

Newsline October 21, 2024

Be joyful in hope, patient in affliction, faithful in prayer. Romans 12:12

CMC Vellore Bags Awards at the University Research Day



At the recently held University Research Day Ceremony in Chennai, it was announced that our institution was honoured with several awards by the Tamil Nadu Dr. MGR Medical University. The commitment and dedication of all faculty and staff were commended and appreciated.

The awards received by the institution included recognition for:

- Best Academic Institution for the MBBS Course.
- Best Academic Institution for the Occupational Therapy Course.

Green Wave- A Tree Planting Initiative

Reviving Earth's Heartbeat - A Century of Healing, Now a Global Battle

They will be called trees of righteourness, the planting of the Lord, that He may be glorified. - Isaiah 61:3



On August 28, 2024, in a significant tribute to a century of unwavering dedication and healing, CMC Vellore celebrated the 100th anniversary of its Town Campus with the launch of the 'Green Wave – A Tree Planting Initiative Across all CMC Campuses and Beyond,' led by Dr. Vikram Mathews, Director, and organised by the Office of the General Superintendent under the guidance of Mr. Reni Charles, General Superintendent. This endeavour highlights CMC's evolving mission, now encompassing environmental stewardship and community service. The initiative proactively responds to the mounting global climate crisis, reaffirming the institution's commitment to sustainability.

The inauguration began with a prayer by Ms. Saramma Kuruvilla, Sr. Chaplain, setting a solemn tone for the event. The Chief Guest, Dr. G.V. Selvam, Vice-President of VIT University, along with other esteemed guests, including Mr. Somu Govindaraj, Joint Director of Agriculture Vellore District; Mr. Murugan, Forest Range Officer, Vellore Forest Division and Mr. Manikandan, Deputy Director of Horticulture Vellore District graced the occasion. Mr. Reni Charles welcomed the gathering, while Dr. Vikram Mathews and Dr. I. Rajesh shared felicitations. Mr. Anand John Samuel welcomed the chief guest, Mrs. Nirmala Samuel gave an overview of the project and Mrs. Sonia Valas proposed the vote of thanks. A highlight of the ceremony was the award-winning speech delivered by Mr. Manuel Inbam, an MBBS student at CMC and winner of the elocution competition, which added a vibrant and youthful energy to the proceedings. Following the formalities, CMC's Administrative Officers (AO) and the guest of honour led the symbolic tree-planting activity across different locations, reflecting CMC's practical commitment to environmental care.

The Green Wave Core Team meticulously organised the event, representing members from various departments including the GS office, Engineering Planning, Prosthetics & Orthotics, Staff Training, Dietetics, and the Food & Beverages Section. The Green Wave initiative represents a pivotal move towards sustainability, addressing the urgent need for climate action amidst a world facing severe environmental challenges. It embodies CMC's resolve to contribute to a healthier planet, aligning with global efforts to mitigate climate change.

The Green Wave initiative is a significant stride towards sustainability, aimed at addressing the pressing need for climate action in a world grappling with severe heatwaves, accelerating deforestation, and the urgent demand for impactful environmental solutions. This initiative reflects CMC's dedication to fostering a healthier planet, aligning its mission with global efforts to combat climate change.

Planting Seeds of Hope:

The Green Wave initiative stands as a testament to CMC's century-long dedication to healing, now expanding its mission to include environmental responsibility. On August 14, 2024, the RUHSA Campus celebrated another milestone under the Green Wave initiative with an event titled: *Green Beginnings for a Green Future*. Each mother of a newborn received a sapling, symbolising hope for a future. This gesture encouraged families to nurture these saplings alongside their children, fostering a lifelong connection to the environment and promoting sustainability from an early age.

Celebrating Environmental Champions:

The Office of the General Superintendent hosted a series of inspiring competitions on August 21, 2024. The events, featuring seedlings, food carving, slogans, elocution, and video contests, were met with enthusiastic participation from both staff and students. Each participant poured their passion into delivering powerful messages that celebrated environmental stewardship and sustainability.

The following are the details of the winners: -

Seedling Competition Winners, Theme: Green is keen, let's make it seen.

1st Place - Mr. Anbarasu M, Admin, Chittoor Campus

2nd Place - Ms. Premila Wilfred, Pharmacology

3rd Place - Mr. G Sankar Guru, Laundry

Food Art Competition Winners, Theme: Sow, Grow, Let the Green Show.

