

Christian Medical College Vellore



Newsline November 04, 2024

And my God will meet all your needs according to the riches of his glory in Christ Jesus. Philippians 4:19

Celebrating World Occupational Therapy Day

Theme: Occupational Therapy for All

World Occupational Therapy Day, celebrated on October 27th each year since 2010, highlights the vital role Occupational Therapy (OT) plays in healthcare. This day serves as a platform for the global OT community (OT practitioners' students) to come together, share experiences, and promote the profession's impact on health and well-being.



Occupational therapy is centred on helping individuals engage in meaningful activities, or "occupations," that enhance their quality of life. From supporting children in developing crucial motor skills to assisting adults recovering from strokes, managing mental health challenges, helping seniors maintain independence and supporting individuals returning to work after an injury; OTs address a wide range of needs. Occupational therapy is a bridge to improving quality of life. Our work enhances a person's ability to participate in day-to-day activities that bring purpose, satisfaction, and a sense of achievement, whether it's managing daily routines, accessing the workplace, or staying active in social and leisure pursuits.

This year's theme, "Occupational Therapy for All," emphasises our commitment to making OT accessible to individuals of all ages, abilities, and backgrounds. The word "All" is a short but versatile term that can serve as a pronoun, adjective, adverb, or noun. "All" can refer to 'everything or everyone.' As a noun it indicates the 'entirety of something' or to use one's whole energy, resources, or self and can intensify an adjective, meaning 'completely or entirely.' It highlights the holistic approach of occupational therapy, where OTs consider all aspects of a person's life—physical, emotional, social, and environmental—that may influence their ability to engage in daily activities.

Occupational therapy is about understanding each person's unique circumstance and then helping them engage in activities that enhance their independence, confidence, and health. OTs interpret "All" as encompassing every aspect of an individual's life that could influence their ability to participate in daily activities, including physical, emotional, social, and environmental factors. This perspective helps OTs address 'all' dimensions that might impact a person's function, such as physical limitations, psychological well-being, cultural influences, and the client's goals and routines.

In practice, this approach means considering 'all' elements that contribute to meaningful engagement in activities. It pushes OTs to look beyond specific impairments, exploring how everything from home setup to family dynamics affects a person's success in therapy and their ability to perform daily tasks in their natural settings. As OTs, we are dedicated to this mission and committed to working collaboratively with other health professionals, policymakers, and community members to ensure that OT remains inclusive, empowering, and available to everyone who needs it.

With a world that's growing more aware of diverse health needs, this year's theme urges us to make OT accessible, so all individuals can participate in the occupations they value and live life to the fullest.

Cookery Competition- Organised by The Department of Endocrinology



The Department of Endocrinology at CMC Vellore, hosted a vibrant cookery competition themed "Breakfast Bonanza – A Healthy Diabetes-Friendly Breakfast" on October 19, 2024. This event aimed to highlight healthy culinary options for individuals with diabetes, offering a platform for the community of Vellore to showcase their cooking talents.

The competition was led by Dr. H.S. Asha, Professor and Head of the Department of Endocrinology and Metabolism at CMC Vellore, along with Dr. Nihal Thomas, Senior Professor and Dr. Khushboo Agarwal, Assistant Professor. Dr. Reena George, Head of Continuing Medical Education at CMC Vellore, served as the Chief Guest, emphasising the crucial role of a balanced diet in managing diabetes. A distinguished panel of judges included Mrs. Lilly Prasad, Professor and Head of the Department of Paediatric Nursing; Dr. Jane Elizabeth Sajan, Professor in the Department of Physical Medicine and Rehabilitation; and Mrs. Gayathri Vadivelu, Assistant Professor and Head of the Department of Nutrition at DKM College, Sainathapuram, Vellore.

