

Christian Medical College Vellore



# Newsline

September 9, 2024

"To God be the Glory, Great things He has done" He who began a good work in you will bring it to completion at the day of Jesus Christ – Philippians 1:16

# **Report on World Breastfeeding Week**



College of Nursing CMC Vellore, Chittoor Campus:

The College of Nursing and Obstetrics & Gynecology department organised a health awareness programme for World Breastfeeding Week from 1st to 7th August 2024, under the theme "Closing the Gap: Breastfeeding Support for All." Mrs. Sophia J(faculty) and Ms. Jane Sandhya(tutor) from the College of Nursing, Chittoor Campus, led the event, which included competitions such as essay writing, poster making, video making, and cooking for staff and students. On August 7th, 2024, an awareness programme was organised in the patient waiting area of the Chittoor Campus. Mrs. Nirmala Margaret P., Principal, College of Nursing (CMC Vellore Chittoor Campus), welcomed the gathering.





The Chief Guest, Mrs. Nirmala Manoharan, former Professor of OBG Nursing, CON-CMC Vellore, addressed the gathering and emphasised the importance of breastfeeding. Mrs. Alice Sony, Nursing Superintendent; Dr. Leah Thomas, Acting Deputy MS (OPD services), Chittoor Campus; and Dr. Annie Prasanthi, Professor of Obstetrics and Gynecology, Chittoor Campus, offered felicitations. Posters and models on breastfeeding were showcased, while roleplay and a theme song were performed by the 3rd and 4th-year B.Sc. Nursing students from the College of Nursing. Patients attending outpatient services, along with their relatives, actively participated and benefited from the programme. On 10th August 2024, the 4th-year B.Sc. Nursing students from the College of Nursing, CMC Vellore Chittoor Campus, conducted a health education programme in Mapakshi and Pasumandha villages, Chittoor, as part of World Breastfeeding Week. Throughout the week, staff provided specialised health education to mothers in the wards and outpatient departments (OPDs).

# Report on Nasha Mukt Bharat Abhiyaan (NMBA) Campaign

### **College of Nursing CMC Vellore Chittoor Campus**

The College of Nursing CMC Vellore, Chittoor Campus organised an awareness campaign on Drug-free India on the theme "Viksit Bharat Ka Mantra, Bharat ho Nashe se Swatantra" on 12th August 2024. The final year and first-year B.Sc. Nursing students actively participated in the campaign with the guidance of faculty and staff. Dr. Pastin Pushpa Rani P, Vice Principal of the College of Nursing, CMC Vellore Chittoor Campus, introduced the theme and the aim of organising an awareness campaign. She encouraged students to be change agents in society and emphasised the need for the youth to abstain from all kinds of drugs to build a healthy nation. The students who participated in the campaign enthusiastically pledged to create a 'Drug-free nation'.



On the same day, the 'Drug-free India' Rally was conducted in Thummindapalayam village of Chittoor District, A. P. The Chief Guest of the occasion Mrs. Ranjini, Vice-MPP Thummindapalayam village flagged off the rally. Nearly 50 B.Sc. Nursing students participated in the rally and created awareness among the public by shouting slogans and by using placards and banners.

Later in the day, a seminar was organised for B. Sc. Nursing students on an 'Addiction Free Future' which was attended by 50 students. The magnitude of substance use, the cycle of addiction, the neurobiological influences and the management measures were discussed during the seminar. The overall response from students and the community was good.



# **CME on Paediatric Upper Extremity Disorders**

The Departments of Paediatric Orthopaedics and Hand Surgery, CMC Vellore conducted a CME for postgraduates on Paediatric Upper Extremity Disorders on 31 August 2024 along with a workshop on Elastic Stable Intramedullary Nailing of the Forearm. External Faculty included Prof. Benjamin Joseph (retired) from Manipal, Dr. Maulin Shah from Ahmedabad and in-house faculty Dr. Samuel C Raj and Dr. Anil Mathew from the Department of Hand Surgery, CMC Vellore.



Topics discussed were:

- OBPP (Obstetric Brachial Plexus Palsy)
- Congenital disorders
- Upper limb issues in Hereditary Multiple Exostosis (HME)
- Tumors affecting the upper limb
- Late-presenting trauma
- Peripheral nerve injuries
- Neuromuscular disorders
- Case-based discussions for postgraduates

110 delegates and more including junior consultants and professors from other institutes attended this CME. The CME received good feedback from the delegates, for focusing on a specific area of interest and was beneficial in covering a wide range of topics about the Paediatric upper limb.



