

Christian Medical College Vellore NEWSLINE



August 05, 2024

Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!

2 Corinthians 5:

Shalom Family Medicine Centre – 10th Anniversary Celebrations



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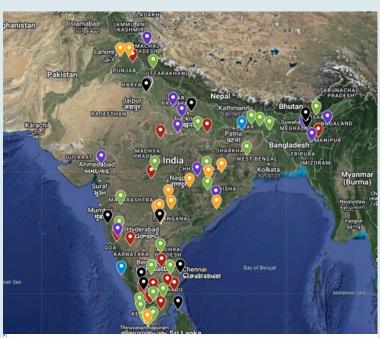
Situations Vacant

A commemorative event on the 10th anniversary of the inception and service of the Shalom Family Medicine Centre was celebrated on 19th July 2024. It was an occasion to recall and reflect on the journey of the Shalom Family Medicine Centre over the past decade. The team was thankful, for God's goodness, faithfulness and guidance along this journey. The team was felicitated by Dr. David Mathew, Deputy Medical Superintendent, Mrs. Alice Sony, Nursing Superintendent and Mrs. Shandrilla, Deputy Dean. Over 100 staff and retired staff participated in the programme. Shalom Family Medicine Center was started in the CSI building, on 21st July 2014. It is an exclusive family clinic providing comprehensive and holistic patient-centred care to the residents of Vellore Town. It caters to approximately 50,000 patients a year. It is an easily accessible clinic for the local people, providing individual and family-oriented care considering community-level factors and social determinants of health. There is tremendous teamwork under the headship of Dr. S. Venkatesan among the medical, nursing and paramedical staff creating an atmosphere of oneness in providing health care. The Shalom family medicine team works together to promote compassionate care and continues to be a witness of the love of Christ through words and actions, in accordance with Dr. Ida's vision. Standing by the "patient first" campaign envisioned by our Director Dr. Vikram Mattews, Shalom Clinic strives to elevate the standards of care and give long-term quality medical care to all. The centre serves as a resource for undergraduate and postgraduate training and research activities.





Global Diabetes-related Foot Disease Training Programme



Global Diabetes Foot Training Programme 2023/24: Participating Institutions			
Map Key			
8	Phase 1: First Batch		
9	Phase 1: Second Batch		
9	Phase 1: Third Batch		
9	Phase 1: Catholic Health Association of India		
9	Phase 2A		
8	Phase 2B/CME		

Diabetes-related foot disease is a frequently-neglected condition, the world over. This challenging disorder, exacerbated by a nexus of synchronous factors including infection, ischaemia, poor glycaemic control, neuropathy, bony deformities, ulceration, issues of gait and improper footwear usage, has the potential to rapidly deteriorate and lead to amputation. Its timely and effective management requires the collaborative effort of a trained multidisciplinary team. Herein lies the central tenet of the Global Diabetes Foot Training Programme, conducted by the Department of Endocrinology, Diabetes & Metabolism in collaboration with the Department of Distance Education supported by a generous grant from the Novo Nordisk Foundation. The Christian Medical College Vellore has over seven decades of experience in the medical management of the foot in diabetes, transcribed from the legacy of Dr. Paul Brand and rooted in the treatment of leprosy since the 1940s. The Global Diabetes Foot Training Programme aims to channel this expertise, honed over time, towards improving foot care and footwear, globally. Beginning in June 2023, the team-based programme activities have been carried out in collaboration with the Distance Education unit, Vascular Surgery, General Surgery-1, Plastic Surgery, Anatomy, Radiology, Prosthetics & Orthotics, Physical Medicine & Rehabilitation, and the Missions Department.

In keeping with the programme's mission to train, guide and support the creation of multidisciplinary teams for the integrated management of the foot in diabetes, participation is invited from mixed teams consisting of doctors, nurses, physiotherapists and prosthetic & orthotic personnel. To optimise learning and facilitate skill transfer for participants from a wide range of academic and professional backgrounds, the Global Diabetes Foot Training Programme is conducted in the following phases:

Phase 1: Foundational Online Training

This is hosted on the CMC Endo Training portal, where participants receive unique login credentials. Lectures are delivered by programme faculty via Zoom (2 hours a week for 4 weeks), and cover Peripheral Neuropathy, Pre-ulcer state, Peripheral Vascular Disease, Osteomyelitis of Foot, Charcot Foot, Medical Offloading and Necrotising Fasciitis & common surgeries of the foot in diabetes.

