



Christian Medical College Vellore



Newsline

December 09, 2024

And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. Philippians 4:7

Dr. Sukria Nayak Retires



Dr. Sukria Nayak's illustrious career has been marked by profound contributions to the field of trauma surgery, at Christian Medical College Vellore (CMC Vellore), where he served for over three decades.

Dr. Nayak, born on October 12, 1959, in Odisha, India, began his journey in a small village, navigating the challenges of education and competition from urban centers. Despite these obstacles, his determination and hard work paved the way for his success. He completed his MBBS and MS in General Surgery at SCB Medical College, Cuttack, where he conducted his dissertation on-"Amniotic Membrane as a Biological Dressing in Burns." After completing his degrees, he served as a Specialist Registrar in Surgery at several prestigious hospitals in the UK, including Old Church Hospital and Royal London Hospital. Upon returning to India, he joined CMC Vellore in 1990, where he has held various teaching positions since then, ultimately becoming a Professor of General Surgery. As Head of Surgery Unit II, he laid the foundation for a trailblazing career in general and trauma surgery. Recognising the growing need for specialised training, Dr. Nayak founded Surgery Unit IV, alongside Dr. Suchita Chase, Dr. Beula Rupavadhana, Dr. Vijayan, Dr. Paul, and Dr. Titus and took up the role of head in 2008.

This unit became the cornerstone of general surgery training at CMC, offering MS Surgery students, unparalleled exposure to advanced techniques, including modern surgeries like abdominal wall reconstruction. Shortly thereafter, Dr. Nayak was deputed by CMC to serve in Bangladesh, where he left a profound impact on the local medical community. Patients from Bangladesh continued to seek his care even after his return to India.

Upon his return, Dr. Nayak was appointed Associate Director of Missions, a role he held from 2016 to 2019. During this period, he strengthened CMC's global collaborations with organisations such as Michigan Medical University, BMJ Global Health, and the Israel Medical Association. His leadership in this role helped elevate the institution's international standing.

As a leader, Dr. Nayak exemplified punctuality and discipline. He ensured that weekly schedules for academic sessions, OPD clinics, and OTs were meticulously prepared in advance and strictly adhered to. His unwavering commitment to his patients was evident in his clinical practice—he often accommodated deserving patients for earlier appointments, ensured female patients were seen by female doctors when requested, and prioritised patient-centric care even in overburdened OPDs. Dr. Nayak's humility and faith in institutional values were reflected in his approach to patient concessions. Whether for staff, their relatives, or underprivileged patients, he ensured eligibility criteria were met while offering support within institutional norms. An advocate for socioeconomically disadvantaged patients, Dr. Nayak utilized the Mathew Cyriac Fund, which assists economically depressed trauma patients at CMC Vellore. This initiative has helped ensure that all patients, regardless of their financial background, receive the quality care they deserve. His respect for his colleagues extended to all cadres, and he celebrated festivals like Christmas with his team as a family, hosting programs for staff and their children, and generously contributing to charity during festive seasons.

In the classroom and beyond, Dr. Nayak was a passionate teacher. He brought academic sessions to life with his grassroots-level explanations, humour, and logical blending of medical concepts, making even the most complex topics accessible and engaging. He encouraged students to express their views, supported their research endeavors, and participated in sessions as active learner, raising questions to foster a culture of inquiry. His lectures were cherished for their clarity, depth, and relatable teaching style.

In 2017 Dr. Nayak took up the challenge of developing trauma surgery and began laying the groundwork for a dedicated trauma department. His vision was realised in 2022 when the Department of Trauma Surgery was officially established at CMC Vellore, a testament to his leadership and dedication to improving trauma care. Dr. Nayak's career took a significant turn during his senior fellowship at the University of Michigan, where he met Dr. Krishnan Raghavendran. Together, they initiated the Trauma Registry Project (TReCS), a collaboration with the Tamil Nadu Transport Corporation, aimed at improving trauma care through data collection and analysis. This work laid the foundation for a landmark partnership between CMC Vellore and GVK EMRI, formalized through an MoU facilitated by Prof. Raghavendran. This joint venture seeks to enhance pre-hospital trauma care in Tamil Nadu by leveraging the 108 ambulance network under the TAEI program. The collaboration focuses on mutual learning, improving patient outcomes, and shaping state and national trauma care policies. Upcoming initiatives include the development of Lay First Responder Training Programs and research projects to bridge the gap between pre-hospital and in-hospital trauma care, to address critical challenges, such as increasing trauma referrals to CMC from its catchment area.

