



Newsline October 07, 2024

Taste and see that the Lord is good; blessed is the one who takes refuge in him. Psalm 34:8

Dengue Awareness Week - 2024



Dengue fever is a mosquito-borne viral infection caused by the dengue virus, which is primarily transmitted by the Aedes Aegypti mosquito. Especially during the monsoon season with increase in the population of mosquitos, this infection is of great public concern. Though treatment is usually supportive care, prevention of this infection is of utmost importance. The hospital Infection control committee under the agies of the Medical Superintendent's office along with the environmental engineering department organised an awareness programme from 25th to 28th September 2024, in CMC Town Campus, to sensitise the healthcare workers, patients' visitors and surrounding community, highlighting measures to prevent dengue infection. The inaugural programme held on 25th September 2024, commenced with a worship song by the infection control nurses and prayer by Senior Chaplain Miss Saramma Kuruvilla. Mrs. Sophia Vijayanathan, Deputy Nursing Superintendent and Additional Joint Secretary HIC, welcomed the dignitaries and addressed the gathering.

Felicitations were offered by Dr. Vikram Mathews, Director, who, emphasised the importance of dengue prevention within the institution and congratulated the Hospital Infection Control (HIC) for taking the initiative to organise the campaign. Dr. I Rajesh Medical Superintendent and Chairman HIC, highlighted the fact that though mosquitoes are tiny organisms, they possess the potential to harm humans with a single bite. He stressed the importance of identifying and controlling mosquito breeding sites both within the institution and in the surrounding community. He also praised the Department of Environmental Engineering for their significant efforts in identifying and eliminating water stagnation throughout the institution. Mrs. Sophia Vijayanathan, Deputy Nursing Superintendent, emphasised on the mosquito control measures implemented in clinical areas where patients are present, ensuring a safe environment for all.





Mr. Anand Samuel, Associate General Superintendent announced the formation of a special mosquito control task force, which has scheduled visits to clinical areas to identify and address water stagnation. The task force will also conduct immediate spraying of mosquito repellents, both internally and externally, across the institution. Vote of thanks was proposed by Dr. Sharon Dilip, Asst. Professor and Infection Control Officer.

During the four-day period, awareness about the infection and preventive measures were highlighted through informative posters and handouts, educational videos, puppet shows and interactives games. The environment engineering stall highlighted the mosquito breeding and larva elimination measures in place within the hospital premises, and in the residential campuses to ensure safe environment.

"Dengue Prevention: Our responsibility for a safer tomorrow"

SHILOH 2024



Shiloh 2024, the annual students' mission conference, was held from 26th to 29th of September at the Scudder Auditorium in CMC Vellore in association with EMFI, TLM, CMAI and EHA. The conference brought together more than 1500 medical students, healthcare professionals, missionaries, and Christian leaders from diverse walks of life. The theme, *Stand Firm* was inspired by 1 Corinthians 15:58, emphasising the need for steadfastness in faith and perseverance in service to God, especially in times of uncertainty and challenge. Celebrating its 17th year, Shiloh 2024 aimed to deepen the participants' understanding of their calling, mission work, and the importance of being immovable in their faith. Over the course of four days, attendees were immersed in plenary sessions, life sessions, group discussions, and mission presentations that encouraged reflection and action.

Plenary Sessions

Shiloh 2024 featured a range of plenary sessions led by prominent speakers. **Varghese Philip**, a pioneer in medical missions and **Ashish Raichur**, pastor of *All Peoples Church*, delivered keynote addresses focusing on the need for steadfast faith, especially in the healthcare sector. They stressed the importance of perseverance in faith through trials, finding purpose in the work entrusted to them by God and to remain firm in their calling. **The John Scudder Oration**, a highlight of the conference, which celebrates the life and legacy of Dr. John Scudder I, the first medical missionary from the United States to India, was delivered by **Dr. Chandramathi Asirvatham**, the first lady paediatric surgeon in the country who worked in CSI Kalyani and Rainy hospitals. Her oration has inspired multiple students.