Performance evaluation is based on weekly pre-tests and post-tests and an online team assessment, which serves as a mandated gateway leading to Phase 2A (in-person, hands-on training at CMC Vellore). Participants receive the Foundational Certificate in Diabetes Foot Care on successful completion of Phase 1 Training.

Phase 2A: In-person Hands-on Training at CMC Vellore

This training is built on the theoretical and clinical groundwork of the Phase 1 training. The course is conducted across 4 days from Tuesday to Friday and offers participating teams, classroom-based lectures interwoven with practical experience, case-based discussion and demonstrations in the diabetes foot clinic, vascular laboratory, and prosthetic & orthotic centre. In addition to the in-person training, theory and practical exams, 12 interactive online modules have been created in collaboration with the Distance Education Department, based on the Diabetes Foot: A Comprehensive Guide for Clinicians, 2023 (ISBN No.9789354655456).

More than 240 participants from 73 institutions including, The Christian Medical Association of India, The Leprosy Mission hospitals, other mission centres, and hospitals affiliated with the Catholic Health Association of India have undergone Phase 1 Foundational Training in 3 batches. So far 31 of those hospitals have been hosted at CMC Vellore for Phase 2A In-person training to date.

A core team led by the doctors and nurse educators of the Department of Endocrinology have concurrently launched Phase 2B with two-day workshops and Continuing Medical Education at selected participating hospitals across the country. Centres are being identified for partnership as potential nodal training hubs to subsequently support healthcare professionals in their community.

Phase 3A:

Focuses on rigorously training prosthetic & orthotic personnel, technicians and shoemakers to work with healthcare providers in improving the management of the foot in diabetes. It is a capacity-building exercise and they will receive extensive technical guidance and support on the nuances of diligently crafting custom footwear and devices. Ultimately, the Global Diabetes Foot Training will culminate in Phase 3B which is setting up manufacturing units to produce and distribute custom footwear and prosthetics in targeted participating centres.

A sagacious analysis of participant feedback at every step, since Day 1, alongside planning and strategic meetings with the project administration team and collaborators has allowed us to update our processes and protocol. From training schedules, activity timelines, layout and accessibility of the CMC Endo Training Portal (which hosts the online training), participant communication channels and content, to redefining programme terminology and mandates - the Global Diabetes Foot Training Programme has proved to be an ever-evolving entity. The programme's focus is on optimising our practices to better train integrated teams of multidisciplinary healthcare professionals on foot care working in tandem with technical support staff wo are skilled in the manufacture of customised footwear for the Foot in Diabetes.



Professor Felix Jebasingh, Global Diabetes Foot Training Programme-Course Director, delivering a lecture on Osteomyelitis during the Phase 1 Online Foundational Training



Phase 2A: Professor Bobeena Chandy, Dept. of PMR presents a PTB Bohler Iron Orthosis to participants, while discussing the importance of Offloading and Footwear modification with the participants



Phase 2A: Dr. Emmanuel L, Associate Professor of General Surgery presents bedside assessment and intended surgical management of a patient with a foot ulcer



Phase 2A: Bedside discussion of a post-operative case at the Vascular Surgery Ward, Ranipet Campus, by Dr. Prabhu Premkumar, Professor of Vascular Surgery



Phase 2A: Participants attend a lecture on footwear prescribed for the preulcerative state, presented by Mr. Arul Thomas, senior Prosthetist & Orthotist



Phase 2A: Mrs. Ruth Volena, Staff Nurse and Senior Diabetes Educator describing the types and usage of Monofilaments for the assessment of Peripheral Neuropathy



Phase 2A: Mr. Lenny Vasanthan T, Associate Professor in Physiotherapy demonstrates gait aids, and gait rehabilitation with the help of a participant volunteer



Phase 2A: Charge Nurse and Senior Diabetes Educator Mrs. Bharathi performs a live demonstration of callosity removal on a patient.