1st Place - Ms. Amar Jyothi, Dietetics

2nd Place - Ms. Caroline Kavitha P, O3W - Surgical Nursing

3rd Place - Ms. Jayalakshmi A, General Pathology

3rd Place - Ms. Christy P, Resp Isolation ward (RPT)

Elocution Competition Winners, Theme: Voice for the voiceless, Answering the Earth's desperate cry with a promise of restoration.

1st Place - Mr. Manuel Inbam J, MBBS Second Year

2nd Place - Ms. Nishadh Anjum A, Surgical 6 (nursing)

3rd Place - Ms. Jayalakshmi. General Pathology

Slogan Competition Winners, Theme: Declare a healing war: Protect & Restore our planet.

1st Place - Mr. Prabhu P, Student, M.Sc Clinical Nutrition

2nd Place - Ms. Mythili Natarajan, Dietetics department

3rd Place - Ms. Nuzaifa Anjum A, Dietetics, Student

Video Competition Winners, Theme: Don't make trees rare, Keep them with care.

1st Place – Mr. Jaba Samraj, Staff Nurse

2nd Place - Ms. Rituparna Chakraborthy, MSc Clinical Nutrition, Student

3rd Place - Ms. Swathi Meena, Staff Nurse, Staff, Dept. of Dietetics

CMC's Bold Stand Against the Climate Crisis:

CMC Vellore's Green Wave initiative stands as a beacon of hope and action, demonstrating how community-driven projects can contribute to global environmental goals. It aims to inspire other regions to undertake similar green initiatives and embrace sustainable practices, marking the legacy of CMC Vellore's 100 years of service at Town Campus. In the face of global climate challenges, CMC Vellore's Green Wave initiative is a call to action—a reminder that every effort counts in the fight against climate change. As CMC continues its mission of healing, it now extends its reach to heal the planet, ensuring a healthier, greener future for generations to come.







Events from the Department of Radiation Oncology



The 85th Anniversary of the Department of Radiation Oncology & the 39th Annual Conference of the Association of Radiation Oncologists of India (AROI), Tamil Nadu & Puducherry Chapter, was organised this year by the Department of Radiation Oncology, Ida B. Scudder Cancer Centre, Christian Medical College Vellore on September 19th to 21st 2024. The conference brought together leading experts from Tamil Nadu and Puducherry to deliberate on key developments in Radiation Oncology under the theme, "Transforming Radiation Oncology: Embracing Compassion, Technology, and Quality Care." This annual event attracted over 400 participants and nearly 80 industry delegates from various institutions across the region. The conference featured two key workshops, one on Advanced Brachytherapy Applicators that focused on the latest advancements in brachytherapy techniques and the second workshop, Plan Evaluation in Radiotherapy, addressed critical aspects often overlooked in teaching, both attracting around 30 participants. The conference was attended by close to 480 participants and had 110 abstracts presented, which included 38 oral presentations and 72 posters, organised into six parallel sessions. The conference had two distinguished orations, namely the Ida B. Scudder Oration delivered by Prof. B. Selvamani and the Prof. K. M. Rai Oration presented by Dr. Srinivasan Krishnan. This conference was special as it coincided with the celebration of the 85th anniversary of the Department of Radiation Oncology at CMC Vellore which was established in 1939 by Dr. Ida B Scudder. Dr. Thomas Samuel Ram, Organising Chair and Head of Radiation Oncology welcomed the gathering and said, "The 39th Annual Conference of the AROI TNPY Chapter commemorating the 85th Anniversary of our department is a testament to our commitment to excellence at the forefront of this rapidly evolving field. As we look ahead, we are filled with hope and anticipation ..." The inaugural ceremony featured addresses from prominent figures, including the President of AROI TNPY Chapter Dr. Balaşındaram V; the Secretary of AROI TNPY Chapter Dr. Balaji S; Chief Guest Dr. Cherian Varghese, Professor & Director of Prasanna School of Public Health, Manipal; and Guest of Honour Dr. Jerard Maria Selvam, Additional Director of the National Health Mission, Tamil Nadu, who highlighted cancer control initiatives by the Tamil Nadu government. Dr. Balukrishna S, Head, Radiation Oncology Unit-II, CMC and Organising Secretary, AROI TNPY 2024 said "The overwhelming attendance with more than 450 participants and 100+ research papers being presented underscores the commitment of the Radiation Oncologists from Tamil Nadu and Puducherry towards sharing knowledge and a collective commitment to continue delivering cutting-edge, compassionate care to our cancer patients..." The conference concluded with an engaging academic quiz that saw participation from over 150 attendees. In a significant Green Initiative, a tree-planting ceremony was held and the conference prioritized Environmental Sustainability by minimizing the use of plastic throughout the event.

