

Building on this success, CMC elevated Diploma programmes in Physiotherapy, Occupational Therapy, Medical Laboratory Technology, and Medical Record Science to Degree programmes.

#### **Courses offered**



#### **Current students at AHS**

Currently, AHS has 418 students pursuing Undergraduate courses. In addition, 197 students are enrolled in Postgraduate Diplomas, Fellowships, and Postgraduate Fellowship courses.

### **Distance Education**

CMC recognised the need for skilled healthcare professionals and established the Distance Education Department in 2004. Dr. Vinod Shah, was pivotal in introducing the "Refer Less, Resolve More" initiative, offering a two-year Post Graduate Diploma in Family Medicine (PGDFM). This programme has been upgraded to the Master in Medicine (M.Med.) in Family Medicine, affiliated with The Tamil Nadu Dr. MGR Medical University since 2013.

The Distance Education unit is committed to enhancing the capacity of Human Resources for Health (HRH) at all healthcare levels. Our primary objective is strengthening healthcare delivery systems in India and other developing countries, particularly facilitating healthcare access for the marginalised. The content delivery combines self-learning modules with modern educational technologies to educate many individuals-bringing education to their doorstep!

#### **Distance Education programmes**







Research forms an integral part of CMC's vision and mission. CMC is committed to conducting research that addresses pressing needs and emphasises the practical application of knowledge to real-world problems.

We foster an attitude of inquiry, equip faculty and students with research skills, and encourage their active involvement in healthcare research at all levels.

#### **Institutional Review Board (IRB)**

The Institutional Review Board (IRB) meetings, conducted by the Research Department, hold significant importance in ensuring the quality of research work. Each research study undergoes thorough review by internal and external IRB committee members. Researchers are granted permission to proceed with their research only after obtaining approval from the IRB. Research projects supported by Fluid and External funds (National and International) approved by the Institutional Review Board during the past year: Rs.138,99,95,997.

#### Centre for Stem Cell Research

The research at CSCR, a unit of inStem, Bengaluru (www.cscr.res.in) has led to the development of novel cell and gene therapies to meet unmet needs in health care in India and in the world related to hereditary blood disorders such as haemophilia, thalassemia and sickle cell disease as well and bone and muscle regeneration.

#### Collaborations for Ph.D. Programme

- The Tamil Nadu Dr. MGR Medical University
- → Thiruvalluvar University
- → Sree Chitra Tirunal Institute for Medical Sciences & Technology (SCTIMST)
- Regional Centre for Biotechnology

### **Annual Research Day**

The 12th Annual Research Day held on October 6th and 7th, 2022, featured research activities from various disciplines, including Medical Specialties, Nursing and Allied Health Sciences, Field and Epidemiology, Bioengineering, and the different PhD programmes at CMC. This year, a special focus was on basic science, medical science, and surgical research as a separate category. The event included 224 poster presentations and 245 podium presentations, spanning two days.





The Department of Community Health has a rich history of healthcare innovation. It all started in 1906 when Dr. Ida Scudder established the first ever mobile roadside dispensary for women. In the 1950s, the department pioneered the Maternal and Child Health programme, implemented novel treatment approaches for high-risk ante-natal care.

In 1990, CMC and Community Health and Development (CHAD) Hospital received the WHO's 50<sup>th</sup> anniversary award for the best institution providing primary healthcare, among many other awards. Their commitment to women's health, community empowerment, and education has impacted the Kaniyambadi Block, Jawadhi Hills, and urban slums of Vellore town.

### The year in numbers



79,183

Outpatients



5,994

Inpatients



1,857

**Births** 



59,970

Outreach

# Healing beyond borders: CHAD Hospital

CHAD Hospital, a secondary level healthcare center serves patients from Kaniyambadi, Vellore, and Thiruvannamalai districts, in addition to neighbouring districts. It has many facilities, including an intensive care unit, a low-cost nursery, and a 24/7 emergency department, ensuring comprehensive and prompt medical services for patients.

#### Ophthalmological services at CHAD hospital

CHAD Hospital's primary eye care services provided by an inhouse optometrist and specialists from the department of Ophthalmology focus on comprehensive examinations, early detection, and treatment of various eye diseases. The clinic utilises techniques such as binocular vision assessment, refraction, slit lamp examinations, and screenings for diabetic retinopathy and other conditions. In 2022-2023, the eye clinic treated a total of 4767 patients, including cases of cataracts, refractive errors, diabetic retinopathy, retinal pathologies, glaucoma suspect, and ocular emergencies, while also providing screenings for 4493 infants and dispensing 1869 spectacles.



#### Inauguration of CHAD's Obstetric Ward

20th March 2023 marked a momentous occasion as CHAD inaugurated the Obstetric ward with 34 beds, a nursing station, a treatment and a consultation room.

# The powerhouse of precision: CHAD's Laboratory

CHAD's 24/7 laboratory provides comprehensive clinical biochemistry, pathology, and microbiolog/virology services. Equipped with advanced analysers and well-established facilities for sample handling and analysis, the lab adheres to stringent quality control measures, including daily checks, external quality assessments, and temperature monitoring. In 2022-2023 the lab conducted 1,17,581 investigations.



#### A lifeline for Kaniyambadi's well-being

The CHAD programme serves a population of 1,16,000 across 82 villages in the rural Kaniyambadi block, providing healthcare services. The focus areas include maternal and child health, non-communicable diseases, injuries, rehabilitation, and palliative care. Antenatal care is offered at peripheral clinics, and high-risk cases are referred to CHAD and CMC.

Clinics run by doctors		Clinics run by nurses	
Spots	Patients	Villages	Patients
578	25542	1094	11204

Home visits 118681

#### **Empowering Vellore City with CHAD**

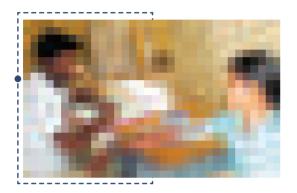
In Zones 3 and 4 of Vellore City, CHAD serves a population of 2,00,000, providing maternal and child healthcare services in liaison with the local public health system. The College of Nursing Community Health Department supports CHAD to manage non-communicable diseases effectively.

#### Jawadhi Hills health: The wellness wave

The CHAD programme covers approximately 200 plus hamlets in Jawadhi Hills in seven panchayats in Vellore and Thiruvannamalai districts, touching more than 60,000 tribal people. CHAD's programmes focus on preventive and curative health services, while empowering the tribal community through capacity building. The Jawadhi Hills programme also offers valuable opportunities for postgraduate students and interns to gain practical experience in medicine in a challenging environment.

#### **Mobile clinics**

Through our partnership with TNHSP (Tamil Nadu Health System Project), we extend healthcare access to the community with our mobile clinic services. We have conducted mobile clinics in 596 villages, reaching out to 1,44,694 patients and providing essential medical care.



