

Christian Medical College Vellore



Newsline November 25, 2024

And my God will meet all your needs according to the riches of his glory in Christ Jesus.

Philippians 4:19

Dr. Jasmin Helan Retires



Dr. Jasmin Helan completed a long and distinguished career as a faculty member of the Community Health Department on November 6th, 2024. She joined CMC Vellore after completing her MBBS from Government Medical College Tirunelveli, to work for a year in the urban unit of CMC. She then worked as a PHC Medical Officer for four years, a period that gave her a lot of insights into the workings of the government public health system that she later brought to her teaching and services. She joined the Community Health Department for MD in Community Medicine programme in 1997. Dr. Jasmin completed an MPH from Tufts University, Boston in 2005.

With a special interest in maternal health, she underwent additional training through a DNB in maternal and child health and filled a much-needed gap as a readily available consultant, for all labor room and theatre related emergencies. Her efforts led to the establishment of full-fledged family planning services in CHAD hospital, and recognition from the government for the same. She also established services for HIV patients and was instrumental in providing holistic care for many women who suffered from the same. Dr. Jasmin served as the Head of the Community Health Department from 2014-2018. She believed in the hands-on approach and took steps to improve the functioning of various aspects of the CHAD programme and hospital, with a keen interest in staff welfare.

During her term as Head, the department was invited by WHO India to undertake an assessment of the NCD programme in Kerala. Her interest in NCDs also led to the establishment of a community gym for patients visiting CHAD hospital, as well as a similar one in a nearby village.

Dr. Jasmin is an excellent teacher, with areas of interest being survey methodology, demography, health economics and maternal health. She always took a keen interest in teaching, especially with regards to MD, MPH and MSc Epidemiology education, going out of her way to help students prepare for exams and dissertations. She has been a Ph.D guide for the TN Dr. MGR Medical University and the Sree Chithra Tirunal Institute for Medical Sciences and Technology. She has also contributed to strengthening research training in mission hospitals such as Oddanchatram.

Dr. Jasmin's research has focused on maternal health, perinatal care, reproductive tract infections, nutrition and NCDs. Based on the department's needs she undertook training in health economics at the Copenhagen School of Global Health and has been running a short course in Health Economics.

Besides her roles in the department, she also contributed to the institution by serving as Deputy Medical Superintendent. Her contribution towards educational scholarship programme for students in Jawadhi Hills is commendable and have benefited multiple students and their families. She has worked tirelessly towards establishing coaching programme and raising funds for providing educational scholarship. Her long years of organising the jasmine chain activity, through the Community Health Department is also appreciated.

Dr. Jasmin's husband, Mr. Prasad, has worked as an Engineer in CMC Vellore and her children, John Davis Prasad (2006) and Ann Helen (2010) are alumni of CMC Vellore. As Dr. Jasmin moves on to another phase of life, we would like to wish her and her family all the very best and thank her for her services to the Institution.

Dedication Ceremony of the College of Nursing Building



CMC Vellore Chittoor Campus

The College of Nursing, Christian Medical College Vellore (CMC), Chittoor Campus was established in 2019 and had been functioning in a rental building at Gajulapalle, Gudipala Mandal, Chittoor. The new College of Nursing building, constructed inside the CMC Vellore Chittoor Campus, Cheelapalle was dedicated on October 26, 2024. Dr. Kenny David, the Associate Director of Chittoor Campus welcomed the gathering, Rt. Rev. H. Sharma Nithiyanantham, the Bishop of CSI Vellore Diocese offered the dedication prayer and the Chief Guest, Major General Elizabeth John, Former Additional Director General Military Nursing Service, Office of the DGMS (Army), Ministry of Defence, New Delhi along with the Bishop, inaugurated the building by cutting the ribbon.





An inaugural programme was organised following the dedication prayer, in the multi-purpose hall of the building. Mrs. Nirmala Margaret P, Principal offered a formal welcome address, acknowledging the presence of the administrators of the institution, and faculty, staff, students and alumni of the College of Nursing, CMC Vellore & Chittoor campus. Dr. Vinitha Ravindran, Dean College of Nursing, introduced the Chief Guest. Maj. Gen. Elizabeth John, unveiled the dedication plaque and gave the inaugural address. She appreciated the Architect for the beautiful plan of the building and greeted the students and faculty. She emphasised the importance of Nursing in the health care and appreciated the commitment and dedication of the CMC Vellore in contributing to the health care. Dr. Vikram Mathews, Director, Mrs. Rosaline Jayakaran, Former Principal and Mrs. Alice Sony, Nursing Superintendent offered felicitations. Rev. Dr. Finney Alexander, Head of Chaplaincy shared a short devotion and offered the prayer and benediction. The building provides a global ambience to the nursing students with modern classrooms, well equipped laboratories, good office space and a multi-purpose hall.