Life Sessions (Breakout Sessions)

Various life sessions addressed real-life challenges and provided biblical solutions for daily Christian living. These sessions exhorted the students to **1. Stand Firm in the Call** (Blessy and Prabhu) who spoke from their experience in Raxaul, Bihar on how to embrace God's call and remain steadfast despite life's distractions. **2. Standing Firm through Temptations** (Barney Isaac) provided practical strategies to resist temptation by relying on God's strength. **3. Stewardship of Time, Talent, and Treasure** (James Varghese) offered insights into managing resources effectively, aligning personal goals with God's plan. **4. Single/Are You Ready to Mingle?** (Varghese Chacko and Bella Varghese) gave biblical guidance on singleness, relationships, and waiting for God's timing in marriage. **5. FAQs of Christian Faith-**Mr. Neil Vimalkumar a seasoned apologetics expert spoke on the various questions we have regarding Christian faith.

Mission Presentations

The mission presentations featured the work of various professionals serving in different parts of India. Augustine, a cardiologist and Medical Superintendent, from Sewa Bhawan Hospital in Chhattisgarh, Salik Khan, a clinical Optometrist serving at Ruby Nelson Memorial Hospital in Punjab, Eileen Lalrinpuii, Medical Director at Aizawl Adventist Hospital, shared various perspectives of serving in Mission hospitals. Finney Premkumar, founder of Truth Matters International, Spurgeon, CEO of Bangalore Baptist Hospital and James Varghese, a retired IAS officer gave perspectives on the intersection of technology and modern missions, Urban Missions, how to show faith in the corridors of power respectively.

Networking and Collaboration

The conference facilitated meaningful networking opportunities through group discussions, breakout sessions, and free time with mission leaders. Attendees connected with healthcare professionals and missionaries, fostering a spirit of collaboration for future projects in medical missions. Shiloh also included a well-organized blood donation camp arranged by the Blood Bank unit and saw a very good response.

PG Shiloh

This year's **PG Shiloh** was held in the **Paul Brand Building**, specifically designed to accommodate postgraduates with busy schedules. 120 postgraduate trainees gathered for a Sunday afternoon session, enjoying lunch followed by deep discussions on the mission call in healthcare.

The sessions were led by esteemed faculty members, including **Deepak S. Singh**, a paediatric surgeon and the Managing Director of Chinchpada Christian Hospital, who shared his experiences in transforming a near-shut-down hospital into a thriving mission facility, **Jasmine Susan Koshy**, an experienced nursing professional and former Principal & Nursing Superintendent at Makunda Christian Leprosy Hospital, who emphasised the importance of nurturing the next generation of healthcare workers and **Swetha Naveen**, a consultant in child and adolescent psychiatry at CMC Vellore, shared her practical tips from her PG journey. The PG Shiloh sessions were designed to encourage postgraduate students to reflect on their calling, equipping them with useful insights for mission-oriented careers in healthcare.

Worship and Fellowship

Worship played a significant role in the conference, with dedicated sessions led by **Ebenezer Premkumar.** Participants joined in communal singing and hymns, creating an atmosphere of praise and reflection. The evening worship nights were especially impactful, allowing individuals to come together in prayer and reflection on their spiritual journeys.

Conclusion

Shiloh 2024, by God's grace was a resounding success, offering attendees a space to renew their commitment, deepen their understanding of their call, and gain practical insights into living a life of missional impact. Through the various sessions described, Shiloh 2024 equipped its participants to stand firm in their faith and pursue God's calling with unwavering dedication.

The organising team, led by Jachin Velavan, Associate Director (Missions), Katti Blessi Sara, Shiloh Coordinator, along with the co-coordinators Jackwin, Roselin, Priya Ranjani and Jasper and many faculty and student volunteers, ensured that Shiloh 2024 was both spiritually enriching and practically relevant. We are grateful to God for the large team of volunteers both staff and students for their enthusiastic involvement who passionately took up various responsibilities willingly, our partners for their continued support throughout the planning and organising, various departments, alumni and well-wishers for their support and prayers. The legacy of past conferences continues to thrive, as Shiloh remains a transformative event for Christian students and professionals alike. We ascribe all glory to God for a successful Shiloh 2024.

Soli Deo Gloria!