## Women weaving a colourful life

Fifteen women from the tribal belt embarked on a journey of empowerment through training in wire basket weaving, opening doors to financial independence. These women discovered newfound opportunities to earn a living and engage in meaningful dialogues with their counterparts. It was a significant step towards creating their identities and establishing a sense of agency.

# Model village development highlights

Distributed tree saplings, 450 chickens and 94 goats were dewormed and immunised as part of the model village development. Narthamarathur village sets the stage for upcoming developmental activities as a model village, in addition to ongoing development work in four other model villages.

#### Spirited summer adventures

The summer camps resumed this year after the COVID-19 Pandemic. Over 1,000 children participated in the camps, which took place simultaneously in six locations.

#### Healing hub: Dr. CK Job Tribal Health Center

Dr. CK Job Tribal Health Center in Veerapanoor village, Jawadhi Hills, provides general outpatient services for adults, children, and antenatal women. Specialised clinics include de-addiction, paediatrics, psychiatry, ophthalmology, orthopaedics, and occupational therapy. The centre treated 6,435 patients and held 702 special clinics.



### Night schools illuminate Jawadhi Hills

Night schools run in collaboration with Don Bosco Tribal Development Society in Jawadhi Hills aim to improve academic performance, provide life skills education, and monitor the health and nutrition of the students. FOV Germany and Vellore Foundation fund the programme.

#### Jawadhi Hills enumeration

A survey was conducted in the Jawadhi Hills to identify people with disabilities and collect vital data.



### Rural Unit for Health and Social Affairs (RUHSA)

The Kavanur rural clinic, founded in 1944, evolved into the Rural Unit for Health and Social Affairs (RUHSA) in 1977. RUHSA operates on a 23-acre residential campus, accommodating a secondary hospital with a 64-bed inpatient facility. Situated 25 kilometres from Vellore,

RUHSA offers primary healthcare, inpatient care, mobile health services, community development initiatives, and vocational training programmes. Additionally, RUHSA conducts educational training programmes and actively researches to tackle healthcare challenges in low-resource settings.

### The year in numbers



# RUHSA base hospital – healing the heartland

RUHSA, through its base hospital, offers a wide range of healthcare services to the people of K.V. Kuppam block and neighbouring blocks. The focus is on family-centric holistic care, aiming to provide affordable and equitable quality healthcare to all. In addition to general medicine, paediatrics, obstetrics and gynaecology, neonatal care, and 24x7 emergency services, RUHSA also provides specialised clinics.



# Doorstep healthcare - reaching out to the community

Each year, RUHSA's outreach health services touch the lives of approximately 25,000 patients through our dedicated mobile clinics. Conducted specialised camps for dental, eye, and cervical cancer screenings at 23 peripheral health centers.

# Community-based health programmes – nurturing health

RUHSA addresses various wellness aspects, including nutrition, community education, geriatric care, disability support, mental health, HIV management, cervical and oral cancer prevention, respiratory wellness, and diabetes management.





# Community college – fulfilling aspirations

RUHSA's courses cover five key employment sectors: automobile, air conditioning & refrigeration, wiring and electric motor rewinding, computer hardware, and tailoring/ fashion designing.

# Youth clubs – empowering changemakers

Six dynamic youth clubs with 120 members serve as platforms for meaningful engagement, fostering personal growth, and equipping young individuals with essential life skills.



# Courses and training programmes that cater to diverse interests and career aspirations



- B.Sc. Medical Sociology course spans three years and is affiliated with The Tamil Nadu Dr. M.G.R University, Chennai
- PG Diploma in Community Health Management (PGDCHM)
- Capacity Building Training in Primary Health Care for Rural Medical Assistants
- Training on Integrated Health and Development Field Training for MSW and MHA Students
- Rural Health Care in India Elective Posting for International Students

### A tapestry of well-being: RUHSA's facilities for a balanced life

- Chapel to find solace, reflect, and seek spiritual guidance
- Canteen to cater to the diverse culinary needs
- Residential and hostel facilities

   to create a home away
   from home
- Library to enrich the minds
- Recreational activities to inspire and invigorate





# Low Cost Effective Care Unit & Shalom Family Medicine Centre

The Low-Cost Effective Care Unit (LCECU) is a vital initiative of CMC Vellore, specifically designed to address the healthcare needs of underprivileged communities residing in urban Vellore. As an integral part of the Family Medicine Department (FMD), LCECU offers primary and secondary healthcare services to people with low income in the area.

Located within the Schell Campus of CMC, LCECU has a range of essential facilities: outpatient and inpatient services with 46 beds and outreach clinics in seven selected low-income areas of Vellore, ensuring accessible healthcare services daily. The unit also serves as a training ground for interns and Family Medicine postgraduates while fostering an environment for primary care research.

### The year in numbers

**Outreach clinics** 





### **Department of Family Medicine**

	Low Cost-Effective Care Unit	Shalom Family Medicine Center	Shalom Family Medicine Day Care
OPD patients	66,963	27,896	14,265
IP patients	1,921	_	_
OPD procedures	11,241	3,356	2,484
Outreach clinic patients	6,346	_	_
Home visits	599	_	_
Total patient load			1,35,071

### Freshness infused

In the quiet corners of Kannikoil Street, Vellore, 20-year-old Hemakumar, with cerebral palsy and intellectual disability, spent his days sitting idly and suffering in silence. His father's untimely death and his mother's low IQ added to the weight of his challenges. Hemakumar's mother, with limited intelligence, earns a meagre income of Rs. 1500 per month by rolling beedis. Unknowingly, she neglected Hemakumar's foot and knee problems, resulting in prolonged pain and discomfort for him.

A compassionate neighbour stepped forward to make a difference. He ensured Hemakumar's admission to the Government Vellore Medical College and Hospital and later transferred to the Low-Cost Effective Care Unit (LCECU). When Hemakumar arrived at LCECU, he was battling tuberculosis and needed urgent treatment for his knee and foot wounds.

"Witnessing the transformation in his health and the bright smile on his face after receiving the necessary care brought us immense relief. However, as we prepare him for discharge, we have concerns about his mother's ability to manage his regular medications at home," addressed the team. Fortunately, Hemakumar's neighbour stepped in to provide support. Our team will closely monitor Hemakumar's progress to ensure a tuberculosis-free life. We believe in traversing through their health journey together, offering compassionate care and steadfast guidance at every step along the way," summarises the team.





Since its establishment in 1987, CONCH has been a dynamic primary healthcare programme managed by nurses. CONCH runs a clinic at Kannigapuram village. At the core of this programme is the practice of home visits,

which serves as the foundation for reaching and assisting a population residing in 25 villages. With each home visit, they enhance health outcomes, and promote a culture of prevention.

