



Christian Medical College Vellore



Newsline

December 02, 2024

Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us. Ephesians 3:20

Dr. Suja Kurian Retires



Dr. Suja Kurian, Professor of Psychiatry, retired on November 13th 2024 after over three decades of service in CMC Vellore. Dr. Kurian completed her schooling in Kottayam. She completed her undergraduate medical education in Government Medical College, Kottayam. In 1991, she joined the Diploma in Psychological Medicine in CMC Vellore and later joined as a tutor. On completion of MD course, she joined the department as a faculty member in 2000 and became a senior professor in 2021. From 2004 to 2006 she spent two years as a staff specialist in Buckinghamshire Mental Health Trust, UK, during her study leave from the institution.

Dr. Kurian was awarded the commonwealth scholarship in Psychiatry in 2014; underwent training in perinatal psychiatry in Leeds. On her return she provided this service in collaboration with the Department of Obstetrics and published several related research papers and has been part of the team which received ICMR funding for projects. As a clinician, she ensured compassionate and family-oriented care for her patients. Understanding the need for a holistic approach to mental healthcare, she emphasised community involvement and rehabilitative measures for patients with mental illnesses.

Her special area of interest in psychiatry involved the mental health of women, especially peripartum mental health. It championed the cause for empowering women with mental health issues on treatment as well as women caregivers of the mentally ill while subscribing to a pragmatic worldview.

Dr. Kurian is an excellent teacher and clinician who has guided and mentored postgraduate trainees in psychiatry. She has published extensively in psychiatric journals, both national and international. She has been a postgraduate examiner at several universities in India.

She headed Unit-III of the Department of Psychiatry between 2017 and 2022 and was the Head of the Department of Psychiatry from 2022-2024. She had taken up other institutional responsibilities under the capacity of the departmental quality manager and was a member of the administrative committee.

Dr. Vinoo Mathew Cherian, her husband, retired as a Professor of Orthopedics at CMC Vellore and is currently the Head of Orthopedics at Believer's Medical College, Tiruvalla. Their daughters are Ms. Divya Grace Matthew, a Senior Policy Specialist at William and Mary Research University in the US, and Dr. Aleena Sara Matthew, Assistant Professor in the Radiodiagnosis Department at CMC Vellore. Dr. Suja is passionate about plants and has a great interest in gardening with an ability to easily recognize various plant species.

As she moves to the next phase of her life, CMC thanks Dr. Kurian for a lifetime of dedicated service and the immense contributions she has made to her department and institution and wishes her the very best for the future.

Empowering Food Vendors at CMC: A Milestone in Food Safety and Hygiene

"Whatever you do, work at it with all your heart, as working for the Lord." - Colossians 3:23

The Food & Beverages Section under the General Superintendent Office at CMC Vellore marked a significant milestone by conducting the FOSTAC (Food Safety Training And Certification) Basic Training for all food vendors across campuses. This programme was facilitated by the Food Safety and Standards Authority of India (FSSAI) officials and aims to empower food handlers and supervisors with essential knowledge to uphold the highest food safety and hygiene standards.

The FOSTAC Basic Training covers a range of critical topics, including proper food handling, hygiene practices, and the importance of maintaining safe food storage conditions. Participants were educated on recognising potential hazards and implementing effective controls to mitigate risks. This initiative not only enhances the knowledge and skills of our food vendors but also reinforces our commitment to delivering meals that adhere to the highest food safety protocols.

As part of CMC's dedication to excellence in food safety, the training sessions foster a culture of accountability among food handlers and supervisors, ensuring that every meal served meets stringent health standards. By investing in the education and certification of our vendors, we are taking significant steps toward creating a safer dining experience for our patients, relatives, staff, students, and visitors. The session was well attended by nearly 185 participants representing all food vendors across campuses on 29th September, 2024.



World Diabetes Day 2024

In commemoration of the World Diabetes Day 2024, the Department of Endocrinology, Diabetes & Metabolism at Christian Medical College Vellore organised an Exhibition & Poster competition on the title; *how can nursing care in patients with diabetes, be maximised?*, on 12th November 2024 with focus on *Diabetes and Well-being*. Departments including cardiology, ophthalmology, nephrology, physiotherapy, prosthetics & orthotics, dietetics, and community health nursing, alongside the Department of Endocrinology, Diabetes & Metabolism, hosted stalls to raise awareness about diabetes, its complications, and prevention strategies. Diabetes screening was conducted for 427 patients, who also received foot and eye examinations. Informative sessions were carried out through puppet shows and interactive games, followed by a lucky draw for registered patients; with six winners receiving glucometers.

The event commenced with a prayer led by Ms. Saramma Kuruvilla, Senior Chaplain. Dr. Varun Kumar and Dr. Santhosh from the Department of Endocrinology, Diabetes & Metabolism delivered talks on diabetes awareness in Tamil and Telugu. The poster competition was evaluated by Mrs. Sasikala Umesh, Professor & Nurse Manager of Medical Surgical Nursing Speciality I, Mrs. Mary Jansi, Nurse Manager of MICU Medical Surgical Nursing Speciality IV, and Dr. Soumya, Associate Professor, Nuclear Medicine.