International Perioperative Nurses' Week Celebration – 2024

The Department of Operating Room Nursing at the Town Campus celebrated the International Perioperative Nurses' Week from 11th to 16th November 2024 under the theme, 'UNITE.' The theme emphasised the importance of team unification, mentoring novice nurses, inspiring innovation, effective communication, and mindfulness. Prof. Alice Sony, Nursing Superintendent, supported the week-long celebration, encouraging activities that fostered collaboration and professional growth. The event was chaired by Prof. Priscilla Sam, HoU of Operating Room Nursing, with Prof. Anita Kiruba Jeyakumar, Nurse Manager, serving as programme convenor.

The event featured insightful talks, including:

- Unify the Team by Dr. Preeti Tabitha Louis
- Mentoring Novice Nurses by Prof. Anita Kiruba Jeyakumar
- Inspiring, Improving, and Innovating by Dr. Anita Shirley
- Effective Team Communication by Ms. Thenmozhi Sundar
- Stress Management at the Workplace by Ms. Aruna G

Engaging competitions like team-building relays, photography, poster making, short film creation, and the PERIOP Quiz were conducted. A public awareness exhibition, organised by Ms. Thenmozhi Sundar, Mr. Charles Sathya Oli, and charge nurses, showcased the critical role of surgical teams in patient safety, covering the journey from the holding bay to PACU.

The exhibition was inaugurated by Chief Guest Prof. Annie Jarone, Associate Nursing Superintendent, alongside Dr. Ravi Kishore, CBOR Steering Committee Chairperson, and Dr. Lily Varghese. Competition winners were recognised with certificates during the ceremony, leaving both the OR team and the public inspired by the successful celebration. Visitors appreciated the informative displays and interactive discussions.







Childrens' Day Celebration at B3 Ward

The Department of Paediatric Orthopaedics and the Department of Hand Surgery organised a fun-filled Childrens' day programme on 14th November 2024 in B3 Ward, New Paul Brand Block. Dr. Thomas Palocaren, Head, Paed. Ortho, Dr. Samuel C. Raj, Head, HLRS, Dr. Anil Mathew, Professor, HLRS, Ms. Jyoti, Nurse Manager and Ms. Sheela Durai, Surgical Nursing graced the ocassion and celebrated childrens day along with the children and parents in New Paul Brand Block.

Post-graduates, Fellows and staffs of both Paediatric Orthopaedic department and the Hand Surgery department enthusiasitcally participated.

It was a heartwarming experience for the parents and the children to see the B3 ward staffs perform various art forms, skit and songs. Childrens' day gifts were distributed to all children in the B3 ward followed by the prayer by Rev. Subhir Lal.



A practical approach to Interstitial Lung Diseases (ILD)

The Indian Council of Medical Research's Network of Pulmonary Fibrosis (INPF) and the Department of Pulmonary Medicine, CMC Vellore Ranipet Campus, jointly organised a comprehensive workshop on, *A Practical Approach to Interstitial Lung Diseases (ILD)* on October 25th - 26th, 2024. The workshop aimed to enhance knowledge and skills in diagnosing and managing ILDs for beginners and to foster collaboration among specialists for better patient outcomes. The course was directed by Dr. D.J. Christopher, Professor of the Department of Pulmonary Medicine, and coordinated by Dr. Barney Isaac T.J., Professor and Head, Department of Pulmonary Medicine & lead-ILD services of the department.