In the 39th Association of Radiation Oncologist of India (AROI) Tamil Nadu & Puducherry (TNPY) Chapter Annual Conference held from 20-21st September 2024 at **Vellore2024**, the following from the Department of Radiation Oncology received awards and recognition.

Dr. Allen Kiruba, final year Post Graduate Registrar was awarded the Dr. Padam Singh Award for Best Oral Presentation.

Dr. Pon Preetham Emmanuel, final year Post Graduate Registrar received the Dr. DVLN Shasthri Award for the Best Presentation in Brachytherapy.

Dr. Nithin Abraham Benoy, second year Post Graduate Registrar secured the 3rd Prize for Oral Presentation.

Dr. Chinchu Babu, final year Post Graduate Registrar was the second prize winner of the Quiz.

Dr. Allen Kiruba and **Dr. Fraser Borgio**, final year Post Graduate Registrars were awarded the AROI TNPY Fellowships to observe advanced Radiation Oncology techniques at a hospital of their choice within the Tamil Nadu-Puducherry region.

Dr. B. Selvamani, Senior Professor, Department of Radiation Oncology delivered the prestigious Ida B. Scudder Oration.

Dr. Balu Krishna S, Professor, Department of Radiation Oncology was honoured with the Kalavathy Award for serving as the Organizing Secretary of the conference.

World Heart Day





The CMC's Cardiology and Cardiothoracic Surgery departments jointly celebrated World Heart Day on September 27, 2024, with various events to raise awareness about heart health.

Cardiology Update for Physicians:

A Continuing Medical Education (CME) accredited by The Tamil Nadu Dr. M.G.R. Medical University titled: *Unlocking Cardiac Wisdom* was held on 27th July 2024, was attended by over 110 general physicians from Vellore, Ranipet, and Tiruvannamalai.

Stalls and Exhibitions:

Various stalls were set up focusing on the theme: *Heart for Action*. The stalls were inaugurated by Dr. I. Rajesh, Medical Superintendent who highlighted the risks of heart disease, such as lack of exercise, unhealthy eating, stress, smoking, and insufficient sleep. Free check-ups were provided, including basic physical examinations and ECGs for indicated patients. A Basic Life Support (BLS) training station allowed visitors and security personnel, to practice CPR on mannequins. Additionally, displays featured advanced treatments such as endovascular aneurysm repair, transcutaneous valve replacement, calcium modification for complex angioplasty, and mechanical support for unstable patients.

Outreach Programmes:

Basic Life Support training was conducted for:

- Students of Arcot Sri Mahalakshmi Women's College of Education
- Industrial workers at Nidec India Precision Tools Ltd.
- Tamil Nadu State Transport Corporation staff
- Teachers from approximately 30-35 schools

World Heart Day Run:

A 5 km run was jointly organised with the National Health Conclave on 21st September 2024, starting from the CMC College Campus and ending at the CMC Town Campus. The event saw significant public participation, and winners were awarded cash prizes by Shri. Thirunavukarasu, District Superintendent of Police.

Interschool Quiz Competition:

An interschool quiz competition aimed at raising awareness among children is planned with expected participation from 30-35 schools and around 200 students.

The event will be held at Ida Scudder School and will include:

- A preliminary written MCQ-based exam
- A final quiz round for the top five schools'
- CPR training for schoolteachers accompanying the students is also scheduled.

New Equipment for Catheterization Laboratory:

The Cardiology Department has acquired an Excimer Laser for Coronary Atherectomy (ELCA), enhancing treatment for complex coronary lesions with Recurrent stent re-stenosis, Chronic Total Occlusions, and lesions with significant thrombus burden.



World Hospice and Palliative Care Day

The World Hospice and Palliative Care Day observed on 12th October 2024, marked the 20th year of such observance. It has also been 10 years since the World Health Assembly passed the resolution on palliative care, calling all countries 'to strengthen palliative care as a component of comprehensive care throughout the life course.' The theme for this year was 'Ten Years Since the Resolution: How are we doing?'

To celebrate this day, Department of Palliative Medicine conducted several activities to increase awareness on the need to strengthen palliative care within comprehensive health care. Nursing students and staff actively participated in quizzes, slogan and poster competitions displaying their understanding and knowledge about palliative care. A session for Chittoor nursing students on palliative care was conducted by Mrs. Sasikala, Professor and Head, Medical and Surgical Speciality 1 and Mrs. Shakila Murali, Charge Nurse, Palliative Medicine. The slogan and poster competition had more than 60 entries.