# A 5-Day Workshop on Cochrane Systematic Reviews, GRADE, Evidence to Decision by Cochrane CMC Vellore Affiliate and Clinical Epidemiology Unit

The Cochrane India CMC Vellore affiliate and Clinical Epidemiology Unit organised a 5-day workshop on Cochrane Systematic Reviews, GRADE and Evidence to Decision between the 26th and 30th August 2024 at the CSCR auditorium, Rehab Campus, Bagayam. The inauguration ceremony commenced with a word of prayer by chaplain Ms.Saramma Kuruvilla. Dr.Thambu David, Senior Professor of Medicine and former Director of Cochrane India CMC Vellore affiliate welcomed the gathering.





Dr. Mohan Kamath, Director, Cochrane India CMC Vellore affiliate and Senior professor & Head of Reproductive Medicine and Surgery, introduced the workshop to the participants. This was followed by Chief Guest addresses by Dr. Vinod Abraham, Vice principal (UG) and Dr. Jacob John, Additional Vice-Principal – Research. Dr. Prathap Tharyan, Adjunct Professor, Clinical Epidemiology Unit and Founder Director of Cochrane South Asia addressed the gathering and wished the participants the best. Dr. Sathish Kumar, Professor of the Clinical Epidemiology Unit, Paediatric Rheumatology and Head of Child Health II delivered the vote of thanks.

Dr. Grace Rebekah, Department of Biostatistics, was the master of ceremony at the inauguration. The topics that were covered during the workshop were randomised controlled trials, introduction to Cochrane systematic reviews, Cochrane collaboration, INSYNQ and research question, literature search, risk of bias, meta-analysis, GRADE, evidence to decision framework and guideline development.

Mr. Rajeev from Ovid Medline took a practical session on literature search in Ovid Medline. All the sessions featured a hands-on exercises using Zotero, Revman, Covidence and Grade Pro softwares. The faculty and organising team consisted of Dr. Prathap Tharyan, Dr. Thambu David, Dr. Mohan Kamath, Dr. Prasanna Samuel, Co-Director of Cochrane CMC Vellore affiliate, Dr. Sathish Kumar, Dr. Azariah Jeba Kumar, Head of Library Sciences, Dr. Vignesh Kumar and Ms. Vinitha, Clinical Epidemiology Unit. The sessions were interactive with active participation. 38 participants including 22 participants from other institutions all over India attended the workshop. The participants were appreciative of all sessions and were keen on attending future workshops organised by the department. The department is thankful to all the resource persons; the Principal's Office for their support; and staff from the CSCR auditorium, telemedicine and Techne Online for the smooth conduct of the workshop.



# **CME on the Clinical Approach and Management of Electrolyte Abnormalities**

The Department of Continuing Medical Education and the Department of Nephrology organised a CME on the Clinical Approach and Management of Electrolyte Abnormalities on 24th August 2024. The programme was moderated by Dr. Joseph Johny from the Department of Nephrology. The speakers, Dr. Vinay Alexander Issac, Dr. Anant S. Pilawan, Dr. Sathish Kumar S., and Dr. Jacob George covered the topics of hypernatremia, hyperkalemia, and hypokalemia. The programme was attended by more than 120 participants attending remotely from 13 states and several departments in CMC. The CME Department thanks Dr. Vinoi David, Professor and Head, Department of Nephrology, Dr. Joseph Johny, Mrs. Hasna Rajesh, Telemedicine Department, and all the faculty for making the program possible.

# **AHA- ACLS Provider Level Course**

The American Heart Association Advanced Cardiac Life Support (AHA ACLS) Provider level course held on the 30th & 31st of August 2024 is designed for healthcare providers (doctors, nurses, paramedics) who initiate advanced life care in acutely ill adults; beyond basic life support through the stabilization or transport phases of adult emergency.

This Advanced Cardiac Life Support Course accredited by the American Heart Association is valid internationally with strict participation of 24 as per AHA guidelines. The ACLS faculty were Dr. Ekta Rai and Dr. Bernice Theodore (Anaesthesia), Dr. Priya G (Emergency), and Dr. Atul (MICU). Dr. Benette Philip from Medicine, Dr. Chris Maria from Anaesthesia were under monitoring Twenty-one delegates actively participated in this ACLS course.