The competition saw enthusiastic participation from forty teams, comprising students from various schools and colleges, CMC staff, and homemakers. Participants presented innovative and diabetes-friendly breakfast dishes, evaluated on nutritional value, ingredient cost, cooking time, taste, and macronutrient balance. The first prize was awarded to Ms. Durga Devi and Ms. Sharmila from Sri Narayani College of Nursing for their impressive Jowar Millet Carrot Kuzhi Paniyaram and Kuthiraval Millet Kichadi. First runners-up included Ms. Srisha and Ms. Bhava Dharani from DKM College for their Apple Pie Tart and Drumstick Pulpy Soup, along with teachers Ms. Sangeetha K. and Ms. Priya B. from Lakshmi Garden School for their Veggie-Loaded Jowar Thalipeeth. The second runners-up were Ms. Uma Maheshwari and Ms. Nithya from the Labour Room staff at CMC Vellore.

Several consolation prizes were awarded to recognise the commendable efforts of participants, including Ms. Lakshmi from Shalome Clinic, CMC Vellore; Ms. Nithya and Ms. Iswariya from Fitjee Global School, and Ms. Kotteswari from Apollo Hospital. The judges praised all participants for their creativity and enthusiasm, making the event a resounding success in promoting healthy cooking for diabetes management.

Click the link for pictures and videos: https://www.cmcendovellore.org/world-diabetes-day-celebration-php/





Adolescent Health Week

The Adolescent Medicine unit, in collaboration with Project YUVA (Adolescent Health Education Team), the Department of Paediatrics, and the Department of Paediatric Nursing, celebrated Adolescent Health Week from October 14 to 19, 2024. This initiative was held under the auspices of the Adolescent Health Academy (AHA), Vellore Chapter, Indian Academy of Paediatrics (IAP).

Key participants were Dr. Mona Basker, Professor & Head, Adolescent Medicine, Paediatrics Unit III; Dr. Reshmi, Assistant Professor, Adolescent Medicine, Paediatrics Unit III; Dr. Vijayarani M, Adolescent Medicine specialist, Ranipet; Dr. Sripriya M, Adolescent Medicine specialist, ESI Hospital, Vellore; Ms. Esther Kanthi, Assistant Professor, College of Nursing; Ms. Anandhi, Adolescent Nurse, Department of Paediatric Nursing; Ms. Sheeba, Psychologist, Paediatrics Unit III; Mr.Daniel Mathew, Project Co-ordinator along with Mr. Kishorekumar, Ms. Suganya, Mrs. Rajalakshmi, Health Educators, and nursing students. The team organised health education sessions, skits and role plays on health-related problems faced by adolescents.

Each session included interactive Q&A segments, fostering engagement and dialogue with the teenagers. Participants received pamphlets on adolescent health, which were also distributed to teachers and caretakers.





The team visited several institutions, including Don Bosco High School in Vellore and the Government Children's Home for Boys in Ranipet, receiving positive feedback from both schools and families about the programme's impact and effectiveness. This initiative highlights the commitment to improving adolescent health education and addressing the unique challenges faced by young people today.

10th Basic Course in Medical Education (BCME)



Christian Medical College, Vellore. NMC Nodal Center for National Faculty Development Programme Department of Medical Education Basic Course in Medical Education (BCME)





The National Medical Commission's 10th Basic Course in Medical Education (BCME) was successfully conducted for in-house CMC faculty from October 16 to 18, 2024, at the Nodal Centre of the Medical Education Department (MED) in CMC Vellore. The course saw participation from 30 faculty members, including 1 Professor, 1 Associate Professor, and 28 Assistant Professors.

Objectives of the Programme:

- Sensitise participants to the principles of learning.
- Frame specific learning objectives for competencies.
- Explore various interactive learning methods for both large and small groups.
- Select appropriate assessment methods for competencies.
- Provide timely feedback to students.
- Implement innovative teaching and assessment methods for AETCOM (Attitude, Ethics, and Communication) modules.

Dr. Margret Shanthi F. X. opened the course with a prayer and welcomed the attendees. The sessions were facilitated by resource persons from various departments within CMC Vellore, ensuring an engaging and interactive experience. On the final day, Dr. Prakash S. S. and Dr. Latif Rajesh Johnson delivered the vote of thanks.

