



# Christian Medical College Vellore



## Newsline

September 16, 2024

*I am the Lord, the God of all mankind. Is anything too hard for me?*

*Jeremiah 32:27*

## Mrs. Amalorpavamari Lucas Retires



**Mrs. Amalorpavamari Lucas**, Professor and Head, Hemato-Oncology Nursing retired from College of Nursing, Christian Medical College Vellore on 5th of September, 2024 after 37 years of dedicated and memorable service in our institution. Born in 1964, she joined CMC Vellore, in the year 1983 as a Diploma Nursing Student. After passing out as Best Outgoing Student, she worked as Staff Nurse in the Departments of Community Health Nursing (CHAD) and E-ICU. Upon completion of PBBSc Nursing in 1997, Mrs. Amalorpavamari Lucas worked in E ward and was promoted as Charge Nurse taking care of Medical ICU. She subsequently completed her MSc Nursing in Medical Surgical Specialty. In the year 2003 she joined as faculty in College of Nursing.

She was awarded Senior Training Fellowship (STF) by our institution for undergoing training on Apheresis from Massachusetts General Hospital, Boston through which she initiated the practice of specialist and independent Apheresis Nurse in her department. She received specialised training in CVAD care and maintenance at TATA Memorial Hospital, Mumbai, and played a pivotal role in our efforts to establish our centre as a "Centre of Excellence in PICC Insertion and Vascular Access Management."

She had a major role in ensuring the seamless transition of the Hemato-Oncology services to CMC Vellore Ranipet Campus. She has contributed enormously to enhance the Hemato-Oncology Nursing services. She has formulated and revised several modules and protocols related to Hemato-Oncology Nursing. Her meticulous planning, attention to details and pre-emptive thinking enabled her to maintain high standards of patient care.

She was instrumental in training various educational sessions and organising workshops and conferences in the institution and at state, national and international levels in the field of Hemato-Oncology Nursing.

She emphasised precision and thoroughness, and clinicians and colleagues frequently sought her opinion on critical clinical matters. A compassionate clinical nurse, she was an outstanding role model for her juniors, students, and staff through her exemplary care and leadership. She prioritised staff welfare within the department and was both resourceful and generous with staff and students at all levels. As a teacher, she was truly admirable.

Mrs. Amalorpavamari Lucas is blessed with a loving family; her husband, Mr. Lucas Prabhu, and their son, Master Jackson Jerold.

Her enduring impact and contributions to the institution and nursing are immeasurable. CMC wishes her a happy, healthy and blessed retired life.

## Head & Neck Cancer Awareness Month Celebrations



The Surgical Nursing Unit and Head & Neck Unit-II of CMC Vellore observed 'Head & Neck Cancer Awareness Month' on the theme 'Spot! Fight! Win! Triumph over Head & Neck Cancer!' from July 29th onwards. Health education programmes on Head & Neck Cancer prevention were conducted in the hospital and community.

The beneficiaries of the cancer prevention sessions were various staff and support staff at Department of Personnel Management, and Surgical Nursing Unit, Red Sky workers in College of Nursing, and Student Nurses Hostel as well as Admin Assistants, Secretaries, Office facilitators and Non Technical Assistants in Main Campus and Ranipet Campus of CMC Vellore. The awareness programmes conducted in the Surgery OPD were highly successful among patients and their families. Similarly, the mass awareness programme for the community in Parvathur village, Sholingur, was also a great success.

On August 3rd, an exhibition on Head & Neck cancer awareness was organised within the Town Campus. The inauguration programme commenced with an opening prayer by Rev. Benniamin and ribbon cutting by the Chief Guest, Dr. Premila Lee, Former Nursing Superintendent. The prayer song was sung by Surgical Nursing Staff followed by a meaningful devotion by Rev. Benniamin. Ms. Esther Gracy welcomed the gathering, while Mrs. Cynthia gave an overview of the celebrations.



