



# State Level Workshop on “Nursing Management of Dermatological Disorders”



DEPARTMENTS OF MEDICAL SPECIALTY NURSING III AND CNE & RESEARCH, COLLEGE OF NURSING, CMC, VELLORE

Skin disease affect all ages from neonate to the elderly. Morbidity is significant through disfigurement, disability and symptoms such as intractable itch. Disease course is cyclic with periodic flaring of varying intensity presenting management challenges to patient and families. Dermatology nurses have pivotal role in substantial patients emotional support to improve treatment outcomes delivered through a multi disciplinary team work.

## OBJECTIVES

The workshop will

- Improve the awareness of nurses on Dermatological disorders.
- Prepare the nurses to provide evidence based nursing care for patients with Dermatological disorders.
- Motivate the nurses to aim in reducing the complications of Dermatological disorders.
- Enhance their knowledge and skill in the home care and Rehabilitation.

07.30–08.00 am: Registration

08.12.2023

08.00–08.15 am: Inauguration

08.15 –08.30 am: Pretest

08.30 – 09.00 am: Hand Hygiene and Universal Precautions

- Ms. Nirmala, M.Sc (N) Tutor, College of Nursing, SMH, Ranipet

09.00 – 09.45 am: Dermatological Emergencies:

- Dr. Dharshini S, Professor & HOU, Dept of DVL I, CMC, Vellore.

Stevens-Johnson syndrome (SJS)

09.45 – 10.00 am: Break

10.00 – 10.45 am: Symposium:

Wound assessment -

- Dr. Lydia Mathew, Asst. Prof, Dept of DVL, CMC, Vellore.

Dressing

- Mrs. Shalini Chandran, Professor, CON, CMC, Vellore.

10.45 – 11.15 am: Recognition and syndromic management of Sexually transmitted infections

- Dr. Susanne Abraham, Professor, Dept of DVL, CMC, Vellore.

11.15 – 12.00 pm: Panel Discussion: Nursing care of patients with dermatological disorders

- Mrs. Anandha Ruby Jacob, Professor & Head Medical Surgical Nursing Specialty III, CON, CMC, Vellore.

· Psoriasis

- Ms. Vinothini Sekar, M.Sc (N) Tutor, CON, CMC, Vellore.

· Pemphigus

- Mrs. Maria Gracy, Charge Nurse, CMC, Vellore.

· SJS

- Ms. Priyanka A, Clinical Instructor, CON, CMC, Vellore.

· Eczema

- Mrs. Sowmi Joseph, Charge Nurse, CMC, Vellore.

Counselling

- Mr. Gangadaran, Social Worker, CMC, Vellore

12.00 – 12.30 pm: Psychological issues in Dermatological Disorders - Mrs. Leena Chandrasekaran, Group Head - Nursing Operations, Dr. Mehta's Hospitals, Chennai.

12.30 – 01.00 pm: Lunch

01.00- 4.30 pm: Skill Stations

Skill Station I: Medicated bath and Topical Application

- Mrs. Vijayalakshmi, Staff Nurse, CMC, Vellore.

Skill Station II: Wet Wrap

- Mrs. Felicia Selas, Staff Nurse, CMC, Vellore.

Skill Station III: Skin Allergen Test

- Mrs. Jasmine Robert, Staff Nurse, CMC, Vellore.

Skill Station IV: OSCE : Phototherapy

- Mrs. Rosemary S, Staff Nurse, CMC, Vellore.

Skill Station V: Meeting Nutritional Needs

- Mrs. Manimegalai, Dietitian, CMC, Vellore.

04.30 – 04.45 pm: Post test and Valedictory

Venue : CNE Lecture Hall, College of Nursing, CMC, Vellore

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REGISTRATION FEE- (NON REFUNDABLE)

RS. 500/- (INCLUDING GST)

SCAN THE QR CODE FOR REGISTRATION

<https://forms.gle/KBozcsWS4BugBbzY9>

LAST DATE TO APPLY

NOVEMBER 30 2023

### Patrons

Dr. Vinitha Ravindran  
Dean  
College of Nursing  
CMC, Vellore.

Mrs. Alice Sony  
Nursing Superintendent  
CMC, Vellore.

### Organising Chairperson & Secretary

Mrs. Anandha Ruby Jacob  
Professor & Head  
Dept of Medical Surgical  
Specialty III Nursing  
CON, CMC, Vellore.  
Ph no: 9842677422