Tobacco Cessation Centre

On September 24, 2024, the Tobacco Cessation Centre was inaugurated at the Department of Pulmonary Medicine of the Christian Medical College (CMC) on the Ranipet Campus. The function began with an opening prayer by Rev. Dr. Finney Alexander and a warm welcome from Dr. Barney Isaac T J, Professor and Head of Pulmonary Medicine.

The facility was virtually inaugurated by the Union Minister of Health and Family Welfare, Jagat Prakash Nadda, in the presence of Associate Director Dr. Dheepak Selvaraj, Medical Superintendent Dr. I. Rajesh, Principal Dr. Solomon Sathish Kumar and Dr. D J Christopher Senior Professor (Pulmonary Medicine). Other dignitaries present at the event included Dr. Thangadurai, Professor of Psychiatry Dr. Dheeraj Kattula, Assoc. Professor of Psychiatry, Dr. Venkatesh, Professor and Head of CHAD. Mrs. Reena Rachel George (Head of Medical Surgical Nursing, Specialty IX). Dr. Balamugesh T, Associate Medical Superintendent and Professor of Pulmonary Medicine delivered the vote of thanks.

Dr. Aswith, Assistant Professor, Department of Pulmonary Medicine, moderated the event.

The new centre aims to provide comprehensive support and treatment for individuals seeking to quit tobacco use. It will offer a range of services, including personalised counselling and medical treatment, designed to address the physical and psychological aspects of tobacco addiction.

The centre is open to all individuals seeking help to quit tobacco from 3rd October 2024 in rooms 13 and 14, A201, Ranipet campus and will operate Monday to Friday. Appointments can be made at hospital registration counters or online (www.cmch-vellore.edu/patient-portal/).

Annual Sports Day of College of Nursing, CMC Vellore Chiitoor Campus









The Annual Sports Day of the College of Nursing, CMC Vellore Chittoor Campus was held on 14th September 2024 at CMC Vellore Chittoor Campus. The Chief Guest for the programme was Dr. Vinod Joseph Abraham, Vice Principal, CMC Vellore. The Guests of honour were Dr. Priya Aley Joseph Physician, CMC Vellore Chittoor campus, Dr. Kenny David, Associate Director, Chittoor Campus and Mrs. Alice Sony, Nursing Superintendent, CMC Vellore. The programme started with a prayer song. The gathering was welcomed by Dr. Pastin Pushpa Rani, Vice Principal, College of Nursing, CMC Vellore Chittoor campus.

The National Flag, College Flag and Olympic Flag were hoisted by the Chief Guest Dr. Vinod Joseph Abraham, Mrs. Nirmala Margaret P, Principal and Mrs. Alice Sony, Nursing Superintendent, CMC Vellore followed by the inspection of the March-Past teams. The students of the College of Nursing CMC Vellore, Chittoor Campus performed a spectacular March-Past parade, which was led by Ms. Lianne Elizabeth Joseph, SNA Sports Chairperson following which an athletic vote was taken by the students.

The Chief Guest Dr. Vinod Joseph Abraham lighted the Olympic Torch that was carried by students and he declared the Annual Sports Meet open by releasing the doves which symbolise peace, hope and freedom. Mrs. Nirmala Margaret, Principal, College of Nursing, CMC Vellore, Chittoor campus introduced the chief guest followed by Dr. Vinod Joseph Abraham addressed the students where He appreciated and motivated our students to excel in all areas. Students from all the batches performed colourful mass drills.

The finals for the 100-meter run, relay race, tug-of-war, staff and staff children sports were conducted. Dr. Kenny David, Dr. Priya Aley Joseph and Mrs. Alice Sony distributed prizes to the winners of the events conducted over the past few weeks. The individual championship was won by Ms. Lianne Elizabeth Joseph, III-year B.Sc. (N) student of Nightingale House. The rolling-shield for March-Past was won by Houghton House and Overall Championship was bagged by Nightingale House. Ms. Lianne Elizabeth Joseph, SNA Sports Chairperson presented the Annual sports report for the year 2024. Mrs. Sophia J, faculty and Senior Sports Advisor proposed the vote of thanks followed by the singing of the National Anthem.

The sports day 2024 of College of Nursing, CMC Vellore, Chittoor campus was a memorable day where students exhibited their sports man spirit.