Dr Premila Lee, Former Nursing Superintendent; Dr. Henry Prakash, Associate Medical Superintendent; Ms. Annie Jerome, Associate Nursing Superintendent; and Dr. Rajiv Michel, Head of the Unit, Head & Neck Surgery I, offered their felicitations and appreciated the services. The felicitations offered provoked our thoughts to expand Head & Neck Nursing and branch out into Preventive & Surveillance Service with added motivation to engage in community outreach programmes. Following this, the prizes were distributed by Dr. Rajiv Michel and Mrs. Anne Jarone. Ms. Beaula Rose C/N, P2 ward, Surgical Nursing proposed the vote of thanks.

The exhibition was an eye-opener with banners in the stalls enlightening the audience on identifying the signs, risk factors, diagnosis and screening strategies for Head and Neck cancer. The puppet show organised about Head & Neck cancer and its prevention in English, Tamil & Hindi languages was a great hit. Games like picture connection, jumbled words, and missing letters, along with educational and entertaining game-based learning activities, were organised for the public, staff, students, and patients, drawing many visitors to the exhibition.

Oral screenings were conducted by surgeons from the Dental Surgery and Head & Neck Unit I. Patients and their relatives eagerly participated in the screening programme, with some being referred to the Head & Neck Surgery OPD for further evaluation.

We thank God for his mercy and grace which enabled us to celebrate the Head & Neck Cancer Awareness month fruitfully.

Following are the prize winners:

**E-Poster:**

- 1st Prize - Ms. Jerlin Hepziba, S/N, Bronchoscopy room.
- 2nd Prize - Ms. P. Priya Roseline, S/N, Main OR.
- 3rd Prize - Ms. Prema Gunamani , S/N, O3W.

**English Slogan:**

- 1st Prize - Mr. Dinesh T, S/N, K ward.
- 2nd Prize - Ms. Jansi Rani, S/N, K ward.
- 3rd Prize - Ms. J. Cinthiya Rachel, C/N, K ward.

**Tamil Slogan:**

- 1st Prize - Mr. Dinesh T, S/N K ward.
- 2nd Prize - Ms. Sathya, MPHWN Ortho Ward.
- 3rd Prize - Ms. Soundarya.P., S/N, Ranipet emergency.

**Group Quiz:**

- 1st Prize - Paediatric Casualty: Ms Jeemi Dellis L, Ms Guna Chitra R, Ms Shekinah M.
- 2nd Prize - P2 Ward: Ms Anita Fancy, Ms Divya R, Ms Deepa.
- 3rd Prize - Medical Surgical Nursing Specialty 2: Ms Jeevitha J, Ms. Leethial Ranjith Kumar, Ms. Elmira Christy.

Prize winners of the grand quiz that was held on 19.7.24 for staff who completed a short term course on Head and Neck Cancer were awarded by Dr. Premila Lee.

- 1st Prize - Ms. Divya Ramu, S/N, P2 ward.
- 2nd Prize - Ms. V Sheeba, S/N, A6 ward.
- 3rd Prize - Ms. Deepa, S/N, A6 ward & Ms. Anita Fancy, S/N, P2 ward.

## CONFEST 2024

### A Celebration of Excellence and Competition



The much-anticipated CONFEST 2024, an intercollegiate meet organised by College of Nursing, CMC, Vellore under the leadership of Dr. Vinitha Ravindran, Dean was held at the Scudder Auditorium on the 23rd and 24th of August 2024. This grand event brought together 729 students from 26 colleges across 12 districts of Tamil Nadu and Puducherry, competing for the coveted Championship trophy.

The event kicked off with a symposium on Patient Safety, underscoring the importance of this critical topic in healthcare education and practice. The formal inauguration of CONFEST 2024 was graced by Dr. R. Sudha, the SNA Advisor of the state of Tamil Nadu, who set the tone for the event with her inspiring words. Following this, Dr. Kamilini Kumar, an esteemed alumna of the BSc Batch of 1959 from the College of Nursing, CMC Vellore, delivered a motivational talk on the importance of striving for excellence in every endeavour.