Phase 2B: Professor Nihal Thomas & Professor Felix Jebasingh, Global Diabetes Foot Training Programme Administrative Team, alongside the team from The Leprosy Mission Hospital at Faizabad, Ayodhya. The Programme team visited Ayodhya as part of a 2-day workshop/CME

To view the remaining Photos click the following link: https://www.cmcendovellore.org/ga llery-global-diabetes-foot-training/

American Heart Association - Advanced Cardiac Life Support (AHA ACLS) Provider level course



The AHA- ACLS provider level course was held on the 25 & 26th of July 2024. This 2-day course is designed for healthcare providers (doctors, nurses, paramedics) who initiate advanced life care in acutely ill adults, beyond basic life support, through the stabilization or transport phases of an adult emergency. This Advanced Cardiac Life Support Course is accredited by the American Heart Association and is valid internationally. The number of participants is strictly restricted to 24 as per AHA guidelines. The ACLS faculty were Dr. Ekta Rai, Dr. Anand Babu, Dr. Suda Naveen and Dr. Chris Maria from the Department of Anaesthesia. Dr. Sandeep from the Emergency Department and Dr. Janavi from Medicine were invited faculty. Twenty-four delegates actively participated in this ACLS course.

Research Methodology Workshop on Dissertation Completion for MD / MS Post Graduate Registrars



The Clinical Epidemiology Unit, CEU organised the Research Methodology-Dissertation Completion Workshop for the final year MD/MS post-graduates at the New Examination Hall in two batches on 11th& 12th June and 10th and 11th July 2024. The workshop started with prayer by Chaplain Rev. Subir Lal Nath and a welcome address by Dr. Tripti Meriel Jacob, Vice Principal, PG.

The topics covered were:

- The Tamil Nadu Dr. MGR University's guidelines
- Formatting dissertation
- Saving data and final report
- Thesis writing parts and annexures
- Making tables and figures.

A refresher course on Zotero reference management software, Epidata data entry software and data analysis using SPSS software were also conducted. The remaining time was 'Hands-on', where the registrars had protected time to complete their thesis activities with the help of resource faculty from the Clinical Epidemiology unit and the Department of Biostatistics. The faculty consisted of Dr. J.P. Muliyil, Dr. Prathap Tharyan, Dr. Thambu David, Dr. Sathish Kumar, Dr. Prasanna Samuel, Dr. Gowri Mahasampath, Dr. Reka, Dr. Grace Rebekah, Ms. Divya, Ms. Maya, Ms. Jhansi, Mr. Suthish, Dr. Vignesh Kumar and students from the Department of Biostatistics. The workshop was well received by the participants.



Special Prayers This Week

August 04 - 10, 2024

Clinical Microbiology: Dr. John Antony Jude Prakash and Staff

Clinical Virology: Dr. Shoba Mammen and Staff

CSI Vellore Diocese

Council Members: Rt. Rev. H. Sharma Nithiyanandham

Rev. I. Jared Arul Jebareuben

Hospital: Scudder Memorial Hospital,

Ranipet and CSI Hospital, Vandavasi.

Council for World Mission

Council Members: Most Rev. A. Dharmaraj Rasalam

Adv. C. Fernandez Rathina Raj



Welcome

- Dr. Rajiv Michael, Professor, Head & Neck Surgery Unit-I, on his return from sabbatical leave.
- Dr. Vaibhav Londhe, Professor, Obstetrics & Gynaecology Unit-I, on his return from study leave.
- Dr. John Kandam Kulathu Mathew, Associate Professor Gr.II, Department of Anatomy, on his return from study leave.