### The year in numbers

Home visits







### A day at the Kannigapuram clinic







### A day at the elders' daycare centre



#### **Mission Network**

CMC's extensive network of 200 mission hospitals, operated by Indian Church Missions, brings vital healthcare services to rural areas and marginalised communities, serving as a lifeline for those in need.

The Mission Department focuses on two main aspects: developing individuals with a mission focus and fostering collaboration with mission hospitals. The office, which operates out of CMC Vellore, works to support mission work in various ways.



"My wife had a rare disease. We didn't understand what was wrong with her. Someone told us about CMC and reached Vellore with just Rs.16,000. The doctors told me that she had a rare neurological illness. I don't remember how often my wife moved in and out of ICU. It's a miracle she survived. Doctors waived their fees, and someone provided food and arranged a place for me to sleep. If not for this kind of love and care, our life would have taken a different route," says Susheel. There is no doubt in Susheel's mind, even to this day, that this was a miracle.

After two years of treatment at CMC, Kankay Devi's health improved. Susheel was offered employment as a driver at the Kotagiri Medical Fellowship Hospital, along with accommodation and support for their children's education. Satyam and Shivam, their sons, flourish in school, embracing the joy of learning and growing together.

Kotagiri Medical Fellowship Hospital (KMF) was founded in 1941 by Ms. Monica Sutton and Ms. Vera Nowell, who converted a cowshed into a dispensary. Initially known as an eye hospital, KMF faced challenges and declined over time. In 2017, CMC took over KMF to revive its operations. In addition to outpatient and surgical services, the hospital provides round-the-clock care through its ICU and emergency services.



### **Support Services**

The support services at CMC play a vital role in ensuring the smooth and efficient functioning of the hospitals across all campuses. These services encompass a wide range of essential functions that contribute to the overall well-being of staff and patients.

#### CMC's support services

- → Biomedical Engineering
- Centralized Hospital Information Processing Systems (CHIPS)
- → Civil Engineering
- College Maintenance
- Central Sterile Services Department (CSSD)
- Dietetics
- Electrical Engineering
- Engineering Planning
- Hospital Maintenance
- Laundry
- Pharmacy
- Postal
  - Transport

# Transport facilities at Ranipet Campus

Our fleet of 40 buses and two tempo travellers ensure convenient travel for staff and patients commuting between the Town campus and Ranipet campus. Facilities include a designated bus station waiting area, an efficient queuing-up system, and free patient transportation for patients.



# Redefining the Laundry Management at Ranipet Campus

- The Laundry unit at Ranipet has advanced technology, including Smartline Batch Washer, Tumble Dryer, Ironers, and Folders. With a Ten Compartment Washing System, we ensure efficient cleaning. It reduces water consumption, labour costs, and power usage compared to conventional washers.
- We have implemented an Auto Dosing System that dispenses detergents and conditioners based on linen type, extending the lifespan of our linens and improving reusability. Our well-trained staff ensures smooth operations.
- Currently, we process 3.5 tonnes of linens at our Ranipet Campus, and we anticipate an increase shortly. As the laundry feed increases, the machine running hours decrease, optimising efficiency.



### Members of the CMC Council, India

- Andhra Evangelical Lutheran Church
- Arcot Lutheran Church
- Assemblies of God in North India
- Baptist Church of Mizoram
- Chaldean Syrian Church of the East
- Christian Assemblies in India
- Christian Services Society of Bengal,
   Orissa & Bihar Baptist Convention
- CNI Nagpur Diocese
- CNI Synod The Synodical Board of Health Services
- CSI Coimbatore Diocese
- CSI Dornakal Diocese
- CSI Kanyakumari Diocese
- CSI Karimnagar Diocese
- CSI Karnataka Diocese Inter Diocesan Medical Board
- CSI Krishna Godavari Diocese
- CSI Madras Diocese
- CSI Madhya Kerala Diocese
- CSI Madurai-Ramnad Diocese
- CSI Medak Diocese
- CSI North Kerala Diocese
- CSI Rayalaseema Diocese
- CSI South Kerala Diocese
- CSI Tiruchy Tanjore Diocese
- CSI Tirunelveli Diocese
- CSI Vellore Diocese
- Council of Baptist Churches in North East India
- Council of Christian Hospitals
- Eastern Regional Board of Health Services
- Emmanuel Hospital Association
- Evangelical Lutheran Church in Madhya Pradesh

- Gossner Evangelical Lutheran Church
- India Evangelical Lutheran Church
- Inter Ashram Fellowship
- Jeypore Evangelical Lutheran Church
- Khasi Jaintia Presbyterian Assembly
- Kolhapur Church Council
- Malankara Jacobite Syrian Orthodox Church
- Malankara Orthodox Syrian Church Catholicate of the East
- Marathi Mission
- Marthoma Syrian Church of Malabar
- Mennonite Medical Board of the Mennonite Church in India
- Methodist Church in India
- Mizo Presbyterian Church Synod
- North Bank Baptist Christian Association
- Poona Christian Medical Association
- Samavesam of Telugu Baptist Churches
- Southern Asia Division of Seventh Day Adventists
- Tamil Evangelical Lutheran Church
- The Leprosy Mission Trust India
- The Salvation Army India South Eastern Territory
- The Salvation Army India South Western Territory
- The Salvation Army India Western Territory
- Uttar Pradesh Regional Board of Health Services

### Members of the CMC Council, Overseas

#### **AUSTRALIA**

Australian Board of Vellore Christian Medical College

#### **CANADA**

Canadian Baptist Overseas Mission Board

Vellore Ludhiana Committee of Canada

#### **GERMANY**

Christoffel Blinden Mission

**Christian Mission Service** 

Friends of Vellore, Germany

#### **NEPAL**

United Mission to Nepal

#### **UNITED KINGDOM**

B.M.S. World Mission

**Church Mission Society** 

Council for World Mission

Friends of Vellore, United Kingdom

International Service Fellowship (Interserve)

Methodist Church Overseas Division

United Society for the Propagation of the Gospel

#### **UNITED STATES OF AMERICA**

**American Leprosy Mission** 

Board of International Ministerial Ministries of the American Baptist Foreign Mission Society

Evangelical Lutheran Church in America

General Conference of Seventh Day Adventists

International Mission Board, Southern Baptist Convention

Reformed Church in America

Service Association of the Christian Church

United Church Board for World Ministries

United Methodist Church of America

Vellore Christian Medical College Foundation Inc.

### **Friends of Vellore**

Friends of Vellore (FOV) is an overseas association that has represented the interests of the Christian Medical College Vellore (CMC) on the global stage since the late 1940s. FOV has adapted its role in response to CMC's progress and needs over the years. The fellowship has supported numerous impactful projects, including the Jawadhi Tribal Health project, the Person To Person Programme Fund, and various social initiatives through RUHSA – Rural Unit for Health and Social Affairs and LCECU – Low Cost Effective Care unit.

