



Christian Medical College Vellore NEWSLINE



June 24, 2024

*May the God of hope fill you with all joy and peace as you trust in him,
so that you may overflow with hope by the power of the Holy Spirit. Romans 15:13*

Mrs. Regina Xavier Retires



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Professor Regina Xavier, Professor and Head of Medical Surgical Speciality I Nursing Department superannuated on 7th June 2024 after 37 years of committed service in our institution. She joined as a diploma nursing student in the year 1983, pursued Post Basic Nursing in 1990 and M.Sc. Nursing in 1999. She started her professional career as a staff nurse in surgical wards. After her Post Basic B.Sc. Nursing she was placed in charge of the surgical intensive care unit where she served as senior ward in-charge and departmental sister. Following her post-graduation, she joined the Department of Medical Surgical Speciality I Nursing as a Junior Lecturer and superannuated from the same as the Head of the Unit.

Between 2008 and 2011, she went on a sabbatical to Sultan Qaboos University in Oman and her contributions to nursing education there were extremely appreciated, especially in the training of novice nurses. Mrs. Regina Xavier is a studious and ambitious person. She stood first in her post-basic B.Sc. Nursing programme. She was awarded the senior training fellowship by the institution and was trained as a Urinary Stoma and Incontinence Therapist at Freeman Hospital, London, United Kingdom. She was instrumental in training nurses at the urology ward to care for patients with stoma and incontinence. Mrs. Regina Xavier has held various official posts. She served as the Additional Deputy Nursing Superintendent for training; secretary and thereafter treasurer of the Alumni Association of the College of Nursing, CMC Vellore.

She has been a member of the research committee and screening committee of the College of Nursing. Mrs. Regina is an excellent clinical nurse and has role-modelled her way of life through excellent clinical care and leadership. She emphasised the importance of family work balance and ensured staff welfare in the department. She was very resourceful and generous with all levels of staff in the department. She taught her students with authority, love and clarity, using practical and simple examples. Humour was an essential component of her teaching and living. Her service to our institution has been outstanding and Mrs. Regina Xavier retires after 37 years of impeccable service.

Her husband, Mr. Vetrivelvan Xavier is a retired Pharmacist at CMC Vellore. She is a loving mother of Mrs. Linda Xavier, Assistant Professor in Nursing at Saveetha University and Miss Melinda Xavier, student of M.Sc. Data Science at VIT University, Vellore. Mrs. Linda is married to Mr. Johannes Finney; Senior HR Manager and they are blessed with a daughter Cheryl Johannes.

The CMC family is thankful to Mrs. Regina Xavier for her committed service to the institution and wishes her a happy and blessed retirement life.

World Hypertension Day



Tamil Nadu Dr. M.G.R. Medical University declared World Hypertension Day to be observed from May 17 to June 16, 2024, with the theme "Measure Your Blood Pressure Accurately, Control It, and Live Longer"; underlining the need to raise awareness and receive an accurate diagnosis of hypertension. Due to its asymptomatic nature, this 'silent killer' can lead to major health consequences if not addressed. On June 8, 2024, the College of Nursing's Youth Red Cross unit organised a blood pressure monitoring camp for all staff and students.



On May 15, 2024, Ms. Manimegalai, In-charge, Department of Dietary, led an instructional session on the - Dash Diet (DASH-Dietary Approaches to Stop Hypertension), while Mr. Lenny, Associate Professor, Department of Physiotherapy led an educational session on the impact of physical exercise in controlling blood pressure. Approximately 400 nursing students and faculty participated.



Workshop conducted on Plasma Exchange

The Department of Hepatology, at the request of Health Ministry and Directorate of Medical Education, Government of Kerala conducted a workshop on ‘Plasma Exchange to treat severe acute Hepatitis A’ on the 4th of June at the CMC Vellore Ranipet Campus, in response to the recent outbreak of Hepatitis A infection in Kerala. Forty-three doctors and technical staff from five government medical colleges of Kerala participated.



American Heart Association - Advanced Cardiac Life Support (AHA-ACLS) Provider Level Course



The AHA-ACLS provider level course was held on the 14th & 15th June 2024. This 2-day course is designed for healthcare providers (doctors, nurses, paramedics) who initiate advanced life care in acutely ill adults, beyond basic life support, through the stabilization or transport phases of an adult emergency. This Advanced Cardiac Life Support Course is accredited by the American Heart Association and is valid internationally. The number of participants is strictly restricted to 24 as per AHA guidelines. The ACLS faculty were Dr. Ekta Rai, Dr. Anand Babu & Dr. Bernice Theodore, from the Department of Anaesthesia. Dr. Priya G. from the Emergency Department, Dr. Jonathan J. from Medicine and two more faculty were under mentoring. Dr. Samuel David Chandran from Anaesthesia and Dr. Bennett Philip from Medicine. Twenty-four delegates actively participated in this ACLS course.