Memoranda

- **Dr. Rajiv Michael,** Professor, is appointed as Head of Head & Neck Surgery Unit-I with effect from 1st August 2024 until further notice.
- **Dr. Vaibhav Londhe,** Professor, is appointed as Head, Obstetrics & Gynaecology Unit-I with effect from 1st August 2024 until further notice.
- The **Department of Endocrine Surgery** will function as two units with effect from 1st August 2024.
- **Dr. Paul M.J.,** Professor, will continue as Head, Department of Endocrine Surgery until 25th August 2024 as per the notice dated 20th August 2020.
- **Dr. Paul M.J.,** Professor, is appointed as Head, Endocrine Surgery Unit-I, with effect from 1st August 2024 for a four year term.
- **Dr. Anish Jacob Cherian,** Professor, is appointed as Ag. Head, Endocrine Surgery Unit-II, with effect from 1st August 2024 until further notice.
- The **Paediatric Nephrology Unit** that was functioning under **Paediatrics Unit-II** since 2003 will function as a Department of Paediatric Nephrology with effect from 1st August 2024 under the **Division of Child Health.**
- **Dr. Deepthi R.V.,** Associate Professor, is appointed as Ag. Head of this Department with effect from 1st August 2024 until further notice.

Laurels & Recognitions

- **Dr. R. Vignesh,** Postgraduate Registrar has won second prize in E-poster presentation at the ISACON South Zone 2024 held at Lion's Convention Centre, Yercaud, Salem, Tamil Nadu from 20th to 21st July, 2024.
- Department of Paediatric Surgery conducted the 23rd Annual Tamil Nadu and Puducherry Paediatric Surgery Conference at CMC Vellore between 18th 20th July, 2024.

The following postgraduates won prizes for their presentations:

The conference was much appreciated for the emphasis on multi-disciplinary team approach to patient care and for conducting it with minimal waste generation.

Retirements

• **Mr. Ragu M.,** Hospital Attendant Gr. I, CRS, retired on 28th June 2024, after 35 years of dedicated service to our institution.

His wife Mrs. Thirumagal is a homemaker. They have 2 daughters and 1 son. The elder daughter Mrs. Hashwini is working as a Lab technician in the ASHA building (5th floor); the younger daughter Ms. Roshini, has completed her Diploma in Nursing and is working in B2 ward, Paul Brand Building, and their son Mr. Nishanth has completed his Diploma in Radiology. The CMC family is thankful to Mr. Ragu M. for his service in this institution and wishes him a happy retired life.





• Mrs. Kondamma N., Sr. Hospital Housekeeping Attendant, Hospital Maintenance, retired on 1st July 2024, after 41 years of dedicated service to our institution.

Her husband Mr. Isaac is a retired HHKA in the main operation theatre. Their daughter Ms. Ruby is a Diploma Nurse in the Respiratory Isolation ward, Ranipet Campus and their son Mr. Raj Kumar is an HHKA in Maintenance. She is also blessed with 4 granddaughters and 2 grandsons. The CMC family is thankful to Mrs. Kondamma N. for her service in this institution and wishes her a happy retired life.

• **Mr. Murali S.,** Sr. Gr. Office Facilitator II, Operation Theatre (Main), retired on 3rd July 2024, after 37 years of dedicated service to our institution.

He is married to Mrs. Vedalatha, Computer Terminal Operator at Child Health - I. Their son Mr. Vikraman is working as H.R. Asst. Manager at Naruvi Hospital, and daughter Ms. Vandhana has completed B.Sc. Physician Assistant. He has 1 grandson. The CMC family is thankful to Mr. Murali S. for his service in this institution and wishes him a happy retired life.



• **Mr. Mahendiran M.,** Sr. Gr. Office Facilitator I, Hospital Laundry, retired on 15th July 2024, after 36 years of dedicated service to our institution.

His wife Mrs. Mary Kalyani, is a retired Axillary Nurse, CSSD. Their son Mr. Arulanadan is working as an HA in the Pharmacy Department, and their daughter Ms. Anupriya has completed B.sc. Nursing. The CMC family is thankful to Mr. Mahendiran M. for his service in this institution and wishes him a happy retired life.



Obituaries

• Mr. Suresh Kumar, Staff Nurse Gr.II, a devoted Staff Nurse, passed away alongside his wife, Mrs. M. Elizabeth Rani, on 14th July 2024. Mr. Suresh Kumar completed his Diploma in Nursing and Post Basic Diploma in Renal Nursing at the College of Nursing, CMC Vellore. He began his career as a Staff Nurse on 5th July 1996, diligently serving in the Urology ward until 1st March 2008. After a brief period aboard, he returned on 04.02.2019 as an Assistant Night Supervisor.