#### **AUSTRALIA**

#### **Dr. Stephen Aseervatham**

President

Australian Board of Vellore Christian Medical College Hospital email: cmcavb@gmail.com www.australianfov.net.au

#### **CANADA**

#### Mr. Douglas Virgin

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Cardiology II Dr. Anoop George Alex Cardiology IV Dr. David Chase Centre for Stem Cell Research Dr. Alok Srivastava Chaplaincy Rev. Dr. T. Arul Dhas Child and Adolescent Psychiatry Dr. Priya Mary Mammen Child Health Dr. Leni Grace Mathew CHIPS Mr. Ebinezer Sundarraj Chittoor Campus Dr. Kenny Samuel David Clinical Biochemistry Dr. Pamela Christudoss Clinical Epidemiology Dr. Thambu David Sudarsanam Clinical Gastro and Hepatology Dr. Joseph A.J Clinical Genetics Dr. Sumita Danda Clinical Haematology Dr. Aby Abraham Clinical Pharmacology Dr. Margaret Shanthi Clinical Virology Dr. Shoba Mammen College of Nursing Dr. Vathsala Sadan Community Health Department Dr. Venkata Raghava M Community Health Nursing Dr. Vathsala Sadan Continuing Medical Education Dr. Reena Mary George Cytogenetics Dr. Santosh Koshy* Dental II Dr. Soumya SV Department of Emergency Medicine Dr. Paul Prabhakar Abhilash Department of Radiodiagnosis Dr. Elizabeth Joseph	Cardiology	Dr. Paul V George*	
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Cardiology IV  Centre for Stem Cell Research  Chaplaincy  Rev. Dr. T. Arul Dhas  Child and Adolescent Psychiatry  Dr. Priya Mary Mammen  Child Health  Dr. Leni Grace Mathew  CHIPS  Mr. Ebinezer Sundarraj  Chittoor Campus  Dr. Renny Samuel David  Clinical Biochemistry  Dr. Pamela Christudoss  Clinical Epidemiology  Dr. Thambu David Sudarsanam  Clinical Gastro and Hepatology  Dr. Joseph A.J  Clinical Genetics  Dr. Sumita Danda  Clinical Haematology  Dr. Aby Abraham  Clinical Pharmacology  Dr. Margaret Shanthi  Clinical Virology  Dr. Shoba Mammen  College of Nursing  Dr. Vathsala Sadan  Community Health Department  Dr. Venkata Raghava M  Community Health Nursing  Dr. Vathsala Sadan  Continuing Medical Education  Dr. Reena Mary George  Cytogenetics  Dr. Mary Purna Chacko  Dental II  Dr. Soumya SV  Department of Emergency Medicine  Dr. Paul Prabhakar Abhilash  Department of Radiodiagnosis  Dr. Elizabeth Joseph	Cardiology II	Dr. John Jose E	
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Child Health CHIPS Mr. Ebinezer Sundarraj Chittoor Campus Dr. Kenny Samuel David Clinical Biochemistry Dr. Pamela Christudoss Clinical Epidemiology Dr. Thambu David Sudarsanam Clinical Gastro and Hepatology Dr. Joseph A.J Clinical Genetics Dr. Sumita Danda Clinical Haematology Dr. Aby Abraham Clinical Pharmacology Dr. Margaret Shanthi Clinical Virology Dr. Shoba Mammen College of Nursing Dr. Vathsala Sadan Community Health Department Dr. Venkata Raghava M Community Health Nursing Dr. Vathsala Sadan Continuing Medical Education Dr. Reena Mary George Cytogenetics Dr. Mary Purna Chacko Dental and Oral Surgery Dr. Santosh Koshy* Dental I Dr. Soumya SV Department of Emergency Medicine Dr. Paul Prabhakar Abhilash Department of Radiodiagnosis Dr. Elizabeth Joseph	Chaplaincy	Rev. Dr. T. Arul Dhas	
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Cytogenetics Dr. Mary Purna Chacko  Dental and Oral Surgery Dr. Santosh Koshy*  Dental I Dr. Sibu Simon S.  Dental II Dr. Soumya SV  Department of Emergency Medicine Dr. Paul Prabhakar Abhilash  Department of Radiodiagnosis Dr. Elizabeth Joseph	Community Health Nursing	Dr. Vathsala Sadan	
Dental and Oral Surgery  Dental I  Dental II  Dental II  Dr. Sibu Simon S.  Dental II  Dr. Soumya SV  Department of Emergency Medicine  Dr. Paul Prabhakar Abhilash  Department of Radiodiagnosis  Dr. Elizabeth Joseph	Continuing Medical Education	Dr. Reena Mary George	
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Dental II Dr. Soumya SV  Department of Emergency Medicine Dr. Paul Prabhakar Abhilash  Department of Radiodiagnosis Dr. Elizabeth Joseph	Dental and Oral Surgery	Dr. Santosh Koshy*	
Department of Emergency Medicine Dr. Paul Prabhakar Abhilash Department of Radiodiagnosis Dr. Elizabeth Joseph	Dental I	Dr. Sibu Simon S.	
Department of Radiodiagnosis Dr. Elizabeth Joseph	Dental II	Dr. Soumya SV	
	Department of Emergency Medicine	ment of Emergency Medicine Dr. Paul Prabhakar Abhilash	
Dermatology, Venereology and Leprosy Dr. Dincy Peter C.V*	Department of Radiodiagnosis	Dr. Elizabeth Joseph	
	Dermatology, Venereology and Leprosy	Dr. Dincy Peter C.V*	