# **PTP 100 for 100**

We extend our heartfelt thanks to the **100+** staff who signed up in August for the **PTP 100 for 100 campaign!** Their contribution will help support treatment cost for **46 more** economically disadvantaged patients. Of course, a special mention to the 450+ generous PTP Champions who are already helping to bridge the gap for deserving patients and their families.

It was a pleasure to see our staff participate in the **PTP thro my eyes**—a story and video competition. The impactful stories they shared were based on real-life experiences that involved acts of charity at CMC Vellore. A shout out to the Judges Ms. Anisha Macaden, Ms. Hima J and Mr. Durai Jasper for taking their time to judge the entries.

The winning entries have been published on CMC's official donation website – givecmc.org. Don't miss the captivating 2-minute video made by our in-house experts at CONCH! View the video and stories here <u>https://bit.ly/PTP\_my\_eyes</u>

### **PTP Video**

1st Prize - Ms. Joy Priyadharishini, Community Health Nursing Department.
2nd Prize - Ms. Cinthiya Rachel Grace.J, Mr. Dinesh T. and Ms. Vidhya M. K ward Nursing Team.

### **PTP Story – Tamil**

1st Prize - Mr. Naveen Chrandranath, MRD, CMC Vellore Consolation Prize - Mr. S. Asirvatham, Mechanical Engineering Department.

PTP Story – English 1st Prize - Mr. John Leeson Department of Pulmonary Medicine. 2nd Prize - Ms. Margaret Amalaraj OPD, CMC Vellore, Ranipet Campus. Consolation Prize - Ms. S. Mary Pilomina, MCTT OPD Service.





### Thank you! For your contributions and participation View the winning video and stories here https://bit.ly/PTP\_my\_eyes

The Development Office is still accepting impact stories to share with donors and well-wishers of CMC Vellore. If you have a story to share, get in touch with the team @3509/2486 or WhatsApp 83002 05559 or email dev.office@cmcvellore.ac.in

Dr. Vinoi George David Deputy Director – Gifts and Grants

## **Special Prayers This Week**

### September 08 - 14, 2024

### **Ophthalmology** :

Dr. Sheeja Susan John and Staff Dr. Arathi Simha R. and Staff Dr. Jeyanth Suresh Rose and Staff Dr. Deepa John and Staff Dr. Satheesh Solomon T. Selvin and Staff Dr. Anika Amritanand and Staff Mrs. Angeline Jayarani and Staff

*Low Cost Effective Care Unit* : Dr. Venkatesan S. and Staff Mrs. Angeline Jayarani and Staff

**Department of Family Medicine :** Dr. Venkatesan S. and Staff Mrs. Angeline Jayarani and Staff

Shalom Family Medicine Centre: Dr. Venkatesan S. and Staff Mrs. Angeline Jayarani and Staff

International Service Fellowship (Interserve) Council Members: Mr. Eappen John Mr. Vijay Alexander

*Christoffel Blinden Mission* Council Member: Dr. Sara Varughese

### Welcome

- Dr. Amit Mathew, Associate Professor, Department of Anaesthesia, on his return from study leave.
- Dr. Anna Paul, Assistant Professor, General Medicine Unit-II, on her return from study leave.

### Laurels & Recognitions

- **Dr. Nisha Jose,** Associate Professor, Department of Nephrology won second place in the poster competition held in the national conference of WIN-ICON 2024 in Trivandrum held on 3rd and 4th August, 2024.
- Postgraduate Higher Specialty Examination held in August 2024 (University results published on 23.08.2024).

DM / M.Ch. - August 2024 Session

D.M. Clinical Haematology : Karthik R. and Manoj A.

D.M. Endocrinology: Khushboo Agarwal

D.M. Paediatric Neurology : Abhinaya Venkatakrishnan

M.Ch. Hand Surgery : Patankar Tejaswini Milind and Santosh Philip Virathan

M.Ch. Neurosurgery (Six Years) Part - I : John Roy

M.Ch. Neurosurgery (Six Years) Part – III : Basir Ahmed, Mohan P. and Naveen Kuriakose Thomas. 8



### Obituaries

- Master. Jayden Rufus M, Son of Mrs. Linda Juliet, Sr. Gr. Office facilitator II in Plastic Surgery Unit -II, passed away on 30th August, 2024. Let us uphold all the bereaved members of the family in our prayers.
- Mr. Sampath, father of Mr. Ramaraj, Hospital Attendant, Department of Psychiatry, passed away on 1st September, 2024.