The inaugural ceremony started with a welcome address by Dr. D.J. Christopher and a description of the course content by Dr. Barney Isaac. This was followed by felicitations by Dr. Vijay Hadda, the lead of INPF and Professor, Department of Pulmonary Medicine, Sleep and Critical Care, AIIMS, New Delhi, Dr. Deepak Selvaraj, Associate Director (Ranipet); Dr. Uday George Zachariah, Associate Director (Chittoor) and Dr. Balamugesh T, Associate Medical Superintendent. Rev. Romit, chaplain, led the inaugural ceremony with prayer and committed the workshop for God's glory. The participants for the 2-day workshop included 80 delegates, including 35 from other institutions. The workshop featured 18 case-based didactic lectures carefully curated to provide a nuanced understanding of ILD, delivered by several distinguished faculty from several departments (Rheumatology, Pathology, Palliative care, Paediatrics) of CMC and other premier institutions (AIIMS New Delhi, JIPMER, St John's Bangalore, PGIMER Chandigarh, SRMC Chennai, Yashodha Hyderabad, SKIMS Srinagar). A unique highlight of the workshop was the mock Multidisciplinary Team Discussion (MDD) of 7 complex ILD cases, allowing delegates to engage with real-world scenarios and hone their decision-making skills. The delegates actively participated in the discussions, which were moderated by a MDD panel of Pulmonologists, Radiologists, Rheumatologists, Pathologists, Palliative care specialists and a lung transplantation physician.

Dr. Meera Thomas, Professor and Head, Department of General Pathology, CMC Vellore, graced the valedictory ceremony as the Chief Guest. She addressed the gathering and distributed certificates to delegates. Dr. Vignesh Kumar K, Assistant Professor, and Dr Priya N, Associate Professor of the Department of Pulmonary Medicine who are members of the departmental ILD team delivered the vote of thanks and the closing prayer respectively.

The participants benefitted greatly from the workshop and the expert faculty did a great job of communicating a complicated disease condition in a simple fashion. The mock ILD MDD was specifically appreciated. The event successfully achieved its objectives of enhancing the knowledge and skills of delegates in managing ILD. We praise the Lord for enabling us to conduct this workshop in this important but challenging area of Pulmonary Medicine.





Institutional Epidemiology Workshop



The Clinical Epidemiology Unit, CEU organised the 3-day Institutional Epidemiology Workshop for DM/MCh candidates in two batches on behalf of the Principal's office. The workshop for the first batch was held at the New Examination Hall between 6th - 8th November, 2024. The workshop was attended by 48 first-year DM/MCh registrars from all specialities. The workshop started with a prayer by Chaplain Rev. Joseph Devaraj and a welcome address by Dr. Tripti Meriel Jacob, Vice Principal (PG), for the two batches, respectively.

The topics covered were:

- Research Questions
- Study Designs
- Research Ethics
- Sample Size Calculation
- Data Analysis
- CRF Creation and
- Manuscript Writing.

Practical sessions were organised on:

- Critical Appraisal
- Literature Search
- Data Dictionary
- Zotero software
- Epidata software
- PSPP software and
- Manuscript writing.

The faculty consisted of Dr.JP Muliyil, Dr. Abraham Peedicayil, Dr. Thambu David, Dr. Sathish Kumar, Dr.Mohan Kamath, Dr. Grace Rebekah, Dr. Azariah Jebakumar, Dr. Anna Paul, Mr. Rajagopal, Ms. Divya, Mr. Saravanan, Dr. Vignesh Kumar and Mr. Madhan. The participants were given individual attention during the hands-on session.

Special Prayers This Week

November 24 - 30, 2024

Laundry : Mrs. Sonia Valas and Staff

Hospital Maintenance: Mr. Thanikachalam A. and Staff

College Maintenance: Mrs. Indhumathi and Staff

Security Services : Mr. K. Sundaram and Staff

Baptish Church of Mizoram

Council Members: Rev. R. Lalnunzira

Dr. Lalramzauva

Hospital: Christian Hospital, Serkawn and others.



Welcome

Dr. Bernice Thamarai Selvi, Associate Professor, Department of Radiology, on her return from sabbatical leave.

Laurels and Recognitions

- **Dr Amith Balachandran,** Assistant Professor, Department of Medicine Unit 1 and Clinical Toxicology Unit has been awarded the First Prize for Poster Presentation at the 22nd Scientific Congress of Asia Pacific Association of Medical Toxicology (APAMT) held in Penang, Malaysia from 11th to 14th November, 2024.
- Dr. Lekshmi, Dr. Monikha S.S. and Dr. Karen Kanagasabapathi M.Ch. trainees in Gynae Oncology bagged first runners up in PG super specialty quiz competition at 13th National Conference, AOGIN 2024, Pondicherry held on 3rd to 5th October, 2024.
- **Dr. Karen Kanagasabapathi** won meritorious poster presentation prize for "Metastatis of Epithelial Ovarian Cancer to the Abdominal Wall" in Tata Memorial Hospital, Mumbai at 22nd Annual Conference of the Women's Cancer Initiative held on 25th 27th October, 2024.
- **Dr. Asisha Janeela,** Assistant Professor, Department of Hepatology was awarded the Tamil Nadu Dr. MGR Medical University medal for securing the highest mark in the final year university examination held in January 2024, in DM Hepatology

Obituaries

• Mrs. Devi S., Office Facilitator Gr.II, Clinical Virology, wife of Mr. Sivakumar N, Sr. MRT Gr.I, MRD (OP Services), passed away on 17th November, 2024. She joined CMC Vellore on 1st August, 2016.