Dermatology, Venereology and Leprosy Unit-I	Dr. Dharshini S
Dermatology, Venereology and Leprosy Unit-II	Dr. Dincy Peter C.V
Developmental Paediatrics	Dr. Samuel Philip Oommen
Dietary	Ms. Manimegalai B
Directorate	Dr. Vikram Mathews
Distance Education	Dr. Rebekah Elizabeth Dass
Division of Clinical Radiology	Dr. Gibikote Sridhar V
Division of Critical Care	Dr. Binila Chacko
Dodd Library	Dr. Azariah Jebakumar I
E.N.T	Dr. Ajoy Mathew Varghese*
ENT I	Dr. Rajan Sundaresan V
ENT II	Dr. Mary John
ENT III	Dr. Regi Kurien
ENT IV	Dr. Ann Mary Augustine
ENT V	Dr. Suma Susan Mathews
Endocrine Surgery	Dr. Paul M J.
Endocrinology	Dr. Thomas V Paul*
Endocrinology I	Dr. Nitin Kapoor
Endocrinology II	Dr. Asha H.S.
Engineering AC and Refrigeration	Mr. Eswaran M
Engineering Civil	Mr. Sankar V
Engineering Electrical	Ms. Bindu Paul
Engineering Planning	Ms. Nirmala Samuel
Environment Engineering	Mr. Caleb A
Family Medicine	Dr. Venkatesan S
Finance & Accounts	Mr. Denzil Ranjitsingh Gnanamani
Forensic Medicine	Dr. Mousumi Sen
G. I. Sciences	Dr. Joseph A.J
G.S. Office	Mr. Reni Charles C
General Pathology	Dr. Geeta Chacko
Geriatrics	Dr. Gopinath K G.
Gynaecologic Oncology	Dr. Anitha Thomas
Hand Surgery	Dr. Samuel Chandrasekhara Raj
Haukeland House	Dr. Javanthi Peter
Head and Neck Surgery	Dr. Amit Jiwan Tirkey*
Head and Neck Surgery Unit I	Dr. Amit Jiwan Tirkey
Head and Neck Surgery Unit II	Dr. Amit Jiwan Tirkey
Hepato Pancreato Biliary Surgery	Dr. Ravish Sanghi Raju
Hepatology	Dr. Uday George Zachariah
Hospital Management Studies	Dr. Samuel N J David
Infectious Diseases	Dr. Priscilla Rupali
Internal Audit	Mr. Nandakumar T
Interventional Radiology	Dr. Shyamkumar N K.
Library	Dr. Azariah Jebakumar I
Low Cost Effective Care Unit	Dr. Venkatesan S
M.S. Office	Dr. Rajesh I
Medical Education	Dr. Margaret Shanthi
Medical Gastroenterology Unit I	Dr. Ebby George Simon
Medical Gastroenterology Unit-II	Dr. Sudipta Dhar Chowdhury
Medical Gastroenterology Unit-III	Dr. Reuben Thomas Kurien
Medical ICU	Dr. Kishore Kumar Pichamuthu

Medical Oncology	Dr. Ashish Singh
Medical Records	Dr .Vijaykumar Aruldas
Medicine Medicine	Dr. Samuel George Hansdak*
Medicine I	Dr. Anand Zachariah
Medicine II	Dr. Thambu David Sudarsanam
Medicine III	Dr. I nambu David Sudarsanam  Dr. Sudha Jasmine S
Medicine IV	<b>,</b>
Medicine V	Dr. Samuel George Hansdak
	Dr. Ramya I
Microbiology	Dr. John Antony Jude Prakash
Missions	Dr. Thomas Samuel Ram
Neonatology	Dr. Kurien Anil Kuruvilla*
Neonatology I	Dr. Manish Kumar
Neonatology II	Dr. Santhanam Sridhar
Nephrology	Dr. Vinoi George David*
Nephrology I	Dr. Vinoi George David
Nephrology II	Dr. Santosh Varughese
Nephrology III	Dr. Suceena Alexander
Neurochemistry	Dr. Christhunesa Soundararajan C
Neuroanaesthesia	Dr. Georgene Singh
Neurology ICU	Dr. Shalini Nair
Neuromedicine	Dr. Sanjith Aaron
Neurosciences	Dr. Sanjith Aaron
Neurosurgery I	Dr. Krishna Prabhu R
Neurosurgery II	Dr. Ranjith K Moorthy
Neurosurgery III	Dr. Baylis Vivek Joseph
Nuclear Medicine	Dr. Julie Hephzibah
Nursing Service	Mrs. Alice Sony
Obstetrics and Gynaecology	Dr. Jiji Elizabeth Mathew*
Obstetrics and Gynaecology I	Dr. Elsy Thomas
Obstetrics and Gynaecology I New	Dr. Elsy Thomas
Obstetrics and Gynaecology II and Urogynaecology	Dr.Lilly Varghese
Obstetrics and Gynaecology III	Dr. Kavitha Abraham
Obstetrics and Gynaecology IV	Dr. Swati Rathore
Obstetrics and Gynaecology V	Dr. Santosh Joseph Benjamin
Obstetrics and Gynaecology VI (Fetal Medicine)	Dr. Manisha Madhai Beck
Operation Theatre	Dr. Rajesh I
Ophthalmology	Dr. Lekha Mary Abraham*
Ophthalmology I	Dr. Lekha Mary Abraham
Ophthalmology II	Dr. Jeyanth Suresh Rose
Ophthalmology III	Dr. Sheeja Susan John
Ophthalmology IV	Dr. Deepa John
Ophthalmology V	Dr. Satheesh Solomon T. Selvin
Ophthalmology VI	Dr. Anika Amritanand
Orthopaedics	Dr. Thilak S Jepegnanam*
Orthopaedics I	Dr. Dan Barnabas Inja
Orthopaedics II	Dr. Anil Thomas Oommen
Orthopaedics III	Dr. Sumant Samuel
Outpatients Department	Dr. Aby Abraham
Paediatric Emergency Medicine	Dr. Debasis Das Adhikari
Paediatric ICU	Dr. Kala Ranjini Sundaravalli
Paediatric Neurology	Dr. Maya Mary Mathew
Tubulatife freurology	Dirinaya Mariy Machew

Paediatric Orthopaedics	Dr. Thomas Palocaren
Paediatric Surgery	Dr. Ravi Kishore B.S.S*
Paediatric Surgery I	Dr. Ravi Kishore B.S.S
Paediatric Surgery II	Dr. John Mathai
Paediatric Surgery III	Dr. Sundeep M C.Kisku
Paediatric Unit I	Dr. Sarah Mathai Nee Abraham
Paediatric Unit II	Dr.Sathish Kumar T.
Paediatric Unit III	Dr. Mona Matilda Basker
Palliative Medicine	Dr. Jenifer Jeba S
Pharmacology	Dr. Margaret Shanthi
Pharmacy	Dr. Selvamani B
Physiology	Dr. Elizabeth Tharion
Plastic Surgery	Dr. Shashank Lamba*
Plastic Surgery I	Dr. Shashank Lamba
Plastic Surgery II	Dr. Ashish Kumar Gupta
PMR	Dr. Jacob George*
PMR I	Dr. Judy Ann John
PMR II	Dr. Jacob George
Principals Office	Dr. Solomon Sathishkumar
Psychiatry	Dr. Suja Kurian*
Psychiatry - P1	Dr. Thangadurai P
Psychiatry - P2	Dr. Donae Elizabeth George
Psychiatry - P3	Dr. Arun R
Pulmonary Medicine	Dr. Balamugesh T
Quality Management Cell Office	Dr. Binila Chacko
Radiation Oncology	Dr. Thomas Samuel Ram*
Radiation Oncology Unit I	Dr. Thomas Samuel Ram
Radiation Oncology Unit II	Dr. Rajesh I
Radiation Oncology Unit III	Dr. Rajesh B
Reproductive Medicine & Surgery	Dr. Mohan Shashikant Kamath
Respiratory Medicine	Dr. Richa Gupta
Rheumatology	Dr. John Mathew
RUHSA	Dr. Biswajit Paul
Spine Surgery	Dr. Rohit Amritanand
Staff and Student Health Service	Dr. Rajesh I
Surgery	Dr. Mark Ranjan Jesudason*
Surgery I	Dr. Pranay Gaikwad
Surgery II (Colorectal)	Dr. Mark Ranjan Jesudason
Surgery III	Dr. Inian S
Surgery IV	Dr. Suchita Chase
Surgical ICU	Dr. Subramani K
Transport	Mr. Edin Decoster Lawrence C
Transfusion Medicine And Immuno Haematology	Dr. Dolly Rose
Trauma Surgery	Dr. Sukria Nayak
Urology	Dr. Chandrasingh J*
Urology I	Dr. Chandrasingh J
Urology II	Dr. Santosh Kumar
Urology III	Dr. Nirmal T J
Urology IV	Dr. Rajiv Paul Mukha
Vascular Surgery	Dr. Dheepak Selvaraj A
Wellcome Trust Res. Laboratory	Dr. Eapen C. E.
Welledille Trust Ness Laboratory	ы. Барен с. Е.