The Medical Education Department extends its gratitude to the Dr. Margret Shanthi F. X.;Dr. Reena George, Dr Surekha V., Dr. Sowmya S., Dr. Vinod Abraham, Dr. Sathishkumar T., Dr. Ramya I., Dr. Vinay Oommen, Dr. Tripti M. Jacob, Dr. Vandana K., Dr. Prakash S. S., Dr. Srujan Lam Sharma, Dr. Katti Blessi Sara, Dr. Latif Rajesh and Dr. Audrin Lenin for their dedication and expertise which was instrumental in the success of this educational initiative.

Sports News - Open Tennis Doubles Tournament

The CMC Open Tennis Doubles Tournament took place from October 10 to 21, 2024, featuring enthusiastic participation from various residential campuses. The tournament showcased several keenly contested matches, fostering a spirit of camaraderie and competition. The aim was to encourage more individuals to embrace and enjoy the game of tennis. The prize distribution ceremony was led by Dr. Anoop George Alex, Professor in the Department of Cardiology, and Dr. Balaganesan, Physical Director, who emphasised the significance of sports in enhancing physical fitness and character development. In addition, the CMC Tennis Club, in partnership with Net Masters Tennis Academy, has initiated adult coaching at the Kagithapattrai campus, which has already garnered an enthusiastic response.

Tournament Results

Winners: Dr. Rajiv Karthik & Dr. Ashish Goel Runners-Up: Dr. Mohit Sudan & Dr. Noah Pallapati

This tournament not only highlighted the talent of the participants but also reinforced the importance of an active lifestyle through sports.





Sports News - Intercollegiate Tournament.

Prize winners of the various intercollegiate tournaments,

Participants

Hannah Claris J-(MBBS, Batch of 2021) Rithika G.-(MBBS, Batch of 2022) Divya Darsini S.- (MBBS, Batch of 2023)

Government Vellore Medical College

Synapses'24: Winners

SRMC, Chennai ATLIUS'24: Runners-Up
Stanley Medical College, Chennai Stanlea'24:
Winners



Special Prayers This Week

November 03 - 09, 2024

Rural Unit for Health and Social Affairs (RUHSA):

Dr. Biswajit Paul and Staff

International Mission Board, Southern Baptist Convention

Council Members : Dr. Spurgeon Rachaprolu

Dr. Philip Thomas

Hospital: Bangalore Baptist Hospital Society



Laurels & Recognitions

- **Dr. Edward Lourdes Roshan A,** Postgraduate Registrar has won first prize in E-poster presentation in the 15th Annual State Conference ISACON Puducherry 2024 conducted on 27th to 29th September 2024 at Jawaharlal Institute of Postgraduate Medical Education & Research JIPMER, Puducherry.
- The following faculty from the Department of Family Medicine won awards at the Family Medicine and Primary Care (FMPC) Conference held at All India Institute of Medical Sciences (AIIMS) Rishikesh from September 27-29.
 - **Dr. Don Thomas,** Assistant Professor, of Family Medicine, won the Best Thesis Award. (Title: "Performance and Utility of Screening Tools in Predicting Osteoporosis in Postmenopausal Women Attending Family Medicine Centres in Vellore- STOP Study" under the guidance of Dr. Sunil Abraham).
 - **Dr. Bino Rajamani,** Assistant Professor, won first place in the Poster Category. (Title: "POCUS- A Boon to Primary Health Care").
 - **Dr. Anbarasi,** Faculty, Distance Education Department, won first prize in the Poster Category. (Title: Using Pictures in Adult Education-Principles and Methods").
 - **Dr. Anagha David,** PGY2 Resident, secured second place in the Poster Category. (Title: "Harmonizing Health: The Journey of Transformation through Coordinated and Whole-Person Care-A Case Report").
- The following Faculty and PG Registrar from General Surgery received the following awards at the Annual Conference of the Indian Association of Gastrointestinal Surgeons IASGCON 2024, held in Patna from 3rd to 5th October 2024.