Dr. Nayak's influence extended further when Dr. Amit Gupta, Professor & Head of Trauma Surgery, JPN Apex Trauma Centre of AIIMS New Delhi invited him and his department to collaborate on the ICMR's National Taskforce Project on Trauma Quality Improvement Programme (TQIP). This collaboration involved top central government-run hospitals, including AIIMS, JIPMER, PGIMER, and KGMU, aiming to standardize and improve trauma care across India.

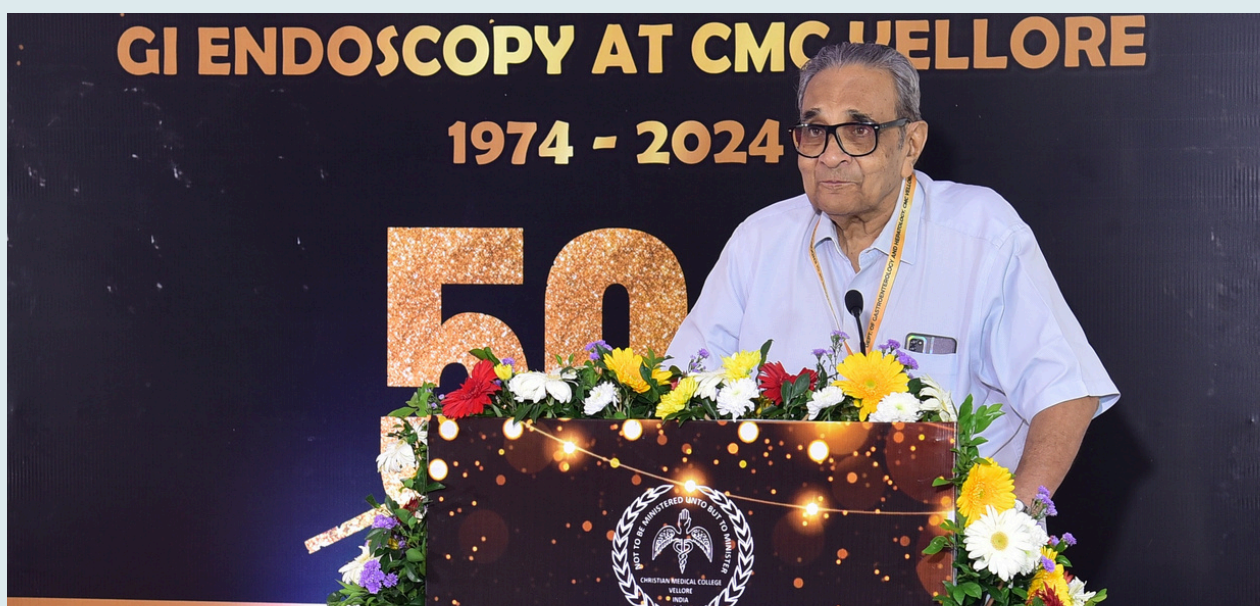
He also played a crucial role in trauma education by initiating the Advanced Trauma Life Support (ATLS) and Advanced Trauma Care Nursing (ATCN) courses in collaboration with the American College of Surgeons. These courses have been instrumental in educating healthcare professionals across India on effective trauma care, a responsibility lead by Dr. Joses Dany James, Asst. Professor from the Dept. of Trauma Surgery.

Throughout his career, Dr. Nayak has authored over 30 research articles in reputed journals, making notable contributions to fields such as colorectal surgery, vascular surgery, and trauma management. His research has expanded the understanding of complex conditions, including gastrointestinal bleeding from gangrenous cholecystitis and the management of caustic burns in the esophagus. His dedication to research is reflected in his work with BMJ Case Reports, where he contributed significantly in collaboration with Dr. Seema Biswas, Editor-in-Chief of BMJ Case Reports and a member of the BMJ Global Health Editorial Board. His research initiatives have enriched the field of trauma surgery and furthered the global exchange of knowledge.