Upcoming Event

Bacterial Zoonoses: Indian Perspective

On the occasion of World Zoonoses Day on 6th of July 2024, the Department of Clinical Microbiology is conducting a symposium on 'Bacterial Zoonoses: Indian Perspective' at C.K. Job Hall, Paul Brand Building, Main Campus, Christian Medical College Vellore. The main objective of this symposium is to enlighten the participants about the current scenario of bacterial zoonotic diseases in India. The symposium is scheduled from 9 am to 4:30 pm and it is a hybrid event. There is no registration fee for participants who are registering to participate offline. For online participation, Rs. 500 will be charged as a registration fee. We have also applied for 15 CEP credit points from the Tamil Nadu Dr. MGR Medical University, Chennai for this event. Please find below the link for registering for this event.

Link for offline participation (Free of cost for first 100 participants):

https://docs.google.com/forms/d/e/1FAIpQLSc48umWN6CUIX5oejsV4DcOnKhu-qo1dbf0-0duPost9S2YHQ/viewform?usp=sf_link

Link for online participation (Rs. 500/-, maximum 300 participants):

https://docs.google.com/forms/d/e/1FAIpQLSetWH0NoHIQzZSjnM40gLqTC5NhXbmrqVAkuP5Hwx_GSYM0-Q/viewform?usp=sf_link

Payment link: <https://bit.ly/3VAJTMn> (Only for participating online)

Abstracts for poster presentation can be emailed to onehealthvellore@gmail.com. For more details, please contact **6381930585** or mail us at onehealthvellore@gmail.com

Special Prayers This Week

June 23 - 29, 2024

Obstetrics and Gynaecology : Dr. Lilly Varghese and Staff
Dr. Beena K. and Staff
Dr. Anuja Abraham and Staff
Dr. Swati Rathore and Staff
Dr. Santosh Joseph Benjamin and Staff
Dr. Manisha Madhai Beck and Staff
Mrs. Alice Sony and Staff

Gynaecologic Oncology : Dr. Anitha Thomas and Staff
Mrs. Alice Sony and Staff

Reproductive Medicine & Surgery: Dr. Mohan Shashikant Kamath and Staff
Mrs. Alice Sony and Staff

Neonatology : Dr. Manish Kumar and Staff
Dr. Santhanam Sridhar and Staff
Mrs. Alice Sony and Staff

Mennonite Medical Board of the Mennoite Church in India
Council Member: Dr. Sandeep Patonda

Hospital: Dhamtari Christian Hospital, Chattisgarh and others.



Memoranda

- **Dr. Santhosh N**, Associate Professor, is appointed as Ag. Head, Urology Unit-II with effect from 17th June 2024 during the period when Dr. Santosh Kumar, Professor of Urology, is on sabbatical leave.
- The term of **Dr. Abi Manesh S**, Physician, as Deputy Medical Superintendent is extended for a three year term from 3rd April 2024 to 2nd April 2027.

Laurels & Recognitions

Mrs. Prema Suresh, Professor, Community Health Nursing has bagged first prize in Scientific paper presentation titled 'Physical activity, Functional status and Quality of sleep among Older Adults' at the International Conference held on 26th and 27th April 2024 in North Karnataka organised by (SOCHINI) Society of Community Health Nurses in India, also she has been elected as the Treasurer and Mrs. Shandril Immanuel, Professor, Community Health Nursing as the Vice President of the Society.

Retirements

- **Mr. G. Pandian**, Anaesthesia Instructor retired on 18th May, 2024. He joined the Department of Anaesthesia as a Technician Trainee (anaesthesia) in February 1988 and became staff-Anaesthesia Technician in 1989 and went on to become a confirmed staff in 1990. He was in-charge of Anaesthesia Technical Staff from 1999 to 2010. Mr. Pandian is very sincere and hard-working person known for his calm and strict nature. His wife, Mrs. Vijayakumari works as Civil Engineer in the Government sector. They have two daughters; both are pursuing Masters in Engineering. The CMC community, is thankful for his dedication and commitment to the institution and prays for God's blessings on his retired life.





- **Mrs. Thenmozhi G**, joined in May 1987 as Technician Trainee, in ICMR centre under Dr. T. Jacob John. She underwent training in Diploma in Medical Virology course in 2001. She is retiring after 37 years of dedicated service to the institution as Instructor Virology Gr.I on 8th June, 2024. She has contributed as a Lead Technician in all the 3 major diagnostic sections of the Department of Clinical Virology, the major part of time being in hepatitis serology section. She has contributed to diagnostic work, teaching and training junior technologists and several MD and DM students in diagnostic virology assays.