Over the two days, the participants showcased their skills in a variety of individual and group competitions, ranging from academics, cultural events and sports. Each competition was unique, fostering camaraderie and a healthy spirit of competition among the students.

The overall championship was won by KMCH, College of Nursing, Coimbatore, whose students demonstrated exceptional talent and teamwork across the events. The meet concluded with a valedictory function, with Dr. Vathsala Sadan, former Dean of the College of Nursing, CMC Vellore, as the Chief Guest offering words of encouragement to all participants and honouring the winners.

CONFEST 2024 was a resounding success, leaving participants and organisers alike with cherished memories and the spirit of unity and excellence.



## Dedication of the Dr. Paul M. Stephen Pharmacology Laboratory



It was an honour for the Department of Pharmacology and Clinical Pharmacology to organise the dedication ceremony of the Dr. Paul M. Stephen Pharmacology Laboratory. This initiative was aimed at developing the departmental infrastructure, which includes:

### Post Graduate laboratory with:

- Pharmacogenomics Laboratory
- Smooth Muscle Laboratory
- Biochemical Research Laboratory.

### Undergraduate laboratory with:

- Digital Displays
- Modern Teaching Tools
- Modern Classroom
- Computer-Assisted Learning (CAL) Laboratory.



This story began when Dr. Mekhala Stephen (Daughter of Dr. Paul M. Stephen) and Mr. Ebenezer David (Husband of Dr. Mekhala Stephen) bestowed us with a generous gift in memory of Dr. Paul M. Stephen, a prominent pharmacologist and a former Head of the Department of Pharmacology from 1970 to 1991.

The grand inauguration was held on 30th August 2024 with facilitations by Dr. Vikram Mathews, Director; Dr. Mekhala Stephen and Mr. Ebenezer David, benevolent Donors; Dr. Rajesh I., Medical Superintendent; Mr. Reni Charles, General Superintendent; Dr. B. Selvamani, Associate Director (Finance); Dr. Solomon Sathishkumar, Principal and Dr. Kalpana Ernest, former Head of Pharmacology and Clinical Pharmacology.

Dr. Margaret Shanthi F. X., Head of the Department of Pharmacology and Clinical Pharmacology, warmly welcomed the gathering with her kind words. Rev. R. Pearson blessed the ceremony with a word of prayer and benediction. A special song was performed by members of the MBBS batch of 2022.

Dr. Jacob Peedicayil thanked all the dignitaries, the alumni, staff of Pharmacology and Clinical Pharmacology, postgraduate faculty, the Development Office, staff and friends from various departments like Civil, Planning, Electrical, Maintenance, CHIPS, Communications, and labourers and others who imparted knowledge and worked hard to make this dream a reality.

Ultimately, the goal of this laboratory is to enhance the life-long learning of the department's postgraduates and undergraduates. The celebration of the opening of Dr. Paul M. Stephen Pharmacology Laboratory was followed by a guided tour of the Clinical Pharmacology Unit in the Town Campus and Ranipet Campus.

## Family Medicine Orientation Programme for the AIIMS Faculty at AIIMS RISHIKESH

The National Family Medicine Orientation programme for the faculty of Institute of National Importance (INIs) was conducted at The All India Institute of Medical Sciences (AIIMS), Rishikesh on 3rd August, 2024. The programme was inaugurated by the esteemed NITI Aayog member, Dr. V.K. Paul. In his keynote address, Dr. Paul emphasized the importance of having trained family physicians in the primary and secondary healthcare systems to ensure high-quality, cost-effective care. Eleven faculty members from AIIMS participated in the one-day session.

Two Family Medicine faculty from CMC Vellore were invited as Domain experts for the orientation programme; Dr. Venkatesan, Head, Department of Family Medicine and Dr. Sajitha MF Rahman, Professor, Department of Family Medicine.

