



STATE LEVEL WORKSHOP ON "PERTINENT ISSUES IN GERIATRICS- A NURSING PERSPECTIVE"

Departments of Medical Nursing, Geriatric, and Continuing Nursing Education & Research,
College of Nursing, CMC, Vellore.

The international day of older adults is being celebrated all over the world on 1st October. It aims to raise awareness about the aging population and their need for dignity as respectful citizens. Hospitalization can be stressful experience for older adults and their general issues related to continence, mobility and nutrition can be further compromised by iatrogenic complications. Nurses need to be aware of and skillful about the interaction/impact of these complications on the every day functioning of older adults to enable them to provide Evidence informed intervention. The objectives of this workshop are to :

- Enable monitoring and preventing iatrogenic complications
- Illustrate the principles of management of nutrition in older adults
- Discuss the assessment and management of older adults with incontinence
- Analyse the psychosocial needs and problems
- Describe the importance of an exercise programme

07.30-08.00 AM: REGISTRATION

21.11.2022

08.00-08.15 AM: INAUGURATION

08.15 - 08.30 am: Pretest

08.30- 09.00 am: Iatrogenic complications

Dr. Gopinath.K, Professor & HOD,
Department of Geriatrics, CMC, Vellore.

09.00 - 09.30 am: Breaking the Iatrogenic cascade

Mrs. Bharathy. R, Associate Professor,
CON, CMC, Vellore.

09.30 - 09.45 am: Break

09.45 - 10.15 am: Principles of Nutrition in older adults

Dr. Surekha. V, Professor, Department of Geriatrics,
CMC, Vellore.

10.15 - 10.45 am: Incontinence

Dr. Rakesh Mishra, Asst Professor,
Department of Geriatrics, CMC, Vellore.

10.45 - 11.15 am: Nursing assessment & management of incontinence

Mrs. Sasikala Umesh, Professor,
CON, CMC, Vellore.

11.15 - 11.45 am: Interactive case scenarios

- Psychosocial needs-finance, abuse & will
- Multimorbidity

Dr. Benny Paul Wilson, Associate Professor,
Department of Geriatrics, CMC, Vellore.

11.45 - 12.15 pm: Interactive case scenarios

- Rights of medication administration
- Bed bound patient's caregiver

Mrs. Ilavarasi Jesudoss, Professor,
CON, CMC, Vellore.

12.15 - 12.45 pm: Gaits & its types

Mrs. R. Linda Blessy, Tutor, Department of Physiotherapy,
CMC, Vellore.

12.45 - 01.30 pm: Lunch

01.30 - 04.30 pm: Skill Stations

-Immobility to mobility & Pain management

Mr. Lenny Vasanthan, Reader, Department of Physiotherapy,
CMC, Vellore.

-Food chart, MNA & MAC

Mrs. Selvarani Daniel, Charge Nurse, CMC, Vellore.

-IPSS & Bladder diary

Mrs. Theresa Gnanakumari. G, Geriatric Nurse Educator,
CMC, Vellore.

-Ideal Home for older adults

Ms. Arul Mary Vinciya, M.Sc (N) Tutor, CON, CMC,
Vellore.

04.45 - 05.00 pm: Post test and Valedictory

Registration Fee-

Rs. 500/- (including GST)

Scan the following QR code for registration



Last date for
Registration 15.11.2022

Venue : CNE Lecture Hall, College of Nursing, CMC, Vellore
0416 2287017
cnecon@cmcvellore.ac.in

Patrons

Dr. Vathsala Sadan
Dean
College of Nursing
CMC, Vellore.

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Nursing Superintendent
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Dr. Vinitha Ravindran
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Mrs. Sophia Vijayanathan,
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