Surgery Unit III (Upper GI)

Surgery Unit II (Colorectal)

Dr. Suraj Surendran, Associate Professor, Award for Oral Presentation

Dr. Sushrita Nichols, PG Registrar(Best poster)

Dr. Arelly Samuel Paul Dhinakar, Assistant

Professor – Best Poster

Dr. Lijin Selvens, Assistant Professor-Best Evideo

Upcoming Events

As a part of capacity building for the NIH-funded 'Tropical Medicine Research Center, India',
The Wellcome Trust Research Laboratory, CMC Vellore is organising a one-day workshop "Crafting
Your Career" conducted by India BioScience on 25th November, 2024 (Monday).

Interested applicants can register using the following link: https://forms.gle/icttPmuW2qKd1pRH6

The extended last date for registration is 15th November 2024 (Friday) and selected participants will be notified by email on 20th November, 2024.

 Fund raising sale at Ranipet Campus for the construction of College of Pharmacy organised by the Department of Pharmacy.

Fund Raising Sales
Date – 04.11.2024, 8.30 AM TO 7.00 PM
Venue – A Block Foyer, Ranipet Campus
ALL ARE INVITED



• Medical Undergraduate Graduation: November 11th, 2024

Guest seat allotment for Graduates at the Scudder Auditorium – 5 seats

Graduation Programme on 11th November 2024 begins with official group photographs of the Faculty and Graduates of 2024 at 4.00 p.m. in the **Ground Floor, New Examination Building.** Buses have been arranged for the graduates and faculty to leave the hospital campus at 2.00 p.m. 2.15 p.m. & 2.30 p.m.

The Graduation procession will commence sharply at 5.00 p.m. and all guests are expected to be seated inside the Scudder Auditorium by then. All are requested to strictly adhere to the time stated above.

Venue for the Graduation Day Dinner - Scudder Hall / New Examination Building, College Campus. Dinner cards may be obtained from Mr. Sathiyaseelan and Mr. Sarath Kumar in Vice Principal's Office (UG), Ground floor, Carman Block or from Mr. Vijayanand and Mrs. Malathy, Curriculum Office, ASHA building, Hospital Campus.

Obituary

Dr. A. S. Kanagasabapathy (fondly known as Dr. A.S.K) joined the Clinical Laboratory, CMC in the year 1966, under the Headship of Dr. Carman. He was appointed as the First Head of Clinical Biochemistry in the year 1970. With the awareness and importance of monitoring the quality of results, he introduced the In- house Internal quality Control (IQC) in 1968, the first of its kind in a teaching hospital in India. Along with Dr. Carman and Dr. Peter Hill, he set up the continuous-flow auto analyser in 1970, the first ever autoanalyzer in India. He upgraded the routine diagnostic laboratory into a teaching department for short term postings for M.D Biochemistry, Pathology & M.Sc. Biochemistry courses, CMAI and tutor Lab Technician courses.



In 1978, in order to bring about improvement in the quality of laboratory services in India, Dr A.S.K started the first indigenous ACBI/CMC EQAS programme for Indian Clinical labs. He introduced many in-house RIA assays, Automated Discrete Selective Analyzer for Chemistry, the first in a teaching hospital in India, Automated Enzyme Immunoassay System for Hormones, contributing towards better patient care. He has conducted more than 100 QC seminars and workshops through "Outreach programmes" in many mission hospital labs in all the regions of the country. He was associated with WHO in various laboratory quality control activities.

Dr. A.S.K was known for his unexplainable intelligence, untiring hard work, unstoppable words of potentiality. A Luminary in the field of Clinical Biochemistry, a dynamic, inspiring, & brilliant teacher, a mentor and Leader who nurtured the staff of the department. Teaching was his passion with a significant impact on a large cross section of students from laboratory technologists to medical post graduates with his excellent interaction, motivation that kept his students enthralled. His tireless pursuit of excellence, dedication and commitment to quality, has set high standards inspiring generations of students, fellow colleagues, Industrial leaders, Lab professionals in India and neighbouring countries. He was the First Voice and Founder of Quality Assurance in Laboratory Medicine in India, with a great passion for Quality in clinical laboratories and was fondly known as the 'Father of Quality control in India'. A great Administrator, a model Professor & an Inspiring Researcher, he was a much respected and loved colleague whose advice was always sought after. He is known for his ever smiling demeanour and kindness, a great Humane and a gentleman to the core with Personification of Humility.