World Pharmacist Day Celebration



The Department of Pharmacy Services celebrated *World Pharmacist Day* on the theme, *Pharmacists-Meeting Global Health Needs* on 25th September 2024. The inauguration started with an opening prayer by Mr. Issac Premkumar, Sr.Sel.Gr. Pharmacist and the Bible reading by Mr. Augustin Xavier, Sr. Pharmacist.

Dr. Ronald Carey, Head of the Department of Pharmacy Services, welcomed the Chief Guest, Dr. Nihal Thomas, Senior Professor, Department of Endocrinology and the pharmacists with a brief note on the role of pharmacists and their contributions in various sections of the department ranging from manufacturing to patient counselling services. He also appreciated and expressed his gratitude to all the pharmacists working in the department.

The Chief Guest, Dr. Nihal Thomas appreciated the high-quality work done by the pharmacists regularly and highlighted their potential in deciphering the contents of prescriptions, drug interactions, abbreviations, etc., in the face of an ever-increasing number of patients across all campuses of the institution. He also appreciated the initiatives for the rapid ongoing civil construction work for the College of Pharmacy. He said that the Pharmacy fraternity should come up with innovative solutions to re-invent their role as frontline healthcare providers.

To commemorate the event various competitions were conducted during the week by Dr. S. Annadurai, Professor, Manufacturing section, Pharmacy services, and team. Totally, 116 pharmacists participated. Dr. Nihal Thomas distributed certificates and prizes to the winners. Dr. S. Annadurai delivered a brief talk about the importance and history of World Pharmacist Day.

He elaborated on the theme, *Pharmacist-Meeting Global Health Needs* and highlighted the role of pharmacists as the first point of contact in the community, ensuring access to and providing guidance on essential medicines and medical devices and providing expertise for patient care and public health as well as addressing the health needs of our populations in various ways. During the programme the pharmacists collectively took the *Pharmacists' Oath* [a vow that pharmacists take to serve humanity and uphold the standards of their profession]. Mr. Jacob Prabhu, In-charge, Dispensing section, proposed the vote of thanks. The programme concluded with prayer and benediction by the Chaplain, Mrs. Abisha.

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CME on ABG Reports

The Departments of Critical Care and Continuing Medical Education organised a CME, *ABG Reports: Interpretation and Approach to Common Abnormalities* on 21st September, 2024. The programme was moderated by Dr. Binila Chacko, Professor and Head of the Department of Critical Care. The speakers, Dr. Ramesh Venkataraman, Dr. Thomas Isiah Sudarsan A., Dr. Kishore Kumar Pichamuthu, Dr. Lovely Thomas, and Dr. Binila Chacko covered the topics (1) Traditional approaches to ABG reports, (2) Using an ABG to interpret problems in oxygenation, (3) Stewart's Approach at the bedside, (4) Role of bicarbonate therapy in ICU, and (5) Discussion of different ABGs. The programme was attended by 343 participants from 17 states and several departments in CMC. The Department of Continuing Medical Education thanks Dr. Binila Chacko, all the faculty, and the Telemedicine Department for making the CME possible.

CME on Developmental Delay in Children

The Departments of Developmental Paediatrics and Continuing Medical Education organized a CME on *Developmental Delay in Children* on 28th September, 2024. The programme was moderated by Dr. Samuel P. Oommen, Professor and Head of the Department of Developmental Paediatrics. The speakers, Dr. Nitin Srinivasan, Dr. Ahamed Shafi, Mrs. Samyuktha, Mrs. Rhema Anu, and Ms. Pavithra covered the topics (1) Simple Developmental Surveillance in OPD, (2) Medical Evaluation and Diagnostic Approach to a Child with Global Developmental Delay, (3) Psychological Assessments, (4) OT Assessments, and (5) Communication Skills Assessment. The programme was attended by 173 participants from 15 states, and from several departments in CMC. The Department of Continuing Medical Education thanks Dr. Samuel P. Oommen, all the faculty, and the Telemedicine Department for making the CME possible.