Let us uphold her husband Mr. Sivakumar, son Dharun (10th Std.) daughter Thakshini Sri, (9th Std.) and all the bereaved members of the family in our prayers.



• Mr. N. Ramu, father of Mrs. Leena N.R., Medical Record Officer in RUHSA Department, CMC, passed away on 19th November, 2024.

Let us uphold all the bereaved members of the family and relative in our prayers.

Obituaries

 Mrs. Annamarial Christudass, mother of Dr. Christhunesa S. Christudass, Professor and Head, Neurochemistry Laboratory, Department of Neurological Sciences and mother-in-law of Dr. Julie Hephzibah, Professor and Head, Department of Nuclear Medicine, passed away on 20th November 2024.

Let us uphold the bereaved members of the family in our prayers.

• Mr. Saktibrata Dhar Chowdhury, father of Dr. Sudipta Dhar Chowdhury, Professor and Head, Department of Gastroenterology CMC Vellore, passed away on 20th November 2024. Let us uphold his wife Priyatama Dhar Chowdhury, son Dr. Sudipta Dhar Chowdhury, daughter Dr Piyali Dhar Chowdhury, daughter-in-law Dr. Shabnam Singh, son-in-law Dr Shekhar Srivastava, grandchildren, Arnav, Aanvi, Aditya and all the bereaved members of the family in our prayers.

Upcoming Events



Upcoming Events





Situations Vacant

Click the following link to view the vacancies https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx

Vacancies under the Principal's Office - for queries contact the mentioned office

1. Associate Professor with DM (Cardiology) for the Department of Cardiology

Eligibility: Must have two years experience as Assistant Professor in an NMC recognized teaching institution with atleast 2 papers published as per NMC guidelines.

Salary: As per Institutional Rules.

Accommodation provided: (Partly Furnished, Depending on availability).

Applications are to be done only through the online application system.

Please log on to: https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx

Hard Copies and emails will not be accepted. Applications will close by November 30, 2024.

2. Senior Resident / Assistant Professor with MD (General Pathology) for the Department of General Pathology

Experience: Should have at least one year teaching experience as Assistant Professor in any NMC recognized teaching institution.

Salary: As per Institutional Rules. **Accommodation:** Provided (Subject to Availability.

Applications are to be done only through the online application system.

Please log on to: https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx

Hard Copies and emails will not be accepted. Applications will close by November 30, 2024.

3(a) Senior Resident with MD Anesthesia / Internal Medicine / Pulmonary Medicine/ Emergency Medicine / Fellowship in Critical Care / Neuro Critical Care / Neuro Anesthesia for the Neuro Intensive Care Unit in the Department of Critical Care Medicine

Salary: As per Institutional Rules.

Accommodation: Provided (Subject to Availability).

3(b) Assistant Professor with DM Critical Care / DM Neuro Anaesthesia for the Neuro Intensive Care Unit in the Department of Critical Care Medicine

Salary: As per Institutional Rules.

Accommodation: Provided (Subject to Availability).

Applications are to be done only through the online application system.

Please log on to: https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx

Hard Copies and emails will not be accepted. Applications will close by December 07, 2024.

4. Lecturer (AH) Gr.II for the Biomedical Informatics Unit, Christian Medical College Vellore

Qualifications: PhD in Computer Science with specialization & post-doctoral experience in Health care domain. Candidate must have an excellent academic track record. Research experience in health informatics with demonstrable expertise in any one or more of the following: machine learning, NLP, generative AI in health domain. Candidate Should have worked as post doc position / faculty or conducted joint research with an international partner(s). Postdoc experience in healthcare domain will receive appropriate weightage.

Salary: As per Institutional Rules. **Accommodation:** Not Provided.

Applications are to be done only through the online application system.