#### Governance



CMC is a non-profit organisation governed by the Christian Medical College Vellore Association, registered under the Societies Registration Act XXI of 1860. Governance is through the represented members of the Association, headed by its officers. The Memorandum of Association, Constitution and bye-laws are clearly listed and strictly adhered to. Appointment of officers is through a Nomination Committee of the Council.

All financial matters are handled in a transparent manner and audited statements of accounts are submitted annually, following audit by external auditors. Standing Committees such as the Administrative Committee, the Finance Committee, the Academic Committee, the Planning Cell, the Student Selection Committees and nine other committees ensure the provision of high-quality medical education and patient care.

#### **Identity**

Registration of Societies Act XXI of 1860. No.5 of 1947 CMC PAN No: AAATC1278N

#### **Auditors**

Mr. K. Varghese M/s. K. Varghese & Company Chartered Accountants Sageti Business Centre Second Floor, Choolackal Building Opp. Metro Plaza, North Market Road Ernakulam – 682 014.

- 0484 2398398, 92497 67030, 92872 70400
- ⊠ mail@kvco.in

#### **Bankers**

State Bank of India Vellore Town Branch No 112, Arcot Road, Opposite C.M.C. Hospital Thottapalayam, Vellore- 632 004 Tamil Nadu.

Central Bank of India Vellore Branch 73, Arcot Road Vellore - 632 004 Tamil Nadu. Indian Bank Vellore Main Branch 46-51, Katpadi Road Vellore - 632 004

Tamil Nadu.

Central Bank of India Christian Medical College, Vellore Arcot Road Vellore -632 004 Tamil Nadu.

#### CMC staff

Doctors	2380	Teaching (non-medical)	2199	Total employees	13,153
		& technical staff		Female	7823
Nurses	4449	Support staff	4125	Male	5330

### The Officers of the Association at the Christian Medical College Vellore

#### Officers of the Association

CHAIRMAN	VICE CHAIRMAN	SECRETARY	TREASURER
Mr. Barkos Warjri	Dr. John Oommen	Dr. Vinay Oommen	Mr. Denzil Gnanamani

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Dr. Vikram Mathews

#### **ASSOCIATE DIRECTORS**

Dr. Thomas Samuel Ram

Dr. Joy John Mammen

Dr. Kenny David

Dr. Selvamani B

Dr. Dheepak Selvaraj A

Dr. Mark Ranjan Jesudason

Dr. Sowmya Sathyendra

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Dr. Binila Chacko

Dr. Julie Hephzibah

Dr. Ebby George Simon

Dr. Vinitha Ravindran

Dr. Jolly Chandran

Dr. Cecil Thankachan Thomas

Dr. Beena Koshy

Dr. Leena R.V

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Mr. Denzil Ranjitsingh Gnanamani

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Dr. Solomon Sathishkumar

#### **VICE PRINCIPALS**

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Dr. Tripti Meriel Jacob

Dr. Uday George Zachariah

Dr. Vinod Joseph Abraham

#### **ADDITIONAL VICE PRINCIPAL**

Dr. Suceena Alexander

#### **ACADEMIC OFFICER**

Dr. Anila Chacko

#### **REGISTRAR (MEDICAL)**

Dr. Suganthy J

#### **DEPUTY REGISTRARS (MEDICAL)**

Dr. Lekha Mary Abraham

Dr. Priya Mary Mammen

#### **DEAN, COLLEGE OF NURSING**

Dr. Vathsala Sadan

#### **DEPUTY DEAN**

Mrs. Shandrila Gnanatheebam R

#### ADDITIONAL DEPUTY DEANS

Mrs. Sarah Emma Rosalind J

Mrs. A. Angelin Esther

Mrs. Sheeba Rani P

#### **ADDITIONAL DEPUTY DEAN (Ag)**

Mrs. Deena E

#### **REGISTRAR (NURSING)**

Dr. Asha Solomon

#### **DEPUTY REGISTRARS (NURSING)**

Mrs. Jenny S Ms. Hepsi R

#### MEDICAL SUPERINTENDENT

Dr. Rajesh I

### ASSOCIATE MEDICAL SUPERINTENDENTS

Dr. Ravish Sanghi Raju

Dr. Amit Jiwan Tirkey

Dr. Paul Prabhakar Abhilash

### DEPUTY MEDICAL SUPERINTENDENTS

Dr. Aby Abraham

Dr. Benny Paul Wilson

Dr. Jacob John

Dr. Yacob Myla

Dr. Nirmal T.J

Dr. Felix Jebasingh

Dr. Reuben Thomas Kurien

Dr. Anita Shirley Joselyn

### DEPUTY MEDICAL SUPERINTENDENTS (Ag)

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#### **NURSING SUPERINTENDENT**