She has been an active participant in many activities, especially technologists' seminars. She has contributed as an instructor for the Diploma in Medical Virology course till the year 2016. She was an excellent team player in the Department. Her husband Mr. Subramani retired from the Wellcome Department and her two sons with their families are in the U.S. and Chennai respectively. We are grateful to God for her services for all these years in this institution and we pray for abundance of God's blessings on her retired life.

Obituaries

- **Mrs. C.B. Hilda**, mother of Dr. J. Chandra Singh, Professor & Head, Department of Urology, mother-in-law of Dr. Georgene Singh, Professor & Head, Department of Neuroanaesthesiology and grandmother of Mr. Joshua Immanuel Singh (MBBS Batch of 2021), passed away on 17th June, 2024. Let us uphold the bereaved members of the family in our prayers.
- **Mr. Francis Xavier**, father of Dr. Margaret Shanthi, Professor and Head, Pharmacology and Clinical Pharmacology, father-in-law of Dr. Debasis Das Adhikari, Professor and Head of Unit, Paediatric Emergency Department, passed away on 22nd June, 2024. Let us uphold the bereaved members of the family in our prayers.

Situations Vacant

Vacancies under the Principal's Office - for queries contact the mentioned office

Erratum:

1. Senior Resident / Assistant Professor with NMC-recognised postgraduate degree in MD (Palliative Medicine) for the **Department of Palliative Medicine**

Experience : Should have at least one year teaching experience as (Asst. Professor) in any NMC recognized teaching institution for applying Assistant Professor post.

Salary: As per institutional rules.

Accommodation: Provided (Partly Furnished, Depending on availability).

Applications are to be done only through the online application system.

Please log on to <https://www.cmch-vellore.edu/JobVacancy.aspx?jtype=ALL>

Link: "Vacancies". *Hard Copies and emails will not be accepted.*

Applications will close by **July 06, 2024** for **Item 1**.

2. Registrar (Non-PG) with MBBS for the **Department of Neurological Sciences**

Salary: As per institutional rules.

Accommodation: Provided (Partly Furnished, Depending on availability).

Applications are to be done only through the online application system.

Please log on to <https://www.cmch-vellore.edu/JobVacancy.aspx?jtype=ALL>

Link: "Vacancies". *Hard Copies and emails will not be accepted.*

Applications will close by **July 06, 2024** for **Item 2**.

3. Library Assistant with Graduate + BLIS + One year CMC Trainee passed for the Department of RUHSA

Salary: As per institutional rules.

Accommodation: Not Provided.

Applications are to be done only through the online application system.

Please log on to <https://www.cmch-vellore.edu/JobVacancy.aspx?jtype=ALL>

Link: “Vacancies”. *Hard Copies and emails will not be accepted.*

Applications will close by **July 06, 2024 for Item 3.**

4.. Associate Research Officer (NM) for the Department of Clinical Virology Job Code: 1548

Qualification: M.Sc. Biological Sciences / B.Sc. Biological Science with 2 years’ Experience.

Salary: As per institutional rules.

Mode of Appointment: Project Mode.

Accommodation: Not Provided.

Applications to be done only through online application system.

Please log on to <http://www.cmch-vellore.edu> **Link:** General - “Vacancies”.

Hard Copies and Emails will not be accepted. Applications will close by **July 06, 2024 for Item 4.**

Vacancies under the office of Medical Superintendent - for queries contact the mentioned office

5. Asst. Respiratory Therapist (Term Appointment) for the Department of Pulmonary Medicine (CMC Vellore, Ranipet Campus)

Qualifications: B.Sc., Respiratory Therapy / B.Sc. with PG Diploma in advanced Respiratory Therapy.

Consolidated Pay: Rs.26,540/-.

Age Limit: 35 years.

Note: Only Regular mode will be accepted, private or correspondence will not be accepted.

Applications to be done only through online application system. Please login to

<http://www.cmch-vellore.edu> **Link:** “Vacancies”.

Note: Only online applications will be accepted; Hard copies will not be accepted.

Applications will close on **July 08, 2024 , 2024 for Item 5.**

6. Asst. Social Worker (Term Appointment) for the Department of Radiation Oncology

Qualifications: M.S.W / M.A., (Social Work / Sociology) / M.Sc., (Medical Sociology).

Consolidated Pay: Rs.26,540/-.

Age limit: 35 Years.

Note: Only Regular mode will be accepted, private or correspondence will not be accepted.

Applications to be done only through online application system. Please login to

<http://www.cmch-vellore.edu> **Link:** “Vacancies”.

Note: Only online applications will be accepted; Hard copies will not be accepted.

Applications will close on **July 08, 2024 for Item 6.**