During his career, Dr. Nayak shared a profound professional and personal bond with the late Dr. Sunil Agarwal, the pioneering vascular surgeon who founded the Department of Vascular Surgery at CMC Vellore. Dr. Agarwal was a friend and a mentor to Dr. Nayak and many others, instilling in them the importance of surgical audits, continuous self-improvement, and teamwork. His humility and visionary approach left a lasting impression on his colleagues. Tragically, Dr. Agarwal's loss deeply affected Dr. Nayak; but despite this loss, Dr. Nayak carried forward the values imparted by him, ensuring that his influence remained an integral part of CMC's ethos. Prof. Dr. Sukria Nayak's contributions have left an indelible mark on CMC Vellore and the broader medical community. From his pioneering work in Surgery Unit IV to his leadership in trauma care, his legacy is one of compassion, innovation, and unwavering dedication. As he transitions into retirement, CMC Vellore honors his extraordinary contributions and the lives he has touched. Together with the memory of Dr. Sunil Agarwal, whose influence continues to inspire generations, Dr. Nayak's story exemplifies the highest ideals of the medical profession—a commitment to service, mentorship, and excellence. The department of Trauma Surgery is currently spearheaded by Dr. Srujan Lam Sharma, Associate Professor & Incharge of the Department. Dr. Nayak's retirement marks the end of an era for the department, but his work, mentorship, and vision will continue to inspire those who follow in his footsteps.

Dr. Nayak's family includes his wife, Mrs. Ruma Nayak, who served as the Professor and Former Head of the Paediatric Nursing Department at CMC Vellore, and their two sons: Dr. Shanthanu Nayak, a PG Registrar in Surgery, and Mr. Tanmaya Nayak, an intern with a B.Tech in Agriculture. The CMC Vellore family expresses its deep gratitude to Dr. Sukria Nayak for his invaluable contributions and wishes him a joyful and fulfilling retirement.

Celebrating 50 Years of Pioneering Endoscopy Services



The Department of Clinical Gastroenterology and Hepatology at Christian Medical College Vellore, marked a historic milestone on November 16, 2024, celebrating 50 years of pioneering endoscopy services with an inspiring Alumni Meeting and Continuing Medical Education (CME) programme. The programme was inaugurated by Dr. V. I. Mathan, the founder of the department and former Director of CMC Vellore, in the presence of Dr. Balamugesh T. (Associate MS), Dr. Ebby George Simon (Associate Director, Medical), Mrs. Alice Sony (Nursing Superintendent), and Dr. A. J. Joseph (Professor, Gastroenterology). Dr. Mathan established the upper gastrointestinal endoscopy services in 1974, which laid the foundation for the department's cutting-edge endoscopy care today. Over five decades, the service has evolved into a nationally recognised center for advanced endoscopic procedures and training. The programme featured engaging sessions on the origins of endoscopic services at CMC, its evolution, and the transformative advances in technology and techniques over the years. Alumni and faculty reflected on the department's legacy of leadership in endoscopic care while also sharing personal memories from their training at CMC, fostering a sense of nostalgia and camaraderie. The celebration was a fitting tribute to the department's journey, honoring its past while looking forward to future innovations in endoscopic care.



Children's Day celebration at Department of ENT

For Every Child, Every Right

As a part of Children's Day, the Department of ENT along with the Paediatric ENT team put forth a memorable programme on the 16th of November 2024. It was a fun-filled and enjoyable session for the little ones and their parents. The children dressed up as national leaders, sang songs recited stories and poems. It was a proud and satisfying moment for the speech therapists to see the post cochlear implant kids perform in front of the gathering. The message of Christ was shared to the gathering by Dr. Anila Chacko (Vice principal & Professor in Paediatric ID unit). It was a gratifying moment to see the kids enjoy the games, songs and skit performed by our therapists and doctors from various units in ENT. The children drew pictures and decorated the Christmas tree. Most importantly, we thank God Almighty for giving us the grace and opportunity to minister to their needs and make a difference in their lives.