Mrs. Alice Sony

### ASSOCIATE NURSING SUPERINTENDENTS

Mrs. Jeyalinda D

Mrs. Anne Jarone

### DEPUTY NURSING SUPERINTENDENTS

Mrs. Shalini Chandran

Mrs. Sophia Lawrence

Mrs. Santhi Gladston

Mrs. Arockiaseeli Mabel Annarani

#### **GENERAL SUPERINTENDENT**

Mr. Reni Charles C

### ASSOCIATE GENERAL SUPERINTENDENTS

Dr. Samuel N.J. David

Mr. Anand John Samuel G

### ASSOCIATE GENERAL SUPERINTENDENT (Ag)

Dr. Lallu Joseph

### DEPUTY GENERAL SUPERINTENDENTS

Mr. Arockiaraj Arul Prakash

Mr. Joseph Selvaraj

Ms. X. Sonia Valas

Mr. C.V.Daniel Devakumar

Mr. Durai Jasper R.P

Mrs. Anitha Sheeba Rachel A

Mrs. Nirmala Samuel

As of April 2023

### **Christian Medical College Vellore** Administrators



**DIRECTOR** Dr. Vikram Mathews



**PRINCIPAL** Dr. Solomon Sathishkumar



**DEAN, COLLEGE OF NURSING** Dr. Vathsala Sadan



**MEDICAL SUPERINTENDENT** Dr. Rajesh I



NURSING **SUPERINTENDENT** Mrs. Alice Sony



**GENERAL SUPERINTENDENT** Mr. Reni Charles C



**ASSOCIATE DIRECTOR** (CHITTOOR CAMPUS) Dr. Kenny David



**ASSOCIATE DIRECTOR** (RANIPET CAMPUS) Dr. Dheepak Selvaraj A



**ASSOCIATE DIRECTOR** (ADMINISTRATION) Dr. Mark Ranjan Jesudason



**ASSOCIATE DIRECTOR** (MEDICAL) Dr. Joy John Mammen



**ASSOCIATE DIRECTOR** (FINANCE)

Dr. Selvamani B



**ASSOCIATE DIRECTOR** (MISSIONS)

Dr. Thomas Samuel Ram



**ASSOCIATE DIRECTOR** (HUMAN RESOURCES)

Dr. Sowmya Sathyendra

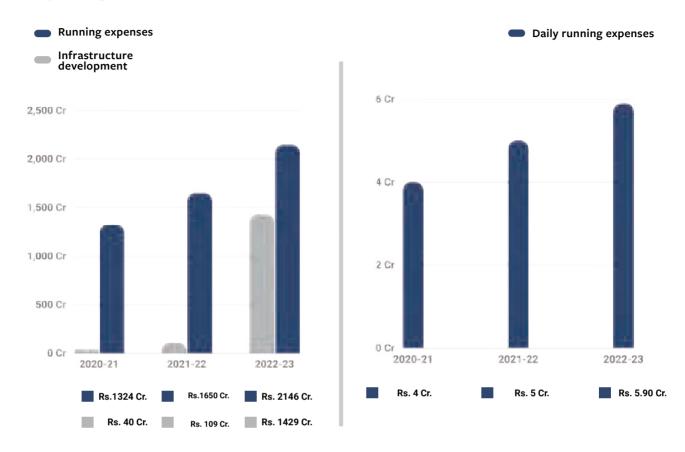


**TREASURER** 

Mr. Denzil Ranjitsingh Gnanamani

### **Financials 2022-2023**

### Major expenses

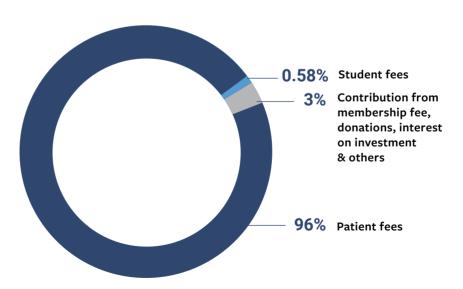


### Sources of income

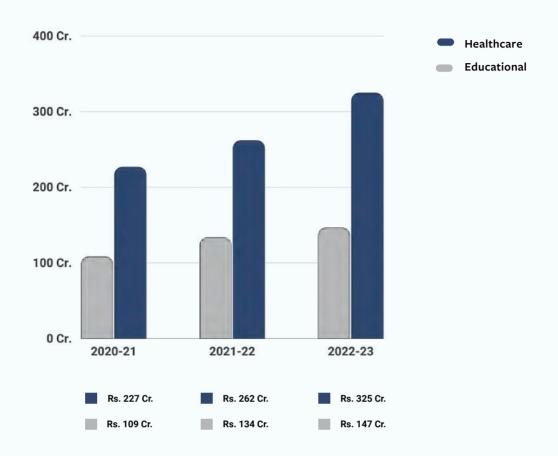
ICRA, a trusted and professional Credit Rating Agency, has given CMC Vellore a Double-A rating for the financial year 2022-2023.

This rating recognises CMC Vellore's performance, with steady revenues and stable occupancy levels, affirming its financial stability and reliability.

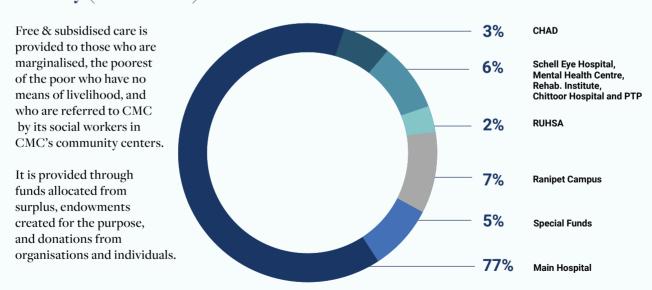
In 2022-2023, 96% of CMC Vellore's revenue came from patients, 0.58% from students and 3% from contributions.



### Subsidy



### Charity (Healthcare)





Every year, thousands of individuals and organisations support CMC's mission to provide affordable and accessible healthcare. Your contributions help subsidise patient care, support education, improve community outreach, and develop medical infrastructure.

At the inauguration of our Ranipet Campus, a 'Corridor of Gratitude' was unveiled, honouring 130 donors who played a pivotal role in building the new hospital and those who stood with us during the Pandemic.

We are also excited about our upcoming 'Donor Wall' that will pay tribute to our global friends.

We thank our patients and their families, Friends of Vellore (FOVs), overseas friends, well-wishers, CMC alumni, retired staff, staff, and students for their constant support. Your prayers, gifts and donations have bridge the gap for those in great need.

We invite you to continue to partner with us.

# Support CMC's emergency fund & hospital free bed scheme

These programmes provide a lifeline for poor patients needing costly procedures and operations. Over 120 patients received critical care in 2022 through the Emergency Fund.

The Emergency Fund is supported solely by the generous contributions of our friends and donors. Our hospital free bed scheme supports over 2000 patients a year for treatments of  $(\ref{figure})$  1 to 2 lakh per patient.

\*Saira's story is just one example of how a scholarship can impact the life and future of a young student. At CMC Vellore, we believe that everyone deserves access to quality and ethical healthcare education, regardless of their financial circumstances. We offer scholarships to medical, nursing, and allied-health students from low-income families.

With your help, we can support more students like Saira and empower them to create a brighter future.

Meet Saira – a quiet, hardworking nursing student. Her father works overtime in the local railway station to pay Saira's fees.

Thanks to a scholarship from the College of Nursing, Saira could focus on her studies without worrying about the cost of tuition.

"Nursing was a dream for me, so I always studied hard with enthusiasm," said Saira. With her dedication and passion for nursing, we are confident Saira will be a caring and competent nurse.