October 12th started with a Walkathon from Gandhi statue to Vellore Town Campus, followed by "PALLIWISE" quiz. Dr. Rajesh I, Medical Superintendent and Mrs. Anne Jarone, Associate Nursing Superintendent, offered their felicitations, distributed the prizes and offered their support to the expansion of palliative care. Dr. Jenifer Jeba S., Professor and Head of the Department of Palliative Medicine, addressed common misconceptions about palliative care. She emphasised that it is accessible to anyone in need, regardless of disease stage, treatment, or prognosis. Dr. Jenifer Jeba S, challenged healthcare professionals, departments, and our institution to commit to expanding the reach of palliative care and ensuring quality through compassionate support.





Winners of competitions during World Hospice and Palliative Care Day Celebration

Slogan Competition:

• First Prize : Rev. Raja L, Chaplain, Department of Chaplaincy

• Second Prize: Ms. Gnanajeeva Elizabeth Rani, Tutor Occupational Therapy, PMR

• Third Prize : Ms. Nivetha David, Staff Nurse, R ward and Mr. Dinesh, Staff Nurse, K ward

Poster Competition:

• First Prize : Ms. Graceya S, Staff Nurse, R ward

• Second Prize: Ms. Naomi Nancy S.W, Nurse Manager, Medical Surgical Speciality 1,

College of Nursing

• Third Prize: Mr. Vignesh, Staff Nurse, Cardiology Cath Lab and Mr. Mubarak Ali, Staff Nurse,

Neurosurgery Theatre

Quiz Winners: Nursing students (BSc – 4th Semester)

First Prize : Ms. Gladlin Tryphena E.
 Second Prize : Ms. Biya Susan Mathew

• Third Prize : Ms. B.J. Ansa Sahini and Ms. Ancy Sara John

PALLIWISE Quiz Winners

• First Prize : Community Health Nursing team

Ms. Roselin Susan Thomas, Staff Nurse Ms. Reshma Marian Varghese, Staff Nurse

Ms. Pretty Stephen, Staff Nurse

• Second Prize: R ward Nursing team

Ms. Helen Pricilla, Staff Nurse Ms. Jeni Priya, Staff Nurse

Ms. Allora Evangeline Voola , Staff Nurse

• Third Prize: Dr. Lakshmi Haritha (Non PG Registrar, Dermatology)

Ms. Asha James (Nurse Manager, Medical Surgical Speciality 3).

Department of Forensic Medicine and Toxicology



The Department of Forensic Medicine and Toxicology conducted its 4th Annual Intramural Undergraduate Quiz, 'Toxic InQUIZition' for undergraduates and interns of all streams in CMC at New Examination Hall, Bagayam on 14th September 2024.

Dr. Solomon Sathishkumar (Principal), **Dr. Vinay Oommen** (Professor & Head, Department of Physiology) and **Dr. Noel Walter** (Former HOD of Forensic Medicine) graced the occasion.

A total of 15 teams participated in the Quiz.

The following teams were the Prize Winners:

Winning Team: Team Flash (Nieshanth P, Goodwiyn Rotriyx F)
Runner-Up team: Team Superman (Kishan Joghi R, Sachinsurya M.S.)

3rd Place: Team Wonder Woman (Gabriella Sharon David, Bettina Magdalene R).

Special Prayers This Week

October 20 - 26, 2024

Community Health and Development (CHAD):

Dr. Venkata Raghava M. and Staff

Mrs. Shandrila Gnanatheebam R. and Staff

National Council of Churches in India Council Member: Rev. Asir Ebenezer

North Bank Baptist Christian Association

Council Members : Rev. Chowaram Daimari

Dr. Asolie Chase

Hospital: Baptist Christian Hospital, Tezpur.



Memoranda

- **Dr. Rajesh I,** Medical Superintendent, is appointed as Ag. Head of Trauma Services & Trauma Surgery Department with effect from 12th October 2024 until further notice.
- **Dr. Srujan Lam Sharma,** Associate Professor, will be in-charge of the day to day functioning of Trauma Surgery Department.
- The Paediatric Hematology Oncology Unit that was functioning within Paediatrics Unit-I, since September 2004 will function as speciality based separate **Department Paediatric Hematology Oncology (PHO)** with effect from 1st November 2024.