Children's Day celebration at Department of ENT

World Sight Day 2024

The Department of Ophthalmology, celebrated World Sight Day during the second week of October 2024. The programme was inaugurated on 10th October 2024 by Dr. Sheeja Susan John, Professor & Acting Head of the Department of Ophthalmology. Dr. Anika Amritanand, Professor & Head of Outreach Services, highlighted the importance of eye health among children. Mrs. Anne Jerome, Associate Nursing Superintendent, offered her felicitation followed by vote of thanks by Mrs. Angeline Jeya Rani K, Nurse Manager. Various events and activities were organised based on the theme, "Children, Love your Eyes". On 12th October 2024, an awareness programme was organised at Schell Hospital for children with amblyopia (lazy eye) where more than 30 children and families participated. Dr. Deepa John, Professor & Head of Paediatric Ophthalmology, Dr. Padma Paul, Professor of Ophthalmology (Outreach Services) and Mrs. Angeline addressed the gathering followed by puppet and video shows along with models and posters regarding eye health.





Outreach Programmes:

Don Bosco High School:

At Don Bosco High School, awareness programmes regarding the prevention of eye injuries and computer vision syndrome were delivered through video and puppet show by the Nursing Staff and the Camp team coordinators led by Mr. Hitlar, Camp Manager. Nearly 650 schoolchildren, parents and 20 teachers attended the programme.

CHAD, RUHSA, Latteri and Jawadhi Hills

Awareness programmes were conducted by the outreach teams at the vision centres in CHAD and RUHSA among outpatients and inpatients, including parents of children. In Latteri and Jawadhi Hills, education programmes were carried out in schools. Through the medium of videos, skits and discussions, eye health education was given on the importance of healthy diet and eye hygiene, prevention of trauma, benefits of reducing screen time and the need for outdoor activities for better living and removing the stigma attached to wearing spectacles. We are grateful to God for his providence during these activities.

Retired Staff Fellowship Programme

We are pleased to announce the launch of a special fellowship programme for our retired staff members. This initiative is designed to foster continued community connections within the CMC family, keeping the spirit of prayer and togetherness alive. The programme took place on 23rd November 2024 and began with a prayer followed by an inspiring message by Rev. Joseph Devaraj, Sr. Chaplain. Mr. Durai Jasper, Deputy General Superintendent, recalled the prayers of Dr. Ida Scudder and how they laid the groundwork for the work we do today. Mr. Daniel Sundarraj, Sr. Personnel Manager, shared his past experiences and expressed appreciation for the gathering. The programme will take place on the fourth Saturday of every month from 10:00 AM to 11:00 AM at the VGS Canteen (YWCA), first floor, VIP hall. The next meeting will be held on 21st December 2024 and will feature a Christmas fellowship lunch. This initiative will provide our retired staff with the opportunity to stay connected with their colleagues and the CMC family, strengthening the bonds we have built over the years. For further details please feel free to contact Christuraj, Welfare Officer, Personnel Department.





Events from the Medical Education Department

The Department of Medical Education conducted its Third Phase Curriculum Implementation Support Programme (CISP III) for Deans/MEU Coordinators/CC Members/MEU Resource faculty for affiliated medical colleges on 26th – 27th November 2024. The National Medical Commission(NMC) has implemented the CBME (Competency Based Medical Education) curriculum for the medical student from 2019. This workshop has been initiated by NMC to sensitise the clinical faculties Phase III on the changes made in the medical curriculum.