He served as Deputy Director (Centenary project -2000) from 1995 - 1999. His valuable sincere and tireless service towards the CMC centenary celebrations was much appreciated. He was an active Rotarian and as a President he carried out several community service projects involving CMC students for rural health camps, youth leadership and vocational service programs. After his retirement in 2000, he dedicated himself in spreading the concept of quality control and laboratory standards for Accreditation among clinical laboratories. He was associated with NABL and with QCI. He was also the recipient of the 'CMC Alumni Award of Distinction -2012.'

He was a committed husband to his extremely supportive wife Mrs. Lakshmi (late) and a loving father to his 2 daughters, Dr. Akila (MBBS batch 1981, CMC) & Dr. Nalini (MBBS Batch 1989, CMC); Sons in law - Dr. Narasimhan (Cardiology: 1989-1992) & Dr. Ramanujam and an affectionate grandfather. His contributions to Clinical biochemistry will remain an enduring testimony to his dedication and expertise. Quality and Dr. Kanagasabapathy were inseparable.

The CMC family and Department of Clinical Biochemistry expresses our deepest gratitude to Dr.Kanagasabapathy and we thank God for his life of service.

Situations Vacant

Click the following link to view the vacancies https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx

Vacancies under the Principal's Office - for queries contact the mentioned office

1. Senior Resident / Assistant Professor with MD/DNB in Emergency Medicine / General Medicine / Pulmonary Medicine / Anesthesiology and MS/DNB in General Surgery / Orthopedics for the Department of Emergency Medicine

Experience : Should have at least one year teaching experience as (Asst. Professor) in any NMC recognised teaching institution to apply for the Assistant Professor post.

Candidates with DNB qualification should fulfill the latest NMC criteria for teaching appointment.

Salary: As per institutional rules.

Accommodation : Provided (Partly furnished, depending on availability).

Applications are to be done only through the online application system.

Please log on to: https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx

Hard Copies and emails will not be accepted. Applications will close by November 09, 2024.

2. Senior Resident / Assistant Professor with **MD** (**Radiology**) for the **Department of Radiology Experience :** Should have at least one year teaching experience as Assistant Professor in any NMC recognised teaching institution to apply for the Assistant Professor Job.

Salary: As per institutional rules.

Accommodation: Provided (Partly furnished, depending on availability).

Applications are to be done only through the online application system.

Please log on to: https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx

Hard Copies and emails will not be accepted. Applications will close by November 10, 2024.

3(a) Registrar (Non-PG) with MBBS with 1 to 2 years experience in psychiatry for the Department of Psychiatry (Child and Adolescent Psychiatry Unit)

Salary: As per institutional rules.

Accommodation: Provided (Subject to availability).

3(b) Senior Resident Gr.V with **Diploma in Psychological Medicine (DPM)** for the **Department of Psychiatry (Child and Adolescent Psychiatry Unit)**

Salary: As per institutional rules.

Accommodation: Provided (Subject to availability).

3(c) Senior Resident Gr.III with **MD** (**Psychiatry**) for the **Department of Psychiatry** (**Child and Adolescent Psychiatry Unit**)

Salary: As per institutional rules.

Accommodation: Provided (Subject to availability).

Applications are to be done only through the online application system.

Please log on to: https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx

Hard Copies and emails will not be accepted. Applications will close by November 16, 2024.

4. Project Manager (External Designation- Project)

The Centre for Stem Cell Research (CSCR), [a unit of inStem Bengaluru, in collaboration with the Department of Biotechnology (Government of India) and the Christian Medical College (CMC) Vellore] invites applications for the Project Manager (External Designation- Project) to co-ordinate and execute the project in the area of cell and molecular biology related to stem cell research.

Qualification : Ph.D. with a minimum of 1-2 years / M.Sc. with a minimum of 5 years of work experience in laboratory / project management. Preference will be given to candidates with proficiency in data management and prior experience working on government projects or similar projects. Proven communication ability, both written and oral is essential.

