



# STATE LEVEL WORKSHOP ON – “ART OF PATIENT EDUCATION – HEART OF NURSING CARE”



Departments of Fundamentals of Nursing and Continuing Nursing Education & Research, College of Nursing, CMC, Vellore

Patient education is an important and independent function of nursing practice. Patient education is multifaceted and involves health promotion, protection and its maintenance. Nurses teach patients at various settings. Patient education must ensure patient's safe transition to optimal health. The efficacy and consistency of the patient education is determined by many factors which need to be explored and considered. This workshop will equip nurses in planning and providing structured and incidental teachings to patients and care givers.

## OBJECTIVES:

This workshop will enable participants to

- Explore the importance of client education and identify the areas of need.
- Identify the factors affecting education and eliminate the barriers to client education.
- Implement patient education effectively through assessment and effective planning.
- Incorporate various strategies and methods for implementing appropriate teaching for patients.
- Evaluate the effectiveness of the teaching provided.
- Document client education with accuracy for communication and legal safety.

**07.30-08.00 am: Registration**

**29.07.2022**

**08.00-08.30 am: Inauguration**

08.15 - 08.30 am: Pretest

08.30- 09.00 am: WHAT and WHY of patient education

Ms. Jeslin Wils., MSc (N) Tutor, CON, CMC, Vellore.

09.00 - 09.30 am: Determinants and deterrents of patient education

Ms. Jeni Christal Vimala., Professor, CON, CMC, Vellore.

09.30 - 09.45 am: Break

Executing patient education – A nursing process approach

09.45 - 11.00 am: Assessing and planning

Ms. Angelin Esther., Professor, CON, CMC Vellore.

11.00 - 12.30 pm: Diagnosing and Implementing

Ms. Emily Susila I., Professor & Head FON, CON, CMC, Vellore.

12.30 - 01.00 pm: Evaluating and Documenting

Ms. Shakina Esther Rani J., MSc (N) Tutor, CON, CMC, Vellore.

01.00 - 01.45 pm: Lunch

01.45 - 04.45 pm: Skill Stations

Skill Station I - Individual teaching

Ms. Gladys Beulah Ch., Tutor, CON, CMC, Vellore

Skill Station II - Group teaching

Ms. Sharon Jeba Rani V., Tutor, CON, CMC, Vellore.

Skill Station III - Preparation of Audio-Visual Aids for group teaching : Posters & Videos

Ms. Sudha Manogari M., Tutor, CON, CMC, Vellore.

Skill Station IV - Preparation of Audio-Visual Aids for individual teaching : Flash cards and flip charts

Ms. Abiah Rachel S., Tutor, CON, CMC, Vellore.

04.45 - 05.00 pm: Post test and Valedictory



**Registration Fee-**

**Rs. 500/- (including GST)**

**Scan the following QR code for registration**

**LAST DATE FOR  
REGISTRATION  
20.07.2022**

**Applied for TNNMC for award of CNE credit points**

**Venue : CNE Lecture Hall, College of Nursing, CMC, Vellore**

**0146 2287017**

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## Patrons

**Dr. Vathsala Sadan**  
Dean  
College of Nursing  
CMC, Vellore.

**Dr. Bala Seetharaman**  
Nursing Superintendent  
CMC, Vellore.

## Organising Chairpersons

**Dr. Vinitha Ravindran**  
Professor & Head  
Dept of CNE & Research  
CON, CMC, Vellore.

**Mrs. Emily Susila,**  
Professor & Head  
Dept of Fundamentals  
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## Organizing Secretary

**Mrs. Jeslin Wils**  
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