For more pictures Visit - <https://www.cmcendovellore.org/world-diabetes-day-celebration-php/>



Prize winners:

First Prize: Ms. Suganya C., Staff Nurse from O6 West

Second Prize: Ms. Femina Jasmine from C20

Third Prize:

- Mr. Isacc Samuel from Emergency Medicine
- Ms. P. Rajalakshmi from C201

Consolation Prizes:

- Mr. Mubarak Ali from Neuro Operation Theatre
- Ms. Ida Senthamizh Selvi from Ophthalmology



First Geriatric Undergraduate CME



The Indian Academy of Geriatrics, in collaboration with the Departments of Geriatrics at CMC Vellore, and the Government Vellore Medical College, successfully organised the first ever Geriatric Undergraduate Continuous Medical Education (CME) Programme, themed; '*Geriatrics - What, Why, and How?*' on November 16, 2024. The programme featured insightful talks by stalwarts in Geriatrics. An engaging quiz competition was also conducted. Prizes were distributed to the winners of India's first-ever Geriatric thematic Short Film Festival, a satellite event organised by the Indian Academy of Geriatrics. Overall this event was an eye opener to the medical students, who were introduced to the nuances of Geriatrics. They also travelled on a Geriatrician's professional journey and this event showed them a glimpse of future avenues in Geriatrics. The programme was brought to a close with the Chief Guest, Dr Priya Abraham giving a heartfelt and motivational talk to the students.

Institutional Epidemiology Workshop

The Clinical Epidemiology Unit, CEU organised the 3-day Institutional Epidemiology Workshop for DM/MCh candidates in two batches on behalf of the Principal's office. The workshop for the second batch was held at the New Examination Hall between 13th - 15th November, 2024. The workshop was attended by 57 first-year DM/MCh registrars from all specialities. The workshop started with a prayer by Chaplain Rev. Ms.Saramma Kuruville and a welcome address by Dr. Tripti Meriel Jacob, Vice Principal (PG), CMC. The topics covered were Research Questions, Study Designs, Research Ethics, Sample Size Calculation, Data Analysis, CRF Creation, Manuscript Writing and practical sessions on Critical Appraisal, Literature Search, Data Dictionary, Zotero software, Epidata software, PSPP software and Manuscript writing. The faculty consisted of Dr.JP Muliyl, Dr.Abraham Peedicayil, Dr. Thambu David, Dr. Sathish Kumar, Dr.Mohan Kamath, Dr.Grace Rebekah, Dr. Azariah Jebakumar, Dr. Anna Paul, Mr. Rajagopal, Ms. Divya, Mr. Saravanan, Dr. Vignesh Kumar and Mr. Madhan. The participants were given individual attention during the hands-on session. This is a part of ongoing annual activity coordinated by the Clinical Epidemiology Unit. The workshop received a positive feedback from the participants.



Special Prayers This Week

December 01 - 07, 2024

Choirs and their ministries

United Church Board of World Ministries

Council Member : Dr. Ajit G. Singh



Obituaries

- **Mrs. P. Paranjothi**, mother of Mr. P. George, Sr. Electrician, Electrical Department, passed away on 28th November, 2024. Let us uphold all the bereaved members of the family in our prayers.
- **Mrs. R. Selvi**, mother of Ms. Shobana Vasanthakumari R, Staff Nurse, Nursing Service, passed away on 28th November, 2024.
Let us uphold her husband Mr. Robert Magimaidas and all the bereaved members of the family in our prayers.

Situations Vacant

Click the following link to view the vacancies
<https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>

Vacancies under the Principal's Office - for queries contact the mentioned office

1. Jr. Clinical Psychologist (Term Post) for the Department of CMC Vellore, Chittoor Campus

Qualification : MA / M. Sc. (Psychology) (Regular Course).

Preference will given those who have work experience and Fluent in Telugu and Tamil will be preferred.

Salary : As per Institutional Rules.

Accommodation : Provided (Partly Furnished, Depending on availability).

Applications are to be done only through the online application system.

Please log on to: <https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>

Hard Copies and emails will not be accepted. Applications will close by **December 14, 2024.**

2. Assistant Professor with DM (Medical Oncology) for the Department of Medical Oncology

Salary : As per Institutional Rules.

Accommodation : Provided (Partly furnished, depending on availability).

Applications are to be done only through the online application system.

Please log on to: <https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>

Hard Copies and emails will not be accepted. Applications will close by **December 14, 2024.**

3. Lecturer (AH) Gr.III with M.A. / M.Sc. Psychology (Regular Course) + 2 years M.Phil in Clinical Psychology for the Department of Psychiatry (Nambikkai Nilayam)

Salary : As per Institutional Rules.

Accommodation : Not Provided. Applications are to be done only through the online application system.

Please log on to: <https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>

Hard Copies and emails will not be accepted. Applications will close by **December 14, 2024.**

4. Project Technical Support III – 4 Posts (ICMR Project) for the Community Health Chittoor Campus

Job Code : 1552

Qualification : MPH / Med. Sociology M. Pharma / D. Pharma / MHA / MA Psychology.

Experience : Experience with public health delivery system, research.

Gender : Women (Preferred).

Age Limit : 35 years. **External Salary :** Consolidated Rs. 30,520/- (Including HRA).

Job Description : To conduct activities in the project to strengthen NCD care at public health facilities in Chittoor District. This implementation research project aims to strengthen the service delivery and care for persons with NCDs. The role of the technical support staff will be to travel to public health facilities across Chittoor District and assist the health care teams in implementation of the project strategies. Data collection including facility assessments, interviews, surveys will need to be done.

Job Preference : Those with fluency in Telugu will be given preference. Experience in research projects, data collection, qualitative research, health systems research and familiarity with the government public health delivery system is desirable. Ability to use excel, word and other data entry apps is desirable.

Nature of Job : Term contract appointment for project co-ordination.

Mode of Appointment : Project Mode.

Accommodation : Not Provided.

Applications are to be done only through the online application system.

Please log on to: <https://clin.cmcvellore.ac.in/cmcapplistapplication.aspx>

Hard Copies and emails will not be accepted. Applications will close by December 09, 2024.