Mr. Suresh Kumar was known for his calm demeanour, active spirit, and respectful nature, making him a valued member of our team. as an Assistant Night Supervisor, he adeptly guided and supported the nursing staff during night shifts, particularly in times of crisis.

He is survived by his mother, Mrs. P. Sundrammal and his daughters Miss. Betina S, (1st Year B.Sc., Nursing Student – CON, CMCV, Chittoor Campus) Miss. Beautlyne S. and Miss. Belcia Smiley S. Our thoughts and prayers are with his family during this difficult time.

• Mrs. Sarada, mother of Mr. V. Mani, Hospital Attendant Gr.I, MRD and grandmother of Ms. Jeeva Priya, 3rd year Diploma Nursing student, passed away on 1st August, 2024.

Let us uphold all the bereaved members of the family in our prayers.

Upcoming Event

The Alumni Reunion will be held on **August 8 - 10, 2024**. This year, the special batches are 1944, '49, '54, '59-60, '64, '69, '74, '79-80, '84, '89, '94 and '99. The schedule for the reunion is as follows:

Alumni Reunion 2024

Thursday, 8th August, 2024

Individual Batch Activities

Friday, 9th August, 2024.

Time	Venue	Programme
2.00 pm	Scudder Auditorium	Meet the Students
3.30 pm	,,	Tea
4.00 – 5.30 pm	,,	CME

Saturday, 10th August, 2024

Time	Venue	Programme
8.00 am	Scudder Auditorium	Tree Planting & Registration
9.00 – 9.45 am	,,	Open Meeting & Alumni Award
9.45 – 10.15 am	,,	Refreshments
10.15 – 11.15 am	,,	General Body Meeting
11.15 am – 12.45 pm	,,	Introduction & Photographs
1.00 pm	Men's & Women's Hostels	Lunch for all visiting alumni and
		special reunion batches
5.30 pm	Scudder Auditorium	Thanksgiving and
		Dedication Service
7.00 pm	Scudder Hall	Alumni Dinner for all alumni
8.00 pm onwards	Scudder Auditorium	College Motto Award & Entertainment by
		Special Batches

- Recipient of the Alumni Award 2024 Mr. E. Albert
- Recipient of the College Motto Award 2024 Dr. Ajay Chaitanya Raju

ALUMNI REUNION 2024

Friday, 9th August, 2024

 $4.00 \, \mathrm{pm}$

Scudder Auditorium, CMC College Campus

Application of artificial intelligence for health systems strengthening in major global health challenges



Dr. Justy Antony Chiramal - Batch of 1999



Connecting the World for Cystic Fibrosis

Dr. Grace Rebecca Paul - Batch of 1994

Update on obstetric emergencies and their management in the secondary level health care system in Tamil Nadu

Dr. Priya Vasanthakumari - Batch of 1989





Promoting Paediatric Critical Care in UP

Dr. Banani Poddar - Batch of 1984

Chaired by Dr. Shyamkumar N.K & Dr. Rajendra Benny CMC Vellore

Situations Vacant

Vacancies under the Principal's Office - for queries contact the mentioned office

1. Project Research Scientist - I for the Department of Clinical Haematology Job Code: 1551

The Department of Clinical Haematology, Christian Medical College Vellore, Ranipet Campus invites application for the post of Project Research Scientist - I to work under the project titled "IPSC based modelling of AML for understanding chemoresistance" funded by the Indian Council of Medical Research.

Qualification: Ph.D in Life Sciences.

External Salary: Consolidated Salary Rs.56,000/- + 9% HRA.

Mode of Appointment: Project. Accommodation: Not Provided.

Applications to be done only through online application system.

Please log on to http://www.cmch-vellore.edu Link: General - "Vacancies".

Hard Copies and Emails will not be accepted. Applications will close by August 17, 2024 for Item 1.