Let us uphold all the bereaved members of the family in our prayers.

- Mr. Selvakumar, husband of Mrs. Padmapriya, Staff Nurse, HPB Day Care OR, CMC Vellore, Ranipet Campus, passed away on 1st September, 2024. Let us uphold all the bereaved members of the family in our prayers.
- Mrs. Mariamma Rajaratnam, wife of late Dr. James Rajaratnam, mother of Dr. Simon Rajaratnam, retired Professor, Endocrinology Department, mother-in-law of Dr. Anna Simon, Professor, Department of Paediatrics Unit-I, passed away on 2nd September, 2024.
   Let us uphold her son Dr. Daniel Rajaratnam, MBBS batch of 1979, daughter Dr. Annie Rajaratnam, MBBS batch of 1985, grandson Dr. Andrew James Simon, Senior Resident, Department of Paediatrics and all the other bereaved family members in our prayers.
- Mr. Dhanaraj, father of Mrs. Shalini Getsy, Lecturer in English, College of Nursing, CMC, passed away on 2nd September, 2024. Let us uphold all the bereaved members of the family in our prayers.
- **Mr. Sudhi Priya Mukherjee**, father of Dr. Partho Mukherjee, Professor, Department of Urology Unit-III and father-in-law of Dr. Deepti Bal, Associate Professor, Neurology Department, passed away on 4th September, 2024. Let us uphold all the bereaved members of the family in our prayers.
- Mr. Srinivasan T, father of Mr. Yuvaraj S., Paramedic Tutor, Department of Emergency Medicine and father-in-law of Ms. Vanitha, Staff Nurse, NHDU, passed away on 6th September, 2024. Let us uphold all the bereaved members of the family in our prayers.

## **Situations Vacant**

Click the following link to view the vacancies <u>https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx</u>

Vacancies under the Principal's Office - for queries contact the mentioned office

### Erratum :

1. Senior Resident / Assistant Professor with M.D. (Pharmacology) for the Department of Pharmacology and Clinical Pharmacology

**Experience :** Should have at least one year teaching experience as (Asst. Professor) in any NMC recognised teaching institution for applying Assistant Professor post.

Candidates with higher degrees than MD are not required.

Salary : As per institutional rules.

Accommodation : Provided (Partly Furnished, Depending on availability).

Applications are to be done only through the online application system.

Please log on to: https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx

Hard Copies and emails will not be accepted. Applications will close by September 14, 2024.

### 2. Assistant Professor with DM in Nephrology for the Department of Nephrology

Salary : As per institutional rules. Accommodation : Provided (Partly furnished, depending on availability).

Applications are to be done only through the online application system. **Please log on to: https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx** *Hard Copies and emails will not be accepted.* Applications will close by **September 21, 2024.** 

### 3. Assistant Professor with DM in Neurology for the Department of Neurology

Salary : As per institutional rules. Accommodation : Provided (Partly furnished, depending on availability).

Applications are to be done only through the online application system. **Please log on to: https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx**  *Hard Copies and emails will not be accepted.* Applications will close by **September 21, 2024.** 

### 4. Lecturer (AH) Gr.III for the Department of Psychiatry Unit-II

**Qualification :** M.A. / M.Sc. Psychology with 2 years M.Phil. in Clinical Psychology. **Salary Scale :** As per institutional rules. **Accommodation :** Not provided.

Applications are to be done only through the online application system. **Please log on to: https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx**  *Hard Copies and emails will not be accepted.* Applications will close by **September 21, 2024.** 

### 5. Lecturer Gr.II (Embroyologist) for the Department of Reproductive Medicine Surgery

**Qualification :** As per Assisted Reproductive Technology (ART), law 2021. MBBS or BVSc with MSc in clinical embryology, with two years' experience in IVF lab, BSc in life sciences or BioTechnology with MSc Clinical embryology with three years' experience in IVF lab, / PhD in Reproductive Biology/clinical embryology with at least one year experience in clinical embryology / Postgraduate in life sciences or Bio Technology with one-year certified course in Embryology along with four years' experience in IVF lab. The candidate should be able to perform independently ICSI and trouble shoot in IVF lab.

Salary : As per institutional rules. Accommodation : Not Provided.