Dr. Rikki Rorima John, Professor, is appointed as Ag. Head of this Department with effect from 1st November 2024 until further notice.

Laurels & Recognitions

 Congratulations to the following faculty and postgraduates for receiving the 'Best Researcher Award' in their respective categories:

Best Researcher Award - Faculties Medical

Best Researcher Award: Dr. Christopher D.J., Sr. Professor, Pulmonary Medicine

Dr. Nihal Thomas, Sr. Professor, Endocrinology

Dr. George M. Varghese, Sr. Professor, Infectious Disease

Dr. Karthik Gunasekaran, Associate Professor, General Medicine

Best Researcher Award - Faculties Nursing

Best Researcher Award: Dr. Manoranjitham S, Professor, College of Nursing

Best Researcher Award - Faculties Allied Health Sciences

Best Researcher Award: Dr. K. Reka, Lecturer (NM), Biostatistics

Best Researcher Award – Post Graduates Medical (Superspeciality)

Best Researcher Award : Dr. Ajoy Oommen John, DM (Medical Oncology)

Dr. Josh Thomas Georgy, DM (Medical Oncology)

Dr. Khushboo Agarwal, DM (Endocrinology)

Best Researcher Award - Post Graduates Medical

Best Researcher Award : Dr. Jeya Lisha J., MD (Physiology).

- **Dr. Edward Lourdes Roshan A,** Postgraduate Registrar has won first prize in E-poster presentation in the 15th Annual State Conference ISACON Puducherry 2024 conducted on 27th to 29th September, 2024 at jawaharlal Institute of Postgraduate Medical Education & Research JIPMER, Puducherry.
- The following physiology postgraduates won awards at the SanaVitaCon 24 Annual Physiology conference of the Association of Physiologists of Tamil Nadu (APT) held at PSG Institute of Medical Sciences and Research, Coimbatore from 4th to 5th October, 2024.

Oral presentation

Dr. Camilla Preethi J. - First prize Dr. Prashanthi Ravikumar - First prize Dr. Steny S Sarto Dr. Pamela Gitanjali Joseph - Third prize

Poster presentation

Dr. Pamela Gitanjali Joseph - First prize Dr. Steny S Sarto - First prize

Dr. Betsy PS - Third prize

Obituaries

- Mr. Elaiyavanan P, father of Mrs. Manopriya, Respiratory Therapist in Respiratory Medicine and father-in-law of Mr. Chandrasekaran, Respiratory Therapist in Pulmonary Medicine, passed away on 16th October, 2024. Let us uphold all the bereaved members of the family in our prayers.
- Mrs. Sathi Suganya, mother of Mr. Sam David, Clinical Research Coordinator in the Department of Medical Oncology, passed away on 17th October, 2024. Let us uphold all the bereaved members of the family in our prayers.
- Mrs. Varalakshmi, mother of Mr. R. Mohan, MCTT Supervisor in OPD services, passed away on 17th October, 2024. Let us uphold all the bereaved members of the family in our prayers.

Upcoming Events

• Advance Notification Graduation Day Announcements:

Medical Undergraduate College Day : 9th November, 2024

Medical Undergraduate Baccalaureate Service : 10th November, 2024

Medical Undergraduate Graduation : 11th November, 2024

Allied Health Sciences Baccalaureate Service : 17th November, 2024

Allied Health Sciences Graduation : 18th November, 2024

• Fund raising sale for the construction of College of Pharmacy.

Fund Raising Sales:

Date: 24.10.2024, 8.30 AM to 7.00 PM

Venue- Aavin Milk Booth/Adjacent to ISSCC Building

ALL ARE INVITED





DEPARTMENT OF PHARMACY

Cordially Invite You To Join Us For The INAUGURATION & ACTIVE PARTICIPATION IN THE

FUNDRAISING SALES FOR



SAVE THE DATE

College of Pharmacy
Construction!!!