Christian Medical College, Vellore.
NMC Nodal Center for National Faculty Development Programme
Department of Medical Education
Third Phase Curriculum Implementation Support Program (CISP III)
Date : 26th to 27th November 2024



The workshop helped the members understand the framework of implementing aligned and integrated curriculum across all three phases, concepts of electives, purpose of Early clinical exposure, AETCOM module, training methods mentioned in the GMER, Student Doctor methods of clinical teaching, competency acquisition in skills training, principles of assessment, ways to draft teaching and assessment schedule, importance of record maintenance and Curricular Governance. Dr. Margaret Shanthi started the day with prayer and meditation. The sessions were facilitated by the Curriculum committee members from various departments in CMC Vellore who made it informative with active participation. At the end of the two-day workshop Dr. Margaret Shanthi F.X. proposed the Vote of thanks. We would like to extend our heartfelt gratitude to Dr. Sowmya Sathyendra, Dr. Vinay Timothy Oommen., Dr. Vandana K., Dr. Sathishkumar T., Dr. Rajat Raghunath, Dr. Prakash S.S., Dr. Katti Blessi S., Dr. Audrin L., for imparting their knowledge to the participants.

Special Prayers This Week

December 08 -14, 2024

The Leprosy Mission Trust India

Council Members : Dr. Premal Das

Dr. Famkima Darlong

Hospitals : TLM Hospitals, Chandkhuri, Faizabad, Naini,
Purulia, Kothara and others.



Memoranda

- **Dr. Anish Jacob Cherian**, Professor, is appointed as Head, Endocrine Surgery Unit-II, with effect from 2nd December 2024 for a four-year term.
- **Dr. Anish Jacob Cherian**, Professor & Head, Endocrine Surgery Unit-II, is appointed as Head of Department of Endocrine Surgery with effect from 5th December 2024 for a four year term.
- **Dr. Joseph A.J.**, Professor is appointed as Head, Division of Gastrointestinal Sciences with effect from 4th December 2024 till 21st March 2027.
- **Dr. Korah T. Kuruvilla**, Professor & Head, Cardiovascular and Thoracic Surgery Unit-II, is appointed as Head, Department of Cardiovascular and Thoracic Surgery with effect from 6th December 2024 for a four-year term.
- **Dr. Yacob Myla**, Professor, is appointed as Head, General Surgery Unit-III with effect from 18th December 2024 for a four-year term.
- **Dr. Ronald Albert Benton Carey**, Professor, is appointed as Head, General Medicine Unit-IV with effect from 20th December 2024 for a four-year term.
- **Dr. Mousumi Sen**, Professor, is appointed as Head, Department of Forensic Medicine & Toxicology with effect from 6th January 2025 for a four-year term.
- **Dr. Sathish Kumar T**, Professor, will continue as Head, Paediatrics Unit-II with effect from 9th January 2025 for a four-year term.
- **Dr. Ebor Jacob Gnananayagam**, Professor, is appointed as Head, Paediatric Critical Care with effect from 14th January 2025 until further notice.
- **Dr. Jacob John**, Professor of Community Medicine, is appointed as Head, Centre for Public Health, with effect from 6th December 2024 for a four year term.
The Centre for Public Health, Christian Medical College Vellore, will function under the Office of the Principal.

Retirement

Mrs. Malathi, Sr. Health Centre Auxiliary, CHAD, superannuated on 7th October, 2024 after 37 years and one month of service. She is a cheerful and hardworking staff and has contributed effectively to the growth of the department. Her passion to render compassionate care to patients was much appreciated in the department.



Her husband Mr. Parthiban A is a retired staff from Tamil Nadu Cooperative Ltd. Her son Mr. Prasannakumar P. works as a project staff in CHAD. Her son-in-law Mr. Kumar K. (spouse of her daughter late Mrs. Rupa Priyadharshini) works as a Teacher in Government High School. Mrs. Malathi is blessed with a grandson. CMC family wishes her a blessed retired life.

Obituary

Mr. A. Chittaranjan Reddy, former Supt. Engineer and Head of Bio-Medical Engineering Department, CMC Vellore, passed away on 28th November, 2024. Let us uphold his wife, Mrs. Surya Kantha and daughters Mrs. Mamatha Rachel, Ms. Anitha, son Mr. Mark Rajiv, grandchildren and all the other bereaved family members in our prayers.