Applications are to be done only through the online application system. Please log on to: https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx

Hard Copies and emails will not be accepted. Applications will close by October 10, 2024.

**6.** Admin & Logistics Coordinator for the Community Health / Distance Education Unit. *Job Code* : 1557 **Qualification:** M.B.A. or M.H.A. with at least 5 years of work experience (non – medical).

**Job Description :** Job involves management of online / onsite support for project activities that include development of blending learning courses, faculty and student support, replying to queries through email/phone calls, liaising with the internal departments course faculty / other department medical and nursing faculty and overseeing workshop arrangements, effective organizing and team interaction skills with project management team, good written and verbal communication skills in English, needs to travel within country, familiarity with OneDrive / Google Drive; maintenance of Excel / Google Sheets. Preference will be given to candidates with prior knowledge of hosting online meetings using platforms such as Teams, Zoom, Google Meet etc.,

Salary: As per institutional rules. Mode of Appointment: Project Mode. Accommodation: Not Provided.

Applications to be done only through online application system.

Please log on to: https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx Hard Copies and Emails will not be accepted. Applications will close by September 21, 2024.

### Vacancies under the office of Medical Superintendent-for queries contact the mentioned office

#### 7. Jr. Microbiologist (Term Appointment) for the Department of Clinical Microbiology

**Qualifications :** B.Sc., Degree with PG Diploma in Medical Microbiology (CMAI) with experience in Antimicrobial Susceptibility Testing techniques (MIC, MBD and Time Kill Assay) and PCR. (Appointment for 1 Year, extendable based on performance).

Consolidated Pay : Rs.23,405/-. Age Limit : 30 years.

Nature of Job : To work in the Microbiology Laboratory as Technologist.

Applications are to be done only through the online application system.

Please log on to: https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx

Hard Copies and emails will not be accepted.

Applications will close by September 23, 2024.

Vacancies under the office of General Superintendent-for queries contact the mentioned office

### 8. Intern (NM) (Graduate\* or Post Graduate\*) for the Department of QMC

**Qualification :** Fulltime MBA / MHA / BE / Master in any science discipline / PGDHA / Bachelors in any Health Sciences / Bachelor in Pharmacy from Govt. recognized Universities.

Stipend : As per institutional norms\*.

Age Limit : 30 years and below.

Applications to be done only through online application system.

Please log on to: https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx

**Note :** Only Regular mode will be accepted. private or correspondence will not be accepted. Final year students are not eligible. Applications should be made online. Applications through other Job Portals will not be considered.

Apply on or before September 18, 2024.

#### 9. Non-Technical Assistant (Term) for the Personnel Department

Qualification : Any Graduate (Regular) with 1 year CMC Trainee passed.

**Consolidated Salary :** As per institutional norms.

Age Limit : 30 years and below.

**Preference :** Candidates who have successfully completed NTA Training in CMC as well as Junior Typewriting in English.

Applications to be done only through online application system.

Please log on to: https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx

**Note :** Only Regular mode will be accepted. private or correspondence will not be accepted. Final year students are not eligible. Applications should be made online. Applications through other Job Portals will not be considered.

Apply on or before September 12, 2024.

### Others

#### 10. Join Our Team at Sparkling Stars Creche and Playgroup, CMC Vellore, Ranipet Campus!

Looking for a fulfilling role in a friendly and supportive environment? We are hiring female teachers fluent in English, with +2 / Degree and TTC / Montessori / B.Ed qualifications. Prior teaching experience preferred but not mandatory.

**Location :** Preference for candidates living near CMC Vellore, Ranipet Campus. Opportunities for administrative role will be given to suitable candidates.

Send your CV and certificates via email below or submit at the Ranipet Housing Campus Security Gate.

Last Date: 16.08.2024. Phone: 98109 32814 Email: ranipetcreche@gmail.com

### 11. College Hill Kindergarten, Bagayam is seeking applications for the position of Principal

Qualifications: M.Ed. with B.Ed. / Montessori / TTC.

#### Preference will be given to female candidates who:

1. Are fluent in English with strong computer skills.

2. Have prior experience in handling kindergarten children.

Interested candidates may apply via: Email: chkg.secretary@gmail.com

#### Hard Copy: Submit at the Kindergarten (between 9.00 am to 3.00 pm on weekdays).

Applications should be received on or before 18th September, 2024.

For queries, please contact: +91 96775 11620.