\*Name changed

## Support new projects - equipment & infrastructure

As CMC expands and grows, various options are available for recognising contributions for capital projects.

#### Support poor patients

Since 1970, PTP (Person to Person) has been a unique partnership between donors, CMC's medical teams, and patients. Doctors identify patients who need help; for every patient, up to ₹10,000 is allocated from PTP. When you give to PTP, CMC multiplies your gift by five, so the deserving patient receives up to ₹50,000.

In 2022, PTP supported 2,724 patients across the country. In February-March 2023, we raised ₹50 lakhs for 500 patients through the 60-day Fundraising Challenge on give.do. We crossed our target for the 2<sup>nd</sup> consecutive year, reaching the 'Mega Rewards' category to win additional ₹10.5 lakhs from give.do. 900+ friends took us to 2nd place for the number of supporters!

Your donation helps families like baby Mohan's get lifesaving medical care.



At birth, baby \*Mohan was diagnosed with hydronephrosis (swelling in one of the kidneys). Over the next few months, he had multiple surgeries at CMC. Just when his parents thought all was well with their baby, a stone was found in his kidney. The family, unable to afford another surgery, was ready to go back home.

CMC, however, refused to give up on baby Mohan. They assured the family that they would subsidise the cost of the surgery. The eight-months-old baby is now recovering at our Ranipet campus.

\*Name changed

#### Partner with CMC to create a healthier world

Several companies and foundations partner with CMC Vellore. We are grateful for their support towards different projects and the difference their contributions make. We urgently seek further CSR partnerships for the following healthcare projects:

Patient care

Hospital infrastructure (construction and equipment)

Research and community outreach programmes

CMC is registered for CSR under the Ministry of Corporate Affairs. Audited utilisation certificates and reports are sent to CSR donors at the end of the financial year.

#### Ways to donate to CMC Vellore

Online : Visit our official CMC website at givecmc.org

Cheque : Make a cheque payable to CMC Vellore Association

Bank transfer: For bank transfer details, please email

dev.office@cmcvellore.ac.in.

For any further information, please contact: Dr. Selvamani B, Associate Director (Finance)

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dev.office@cmcvellore

0416 2283509

**C** 

83002 05559

All donations to CMC Vellore are eligible for Income Tax Exemption under Section S.80G.



# **Contact**Information

#### **Medical Services**

#### **MAIN CAMPUS**

Christian Medical College Vellore Ida Scudder Road, Vellore-632 004 Tamil Nadu, India

**U** 0416-2281000, +91 9498760000

**8** +91 8000338855

**S** +91 9385285957

□ callcentre@cmcvellore.ac.in

#### **CHITTOOR CAMPUS**

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PRO 0857 221 1906

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#### **RANIPET CAMPUS**

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### MEDICAL SUPERINTENDENT'S OFFICE

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#### **DIRECTORATE**

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#### Education

### FOR MEDICAL AND AHS ADMISSIONS

The Registrar Christian Medical College Vellore Vellore-632002, Tamil Nadu, India

(0416) 2284255

**(0416) 2262788** 

mww.admissions.cmcvellore.ac.in

#### Research

□ research@cmcvellore.ac.in

#### FOR NURSING ADMISSIONS

The Registrar College of Nursing Christian Medical College Vellore Ida Scudder Road, Vellore – 632 004 Tamil Nadu, India

+91 (416) 2077012 +91 (416) 2077013

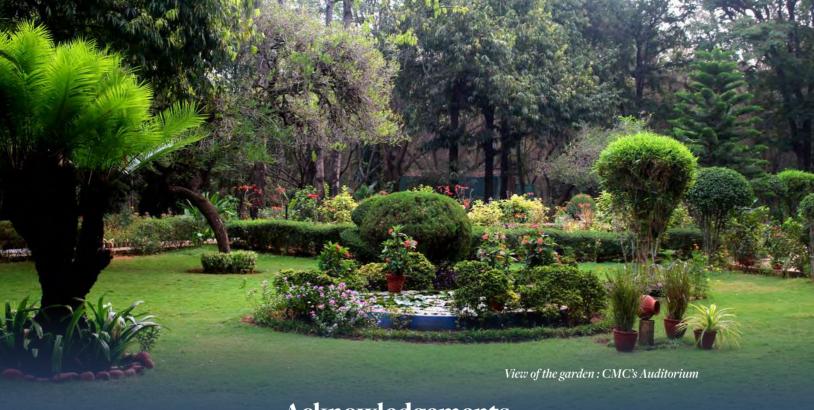
(0416) 2223362

□ registrarcon@cmcvellore.ac.in

www.admissions.cmcvellore.ac.in

### INTERNATIONAL VISITOR AND VOLUNTEERS





### Acknowledgements

#### **Promotion & PTP Office**

Dr. Cecil Thankachan Thomas, Deputy Director (Promotion & Publicity)

Ms. Anna Joseph, Publicity & Information Officer

Ms. Sunitha Serena, Administrative Assistant

Mr. M. Saravanan, Office Facilitator

Ms. Gloriya Sridhar, Non-Technical Assistant

Ms. Abinaya Shanmugham, Mr. Suthish Ramesh and Ms. Diya Aaron

#### **Directorate**

Dr. Joy Mammen, Associate Director (Medical)

#### Many thanks to:

All departments and offices of CMC Vellore

Ms. Ranjini Victor, Project Consultant, Bengaluru

Monisha Nair M.S, Layout & Design, Trivandrum

Mr. Jaiprakash, The Corner Stone, Photography

SRM Printers, Vellore

CHRISTIAN MEDICAL COLLEGE VELLORE, IDA SCUDDER ROAD, VELLORE – 632 004, TAMIL NADU, INDIA



## A healing heart: <u>Ida Scudder 1870-1960</u>

Losing three young women and their babies on a fateful night forever changed Ida Scudder's life. Tragically, their untimely death was due to the absence of trained midwives to aid in childbirth. This incident kindled an unwavering resolve within Ida, propelling her to open a one-bed clinic. She trained women as compounders in 1903-a groundbreaking initiative that laid the foundation for the institution that would later flourish as the renowned Christian Medical College Vellore.

Ida Scudder's vision and dedication continue to permeate the very fabric of CMC, breathing life into its essence. Her selfless contributions serve as a wellspring of inspiration for successive generations of healthcare professionals.

# **At Ranipet Campus** Trubeam STx Linear Accelerator with: Varian RGSC Gating VisionRT AlignRT SGRT system Brainlab ExacTrac Dynamic system & Qfix kVue 6D couch **Christian Medical College Vellore Ida Scudder Road** Vellore 632 004 Tamil Nadu, India OffCMCVellore **CMC** Vellore cmcvelloreindia www.givecmc.org www.cmch-vellore.edu