Situations Vacant

Click the following link to view the vacancies
<https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>

Vacancies under the Principal's Office - for queries contact the mentioned office

1. Senior Resident / Assistant Professor with MD (Radiology) for the Department of Radiology

Experience : Should have at least one year teaching experience as Assistant Professor in any NMC recognized teaching institution for applying Assistant Professor Job.

Salary : As per institutional rules.

Accommodation : Provided (Partly Furnished, Depending on availability).

Applications are to be done only through the online application system.

Please log on to: <https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>

Hard Copies and emails will not be accepted. Applications will close by **December 15, 2024.**

2. Senior Resident with MS (Obst. & Gynae.) for the Department of Obstetric & Gynaecology (Fetal Medicine Unit)

Salary Scale : As per institutional rules.

Accommodation : Provided (Partly Furnished, Depending on availability).

Applications are to be done only through the online application system.

Please log on to: <https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>

Hard Copies and emails will not be accepted. Applications will close by **December 21, 2024.**

3. Senior Resident Gr.III with MD (General Medicine / Respiratory Medicine / Anaesthesia / Emergency Medicine) for the Division of Critical Care Medicine (Medical ICU) (Town Campus and Ranipet Campus)

Salary : As per institutional rules.

Accommodation : Provided (Partly furnished, depending on availability).

Applications are to be done only through the online application system.

Please log on to: <https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>

Hard Copies and emails will not be accepted. Applications will close by **December 21, 2024.**

4. Project Coordinator for the Department of Clinical Microbiology

Job Code : 1569

Qualification : Master of Public Health (MPH).

Gender : Male. **Age Limit :** 30 years. **Salary :** As per institutional rules.

Job Description : To coordinate with project field staff and microbiology lab staff, collect project data, perform biostatistics analysis, and present data during project meetings.

Job Preference : Preference will be given to applicants with fluency in English and Tamil and Experience with doing research work in the community.

Mode of Appointment : Project Mode. **Accommodation :** Not Provided.

Applications are to be done only through the online application system.

Please log on to: <https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>

Hard Copies and emails will not be accepted. Applications will close by December 21, 2024.

Vacancies under the office of Medical Superintendent-for queries contact the mentioned office

5. Staff II Molecular Genetic / Cytogenetic Technician for the Department of Clinical Haematology (CMC Vellore, Ranipet Campus)

Qualifications : B.Sc., Life science with PG Diploma in Applied Molecular Genetic Techniques and who have four years of experience as and Jr. Molecular Genetic / Cytogenetic Technician (Term Appointment) in Molecular lab or Equivalent only need to apply.

Salary Scale : Rs.15318 - 613 – 30643 + DA & HRA as per rules. **Age Limit :** Below 35 years.

Note : *Only Regular mode will be accepted, Private or correspondence will be not accepted.*

Applications are to be done only through the online application system.

Please log on to: <https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>

Hard Copies and emails will not be accepted. Applications will close by December 16, 2024.

6. Asst. Social Worker (Term Appointment) for the Critical Care Medical (CMC Vellore, Ranipet Campus)

Hospital experience is mandatory and experience in critical care/acute care is desirable.

Qualifications : Master of Social Work (Medical and Psychiatric Social Work specialization only).

Consolidated Pay : Rs.26,540/- **Age limit :** 30 Years.

Job Description : To work in the MHDU / MICU.

Note : *Only Regular mode will be accepted, Private or correspondence will be not accepted.*

Applications are to be done only through the online application system.

Please log on to: <https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>

Hard Copies and emails will not be accepted. Applications will close by December 23, 2024.

7. Non-Technical Assistant (NTA) for Registrar's Office (for selection work)

Qualifications : Any Graduate (regular course). **Age Limit :** Below 30 years. **Duration :** 9 Months.

Consolidated Salary: As per institutional norms

Those who have worked earlier for selection work need not apply.

Preference : Person with multi-linguistic skills with ability to read and speak Hindi.

Only Male candidates need to apply. Candidates who have English typewriting in Junior Grade.

Please log on to: <https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>

Note : Only Regular mode will be accepted, private or correspondence will not be accepted. Final year students are not eligible. Applications should be made online. Applications through other job portals will not be considered. **Apply on or before December 12, 2024.**