The FHQM Students and Management Trainees' Participation at SAKCON 2024

The project titled *Enhancing Inpatient Echocardiogram Timeliness* was presented by a team of five members from the Quality Management Cell (FHQM Students: Mr. Samson Jebarunjan and Dr. Ramya; and Management Trainees: Dr. Nikitha Rebekah David, Dr. Maganti Lavanya and Mr. Samson Prabu) under the guidance of Dr. Jesu Krupa, Acting Deputy Director (Quality); Dr. Lallu Joseph, Associate GS & Quality Manager; Mr. Ramesh, Junior Officer; Mr. Rabindranath, Asst. Manager; Mr. Samson Godson Doss, GM Officer; and Mr. Joel Ebenezer, Administrative Assistant at SAKCON 2024 (Students' Annual Knowledge-sharing Conference) held at Narsee Monjee Institute of Management Studies (NMIMS), Mumbai. The team secured the first runner-up position with a trophy and a cash prize of Rs.15,000/- from Qimpro Foundation. The five students have been nominated as Junior Qualitists by the Qimpro Foundation.







Special Prayers This Week

October 06 - 12, 2024

Staff and Students' Health Services: Dr. Rajesh I. and Staff

Dr. Kanagalakshmi and Staff

Mrs. Sheeba Rani Nelson and Staff

Outpatient Services: Dr. Rajesh I. and Staff

Dr. Felix Jebasingh and Staff

Mrs. Sheeba Rani Nelson and Staff

Medical Records Department: Dr. Rajesh I. and Staff

Dr. Jenifer Jeba S. and Staff

Medical Assistance: Dr. Rajesh I. and Staff

Clinical Assistance: Dr. Rajesh I. and Staff

ACCESS : Dr. Rajesh I. and Staff

Malankara Orthodox Syrian Church Catholicate of the East

Council Members: HG Geevarghese Mar Philaxenos Metropolitan

Fr. M.C. Poulose

Hospital: M.O.S.C.Medical Mission Hospital, Kolencherry and others.



Welcome

Dr. Anoop George Alex, Professor, Department of Cardiology Unit-III, on his return from study leave.

Memorandum

Dr. Anish Jacob Cherian, Professor, Department of Endocrine Surgery is appointed as Deputy Medical Superintendent for Surgical Services is CMC Town Campus with effect from 1st October 2024 for a four year term.

Congratulations to CMC Vellore, Ranipet Campus

On September 23, 2024, the Transplant Authority of Tamil Nadu celebrated Organ Donation Day, recognising outstanding contributions to the deceased donor programme. CMC Vellore Ranipet Campus was honored with the award for second-best performance among hospitals in Tamil Nadu for 2023-2024. The award was presented by the Honourable Health Minister, Mr. Ma. Subramanian, and received by Dr. Anita Shirley Joselyn, Deputy Medical Superintendent. This recognition highlights the hospital's commitment to promoting organ donation and improving patient outcomes.



The Award for being one of the second-best performances as Transplant Co-ordinator in the Deceased Donor Programme for the year 2023-2024 was awarded to Transplant Coordinator Mr. P. Jaishankar, M.S. Office by the Honourable Health Minister, Mr. Ma. Subramanian.

Laurels & Recognitions

• Awards from the Department of Clinical Microbiology

Dr. V. Balaji, Senior Professor, Clinical Microbiology

The 14th CIDSCON, the annual conference of the Clinical Infectious Diseases Society (CIDS) was held from August 15th to 18th 2024 at Hyderabad. At this conference, **The Dr. M.G. Alexander Award for Tropical Infections was awarded to Dr. V. Balaji, by Dr. O.C. Abraham,** the scientific chair of CIDS. The award was given in recognition of Dr. V Balaji's exemplary contributions to interdisciplinary research on the epidemiology, diagnosis, management, and prevention of drug-resistant infections in India. Dr. Balaji has established sustainable surveillance networks and hollow fiber infection model (HFIM) which will help our clinicians to customise antimicrobial therapy based on individual needs. As a scientist and teacher, he continues to inspire and mentor students and young researchers with his wisdom and guidance. The Department of Clinical Microbiology wholeheartedly joins the CIDS fraternity in saluting and acclaiming his vision and dedication to a healthier India.

CIDSCON 2024 Travel Grant and Best Poster Award

Ms. S. Baby Abirami, Lecturer was awarded the travel grant and won the best poster for the research titled; Activity of Zidebactam/Cefepime and Cefiderocol, along with other novel antibacterial agents, against multidrug-resistant Escherichia coli harboring a novel resistance mechanism based on four-aminoacid inserts in PBP3.