Dr. Venkatesan, presented on the academic structure and organisation of the Family Medicine Department. The NMC curriculum for Family Medicine was discussed in comparison to the INI curriculum emphasising the need for training and assessment for family medicine residents in community-based secondary level health care services.

Dr. Sajitha MF Rahman, Professor, Department of Family Medicine presented the family medicine approach with emphasis on the sevenC's of Family Medicine (first Contact, Continuity, Comprehensiveness, Coordination, Community engagement, patient Centredness and Complexity). Family Medicine as a context based discipline was discussed with a focus on undifferentiated illness and symptom-based red flags approach. Dr. McWhinney's seminal articles on the principles and foundations of Family Medicine were used as resource materials.

Dr. Raman Kumar, President, AFPI and Dr. Santhosh Kumar, Assistant Professor, Department of Community and Family Medicine, AIIMS Rishikesh, presented the need for Family Medicine in the context of the current Indian Healthcare system. The sessions concluded with discussion on the challenges in implementing MD Family Medicine training in the current system at the INIs.



## Special Prayers This Week

September 15 - 21, 2024

### ***Orthopaedics :***

Dr. Pradeep Mathew Poonnoose and Staff  
Dr. Dan Barnabas Inja and Staff  
Dr. Anil Thomas Oommen and Staff  
Dr. Sumant Samuel and Staff  
Dr. Anbarasy Johnson and Staff

### ***Paediatric Orthopaedics :***

Dr. Thomas Palocaren and Staff  
Dr. Anbarasy Johnson and Staff

### ***Spinal Disorders Surgery Unit :***

Dr. Kenny Samuel David and Staff  
Dr. Anbarasy Johnson and Staff

### ***Hand and Leprosy Reconstructive Surgery:***

Dr. Samuel Chandrasekhara Raj and Staff  
Dr. Sheela Durai and Staff

### ***Malankara Jacobite Syrian Orthodox Church***

Council Members: H.G. Thomas Themotheos  
Mr. John Paul K.

Hospitals : MBMM Mission Hospital, Kothamangalam  
St. Mary's Hospital, Manarcadu  
Mandiram Hospital, Manganam and others.



## Memorandum

**Dr. Priya Mary Mammen**, Professor of Psychiatry & Deputy Registrar - Medical College is appointed as Registrar (Pro-Term) for Medical Postgraduate Admission process 2024 with effect from 6th September 2024.

## Laurels & Recognitions

**Dr. Hema Priya M.,** M.Ch. (Reproductive Medicine & Surgery), Department of Reproductive Medicine & Surgery, was awarded runner up prize for Quiz Competition held at the National Conference of South ISAR (Indian Society for Assisted Reproduction) 2024 which was held at Bengaluru, Karnataka, on 26th to 28th July 2024.

**Dr. Nivedita Gupta.,** M.Ch. (Reproductive Medicine & Surgery), Department of Reproductive Medicine & Surgery, was awarded first prize award in free paper competition at the National Conference of 8th Annual Conference Kerala Chapter of ISAR (Indian Society for Assisted Reproduction) 2024 which was held at Thiruvananthapuram, Kerala, on 7th & 8th September 2024.

- The late **Dr. Debashish Danda** was awarded the Asia-Pacific League of Associations for Rheumatology (APLAR) Master award on 22nd August, 2024 as a special tribute at the recently concluded 26th APLAR Congress opening ceremony in Singapore (22nd August, 2024 to 25th August, 2024).

- **The Department of Palliative Medicine**, Christian Medical College Vellore is recognised as 'European Society of Medical Oncologist (ESMO) Accredited Designated Centre of Integrated Oncology and Palliative Care'

<https://www.esmo.org/for-patients/esmo-designated-centres-of-integrated-oncology-palliative-care/esmo-accredited-designated-centres/christian-medical-college-vellore>

## Retirement

**Mr. K.S. Ravi**, Sel Gr.II Technician retired from the Department of Ophthalmology, on 14th August 2024, after 41 years of dedicated service to our institution.