Please log on to: https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx

Hard Copies and emails will not be accepted. Applications will close by December 07, 2024.

5. Research Assistant for the Paediatric Neurology

Qualification: B.Sc. / M.Sc. / B. Pharm / M. Pharm / Allied / Life Sciences.

Age Limit: Less than 35 years. **Salary:** As per Institutional Rules.

Specifications: Good communication skills in English, knowledge in MS Office, experience in data entry.

Mode of Appointment: Project Mode. **Accommodation:** Not Provided.

Applications are to be done only through the online application system.

Please log on to: https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx

Hard Copies and emails will not be accepted. Applications will close by November 30, 2024.

Vacancies under the office of Medical Superintendent-for queries contact the mentioned office

6. Asst. Social Worker (Term Appointment) for the Paediatric ICU

Preference will be given to those who are experienced in data operation and analysis and with previous work experience. **Qualifications**: M.S.W., /M.A., (Sociology / Social Work).

Consolidated Pay: Rs.26,540/- **Age limit:** 30 Years.

Job Description: To work in Paediatric Intensive Care to work with parents of critically ill children.

Note: Only Regular mode will be accepted, Private or correspondence will be not accepted.

Applications are to be done only through the online application system.

Please log on to: https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx

Hard Copies and emails will not be accepted. Applications will close by December 09, 2024.

Job Code: 1568

Vacancies under the office of General Superintendent-for queries contact the mentioned office

7. Jr. Engineer (Term) for the Department of Communication Engineering

Qualifications : Diploma in Electronic and Communication Engineering, Diploma in Electrical and Electronic Engineering.

Consolidated Salary: As per Institutional Norms. **Age Limit:** 30 years and below.

Experience: Working as a Live sound Engineer in live event settings. Proficiency, knowledge in operating sound equipment such as mixing consoles, VC systems. Knowledge of acoustics, audio signal flow and sound reinforcement principles. Ability to work under pressure and adapt quickly to changing requirements during live events. Excellent communications skills and the ability to collaborate effectively with artists, performers and event organizers. Attention to detail and strong problem-solving abilities to troubleshoot equipment issue.

Preference: Those who completed "Digital Media production management"

Please log on to: https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx

Note: Only Regular mode will be accepted, private or correspondence will not be accepted. Final Year Students are not eligible. Applications should be made online. Applications through other job portals will not be considered. Existing Staff (term or project or permanent) can apply only after getting necessary approval from Head of the department. **Apply on or before December 04, 2024.**

8. Assistant Engineer (Term) for the Department of Communication Engineering

Qualification: B.E. / B.Tech. in Electronic & Communication Engineering.

Consolidated Salary: As per Institutional Norms. **Age Limit:** 30 years and below.

Preference: Experience in designing and maintaining of the following systems: EPABX, Data Networking, CCTV system, BMS, Nurse call system, AV systems, Display systems and Que management system.

Please log on to: https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx

Note: Only Regular mode will be accepted, private or correspondence will not be accepted. Final Year Students are not eligible. Applications should be made online. Applications through other job portals will not be considered. Existing Staff (term or project or permanent) can apply only after getting necessary approval from Head of the department. **Apply on or before December 04, 2024.**

9. Jr. Engineer (Term) for the Department of Biomedical Engineering

Qualification: Diploma in Electronic and Communication / Biomedical Engineering.

Consolidate Salary: As per Institutional Norms.

Preference : Previous experience in calibration, testing & maintenance of Biomedical Equipment and good computer skills are preferred. **Age Limit :** 30 years and below.

Please log on to: https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx

Note: Only Regular mode will be accepted, private or correspondence will not be accepted. Final Year Students are not eligible. Applications should be made online. Applications through other job portals will not be considered. Existing Staff (term or project or permanent) can apply only after getting necessary approval from Head of the department. **Apply on or before December 04, 2024.**

10. Office Facilitator Gr.IV for the Personnel Department

Qualification: Any Graduate (Regular) with 1 year CMC Trainee passed.

Salary: As per Institutional Norms. **Age:** 35 years and below.

Preference: Candidates who have completed 4th Year - NTA will be considered, others need not apply.

Please log on to: https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx

Note: Only Regular mode will be accepted, private or correspondence will not be accepted. Final Year Students are not eligible. Applications should be made online. Applications through other job portals will not be considered. Existing Staff (term or project or permanent) can apply only after getting necessary approval from Head of the department. **Apply on or before November 28, 2024.**