When: 24 October 2024 between

8:30 AM & 7 PM

Where: Main Entrance (Near Aavin), and Adjacent to ISSCC building

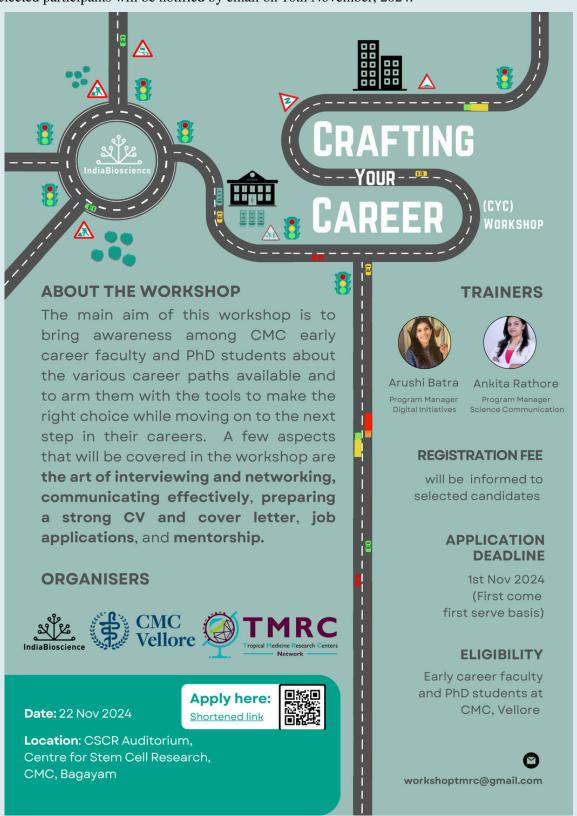
CMC, Town Campus

• As a part of capacity building for the NIH-funded 'Tropical Medicine Research Center, India', The Wellcome Trust Research Laboratory, CMC Vellore is organising a one-day workshop "Crafting Your Career" conducted by India BioScience on 22nd November 2024 (Friday).

Details of the workshop are available in the **attached flyer.** Interested applicants can register using the following link: https://forms.gle/icttPmuW2qKd1pRH6

The last date for registration is 1st November, 2024 (Friday)

and selected participants will be notified by email on 10th November, 2024.



Situations Vacant

Click the following link to view the vacancies https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx

Vacancies under the office of Medical Superintendent-for queries contact the mentioned office

1. Staff III Technician under Trauma Orthopaedics (CMC Vellore, Ranipet Campus)

Qualifications : H.Sc., and those who have completed 4 years of experience Jr. Technician or equivalent only need to apply in Level 1 Trauma Centre, handling orthopaedics implants.

Note: Only Regular mode will be accepted, Private or correspondence will be not accepted.

Salary Scale: Rs.11370 - 455 - 22745 + DA & HRA as per rules.

Job Description : Implant room technician.

Nature of Job: Implant maintenance, purchase use of orthopaedics implants. Age Limit: 35 years.

Applications are to be done only through the online application system.

Please log on to: https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx

Hard Copies and emails will not be accepted. Applications will close by October 28, 2024.

2. Staff III Anaesthesia Technician for the Departmentof Anaesthesia (Main Campus / CMC Vellore, Ranipet Campus)

Qualifications : B.Sc., (Operation Theatre and Anaesthesia Technology 3 year course + 1 year Internship) (or) Diploma in Anaesthesia Technology (2 year course + 1 year Internship) and those who have completed 4 years of experience as Jr. Anaesthesia Technician or equivalent only need to apply.

Note: Only Regular mode will be accepted, Private or correspondence studies will be not accepted.

Salary Scale : Rs.12762 - 510 – 25512 + DA & HRA as per rules.

Job Description : Anaesthesia Technician. **Age Limit :** 35 years.

Note: Only Regular mode will be accepted, Private or correspondence will be not accepted.

Applications are to be done only through the online application system.

Please log on to: https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx

Hard Copies and emails will not be accepted. Applications will close by November 04, 2024.

3. Project Technical Support Gr.III (External – Project) for the Department of Neonatology

Qualification: B.Sc., Bio Chemistry / B.Sc., Chemistry / B.Sc., Science Graduate (Those with prior experience in Life Sciences preferred). **Age Limit:** Below 35 years. **Consolidated Pay:** Rs.33,040/-

Job Description : Technician in an analytical laboratory. Preferable if you have previous laboratory experience. Duty time will be based on need. / Overall coordination of the project. To counsel and liaise with parents, records and manage data reliably. **Nature of Job :** Laboratory Technician to work on HPLC.

Note: Only Regular mode will be accepted, Private or correspondence will be not accepted.

Applications are to be done only through the online application system.

Please log on to: https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx

Hard Copies and emails will not be accepted. Applications will close by November 04, 2024.

Others

4. Schieffelin Institute of Health - Research & Leprosy Centre, Karigiri invites applications for the following post: **Optometrist - B.Sc. Optometry**

Apply with bio-data along with scanned copies of certificates and send to the **directorate@karigiri.org** and **personnel@karigiri.org** Last date for receipt of applications is October 26, 2024.