Mr. Ravi joined CMC in 1983 as an ophthalmic technician in RUHSA. In 2004 he joined Schell Eye Hospital and served here till retirement. He will be remembered for his meticulous, sincere work and mentorship of junior staff in the outreach services Department of Ophthalmology.

His wife, Mrs. Kumutha, serves as a charge nurse in the G4 East Gynaecology ward. They are blessed with two children: their son, Mr. Sasitharan, B.E. (Mechanical), and their daughter, Mrs. Geethanjali, M.S. in Software. Both are married and settled.

The CMC family is thankful to Mr. K.S. Ravi for his dedicated service to the institution and wishes him a happy retired life.

## Upcoming Event

CMC Blood Centre invites participants for Voluntary Blood Donor Motivator workshop on 26th October 2024 at 8:30 AM in Department of Transfusion Medicine and Immunohaematology (Library, 5th floor, ASHA Building).

We invite members of the community who are interested in working among potential Voluntary donor groups in Vellore.

Workshop & Registration fee is free. Retired staff are welcome to join this programme.

[Limited seats for each workshop]

Interested person may send their Name, Mobile No, Email-ID to **WhatsApp 8122438150**.

Join us in this opportunity to save our patients.

We look forward to your enthusiastic participants.

[https://forms.office.com/Pages/ResponsePage.aspx?id=pbyATdD\\_bUGdaCEPhdsO0aLVd7L0LkZGkxANvDOhn-5UN0NFTkc2WTBQNVZXS0dFR0ZUM1kzSkVTVC4u](https://forms.office.com/Pages/ResponsePage.aspx?id=pbyATdD_bUGdaCEPhdsO0aLVd7L0LkZGkxANvDOhn-5UN0NFTkc2WTBQNVZXS0dFR0ZUM1kzSkVTVC4u)





## Admission Notice

### **Balavihar Kids Corner & Play Group (Balavihar & Sunset)**

Admissions are now open for the academic session 2024-2025 for the following:

- Balavihar Kids Corner, Senior Group, CMCH Campus, Vellore.
- Balavihar Kids Corner, Junior Group, CMCH Campus, Vellore.
- Balavihar Play Group, CMCH Campus, Vellore.
- Sunset Play Group, CMC Campus, Bagayam.

Application forms and prospectus will be available at Balavihar Kids Corner on payment of Rs.200/- from 16th to 20th September 2024 between 1 pm to 4 pm.

#### **ADMISSION CRITERIA**

##### **Balavihar Kids Corner Senior Group**

Children of CMCH staff, who have completed 3 years by May 31st 2024 and not more than 3 years 5 months by June 1st 2024 are eligible to apply.

##### **Balavihar Kids Corner Junior Group**

Children of CMCH staff, who have completed 2 years by May 31st 2024 and not more than 3 years by June 1st 2024 are eligible to apply.

##### **Balavihar Play Group**

Children of CMCH staff, who have completed 1½ years by May 31st 2024 are eligible to apply. Parents residing in the Hospital campus, whose child will complete 1½ years by November 30th 2024 and would like to admit their child also must apply now. Parents will be intimated if and when a vacancy arises after their child completes 1½ years.

##### **Sunset Play Group**

Children of CMCH staff, who have completed 1½ years by May 31st 2024 are eligible to apply. Parents residing in the College campus, whose child will complete 1½ years by November 30th 2024 and would like to admit their child also must apply now. Parents will be intimated if and when a vacancy arises after their child completes 1½ years.