Ms. Yuvasri Manokaran, Research Associate, was awarded the travel grant and won the best poster for the research titled; *Assessment of Levonadifloxacin's Resistance-Suppression Potential against MDR S.aureus Revealed Narrow Resistance Selection Window and Fitness Trade-off.*

• The Paediatric ICU Team: Dr. Balaji. S, Dr. Samson Nitin. K, Dr. Anisha Susan Sojan and Mrs. Mary Julina, (Nurse Manager) has won the first prize in the highly competitive 'SIMWARS'; a national level simulation competition held among expert critical care teams across India at the National Conference on Simulation Training (PediSTARS) held at Pune on 31st August, 2024.

Obituaries

- Mr. C. George William, retired staff, Nursing Services, CMC, Vellore, father of Mr. G. Samuel, retired Hospital Attendant, Postal Section, CMC Vellore, passed away on 30th September, 2024. Let us uphold all the bereaved members of the family in our prayers.
- Dr. V. Yesudhason, father of Dr. Binesh Lal Y, Professor, Department of Clinical Microbiology, father-in-law of Dr. Leena R.V, Professor, Department of Radiodiagnosis, on 1st October, 2024. Let us uphold all the bereaved members of the family in our prayers.

Upcoming Event



Situations Vacant

Click the following link to view the vacancies https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx

Vacancies under the Principal's Office - for queries contact the mentioned office

1. Senior Resident with MD (Dermatology Venereology and Leprosy) for the Department of Dermatology Unit – I

Salary: As per institutional rules.

Accommodation: Provided (Partly Furnished, Depending on availability).

Applications are to be done only through the online application system.

Please log on to: https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx

Hard Copies and emails will not be accepted. Applications will close by October 12, 2024.

2. Occupational Therapist (Term Post) with BOT (Regular Course) for the Developmental Paediatrics Unit

Salary Scale: As per the institutional rules. **Accommodation:** Not Provided.

Applications are to be done only through the online application system.

Please log on to: https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx

Hard Copies and emails will not be accepted. Applications will close by October 20, 2024.

3. Clinical Pharmacist Trainee for Hospital Infection Surveillance Unit

Qualification: Pharm D from a PCI recognized Institution.

Preference : Candidate with minimum 1-2 years experience in Antimicrobial stewardship programme including Audits.

Age Limit: 35 Years. **Stipend:** As per institutional rules. **Accommodation:** Not Provided.

Applications are to be done only through the online application system.

Please log on to: https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx

Hard Copies and emails will not be accepted. Applications will close by October 12, 2024.

4. Post – Doctoral Fellow for the Department of Clinical Haematology

Job Code: 1561

Qualification: M.Sc., PhD. Salary: As per institutional rules.

Mode of Appointment: Project Mode. Accommodation: Not provided.

Applications to be done only through online application system.

Please log on to: https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx

Hard Copies and Emails will not be accepted. Applications will close by October 11, 2024.

Vacancies under the office of Medical Superintendent-for queries contact the mentioned office

5. Asst. Chaplain (Term Appointment) for the Chaplaincy Department

Qualifications: Bachelor of Divinity (Serampore University), preferably with ordination.

Language proficiency: Tamil / Telugu / Oriya / Bengali.

Consolidated Pay: As per institutional rules.

Age Limit: 35 Years.

Note:- Only Regular mode will be accepted, Private or correspondence will be not accepted

Applications are to be done only through the online application system.

Please log on to: https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx

Hard Copies and emails will not be accepted. Applications will close by October 21, 2024.

Vacancies under the office of General Superintendent-for queries contact the mentioned office

6. Jr. Administrative Assistant (Project) for the Missions Office

Qualifications: Graduate and 1 year PGDHA.

Age Limit: 35 years and below.

Consolidated Salary: As per institutional norms.

Applications to be done only through online application system.

Please log on to: https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx

Note: Only Regular mode will be accepted, private or correspondence will not be accepted. Final year students are not eligible. Applications should be made online. Applications through other job portals will not be considered.

Apply on or before October 16, 2024.