Nature of Work: Monitoring project expenditure and working with administrative teams. Maintaining the necessary project documents and organizing meetings for the collaborators. Candidate will be expected to perform the experiments related to the project if necessary.

For more details of the positions and the application forms visit

https://www.cscr.res.in/research-opportunities/

Please submit duly filled application to **cscredu@cmcvellore.ac.in** on or before **16th November**, **2024**.

5. Project Research Scientist I (Medical) for the Division of Critical Care

Qualification: MBBS / BDS / MPH.

Age: Less than 35 Years. **Salary:** As per Institutional Rules.

Job Description : To recruit patients for the trial and oversee recruitment at other sites, co – ordinates data collection and validation including other collaborating institutions, write and edit reports, and oversee data entry.

Mode of Appointment : Project Mode. **Accommodation :** Not Provided.

Applications are to be done only through the online application system.

Please log on to: https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx

Hard Copies and emails will not be accepted. on or before 16th November, 2024.

Vacancies under the office of Medical Superintendent-for queries contact the mentioned office

6. Technician (External – Project) for the Centre for Stem Cell Research

Qualifications: B.Sc., MLT / B.Sc., in Life Science / B. Tech with minimum 55% marks.

Nature of Job: To manage the non-scientific aspects of the project such as maintaining the funding details, He/she will also indirectly assist in carrying out the experiments by ordering consumables, maintain stock of the reagents, will perform the routine experiments in the project and help the JRF/SRF to execute the project.

Job Description : To work in the stock maintenance of the lab, project account managing and ordering, and in the field of cell and molecular biology research.

Consolidated Pay: Rs.21,600/-. Age Limit: 30 Years.

Note: Only Regular mode will be accepted, Private or correspondence will be not accepted.

Applications are to be done only through the online application system.

Please log on to: https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx

Hard Copies and emails will not be accepted. Applications will close by November 18, 2024.

Job Code : 1563

Job Code: 1564

7. Jr. Speech Therapist (Term Appointment) for the Department of ENT

Qualification: B.A.S.L.P., (Bachelors in Audiology and Speech Language Pathology).

Consolidated Pay: Rs.32,870/-. Age Limit: 30 years.

Accommodation: Not provided.

Note: Only Regular mode will be accepted, Private or correspondence will be not accepted.

Applications are to be done only through the online application system.

Please log on to: https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx

Hard Copies and emails will not be accepted. Applications will close by November 18, 2024.

Vacancies under the office of General Superintendent-for queries contact the mentioned office

8. Administrative Assistant Gr.V for the Council Secretary Office - Directorate

Qualifications: Graduate and 1 year PGDHA or equivalent or 3 years of experience in CMC Regular / FHA.

Age Limit: 30 years and below. **Salary**: As per institutional norms.

Please log on to: https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx

Note: Only Regular mode will be accepted, private or correspondence will not be accepted. Final year students are not eligible. Applications should be made online. Applications through other job portals will not be considered. Apply on or before November 13, 2024.

9. Jr. Administrative Assistant (Term) for the Council Secretary Office - Directorate

Qualifications: Graduate and 1 year PGDHA or equivalent or 3 years of experience in CMC Regular / FHA.

Age Limit: 30 years and below.

Consolidated Salary: As per institutional norms.

Please log on to: https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx

Note: Only Regular mode will be accepted, private or correspondence will not be accepted. Final year students are not eligible. Applications should be made online. Applications through other job portals will not be considered. Apply on or before November 13, 2024.

10. Jr. Field Worker (Term) for RUHSA Department

Qualifications: H.Sc. (Plus 2). **Age Limit:** 30 years and below.

Consolidated Salary: As per institutional norms.

Job Preference: Candidate who are residents of K.V. Kuppam Block or who are willing to stay and work in K.V. Kuppam block are preferred. Also, the person should possess a valid two-wheeler license and should be willing to travel independently to the areas and do community visits on 2-wheeler.

Please log on to: https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx

Note: Only Regular mode will be accepted, private or correspondence will not be accepted. Final Year Students are not eligible. Applications should be made online. Applications through other job portals will not be considered. Apply on or before November 09, 2024.