**Note: The last date for submission of completed application forms along with a photocopy of the child's birth certificate and parents salary slip is on 20th September 2024 by 4 pm.**

## Situations Vacant

Click the following link to view the vacancies  
<https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>

Vacancies under the Principal's Office - for queries contact the mentioned office

### 1. Senior Resident / Assistant Professor with MD (Radiology) for the Department of Radiology

**Experience :** Should have at least one year teaching experience as Assistant Professor in Any NMC recognized teaching institution for applying Assistant Professor Job.

**Salary :** As per institutional rules.

**Accommodation :** Provided (Partly Furnished, Depending on availability).

Applications are to be done only through the online application system.

**Please log on to:** <https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>

**Hard Copies and emails will not be accepted.** Applications will close by **September 21, 2024.**

### 2. Assistant Professor with DM (Cardiology) for the Department of Cardiology (Cardiac Electrophysiology & Pacing) Unit - IV

**Salary :** As per institutional rules.

**Accommodation :** Provided (Partly Furnished, Depending on availability).

Applications are to be done only through the online application system.

**Please log on to:** <https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>

**Hard Copies and emails will not be accepted.** Applications will close by **September 21, 2024.**

### 3. Tutor Gr.IV with BPT (Regular Course) graduate from IAP recognized College / University for the Department of PMR (Physiotherapy)

**Experience :** Candidates applying for Tutor post should have completed 4 years as Physiotherapist in CMC.

**Age Limit :** Below 30 Years.

**Salary Scale :** As per institutional rules.

**Accommodation :** Not provided.

Applications are to be done only through the online application system.

**Please log on to:** <https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>

**Hard Copies and emails will not be accepted.** Applications will close by **September 25, 2024.**

### 4. Senior Resident / Assistant Professor with MD (Community Medicine) for the Department of RUHSA (Community Medicine)

**Experience :** Should have at least one year teaching experience as (Asst. Professor) in any NMC recognized teaching institution for applying Assistant Professor post.

**Salary :** As per institutional rules.

**Accommodation :** Provided (Partly Furnished, Depending on availability).

Applications are to be done only through the online application system.

**Please log on to:** <https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>

**Hard Copies and emails will not be accepted.** Applications will close by **September 28, 2024.**

**5(a) Assistant Professor with DM (Medical Genetics) or MD (Any branch) with Postdoctoral Fellowship in Medical Genetics for the Medical Genetics Unit**

**Salary :** As per institutional rules.

**Accommodation :** Provided (Subject to Availability).

**5(b) Senior Resident Gr.III with MD (Any branch) with Postdoctoral Fellowship in Medical Genetics for the Medical Genetics Unit**

**Salary :** As per institutional rules.

**Accommodation :** Provided (Subject to Availability).

Applications are to be done only through the online application system.

**Please log on to:** <https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>

**Hard Copies and emails will not be accepted.** Applications will close by **September 28, 2024.**

**6. Senior Resident with MS (Orthopaedics) for the Department of Spine Surgery**

Preference will be given to those who have Fellowship in Spine Surgery.

**Salary :** As per institutional rules.

**Accommodation :** Provided (Partly Furnished, Depending on availability).

Applications are to be done only through the online application system.

**Please log on to:** <https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>

**Hard Copies and emails will not be accepted.** Applications will close by **September 28, 2024.**

**Vacancies under the office of General Superintendent-for queries contact the mentioned office**

**7. Jr. Administrative Assistant (Term) for Directorate – Technology Transfer Office**

**Qualifications :** Graduate + 1 year PGDHA (or equivalent) or 3 years' experience in CMC (Regular) or FHA.

**Age Limit :** 30 years and below.

**Consolidated Salary:** As per Institutional Norms.

**Preference** will be given to candidates with a computer science degree, 3 years of experience, a strong background in administrative tasks, excellent written and oral communication skill, and a commitment to supporting innovation and technology transfer.

Applications to be done only through online application system.

**Please log on to:** <https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>

**Note :** Applications should be made online. Applications through other Job Portals will not be considered.

**Apply on or before September 21, 2024.**