Vacancies under the office of Medical Superintendent-for queries contact the mentioned office

2. Project Technical Support III (External - Project) for the CMC Vellore, Chittoor Campus

Qualifications: Master's in Social Work (M.S.W).

Consolidated Pay: Rs.30,520/- **Age Limit :** Below 35 years.

Gender: Women Preferred.

Experience : Experience with public health delivery system, research.

Job Description: To conduct project activities at public health facilities in Chittoor District. This ICMR project aims to improve the service delivery and care for persons with NCDs in the public health delivery system. The role will involve travel to public health facilities across the district and liasoning with teams in the public health delivery system to motivate the teams for implementation at the health facilities. Data collection will also be done.

Job Condition : Implementation research project in Chittoor District, Andhra Pradesh.

Job Preference: Those with fluency in Telugu will be given preference. Masters level training in relevant health disciplines like nursing or public health will be considered. Experience in research projects, data collection, qualitative research, health systems research and familiarity with the government public health delivery system is desirable. Ability to use excel, word and other data entry apps is desirable.

Nature of Job: Term contract appointment for project co-ordination.

Note: Only Regular mode will be accepted, Private or correspondence will be not accepted.

3. Staff III Microbiologist for the Department of Clinical Microbiology

Qualifications : B.Sc., Degree with PG Diploma in Medical Microbiology (CMAI) with experience in Antimicrobial Susceptibility Testing techniques like (MIC, MBD and Time Kill Assay) and PCR. Candidate who have fours years experience as Jr. Microbiologist (Term Appointment) or equivalent only need to apply.

Salary Scale: Rs.13577 - 543 – 27152 + DA & HRA as per rules.

Age Limit: 35 years.

Nature of Job: To work in the Microbiology Laboratory as Technologist.

Note: Only Regular mode will be accepted, Private or correspondence will be not accepted.

4. Jr. Speech Therapist (Term Appointment) for the Department of Developmental Paediatrics

Qualifications: BASLP., / B.Sc., SLP (Preference will be given to one with experience working with

children).

Consolidated Pay: Rs.32,870/-**Age Limit:** 30 years.

Accommodation: Not provided.

Nature of Job: Assessing and offering assistance to children with speech and language disorders.

Note: Only Regular mode will be accepted, Private or correspondence will be not accepted.

Applications to be done only through online application system. Please login to

http://www.cmch-vellore.edu Link: "Vacancies".

Note: Only online applications will be accepted; Hard copies will not be accepted.

Applications will close on August 19, 2024 for Items 2, 3 and 4.

5. Jr. Critical Care Therapist (Term Appointment) for the Neurology ICU

Qualification: B.Sc., Critical Care Technology (B.Sc., with One year Internship) from any recognized University.

Consolidated Pay: Rs.22,130/-

Age Limit: 30 years.

Job Description : To work in NICU.

Note: Only Regular mode will be accepted, Private or correspondence will be not accepted.

6. Technician Trainee for the Department of Clinical Microbiology

Qualifications: H.Sc., with Science Subjects.

Only Male candidates need to apply.

Stipend: Rs.7,700/-Age Limit: 30 years.

Nature of Job: To work in the microbiology laboratory as Trainee for the first one year.

Note: Only Regular mode will be accepted, Private or correspondence will be not accepted.

Applications to be done only through online application system. Please login to

http://www.cmch-vellore.edu Link: "Vacancies".

Note: Only online applications will be accepted; Hard copies will not be accepted.

Applications will close on August 19, 2024 for Items 5 and 6.

Others

7. Applications are invited for the post of **Teacher** in **Sparkling Stars Creche** and **Playgroup**, at CMC **Vellore, Ranipet Campus:**

Qualification: +2 / Degree with TTC / Montessori / B.Ed.

Applications are invited from female candidates who are fluent in English, with prior teaching experience. **Age:**Below 30 years. Preference will be given to those who are living near CMC Vellore, Ranipet Campus. Interested candidates may send their CV / application with photocopies of certificates through email to the email ID mentioned below or submit hard copies of their application at the Security Gate in the Ranipet Housing Campus on or before August 12, 2024 for Item 7.

Phone: 98109 32814 / 84891 17818. Email: ranipetcreche@gmail.com

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